

Tegurid Seišellid

High income



Report cards

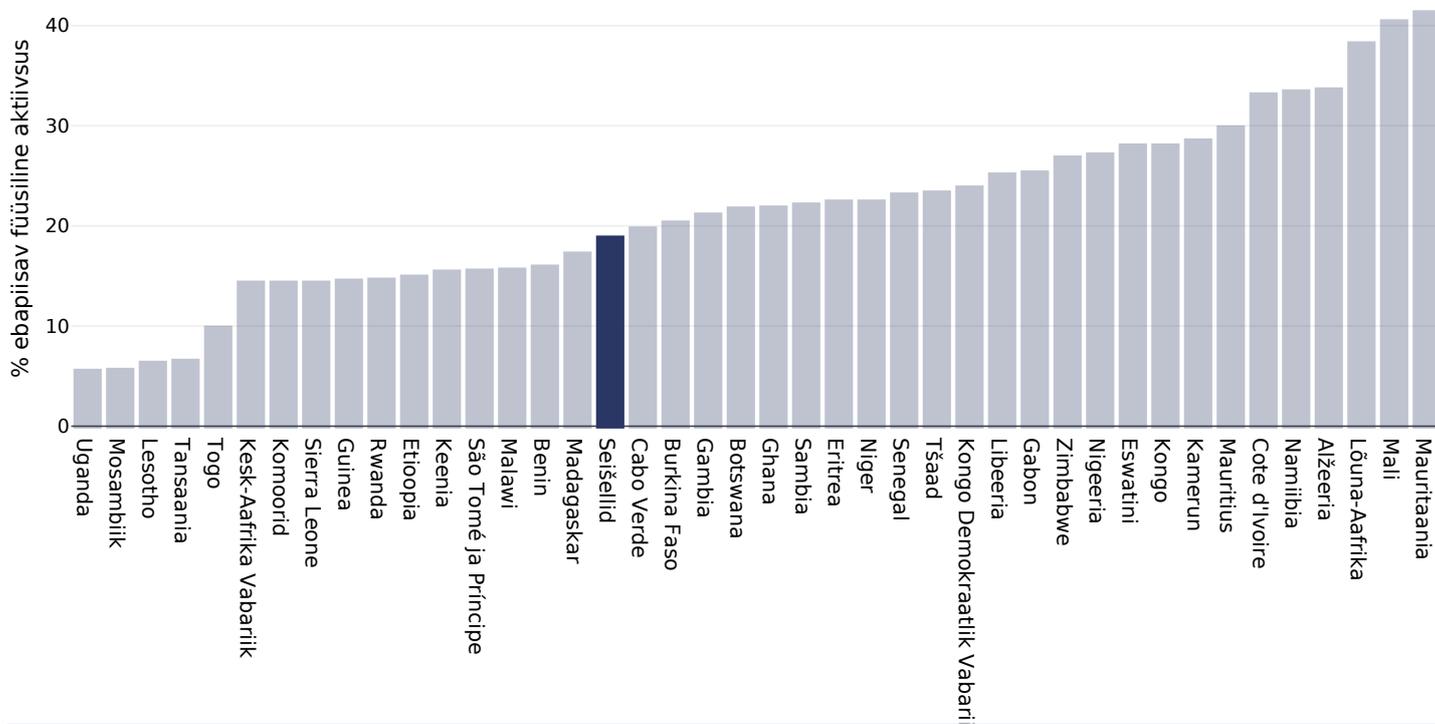
Our report cards collate all the most-recent graphics for this country. If you would like to produce a custom report based on selected graphics, just tap the Add to custom PDF button below the graphics you would like to use.

[Report card \(adult data\)](#)

[Report card \(child data\)](#)

Ebapiisav füüsiline aktiivsus

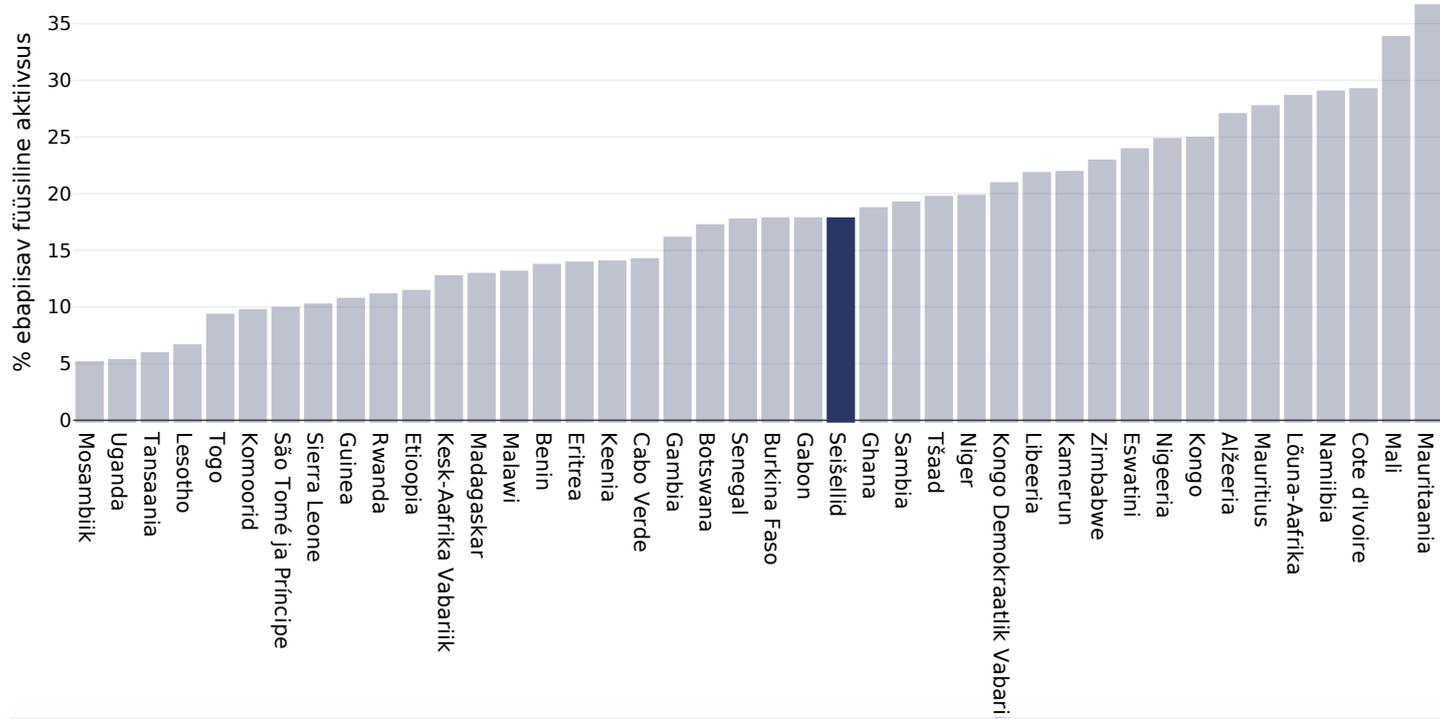
Täiskasvanud, 2016



Viited:

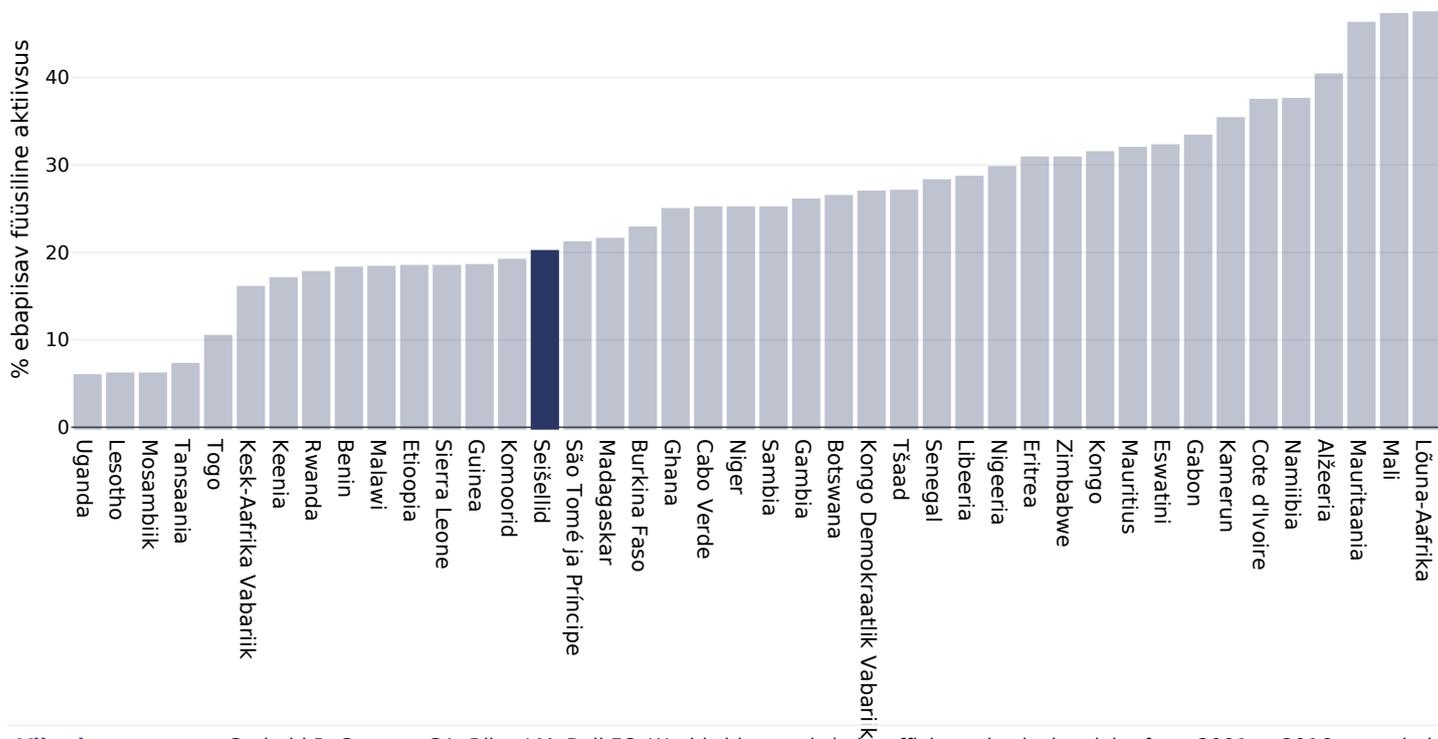
Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Mehed, 2016



Viited: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

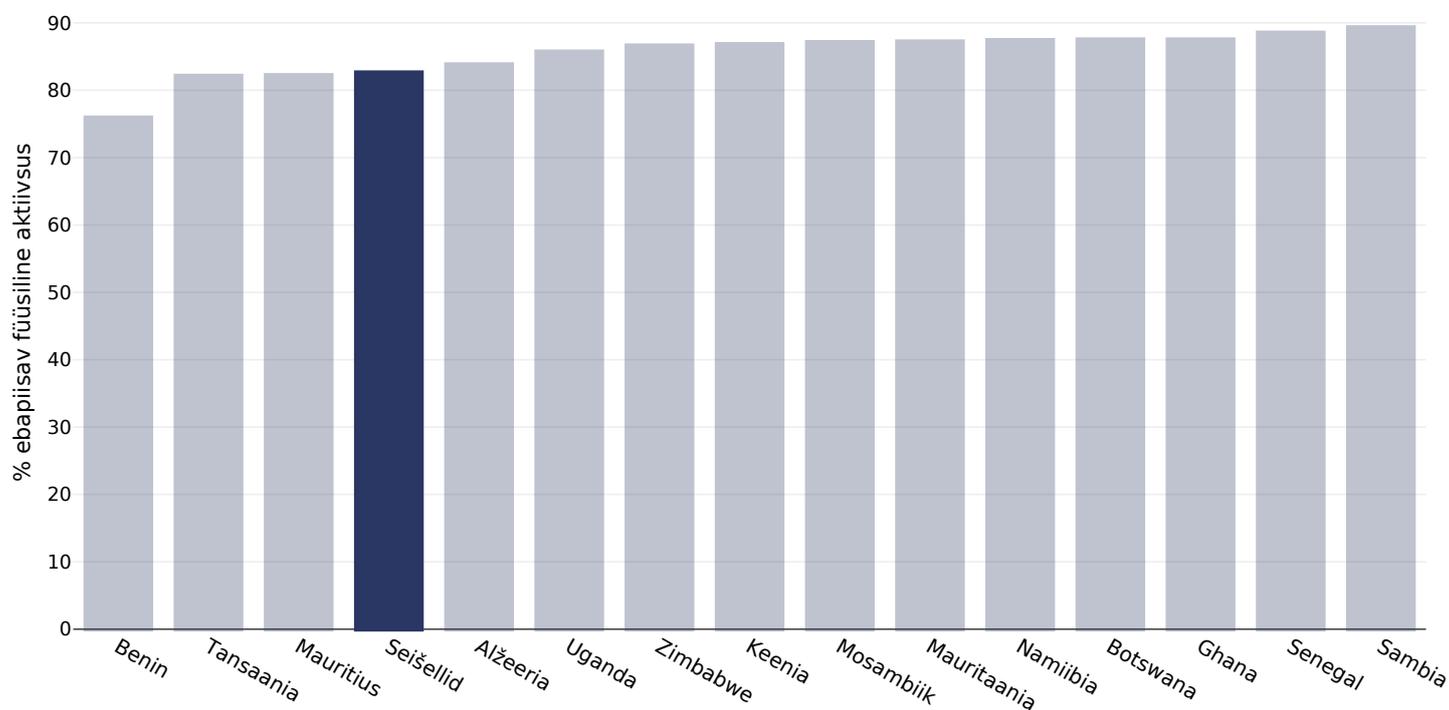
Naised, 2016



Viited:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Lapsed, 2016



Uuringu tüüp:

Ise teatatud

Vanus:

11-17

Viited:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

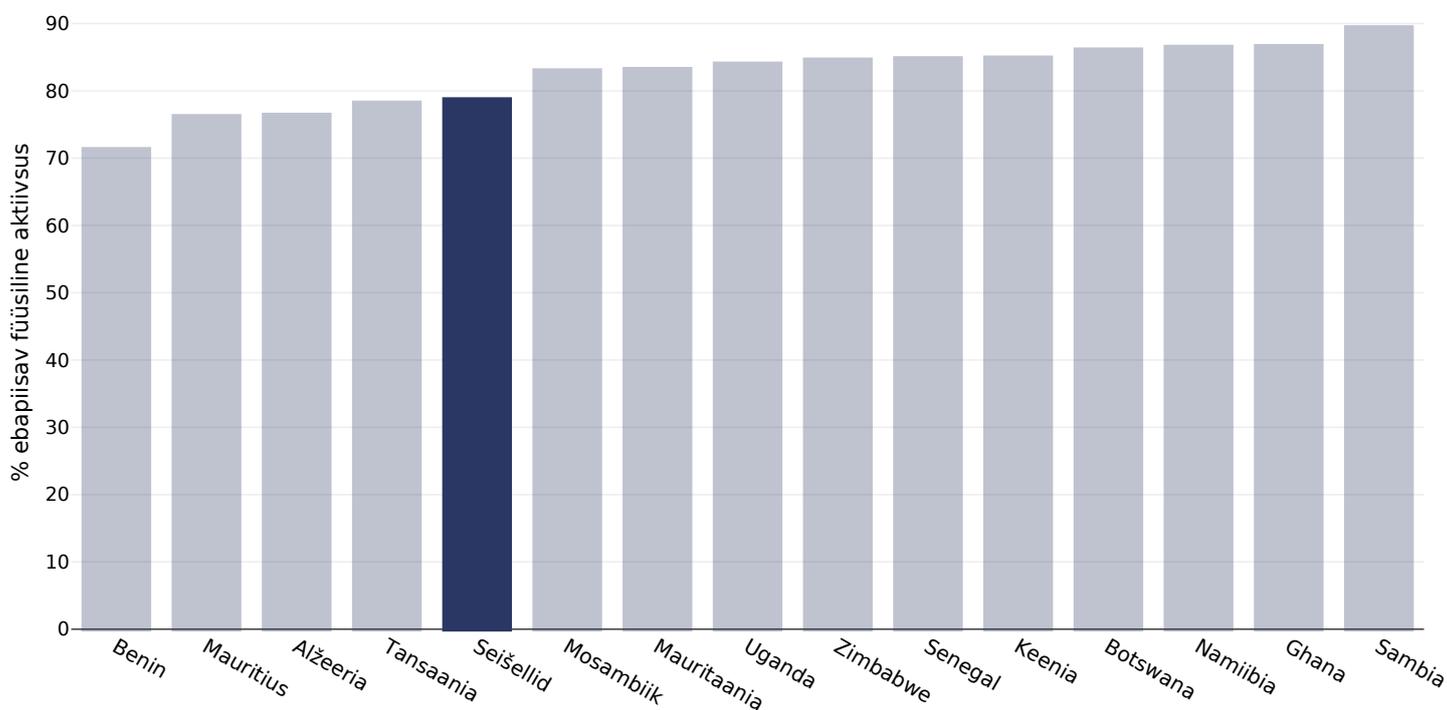
Märkused:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Mõisted:

% Adolescents insufficiently active (age standardised estimate)

Poisid, 2016



Uuringu tüüp:

Ise teatatud

Vanus:

11-17

Viited:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

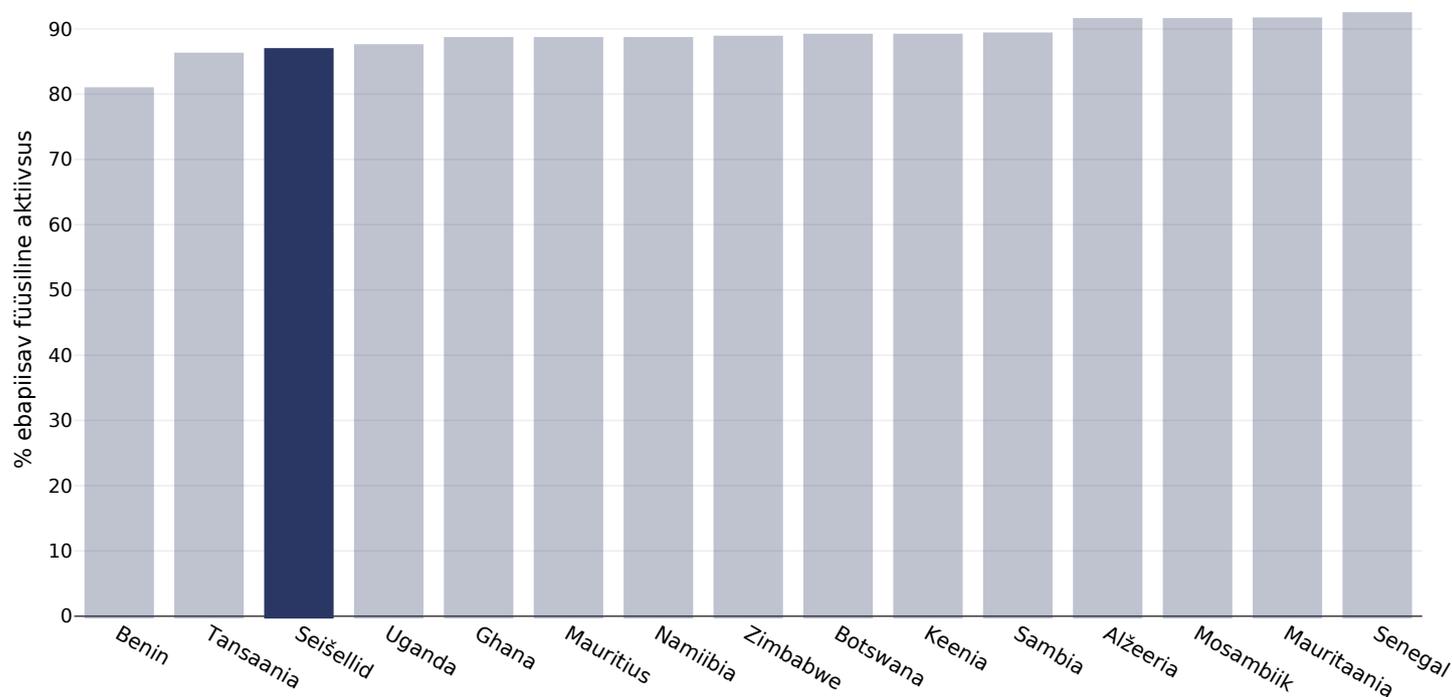
Märkused:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Mõisted:

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Tüdrukud, 2016



Uuringu tüüp:

Ise teatatud

Vanus:

11-17

Viited:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Märkused:

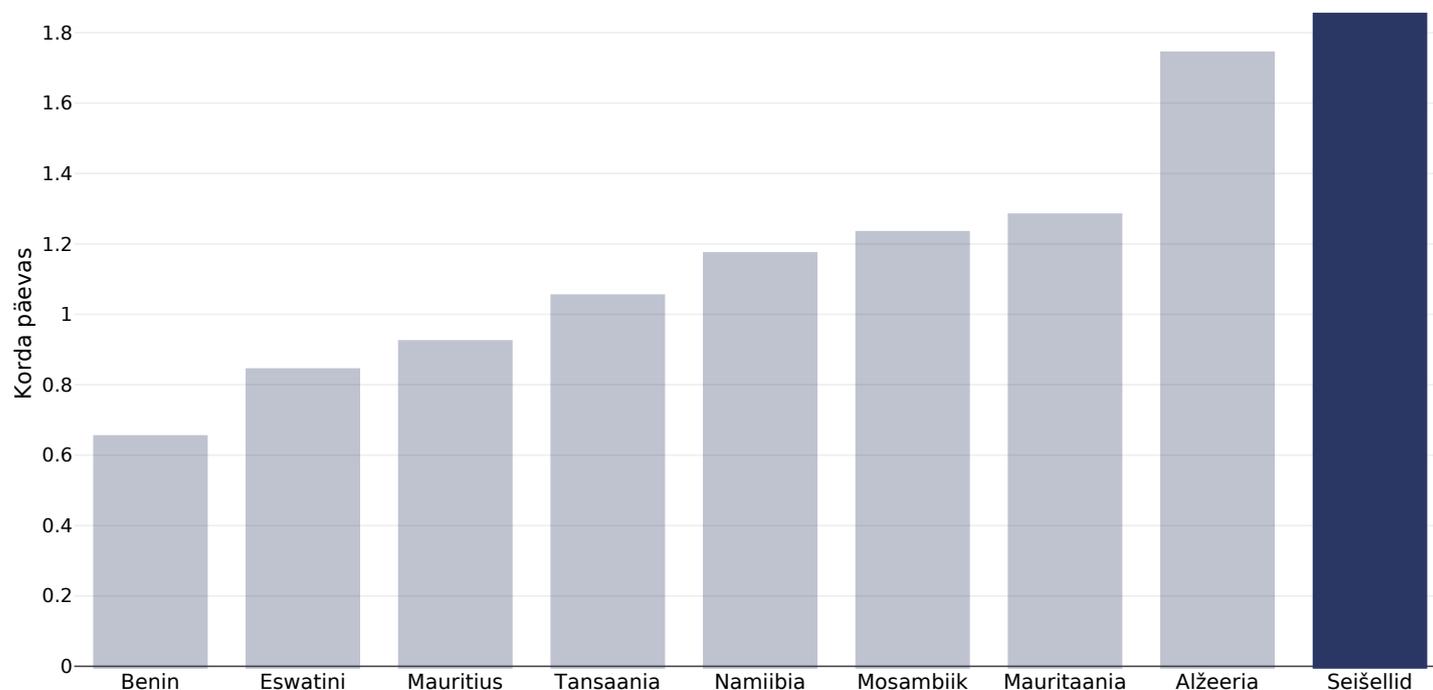
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Mõisted:

% Adolescents insufficiently active (age standardised estimate)

Keskmine päevane gaseeritud karastusjookide tarbimissagedus

Lapsed, 2009-2015



Uuringu tüüp:

Mõõdetud

Vanus:

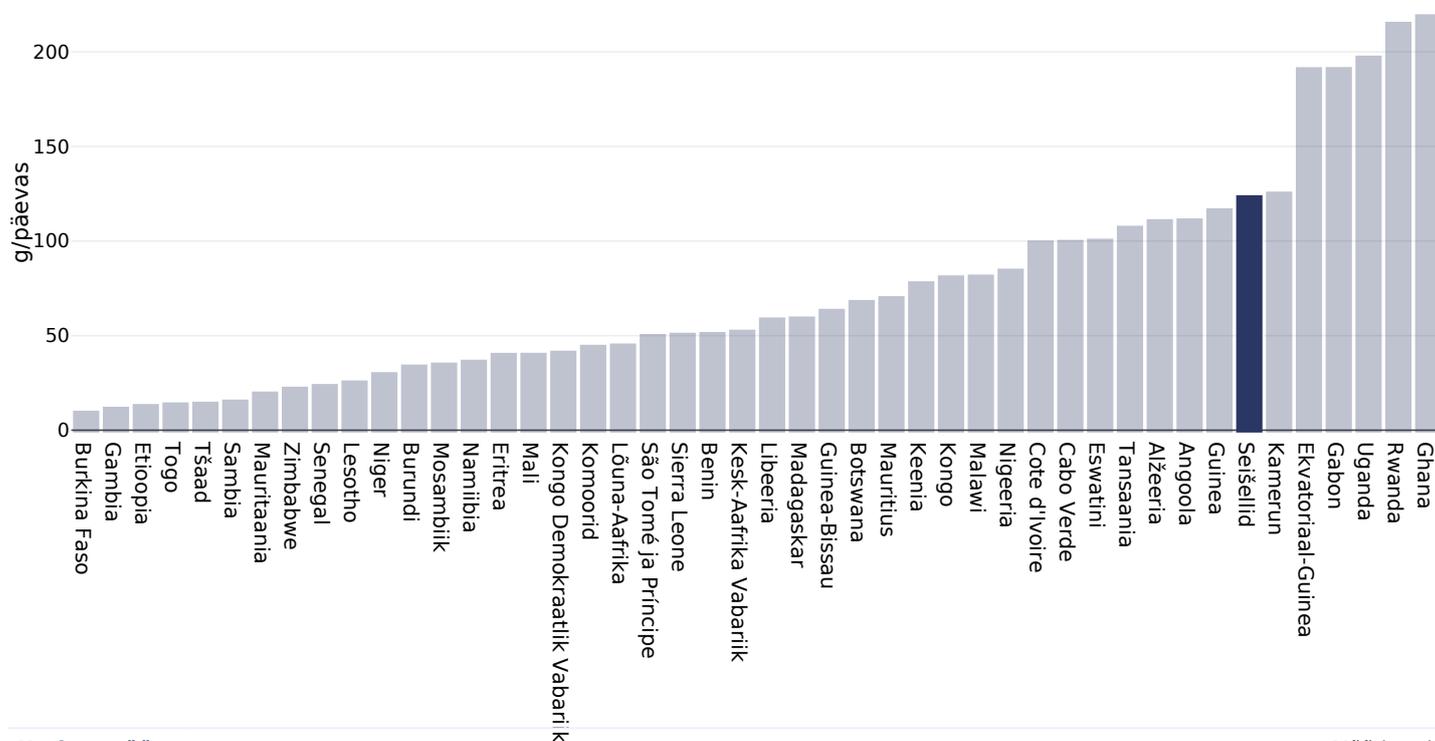
12-17

Viited:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Estimated per capita fruit intake

Täiskasvanud, 2017



Uuringu tüüp:

Mõõdetud

Vanus:

25+

Viited:

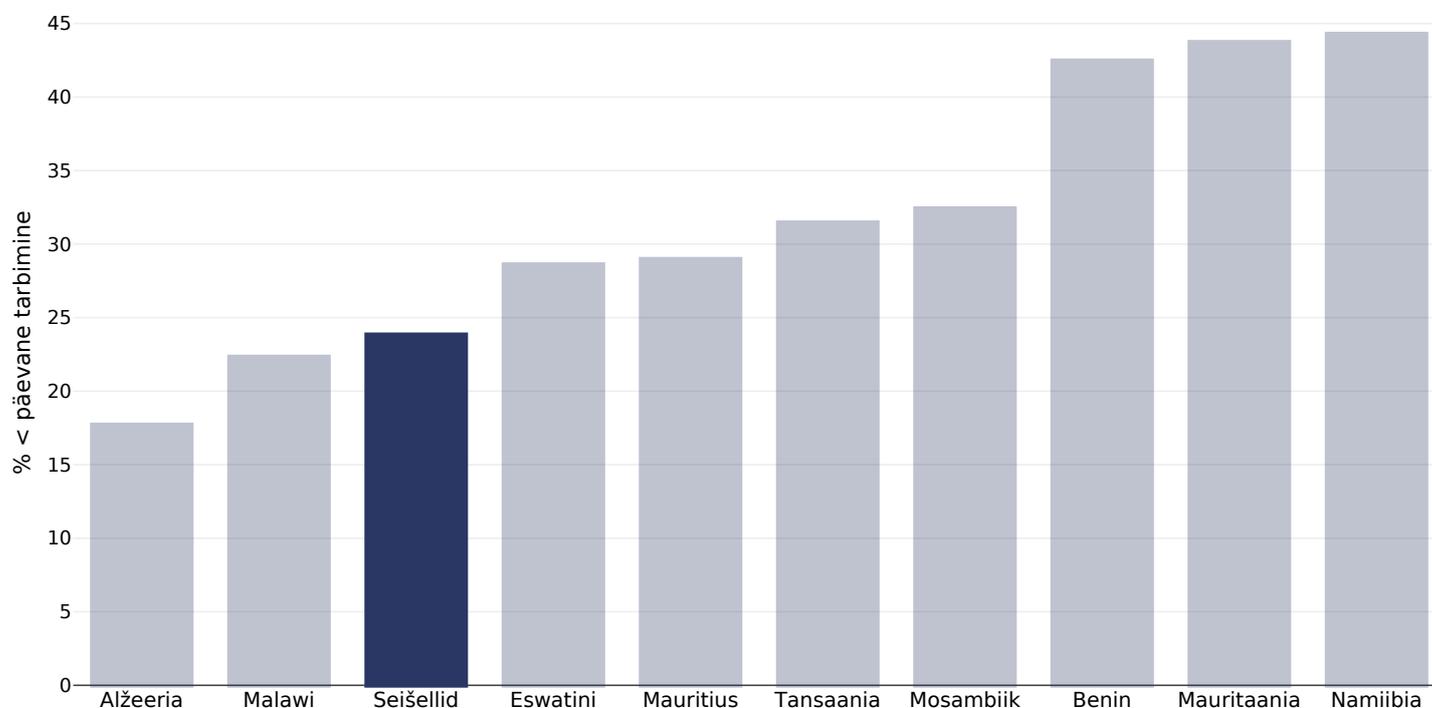
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Mõisted:

Estimated per-capita fruit intake (g/day)

Puuviljade vähem kui igapäevase tarbimise levimus

Lapsed, 2009-2015



Uuringu tüüp:

Mõõdetud

Vanus:

12-17

Viited:

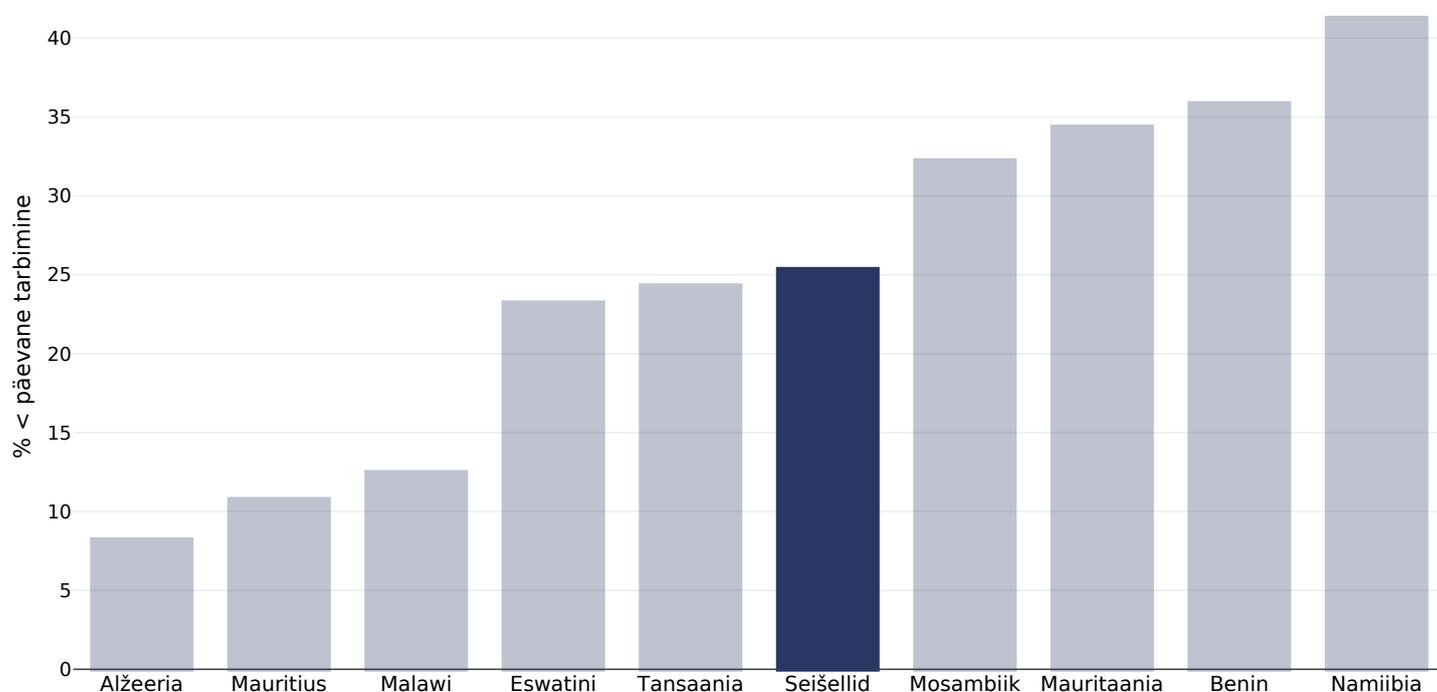
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Mõisted:

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Köögiviljade vähem kui igapäevase tarbimise levimus

Lapsed, 2009-2015



Uuringu tüüp:

Mõõdetud

Vanus:

12-17

Viited:

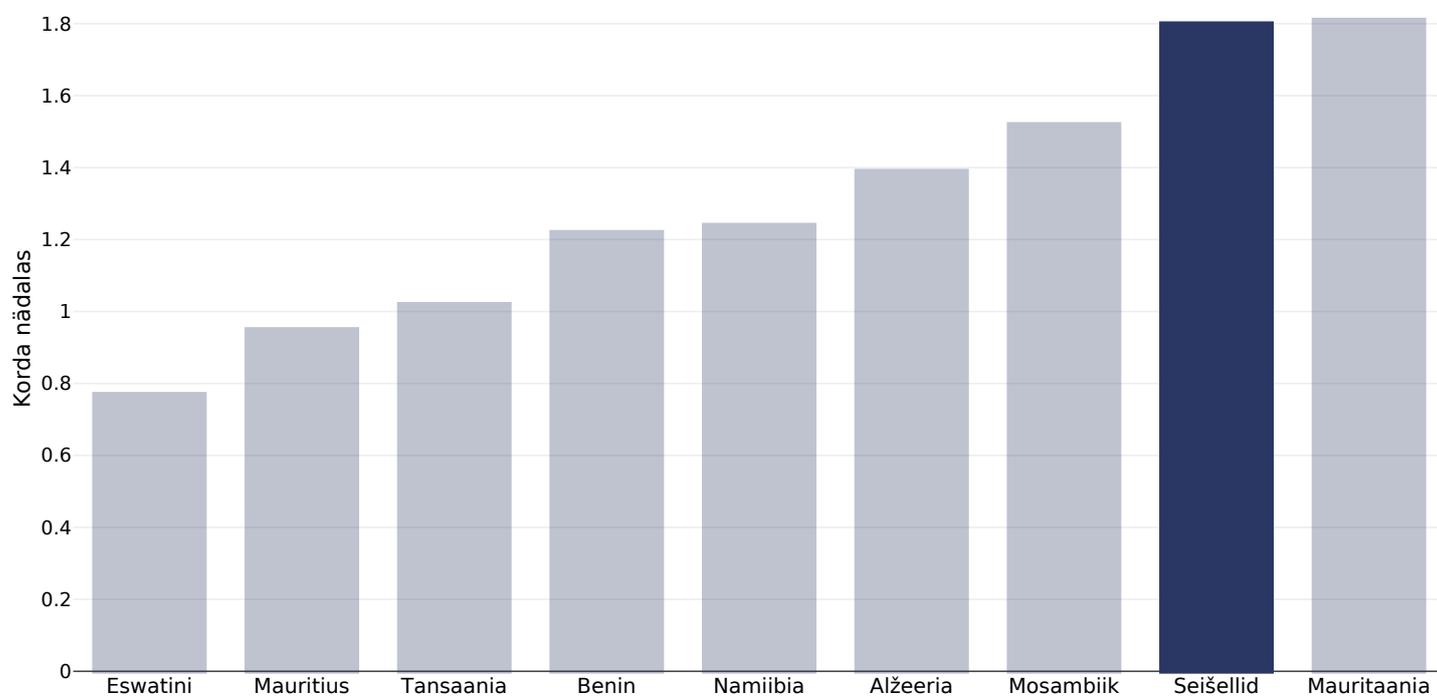
Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Mõisted:

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Kiirtoidu tarbimise keskmine nädalane sagedus

Lapsed, 2009-2015



Vanus:

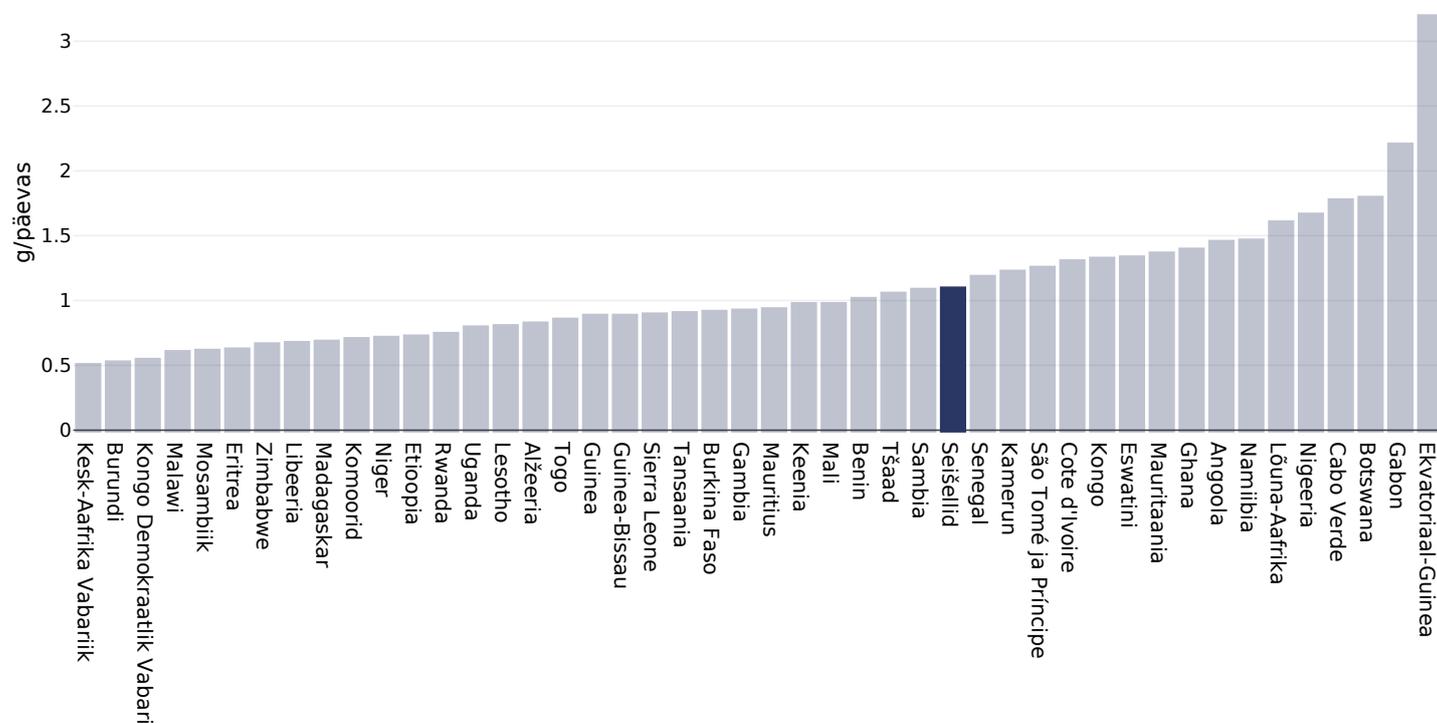
12-17

Viited:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Hinnanguline töödeldud liha tarbimine inimese kohta

Täiskasvanud, 2017



Uuringu tüüp:

Mõõdetud

Vanus:

25+

Viited:

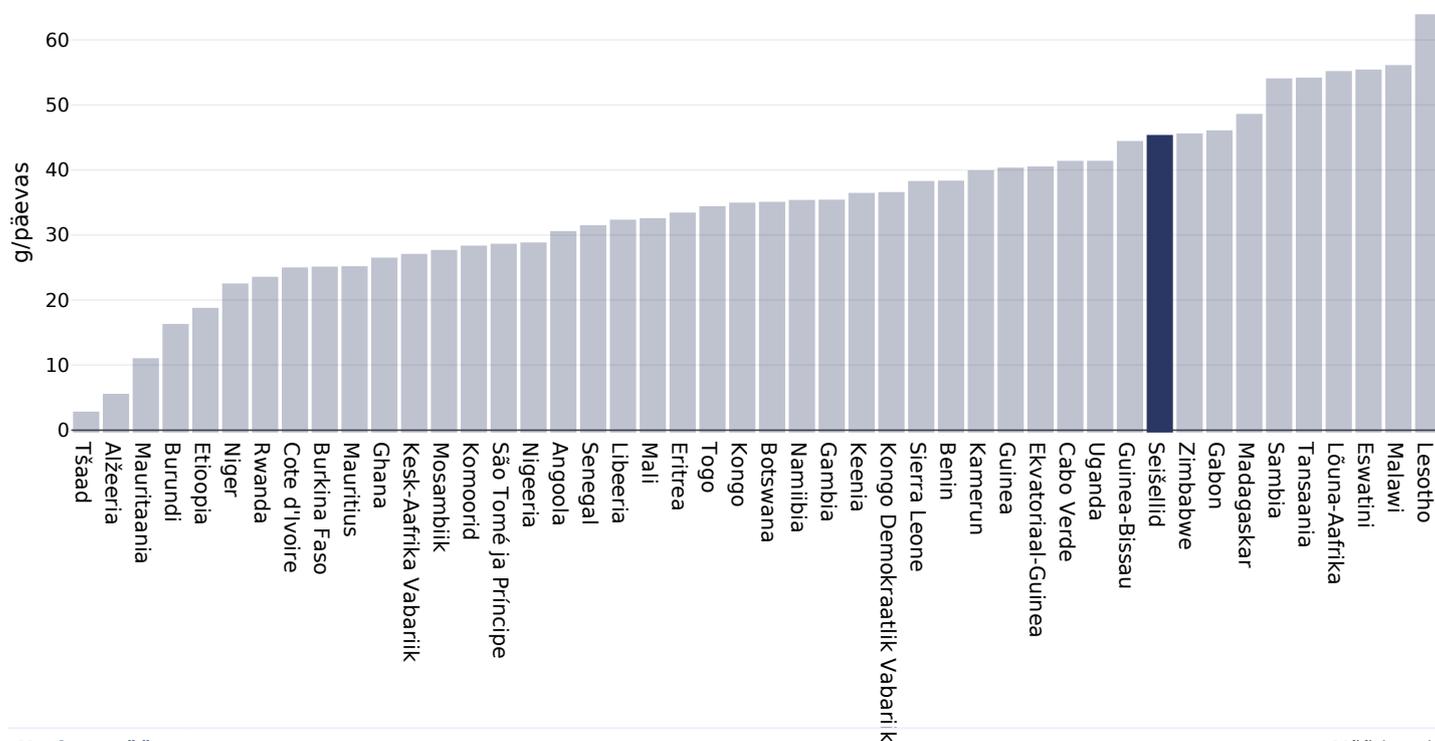
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Mõisted:

Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

Täiskasvanud, 2017



Uuringu tüüp:

Mõõdetud

Vanus:

25+

Viited:

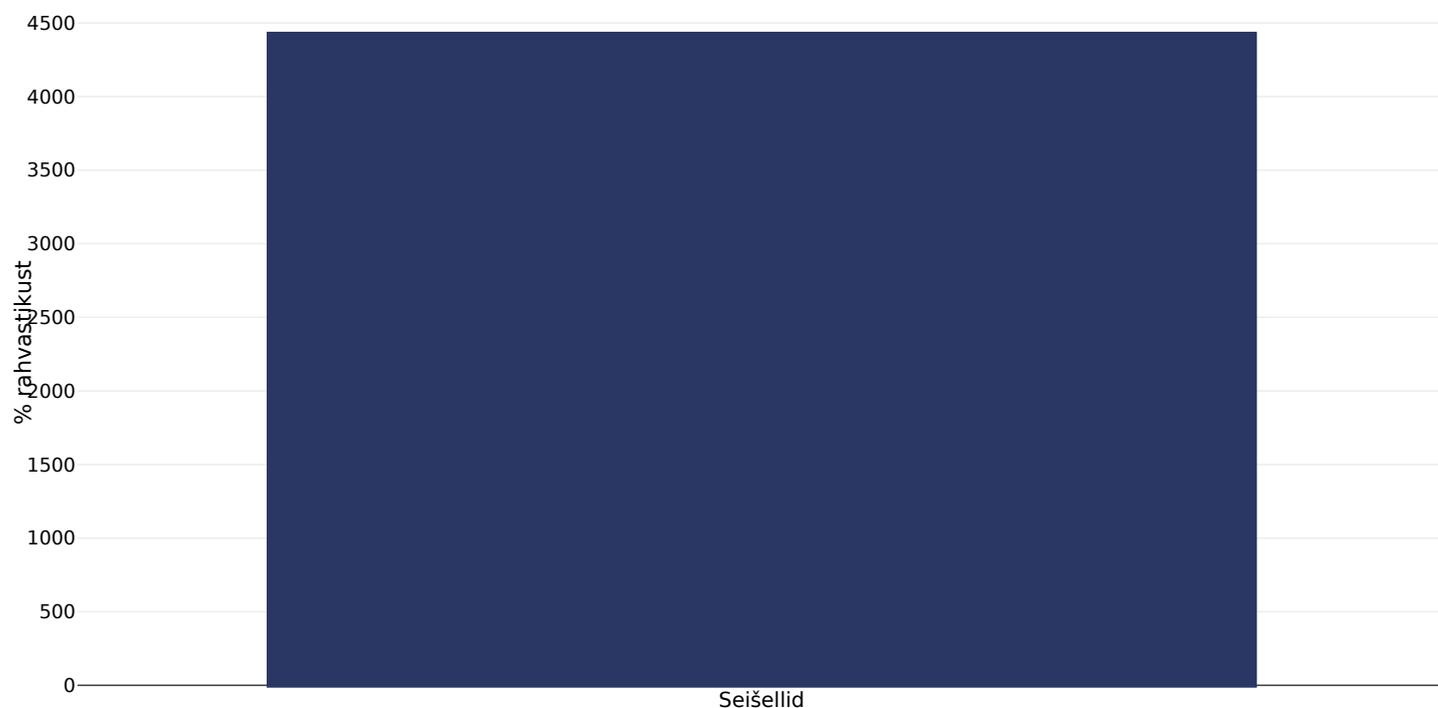
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Mõisted:

Estimated per-capita whole grains intake (g/day)

Vaimne tervis - depressiivsed häired

Täiskasvanud, 2021



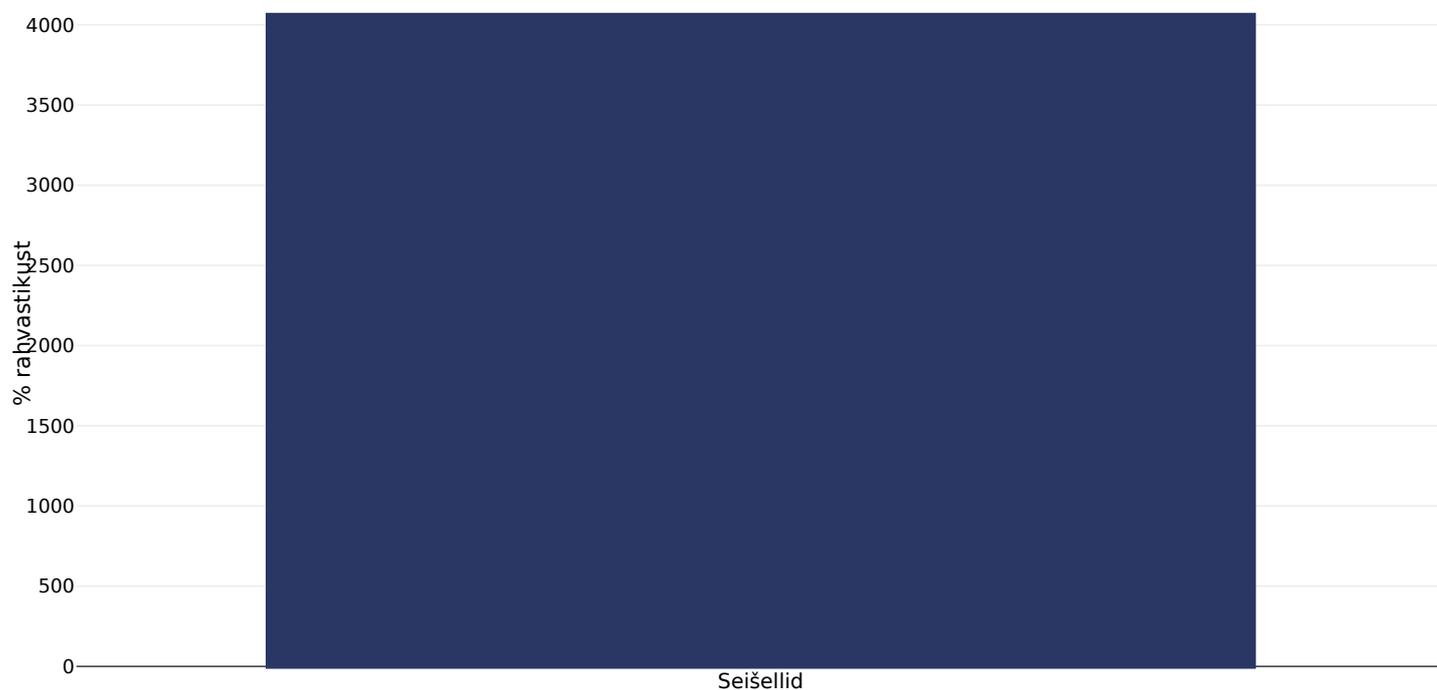
Vanus: 20+

Hõlmatud piirkond: Riiklik

Viited: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Mõisted: Number living with depression per 100,000 population (adults 20+ years)

Mehed, 2021



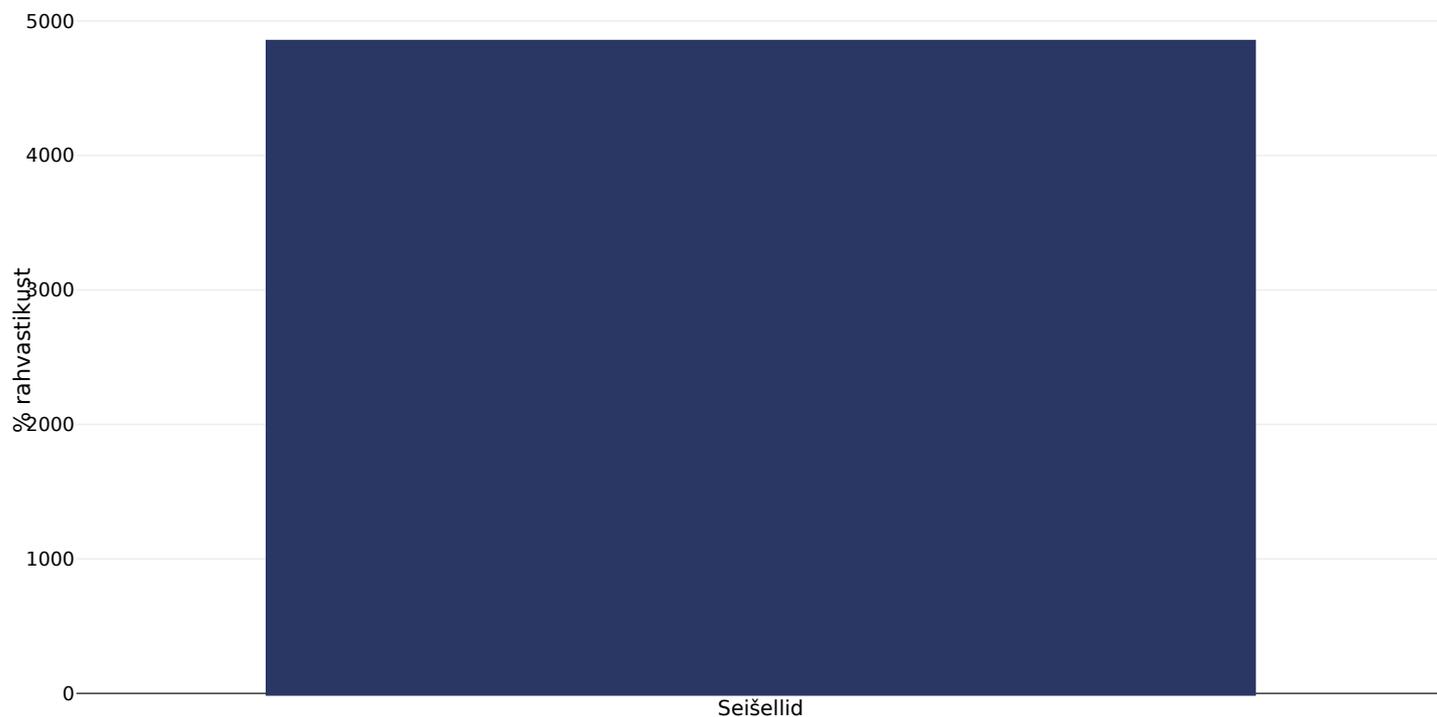
Vanus: 20+

Hõlmatud piirkond: Riiklik

Viited: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Mõisted: Number living with depression per 100,000 population (adults 20+ years)

Naised, 2021



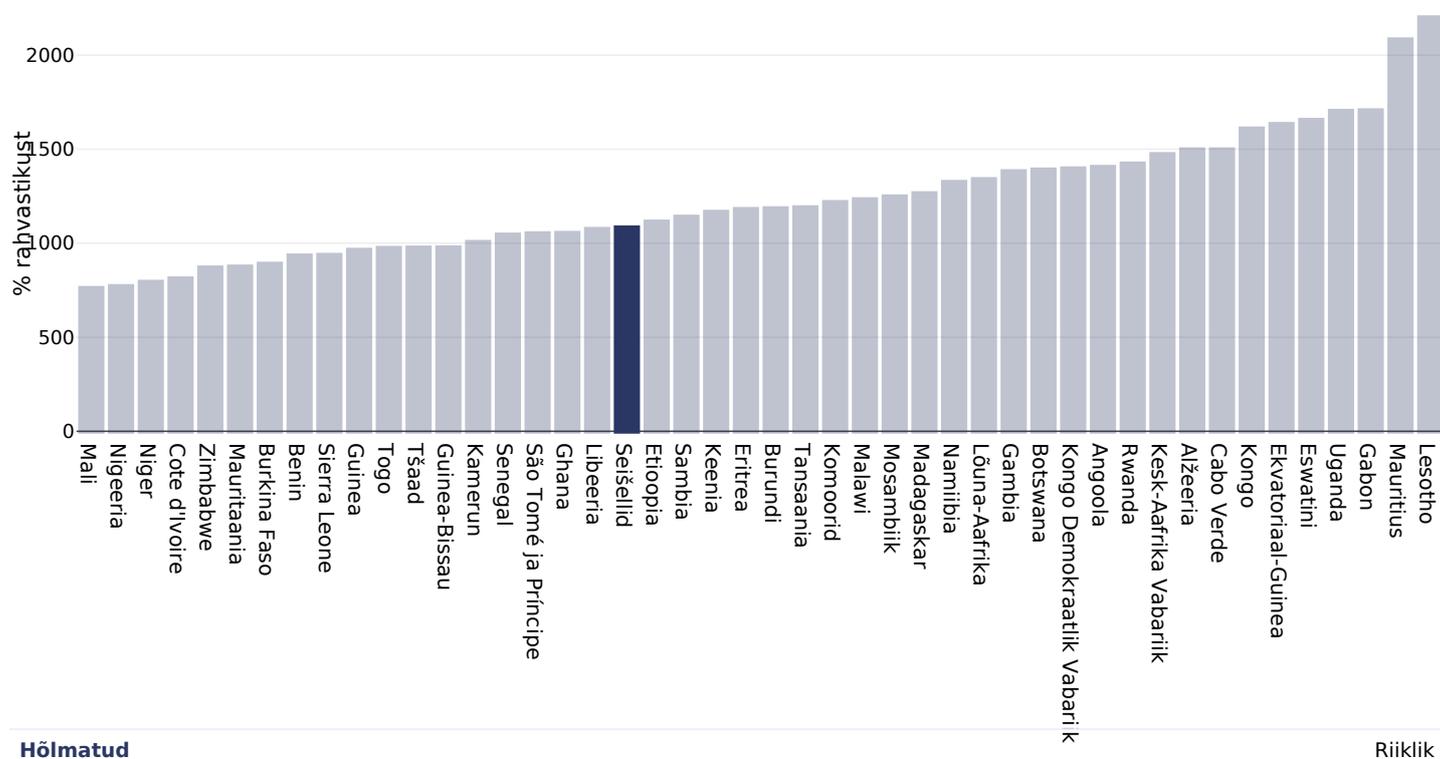
Vanus: 20+

Hõlmatud piirkond: Riiklik

Viited: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Mõisted: Number living with depression per 100,000 population (adults 20+ years)

Lapsed, 2021



Hõlmatud piirkond:

Riiklik

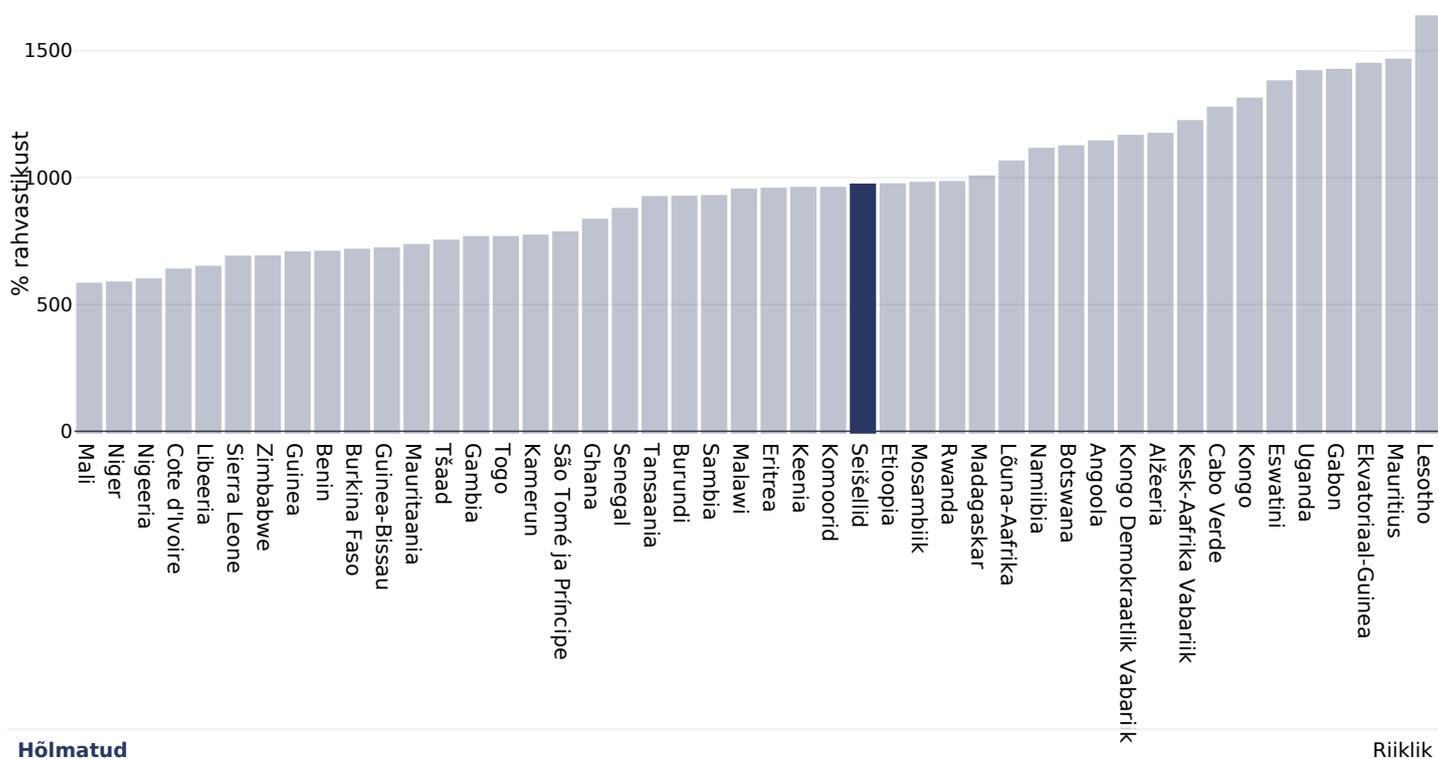
Viited:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Mõisted:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Poisid, 2021



Hõlmatud piirkond:

Riiklik

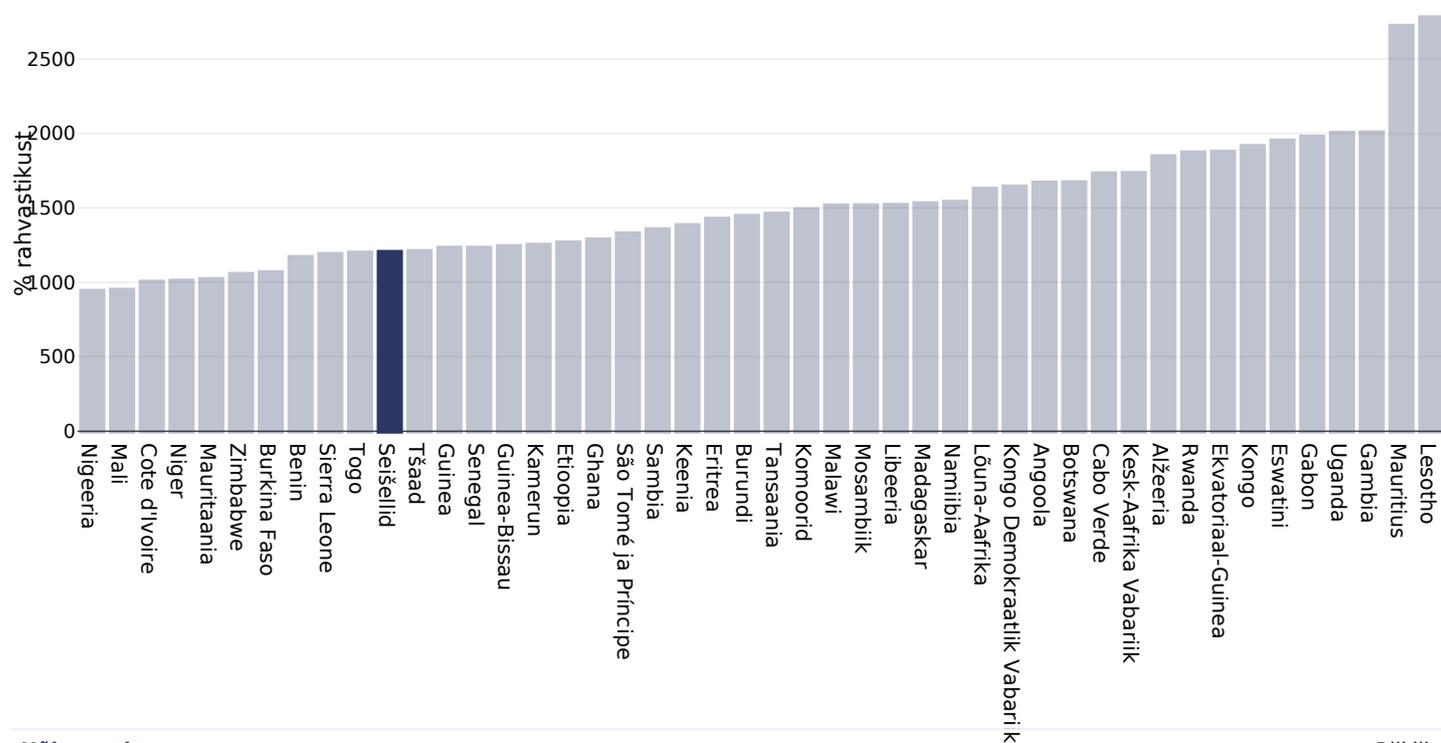
Viited:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Mõisted:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Tüdrukud, 2021



Hõlmatud piirkond:

Riiklik

Viited:

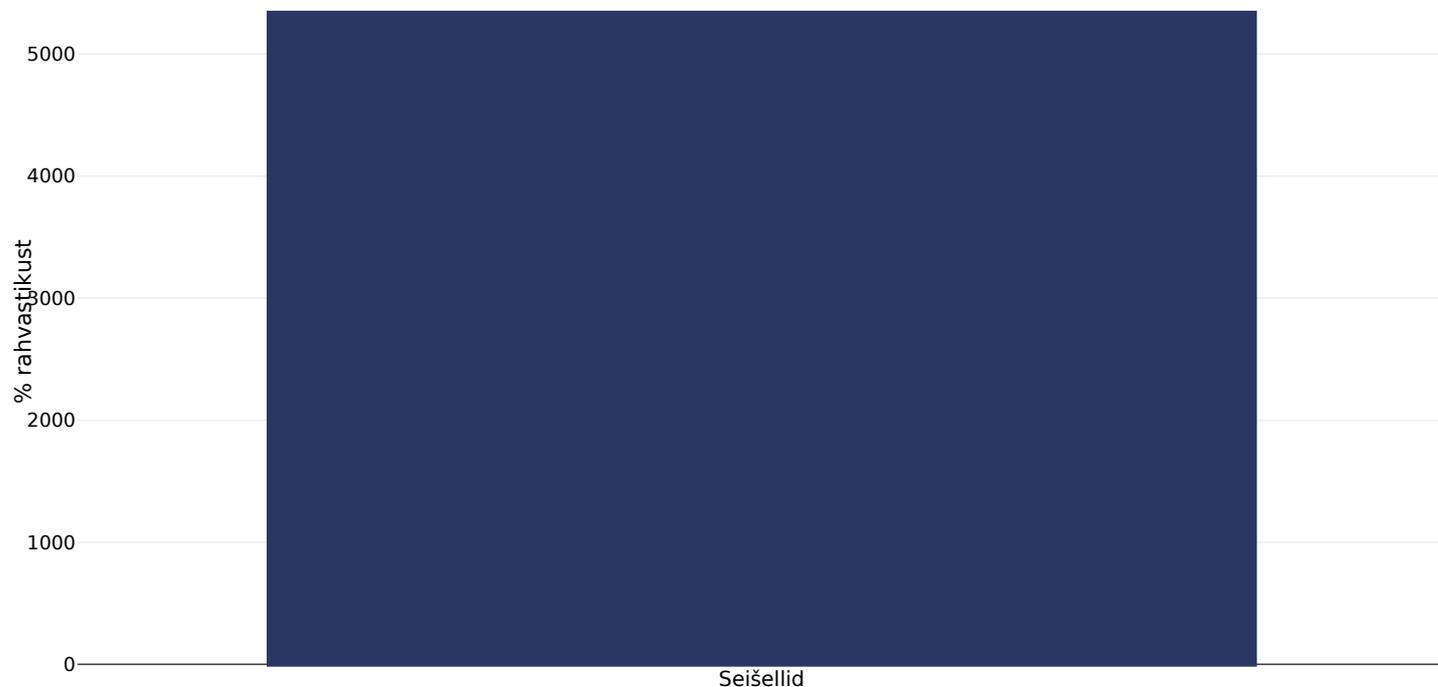
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Mõisted:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Vaimne tervis - ärevushäired

Täiskasvanud, 2021

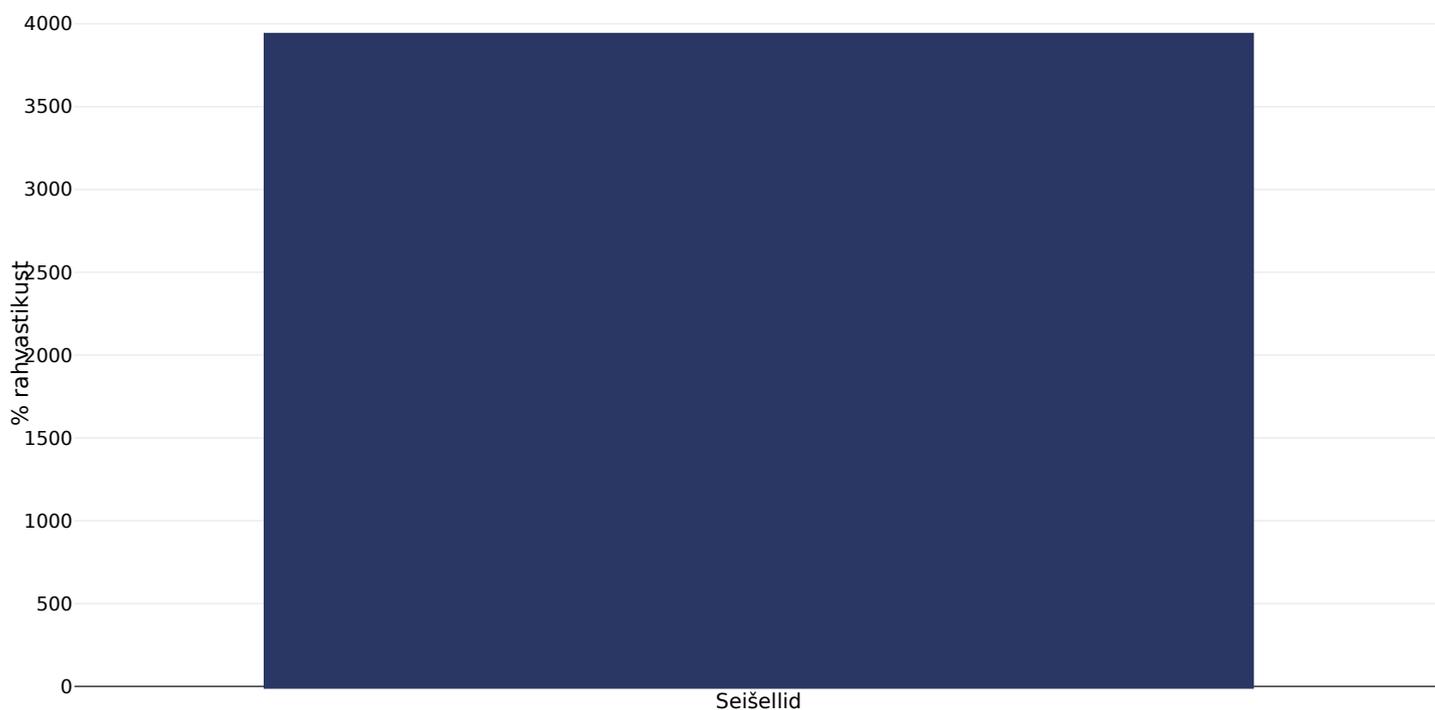


Vanus: 20+

Viited: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Mõisted: Number living with anxiety per 100,000 population

Mehed, 2021

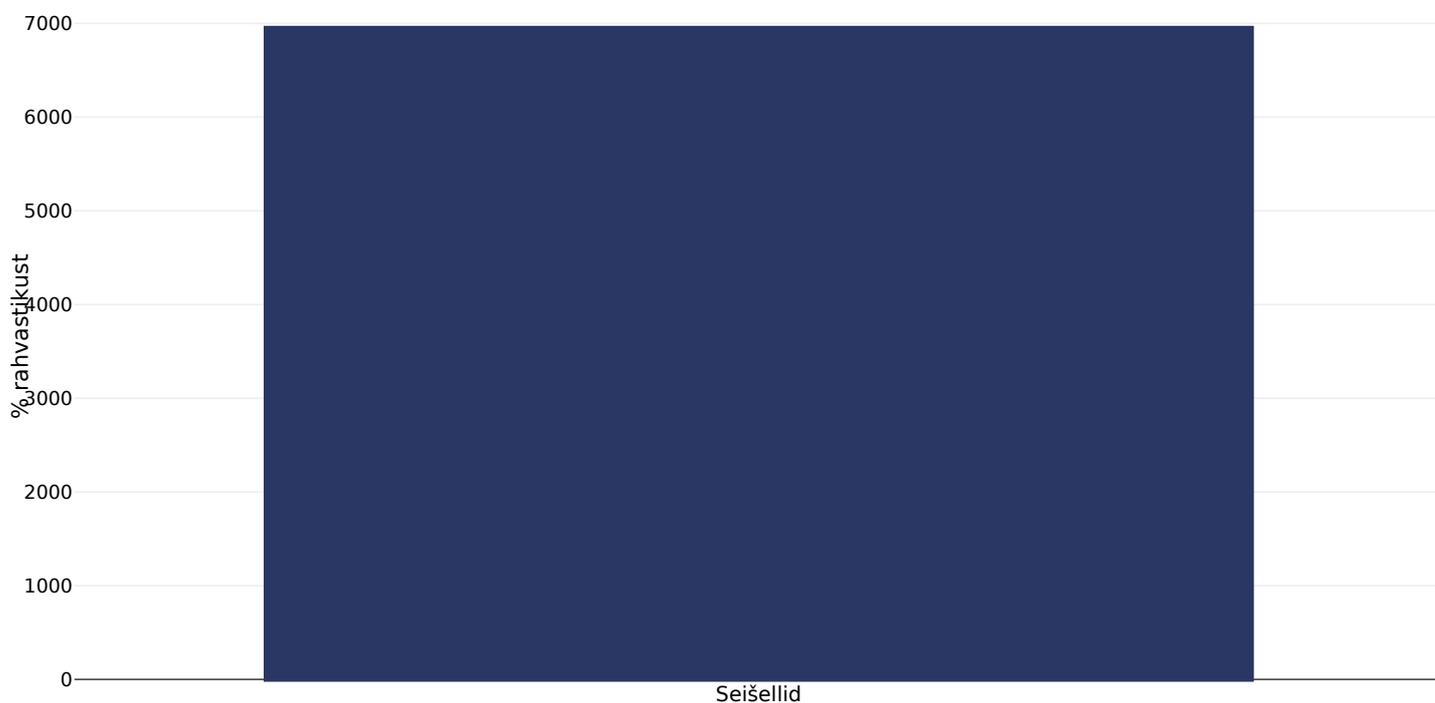


Vanus: 20+

Viited: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Mõisted: Number living with anxiety per 100,000 population

Naised, 2021

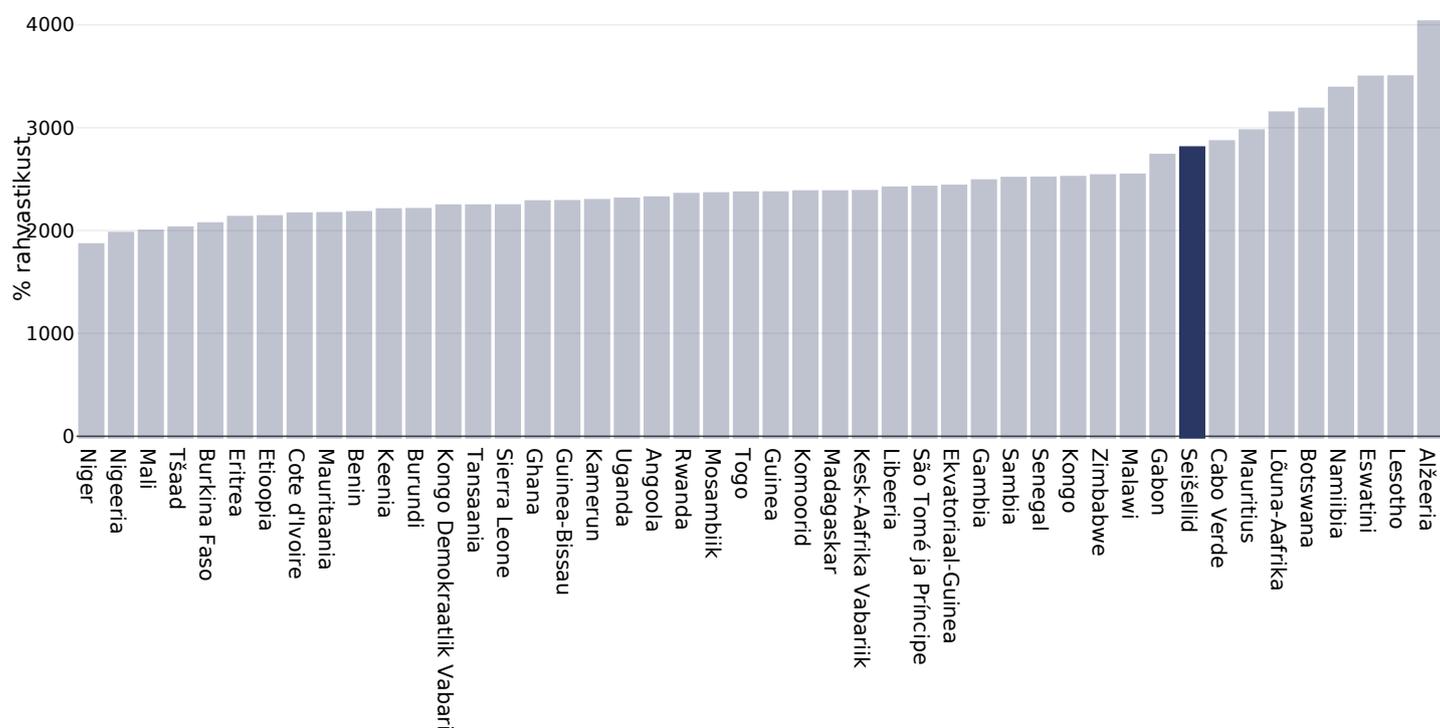


Vanus: 20+

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Mõisted: Number living with anxiety per 100,000 population

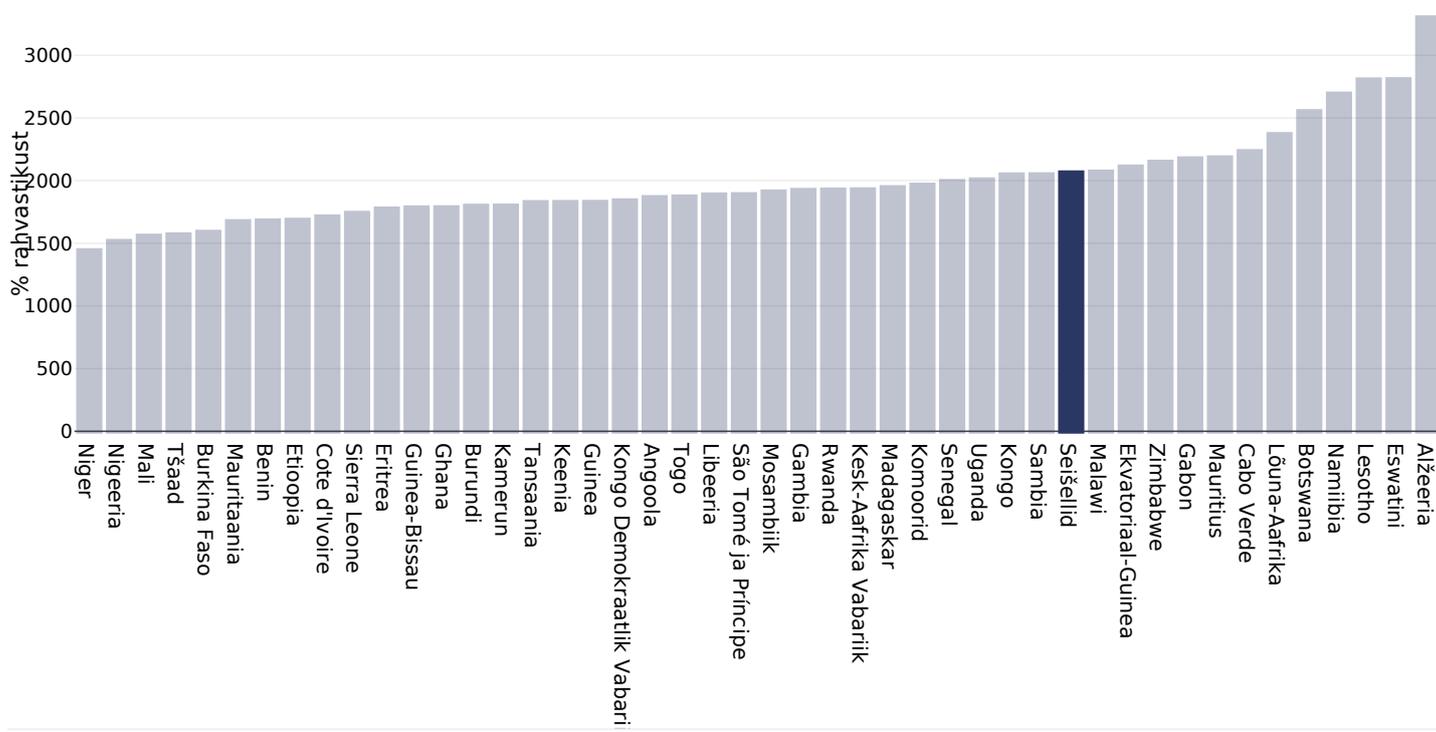
Lapsed, 2021



Viited:

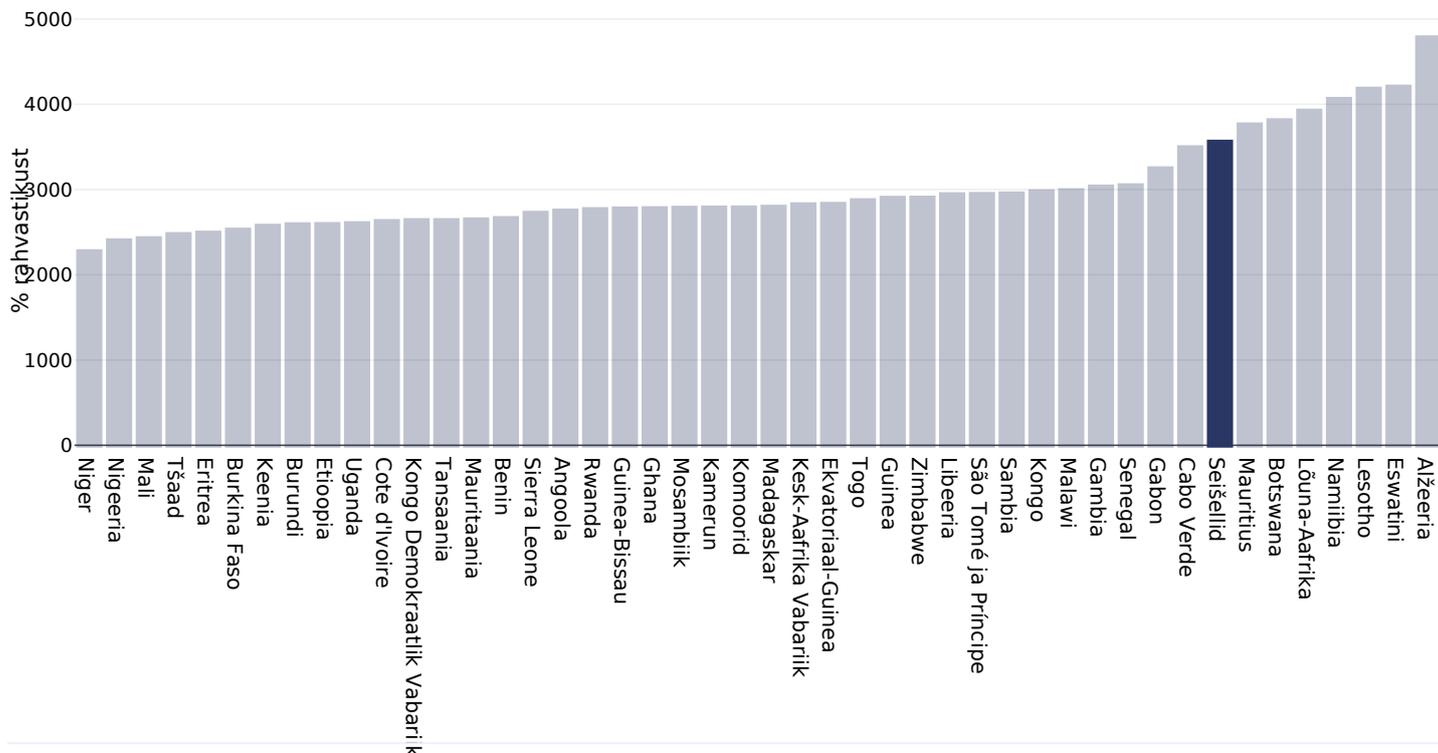
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Poisid, 2021



Viited: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

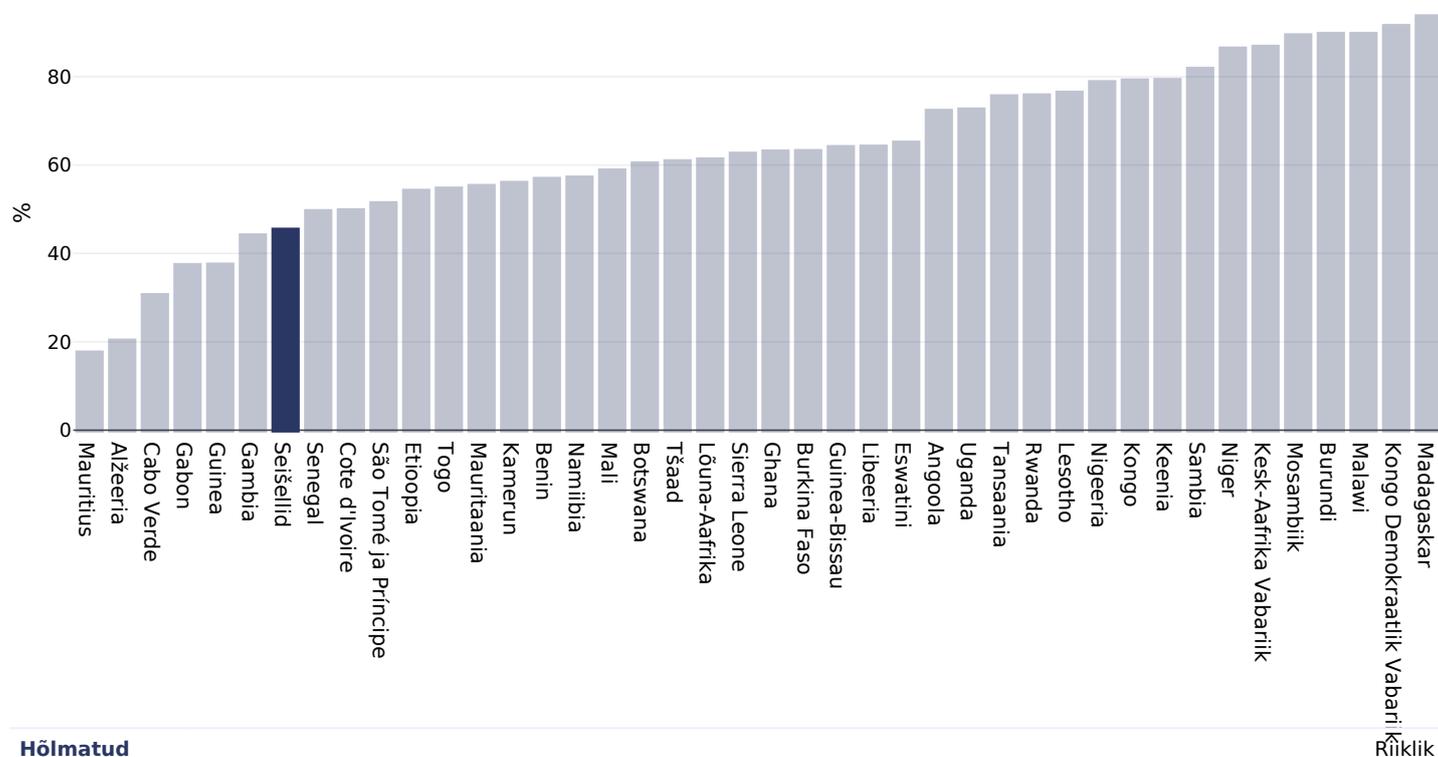
Tüdrukud, 2021



Viited: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Percent of population who cannot afford a healthy diet

Täiskasvanud, 2022



Hõlmatud piirkond:

Viited:

The Food Systems Dashboard. The Global Alliance for Improved Nutrition (GAIN), The Columbia Climate School, and Cornell University College of Agriculture and Life Sciences. 2024. Geneva, Switzerland. <https://www.foodsystemsdashboard.org>. DOI: <https://doi.org/10.36072/db>.

PDF created on July 19, 2025