

Saint Kitts and Nevis

Policies, Interventions and Actions



Too Much Junk

In May 2018, the HCC launched the CSO Regional Action Team for Childhood Obesity Prevention including key members of civil society in eight countries: Antigua and Barbuda, Barbados, the Bahamas, Belize, Grenada, Jamaica, St Lucia, and St Kitts Nevis. Together, these organisations have shared materials and best practices in an effort to increase the public awareness around Childhood Obesity and its prevention and to garner thousands of signatures of support for the policies proposed in the HCC's Call to Action at www.toomuchjunk.org.

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|-----------------------|---|
| Categories: | Transnational Obesity Strategies/Policy or Action Plan |
| Categories (partial): | Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Community Interventions/Campaign |
| Year(s): | 2018 |
| Target age group: | Children |
| Organisation: | Health Caribbean Coalition |
| Find out more: | www.healthycaribbean.org |

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PREVENTING CHILDHOOD OBESITY IN THE CARIBBEAN

An Action Plan aiming to contribute to childhood obesity prevention. There are seven priority areas for action in the Civil Society Action Plan including trade and fiscal policies; nutrition literacy; early childhood nutrition; marketing of healthy and unhealthy foods and beverages to children; school- and community-based interventions; resource mobilisation; and strategic planning, monitoring, and evaluation.

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| Categories: | Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Non-national obesity strategies |
| Year(s): | 2017-2021 |
| Target age group: | Children |
| Organisation: | Healthy Caribbean Coalition |
| Find out more: | www.healthycaribbean.org |
| Linked document: | Download linked document |
| References: | Healthy Caribbean Coalition. PREVENTING CHILDHOOD OBESITY IN THE CARIBBEAN. Available from: https://www.healthycaribbean.org/wp-content/uploads/2017/10/Preventing-Childhood-Obesity-in-the-Caribbean-CSAP-2017-2021.pdf (Accessed 2 April 2019). |

CARICOM Regional Standard: Specification for labelling of pre-packaged foods (CRS 5: 2010)

Voluntary national labelling guidelines for packaged foods and drinks in place but mandatory when there is a health or nutrition claim. (Available only in English language)

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| Categories: | Labelling Regulation/Guidelines |
| Year(s): | 2010 (ongoing) |
| Target age group: | Adults and children |
| Organisation: | CARICOM Regional Organisation for Standards and Quality |
| Linked document: | Download linked document |
| References: | Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/25355 (last accessed 10.08.22) |

Excise Tax Act, 2010

Mandatory volume or weight based specific excise tax on unhealthy food or drink products. RATE OF TAX: 2202 - Waters, including mineral waters and aerated waters, containing added sugar or other sweetening matter or flavoured, and other non-alcoholic beverages, not including fruit or vegetable juices of heading 20.09.

2202.10.00 - Waters, including mineral waters and aerated waters, containing added sugar or other sweetening matter or flavoured: 2202.10.10 - Aerated beverages - 5% 2202.90.10 - Beverages containing cocoa - 5% 2202.90.20 - Malt Beverages - 5% 2202.90.90 - Other - 5% (Available only in English language)

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|-------------------|---|
| Categories: | Taxation/Subsidies on Food or Beverages or law relating to public health |
| Year(s): | 2010 (ongoing) |
| Target age group: | Adults and children |
| Linked document: | Download linked document |
| References: | Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/82209 (last accessed 16.08.22) |

Food-based dietary guidelines for St. Kitts and Nevis

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| Categories: | Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan |
| Year(s): | 2010 (ongoing) |
| Target age group: | Adults and children |
| Organisation: | A national interdisciplinary group comprised of representatives from the Ministries of Health, Education, Agriculture, Commerce and Consumer Affairs, and the Chambers of Industry and Commerce. |
| Linked document: | Download linked document |
| References: | The Food and Agriculture Organization of the United Nations. http://www.fao.org/nutrition/education/food-based-dietary-guidelines/regions/countries/saintkitts-and-nevis/en/ (last accessed 2 March 2016) |

GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

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| Categories: | Evidence of Breastfeeding promotion or related activity |
| Target age group: | Adults |
| Organisation: | Ministry of Health (information provided by the GINA program) |
| Find out more: | extranet.who.int |
| References: | Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en |

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