Philippines



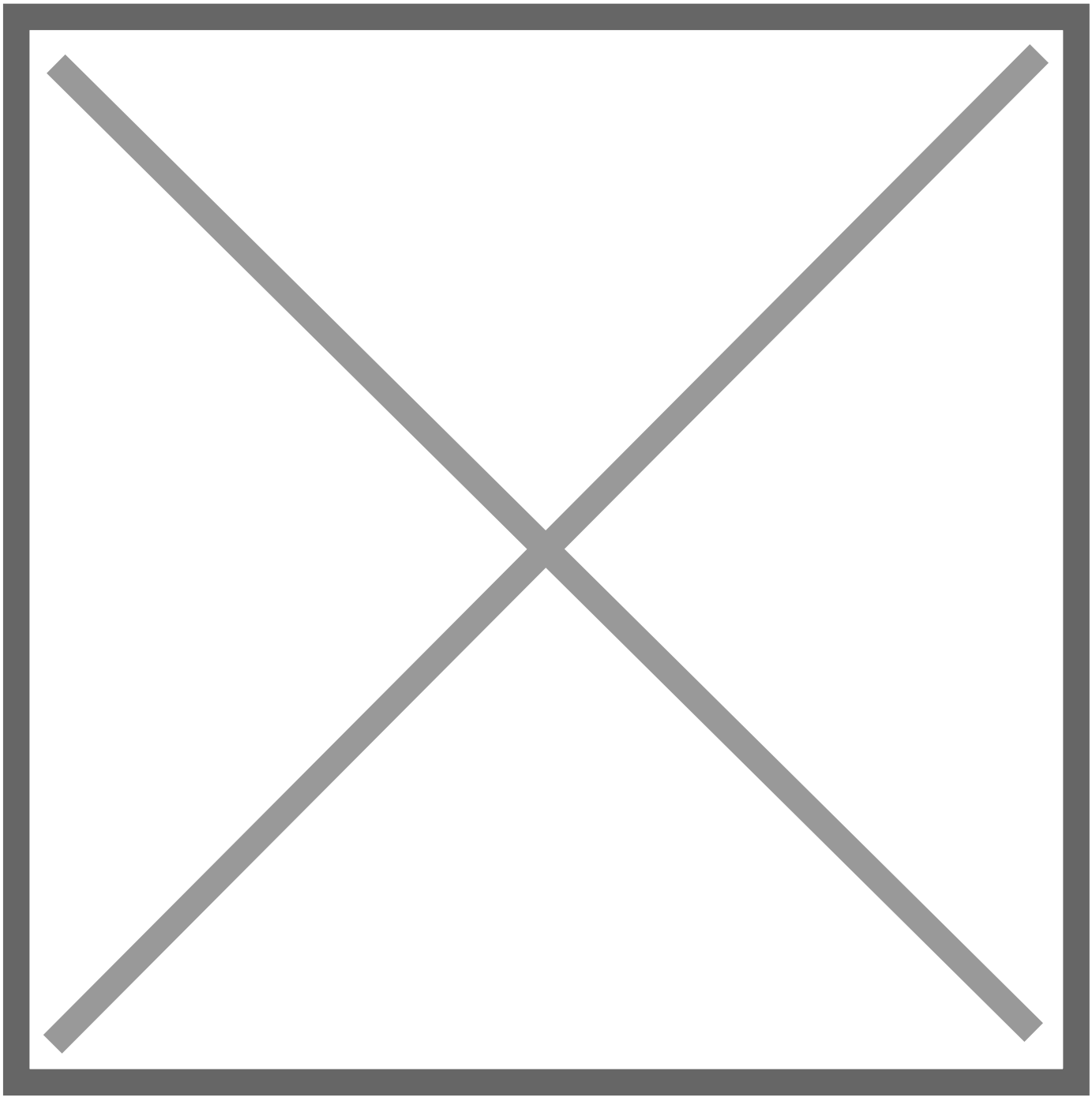
Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at https://data.worldobesity.org/country/philippines-172/.

Obesity prevalence

Children, 2024

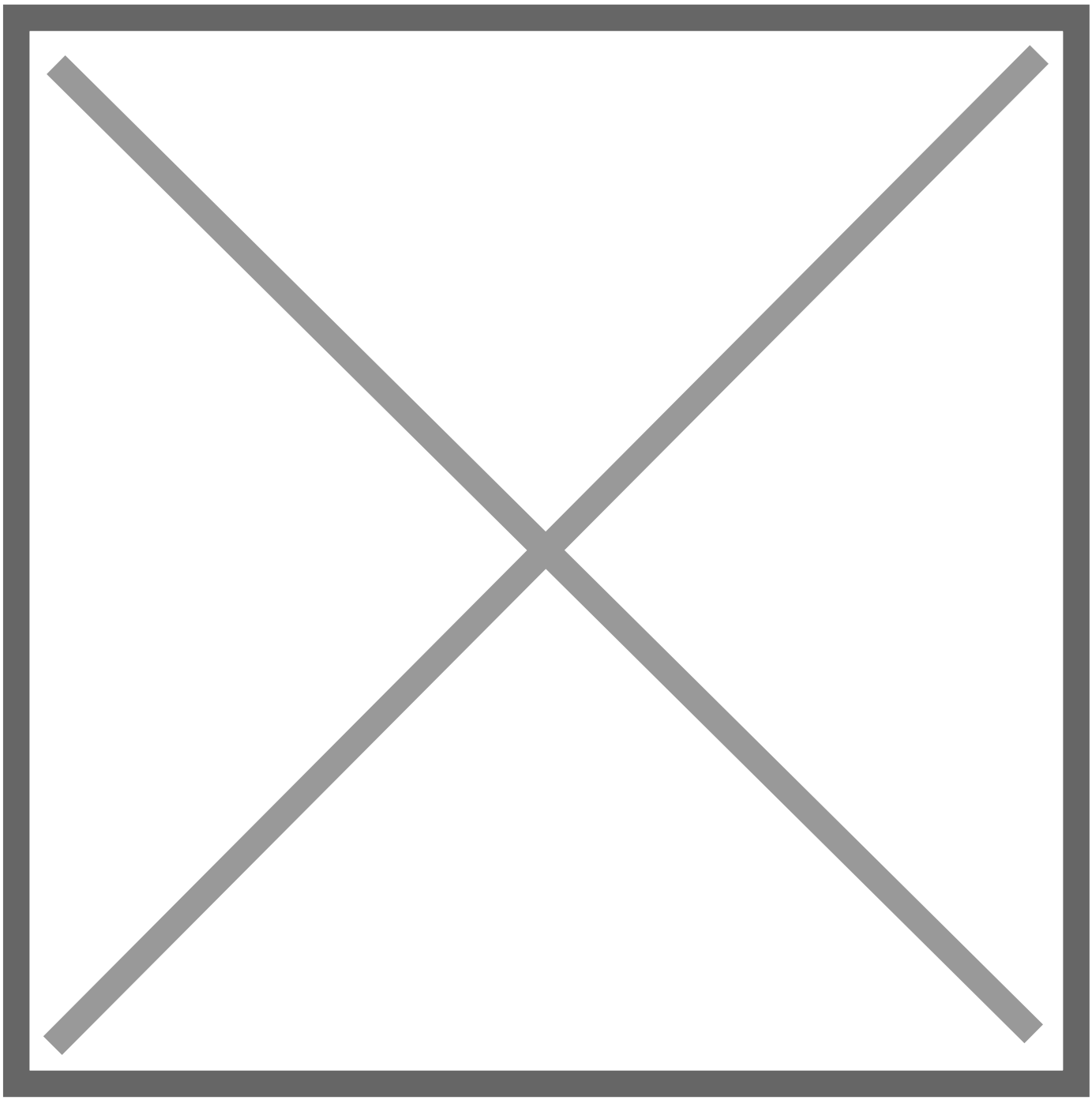


Survey type:	Self-reported
Age:	13-17
Sample size:	8618
Area covered:	National

å□ è□ æ □ ç□ ®:	Global School-based Student Health Survey, Philippines 2024 Fact Sheet. Available at: https://www.who.int/publications/m/item/2024-gshs-fact-sheet-philippines (Accessed: 12.06.25)
Cutoffs:	WHO 2007

% Children (10-19) living with obesity in the Philippines, 2008-2021

Boys



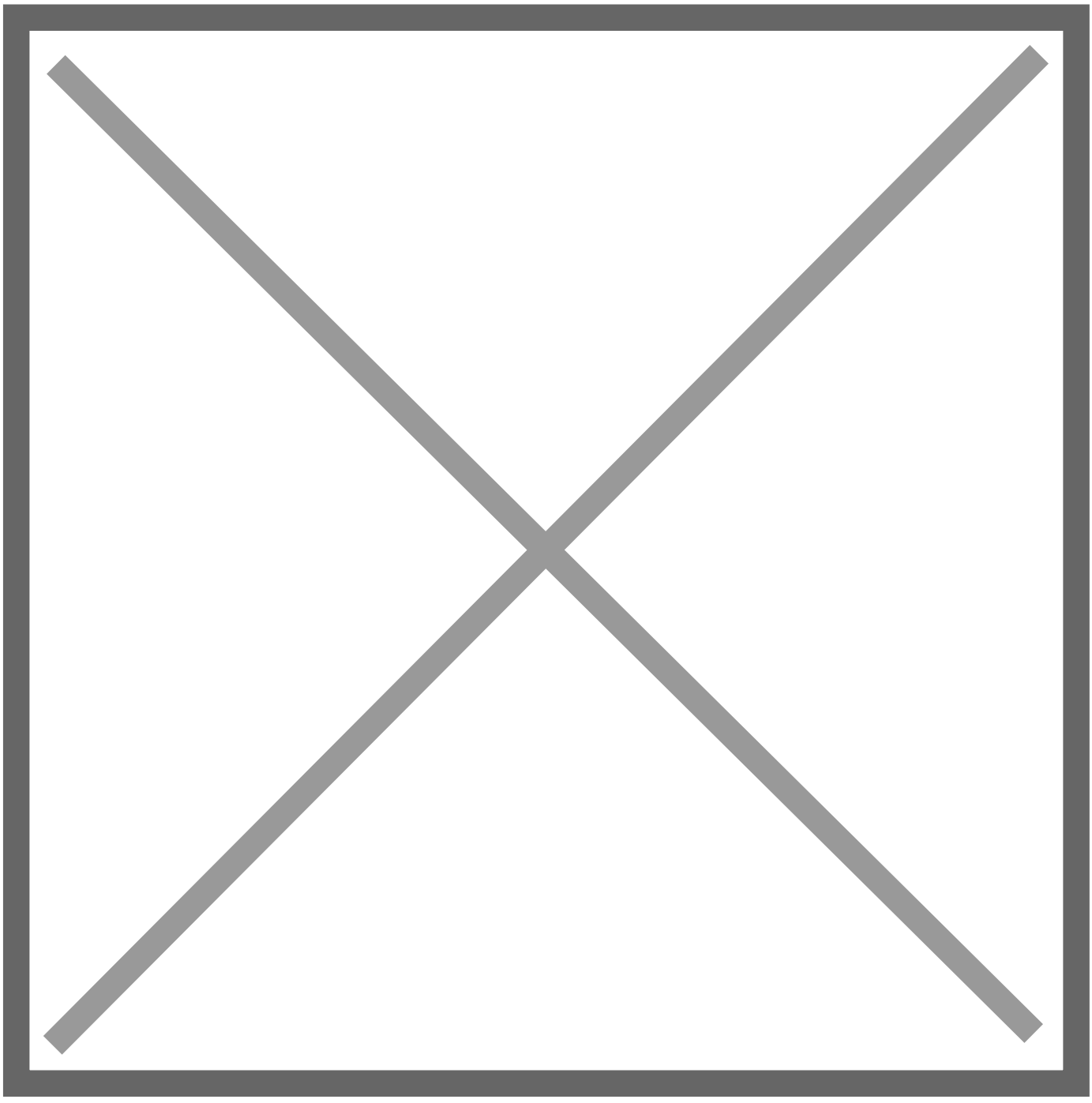
Survey type:	Measured

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Girls



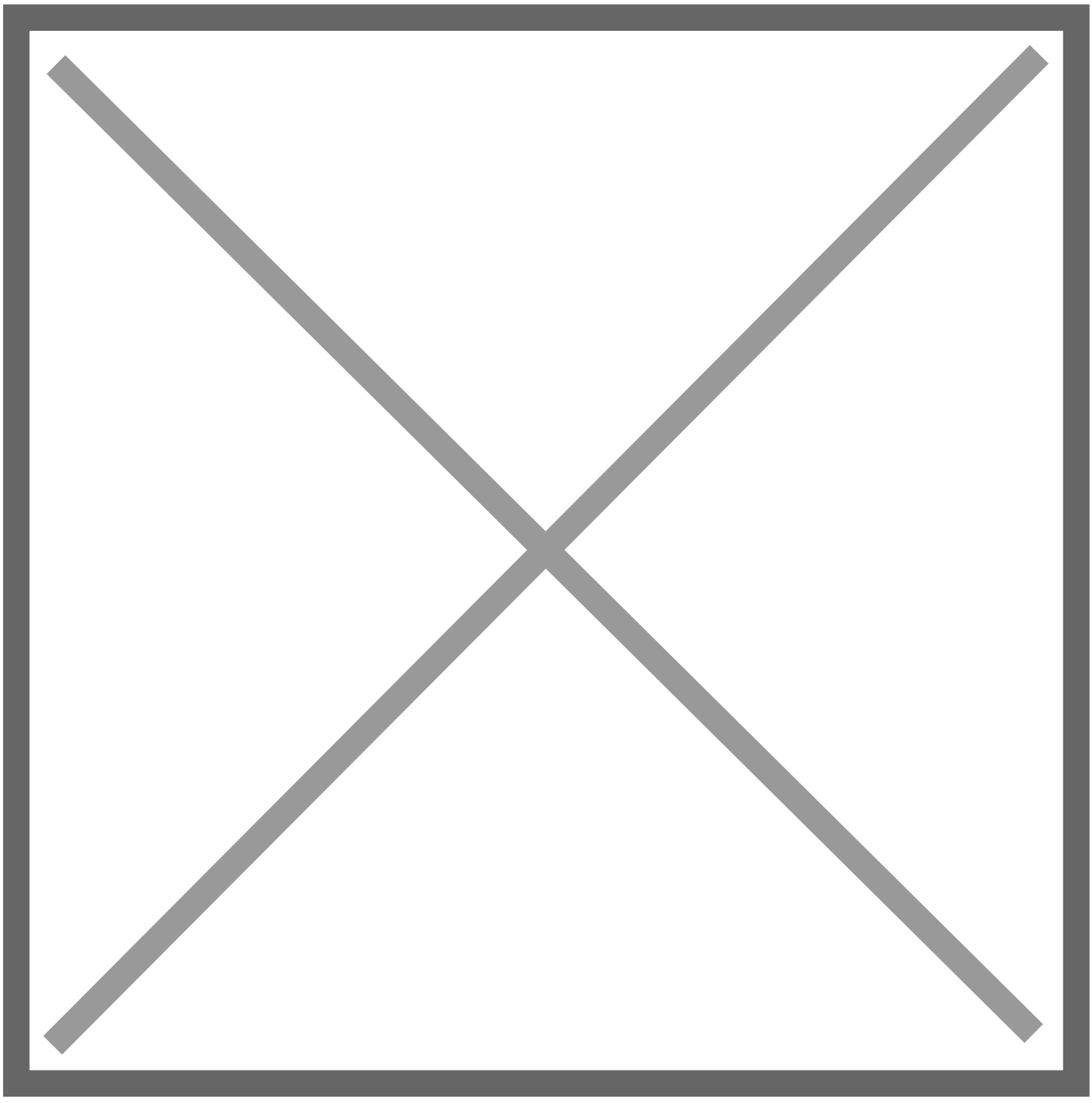
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Boys and girls



Survey type:	Measured

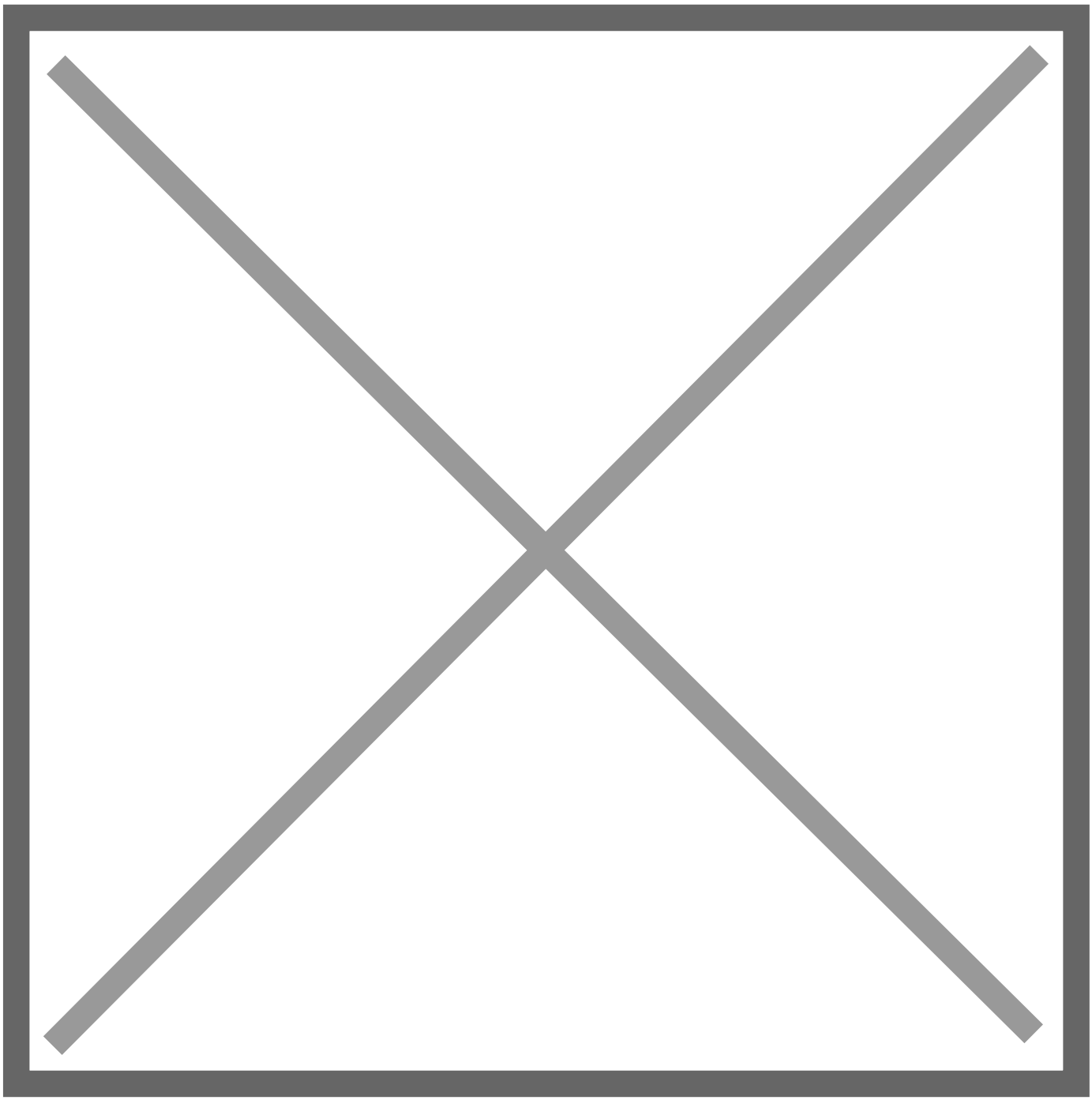
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% Children (10-19) living with overweight or obesity in the Philippines, 2008-2024

Boys and girls



Survey type:	Measured

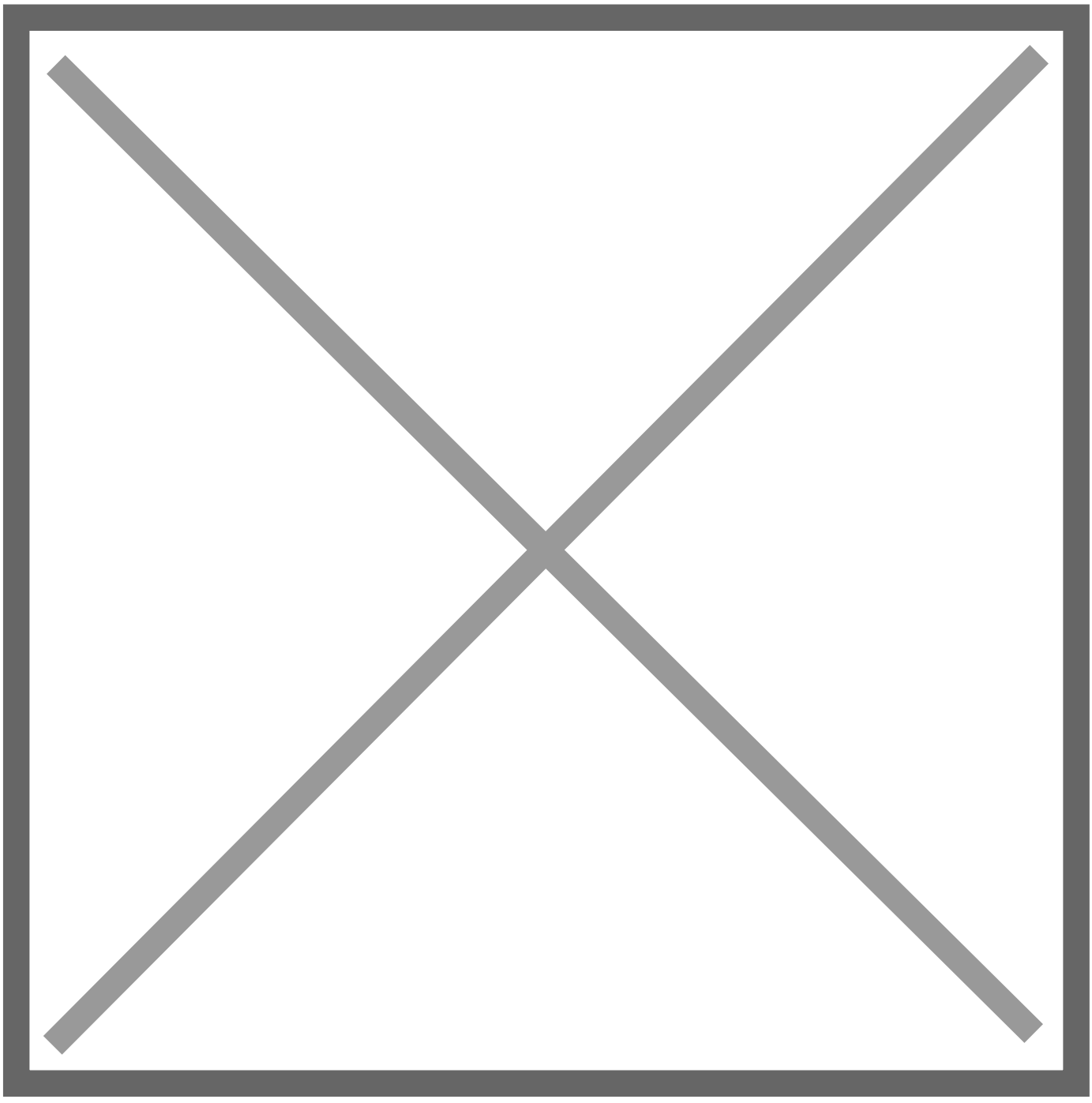
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Notes: WHO cutoffs

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Boys

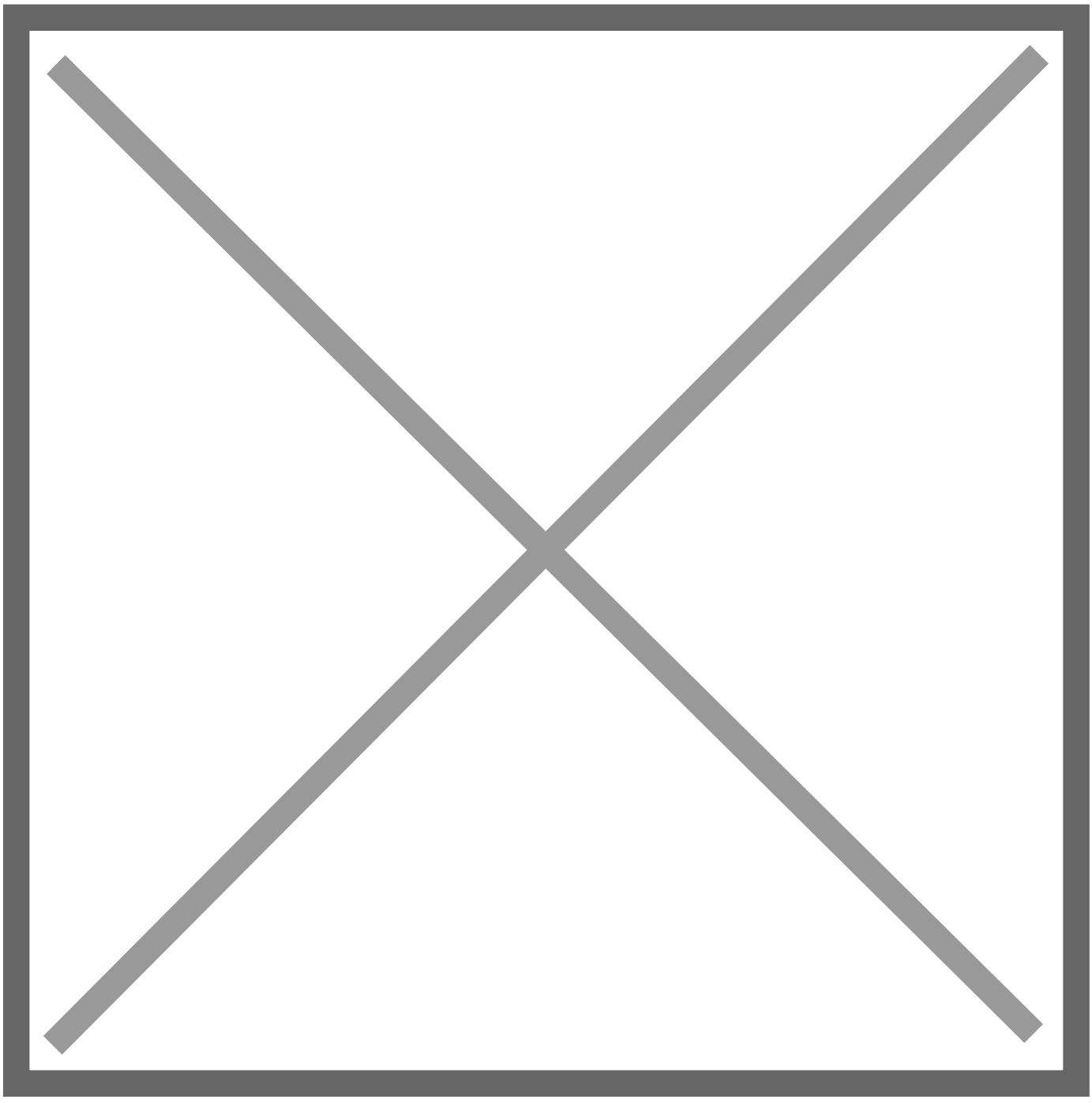


Survey type:	Measured

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Notes:	WHO cutoffs

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Girls



Survey type:	Measured

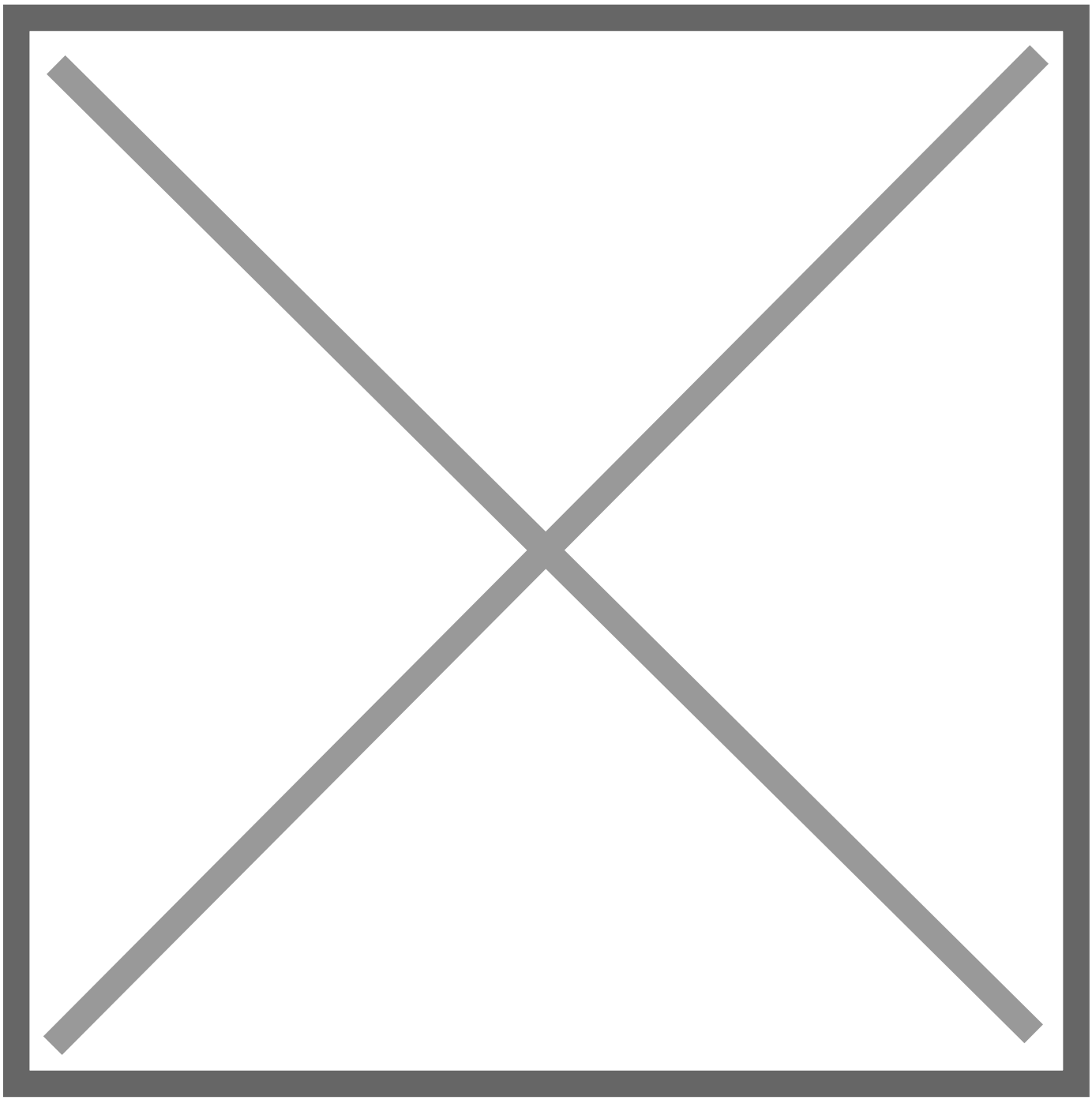
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Notes: WHO cutoffs

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% Children (12 years old) living with overweight or obesity in the Philippines 1993-2003

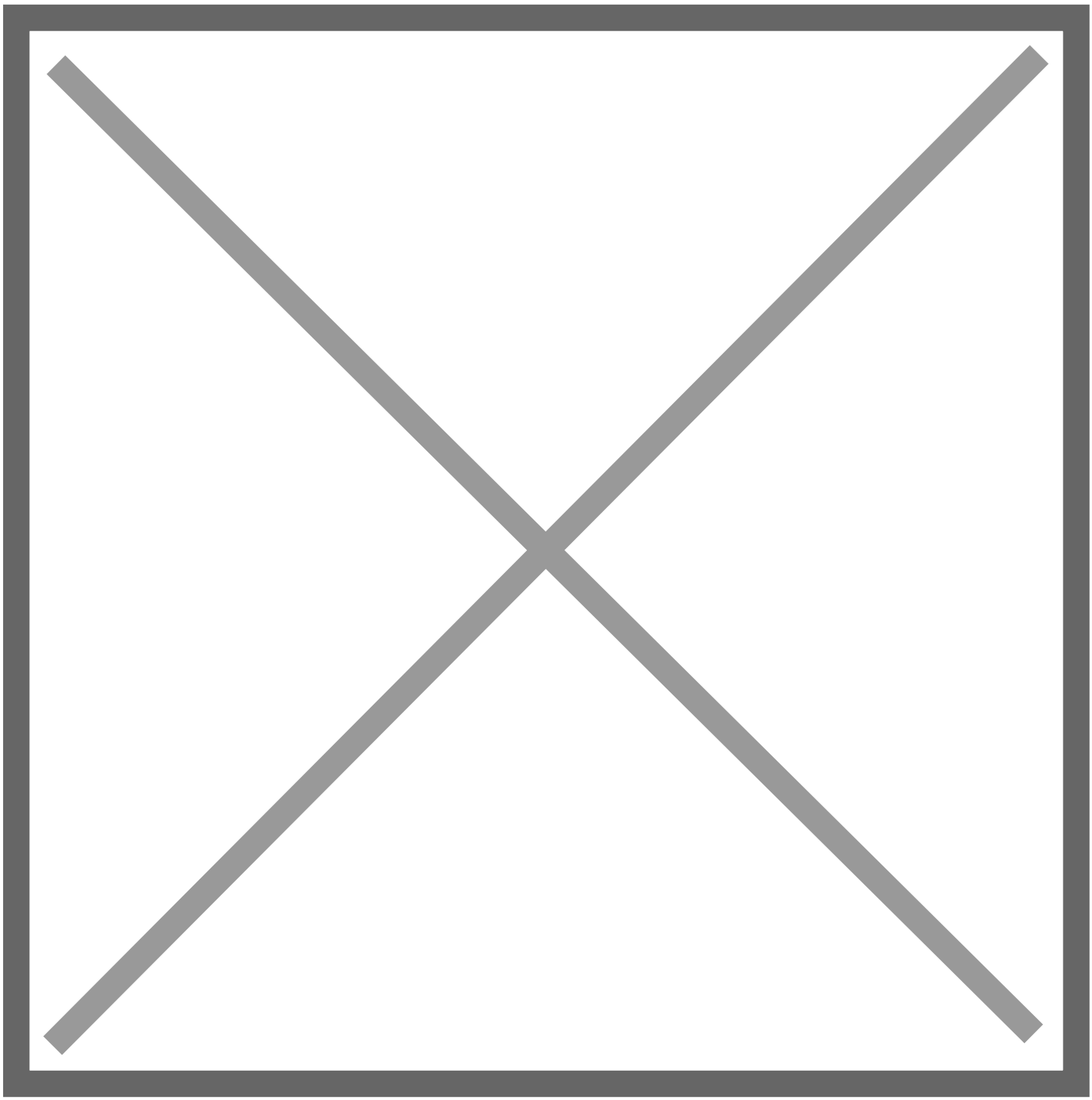


Survey type:	Measured
å□ è□ æ □ ç□ ®:	Philippine facts and figures 2003, Part II. Anthropometric Facts and Figures, FOOD AND NUTRITION RESEARCH INSTITUTE, Department of Science and Technology
Definitions:	Other

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Children (13-17) living with overweight or obesity in Philippines, 2003-2024

Boys



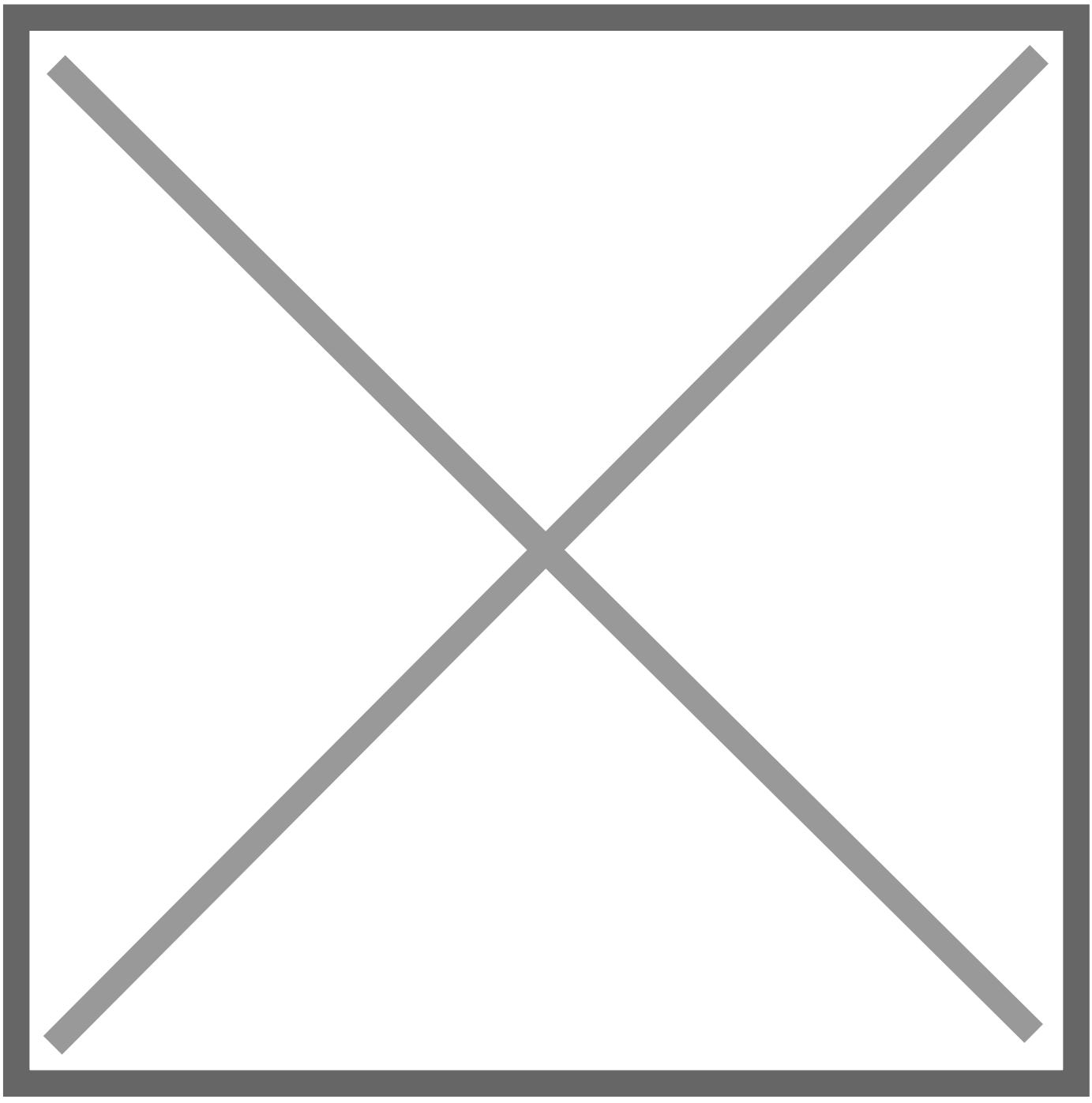
Survey type:	Self-reported

å□ è□ æ □ ç□ ®:	2003: Global School-based Student Health Survey Factsheet, available at https://www.who.int/ncds/surveillance/gshs/gshs_fs_PI_national.pdf?ua=1 (last accessed 14.12.20) 2007: Global School-based Student Health Survey Factsheet, available at https://www.who.int/ncds/surveillance/gshs/Philippines_2007_GSHS_fact_sheet.pdf?ua=1 (last accessed 14.12.20) 2011: Global School-based Student Health Survey Factsheet, available at https://www.who.int/ncds/surveillance/gshs/2011_GSHS_FS_Philippines.pdf?ua=1 (last accessed 14.12.20) 2015: Global School-based Student Health Survey Factsheet, available at https://www.who.int/ncds/surveillance/gshs/PIH2015_fact_sheet.pdf?ua=1 (last accessed 14.12.20) 2019: Global School-based Student Health Survey Philippines Factsheet 2019: Available at: https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/philippines/2019-philippines-fact-sheet.pdf?sfvrsn=7e3888af_1&download=true. Accessed: 04.10.21. 2024: Global School-based Student Health Survey, Philippines 2024 Fact Sheet. Available at: https://www.who.int/publications/m/item/2024-gshs-fact-sheet-philippines (Accessed: 12.06.25)
Notes:	WHO cutoffs

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

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Girls



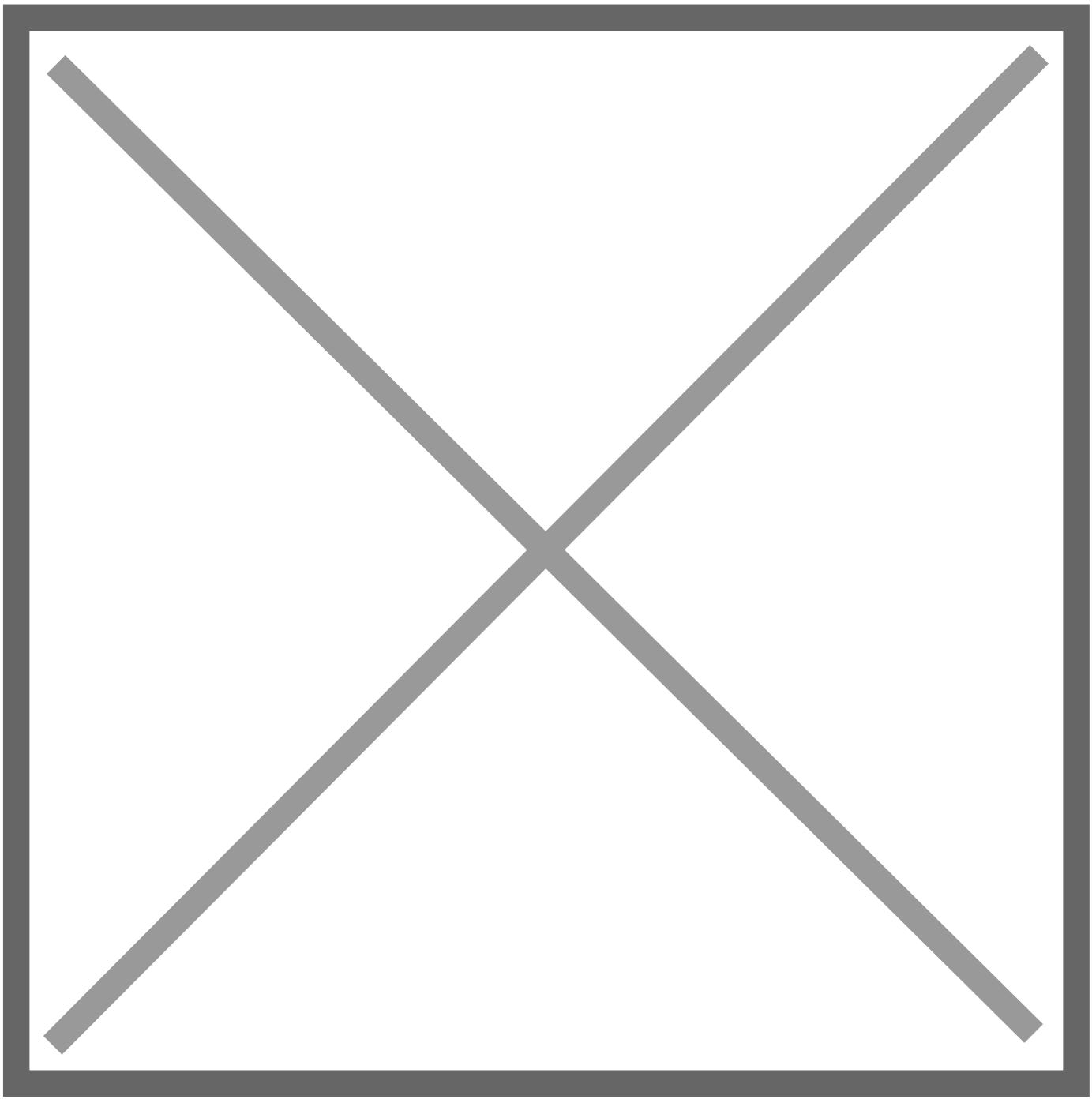
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Boys and girls

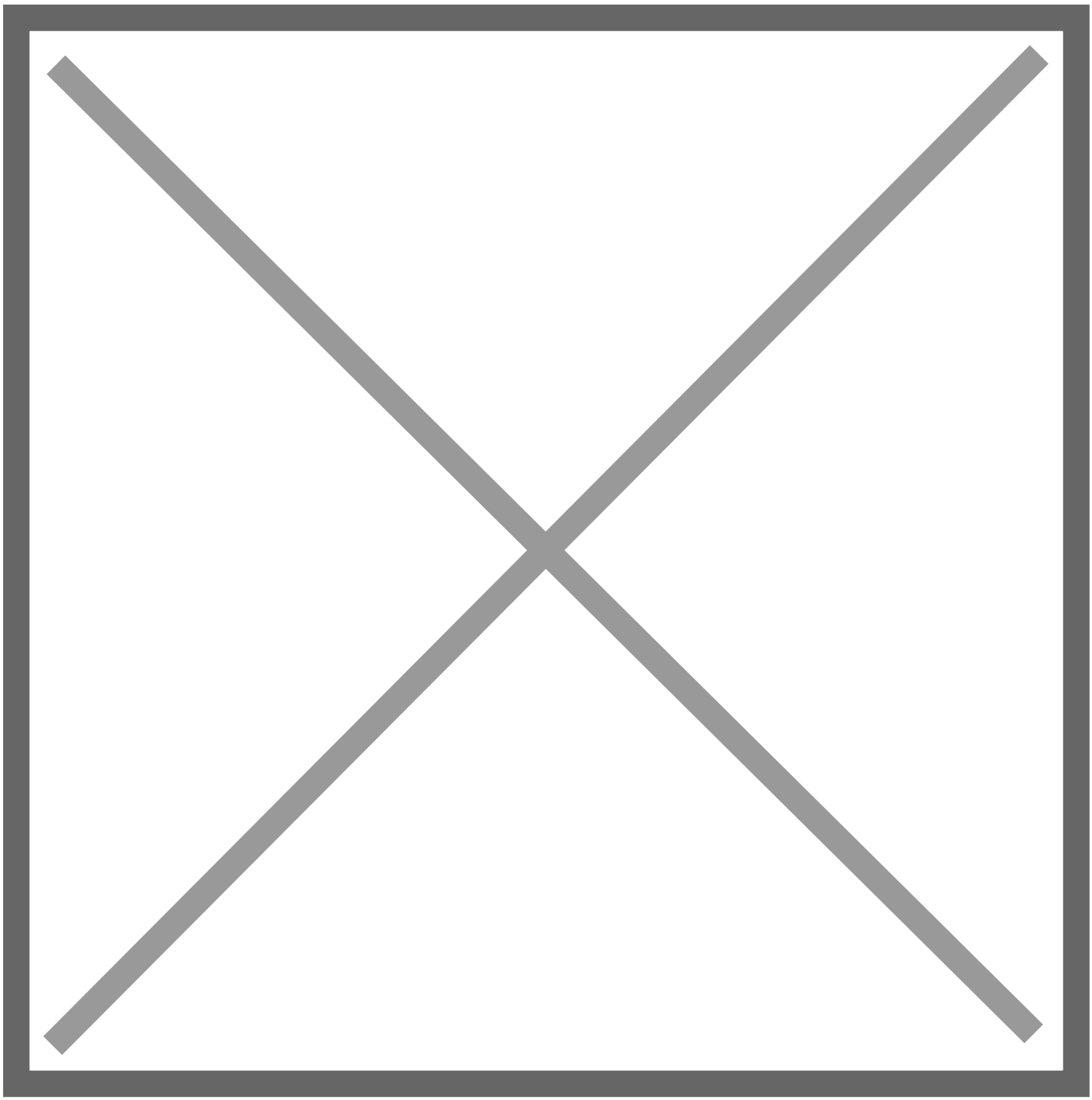


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% Children (5-10) living with obesity in the Philippines, 2008-2021

Boys

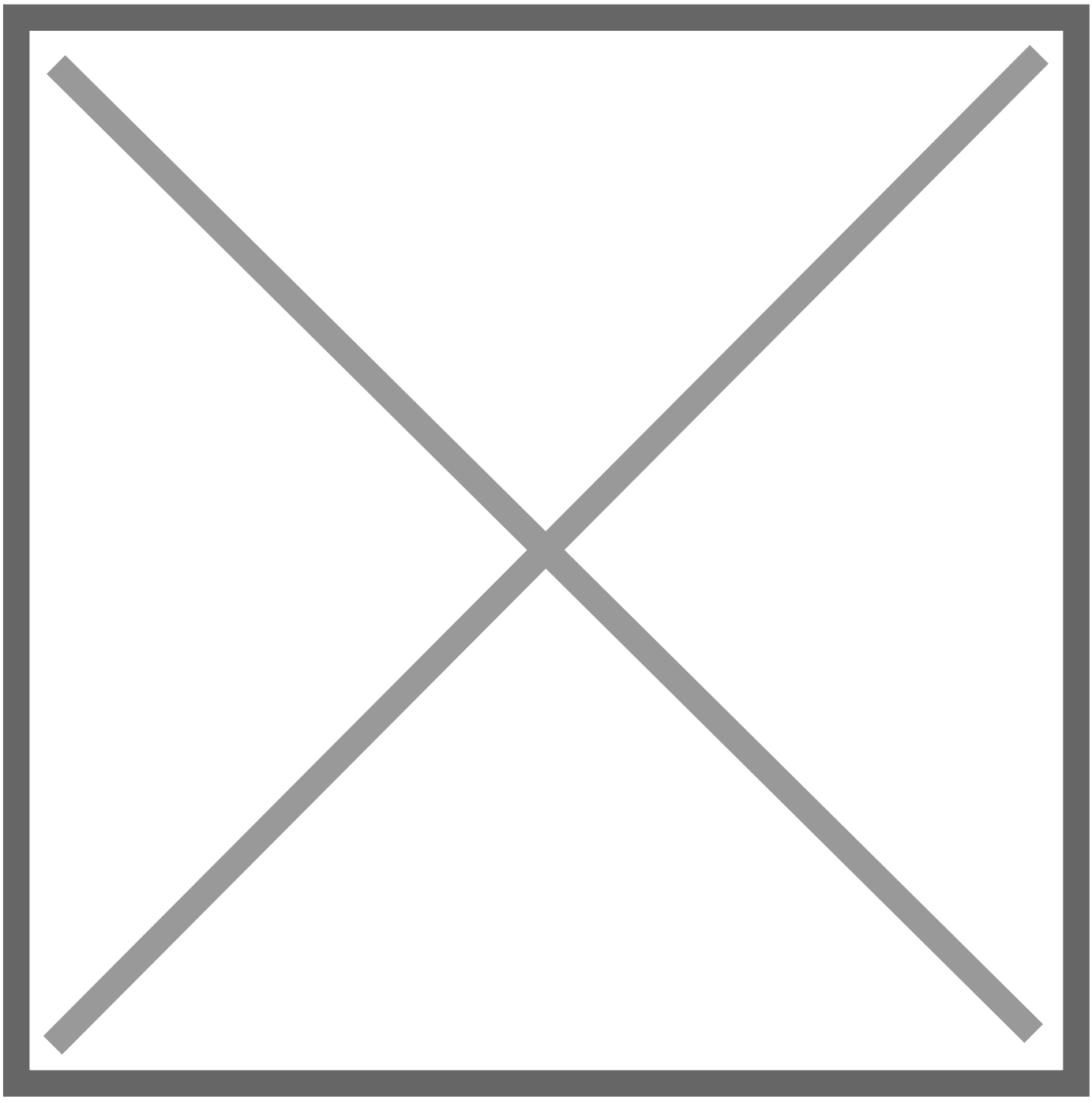


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å□ è□ æ □ ç□ ®:	2008: Food and Nutrition Research Institute-Department of Science and Technology (FNRI-DOST). 2010. Philippine Nutrition Facts and Figures 2008. DOST Complex, FNRI Bldg., Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2008 [Accessed 14.07.25] 2011: Food and Nutrition Research Institute – Department of Science and Technology (FNRI-DOST). 2012. Philippine Nutrition Facts and Figures 2011. DOST Complex, FNRI Bldg., Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2011 [Accessed 14.07.25] 2013: Food and Nutrition Research Institute-Department of Science and Technology (FNRI-DOST). (2015). Philippine Nutrition Facts and Figures 2013: Anthropometric Survey. FNRI Bldg., DOST Compound, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2013 [Accessed 14.07.25] 2015: Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2016. Philippine Nutrition Facts and Figures 2015: Anthropometric Survey. FNRI Bldg., DOST Compound, Gen. Santos Avenue, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2015 [Accessed 14.07.25] 2018: Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2022. Philippine Nutrition Facts and Figures: 2018-2019 Expanded National Nutrition Survey (ENNS). FNRI Bldg., DOST Compound, Gen. Santos Avenue, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2019 [Accessed 14.07.25] 2021: Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2024. Philippine Nutrition Facts and Figures: 2021 Expanded National Nutrition Survey (ENNS). FNRI Bldg., DOST Compound, Gen. Santos Avenue, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2021 [Accessed 14.07.25]
Notes:	WHO cutoffs

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Girls



Survey type:	Measured

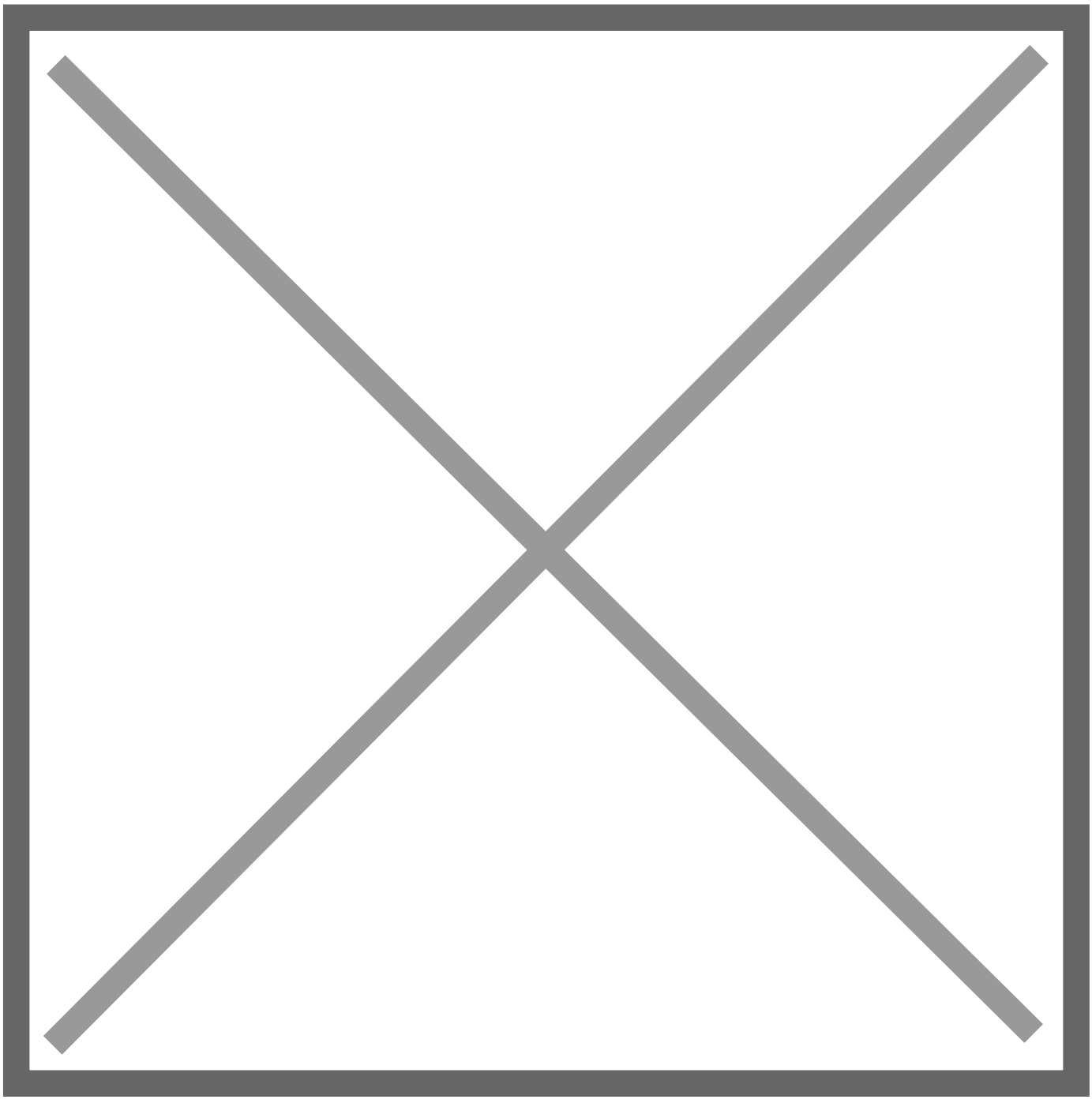
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2008: Food and Nutrition Research Institute-Department of Science and Technology (FNRI-DOST). 2010. Philippine Nutrition Facts and Figures 2008. DOST Complex, FNRI Bldg., Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2008 [Accessed 14.07.25]
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2018: Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2022. Philippine Nutrition Facts and Figures: 2018-2019 Expanded National Nutrition Survey (ENNS). FNRI Bldg., DOST Compound, Gen. Santos Avenue, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2019 [Accessed 14.07.25]
2021: Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2024. Philippine Nutrition Facts and Figures: 2021 Expanded National Nutrition Survey (ENNS). FNRI Bldg., DOST Compound, Gen. Santos Avenue, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2021 [Accessed 14.07.25]

Notes: WHO cutoffs

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Boys and girls



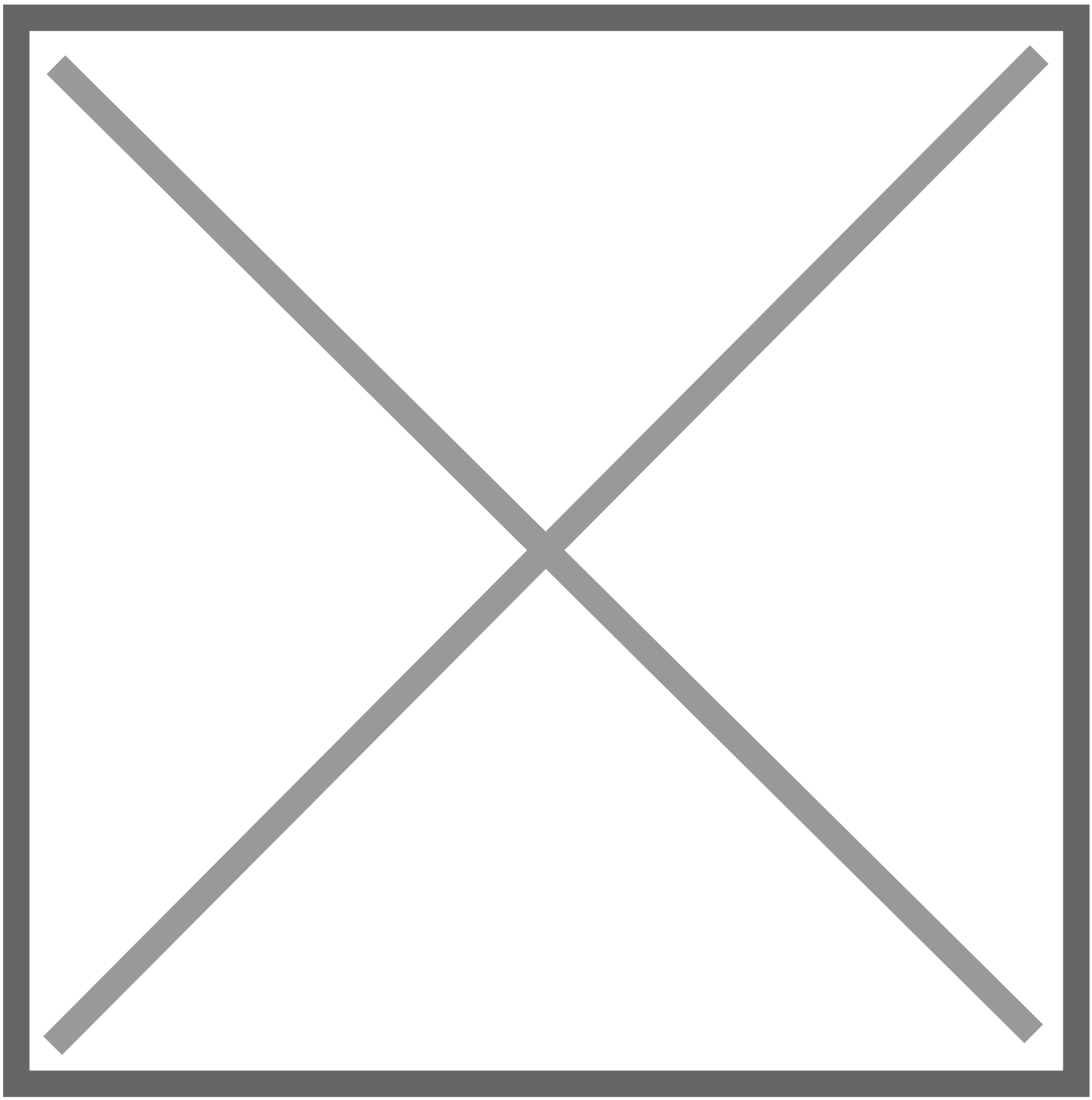
Survey type:	Measured

å□ è□ æ □ ç□ ®:	2008: Food and Nutrition Research Institute-Department of Science and Technology (FNRI-DOST). 2010. Philippine Nutrition Facts and Figures 2008. DOST Complex, FNRI Bldg., Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2008 [Accessed 14.07.25] 2011: Food and Nutrition Research Institute – Department of Science and Technology (FNRI-DOST). 2012. Philippine Nutrition Facts and Figures 2011. DOST Complex, FNRI Bldg., Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2011 [Accessed 14.07.25] 2013: Food and Nutrition Research Institute-Department of Science and Technology (FNRI-DOST). (2015). Philippine Nutrition Facts and Figures 2013: Anthropometric Survey. FNRI Bldg., DOST Compound, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2013 [Accessed 14.07.25] 2015: Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2016. Philippine Nutrition Facts and Figures 2015: Anthropometric Survey. FNRI Bldg., DOST Compound, Gen. Santos Avenue, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2015 [Accessed 14.07.25] 2018: Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2022. Philippine Nutrition Facts and Figures: 2018-2019 Expanded National Nutrition Survey (ENNS). FNRI Bldg., DOST Compound, Gen. Santos Avenue, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2019 [Accessed 14.07.25] 2021: Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2024. Philippine Nutrition Facts and Figures: 2021 Expanded National Nutrition Survey (ENNS). FNRI Bldg., DOST Compound, Gen. Santos Avenue, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2021 [Accessed 14.07.25]
Notes:	WHO cutoffs

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Children (5-10) living with overweight or obesity in the Philippines, 2008-2021

Boys

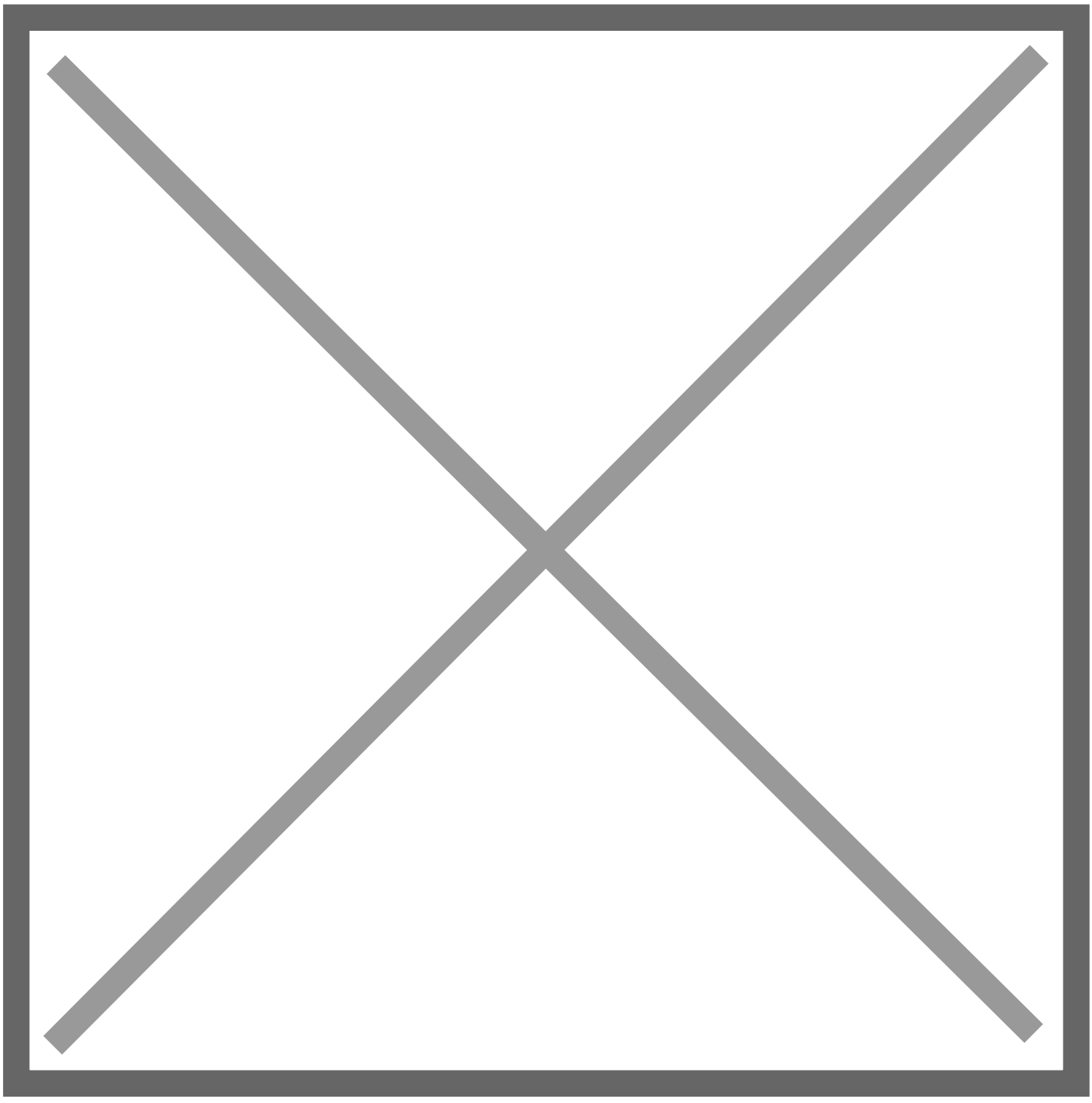


Survey type:	Measured

å□ è□ æ □ ç□ ®:	2008: Food and Nutrition Research Institute-Department of Science and Technology (FNRI-DOST). 2010. Philippine Nutrition Facts and Figures 2008. DOST Complex, FNRI Bldg., Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2008 [Accessed 14.07.25] 2011: Food and Nutrition Research Institute – Department of Science and Technology (FNRI-DOST). 2012. Philippine Nutrition Facts and Figures 2011. DOST Complex, FNRI Bldg., Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2011 [Accessed 14.07.25] 2013: Food and Nutrition Research Institute-Department of Science and Technology (FNRI-DOST). (2015). Philippine Nutrition Facts and Figures 2013: Anthropometric Survey. FNRI Bldg., DOST Compound, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2013 [Accessed 14.07.25] 2015: Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2016. Philippine Nutrition Facts and Figures 2015: Anthropometric Survey. FNRI Bldg., DOST Compound, Gen. Santos Avenue, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2015 [Accessed 14.07.25] 2018: Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2022. Philippine Nutrition Facts and Figures: 2018-2019 Expanded National Nutrition Survey (ENNS). FNRI Bldg., DOST Compound, Gen. Santos Avenue, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2019 [Accessed 14.07.25] 2021: Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2024. Philippine Nutrition Facts and Figures: 2021 Expanded National Nutrition Survey (ENNS). FNRI Bldg., DOST Compound, Gen. Santos Avenue, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2021 [Accessed 14.07.25]
Notes:	WHO cutoffs

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Girls

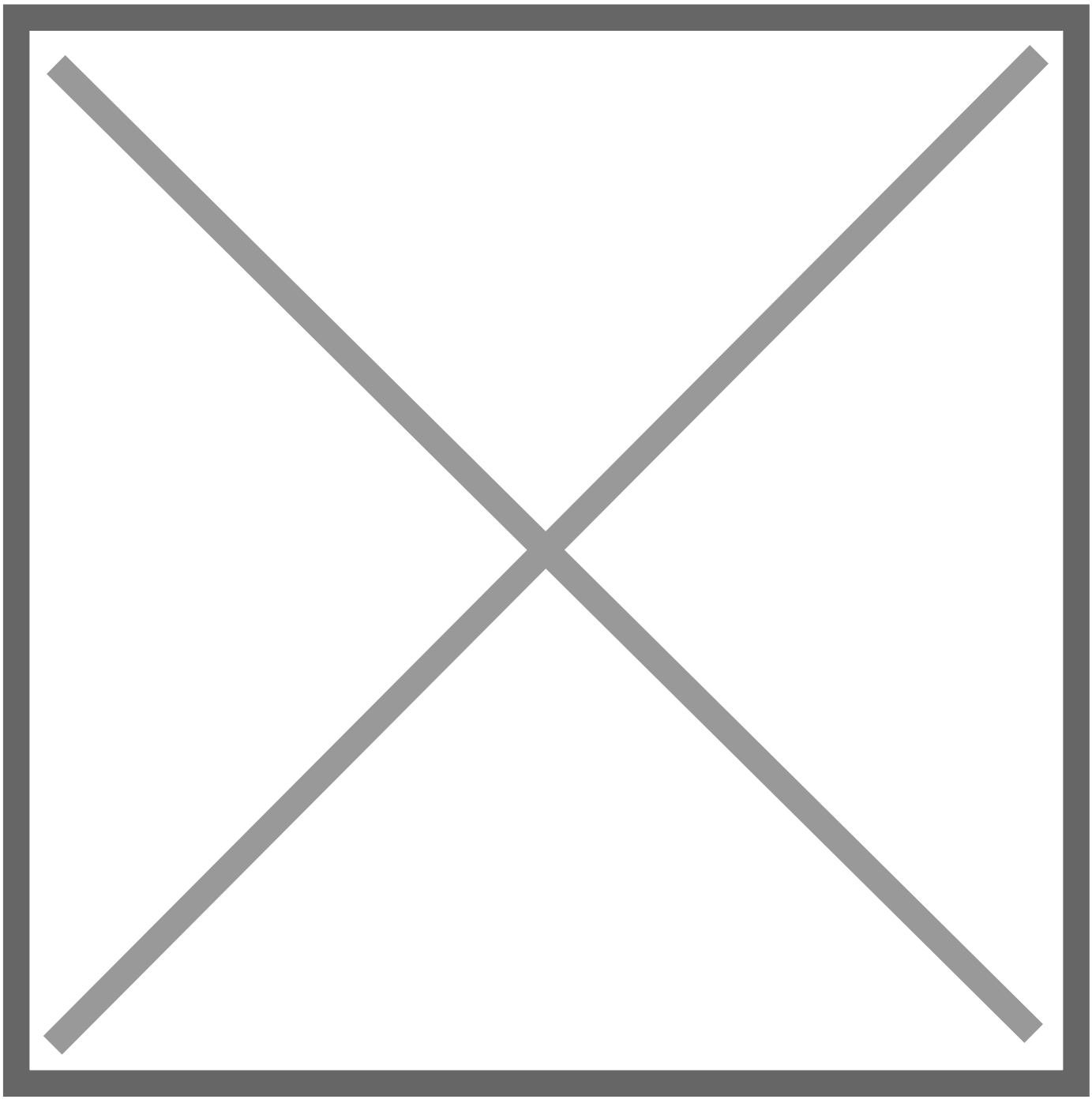


Survey type:	Measured

å□ è□ æ □ ç□ ®:	2008: Food and Nutrition Research Institute-Department of Science and Technology (FNRI-DOST). 2010. Philippine Nutrition Facts and Figures 2008. DOST Complex, FNRI Bldg., Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2008 [Accessed 14.07.25] 2011: Food and Nutrition Research Institute – Department of Science and Technology (FNRI-DOST). 2012. Philippine Nutrition Facts and Figures 2011. DOST Complex, FNRI Bldg., Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2011 [Accessed 14.07.25] 2013: Food and Nutrition Research Institute-Department of Science and Technology (FNRI-DOST). (2015). Philippine Nutrition Facts and Figures 2013: Anthropometric Survey. FNRI Bldg., DOST Compound, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2013 [Accessed 14.07.25] 2015: Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2016. Philippine Nutrition Facts and Figures 2015: Anthropometric Survey. FNRI Bldg., DOST Compound, Gen. Santos Avenue, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2015 [Accessed 14.07.25] 2018: Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2022. Philippine Nutrition Facts and Figures: 2018-2019 Expanded National Nutrition Survey (ENNS). FNRI Bldg., DOST Compound, Gen. Santos Avenue, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2019 [Accessed 14.07.25] 2021: Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2024. Philippine Nutrition Facts and Figures: 2021 Expanded National Nutrition Survey (ENNS). FNRI Bldg., DOST Compound, Gen. Santos Avenue, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2021 [Accessed 14.07.25]
Notes:	WHO cutoffs

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Boys and girls



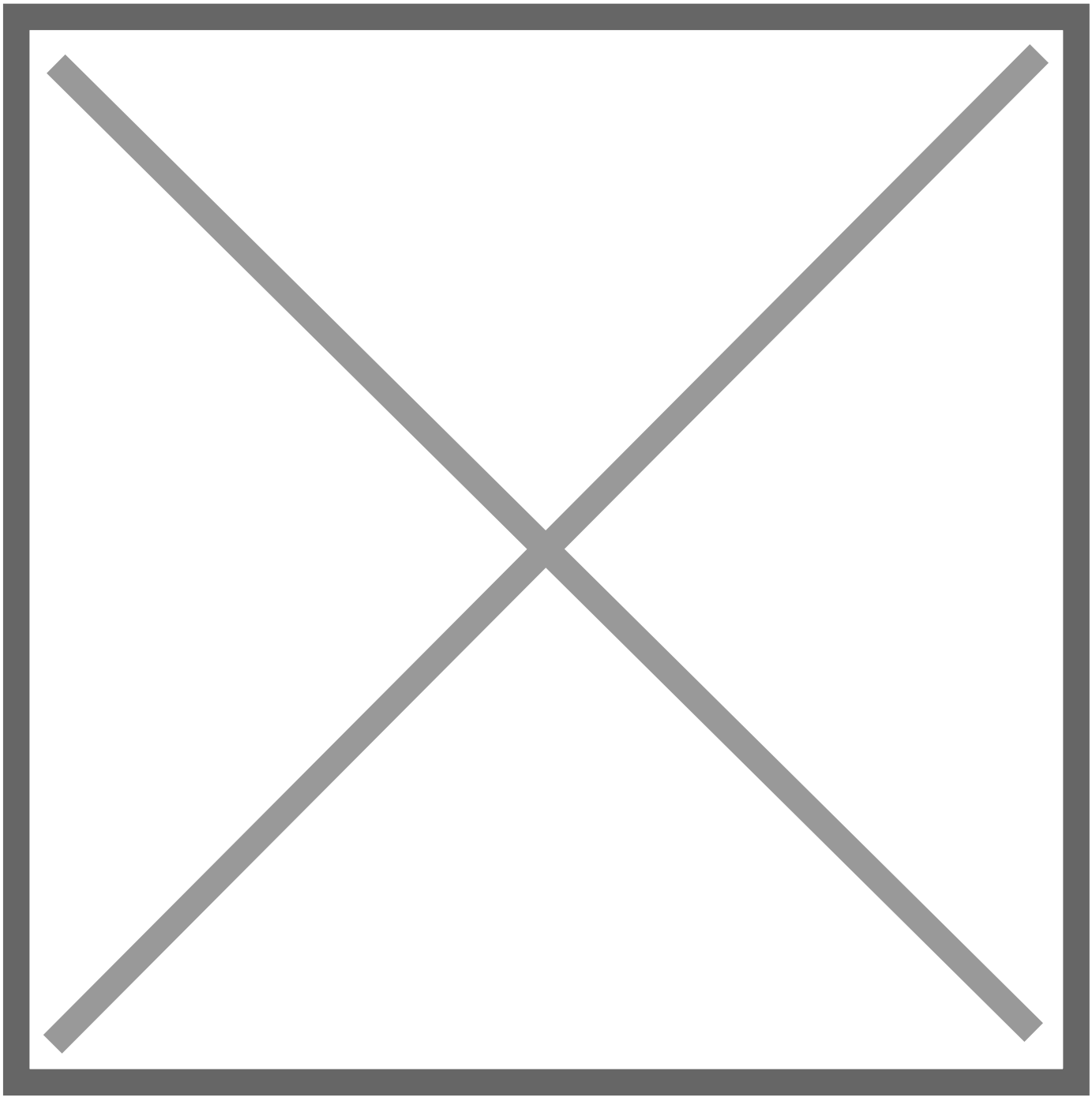
Survey type:	Measured

å□ è□ æ □ ç□ ®:	2008: Food and Nutrition Research Institute-Department of Science and Technology (FNRI-DOST). 2010. Philippine Nutrition Facts and Figures 2008. DOST Complex, FNRI Bldg., Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2008 [Accessed 14.07.25] 2011: Food and Nutrition Research Institute – Department of Science and Technology (FNRI-DOST). 2012. Philippine Nutrition Facts and Figures 2011. DOST Complex, FNRI Bldg., Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2011 [Accessed 14.07.25] 2013: Food and Nutrition Research Institute-Department of Science and Technology (FNRI-DOST). (2015). Philippine Nutrition Facts and Figures 2013: Anthropometric Survey. FNRI Bldg., DOST Compound, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2013 [Accessed 14.07.25] 2015: Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2016. Philippine Nutrition Facts and Figures 2015: Anthropometric Survey. FNRI Bldg., DOST Compound, Gen. Santos Avenue, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2015 [Accessed 14.07.25] 2018: Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2022. Philippine Nutrition Facts and Figures: 2018-2019 Expanded National Nutrition Survey (ENNS). FNRI Bldg., DOST Compound, Gen. Santos Avenue, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2019 [Accessed 14.07.25] 2021: Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2024. Philippine Nutrition Facts and Figures: 2021 Expanded National Nutrition Survey (ENNS). FNRI Bldg., DOST Compound, Gen. Santos Avenue, Bicutan, Taguig City, Metro Manila, Philippines. https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2021 [Accessed 14.07.25]
Notes:	WHO cutoffs

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Overweight/obesity by age

Children, 2023-2024

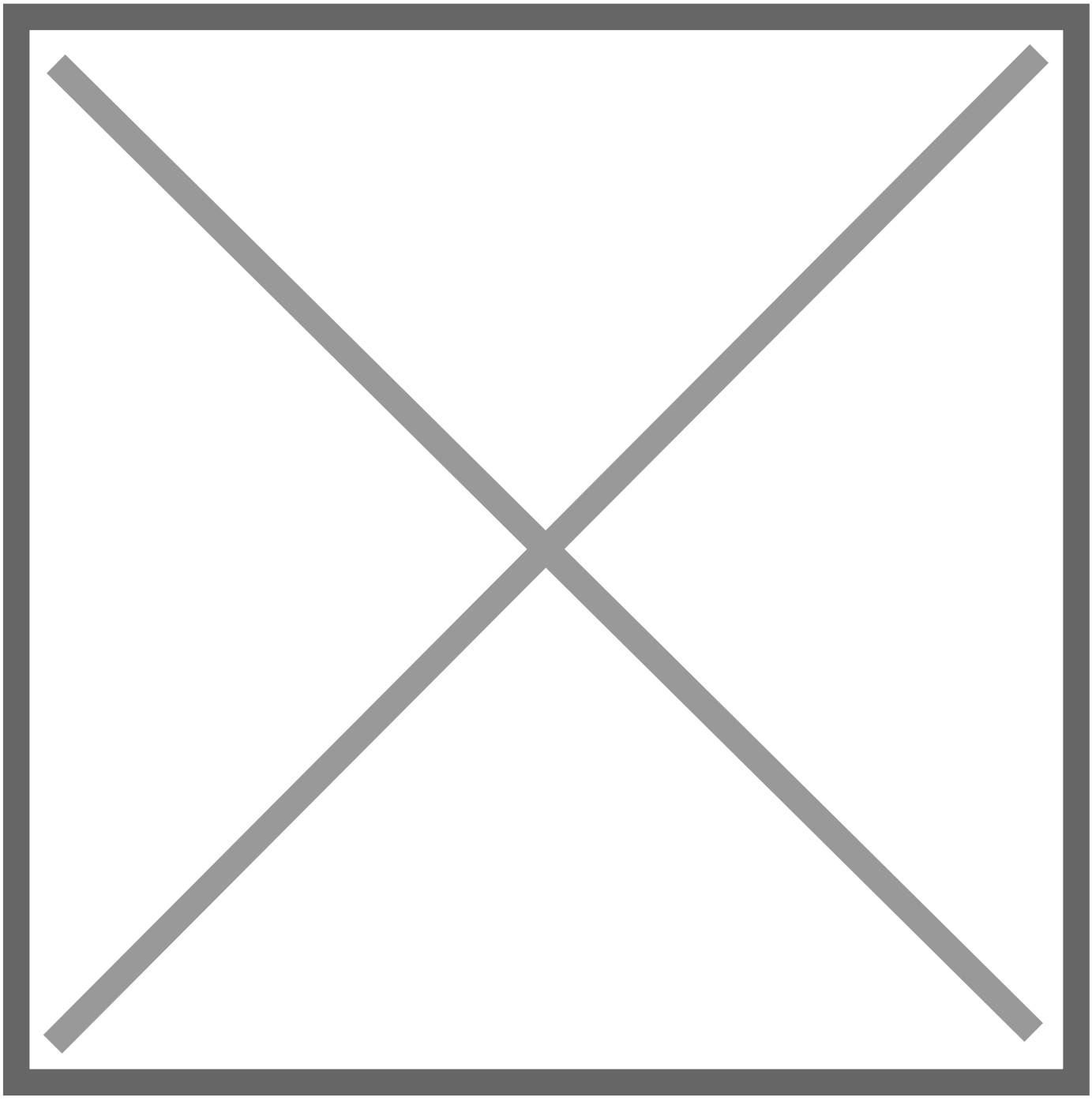


Survey type:	Measured
Area covered:	National
å□ è□ æ □ ç□ ®:	Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2025. National Nutrition Summit. Halfway Point to 2030: Key Findings of the 2023 National Nutrition Survey. https://enutrition.fnri.dost.gov.ph/infographics.php?year=2023 [Accessed 31.07.25]

Notes:	Exact sample size unknown as full report still to be published
Cutoffs:	WHO 2007

Overweight/obesity by region

Children, 2023-2024

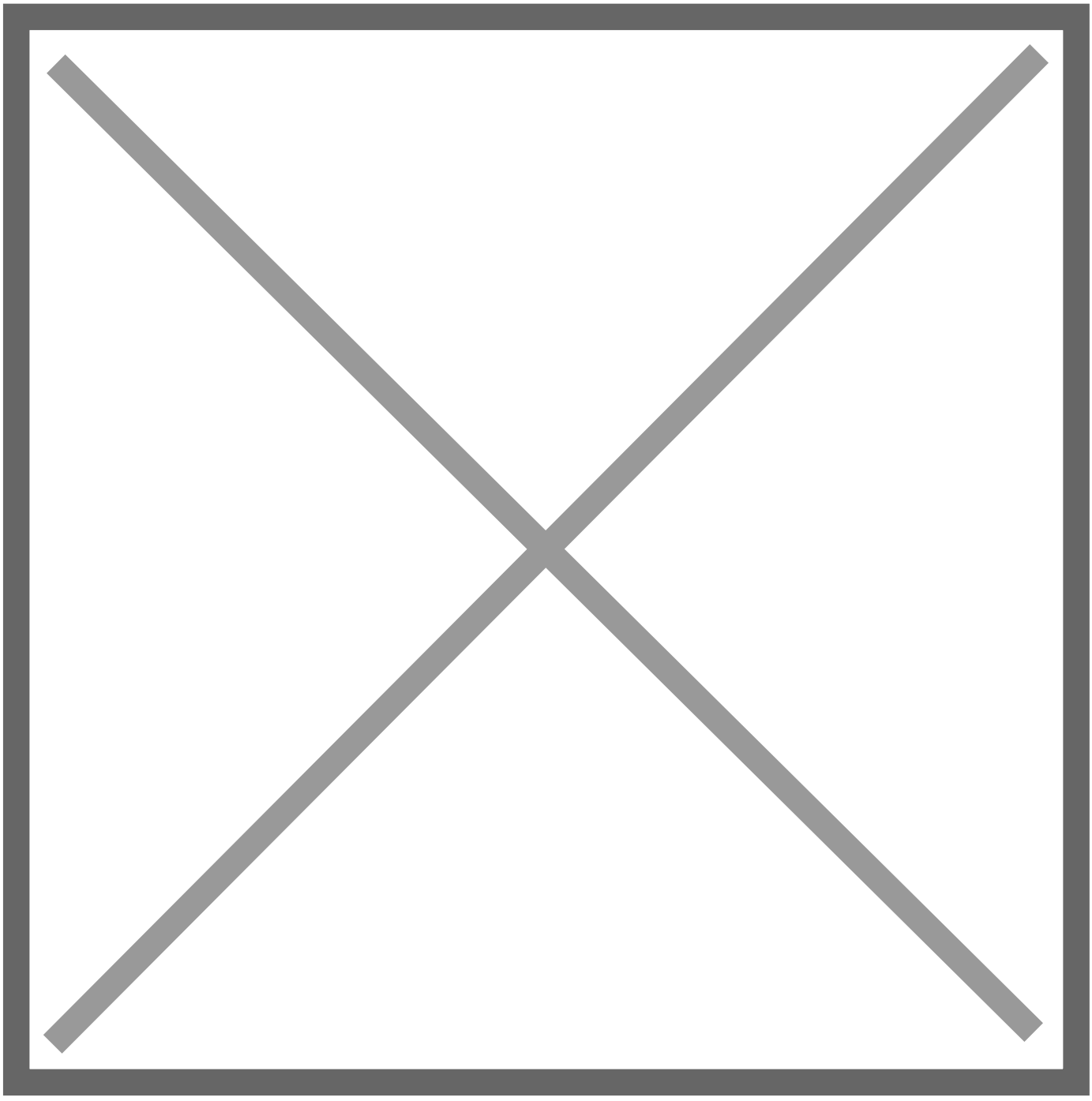


Survey type:	Measured
Age:	5-10
Area covered:	National

å□ è□ æ □ ç□ ®:	Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2025. National Nutrition Summit. Halfway Point to 2030: Key Findings of the 2023 National Nutrition Survey. https://enutrition.fnri.dost.gov.ph/infographics.php?year=2023 [Accessed 31.07.25]
Notes:	Exact sample size unknown as full report still to be published
Cutoffs:	WHO 2007

Overweight/obesity by socio-economic group

Children, 2023-2024

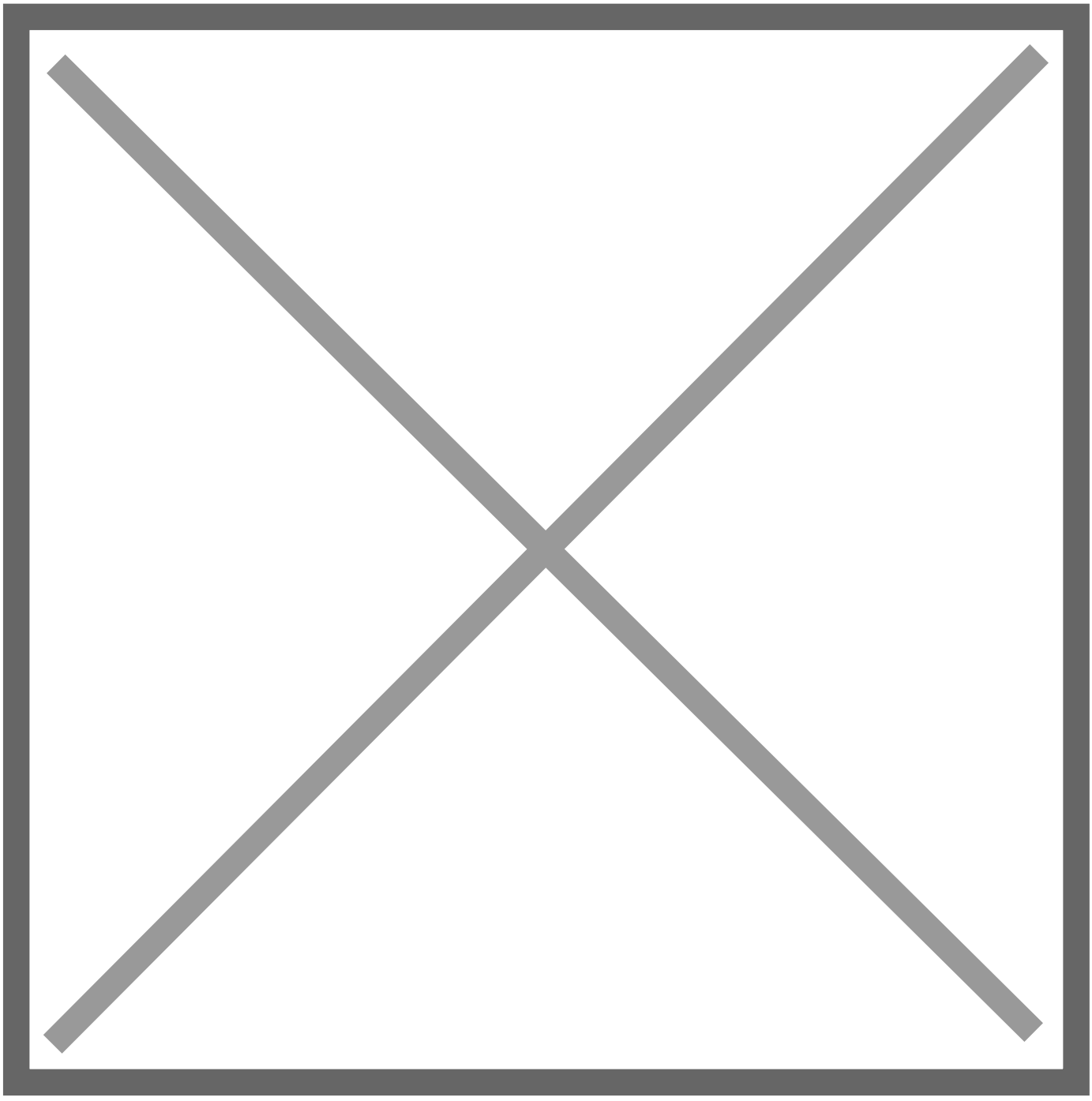


Survey type:	Measured
Age:	10-19
Area covered:	National

å□ è□ æ □ ç□ ®:	Department of Science and Technology - Food and Nutrition Research Institute (DOST-FNRI). 2025. National Nutrition Summit. Halfway Point to 2030: Key Findings of the 2023 National Nutrition Survey. https://enutrition.fnri.dost.gov.ph/infographics.php?year=2023 [Accessed 31.07.25]
Notes:	Exact sample size unknown as full report still to be published
Cutoffs:	WHO 2007

Double burden of underweight & obesity

Children, 2022

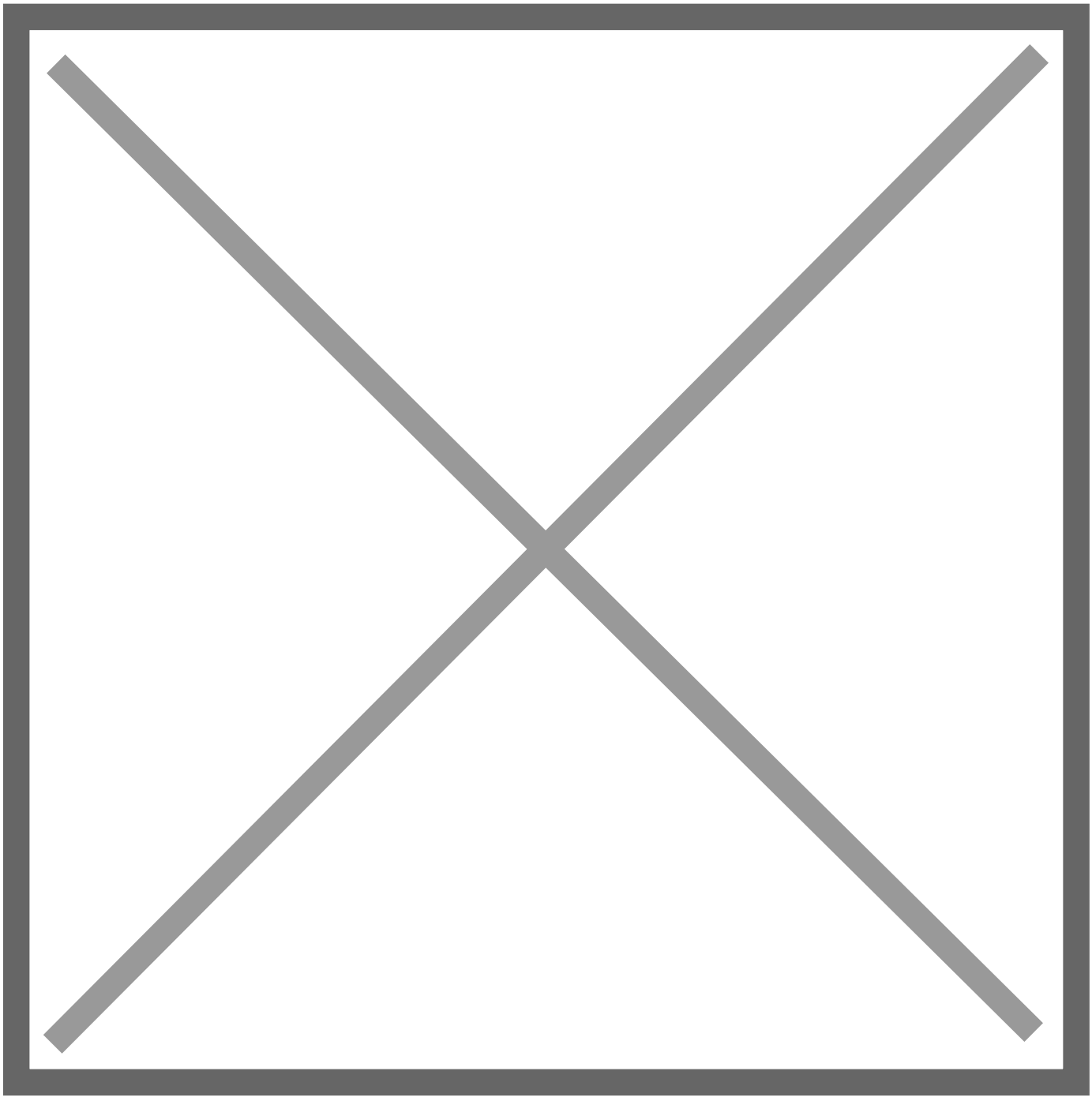


Survey type:	Measured
Age:	5-19
å□ è□ æ □ ç□ ®:	NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2.

Notes:	Age standardised estimates
Definitions:	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

Insufficient physical activity

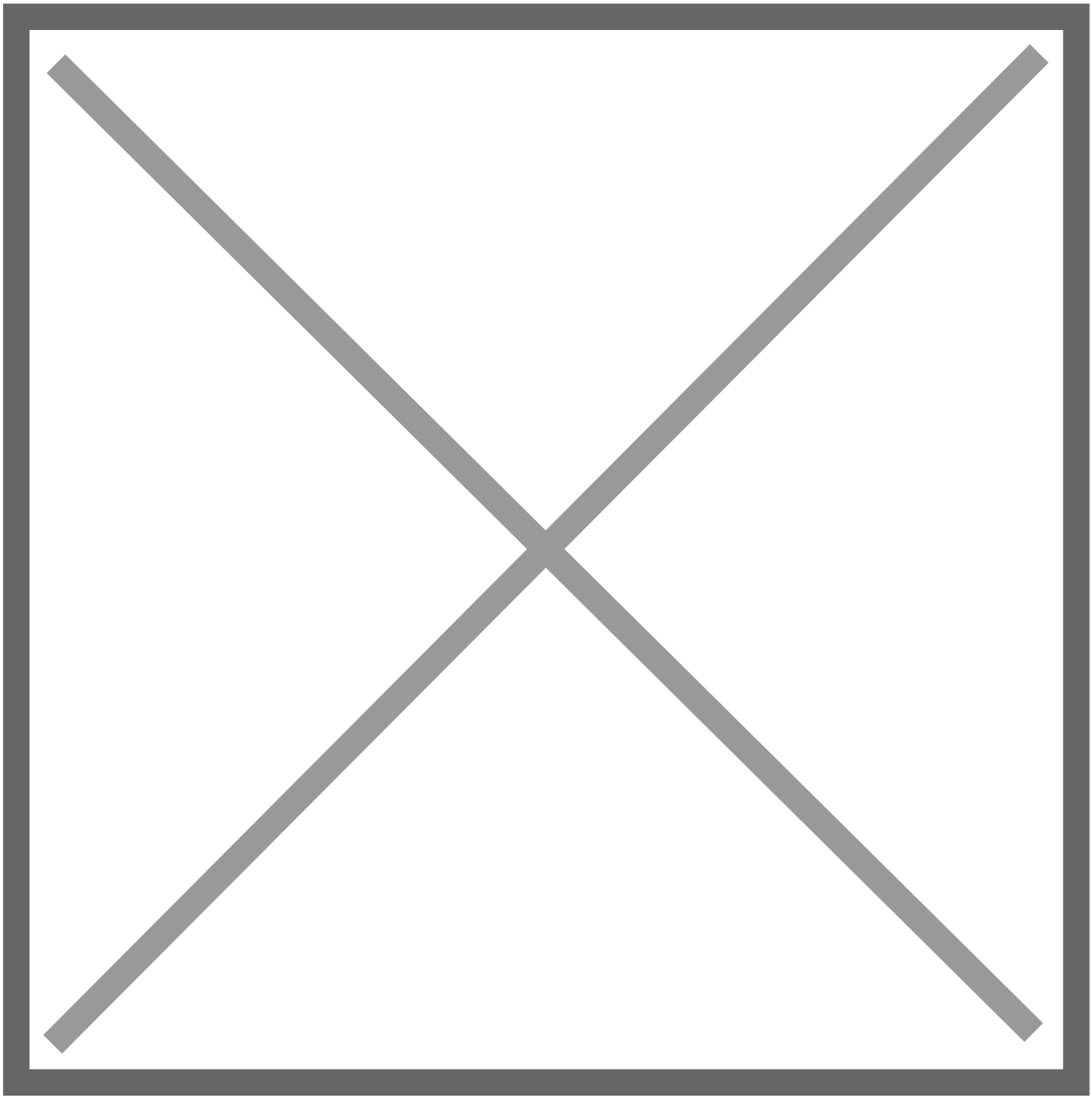
Children, 2016



Survey type:	Self-reported
Age:	11-17
å□ è□ æ □ ç□ ®:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)

Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

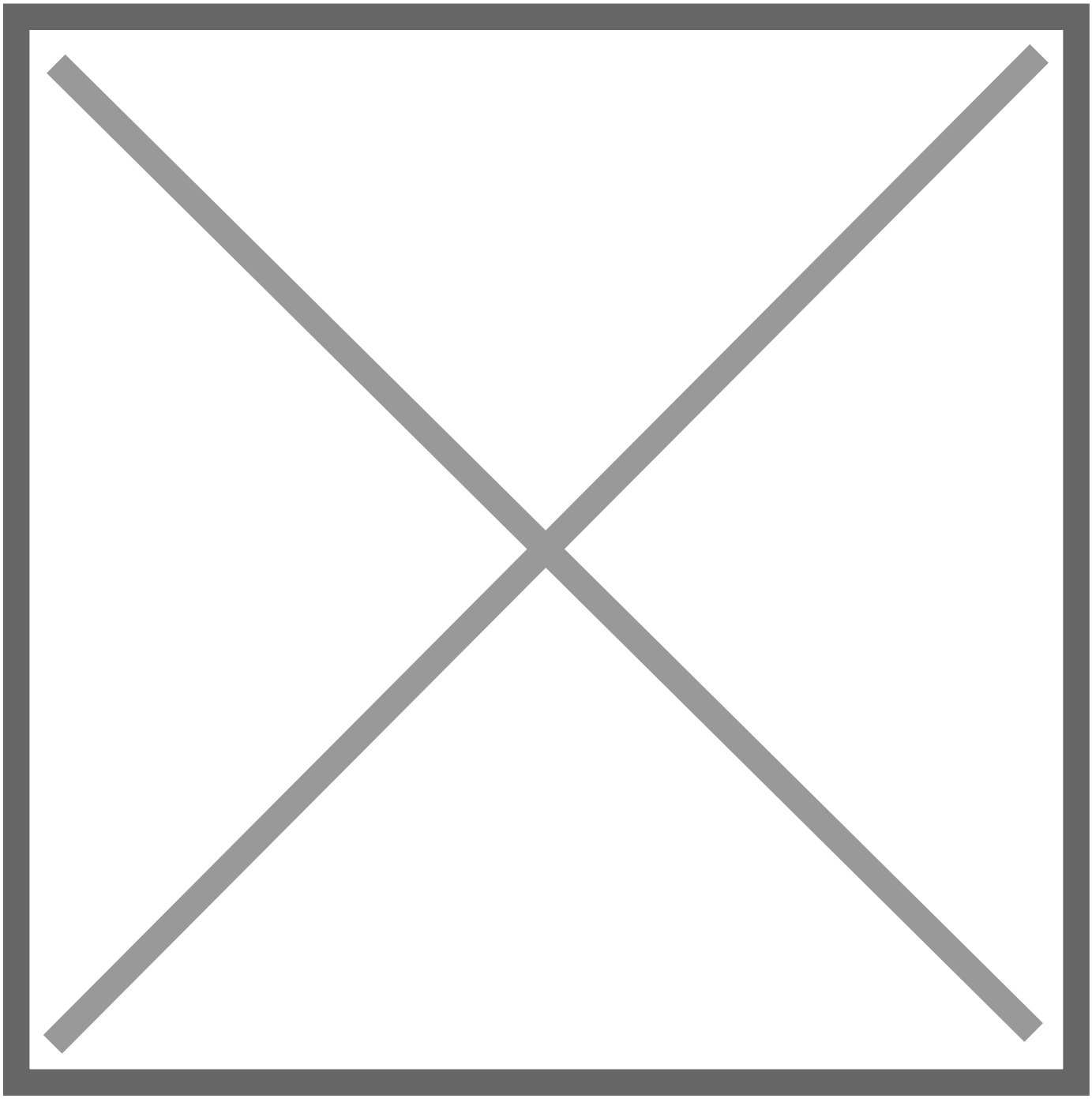
Boys, 2016



Survey type:	Self-reported
Age:	11-17
å□ è□ æ □ ç□ ®:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions:	% Adolescents insufficiently active (age standardised estimate)

Girls, 2016

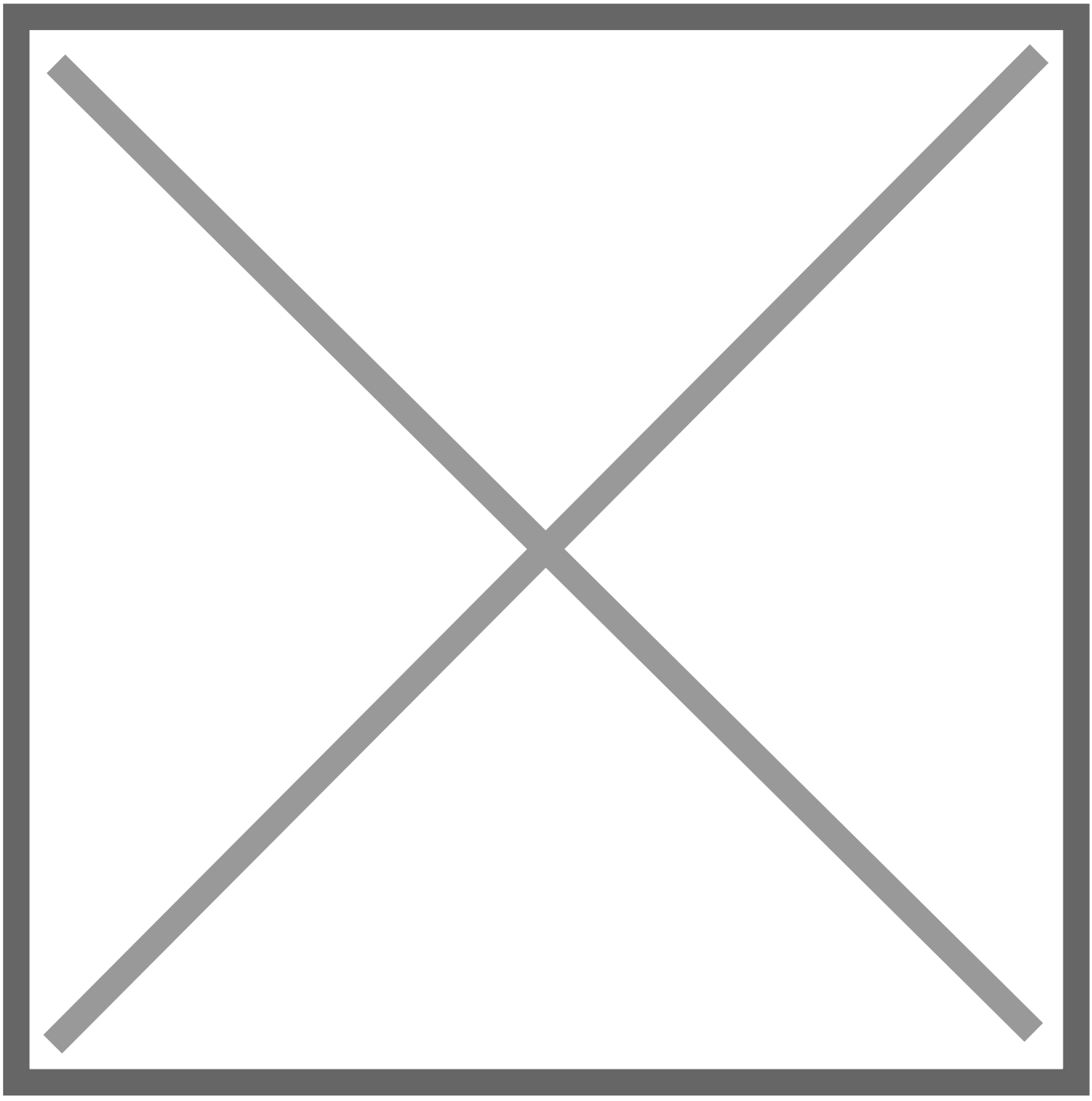


Survey type:	Self-reported
Age:	11-17
å□ è□ æ □ ç□ ®:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions:	% Adolescents insufficiently active (age standardised estimate)

Average daily frequency of carbonated soft drink consumption

Children, 2010-2015

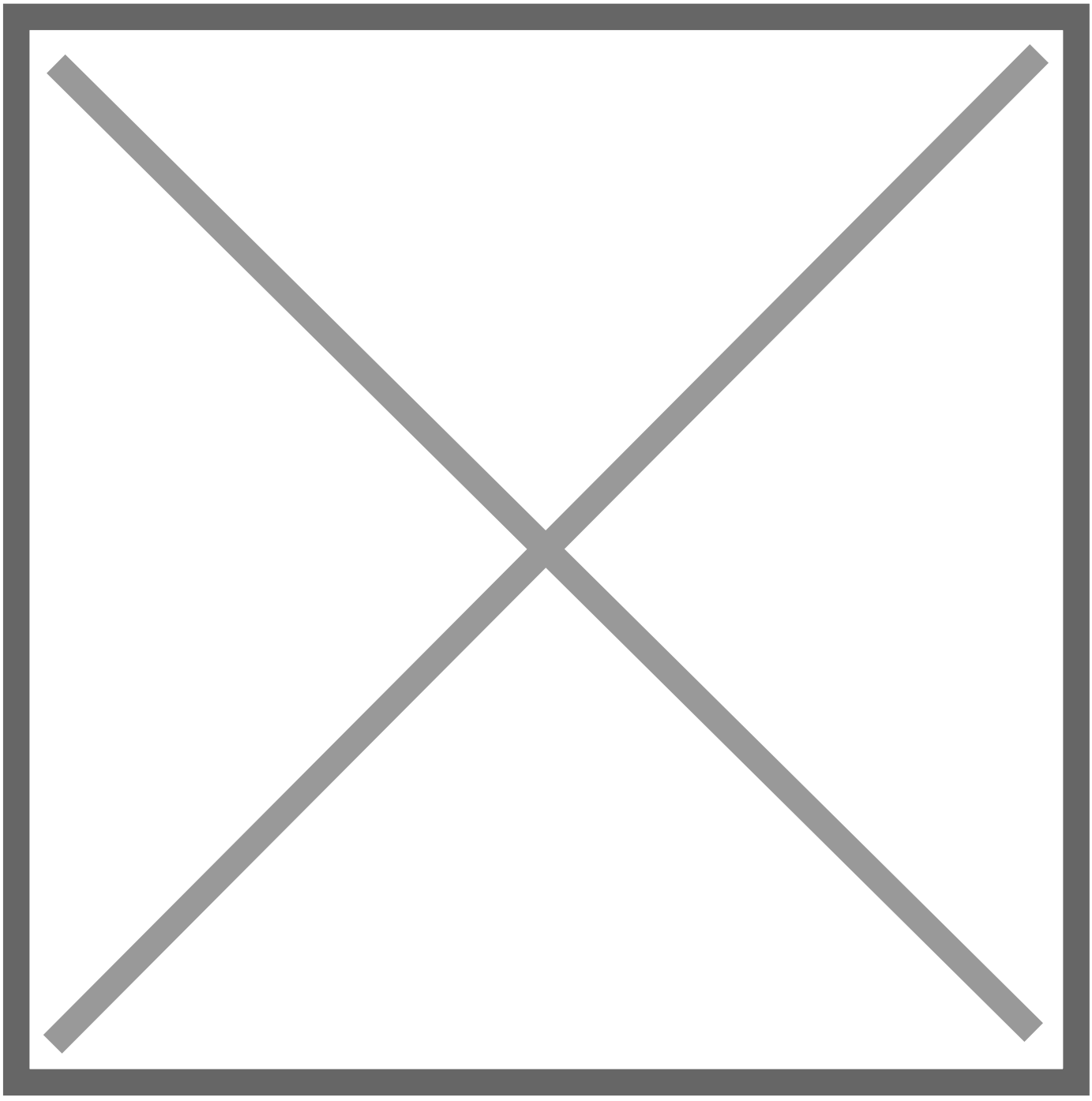


Survey type:	Measured
Age:	12-17

å□ è□ æ □ ç□ ®: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system

Prevalence of less than daily fruit consumption

Children, 2015

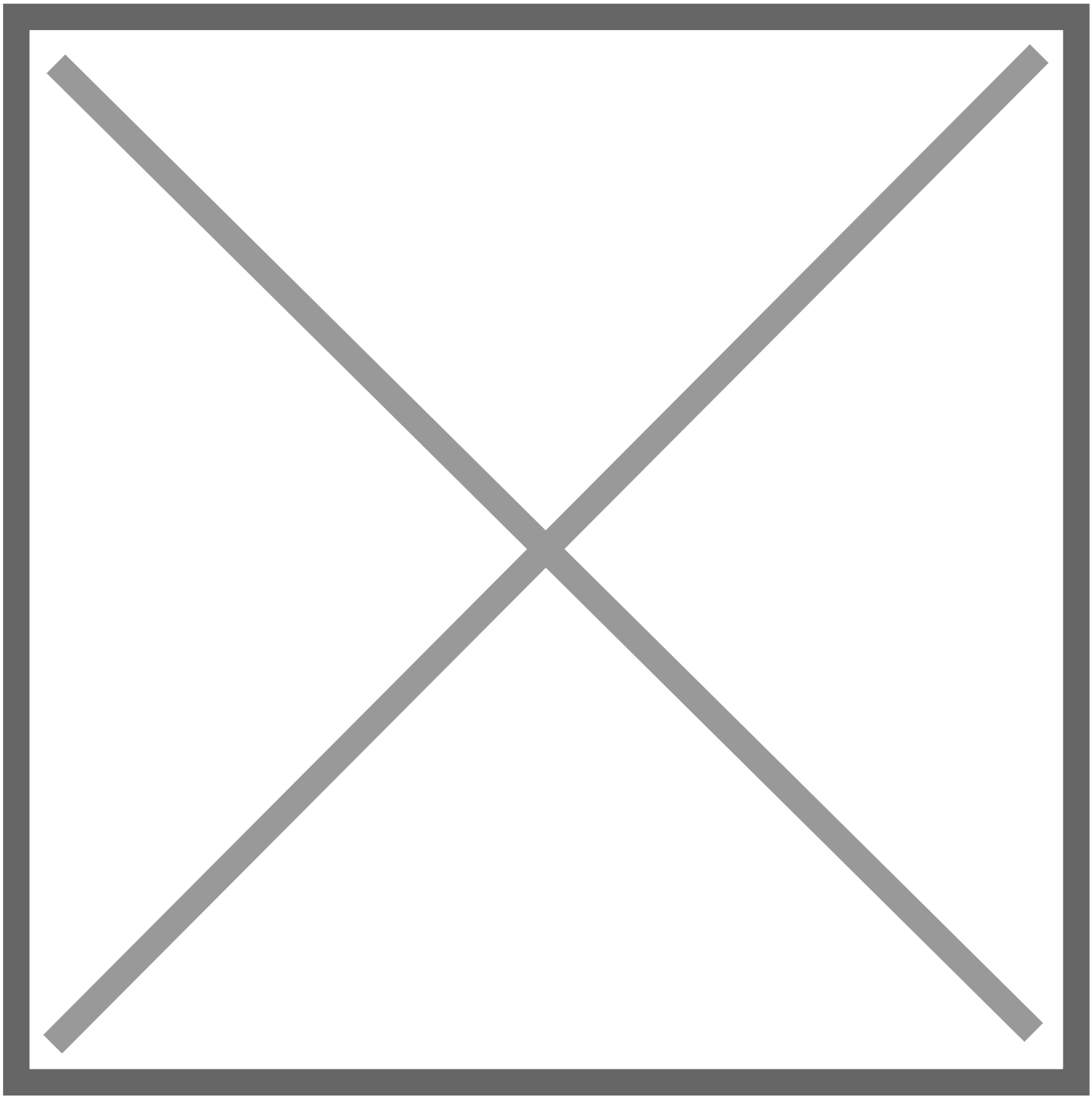


Survey type:	Self-reported
Age:	12-17
Area covered:	National

å□ è□ æ □ ç□ ®:	Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287. Sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Definitions:	Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalence of less than daily vegetable consumption

Children, 2015

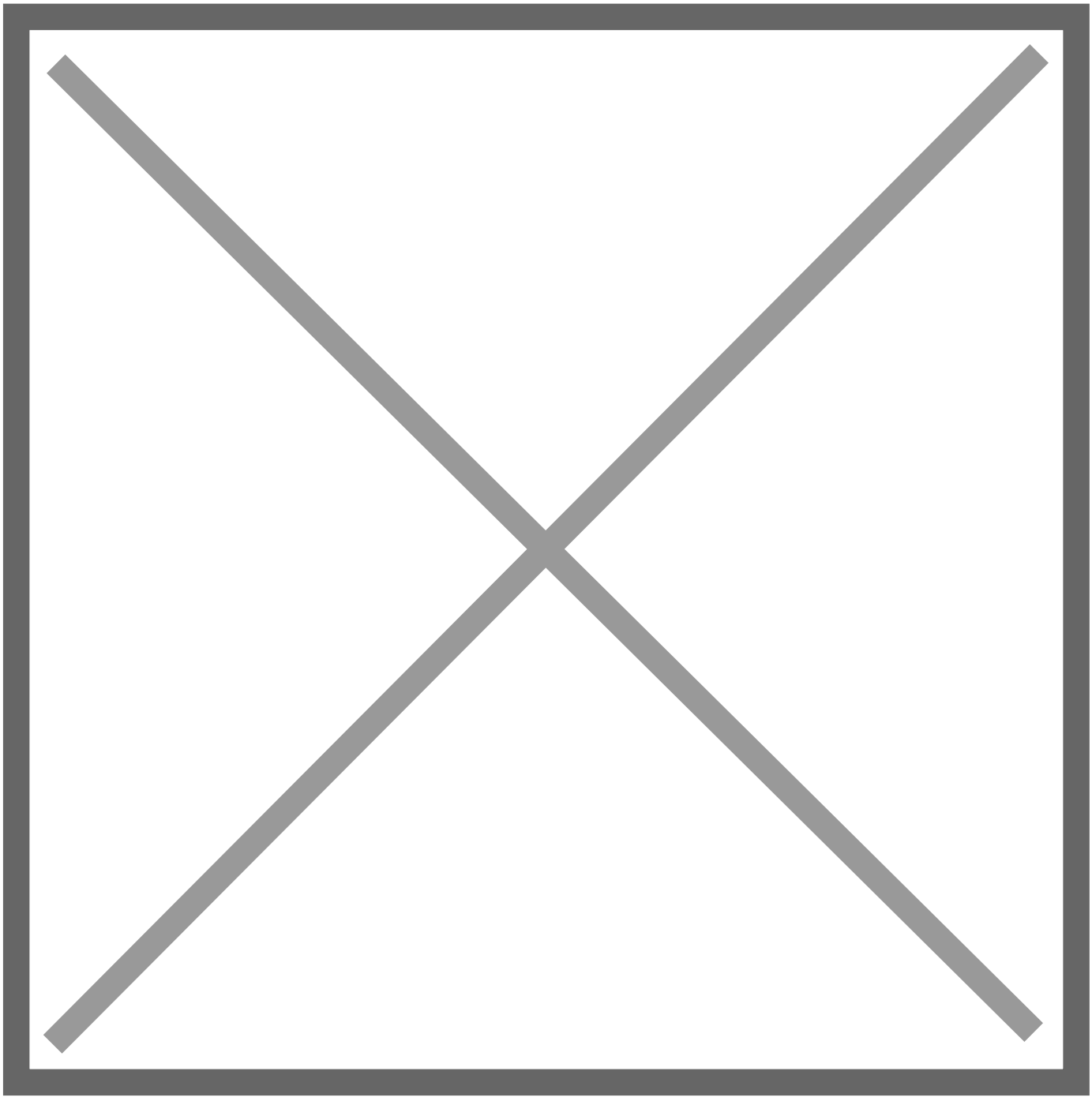


Survey type:	Self-reported
Age:	12-17
Area covered:	National

å□ è□ æ □ ç□ ®:	Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Definitions:	Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Mental health - depression disorders

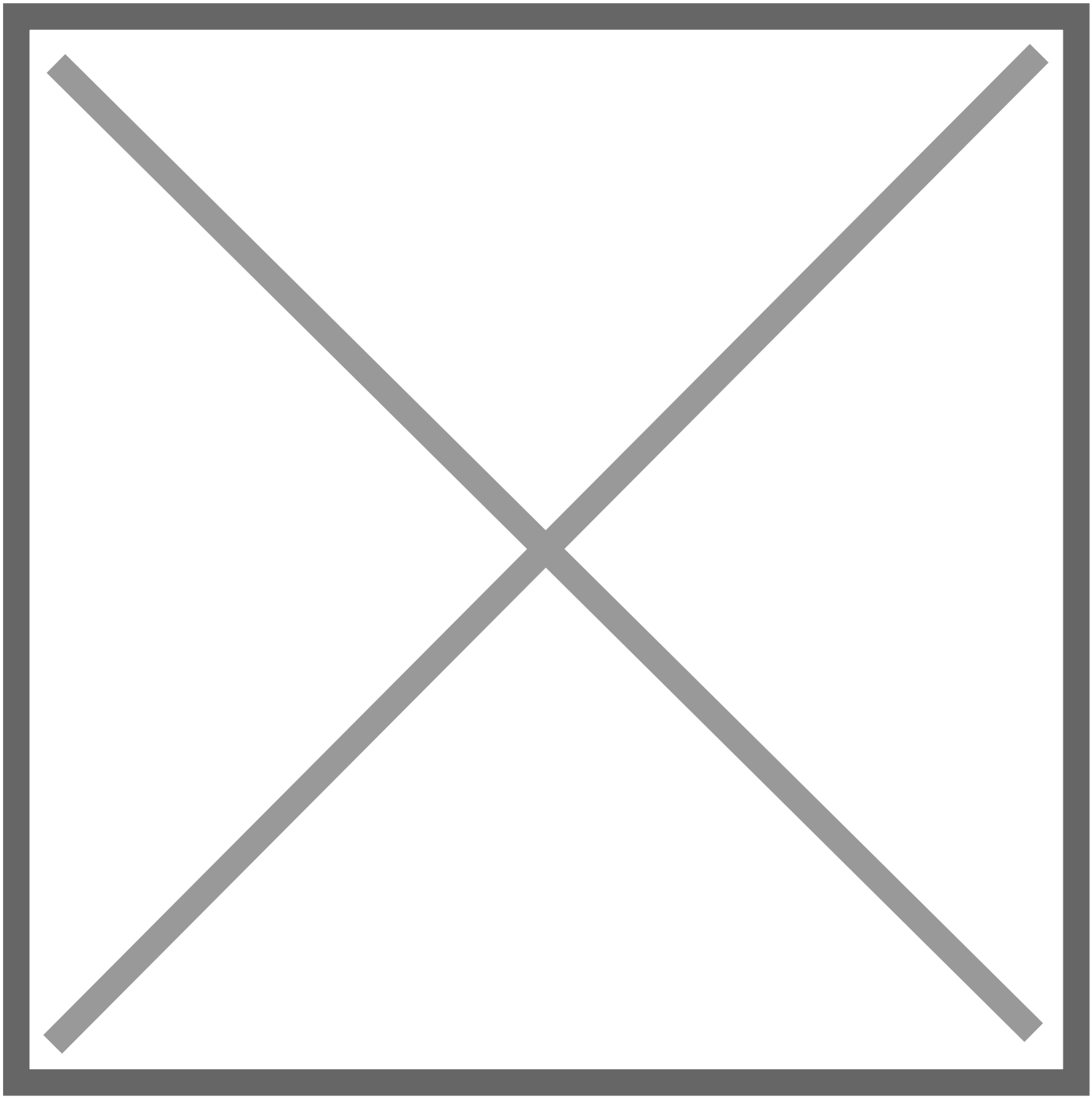
Children, 2023



Area covered:	National
å□ è□ æ □ ç□ ®:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]

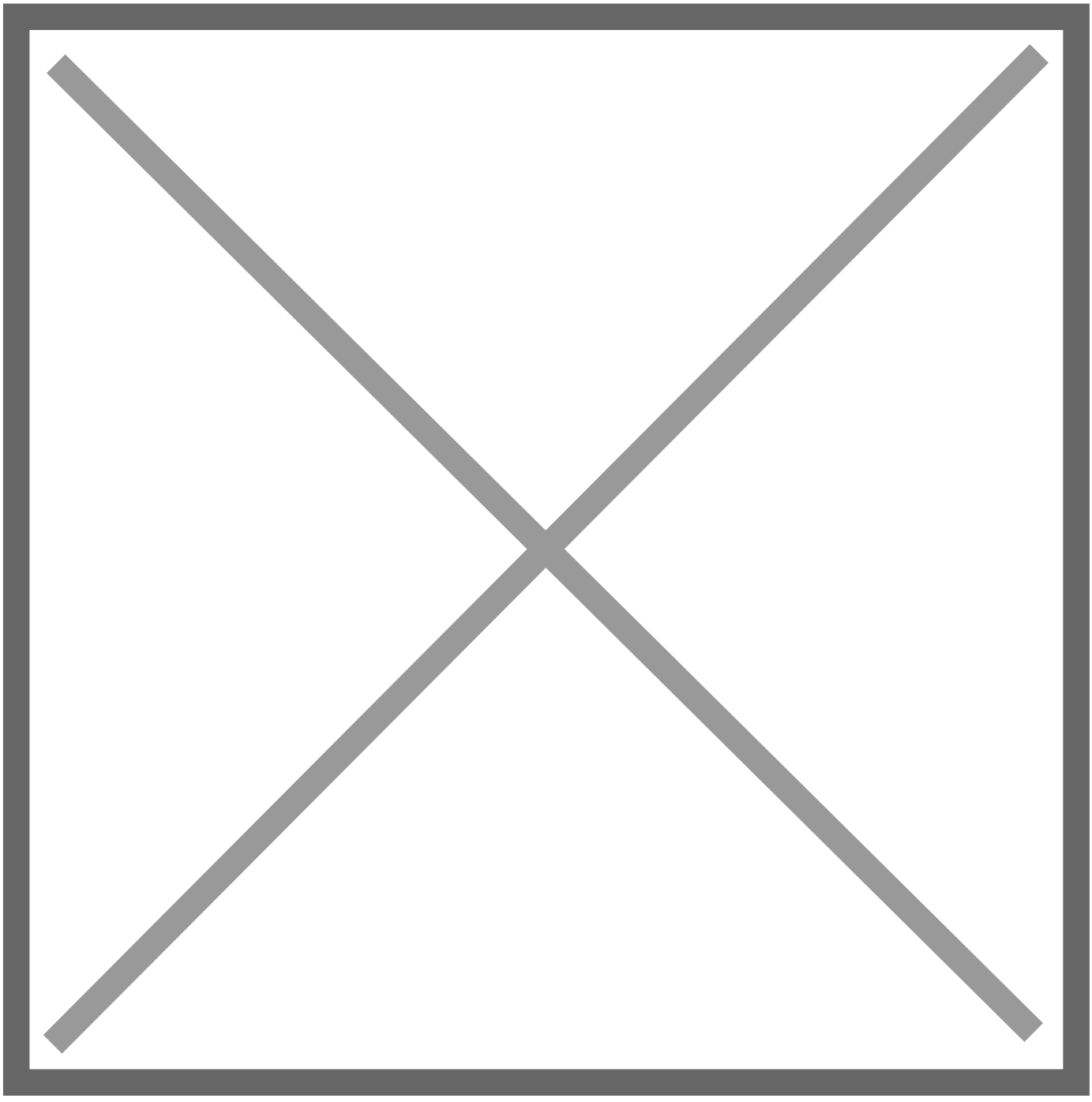
Definitions:	Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

Boys, 2023



Area covered:	National
å□ è□ æ □ ç□ ®:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

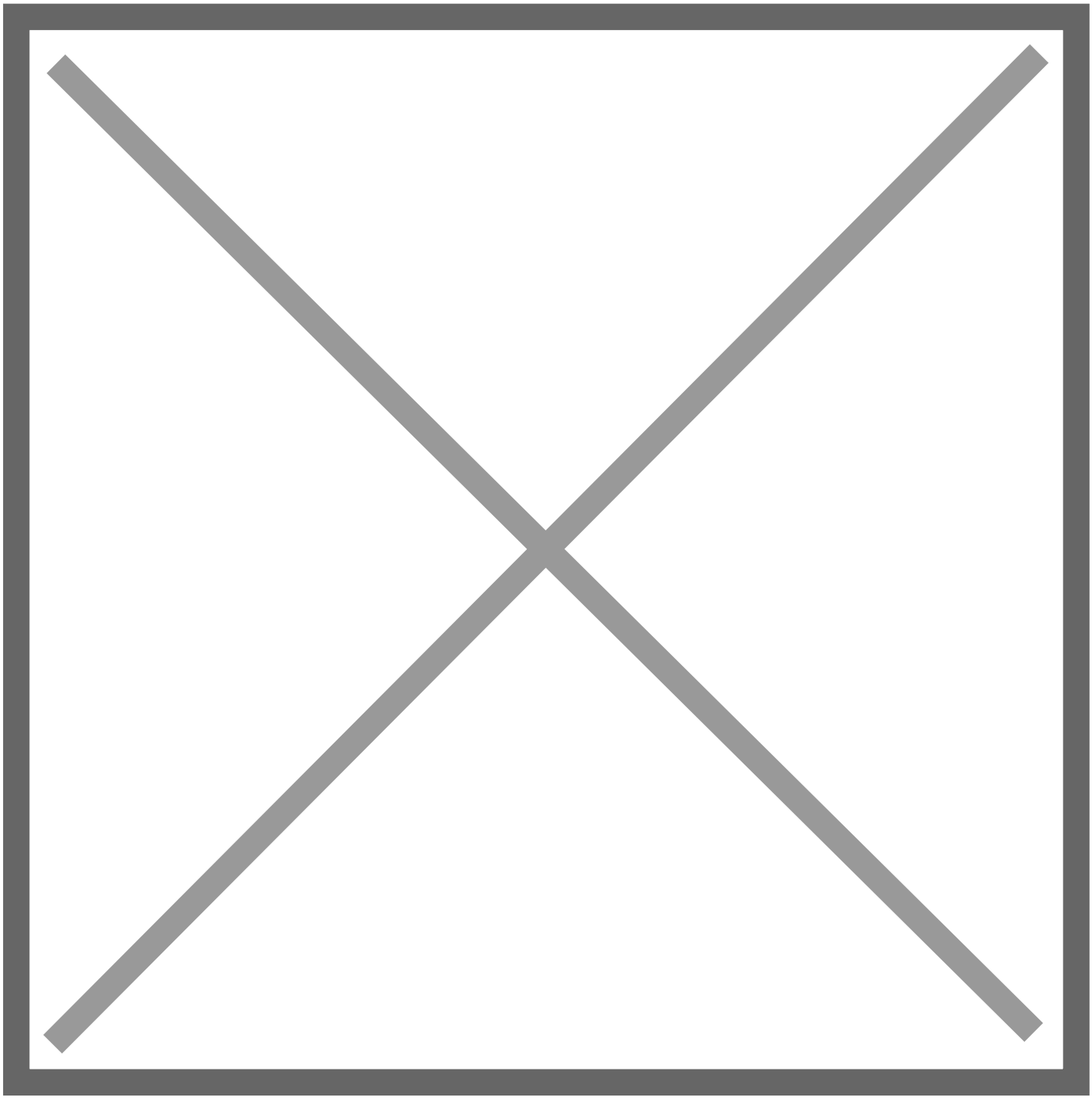
Girls, 2023



Area covered:	National
å□ è□ æ □ ç□ ®:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

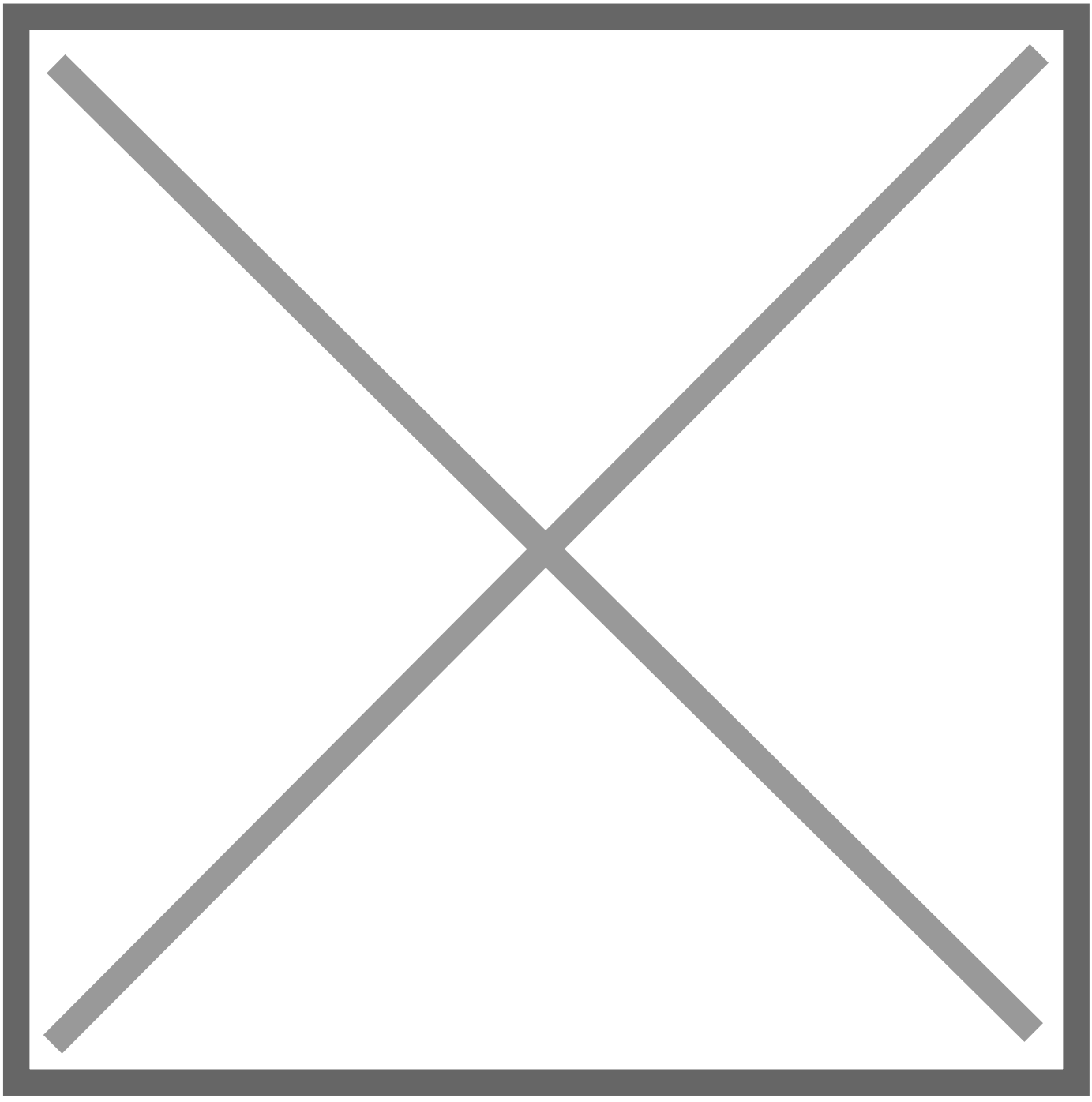
Mental health - anxiety disorders

Children, 2023



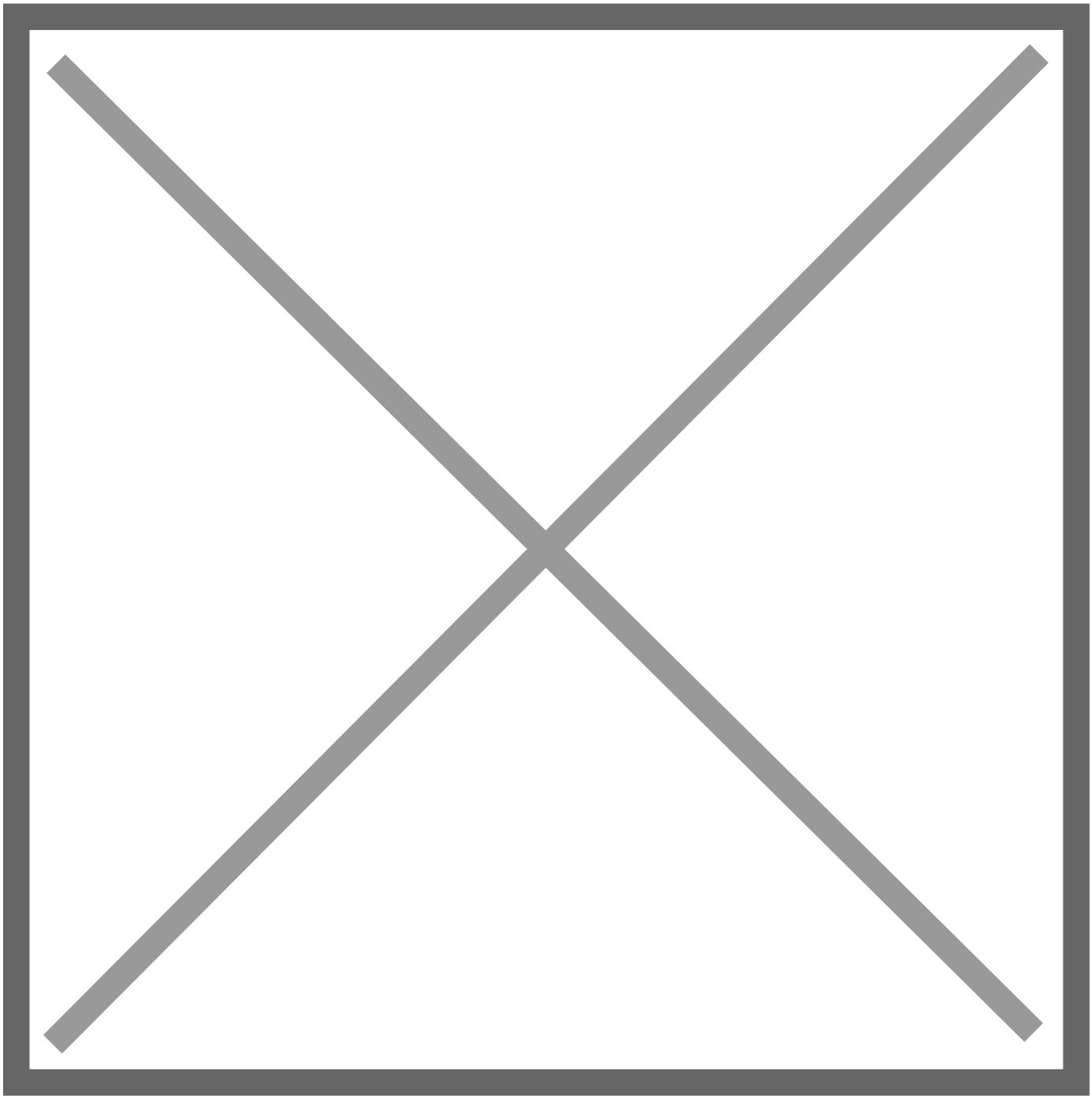
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Definitions:	Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

Boys, 2023



Area covered:	National
å□ è□ æ □ ç□ ®:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

Girls, 2023



Area covered:	National
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Definitions:	Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

PDF created on November 4, 2026