Drivers
Senegal

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Insufficient physical activity

Adults, 2016

Men, 2016

Women, 2016

Survey type: Self-reported
Age: 11-17


Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)
Boys, 2016

Survey type: Self-reported
Age: 11-17


Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)
Girls, 2016

Survey type: Self-reported

Age: 11-17


Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)
Estimated per capita fruit intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita fruit intake (g/day)
Estimated per-capita processed meat intake

Adults, 2017

Survey type: Measured

Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]

Definitions: Estimated per-capita processed meat intake (g per day)
### Estimated per capita whole grains intake

**Adults, 2017**

<table>
<thead>
<tr>
<th>Country</th>
<th>g/day</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chad</td>
<td>0</td>
</tr>
<tr>
<td>Algeria</td>
<td>10</td>
</tr>
<tr>
<td>Mauritania</td>
<td>20</td>
</tr>
<tr>
<td>Benin</td>
<td>30</td>
</tr>
<tr>
<td>Burundi</td>
<td>40</td>
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<tr>
<td>Madagascar</td>
<td>50</td>
</tr>
<tr>
<td>Cote d’Ivoire</td>
<td>60</td>
</tr>
<tr>
<td>Chad</td>
<td>60</td>
</tr>
<tr>
<td>Algeria</td>
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<td>Cote d’Ivoire</td>
<td>60</td>
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</tbody>
</table>

**Survey type:** Measured

**Age:** 25+

**References:** Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/](http://ghdx.healthdata.org/)

**Definitions:** Estimated per-capita whole grains intake (g/day)
Mental health - depression disorders

Adults, 2015


Definitions: % of population with depression disorders
Mental health - anxiety disorders

Adults, 2015


Definitions: % of population with anxiety disorders
% Infants exclusively breastfed 0-5 months

Children, 2005-2020

Area covered: National

References: Sénégal : Enquête Démographique et de Santé Continue (EDS-Continue 2019). Rockville, Maryland, USA : ANSD et ICF


Definitions: % exclusively breastfed 0-5 months

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