

Report card Serbia



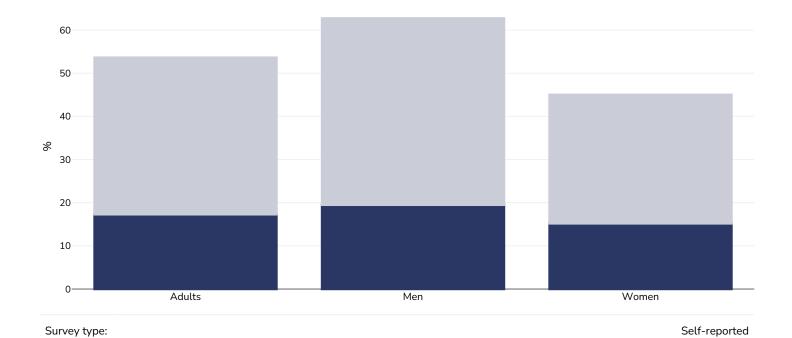
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Obesity prevalence

Adults, 2019





Age:

Area
Covered:

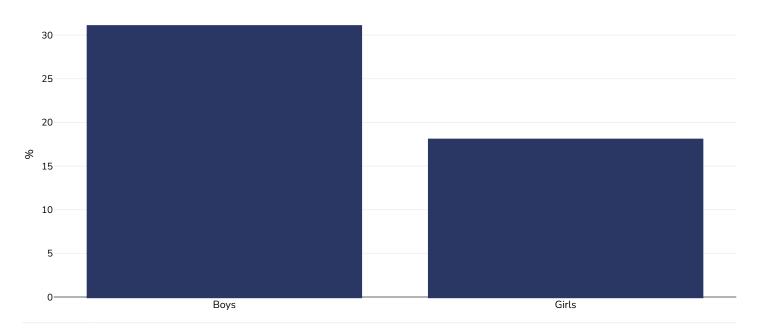
References: Eurostat 2019. Data available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Children, 2021-2022





Survey Self-reported type:

Age: 13

References: Rakic JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'

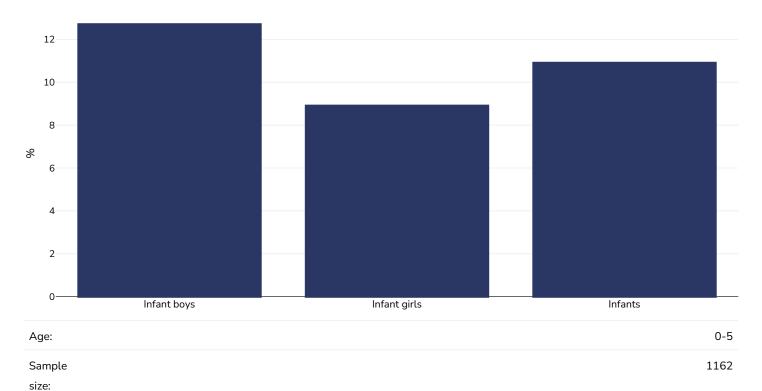
Notes: HBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)

Cutoffs: +2SD



Infants, 2019

Overweight or obesity



References: MICS: Serbia Multiple Indicator Cluster Survey 2019, Survey Findings Reports. Belgrade, Serbia: Statistical Office of the Republic of Serbia and UNICEF

Notes: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023,

New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

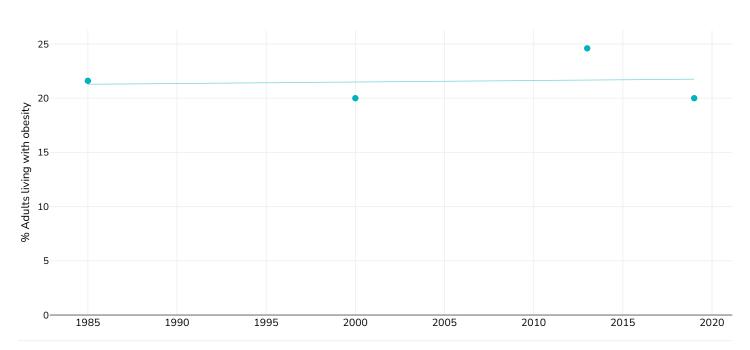
Definitions: =>+2SD



% Adults living with obesity, 1985-2019

Women

Obesity



Survey Measured

type:

References:

1985: WHO Infobase accessed 3rd May 2006. Data from 1985 CINDI study

2000: Health status and health needs in Serbia. Expert team of the Institute of Public Health of Serbia. 2002. Dr Ljiljana T. WHO Infobase.

2013: Maksimović MŽ, Gudelj Rakić JM, Vlajinac HD, Vasiljević ND, Nikić MI, Marinković JM. Comparison of different anthropometric measures in the adult population in Serbia as indicators of obesity: data from the National Health Survey 2013. Public Health Nutr. 2016 Feb 11:1-10.

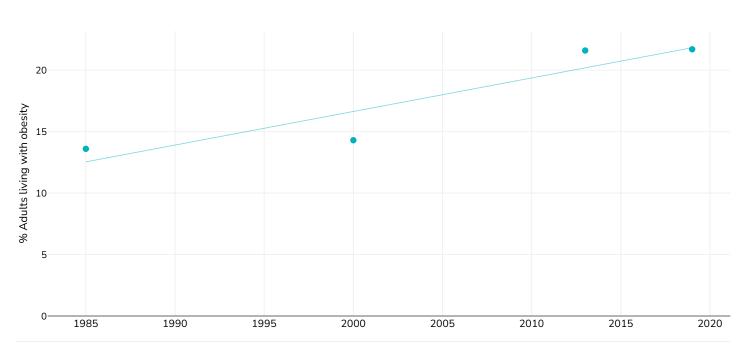
2019: Statistical Office of the Republic of Serbia, Institute of Public Health of Serbia (2021). THE 2019 SERBIAN NATIONAL HEALTH SURVEY. Available at https://publikacije.stat.gov.rs/G2021/pdfE/G20216003.pdf (last accessed 08.06.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Men

Obesity



Survey Measured

References:

type:

1985: WHO Infobase accessed 3rd May 2006. Data from 1985 CINDI study

2000: Health status and health needs in Serbia. Expert team of the Institute of Public Health of Serbia. 2002. Dr Ljiljana T. WHO Infobase.

2013: Maksimović MŽ, Gudelj Rakić JM, Vlajinac HD, Vasiljević ND, Nikić MI, Marinković JM. Comparison of different anthropometric measures in the adult population in Serbia as indicators of obesity: data from the National Health Survey 2013. Public Health Nutr. 2016 Feb 11:1-10. 2019: Statistical Office of the Republic of Serbia, Institute of Public Health of Serbia (2021). THE 2019 SERBIAN NATIONAL

HEALTH SURVEY. Available at https://publikacije.stat.gov.rs/G2021/pdfE/G20216003.pdf (last accessed 08.06.21)

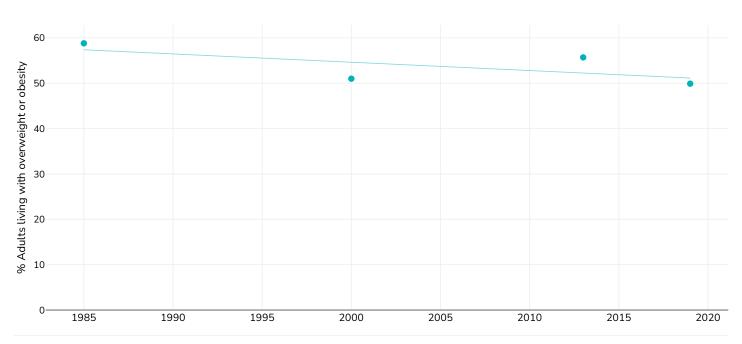
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



% Adults living with overweight or obesity, 1985-2019

Women

Overweight or obesity



Survey Measured

type:

References:

1985: WHO Infobase accessed 3rd May 2006. Data from 1985 CINDI study

2000: Health status and health needs in Serbia. Expert team of the Institute of Public Health of Serbia. 2002. Dr Ljiljana T. WHO Infobase.

2013: Maksimović MŽ, Gudelj Rakić JM, Vlajinac HD, Vasiljević ND, Nikić MI, Marinković JM. Comparison of different anthropometric measures in the adult population in Serbia as indicators of obesity: data from the National Health Survey 2013. Public Health Nutr. 2016 Feb 11:1-10.

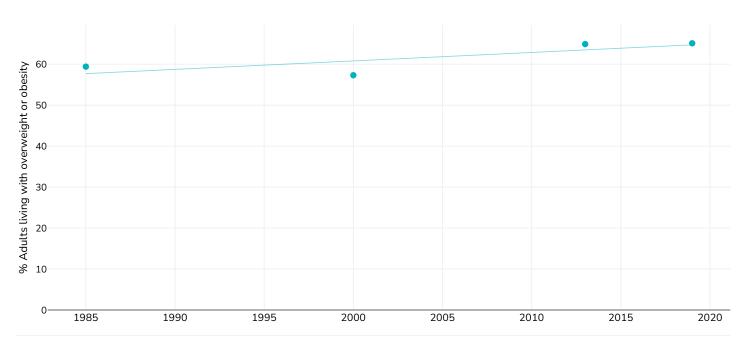
2019: Statistical Office of the Republic of Serbia, Institute of Public Health of Serbia (2021). THE 2019 SERBIAN NATIONAL HEALTH SURVEY. Available at https://publikacije.stat.gov.rs/G2021/pdfE/G20216003.pdf (last accessed 08.06.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Men

Overweight or obesity



Survey Measured

type:

References:

1985: WHO Infobase accessed 3rd May 2006. Data from 1985 CINDI study

2000: Health status and health needs in Serbia. Expert team of the Institute of Public Health of Serbia. 2002. Dr Ljiljana T. WHO Infobase.

2013: Maksimović MŽ, Gudelj Rakić JM, Vlajinac HD, Vasiljević ND, Nikić MI, Marinković JM. Comparison of different anthropometric measures in the adult population in Serbia as indicators of obesity: data from the National Health Survey 2013. Public Health Nutr. 2016 Feb 11:1-10.

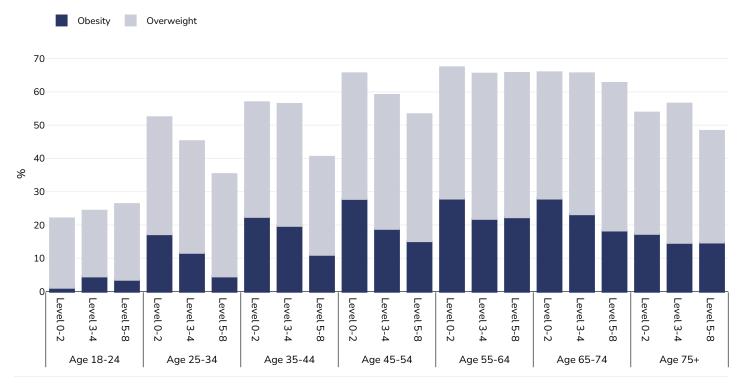
2019: Statistical Office of the Republic of Serbia, Institute of Public Health of Serbia (2021). THE 2019 SERBIAN NATIONAL HEALTH SURVEY. Available at https://publikacije.stat.gov.rs/G2021/pdfE/G20216003.pdf (last accessed 08.06.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Overweight/obesity by age and education

Adults, 2019



Survey type: Self-reported

Area National covered:

References:

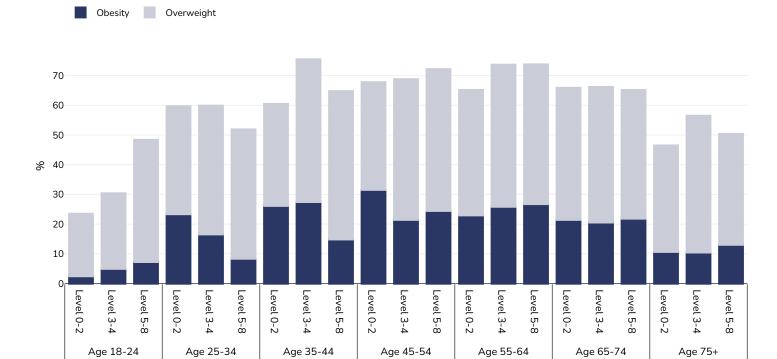
 $Eurostat\ 2019.\ Available\ at\ \underline{https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e\&lang=en}\ (last)$

accessed 09.08.21).

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Men, 2019



Survey type: Self-reported

Area National

covered:

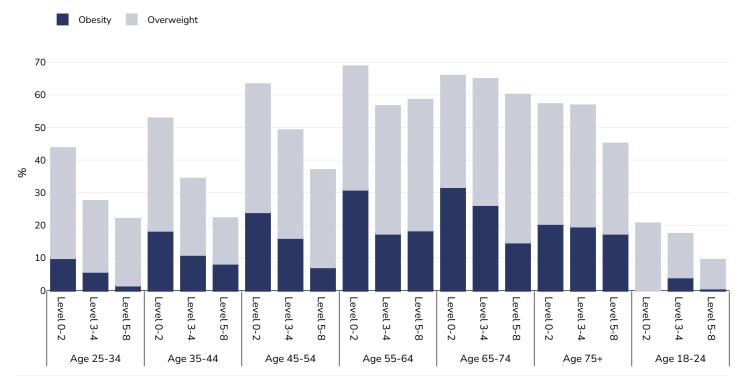
References: Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last

accessed 09.08.21).

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Women, 2019



Survey type: Self-reported

Area National

covered:

 $References: Eurostat\ 2019.\ Available\ at\ \underline{https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e\&lang=en}\ (last below the following and the following properties of the follow$

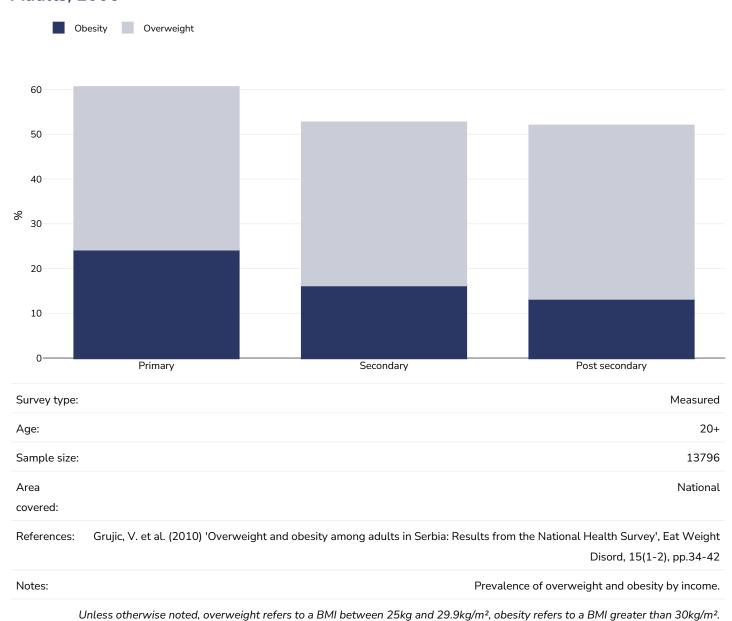
accessed 09.08.21).

 $Unless \ otherwise \ noted, overweight \ refers \ to \ a \ BMI \ between \ 25kg \ and \ 29.9kg/m^2, obesity \ refers \ to \ a \ BMI \ greater \ than \ 30kg/m^2.$



Overweight/obesity by education

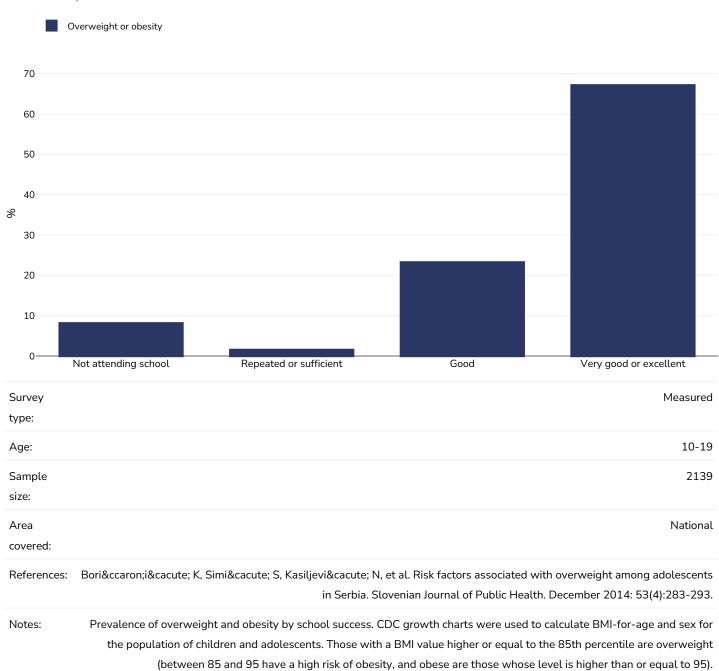
Adults, 2006





Children, 2006

Cutoffs:

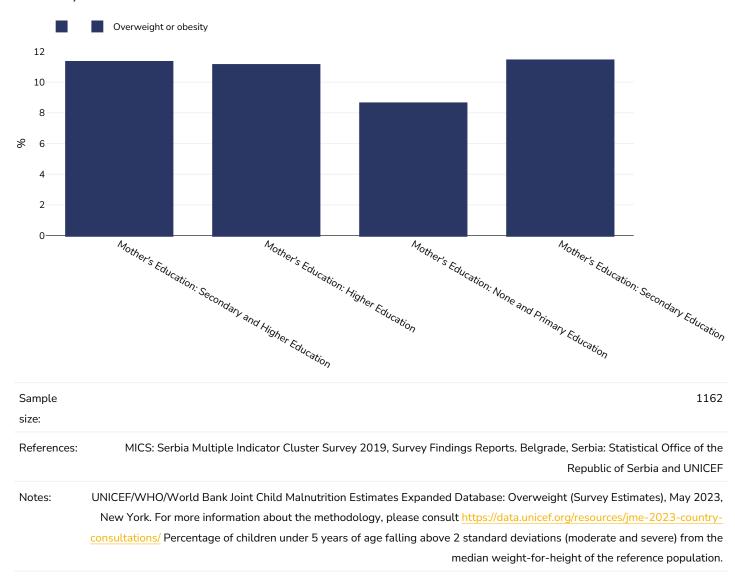


CDC



Infants, 2019

Definitions:



=>+2SD

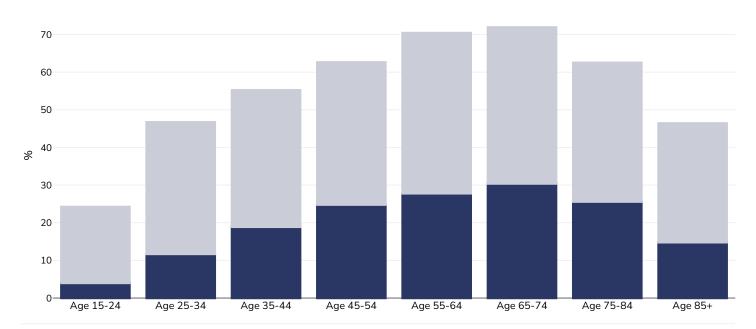


Overweight/obesity by age

Adults, 2019

Notes:





Survey type:	Measured
Sample size:	11474
Area covered:	National
References:	Statistical Office of the Republic of Serbia, Institute of Public Health of Serbia (2021). THE 2019 SERBIAN NATIONAL HEALTH SURVEY. Available at https://publikacije.stat.gov.rs/G2021/pdfE/G20216003.pdf (last accessed 08 06 21)

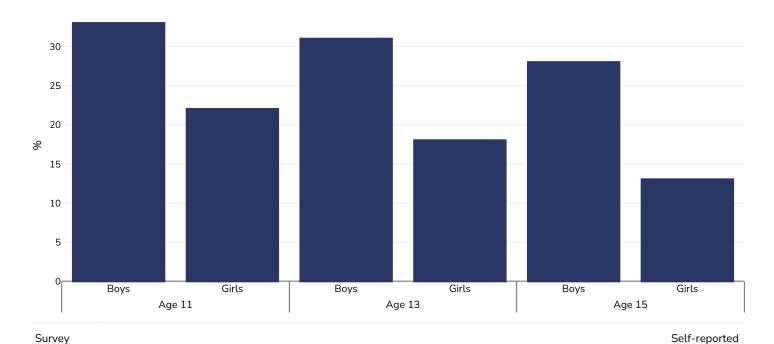
Anthropometric measurements taken

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Children, 2021-2022

Overweight or obesity



type:
Area See Report

References:

covered:

RakiÃ?â?¡ JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'

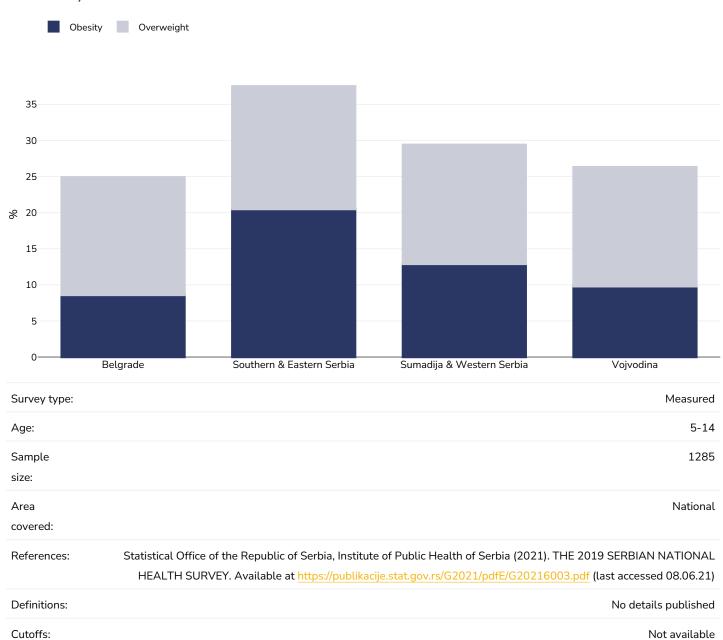
Notes: HBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)

Cutoffs: +2SD



Overweight/obesity by region

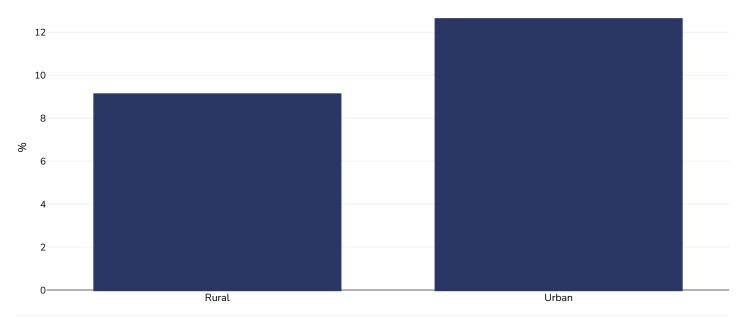
Children, 2019





Infants, 2019

Overweight or obesity



Sample 1162 size:

References: MICS: Serbia Multiple Indicator Cluster Survey 2019, Survey Findings Reports. Belgrade, Serbia: Statistical Office of the Republic of Serbia and UNICEF

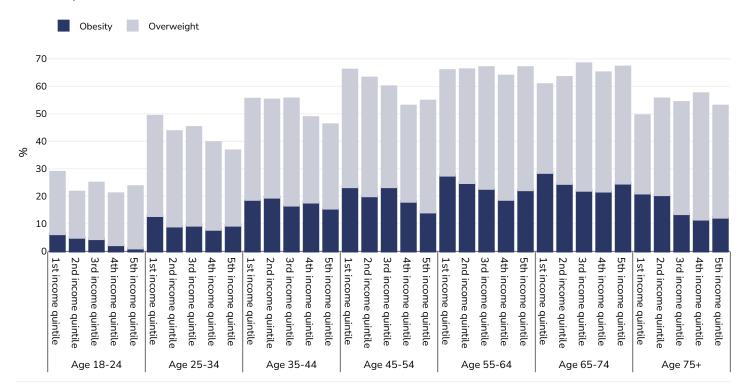
Notes: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitions: =>+2SD



Overweight/obesity by age and socio-economic group

Adults, 2019



Survey type: Self-reported

Area National

covered:

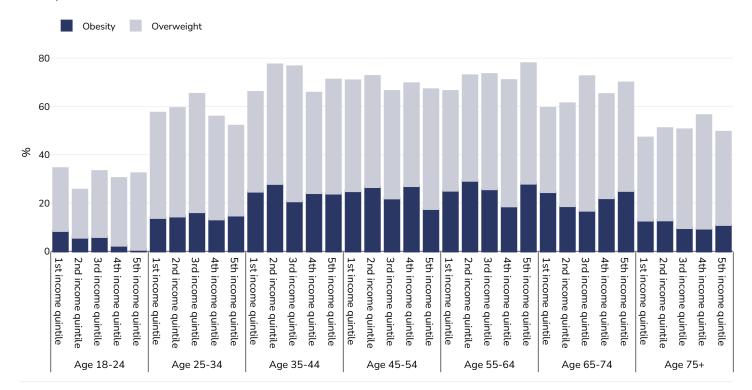
References: Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last

accessed 09.08.21).

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Men, 2019



Survey type:

Area

National covered:

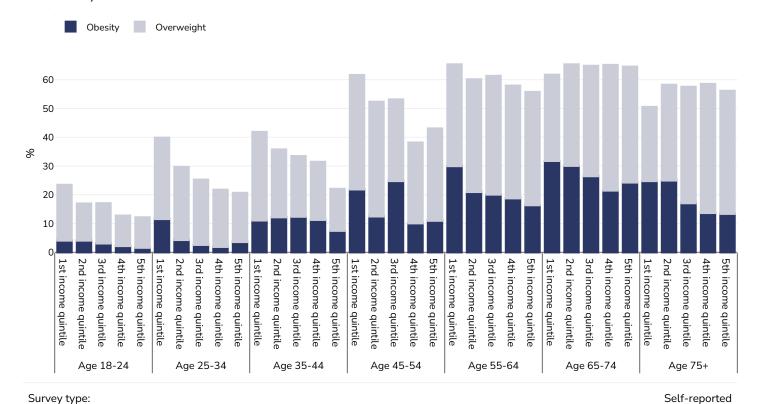
References: Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

accessed 09.08.21).



Women, 2019



Survey type:

Area

National covered:

References: Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last

Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21).

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

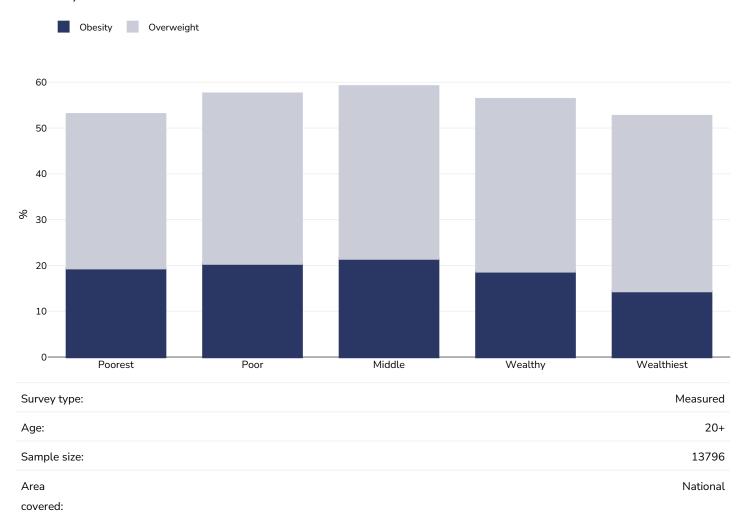


Overweight/obesity by socio-economic group

Adults, 2006

References:

Notes:



Prevalence of overweight and obesity by income.

Grujic, V. et al. (2010) 'Overweight and obesity among adults in Serbia: Results from the National Health Survey', Eat Weight

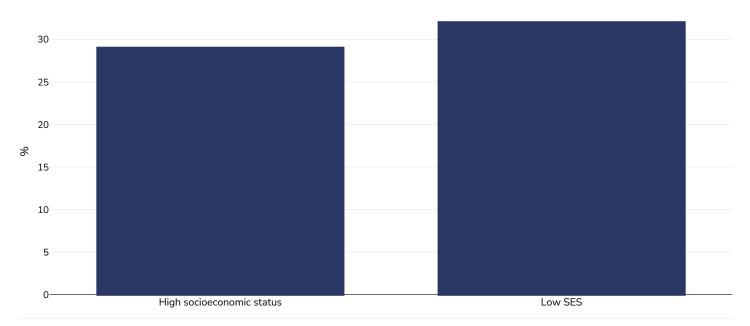
Disord, 15(1-2), pp.34-42

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Boys, 2021-2022

Overweight or obesity



Survey	Self-reported
type:	
Age:	11-15

References: Raki? JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'

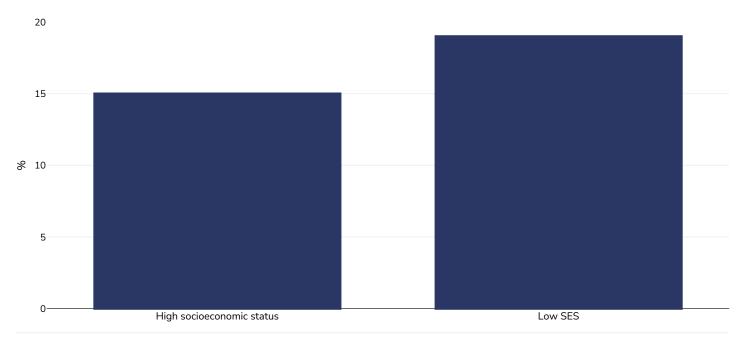
Notes: Family affluence scaleHBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)

Cutoffs: +2SD



Girls, 2021-2022





Survey	Self-reported
type:	
Age:	11-15

References: Raki? JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'

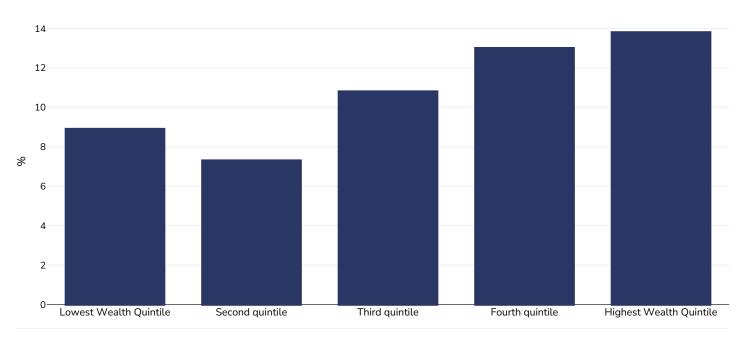
Notes: Family affluence scaleHBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)

Cutoffs: +2SD



Infants, 2019

Overweight or obesity



Sample 1162

size:

References: MICS: Serbia Multiple Indicator Cluster Survey 2019, Survey Findings Reports. Belgrade, Serbia: Statistical Office of the Republic of Serbia and UNICEF

Notes: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <a href="https://data.unicef.org/resources/jme-2023-country

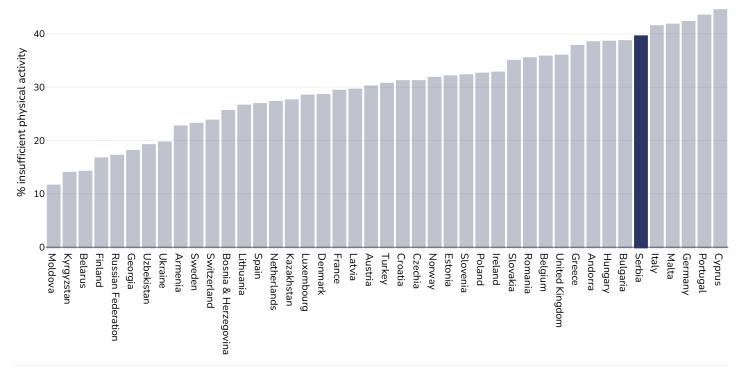
consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitions: =>+2SD



Insufficient physical activity

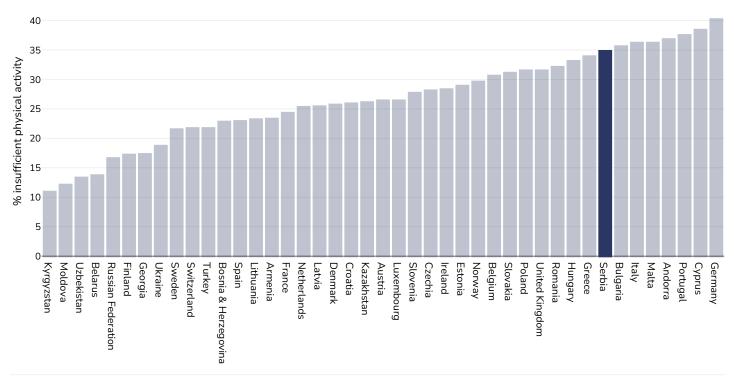
Adults, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X
(18)30357-7



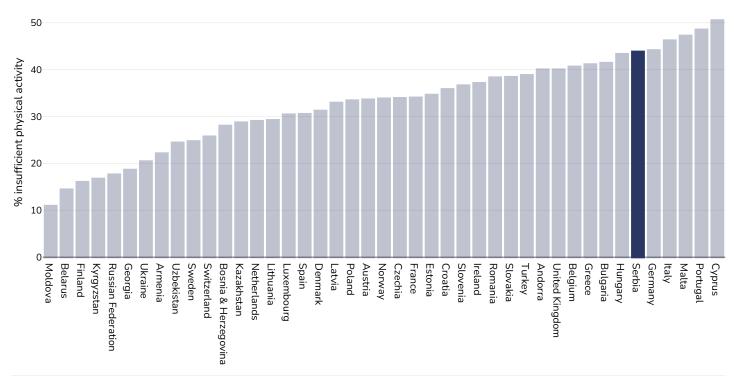
Men, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X (18)30357-7



Women, 2016



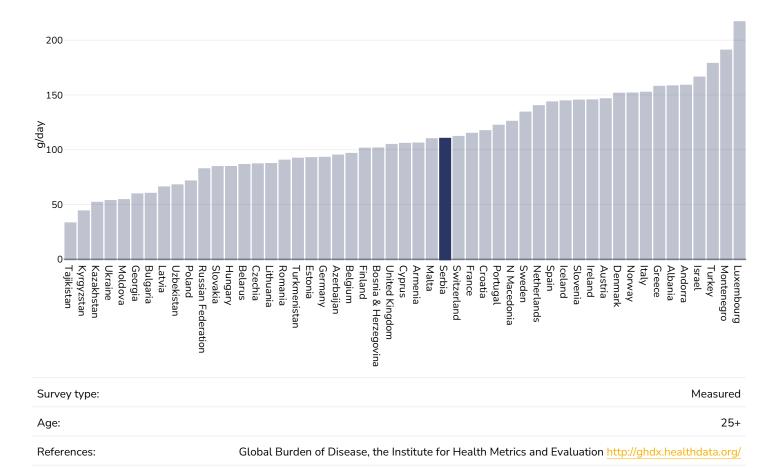
References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X (18)30357-7



Estimated per capita fruit intake

Adults, 2017

Definitions:

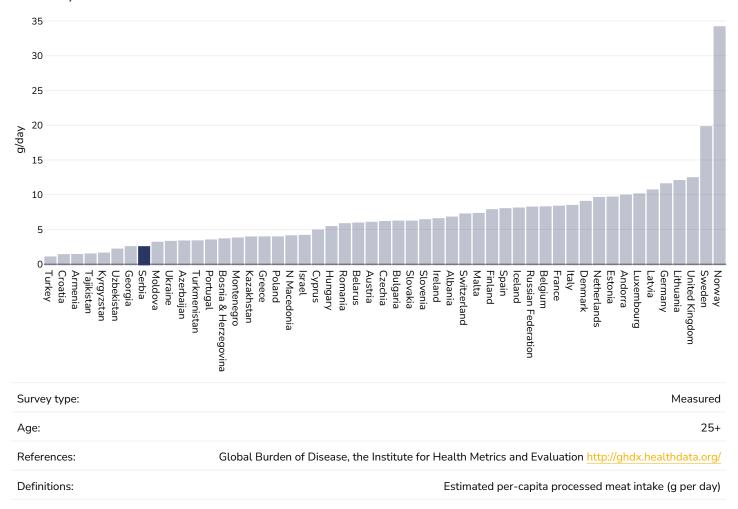


Estimated per-capita fruit intake (g/day)



Estimated per-capita processed meat intake

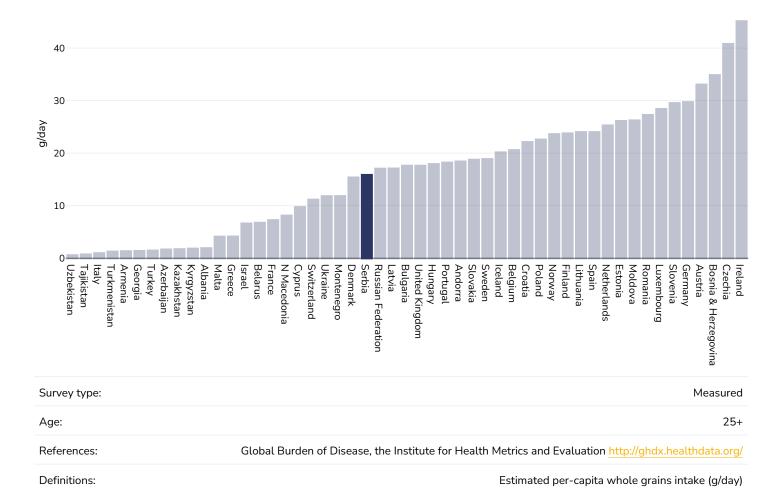
Adults, 2017





Estimated per capita whole grains intake

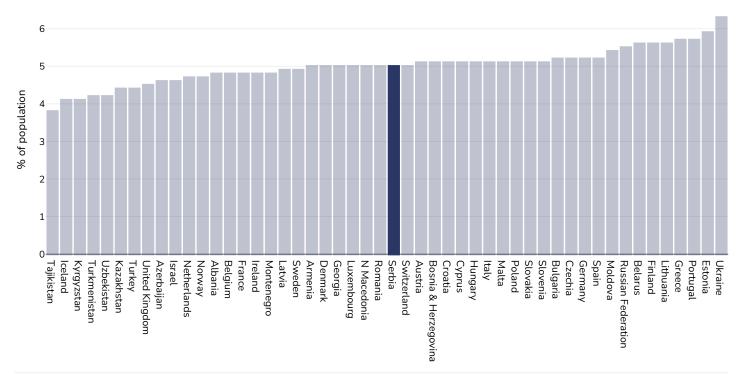
Adults, 2017





Mental health - depression disorders

Adults, 2015



Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other References:

Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0

IGO.

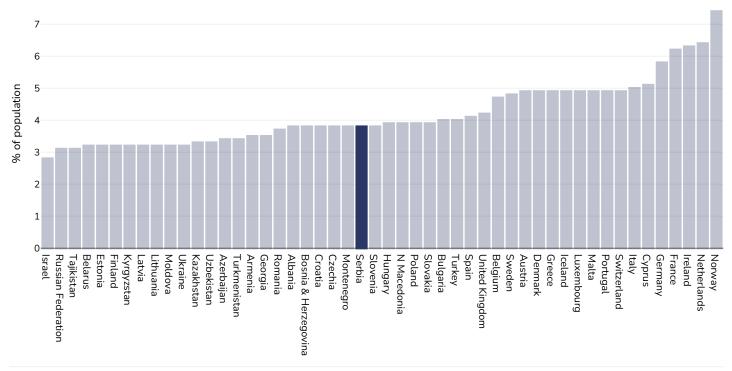
Definitions:

% of population with depression disorders



Mental health - anxiety disorders

Adults, 2015



References: Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0

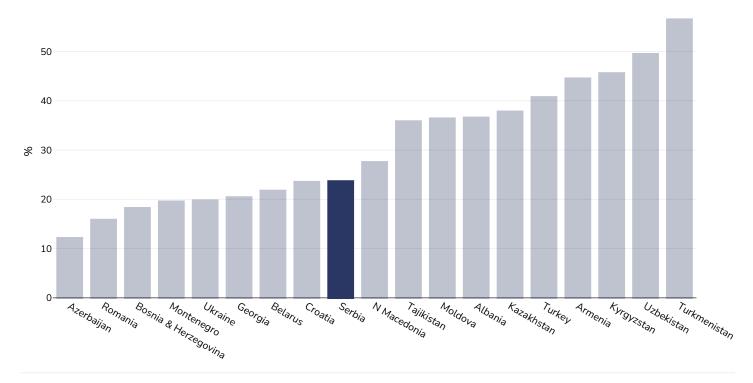
IGO.

Definitions: % of population with anxiety disorders



% Infants exclusively breastfed 0-5 months

Children, 1996-2019



Area National covered:

References:

Serbia Multiple Indicator Cluster Survey 2019, Survey Findings Reports. Belgrade, Serbia: Statistical Office of the Republic of Serbia and UNICEF

Notes:

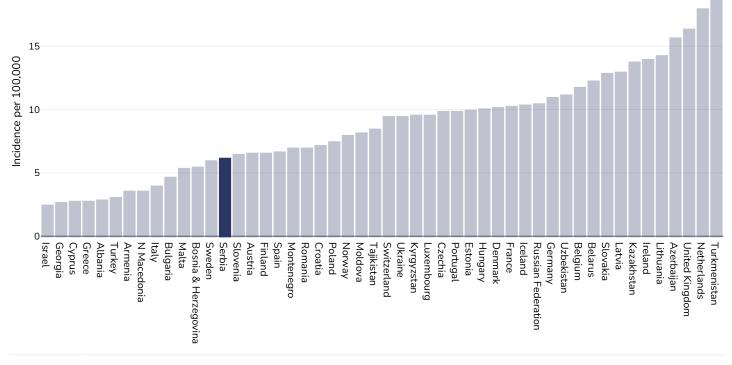
See UNICEF website for further survey information. Available at: https://data.unicef.org/resources/dataset/infant-young-child-feeding/ (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

Definitions: % exclusively breastfed 0-5 months



Oesophageal cancer

Men, 2020



Age: 20+

Area National covered:

References:

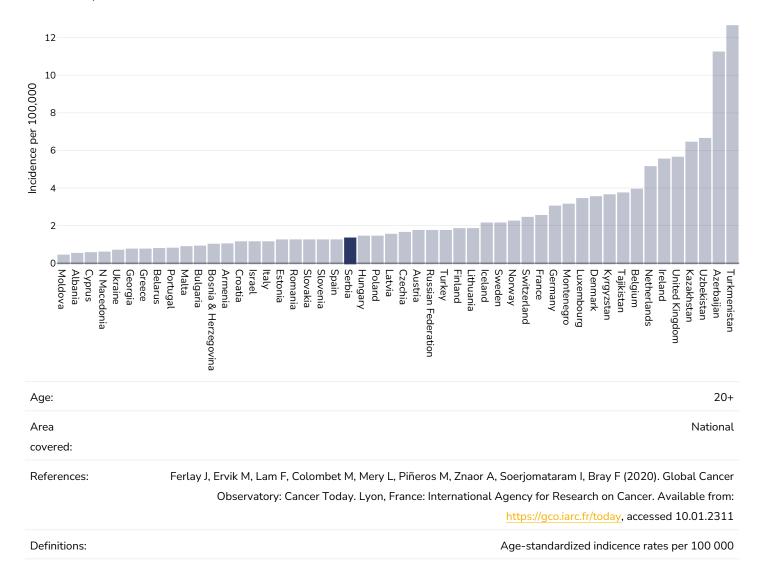
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2311

Definitions: Age-standardized indicence rates per 100 000



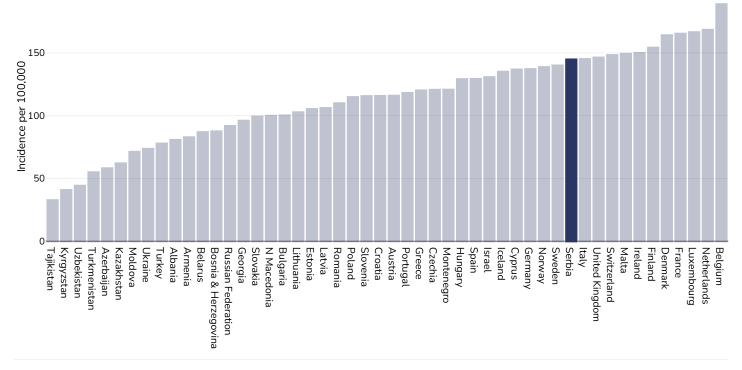
Women, 2020





Breast cancer

Women, 2020



Age: 20+

Area National covered:

References:

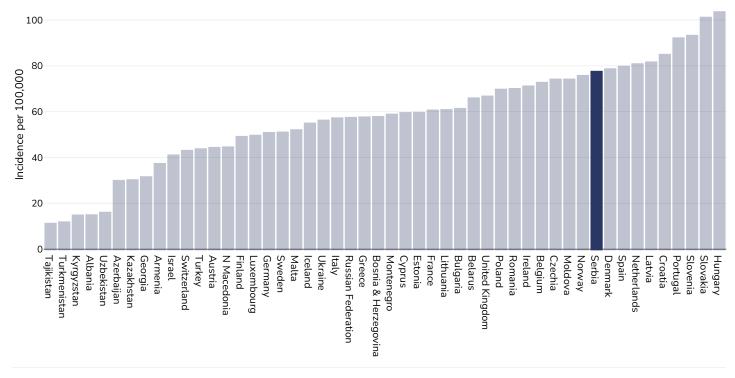
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2311



Colorectal cancer

Men, 2020



Age: 20+

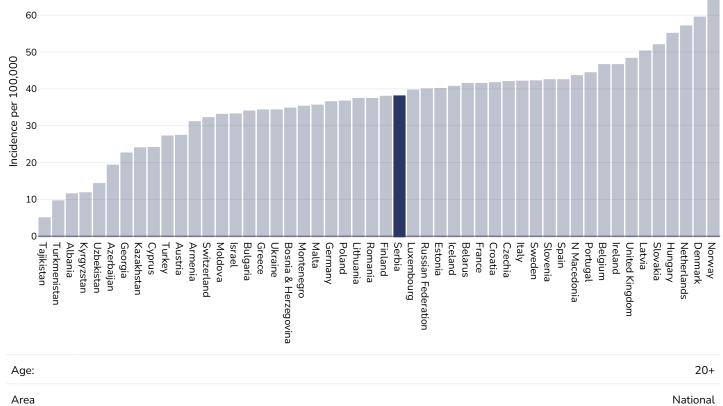
Area National

covered:
References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2311





Area National covered:

References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2311

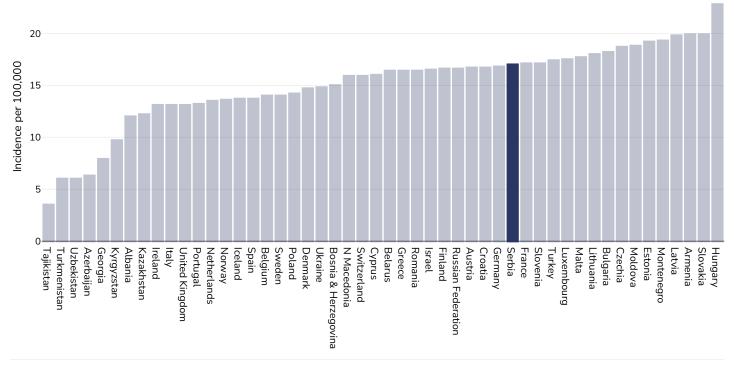
Definitions:

Age-standardized indicence rates per 100 000



Pancreatic cancer

Men, 2020



Age: 20+

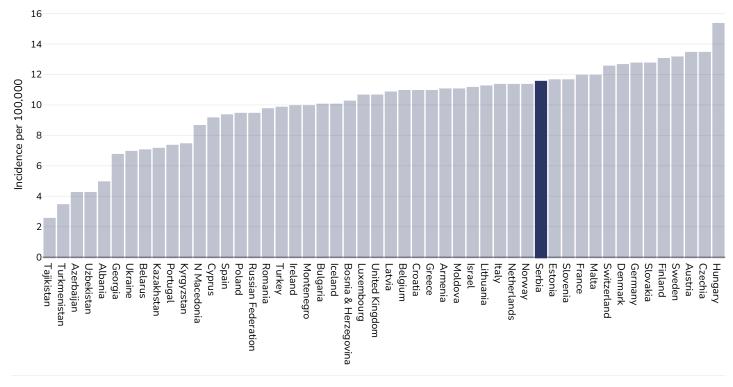
Area National covered:

References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2311





Age: 20+

Area National

covered:

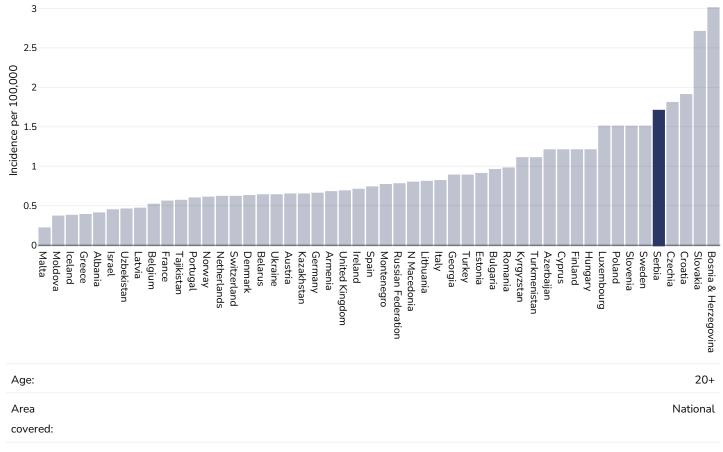
References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2311



Gallbladder cancer

Men, 2020



References:

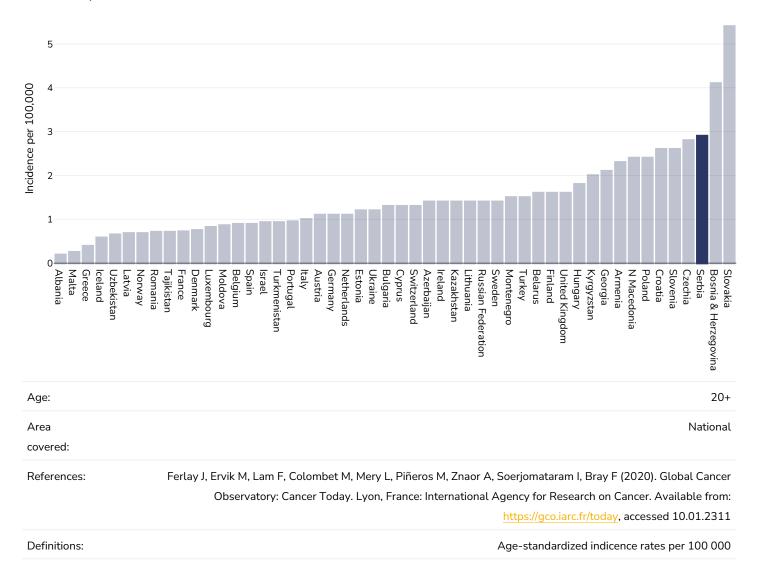
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2311

Definitions:

Age-standardized indicence rates per 100 000

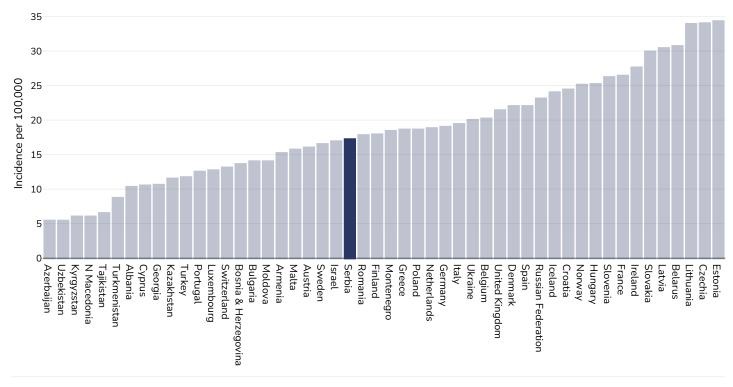






Kidney cancer

Men, 2020



Age: 20+

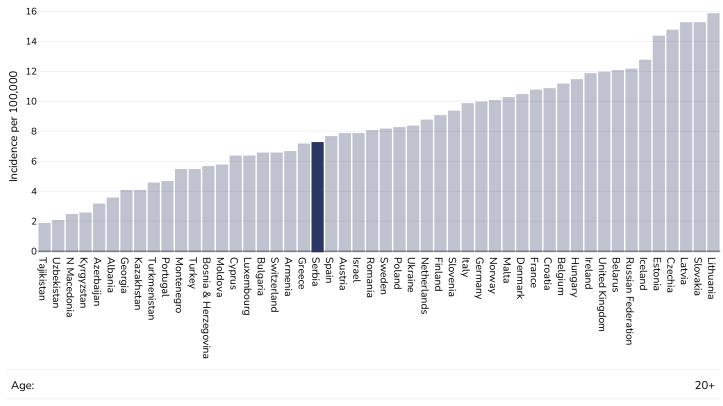
Area National covered:

References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2311





National

Area covered:

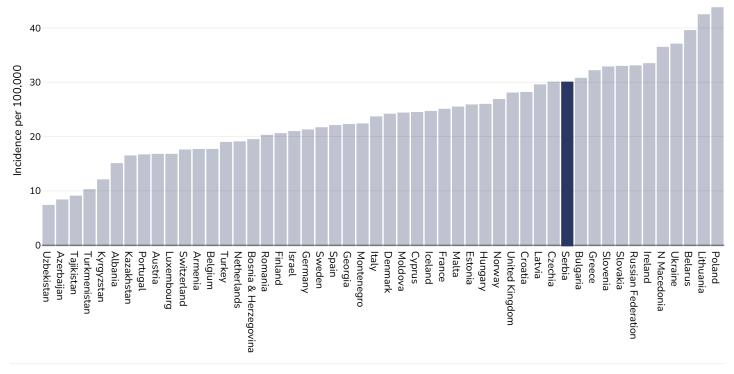
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer References: Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2311



Cancer of the uterus

Women, 2020



Age: 20+

Area National

covered:
References:

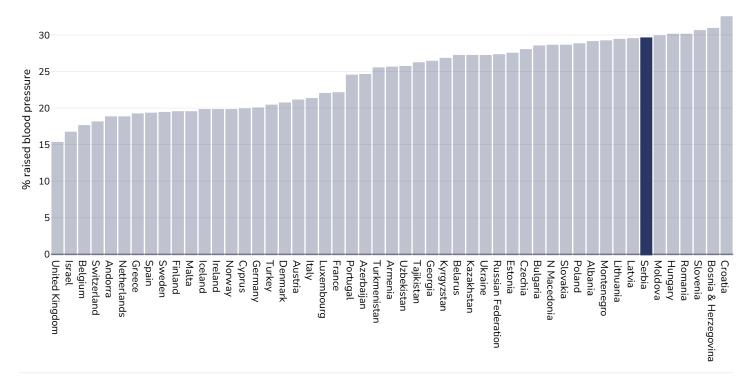
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2311



Raised blood pressure

Adults, 2015



References:

Global Health Observatory data repository, World Health Organisation,

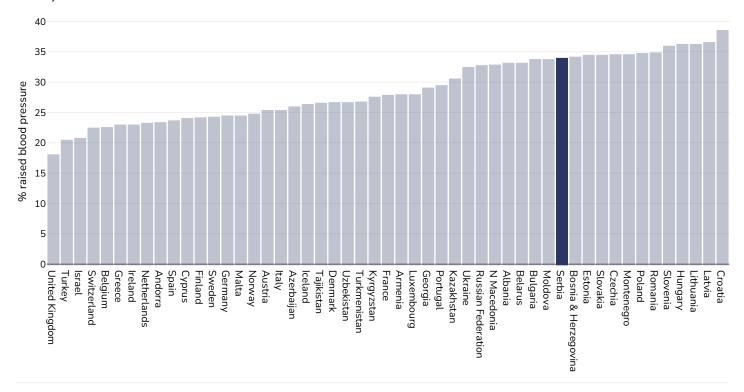
http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



Men, 2015



References:

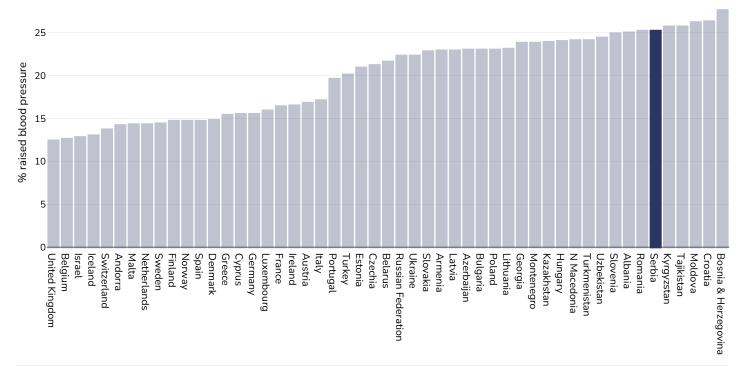
Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).





References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A875?lang=en

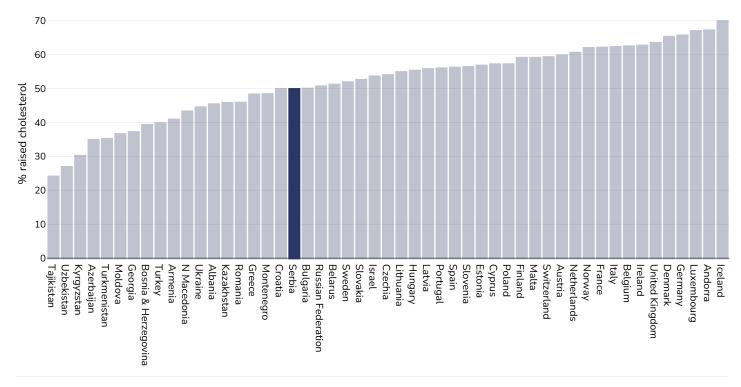
Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



Raised cholesterol

Adults, 2008



References:

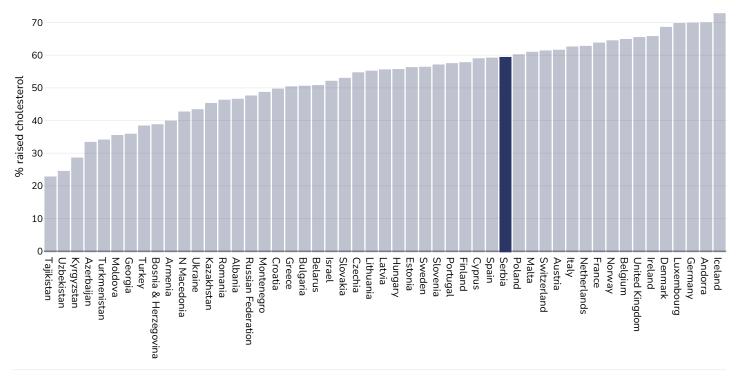
Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



Men, 2008



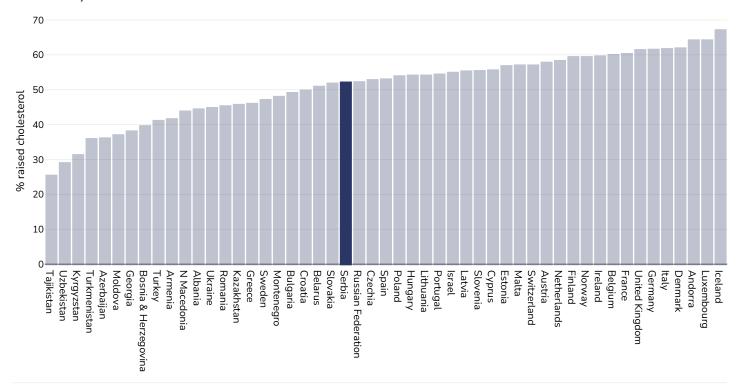
References:

Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).





References:

 $Global\ Health\ Observatory\ data\ repository,\ World\ Health\ Organisation,\ \underline{http://apps.who.int/gho/data/node.main.A885}$

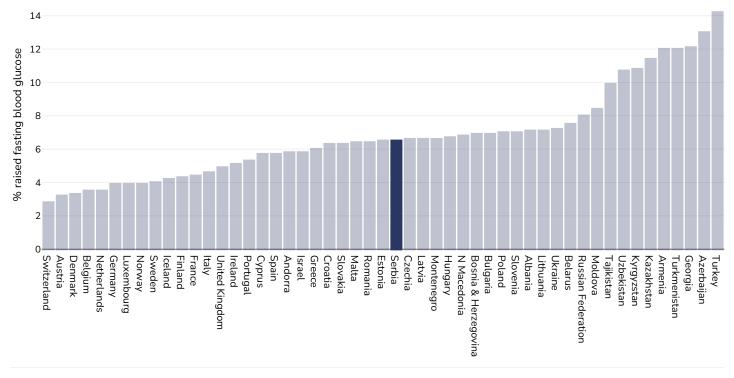
Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



Raised fasting blood glucose

Men, 2014



References:

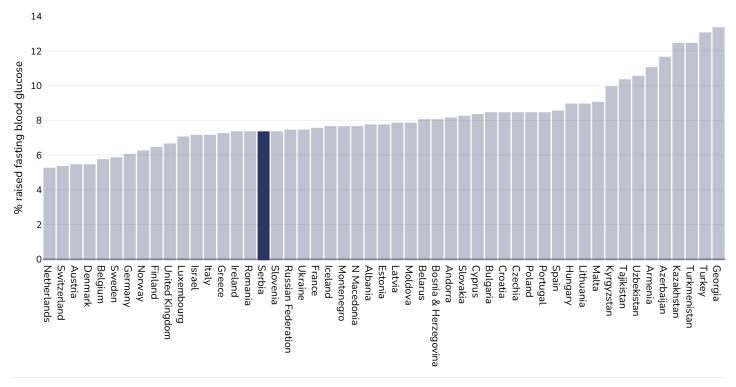
Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).





References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A869?lang=en

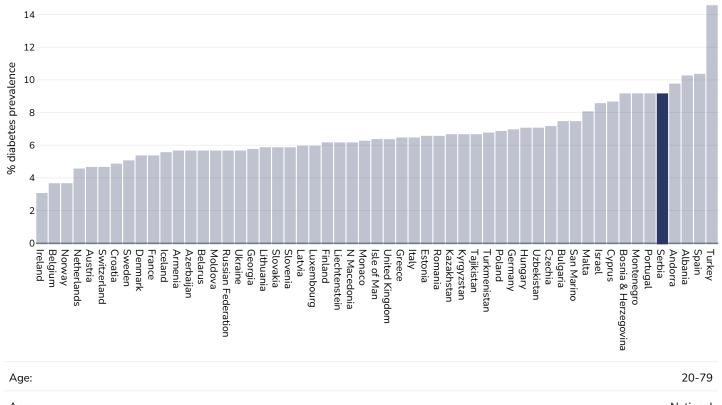
Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).



Diabetes prevalence

Adults, 2021



Area National

covered:

References: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels,

Belgium:International Diabetes Federation, 2021. http://www.diabetesatlas.org

Definitions: Age-adjusted comparative prevalence of diabetes, %



Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	✓
Front-of-package labelling?	×
Back-of-pack nutrition declaration?	✓
Color coding?	×
Warning label?	×





Regulation and marketing

Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	×
Tax on unhealthy drinks?	×
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	X
Subsidy on vegetables?	×
Subsidy on other healthy products?	×
Mandatory limit or ban of trans fat (all settings)?	X
Mandatory limit of trans fats in place (all settings)?	×
Ban on trans-fats or phos in place (all settings)?	×
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	~
Mandatory restriction on broadcast media?	~
Mandatory restriction on non-broadcast media?	×
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	×
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X





Political will and support

National obesity strategy or nutrition and physical activity national strategy?	X
National obesity strategy?	X
National childhood obesity strategy?	×
Comprehensive nutrition strategy?	×
Comprehensive physical activity strategy?	~
Evidence-based dietary guidelines and/or RDAs?	X
National target(s) on reducing obesity?	X
Guidelines/policy on obesity treatment?	X
Promotion of breastfeeding?	~
Monitoring and surveillance	
Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	~
Within 5 years?	~
Governance and resource	
Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	X
Key	
Present Present Incoming Absent 1 Unknown	l
(voluntary)	

Last updated September 13, 2022