



Saint Kitts & Nevis



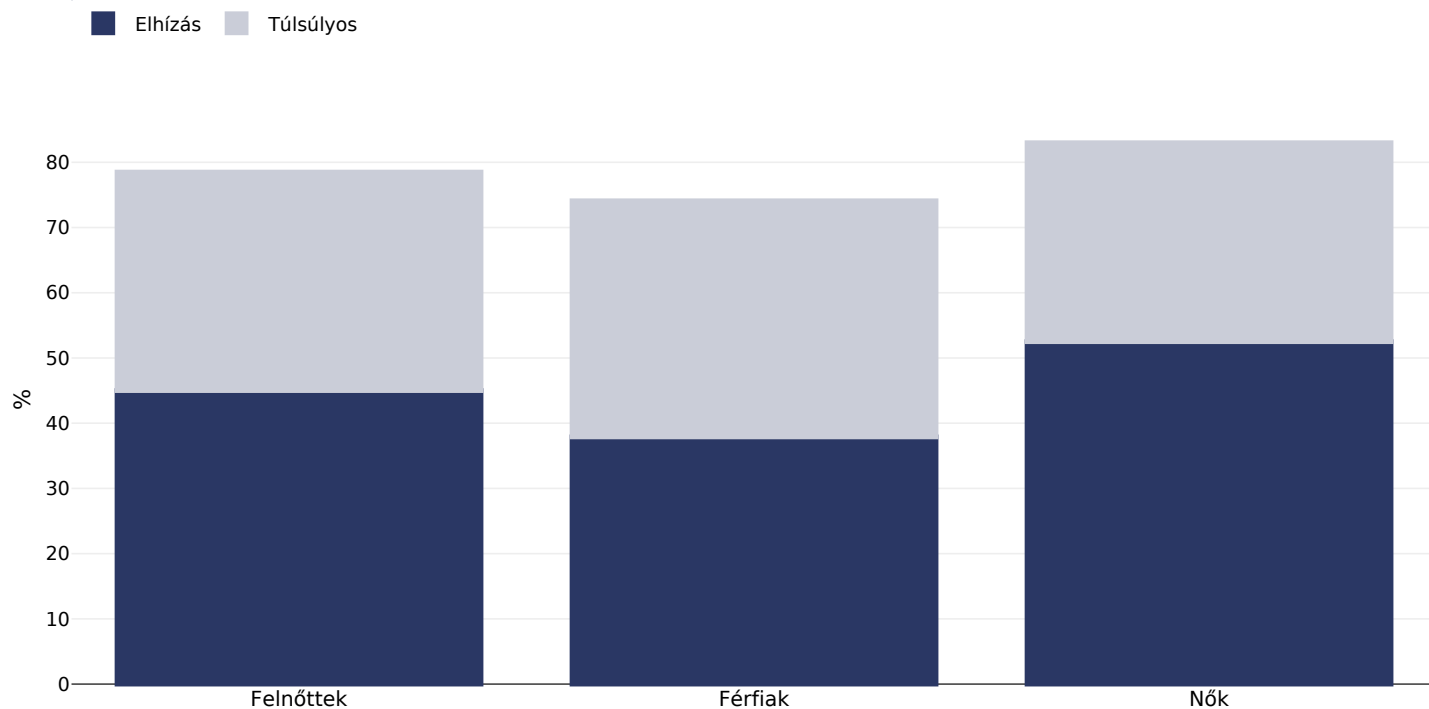
Country report card - adults

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/saint-kitts-and-nevis-181/>.

Az elhízás elterjedése fordulása

Felnőttek, 2007-2008



Felmérés
tápusa:

Mórt

Életkor:

25-64

Minta
nagysága:

1443

Érintett
terület:

Országos

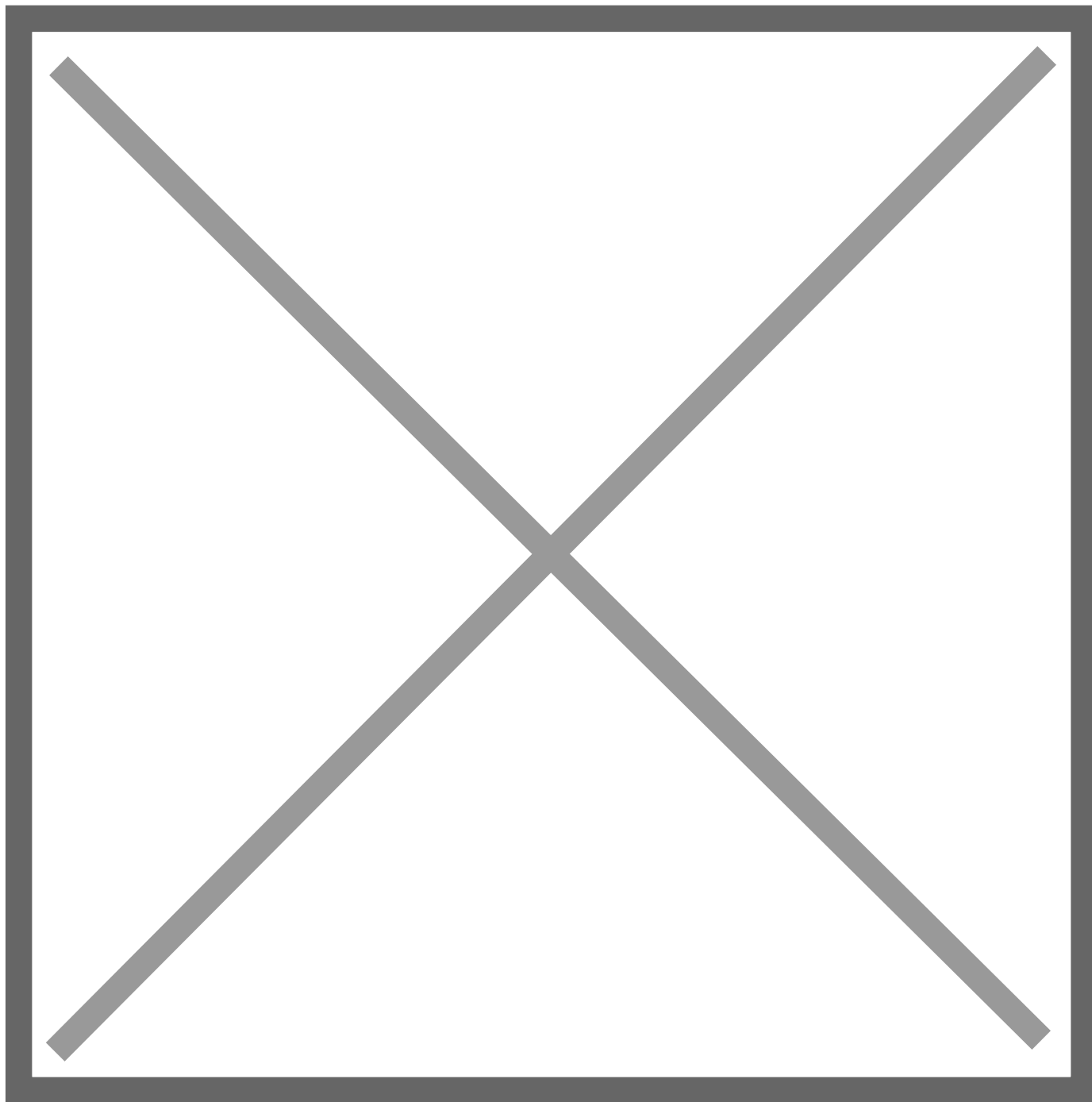
Referenciák:

WHO St Kitts & Nevis STEPS Survey 2008 available at
https://www.who.int/ncds/surveillance/steps/saint_kitts_and_nevis/en/ (last accessed 20.10.20)

Hacsak másként nem jeleztek, a társuló 25 kg és 29,9 kg/m² közötti BMI-re, az elhízás 30 kg/m²-nél nagyobb BMI-re utal.

Társaság/életkor szerint

Felrakás, 2007-2008



Felrakás
társa:

Mért

Minta
nagysága:

1443

Árnyalt
terület:

Országos

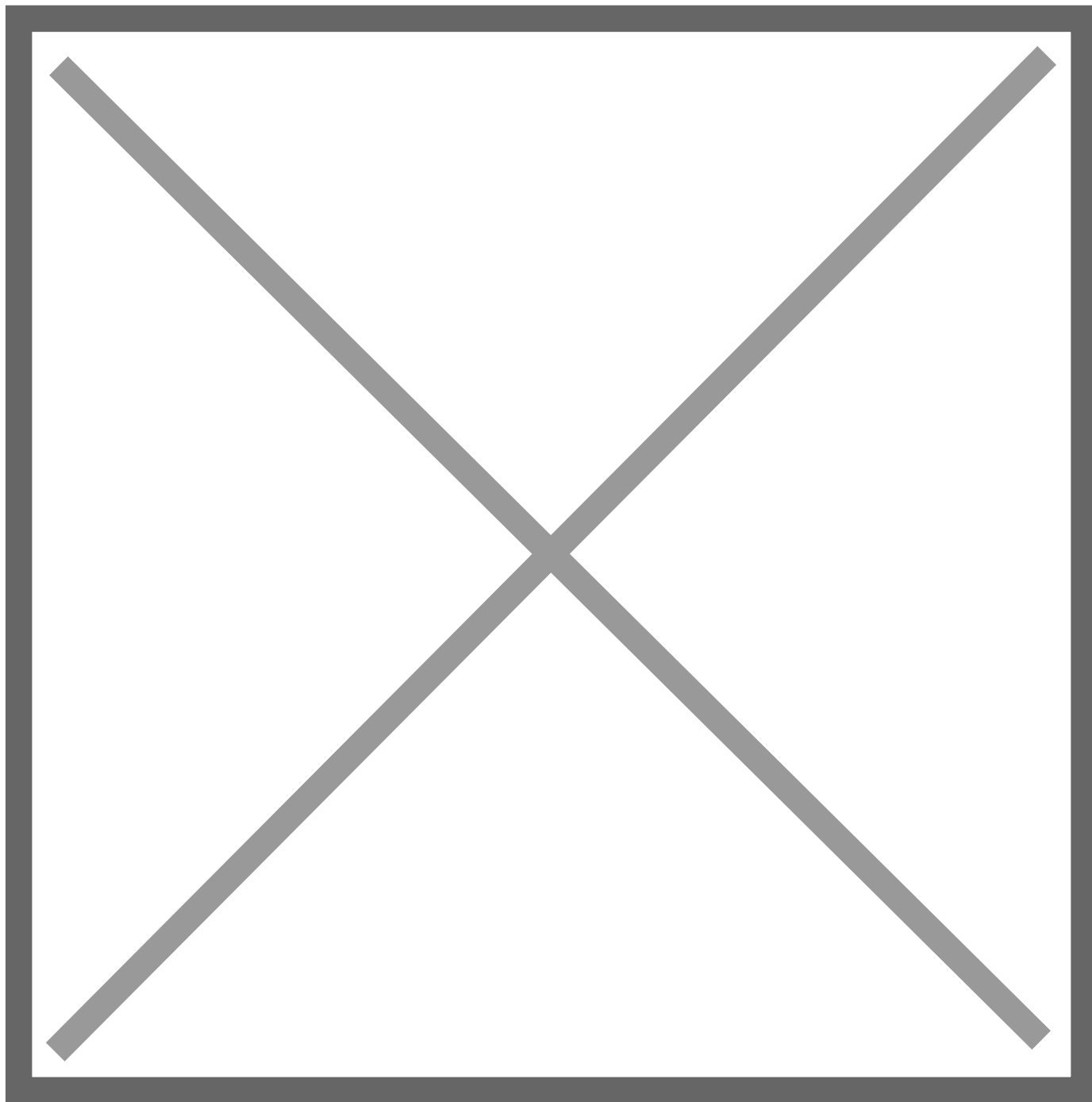
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WHO St Kitts & Nevis STEPS Survey 2008 available at
https://www.who.int/ncds/surveillance/steps/saint_kitts_and_nevis/en/ (last accessed 20.10.20)

Hacsak másként nem jelezzük, a táblázatban 25 kg/m² és 29,9 kg/m² közötti BMI-re, az elhízás 30 kg/m²-nél nagyobb BMI-re utal.

Double burden of underweight & overweight

Felmérés, 2022



Felmérés
tárgya:

Mórt

Általános
letkor:

20+

Referenciák:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Jegyzetek:

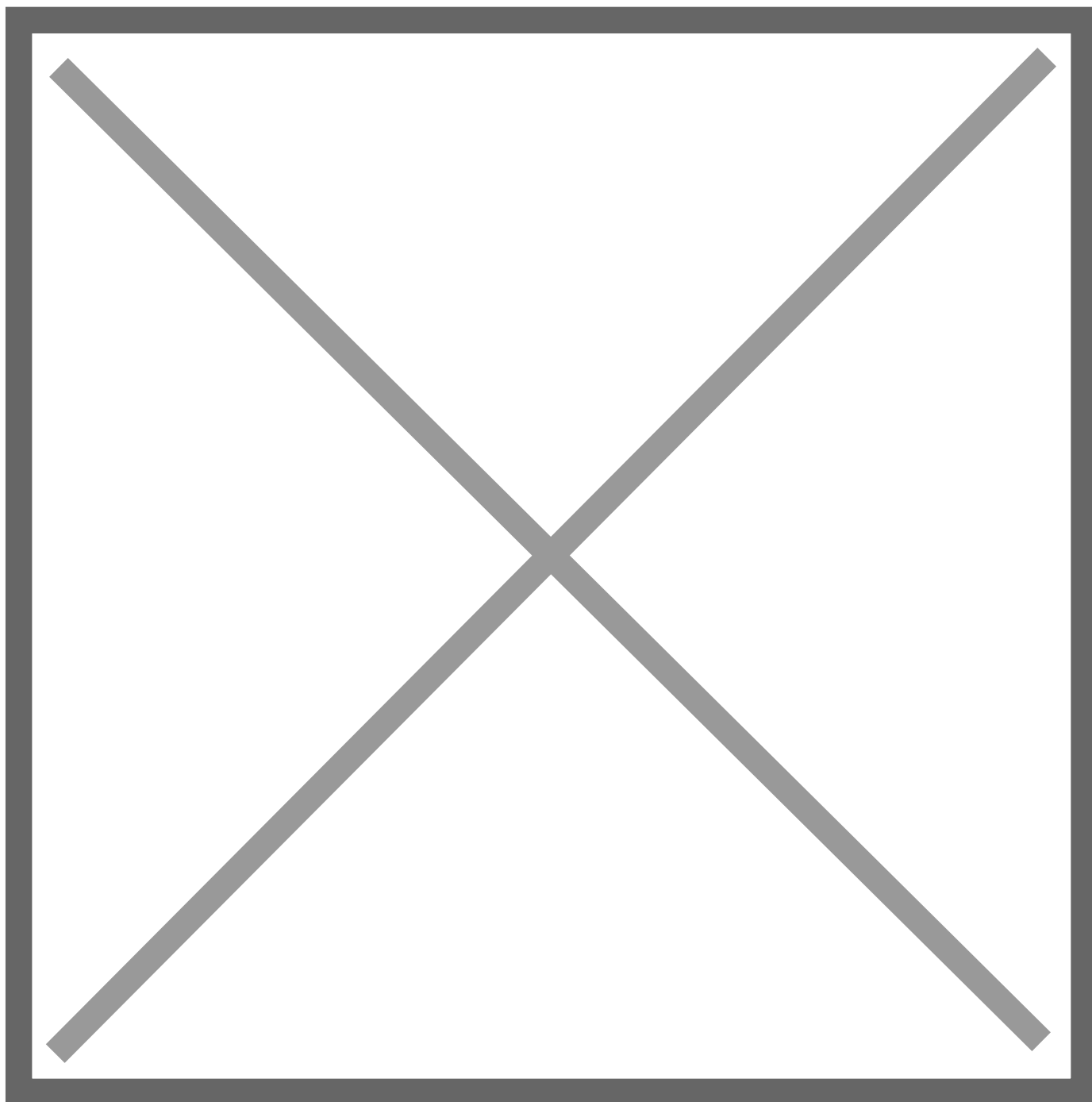
Age Standardised estimates

Definíciók
(csak angol
nyelven
érthető k
el):

Combined prevalence of BMI<18.5 kg/m² and BMI≥30 kg/m² (double burden of underweight and obesity)

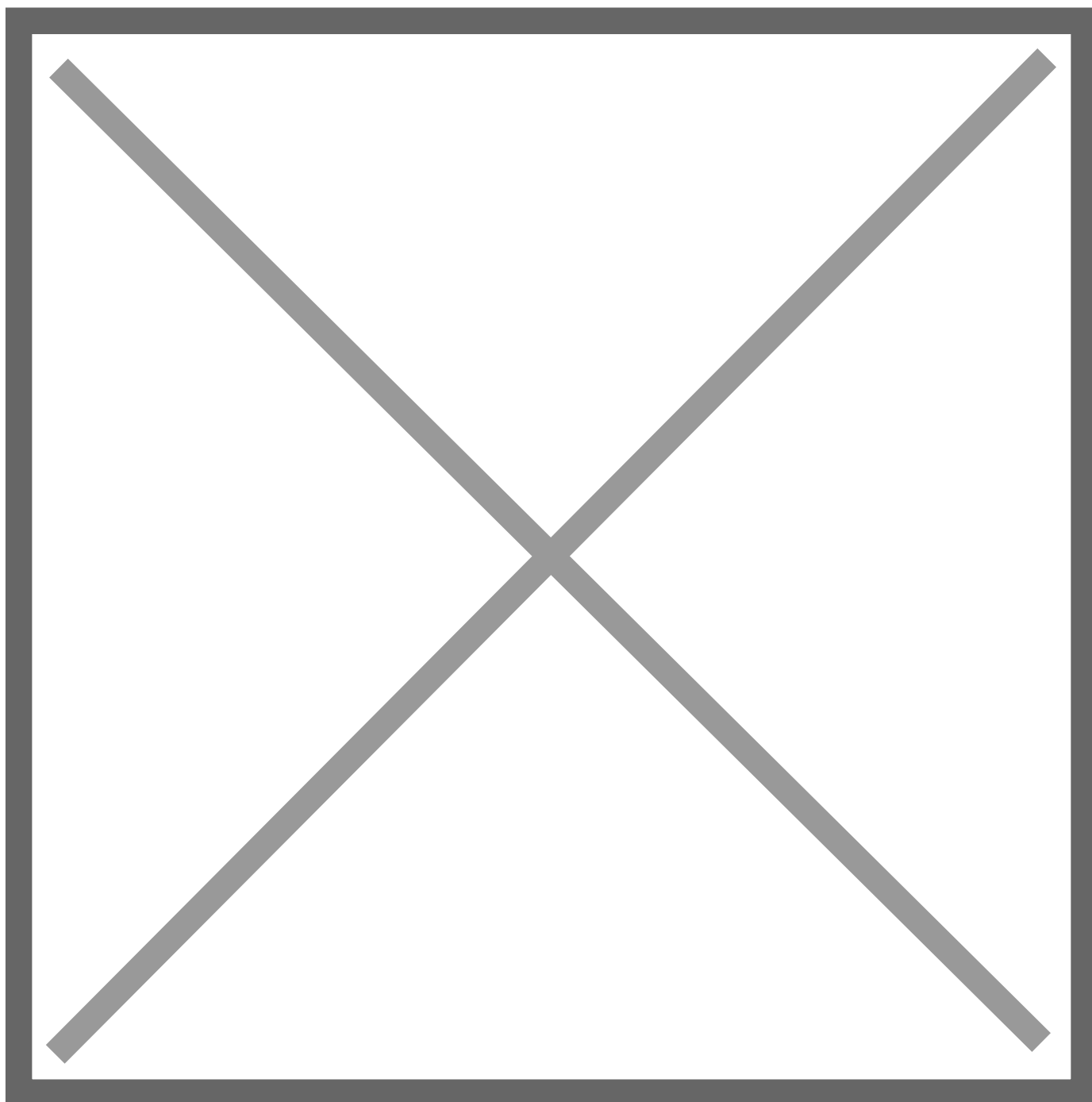
Előgtelen fizikai aktivitás

Felmérés, 2016



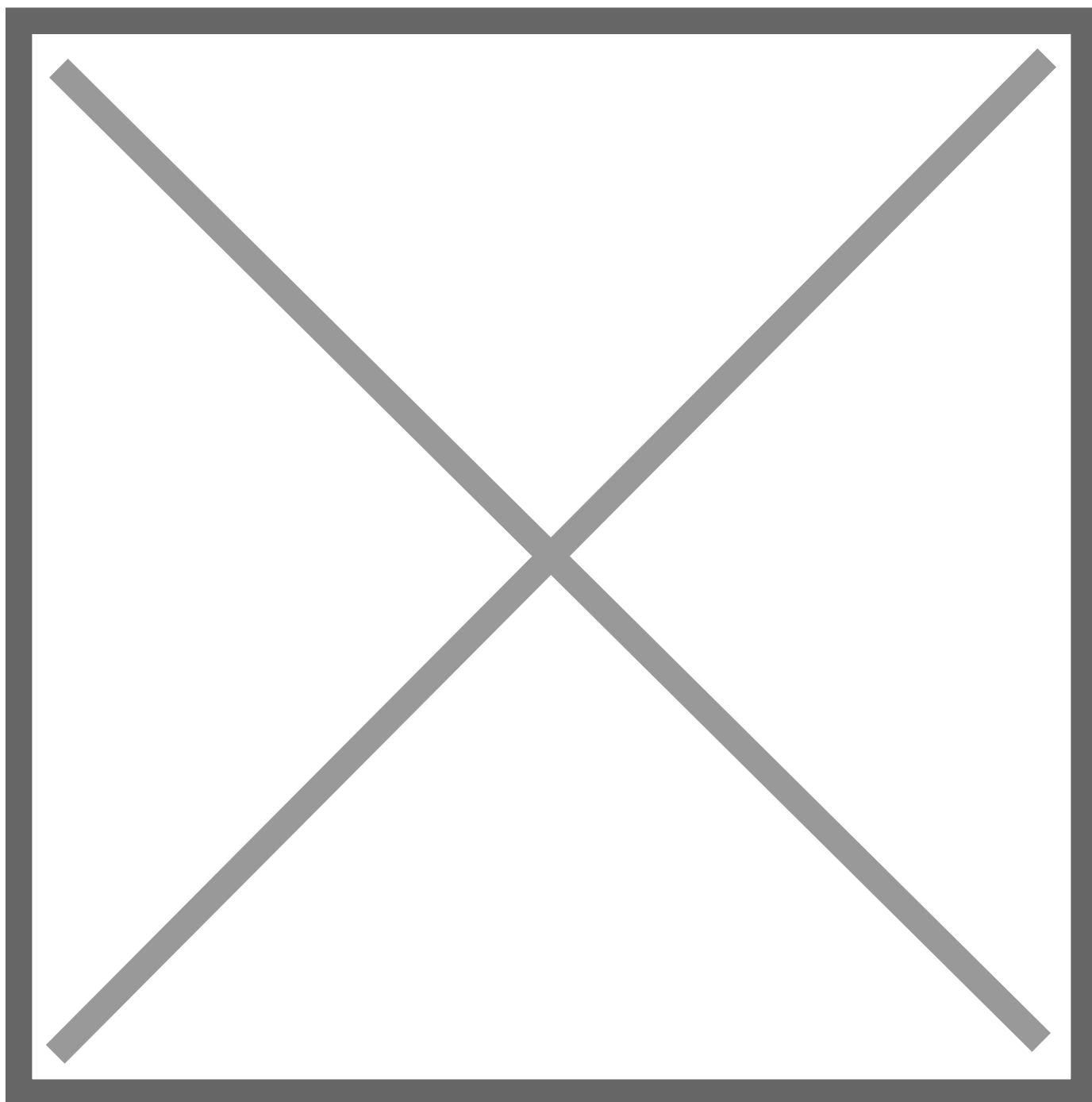
Referenciák: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

FÁ©rfiak, 2016



Referenciák: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

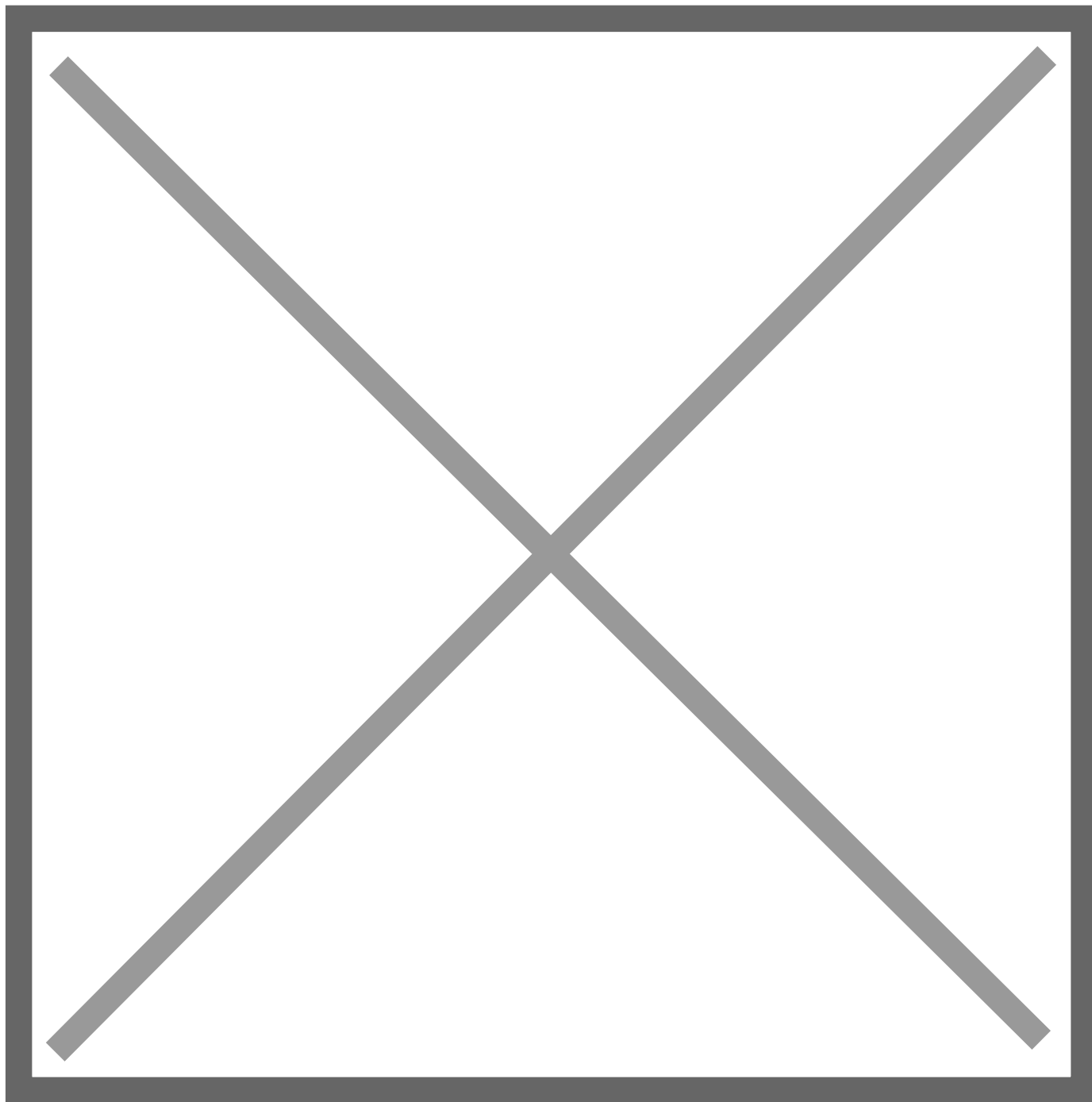
NÁ k, 2016



Referenciák: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Mentális egészség és depressziós zavarok

Felmérés, 2021



Árnyéktérkép:

Országok

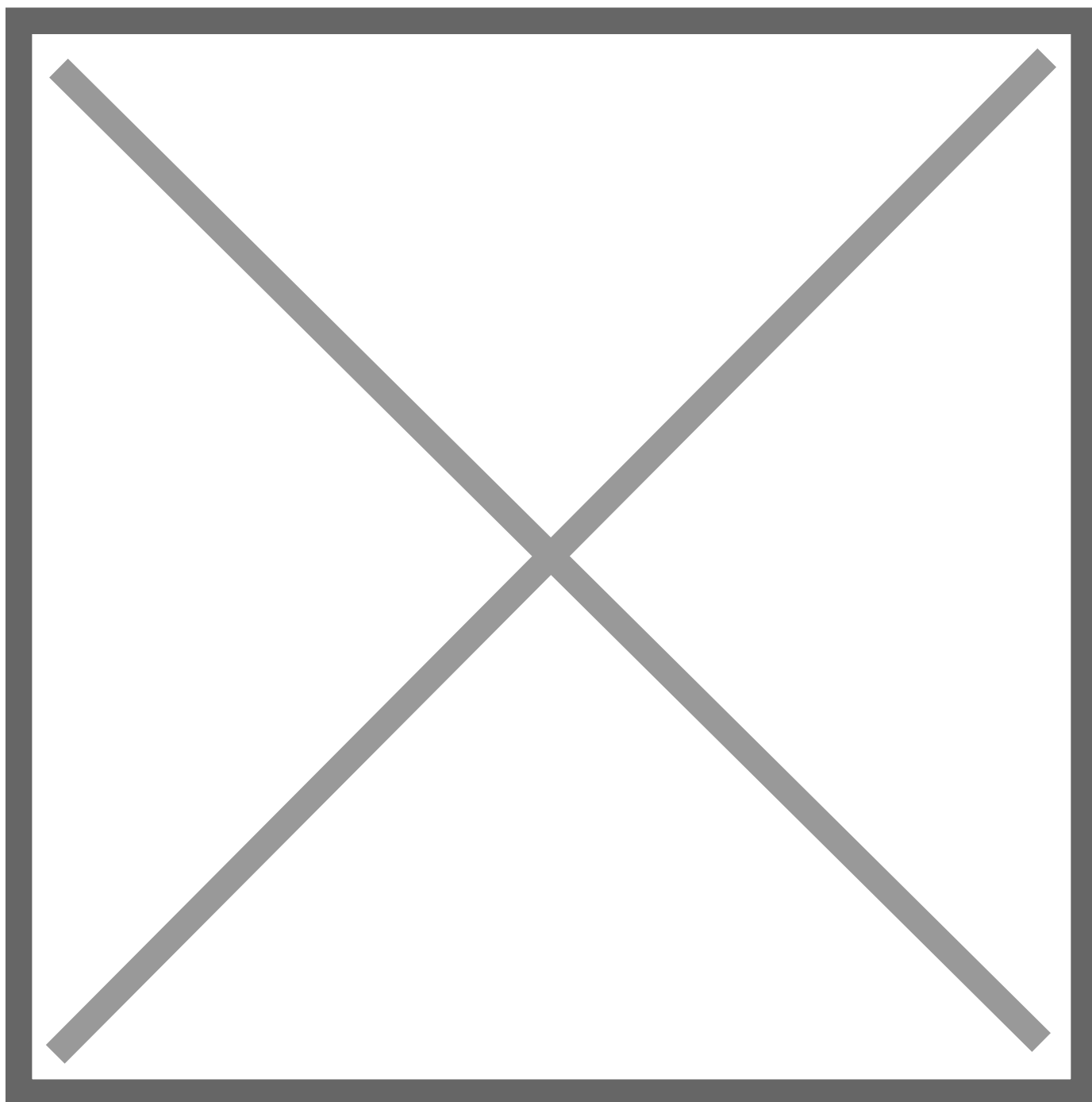
Referenciák:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definíciók
(csak angol
nyelven
érhetők
el):

Number living with depression per 100,000 population (adults 20+ years)

FÁ©rfiak, 2021



Árintett
terÁ¼let:

OrszÁigos

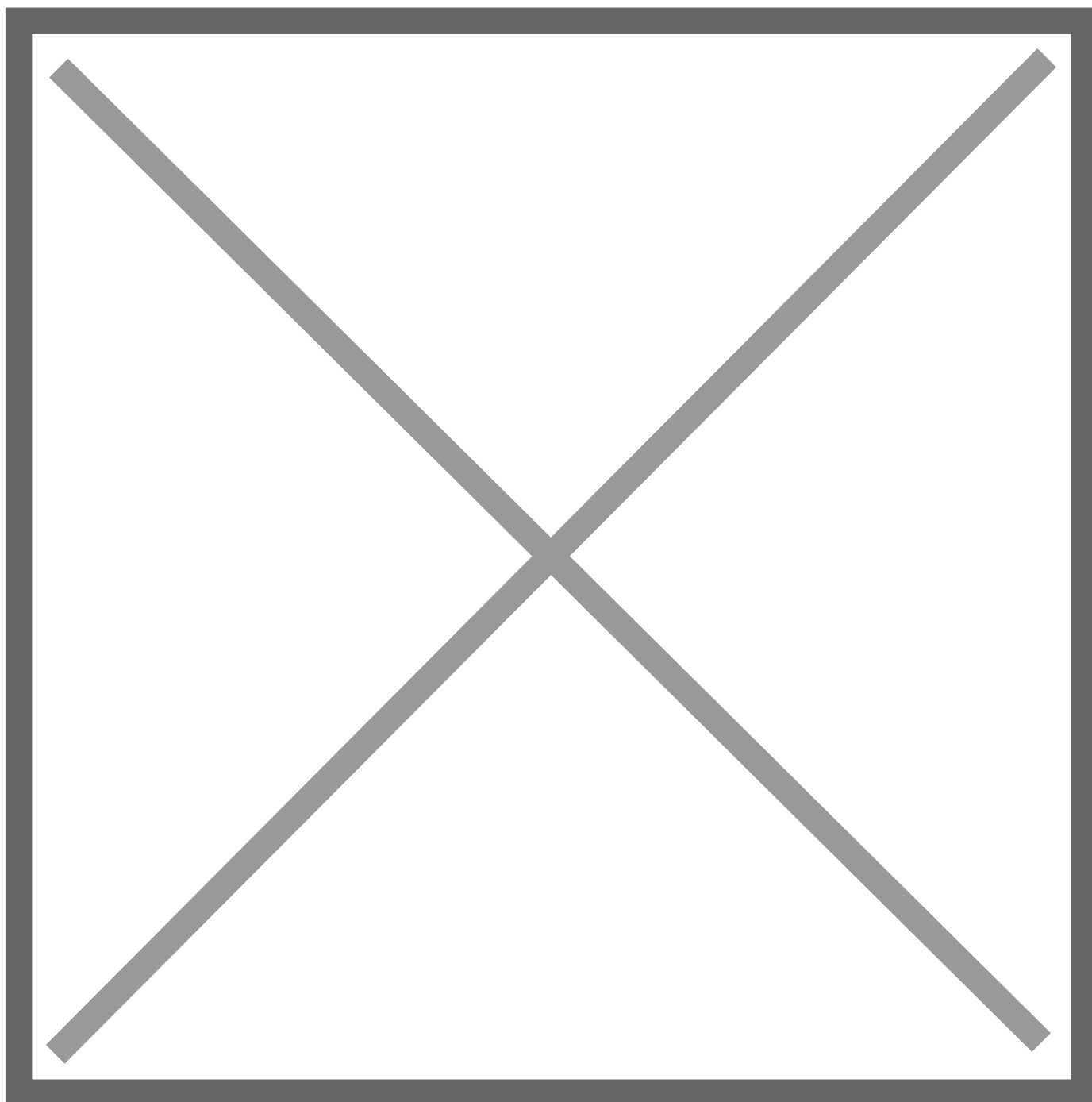
ReferenciÁjk:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definíciók
(csak angol
nyelven
érthetők
el):

Number living with depression per 100,000 population (adults 20+ years)

NÁ k, 2021

Árintett
terÁlet:

OrszÁgos

ReferenciÁk:

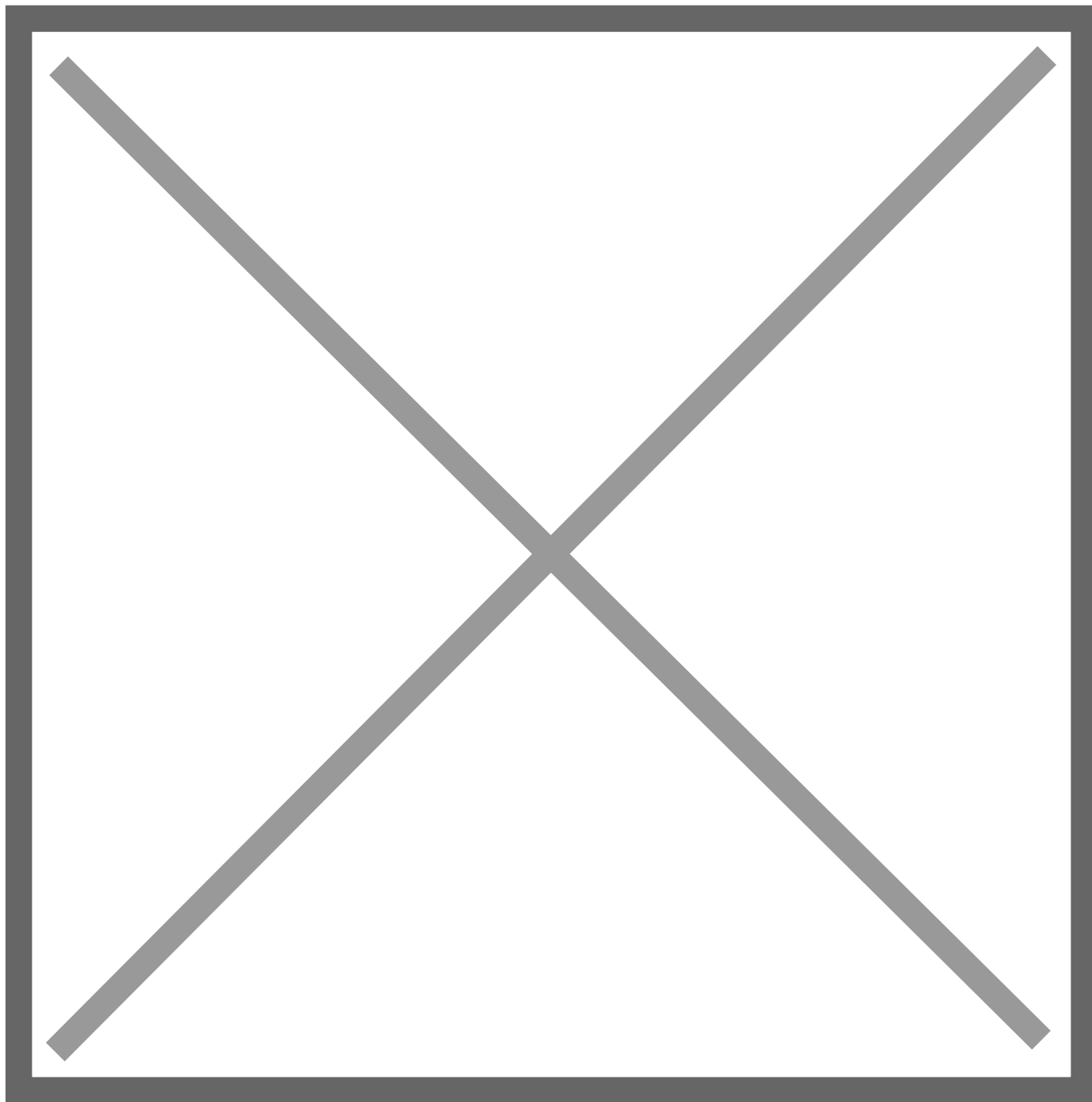
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definíciók
(csak angol
nyelven
érthetők
el):

Number living with depression per 100,000 population (adults 20+ years)

Mentális egészség és szorongásos zavarok

Felnőttek, 2021



Általános letkötés:

20+

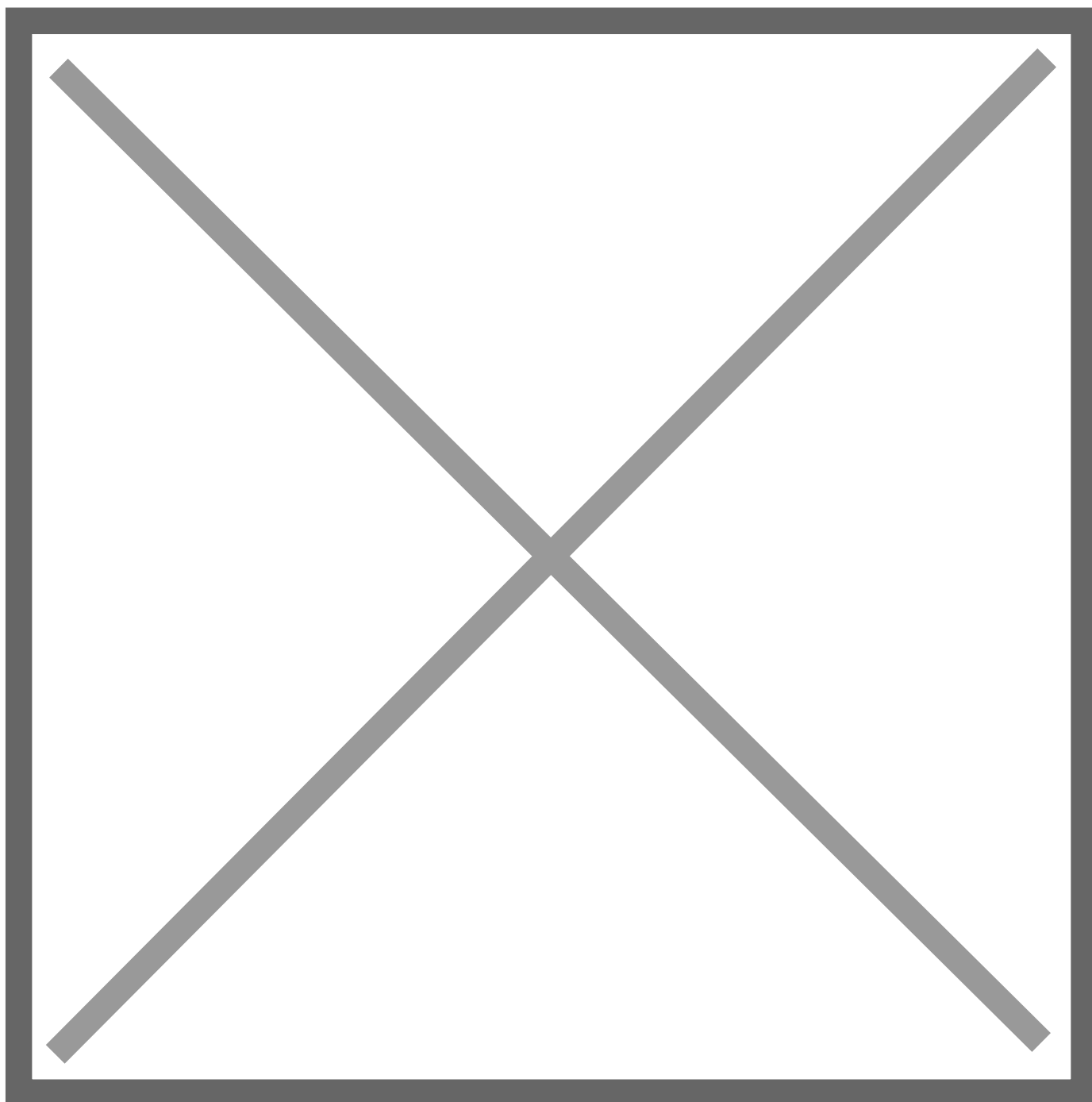
Referenciák:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definíciók
(csak angol
nyelven
érhetők
el):

Number living with anxiety per 100,000 population

Főcím, 2021



Forrás:

20+

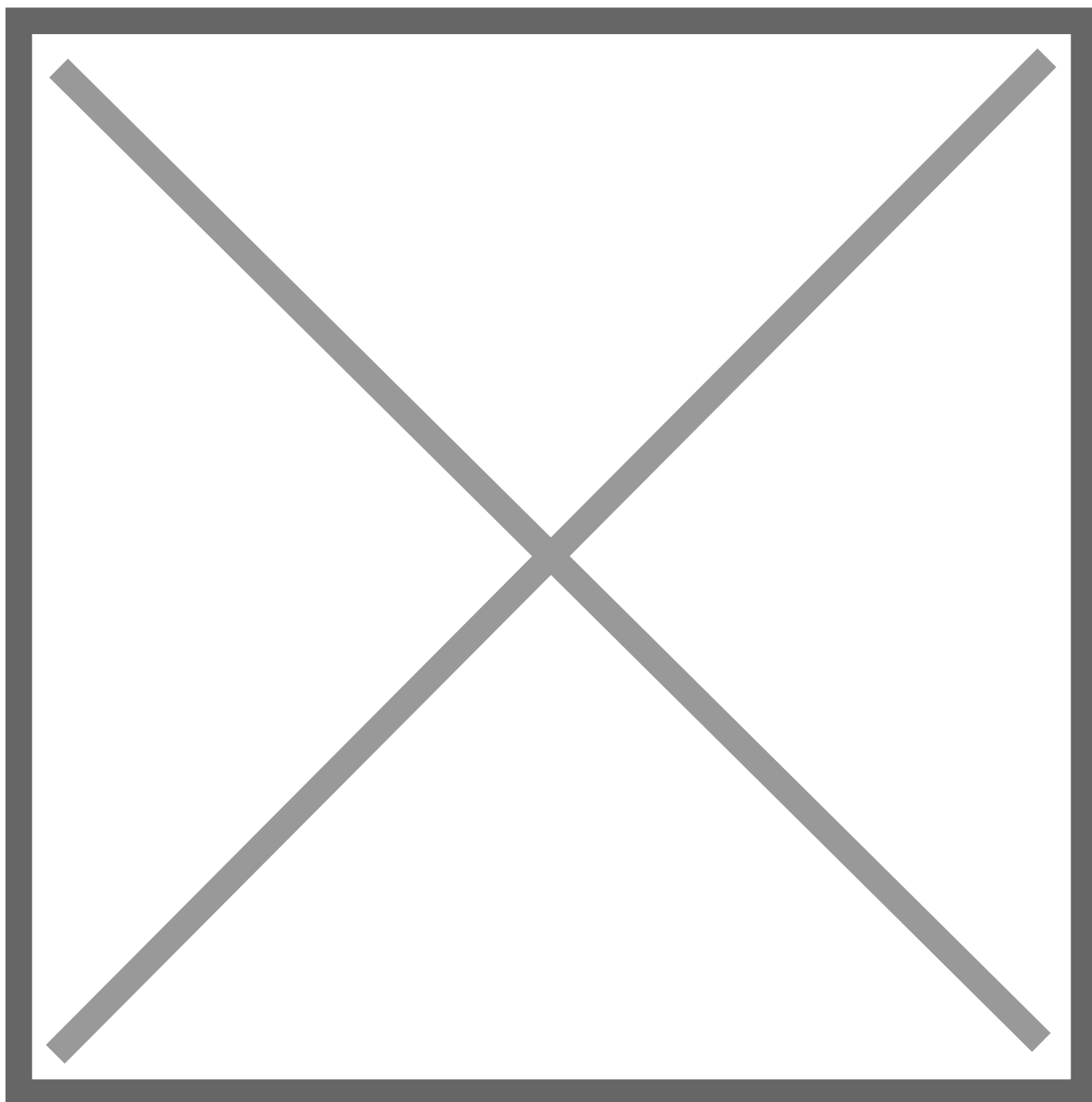
Referencia:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definíció
(csak angol
nyelven
rövidítve):

Number living with anxiety per 100,000 population

NÂ k, 2021



Â letkor:

20+

ReferenciÂ k:

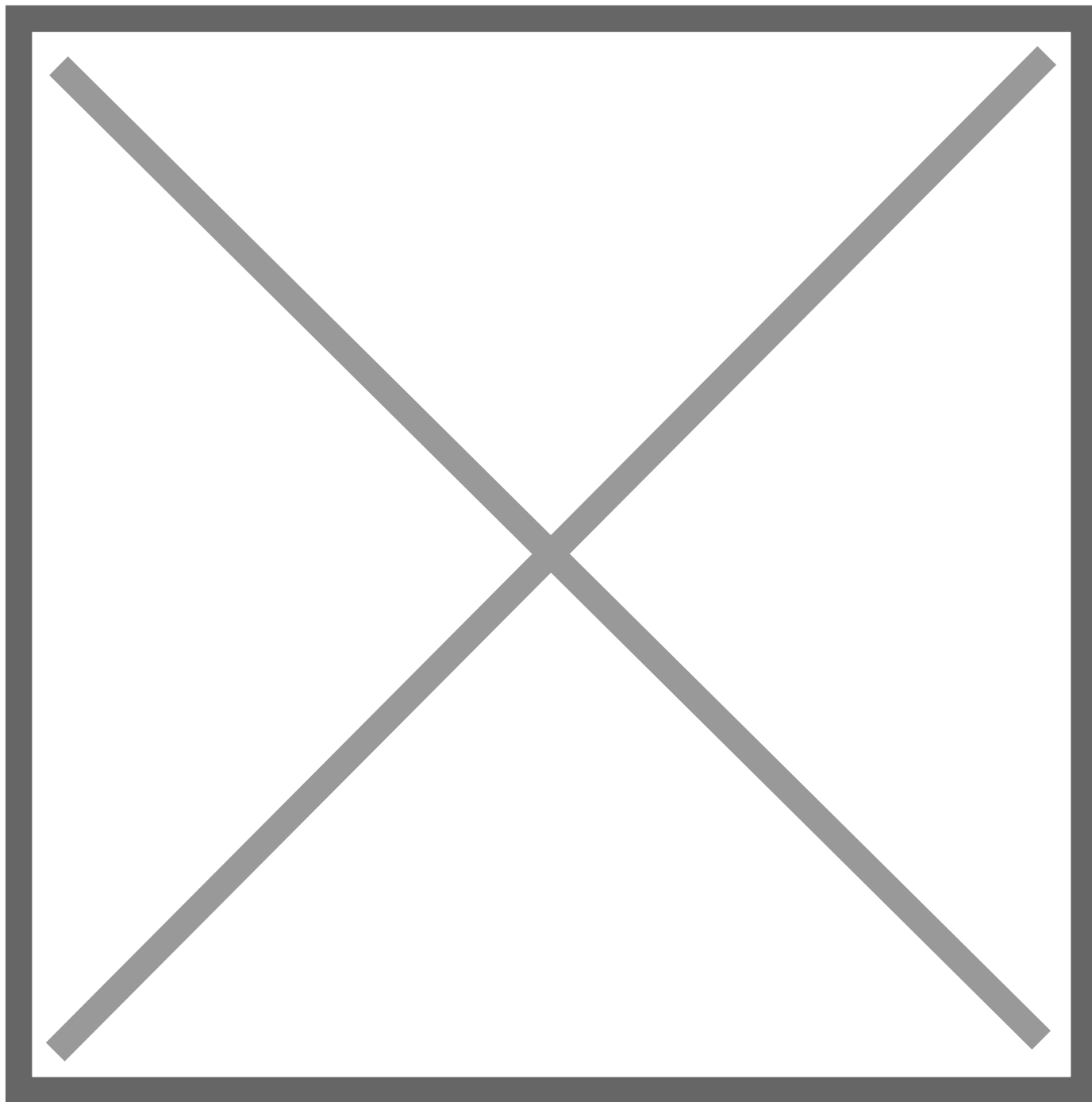
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

DefinÂ cÂ k
(csak angol
nyelven
Â rhetÂ k
el):

Number living with anxiety per 100,000 population

Magas vérnyomás

Felmérés, 2015



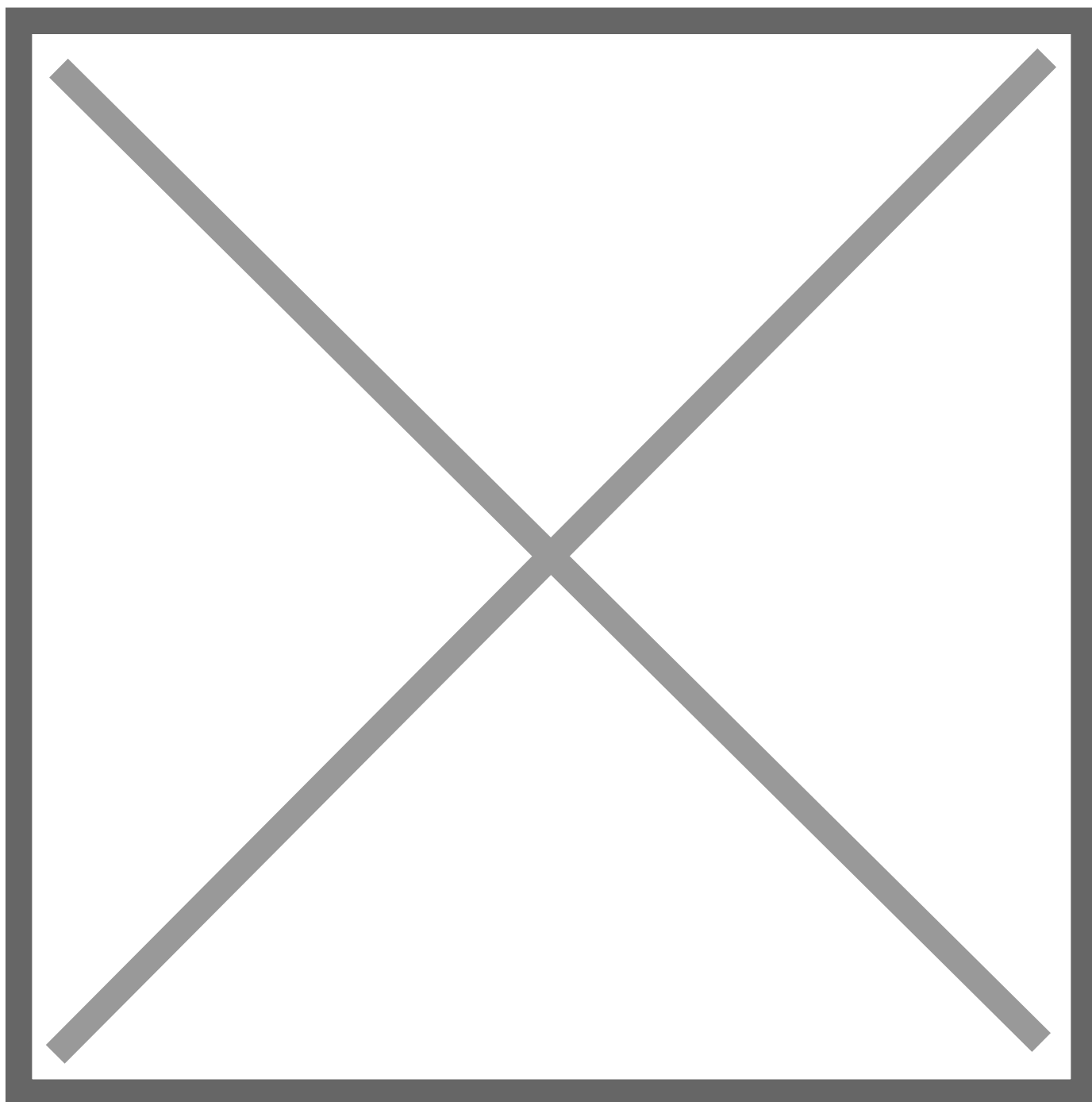
Referenciák:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definíciók
(csak angol
nyelven
érthetők
el):

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

FÁ©rfiak, 2015



Referenciák:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definíciók (csak angol nyelven Á©rhető k el):

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

NÁ k, 2015



Referenciák:

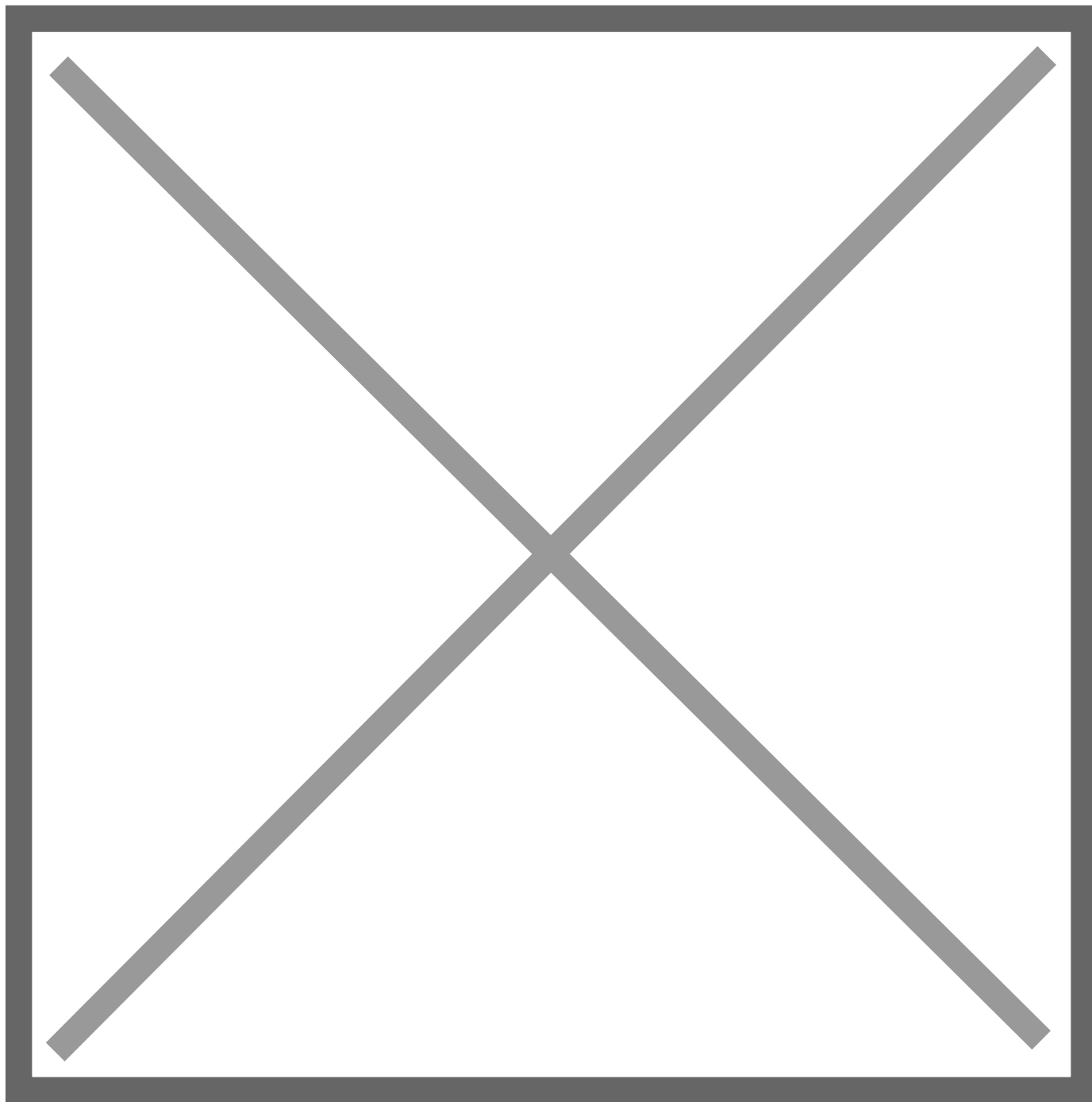
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

**Definíciók
(csak angol
nyelven
érthetőek):**

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Magas koleszterinszint

Felmérések, 2008

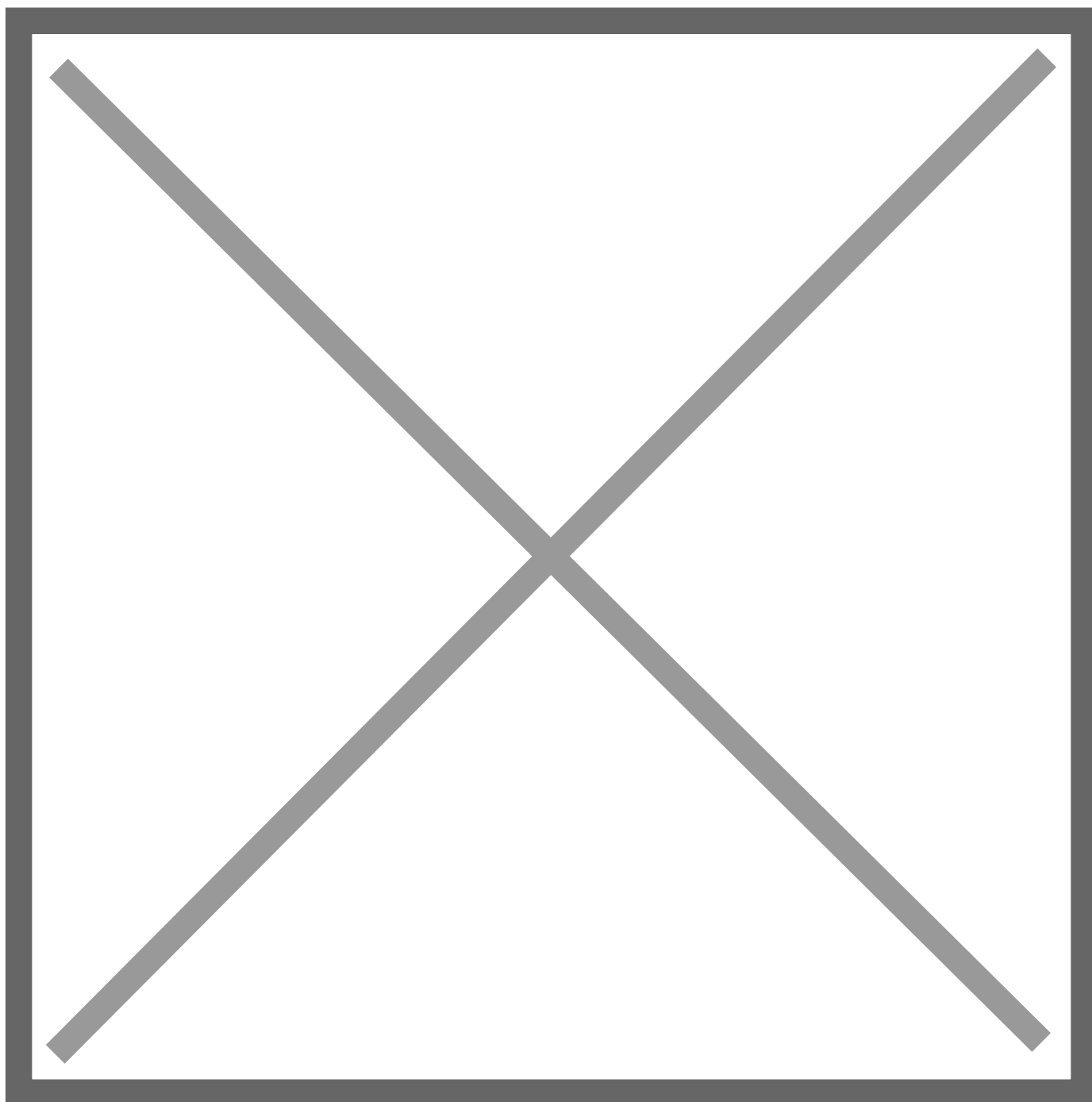


Referenciák: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definíciók
(csak angol
nyelven
Árhető k
el):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

FÁ©rfiak, 2008

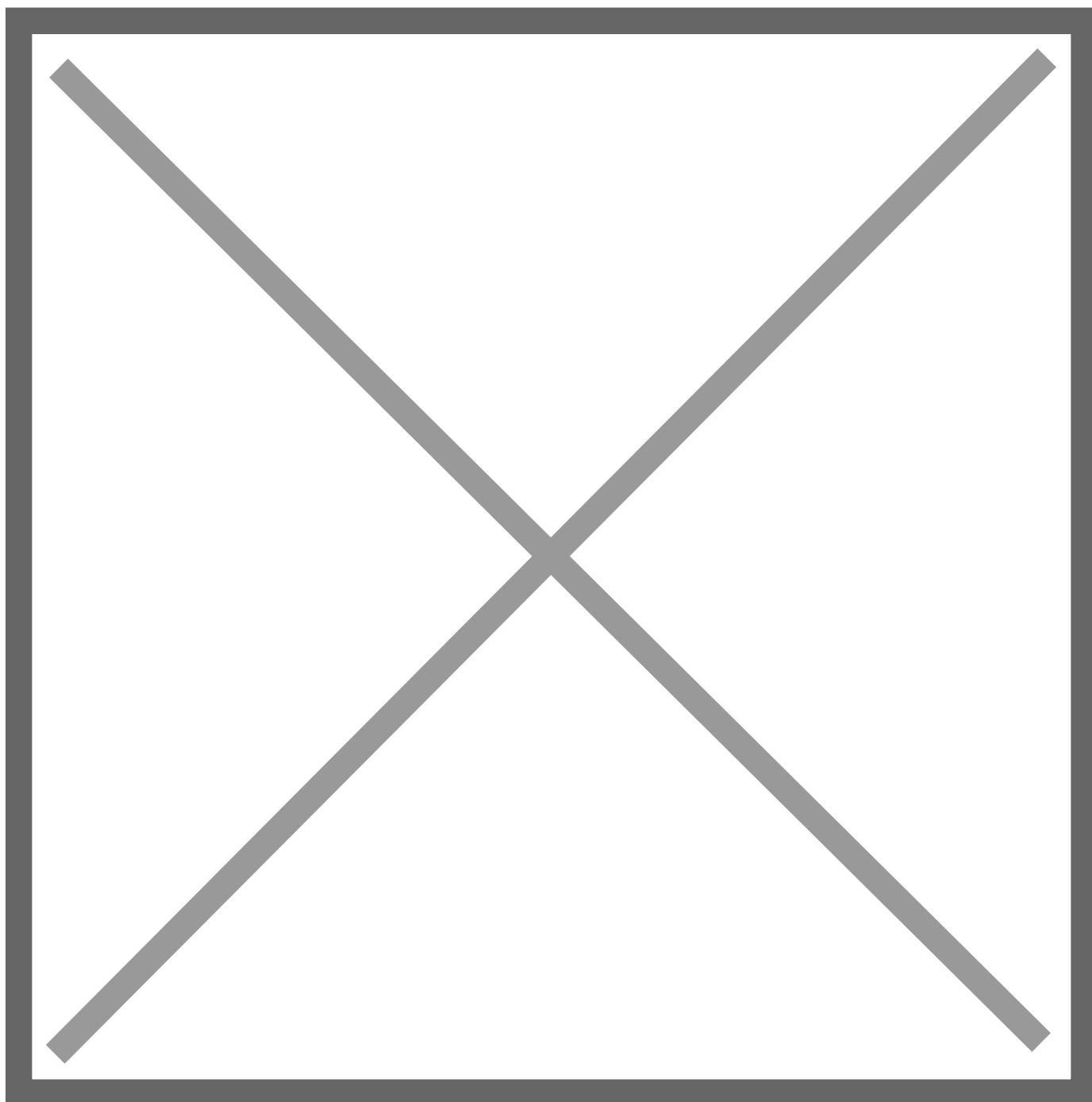


ReferenciÁik: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

DefinÁciÁk
(csak angol
nyelven
Á©rhetÁ k
el):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

NÁ k, 2008

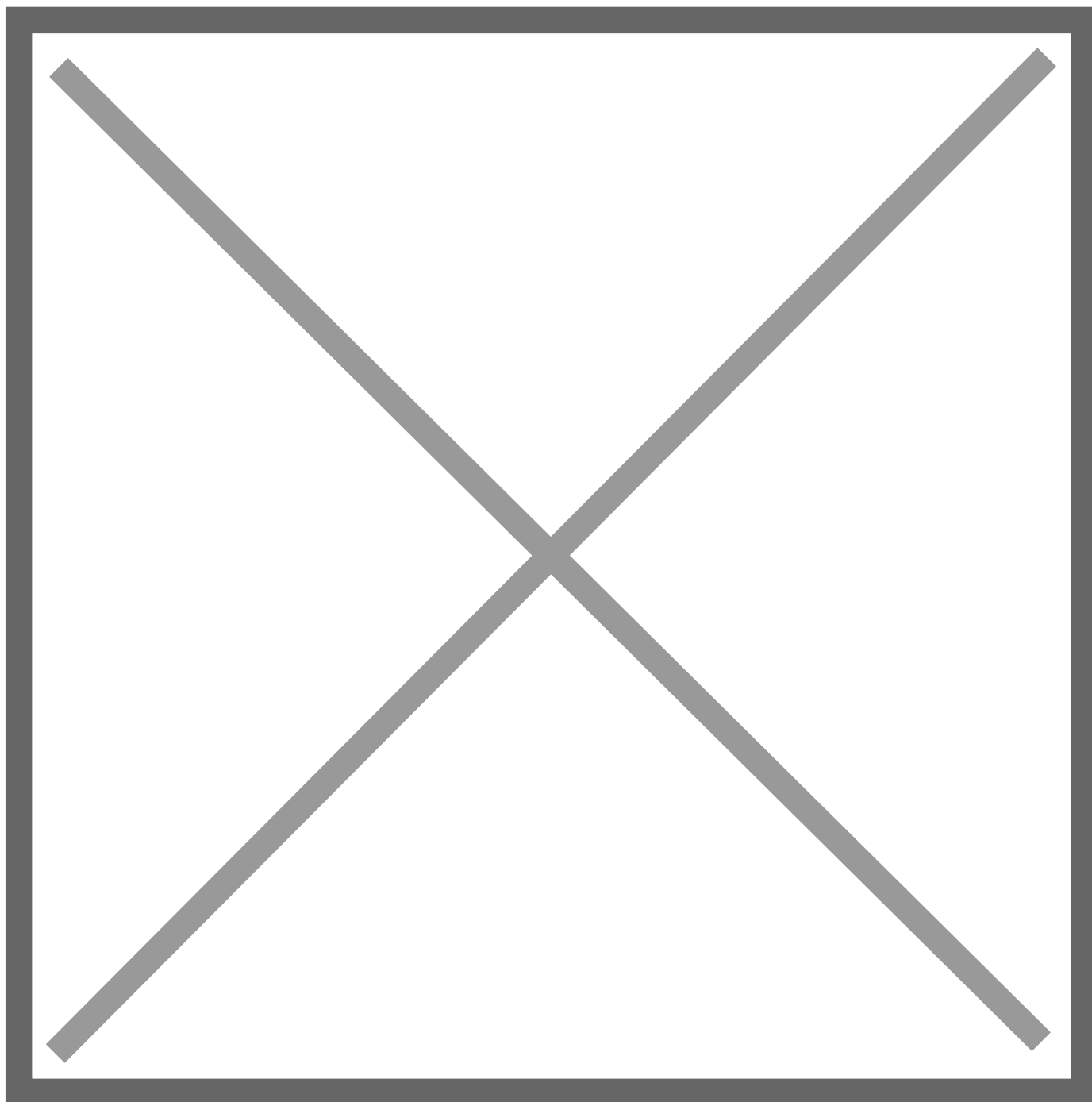


Referenciák: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definíciók (csak angol nyelven Átírták el): % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Magas Átlaghi vÁtlagcukorszint

FÁtlagfiak, 2014



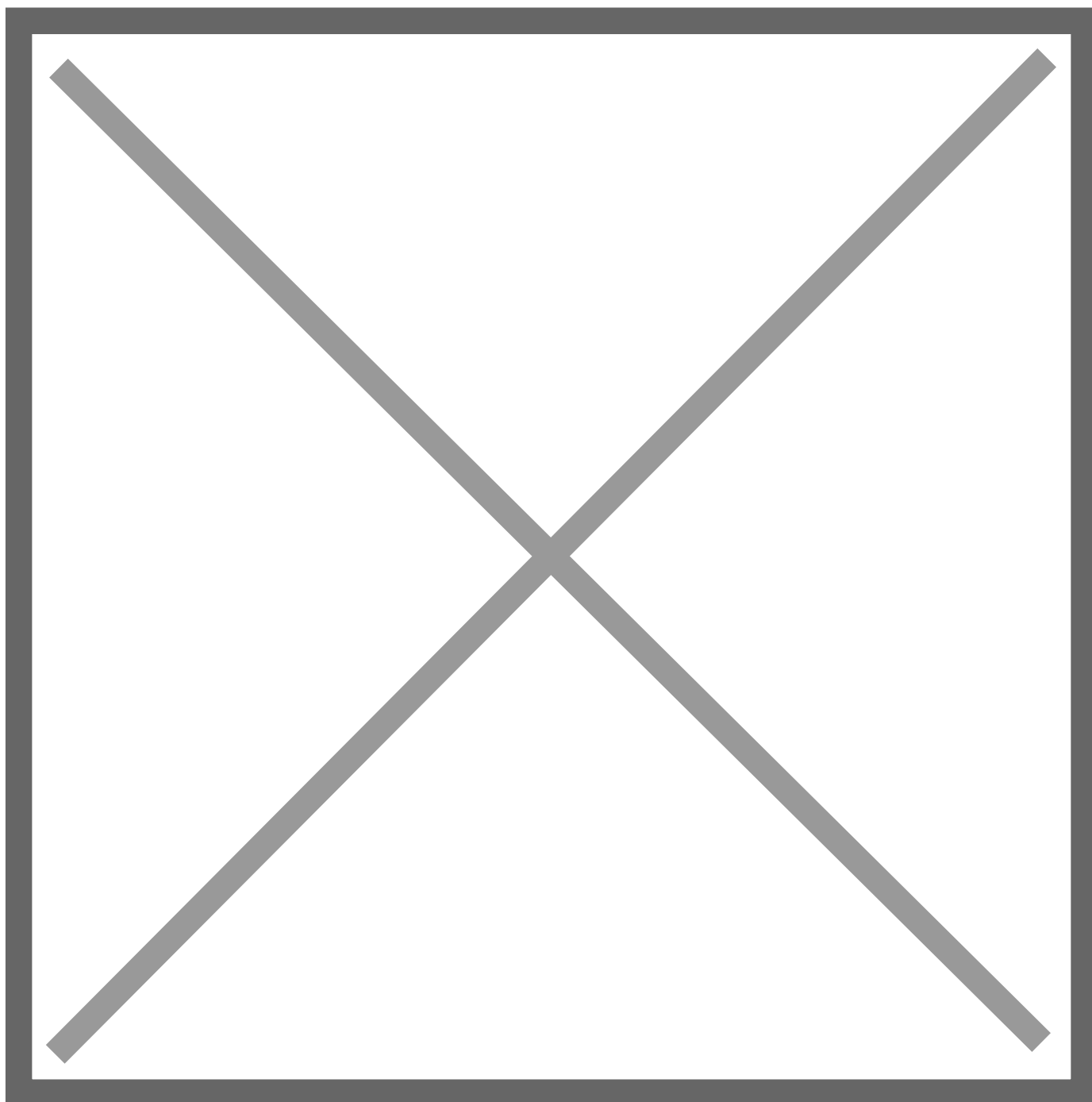
ReferenciÁtlag:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definíciók
(csak angol
nyelven
ábrázoltak
el):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

NÁ k, 2014



Referenciák:

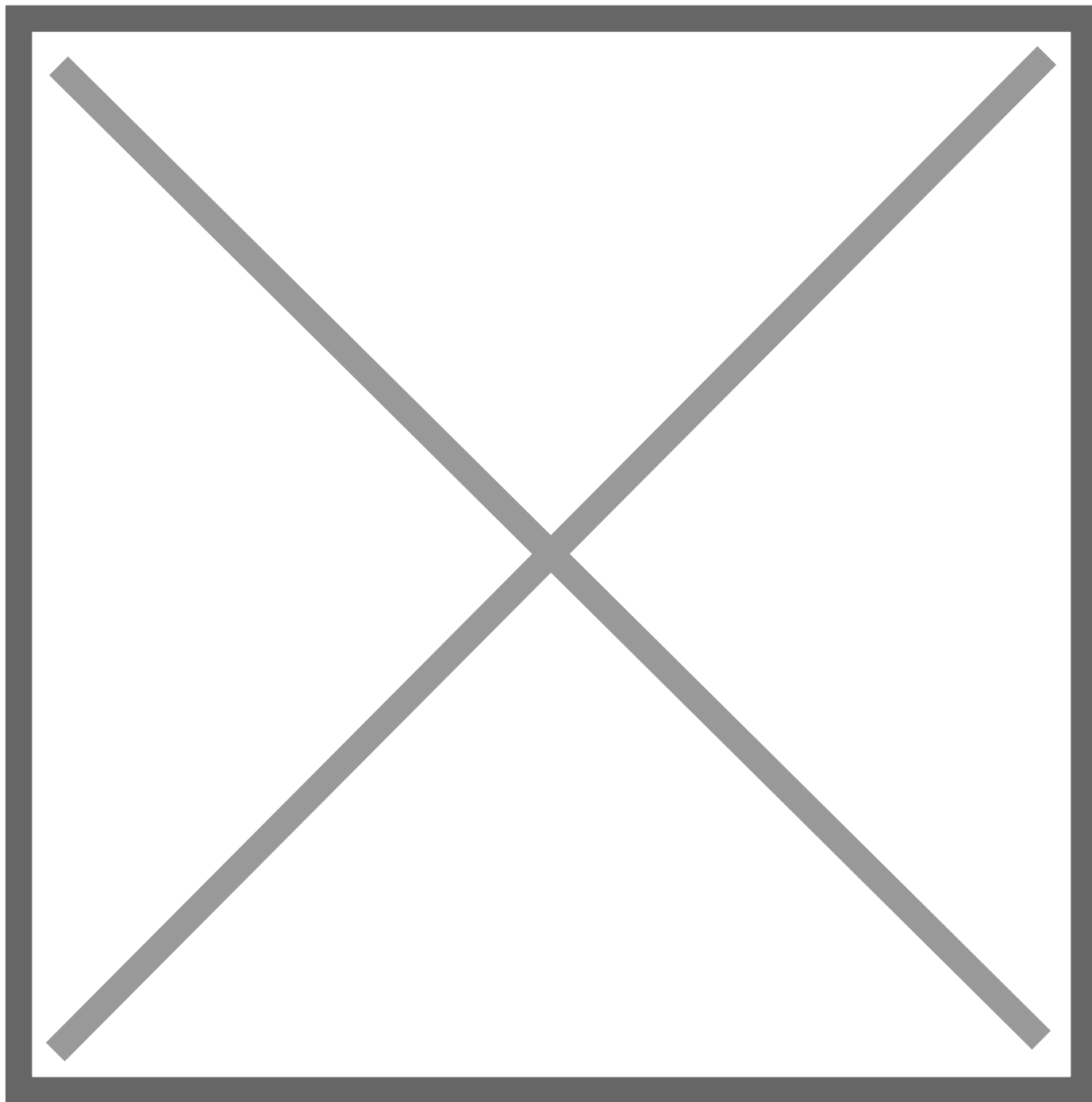
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

**Definíciók
(csak angol
nyelven
érthetőek):**

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Cukorbetegség előfordulási aránya

Felmérés, 2024



Referenciák:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. <http://www.diabetesatlas.org>

PDF created on June 21, 2025