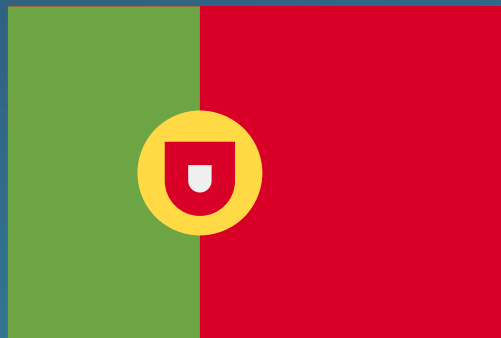




Portugal



Country report card - under-5s

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/portugal-174/>.

FÃ¶ljarekomst av fetma

0-5 years, 2015-2016



Älder:	0-5
Urvalsstorlek:	315401
Referenser:	Other: Inquérito Alimentar Nacional e de Atividade Física, IAN-AF 2015-2016

Anteckningar: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitioner
(endast
tillgängliga
på
engelska):

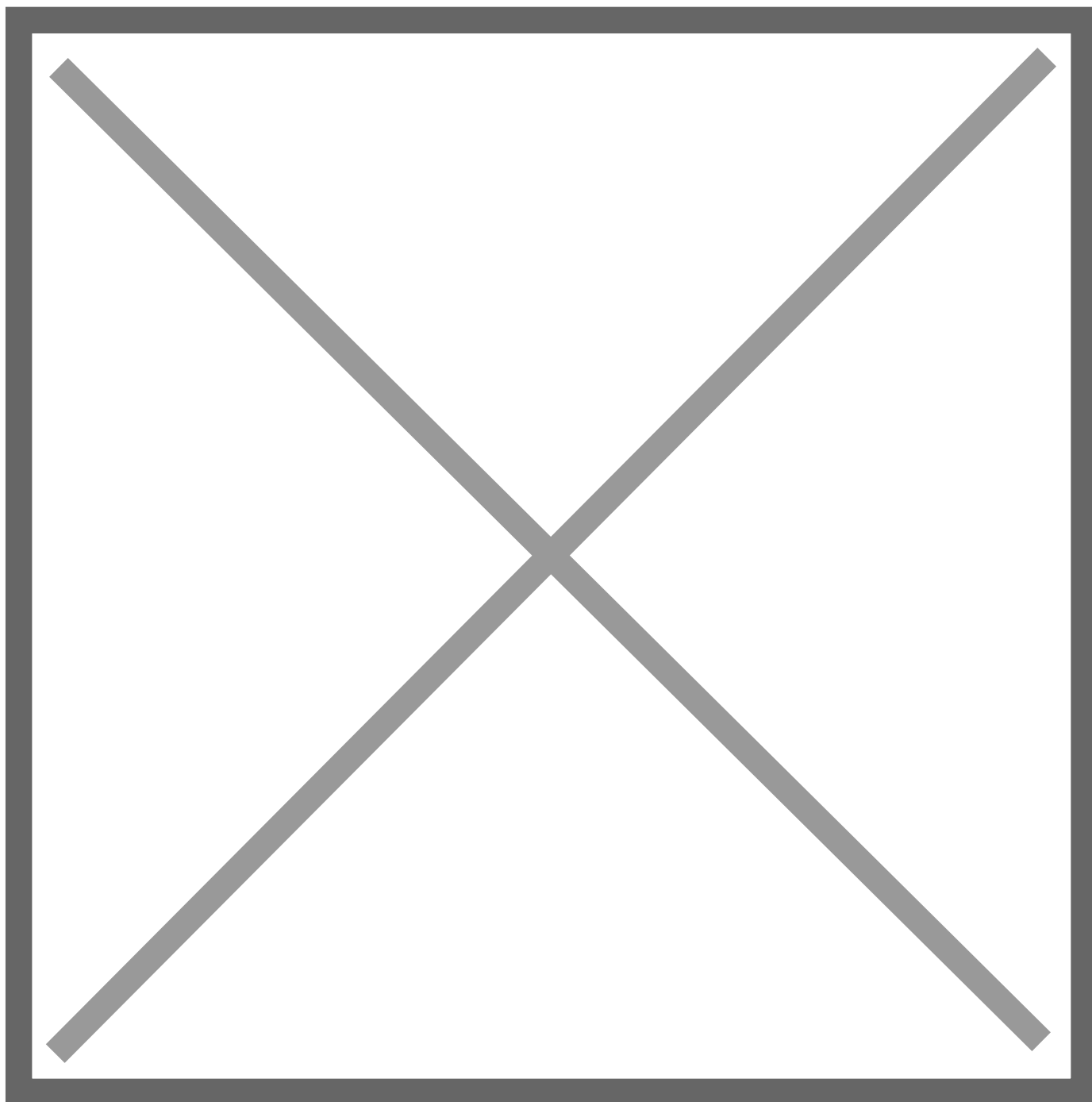
=>+2SD

Å¶ vervikt/fetma efter etnicitet

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Double burden of underweight & overweight

0-5 years, 2015-2016



UndersÅ¶kningstyp:

UppmÅtt

Ålder:

0-5

Referenser:

UNICEF data available at <https://data.unicef.org/topic/nutrition/malnutrition/> (last accessed 12.03.25)

Anteckningar:

Children under 5 falling below -2 standard deviations from the median height for age and falling at or above +2 standard deviations from the median weight-for-height of the reference population

PDF created on June 28, 2025