

Slovakia



Country report card - adults

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <u>https://data.worldobesity.org/country/slovakia-</u>193/.



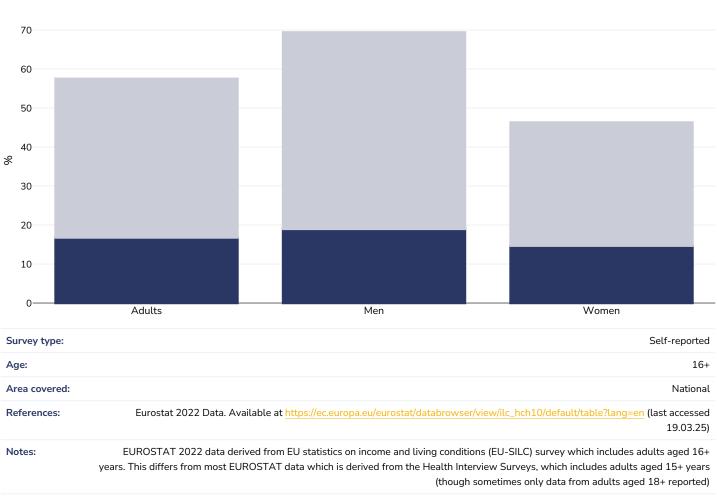
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Obesity prevalence

Adults, 2022

Obesity Overweight

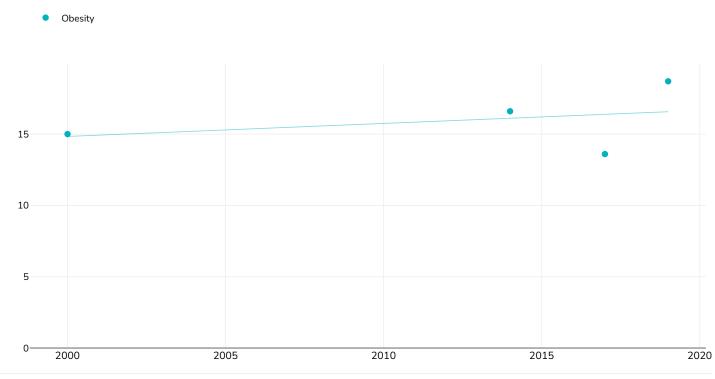




Trend slovakia adult obesity 2000 2019



Survey type: References:



Self-reported

2000: Eurostat Yearbook 2006/07. A goldmine of statistical information. Available at

https://ec.europa.eu/eurostat/documents/2995521/5059290/1-20022007-BP-EN.PDF.pdf/edab8c31-b9f3-4c8e-b4db-

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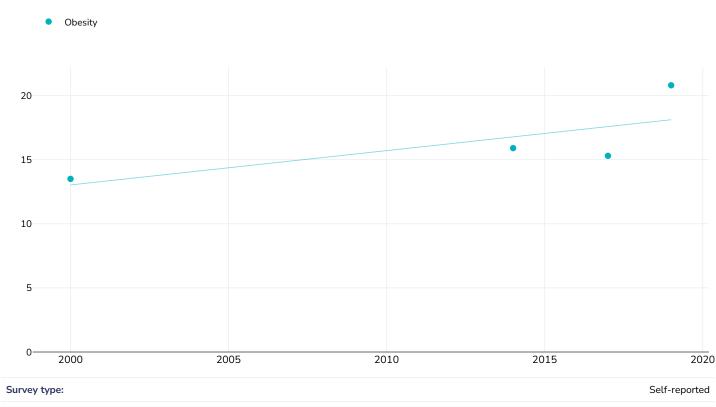
2014: 2014 Eurostat Database:<u>http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en</u> (last accessed 25.08.20)

2017: EUROSTAT Database http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=ilc_hch10&lang=en (last accessed 25.08.20) 2019: Statistical Office of the Slovak Republic. Preliminary Results of EHIS Wave 3 (2019). Available at: http://datacube.statistics.sk/# !/view/en/VBD_SK_WIN2/zd1815rs/v_zd1815rs_00_00_en. Last accessed: 10.06.21.



Men

References:



2000: Eurostat Yearbook 2006/07. A goldmine of statistical information. Available at

4137bd045efa?t=1414683510000 (last accessed 04.11.21)

2014: 2014 Eurostat Database: http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed

25.08.20)

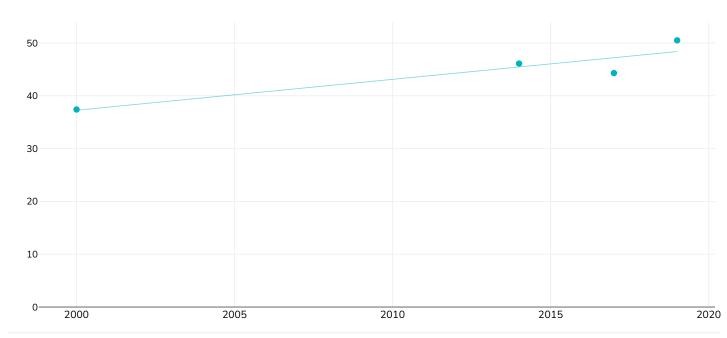


Trend slovakia adult overweight obesity 2000 2019

Women

Survey type: References:

Overweight or obesity



Self-reported

2000: Eurostat Yearbook 2006/07. A goldmine of statistical information. Available at

https://ec.europa.eu/eurostat/documents/2995521/5059290/1-20022007-BP-EN.PDF.pdf/edab8c31-b9f3-4c8e-b4db-

4137bd045efa?t=1414683510000 (last accessed 04.11.21)

2014: 2014 Eurostat Database: http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 25.08.20)

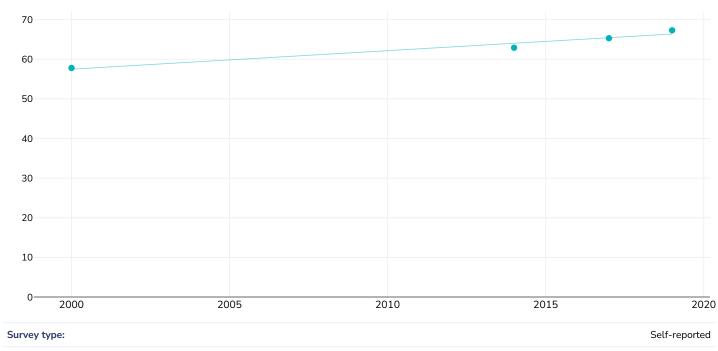
2017: EUROSTAT Database http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=ilc_hch10&lang=en (last accessed 25.08.20) 2019: Statistical Office of the Slovak Republic. Preliminary Results of EHIS Wave 3 (2019). Available at: http://datacube.statistics.sk/# !/view/en/VBD_SK_WIN2/zd1815rs/v_zd1815rs_00_00_en. Last accessed: 10.06.21.



Men

References:

Overweight or obesity



2000: Eurostat Yearbook 2006/07. A goldmine of statistical information. Available at

4137bd045efa?t=1414683510000 (last accessed 04.11.21)

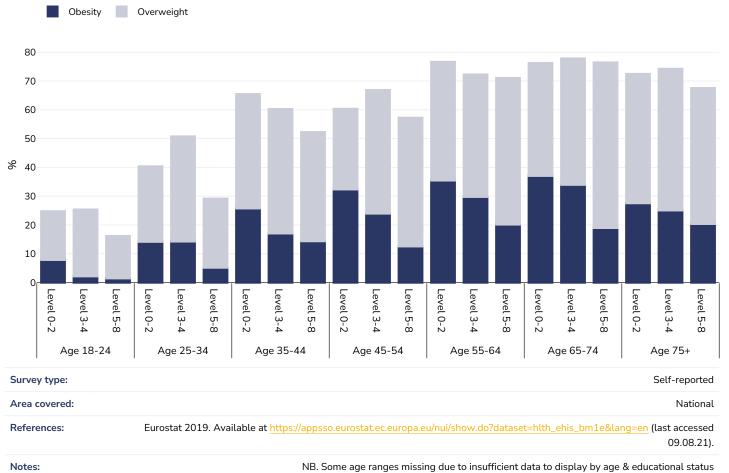
2014: 2014 Eurostat Database: http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed

25.08.20)



Overweight/obesity by age and education

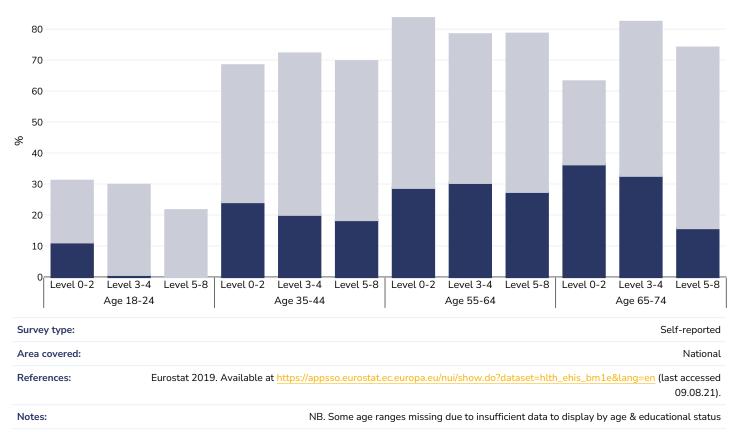
Adults, 2019





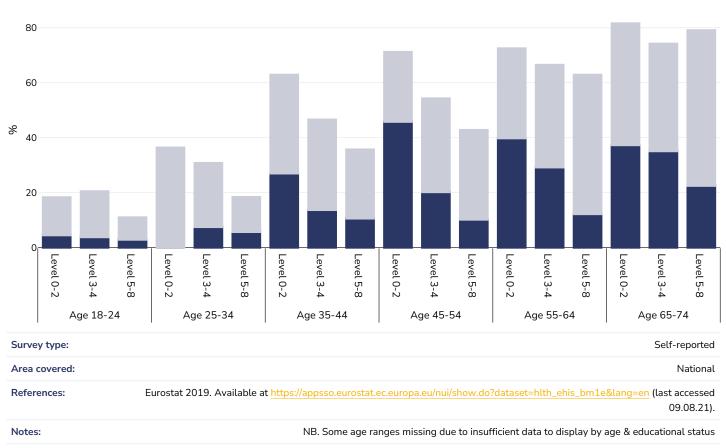
Men, 2019

Obesity Overweight







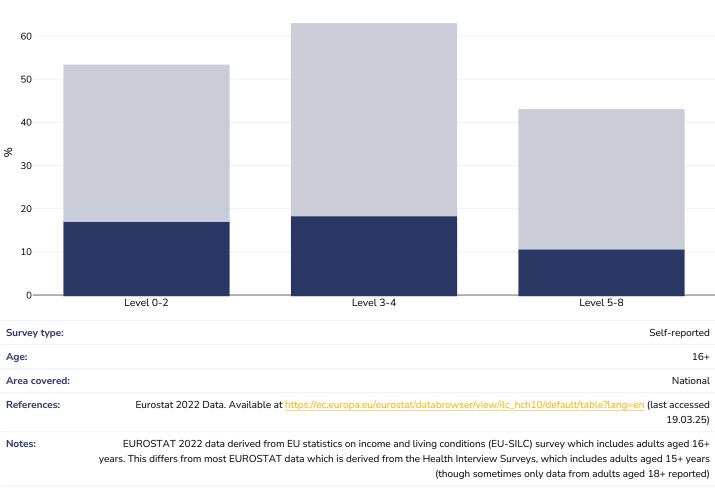




Overweight/obesity by education

Adults, 2022

Obesity Overweight

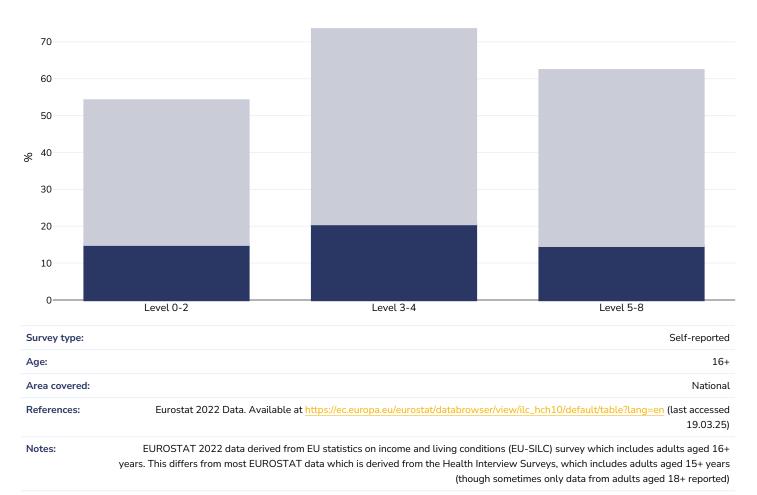






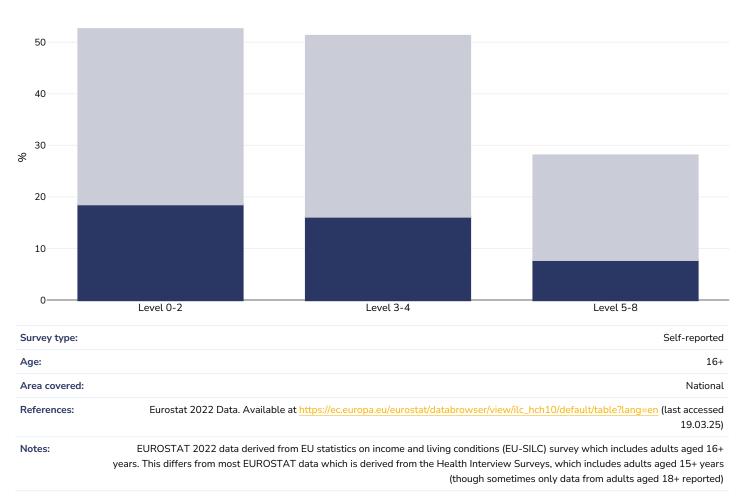
Men, 2022

Obesity Overweight





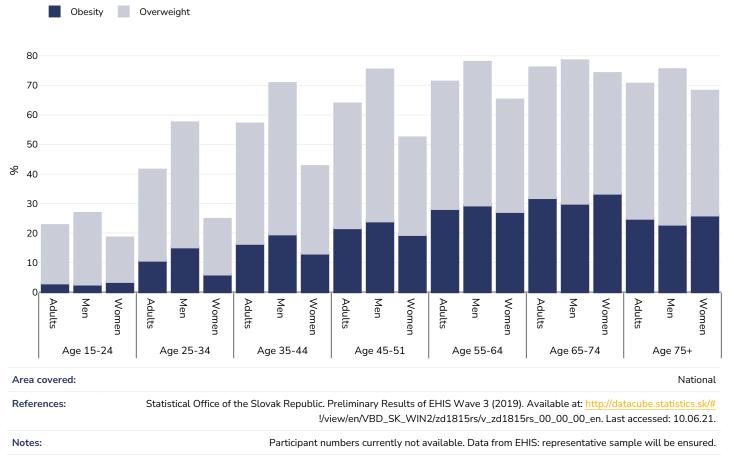






Overweight/obesity by age

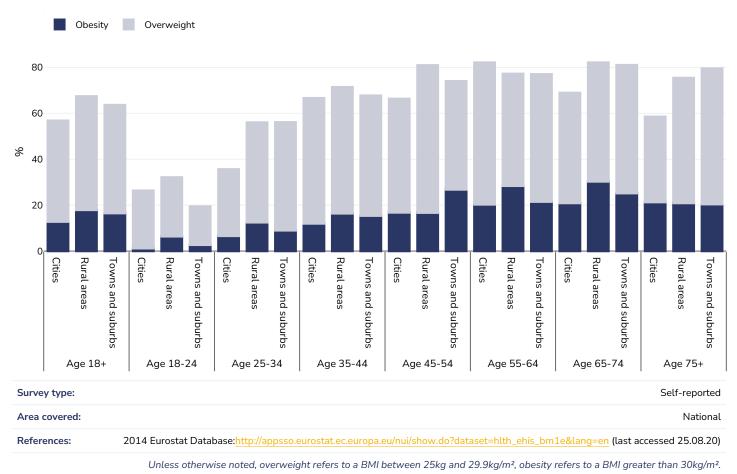
Adults, 2019





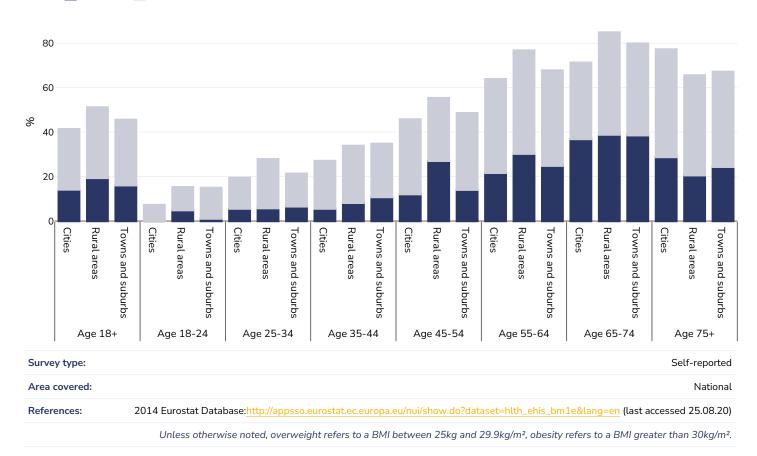
Overweight/obesity by age and region

Men, 2014





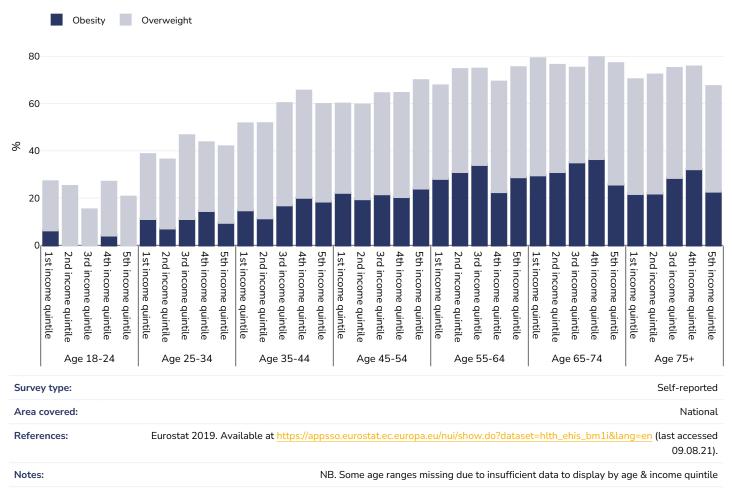
Obesity Overweight





Overweight/obesity by age and socio-economic group

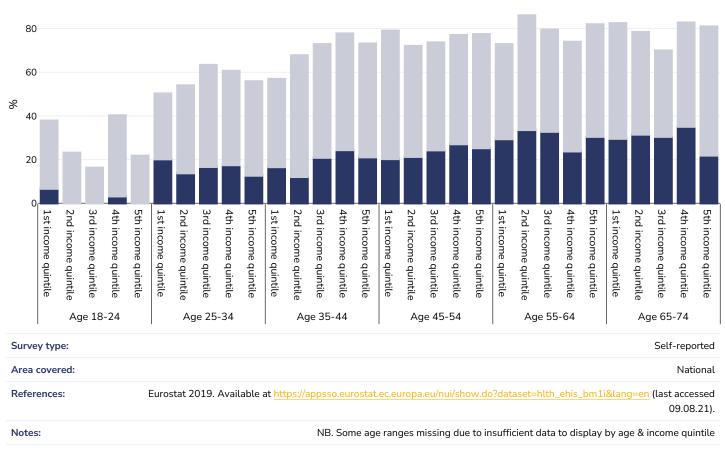
Adults, 2019



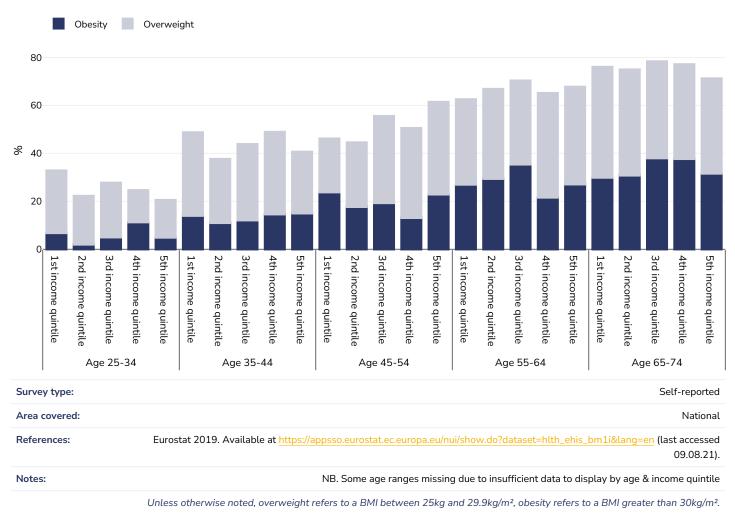


Men, 2019

Obesity Overweight





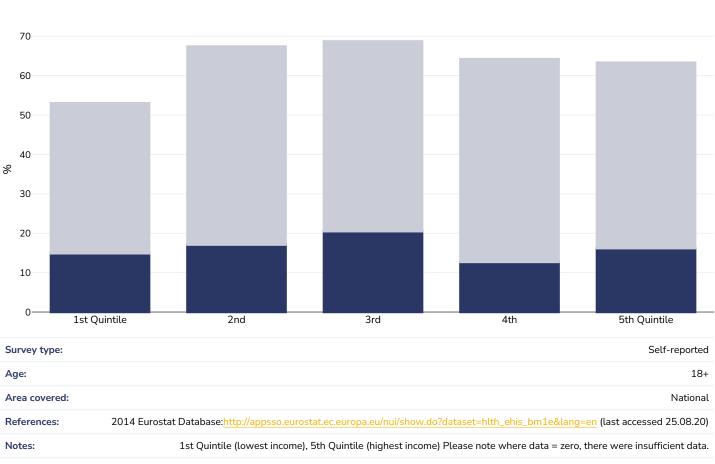




Overweight/obesity by socio-economic group

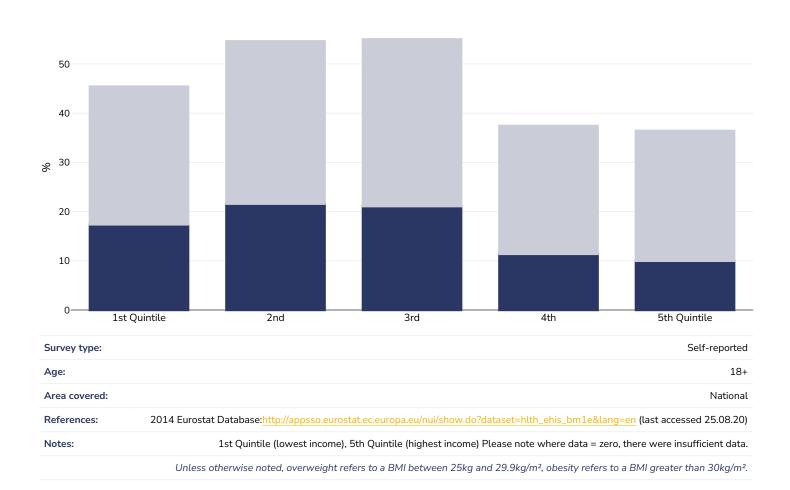
Men, 2014

Obesity Overweight











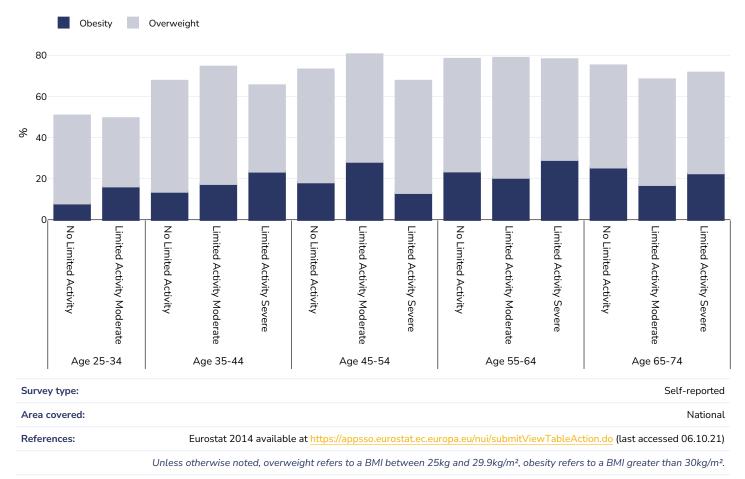
Overweight/obesity by age and limited activity

Adults, 2014

Obesity Overweight 60 \$ 40 20 0 No Limited Activity Limited Activity Moderate Limited Activity Severe No Limited Activity Limited Activity Moderate Limited Activity Severe No Limited Activity Limited Activity Moderate Limited Activity Severe No Limited Activity Limited Activity Moderate Limited Activity Severe No Limited Activity Limited Activity Moderate Limited Activity Severe Age 25-34 Age 45-54 Age 35-44 Age 55-64 Age 65-74 Survey type: Self-reported Area covered: National **References:** Eurostat 2014 available at https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do (last accessed 06.10.21)

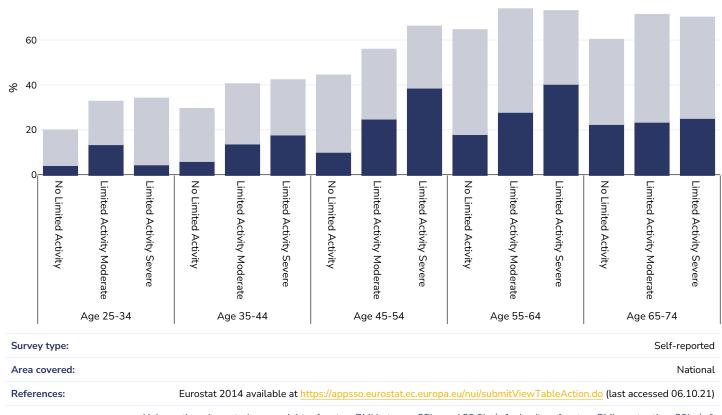


Men, 2014



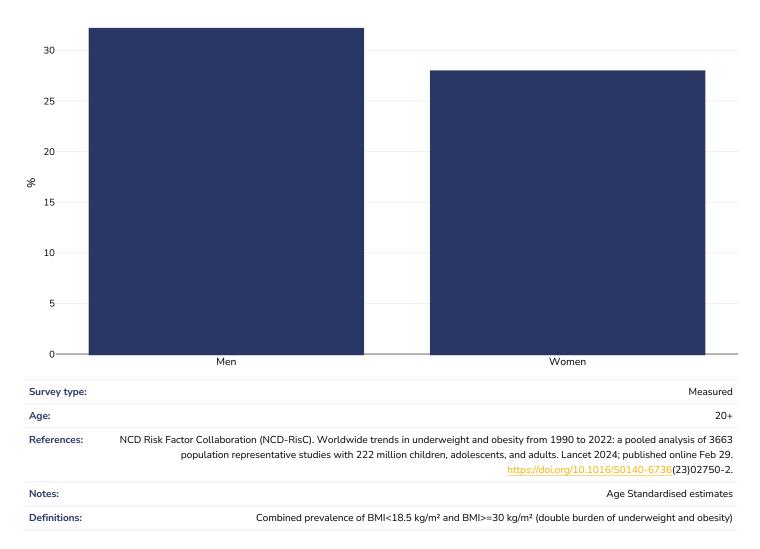


Obesity Overweight



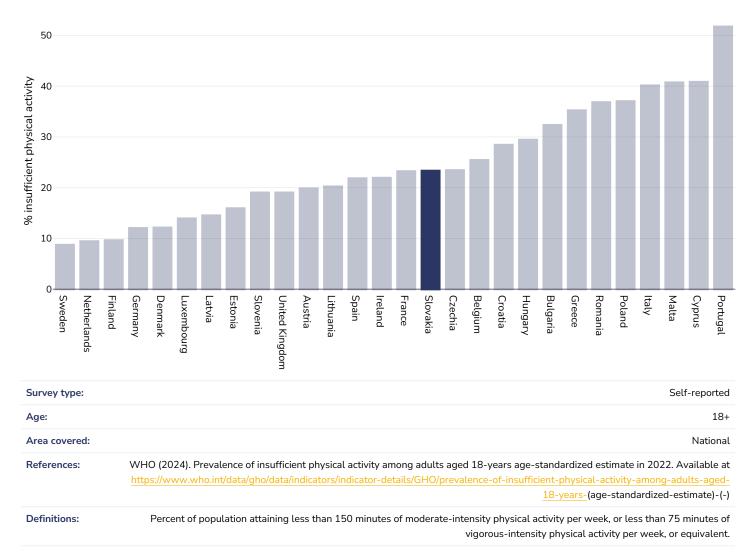


Double burden of underweight & overweight

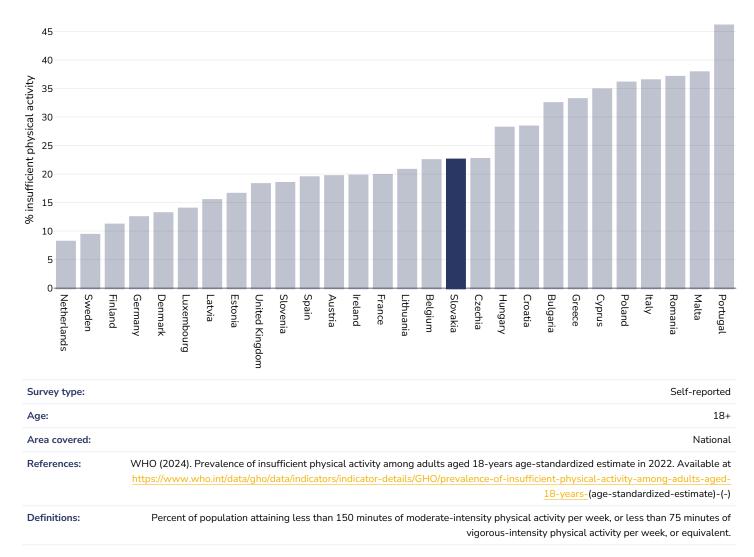




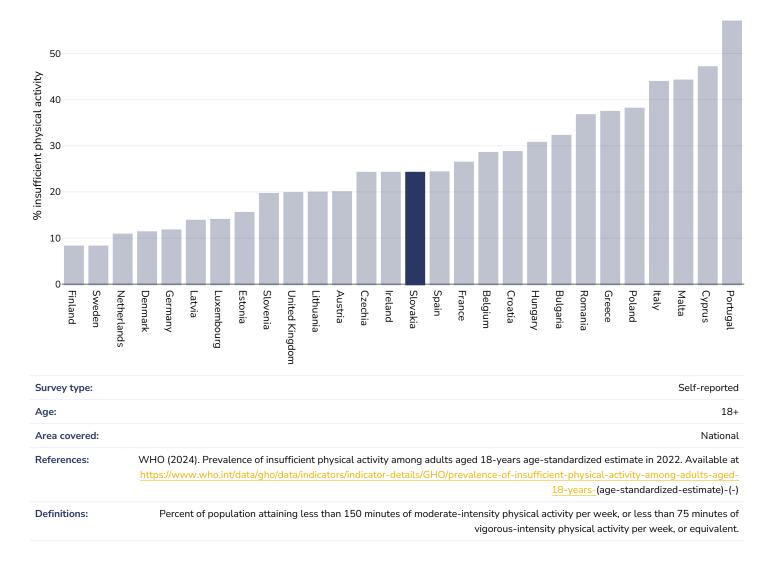
Insufficient physical activity



Men, 2022

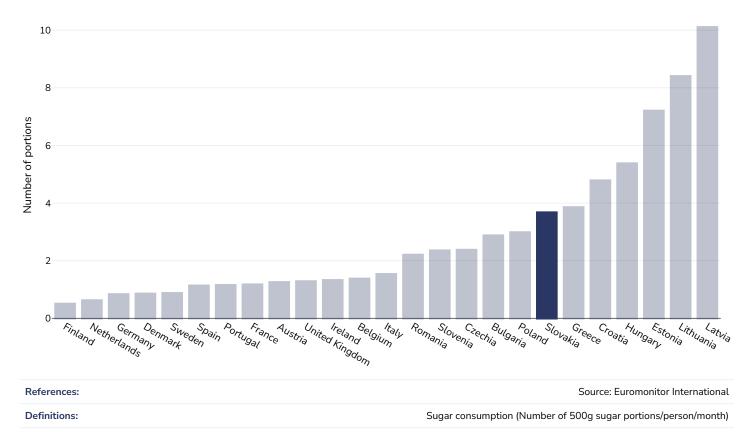








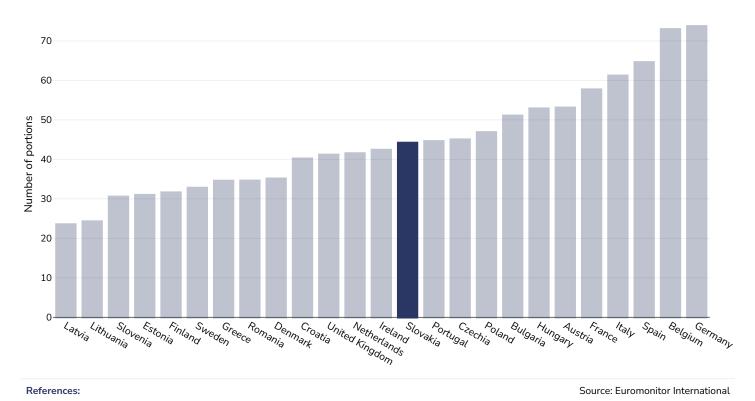
Sugar consumption





Estimated per capita sugar sweetened beverages intake

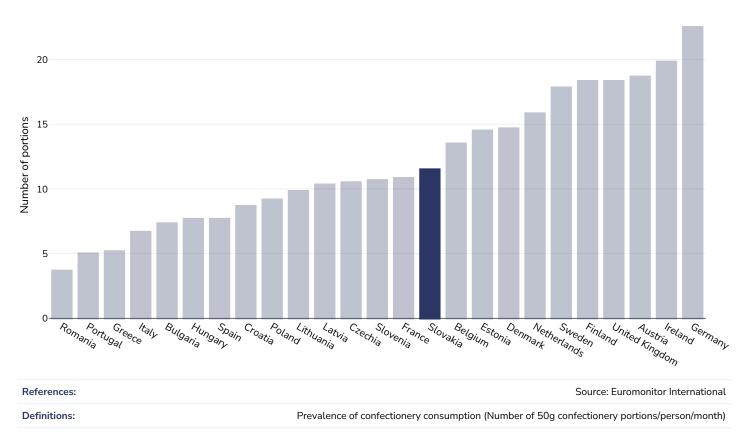
Adults, 2016



30

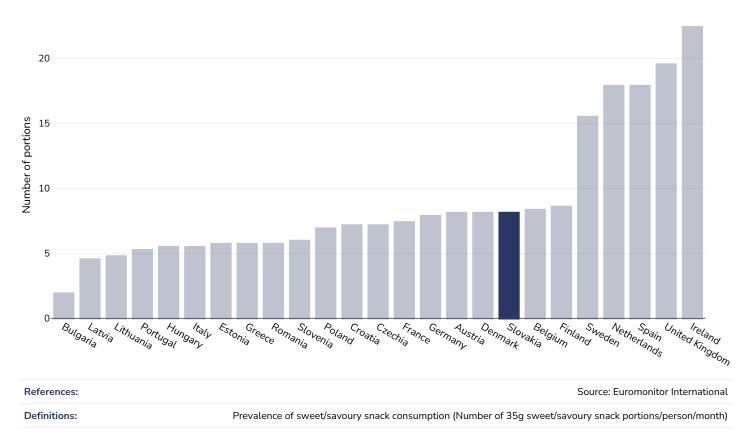


Prevalence of confectionery consumption



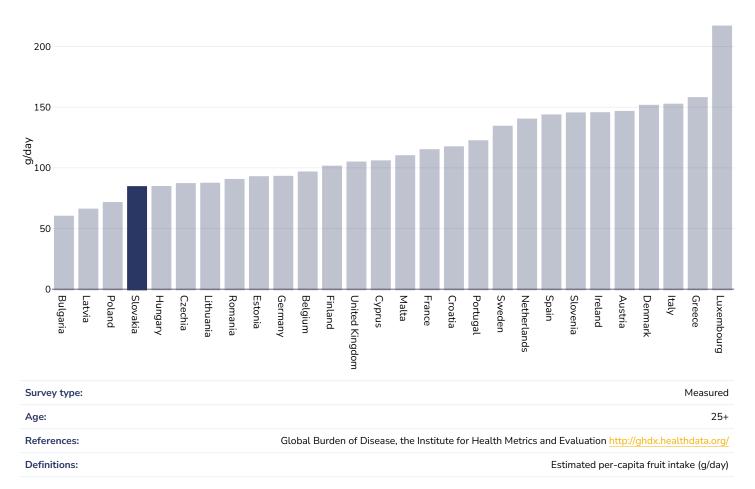


Prevalence of sweet/savoury snack consumption



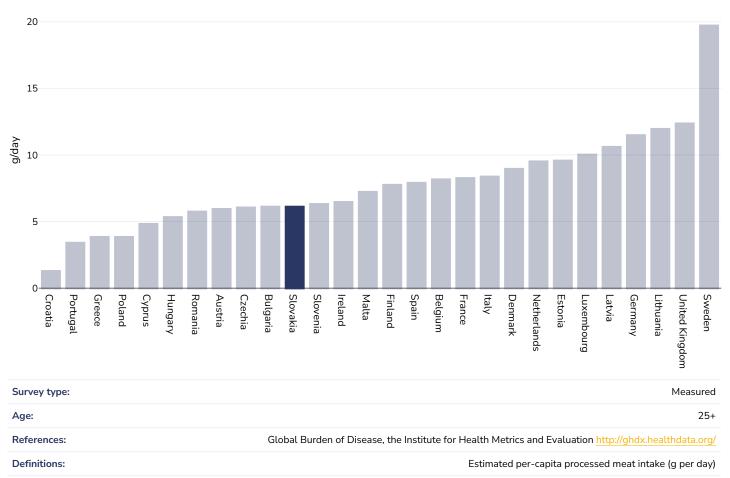


Estimated per capita fruit intake



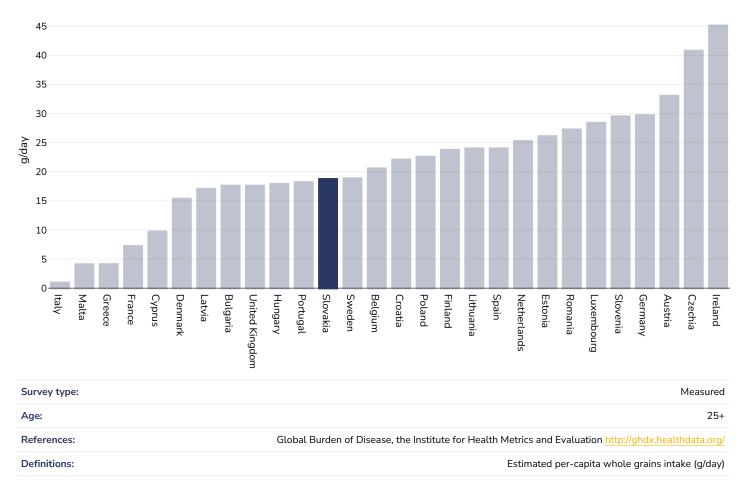


Estimated per-capita processed meat intake



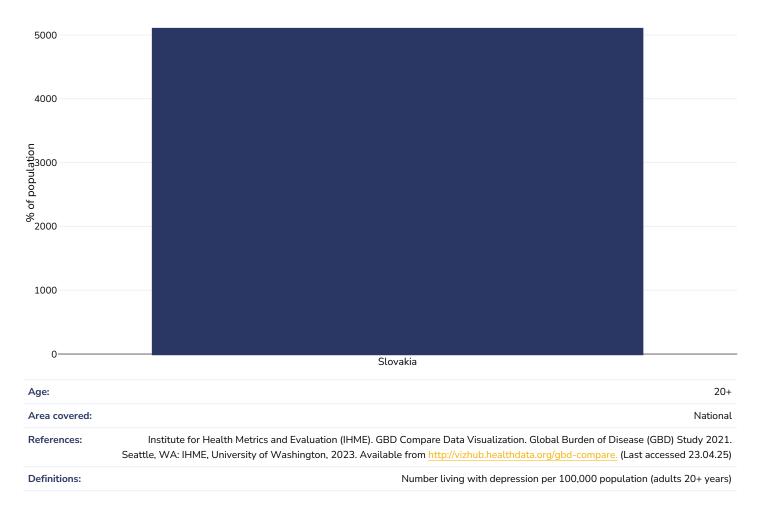


Estimated per capita whole grains intake





Mental health - depression disorders





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51500		
%		
1000		
500		
0		
0	Slovakia	
Age:		20+
Area covered:	Ν	ational
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study	, 2021.
	Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.	04.25)
Definitions:	Number living with depression per 100,000 population (adults 20+	years)

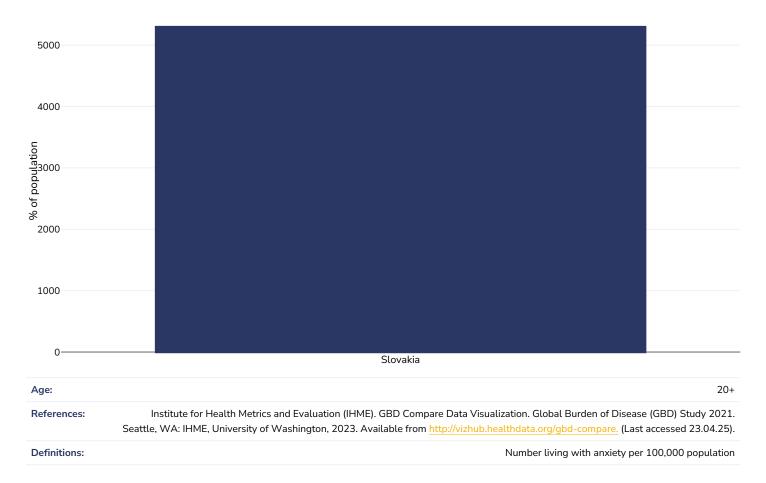


7000					
6000					
5000					
tion					
% of population					
×3000					
2000					
1000					
0	Slovakia				
Age:	20+				
Area covered:	National				
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <u>http://vizhub.healthdata.org/gbd-compare.</u> (Last accessed 23.04.25)				
Definitions:	Number living with depression per 100,000 population (adults 20+ years)				

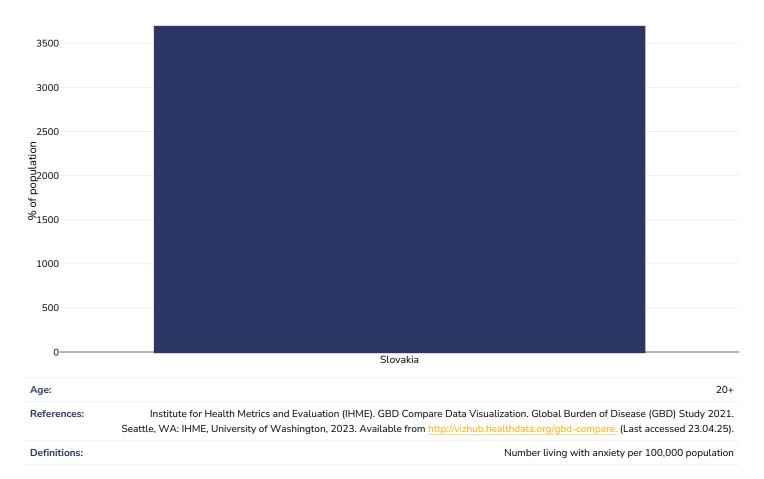


Mental health - anxiety disorders

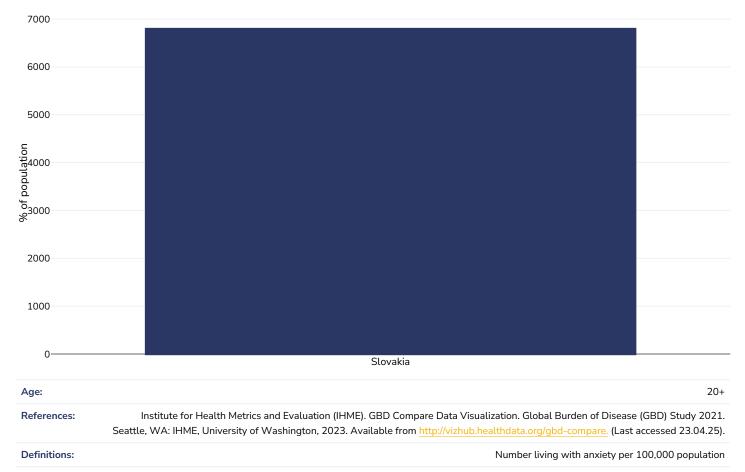
Adults, 2021





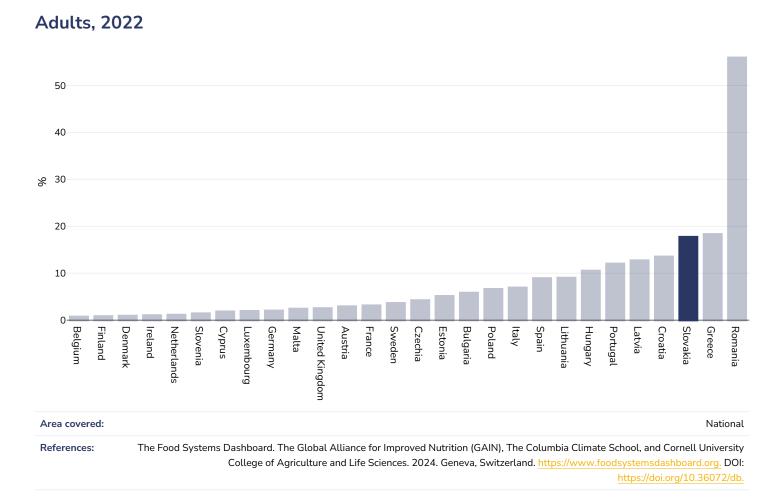






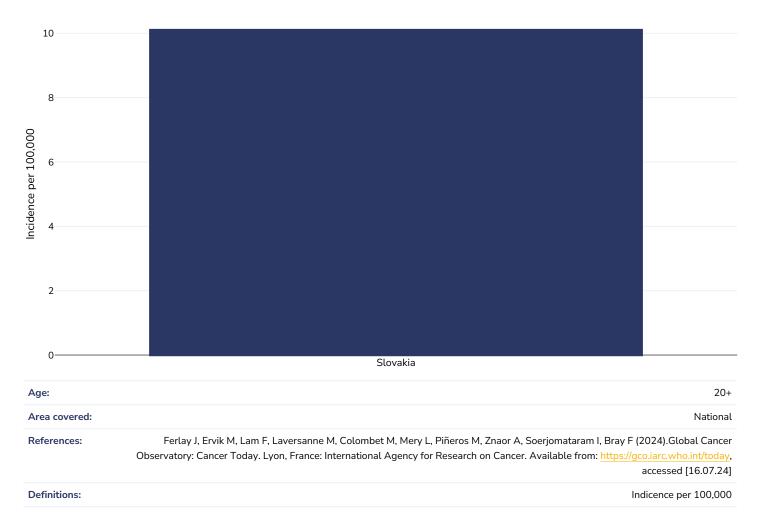


Percent of population who cannot afford a healthy diet

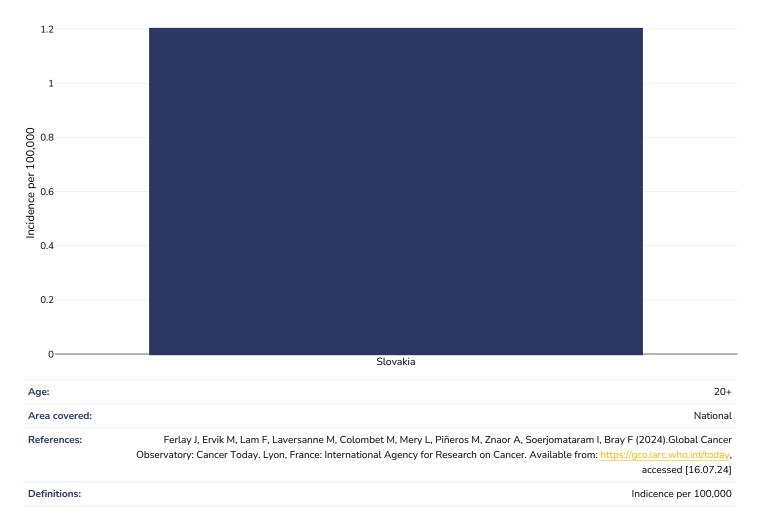




Oesophageal cancer





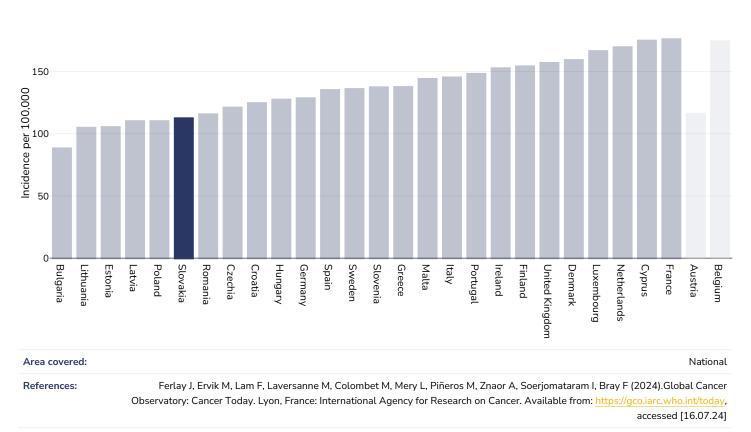




Breast cancer

Women, 2022

Age 20 Age 20+

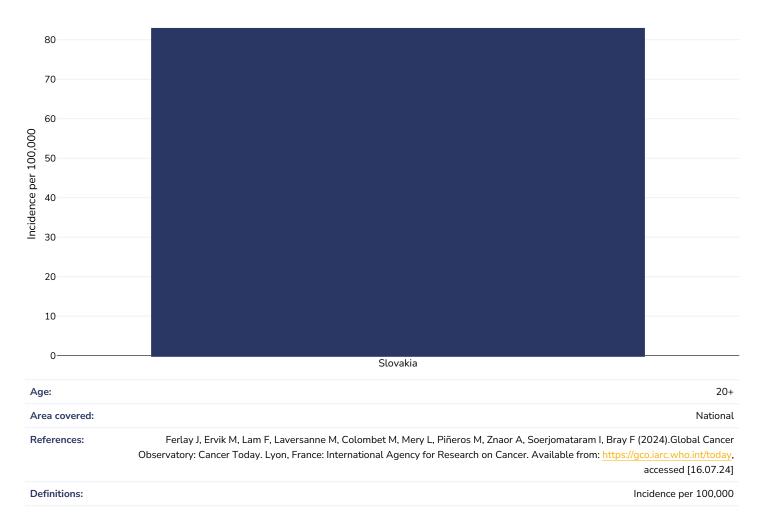


Definitions:

Incidence per 100,000



Colorectal cancer

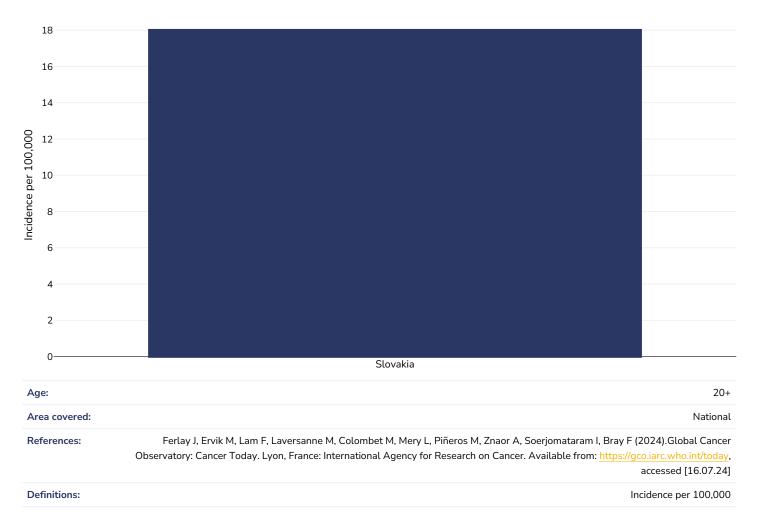




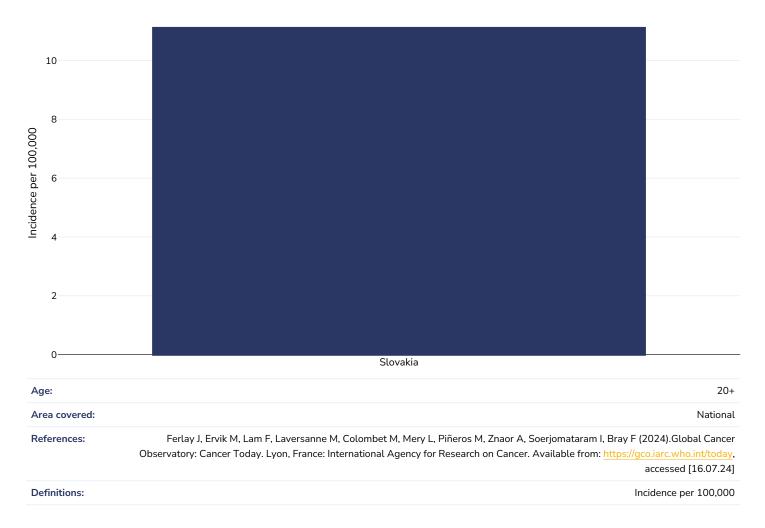
	10		
	40		
	35		
	30		
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Incidence per 100,000	25		
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enc	20		
Jcid			
-	15		
	10		
	5		
	0		
		Slovakia	
Ag	je:		20+
A	ea covered:		National
Re	eferences:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (20)24).Global Cancer
		bservatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco	
		а	ccessed [16.07.24]
De	efinitions:	Inci	dence per 100,000



Pancreatic cancer

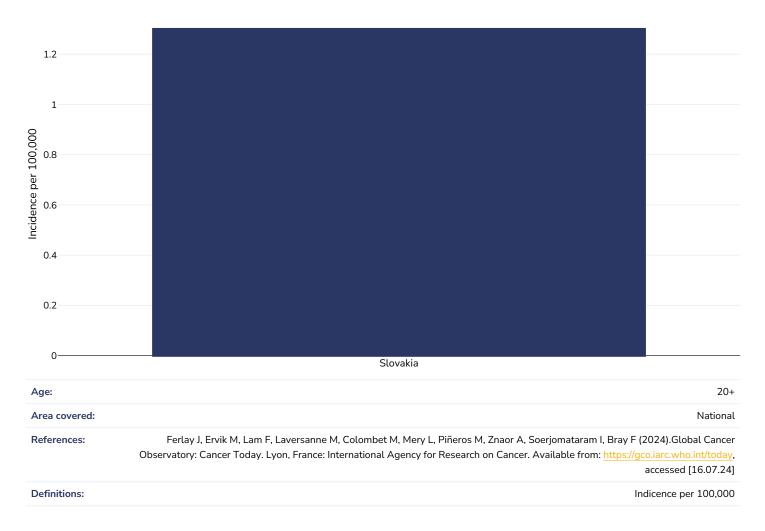




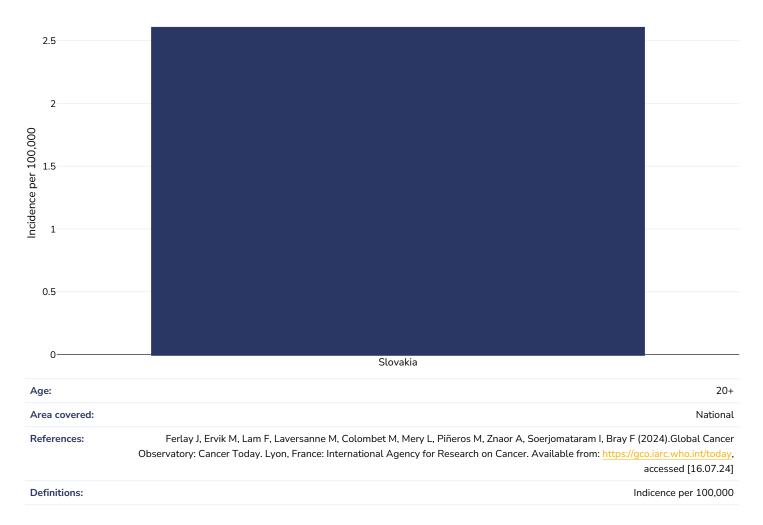




Gallbladder cancer

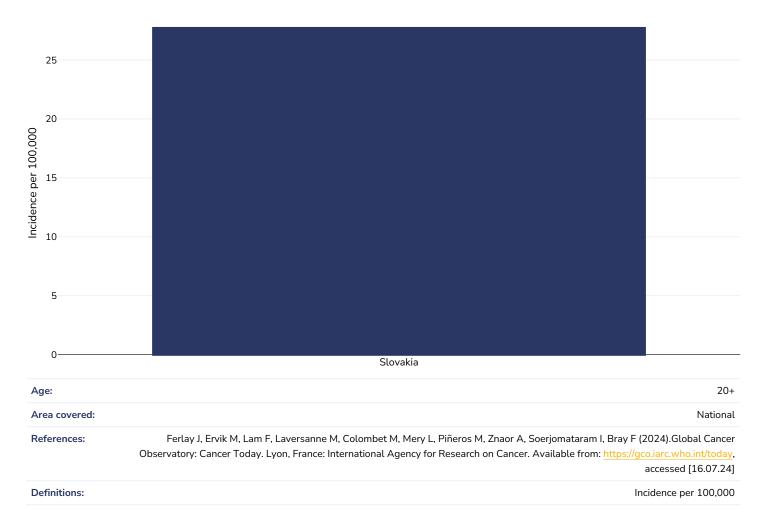




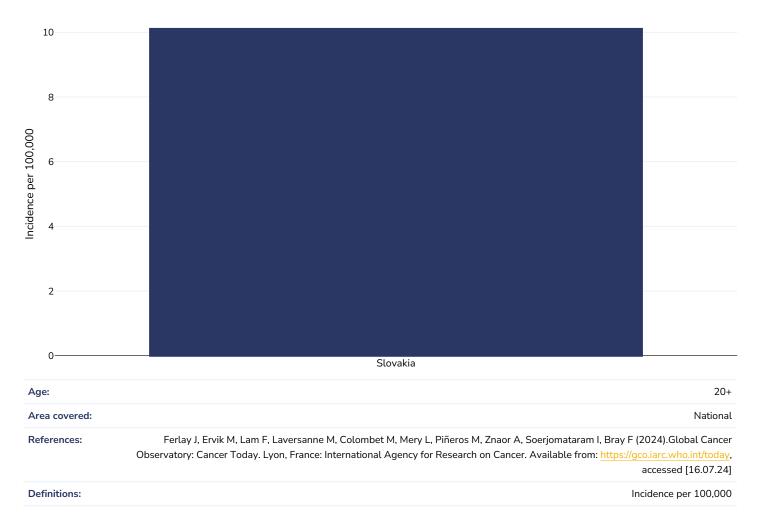




Kidney cancer









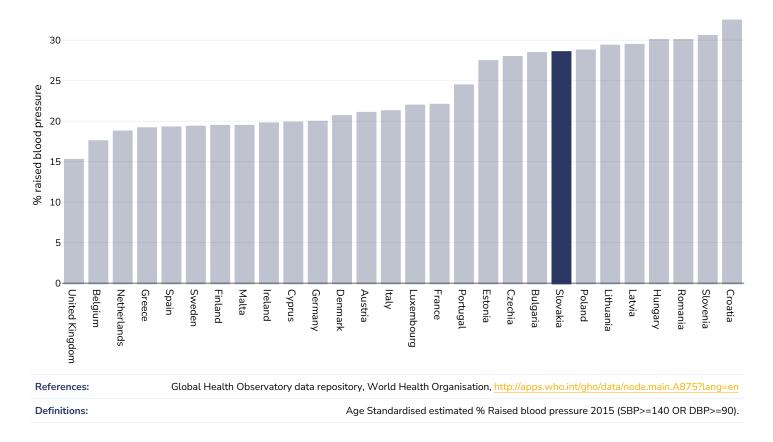
Cancer of the uterus

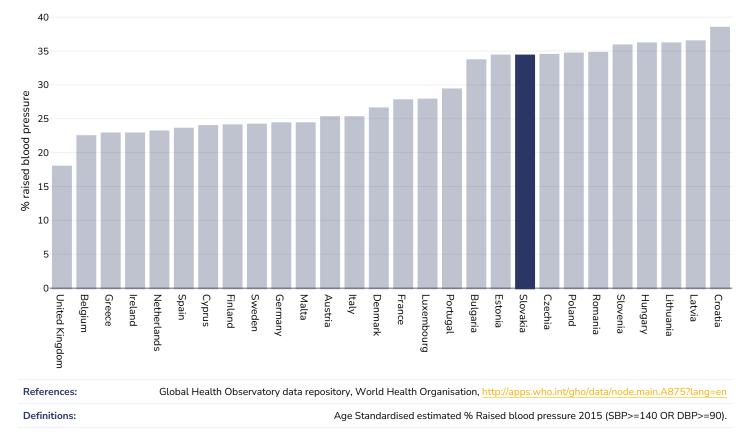




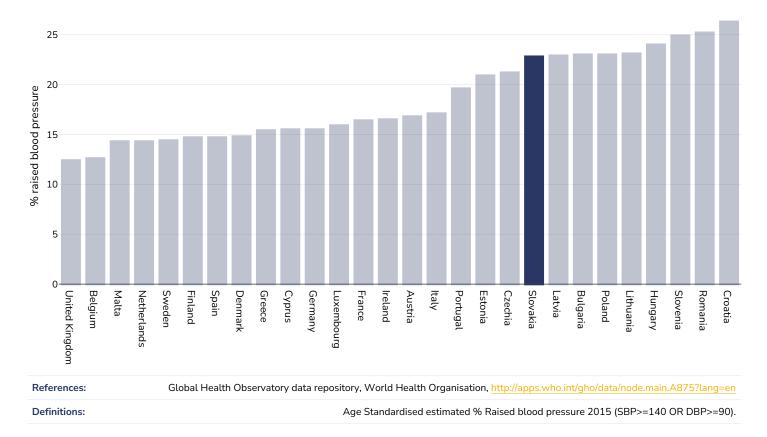
Raised blood pressure

Adults, 2015





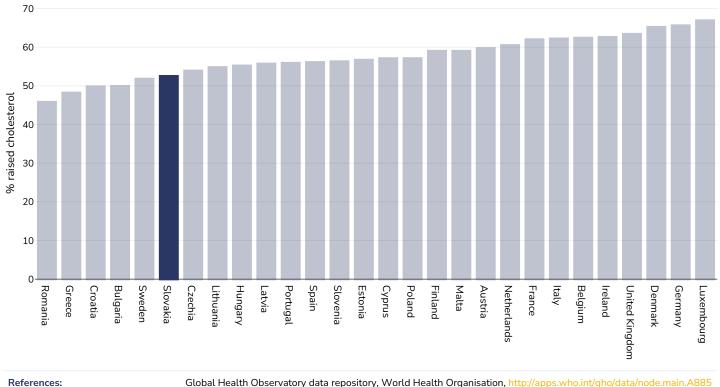






Raised cholesterol

Adults, 2008

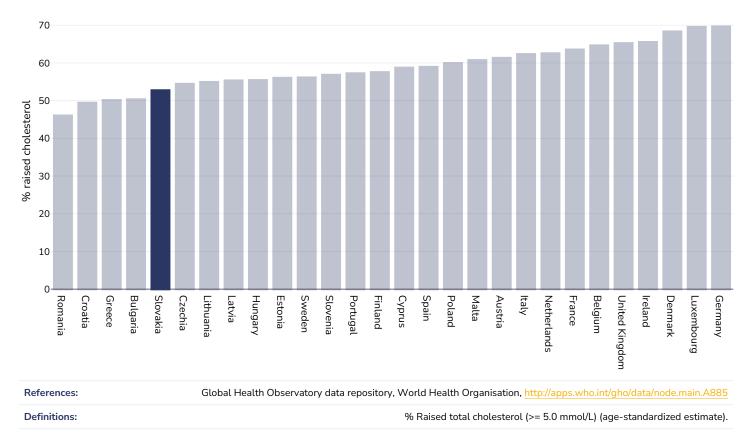


Definitions:

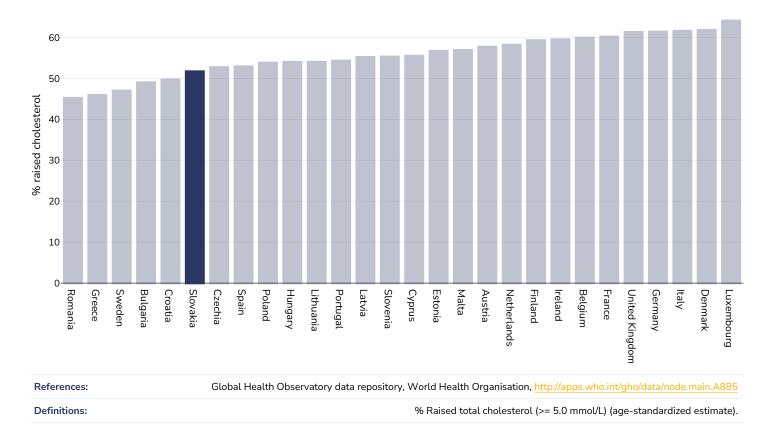
Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).





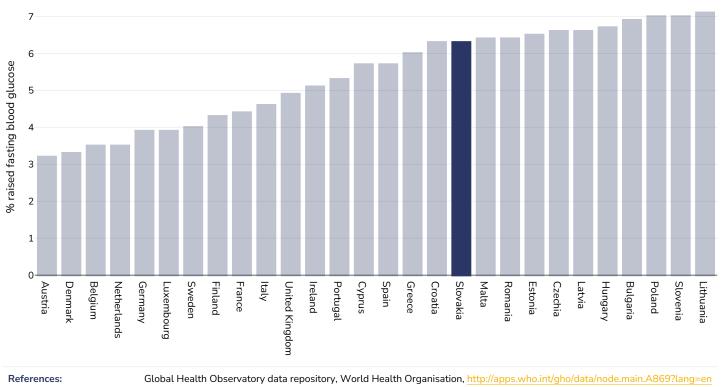






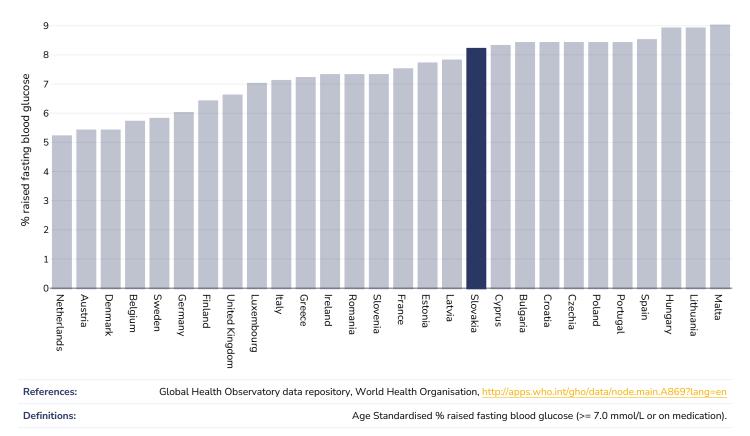
Raised fasting blood glucose

Men, 2014



Definitions:

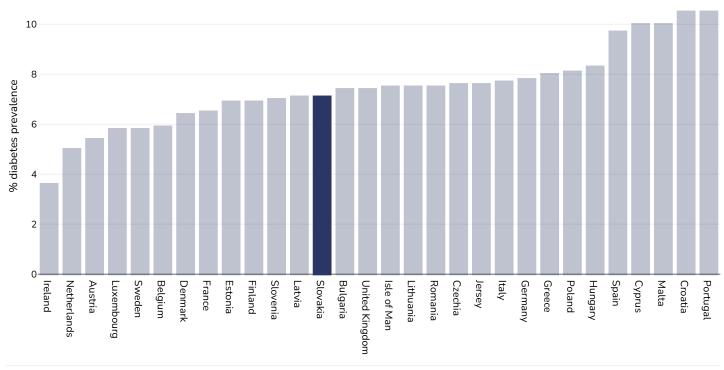
Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).





Diabetes prevalence

Adults, 2024



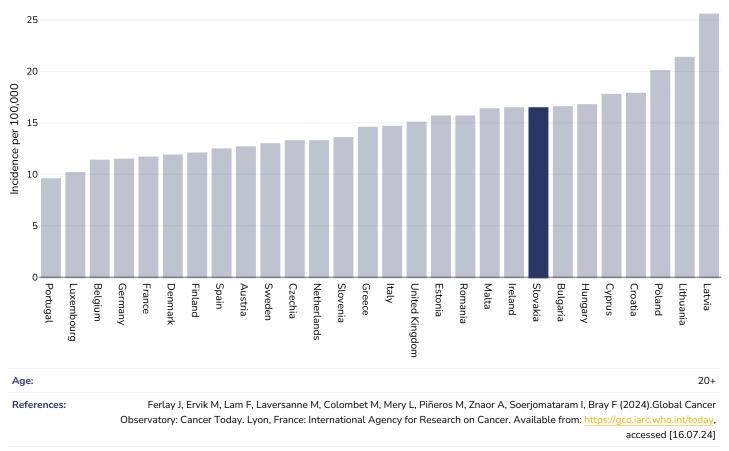
References: Reproduced with kind pe

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. http://www.diabetesatlas.org



Ovarian Cancer

Women, 2022



Definitions:

Incidence per 100,000



Leukemia

Men, 2022							
4							
3							
2							
1							
0							
-1	0	1	2	3	4	5	6
Age: Area covered:							20+ National
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cance Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today						obal Cancer o.int/today,	
Definitions:						Incidence p	
	Unless ot	therwise noted, overw	eight refers to a BMI b	petween 25kg and 29	.9ka/m². obesity refer	s to a BMI greater tha	n 30ka/m².

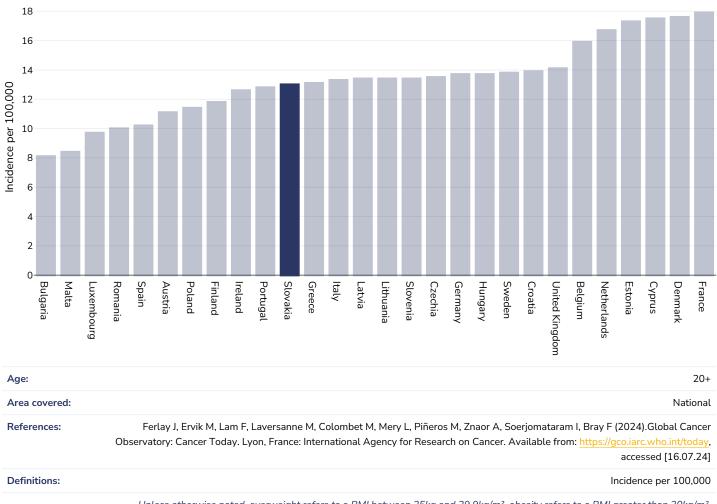


4							
2							
3							
2							
1							
0							
⁻¹ -1	0	1	2	3	4	5	6
Age:							20+
Area covered:							National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <u>https://gco.iarc.who.int/today</u> , accessed [16.07.24]						
Definitions:						Incidence pe	er 100,000
	Unless othe	rwise noted, overw	eight refers to a BMI	between 25kg and 2	9.9kg/m², obesity refers	s to a BMI greater tha	n 30kg/m².



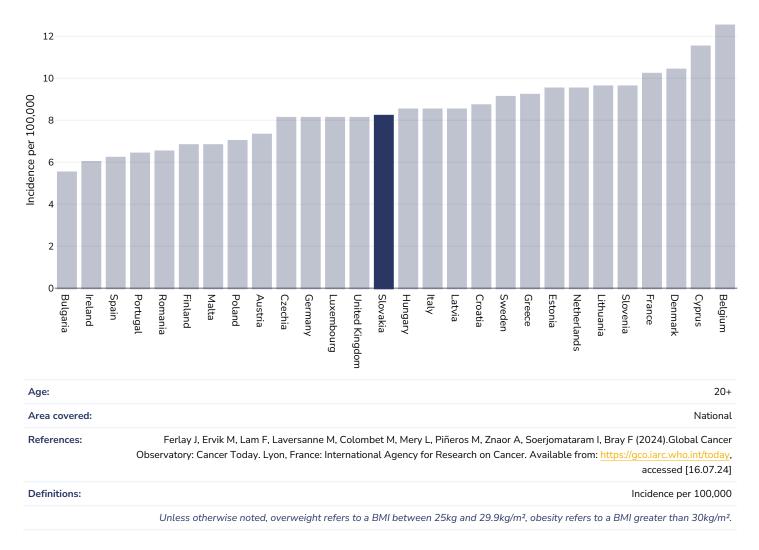
Leukemia

Men, 2022



Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



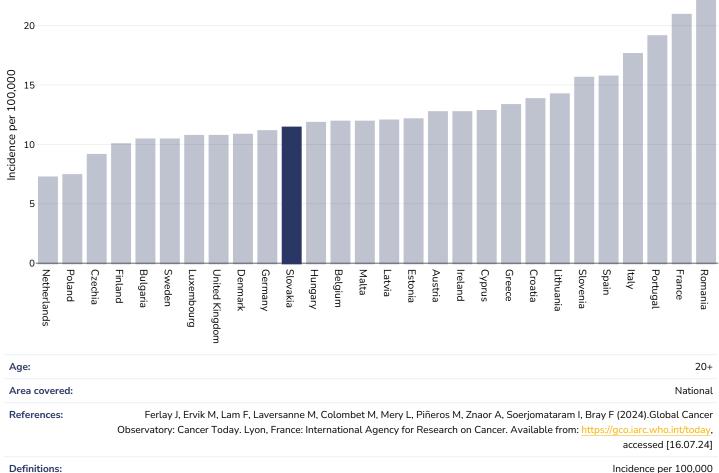






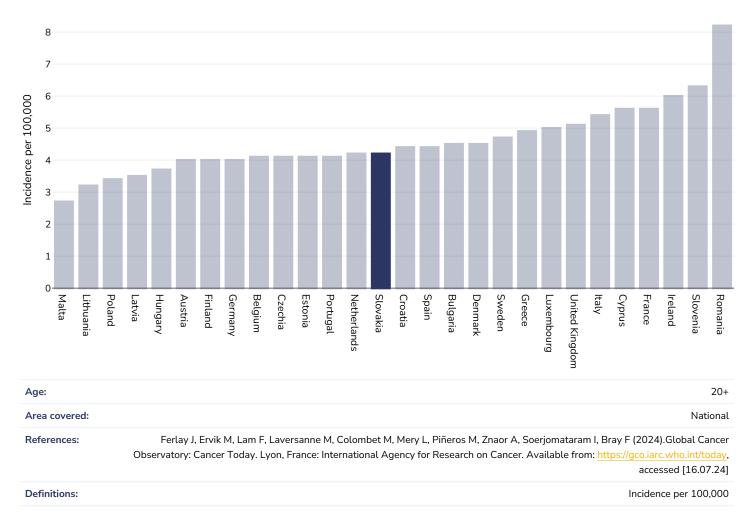
Liver and intrahepatic bile duct Cancer





Incidence per 100,000

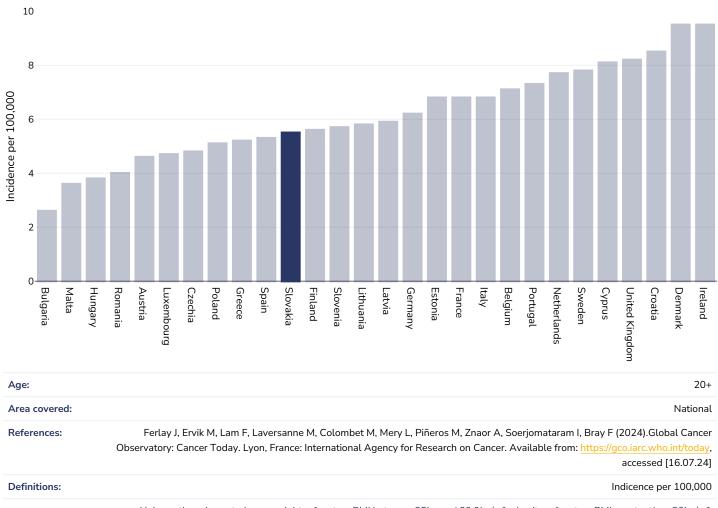






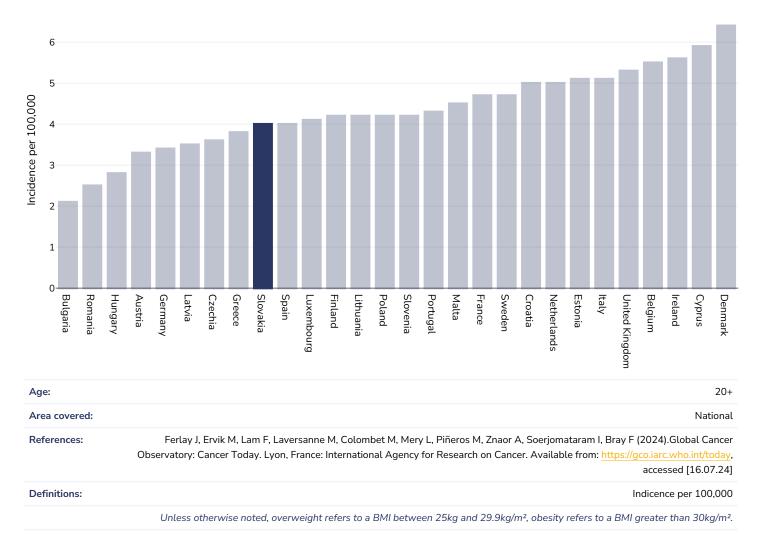
Multiple Myeloma

Men, 2022



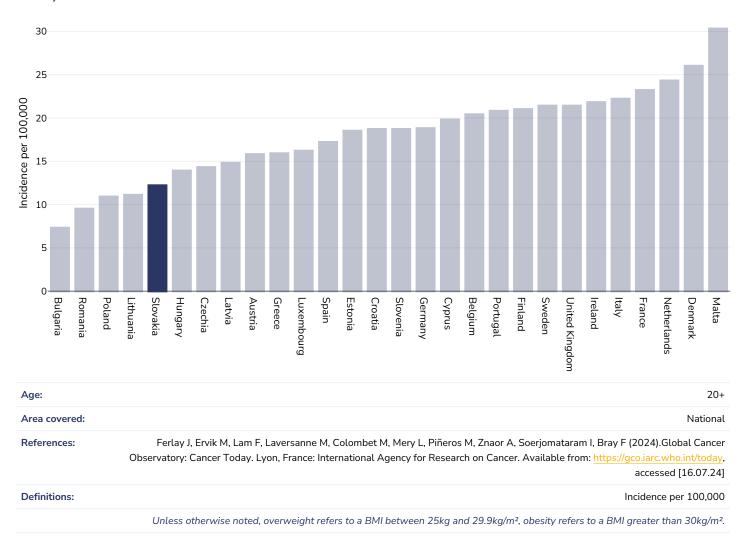
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



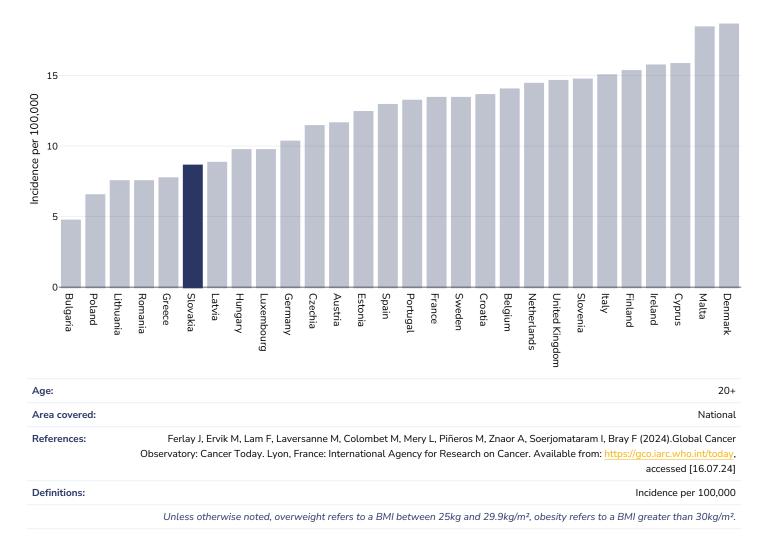




Non Hodgkin Lymphoma

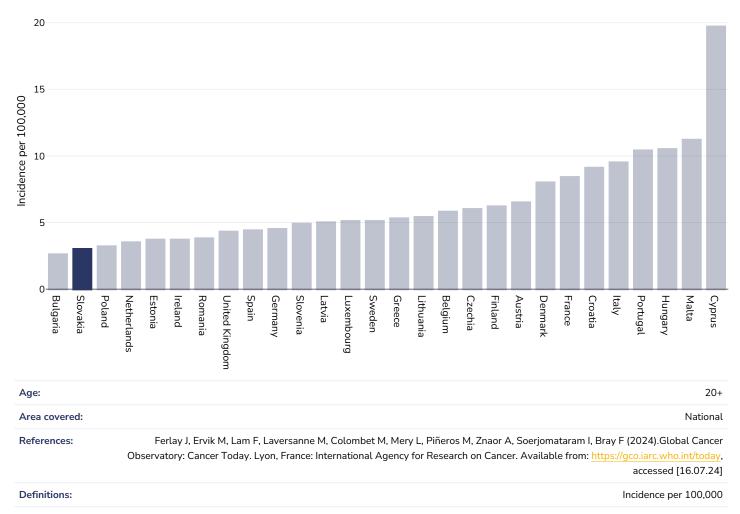




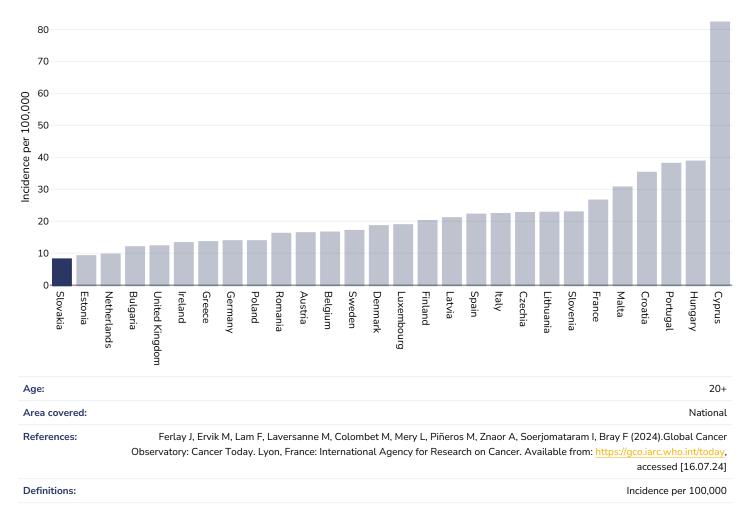




Thyroid Cancer







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