

Report card Slovakia



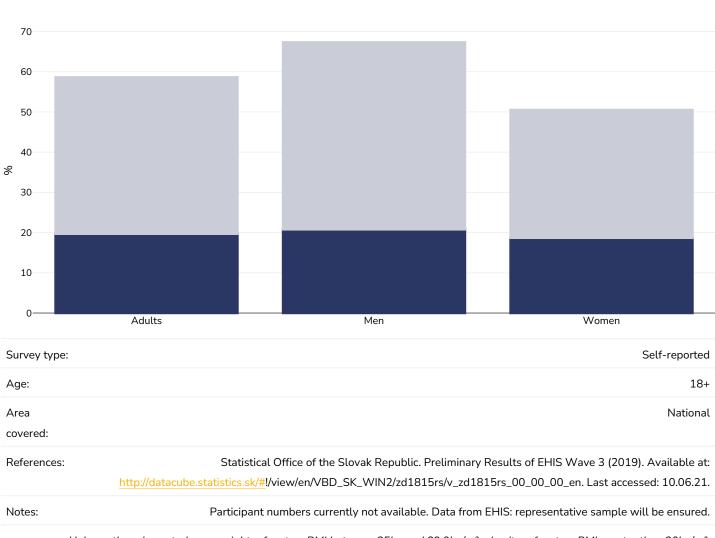
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Obesity prevalence

Adults, 2019

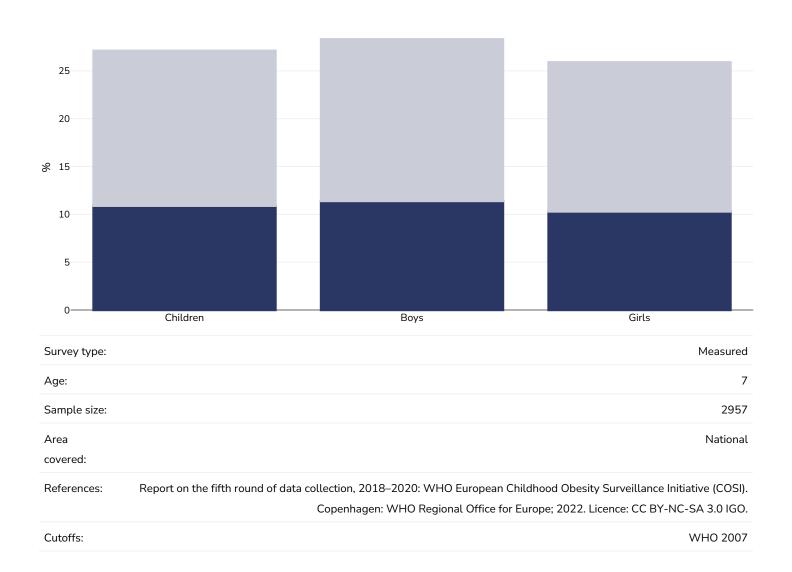
Obesity Overweight





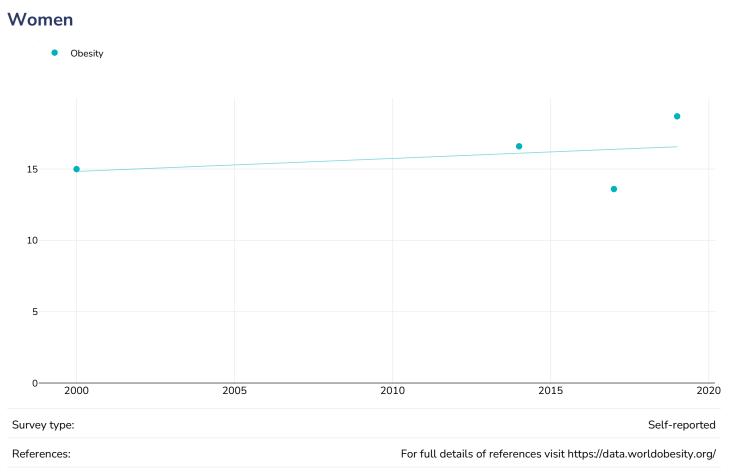
Children, 2018-2020

Obesity Overweight



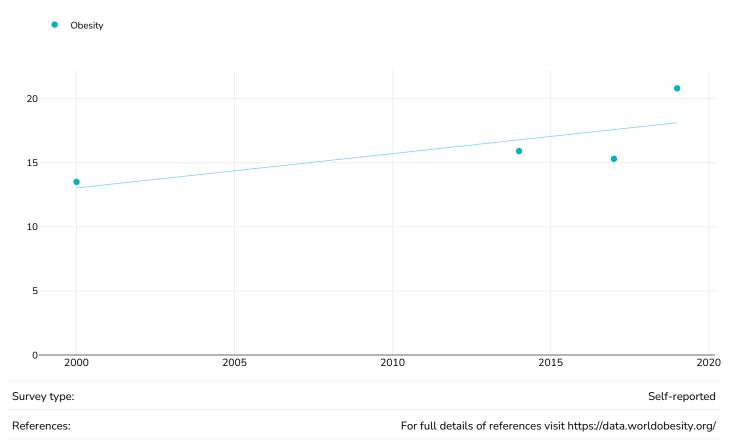


% Adults living with obesity, 2000-2019





Men

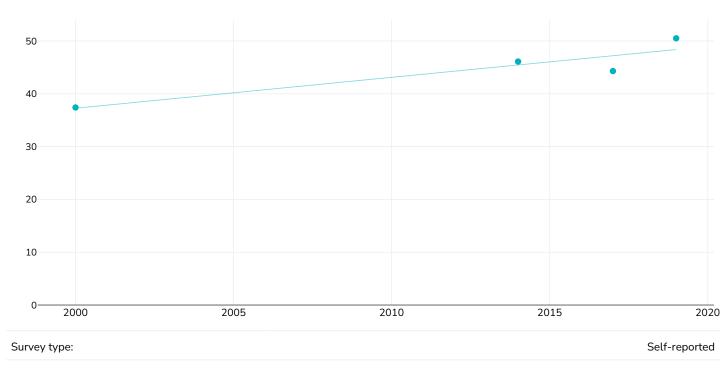




% Adults living with overweight or obesity, 2000-2019

Women

Overweight or obesity



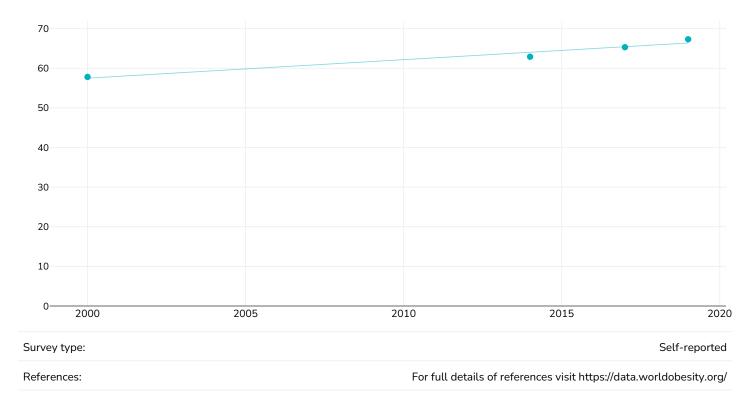
References:

For full details of references visit https://data.worldobesity.org/



Men

• Overweight or obesity





Overweight/obesity by age and education

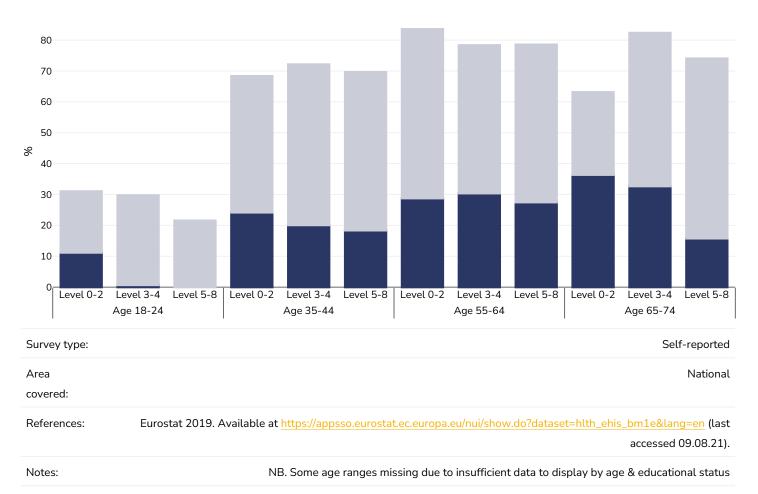
Adults, 2019

Obesity Overweight 80 70 60 50 8 40 30 20 10 0 Level 0-2 Level 3-4 Level 5-8 Level 0-2 Level 3-4 Level 0-2 Level 3-4 Level 5-8 Level 0-2 Level 3-4 Level 5-8 Level 0-2 Level 3-4 Level 5-8 Level 3-4 Level 5-8 Level 5-8 Level 0-2 Level 3-4 Level 5-8 Level 0-2 Age 18-24 Age 25-34 Age 35-44 Age 45-54 Age 55-64 Age 65-74 Age 75+ Survey type: Self-reported Area National covered: References: Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 09.08.21). Notes: NB. Some age ranges missing due to insufficient data to display by age & educational status



Men, 2019

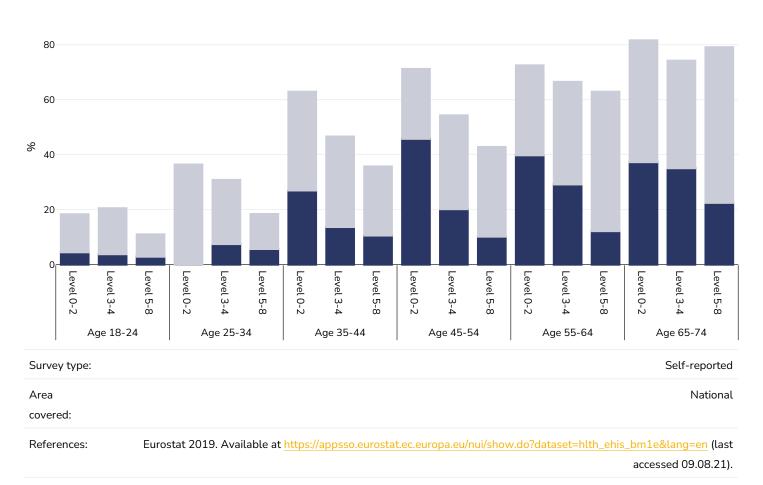
Obesity Overweight





Women, 2019





Notes:

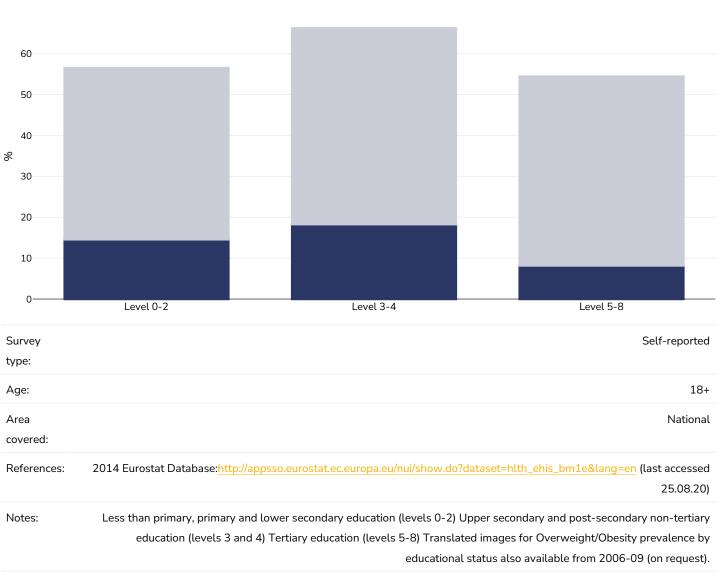
NB. Some age ranges missing due to insufficient data to display by age & educational status



Overweight/obesity by education

Men, 2014

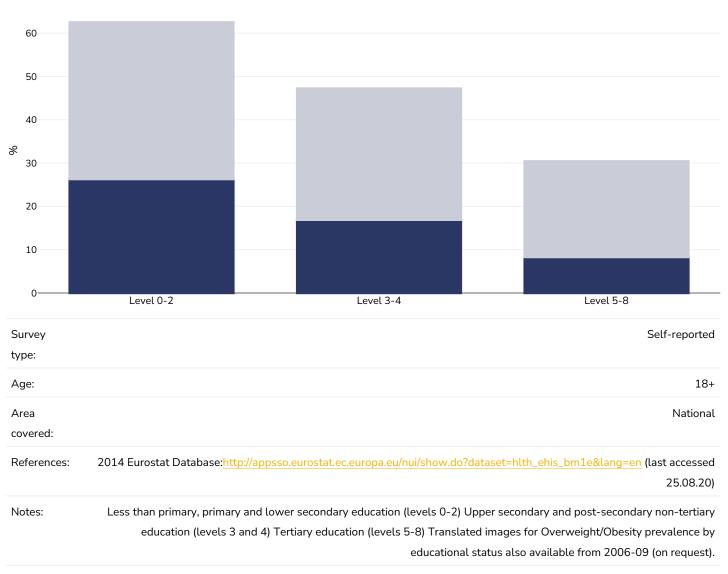
Obesity Overweight





Women, 2014

Obesity Overweight

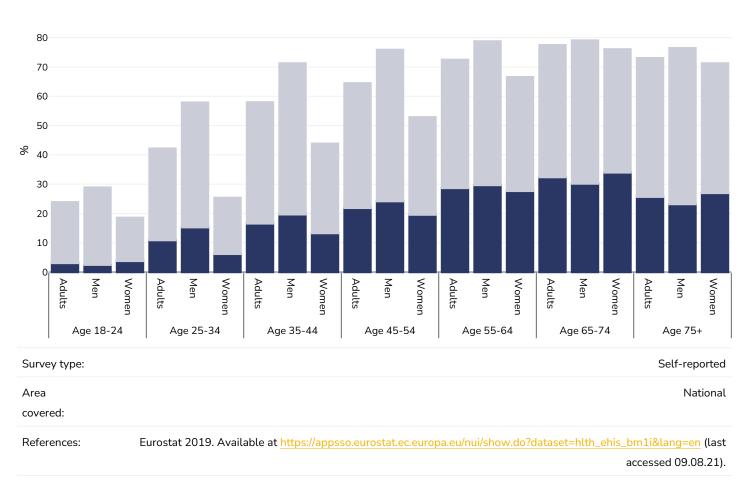




Overweight/obesity by age

Adults, 2019

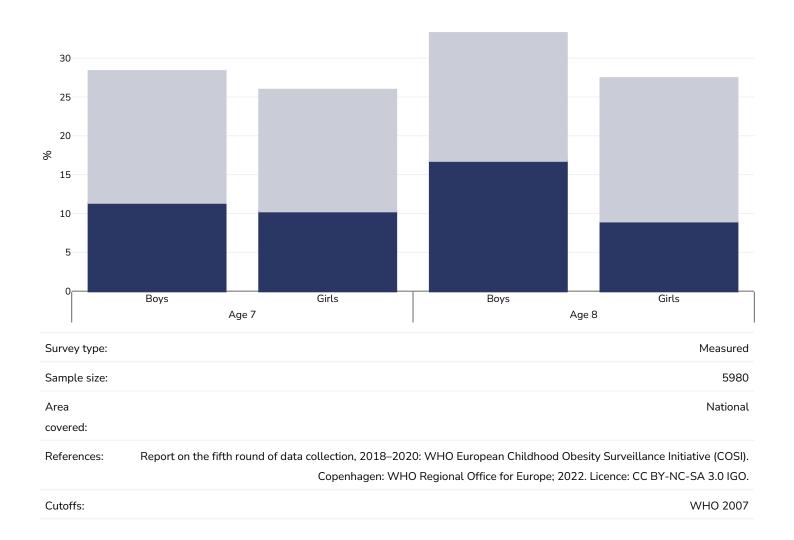
Obesity Overweight





Children, 2018-2020

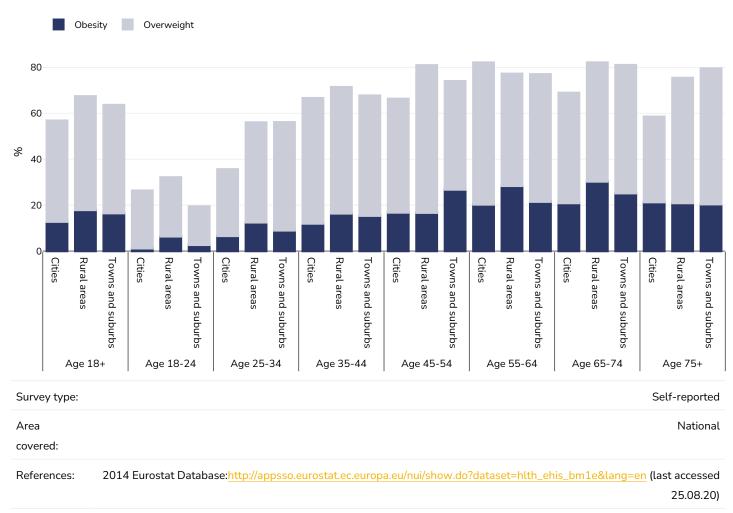
Obesity Overweight





Overweight/obesity by age and region

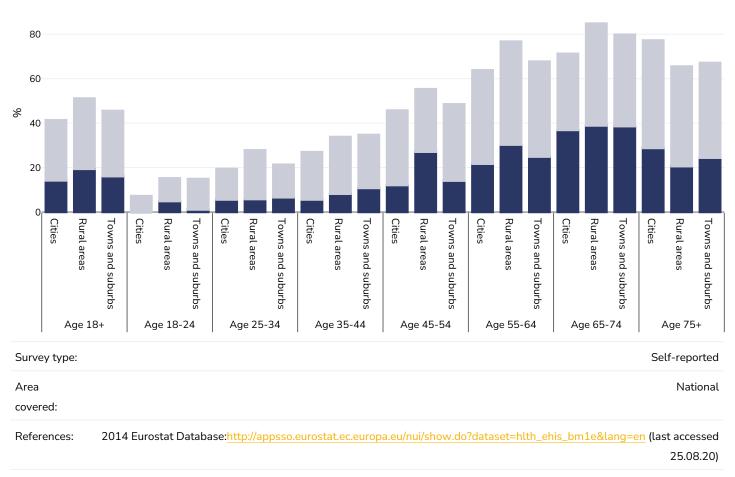
Men, 2014





Women, 2014

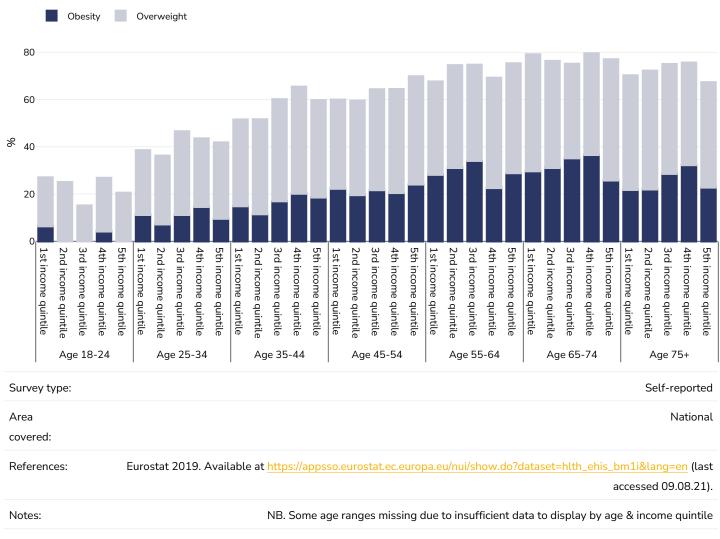
Obesity Overweight





Overweight/obesity by age and socio-economic group

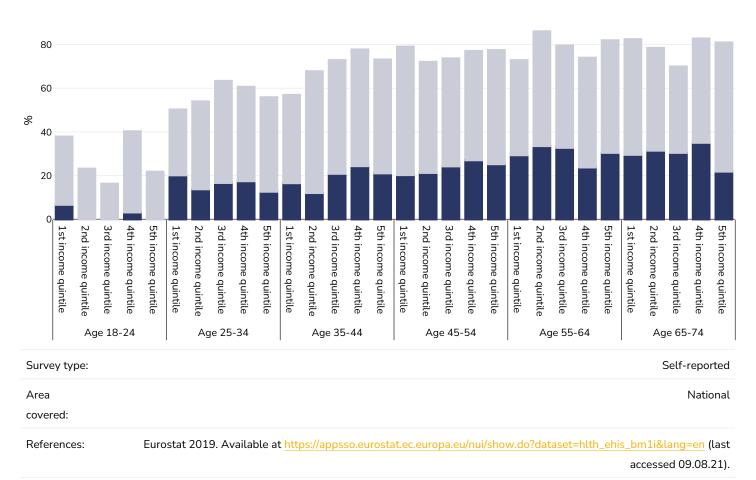
Adults, 2019





Men, 2019

Obesity Overweight

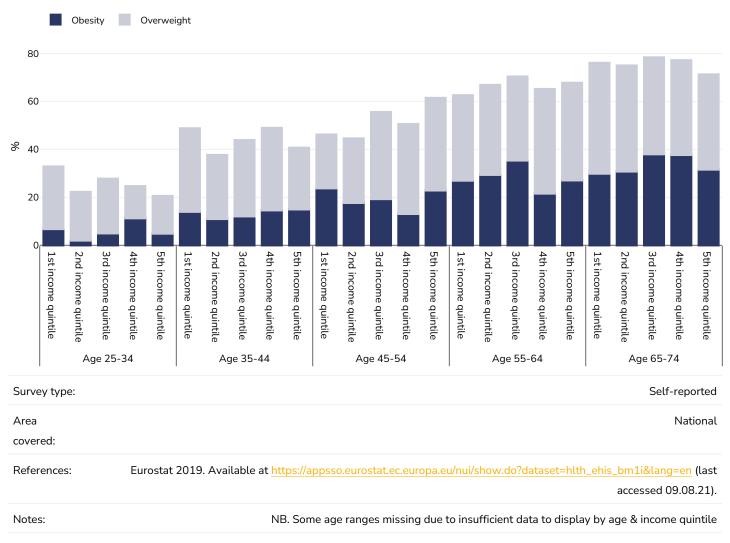


Notes:

NB. Some age ranges missing due to insufficient data to display by age & income quintile



Women, 2019

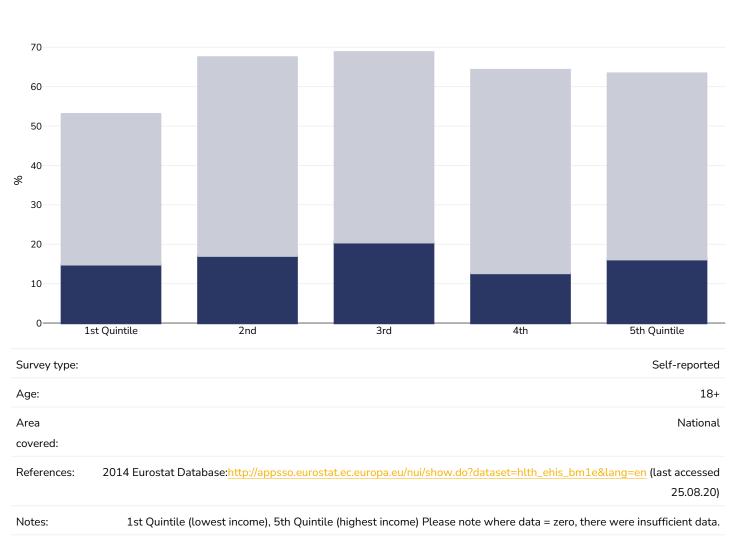




Overweight/obesity by socio-economic group

Men, 2014

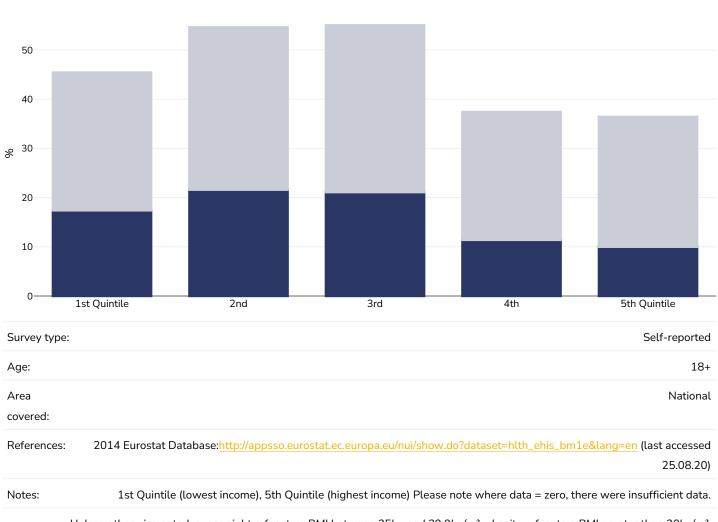
Obesity Overweight





Women, 2014

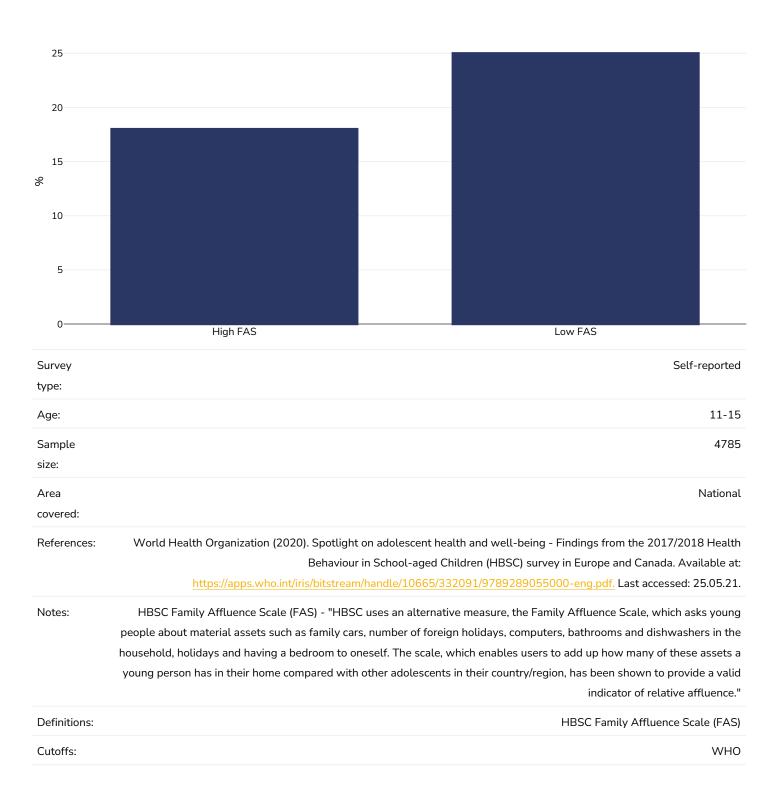
Obesity Overweight





Boys, 2017-2018

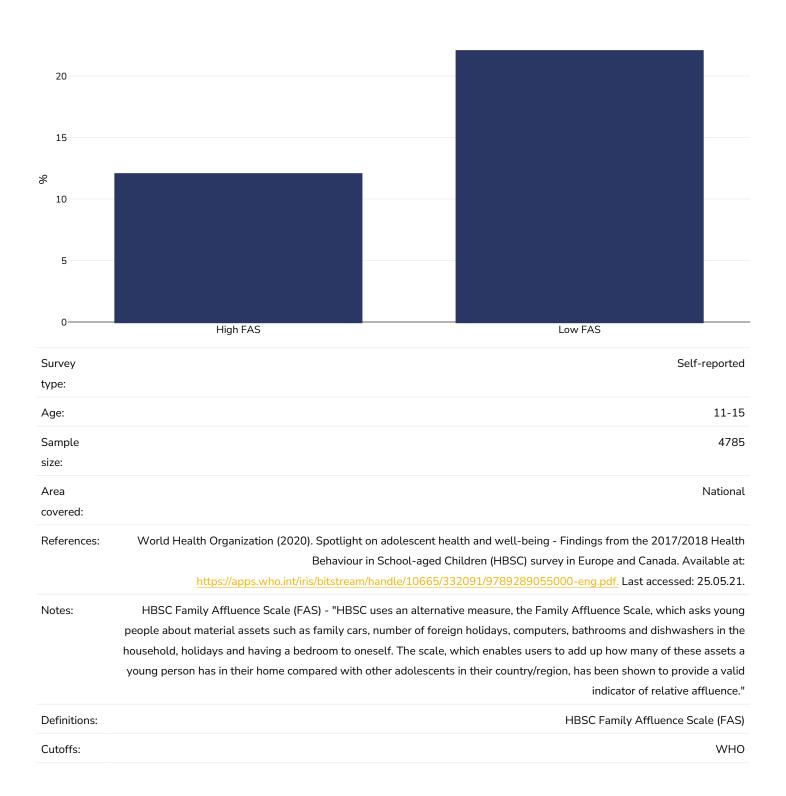
Overweight or obesity





Girls, 2017-2018

Overweight or obesity





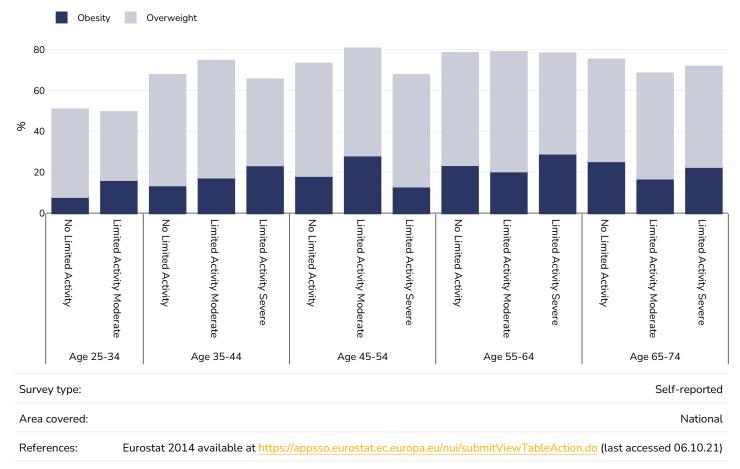
Overweight/obesity by age and limited activity

Adults, 2014

Obesity Overweight 60 \$ 40 20 0 No Limited Activity No Limited Activity Limited Activity Moderate Limited Activity Severe No Limited Activity Limited Activity Moderate Limited Activity Severe Limited Activity Moderate Limited Activity Severe No Limited Activity Limited Activity Moderate Limited Activity Severe No Limited Activity Limited Activity Moderate Limited Activity Severe Age 25-34 Age 35-44 Age 45-54 Age 55-64 Age 65-74 Survey type: Self-reported Area covered: National Eurostat 2014 available at https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do (last accessed 06.10.21) References:



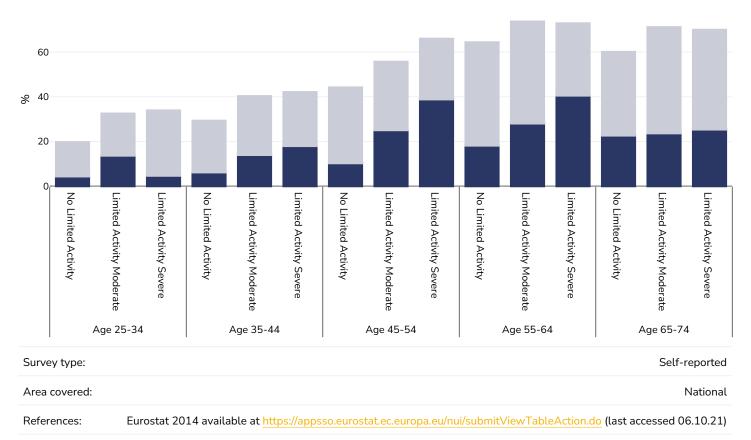
Men, 2014





Women, 2014

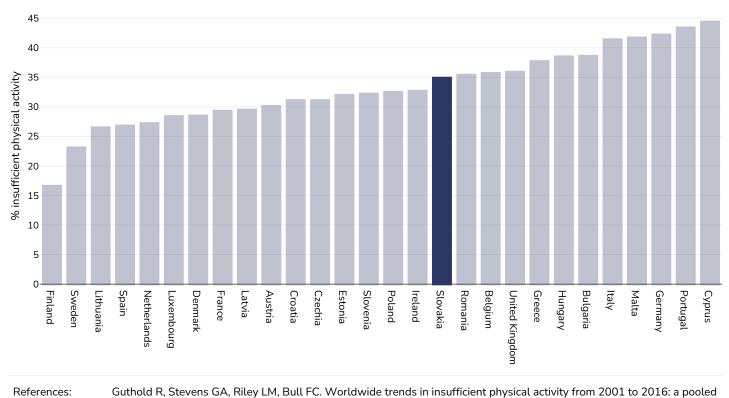
Obesity Overweight





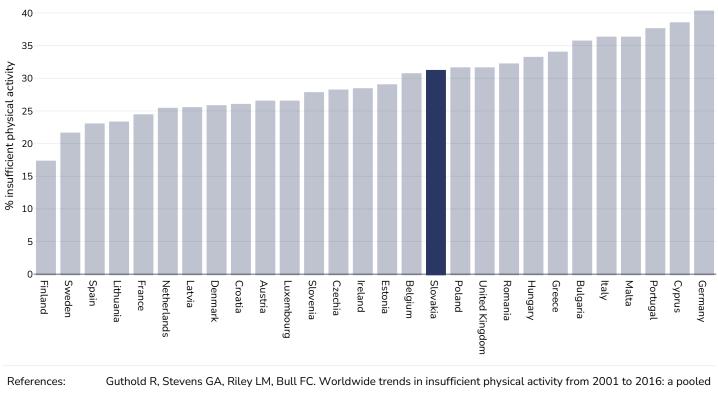
Insufficient physical activity

Adults, 2016



S: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <u>http://dx.doi.org/10.1016/S2214-109X</u> (18)30357-7

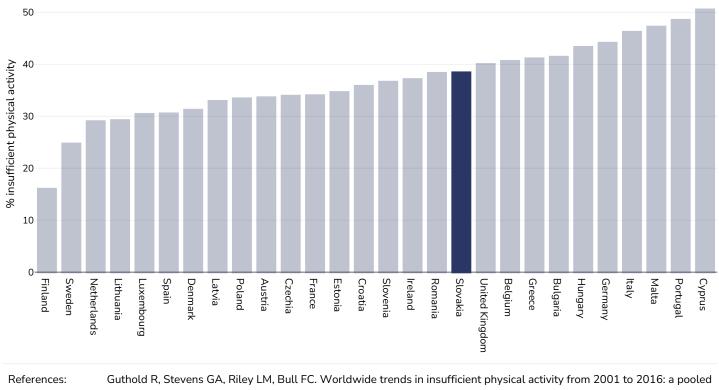
Men, 2016



analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <u>http://dx.doi.org/10.1016/S2214-109X</u> (18)30357-7



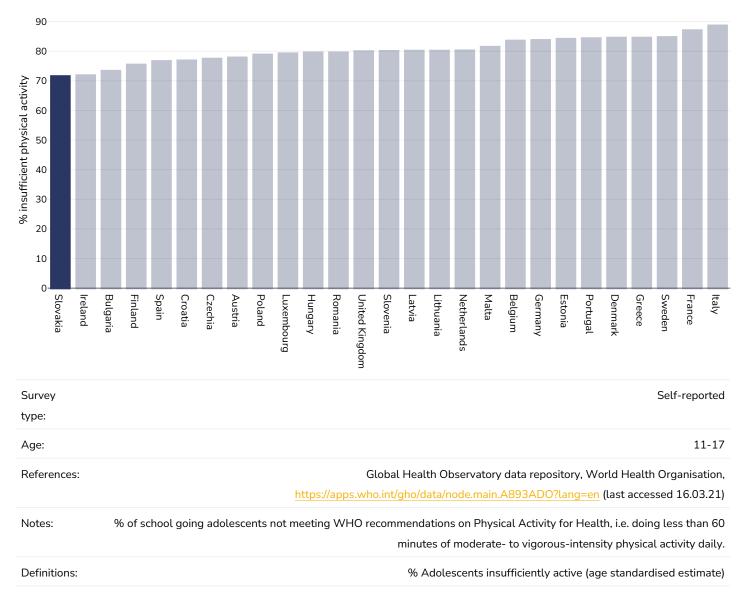
Women, 2016



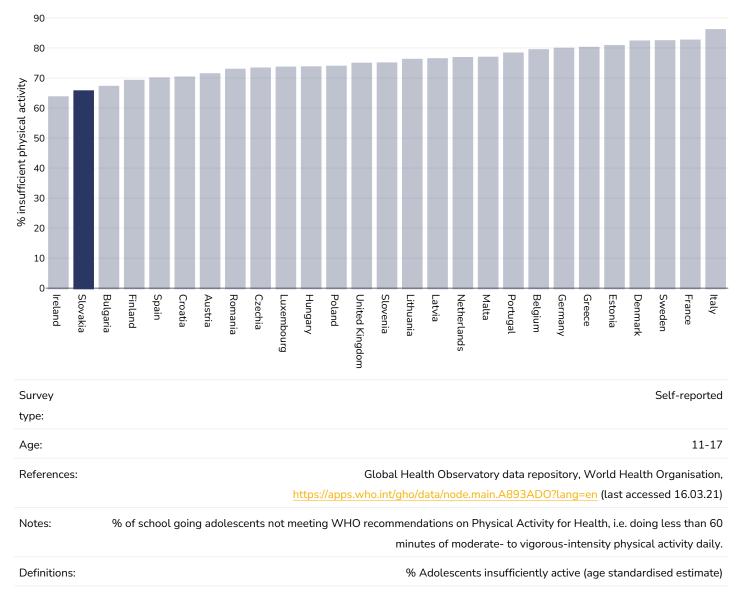
analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <u>http://dx.doi.org/10.1016/S2214-109X</u> (18)30357-7



Children, 2016

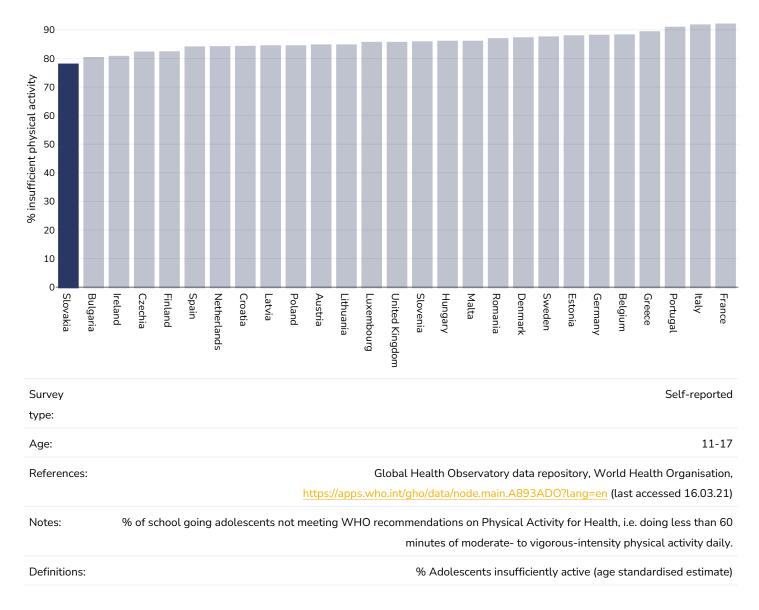


Boys, 2016





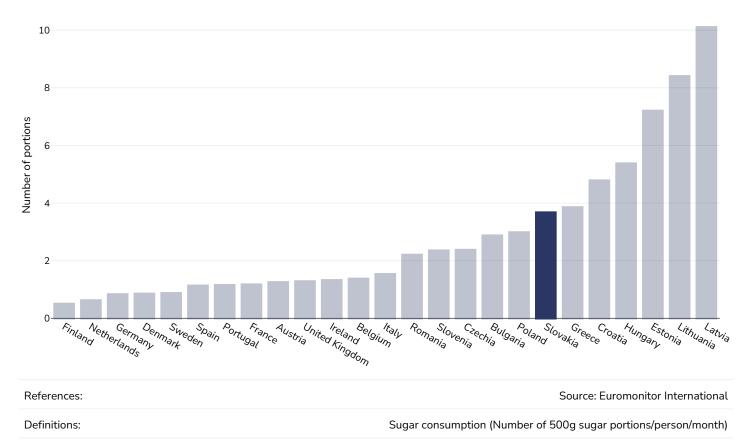
Girls, 2016





Sugar consumption

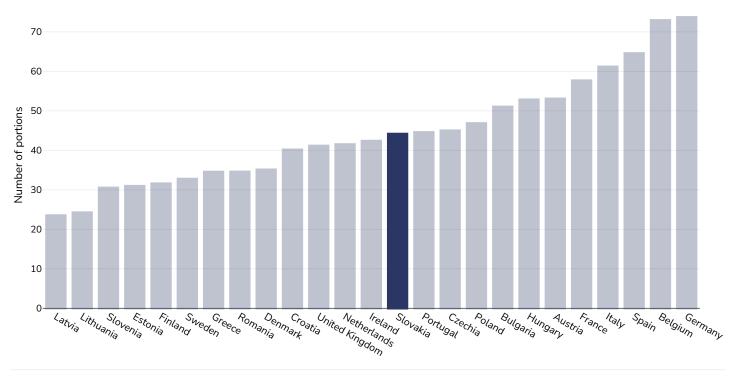
Adults, 2016





Estimated per capita sugar sweetened beverages intake

Adults, 2016



References:

Source: Euromonitor International



Prevalence of at least daily carbonated soft drink consumption

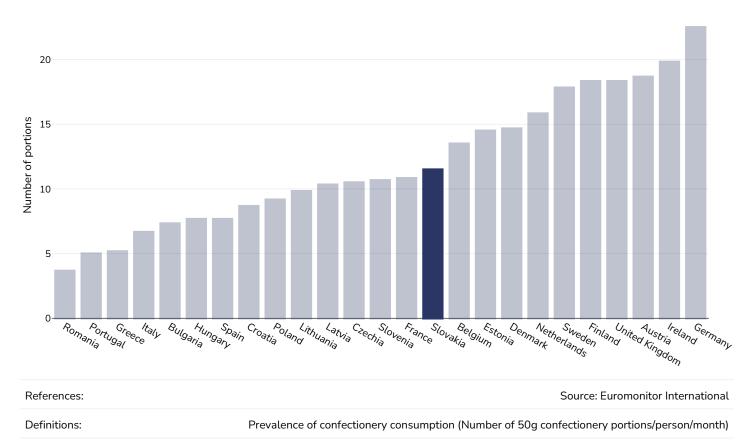
40 35 30 25 8 20 15 10 5 O Bulgaria Estonia Greece Slovenia Austria Spain Poland Croatia France Hungary Malta Latvia Ireland Italy Czechia Finland Sweden Denmark United Kingdom Slovakia Netherlands Lithuania Portugal Germany Romania Luxembourg Survey Measured type: References: World Health Organization. (2017). Adolescent obesity and related behaviours: Trends and inequalities in the who european region, 2002-2014: observations from the Health Behavior in School-aged Children (HBSC) WHO collaborative crossnational study (J. Inchley, D. Currie, J. Jewel, J. Breda, & V. Barnekow, Eds.). World Health Organization. Sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org Notes: 15-year-old adolescents Definitions: Prevalence of at least daily carbonated soft drink consumption (% of at least daily carbonated soft drink consumption)

Children, 2014



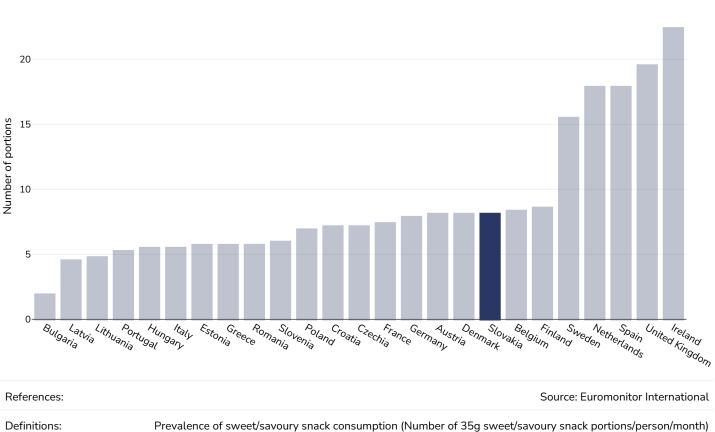
Prevalence of confectionery consumption

Adults, 2016





Prevalence of sweet/savoury snack consumption

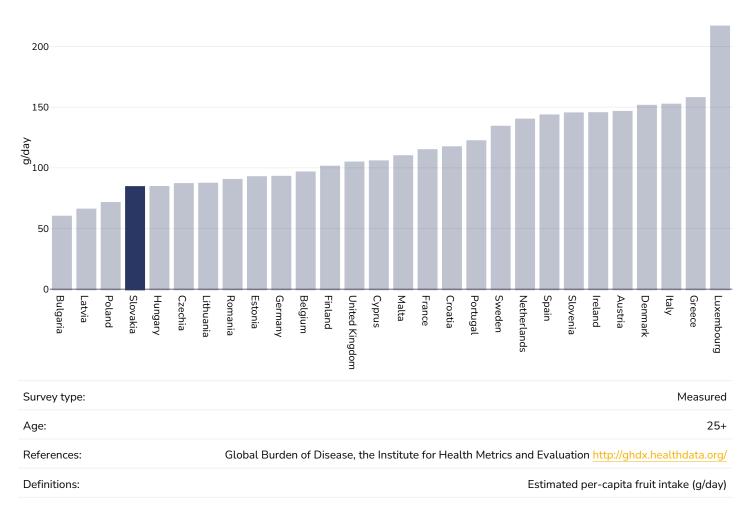


Adults, 2016



Estimated per capita fruit intake

Adults, 2017

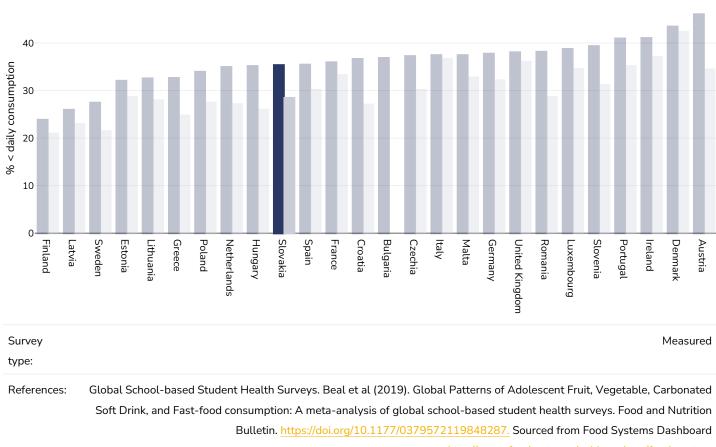




Prevalence of less than daily fruit consumption

Children, 2014

Age 12-17 Age 15



http://www.foodsystemsdashboard.org/food-system

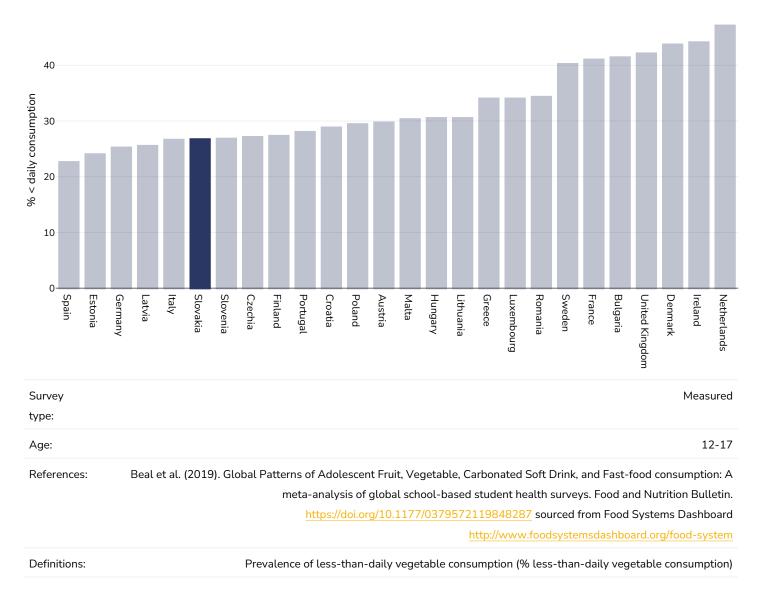
Definitions:

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)



Prevalence of less than daily vegetable consumption

Children, 2014





Estimated per-capita processed meat intake

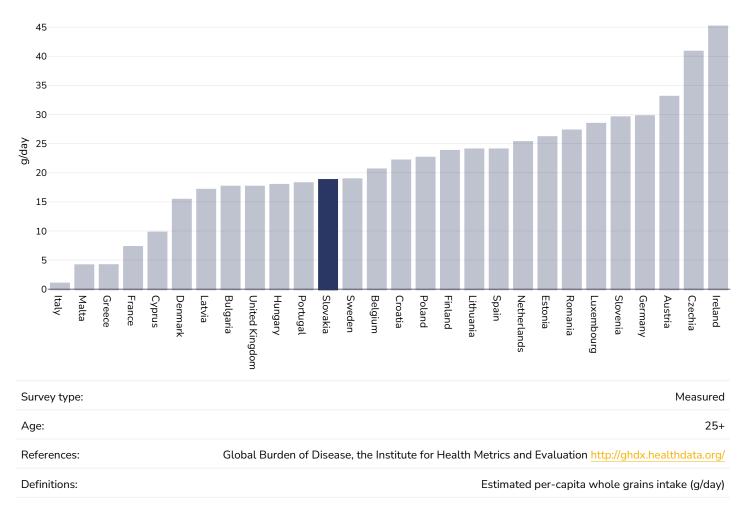
20 15 yday 10 5 0 Sweden Croatia Portugal Greece Poland Cyprus Hungary Romania Austria Bulgaria Slovakia Ireland Malta Finland Spain Belgium France Latvia Germany Czechia Italy Estonia Slovenia Denmark Netherlands Lithuania United Kingdom Luxembourg Measured Survey type: Age: 25+ Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/ **References:** Definitions: Estimated per-capita processed meat intake (g per day)

Adults, 2017



Estimated per capita whole grains intake

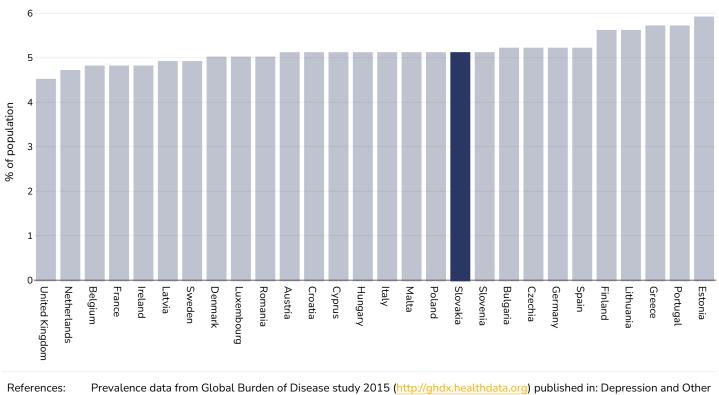
Adults, 2017





Mental health - depression disorders

Adults, 2015



Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

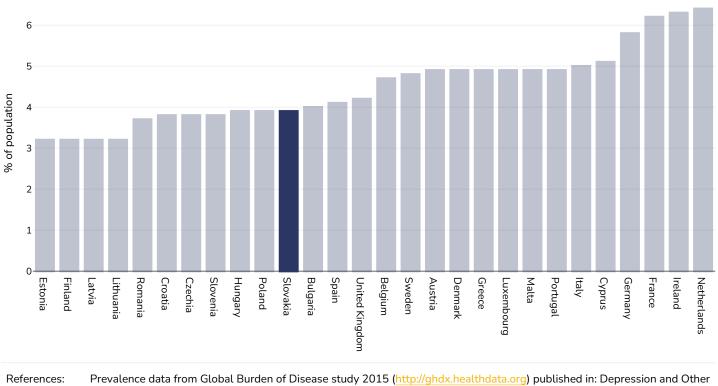
Definitions:

% of population with depression disorders



Mental health - anxiety disorders

Adults, 2015



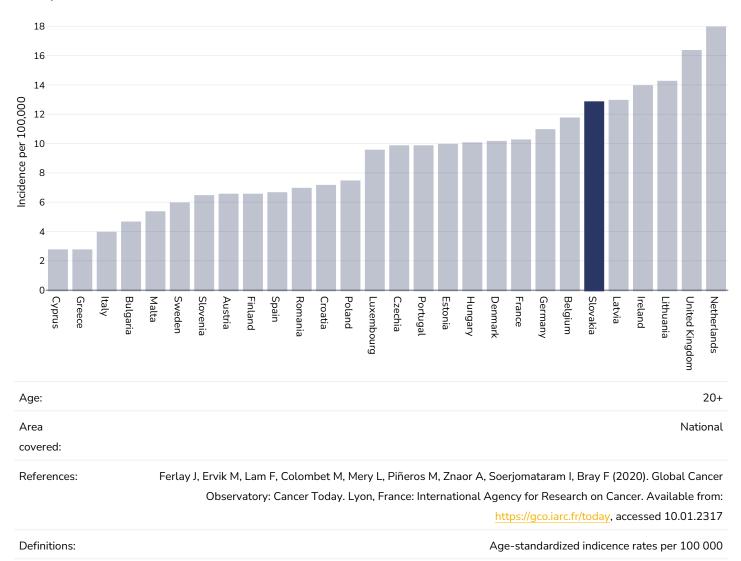
Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitions:

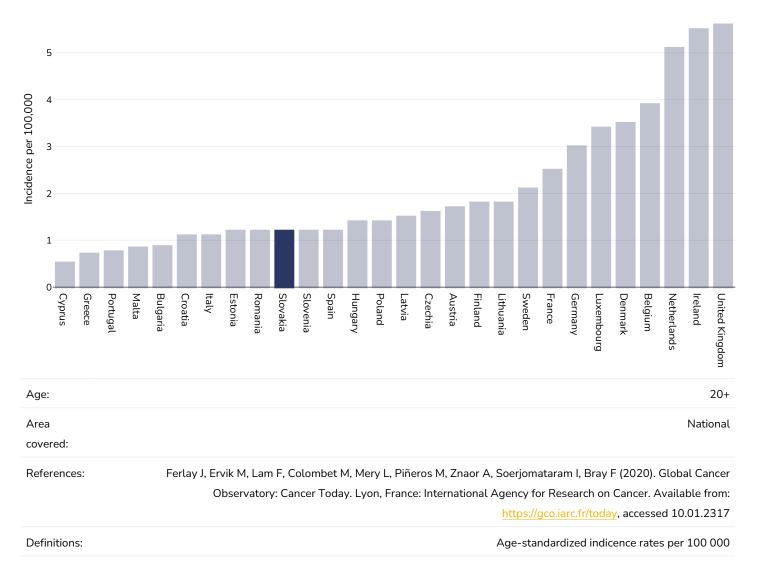
% of population with anxiety disorders



Oesophageal cancer

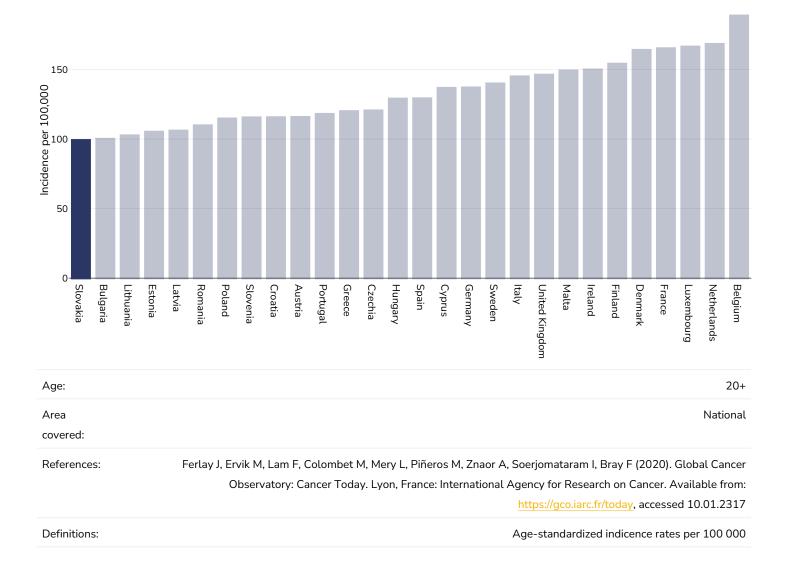






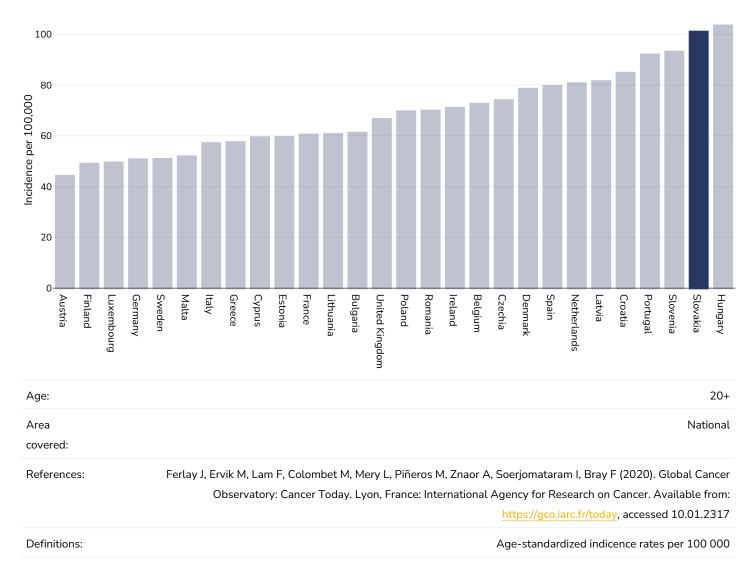


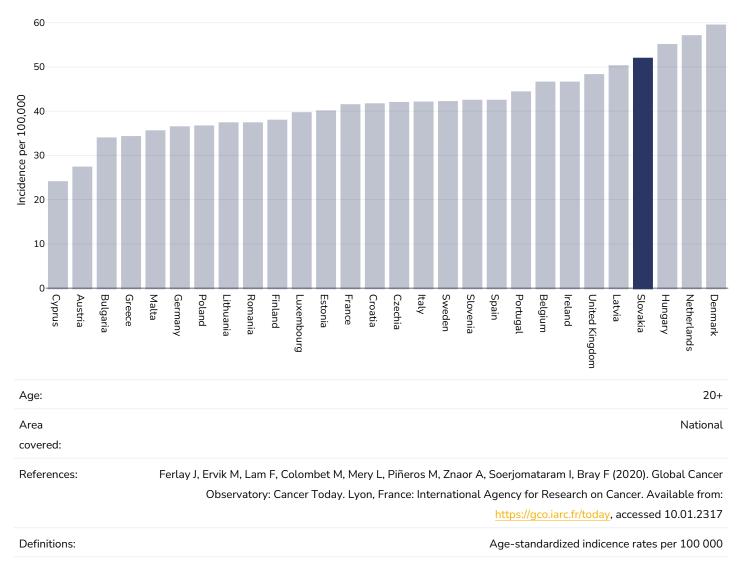
Breast cancer





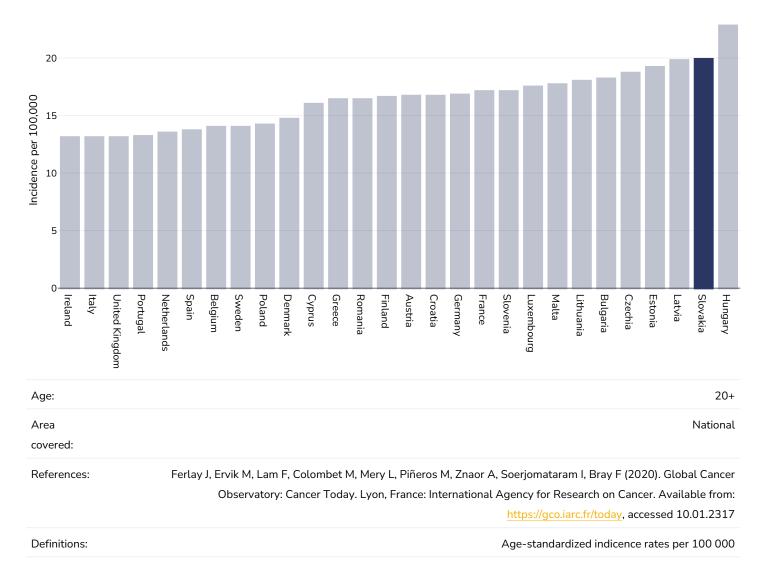
Colorectal cancer

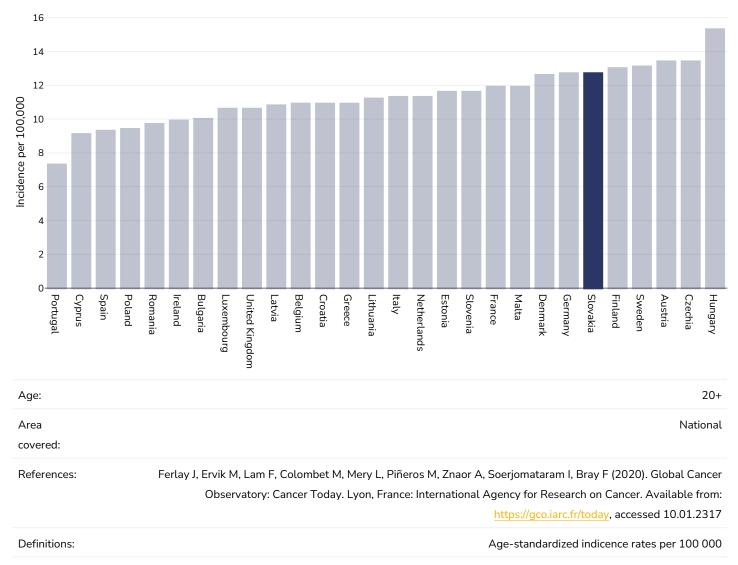






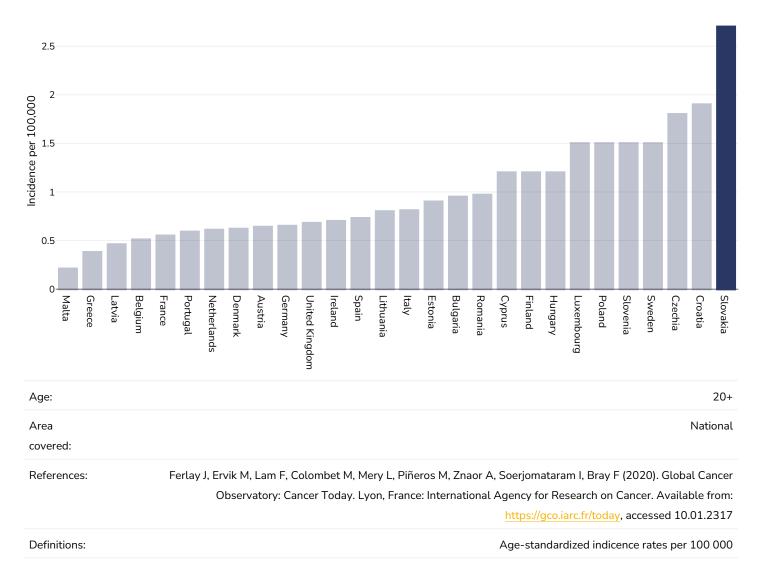
Pancreatic cancer



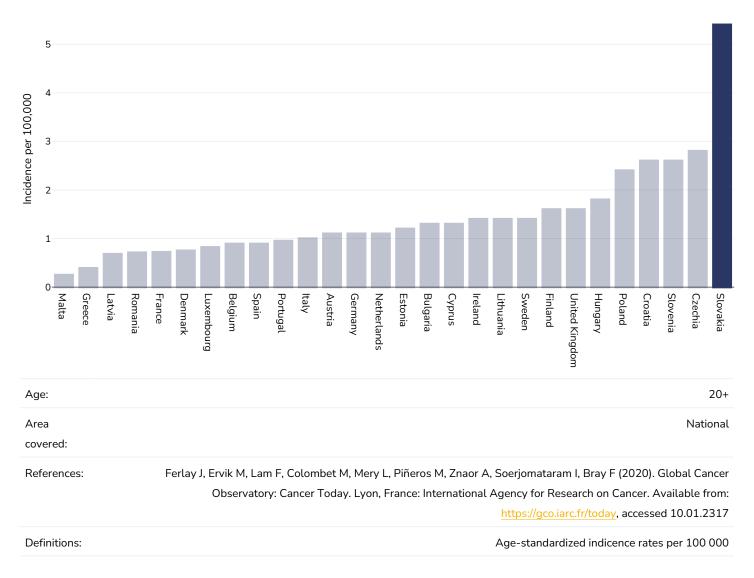




Gallbladder cancer

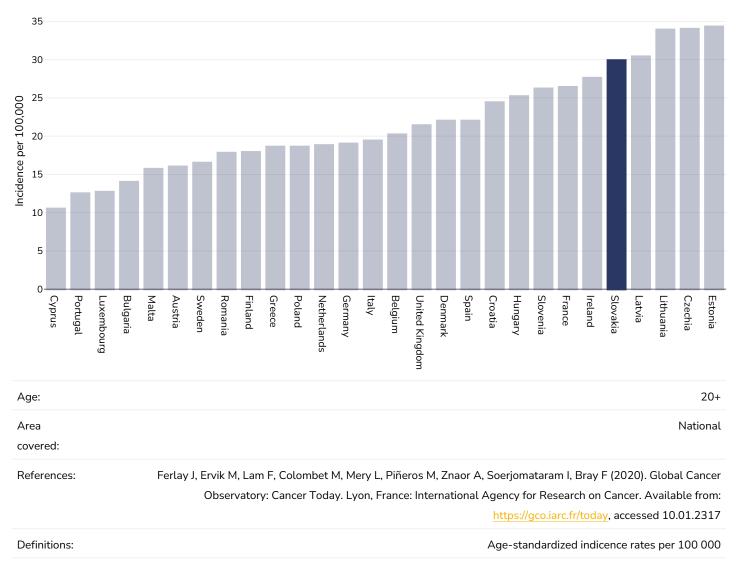




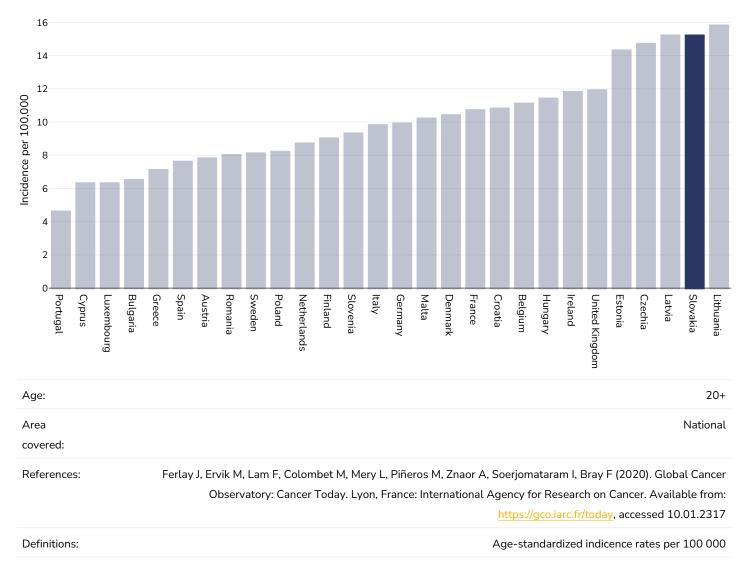




Kidney cancer

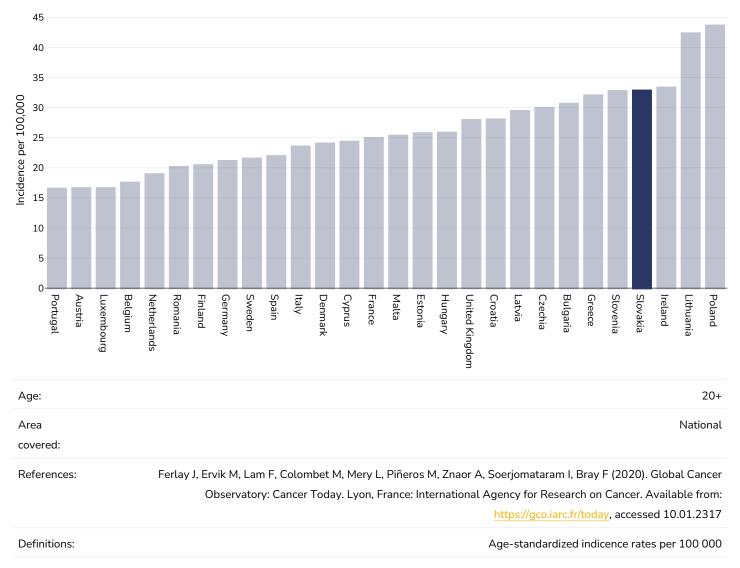


WORLD ØBESITY





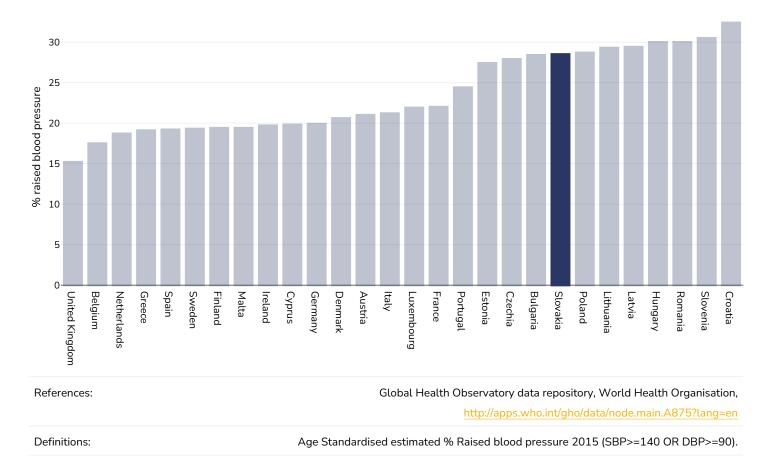
Cancer of the uterus

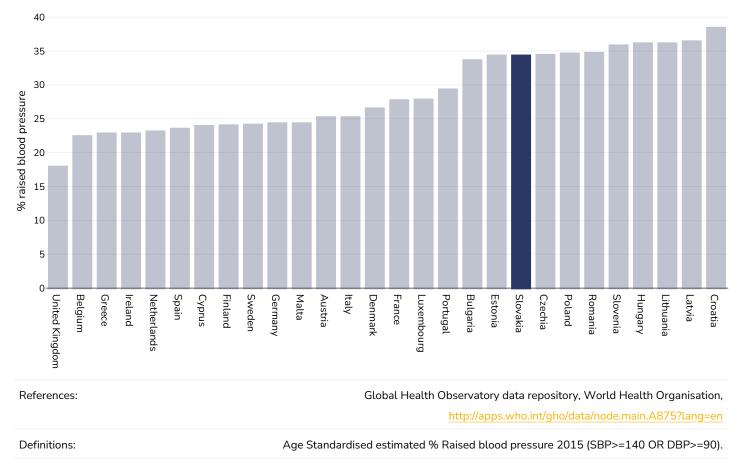




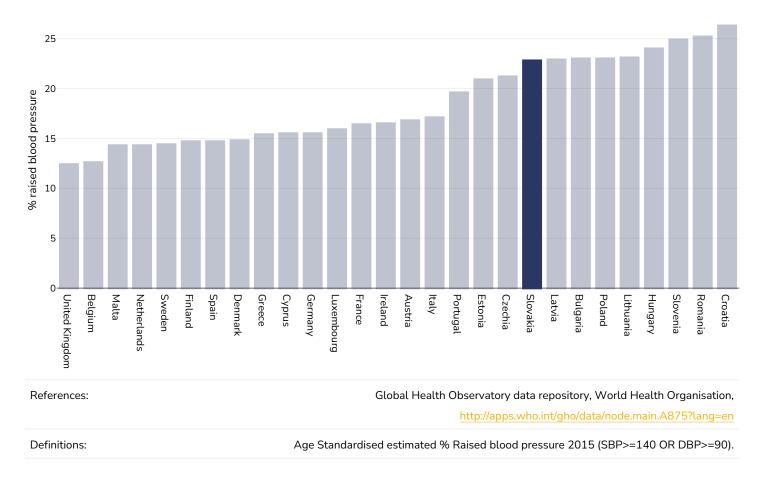
Raised blood pressure

Adults, 2015





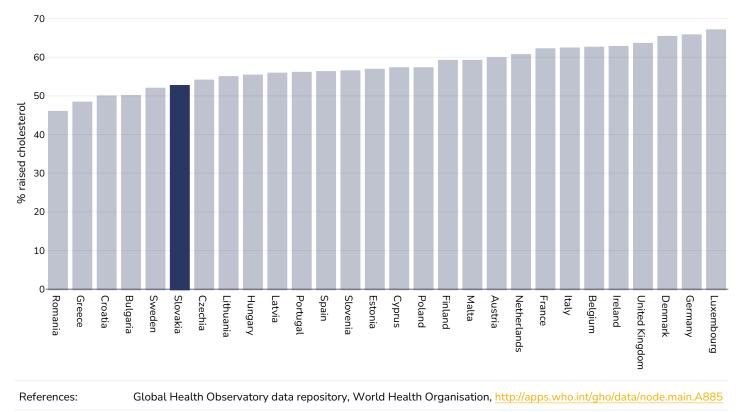






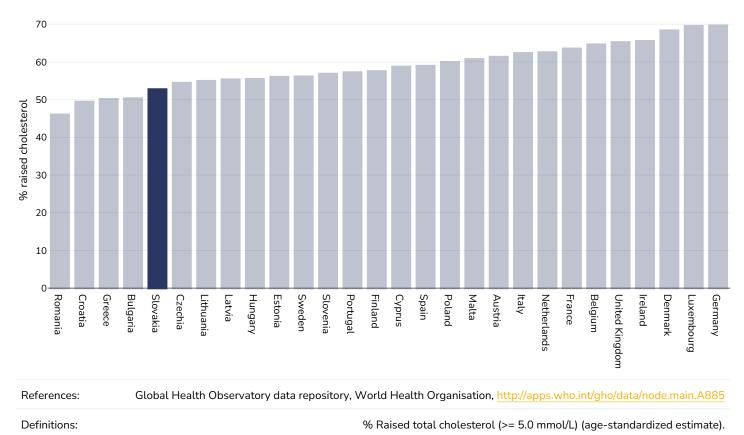
Raised cholesterol

Adults, 2008



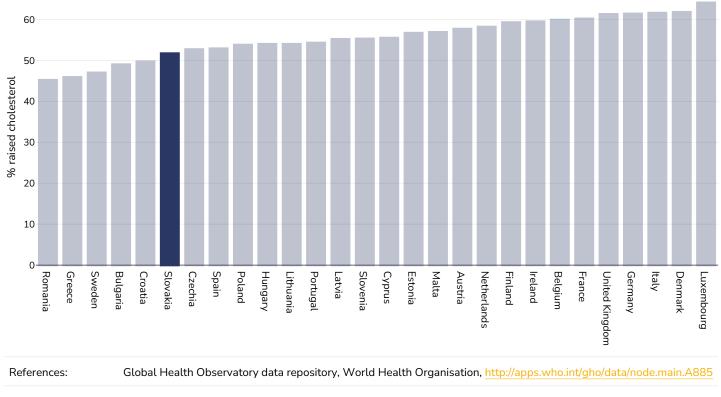
Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).





Women, 2008



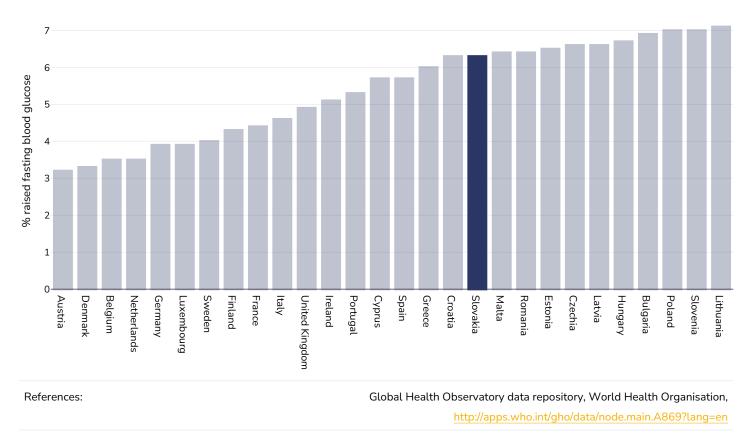
Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



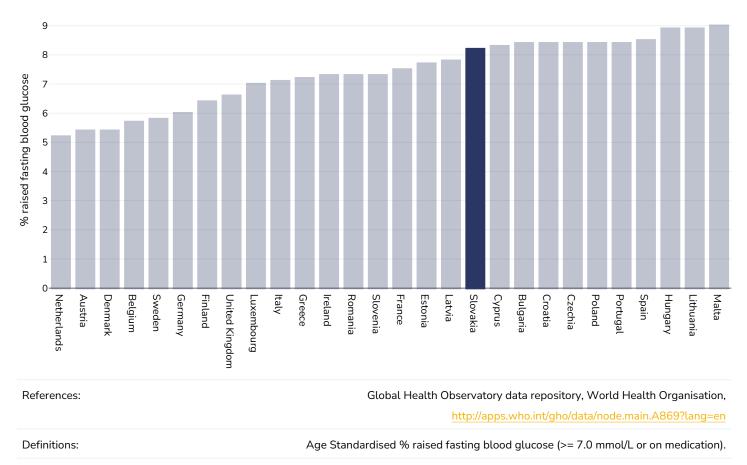
Raised fasting blood glucose





Definitions:

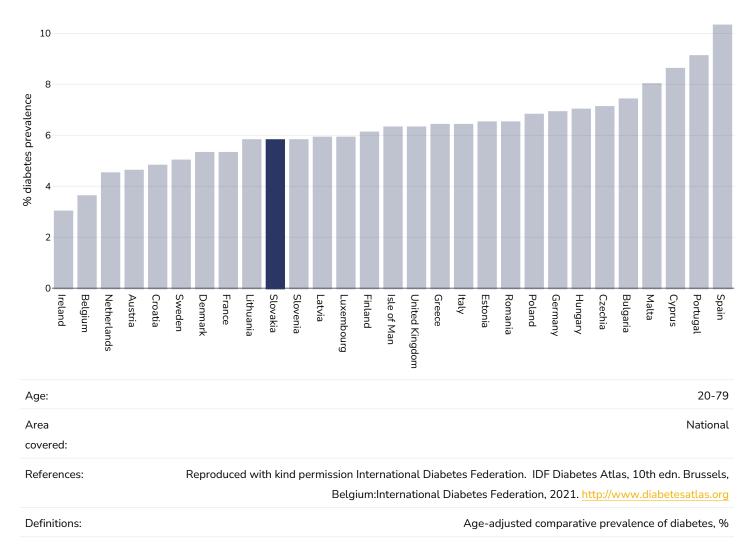
Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).





Diabetes prevalence

Adults, 2021





Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	~
Front-of-package labelling?	×
Back-of-pack nutrition declaration?	 ✓
Color coding?	×
Warning label?	×

Regulation and marketing	
Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	X
Tax on unhealthy drinks?	X
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	×
Subsidy on vegetables?	X
Subsidy on other healthy products?	X
Mandatory limit or ban of trans fat (all settings)?	\checkmark
Mandatory limit of trans fats in place (all settings)?	~
Ban on trans-fats or phos in place (all settings)?	×
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	×
Mandatory restriction on broadcast media?	×
Mandatory restriction on non-broadcast media?	X
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Are there mandatory standards for food in schools?	\checkmark
Are there any mandatory nutrient limits in any manufactured food products?	\checkmark
Nutrition standards for public sector procurement?	X

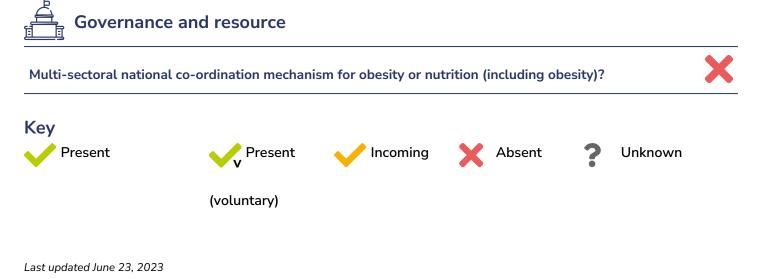
Y

Ξ



National obesity strategy or nutrition and physical activity national strategy?	\checkmark
National obesity strategy?	 Image: A set of the set of the
National childhood obesity strategy?	×
Comprehensive nutrition strategy?	
Comprehensive physical activity strategy?	 ✓
Evidence-based dietary guidelines and/or RDAs?	×
National target(s) on reducing obesity?	
Guidelines/policy on obesity treatment?	×
Promotion of breastfeeding?	





PDF created on May 28, 2024