



Polsko



Country report card - under-5s

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

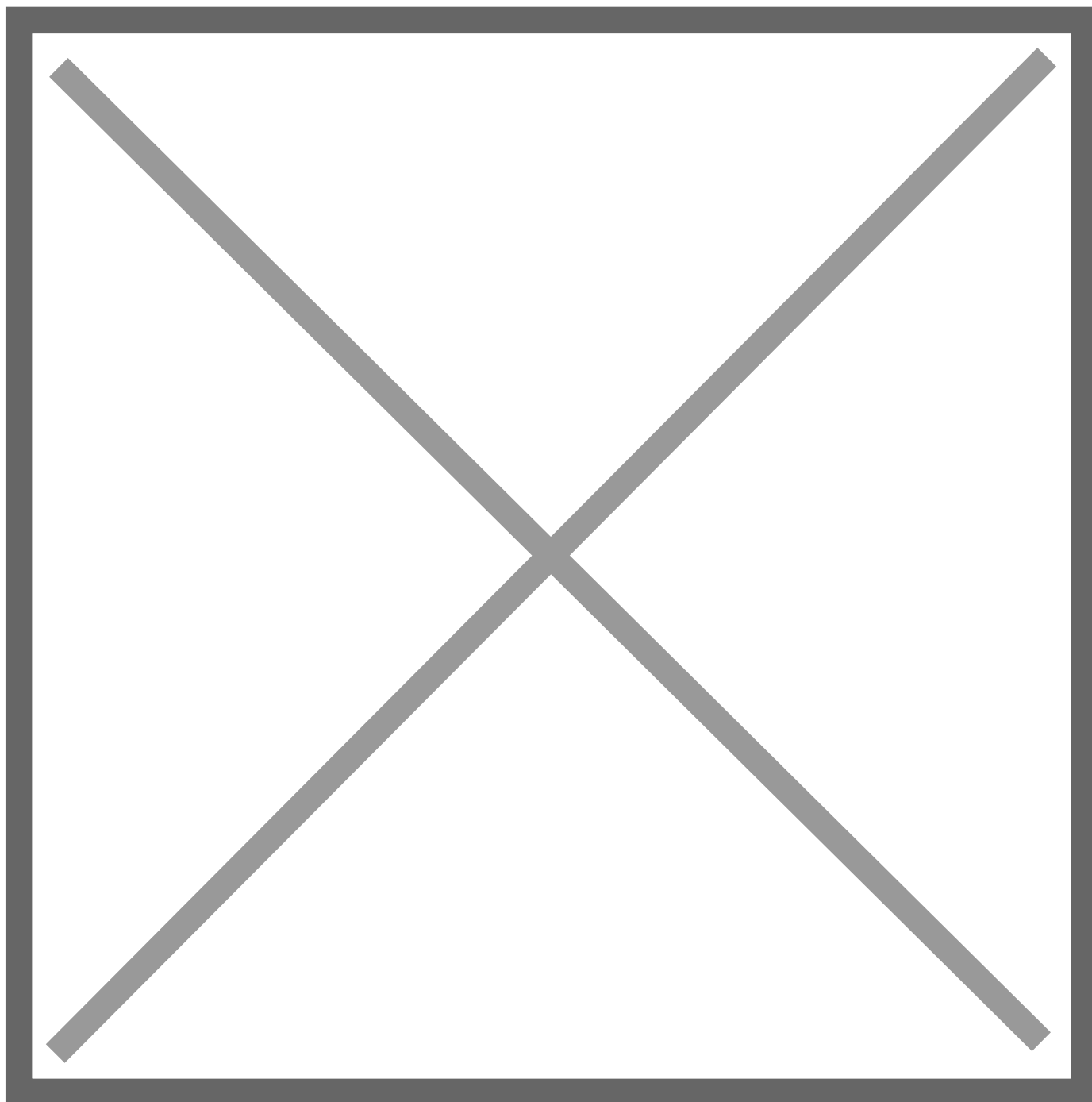
View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/poland-173/>.

Riziko nãjrodnã obezity ***6/10** This is a composite â[] obesity riskâ[] score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels. Riziko dã[] tská© obezity ***7/11** This is a â[] risk scoreâ[] for each countryâ[] s likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

* Na zãjkladã[] odhadovanã½ch dat. Dalã½ informace najdete vã sekci Publikace

Prevalence obesity

0-5 years, 2010-2012



VĚK: 0-5

Velikost vzorku: 3206

Reference: Other: The prevalence of overweight and obesity among polish pre-school-aged children. Developmental Period Medicine, 2016:XX,2

Poznámky:

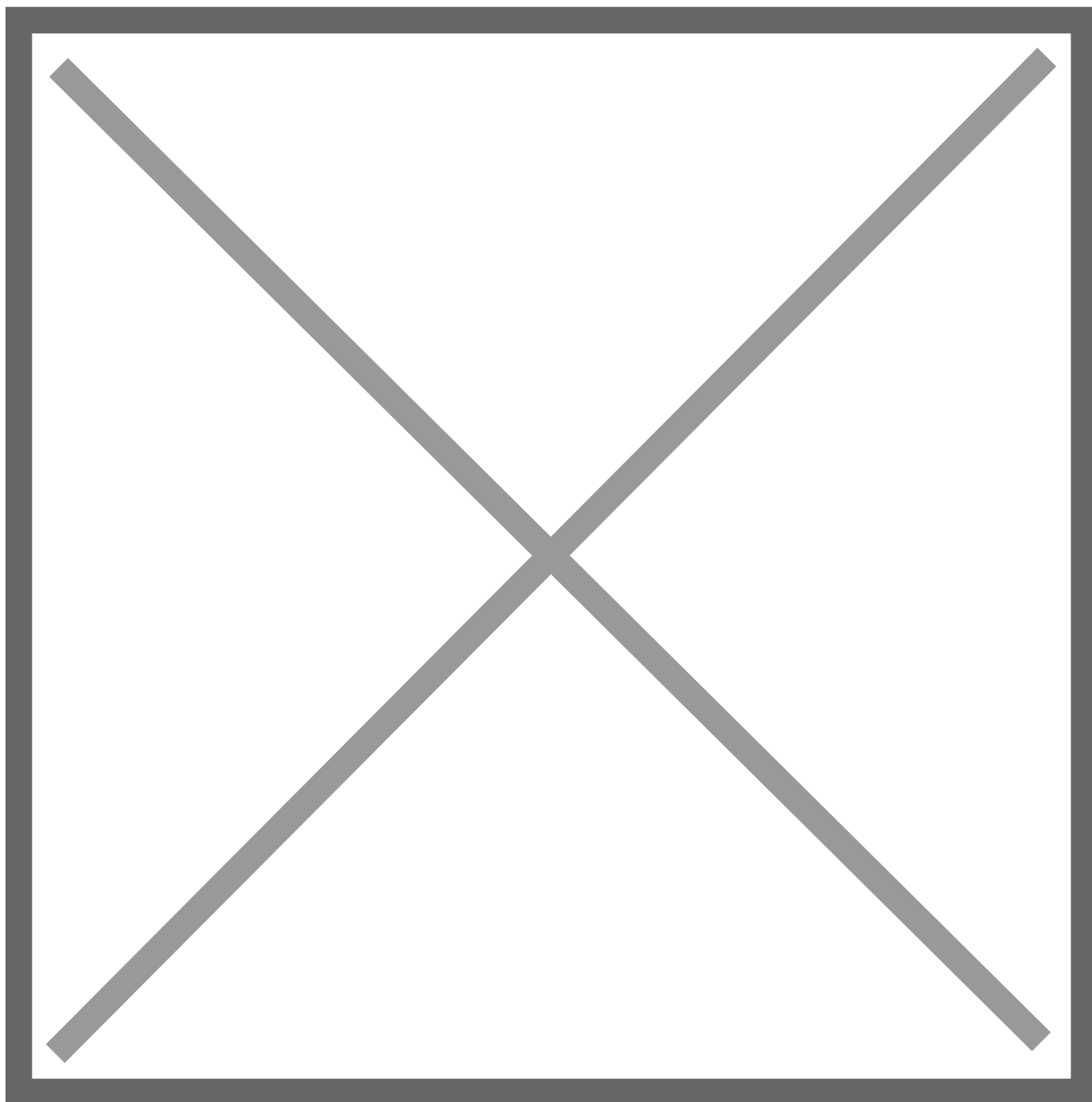
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definice
(kÃ½ dispozici
pouze
vÃ½ angliÃ½
tinÃ½):**

=>+2SD

Double burden of underweight & overweight

0-5 years, 2010-2012



Typ
prózkumu:

Namę Ą enę©

VĄ k:

0-5

Reference:

UNICEF data available at <https://data.unicef.org/topic/nutrition/malnutrition/> (last accessed 12.03.25)

Poznámky: Children under 5 falling below -2 standard deviations from the median height for age and falling at or above +2 standard deviations from the median weight-for-height of the reference population

PDF created on June 28, 2025