



San Marino



Country report card - children

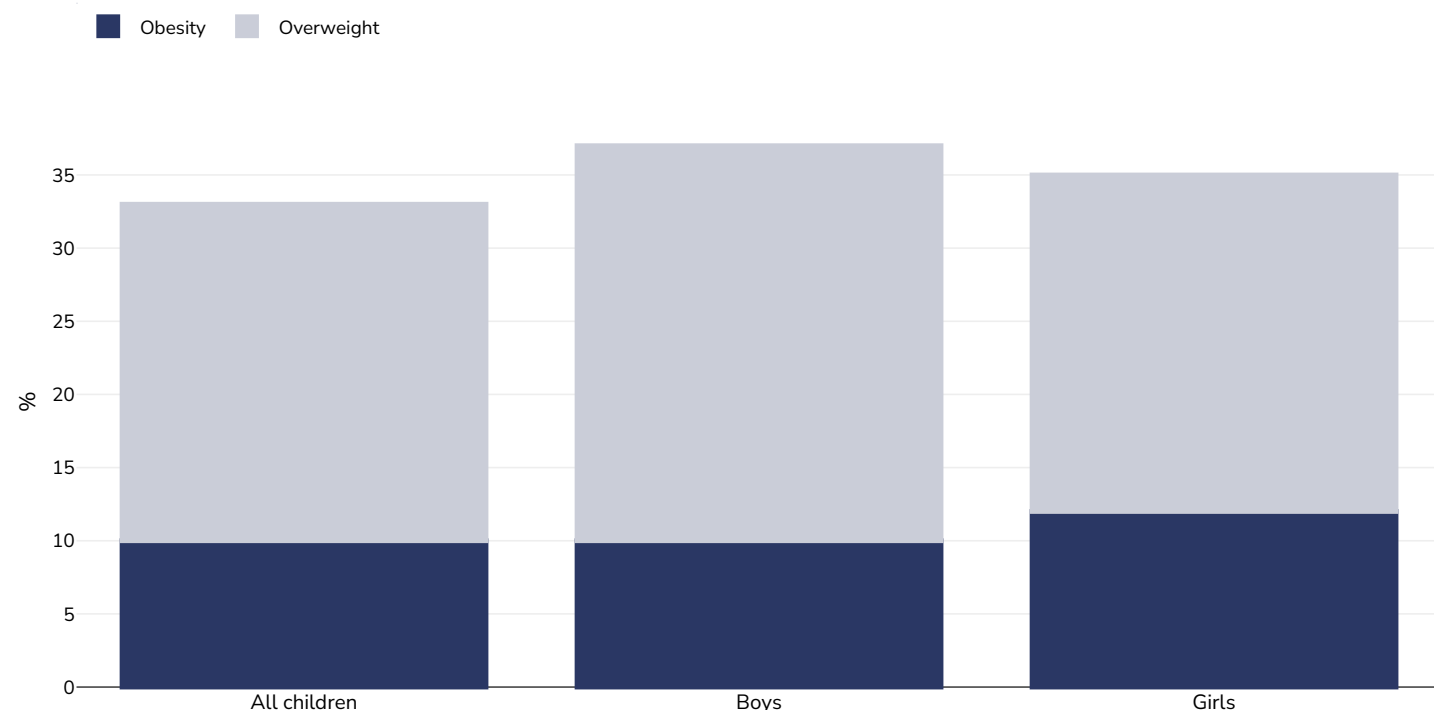
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/san-marino-183/>.

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Obesity prevalence

Children, 2022-2024



Survey type:	Measured
Age:	8
Area covered:	National
References:	WHO European Childhood Obesity Surveillance Initiative (COSI): A brief review of results from round 6 of COSI (2022-2024). Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO.
Cutoffs:	WHO 2007

% Children (aged 8) living with overweight or obesity, 2012-2022 (WHO)

Boys



Survey type:	Measured
References:	<p>2012: Report on the third round of data collection, 2012–2013: WHO European Childhood Obesity Surveillance Initiative (COSI). 2016: Report on the fourth round of data collection, 2015–2017: WHO European Childhood Obesity Surveillance Initiative (COSI). 2022: WHO European Childhood Obesity Surveillance Initiative (COSI): A brief review of results from round 6 of COSI (2022–2024). Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO.</p>
Notes:	WHO European Childhood Obesity Surveillance Initiative (COSI)
Definitions:	WHO 2007 cutoffs

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Girls



Survey type:	Measured
References:	<p>2012: Report on the third round of data collection, 2012–2013: WHO European Childhood Obesity Surveillance Initiative (COSI). 2016: Report on the fourth round of data collection, 2015–2017: WHO European Childhood Obesity Surveillance Initiative (COSI). 2022: WHO European Childhood Obesity Surveillance Initiative (COSI): A brief review of results from round 6 of COSI (2022–2024). Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO.</p>
Notes:	WHO European Childhood Obesity Surveillance Initiative (COSI)
Definitions:	WHO 2007 cutoffs

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Prevalence of less than daily fruit consumption

Children, 2018-2020

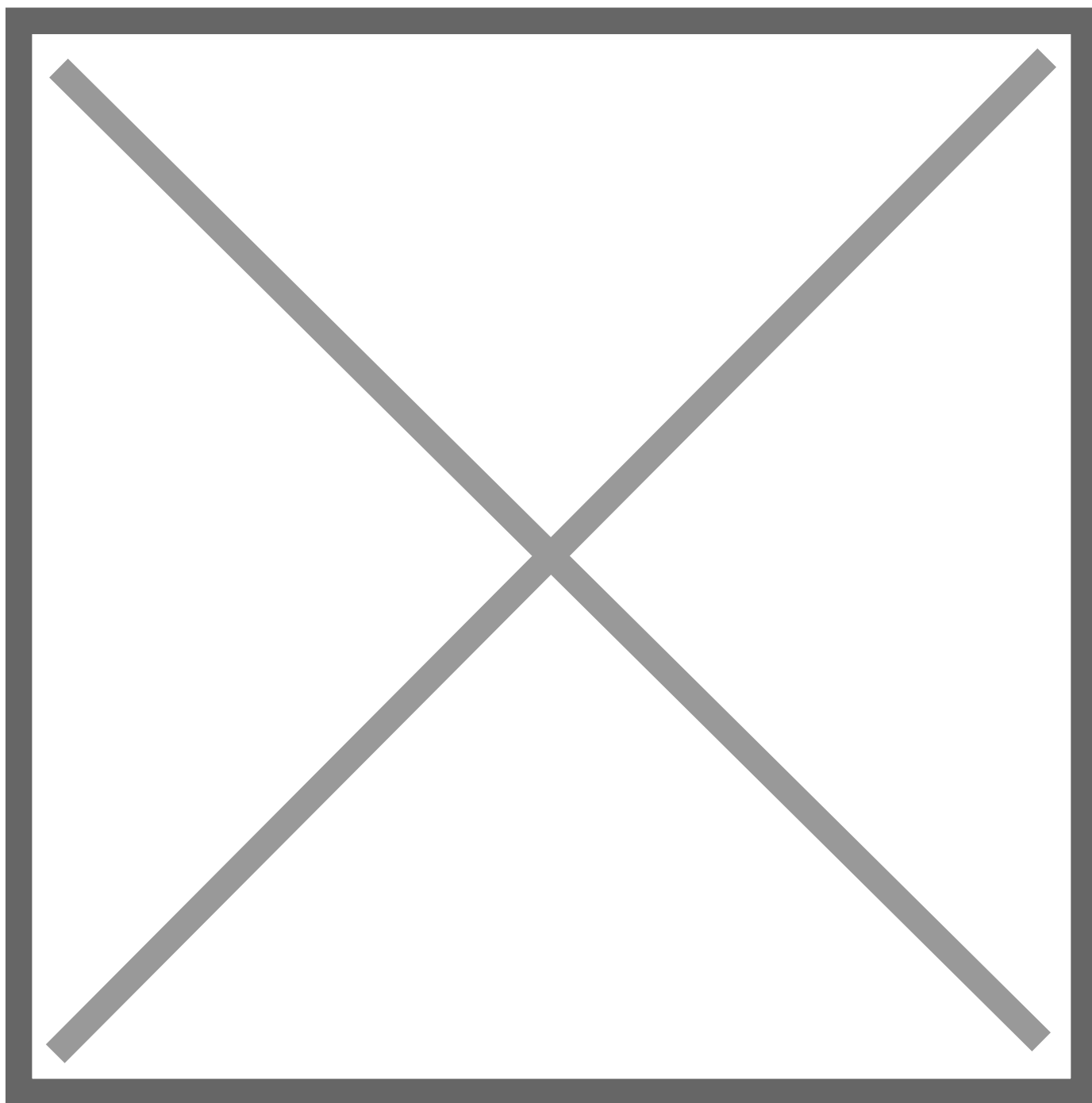


Survey type:	Self-reported
Age:	6-9
Sample size:	309
Area covered:	National

References: Report on the fifth round of data collection, 2018–2020: WHO European Childhood Obesity Surveillance Initiative (COSI). Copenhagen: WHO Regional Office for Europe; 2022. Licence: CC BY-NC-SA 3.0 IGO.

Definitions: Percentage who reported eating fruit less than daily

Boys, 2018-2020

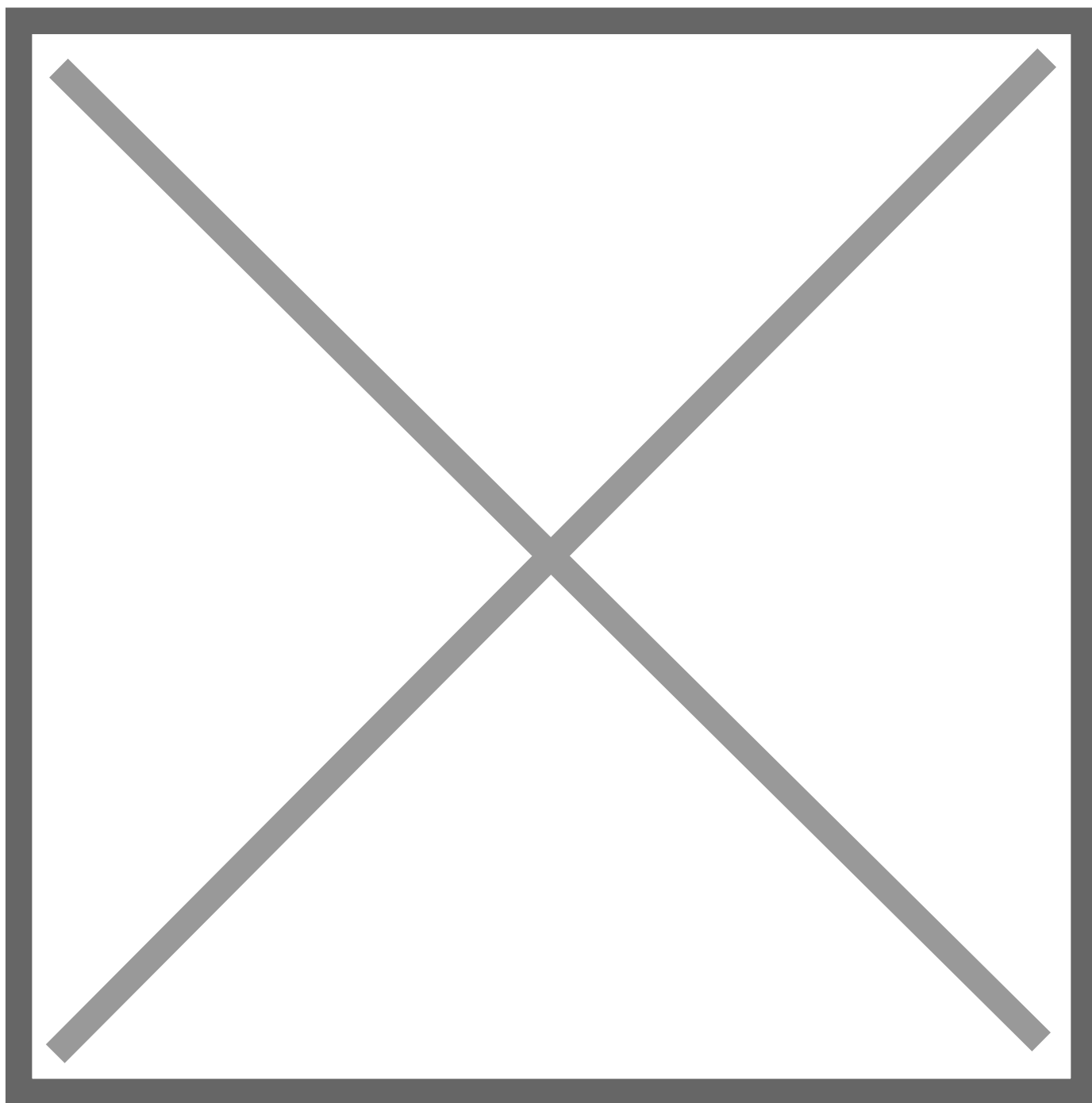


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Definitions: Percentage who reported eating fruit less than daily

Girls, 2018-2020

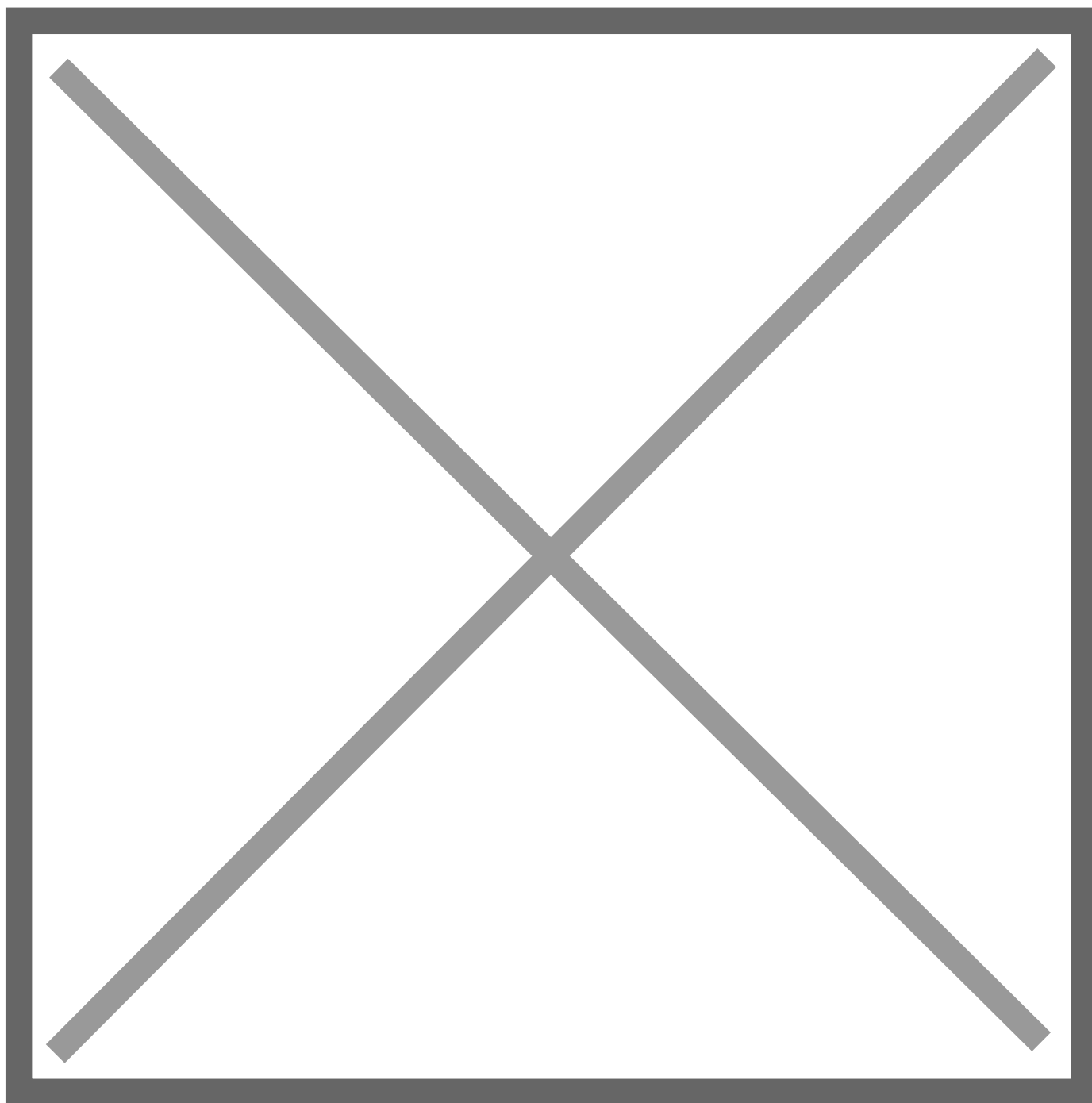


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Definitions:	Percentage who reported eating fruit less than daily

Prevalence of less than daily vegetable consumption

Children, 2018-2020



Survey type:	Self-reported
Age:	6-9
Sample size:	312
Area covered:	National

References:	Report on the fifth round of data collection, 2018–2020: WHO European Childhood Obesity Surveillance Initiative (COSI). Copenhagen: WHO Regional Office for Europe; 2022. Licence: CC BY-NC-SA 3.0 IGO.
Definitions:	Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Boys, 2018-2020



Survey type:	Self-reported
Age:	6-9
Sample size:	312
Area covered:	National

References:	Report on the fifth round of data collection, 2018–2020: WHO European Childhood Obesity Surveillance Initiative (COSI). Copenhagen: WHO Regional Office for Europe; 2022. Licence: CC BY-NC-SA 3.0 IGO.
Definitions:	Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Girls, 2018-2020

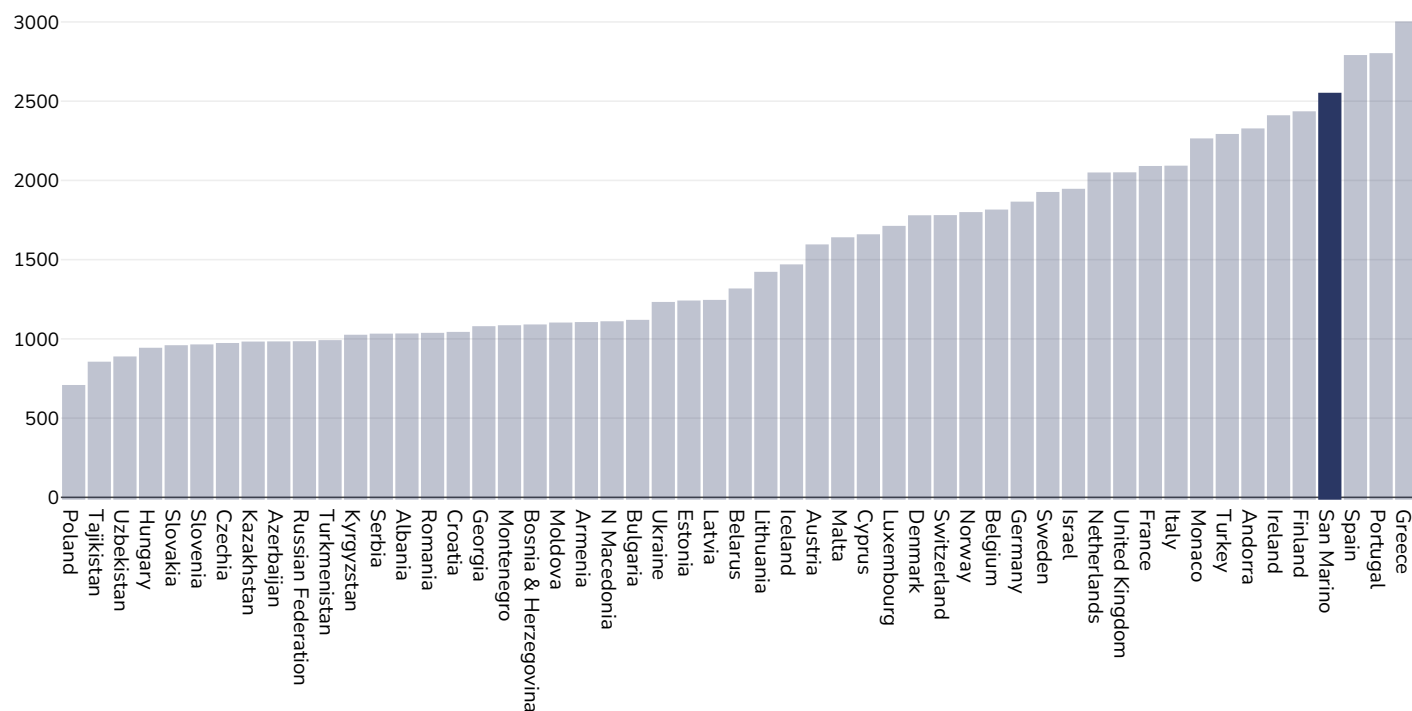


Survey type:	Self-reported
Age:	6-9
Sample size:	312
Area covered:	National

References:	Report on the fifth round of data collection, 2018–2020: WHO European Childhood Obesity Surveillance Initiative (COSI). Copenhagen: WHO Regional Office for Europe; 2022. Licence: CC BY-NC-SA 3.0 IGO.
Definitions:	Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Mental health - depression disorders

Children, 2021



Area covered:

National

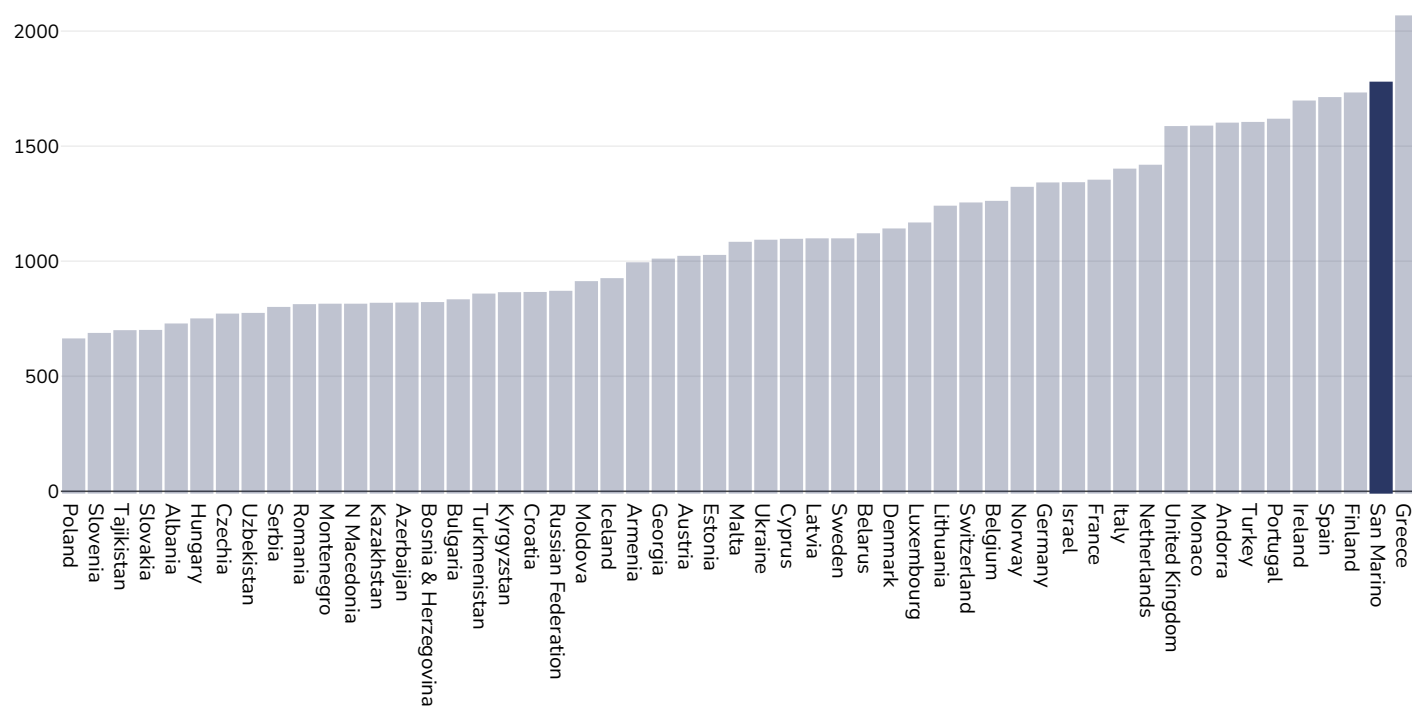
References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitions:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Boys, 2021



Area covered:

National

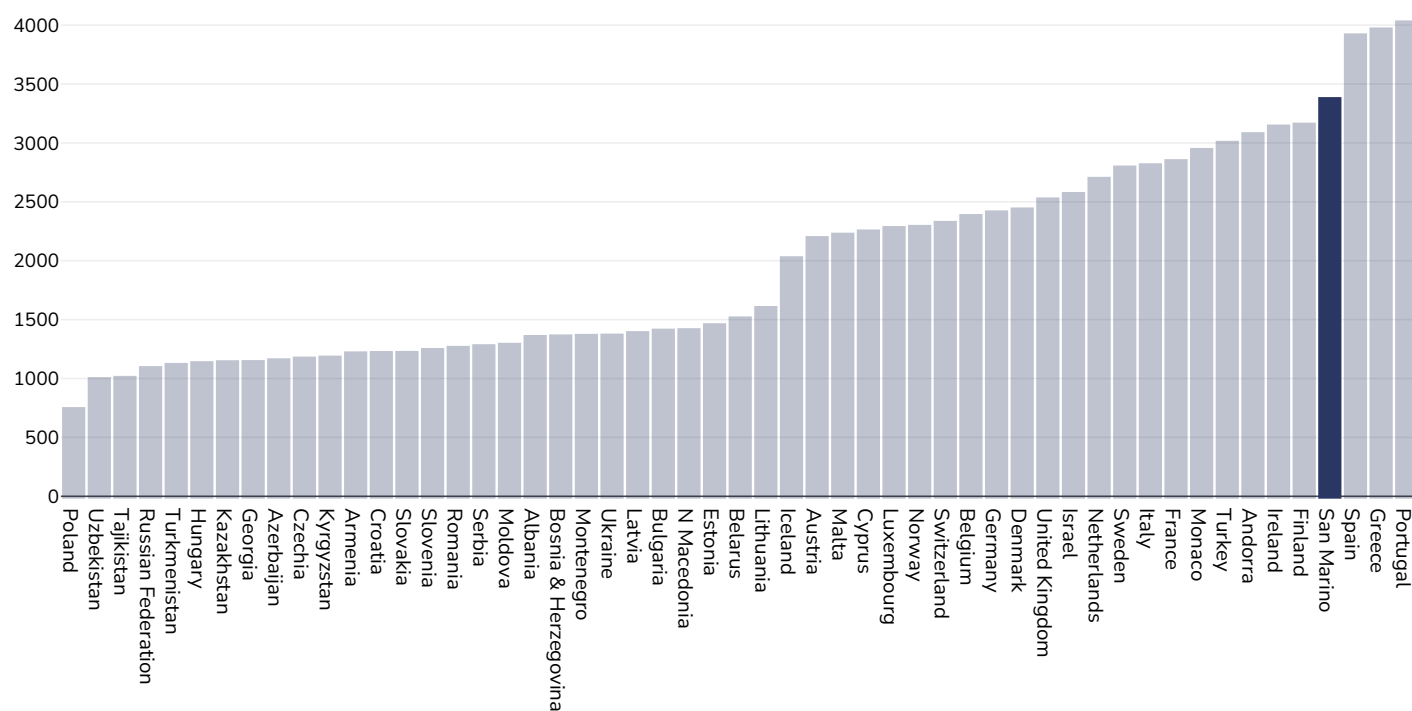
References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitions:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Girls, 2021



Area covered:

National

References:

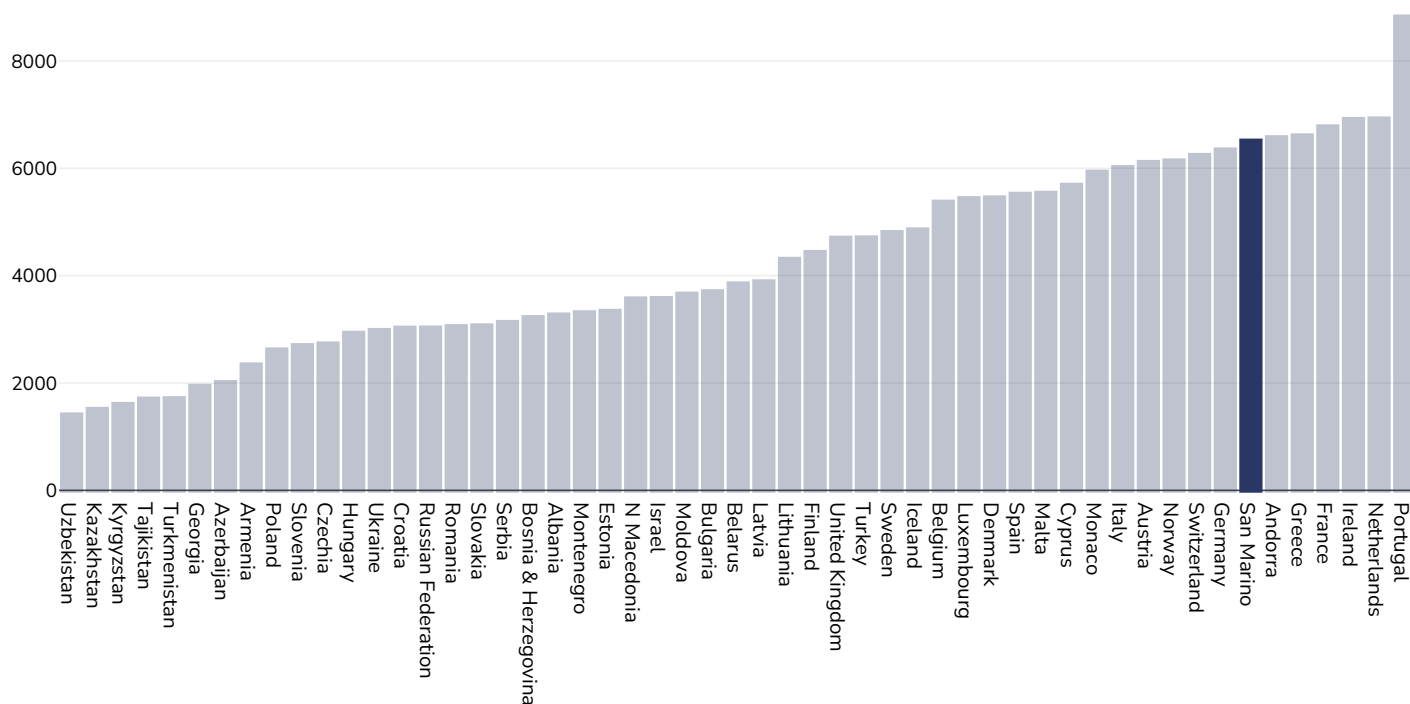
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitions:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Mental health - anxiety disorders

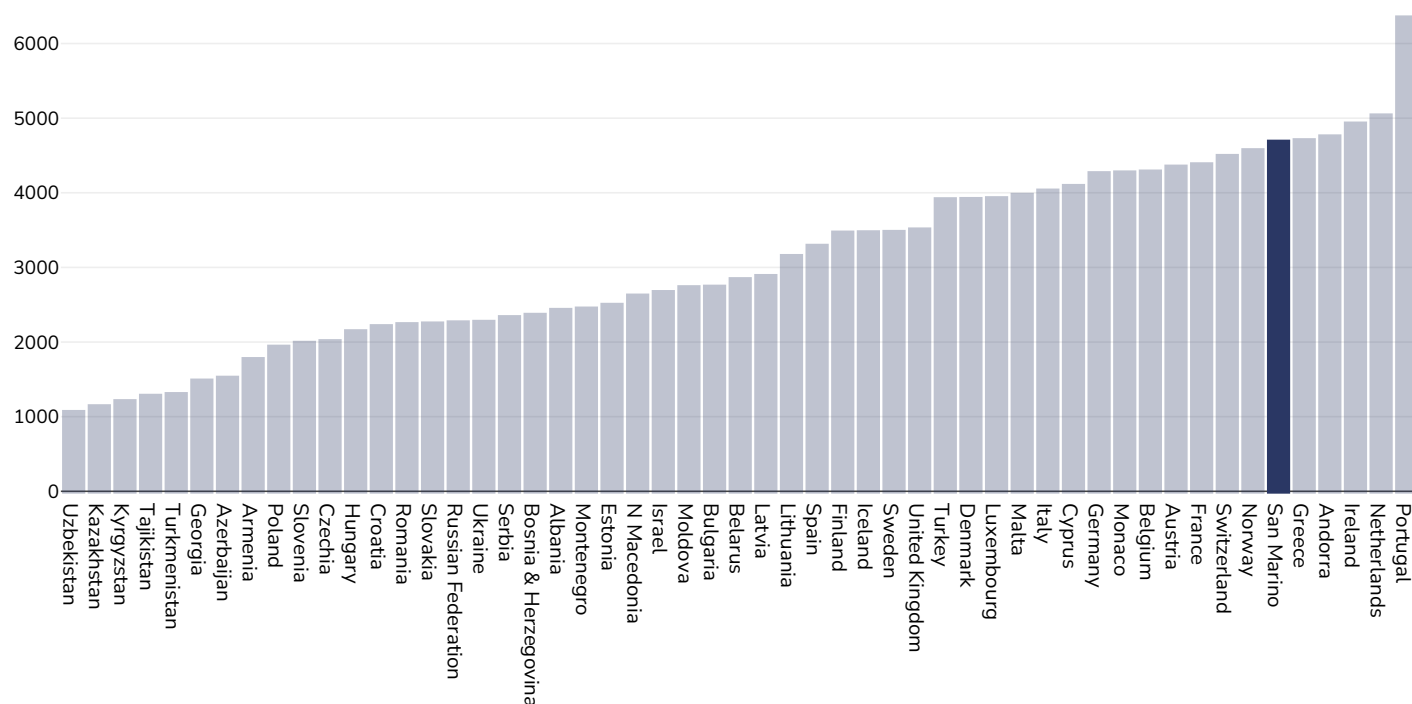
Children, 2021



References:

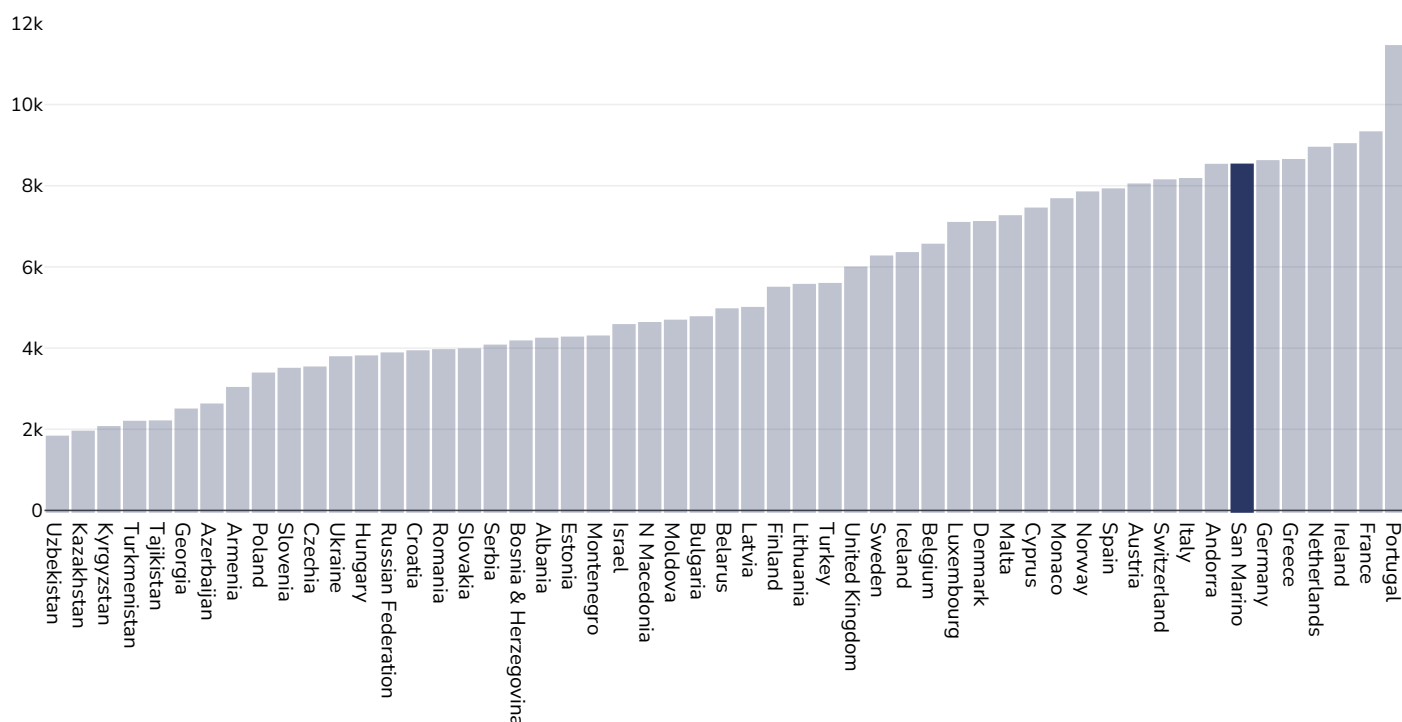
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Girls, 2021



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PDF created on September 24, 2025