



An RĂ³mĂ;in



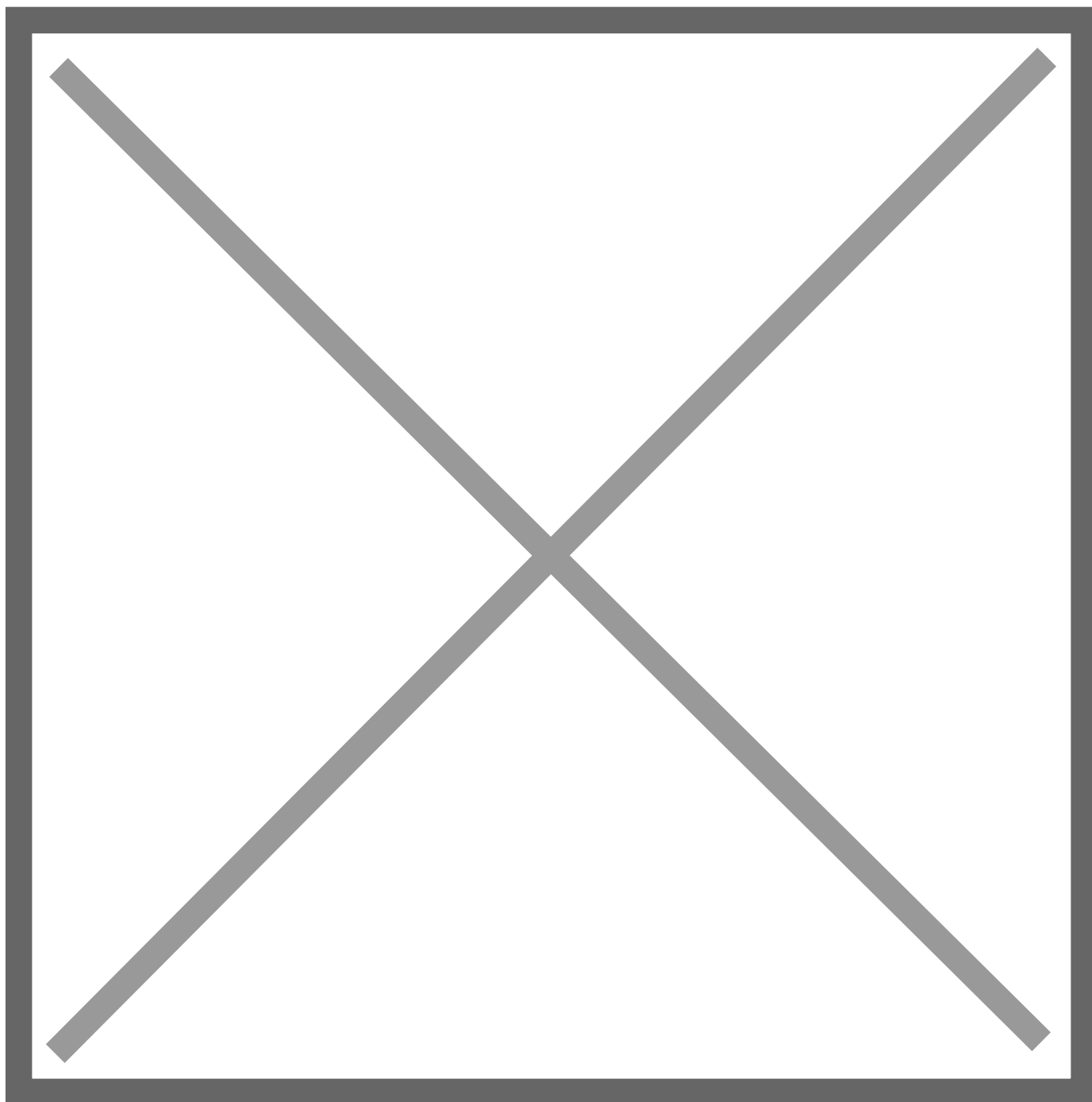
Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/romania-178/>.

LeitheadÁlacht murtaill

Páistí, 2022-2024



Cineál an tsuirbháil:

Tomhaiste

Aois:

7

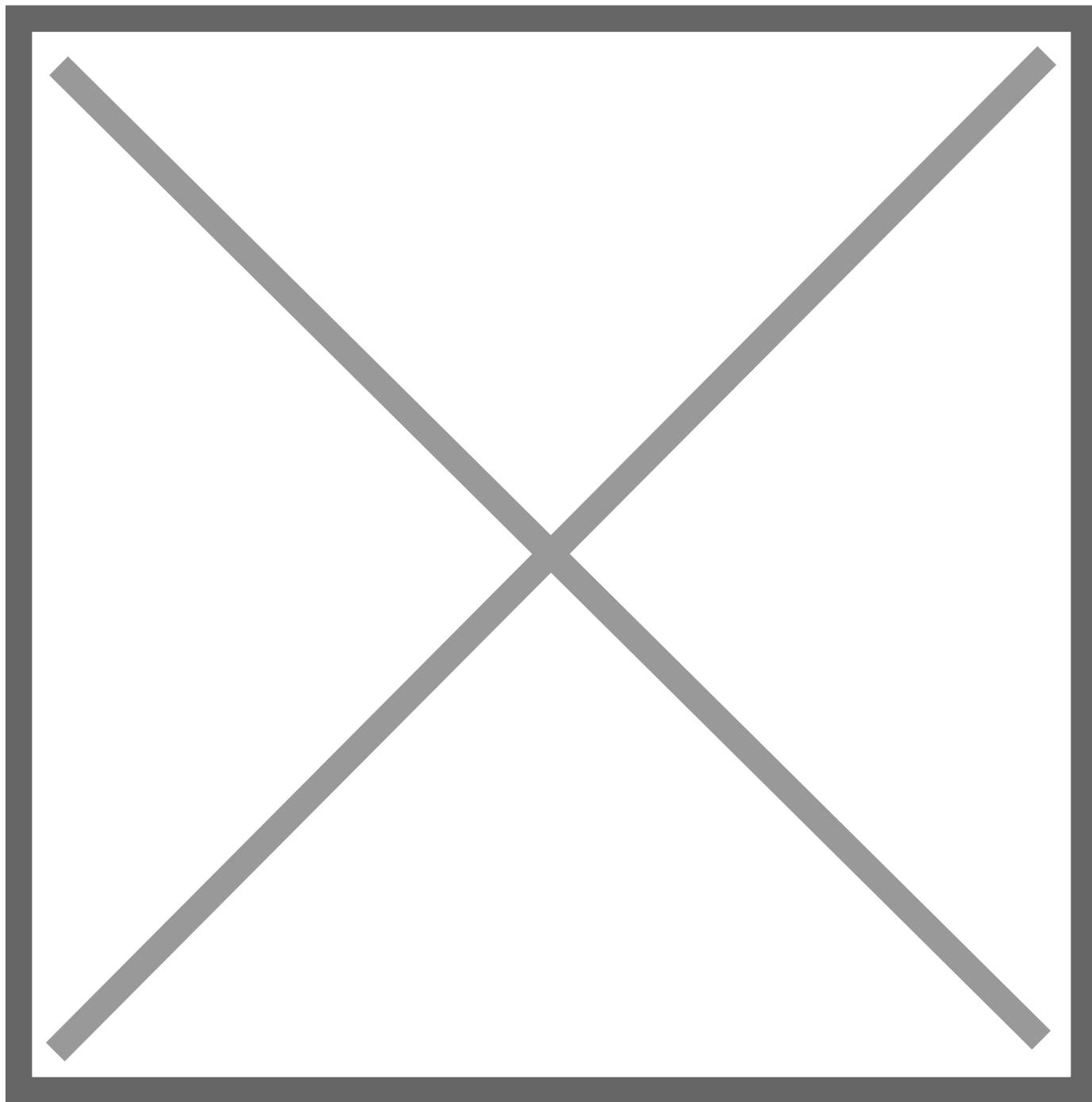
Ceantar
Cláir:

Náisiúnta

Tagairt:	WHO European Childhood Obesity Surveillance Initiative (COSI): A brief review of results from round 6 of COSI (2022-2024). Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO.
Cutoffs:	WHO 2007

Rómheáchán/murtall de réir oideachais

PĂĩstĂ, 2019



**CineĂĩl an
tsuirbhĂĩ:**

Tomhaiste

Aois:

7-9

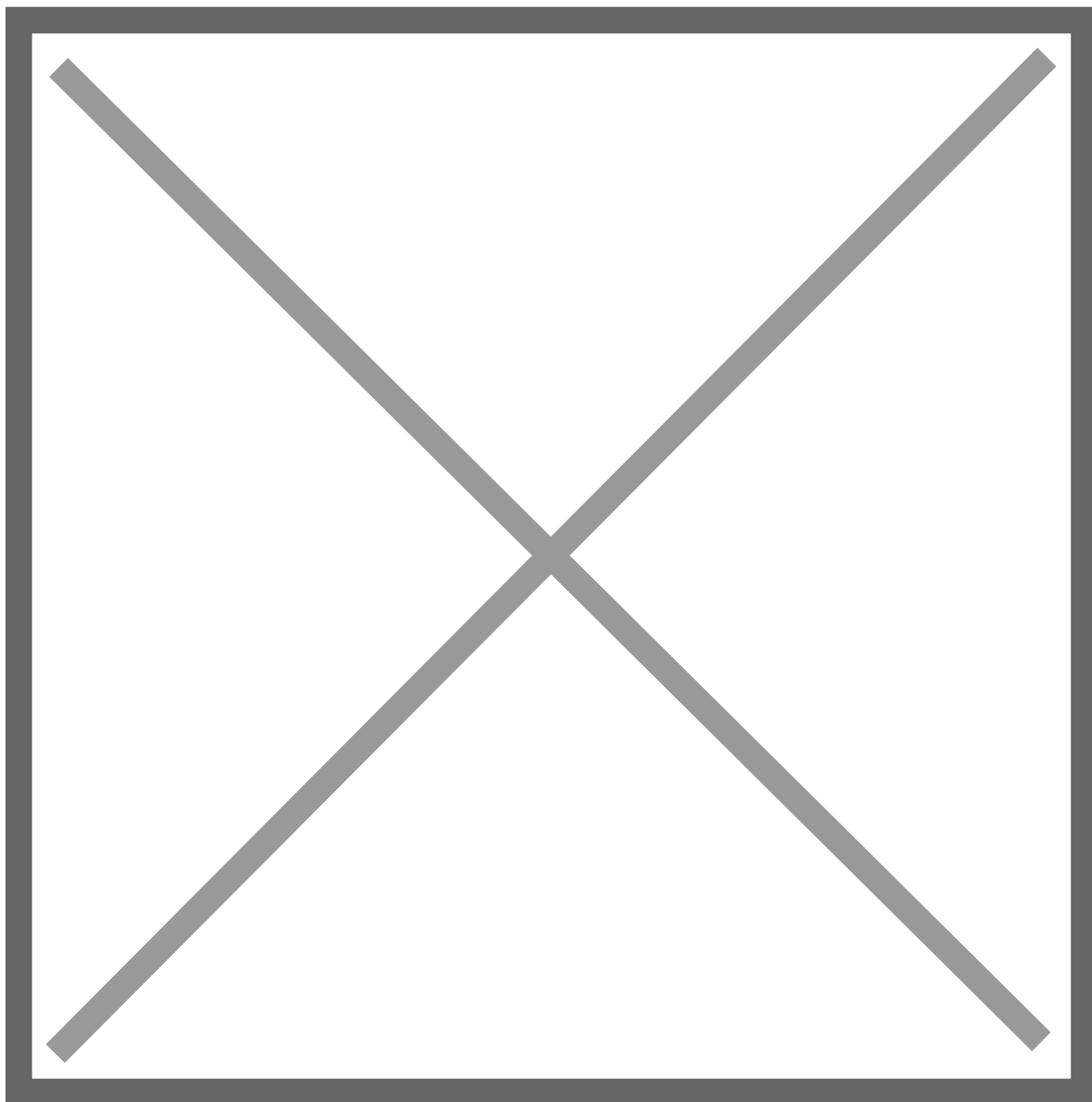
SamplamhĂĩid:

10,393

Ceantar CIÁºdaithe:	NÃjisiÃºnta
TagairtÃº:	European Childhood Obesity Surveillance Initiative (COSI) - Romania Report. 2020. INSP. https://insp.gov.ro/download/cosi-2019-raport-final-pdf/ [Accessed 15.07.25]
Nótaí:	Part of COSI Round 5 (2018-20)
SainmhÃºnithe (ar fÃºil i mBÃºarla amhÃºin):	Level of family education
Cutoffs:	WHO 2007

Rómheáchán/murtall de réir aoise

PÃ¡istÃ¡, 2022-2023



CineÃ¡l an
tsuirbhÃ©:

Tomhaiste

SamplamhÃ©id:

2173

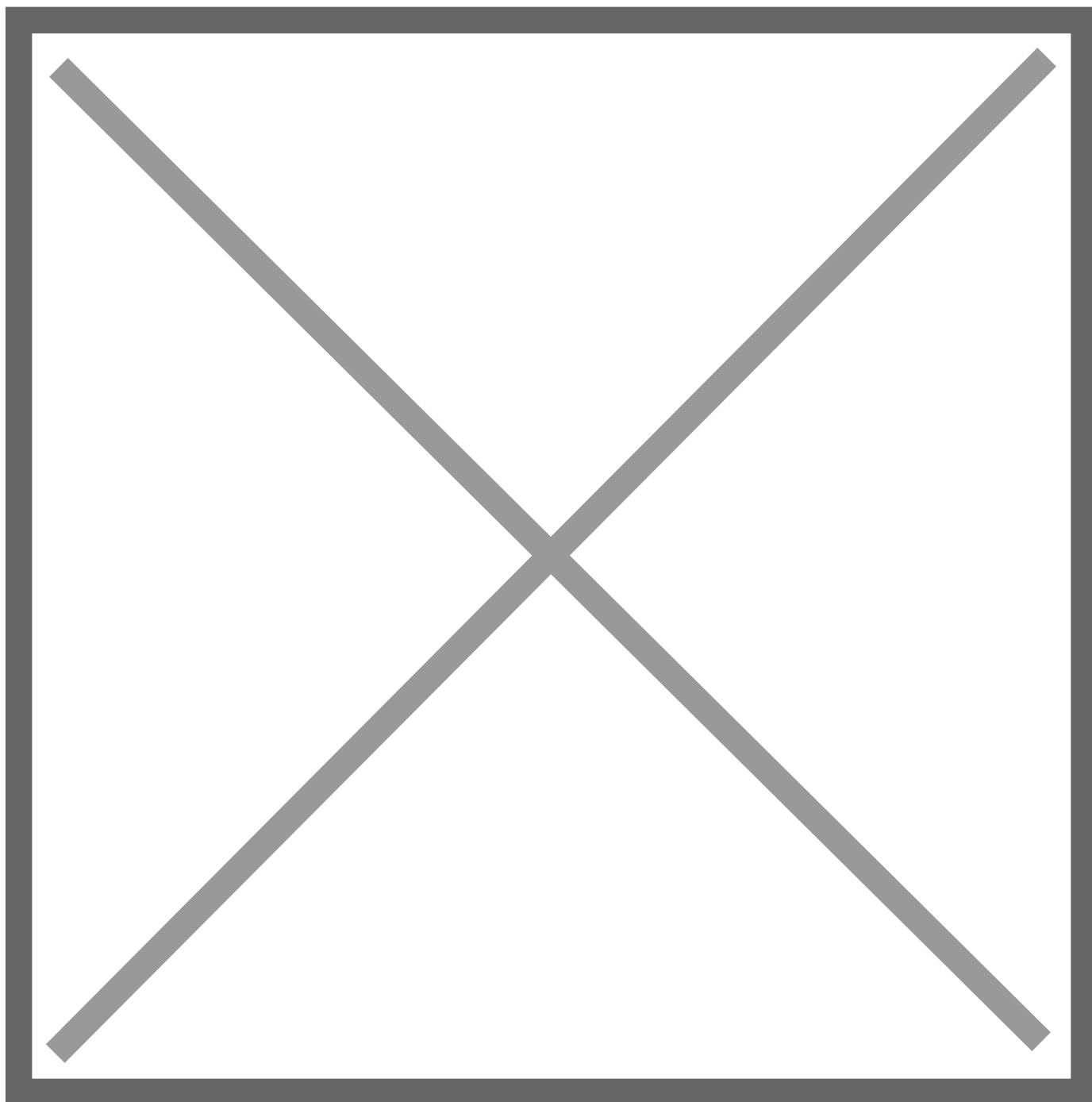
Ceantar
CIÃ©daithe:

NÃ¡isiÃ©nta

TagairtÁ:	EVALUAREA STĂRII DE SĂNĂTATE COPII - EHES raport (CHILD HEALTH ASSESSMENT - EHES report). - Ministerul Sănătății, Promotorul Proiectului - Institutul Național de Sănătate Publică . https://www.insmc.ro/wp-content/uploads/2021/02/EHES-01-9535-V9.0_Final.pdf [Accessed 15.07.25]
Nótaí:	Sample size given is for ages 1-19, this data only includes ages 5-19
Cutoffs:	WHO 2007

Rómheáchán/murtall de réir réigiúin

PĂĩstĂ, 2022-2023



CineĂĩl an
tsuirbhĂĩ:

Tomhaiste

Aois:

5-19

SamplamhĂĩid:

2173

Ceantar
CIÁ^odaithe:

NĂjisiĂnta

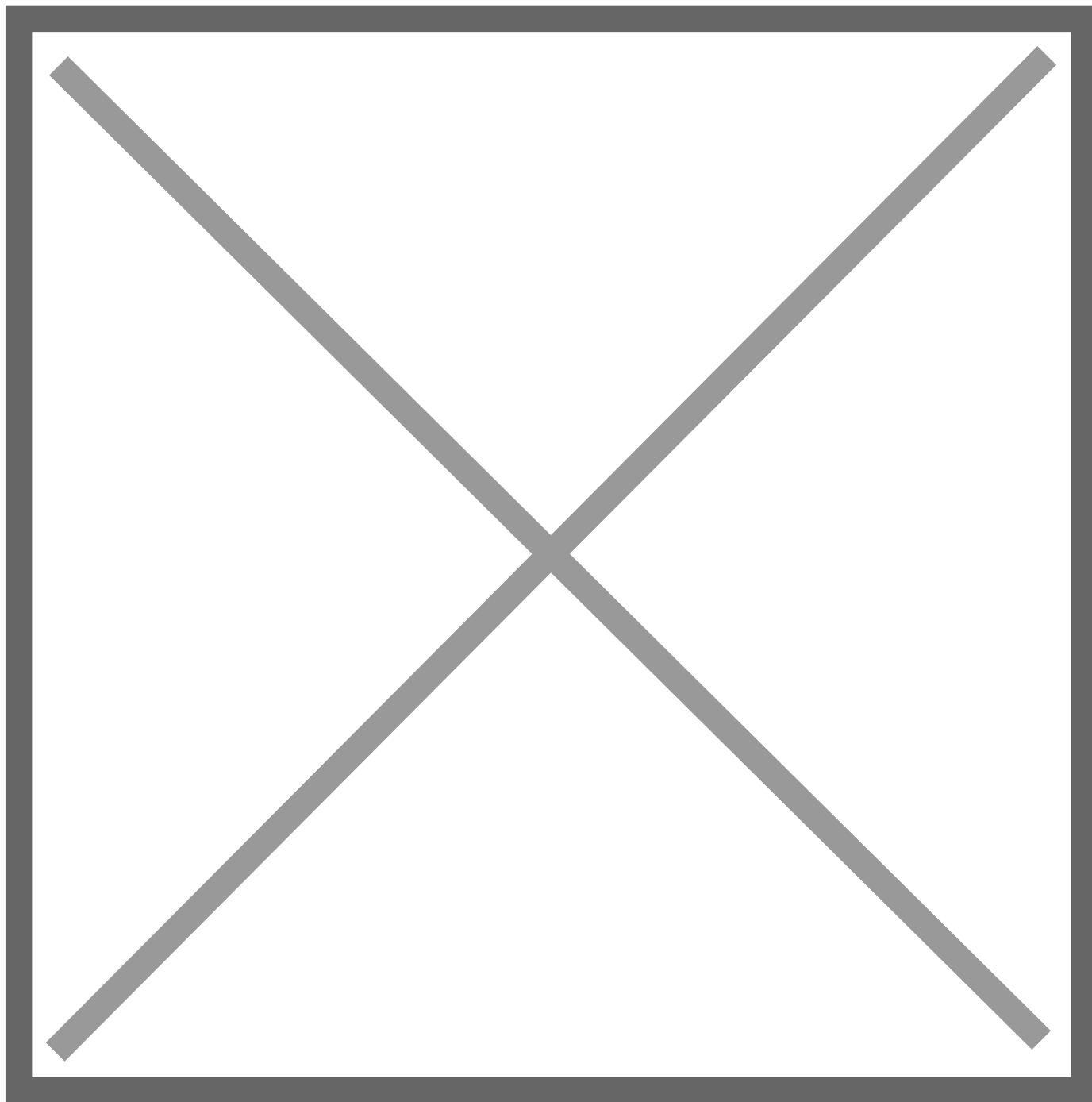
TagairtĂ: EVALUAREA STĂRII DE SĂNĂTATE COPII - EHES raport (CHILD HEALTH ASSESSMENT - EHES report). - Ministerul SĂnătății și Promotorul Proiectului - Institutul Național de Sănătate Publică . https://www.insmc.ro/wp-content/uploads/2021/02/EHES-01-9535-V9.0_Final.pdf [Accessed 15.07.25]

Nótaí: Sample size given is for ages 1-19, this data only includes ages 5-19

Cutoffs: WHO 2007

Rómheáchán/murtall de réir grúpa socheacnamaíoch

Buachaill, 2017-2018



Cineál an tsuirbhí:

Féintuairiscithe

Aois:

11-15

Samplamh:

4520

**Ceantar
Clárú daithe:**

Náisiónta

Tagairt: World Health Organization (2020). Spotlight on adolescent health and well-being - Findings from the 2017/2018 Health Behaviour in School-aged Children (HBSC) survey in Europe and Canada. Available at: <https://apps.who.int/iris/bitstream/handle/10665/332091/9789289055000-eng.pdf>. Last accessed: 25.05.21.

Nótaí: HBSC Family Affluence Scale (FAS) - "HBSC uses an alternative measure, the Family Affluence Scale, which asks young people about material assets such as family cars, number of foreign holidays, computers, bathrooms and dishwashers in the household, holidays and having a bedroom to oneself. The scale, which enables users to add up how many of these assets a young person has in their home compared with other adolescents in their country/region, has been shown to provide a valid indicator of relative affluence."

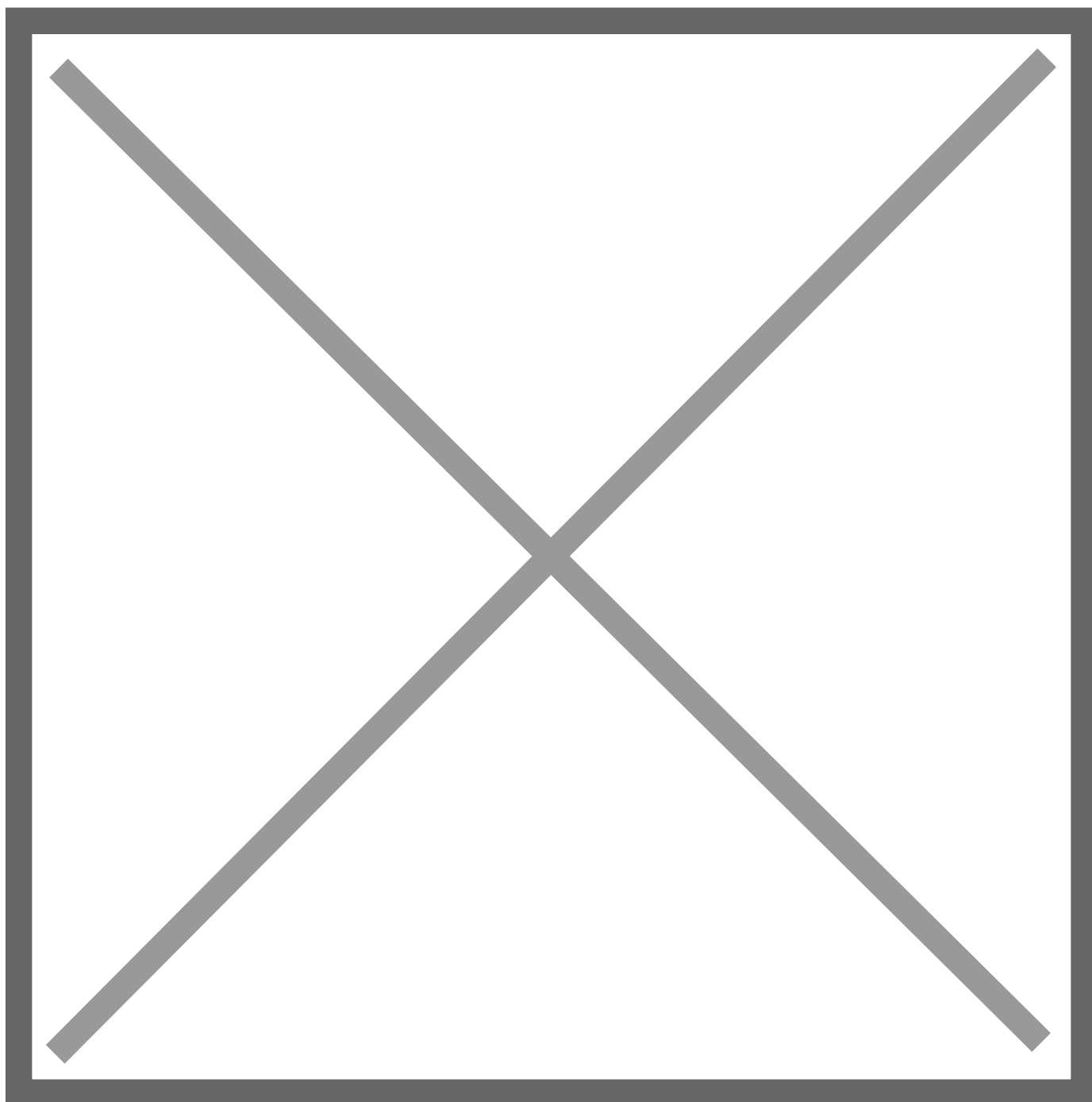
**Sainmháinthe
(ar fáil i
mBéarla
amháin):**

HBSC Family Affluence Scale (FAS)

Cutoffs:

WHO

CailĀnĀ, 2017-2018



**CineĀĵl an
tsuirbhĀ©:**

Féintuairiscithe

Aois:

11-15

SamplamhĀ©id:

4520

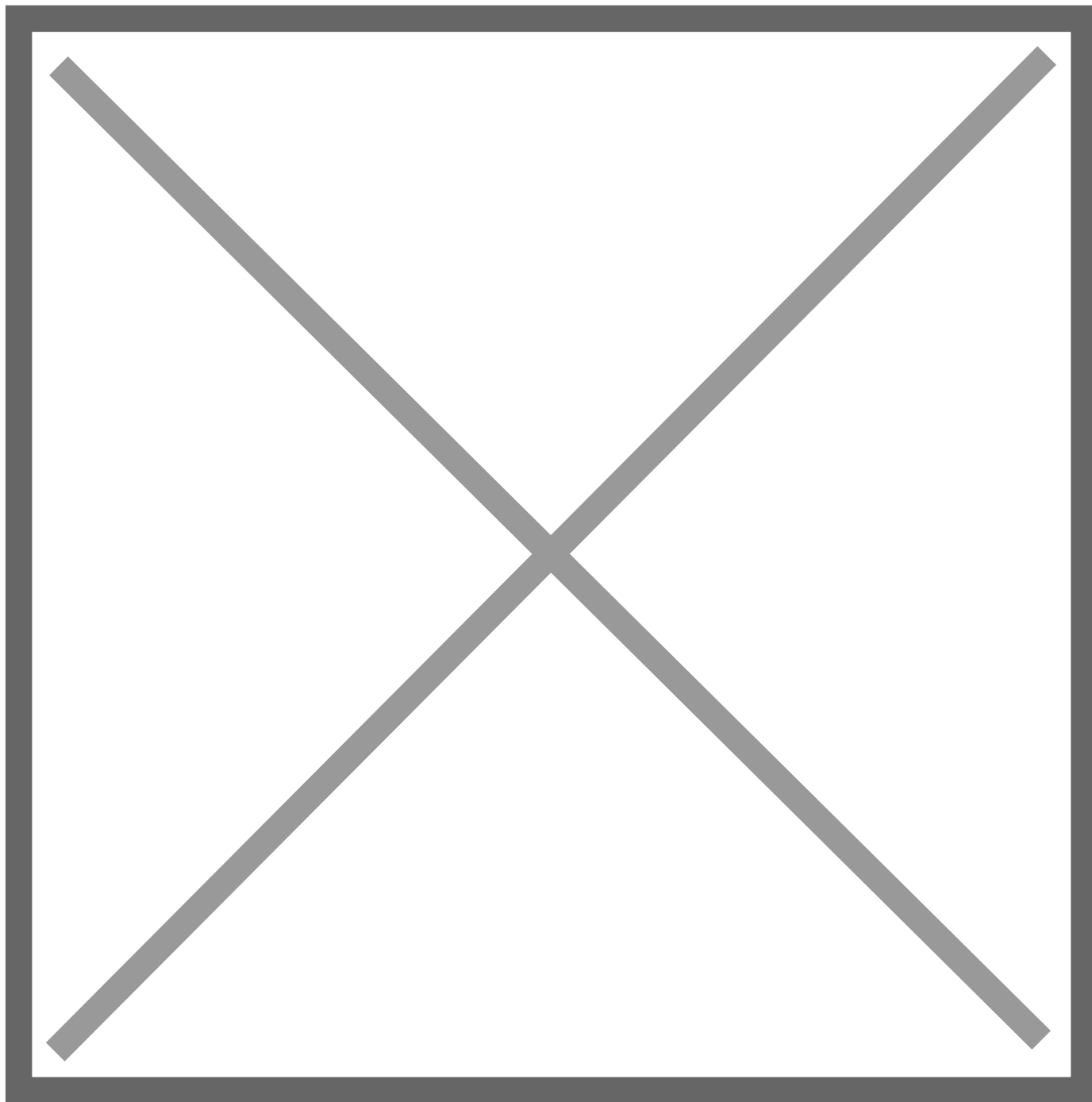
**Ceantar
CIĀ©daithe:**

NĀĵisiĀ©nta

Tagairt:	World Health Organization (2020). Spotlight on adolescent health and well-being - Findings from the 2017/2018 Health Behaviour in School-aged Children (HBSC) survey in Europe and Canada. Available at: https://apps.who.int/iris/bitstream/handle/10665/332091/9789289055000-eng.pdf . Last accessed: 25.05.21.
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Sainmháinthe (ar fáil i mBéarla amháin):	HBSC Family Affluence Scale (FAS)
Cutoffs:	WHO

Double burden of underweight & overweight

Páistí, 2022



Cineál an tsuirbhí:

Tomhaiste

Aois:

5-19

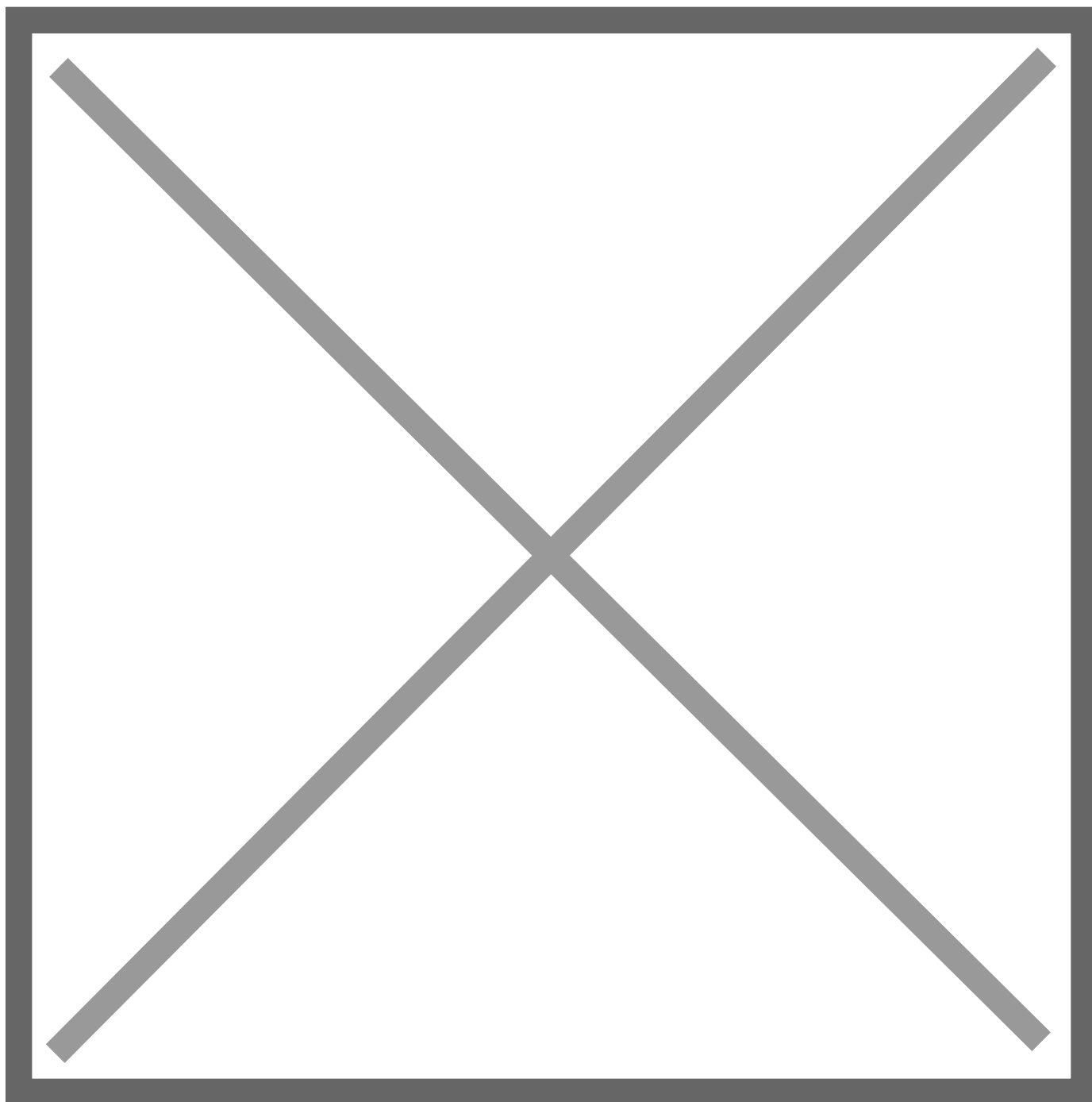
Tagairt:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Nótaí:	Age standardised estimates
Sainmháinthe (ar fáil i mBáarla amháin):	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

Gníomhaíocht choirp neamhimleor

Buachaill, 2022

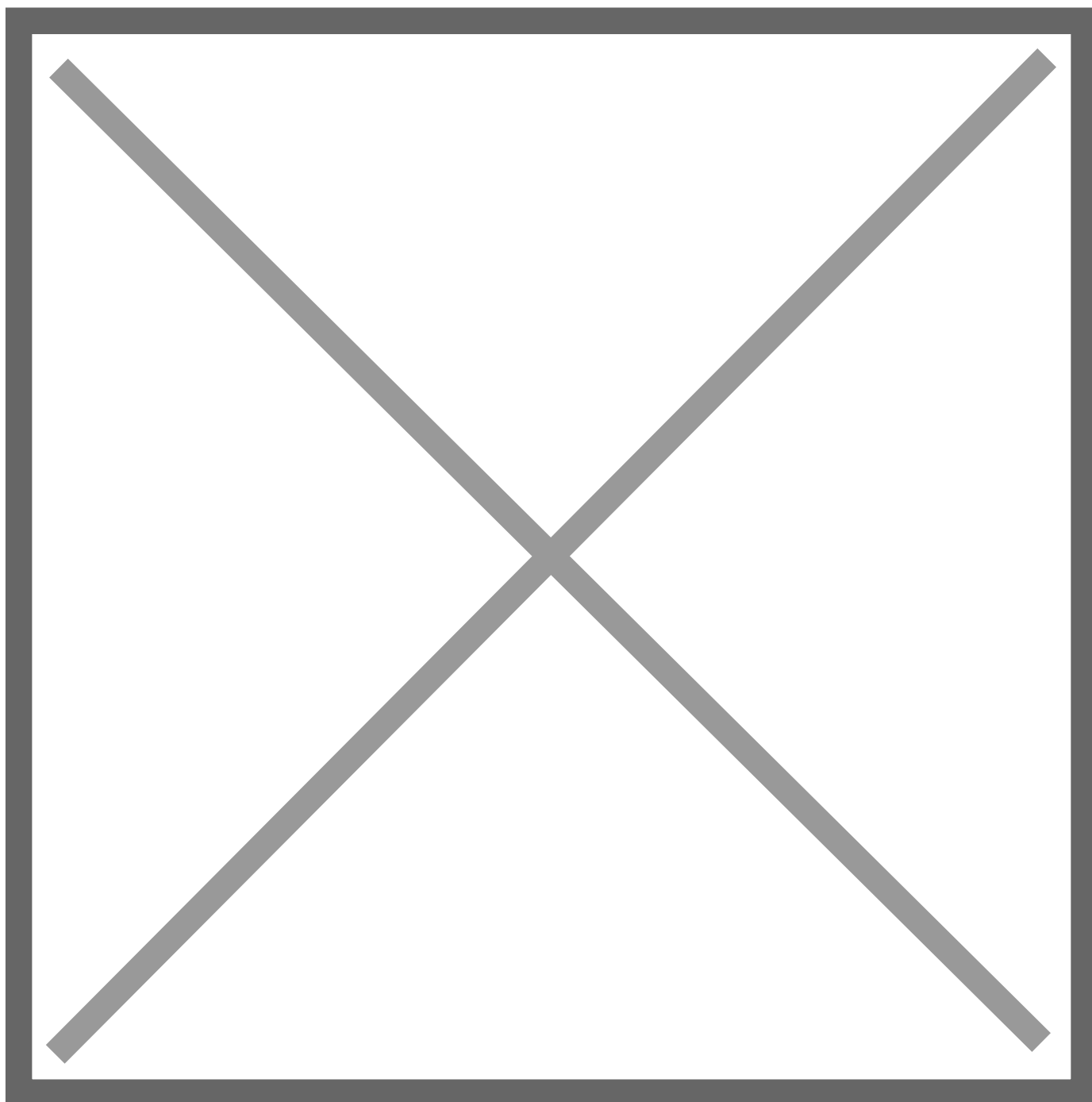


Ceantar
Clárúdaíthe:

Náisiónta

Tagairt:	Raki JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): https://data-browser.hbsc.org .
Nótaí:	Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily.
Sainmháinthe (ar fáil i mBéarla amháin):	% reporting less than 60 minutes of MVPA daily

CailAnA, 2022



**Ceantar
CIAdaithe:**

NÁisiÁnta

Tagairt:

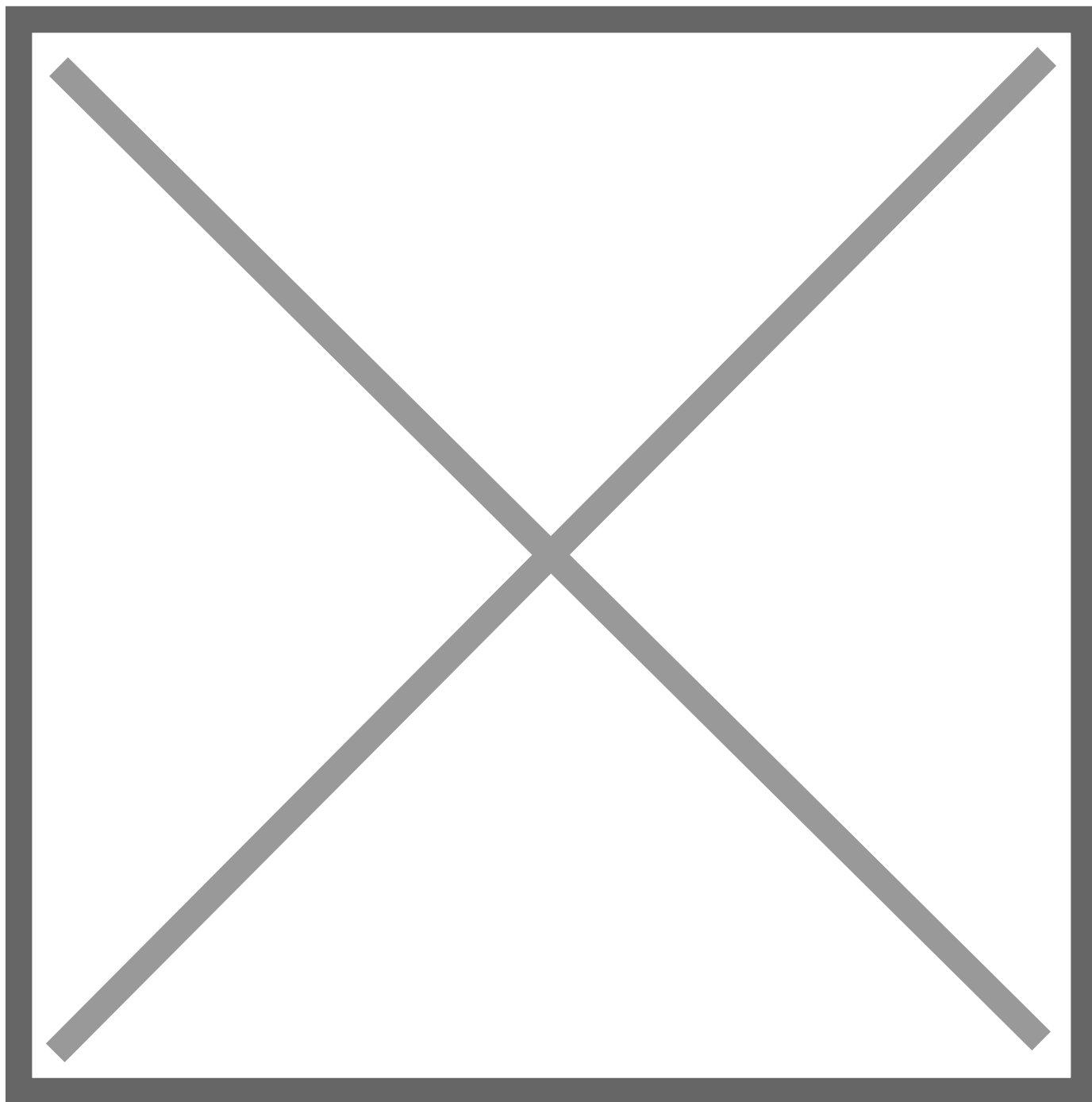
Raki JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>.

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**Sainmháinthe
(ar fáil i
mBáarla
amháin):** % reporting less than 60 minutes of MVPA daily

Leitheadáil na ndeochanna boga carbóin go laethúil ar a laghad

Buachaill, 2021-2022



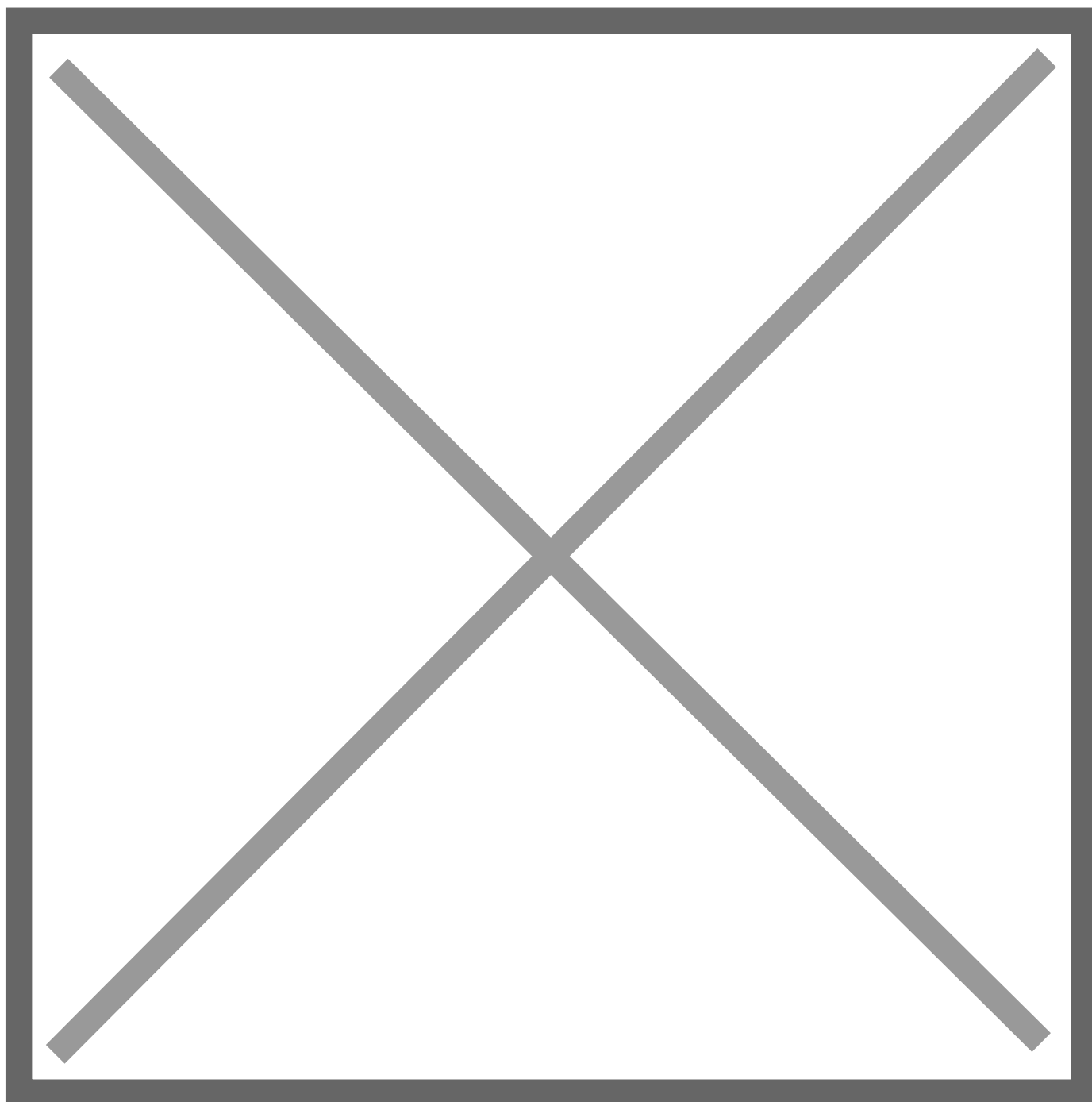
Ceantar
Clárú: **Clárú:**

Náisiúnta

Tagairt: Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>

**Sainmháinthe
(ar fáil i
mBéarla
amháin):** Proportion who reported drinking sugary soft drinks daily (at least once)

CailĀnĀ, 2021-2022



**Ceantar
CIĀdaithe:**

NĀisiĀnta

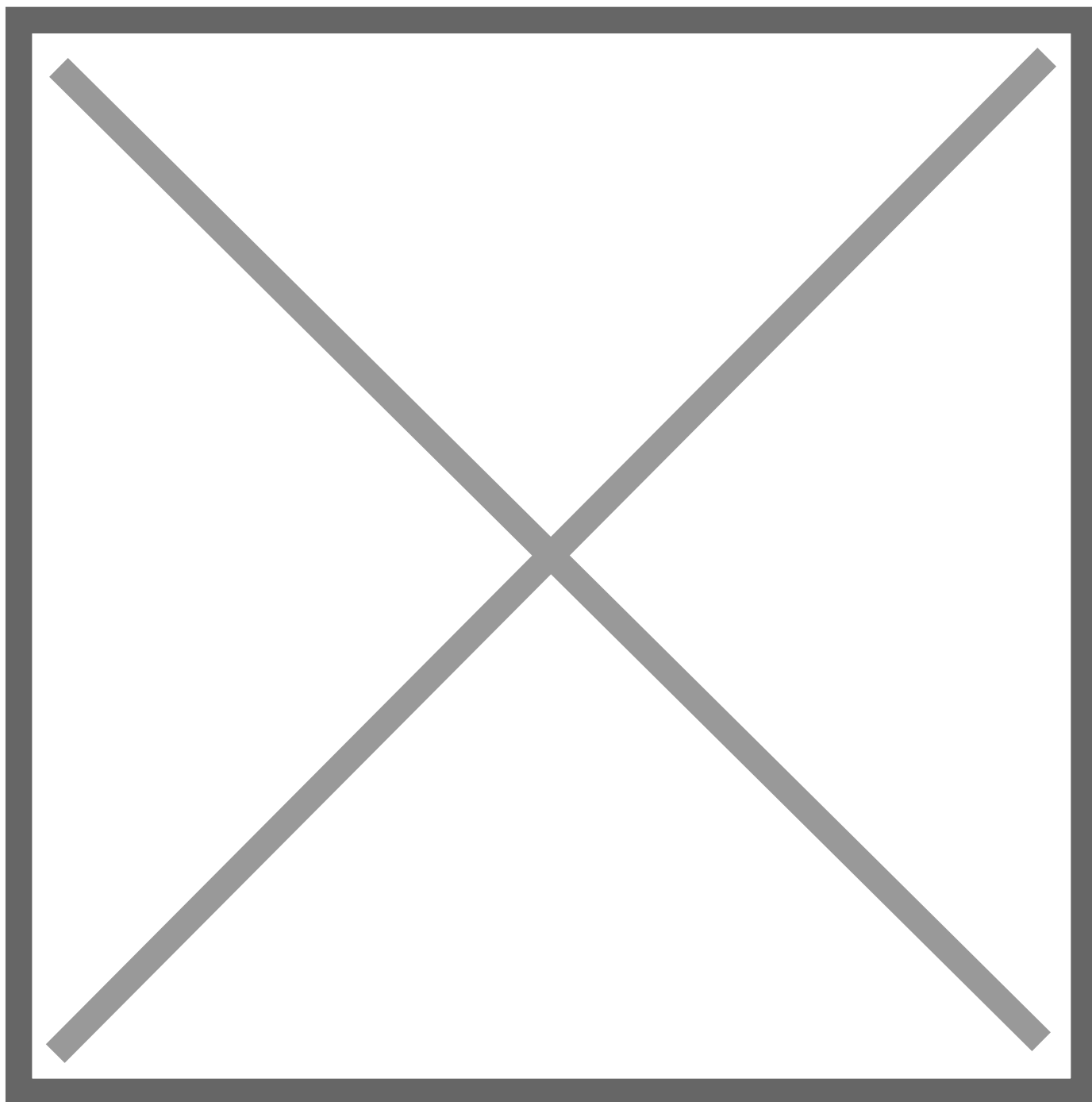
TagairtĀ:

Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>

**SainmhĀnithe
(ar fĀil i
mBĀarla
amhĀin):**

Proportion who reported drinking sugary soft drinks daily (at least once)

Leitheadáilacht naos lá nár ithe laetháil torthaí Páistí, 2014



Cineál an tsuirbháil:

Tomhaiste

Tagairt:

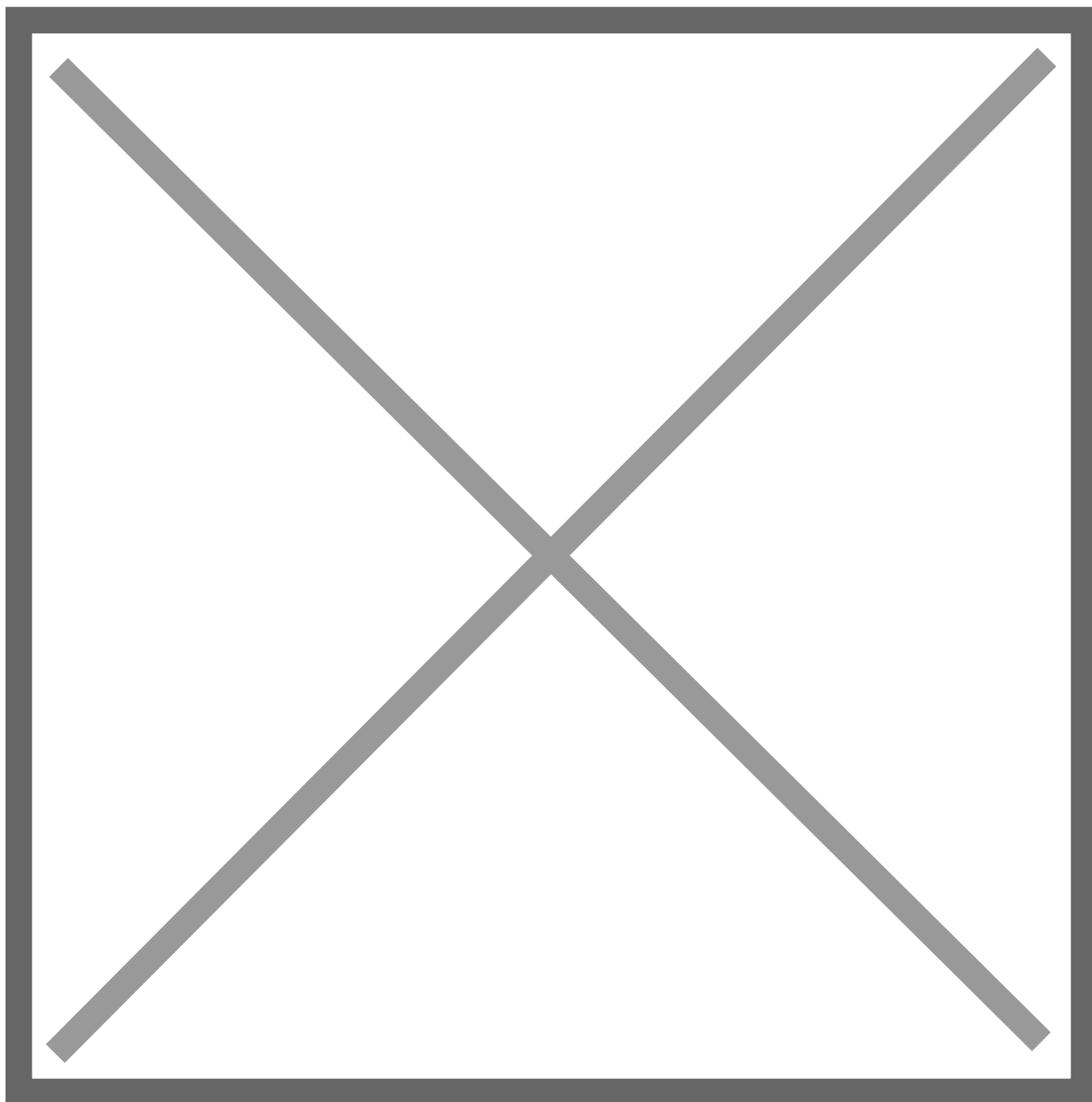
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Sainmháinthe
(ar fáil i
mBáarla
amháin):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Leitheadáilacht nAos lá nA; ithe laetháil glasraA

PÁistA, 2014



CineAil an
tsuirbhA:

Tomhaiste

Aois:

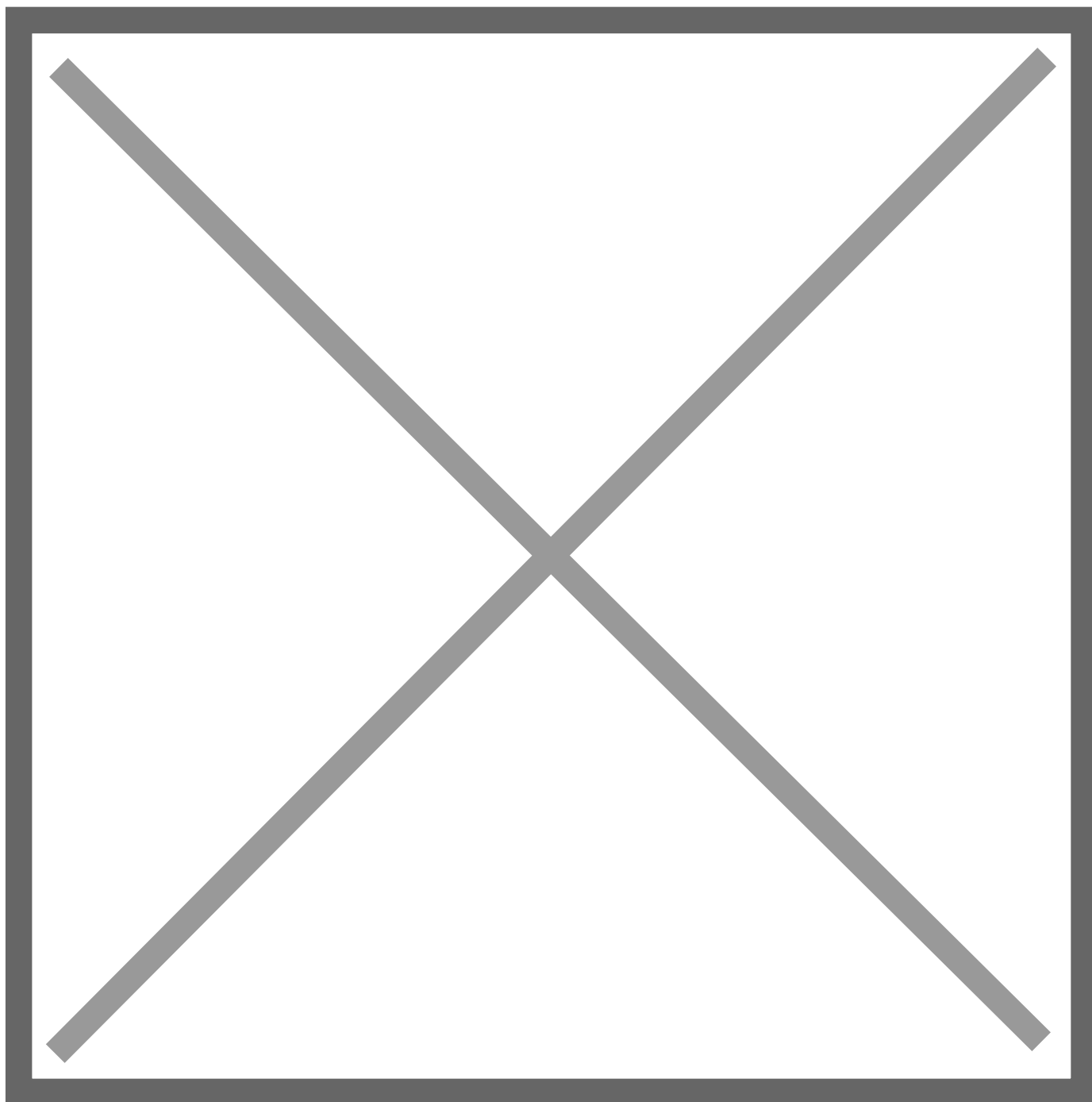
12-17

Tagairt: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Sainmháinthe (ar fáil i mBáirla amháin): Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Meabhairshláinte - neamhoird dAilagar

Páistí, 2021



Ceantar
Cláiríoch:

Náisiúnta

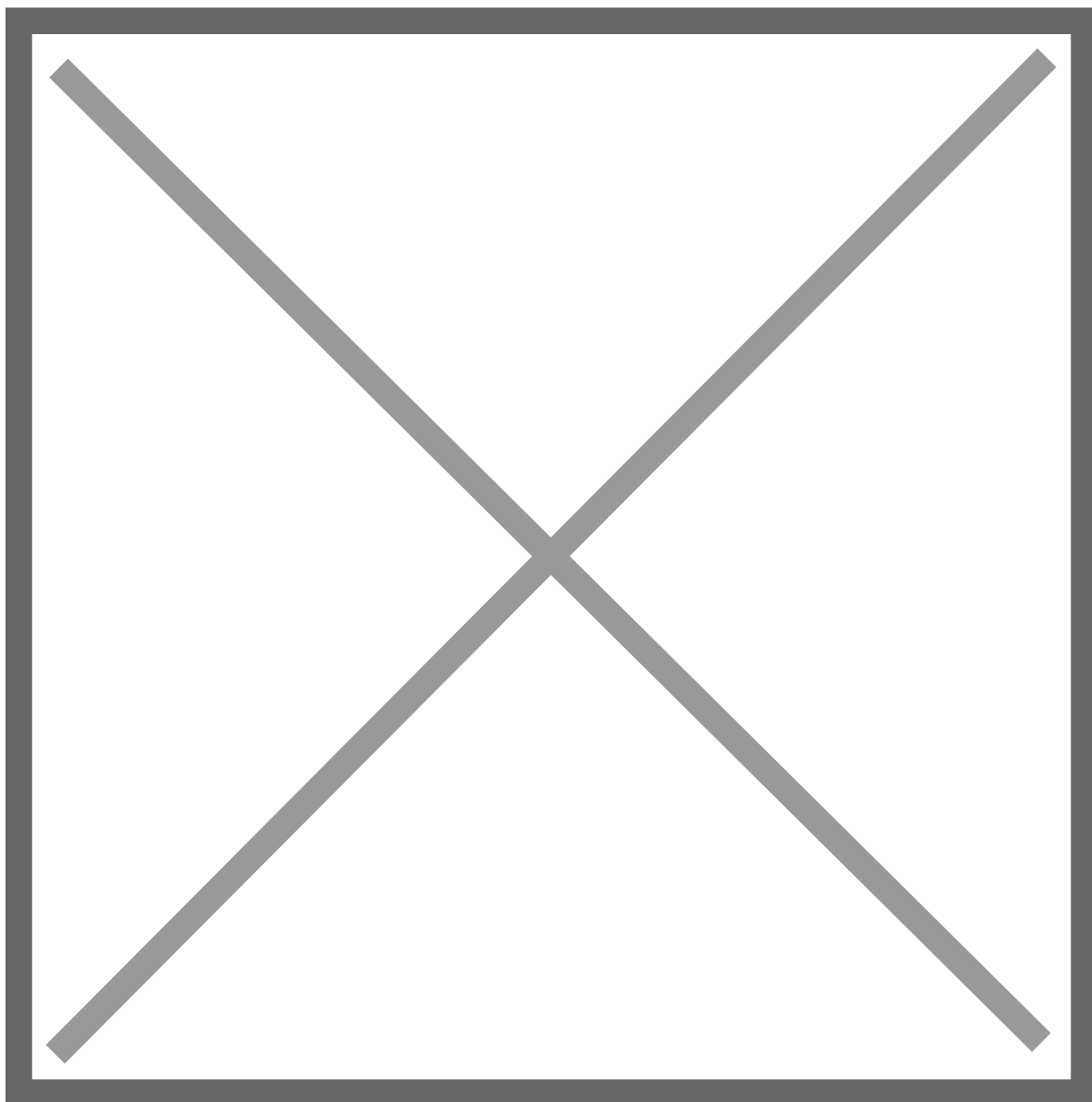
Tagairt:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Buachaill, 2021



Ceantar
Clárú: **Clárú:**

Náisi

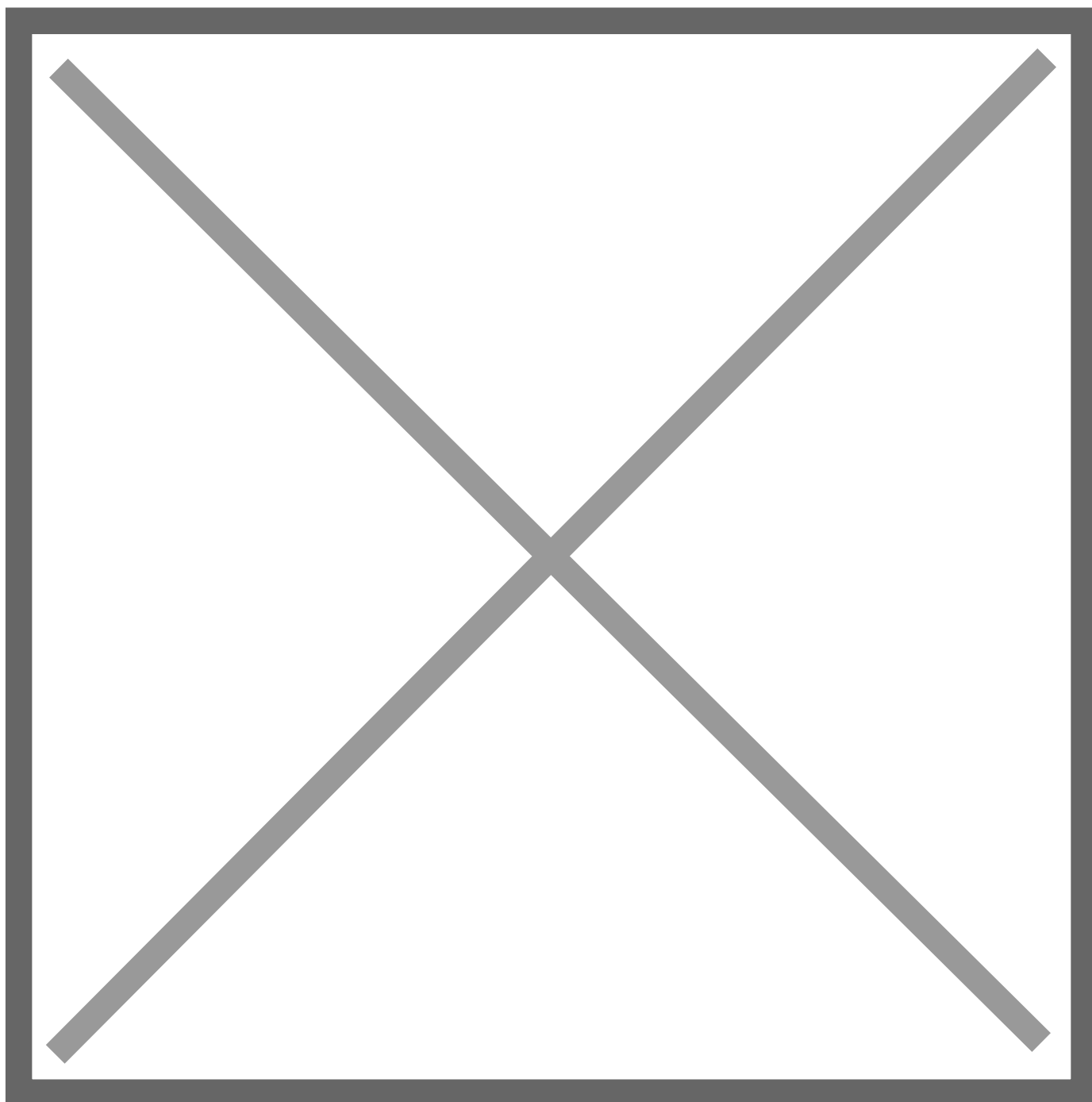
Tagairt:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

CailĀnĀ, 2021



**Ceantar
CIĀċdaithe:**

NĀĵisiĀċnta

TagairtĀ:

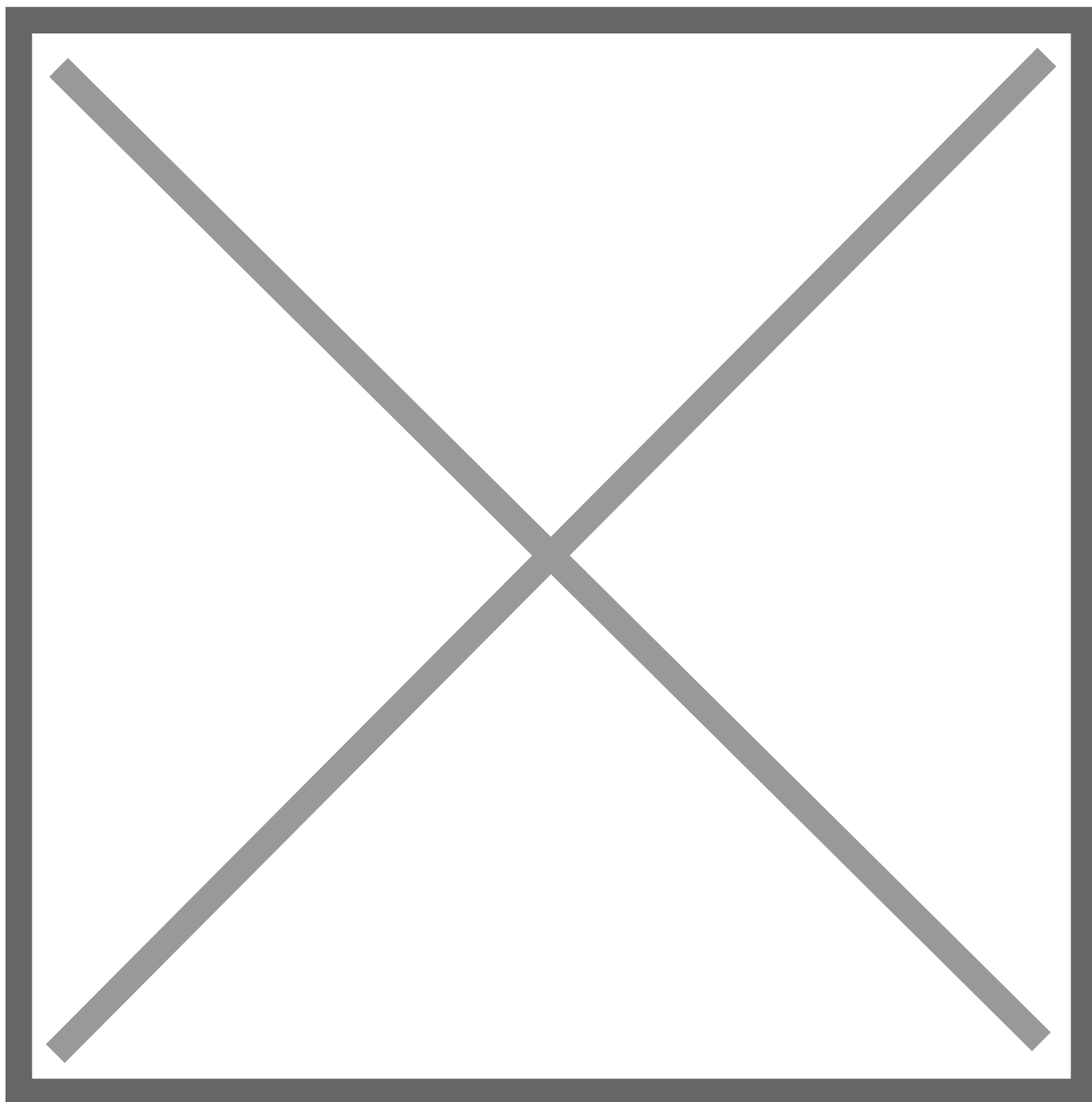
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

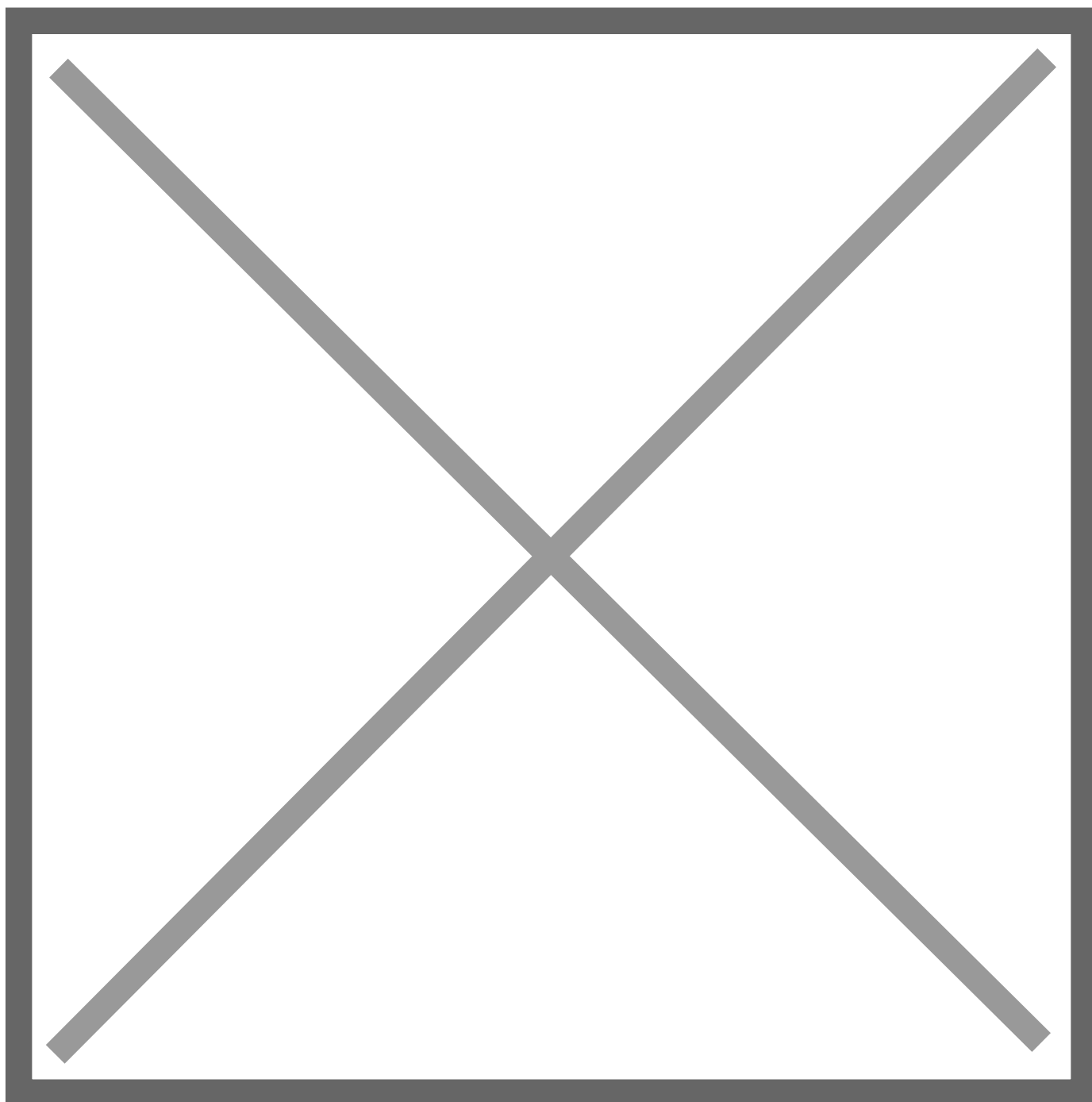
Meabhairshláinte - neamhoird imní

Páistí, 2021

**Tagairt:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

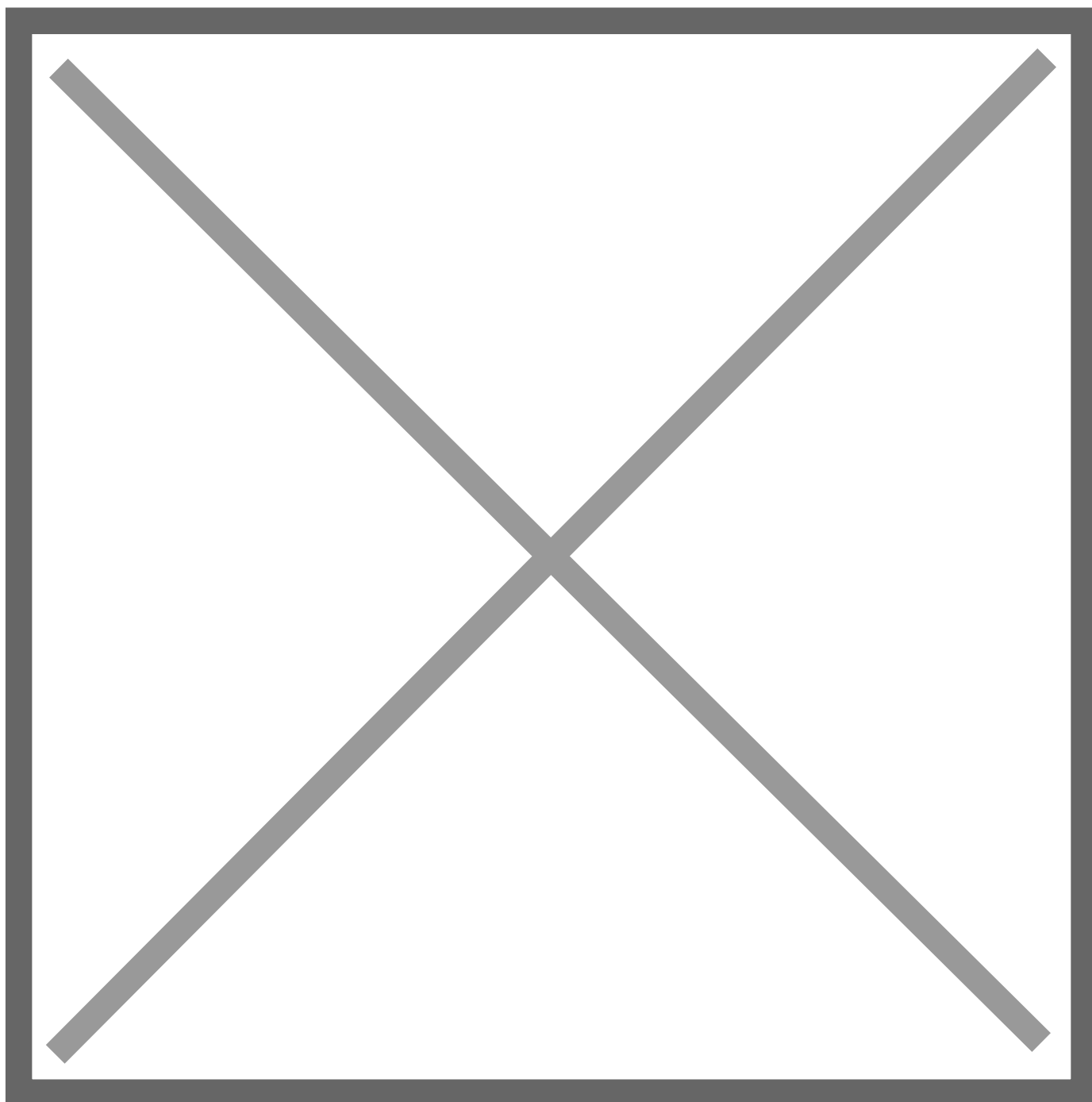
BuachaillÃ, 2021



TagairtÃ:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

CailĀnĀ, 2021



TagairtĀ:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

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