

Seychelles

Policies, Interventions and Actions



Food Act (Labelling of Pre-Packaged Foods) Regulations, 2019

Mandatory national labelling guidelines for pre-packaged food approved by the Minister Of Family Affairs and adopted from March 2019. (Available only in English language)

Categories:	Labelling Regulation/Guidelines
Year(s):	2019 (ongoing)
Target age group:	Adults and children
Organisation:	Minister Of Family Affairs
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/41882 (last accessed 03.08.22)

Sugar Tax Seychelles

As of 1st April 2019, additional rates will be applied under Excise Tax as Sugar Tax, as specified in the Statutory Instrument (SI) 14 of 2019, Excise Tax (Imposition of sugar tax on Drinks) Regulations, 2019. The Sugar Tax apply to drinks containing sugar content exceeding 5 grams per 100ml, including flavored milk. Sugar Tax will not apply to fresh local fruits drinks without any additives and plain milk. Link will direct you to foods liable for sugar tax

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2019 (ongoing)
Target age group:	Adults and children
Organisation:	Seychelles Revenue Commission
Find out more:	www.src.gov.sc
Linked document:	Download linked document

NCD Country Profiles 2018 (Obesity Targets)

The profiles also provide data on the key metabolic risk factors, namely raised blood pressure, raised blood glucose and obesity and National Targets on Obesity (as of 2017)

Categories:	Evidence of Obesity Target
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Organisation:	World Health Organisation
References:	Noncommunicable diseases country profiles 2018. Geneva: World Health Organization; 2018. Licence: CC BY-NC-SA 3.0 IGO.

Seychelles Strategy for the Prevention and Control of Non-Communicable Diseases 2016-2025

This Noncommunicable diseases strategy refers to four main noncommunicable diseases (cardiovascular disease, cancer, diabetes and obstructive pulmonary disease), which account for more than 65% of all deaths in Seychelles, and to four main underlying risk behaviours (tobacco use, unhealthy nutrition, physical inactivity and harmful use of alcohol)

Categories:	Evidence of NCD strategy
Year(s):	2016-2025
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	www.health.gov.sc
Linked document:	Download linked document

Sports Strategic Plan 2014 2018

Comprehensive Physical Activity strategy/plan. (Available only in English language)

Categories:	Evidence of Physical Activity Guidelines/Policy
Year(s):	2014-2018
Target age group:	Adults and children
Linked document:	Download linked document

National Food and Nutrition Security Policy (NFNSP)

Comprehensive Nutrition strategy (including overweight/obesity). (Available only in English language)

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2013 (ongoing)
Target age group:	Adults and children
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/38227 (last accessed 05.08.22)

The Seychelles Dietary Guidelines

The Seychelles dietary guidelines were developed by the Nutrition Unit of the Ministry of Health. They have been endorsed by the Government of Seychelles. (Available only in English language)

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2006 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health
Linked document:	Download linked document
References:	https://www.fao.org/nutrition/education/food-dietary-guidelines/regions/countries/seychelles/en/

GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	extranet.who.int
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en