



Saint Kitts and Nevis



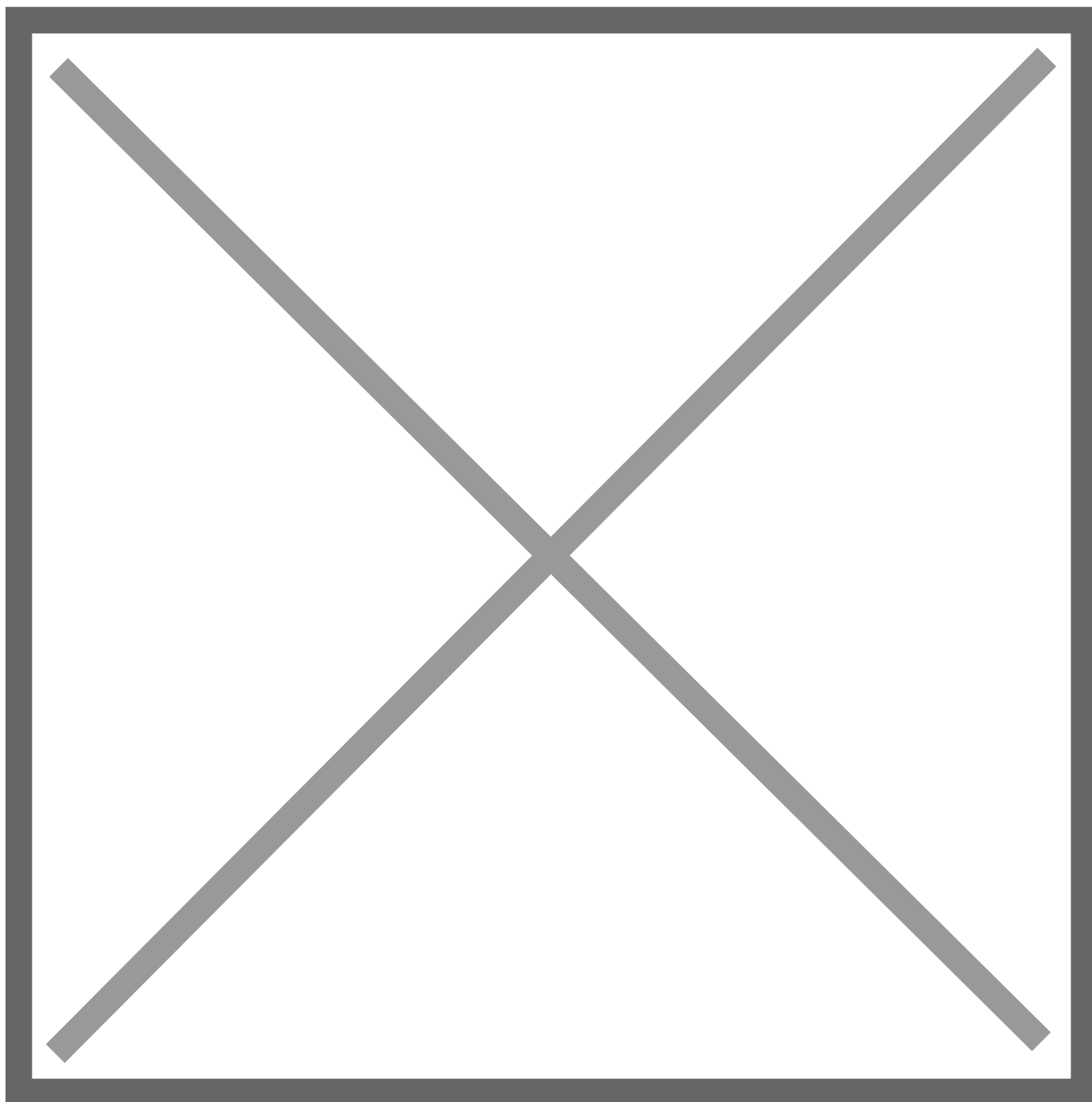
Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/saint-kitts-and-nevis-181/>.

Prevalencia obezity

Deti, 2011



**Typ
prieskumu:**

Vlastná © hlásenie

Vek:

13-15

**Veľkosť
vzorky:**

1740

**Dotknutá
oblasť:**

Národná

Odkazy:

Global School-based Student Health Survey (GSHS), available at
https://www.who.int/ncds/surveillance/gshs/2011_GSHS_FS_Saint_Kitts_Nevis.pdf?ua=1 (last accessed 25.11.20)

**Poznámky (k
dispozícii iba
v angličtine):**

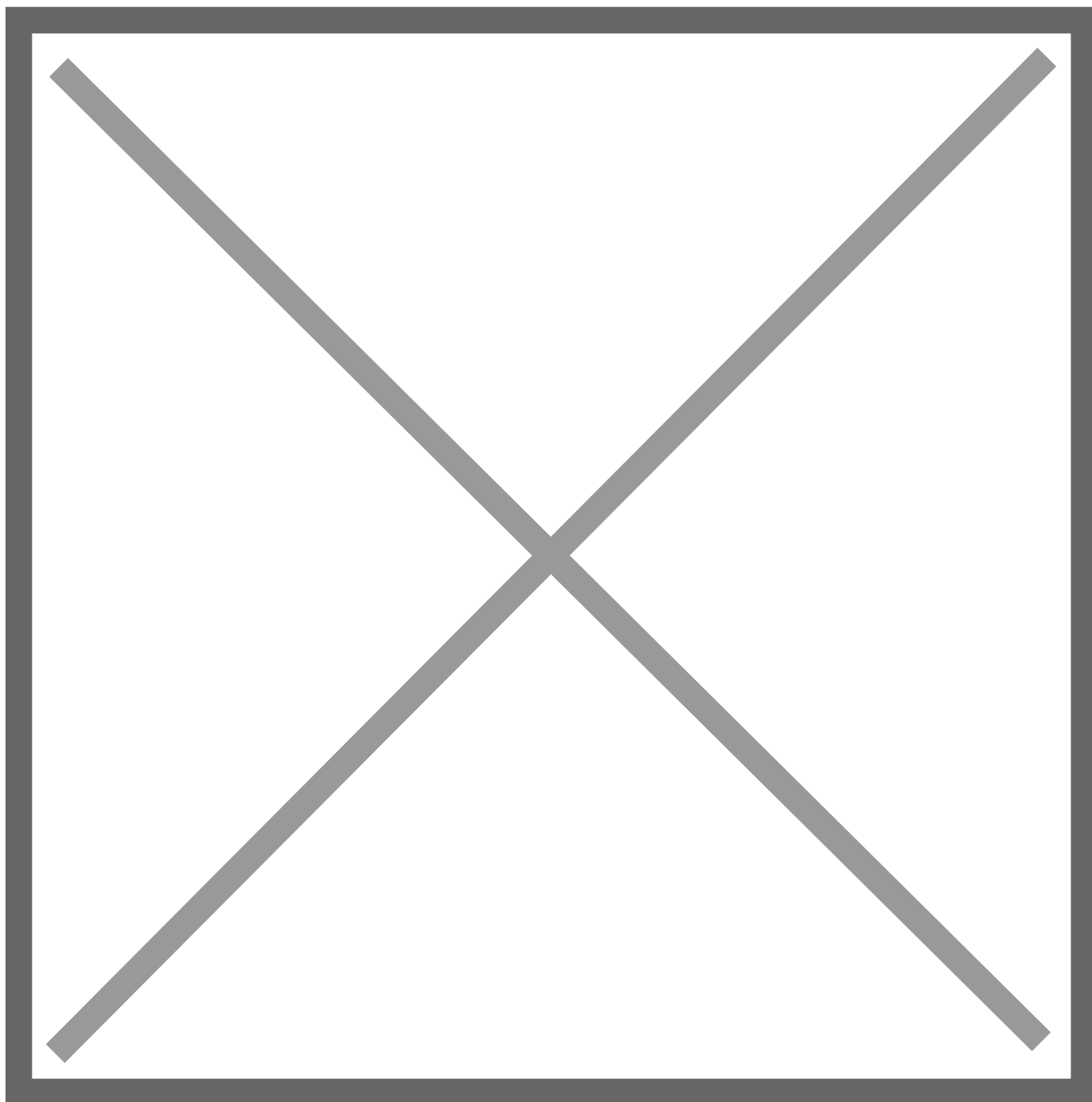
WHO cutoffs.

Cutoffs:

WHO

Double burden of underweight & overweight

Deti, 2022



Typ
prieskumu:

Nameraná hodnota

Vek:

5-19

Odkazy:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

**Poznámky (k
dispozícii iba
v angličtine):**

Age standardised estimates

**Definície (k
dispozícii iba
v angličtine):**

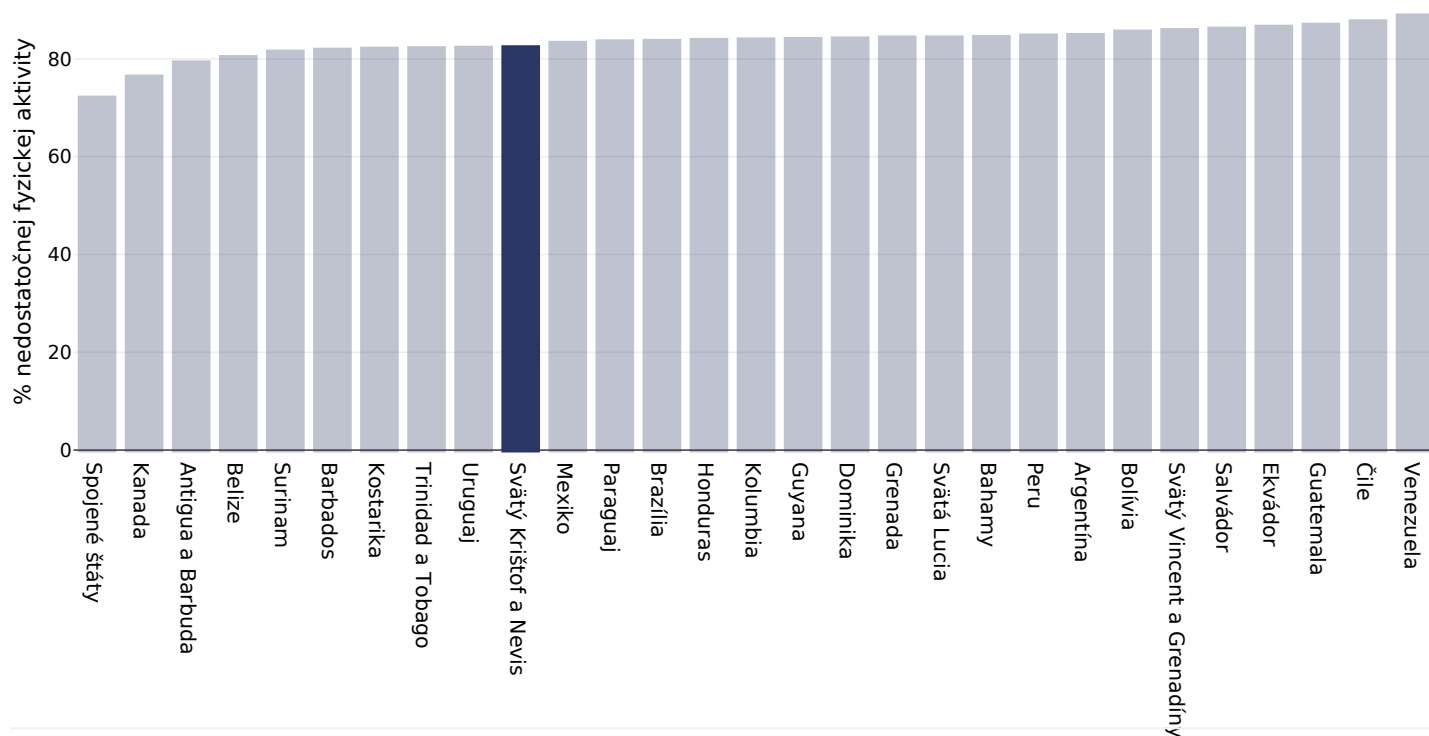
Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)

Cutoffs:

BMI < -2SD and BMI > 2SD

Nedostatočnosť fyzickej aktivity

Deti, 2016



Typ
prieskumu:

Vlastná hlásenie

Vek:

11-17

Odkazy:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

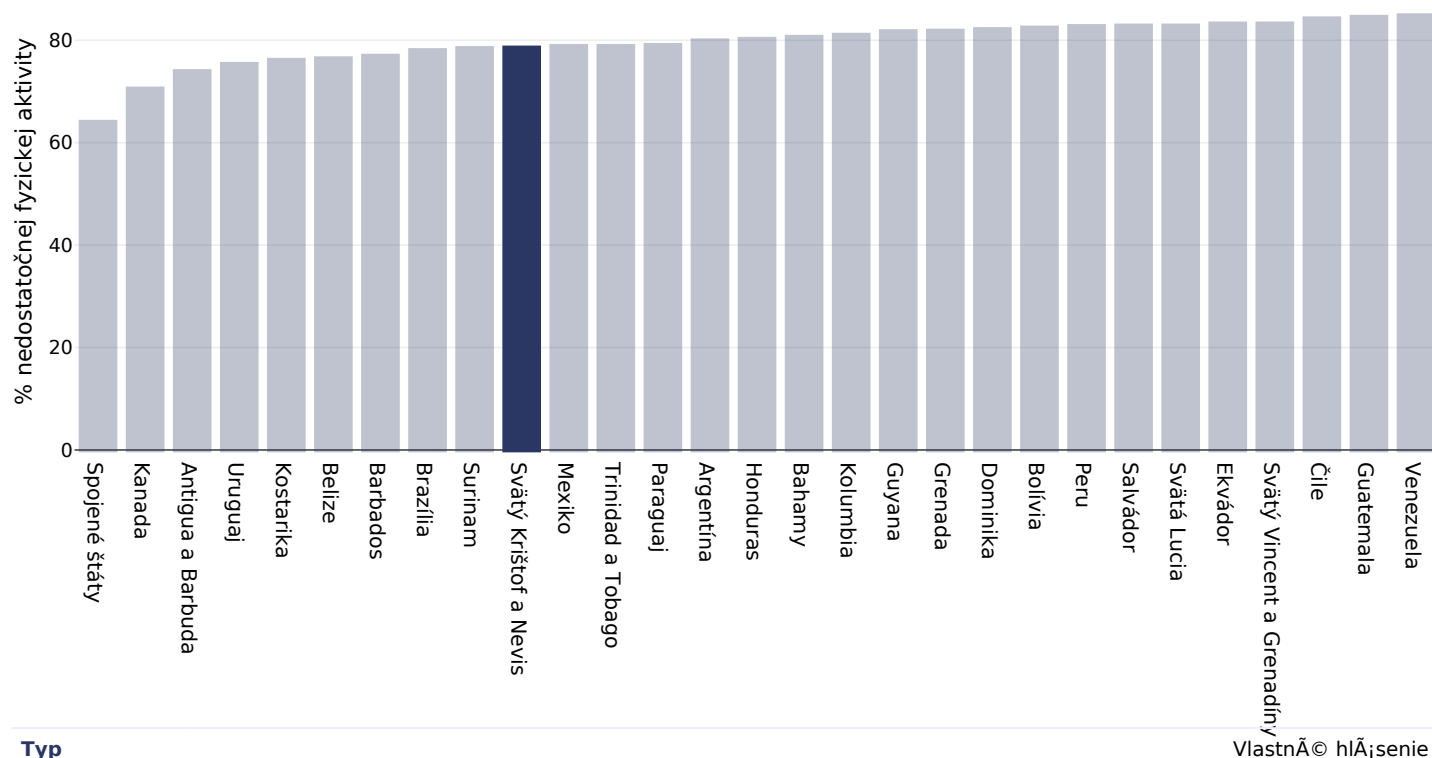
Poznámky (k
dispozícii iba
v angličtine):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definície (k
dispozícii iba
v angličtine):

% Adolescents insufficiently active (age standardised estimate)

Chlapci, 2016



Typ
prieskumu:

Vlastná hlásenie

Vek:

11-17

Odkazy:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

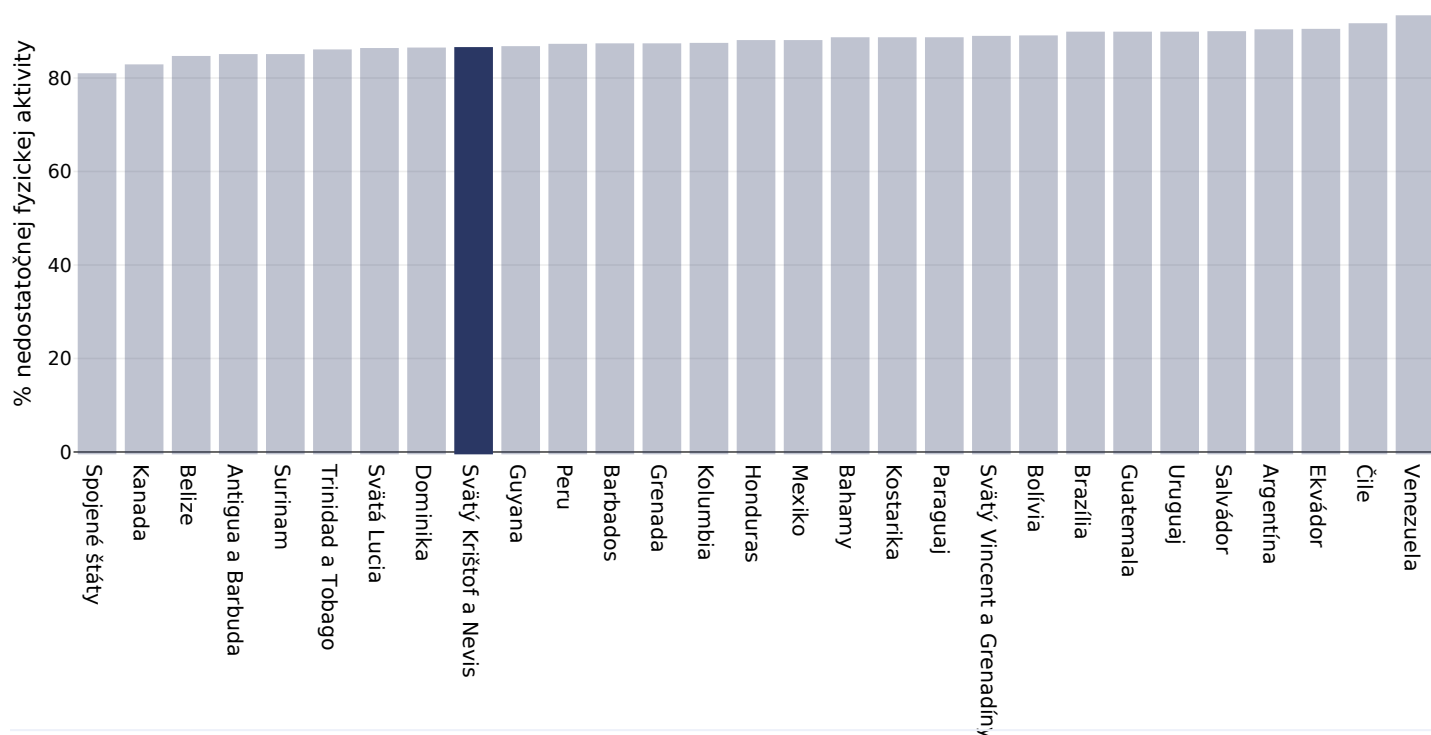
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v angličtine):**

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definície (k
dispozícii iba
v angličtine):**

% Adolescents insufficiently active (age standardised estimate)

DievÄĤ atÄĤ, 2016



Typ
prieskumu:

VlastnÄĤ hlÄĤsenie

Vek:

11-17

Odkazy:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

**PoznÄĤimky (k
dispozÄĤii iba
v angliÄĤĤ
tine):**

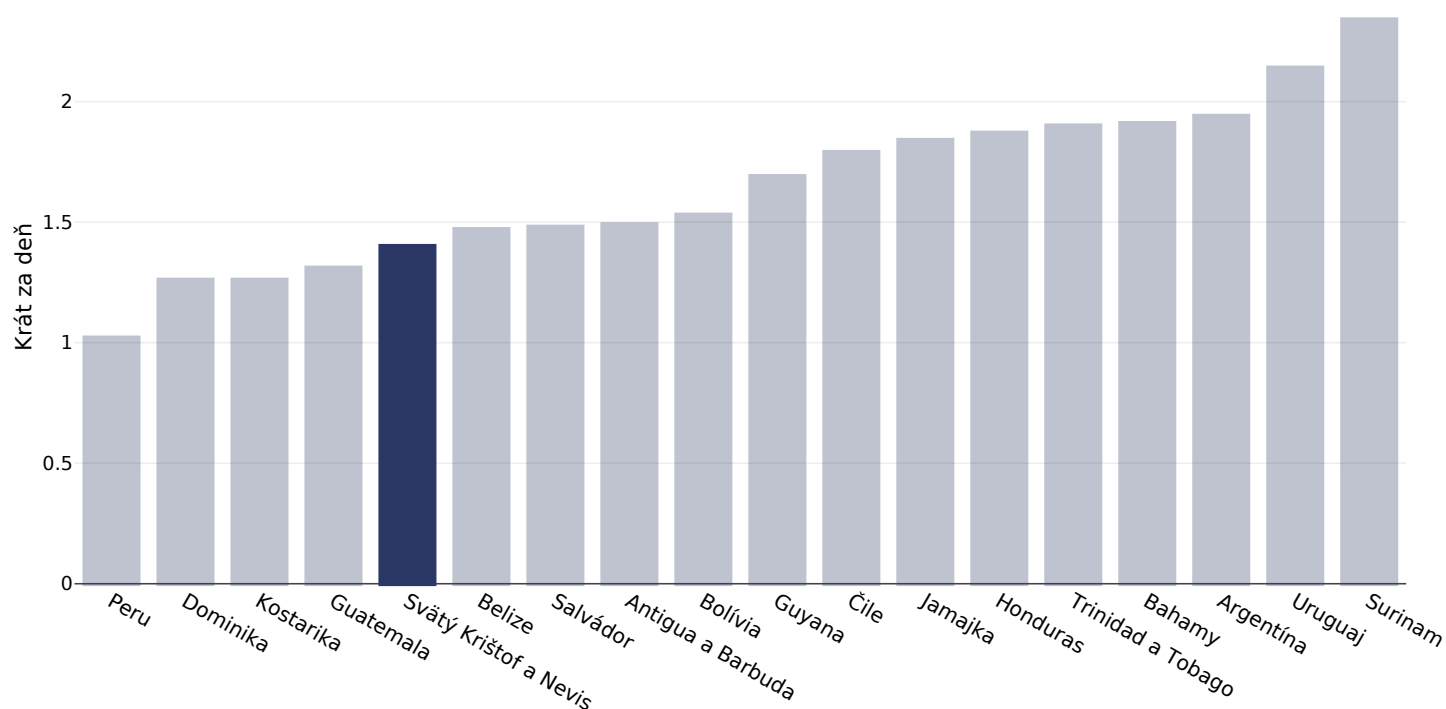
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**DefinÄĤcie (k
dispozÄĤii iba
v angliÄĤĤ
tine):**

% Adolescents insufficiently active (age standardised estimate)

Priemerná denná frekvencia spotreby s¹/₂ten¹/₂ch nealkoholick¹/₂ch nápojov

Deti, 2009-2015



**Typ
prieskumu:**

Nameraná hodnota

Vek:

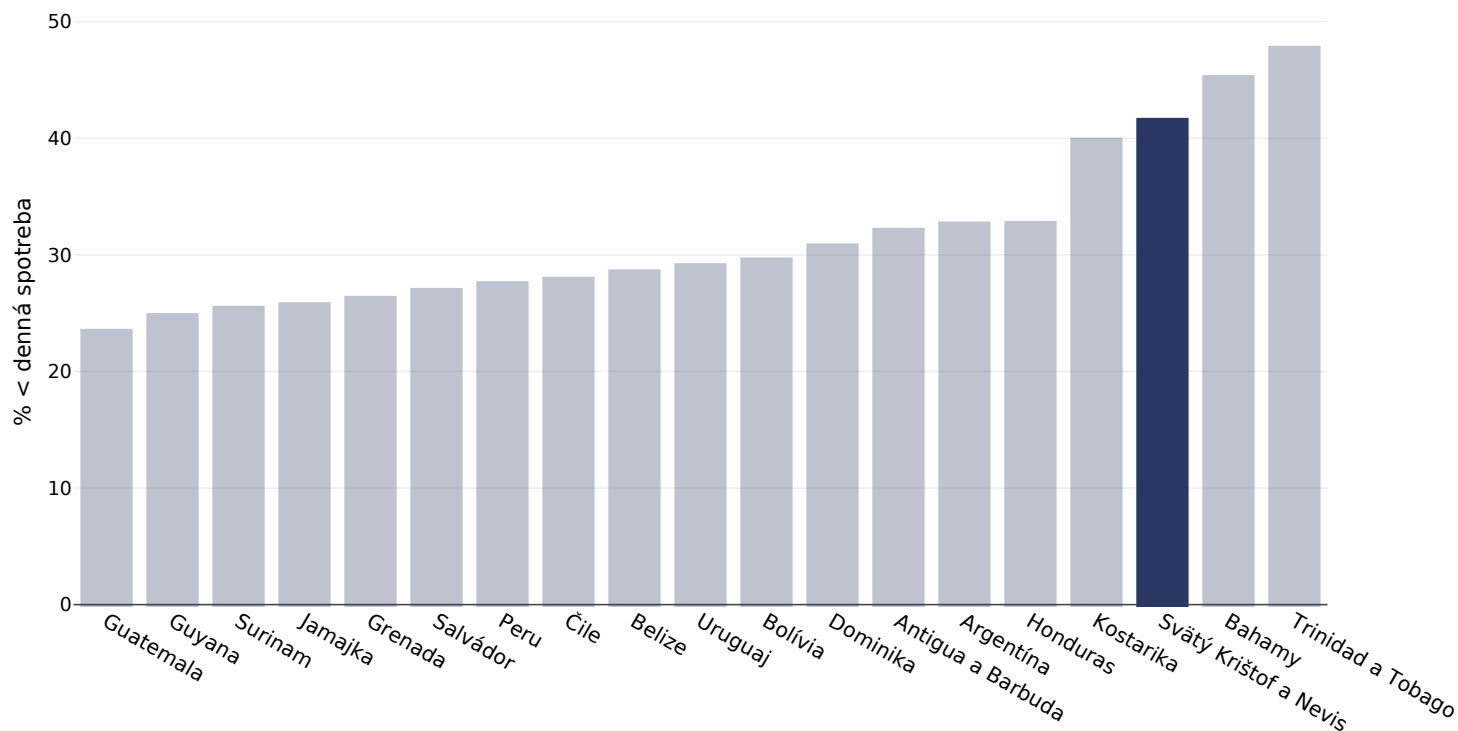
12-17

Odkazy:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Prevalencia konzumácie menej ako jedného kusu ovocia denne

Deti, 2009-2015



**Typ
prieskumu:**

Nameraná hodnota

Vek:

12-17

Odkazy:

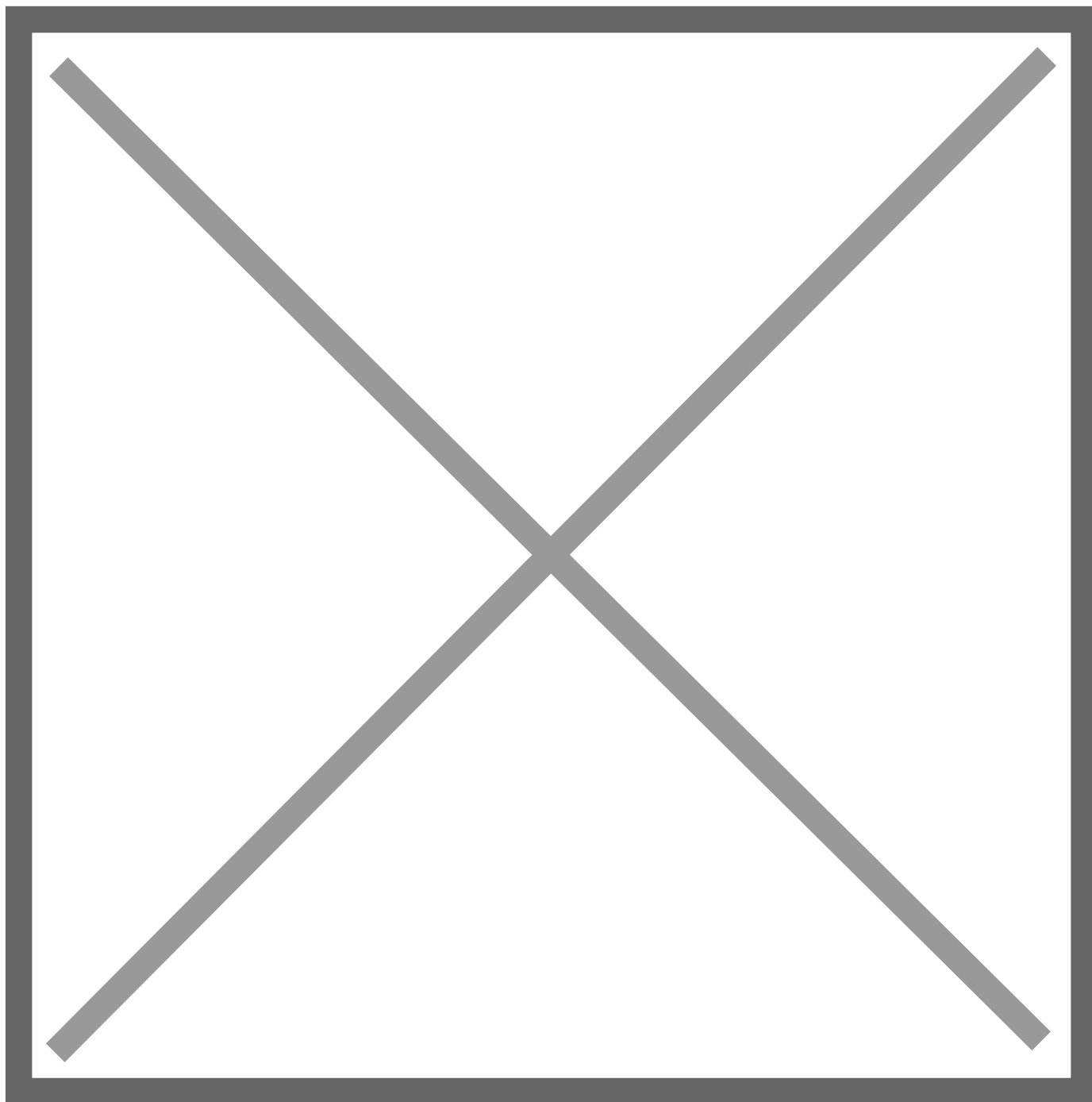
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definície (k
dispozícii iba
v angličtine):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalencia konzumácie menej ako jedného kusu zeleniny denne

Deti, 2009-2015



**Typ
prieskumu:**

Nameraná hodnota

Vek:

12-17

Odkazy:

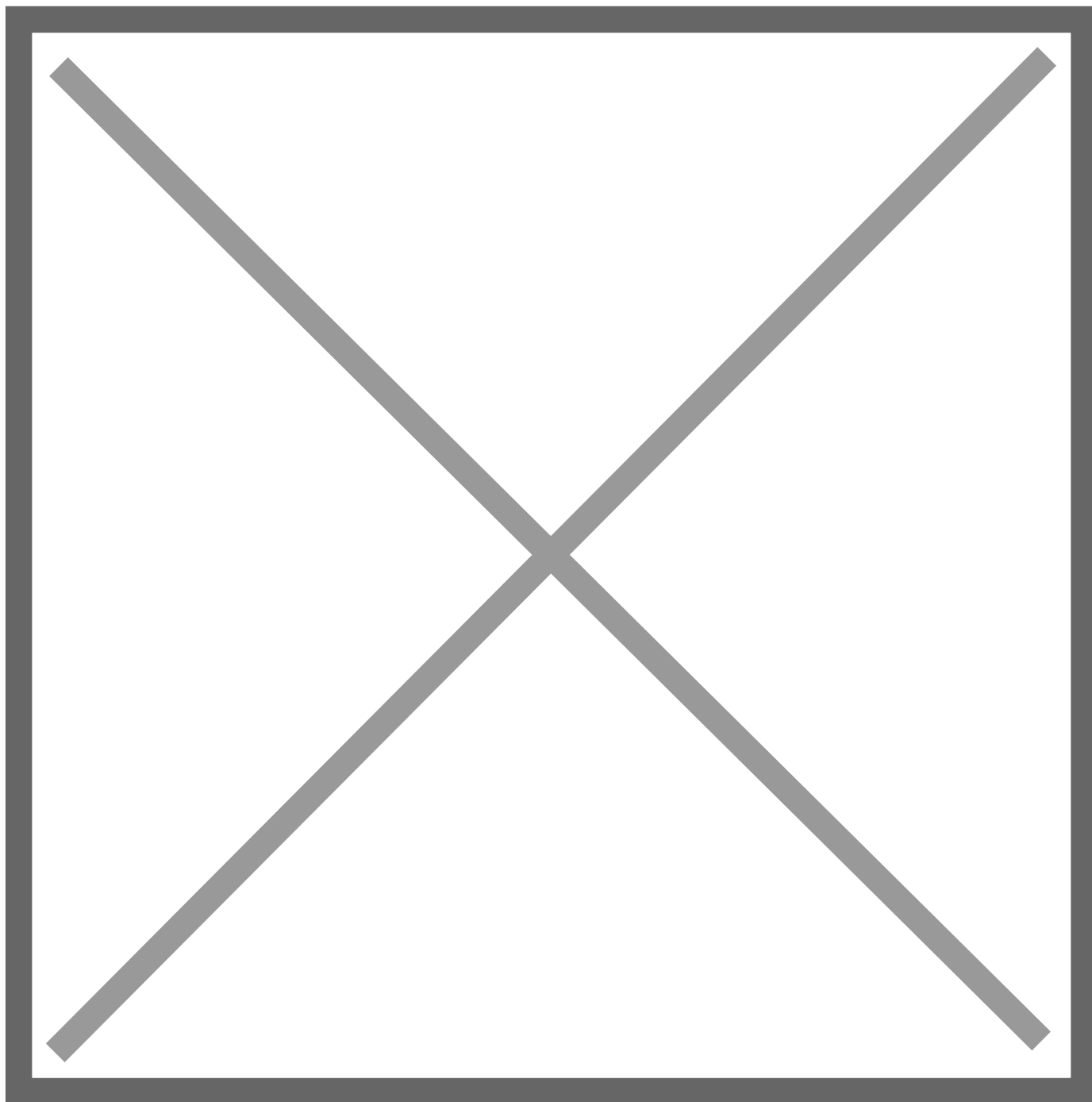
Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definície (k
dispozícii iba
v angličtine):**

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Priemerná; $t\frac{1}{2}$ denná; frekvencia konzumácie $r\frac{1}{2}$ chlebo obĽerstvenia

Deti, 2009-2015



Vek:

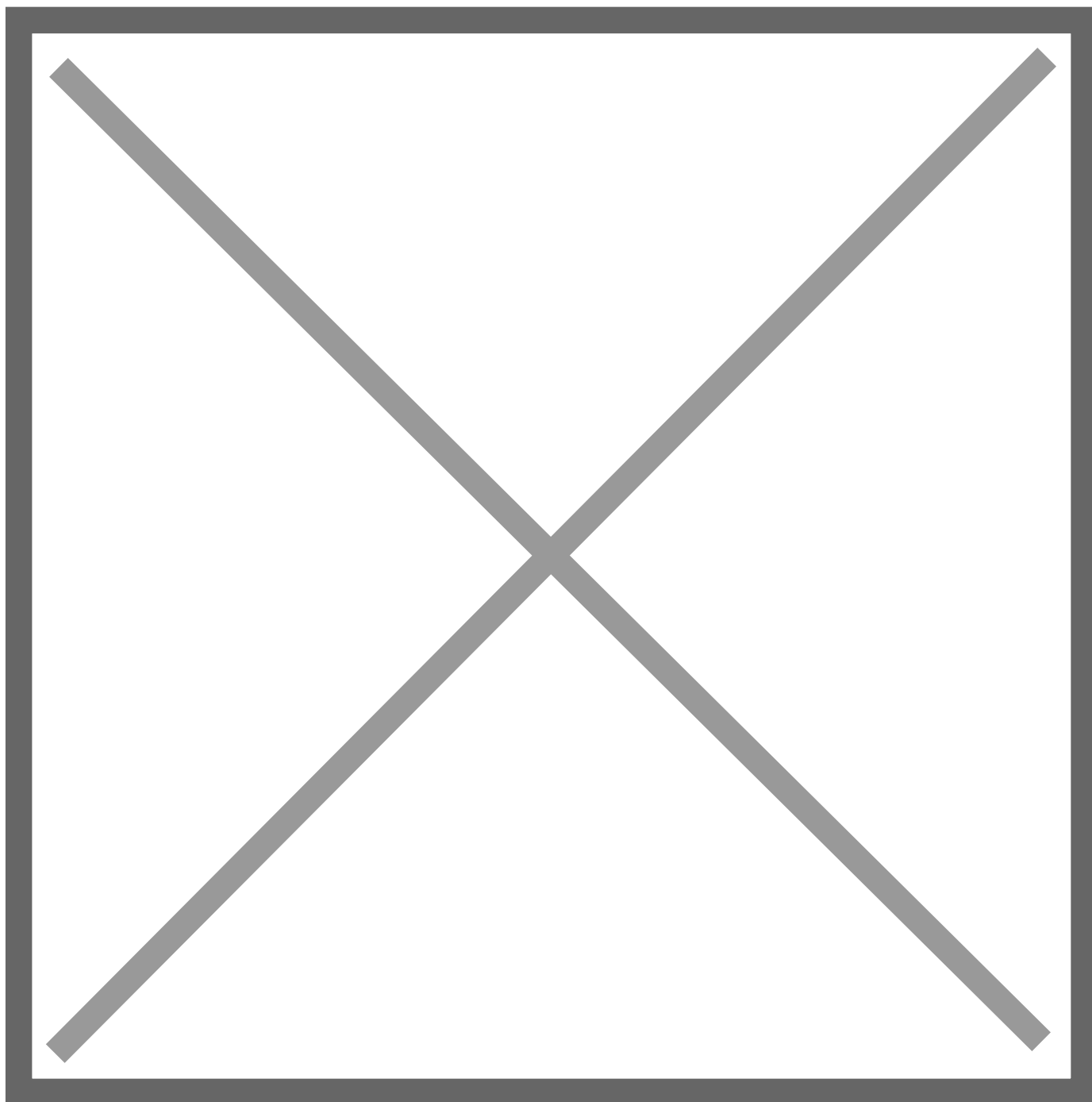
12-17

Odkazy:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

DuÅ¡evnÃ© zdravie - poruchy depresie

Deti, 2021



**DotknutÃ½
oblasÅ¥:**

NÃ¡rodnÃ½

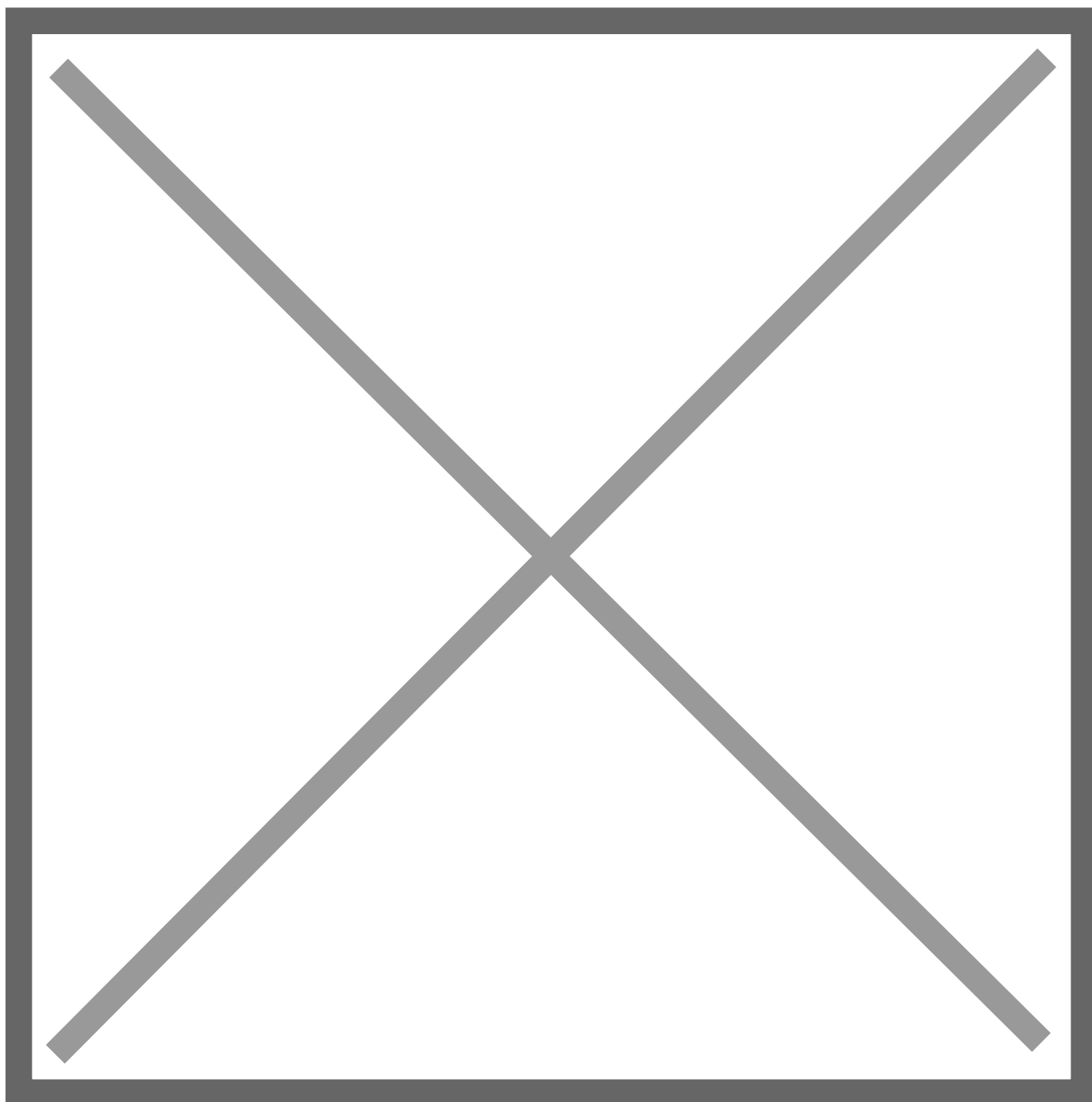
Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definície (k
dispozícii iba
v angličtine):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Chlapci, 2021



**Dotknutá
oblast:**

Národní

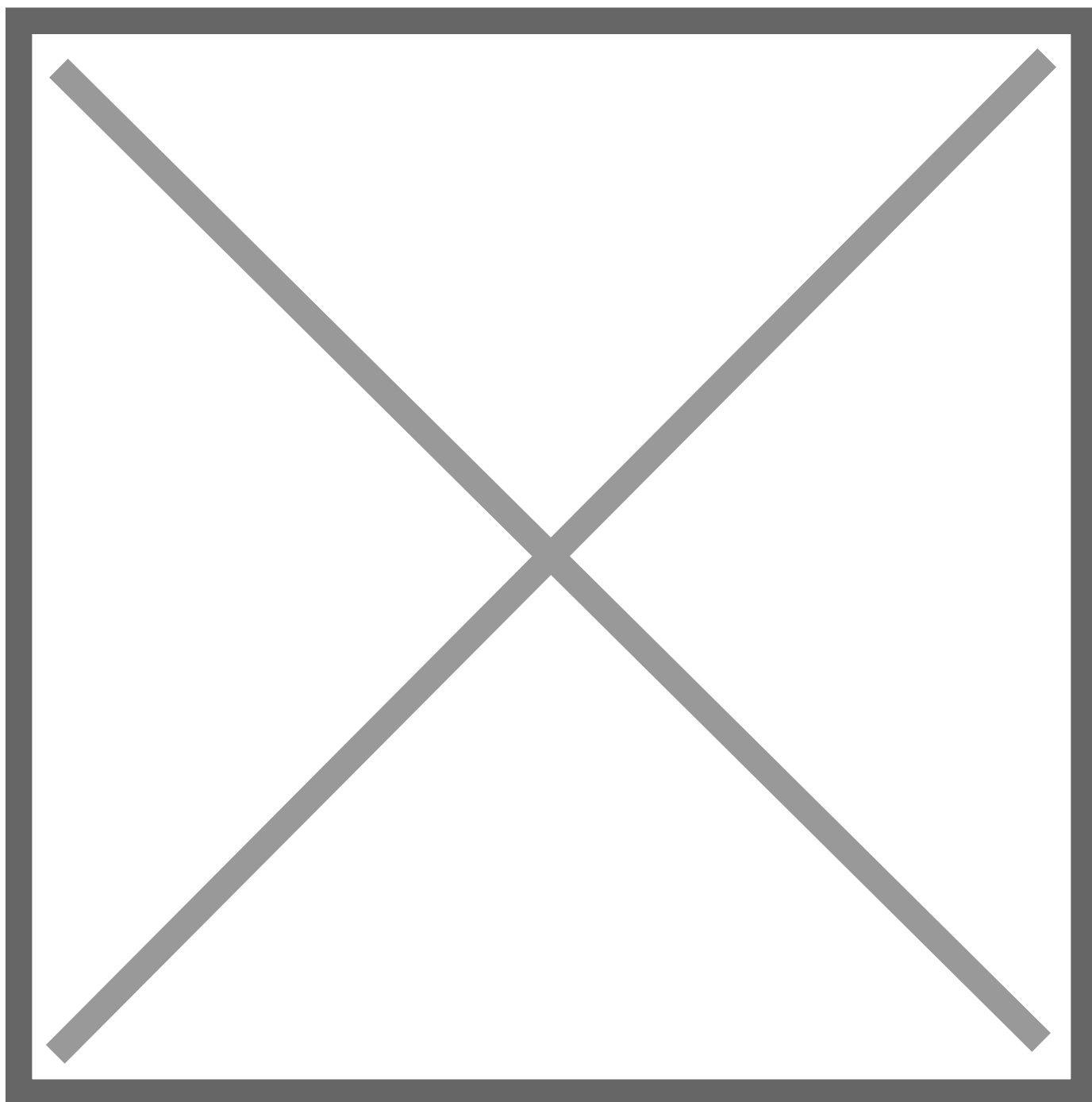
Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definície (k
dispozícii iba
v angličtine):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

DievÄĳ atÄĳ, 2021



**DotknutÄĳ
oblasÄĳ:**

NÄĳrodnÄĳ½

Odkazy:

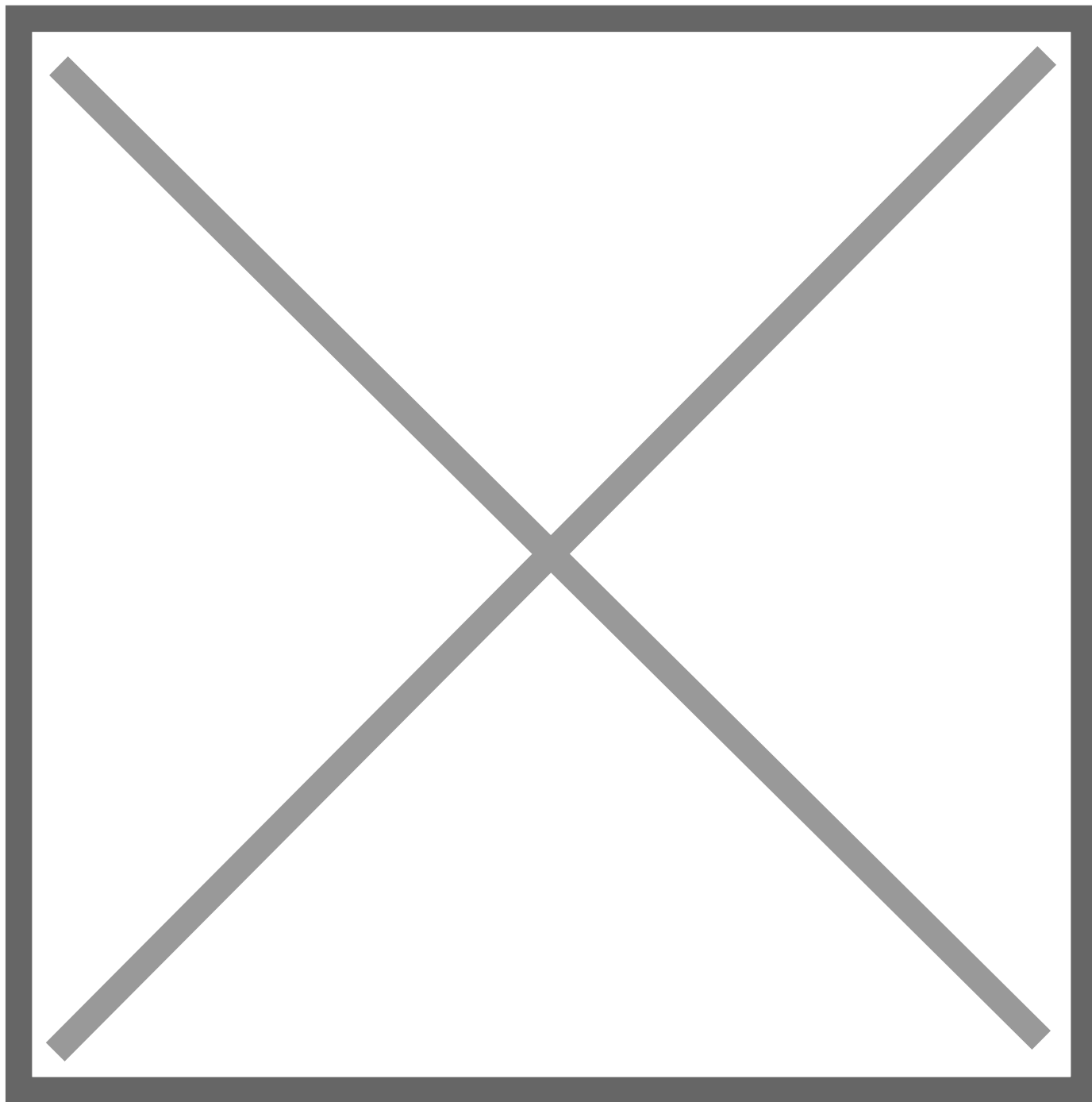
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definície (k
dispozícii iba
v angličtine):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

DuÅ¡evnÃ© zdravie - ÅºzkostnÃ© poruchy

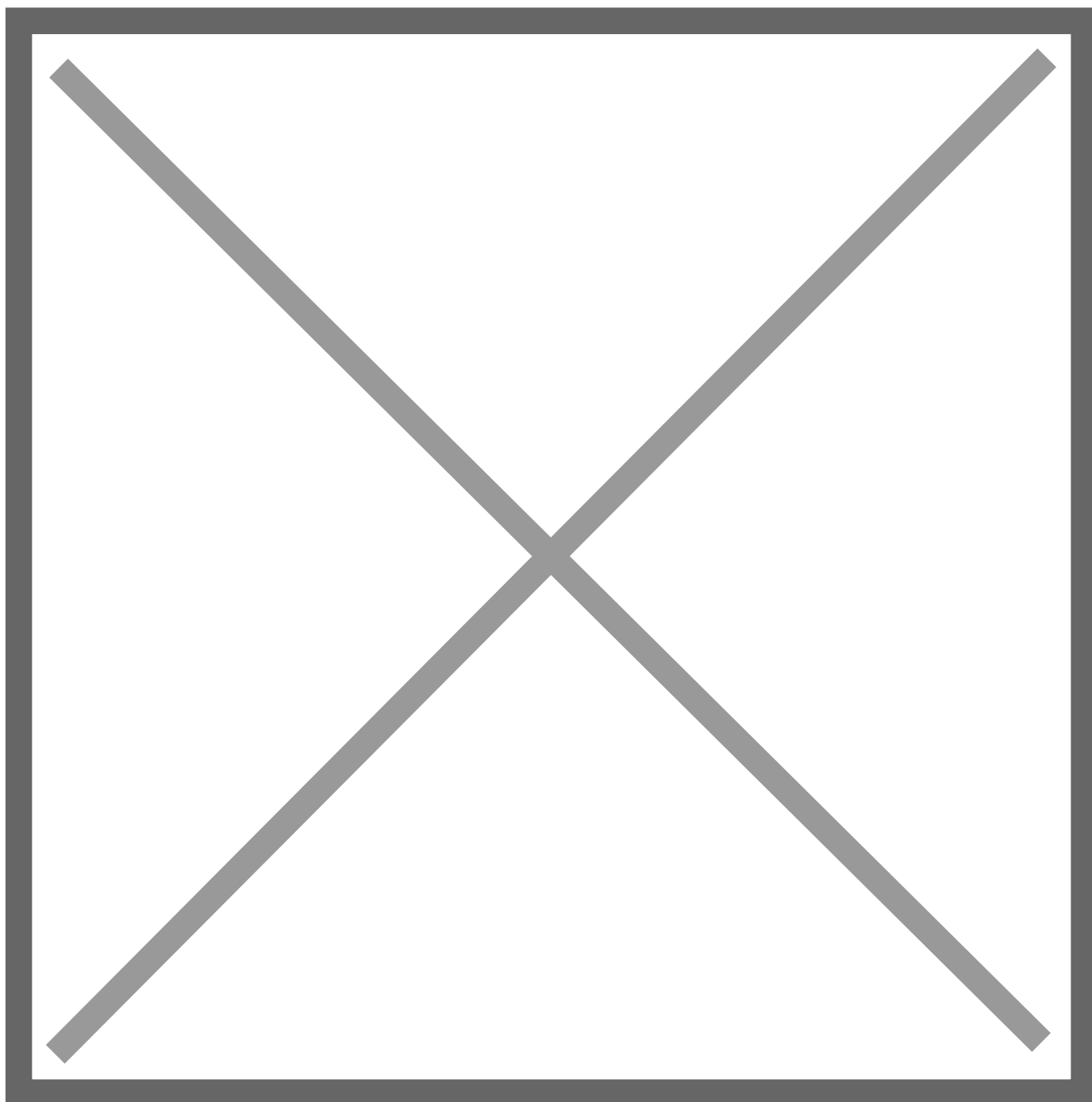
Deti, 2021



Odkazy:

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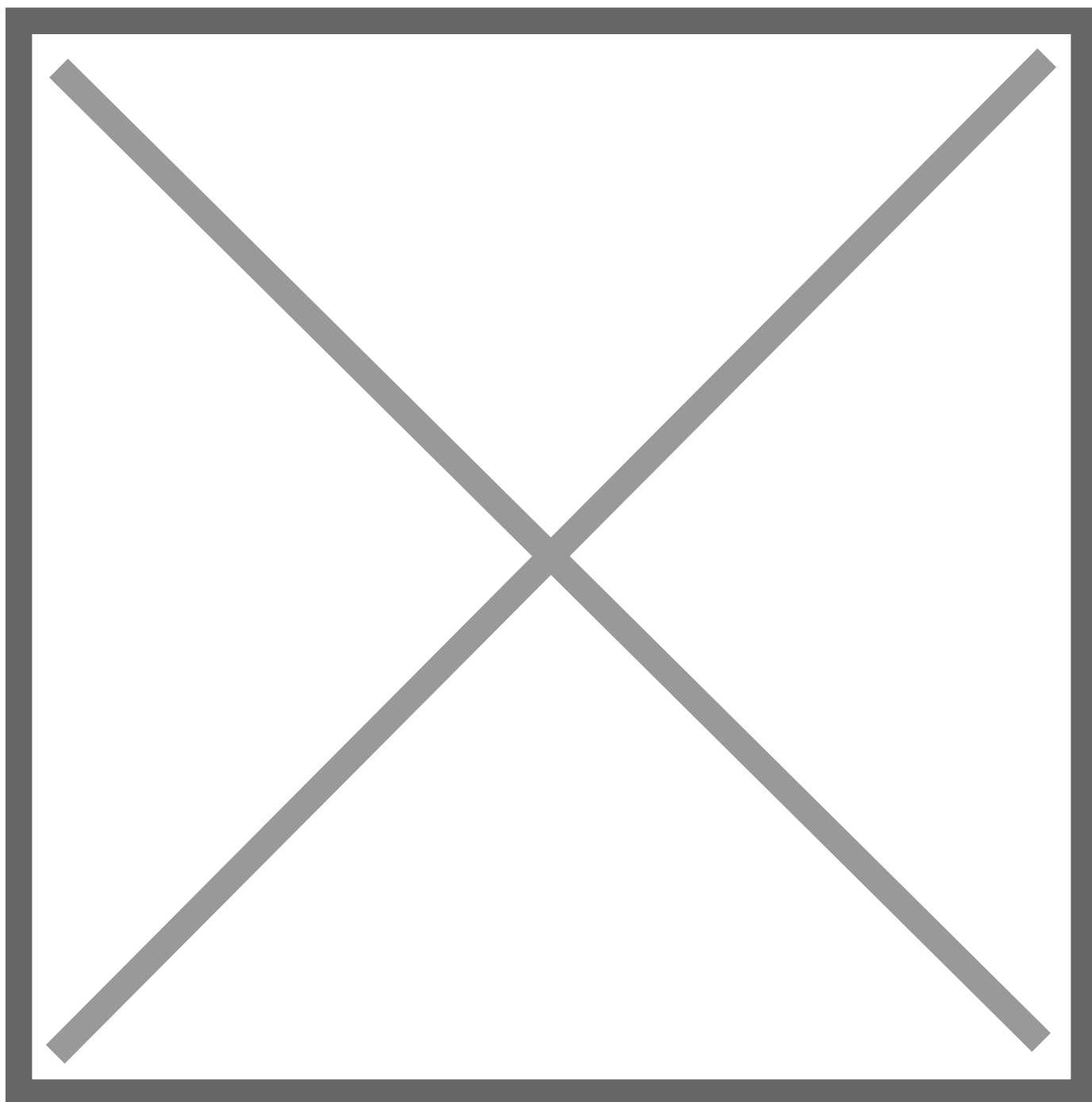
Chlapci, 2021



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DievÄ atÄ, 2021



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Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

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