# Report card
## Scotland

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Obesity prevalence

Adults, 2018

Survey type: Measured
Age: 16+
Sample size: 3726
Area covered: National


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Children, 2018

Survey type: Measured
Age: 2-15
Sample size: 1292
Area covered: National
Notes: Not IOTF Cut off. 85th & 95th Percentiles
Cutoffs: Other
% Adults living with obesity in Scotland 1998-2018

Men

Survey type: Measured
References: For full details of references visit https://data.worldobesity.org/

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Women

Survey type: Measured

References: For full details of references visit https://data.worldobesity.org/

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
% Adults living with overweight or obesity in Scotland 1998-2018

Women

Survey type: Measured

References: For full details of references visit https://data.worldobesity.org/

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Men

<table>
<thead>
<tr>
<th>Year</th>
<th>% Adults living with overweight or obesity</th>
</tr>
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<tbody>
<tr>
<td>2000</td>
<td>60</td>
</tr>
<tr>
<td>2005</td>
<td>65</td>
</tr>
<tr>
<td>2010</td>
<td>70</td>
</tr>
<tr>
<td>2015</td>
<td>75</td>
</tr>
</tbody>
</table>

Survey type: Measured

References: For full details of references visit https://data.worldobesity.org/

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
% Children living with overweight or obesity in Scotland 1974-1994

Survey type: Measured

References: Chinn S, Rona RJ. Prevalence and trends in overweight and obesity in three cross sectional studies of British children, 1974-94. BMJ (2001);322:24-26

Notes: Aged 4-11

Definitions: IOTF

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
% Children living with overweight or obesity in Wales 2012-2018

Girls

Survey type: Measured

References: For full details of references visit https://data.worldobesity.org/

Notes: Aged 2-15.

Definitions: 85th & 95th Percentiles

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Boys

Survey type: Measured

References: For full details of references visit https://data.worldobesity.org/

Notes: Aged 2-15.

Definitions: 85th & 95th Percentiles

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Overweight/obesity by age

Adults, 2017

Survey type: Measured
Sample size: 3697
Area covered: National

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Children, 2017

Survey type: Measured
Sample size: 1603
Area covered: National

Cutoffs: Other
Overweight/obesity by region

Boys, 2015

Survey type: Measured
Age: 2-17
Sample size: 1018
Area covered: National (but small sample)
References: Scottish Health Survey 2015, Renanalysis by R Jackson Leach of the World Obesity Federation
Notes: IOTF International cut off NB SMALL SAMPLE SIZES & COMBINED REGIONS
Cutoffs: IOTF
Girls, 2015

Survey type: Measured
Age: 2-17
Sample size: 1018
Area covered: National (but small sample)
References: Scottish Health Survey 2015, Renanalysis by R Jackson Leach of the World Obesity Federation
Notes: IOTF International cut off NB SMALL SAMPLE SIZES & COMBINED REGIONS
Cutoffs: IOTF
Overweight/obesity by socio-economic group

Men, 2017

Survey type: Measured
Age: 16+
Sample size: 3697
Area covered: National


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Women, 2017

Survey type: Measured
Age: 16+
Sample size: 3697
Area covered: National

References:

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Boys, 2017

Survey type: Measured
Age: 2-15
Sample size: 1603
Area covered: National

Cutoffs: Other
Girls, 2017

<table>
<thead>
<tr>
<th>Quintile</th>
<th>Obesity (%)</th>
<th>Overweight (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Quintile (most deprived)</td>
<td>20</td>
<td>15</td>
</tr>
<tr>
<td>2nd quintile</td>
<td>16</td>
<td>14</td>
</tr>
<tr>
<td>3rd quintile</td>
<td>14</td>
<td>12</td>
</tr>
<tr>
<td>4th quintile</td>
<td>12</td>
<td>10</td>
</tr>
<tr>
<td>5th Quintile (least deprived)</td>
<td>10</td>
<td>8</td>
</tr>
</tbody>
</table>

Survey type: Measured
Age: 2-15
Sample size: 1603
Area covered: National
Cutoffs: Other