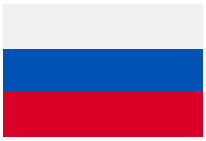
# Report card
# Russian Federation



## High income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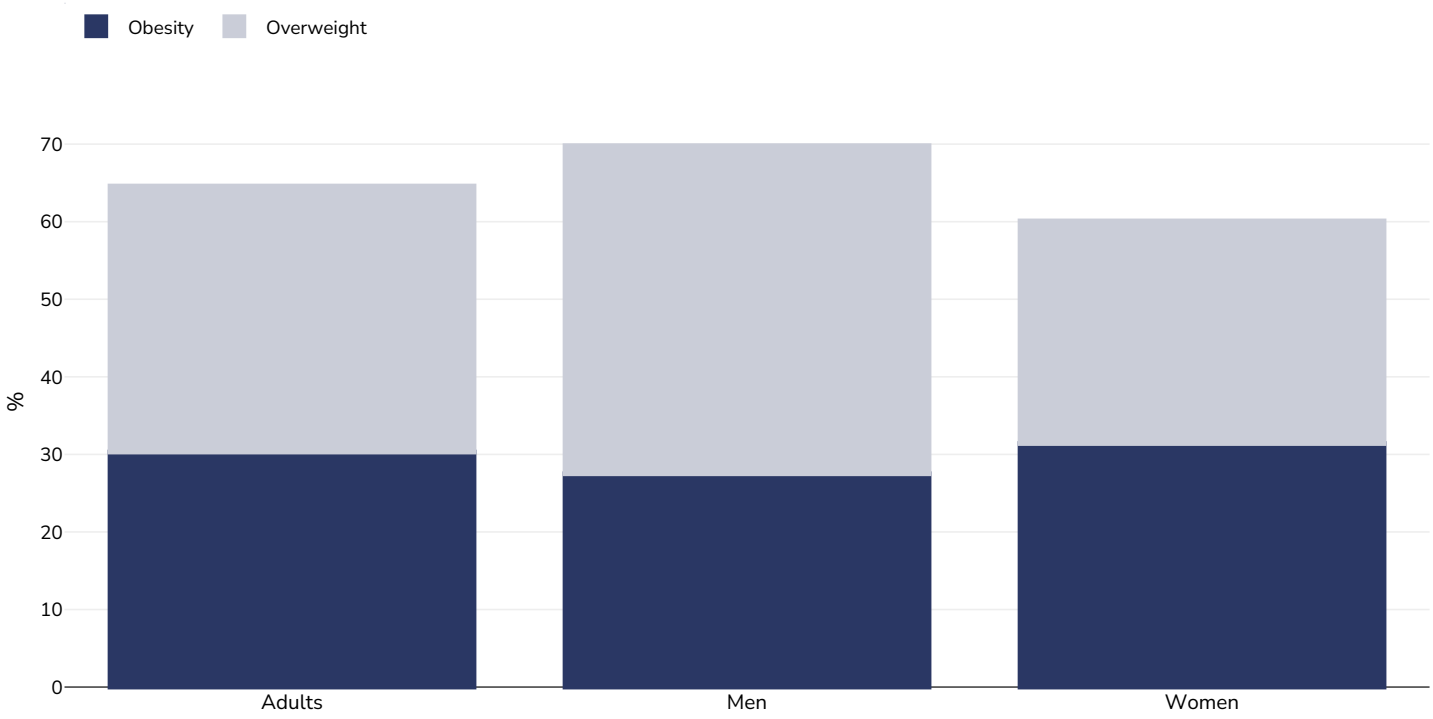
# Obesity prevalence

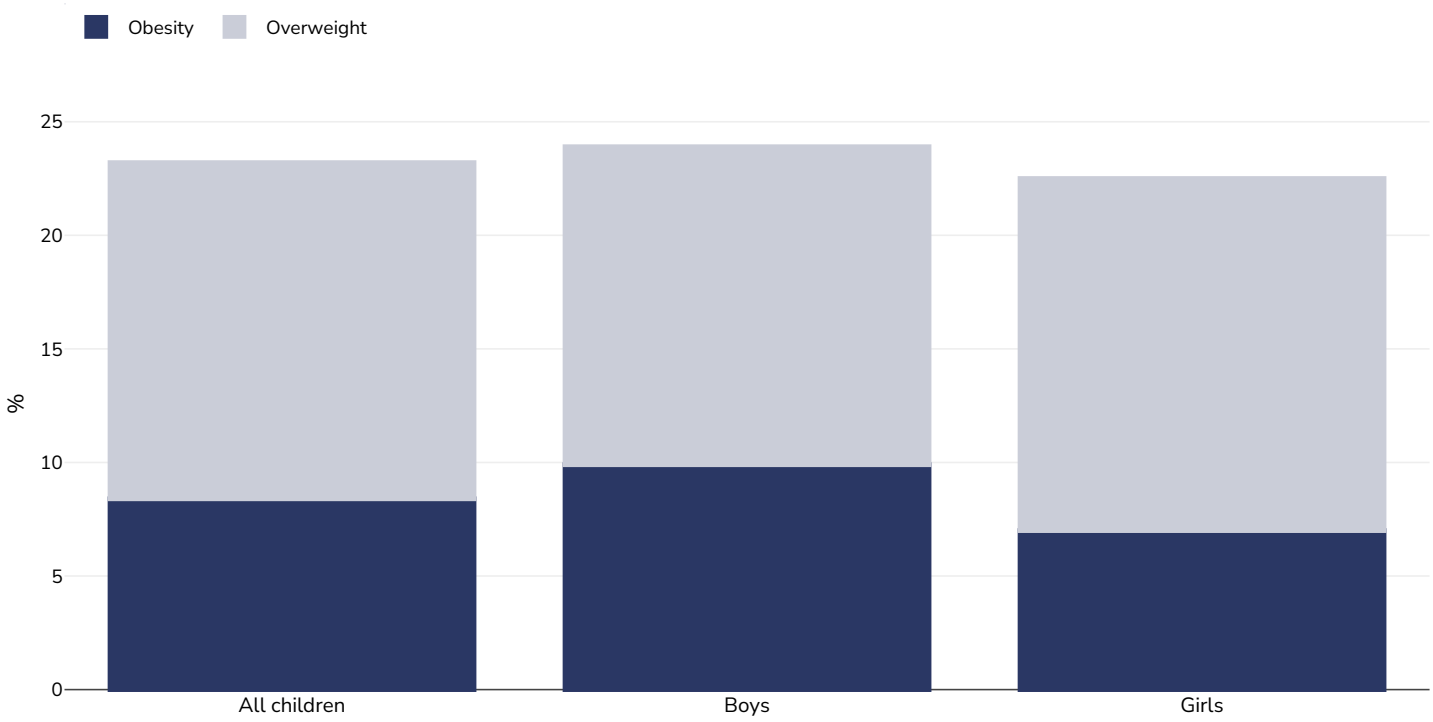
## Adults, 2012-2014




| | |
|---|---|
| Survey type: | Measured |
| Age: | 25-64 |
| Sample size: | 20332 |
| Area covered: | National |
| References: | Kontsevaya A, Shalnova S, Deev A et al. Overweight and Obesity in the Russian Population: Prevalence in Adults and Association with Socioeconomic Parameters. and Cardiovascular Risk Factors.Obesity Facts 2019;12:103–114 |

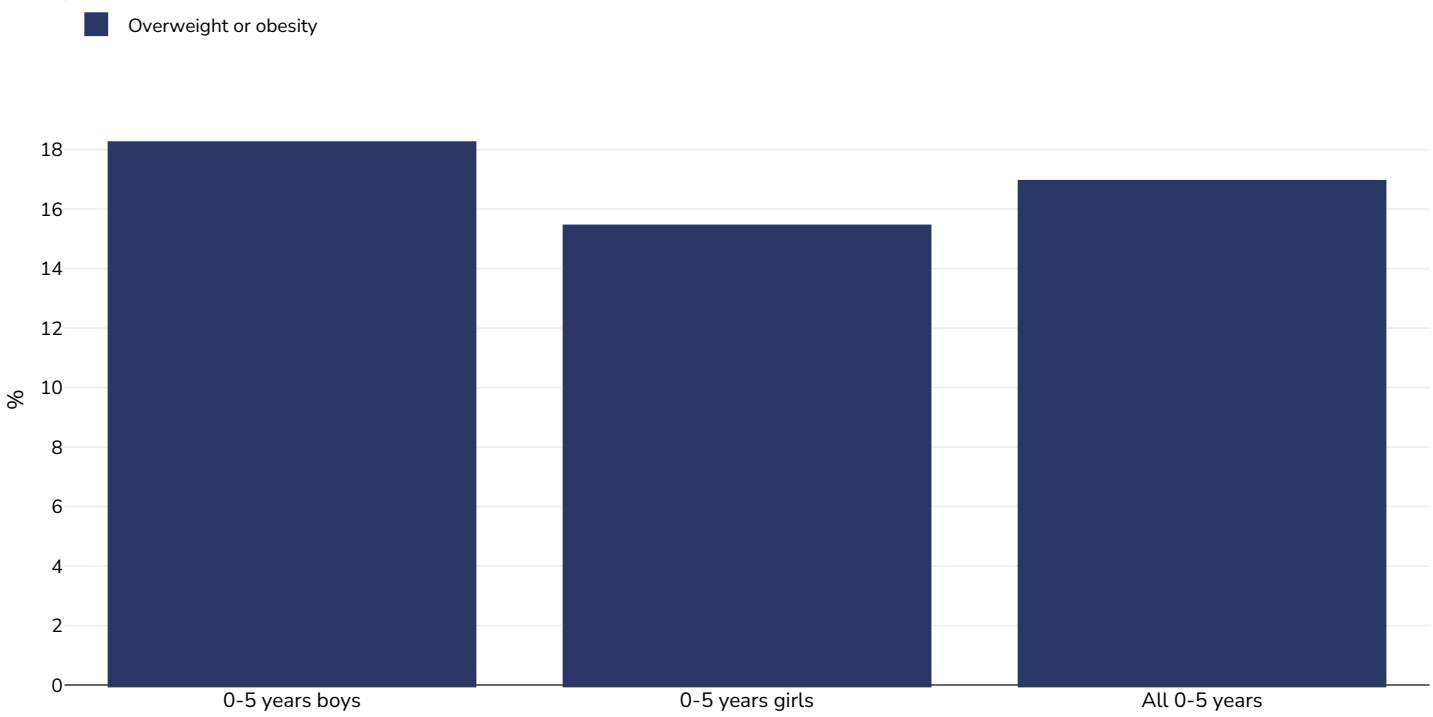
*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Children, 2018-2020




| | |
|---|---|
| Survey type: | Measured |
| Age: | 7 |
| Sample size: | 2081 |
| Area covered: | Regional (Moscow) |
| References: | Report on the fifth round of data collection, 2018–2020: WHO European Childhood Obesity Surveillance Initiative (COSI). Copenhagen: WHO Regional Office for Europe; 2022. Licence: CC BY-NC-SA 3.0 IGO. |
| Cutoffs: | WHO 2007 |

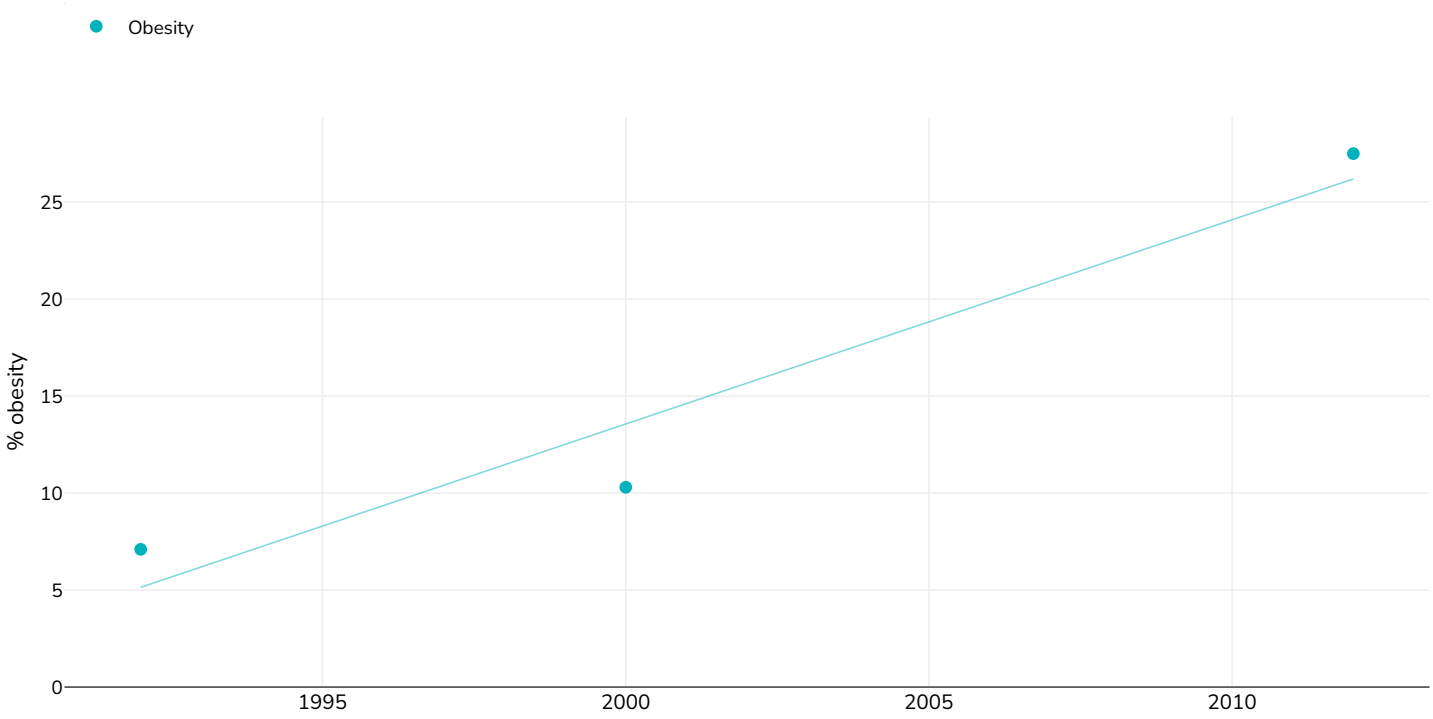
## 0-5 years, 2005




| | |
|---|---|
| Age: | 0-5 |
| Sample size: | 343 |
| References: | Other: Russia Longitudinal Monitoring Survey (RLMS-HSE) Round XIV 2005 |
| Notes: | UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population. |
| Definitions: | =>+2SD |

# % Adults living with obesity in Russia 1992-2012

## Men

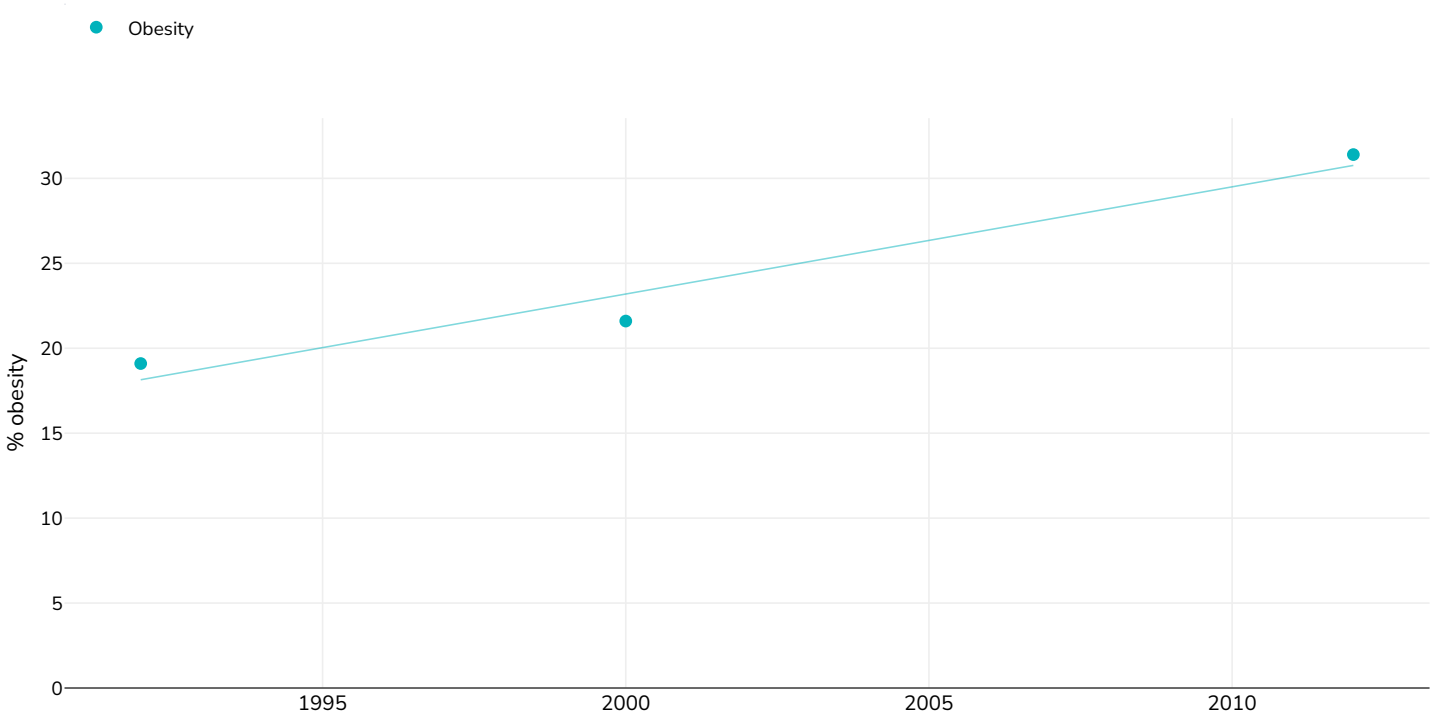



| | |
|---|---|
| Survey type: | Measured |
| References: | 1992: Jahns L, Baturin A, Popkin BM. Obesity, diet, and poverty: trends in the Russian transition to market economy. EJCN 2003;57:1295-1302<br>2000: Jahns L, Baturin A, Popkin BM. Obesity, diet, and poverty: trends in the Russian transition to market economy. EJCN 2003;57:1295-1302.<br>2012: Kontsevaya A, Shalnova S, Deev A et al. Overweight and Obesity in the Russian Population: Prevalence in Adults and Association with Socioeconomic Parameters. and Cardiovascular Risk Factors.Obesity Facts 2019;12:103–114 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Women



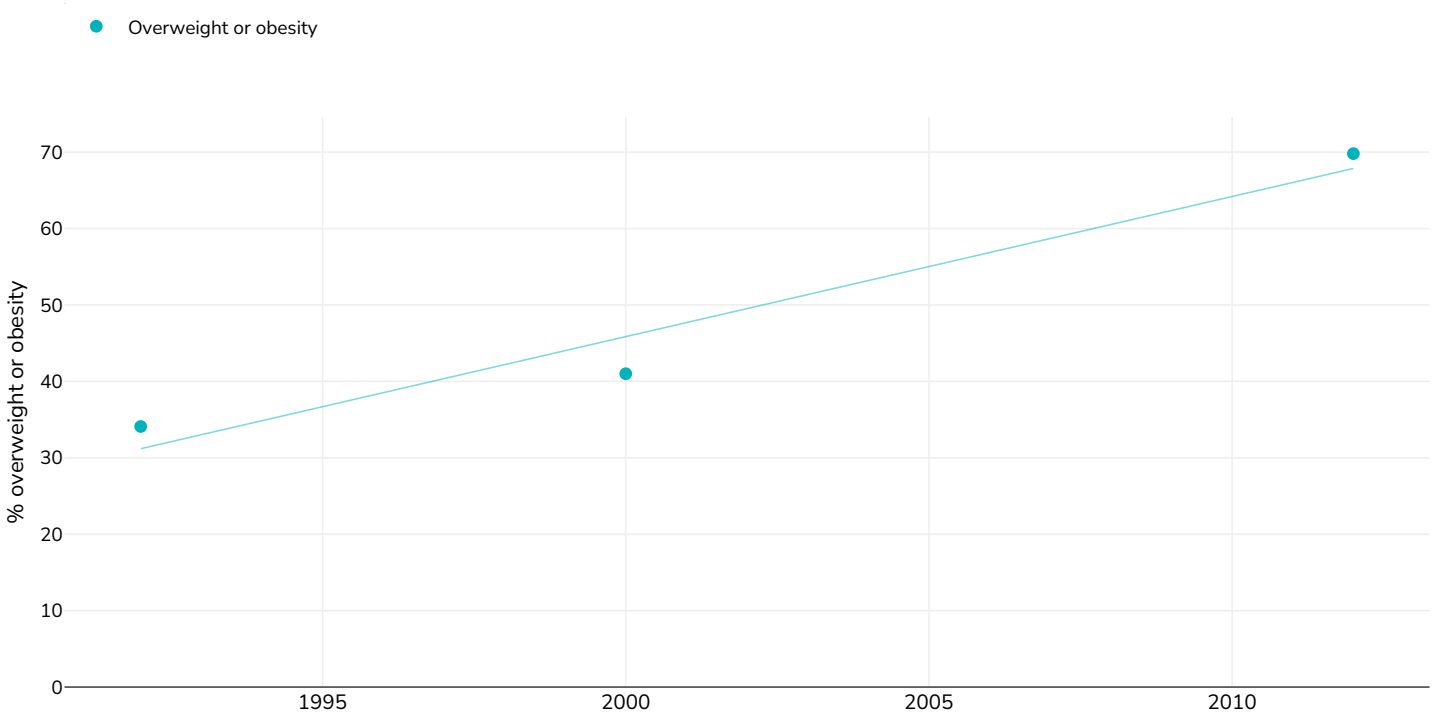

| | |
|---|---|
| Survey type: | Measured |
| References: | 1992: Jahns L, Baturin A, Popkin BM. Obesity, diet, and poverty: trends in the Russian transition to market economy. EJCN 2003;57:1295-1302<br>2000: Jahns L, Baturin A, Popkin BM. Obesity, diet, and poverty: trends in the Russian transition to market economy. EJCN 2003;57:1295-1302.<br>2012: Kontsevaya A, Shalnova S, Deev A et al. Overweight and Obesity in the Russian Population: Prevalence in Adults and Association with Socioeconomic Parameters. and Cardiovascular Risk Factors.Obesity Facts 2019;12:103–114 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

# % Adults living with overweight or obesity in Russia 1992-2012

## Men

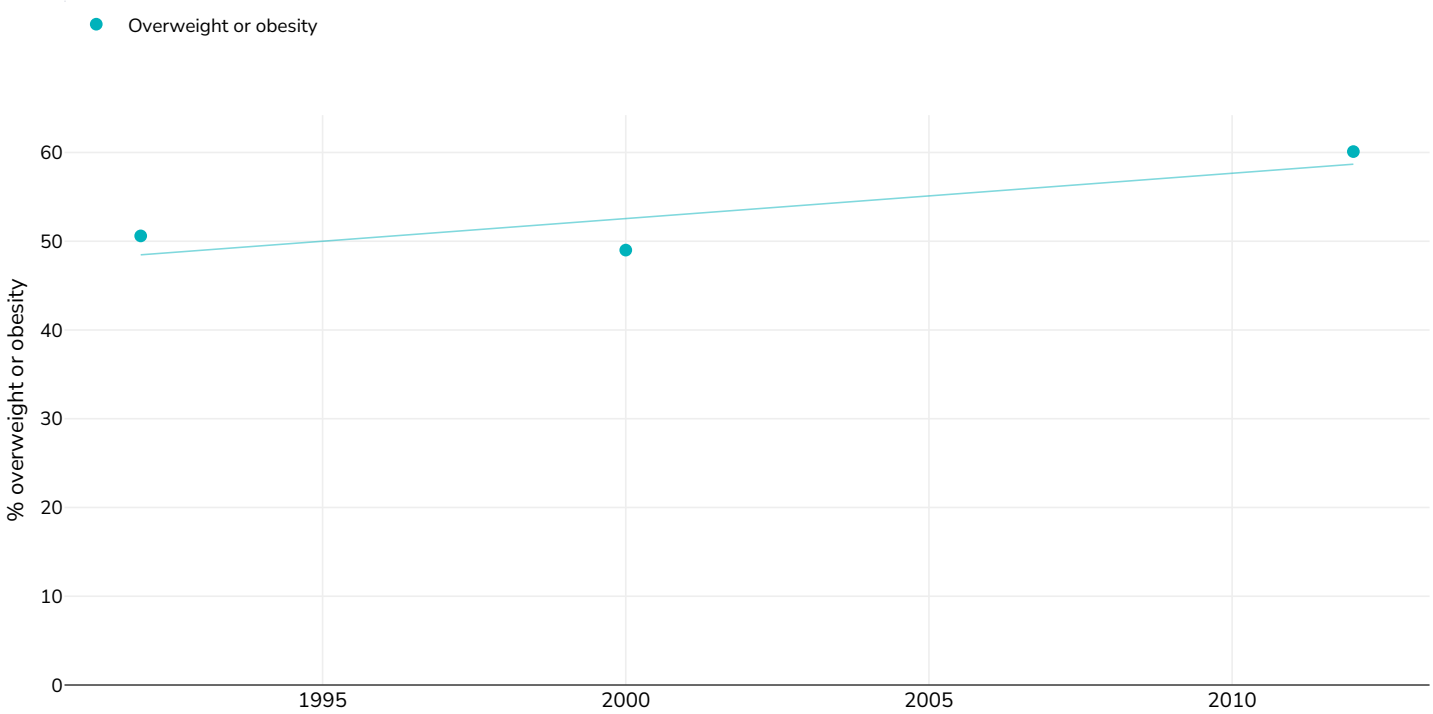



| | |
|---|---|
| Survey type: | Measured |
| References: | 1992: Jahns L, Baturin A, Popkin BM. Obesity, diet, and poverty: trends in the Russian transition to market economy. EJCN 2003;57:1295-1302<br>2000: Jahns L, Baturin A, Popkin BM. Obesity, diet, and poverty: trends in the Russian transition to market economy. EJCN 2003;57:1295-1302.<br>2012: Kontsevaya A, Shalnova S, Deev A et al. Overweight and Obesity in the Russian Population: Prevalence in Adults and Association with Socioeconomic Parameters. and Cardiovascular Risk Factors.Obesity Facts 2019;12:103–114 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Women



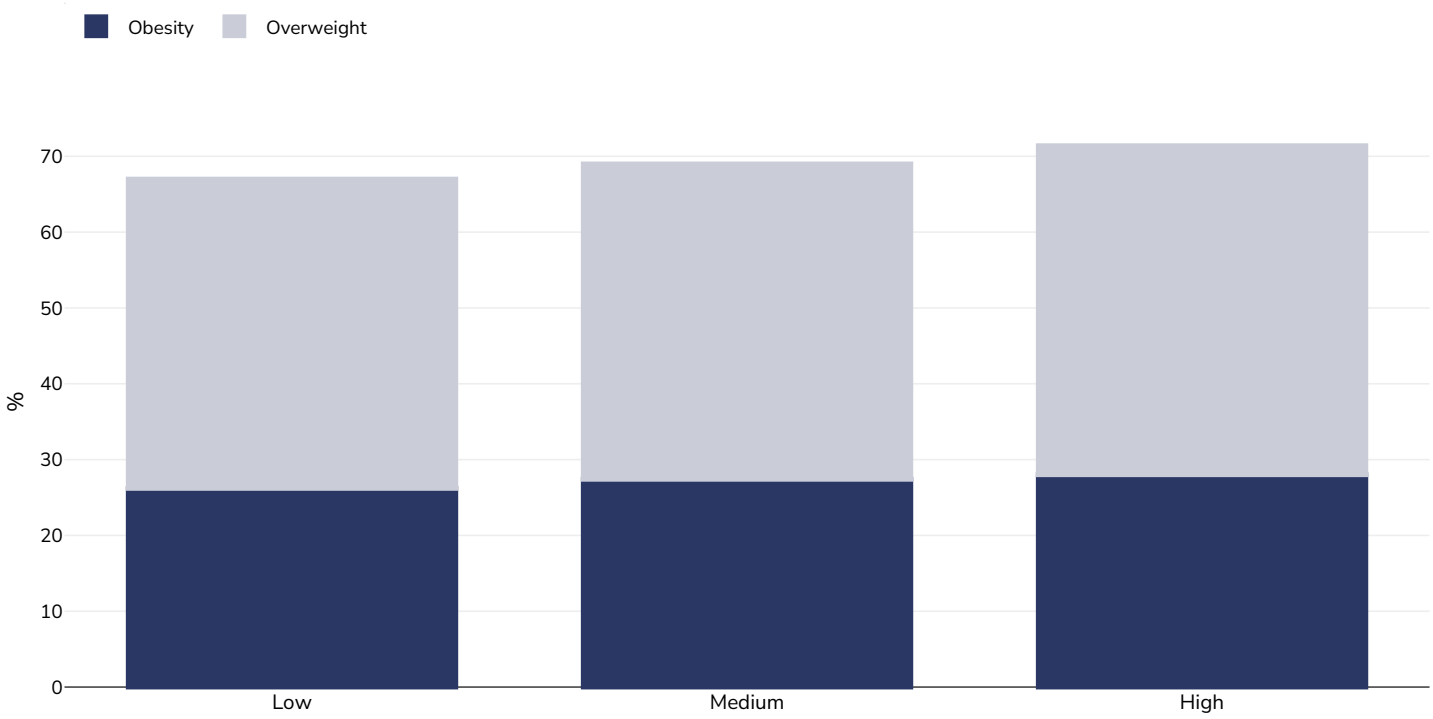

| | |
|---|---|
| Survey type: | Measured |
| References: | 1992: Jahns L, Baturin A, Popkin BM. Obesity, diet, and poverty: trends in the Russian transition to market economy. EJCN 2003;57:1295-1302<br>2000: Jahns L, Baturin A, Popkin BM. Obesity, diet, and poverty: trends in the Russian transition to market economy. EJCN 2003;57:1295-1302.<br>2012: Kontsevaya A, Shalnova S, Deev A et al. Overweight and Obesity in the Russian Population: Prevalence in Adults and Association with Socioeconomic Parameters. and Cardiovascular Risk Factors.Obesity Facts 2019;12:103–114 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

# Overweight/obesity by education

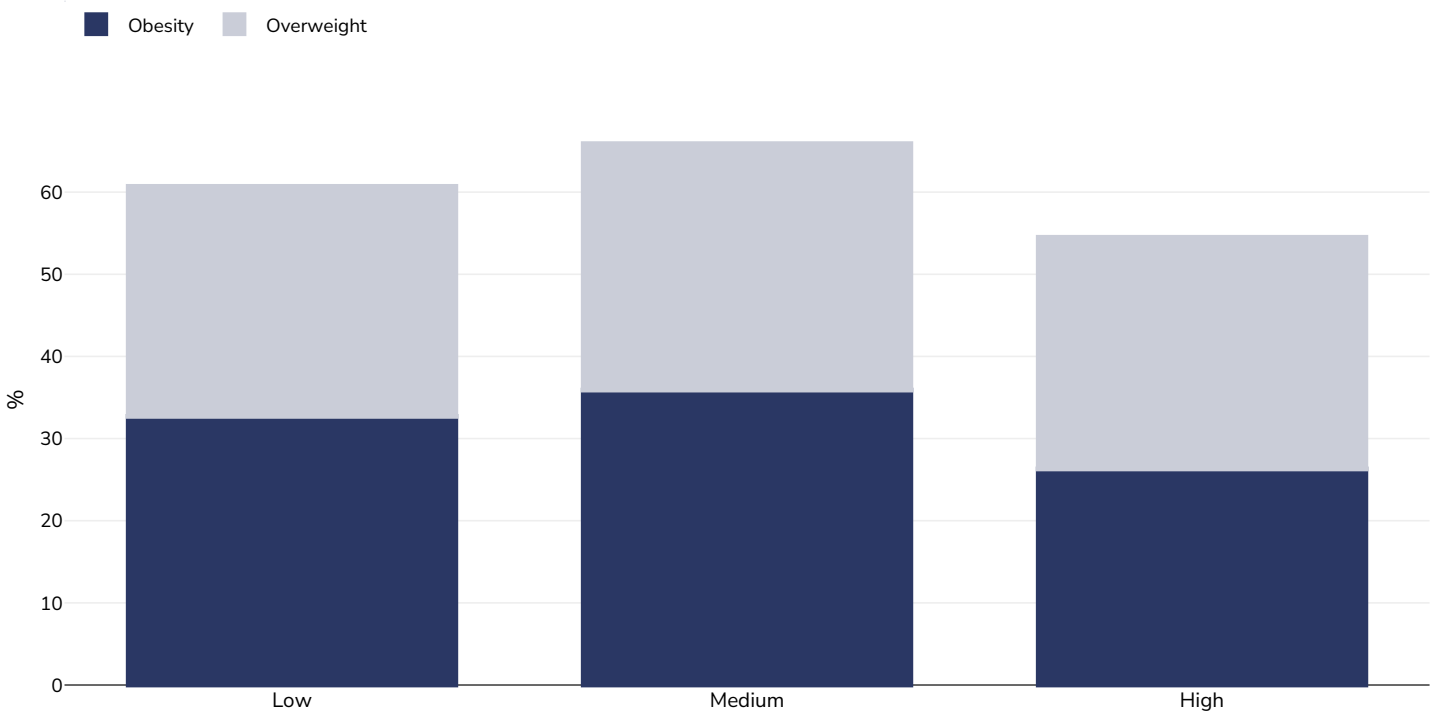
## Men, 2012-2013




| | |
|---|---|
| Survey type: | Measured |
| Age: | 25-64 |
| Sample size: | 20,190 |
| Area covered: | National |
| References: | Kontsevaya A,. Shalnova S,. Deev A, Breda J.b, Jewell J, Rakovac I,. Conrady A, Rotar O, Zhernakova Y, Chazova I and Boytsov S.Overweight and Obesity in the Russian Population: Prevalence in Adults and Association with Socioeconomic Parameters and Cardiovascular Risk Factors. Obes Facts 2019;12:103–114. |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Women, 2012-2013




| | |
|---|---|
| Survey type: | Measured |
| Age: | 25-64 |
| Sample size: | 20,190 |
| Area covered: | National |
| References: | Kontsevaya A,. Shalnova S,. Deev A, Breda J.b, Jewell J, Rakovac I,. Conrady A, Rotar O, Zhernakova Y, Chazova I and Boytsov S.Overweight and Obesity in the Russian Population: Prevalence in Adults and Association with Socioeconomic Parameters and Cardiovascular Risk Factors. Obes Facts 2019;12:103–114. |

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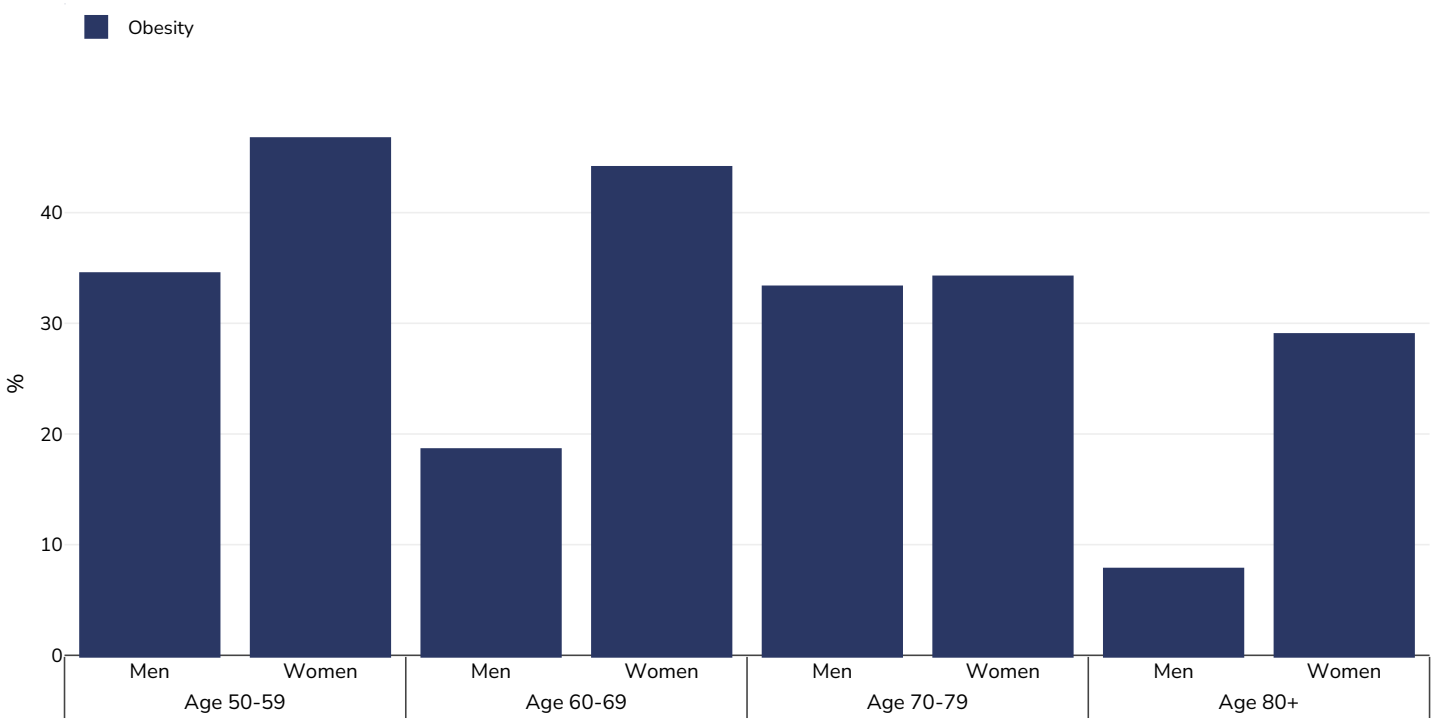
# Overweight/obesity by age

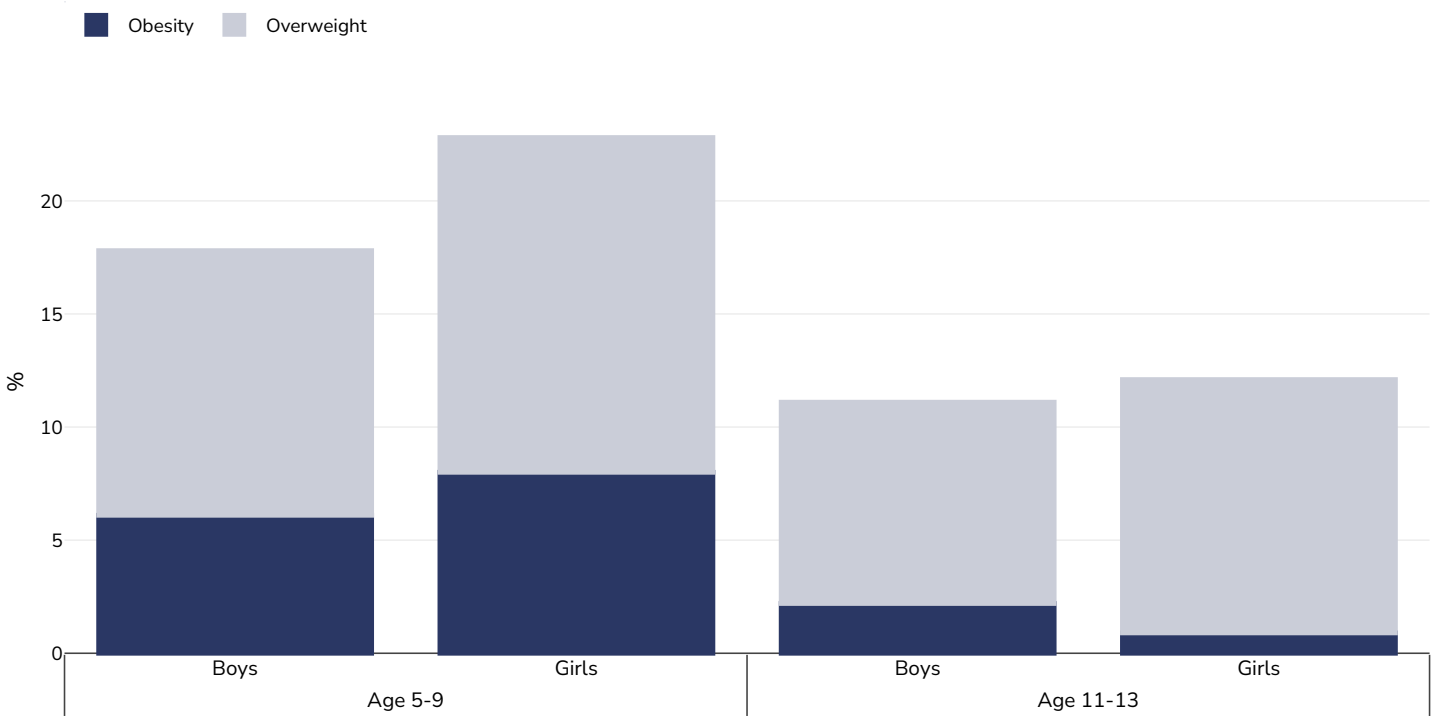
## Adults, 2007-2010




| | |
|---|---|
| Survey type: | Measured |
| Sample size: | 3938 |
| Area covered: | National |
| References: | Wu F, Guo Y, Chatterji S, et al. Common risk factors for chronic non-communicable diseases among older adults in China, Ghana, Mexico, India, Russia and South Africa: the study on global AGEing and adult health (SAGE) wave 1. BMC Public Health. 2015;15:88. doi:10.1186/s12889-015-1407-0. |
| Notes: | Prevalence of obesity in adults aged 50+ |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

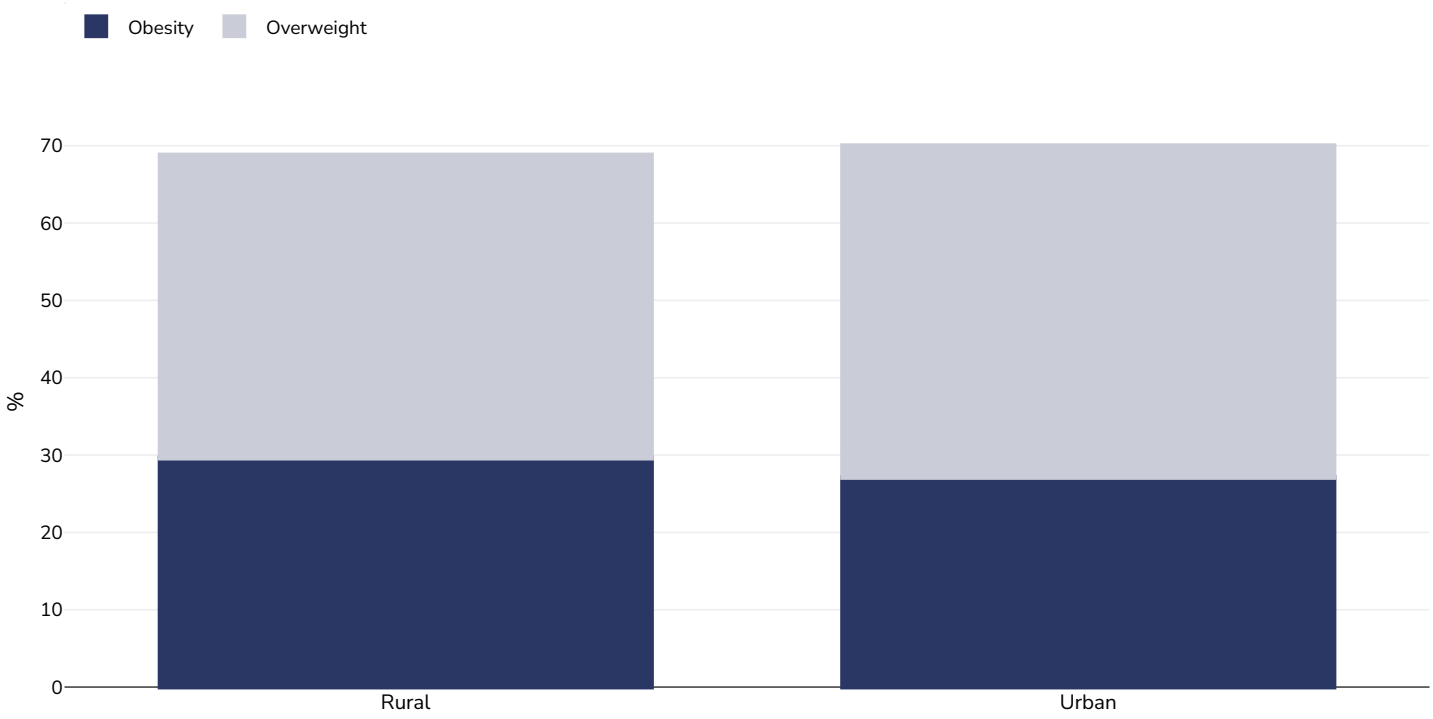
## Children, 2005




| | |
|---|---|
| Survey type: | Measured |
| Sample size: | 1081 |
| Area covered: | National |
| References: | World Obesity Reanalysis of RLMS 2005 Original Source: Ã?Â¬Ã?Â¬Russia Longitudinal Monitoring survey, RLMS-HSEÃ?Â¬Ã?Â®, conducted by HSE and ZAO Ã?Â¬Ã?Â¬DemoscopeÃ?Â¬Ã?Â® together with Carolina Population Center, University of North Carolina at Chapel Hill and the Institute of Sociology RAS. (RLMS-HSE sites: http://www.cpc.unc.edu/projects/rlms-hse, http://www.hse.ru/org/hse/rlms) |
| Cutoffs: | IOTF |

# Overweight/obesity by region

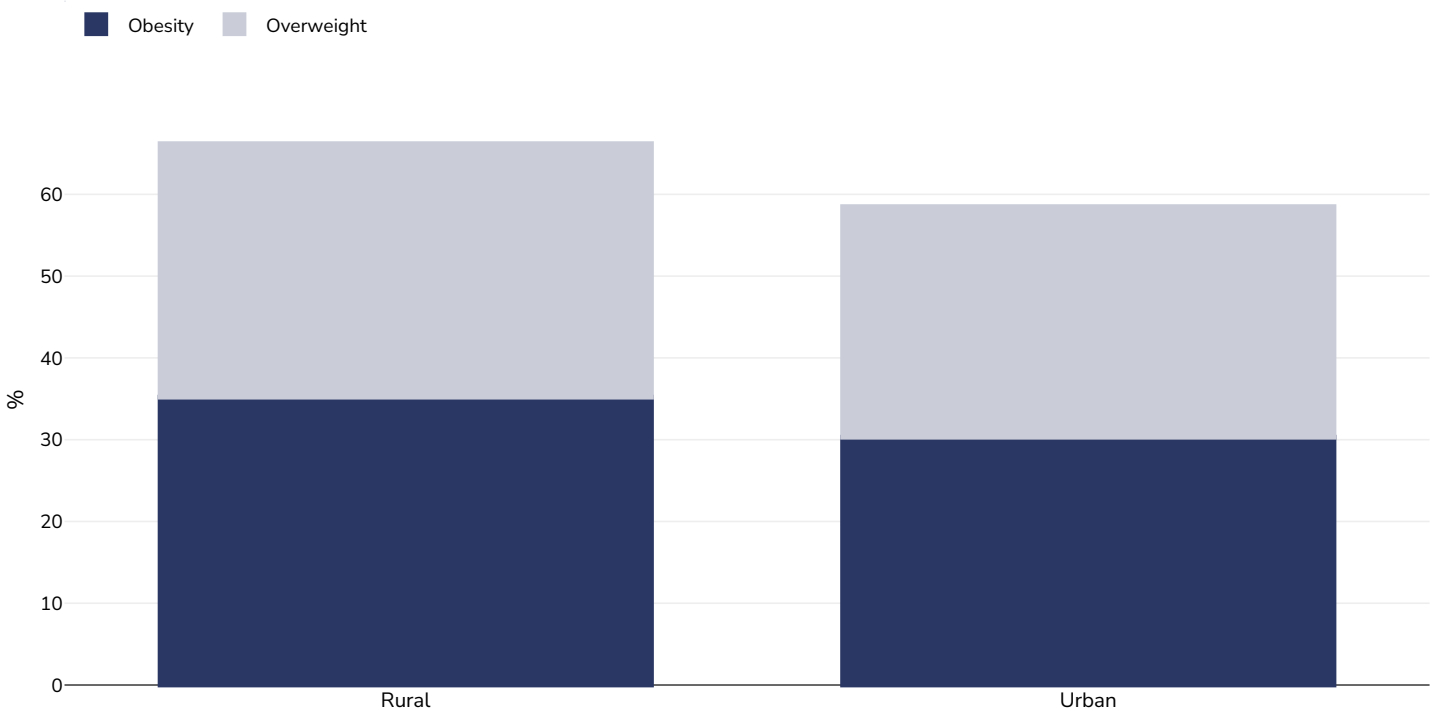
## Men, 2012-2013




| | |
|---|---|
| Survey type: | Measured |
| Age: | 25-64 |
| Sample size: | 20,190 |
| Area covered: | National |
| References: | Kontsevaya A,. Shalnova S,. Deev A, Breda J.b, Jewell J, Rakovac I,. Conrady A, Rotar O, Zhernakova Y, Chazova I and Boytsov S.Overweight and Obesity in the Russian Population: Prevalence in Adults and Association with Socioeconomic Parameters and Cardiovascular Risk Factors. Obes Facts 2019;12:103–114. |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

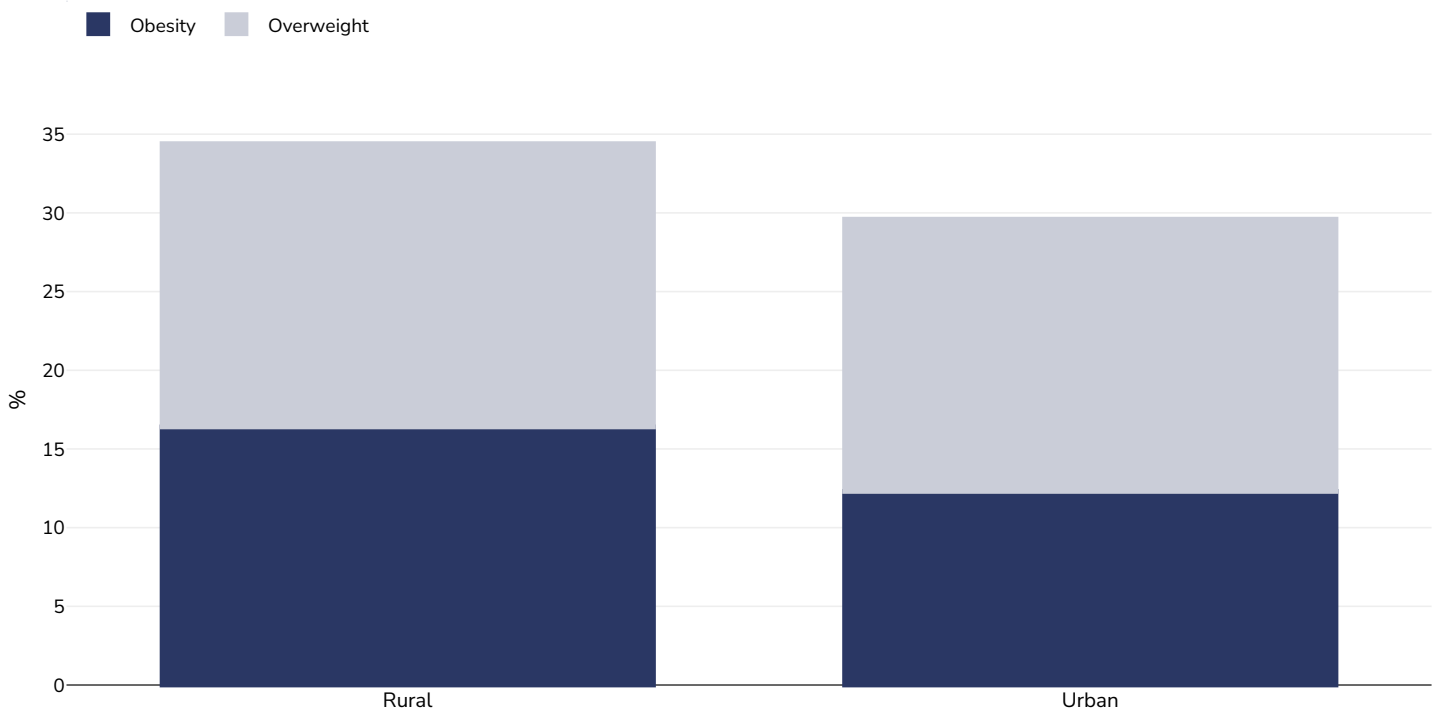
## Women, 2012-2013




| | |
|---|---|
| Survey type: | Measured |
| Age: | 25-64 |
| Sample size: | 20,190 |
| Area covered: | National |
| References: | Kontsevaya A,. Shalnova S,. Deev A, Breda J.b, Jewell J, Rakovac I,. Conrady A, Rotar O, Zhernakova Y, Chazova I and Boytsov S.Overweight and Obesity in the Russian Population: Prevalence in Adults and Association with Socioeconomic Parameters and Cardiovascular Risk Factors. Obes Facts 2019;12:103–114. |

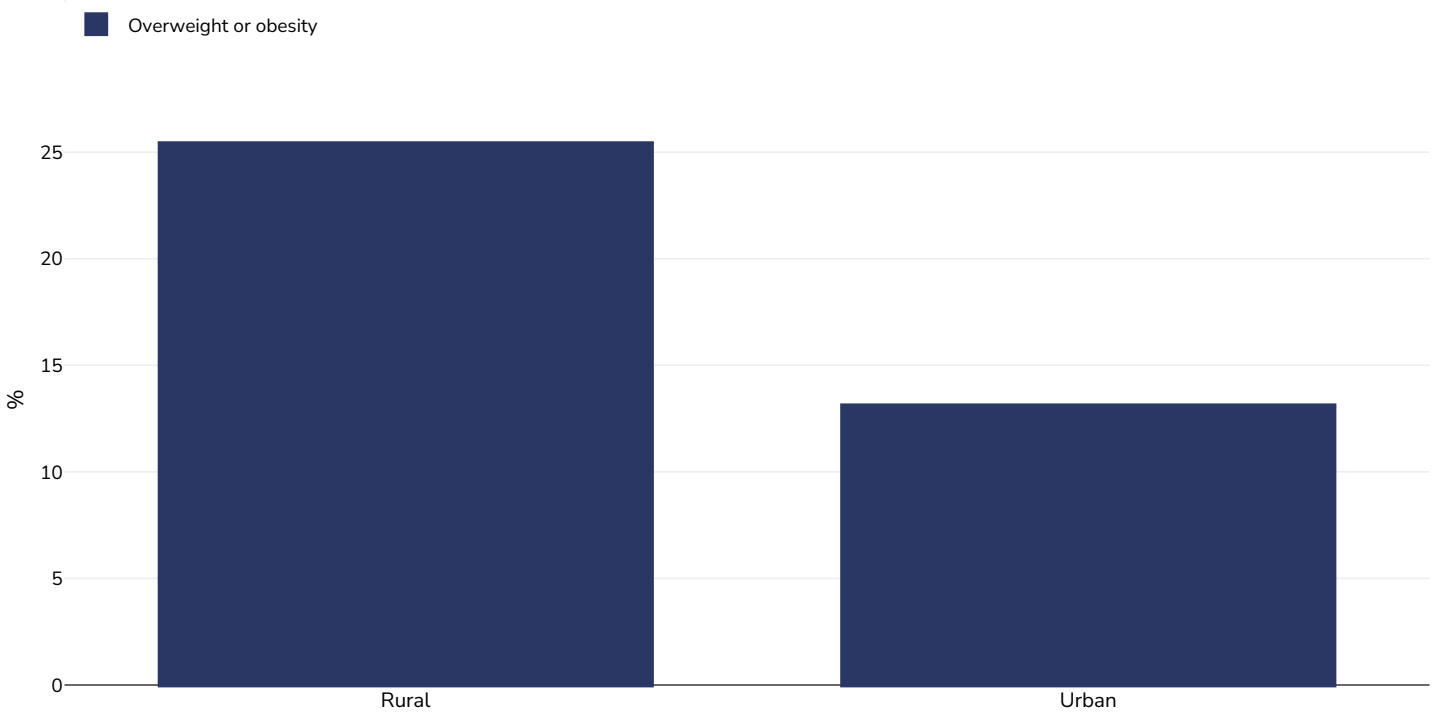
*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Children, 1992




| | |
|---|---|
| Survey type: | Measured |
| Age: | 6-9 |
| Sample size: | Total sample size (6-18yrs old) = 6883 |
| Area covered: | National |
| References: | Youfa Wang.Cross-national comparison of childhood obesity: the epidemic and the relationship between obesity and socioeconomic status. Int. J. Epidemiol. (2001) 30 (5): 1129-1136. doi: 10.1093/ije/30.5.1129 |
| Notes: | The study used the US NCHS body mass index (BMI = wt/ht2) reference to define obesity (BMI ≥95th percentile) and overweight (85th≤BMI<95th percentile). |
| Cutoffs: | Other |

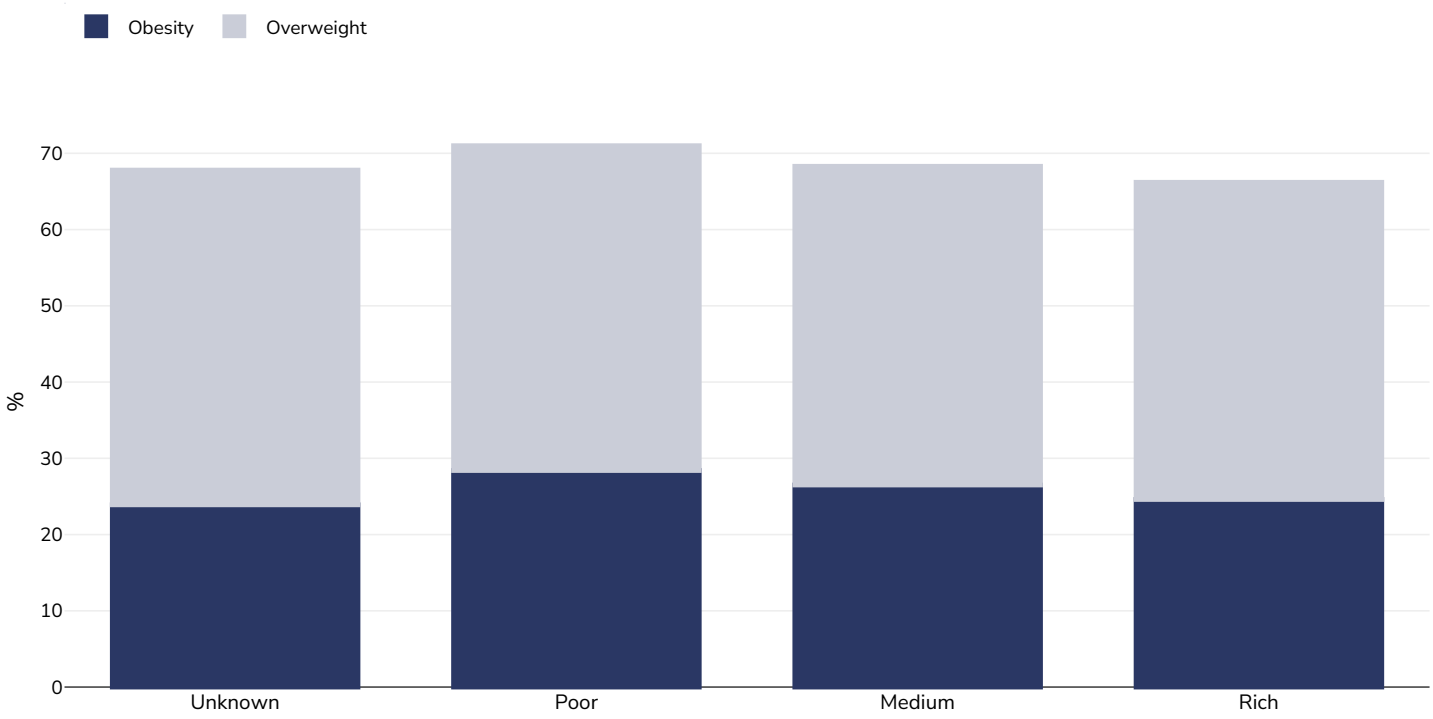
## 0-5 years, 2005




| | |
|---|---|
| Sample size: | 343 |
| References: | Other: Russia Longitudinal Monitoring Survey (RLMS-HSE) Round XIV 2005 |
| Notes: | UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population. |
| Definitions: | =>+2SD |

# Overweight/obesity by socio-economic group

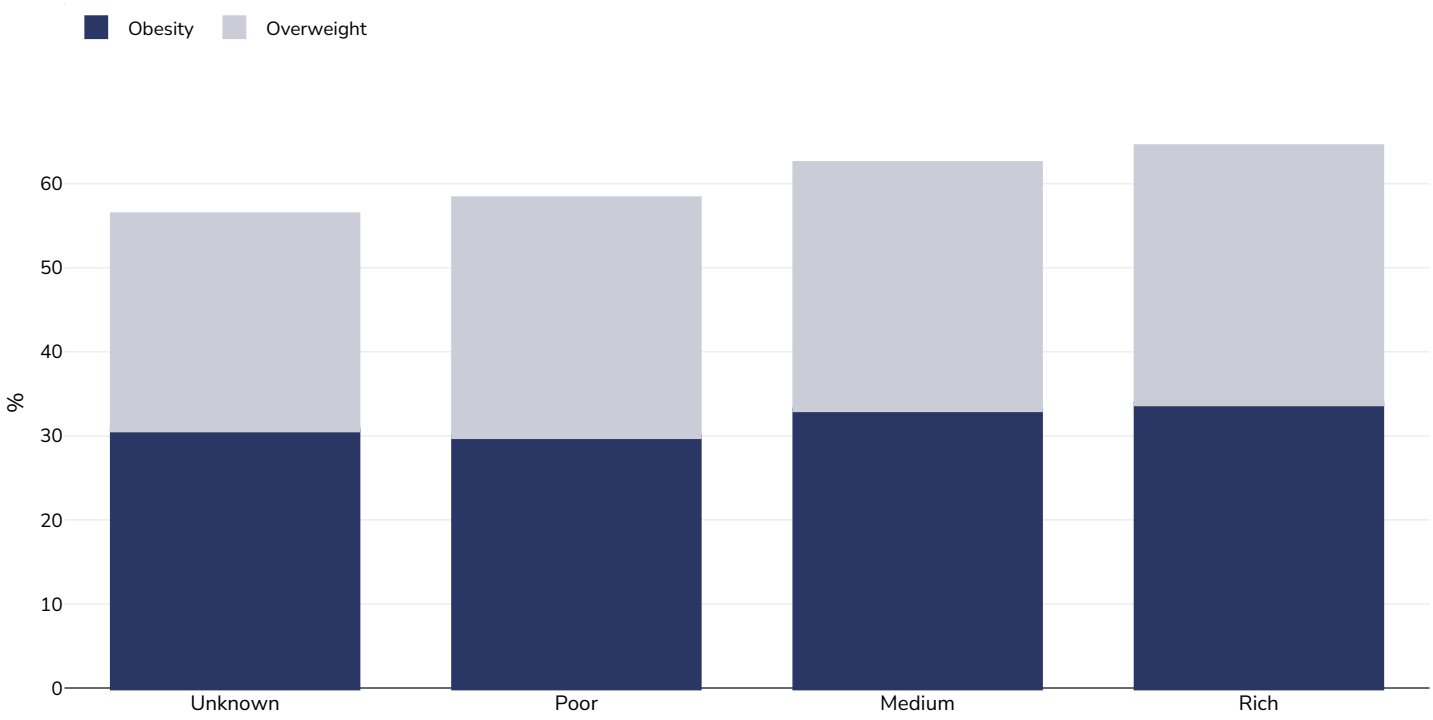
## Men, 2012-2014




| | |
|---|---|
| Survey type: | Measured |
| Age: | 25-64 |
| Sample size: | 20332 |
| Area covered: | National |
| References: | Kontsevaya A, Shalnova S, Deev A et al. Overweight and Obesity in the Russian Population: Prevalence in Adults and Association with Socioeconomic Parameters. and Cardiovascular Risk Factors.Obesity Facts 2019;12:103–114 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

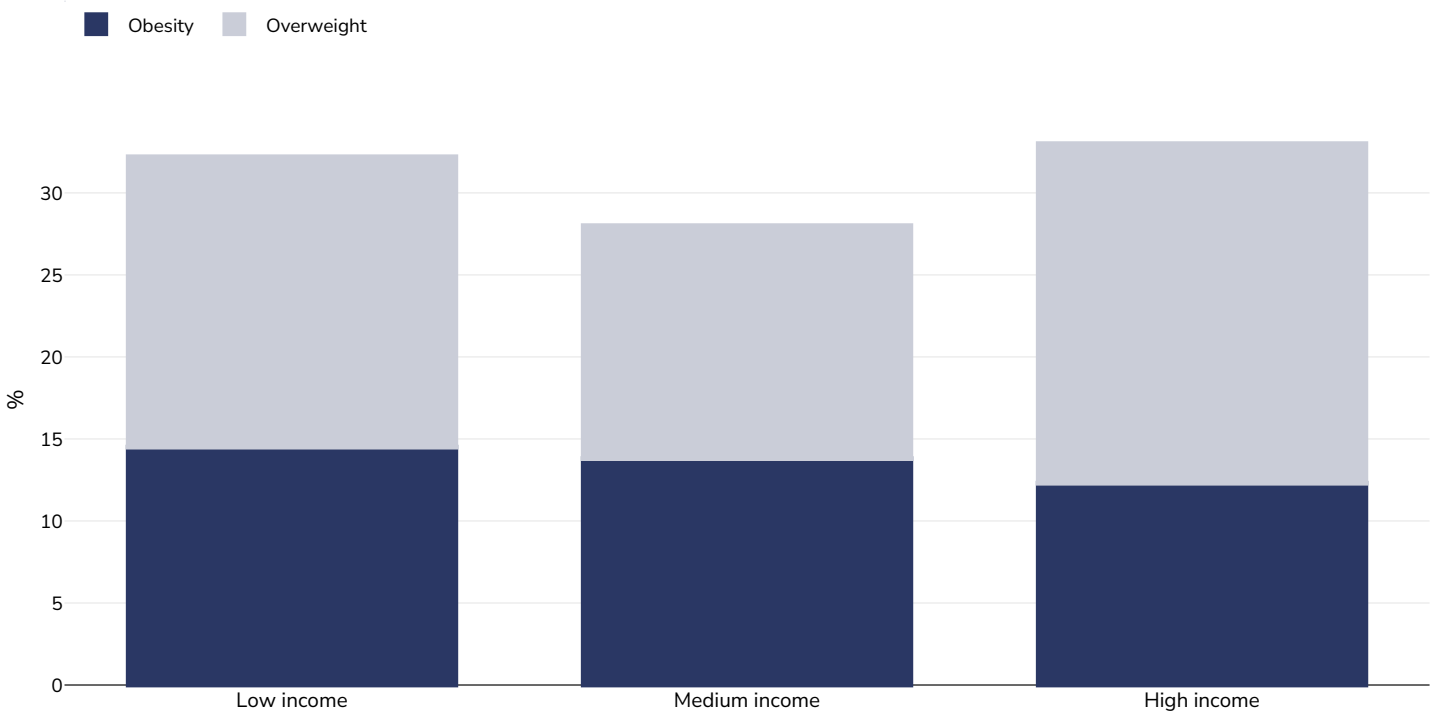
## Women, 2012-2014




| | |
|---|---|
| Survey type: | Measured |
| Age: | 25-64 |
| Sample size: | 20332 |
| Area covered: | National |
| References: | Kontsevaya A, Shalnova S, Deev A et al. Overweight and Obesity in the Russian Population: Prevalence in Adults and Association with Socioeconomic Parameters. and Cardiovascular Risk Factors.Obesity Facts 2019;12:103–114 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

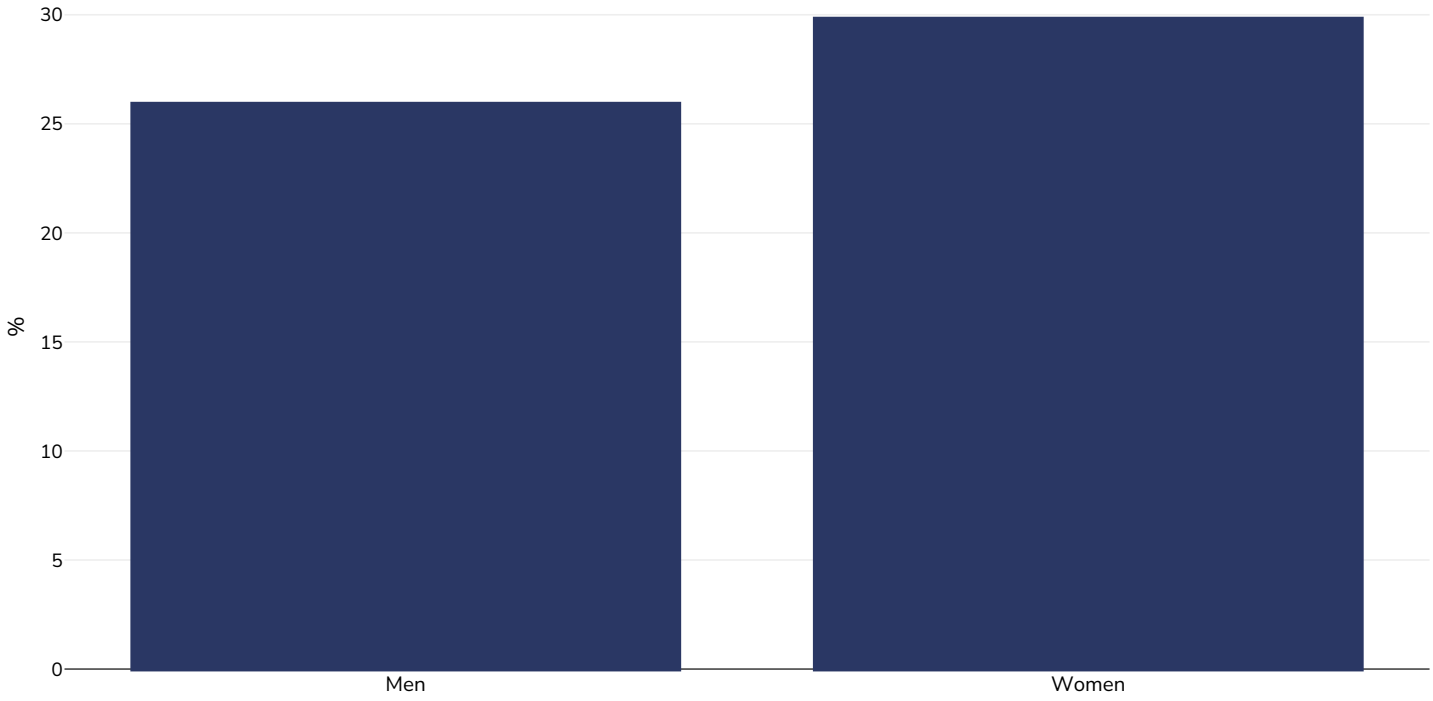
## Children, 1992




| | |
|---|---|
| Survey type: | Measured |
| Age: | 6-9 |
| Sample size: | Total sample size (6-18yrs old) = 6883 |
| Area covered: | National |
| References: | Youfa Wang.Cross-national comparison of childhood obesity: the epidemic and the relationship between obesity and socioeconomic status. Int. J. Epidemiol. (2001) 30 (5): 1129-1136. doi: 10.1093/ije/30.5.1129 |
| Notes: | The study used the US NCHS body mass index (BMI = wt/ht2) reference to define obesity (BMI ≥95th percentile) and overweight (85th≤BMI<95th percentile). |
| Cutoffs: | Other |

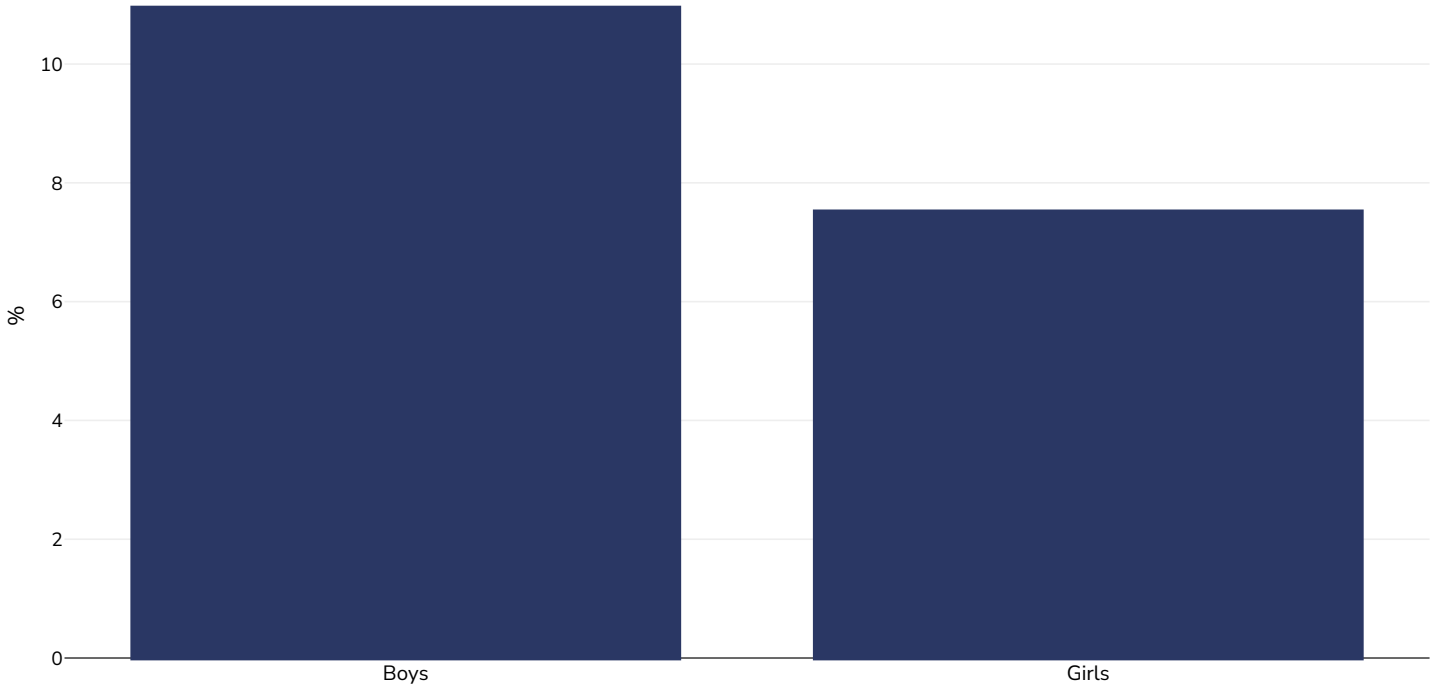
# Double burden of underweight & overweight

## Adults, 2022




| | |
|---|---|
| Survey type: | Measured |
| Age: | 20+ |
| References: | NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2. |
| Notes: | Age Standardised estimates |
| Definitions: | Combined prevalence of BMI<18.5 kg/m² and BMI>=30 kg/m² (double burden of underweight and obesity) |

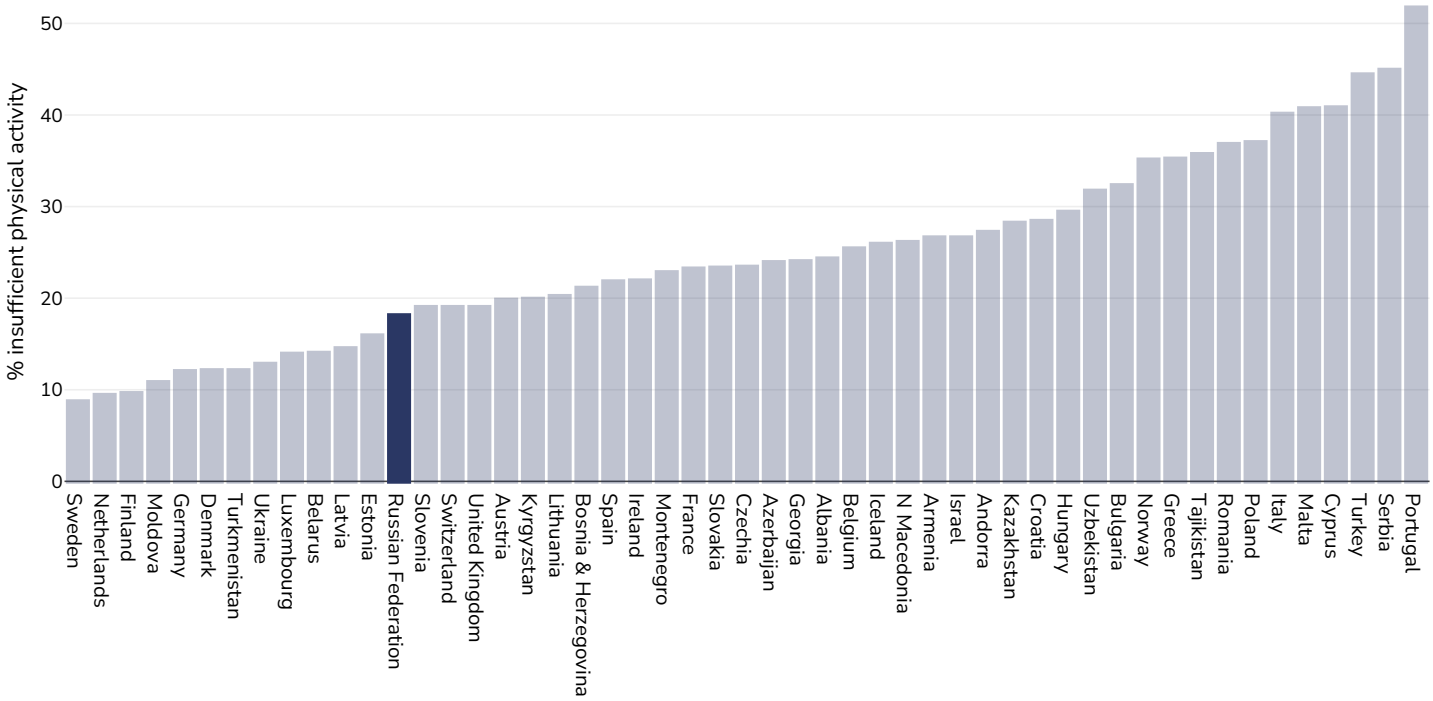
## Children, 2022




| | |
|---|---|
| Survey type: | Measured |
| Age: | 5-19 |
| References: | NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2. |
| Notes: | Age standardised estimates |
| Definitions: | Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity) |
| Cutoffs: | BMI < -2SD and BMI > 2SD |

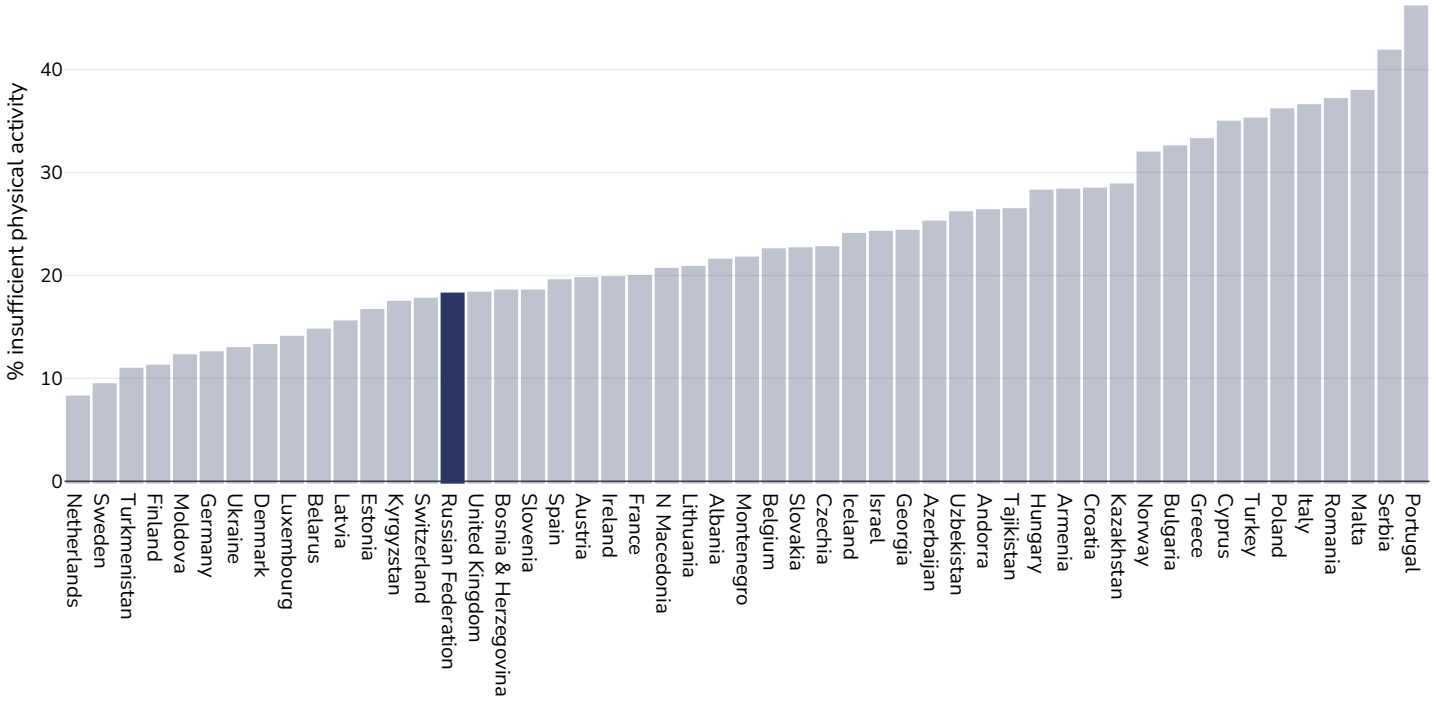
# Insufficient physical activity

## Adults, 2022



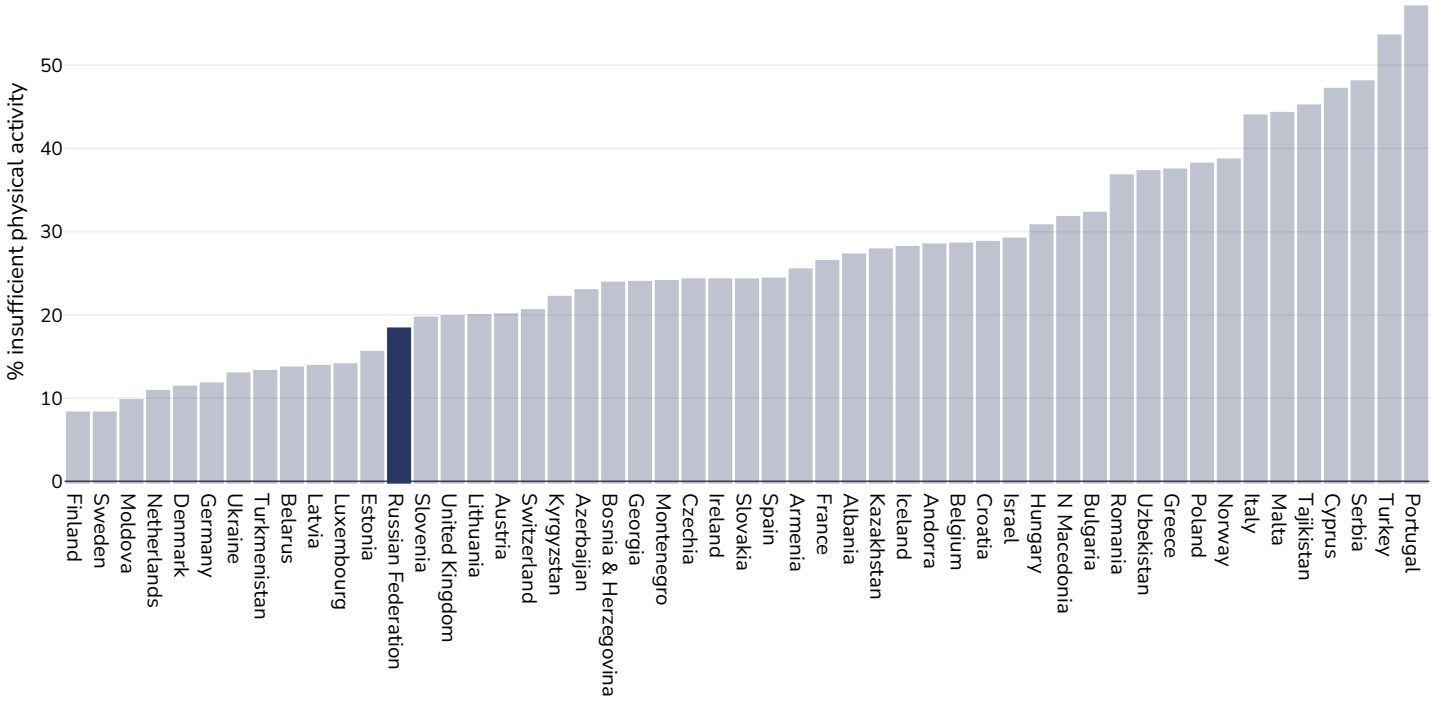

| | |
|---|---|
| Survey type: | Self-reported |
| Age: | 18+ |
| Area covered: | National |
| References: | WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-) |
| Definitions: | Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent. |

## Men, 2022



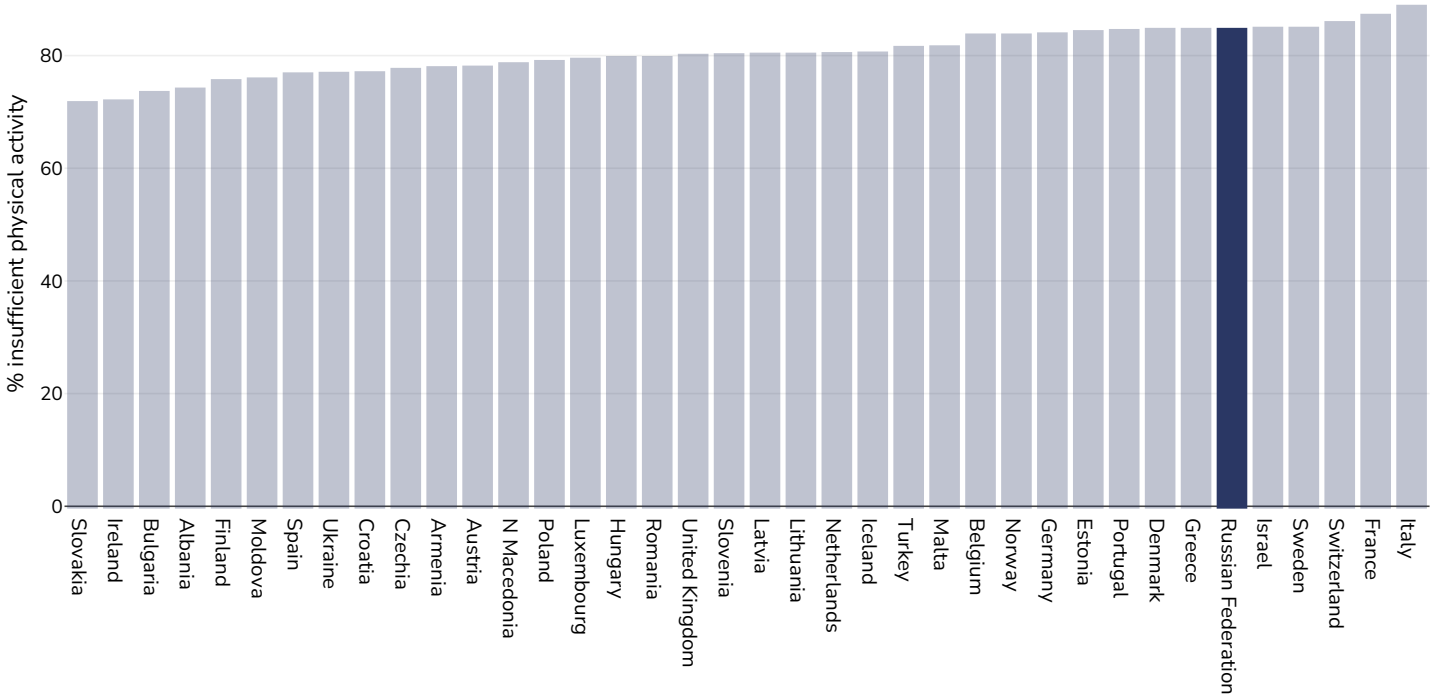

| | |
|---|---|
| Survey type: | Self-reported |
| Age: | 18+ |
| Area covered: | National |
| References: | WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-) |
| Definitions: | Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent. |

## Women, 2022



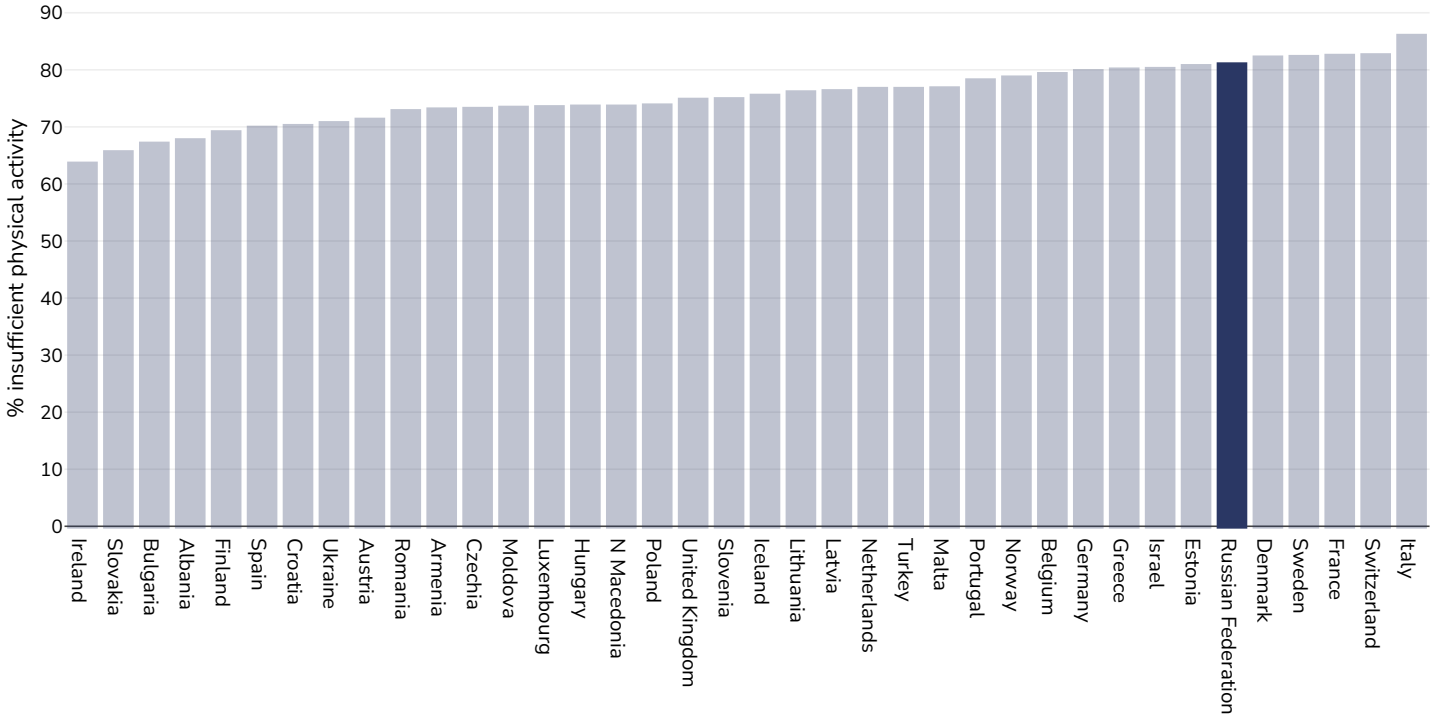

| | |
|---|---|
| Survey type: | Self-reported |
| Age: | 18+ |
| Area covered: | National |
| References: | WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-) |
| Definitions: | Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent. |

## Children, 2016



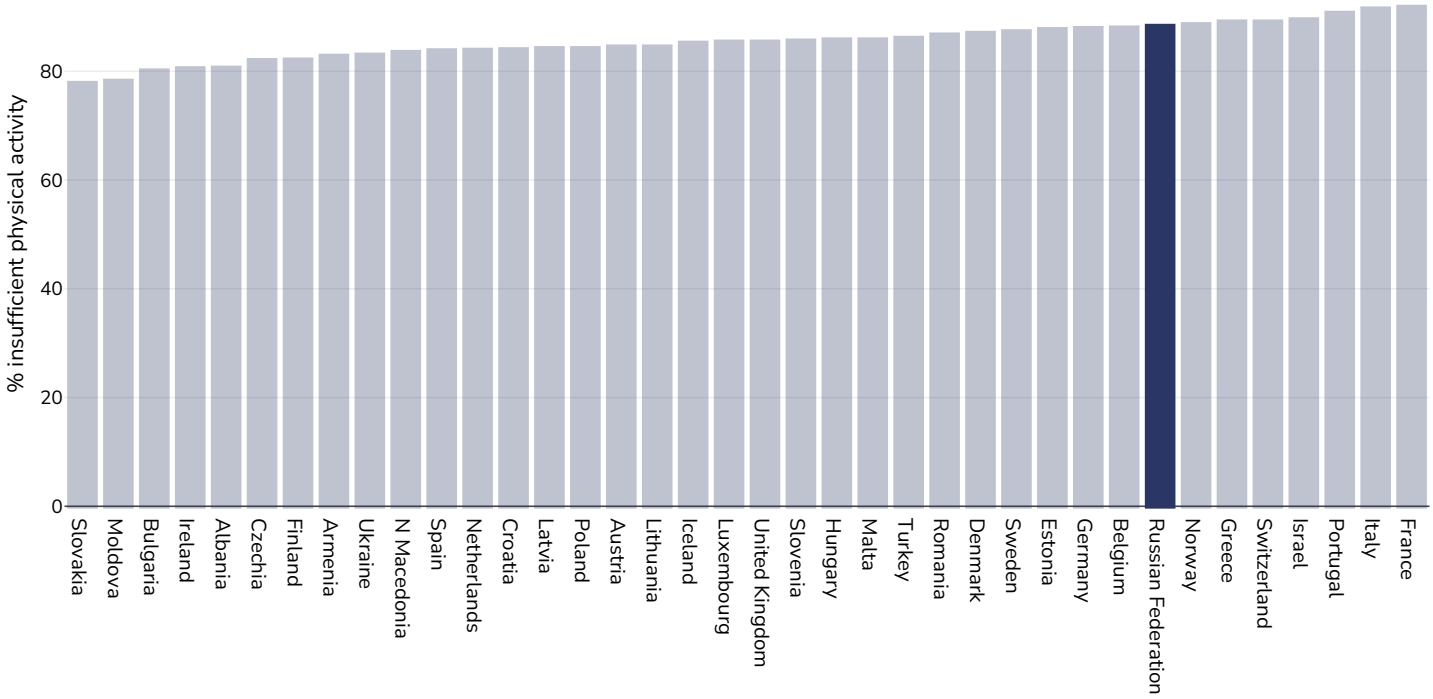

| | |
|---|---|
| Survey type: | Self-reported |
| Age: | 11-17 |
| References: | Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21) |
| Notes: | % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily. |
| Definitions: | % Adolescents insufficiently active (age standardised estimate) |

## Boys, 2016




| | |
|---|---|
| Survey type: | Self-reported |
| Age: | 11-17 |
| References: | Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21) |
| Notes: | % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily. |
| Definitions: | % Adolescents insufficiently active (age standardised estimate) |

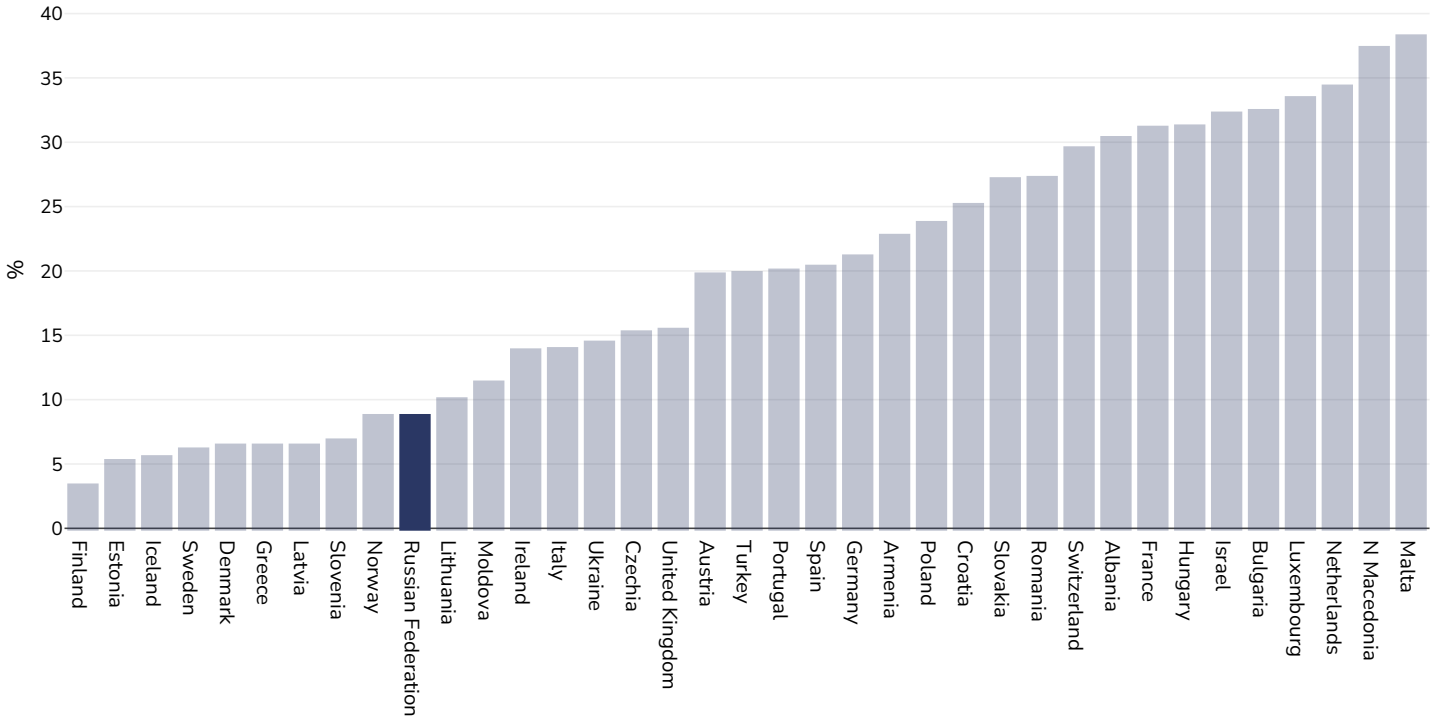
## Girls, 2016




| | |
|---|---|
| Survey type: | Self-reported |
| Age: | 11-17 |
| References: | Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21) |
| Notes: | % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily. |
| Definitions: | % Adolescents insufficiently active (age standardised estimate) |

# Prevalence of at least daily carbonated soft drink consumption

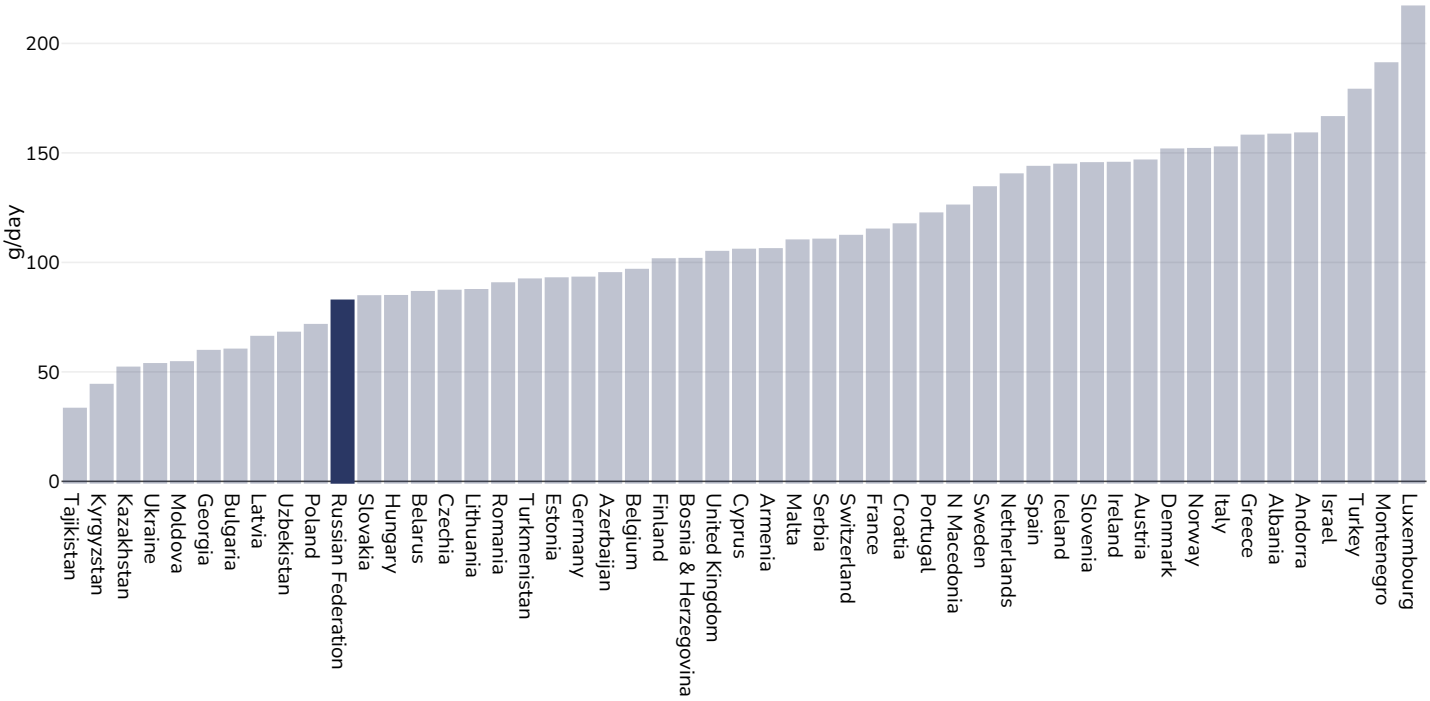
## Children, 2010-2014




| | |
|---|---|
| Survey type: | Measured |
| References: | World Health Organization. (2017). Adolescent obesity and related behaviours: Trends and inequalities in the who european region, 2002-2014: observations from the Health Behavior in School-aged Children (HBSC) WHO collaborative cross-national study (J. Inchley, D. Currie, J. Jewel, J. Breda, & V. Barnekow, Eds.). World Health Organization. Sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org |
| Notes: | 15-year-old adolescents |
| Definitions: | Prevalence of at least daily carbonated soft drink consumption (% of at least daily carbonated soft drink consumption) |

# Estimated per capita fruit intake

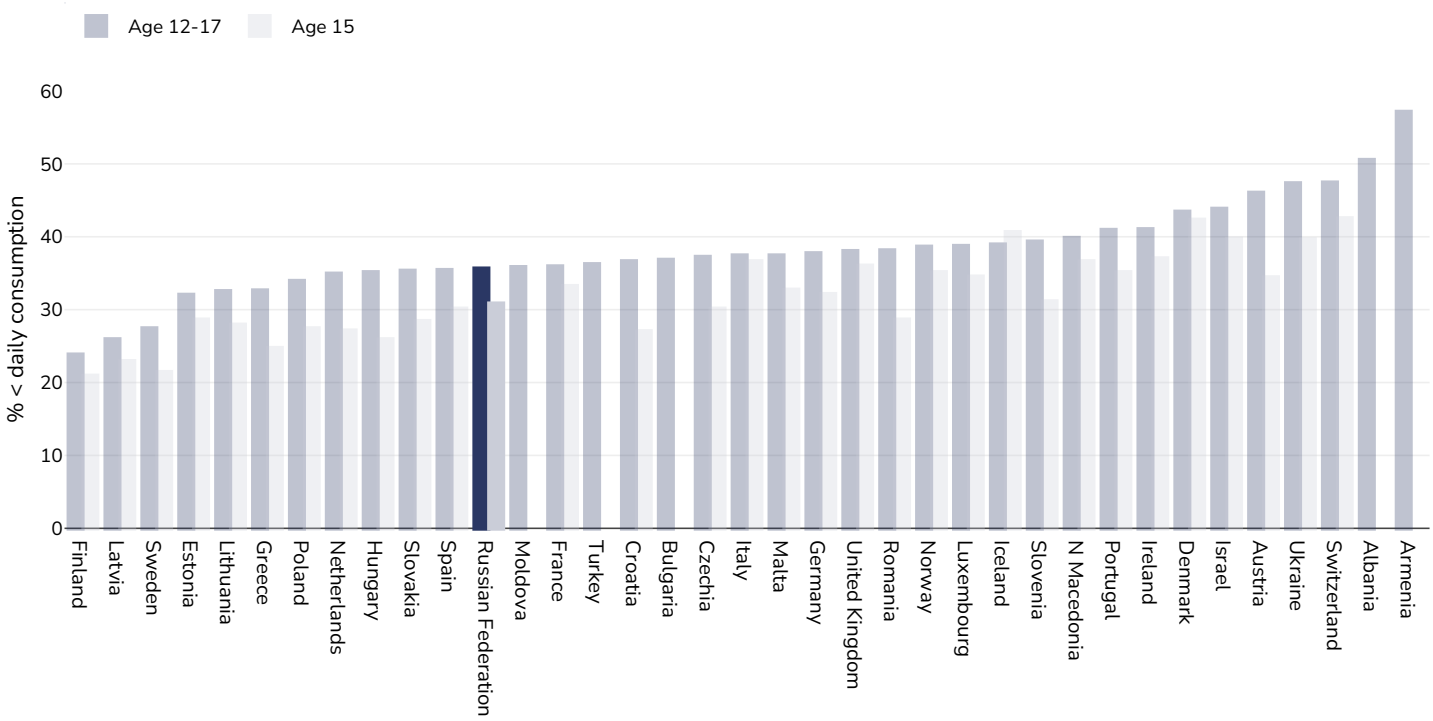
## Adults, 2017




| | |
|---|---|
| Survey type: | Measured |
| Age: | 25+ |
| References: | Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/ |
| Definitions: | Estimated per-capita fruit intake (g/day) |

# Prevalence of less than daily fruit consumption

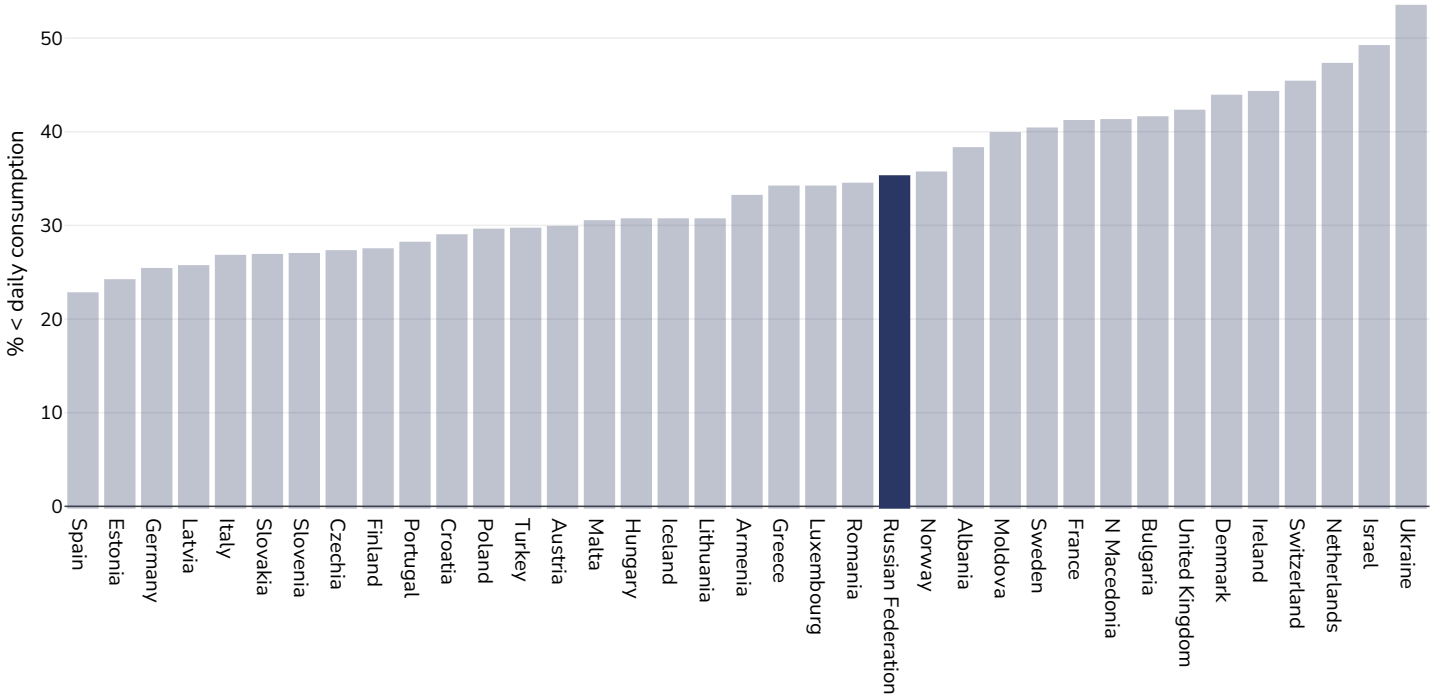
## Children, 2010-2014




| | |
|---|---|
| Survey type: | Measured |
| References: | Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287. Sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system |
| Definitions: | Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption) |

# Prevalence of less than daily vegetable consumption

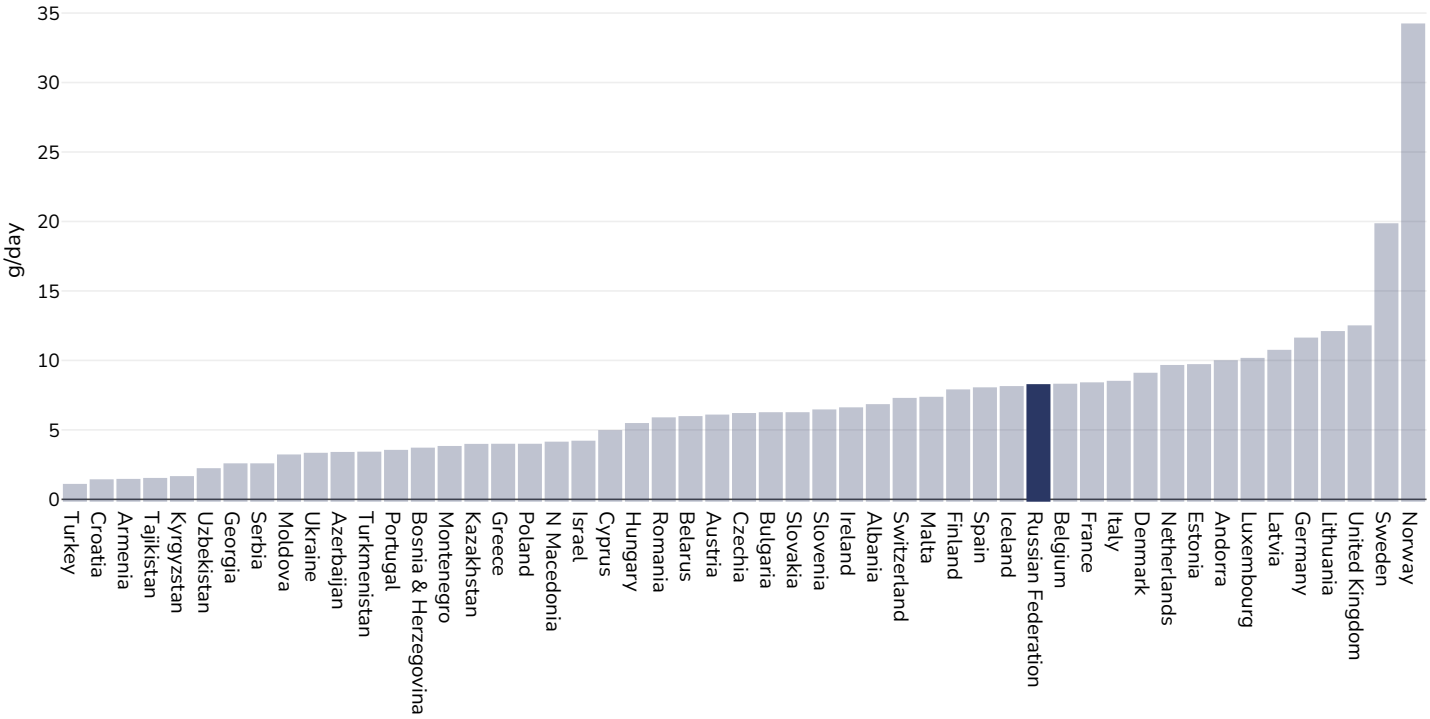
## Children, 2010-2014




| | |
|---|---|
| Survey type: | Measured |
| Age: | 12-17 |
| References: | Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system |
| Definitions: | Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption) |

# Estimated per-capita processed meat intake

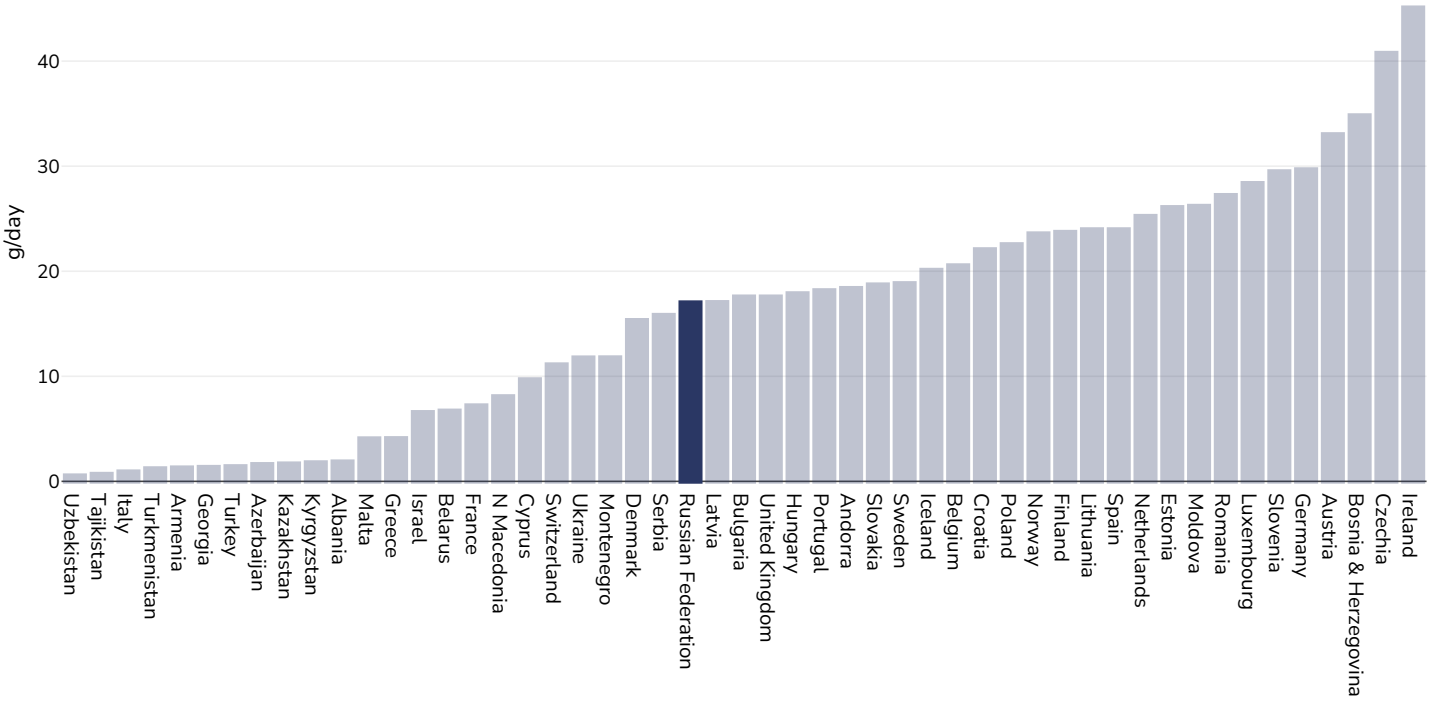
## Adults, 2017




| | |
|---|---|
| Survey type: | Measured |
| Age: | 25+ |
| References: | Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/ |
| Definitions: | Estimated per-capita processed meat intake (g per day) |

# Estimated per capita whole grains intake

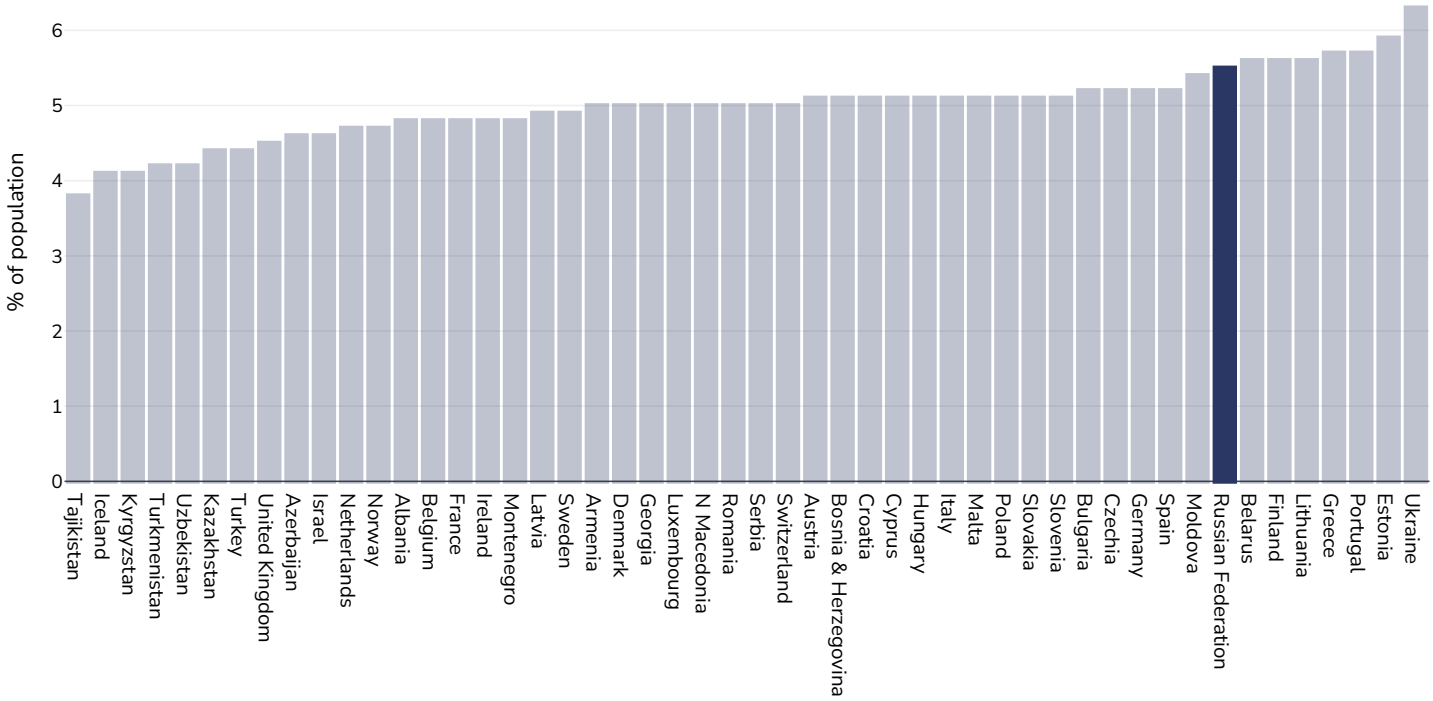
## Adults, 2017




| | |
|---|---|
| Survey type: | Measured |
| Age: | 25+ |
| References: | Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/ |
| Definitions: | Estimated per-capita whole grains intake (g/day) |

# Mental health - depression disorders

## Adults, 2015

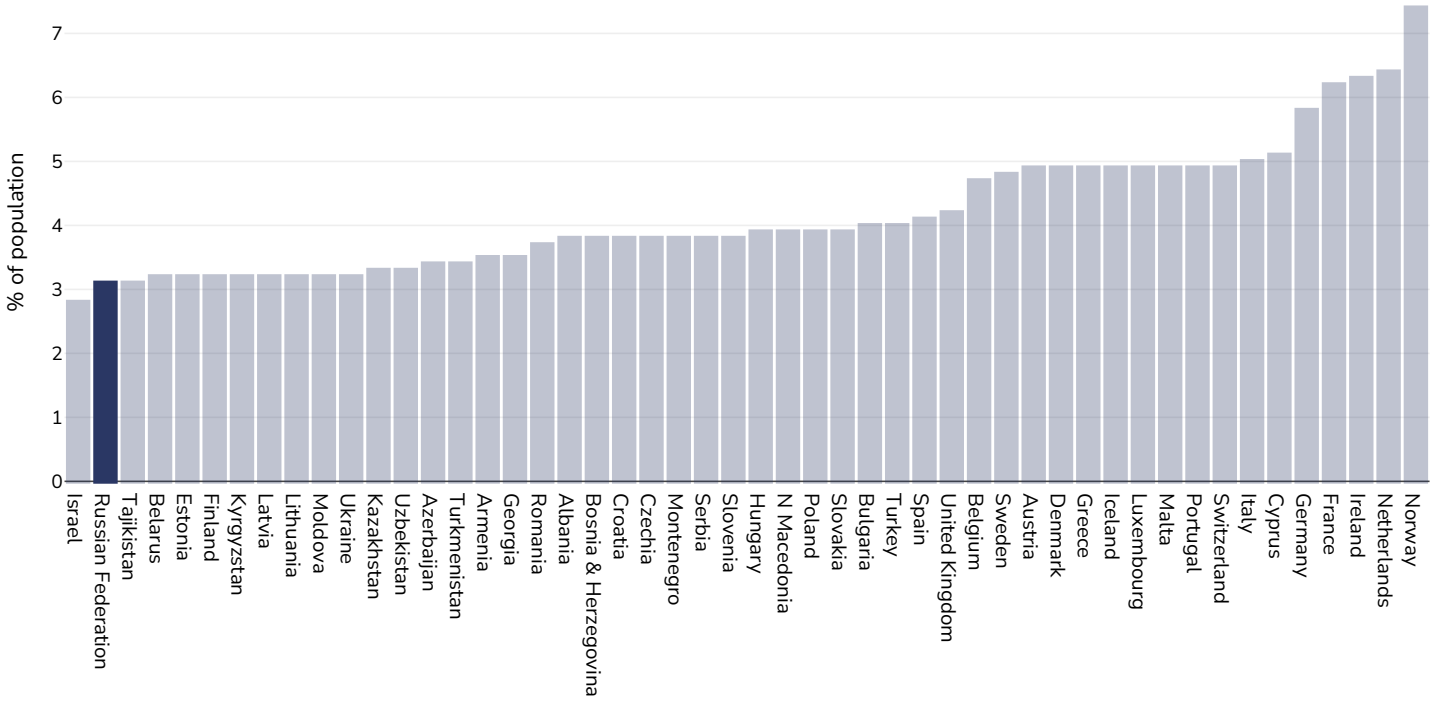



References: Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitions: % of population with depression disorders

# Mental health - anxiety disorders

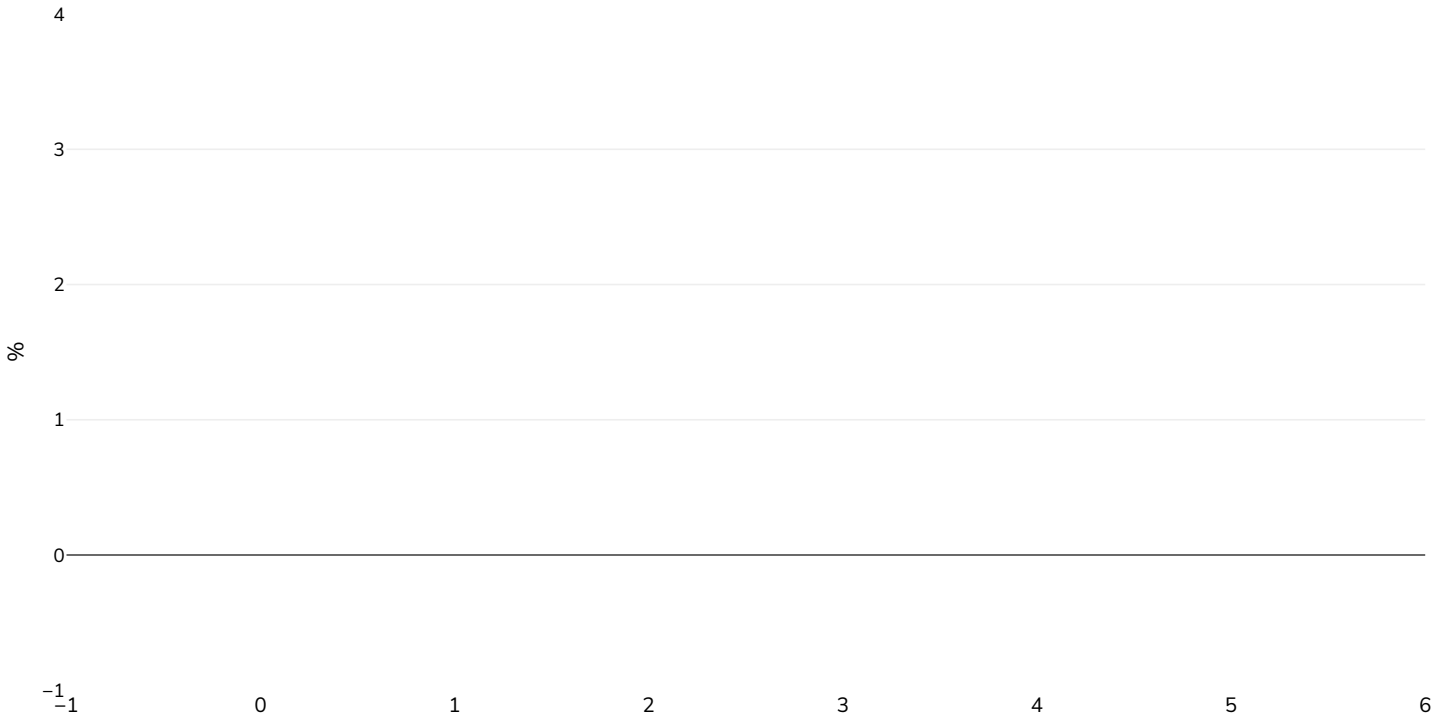
## Adults, 2015




| | |
|---|---|
| References: | Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO. |
| Definitions: | % of population with anxiety disorders |

## Percent of population who cannot afford a healthy diet

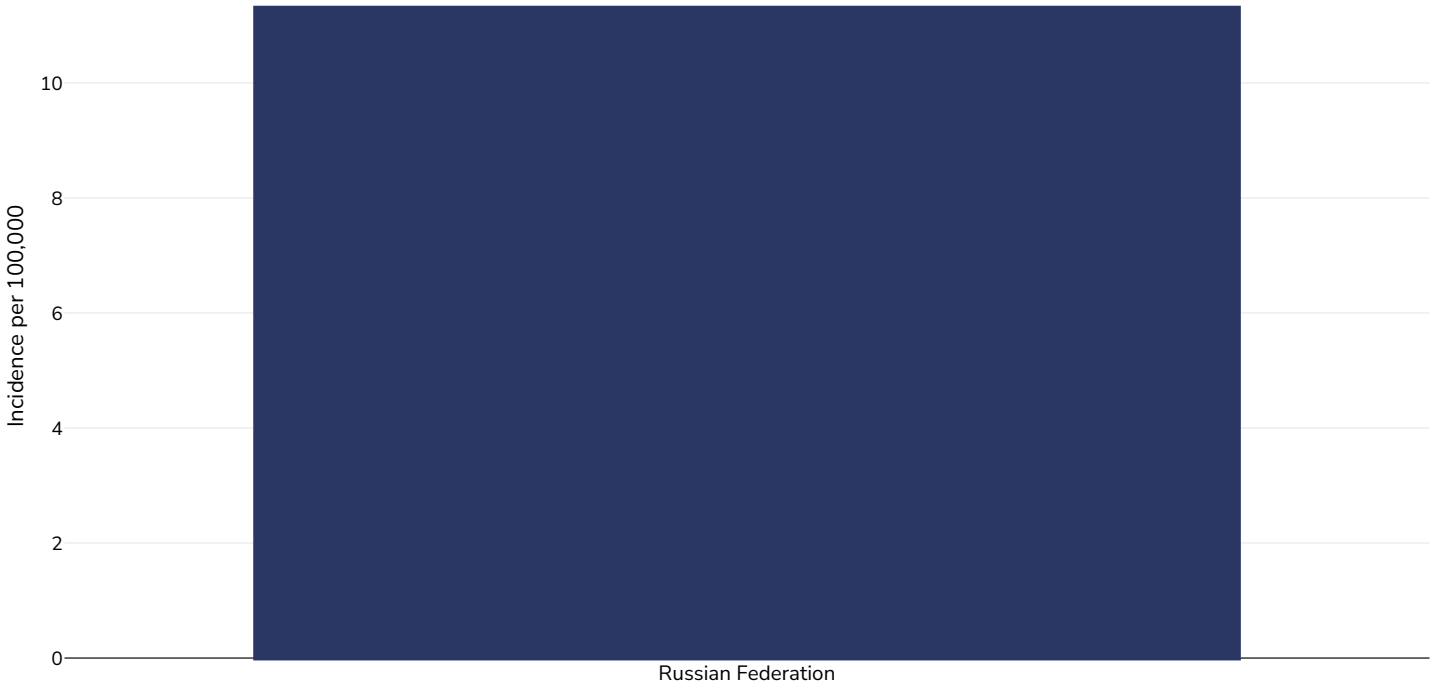
### Adults, 2022-2022




| | |
|---|---|
| Area covered: | National |
| References: | The Food Systems Dashboard. The Global Alliance for Improved Nutrition (GAIN), The Columbia Climate School, and Cornell University College of Agriculture and Life Sciences. 2024. Geneva, Switzerland. https://www.foodsystemsdashboard.org. DOI: https://doi.org/10.36072/db. |

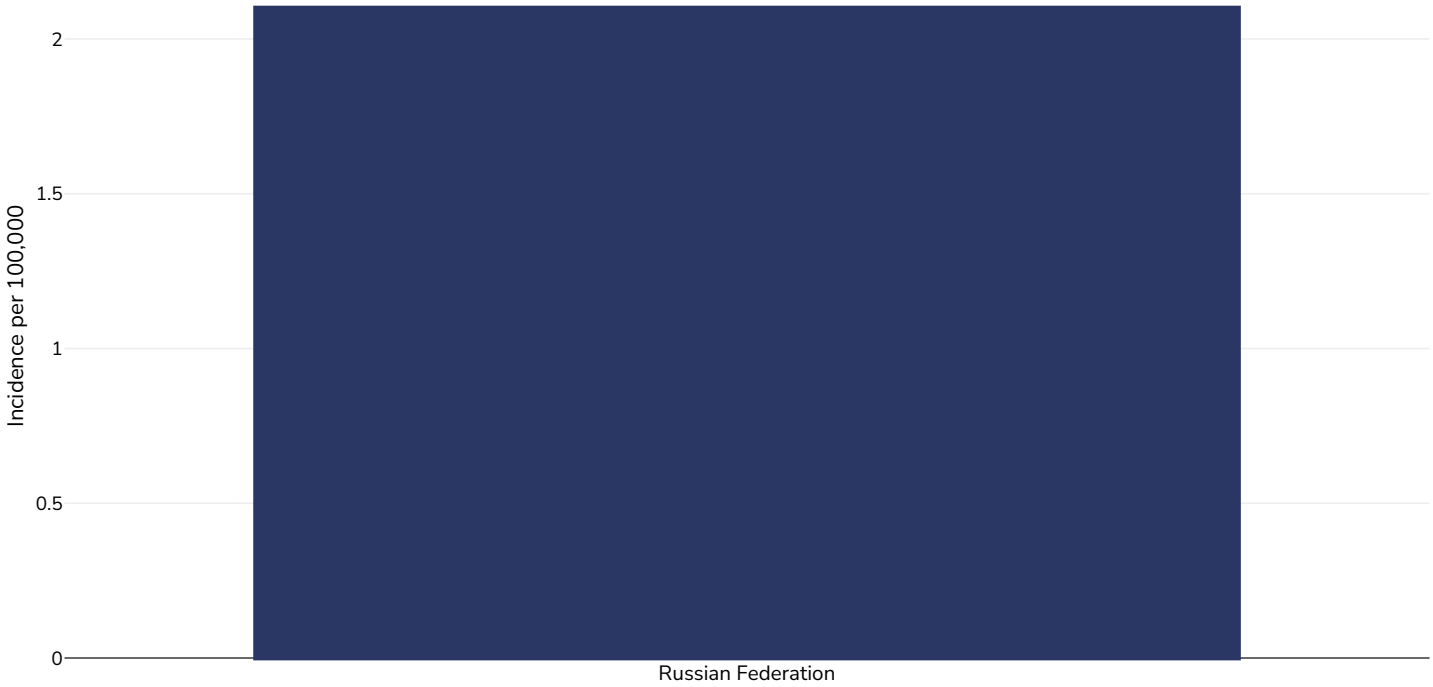
# Oesophageal cancer

## Men, 2022




| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Indicence per 100,000 |

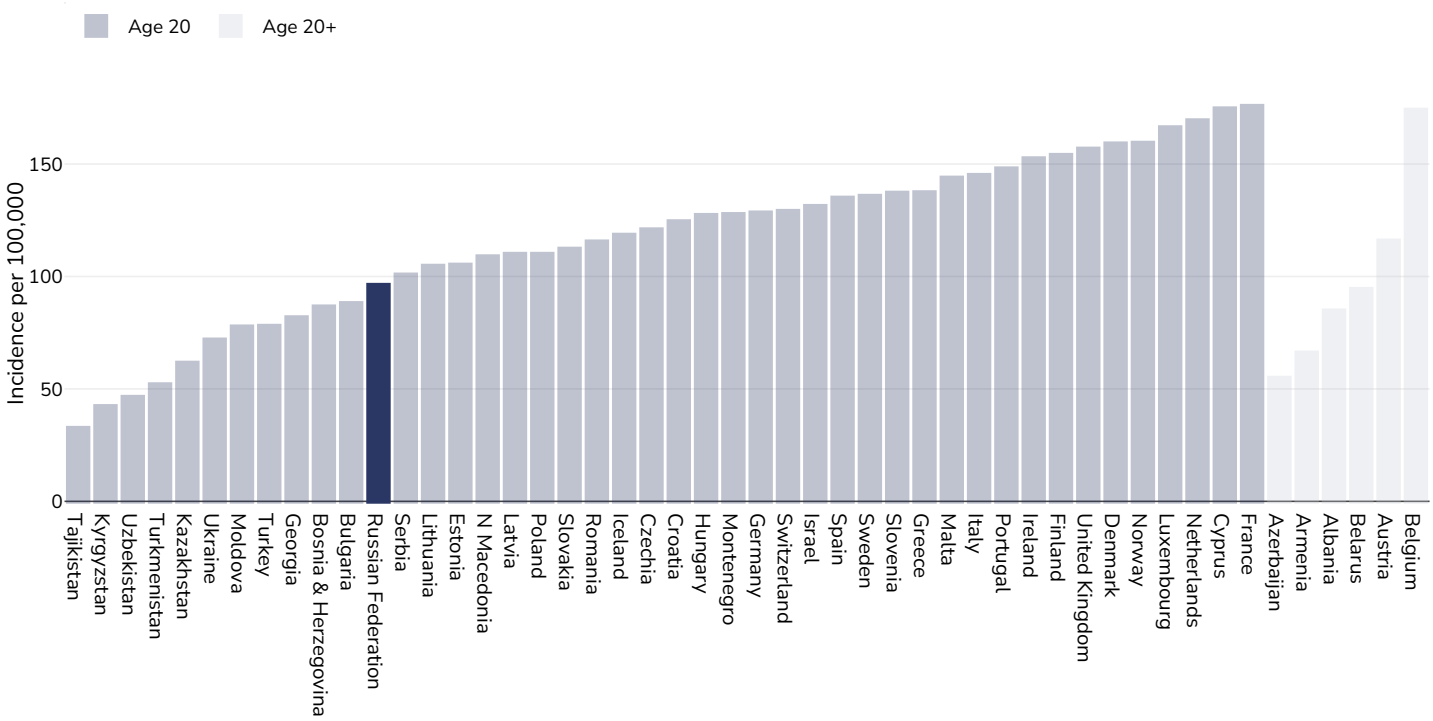
## Women, 2022




| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Indicence per 100,000 |

# Breast cancer

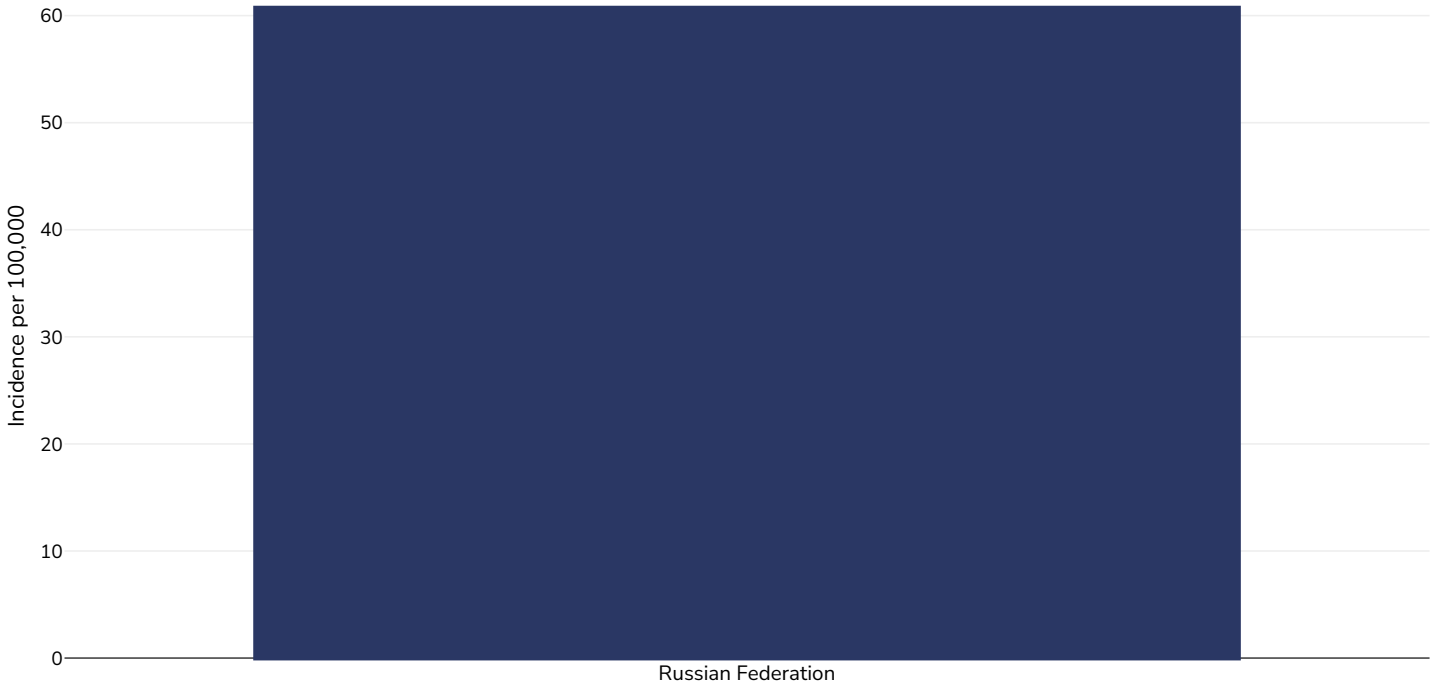
## Women, 2022




| | |
|---|---|
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Incidence per 100,000 |

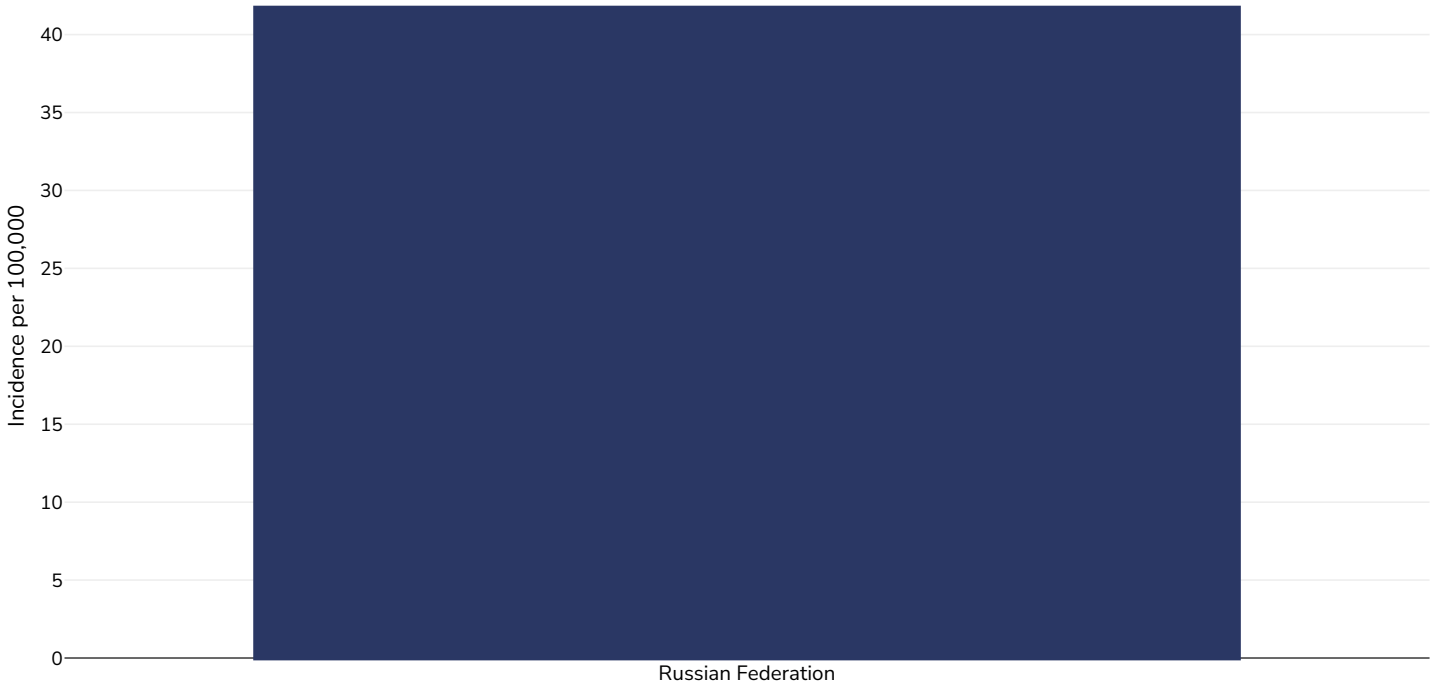
# Colorectal cancer

## Men, 2022




| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Incidence per 100,000 |

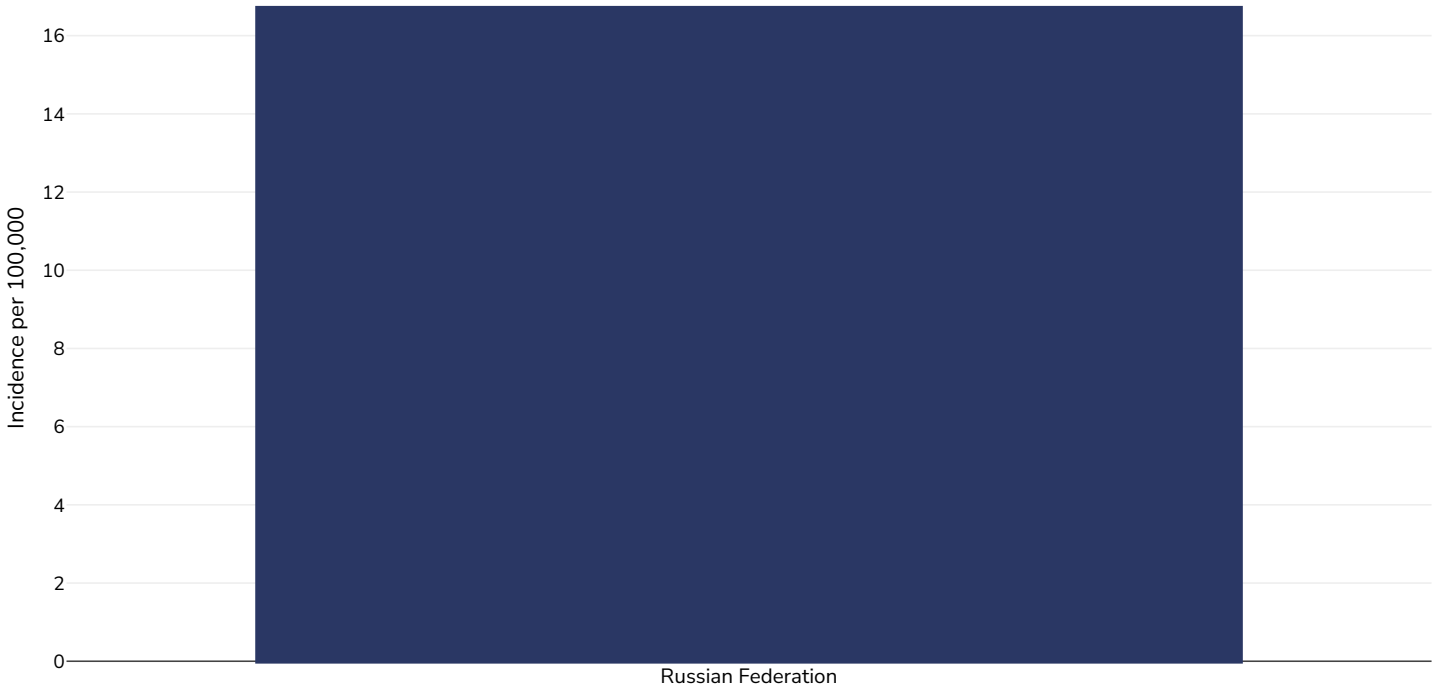
## Women, 2022




| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Incidence per 100,000 |

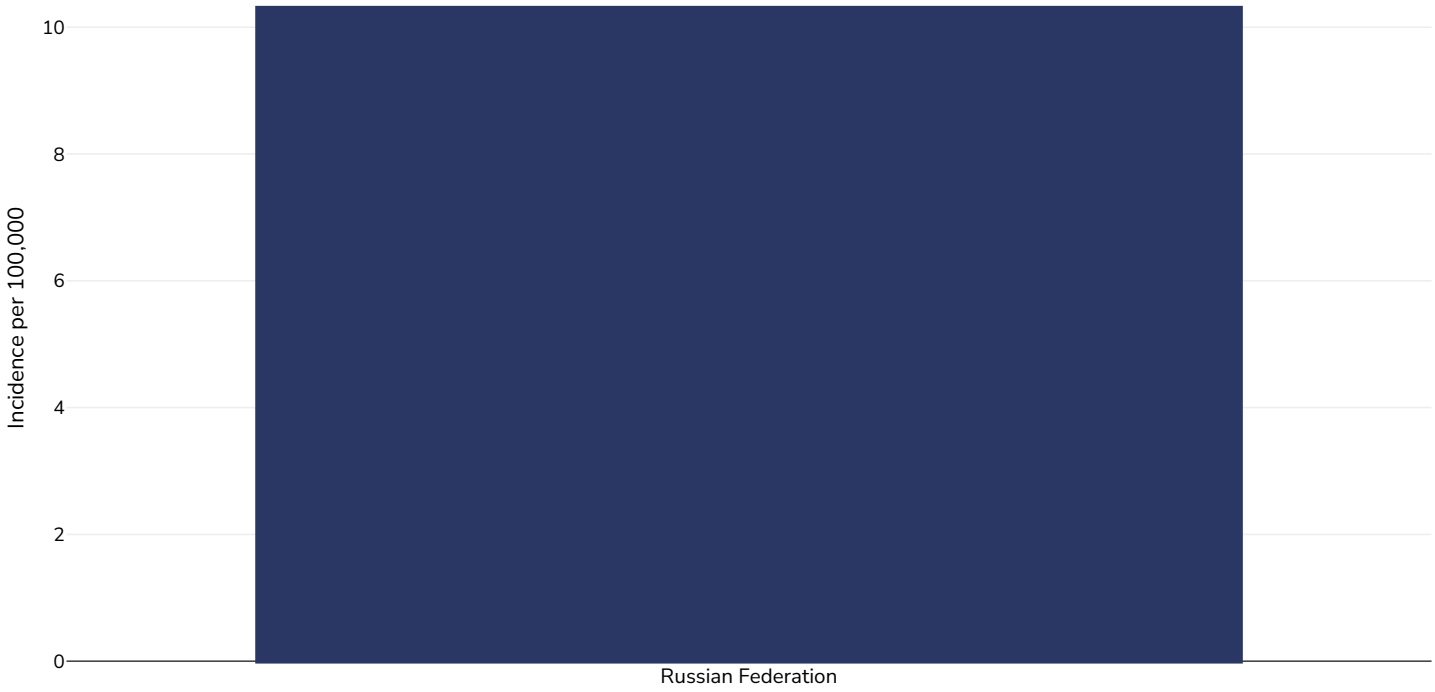
# Pancreatic cancer

## Men, 2022




| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Incidence per 100,000 |

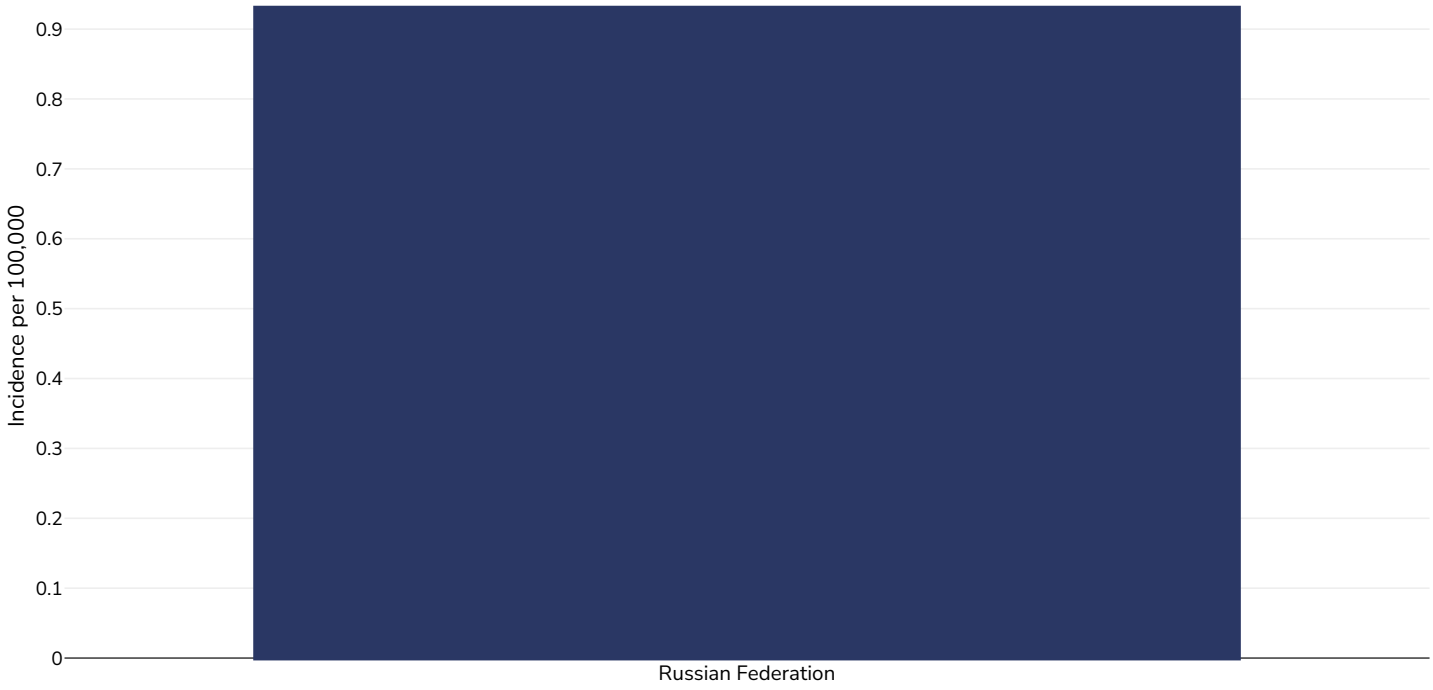
## Women, 2022




| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Incidence per 100,000 |

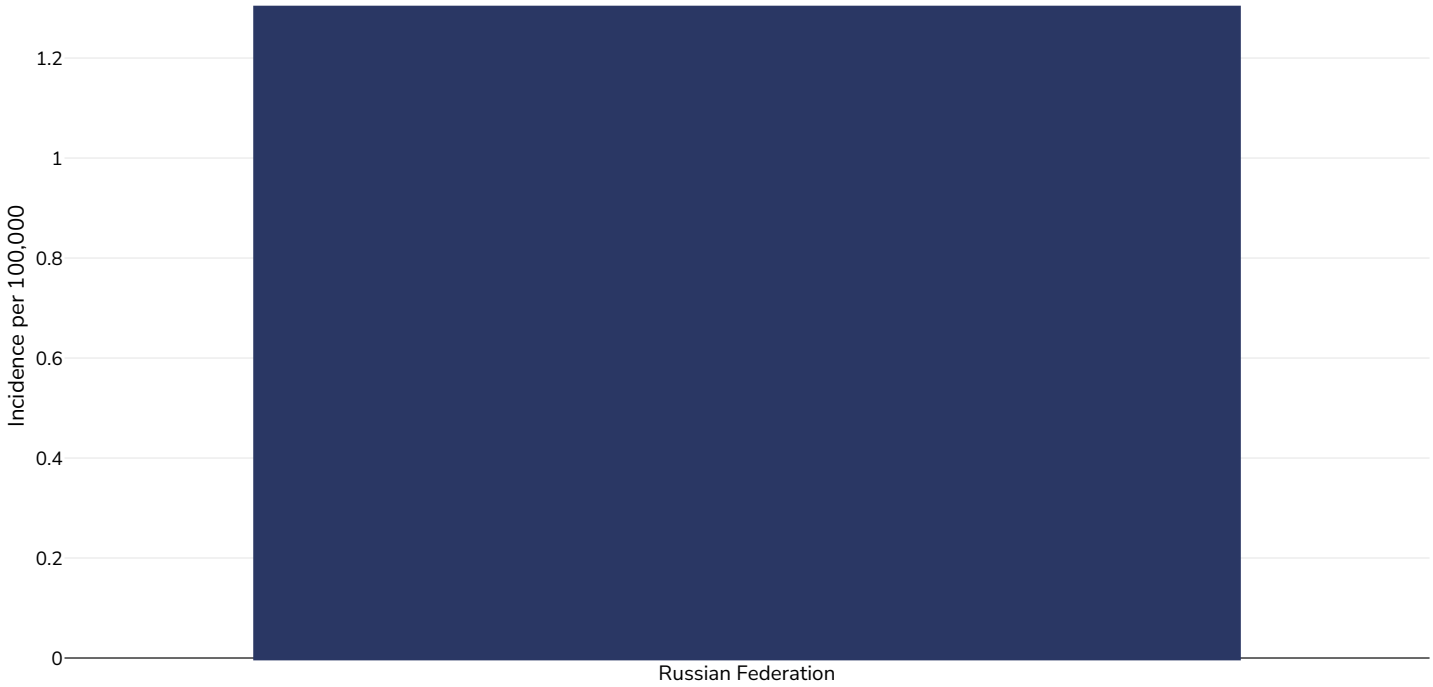
# Gallbladder cancer

## Men, 2022




| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Indicence per 100,000 |

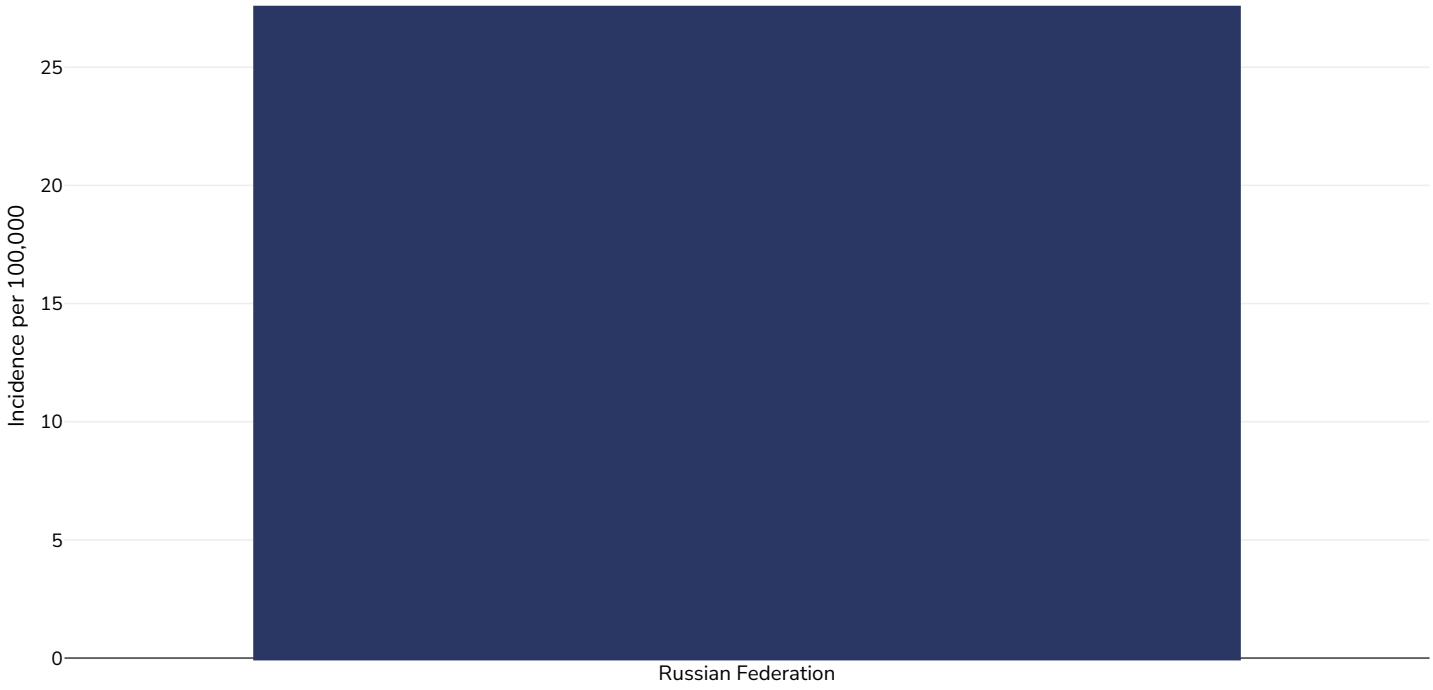
## Women, 2022




| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Indicence per 100,000 |

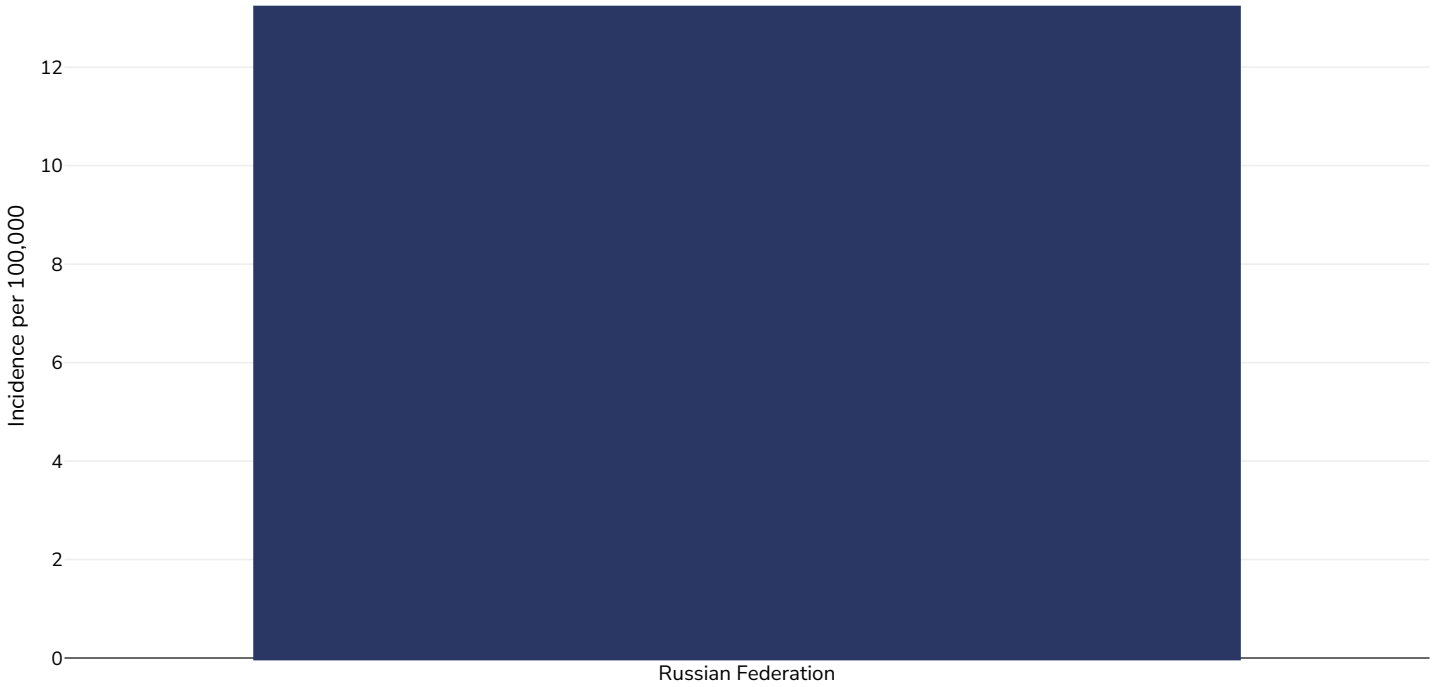
# Kidney cancer

## Men, 2022




| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Incidence per 100,000 |

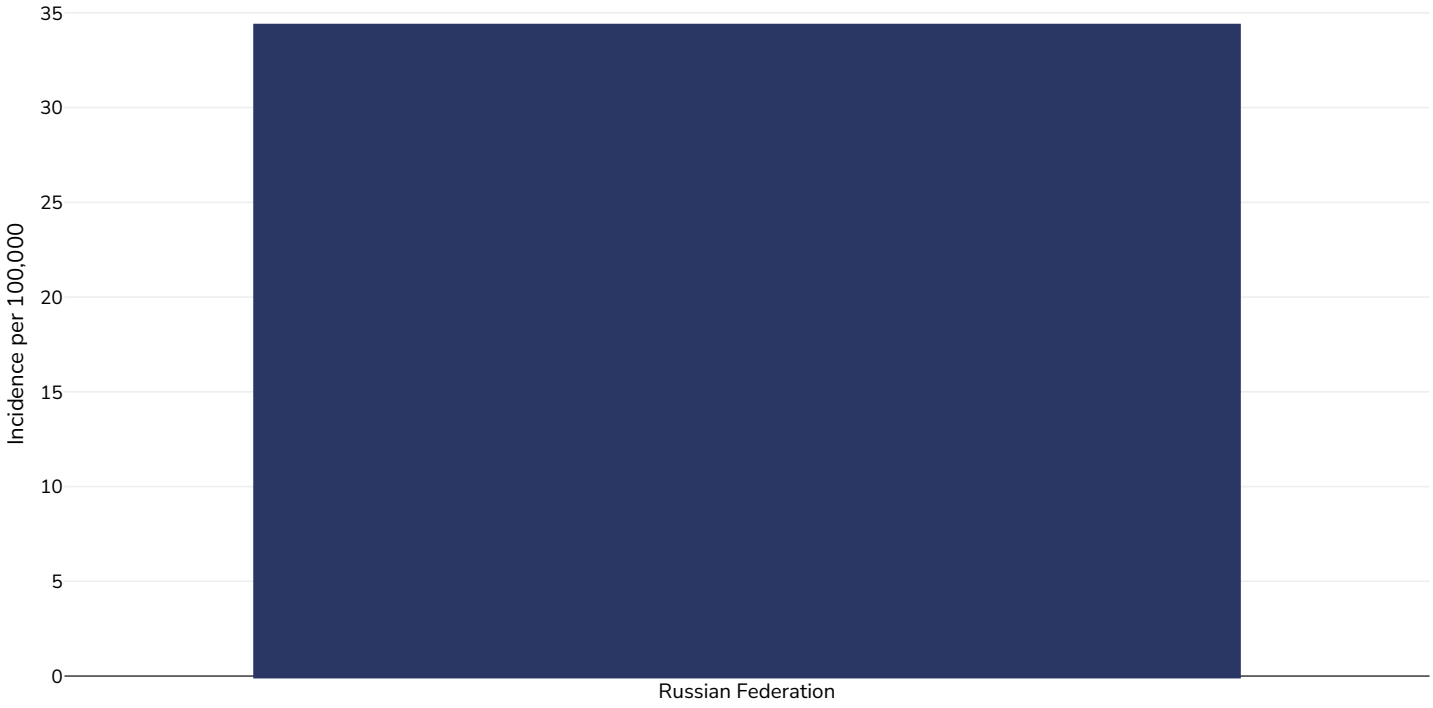
## Women, 2022




| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Incidence per 100,000 |

# Cancer of the uterus

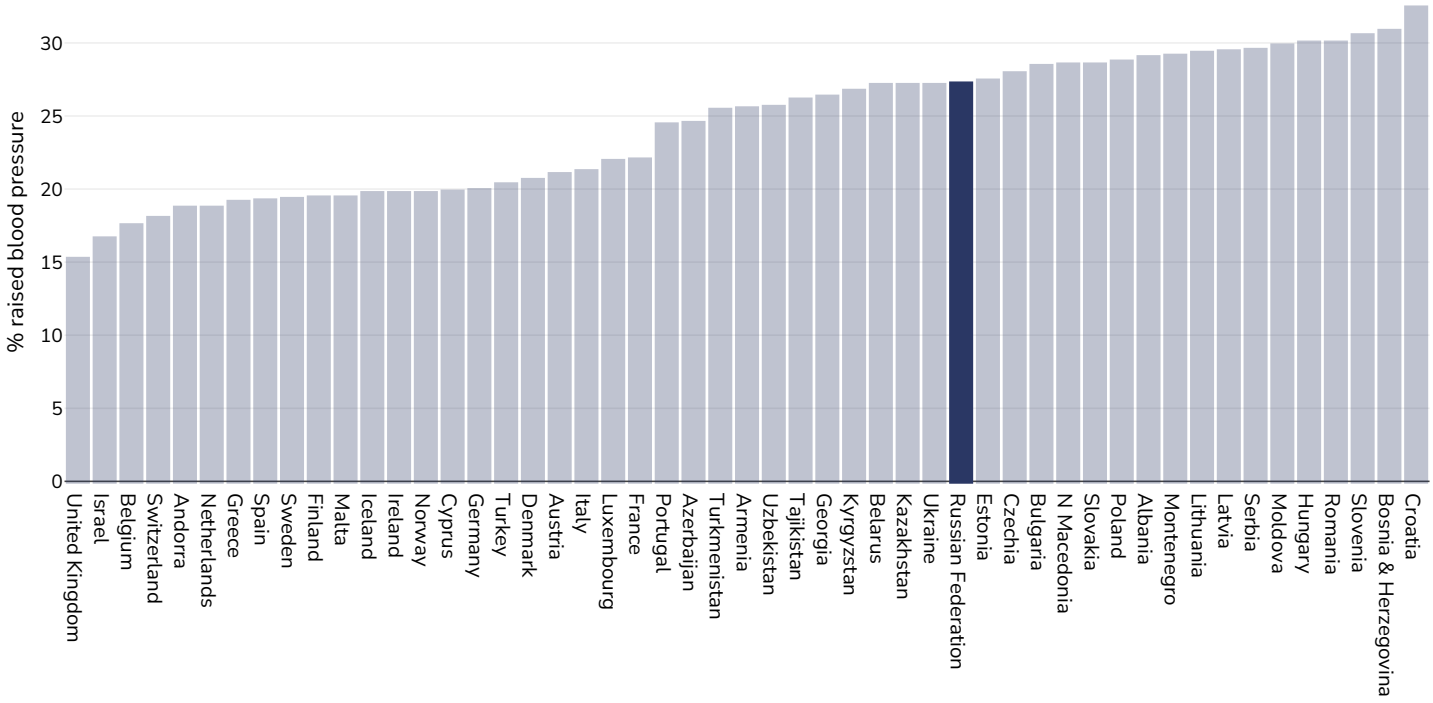
## Women, 2022




| | |
|---|---|
| Age: | 20+ |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Incidence per 100,000 |

# Raised blood pressure

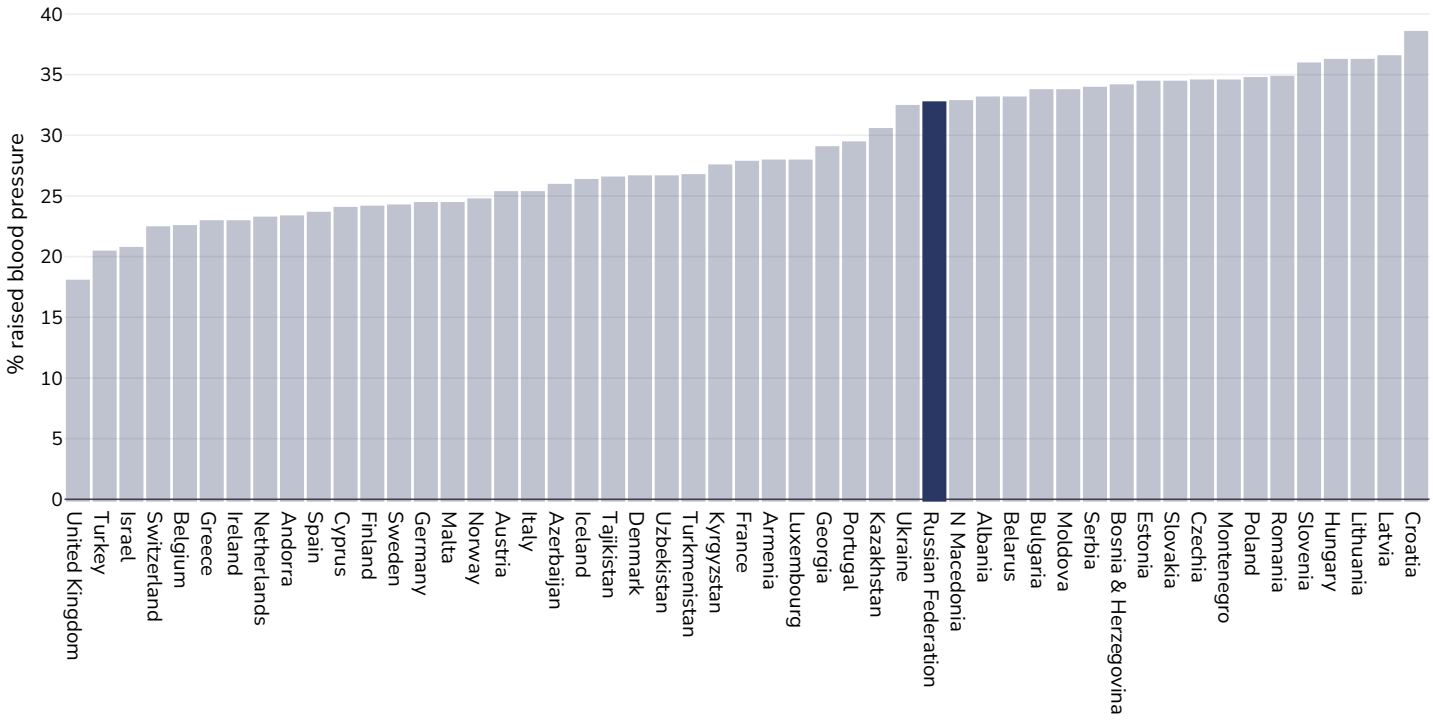
## Adults, 2015




References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

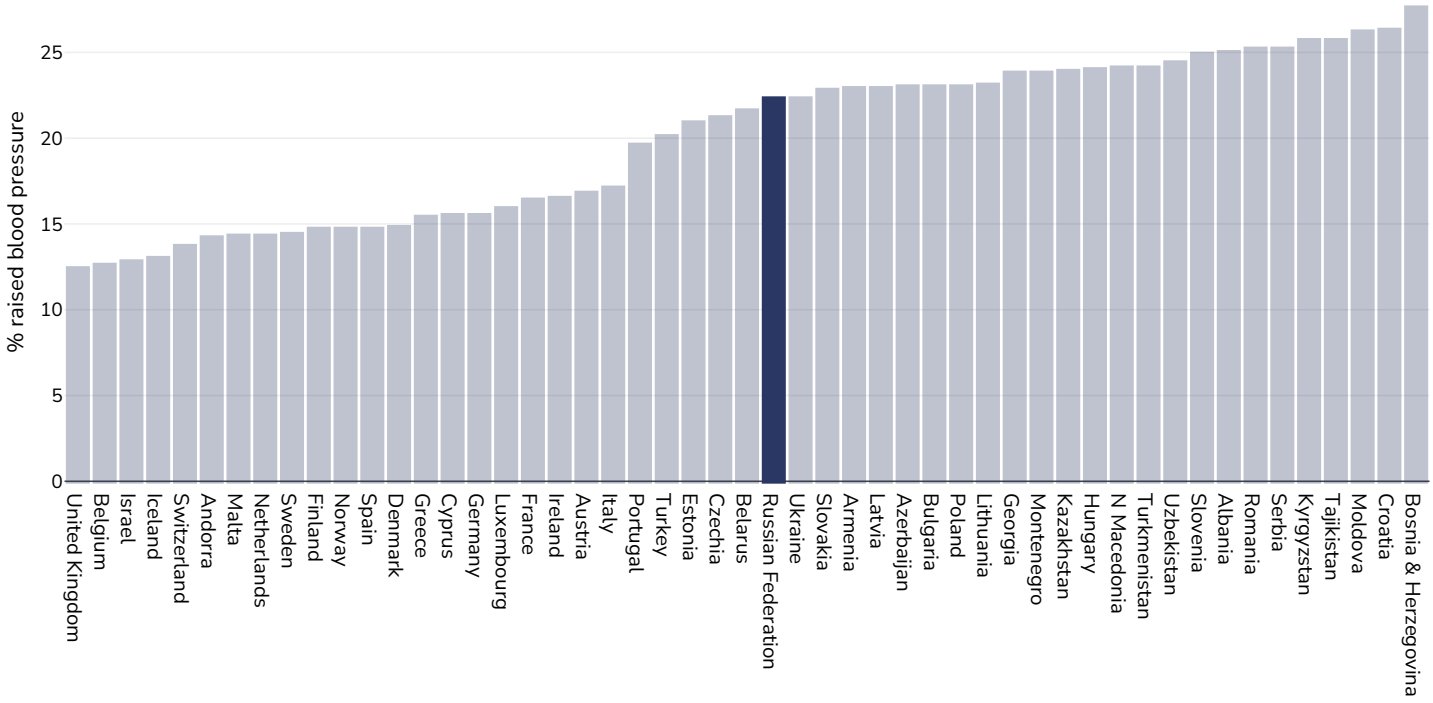
## Men, 2015




References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Women, 2015

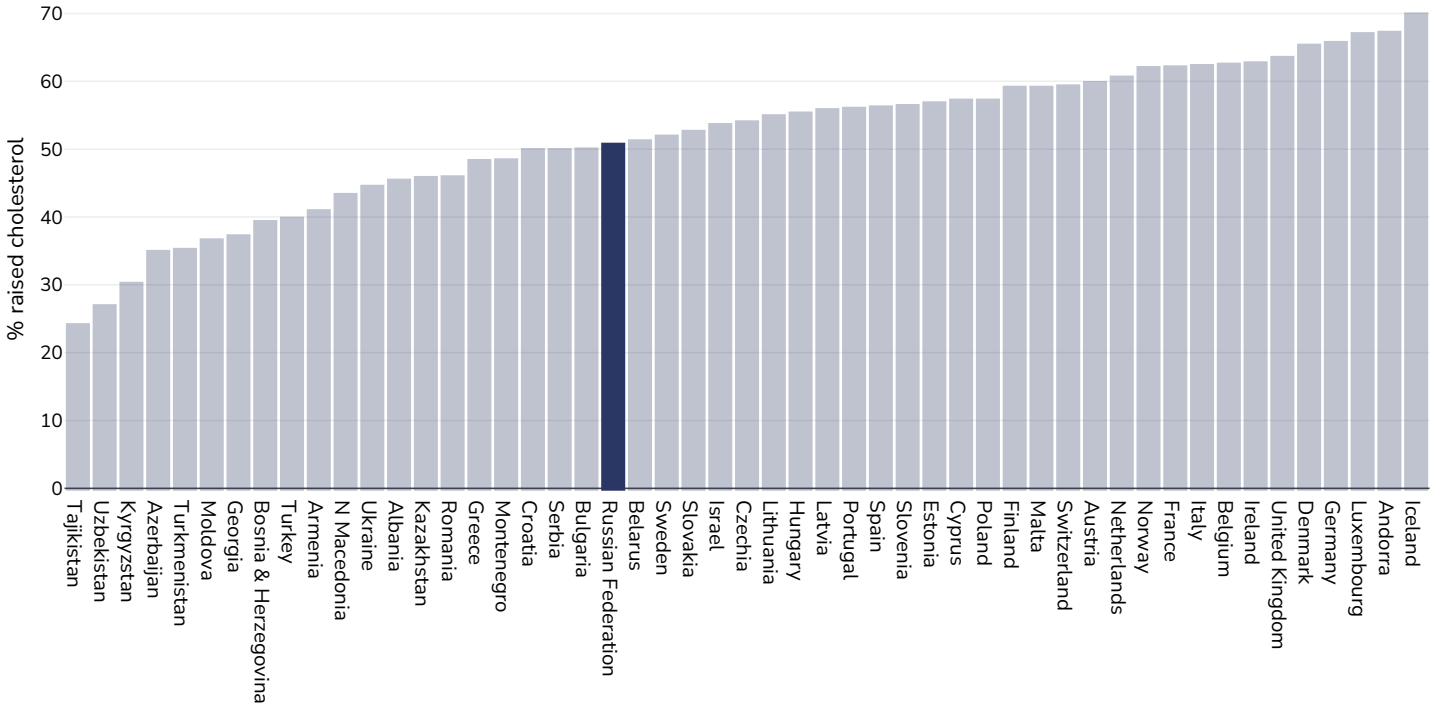



References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

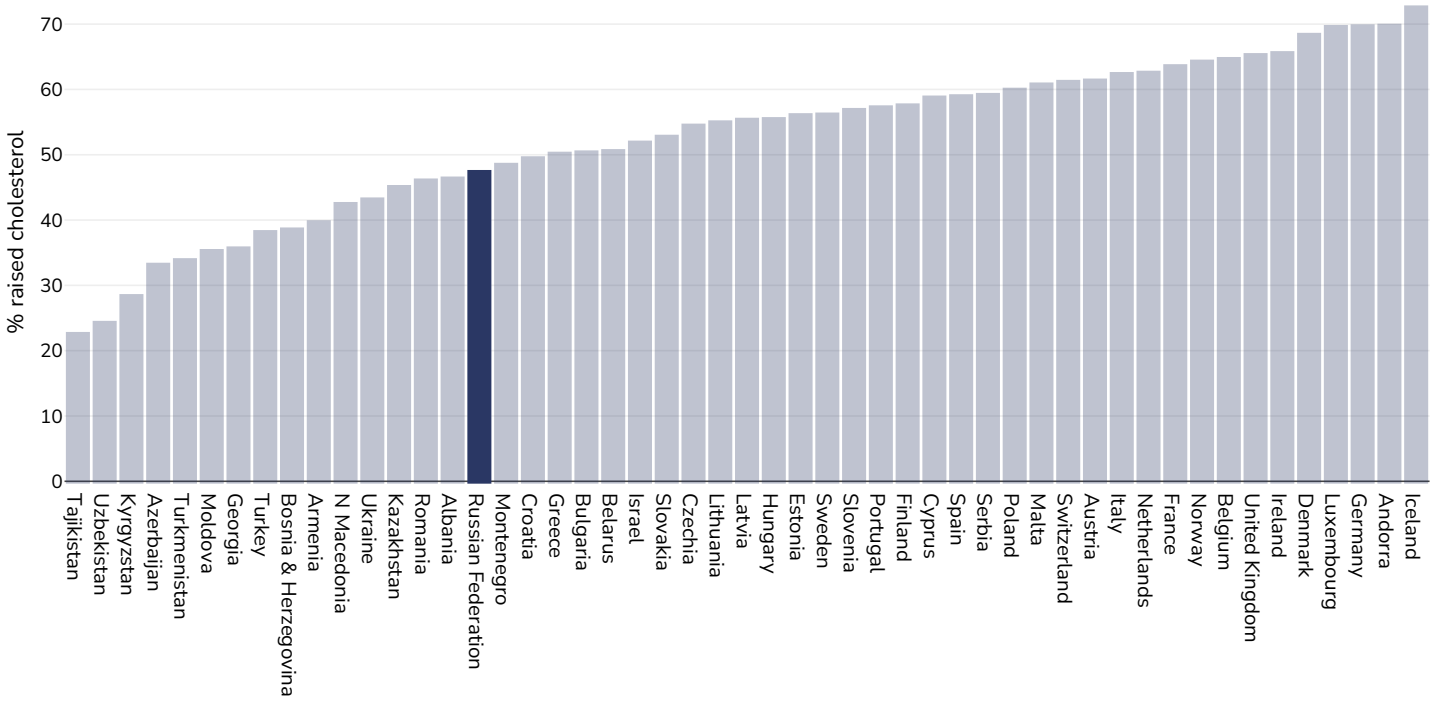
# Raised cholesterol

## Adults, 2008




| | |
|---|---|
| References: | Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885 |
| Definitions: | % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate). |

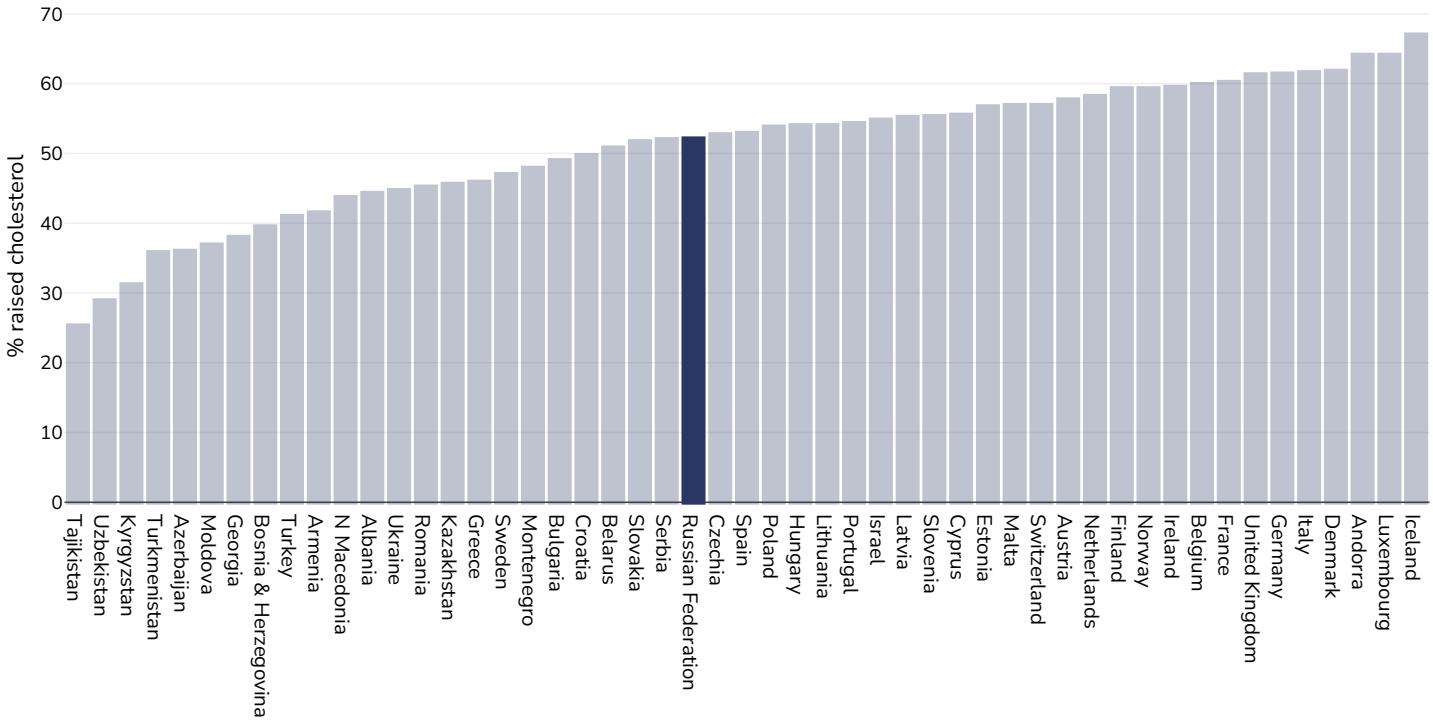
## Men, 2008




References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

Definitions: % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

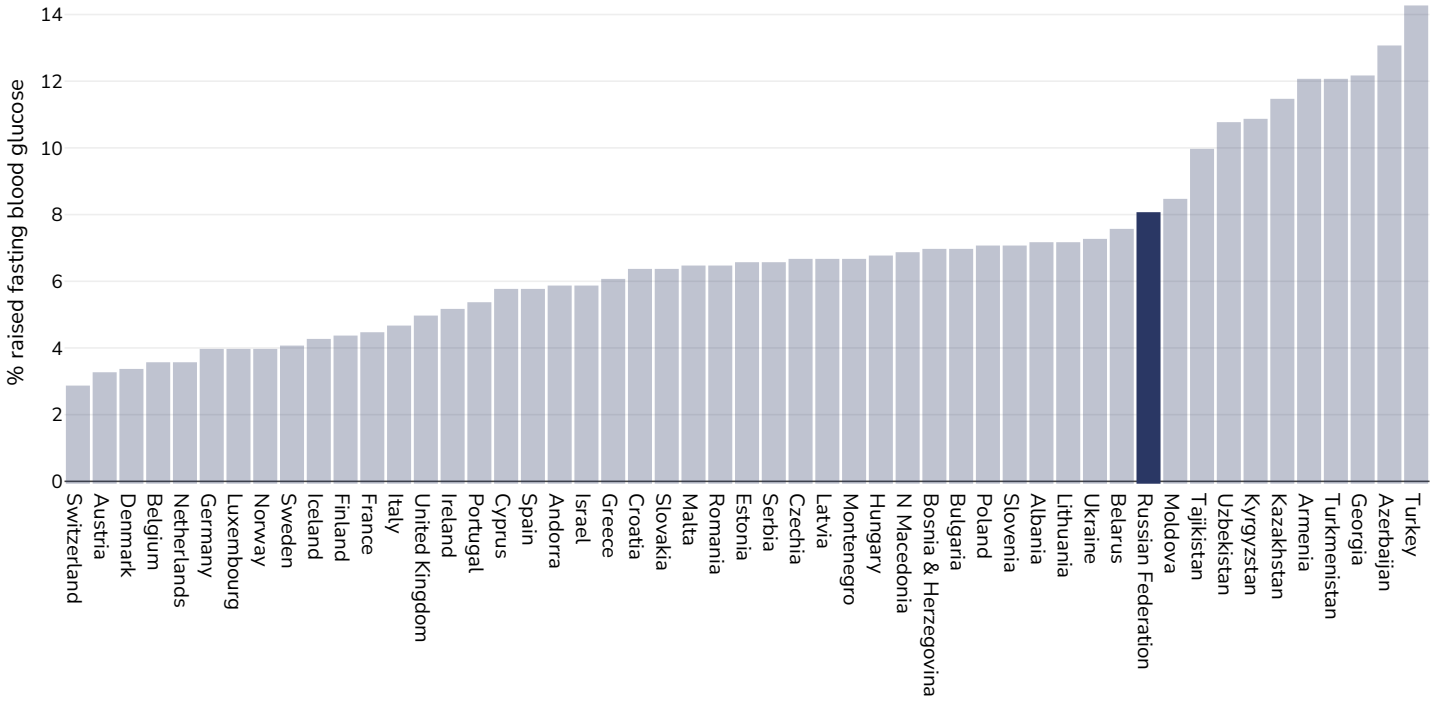
## Women, 2008




| | |
|---|---|
| References: | Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885 |
| Definitions: | % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate). |

# Raised fasting blood glucose

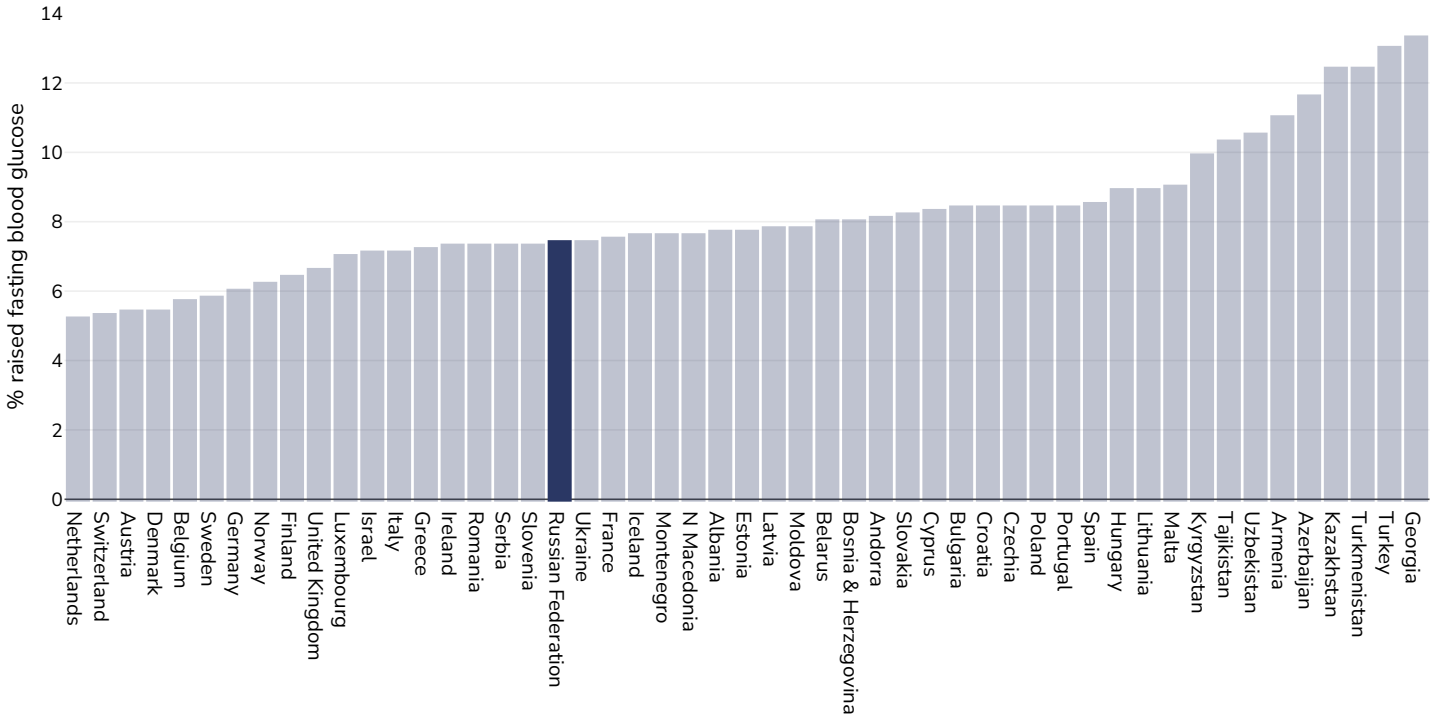
## Men, 2014




References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

## Women, 2014

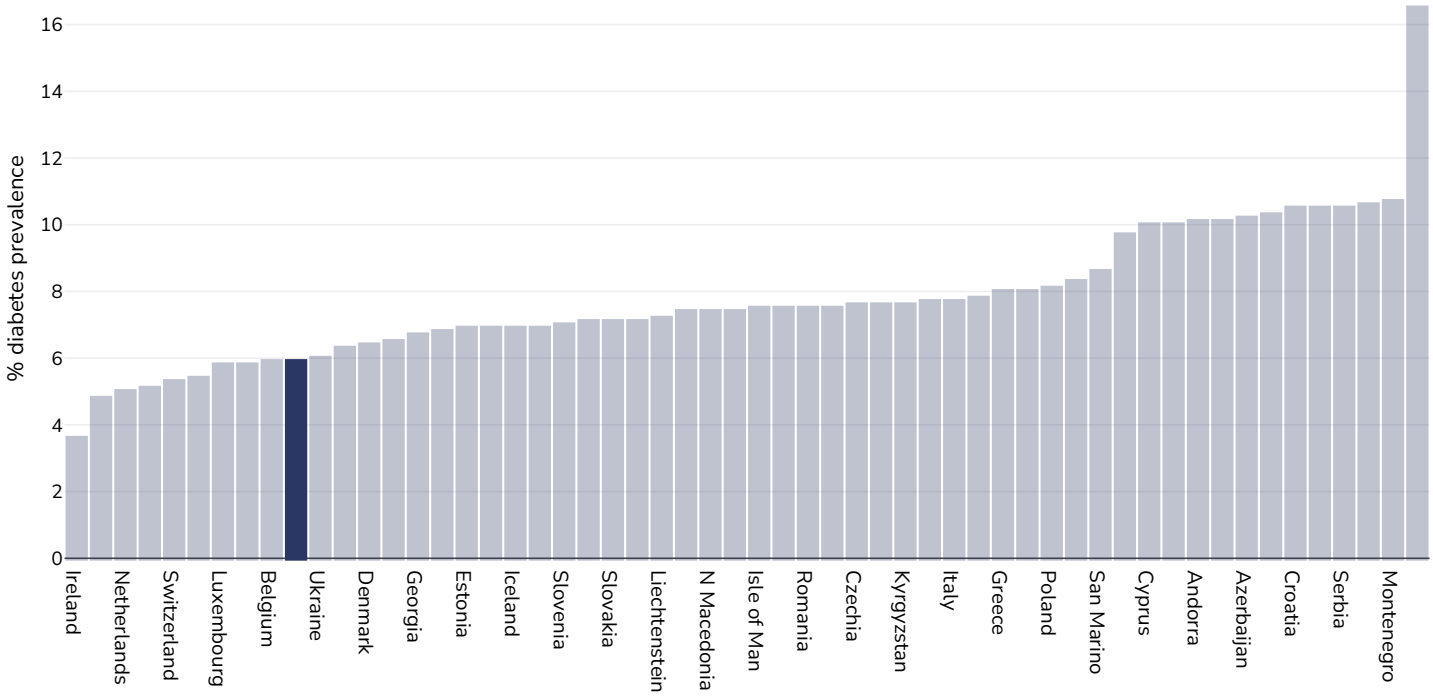



References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

# Diabetes prevalence

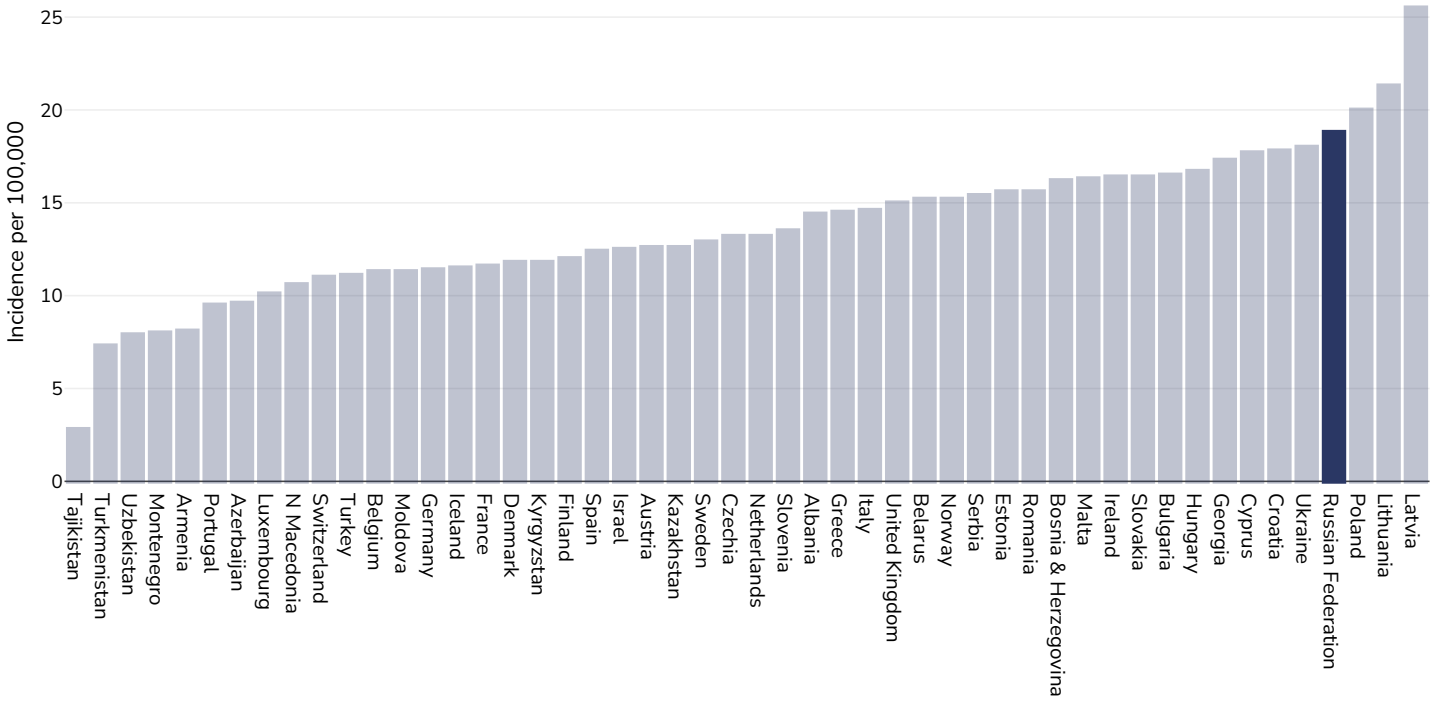
## Adults, 2024




References: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. http://www.diabetesatlas.org

# Ovarian Cancer

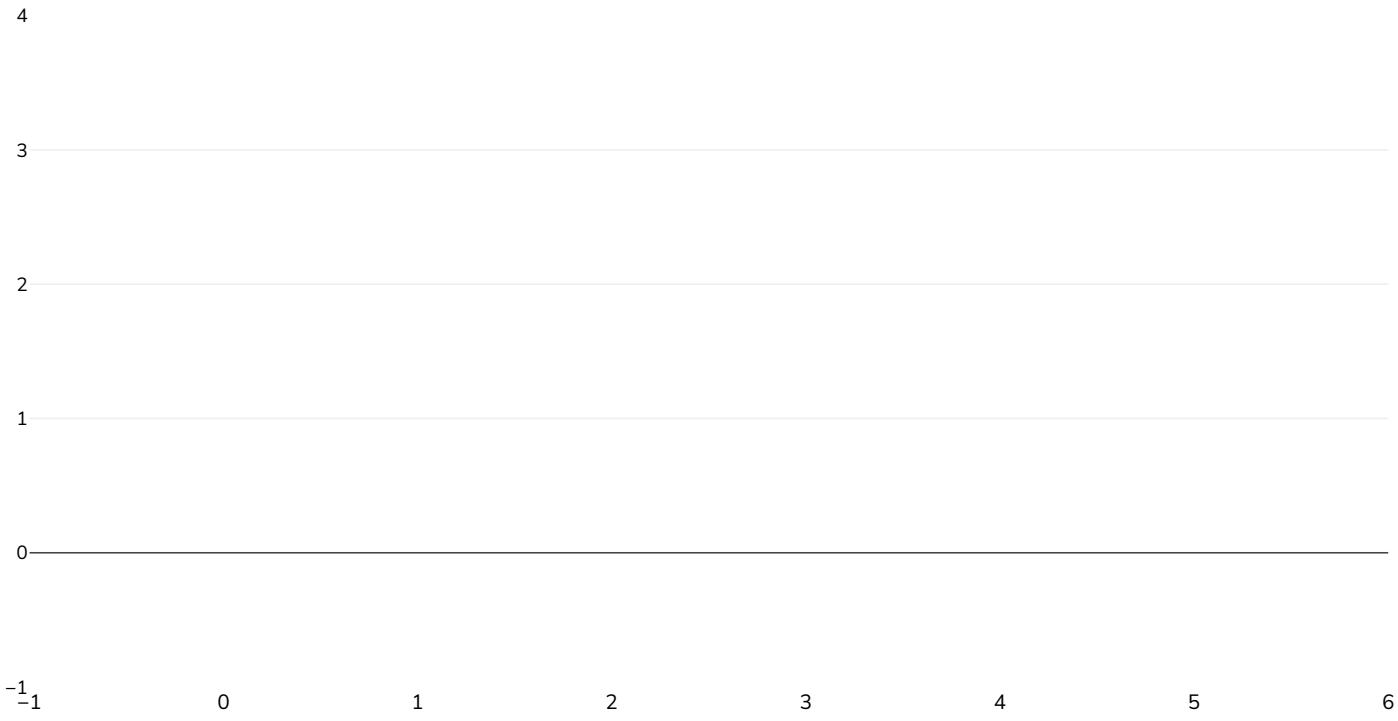
## Women, 2022




| | |
|---|---|
| Age: | 20+ |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Incidence per 100,000 |

# Leukemia

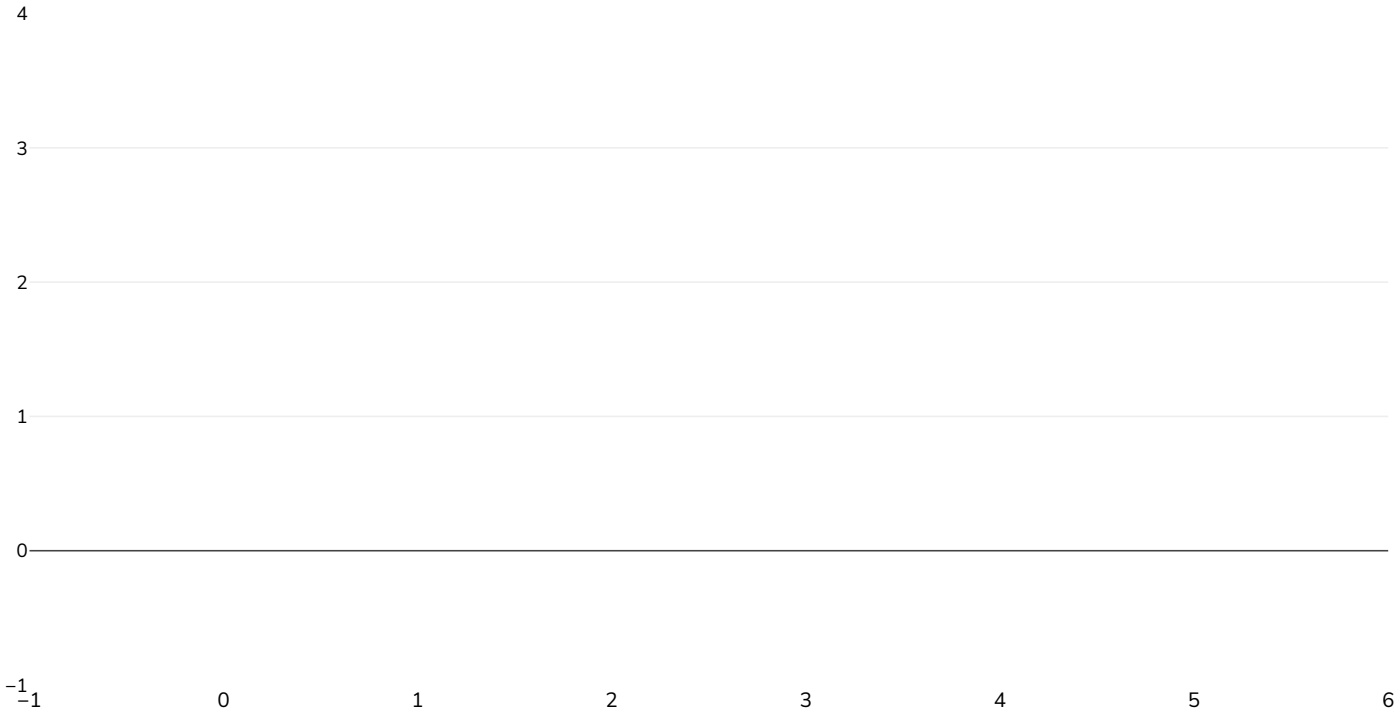
## Men, 2022




| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Incidence per 100,000 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Women, 2022

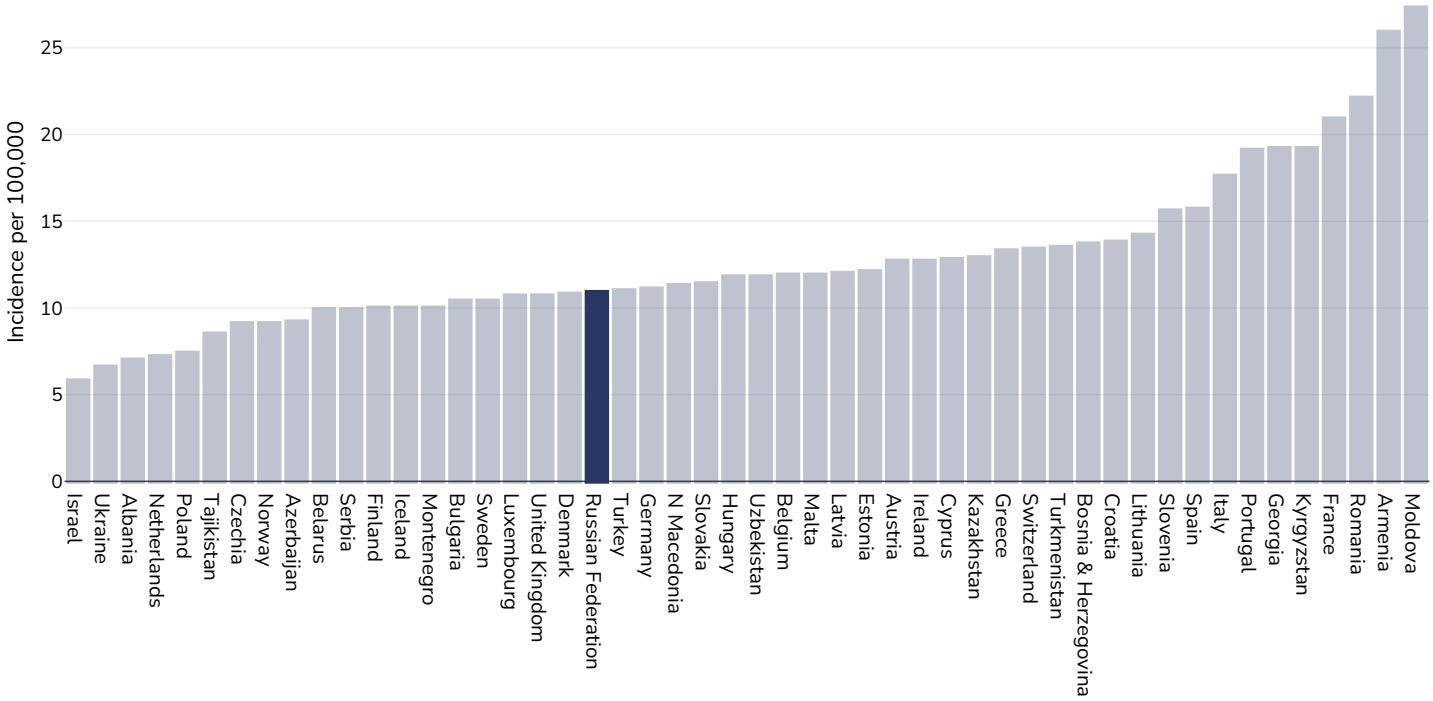



| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Incidence per 100,000 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

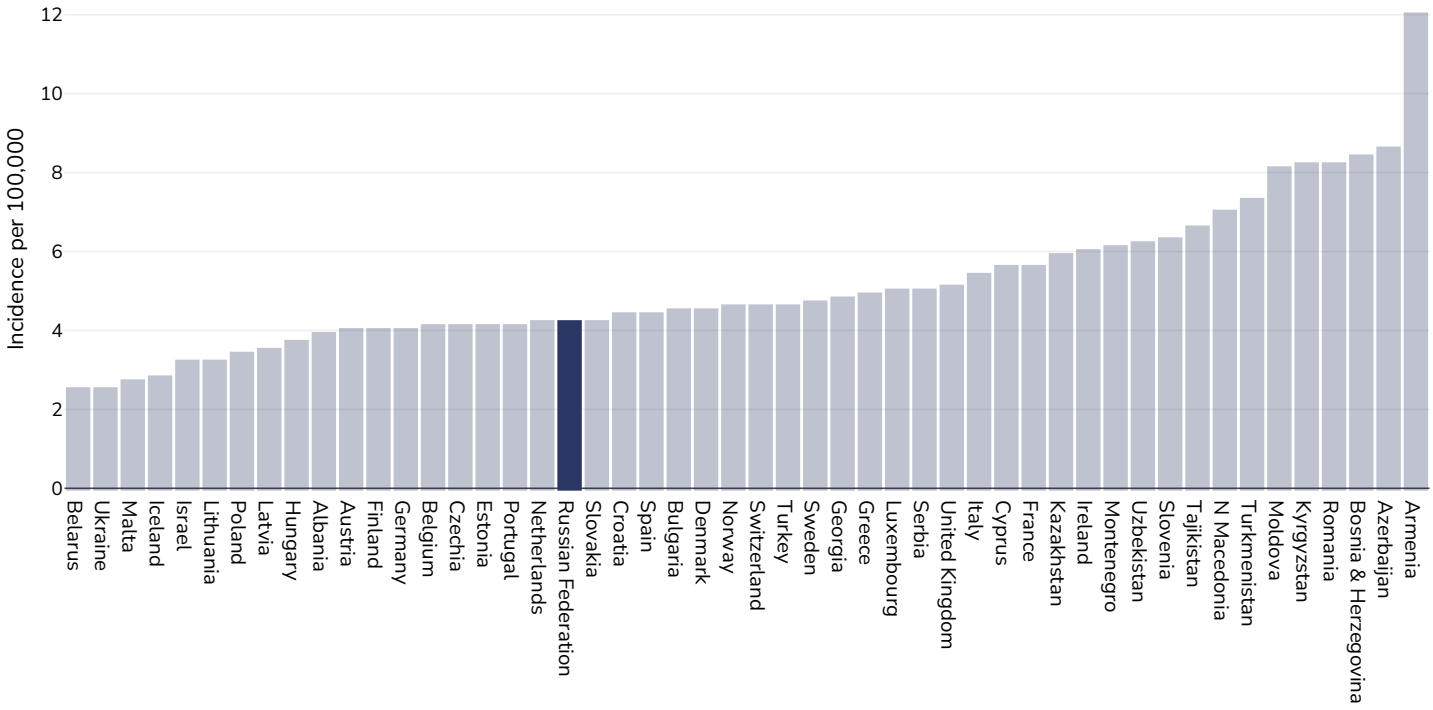
# Liver and intrahepatic bile duct Cancer

## Men, 2022




| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Incidence per 100,000 |

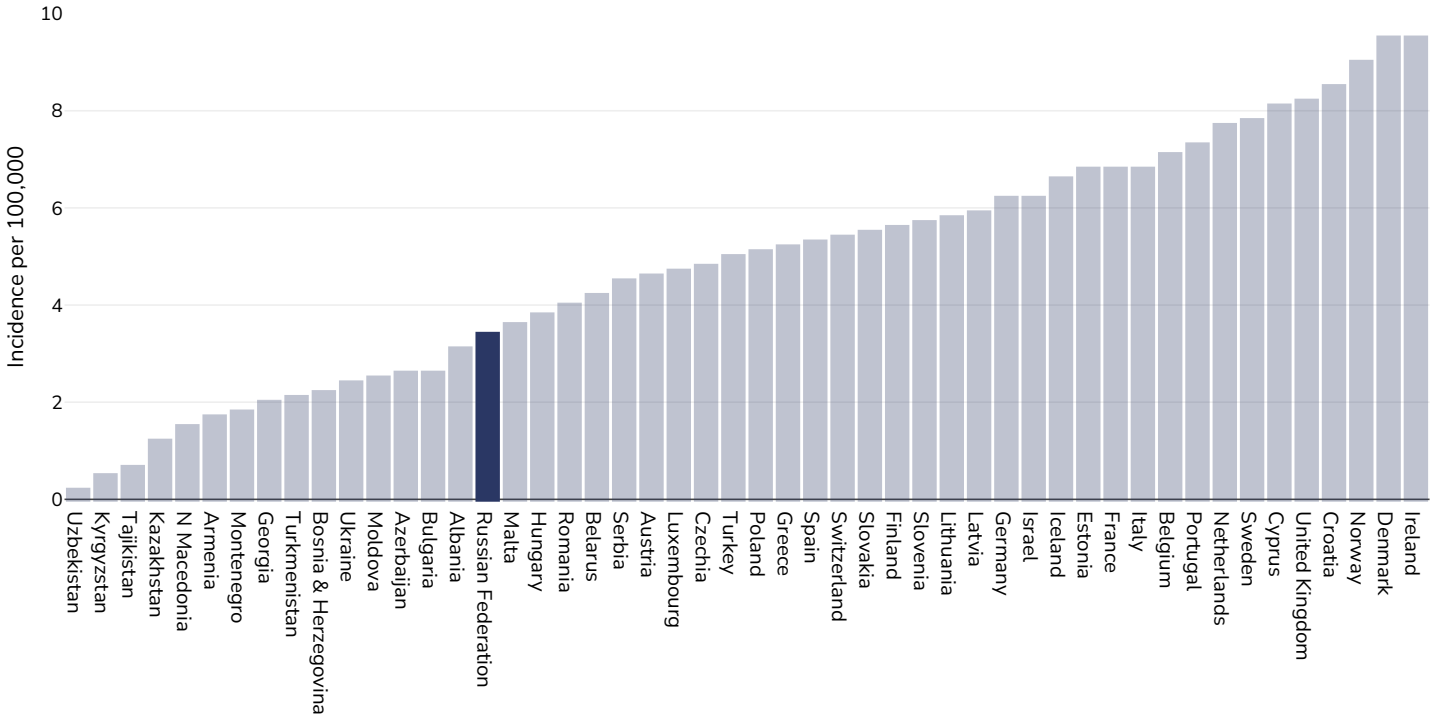
## Women, 2022




| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Incidence per 100,000 |

# Multiple Myeloma

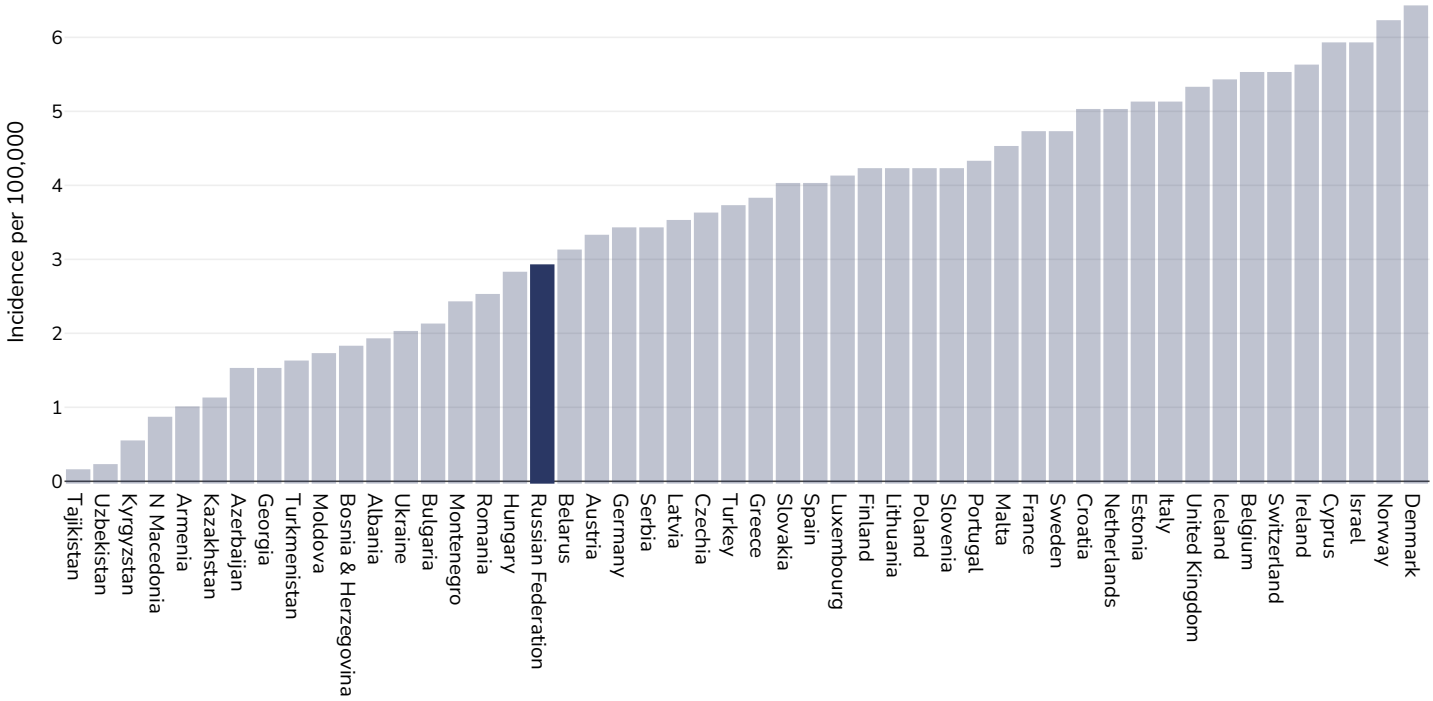
## Men, 2022




| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Indicence per 100,000 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Women, 2022

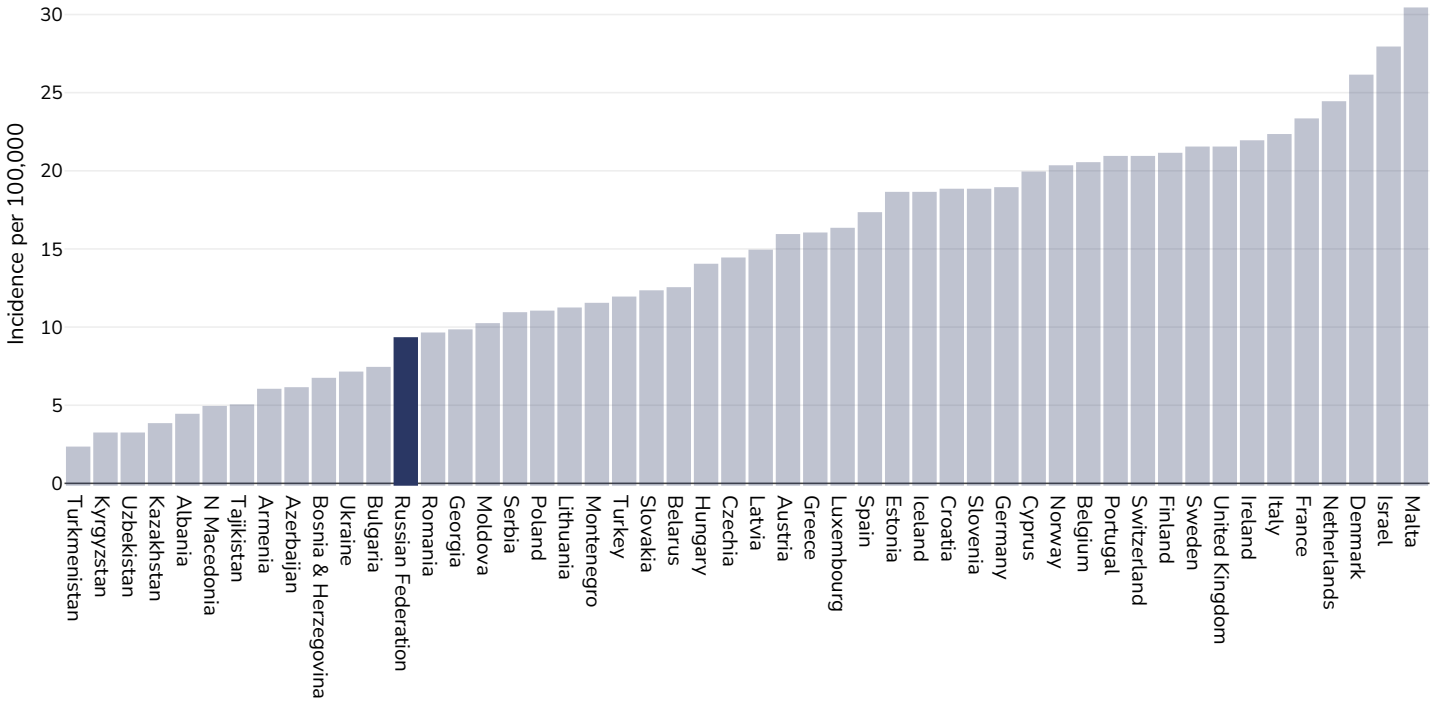



| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Indicence per 100,000 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

# Non Hodgkin Lymphoma

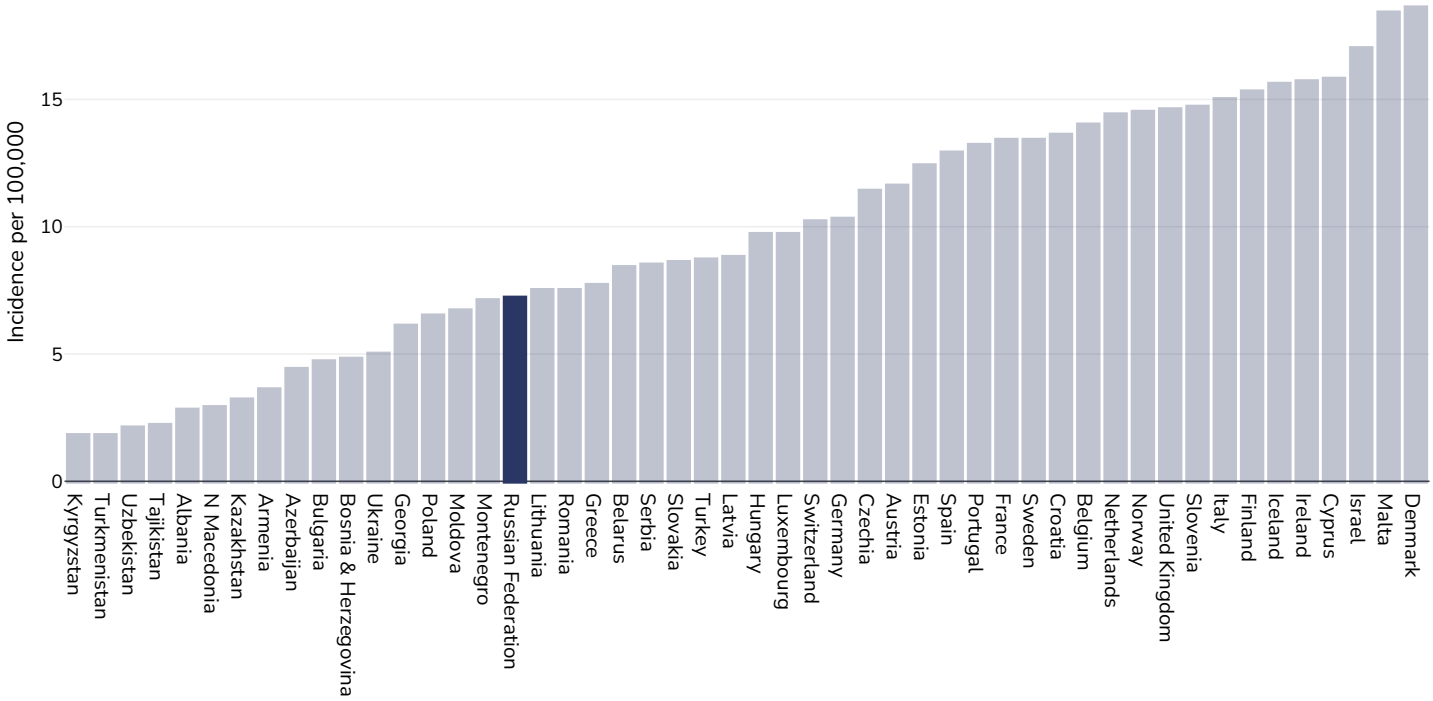
## Men, 2022




| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Incidence per 100,000 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Women, 2022

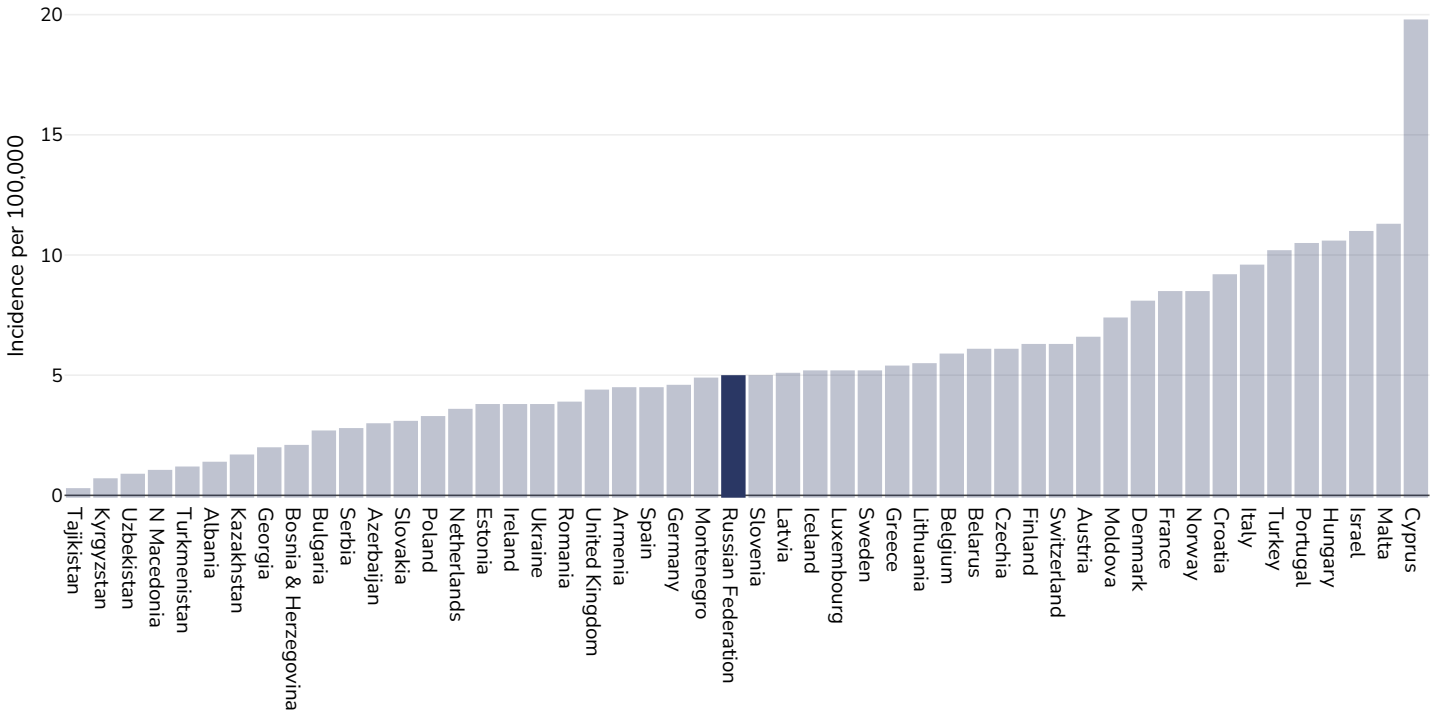



| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Incidence per 100,000 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

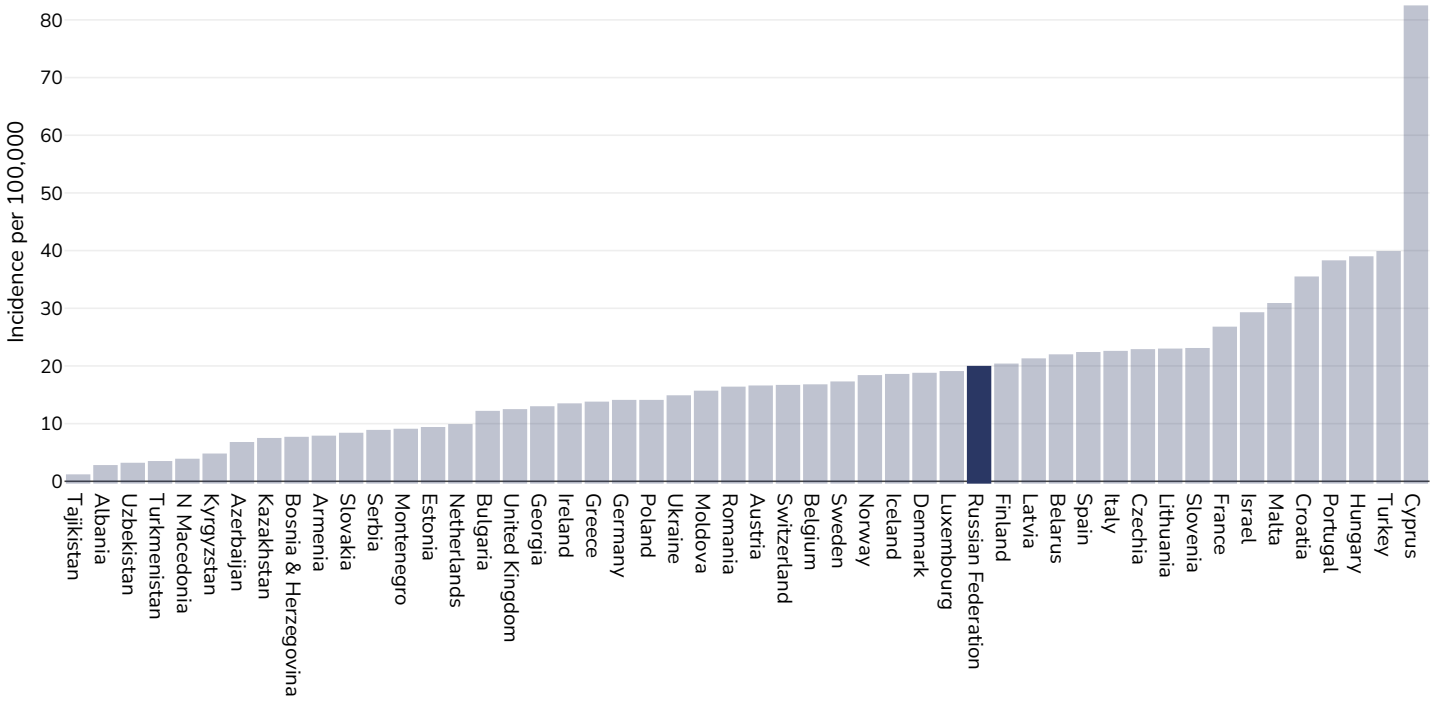
# Thyroid Cancer

## Men, 2022




| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Incidence per 100,000 |

## Women, 2022




| | |
|---|---|
| Age: | 20+ |
| Area covered: | National |
| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| Definitions: | Incidence per 100,000 |

## Contextual factors

**Disclaimer:** These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.

### Labelling

| | |
|---|---|
| **Is there mandatory nutrition labelling?** | ✓ |
| Front-of-package labelling? | ✗ |
| Back-of-pack nutrition declaration? | ✓ |
| Color coding? | ✗ |
| Warning label? | ✗ |

## Regulation and marketing

| | |
|---|---|
| **Are there fiscal policies on unhealthy products?** | ✓ |
| Tax on unhealthy foods? | ✗ |
| Tax on unhealthy drinks? | ✓ |
| **Are there fiscal policies on healthy products?** | ✗ |
| Subsidy on fruits? | ✗ |
| Subsidy on vegetables? | ✗ |
| Subsidy on other healthy products? | ✗ |
| **Mandatory limit or ban of trans fat (all settings)?** | ✓ |
| Mandatory limit of trans fats in place (all settings)? | ✓ |
| Ban on trans-fats or phos in place (all settings)? | ✗ |
| **Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?** | ✗ |
| Mandatory restriction on broadcast media? | ✗ |
| Mandatory restriction on non-broadcast media? | ✗ |
| Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children? | ✗ |
| **Are there mandatory standards for food in schools?** | ✗ |
| **Are there any mandatory nutrient limits in any manufactured food products?** | ✗ |
| **Nutrition standards for public sector procurement?** | ✗ |

## Political will and support

| | |
|---|---|
| **National obesity strategy or nutrition and physical activity national strategy?** | ✗ |
| National obesity strategy? | ✗ |
| National childhood obesity strategy? | ✗ |
| Comprehensive nutrition strategy? | ✓ |
| Comprehensive physical activity strategy? | ✗ |
| **Evidence-based dietary guidelines and/or RDAs?** | ✗ |
| **National target(s) on reducing obesity?** | ✓ |
| **Promotion of breastfeeding?** | ✓ |

## Monitoring and surveillance

| | |
|---|---|
| **Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?** | ✗ |
| Within 5 years? | ✗ |

## Governance and resource

| | |
|---|---|
| **Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?** | ✗ |

### Key

✓ Present

✓v Present (voluntary)

✓ Incoming

✗ Absent

? Unknown

*Last updated July 2, 2024*

*PDF created on April 23, 2025*