

# Slovakia



## Policies, Interventions and Actions

### Annex III to Regulation (EC) No 1925/2006 of the European Parliament and of the Council as regards trans fat, other than trans fat naturally occurring in fat of animal origin

Measures to limit or virtually eliminate industrially-produced trans fatty acids in food intended for the final consumer and/or for supply to retail. Adopted by The European Commission from April 2019. (Available in multiple languages)

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2019 (ongoing)
Target age group:	Adults and children
Organisation:	The European Commission
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/36162">https://extranet.who.int/nutrition/gina/en/node/36162</a> (last accessed 12.07.22)

### Food and Nutrition Action Plan 2017-2025

The main aim of the Action Plan is to gradually reduce the burden and prevent non-communicable diseases related to nutrition, obesity as well as all forms of malnutrition.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2017-2025
Target age group:	Adults and children
Organisation:	Public Health Office of the Slovak Republic
Find out more:	<a href="http://www.uvzsr.sk">www.uvzsr.sk</a>

## National action plan to support physical activity

The main objective of the National Action Plan for the Promotion of Physical Activity for 2017-2020 is to improve the level of public health by supporting physical activity across sectors, supporting the training of physical activity professionals and reducing modifiable risk factors for insufficient physical activity related to non-communicable chronic diseases by maintaining adequate fitness.

Categories:	Evidence of Physical Activity Guidelines/Policy
Year(s):	2017-2020
Target age group:	Adults and children
Organisation:	Public Health Office of the Slovak Republic
Find out more:	<a href="http://www.uvzsr.sk">www.uvzsr.sk</a>
Linked document:	<a href="#">Download linked document</a>

## School Fruit Scheme

National strategy to promote the consumption of fruit and vegetables by children and school pupils in Slovakia.

Categories:	Evidence of Community Interventions/Campaign
Categories (partial):	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2017-2023
Target age group:	Children
Organisation:	Government
Find out more:	<a href="http://ec.europa.eu">ec.europa.eu</a>
Linked document:	<a href="#">Download linked document</a>

## School Fruit, Vegetables and Milk Scheme

"Applicable since 1 August 2017, the EU school fruit, vegetables and milk scheme combines two previous schemes (the school fruit and vegetables scheme and the school milk scheme) under a single legal framework for more efficiency and an enhanced focus on health and educational. The scheme supports the distribution of products, educational measures and information measures. The scheme supports the distribution of fruit, vegetables, milk and certain milk products to schoolchildren, from nursery to secondary school. EU countries approve a list of products (in collaboration with their health and nutrition authorities) which will help achieve the schemes objective of helping children to follow a healthy diet. Priority is for fresh fruit and vegetables and for plain milk. In order to support a varied diet and/or specific nutritional needs, EU countries may also make processed fruit and vegetables such as juices and soups and certain milk products such as yoghurt and cheese, available. Additionally, under stricter conditions, milk-based drinks may be included." - EU Commission

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2017 (ongoing)
Organisation:	European Commission
Find out more:	<a href="http://ec.europa.eu">ec.europa.eu</a>
References:	<a href="https://ec.europa.eu/info/food-farming-fisheries/key-policies/common-agricultural-policy/market-measures/school-fruit-vegetables-and-milk-scheme/school-scheme-explained_en">https://ec.europa.eu/info/food-farming-fisheries/key-policies/common-agricultural-policy/market-measures/school-fruit-vegetables-and-milk-scheme/school-scheme-explained_en</a>

## Skolske ovocie - school nutrition programme

"The new legal framework sets out a school program for fruit, vegetables and milk, the aim of which is to permanently increase the share of these products in children's diets during the period when their eating habits are forming."

Categories:	Evidence of Community Interventions/Campaign
Year(s):	2017 (ongoing)
Target age group:	Children
Organisation:	Ministry of Agriculture and Rural Development of the Slovak Republic
Find out more:	<a href="http://www.skolskeovocie.sk">www.skolskeovocie.sk</a>
References:	<a href="https://www.skolskeovocie.sk/?pl=2">https://www.skolskeovocie.sk/?pl=2</a>

## Trebišove School Programme

"The project aims to increase health and nutritional awareness in children and parents. Based on the Strategy of the Slovak Republic for the implementation of the school program for the school years 2017 / 2018-2022 / 2023, the project "School Program" was implemented on the basis of methodological instructions of ÚVZ SR at two primary schools in the district, one urban and one rural. General and specific objectives of the program: The general objective of the "School Program" is to increase the consumption of fruit, vegetables, milk and dairy products and, in particular, to influence changes in eating habits and to prevent chronic non-communicable diseases. The specific goal of the program is to increase the consumption of fruits, vegetables, milk and dairy products, influence the change of eating habits of preschool and school children, teach children and their parents to regularly eat fruits and vegetables, milk and dairy products, educate children and parents about the importance of consumption fruits and vegetables, milk and dairy products for their health."

Categories:	Evidence of Community Interventions/Campaign
Year(s):	2017 (ongoing)
Organisation:	Regional Office of Public Health
References:	<a href="https://www.ruvztlv.sk/?p=4964">https://www.ruvztlv.sk/?p=4964</a>

## GNPR 2016-2017: Infant and young child nutrition - Breastfeeding promotion and/or counselling

This programme was reported by countries for the 2nd WHO Global Nutrition Policy Review 2016-2017 module on actions related to infant and young child nutrition. Information provided by WHO GINA Programme.

Categories:	Evidence of Breastfeeding promotion or related activity
Year(s):	2016 (ongoing)
Target age group:	Children
Find out more:	<a href="http://extranet.who.int">extranet.who.int</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en">https://extranet.who.int/nutrition/gina/en</a>

## National Action Plan for Obesity Prevention 2015-2025

National Action Plan for Obesity Prevention 2015-2025

Categories:	Evidence of National Obesity Strategy/Policy or Action plan
Year(s):	2015-2025
Target age group:	Adults and children
Organisation:	Public Health Office of the Slovak Republic
Find out more:	<a href="http://www.uvzsr.sk">www.uvzsr.sk</a>
Linked document:	<a href="#">Download linked document</a>

## Čiastka 10-11 Dňa 30. septembra 2015 Ročník 63. Požiadavky na jedlú soľ v potravinách

National regulation with maximum thresholds for manufactured food/drink content relating to specific unhealthy ingredients adopted by the Ministry of Health of the Slovak Republic from September 2015. (Available only in Slovak language)

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2015 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health of the Slovak Republic
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/79836">https://extranet.who.int/nutrition/gina/en/node/79836</a> (last accessed 20.07.22)

## European Union (EU) Action Plan on Childhood Obesity 2014-2020

EU Action plan. To contribute to halting the rise in overweight and obesity in children and young people (0-18 years) by 2020

Categories:	Transnational Obesity Strategies/Policy or Action Plan
Year(s):	2014-2020
Target age group:	Children
Organisation:	Ministry of Health
Find out more:	<a href="http://ec.europa.eu">ec.europa.eu</a>
Linked document:	<a href="#">Download linked document</a>
References:	EU Action Plan on Childhood Table of contents [Internet]. Available from: <a href="https://ec.europa.eu/health/sites/health/files/nutrition_physical_activity/docs/childhoodobesity_actionplan_2014_2020_en.pdf">https://ec.europa.eu/health/sites/health/files/nutrition_physical_activity/docs/childhoodobesity_actionplan_2014_2020_en.pdf</a> &amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;zwj;

## National Health Promotion Program

The goals of the programme include healthy lifestyle, health promotion in health care, family health, healthy nutrition, healthy working conditions and reducing the prevalence of chronic diseases

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2014 (ongoing)
Target age group:	Adults and children
Organisation:	Public Health Office of the Slovak Republic
Find out more:	<a href="http://www.uvzsr.sk">www.uvzsr.sk</a>
Linked document:	<a href="#">Download linked document</a>

## Strategic framework for health for 2014-2030

This document defines medium and long term direction of health policy in the Slovak Republic. The main incentive for its creation is implementation of measures for improving the quality, sustainability and efficiency of the healthcare system and the health status of the population.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2014-2030
Target age group:	Adults and children
Organisation:	Ministry of Health of the Slovak Republic
Find out more:	<a href="http://www.health.gov.sk">www.health.gov.sk</a>
Linked document:	<a href="#">Download linked document</a>

## EU Regulation 1169/2011

Passed in 2011, EU Regulation 1169/2011 on the Provision of Food Information to Consumers requires a list of the nutrient content of most pre-packaged food to be provided on the back of the pack from October 2011.

Categories:	Labelling Regulation/Guidelines
Year(s):	2011 (ongoing)
Target age group:	Adults and children
Organisation:	European Parliament and the Council of the European Union
Find out more:	<a href="http://eur-lex.europa.eu">eur-lex.europa.eu</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/22917">https://extranet.who.int/nutrition/gina/en/node/22917</a> (last accessed 28.06.22)

## Evaluation of the EU school milk and fruit scheme

European Court of Auditors (2011) Are the school milk and school fruit schemes effective? Special Report No 10. Publications Office of the European Union, Luxembourg.

Categories:	Health Effectiveness Reviews (obesity related)
Year(s):	2011 (ongoing)
Target age group:	Children
Organisation:	EUROPEAN COURT OF AUDITORS
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of World Cancer Research Fund International from their NOURISHING framework <a href="http://www.wcrf.org/NOURISHING">www.wcrf.org/NOURISHING</a>

## Law on the organization and promotion of sport (Zakon z 2. jula 2008 o organizacii a podpore sportu a o zmene a doplneni niekterych zakonov)

This law created conditions for sports and entertainment to promote sport among children, including in the educational setting. It also promotes the construction of sport infrastructure

Categories:	Evidence of Physical Activity Guidelines/Policy
Year(s):	2008 (ongoing)
Target age group:	Children
Organisation:	Government
Find out more:	<a href="http://www.slov-lex.sk">www.slov-lex.sk</a>
References:	Information provided with kind permission of HEPA Europe (European network for the promotion of health-enhancing physical activity): <a href="http://www.euro.who.int/en/health-topics/disease-prevention/physical-activity/activities/hepa-europe">http://www.euro.who.int/en/health-topics/disease-prevention/physical-activity/activities/hepa-europe</a>



## EU health and nutrient claims regulation

Regulation n° 1924/2006 establishes EU-wide rules on the use of specified health and nutrient claims. The European Commission approves claims provided they are based on scientific evidence and accessible consumers. The European Food Safety Authority is responsible for evaluating the scientific evidence supporting health claims. Nutrition claims may only be used on food defined as "healthy" by a nutrient profile.

Categories:	Labelling Regulation/Guidelines
Year(s):	2006 (ongoing)
Target age group:	Adults and children
Organisation:	European Commission
Linked document:	<a href="#">Download linked document</a>
References:	<a href="https://eur-lex.europa.eu/legal-content/en/ALL/?uri=CELEX%3A32006R1924">https://eur-lex.europa.eu/legal-content/en/ALL/?uri=CELEX%3A32006R1924</a>

## GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	<a href="http://extranet.who.int">extranet.who.int</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en">https://extranet.who.int/nutrition/gina/en</a>

## NCD targets for Slovakia

Slovakia's NCD targets include the aim of reducing the % of obese population from 16.9 to 15.8 by 2030.

Categories:	Evidence of NCD strategy
References:	<a href="https://extranet.who.int/ncdccc/Data/SVK_Slovakia_NCD_targets_2019.pdf">https://extranet.who.int/ncdccc/Data/SVK_Slovakia_NCD_targets_2019.pdf</a>