



Сейнт Винсент и Гренадини



Country report card - adults

This report card contains the latest data available on the GlobalObesityObservatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

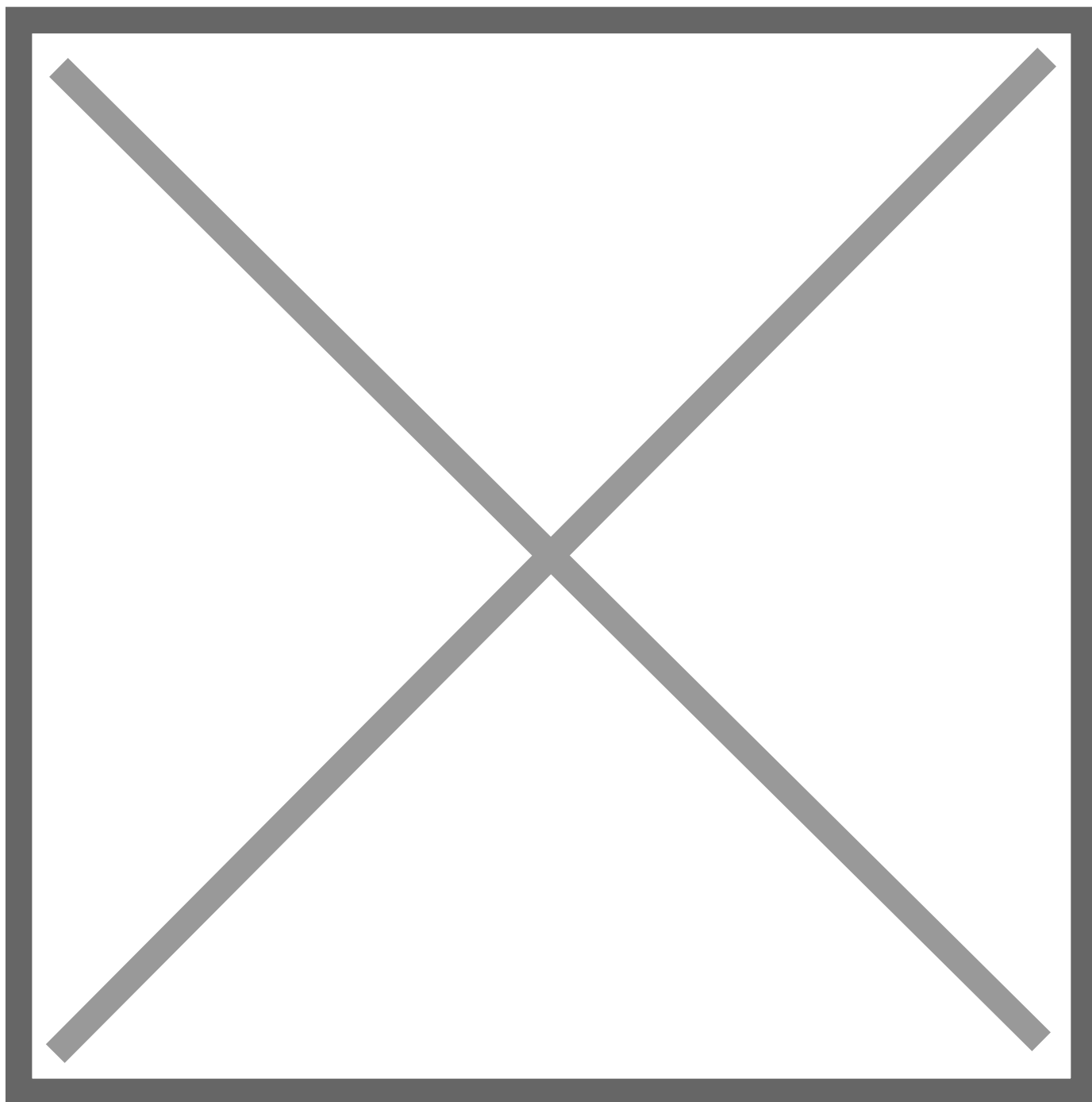
View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/saint-vincent-and-the-grenadines-201/>.

Национален риск от затлъстяване *8/10 This is a composite 'obesity risk' score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels. Риск от затлъстяване в детска възраст *8/11 This is a 'risk score' for each country's likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

* Въз основа на приблизителни данни. За повече информация вижте „Публикации“

Разпространение на затлъстяването

Възрастни, 2013-2014



Тип анкета:	Измерено
Възраст:	18-69
Количество на пробите:	3,422

Обхваната
зона:

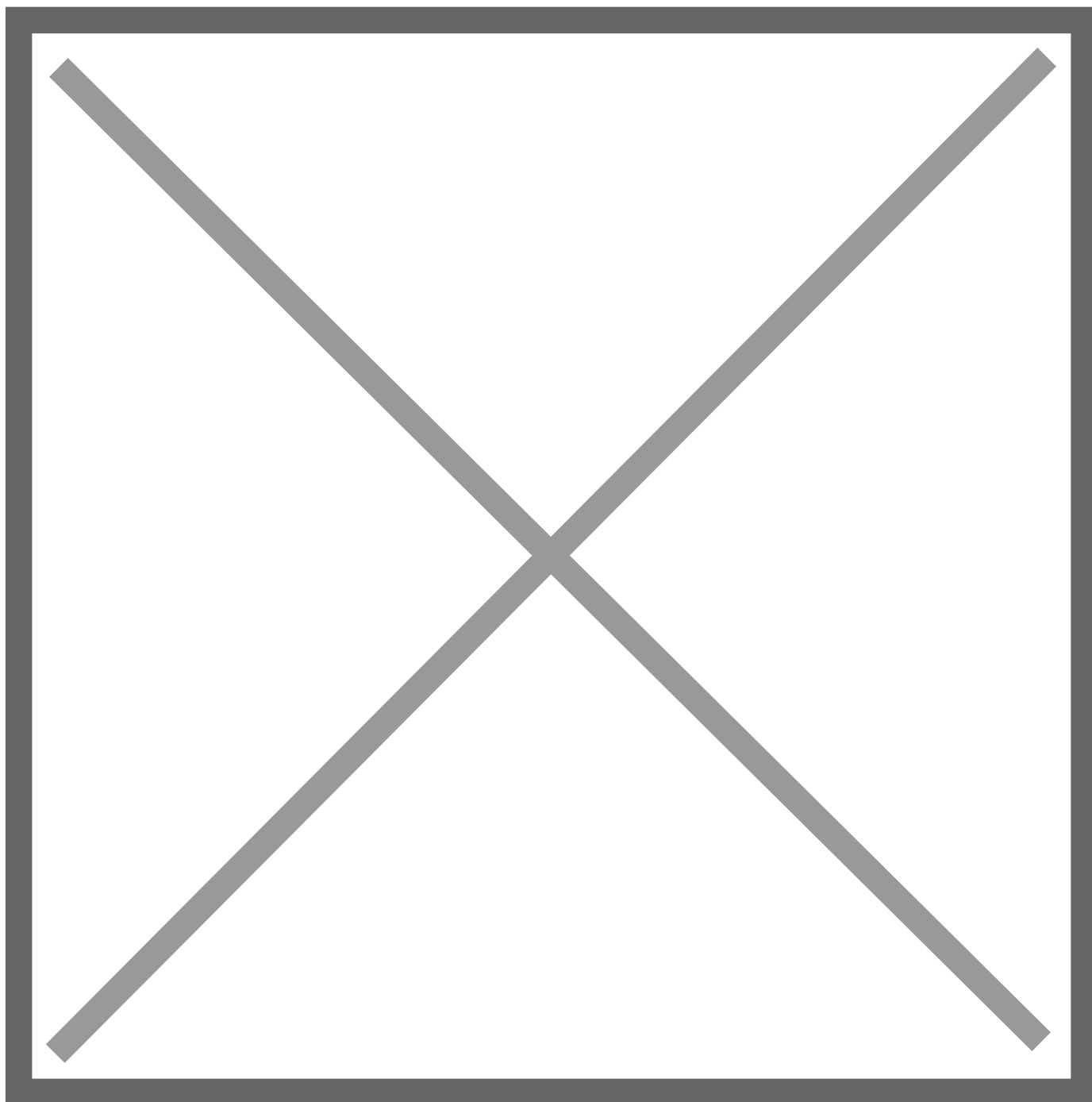
Национално

Референции: 2013-2014 STEPS Country Report Saint Vincent and the Grenadines. <https://www.who.int/teams/noncommunicable-diseases/surveillance/data/saint-vincent-and-the-grenadines> [Accessed 19.01.26]

Освен ако не е посочено друго, наднорменото тегло се отнася до ИТМ между 25 kg и 29,9 kg/m², затлъстяването се отнася до ИТМ, по-голям от 30 kg/m².

Наднормено тегло/затлъстяване по възраст

Възрастни, 2013-2014



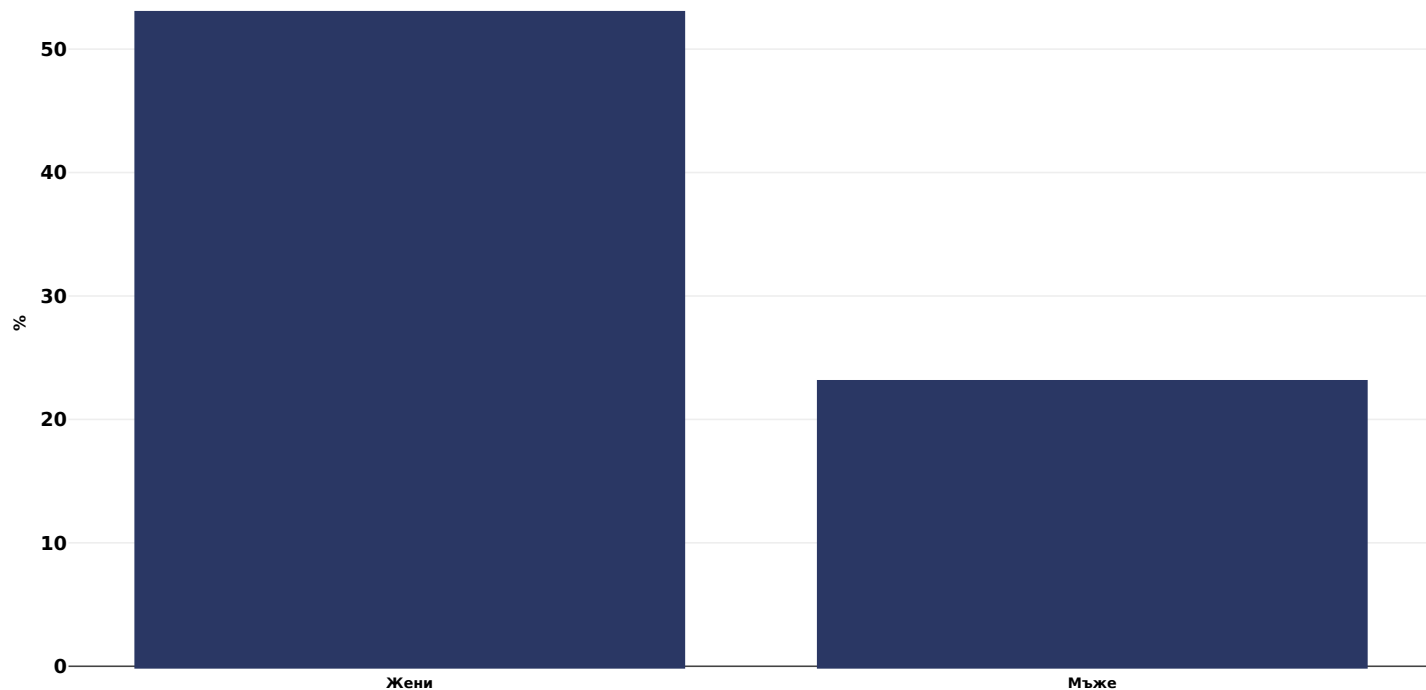
Тип анкета:	Измерено
Количество на пробите:	3,422
Обхваната зона:	Национално

Референции: 2013-2014 STEPS Country Report Saint Vincent and the Grenadines. <https://www.who.int/teams/noncommunicable-diseases/surveillance/data/saint-vincent-and-the-grenadines> [Accessed 19.01.26]

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Double burden of underweight & overweight

Възрастни, 2022



Тип анкета:

Измерено

Възраст:

20+

Референции:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Забележки:

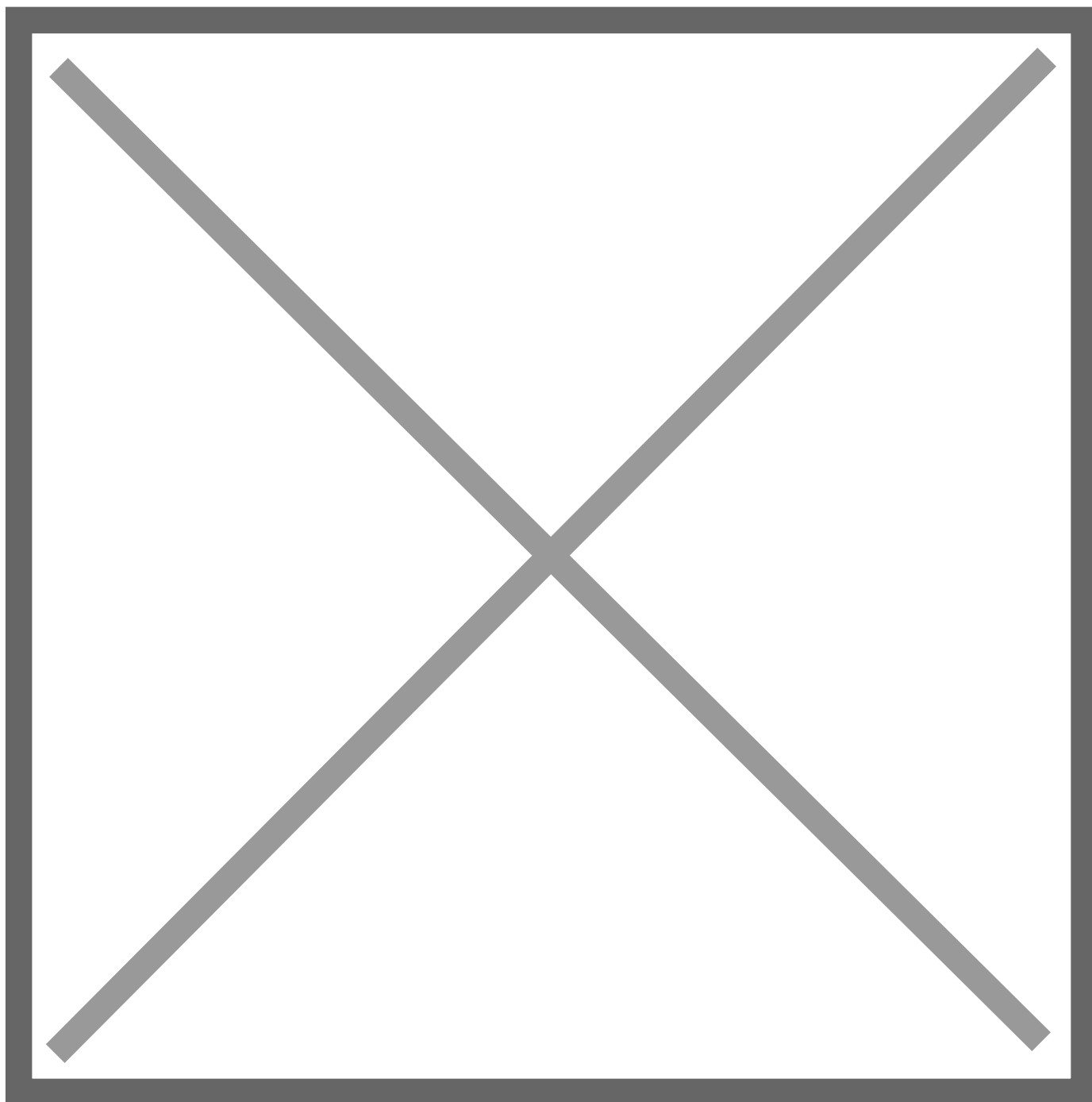
Age Standardised estimates

Определения:

Combined prevalence of BMI<18.5 kg/m and BMI>=30 kg/m (double burden of underweight and obesity)

Estimated per capita fruit intake

Възрастни, 2017



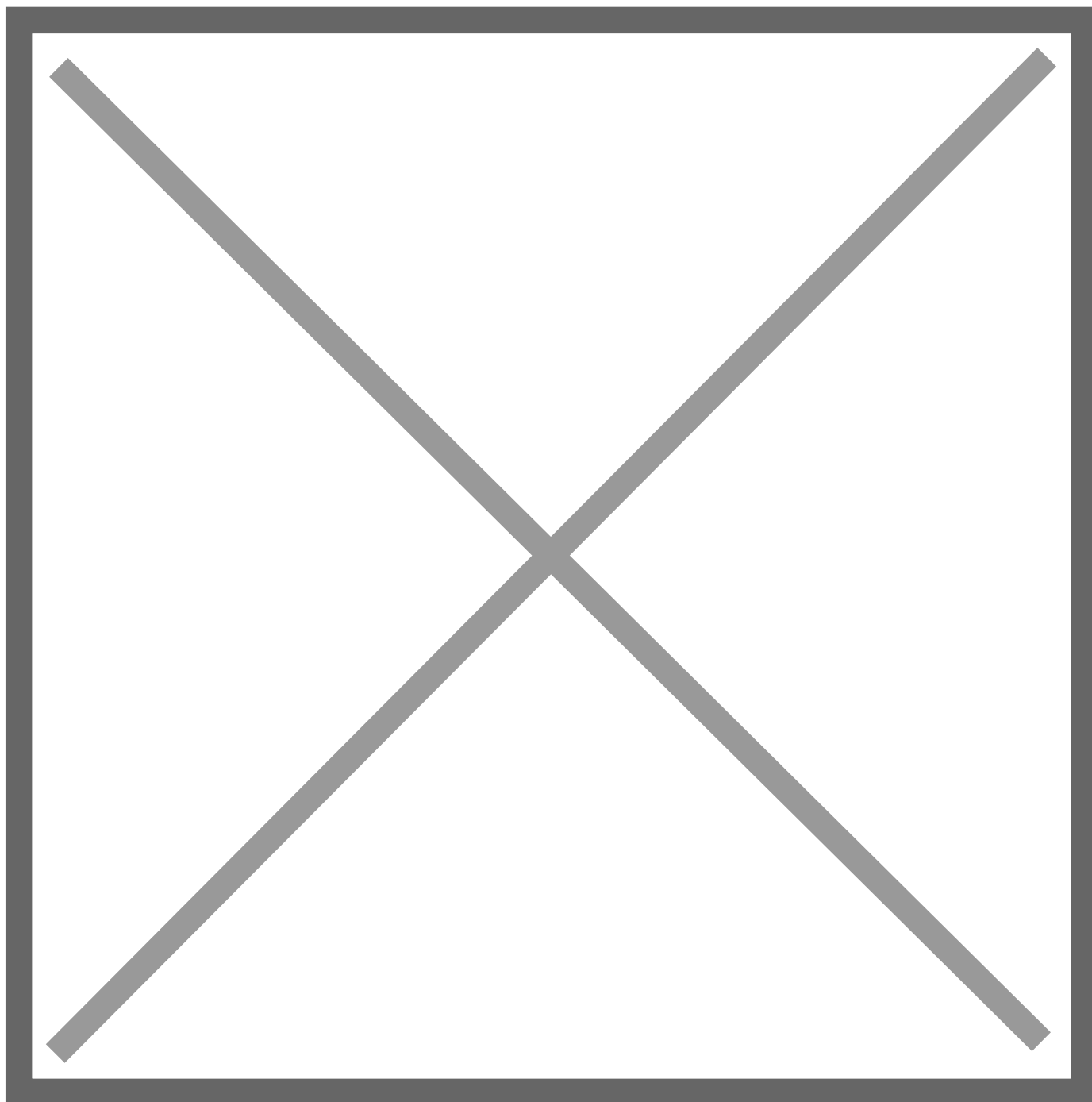
Възраст:	25+
Обхваната зона:	Национално
Референции:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/

Определения:

Estimated per capita fruit intake (g/day)

Estimated per capita processed meat intake

Възрастни, 2017



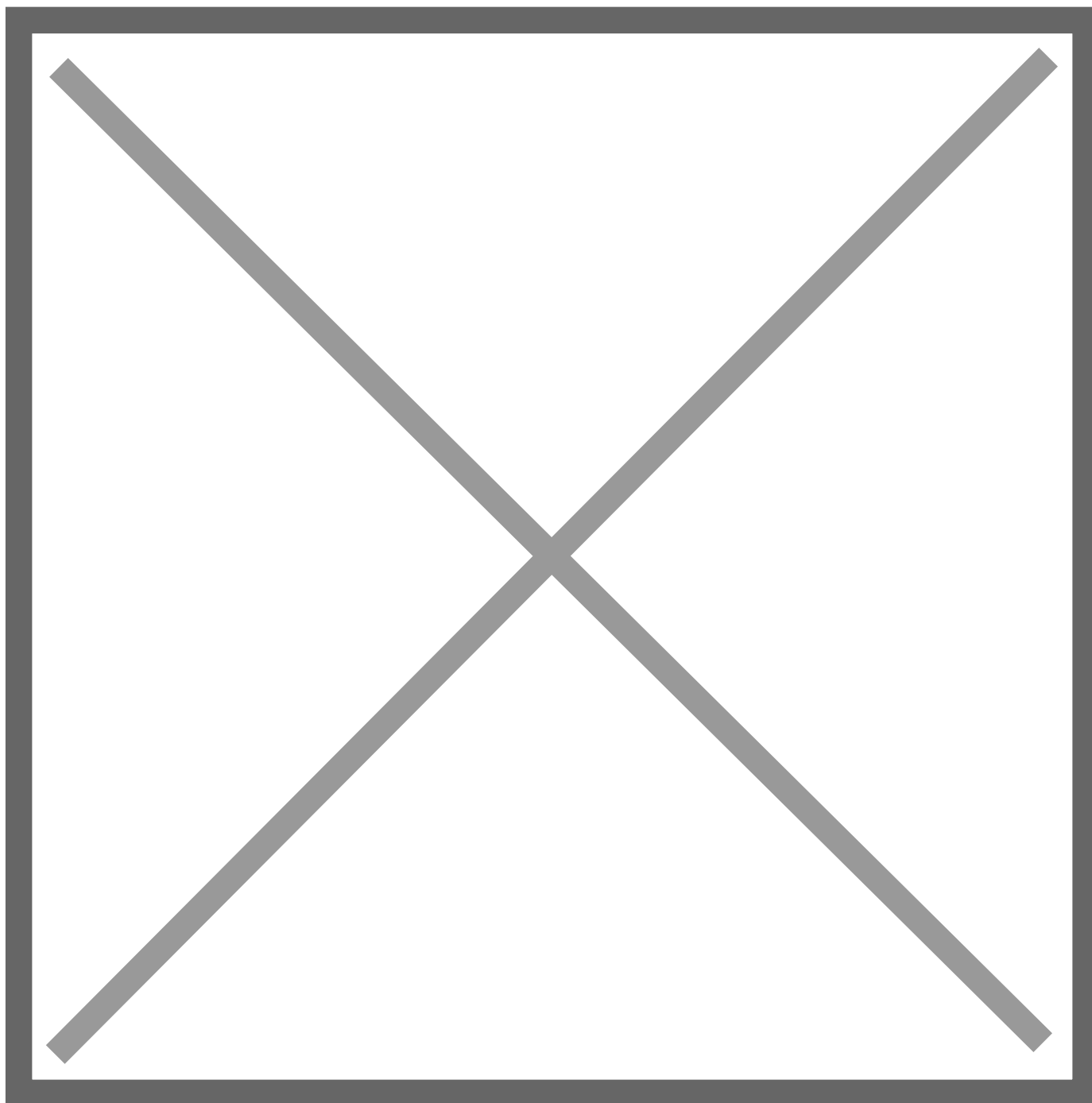
Възраст:	25+
Обхваната зона:	Национално
Референции:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/

Определения:

Estimated per capita processed meat intake (g per day)

Estimated per capita whole grains intake

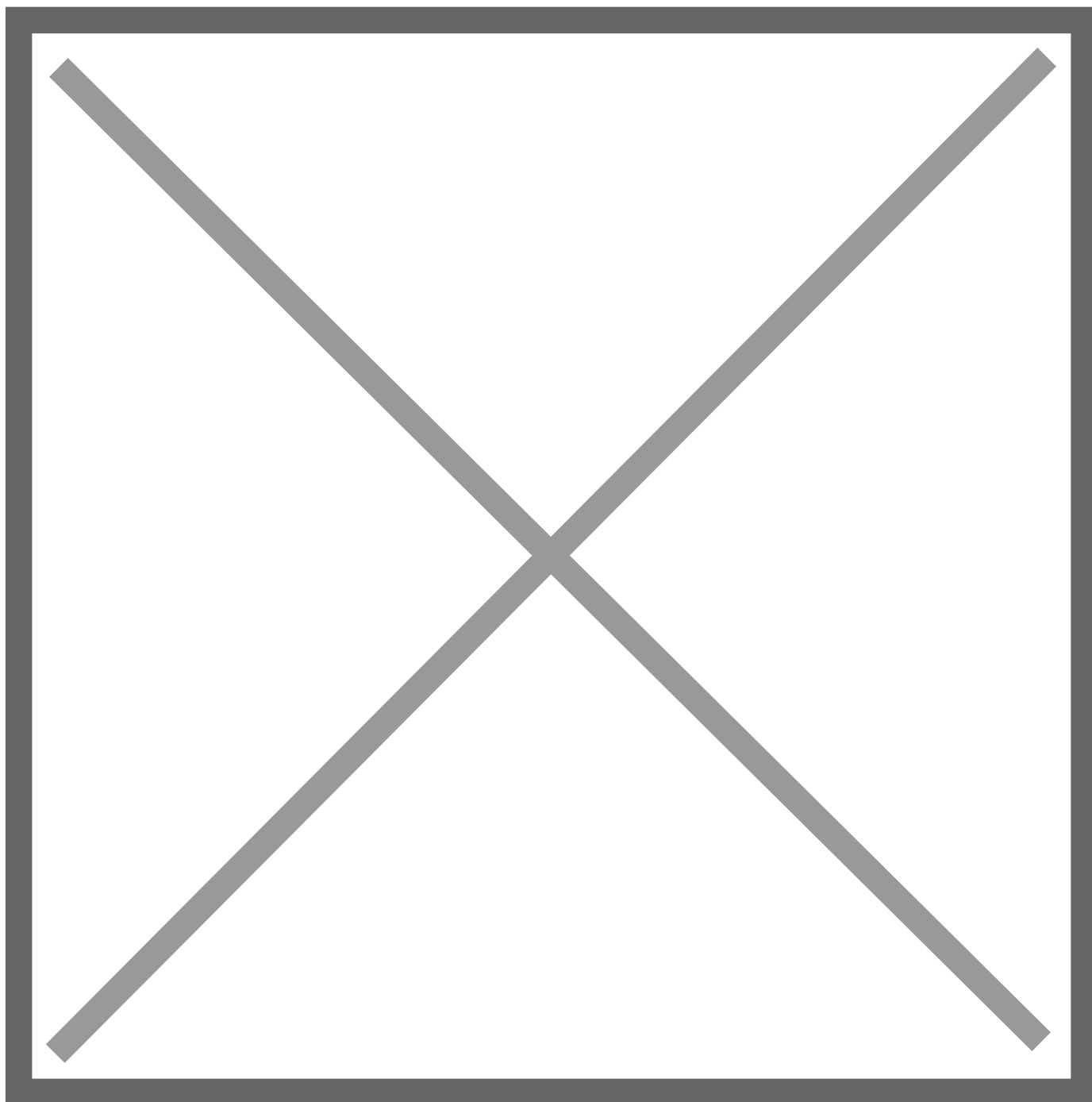
Възрастни, 2017



Тип анкета:	Измерено
Възраст:	25+
Референции:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Определения:	Estimated per-capita whole grains intake (g/day)

Психично здраве - депресивни разстройства

Възрастни, 2021



Възраст:

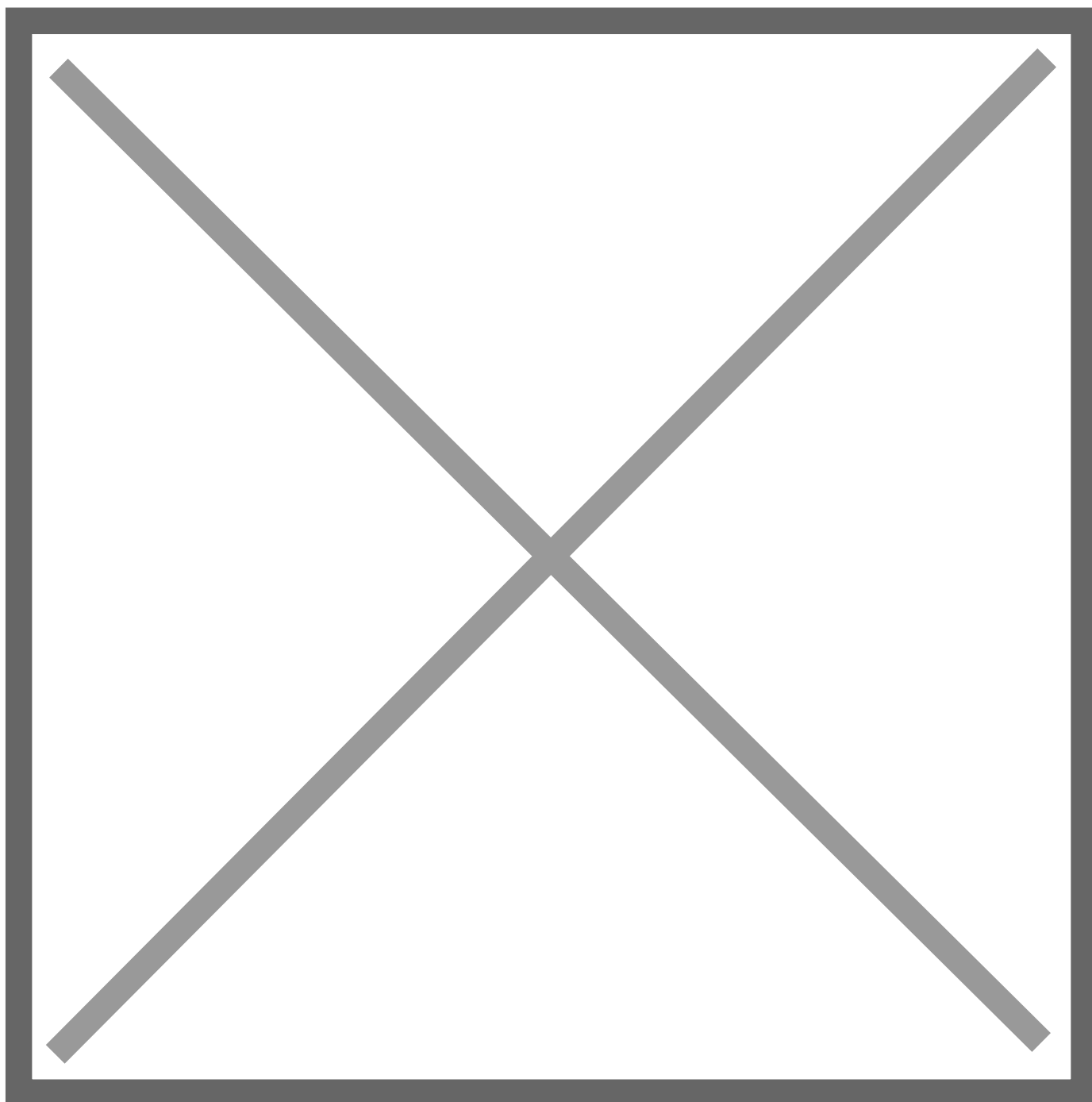
20+

Обхваната
зона:

Национално

Референции:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25)
Определения:	Number living with depression per 100,000 population (adults 20+ years)

Мъже, 2021



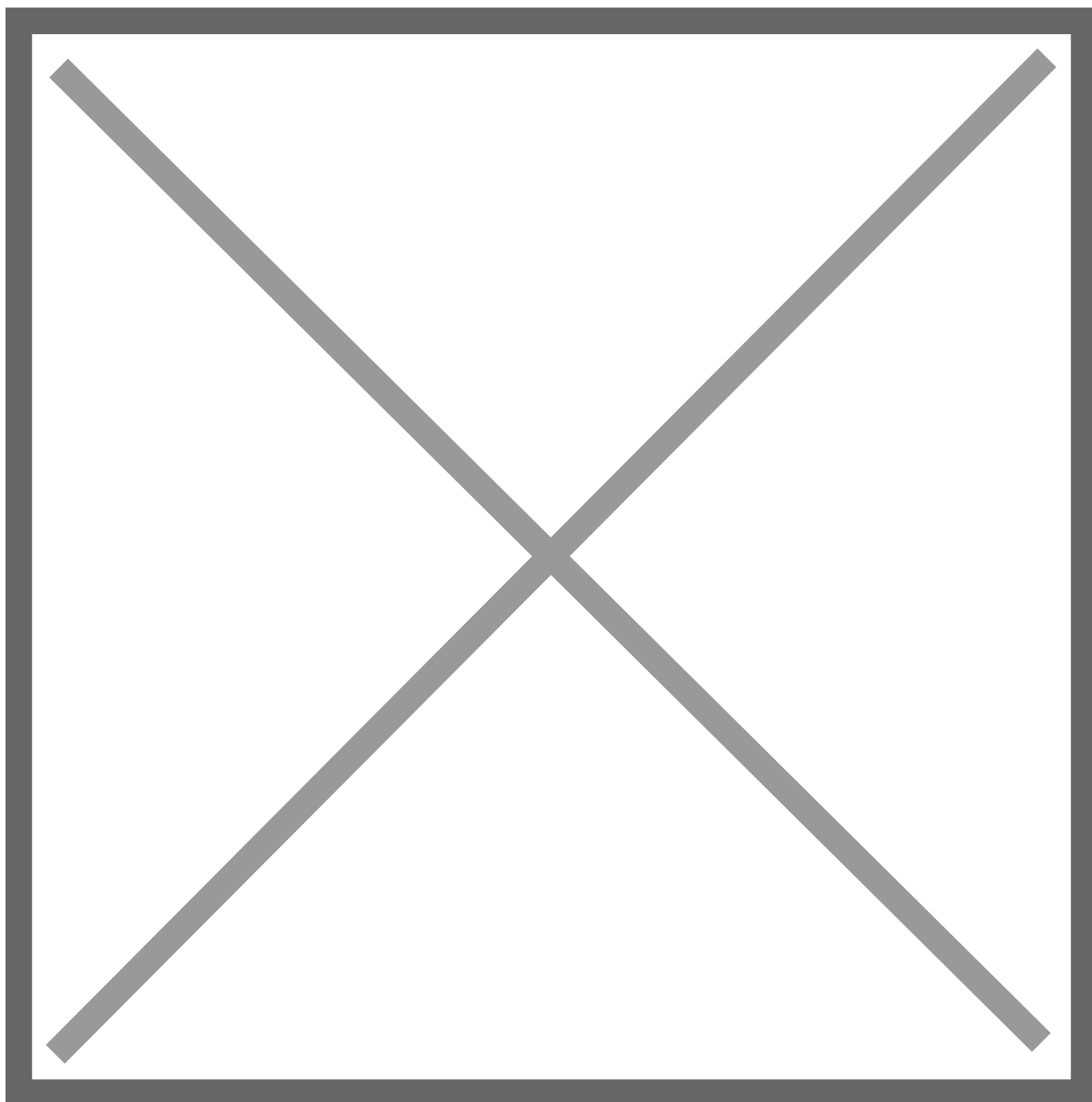
Възраст: 20+

Обхваната зона: Национално

Референции: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Определения: Number living with depression per 100,000 population (adults 20+ years)

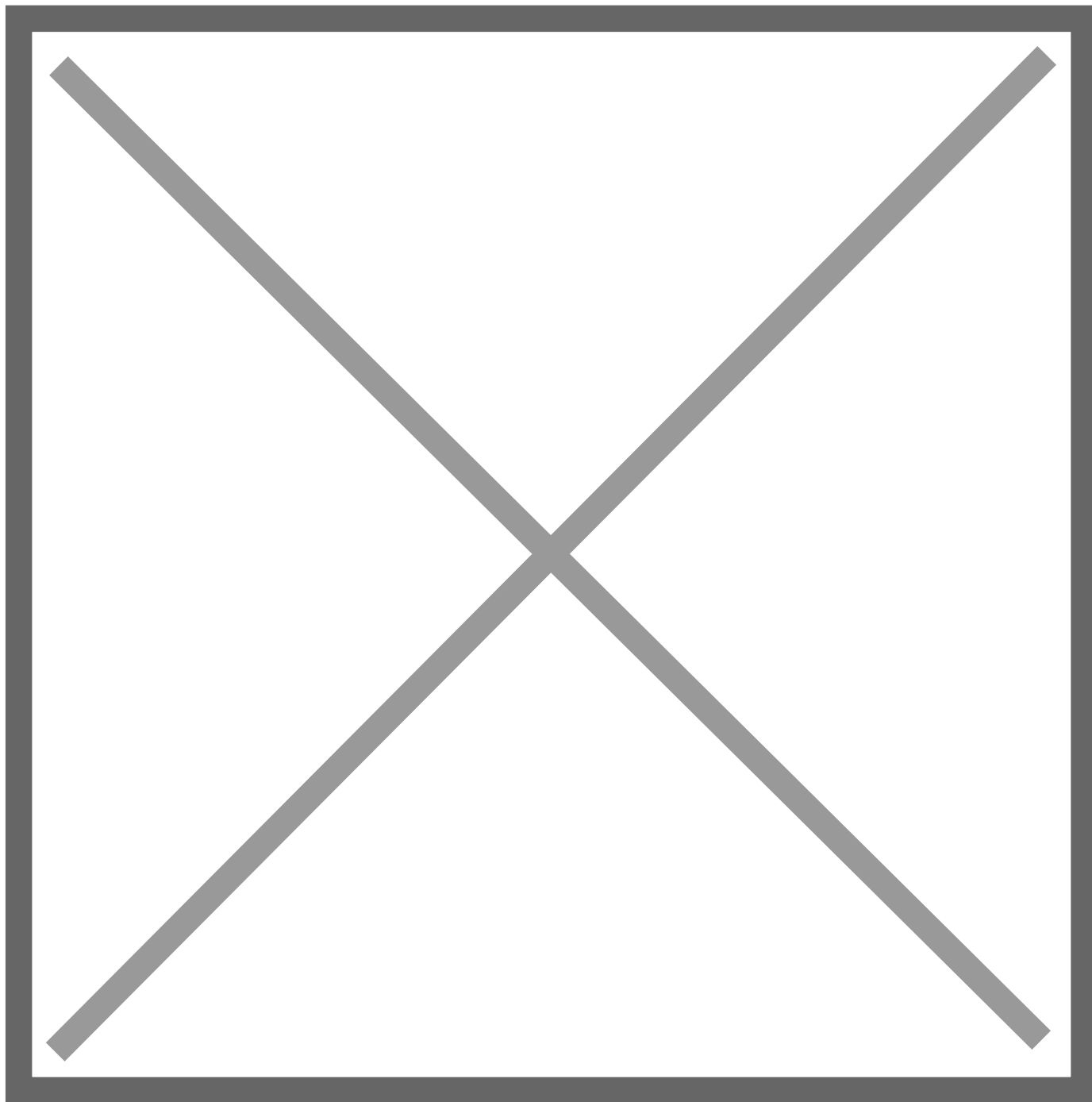
Жени, 2021



Възраст:	20+
Обхваната зона:	Национално
Референции:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25)
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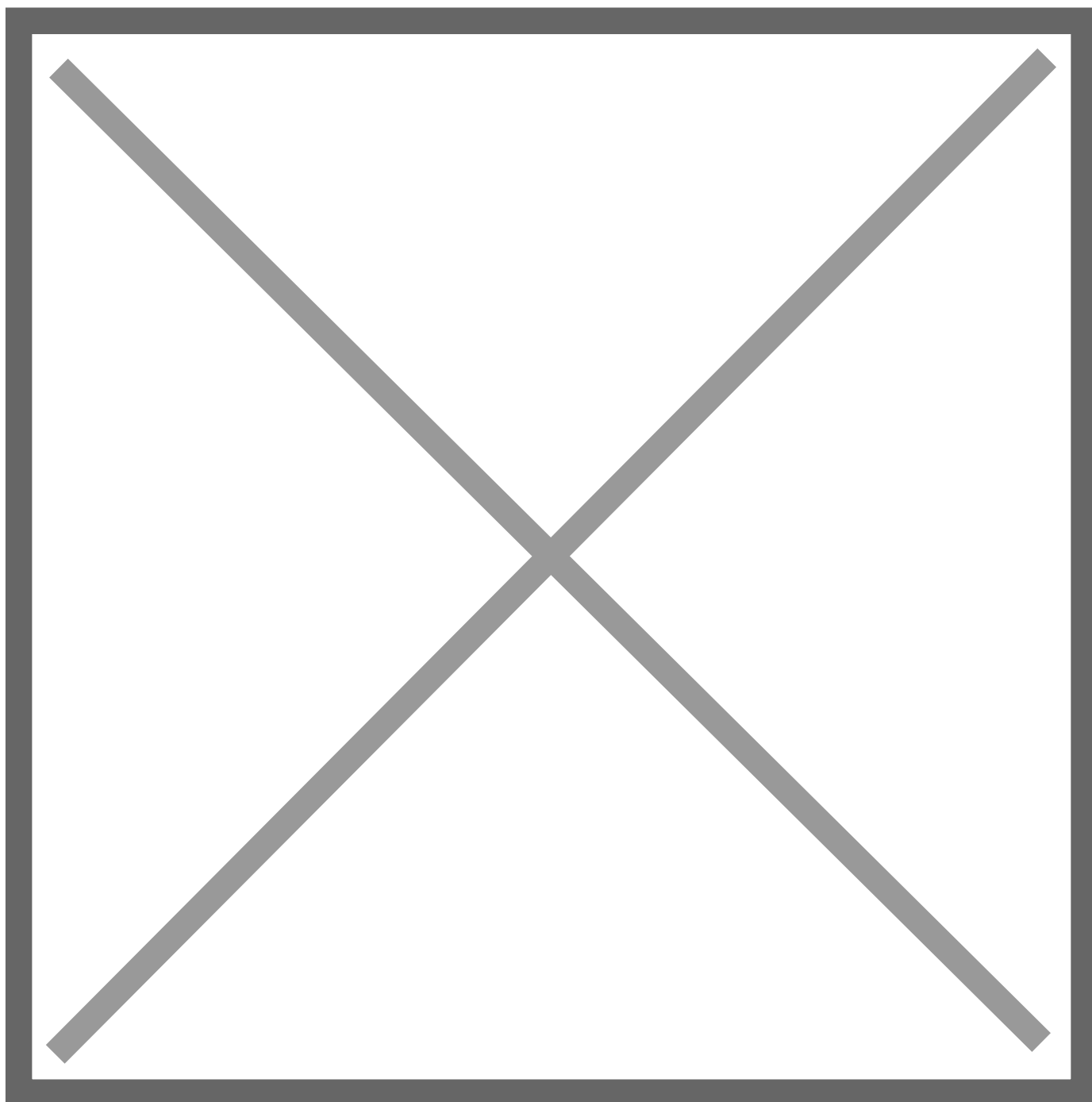
Психично здраве - тревожни разстройства

Възрастни, 2021



Възраст:	20+
Референции:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25).
Определения:	Number living with anxiety per 100,000 population

Мъже, 2021

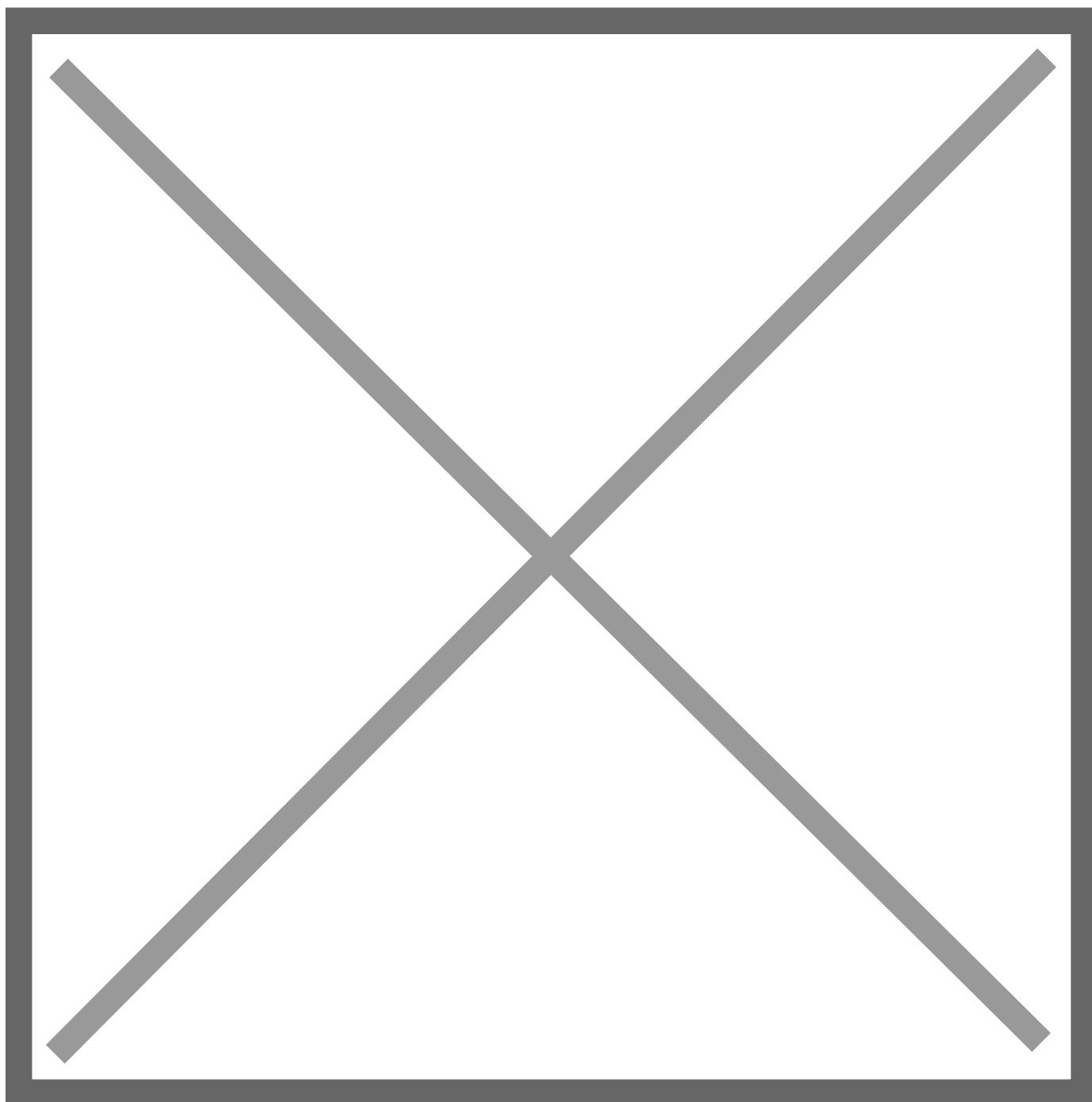


Възраст: 20+

Референции: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Определения: Number living with anxiety per 100,000 population

Жени, 2021



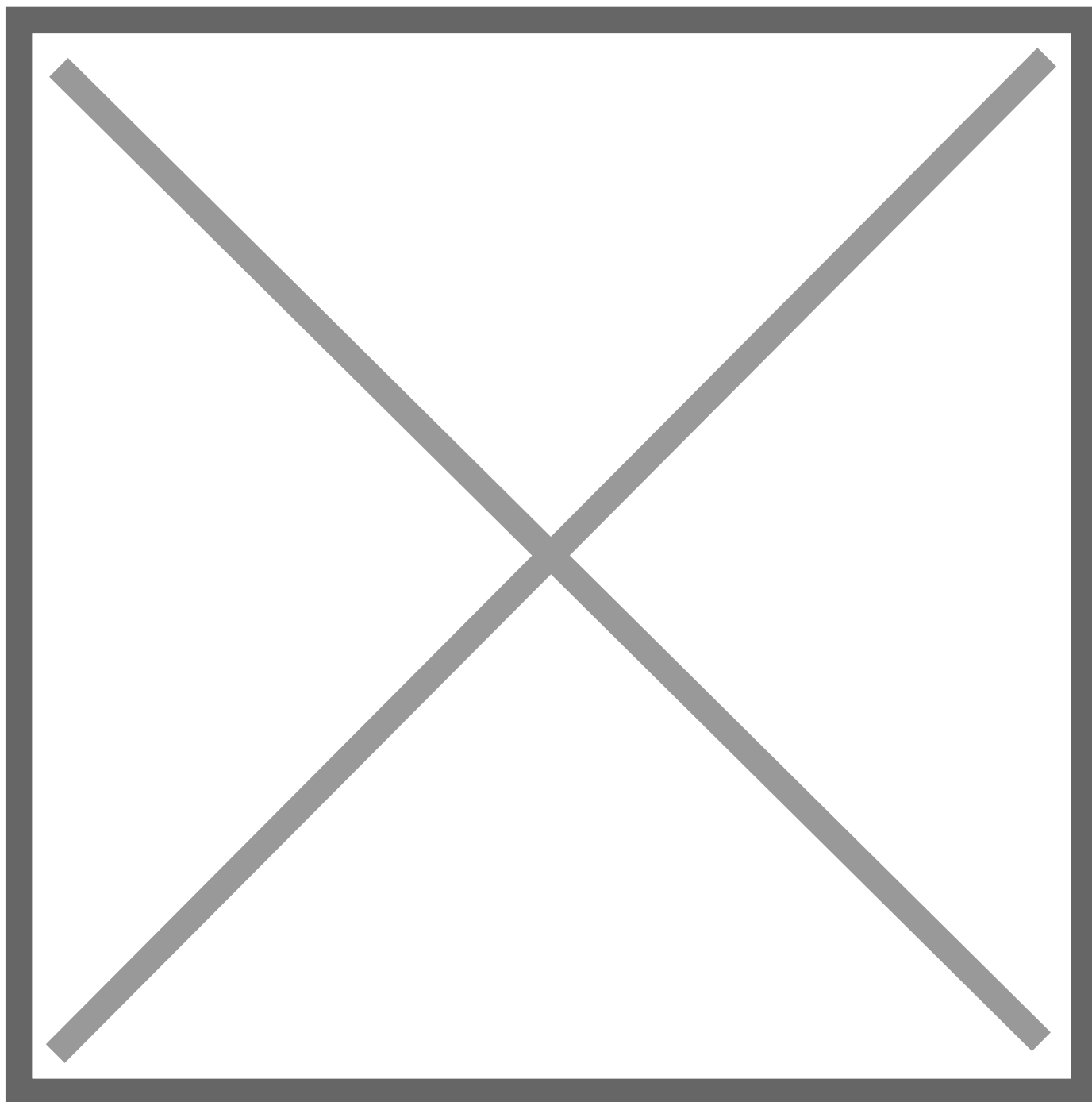
Възраст: 20+

Референции: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Определения: Number living with anxiety per 100,000 population

Повишено кръвно налягане

Възрастни, 2015



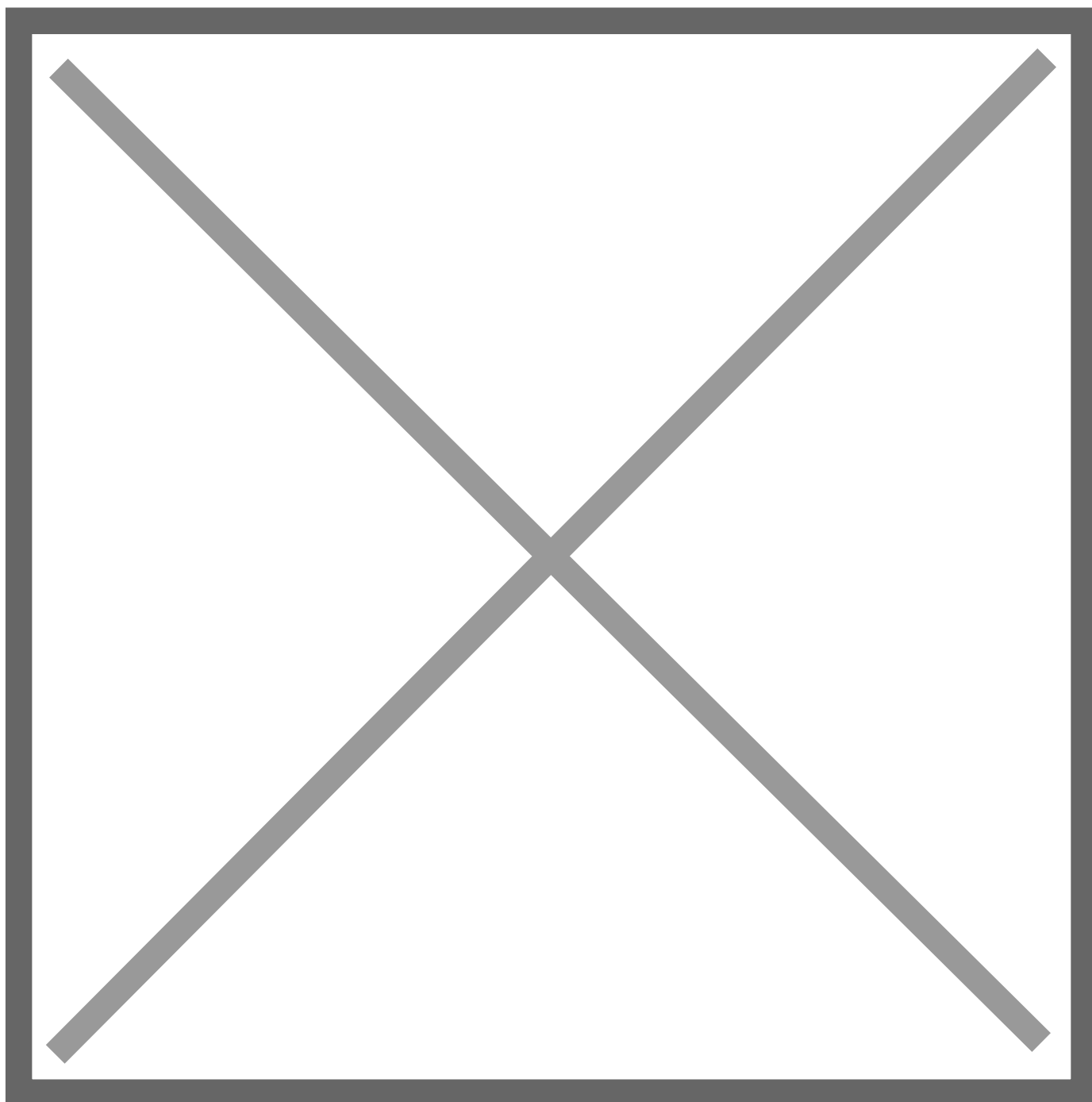
Референции:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Определения:

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Мъже, 2015



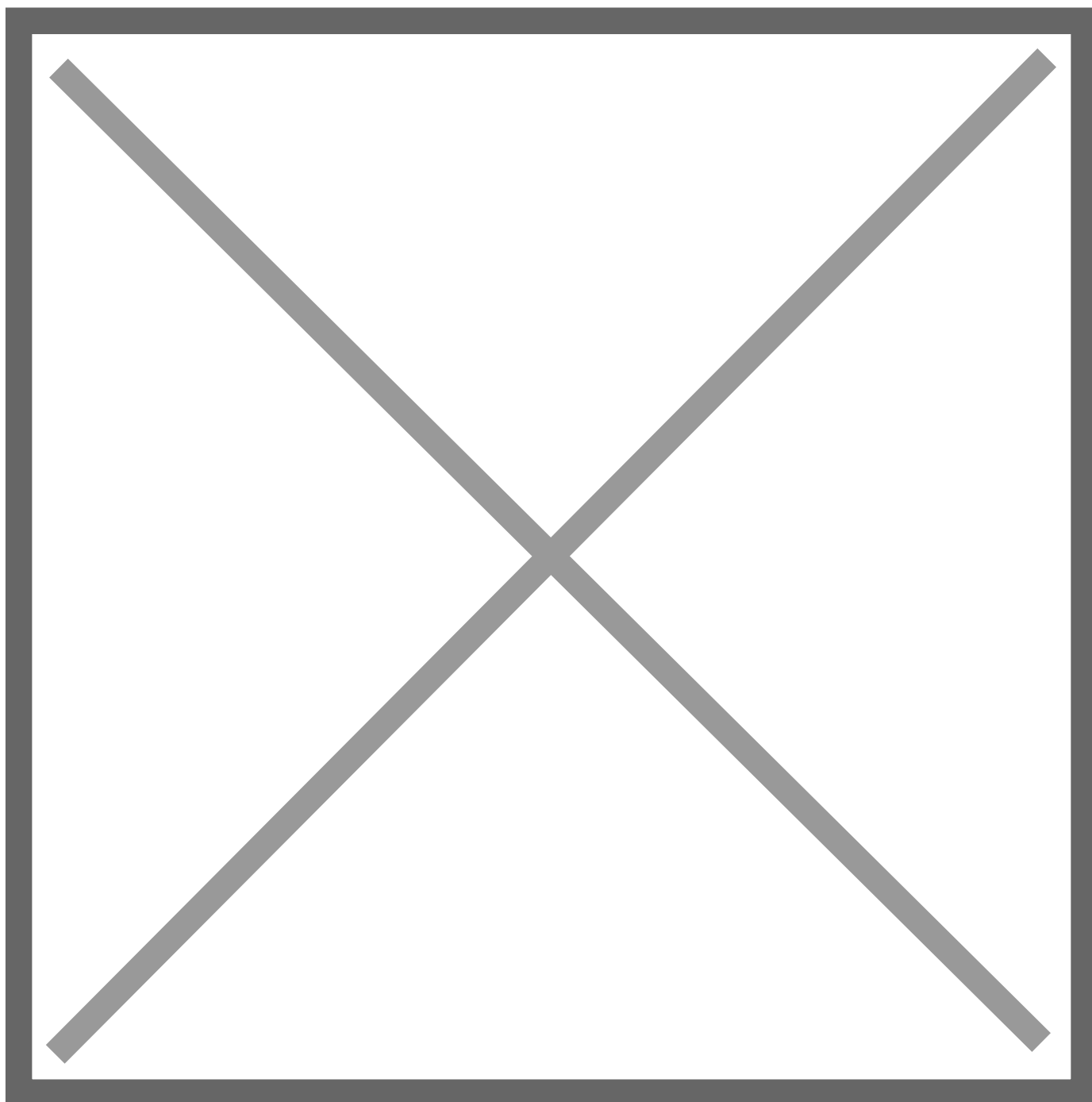
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<http://apps.who.int/gho/data/node.main.A875?lang=en>

Определения:

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Жени, 2015



Референции:

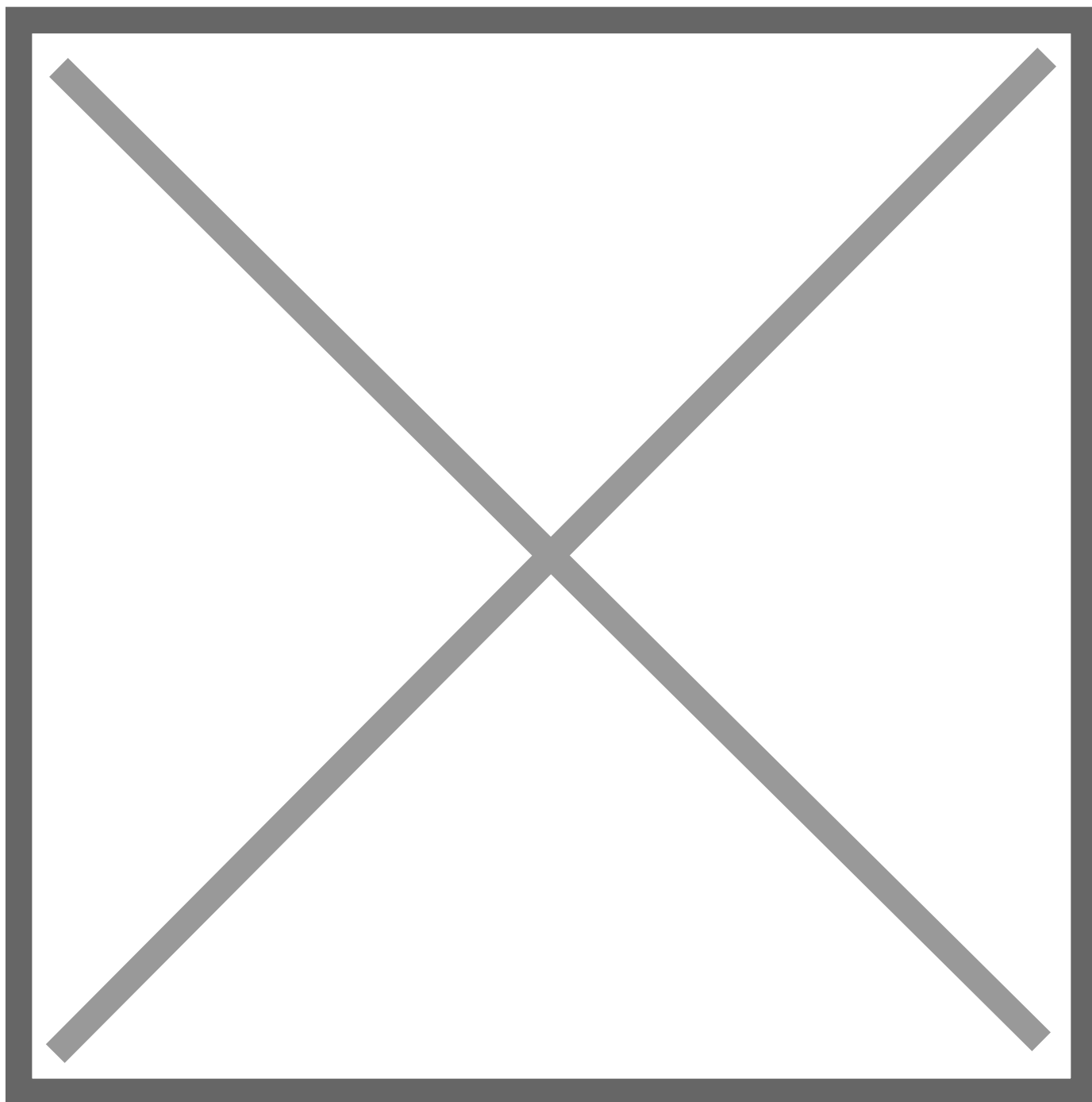
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Определения:

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Повишен холестерол

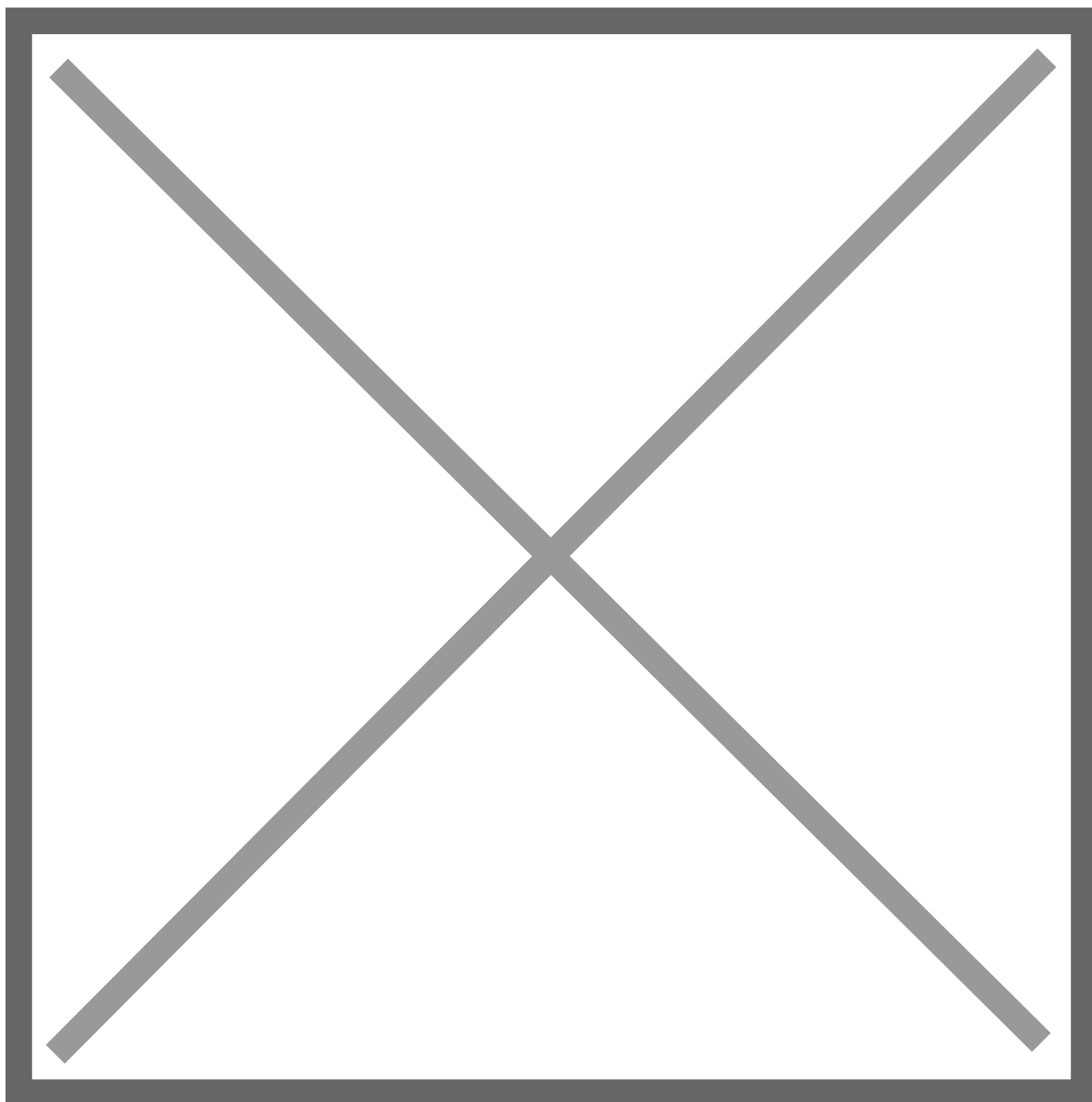
Възрастни, 2008



Референции: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Определения: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

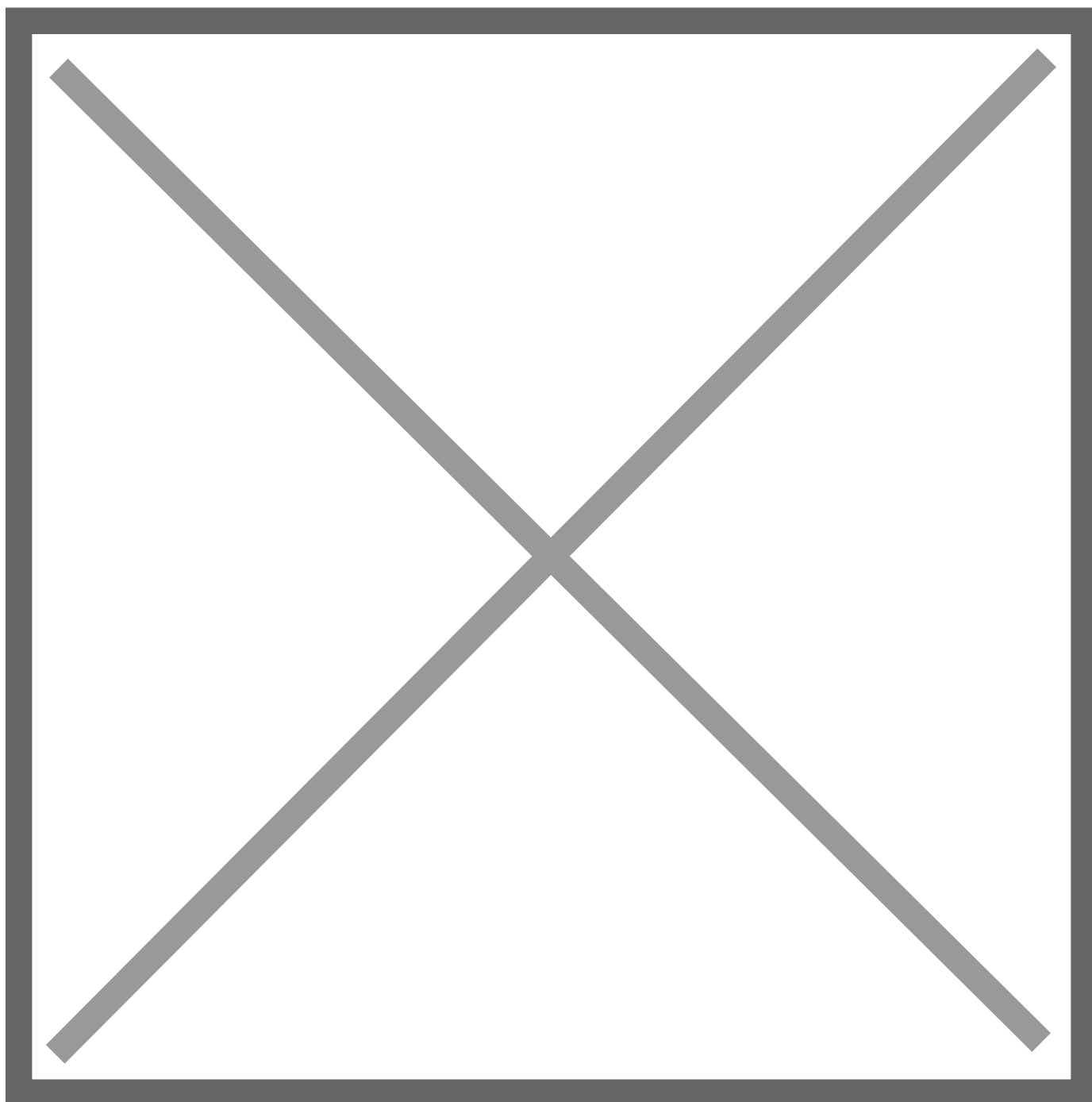
Мъже, 2008



Референции: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Определения: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Жени, 2008

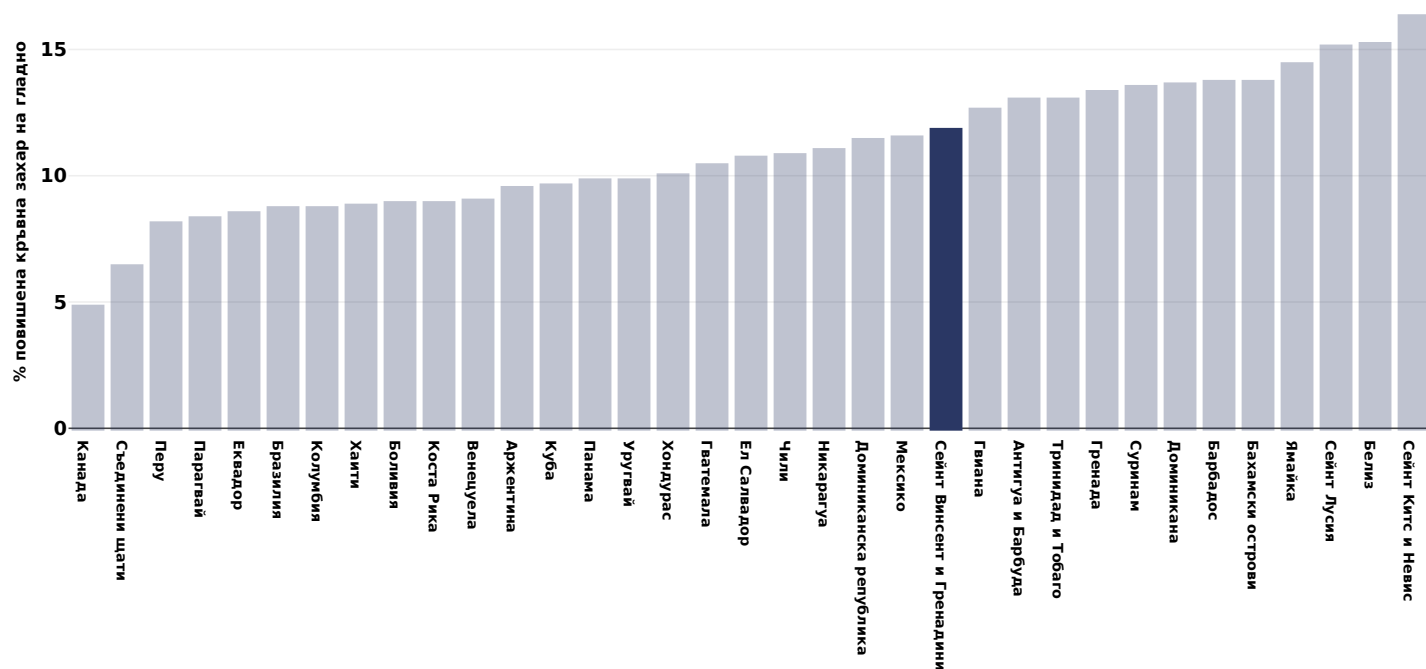


Референции: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Определения: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Повишена кръвна захар на гладно

Мъже, 2014



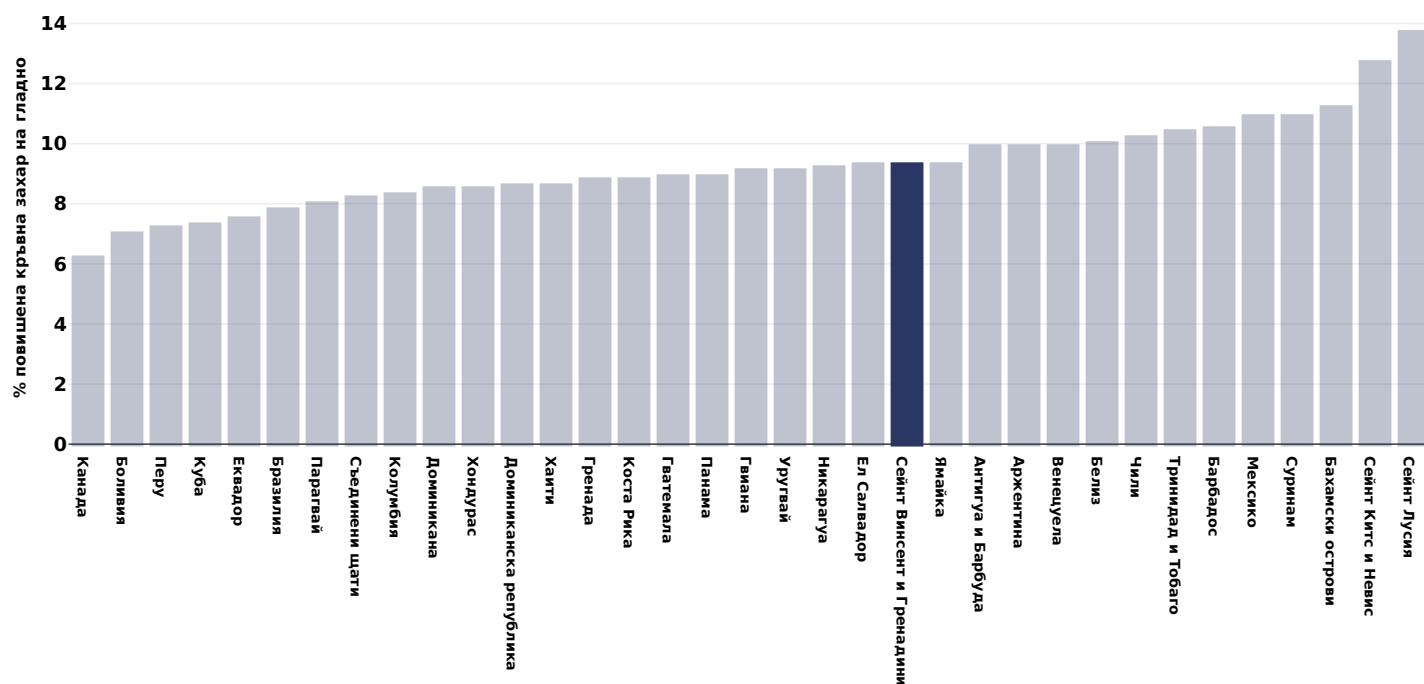
Референции:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Определения:

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Жени, 2014



Референции:

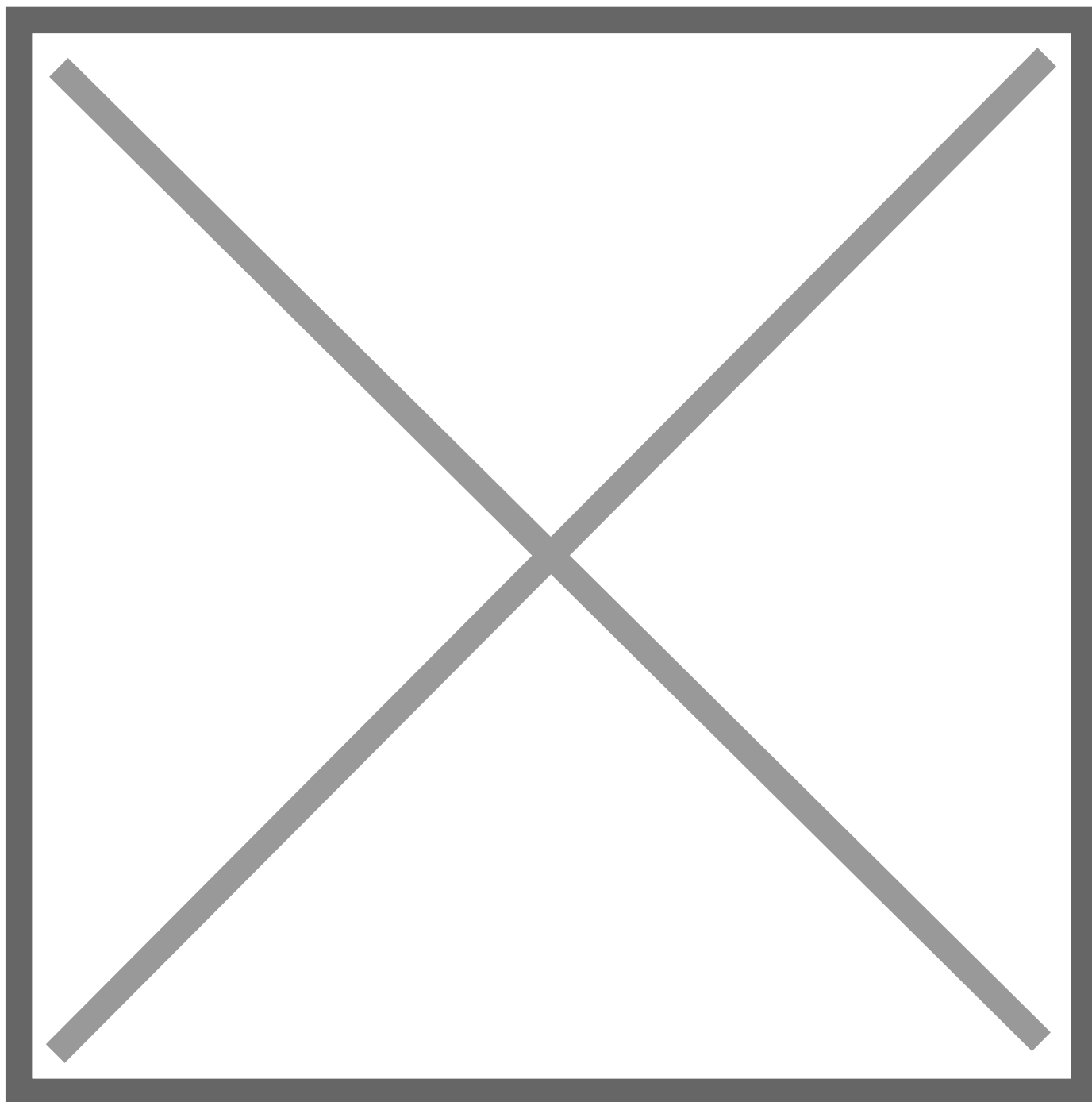
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Определения:

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Преобладаване на диабета

Възрастни, 2024

**Референции:**

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