

# Condutores Eslovénia

High income



## Report cards

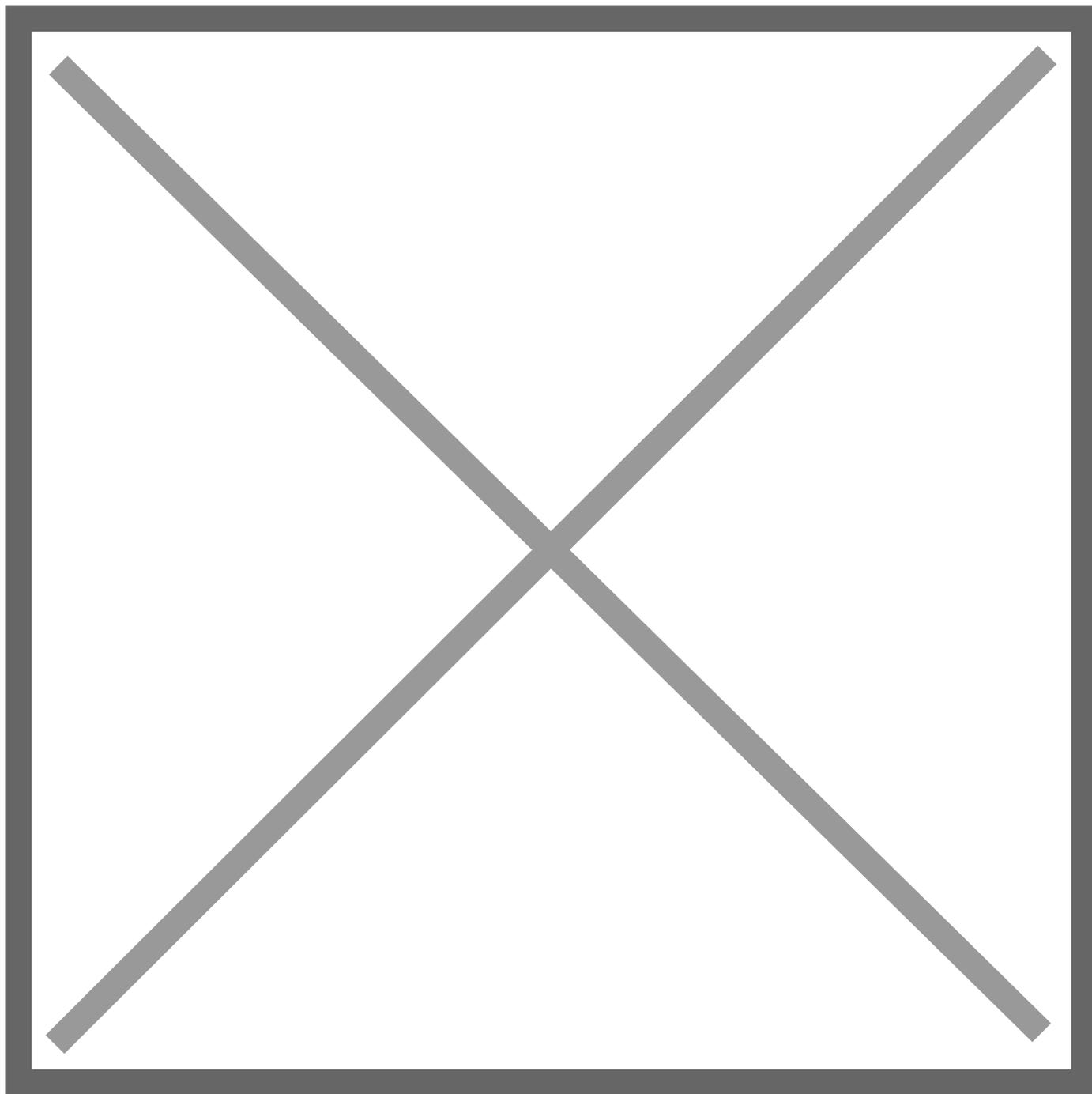
Our report cards collate all the most-recent graphics for this country. If you would like to produce a custom report based on selected graphics, just tap the Add to custom PDF button below the graphics you would like to use.

[Report card \(adult data\)](#)

[Report card \(child data\)](#)

## Atividade física insuficiente

Adultos, 2022



**Tipo de  
inquérito:**

Autorreportado

**Idade:**

18+

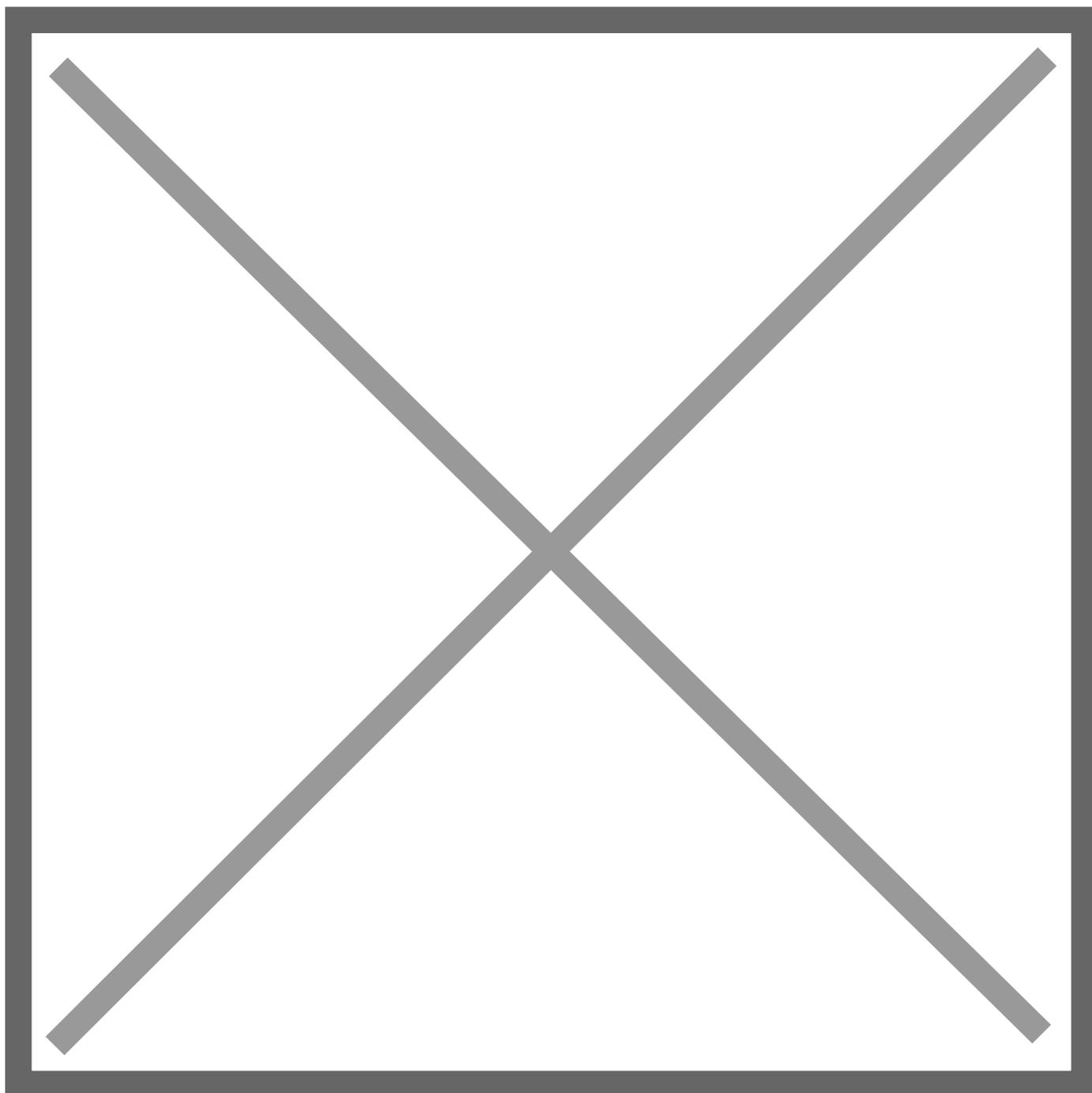
**Área  
abrangida:**

Nacional

**Referências:** WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

**Definições (disponível apenas em inglês):** Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

## Homens, 2022



**Tipo de inquérito:**

Autorreportado

**Idade:**

18+

**Área abrangida:**

Nacional

**Referências:**

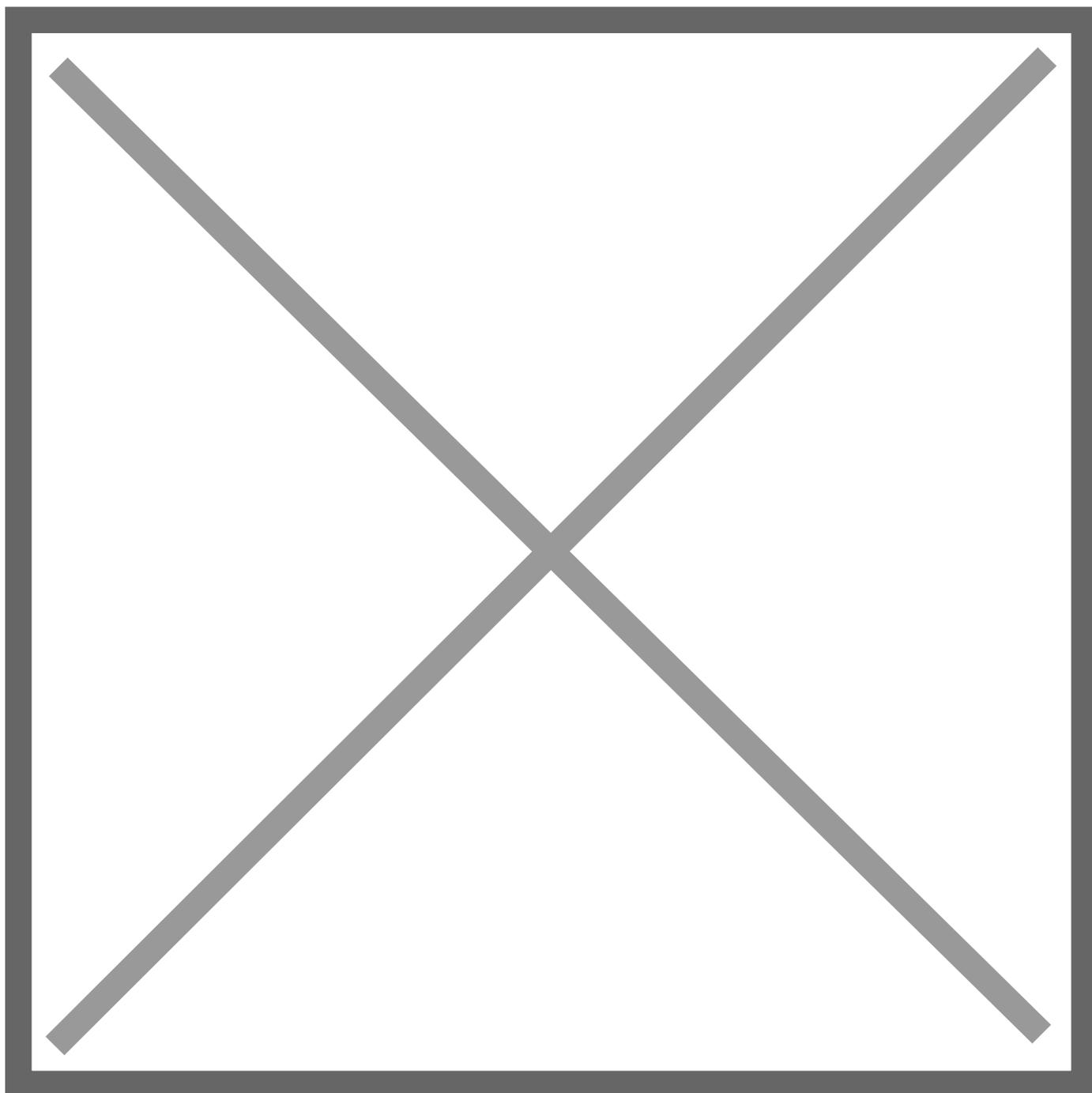
WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

**Definições  
(disponível  
apenas em  
inglês):**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

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## Mulheres, 2022



**Tipo de inquérito:**

Autorreportado

**Idade:**

18+

**Área abrangida:**

Nacional

**Referências:**

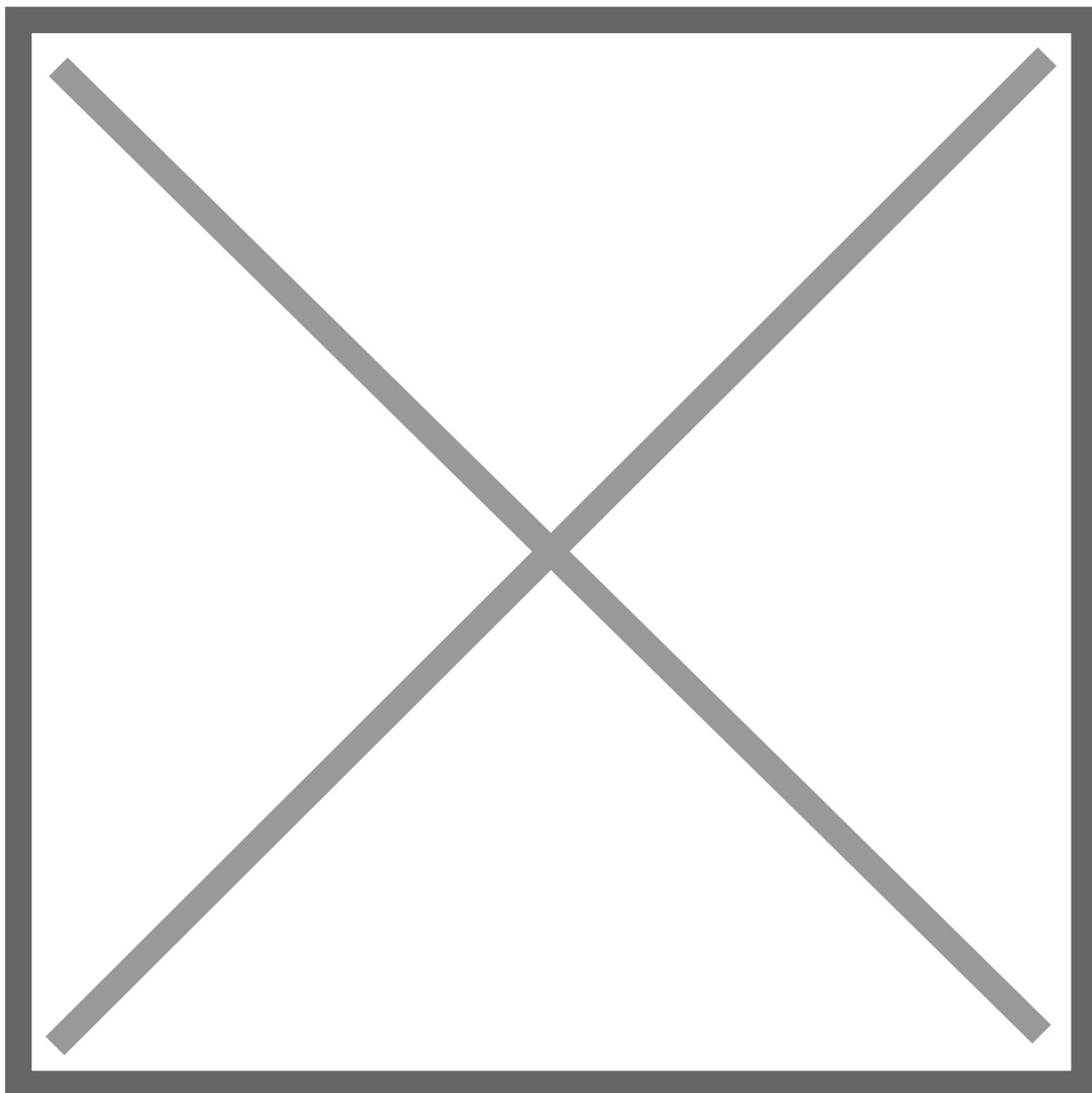
WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

**Definições  
(disponível  
apenas em  
inglês):**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

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## Rapazes, 2022



**Área abrangida:**

Nacional

**Referências:**

Rakić JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>.

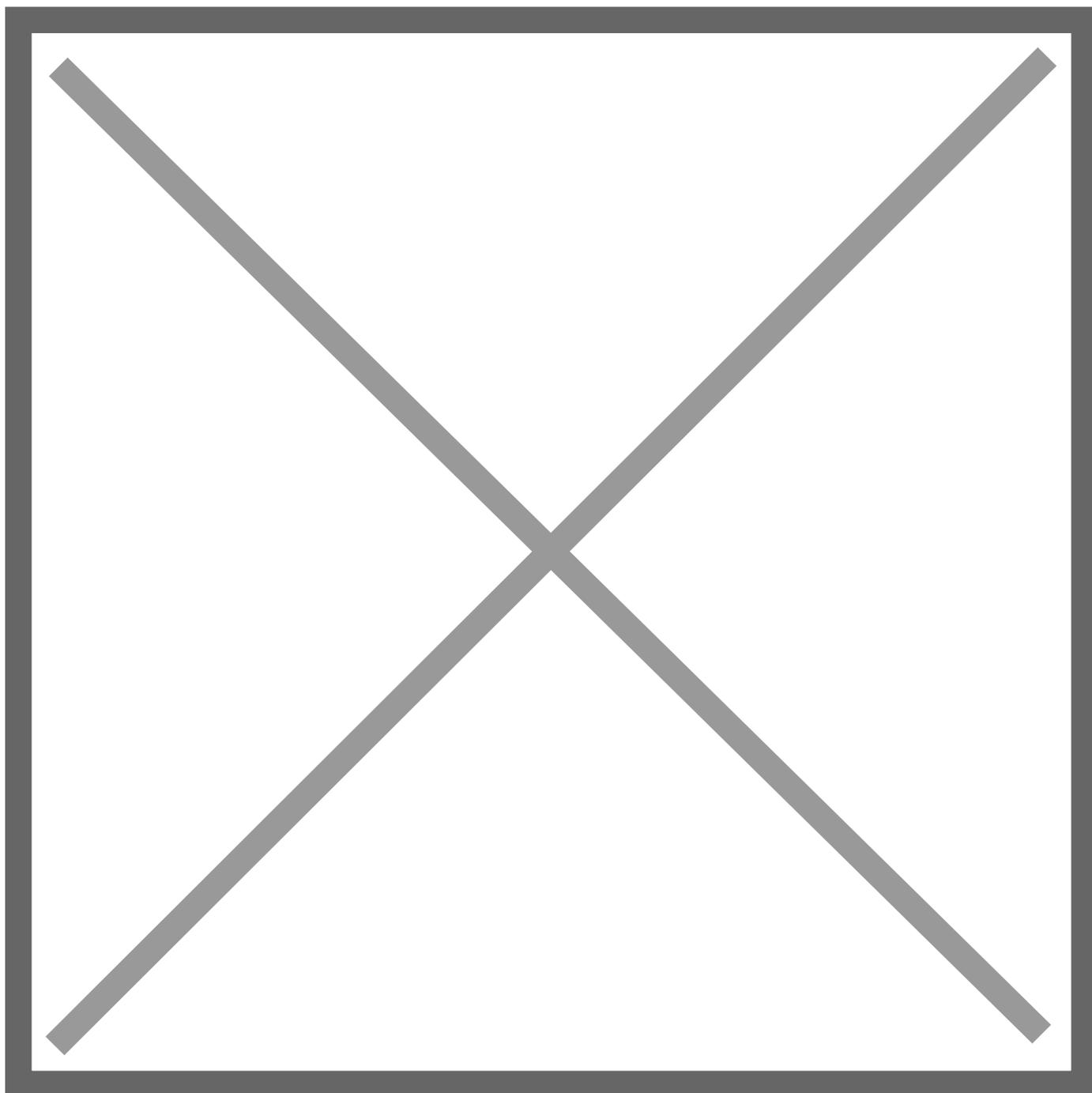
**Notas:**

Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily.

**Definições  
(disponível  
apenas em  
inglês):**

% reporting less than 60 minutes of MVPA daily

## Raparigas, 2022



**Área abrangida:**

Nacional

**Referências:**

Rakić JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>.

**Notas:**

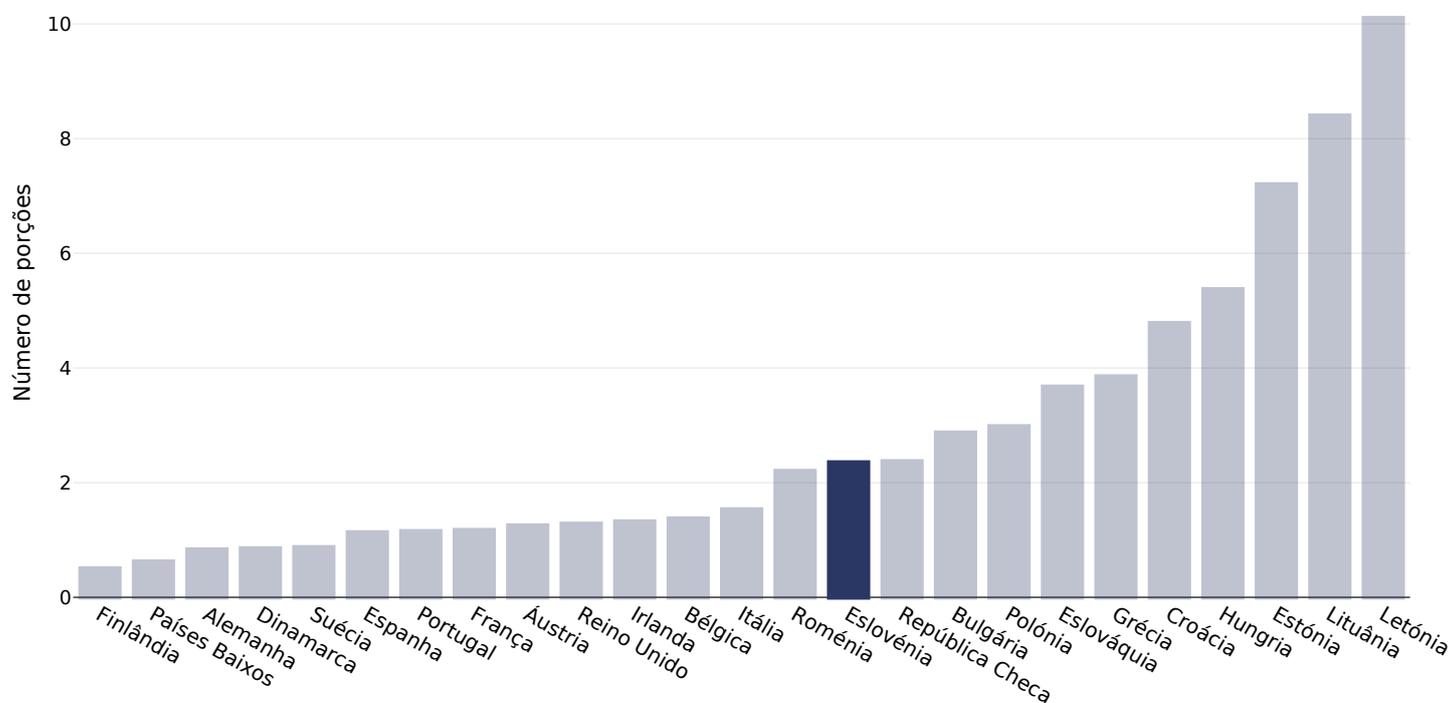
Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily.

**Definições  
(disponível  
apenas em  
inglês):**

% reporting less than 60 minutes of MVPA daily

## Consumo de açúcar

### Adultos, 2016



**Referências:**

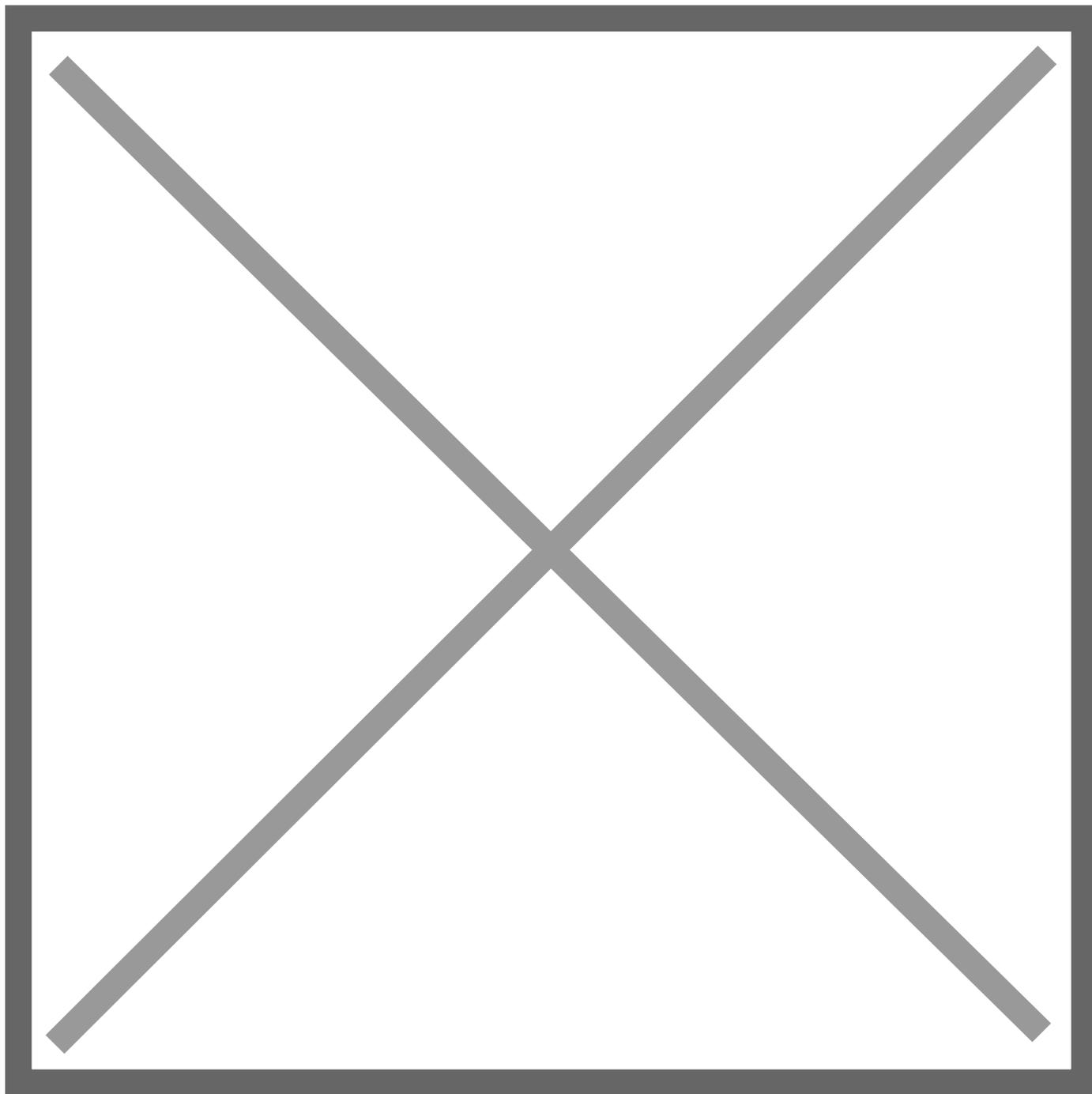
Source: Euromonitor International

**Definições  
(disponível  
apenas em  
inglês):**

Sugar consumption (Number of 500g sugar portions/person/month)

## Estimativa de ingestão de bebidas açucaradas per capita

Adultos, 2016

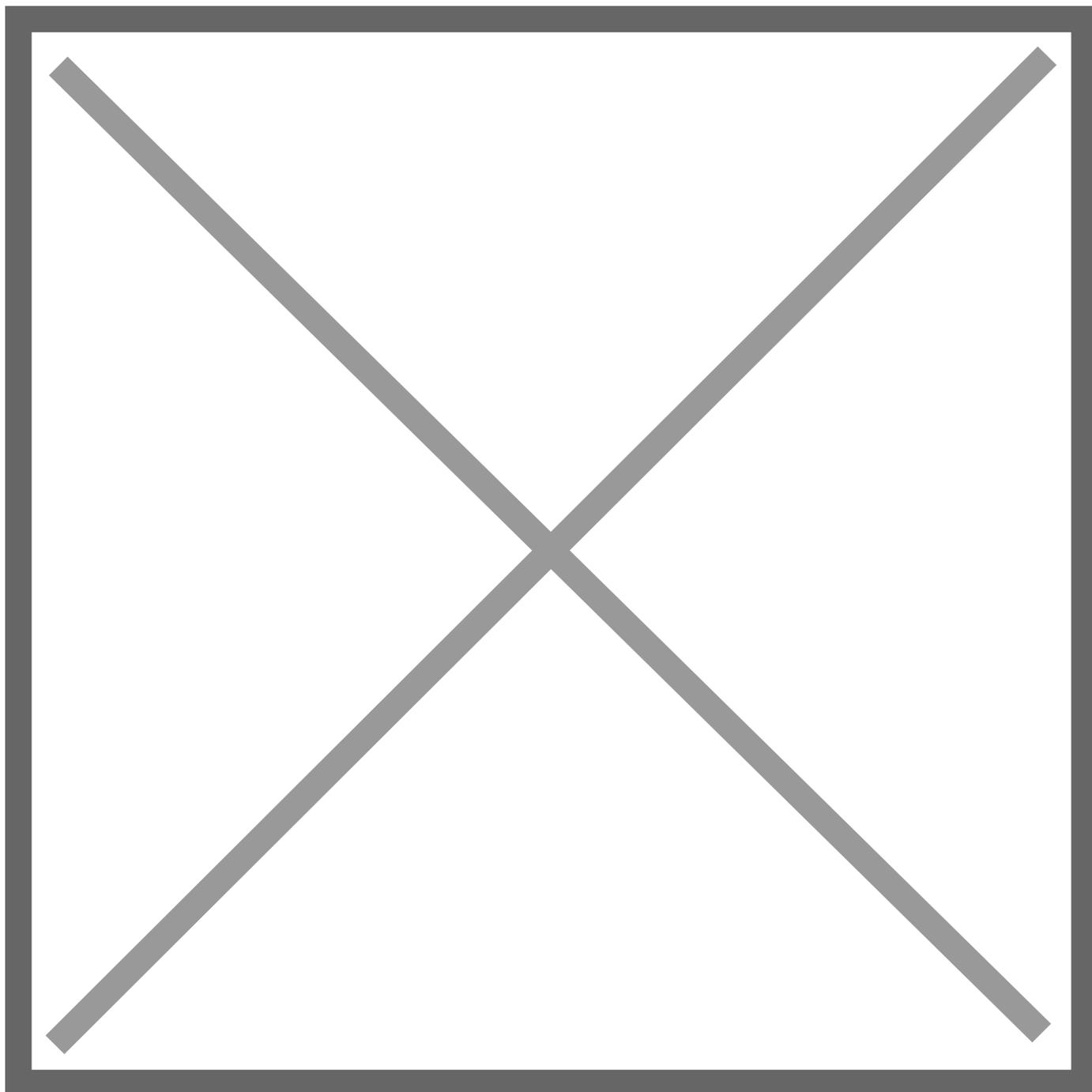


Referências:

Source: Euromonitor International

## Prevalência de pelo menos consumo diário de refrigerantes com gás

Rapazes, 2021-2022



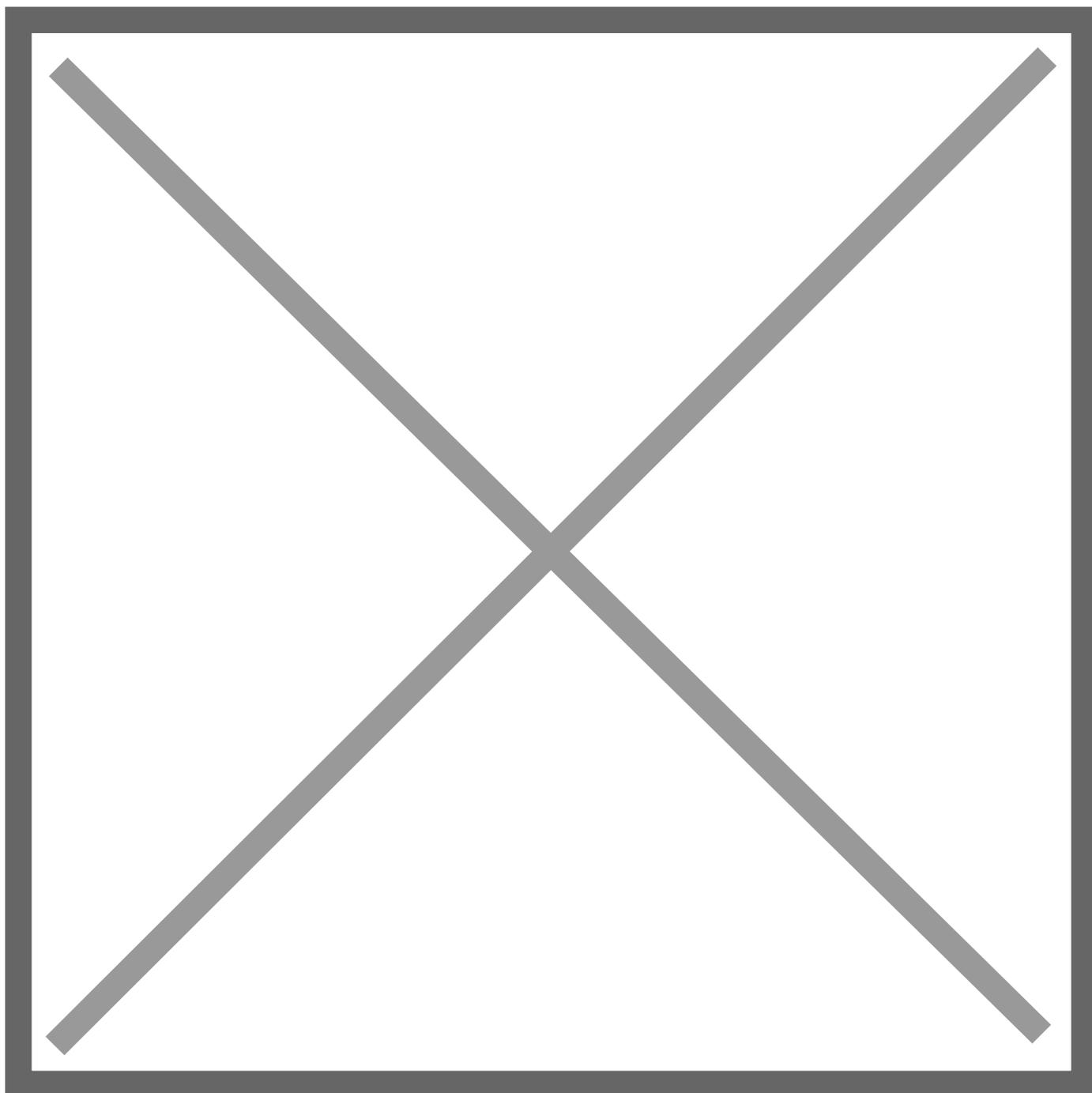
Área abrangida:

Nacional

**Referências:** Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>

**Definições (disponível apenas em inglês):** Proportion who reported drinking sugary soft drinks daily (at least once)

## Raparigas, 2021-2022



**Área abrangida:**

Nacional

**Referências:**

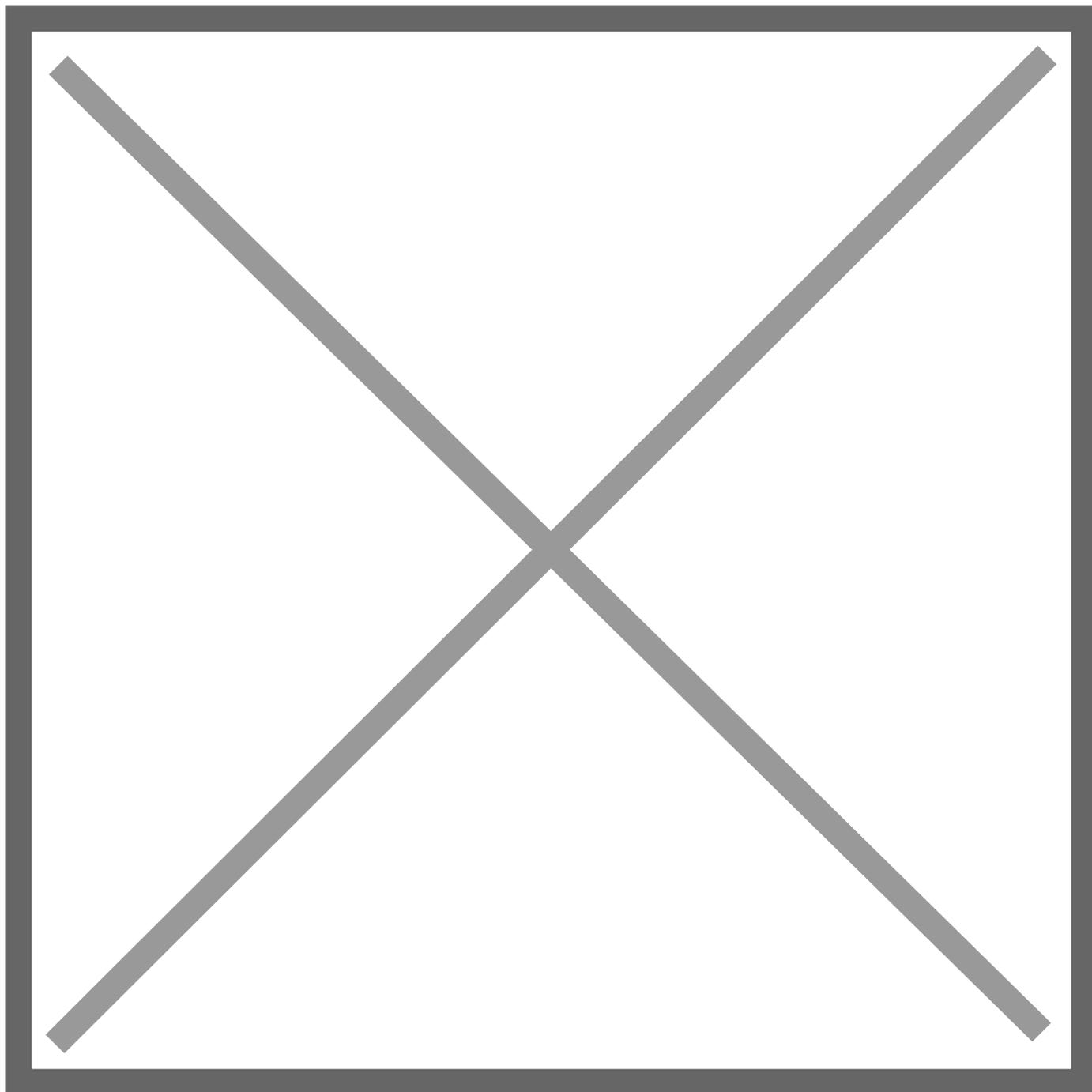
Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>

**Definições (disponível apenas em inglês):**

Proportion who reported drinking sugary soft drinks daily (at least once)

## Prevalência de consumo de produtos de confeitaria

Adultos, 2016



**Referências:**

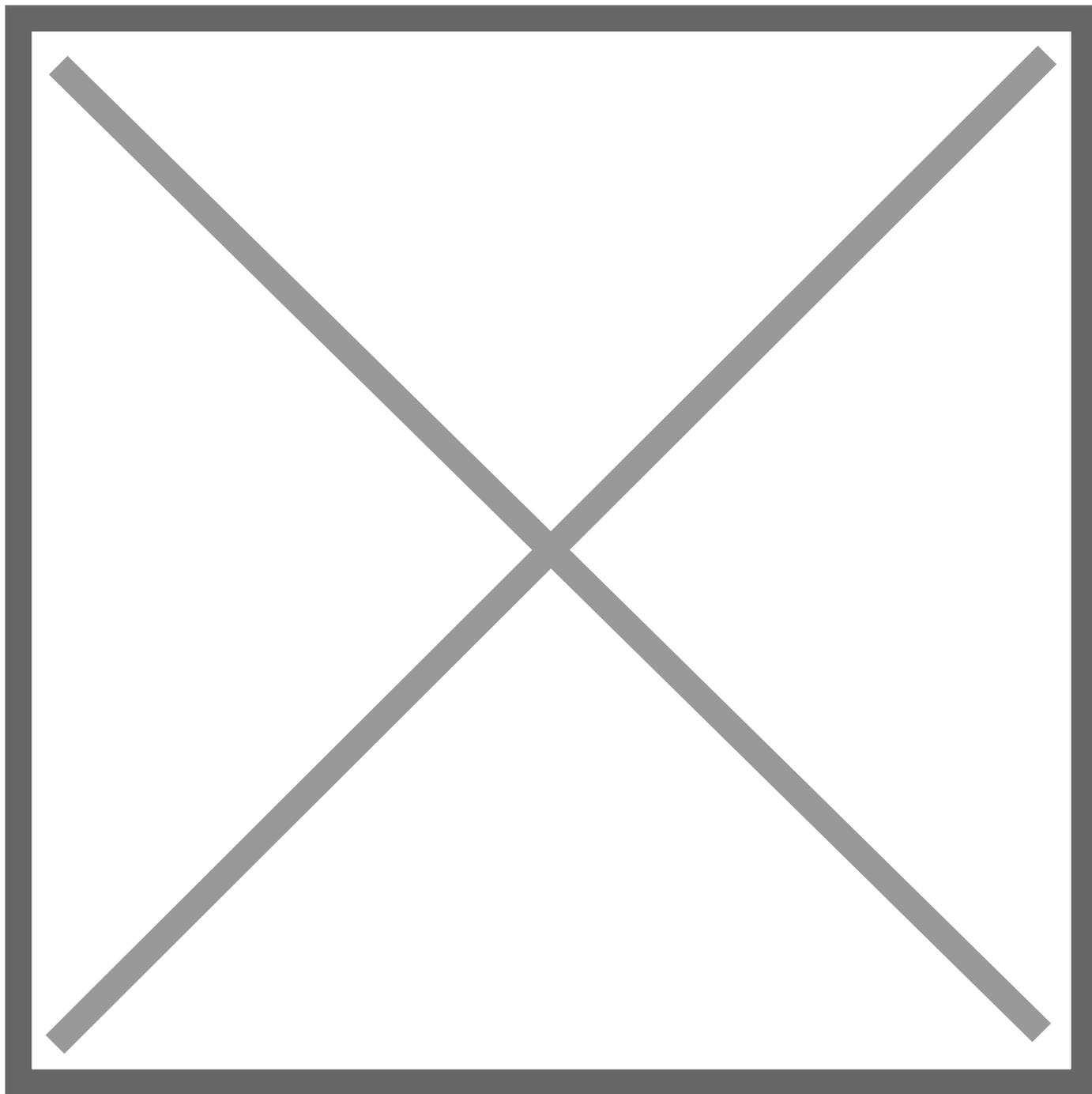
Source: Euromonitor International

**Definições  
(disponível  
apenas em  
inglês):**

Prevalence of confectionery consumption (Number of 50g confectionery portions/person/month)

## Prevalência de consumo de lanches doces/salgados

Adultos, 2016



**Referências:**

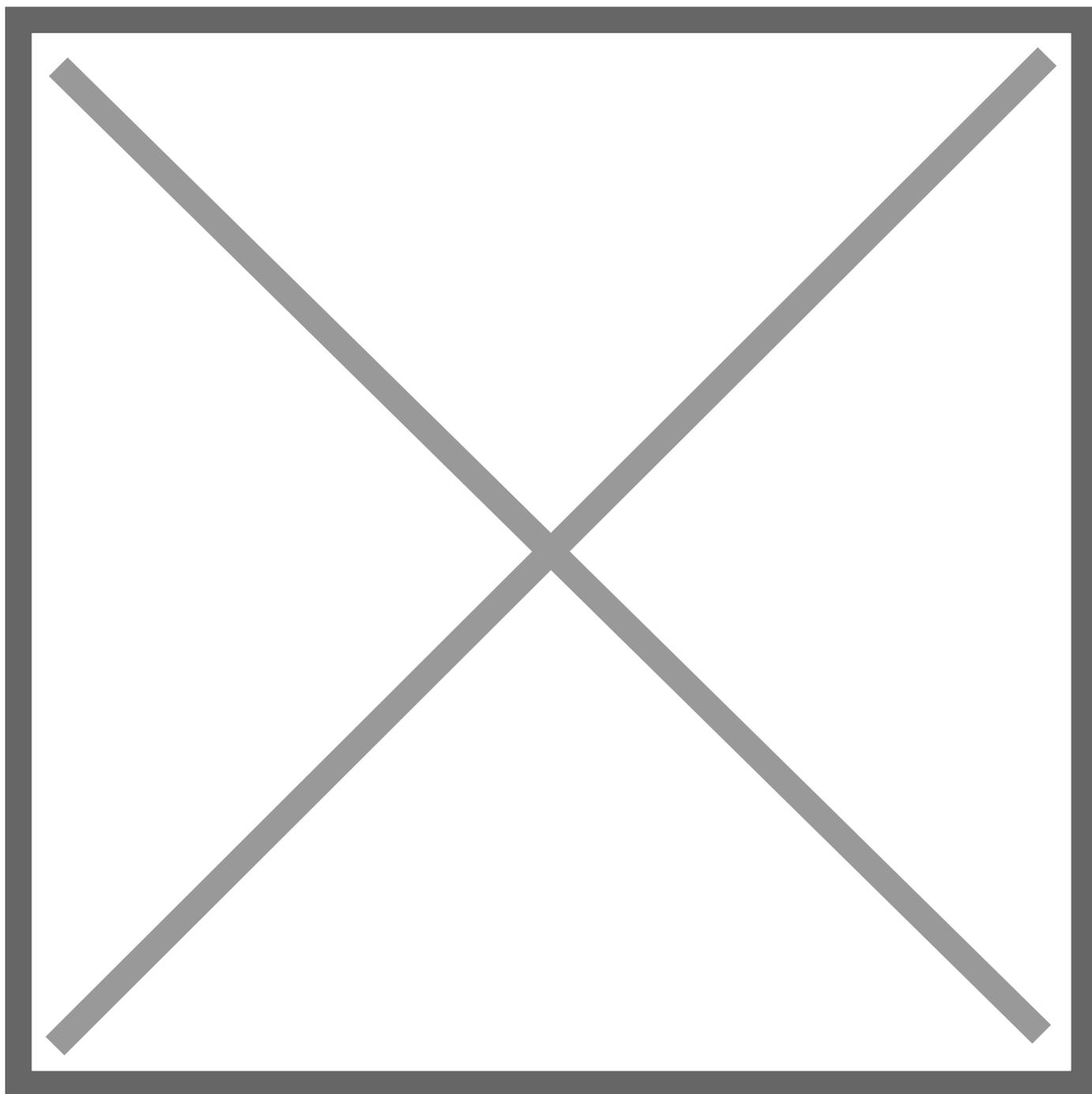
Source: Euromonitor International

**Definições  
(disponível  
apenas em  
inglês):**

Prevalence of sweet/savoury snack consumption (Number of 35g sweet/savoury snack portions/person/month)

## Estimated per capita fruit intake

Adultos, 2017



**Tipo de  
inquérito:**

Medido

**Idade:**

25+

**Referências:**

Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

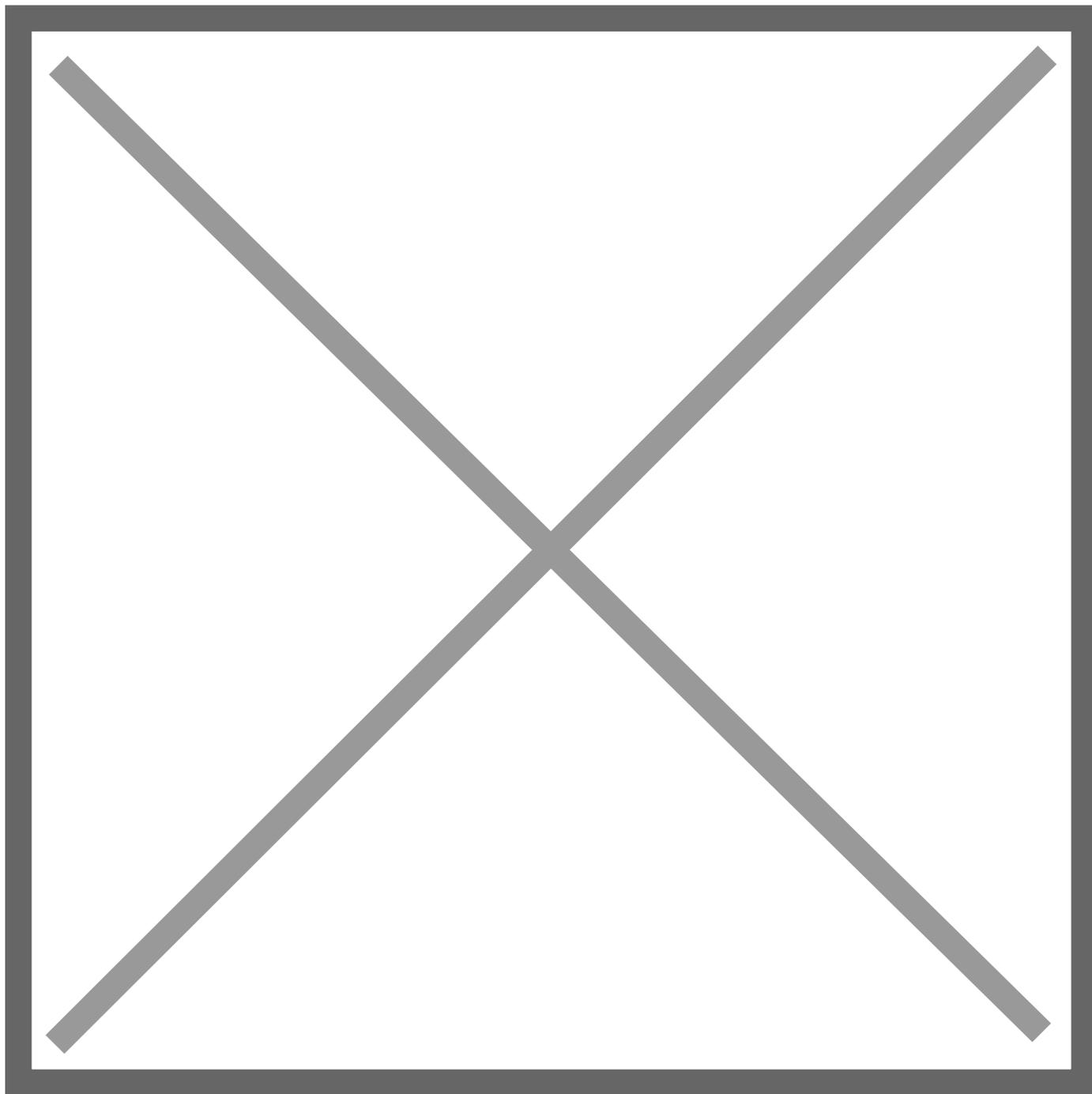
**Definições  
(disponível  
apenas em  
inglês):**

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Estimated per-capita fruit intake (g/day)

## Prevalência inferior ao consumo diário de fruta

Crianças, 2014



Tipo de  
inquérito:

Medido

**Referências:**

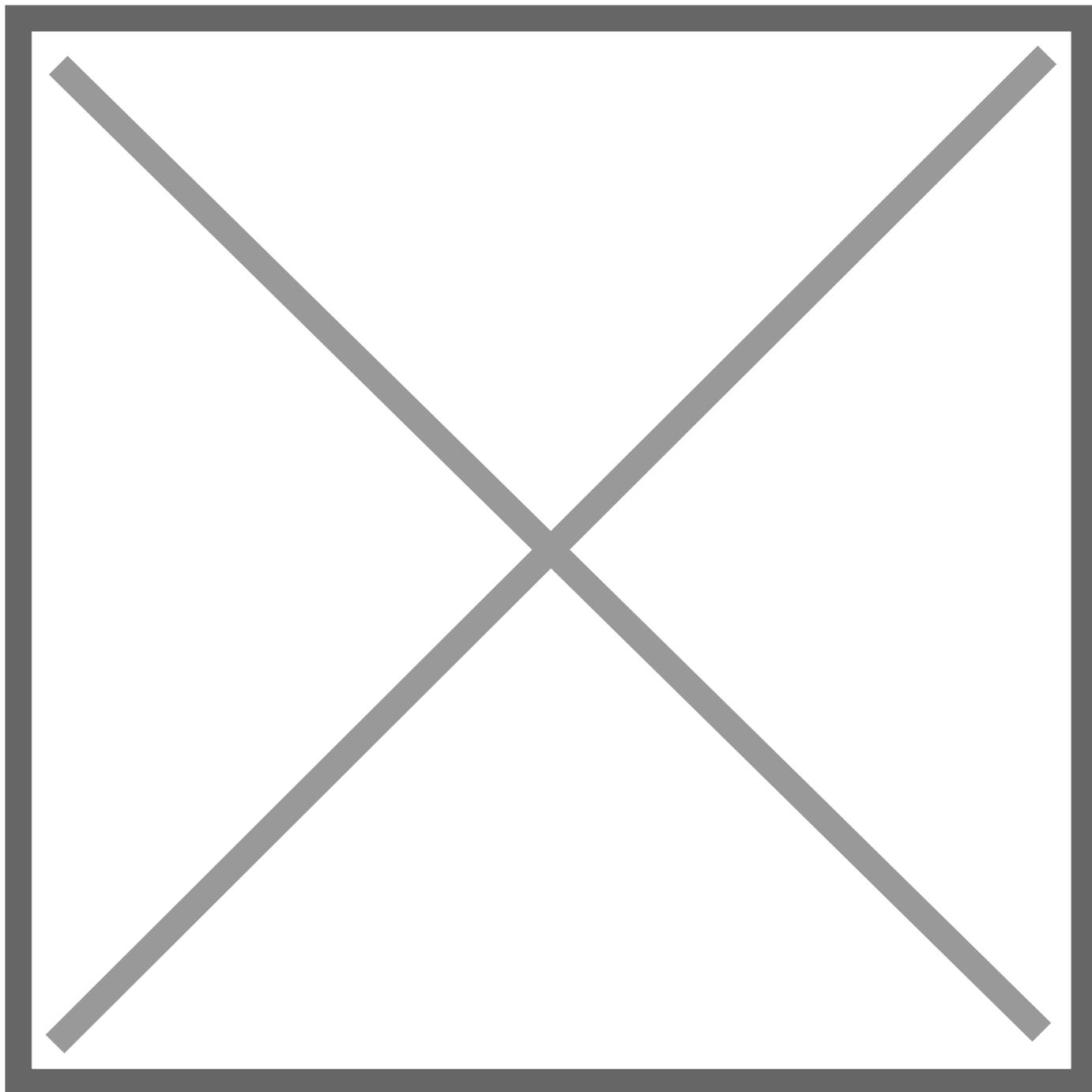
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definições  
(disponível  
apenas em  
inglês):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

## Prevalência inferior ao consumo diário de vegetais

Crianças, 2014



**Tipo de  
inquérito:**

Medido

**Idade:**

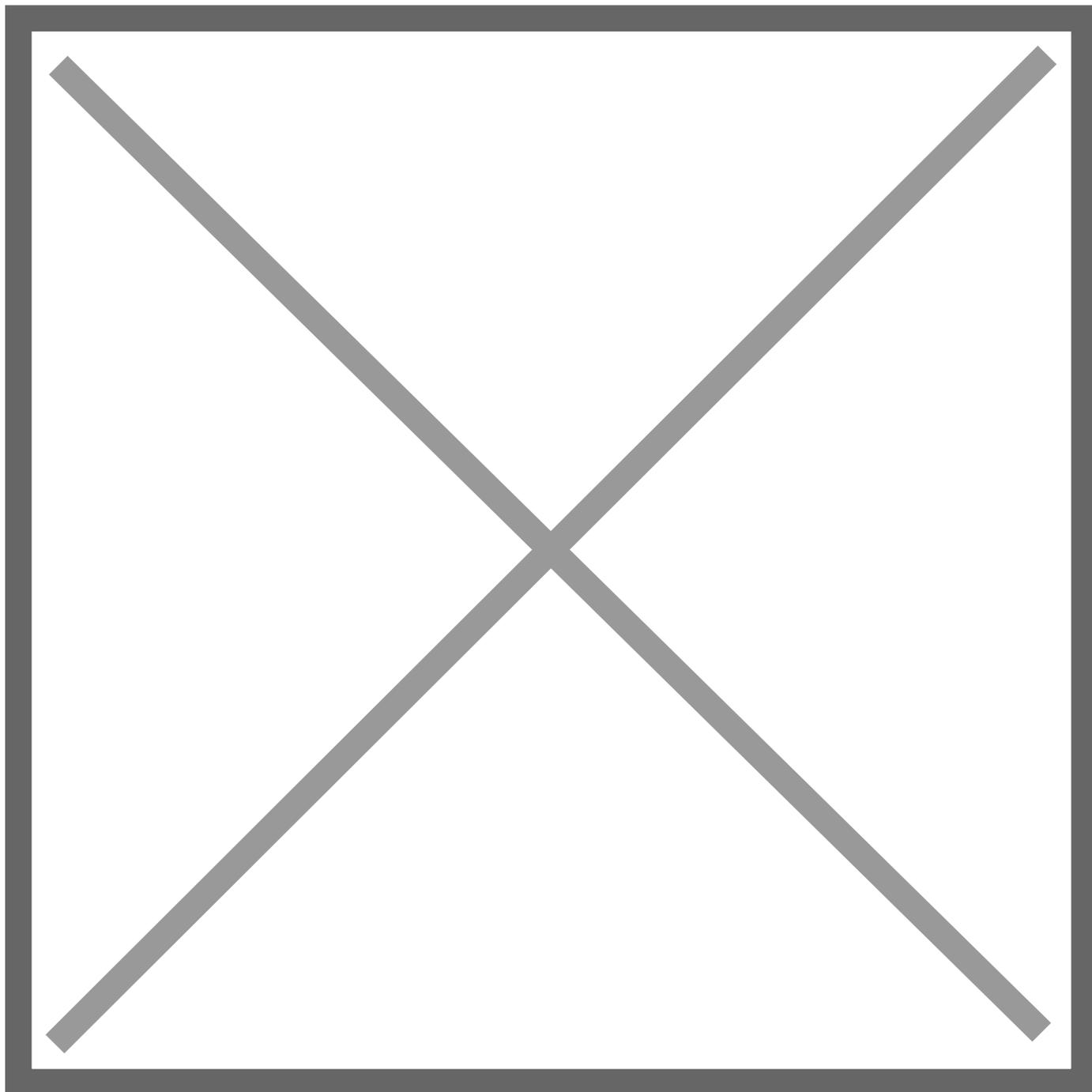
12-17

**Referências:** Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definições (disponível apenas em inglês):** Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

## Estimativa de ingestão de carne processada per capita

Adultos, 2017



**Tipo de  
inquérito:**

Medido

**Idade:**

25+

**Referências:**

Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

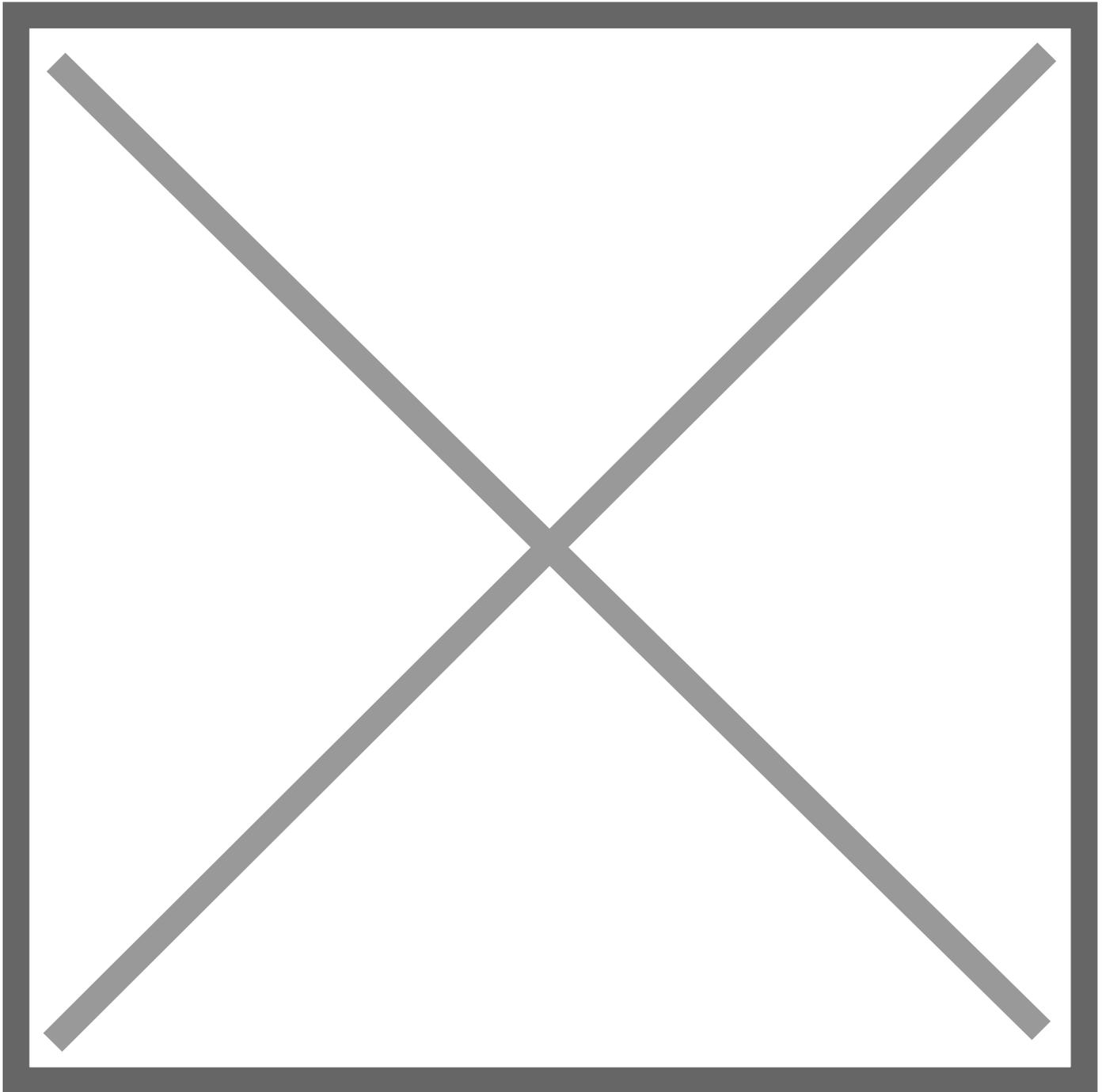
**Definições  
(disponível  
apenas em  
inglês):**

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Estimated per-capita processed meat intake (g per day)

## Estimated per capita whole grains intake

Adultos, 2017



**Tipo de inquérito:**

Medido

**Idade:**

25+

**Referências:**

Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

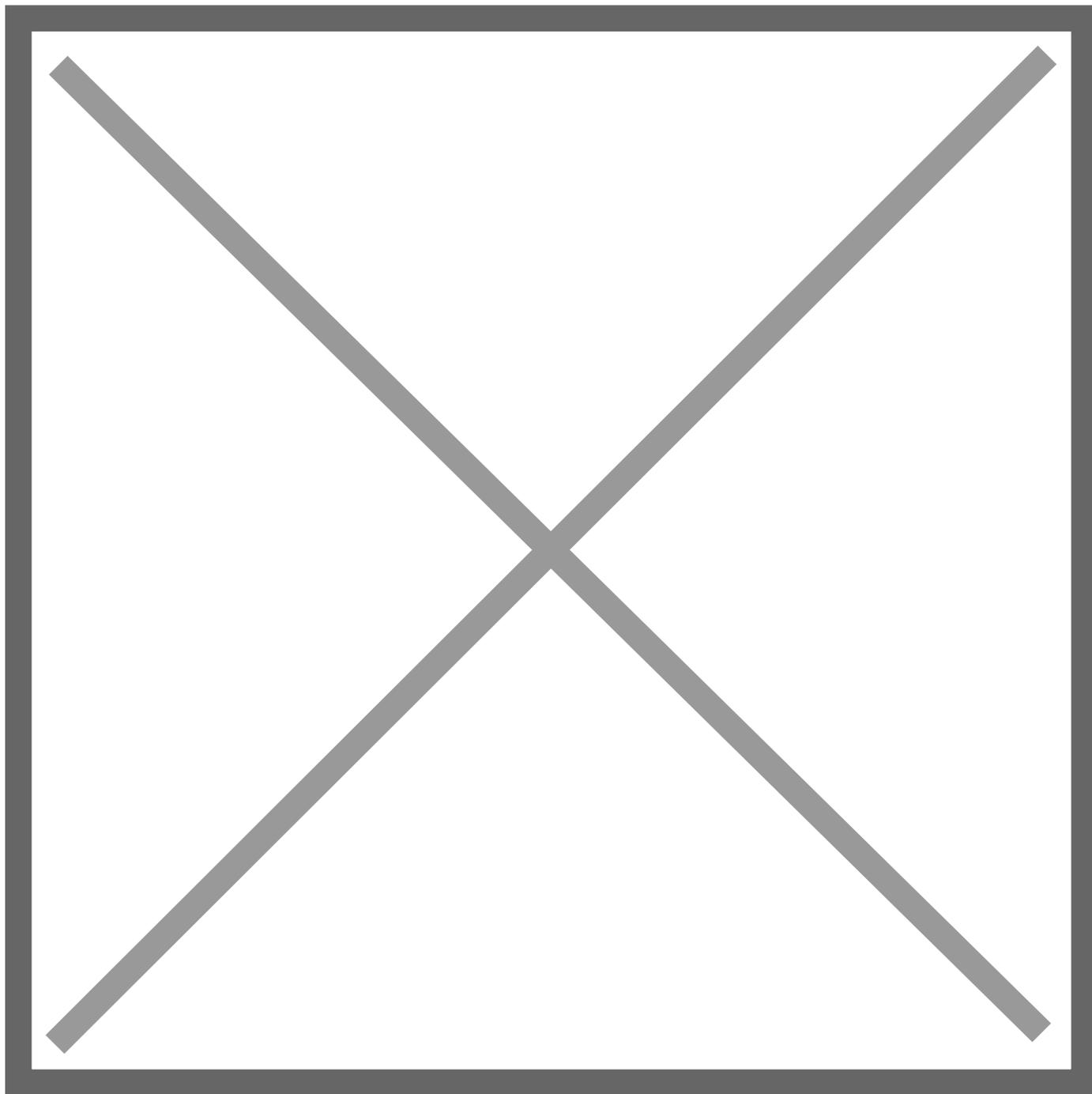
**Definições  
(disponível  
apenas em  
inglês):**

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Estimated per-capita whole grains intake (g/day)

## Saúde mental - transtornos depressivos

Adultos, 2021



Idade:

20+

Área abrangida:

Nacional

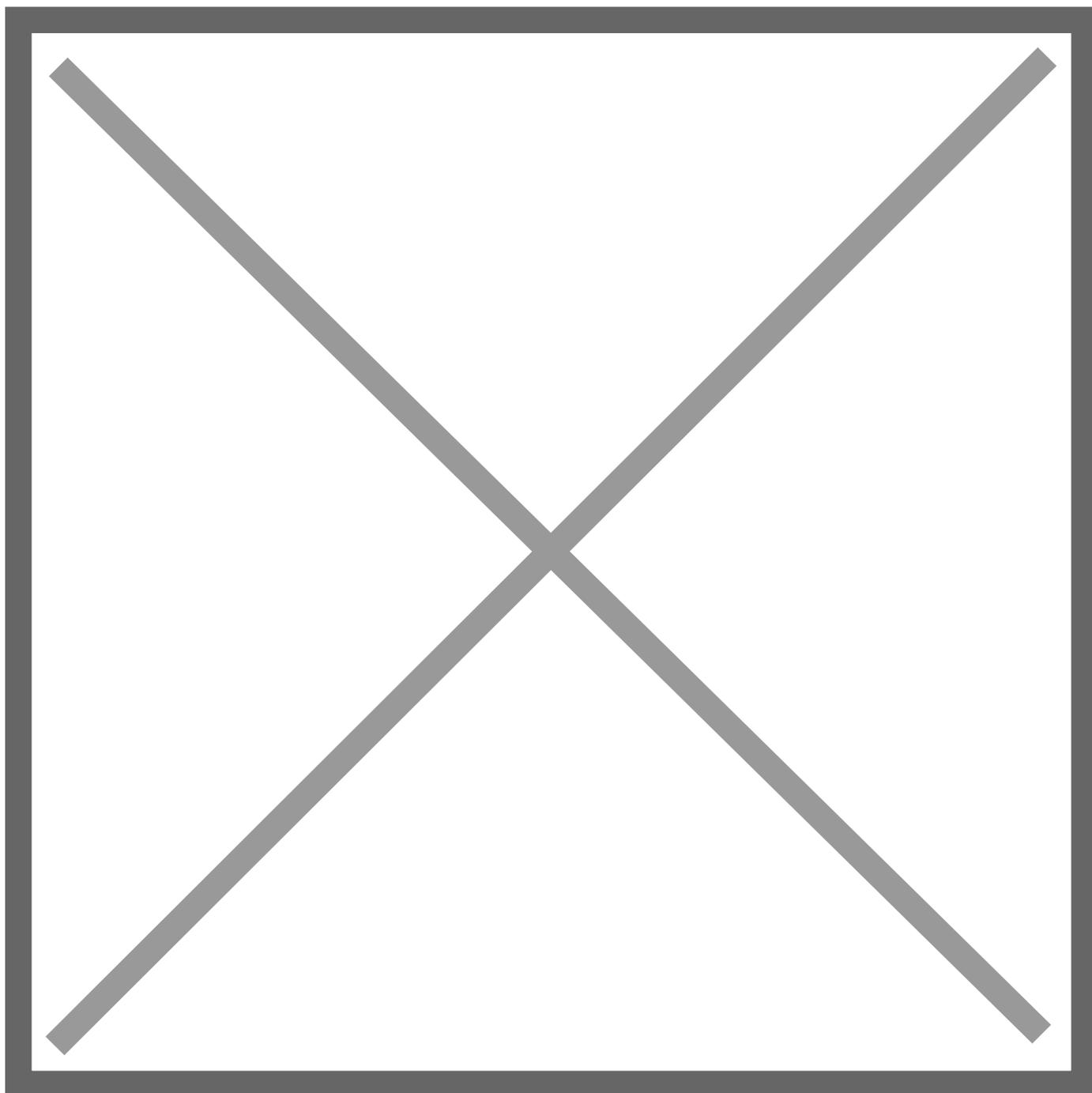
**Referências:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definições  
(disponível  
apenas em  
inglês):**

Number living with depression per 100,000 population (adults 20+ years)

## Homens, 2021



**Idade:** 20+

**Área abrangida:** Nacional

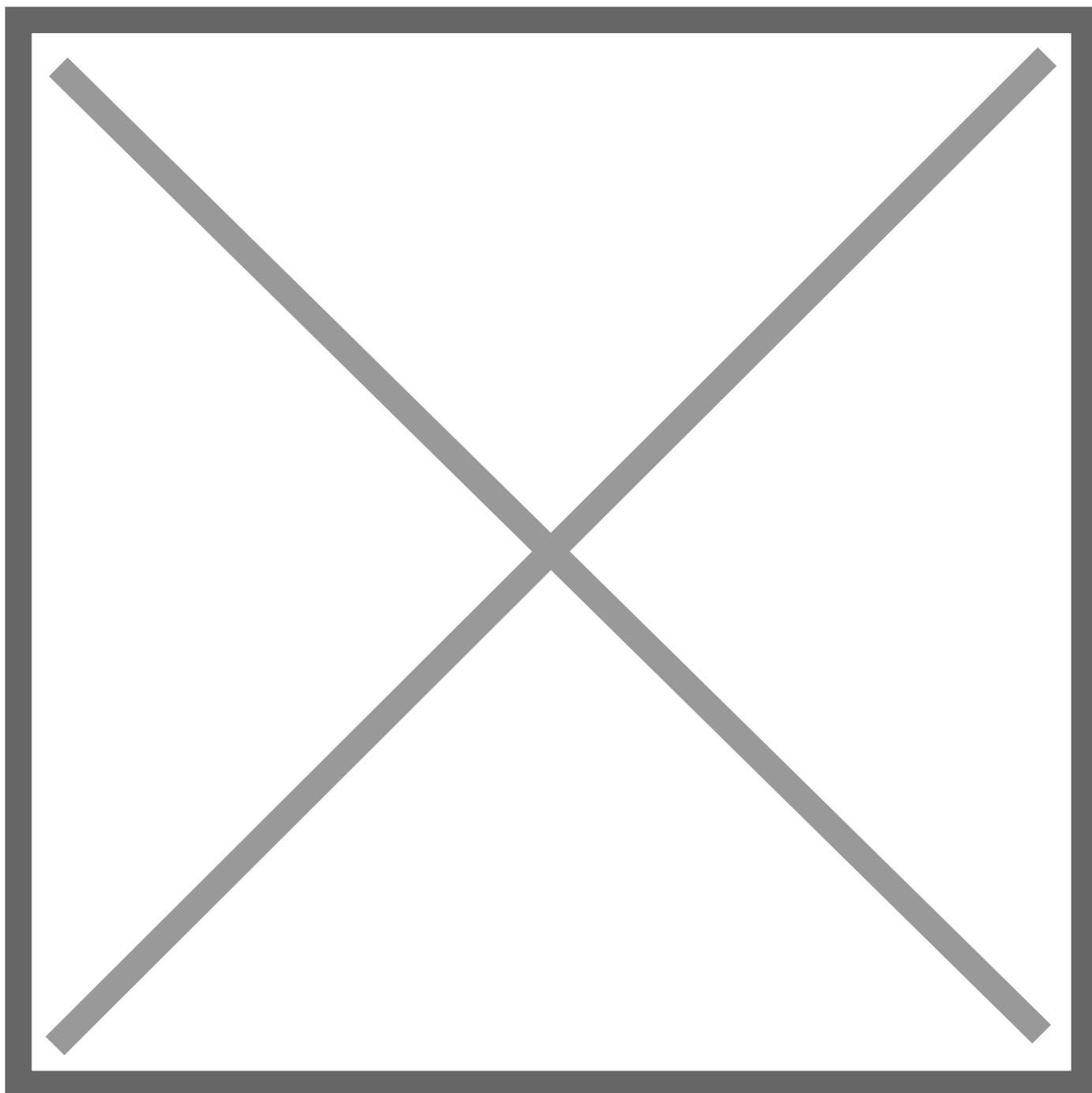
**Referências:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definições  
(disponível  
apenas em  
inglês):**

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Number living with depression per 100,000 population (adults 20+ years)

## Mulheres, 2021



**Idade:** 20+

**Área abrangida:** Nacional

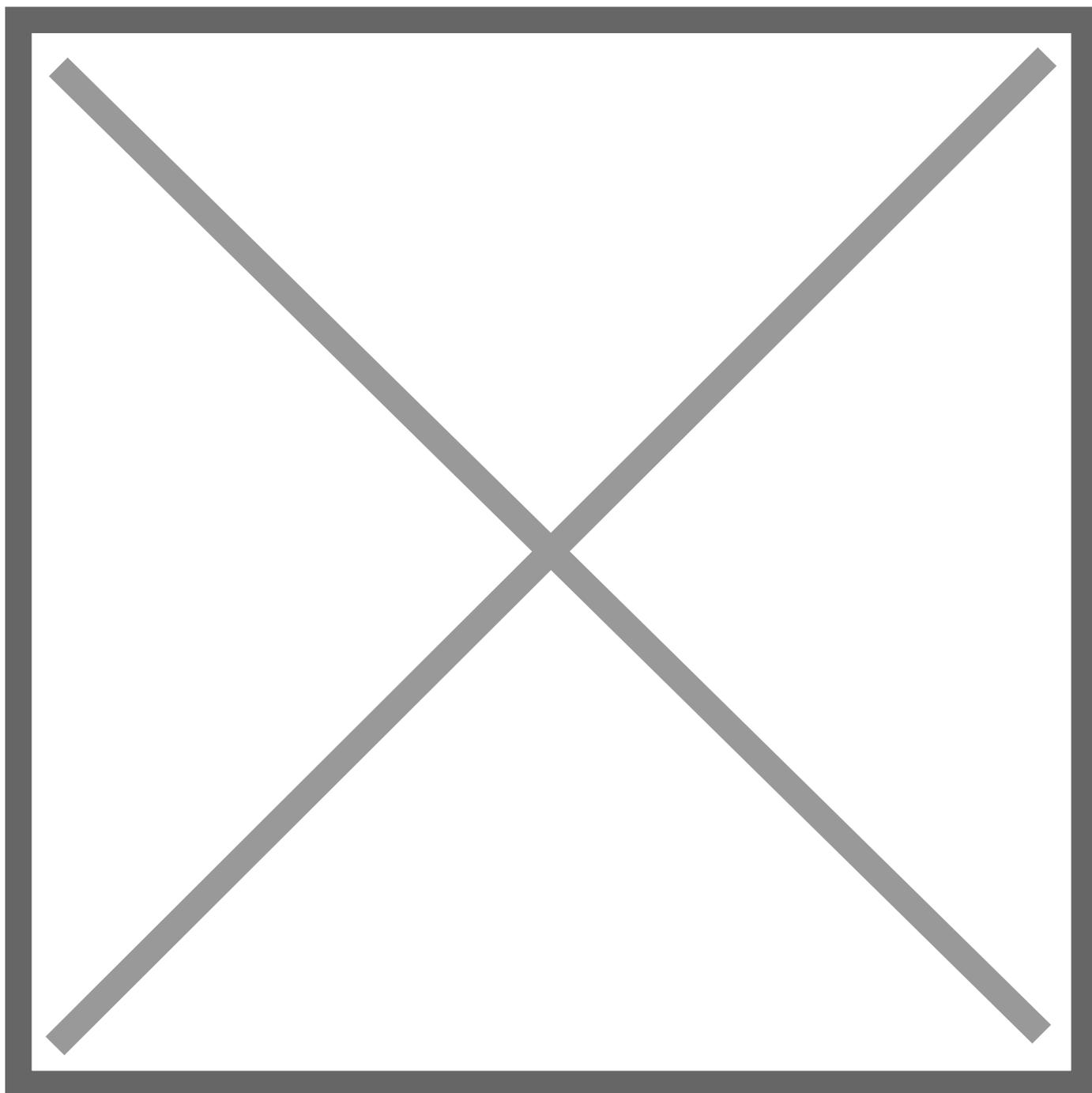
**Referências:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definições  
(disponível  
apenas em  
inglês):**

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Number living with depression per 100,000 population (adults 20+ years)

## Crianças, 2021



**Área abrangida:**

Nacional

**Referências:**

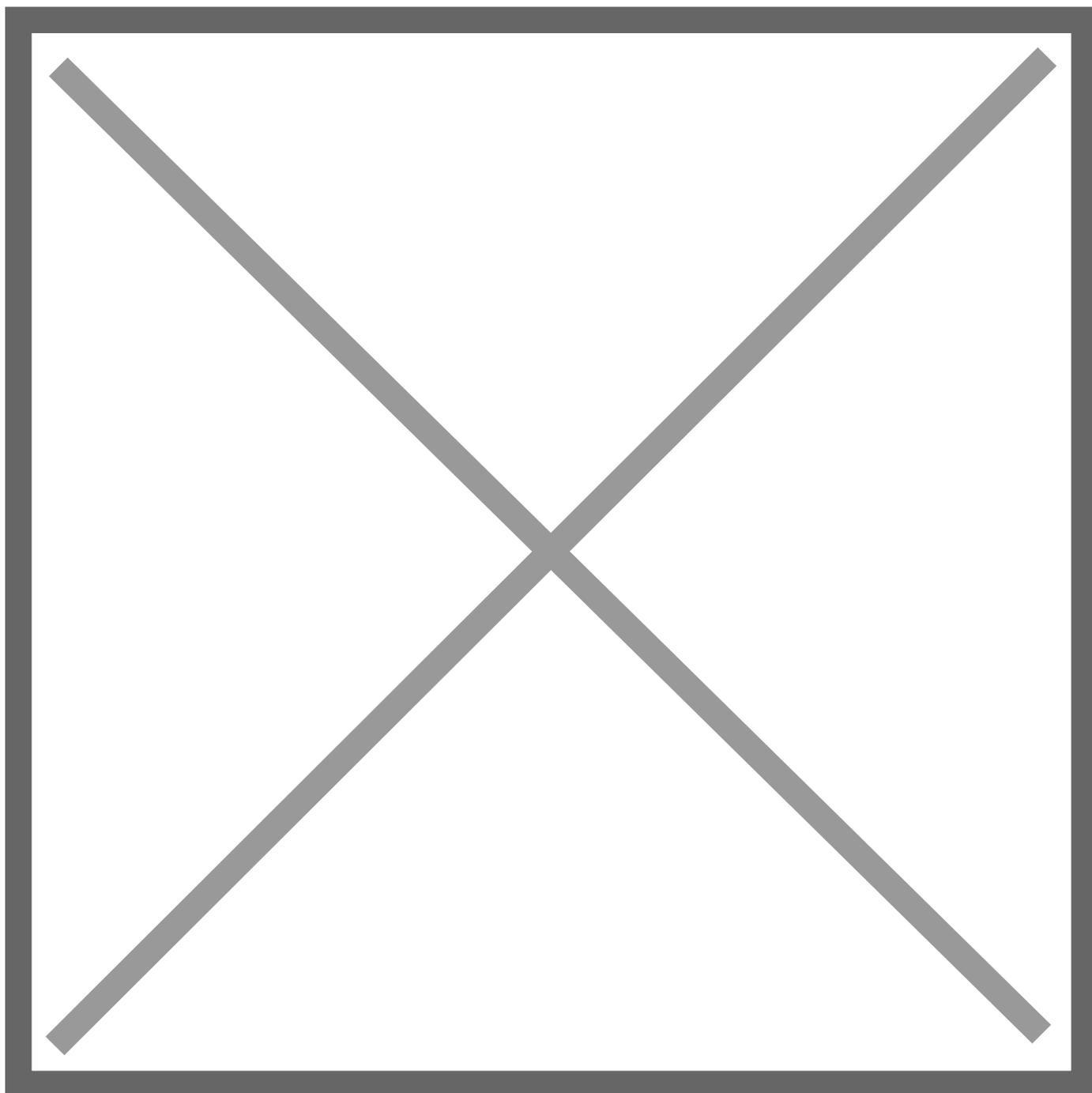
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definições  
(disponível  
apenas em  
inglês):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

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## Rapazes, 2021



**Área abrangida:**

Nacional

**Referências:**

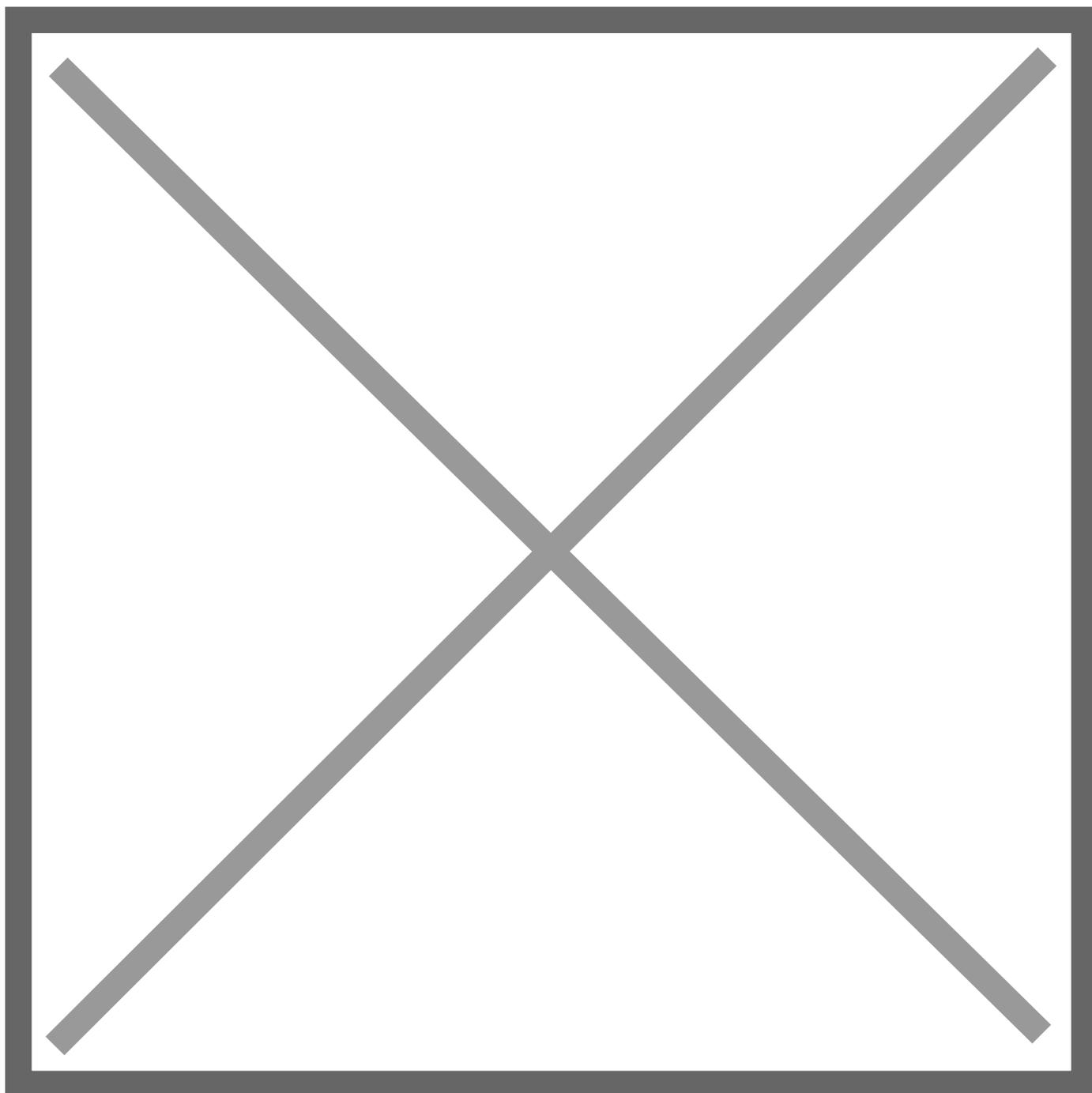
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definições  
(disponível  
apenas em  
inglês):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

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## Raparigas, 2021



**Área abrangida:**

Nacional

**Referências:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

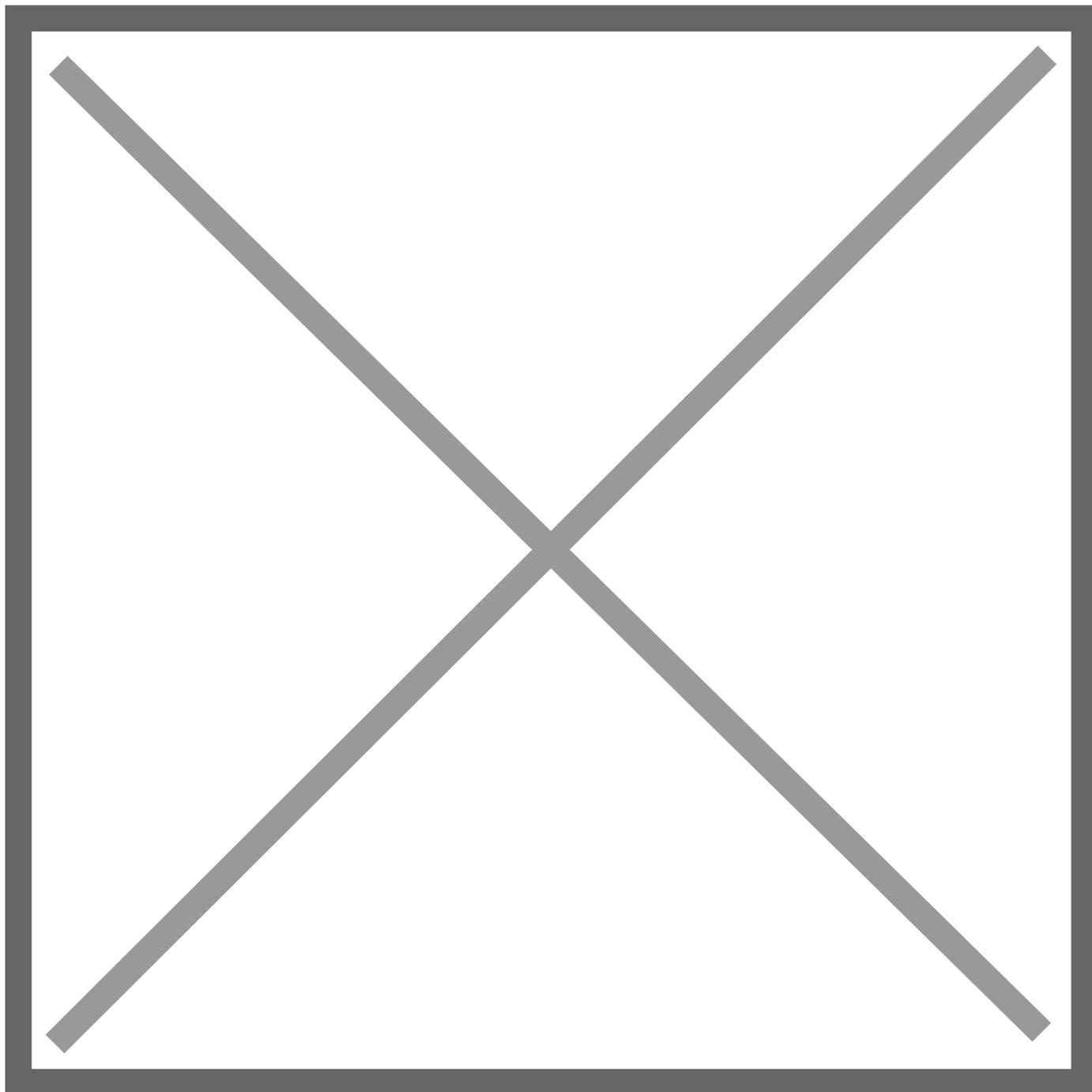
**Definições  
(disponível  
apenas em  
inglês):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

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## Saúde mental - transtornos de ansiedade

Adultos, 2021



**Idade:**

20+

**Referências:**

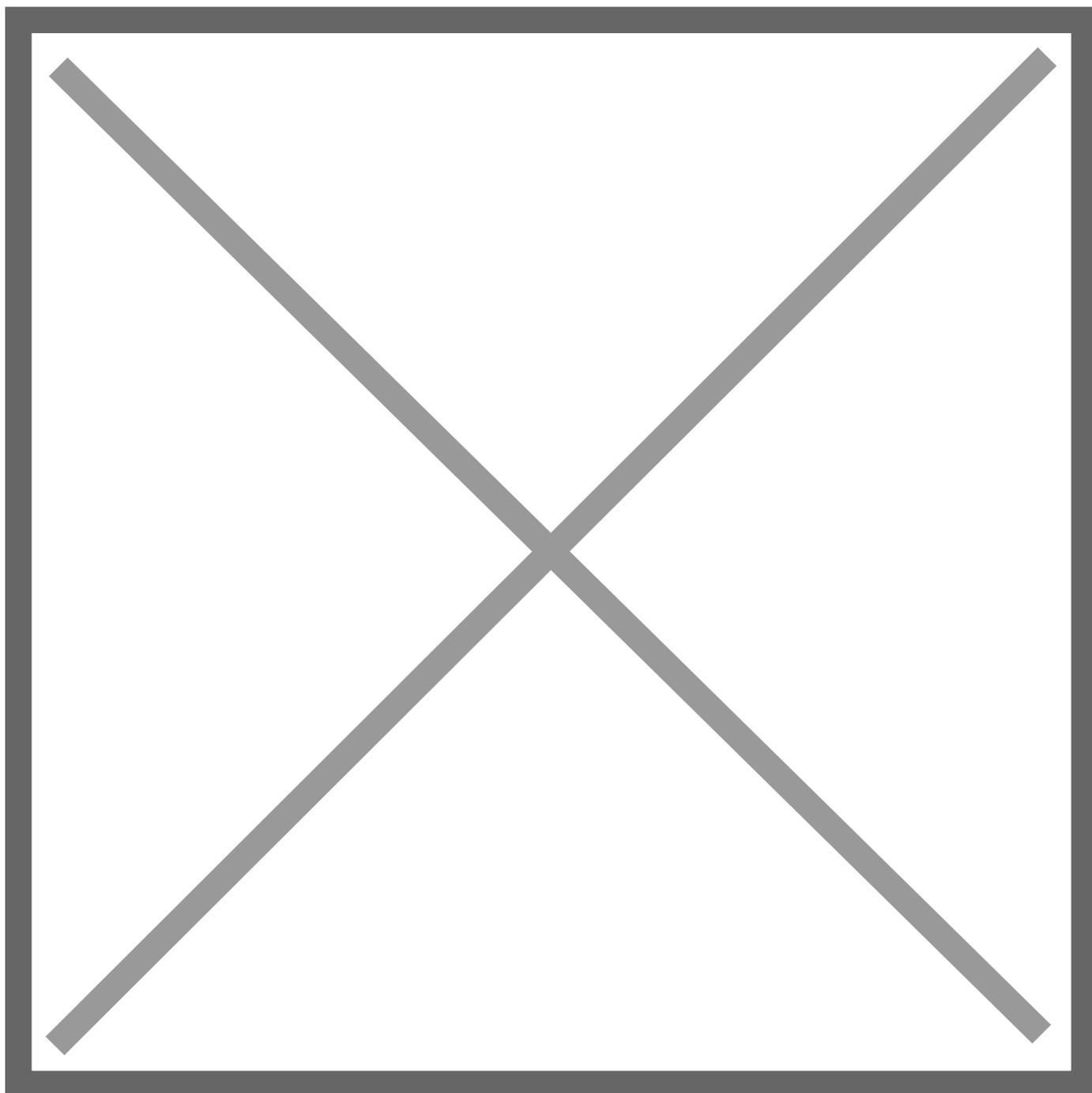
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

**Definições  
(disponível  
apenas em  
inglês):**

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Number living with anxiety per 100,000 population

## Homens, 2021



**Idade:**

20+

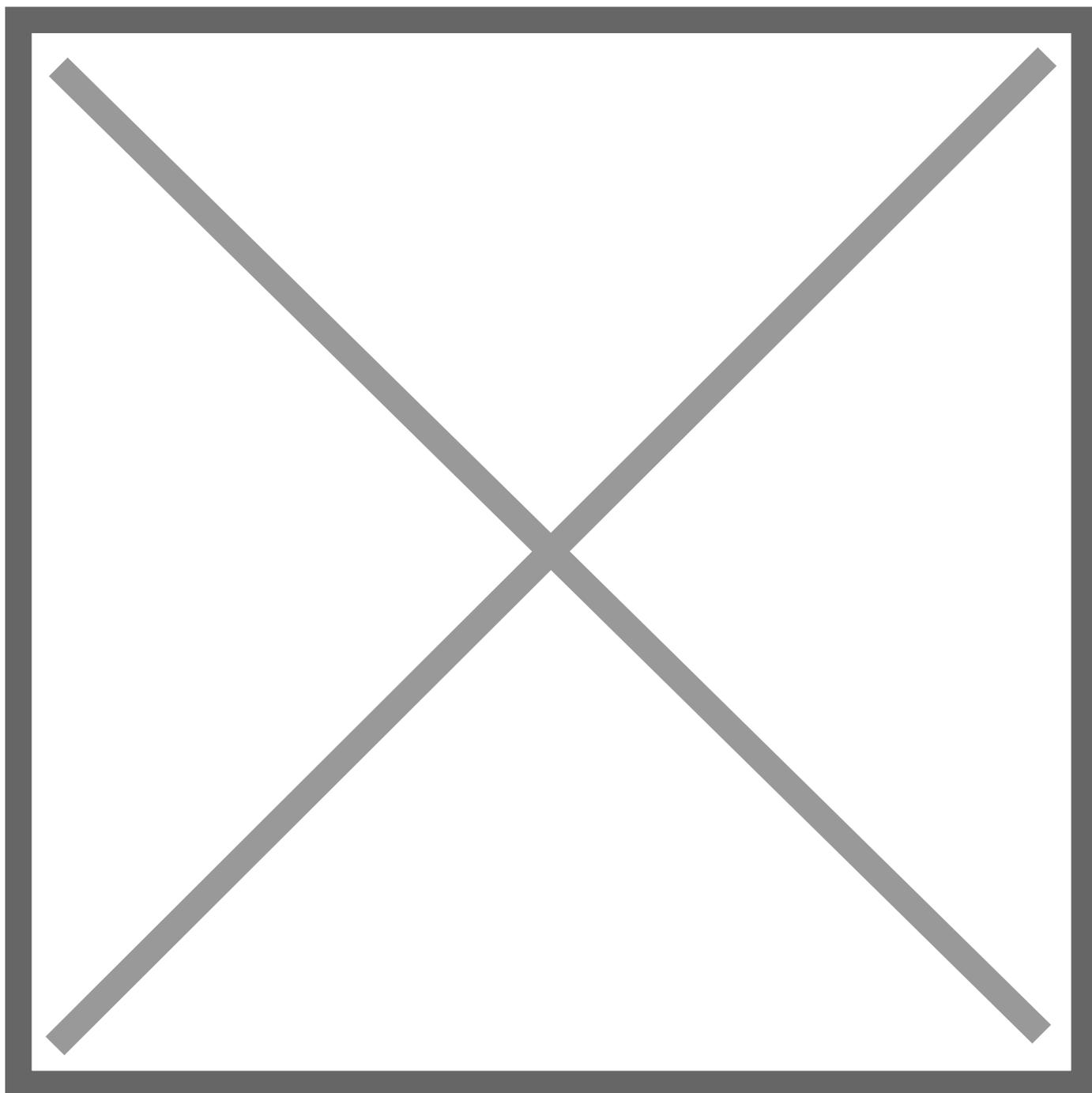
**Referências:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

**Definições  
(disponível  
apenas em  
inglês):**

Number living with anxiety per 100,000 population

## Mulheres, 2021

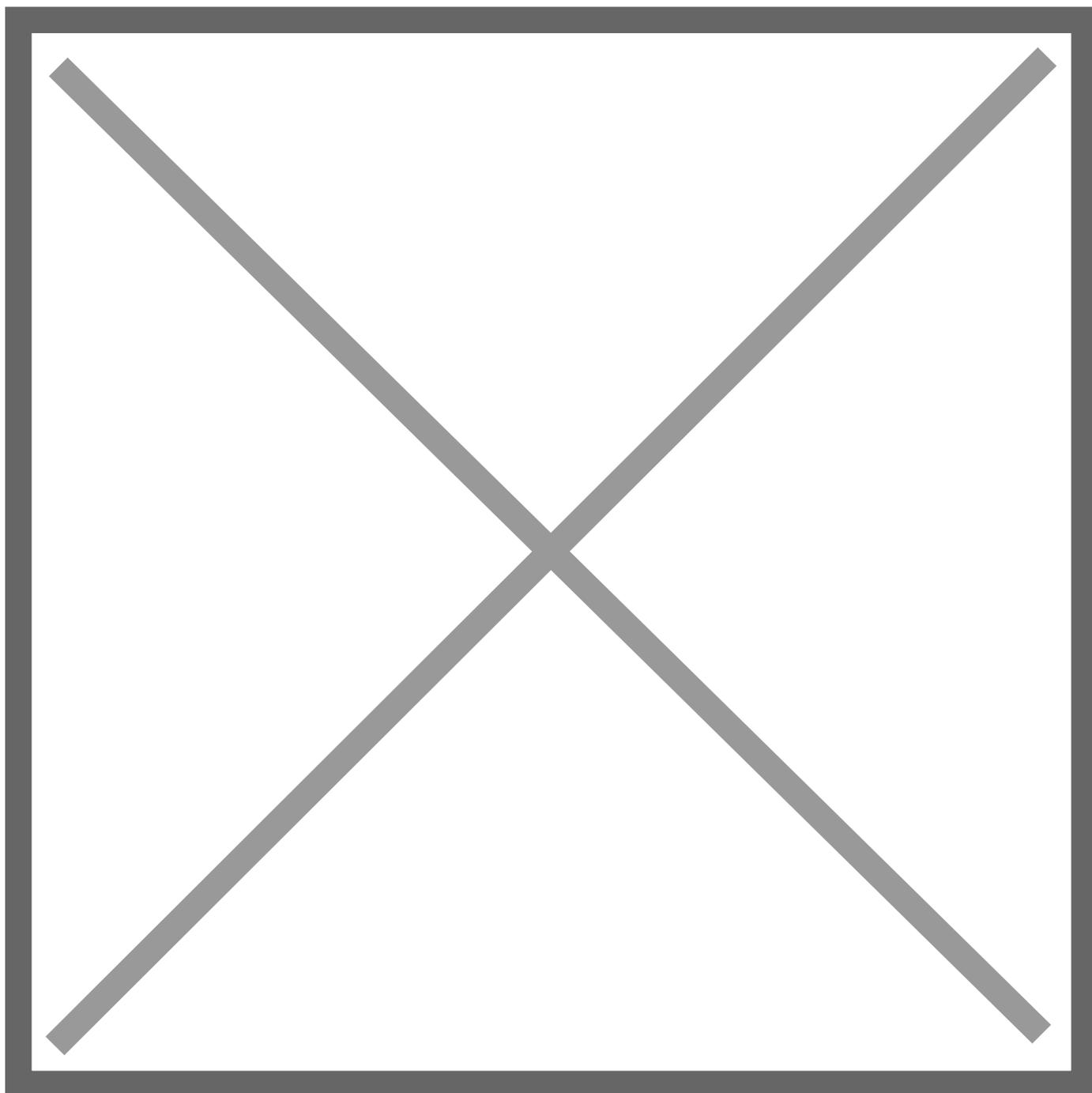


**Idade:** 20+

**Referências:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

**Definições (disponível apenas em inglês):** Number living with anxiety per 100,000 population

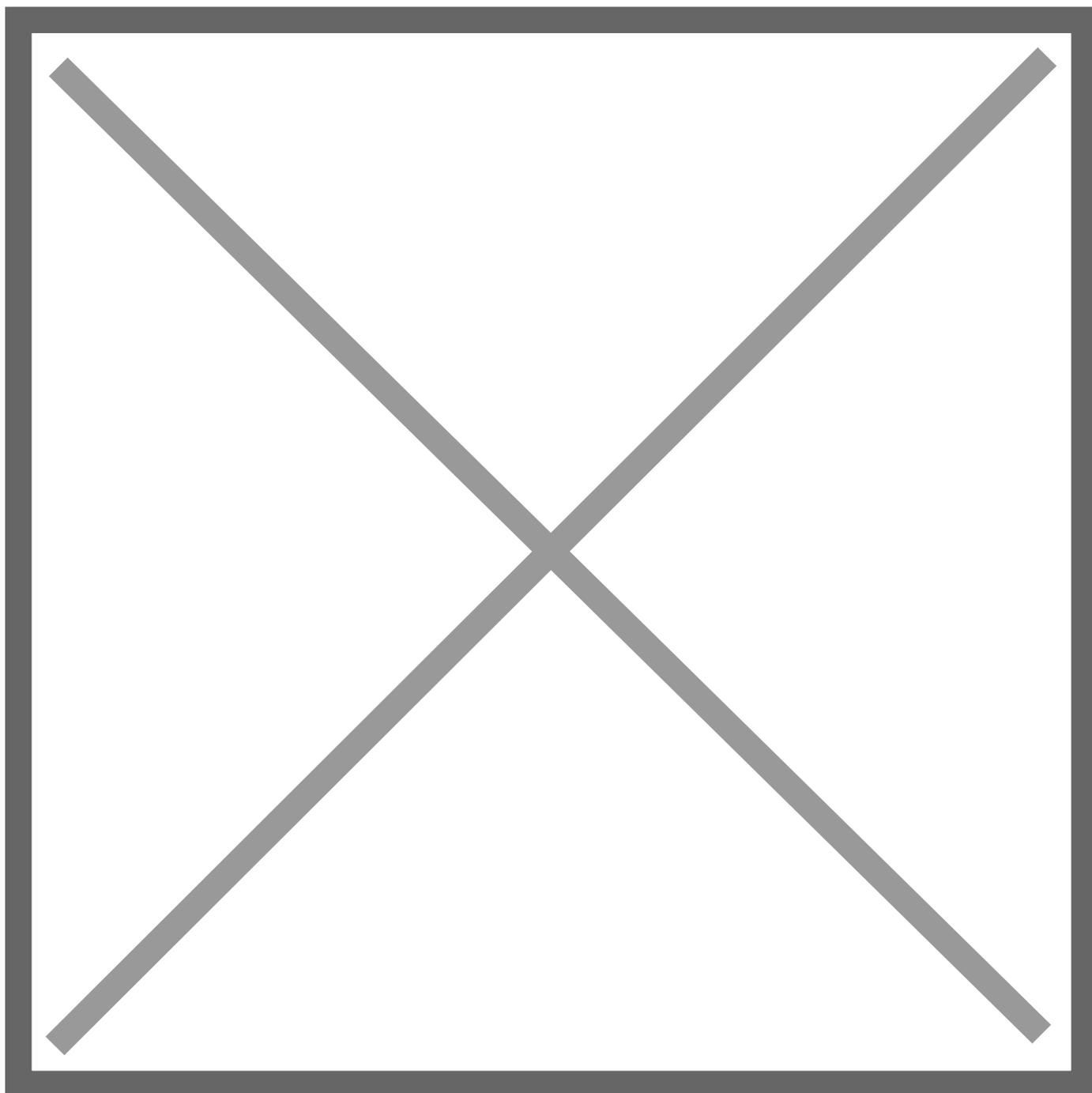
## Crianças, 2021



**Referências:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

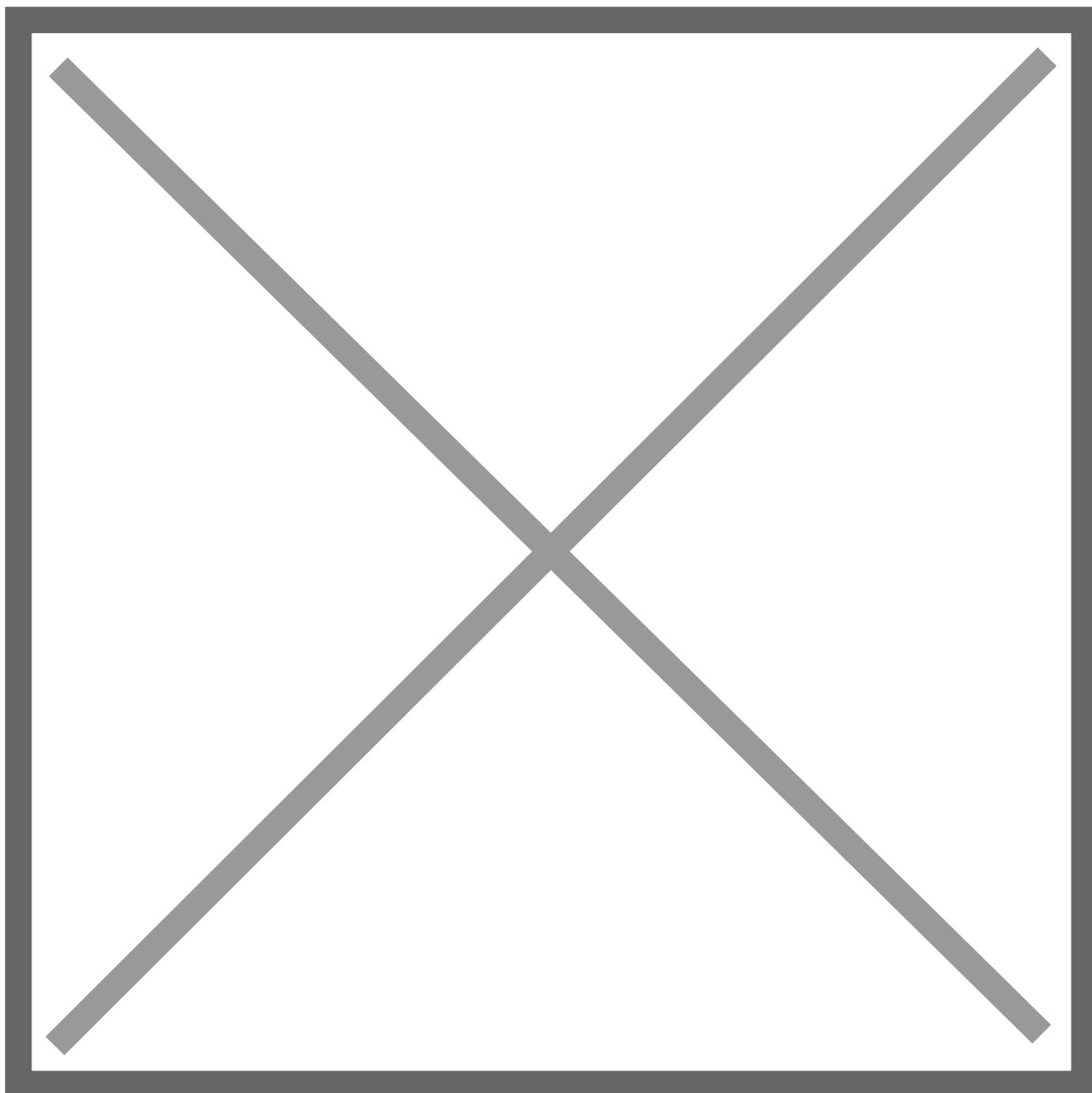
## Rapazes, 2021



**Referências:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

## Raparigas, 2021

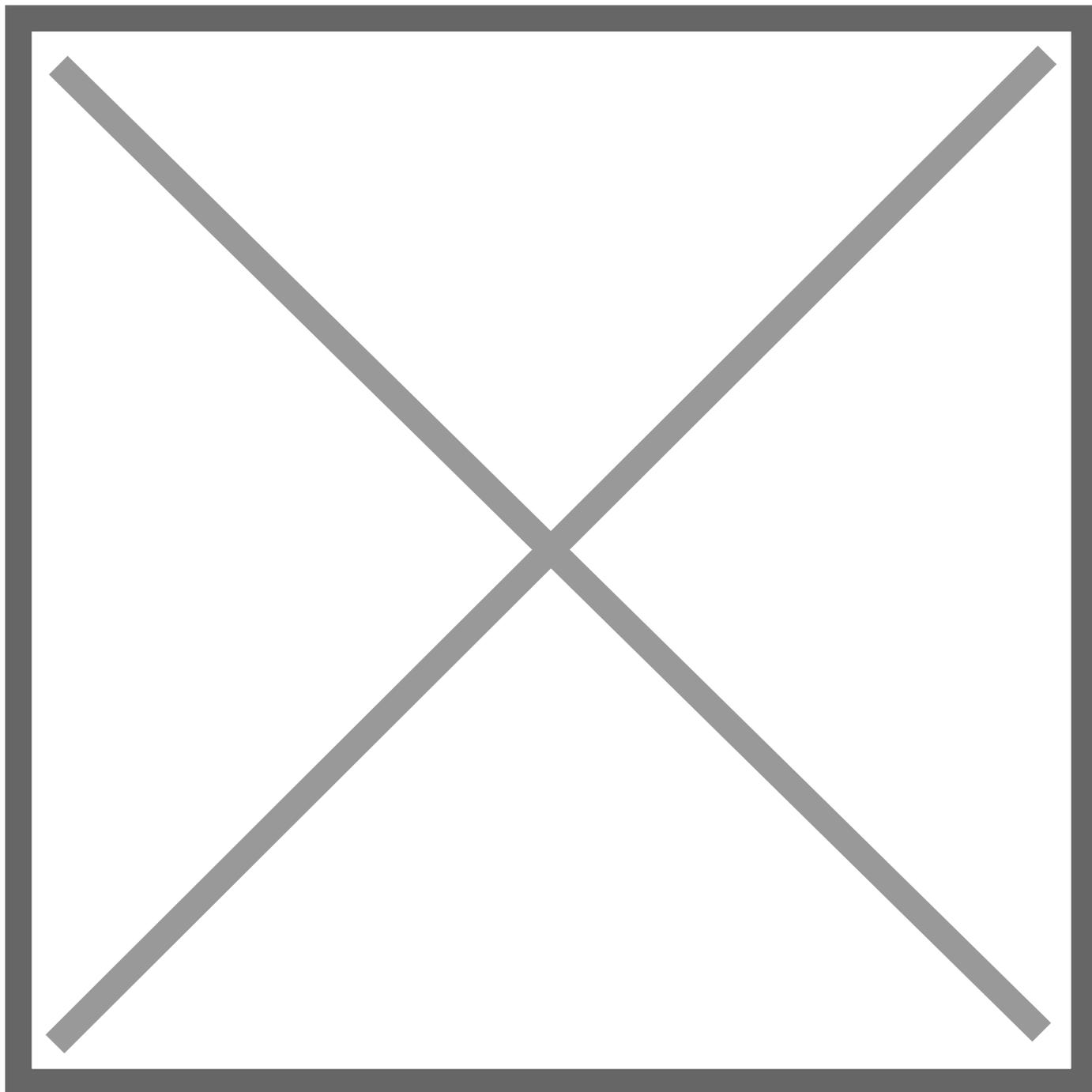


**Referências:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

## Percent of population who cannot afford a healthy diet

Adultos, 2022



**Área abrangida:**

Nacional

**Referências:**

The Food Systems Dashboard. The Global Alliance for Improved Nutrition (GAIN), The Columbia Climate School, and Cornell University College of Agriculture and Life Sciences. 2024. Geneva, Switzerland. <https://www.foodsystemsdashboard.org>. DOI: <https://doi.org/10.36072/db>.

