

Report card South Korea



High income

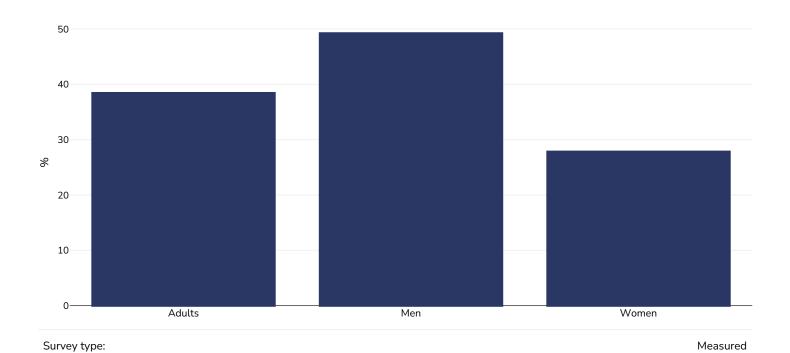
Contents	Page
Obesity prevalence	2
Trend: % Adults living with obesity	5
Trend: % Adults living with obesity in South Korea 1998-2014	6
Trend: % Adults living with overweight or obesity by socioeconomic group in South Korea 1998-2014	7
Overweight/obesity by education	9
Overweight/obesity by age	13
Overweight/obesity by region	15
Overweight/obesity by socio-economic group	17
Insufficient physical activity	21
Estimated per capita fruit intake	27
Estimated per-capita processed meat intake	28
Estimated per capita whole grains intake	29
Mental health - depression disorders	30
Mental health - anxiety disorders	31
Oesophageal cancer	32
Breast cancer	34
Colorectal cancer	35
Pancreatic cancer	37
Gallbladder cancer	39
Kidney cancer	41
Cancer of the uterus	43
Raised blood pressure	44
Raised cholesterol	47
Raised fasting blood glucose	50
Diabetes prevalence	52
Ovarian Cancer	53
Leukemia	54
Liver and intrahepatic bile duct Cancer	56
Multiple Myeloma	58
Non Hodgkin Lymphoma	60
Thyroid Cancer	62
Contextual factors	64



Obesity prevalence

Adults, 2021





Age: 20+

Area National

covered:

References:

Jeong, S.M., Jung, J.H., Yang, Y.S., Kim, W., Cho, I.Y., Lee, Y.B., Park, K.Y., Nam, G.E. and Han, K., 2024. 2023 Obesity Fact Sheet: Prevalence of Obesity and Abdominal Obesity in Adults, Adolescents, and Children in Korea from 2012 to 2021.

Journal of Obesity & Metabolic Syndrome, 33(1), p.27.

Notes:

Data from the Korean National Health Insurance Service health checkup database (covers 97% of the population). The missing 3% are Koreans in the lowest income bracket. The prevalence of obesity was standardised by age and sex based on the 2010 population and housing census.

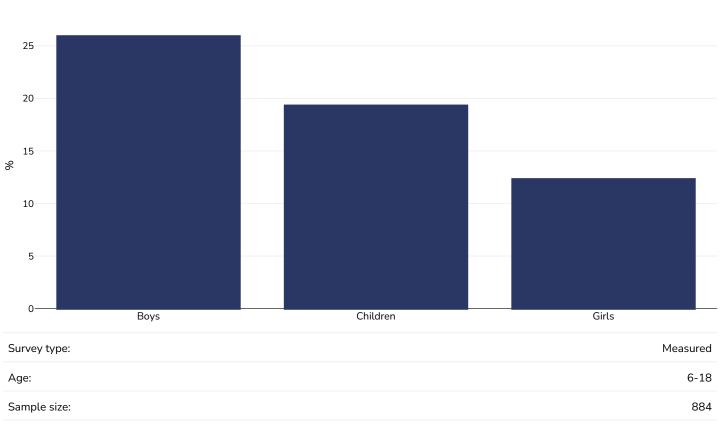
Cutoffs: WHO Asia

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Children, 2021



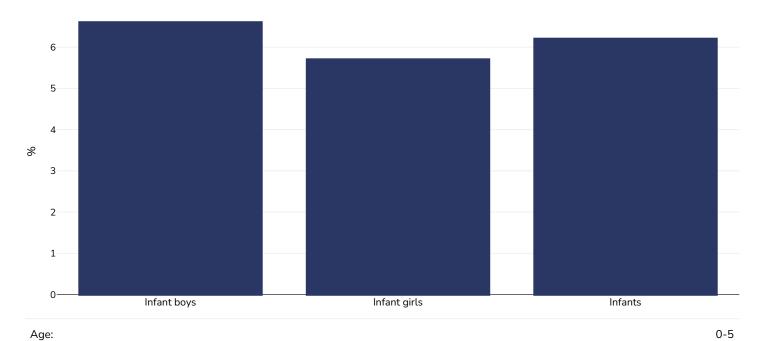


Survey type.	Measureu
Age:	6-18
Sample size:	884
Area covered:	National
References:	Jeong, S.M., Jung, J.H., Yang, Y.S., Kim, W., Cho, I.Y., Lee, Y.B., Park, K.Y., Nam, G.E. and Han, K., 2024. 2023 Obesity Fact Sheet: Prevalence of Obesity and Abdominal Obesity in Adults, Adolescents, and Children in Korea from 2012 to 2021. Journal of Obesity & Metabolic Syndrome, 33(1), p.27.
Definitions:	Obesity was defined by corresponding sex- and age-specific BMI percentile of 95th or greater based on 2017 Korean National Growth Chart for Children and Adolescents.
Cutoffs:	Other



Infants, 2019-2021

Overweight or obesity



Sample 1414207

size:

References: NHANES: South Korea National Health and Nutrition Examination Survey 2019-21

Notes: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023,

New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

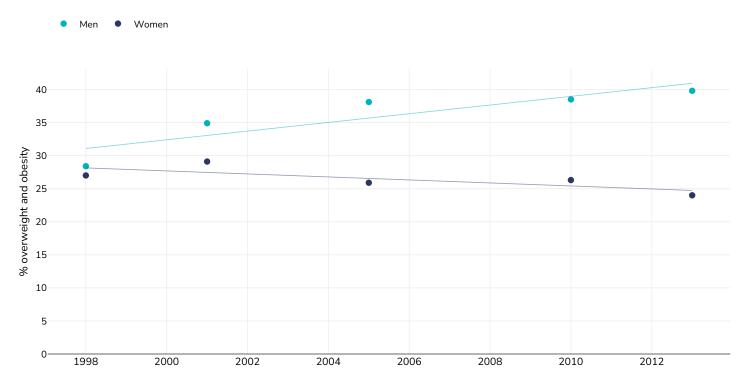
Definitions: =>+2SD



% Adults living with obesity



% Adults living with obesity in South Korea 1998-2014



Survey Measured

type:

References: Jae Yong Lee, Yi-Ryoung Lee, Hyoung-Ryoul Kim, Jun-Pyo Myong, Mo-Yeol Kang,Trends in Obesity Prevalence by Occupation

Based on Korean National Health and Nutrition Examination Survey From 1998 to 2015, Safety and Health at Work Vol 11

(1):2020:97-102

Notes: 2007-9 (marked as 2008), 2010-2012 (marked as 2011), 2013-15 (marked as 2014)

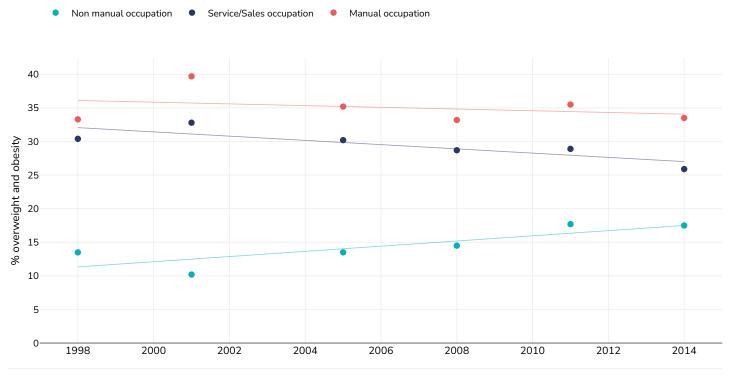
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



% Adults living with overweight or obesity by socioeconomic group in South Korea 1998-2014

Women



Survey Measured type:

References: Jae Yong Lee, Yi-Ryoung Lee, Hyoung-Ryoul Kim, Jun-Pyo Myong, Mo-Yeol Kang, Trends in Obesity Prevalence by Occupation

Based on Korean National Health and Nutrition Examination Survey From 1998 to 2015, Safety and Health at Work Vol 11

(1);2020:97-103

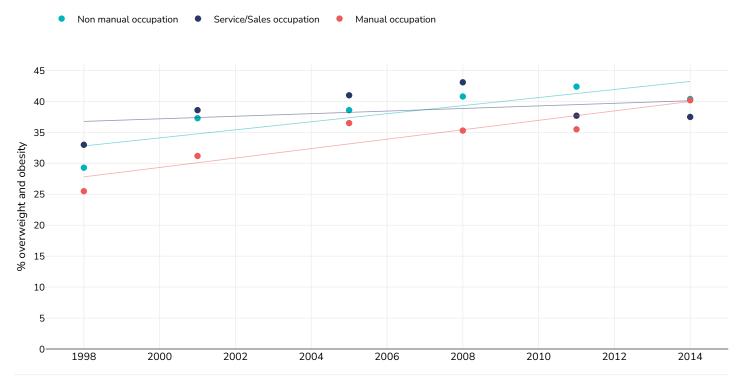
Notes: 2007-9 (marked as 2008), 2010-2012 (marked as 2011), 2013-15 (marked as 2014)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



Men



Survey Measured type:

References: Jae Yong Lee, Yi-Ryoung Lee, Hyoung-Ryoul Kim, Jun-Pyo Myong, Mo-Yeol Kang, Trends in Obesity Prevalence by Occupation

Based on Korean National Health and Nutrition Examination Survey From 1998 to 2015, Safety and Health at Work Vol 11

(1):2020:97-103

Notes: 2007-9 (marked as 2008), 2010-2012 (marked as 2011), 2013-15 (marked as 2014)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

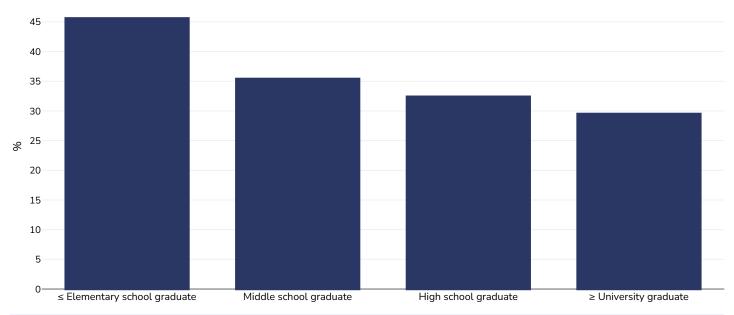
Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



Overweight/obesity by education

Adults, 2018

Overweight or obesity



Survey type:
Age:
Area Covered:

Measured type:

20+

References: Nam, Ga Eun, et al. "Obesity Fact Sheet in Korea, 2019: Prevalence of Obesity and Abdominal Obesity from 2009 to 2018 and Social Factors." Journal of Obesity & Metabolic Syndrome, vol. 29, no. 2, 30 June 2020, pp. 124–132, www.ncbi.nlm.nih.gov/pmc/articles/PMC7338491/, 10.7570/jomes20058. Accessed 18 Oct. 2021.

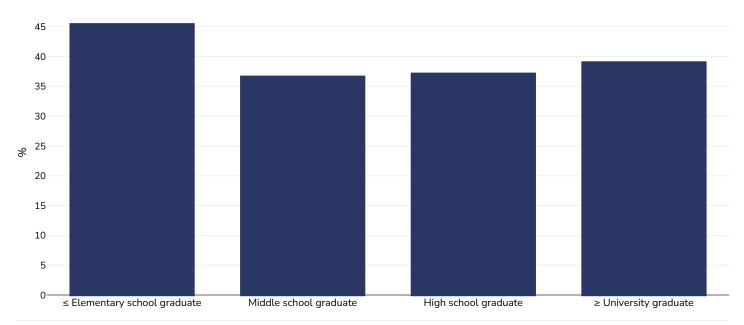
Definitions: Data from the Korean National Health Insurance Service health checkup database.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Men, 2018

Overweight or obesity



Survey type:
Age:
Area
covered:

References: Nam, Ga Eun, et al. "Obesity Fact Sheet in Korea, 2019: Prevalence of Obesity and Abdominal Obesity from 2009 to 2018 and Social Factors." Journal of Obesity & Metabolic Syndrome, vol. 29, no. 2, 30 June 2020, pp. 124–132, www.ncbi.nlm.nih.gov/pmc/articles/PMC7338491/, 10.7570/jomes20058. Accessed 18 Oct. 2021.

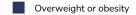
Definitions:

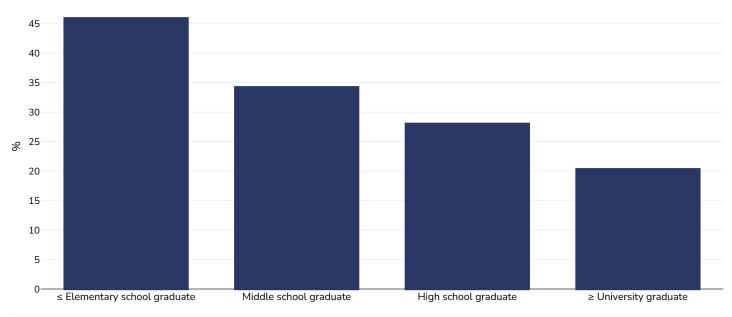
Data from the Korean National Health Insurance Service health checkup database.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Women, 2018





Survey	Measured
type:	
Age:	20+
Area	National
covered:	

References: Nam, Ga Eun, et al. "Obesity Fact Sheet in Korea, 2019: Prevalence of Obesity and Abdominal Obesity from 2009 to 2018 and Social Factors." Journal of Obesity & Metabolic Syndrome, vol. 29, no. 2, 30 June 2020, pp. 124–132, www.ncbi.nlm.nih.gov/pmc/articles/PMC7338491/, 10.7570/jomes20058. Accessed 18 Oct. 2021.

Definitions:

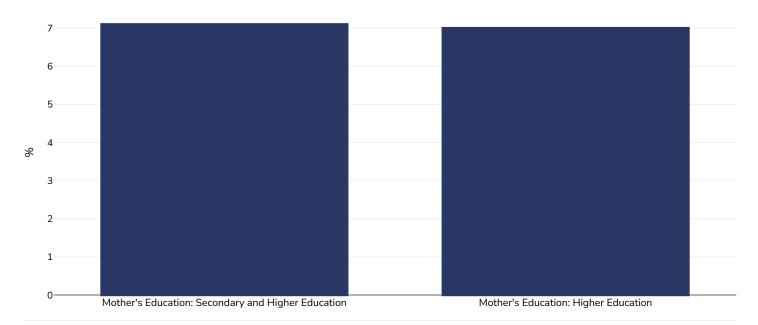
Data from the Korean National Health Insurance Service health checkup database.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Infants, 2016-2018





Sample 1704906

size:

NHANES: South Korea National Health and Nutrition Examination Survey, 2016-2018

References:

Notes:

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

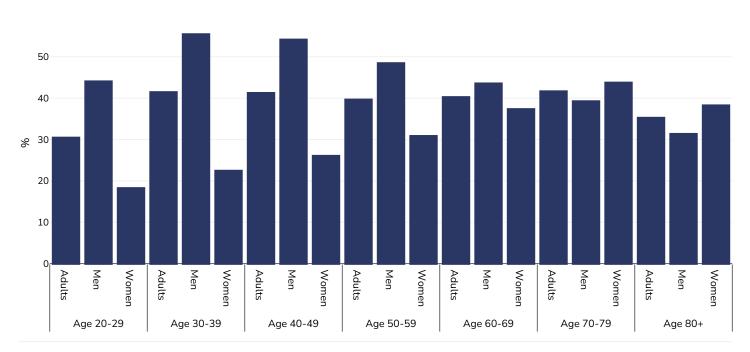
Definitions: =>+2SD



Overweight/obesity by age

Adults, 2021

Overweight or obesity



Survey type: Measured

Area National covered:

References:

Jeong, S.M., Jung, J.H., Yang, Y.S., Kim, W., Cho, I.Y., Lee, Y.B., Park, K.Y., Nam, G.E. and Han, K., 2024. 2023 Obesity Fact Sheet: Prevalence of Obesity and Abdominal Obesity in Adults, Adolescents, and Children in Korea from 2012 to 2021.

Journal of Obesity & Metabolic Syndrome, 33(1), p.27.

Notes:

Data from the Korean National Health Insurance Service health checkup database (covers 97% of the population). The missing 3% are Koreans in the lowest income bracket. The prevalence of obesity was standardised by age and sex based on the 2010 population and housing census.

Definitions:

WHO Asian cutoffs shown for BMI greater than or equal to 25kg/m² to allow comparison with non-Asian cutoffs. Data for overweight and obesity separately using WHO Asian cutoffs is not available in the paper.

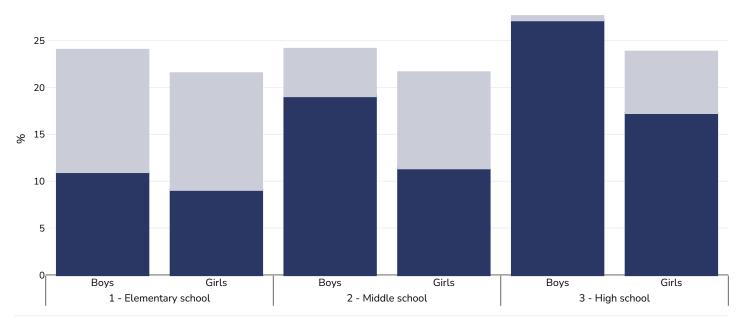
Cutoffs: WHO Asia

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Children, 2017





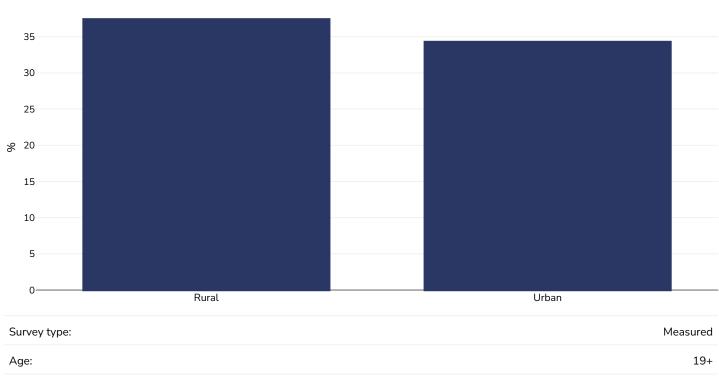
Survey type:	Measured
Area covered:	National
References:	Kim, Jae Hyun, and Jin Soo Moon. "Secular Trends in Pediatric Overweight and Obesity in Korea." Journal of Obesity & Metabolic Syndrome, vol. 29, no. 1, 30 Mar. 2020, pp. 12–17, 10.7570/jomes20002. Accessed 18 Oct. 2021.
Notes:	Data from the National School Health Examination 2017
Cutoffs:	WHO



Overweight/obesity by region

Adults, 2017

Overweight or obesity



Age:	19+
Sample size:	6126
Area covered:	National

References: Lee J, Sa J. Regional disparities in healthy eating and nutritional status in South Korea: Korea National Health and Nutrition Examination Survey 2017. Nutr Res Pract. 2020 Dec;14(6):679-690. doi: 10.4162/nrp.2020.14.6.679. Epub 2020 Oct 7.

PMID: 33282128; PMCID: PMC7683206.

Definitions: WHO Asian cutoffs shown for BMI greater than or equal to 25kg/m² to allow comparison with non-Asian cutoffs.

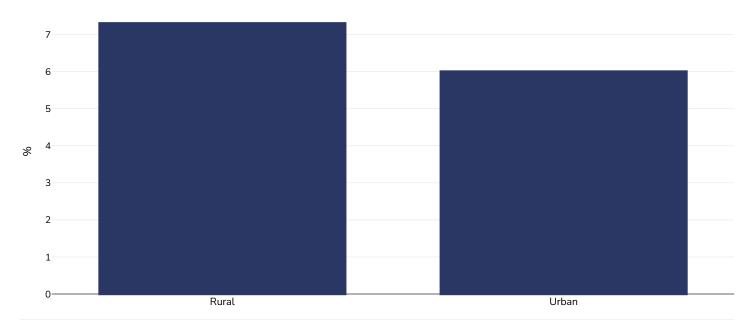
Cutoffs: WHO Asia

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Infants, 2019-2021

Overweight or obesity



Sample 1414207

References:

size:

NHANES: South Korea National Health and Nutrition Examination Survey 2019-21

Notes:

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

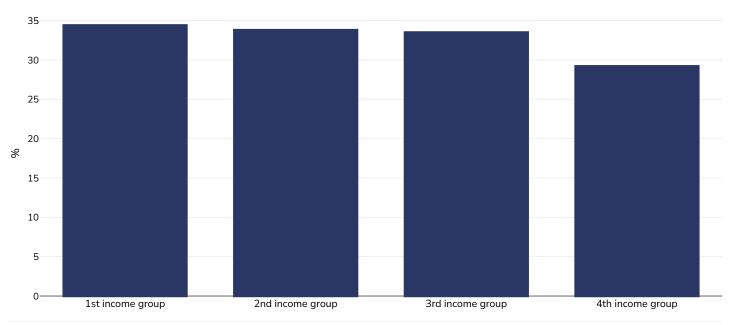
Definitions: =>+2SD



Overweight/obesity by socio-economic group

Adults, 2018

Overweight or obesity



Survey type:

Age:
Area National covered:

References: Nam, Ga Eun, et al. "Obesity Fact Sheet in Korea, 2019: Prevalence of Obesity and Abdominal Obesity from 2009 to 2018 and Social Factors." Journal of Obesity & Metabolic Syndrome, vol. 29, no. 2, 30 June 2020, pp. 124–132, www.ncbi.nlm.nih.gov/pmc/articles/PMC7338491/, 10.7570/jomes20058. Accessed 18 Oct. 2021.

Notes:

Data from the Korean National Health Insurance Service health checkup database.

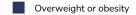
Definitions:

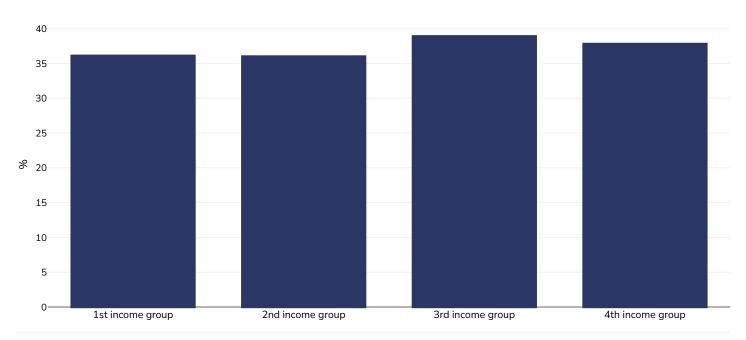
WHO Asia

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Men, 2018





Survey	Measured
type:	
Age:	20+
Area	National
covered:	

References: Nam, Ga Eun, et al. "Obesity Fact Sheet in Korea, 2019: Prevalence of Obesity and Abdominal Obesity from 2009 to 2018 and Social Factors." Journal of Obesity & Metabolic Syndrome, vol. 29, no. 2, 30 June 2020, pp. 124–132, www.ncbi.nlm.nih.gov/pmc/articles/PMC7338491/, 10.7570/jomes20058. Accessed 18 Oct. 2021.

Notes:

Data from the Korean National Health Insurance Service health checkup database.

Definitions:

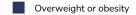
WHO Asia

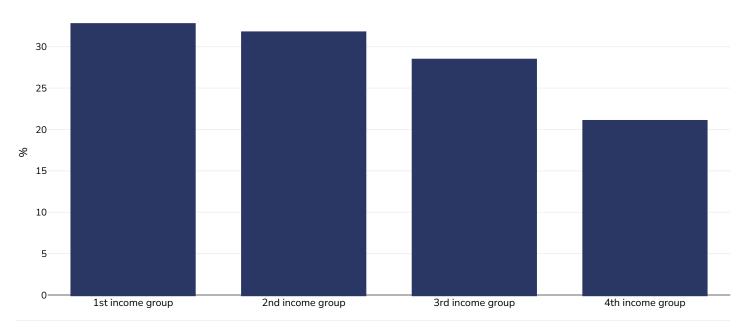
 $Unless \ otherwise \ noted, overweight \ refers \ to \ a \ BMI \ between \ 25kg \ and \ 29.9kg/m^2, obesity \ refers \ to \ a \ BMI \ greater \ than \ 30kg/m^2.$



Women, 2018

Definitions:





Survey
type:

Age:

Area

National covered:

References: Nam, Ga Eun, et al. "Obesity Fact Sheet in Korea, 2019: Prevalence of Obesity and Abdominal Obesity from 2009 to 2018 and Social Factors." Journal of Obesity & Metabolic Syndrome, vol. 29, no. 2, 30 June 2020, pp. 124–132, www.ncbi.nlm.nih.gov/pmc/articles/PMC7338491/, 10.7570/jomes20058. Accessed 18 Oct. 2021.

Notes: Data from the Korean National Health Insurance Service health checkup database.

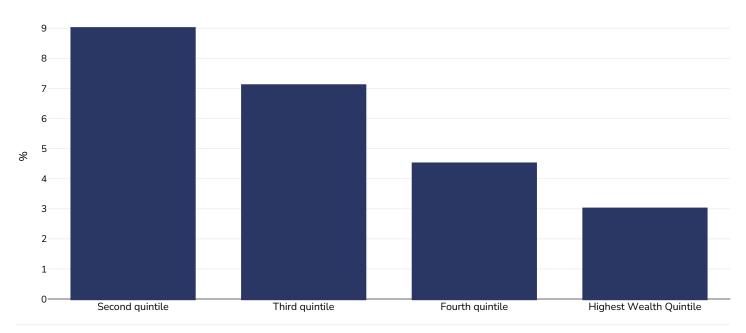
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

WHO Asia



Infants, 2019-2021

Overweight or obesity



Sample 1414207

size:

References: NHANES: South Korea National Health and Nutrition Examination Survey 2019-21

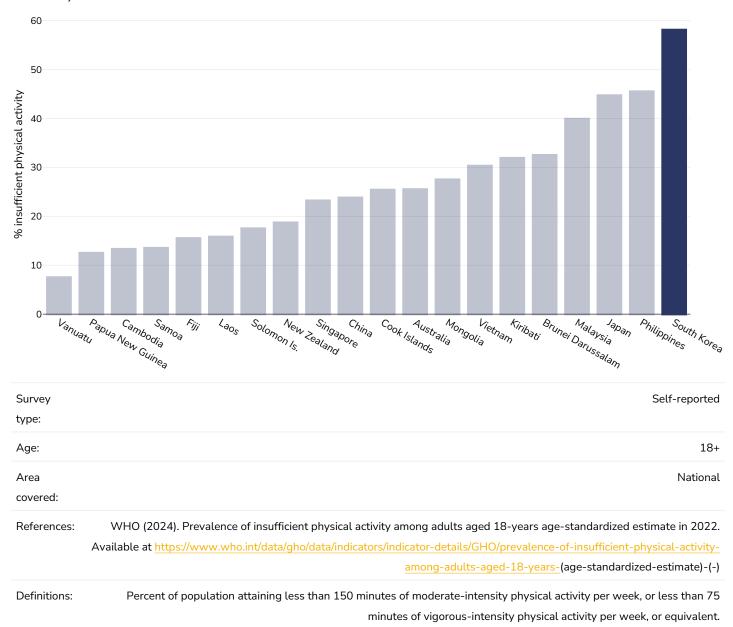
Notes:

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitions: =>+2SD

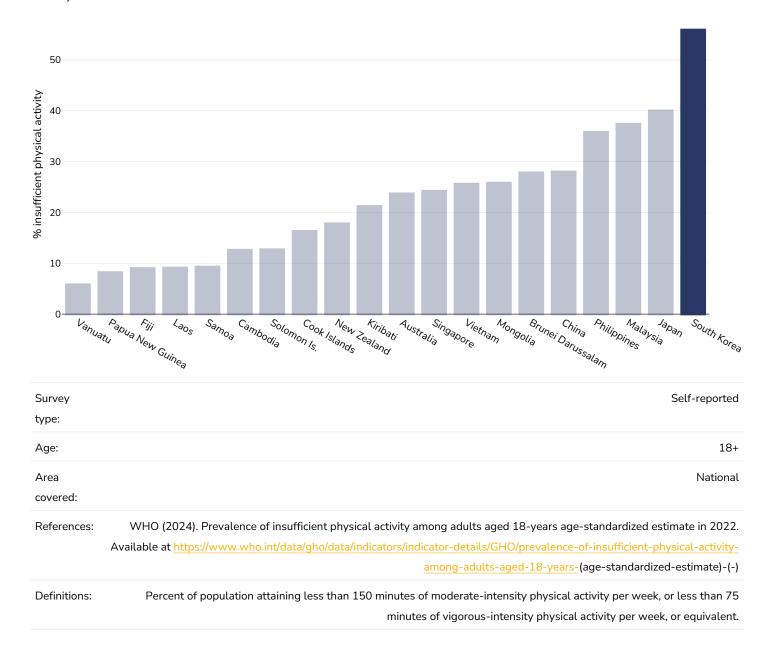


Insufficient physical activity



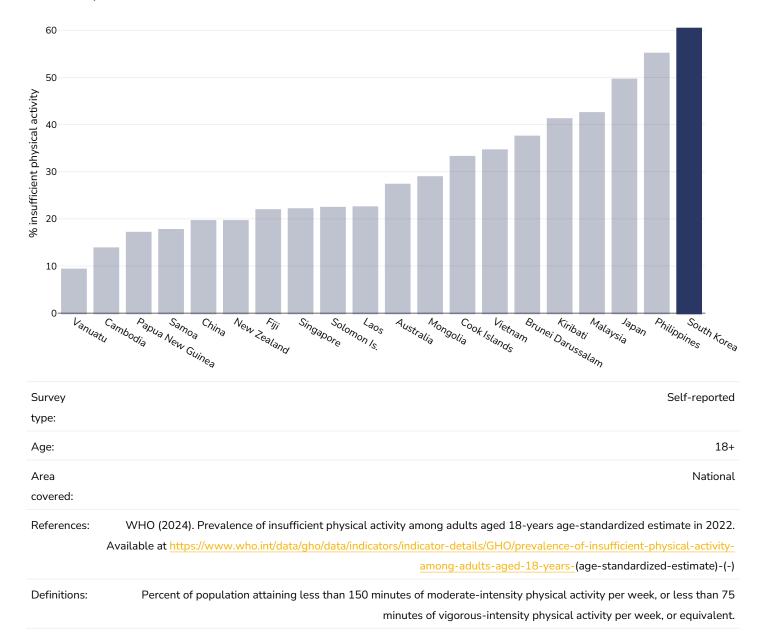


Men, 2022



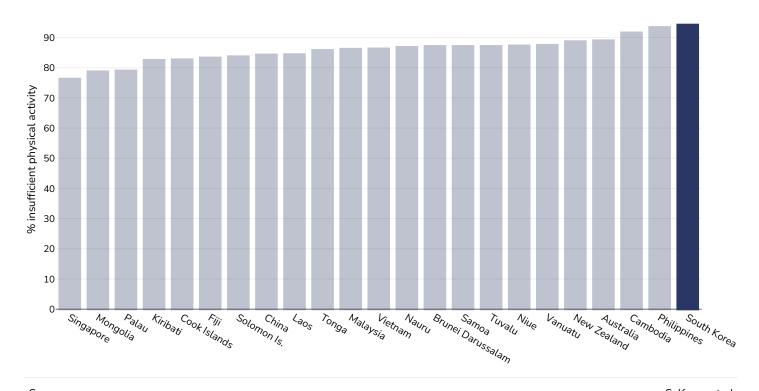


Women, 2022





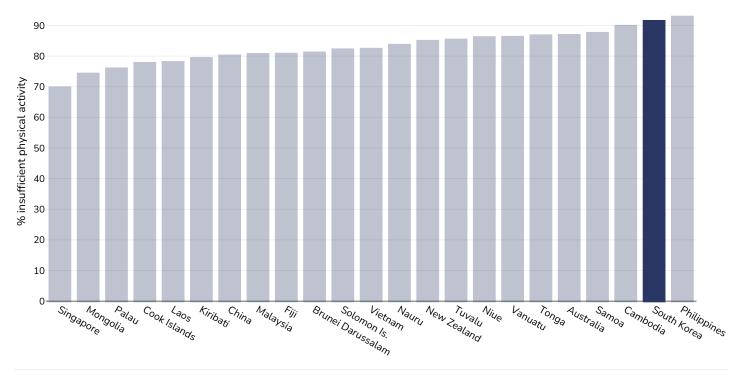
Children, 2016



Survey	Self-reported Self-reported
type:	
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)



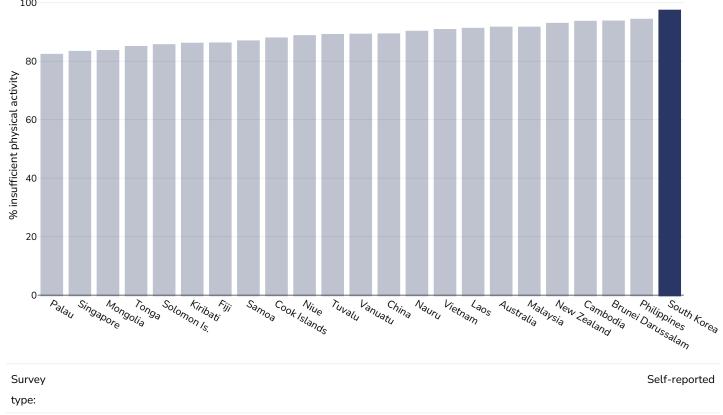
Boys, 2016



Survey	Self-reported
type:	
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)



Girls, 2016



Age: 11-17

References: Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)

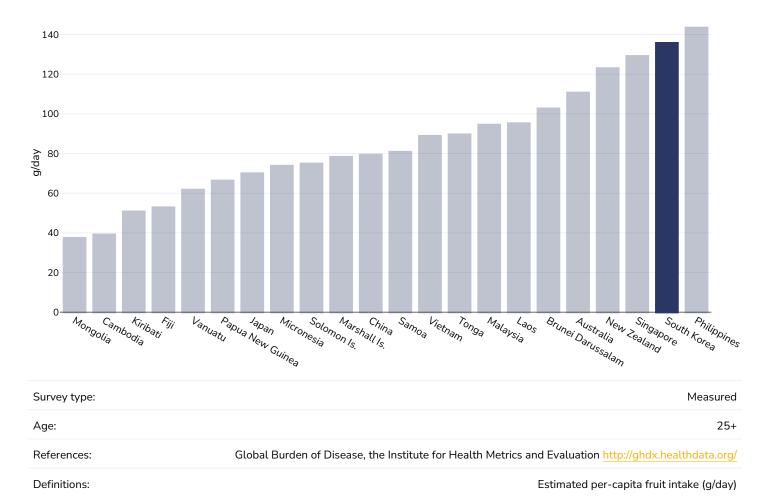
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Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)

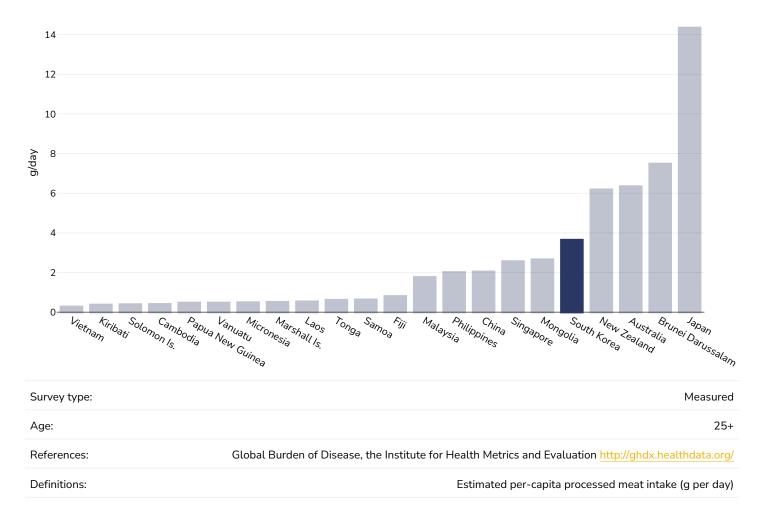


Estimated per capita fruit intake



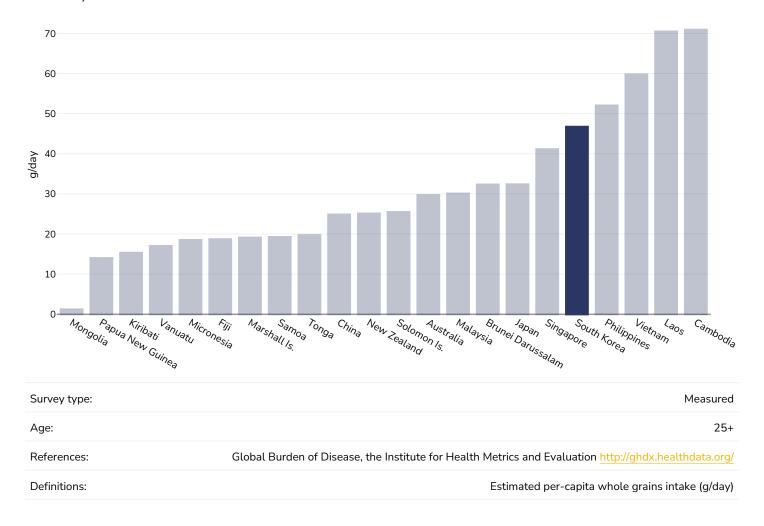


Estimated per-capita processed meat intake





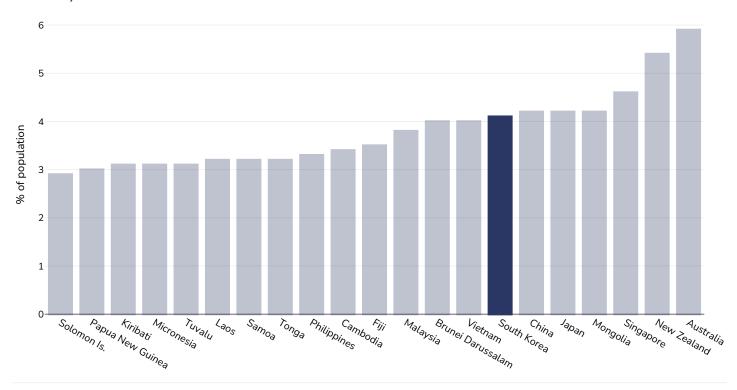
Estimated per capita whole grains intake





Mental health - depression disorders

Adults, 2015



References: Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

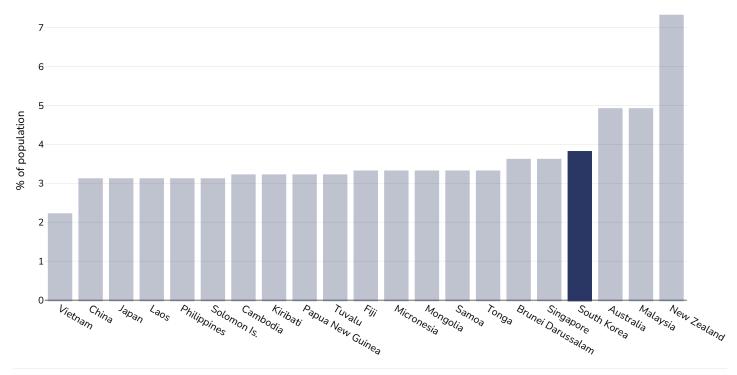
Definitions:

% of population with depression disorders



Mental health - anxiety disorders

Adults, 2015



References: Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitions: % of population with anxiety disorders



Oesophageal cancer

Men, 2022

Definitions:



Indicence per 100,000



Women, 2022

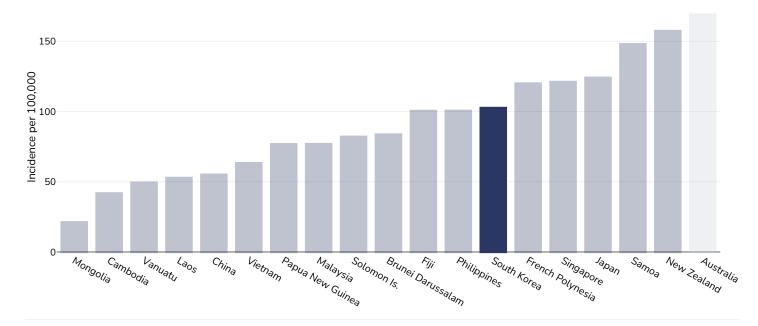




Breast cancer

Women, 2022





Area National covered:

References:

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.who.int/today, accessed [16.07.24]

Definitions: Incidence per 100,000



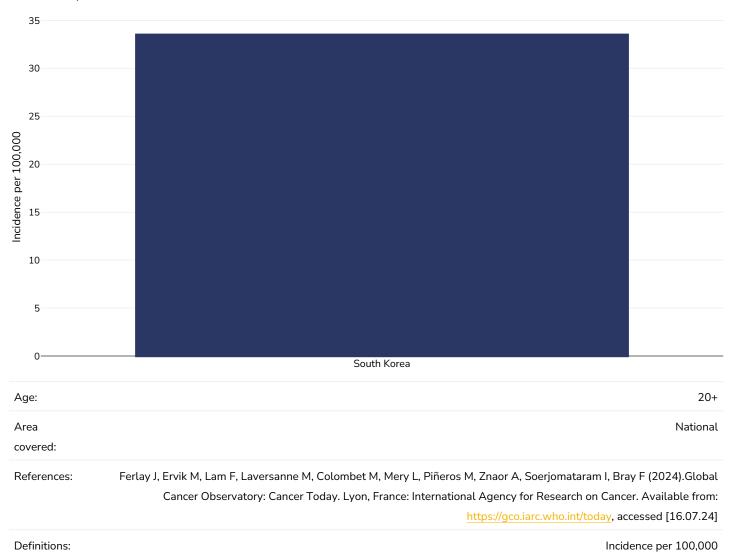
Colorectal cancer

Men, 2022





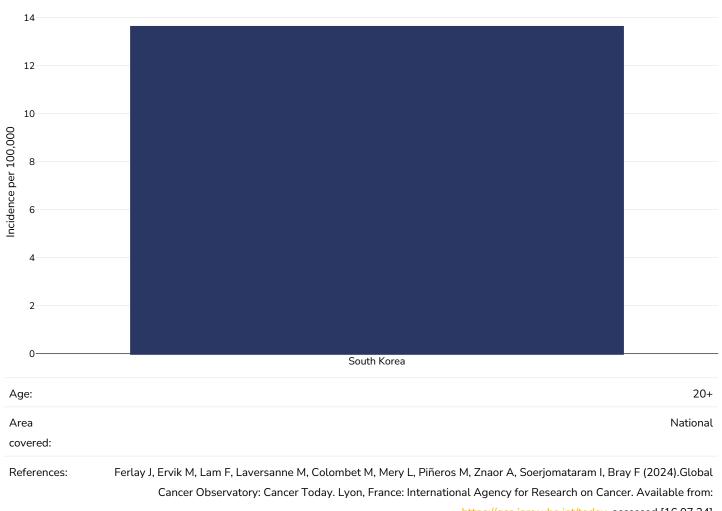
Women, 2022





Pancreatic cancer

Men, 2022



https://gco.iarc.who.int/today, accessed [16.07.24]

Definitions: Incidence per 100,000







Gallbladder cancer

Men, 2022

Definitions:



Indicence per 100,000







Kidney cancer

Men, 2022

Definitions:



Incidence per 100,000

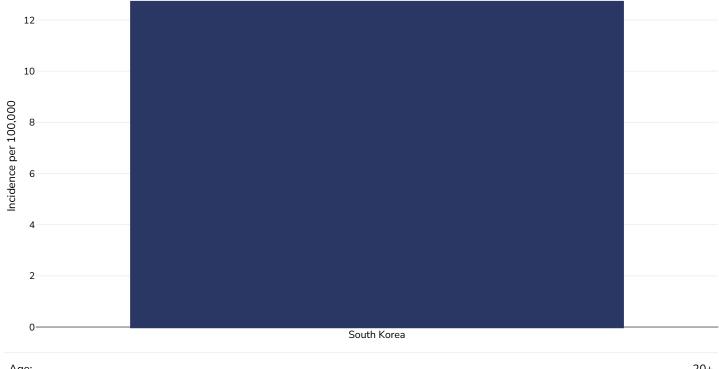






Cancer of the uterus

Women, 2022



20+ Age:

References:

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

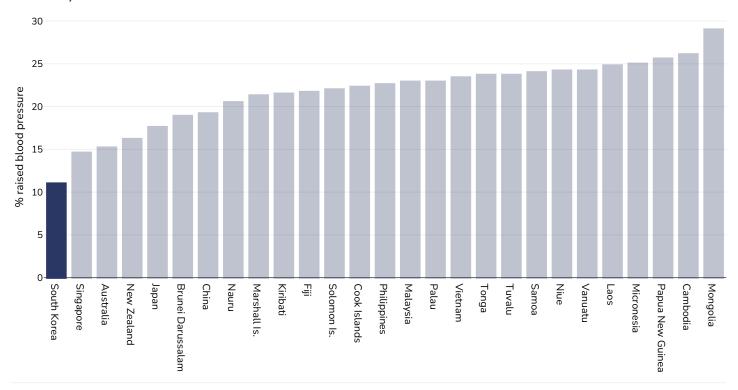
https://gco.iarc.who.int/today, accessed [16.07.24]

Definitions: Incidence per 100,000



Raised blood pressure

Adults, 2015



References:

Global Health Observatory data repository, World Health Organisation,

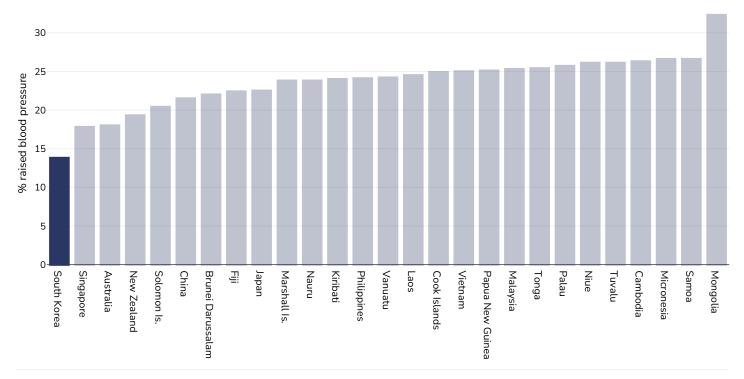
http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



Men, 2015



References:

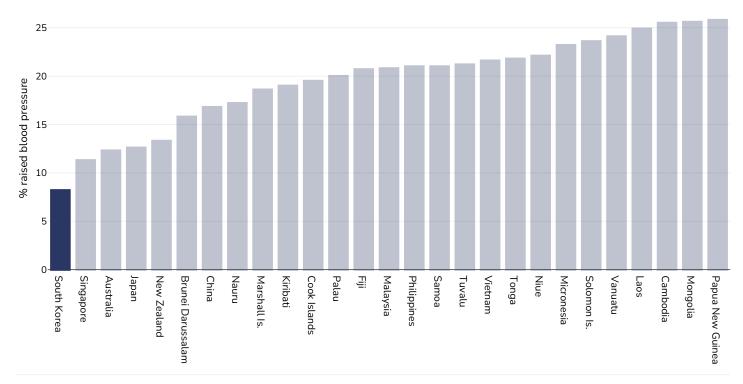
Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).





References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A875?lang=en

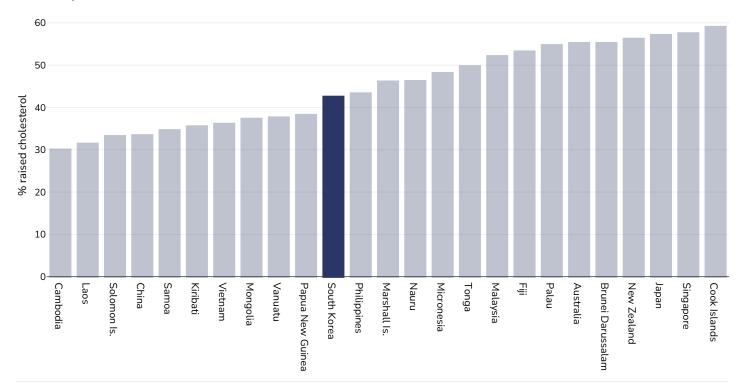
Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



Raised cholesterol

Adults, 2008



References:

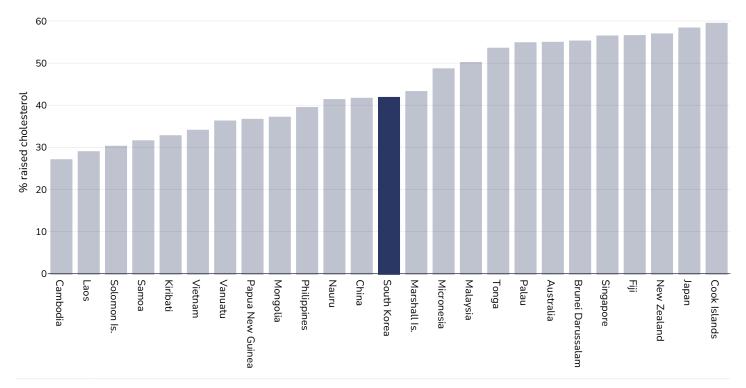
Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



Men, 2008



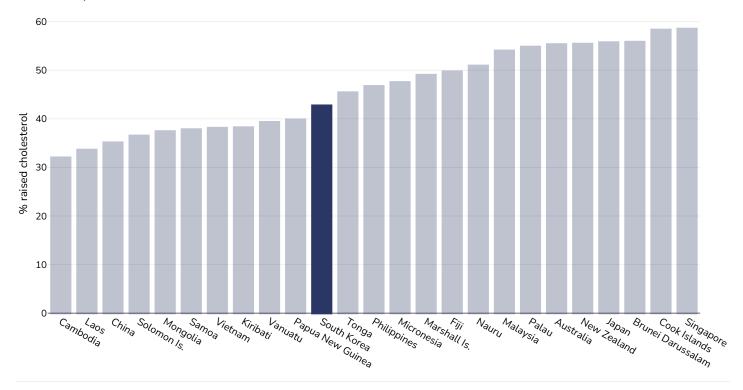
References:

Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).





References:

Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

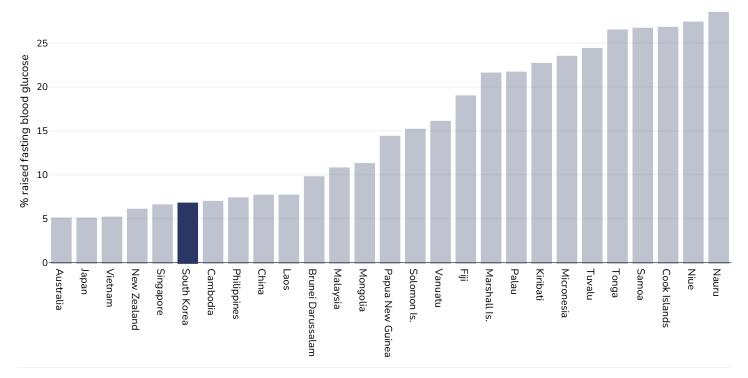
Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



Raised fasting blood glucose

Men, 2014



References:

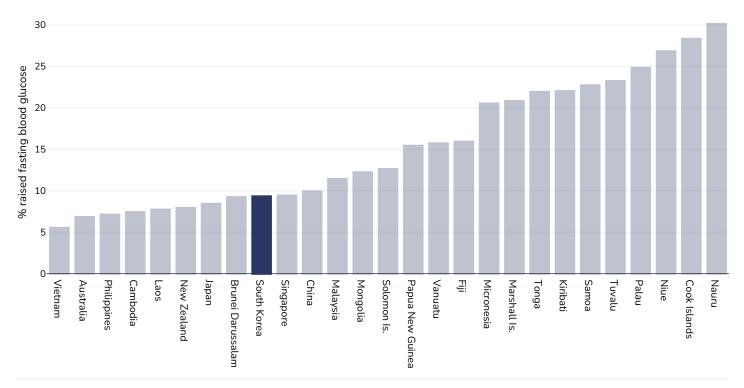
Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).





References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A869?lang=en

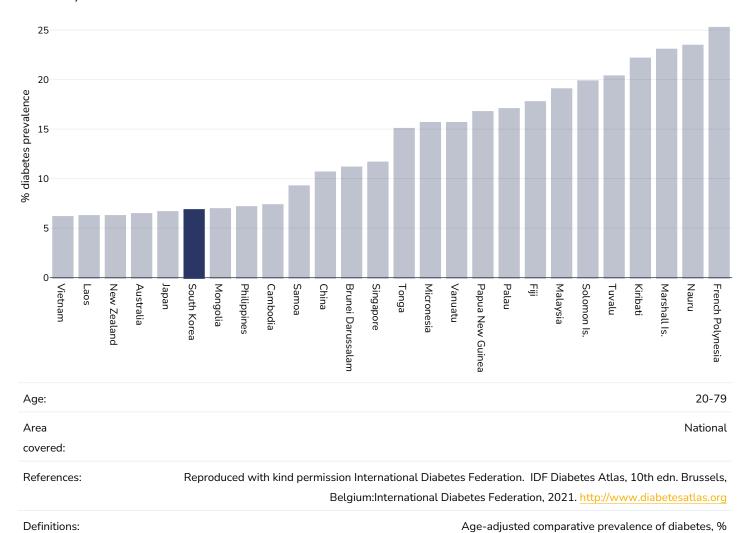
Definitions:

Age Standardised % raised fasting blood glucose (\geq 7.0 mmol/L or on medication).



Diabetes prevalence

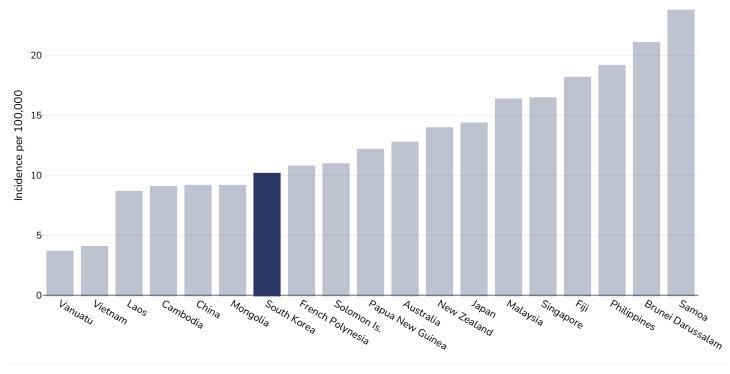
Adults, 2021





Ovarian Cancer

Women, 2022



Age: 20+

References:

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.who.int/today, accessed [16.07.24]

Definitions: Incidence per 100,000



Leukemia

Men, 2022	<u>.</u>						
4							
3							
2							
1							
0							
⁻¹ _1	0	1	2	3	4	5	6
Age:							20+
Area covered:							National
References:			nne M, Colombet M, ncer Today. Lyon, Fr	ance: International		ch on Cancer. Availa	able from:
Definitions:						Incidence per	100,000
Unle	ess otherwise note	ed, overweight refer	rs to a BMI between	25kg and 29.9kg/ı	m², obesity refers to	a BMI greater than	30kg/m².

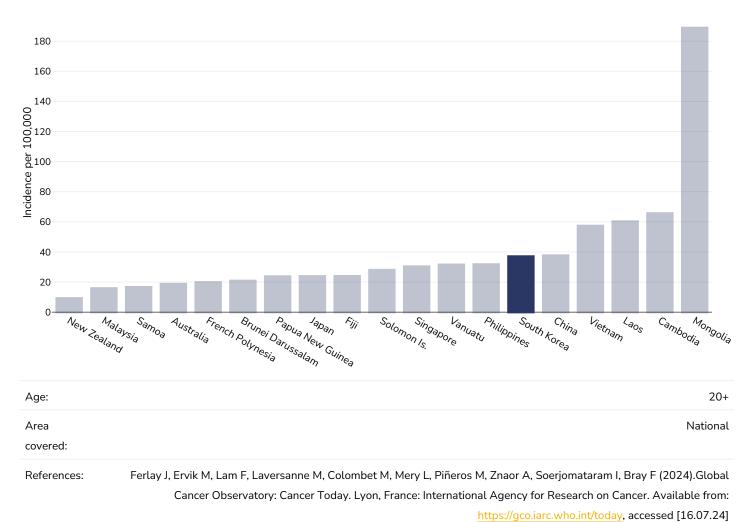


Wome	n, 2022						
4							
3							
2							
1							
0							
⁻¹ 1	0	1	2	3	4	5	6
Age:							20+
Area covered:							National
References	•			rance: International	Znaor A, Soerjomat Agency for Researc tps://gco.iarc.who.ir	ch on Cancer. Availa	able from:
Definitions	s:					Incidence per	r 100,000
	Unless otherwise note	ed, overweight refer	s to a BMI between	25kg and 29.9kg/i	m², obesity refers to	a BMI greater than	30kg/m².



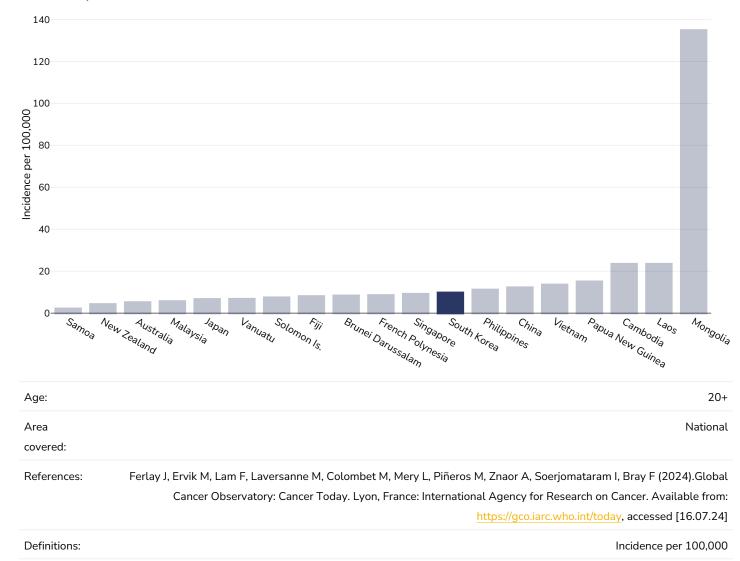
Liver and intrahepatic bile duct Cancer

Men, 2022



Definitions: Incidence per 100,000

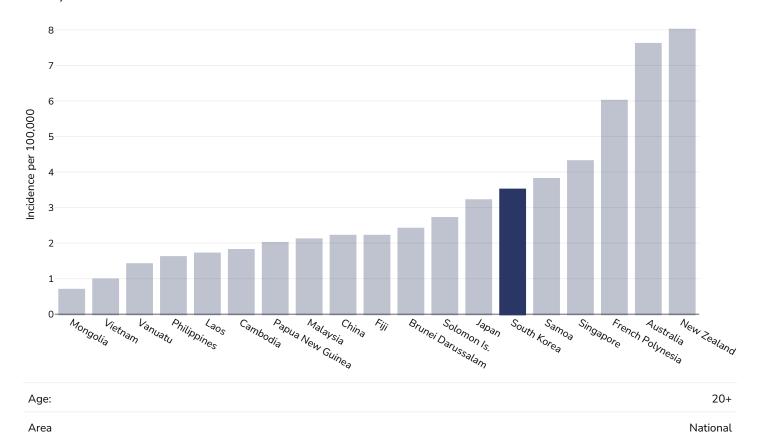






Multiple Myeloma

Men, 2022



References:

covered:

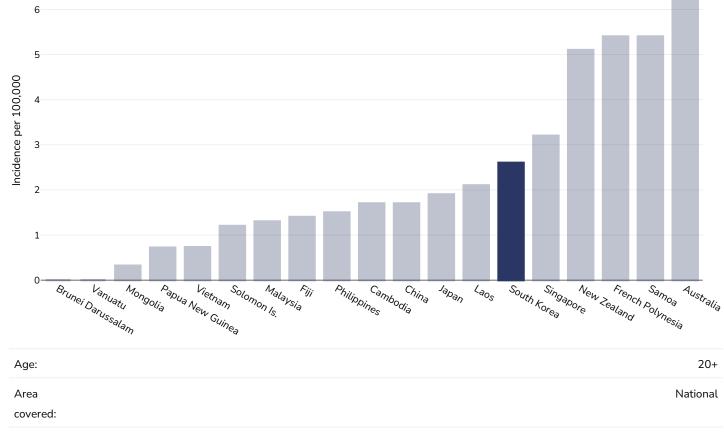
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.who.int/today, accessed [16.07.24]

Definitions: Indicence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².





References:

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

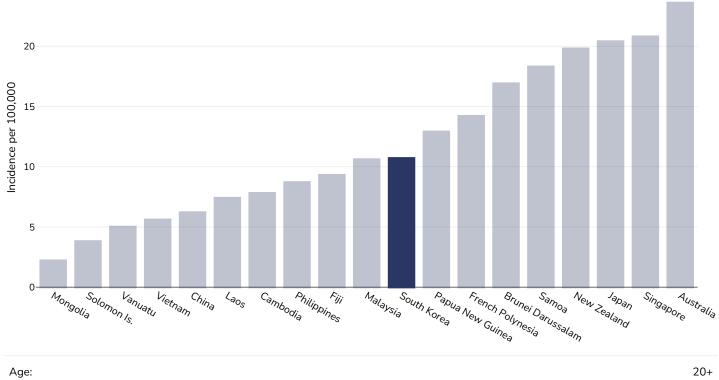
Definitions: Indicence per 100,000

 $Unless \ otherwise \ noted, \ overweight \ refers \ to \ a \ BMI \ between \ 25kg \ and \ 29.9kg/m^2, \ obesity \ refers \ to \ a \ BMI \ greater \ than \ 30kg/m^2.$



Non Hodgkin Lymphoma

Men, 2022



Area National

covered:

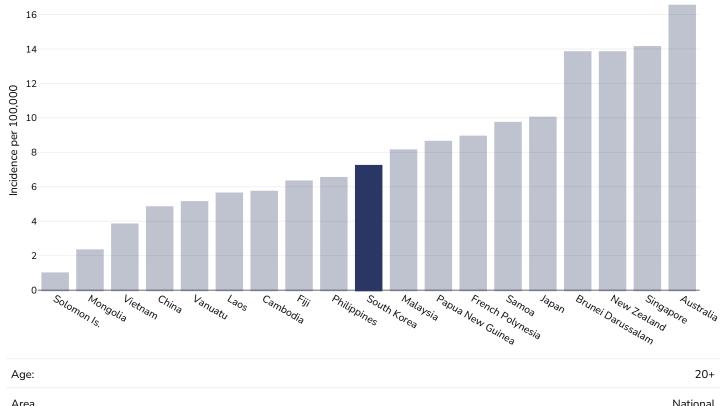
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.who.int/today, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².





Area National covered:

References:

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.who.int/today, accessed [16.07.24]

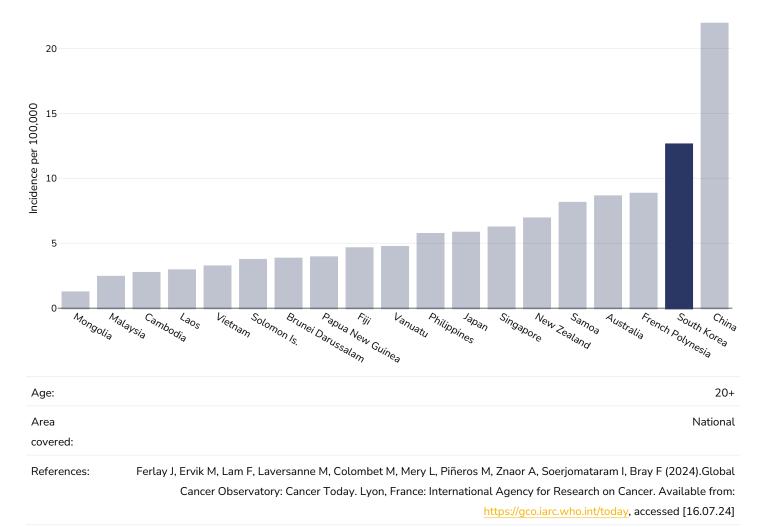
Definitions: Incidence per 100,000

 $Unless \ otherwise \ noted, overweight \ refers \ to \ a \ BMI \ between \ 25kg \ and \ 29.9kg/m^2, obesity \ refers \ to \ a \ BMI \ greater \ than \ 30kg/m^2.$



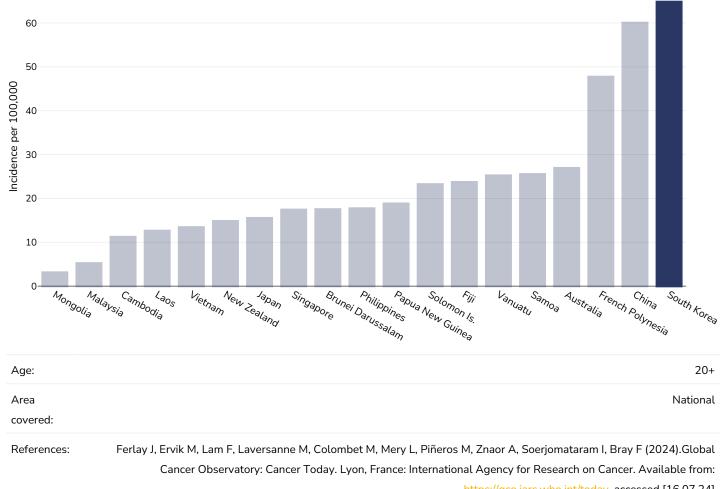
Thyroid Cancer

Men, 2022



Definitions: Incidence per 100,000





https://gco.iarc.who.int/today, accessed [16.07.24]

Definitions: Incidence per 100,000



Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	~
Front-of-package labelling?	✓ v
Back-of-pack nutrition declaration?	✓
Color coding?	✓ v
Warning label?	×





Regulation and marketing

Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	×
Tax on unhealthy drinks?	×
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	X
Subsidy on vegetables?	X
Subsidy on other healthy products?	X
Mandatory limit or ban of trans fat (all settings)?	X
Mandatory limit of trans fats in place (all settings)?	X
Ban on trans-fats or phos in place (all settings)?	X
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	~
Mandatory restriction on broadcast media?	~
Mandatory restriction on non-broadcast media?	~
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	~
Are there mandatory standards for food in schools?	~
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X



Political will and support

National obesity strategy or nutrition and physical activity national strategy?	~
National obesity strategy?	~
National childhood obesity strategy?	~
Comprehensive nutrition strategy?	~
Comprehensive physical activity strategy?	~
Evidence-based dietary guidelines and/or RDAs?	~
National target(s) on reducing obesity?	~
Guidelines/policy on obesity treatment?	~
Promotion of breastfeeding?	~
Monitoring and surveillance	
Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	~
Within 5 years?	~
Governance and resource	
Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	X
Key	
Present Present Incoming Absent ? Unk	nown

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