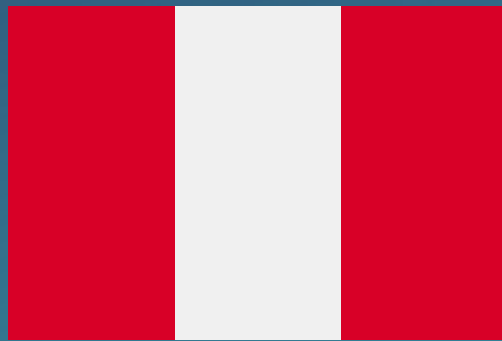




Peru



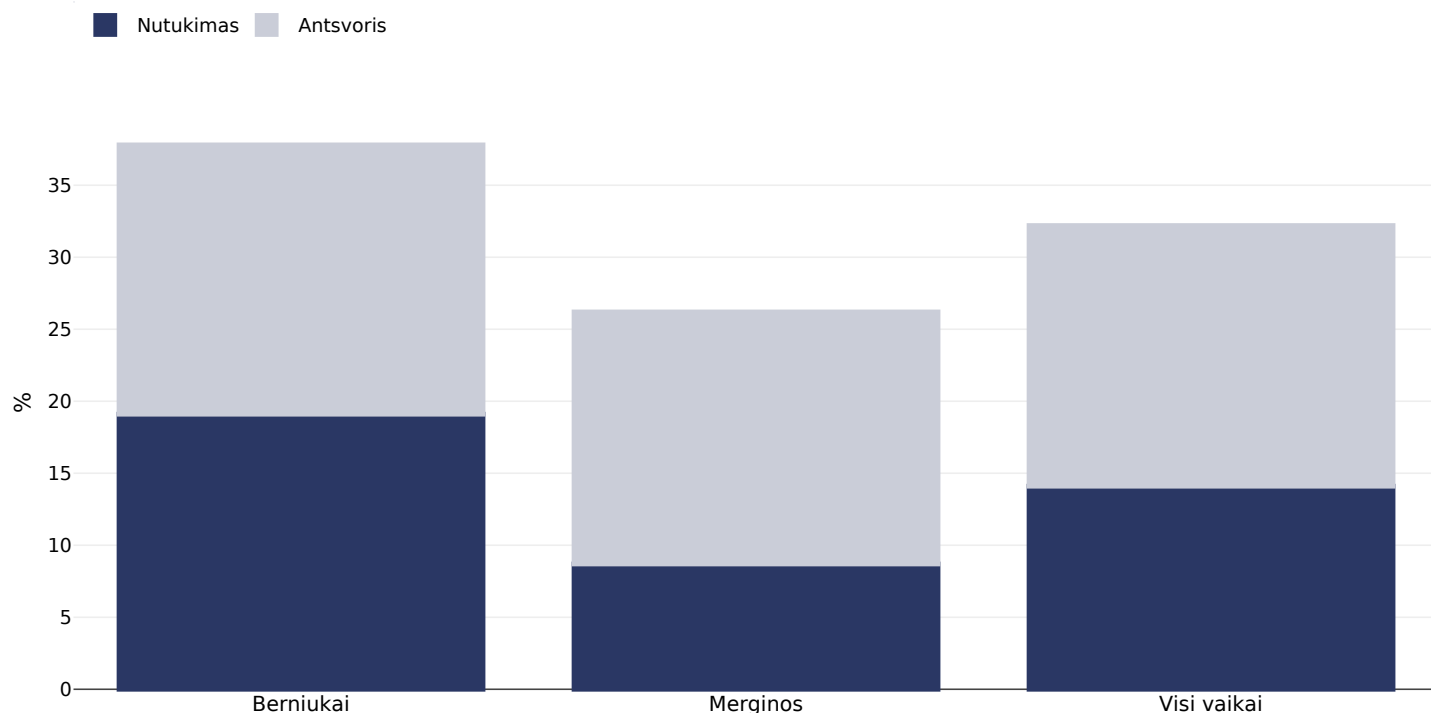
Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/peru-171/>.

Nutukimo paplitimas

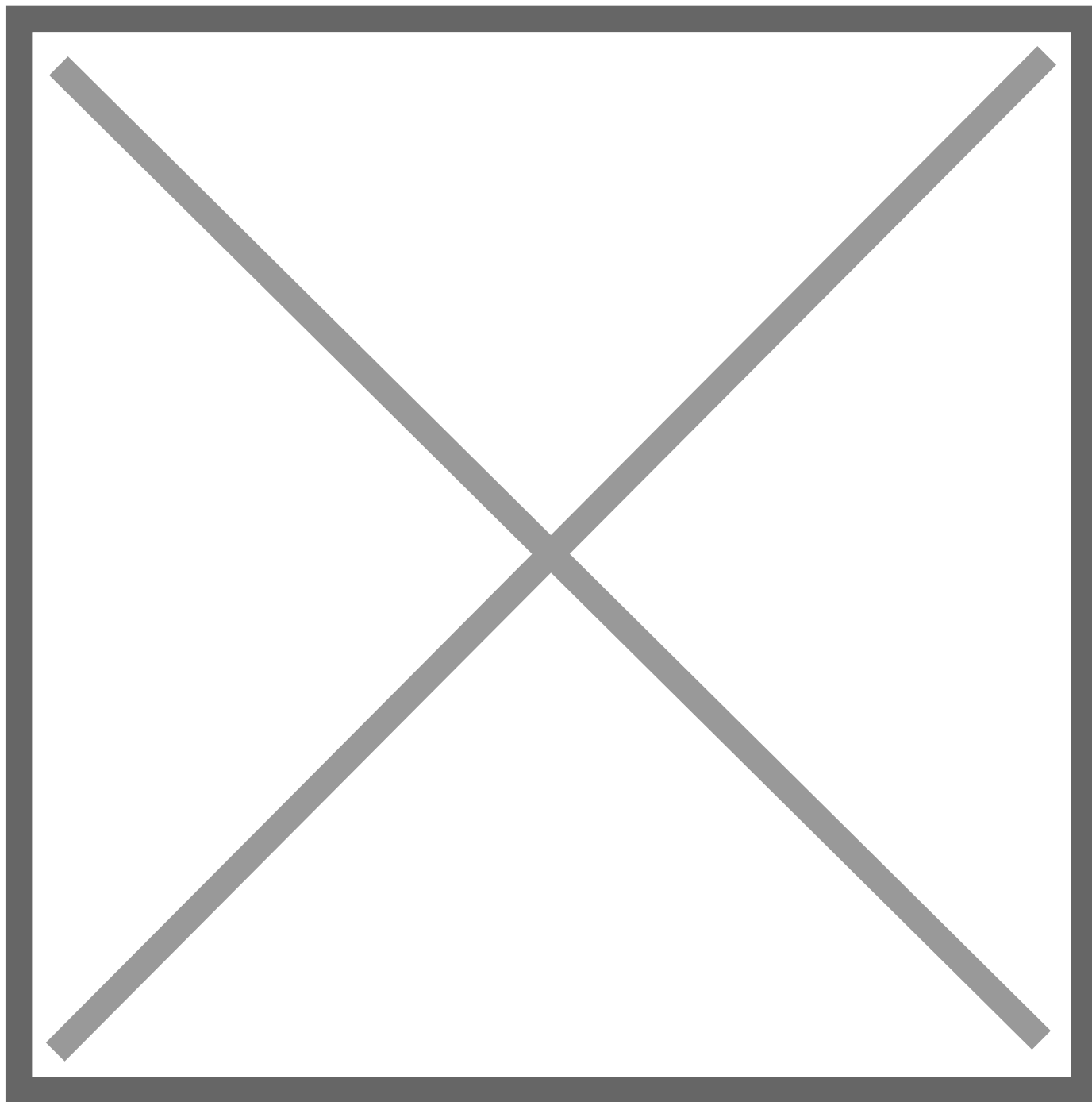
Vaikai, 2013-2014



Tyrimo tipas:	Išmatuotas
Amžius:	5-13
Imties dydis:	2801
Teritorija:	Nacionalinis
Nuorodos:	Carolina Tarqui-Mamani, Doris Alvarez-Dongo, Paula Espinoza-Oriundo. Prevalence and factors associated with overweight and obesity in Peruvian primary school children. Rev. salud pública 20 (2) Mar-Apr 2018 https://doi.org/10.15446/rsap.V20n2.68082
Pastabos (tik anglų k.):	WHO Cut off Used
Cutoffs:	WHO

Antsvoris / nutukimas pagal iÅ¡silavinimÄ

Vaikai, 2013-2014

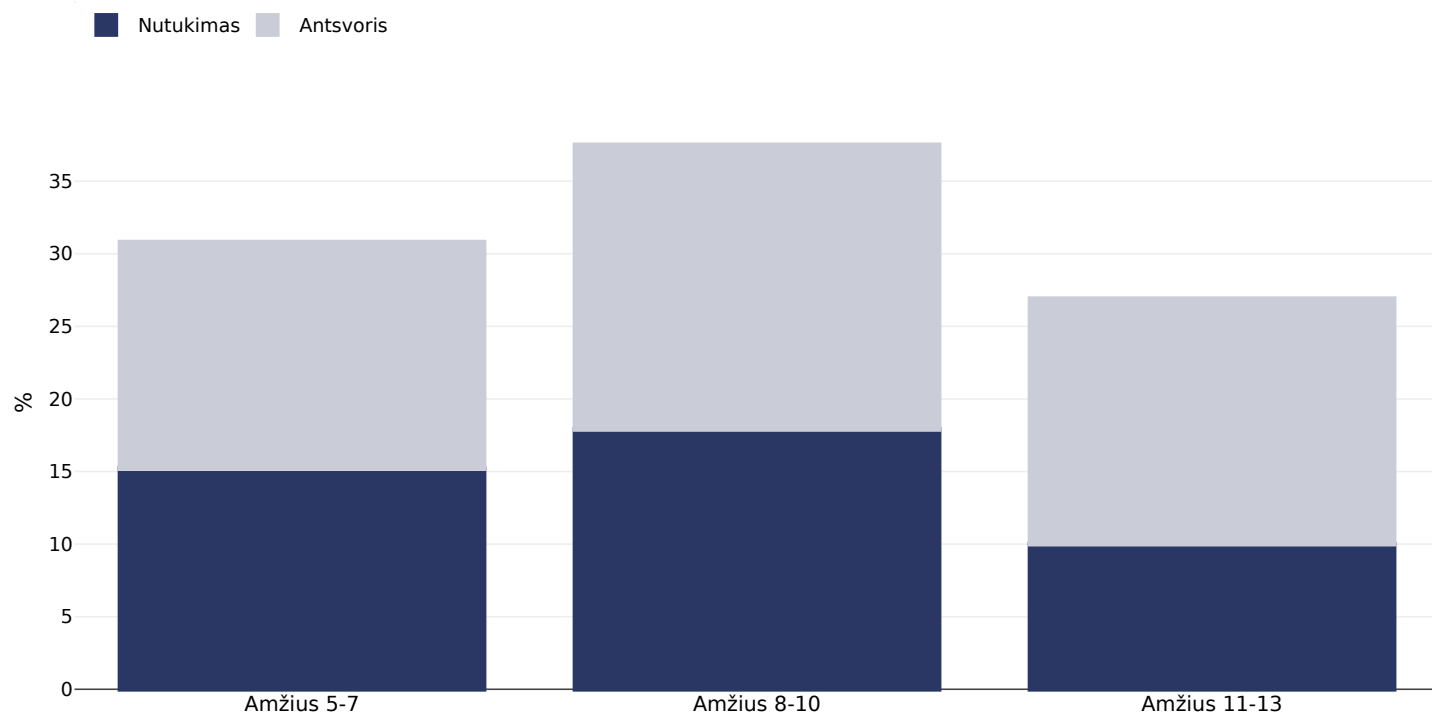


Tyrimo tipas:	IÅ¡matuotas
AmÅ¼ius:	5-13
Imties dydis:	2801
Teritorija:	Nacionalinis

Nuorodos:	Carolina Tarqui-Mamani, Doris Alvarez-Dongo, Paula Espinoza-Oriundo. Prevalence and factors associated with overweight and obesity in Peruvian primary school children. Rev. salud pública 20 (2) Mar-Apr 2018 → https://doi.org/10.15446/rsap.V20n2.68082
Pastabos (tik anglâ³ k.):	WHO Cut Off Points Used Education based on Parental educational status
Cutoffs:	WHO

Antsvoris / nutukimas pagal amžių

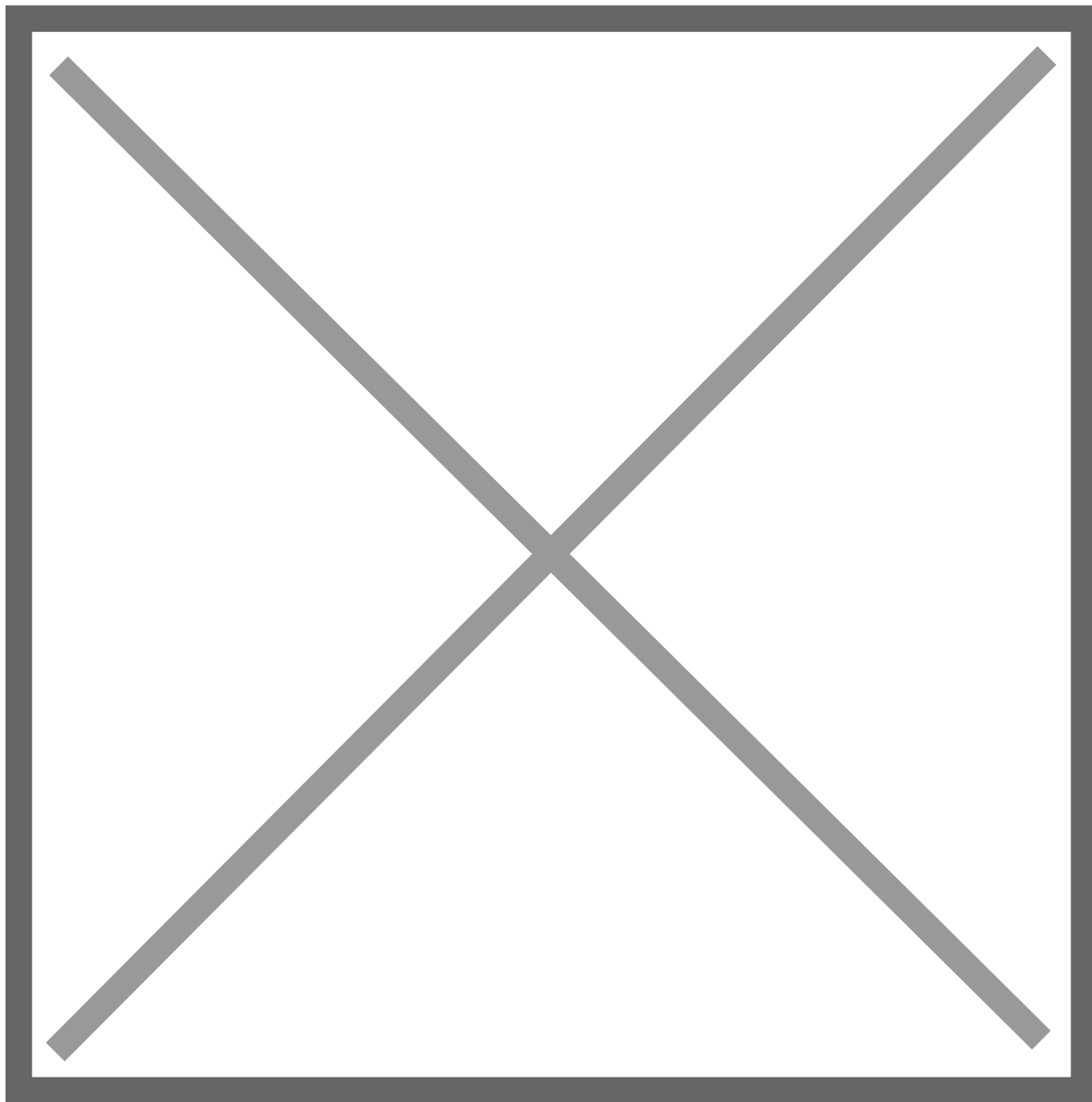
Vaikai, 2013-2014



Tyrimo tipas:	Išmatuotas
Imties dydis:	2801
Teritorija:	Nacionalinis
Nuorodos:	Carolina Tarqui-Mamani, Doris Alvarez-Dongo, Paula Espinoza-Oriundo. Prevalence and factors associated with overweight and obesity in Peruvian primary school children. Rev. salud pública 20 (2) Mar-Apr 2018. https://doi.org/10.15446/rsap.V20n2.68082
Pastabos (tik anglų k.):	WHO Cut Off Points Used
Cutoffs:	WHO

Antsvoris / nutukimas pagal regioną

Vaikai, 2013-2014

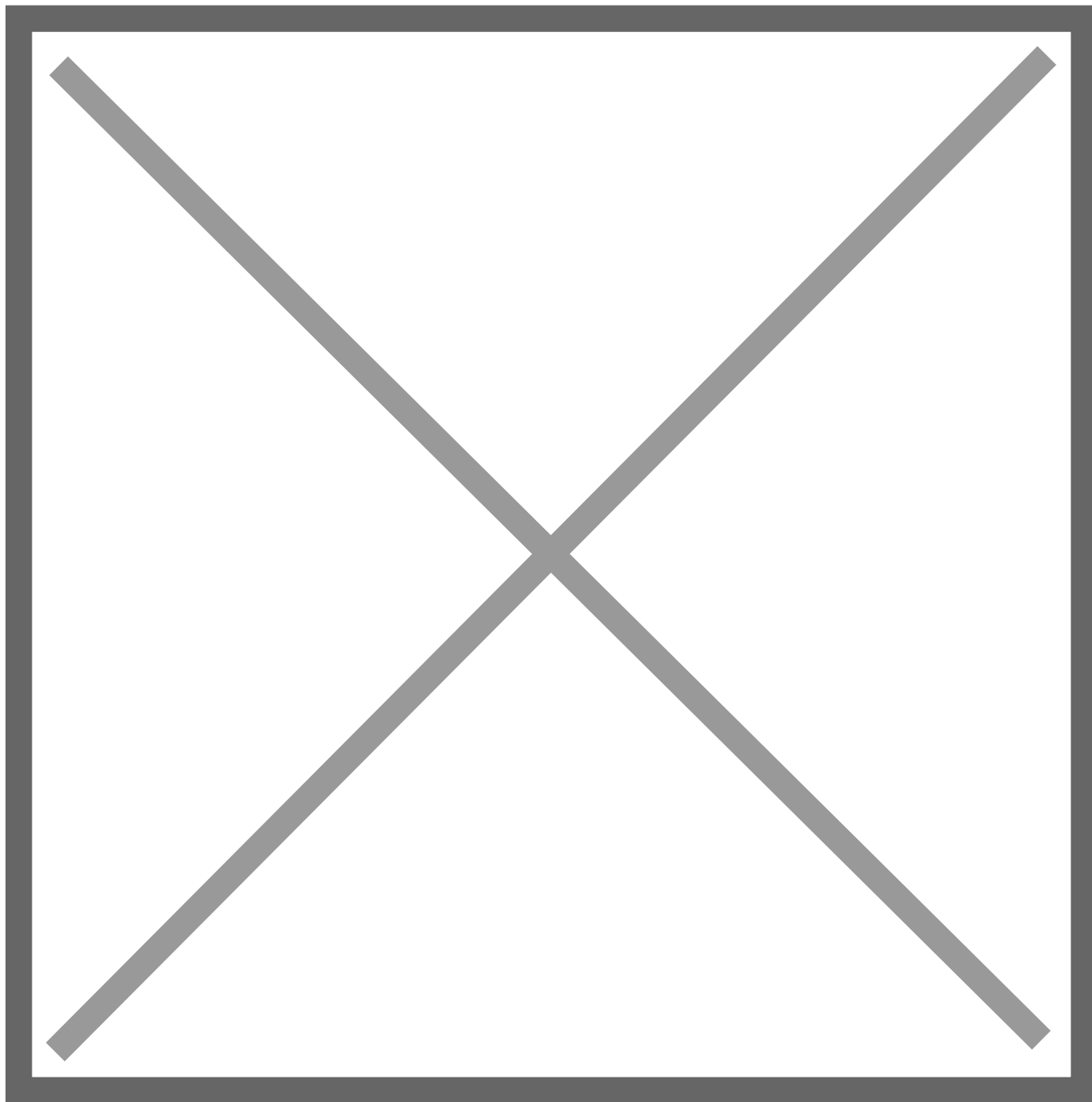


Tyrimo tipas:	Išmatuotas
Amžius:	5-13
Imties dydis:	2801
Teritorija:	Nacionalinis

Nuorodos: Carolina Tarqui-Mamani, Doris Alvarez-Dongo, Paula Espinoza-Oriundo. Prevalence and factors associated with overweight and obesity in Peruvian primary school children. Rev. salud pública 20 (2) Mar-Apr 2018 <https://doi.org/10.15446/rsap.V20n2.68082>

Pastabos (tik anglâ³ k.): WHO Cut Off Points Used

Cutoffs: WHO

Antsvoris / nutukimas pagal socialinÄ -ekonominÄ bÅ«klÄ**Vaikai, 2013-2014**

Tyrimo tipas:	IÅmatuotas
AmÅius:	5-13
Imties dydis:	2801
Teritorija:	Nacionalinis

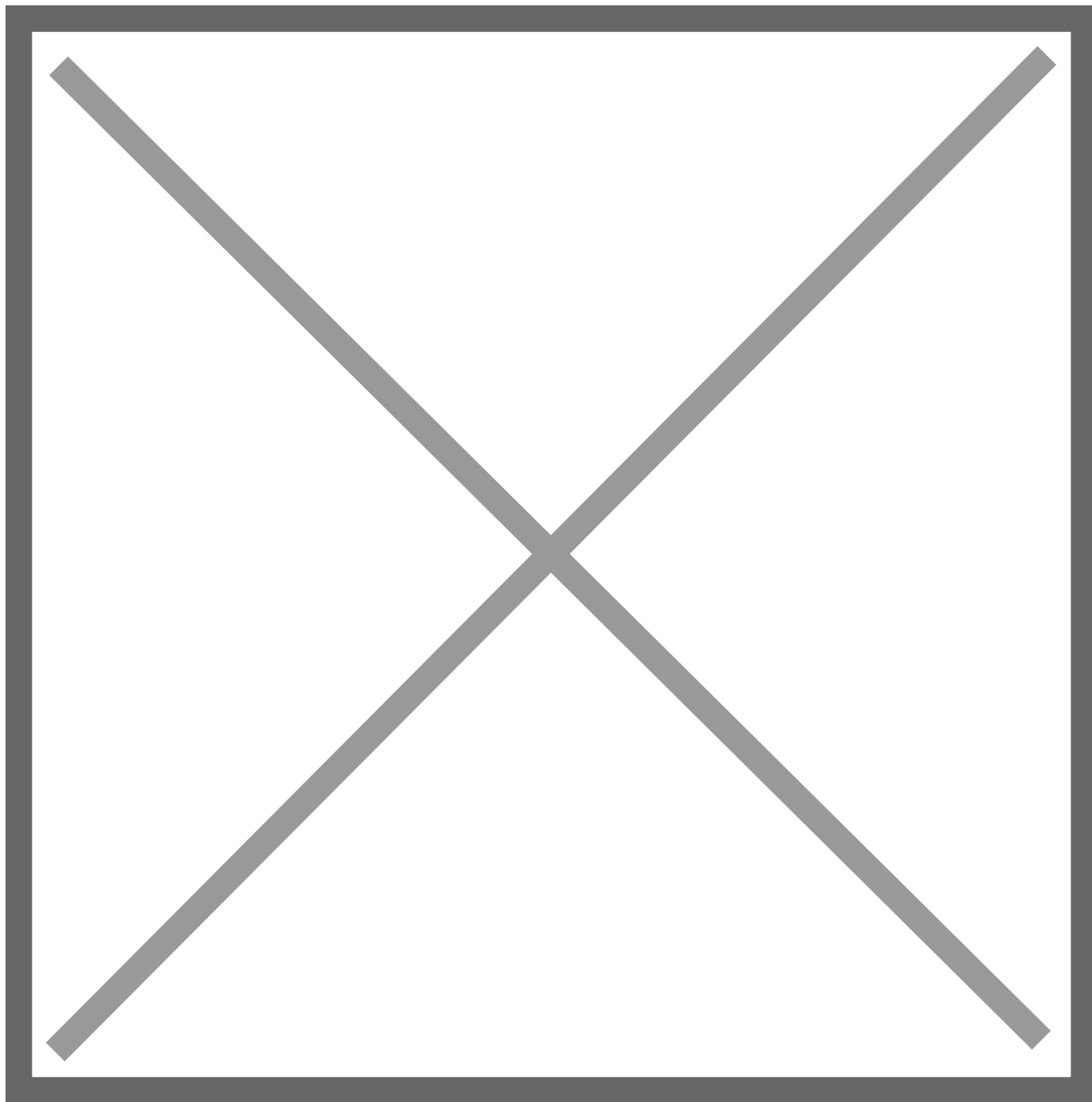
Nuorodos: Carolina Tarqui-Mamani, Doris Alvarez-Dongo, Paula Espinoza-Oriundo. Prevalence and factors associated with overweight and obesity in Peruvian primary school children. Rev. salud pública 20 (2) Mar-Apr 2018 <https://doi.org/10.15446/rsap.V20n2.68082>

Pastabos (tik anglâ³ k.): WHO Cut Off Points Used

Cutoffs: WHO

Double burden of underweight & overweight

Vaikai, 2022



Tyrimo tipas:

IÅ;matuotas

AmÅ%ius:

5-19

Nuorodos:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Pastabos (tik anglÅ³ k.):

Age standardised estimates

ApibrÅ³
Å¼imai
(anglÅ³ k.):

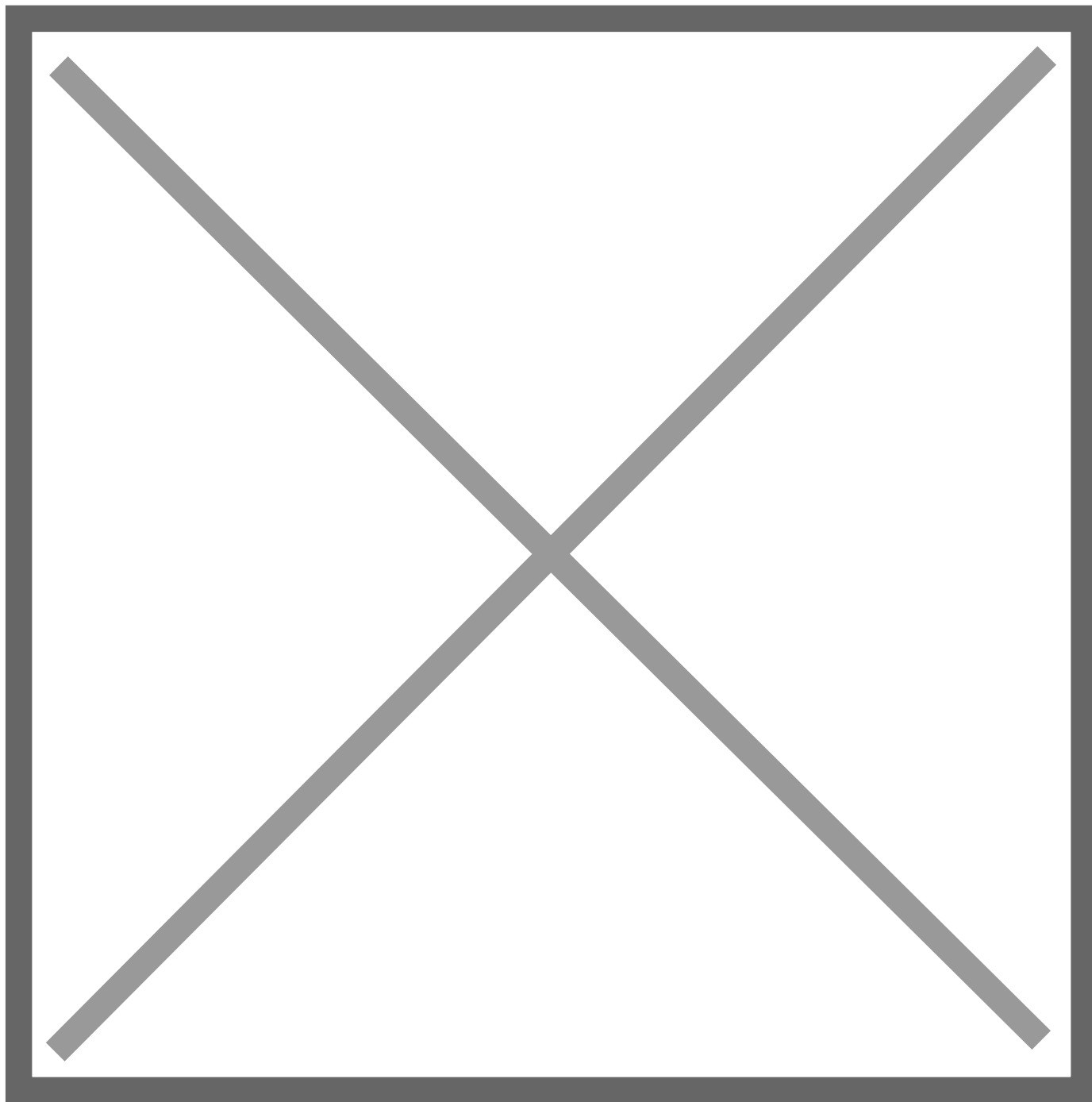
Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)

Cutoffs:

BMI < -2SD and BMI > 2SD

Nepakankamas fizinis aktyvumas

Vaikai, 2016



Tyrimo tipas:

Deklaravo patys

Amžiaus:

11-17

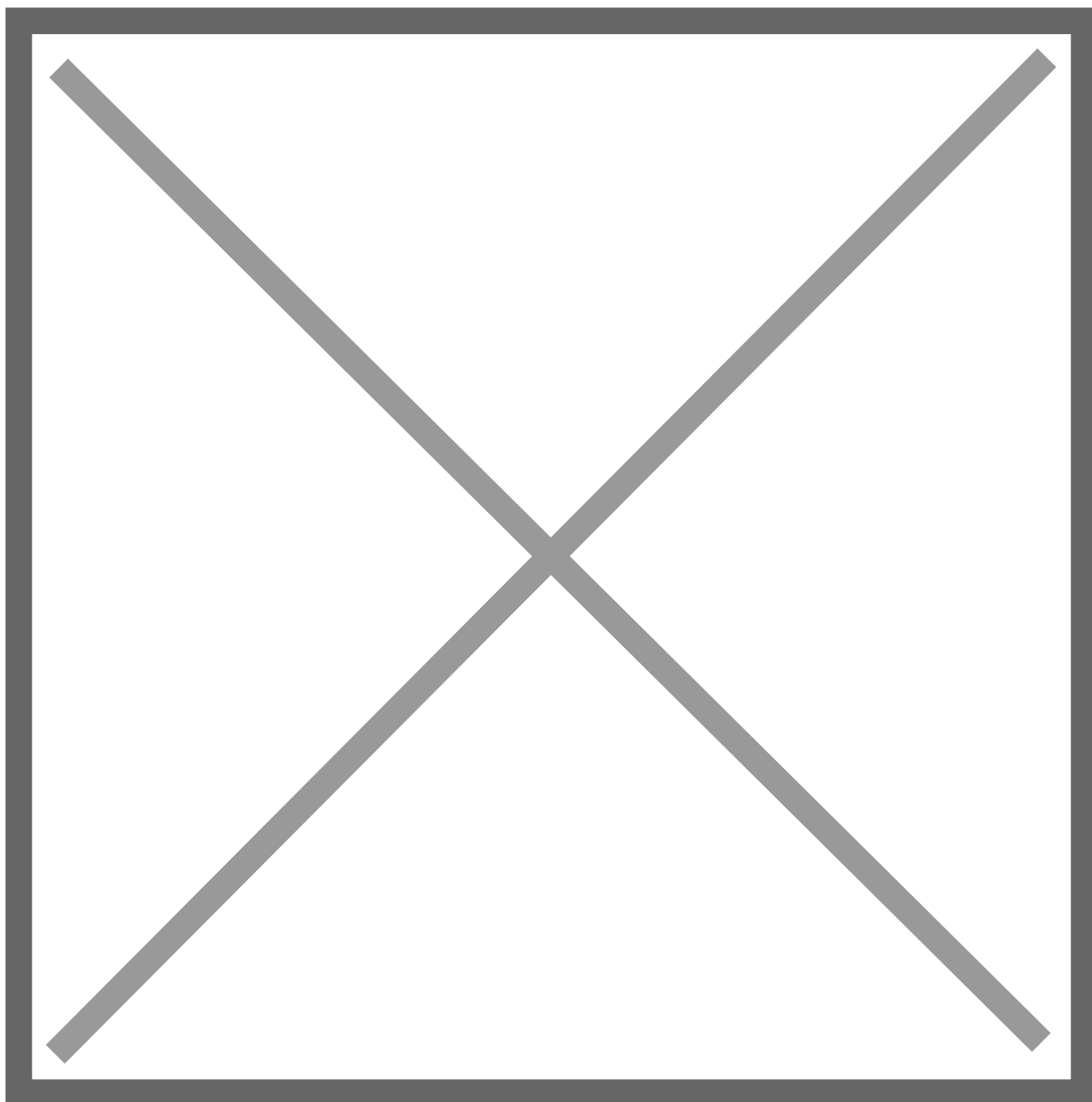
Nuorodos:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Pastabos (tik anglÅ³ k.): % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**ApibrÅ³
Å³imai
(anglÅ³ k.):** % Adolescents insufficiently active (age standardised estimate)

Berniukai, 2016



Tyrimo tipas:

Deklaravo patys

Amžiaus:

11-17

Nuorodos:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

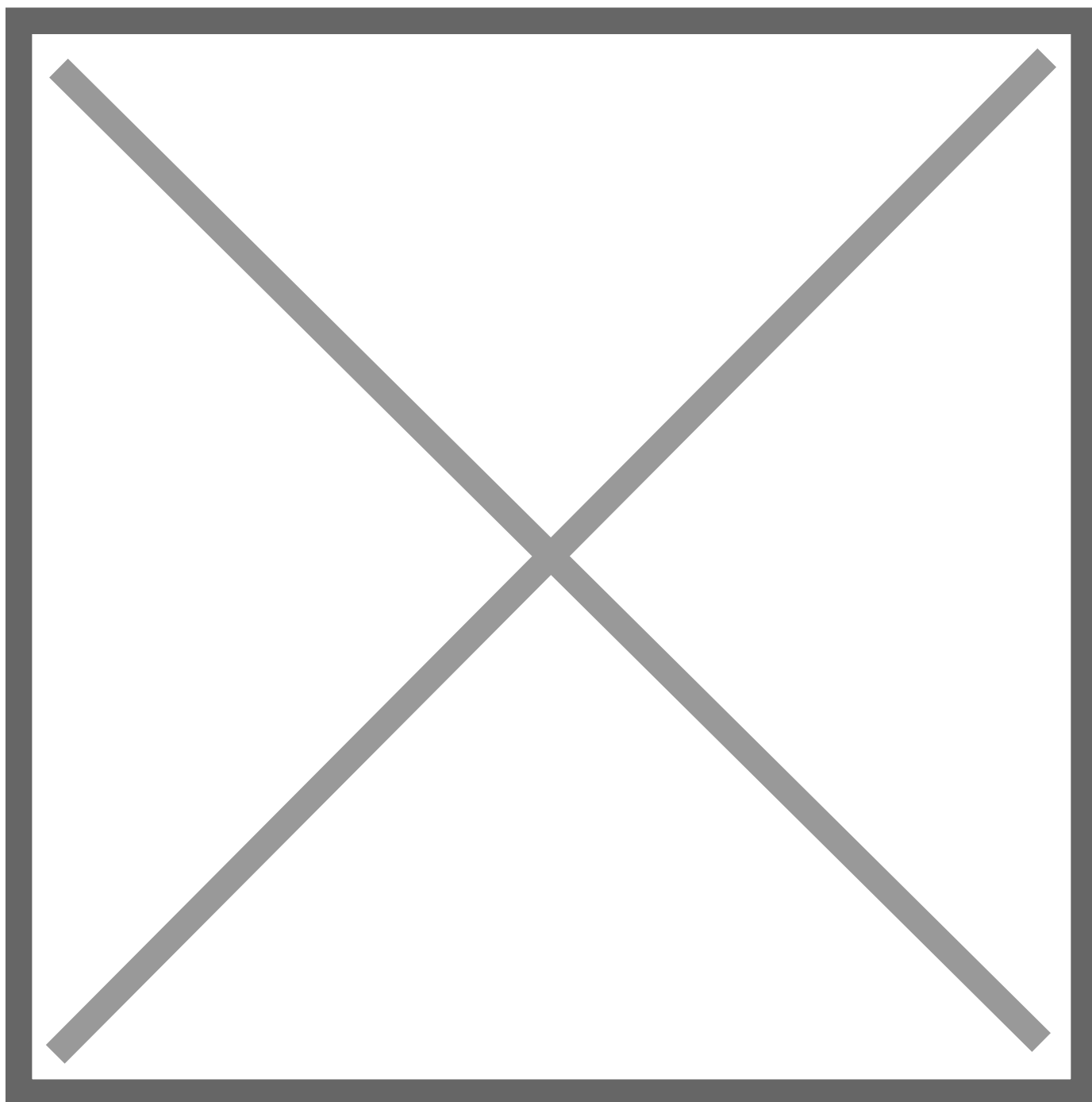
Pastabos (tik anglų k.):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

ApibrÅ
Å¼imai
(anglÅ³ k.):

% Adolescents insufficiently active (age standardised estimate)

Merginos, 2016



Tyrimo tipas:

Deklaravo patys

AmÅ¾ius:

11-17

Nuorodos:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Pastabos (tik anglÅ³ k.):

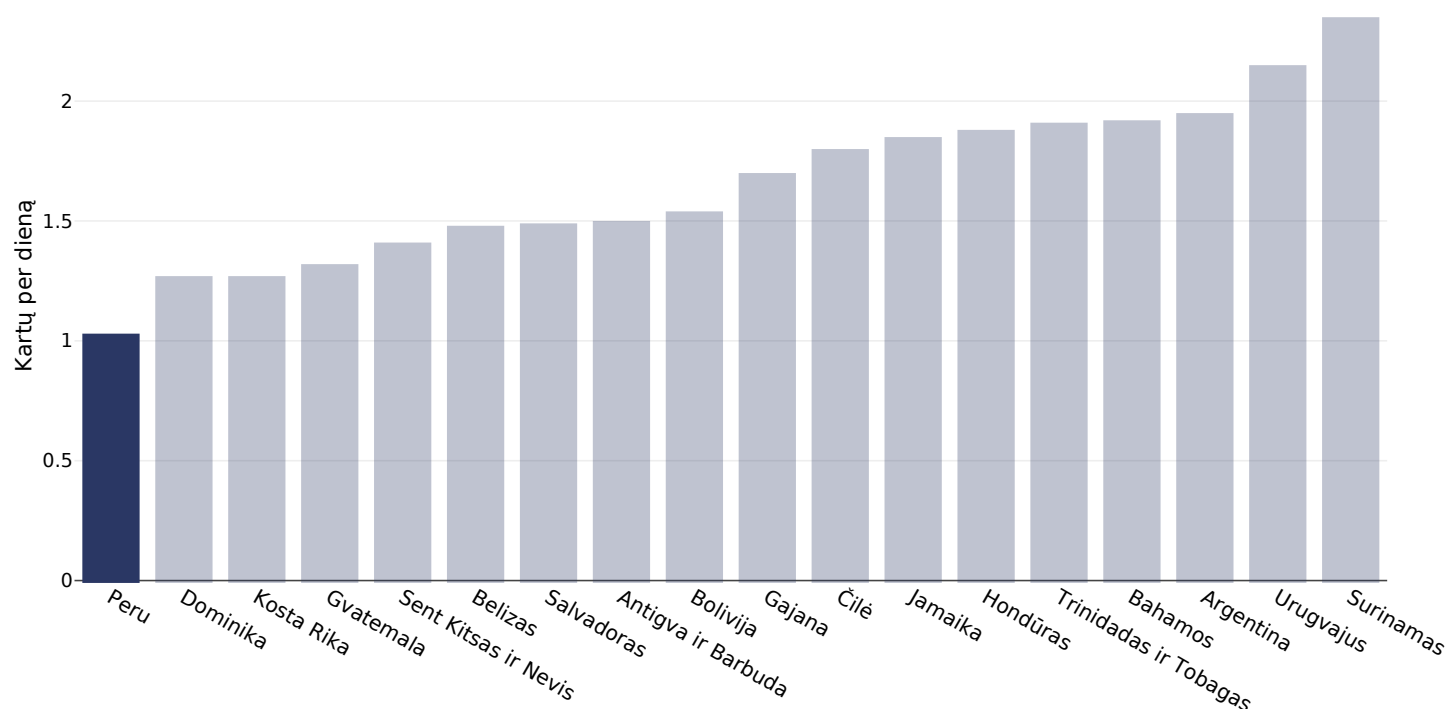
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

ApibrÅ
Å¼imai
(anglÅ³ k.):

% Adolescents insufficiently active (age standardised estimate)

Vidutinis kasdienis gazuotų gaiviųjų gėrimų vartojimo daiktas

Vaikai, 2009-2015



Tyrimo tipas:

Išmatuotas

Amžius:

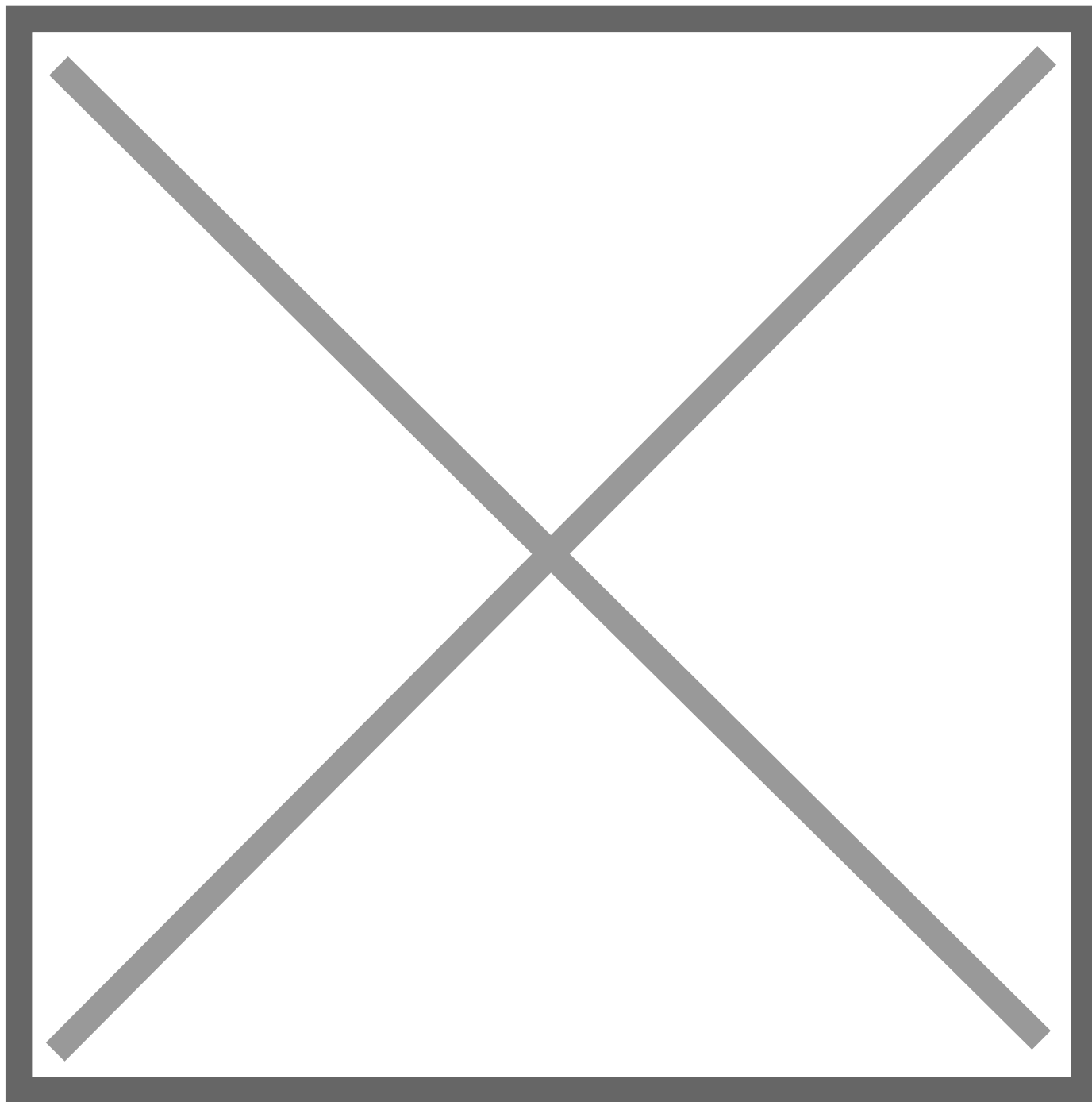
12-17

Nuorodos:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

VaisiÅ³ vartojimo reÄiau nei kartÄ per dienÄ paplitimas

Vaikai, 2009-2015



Tyrimo tipas:

IÄmatuotas

AmÄ¼ius:

12-17

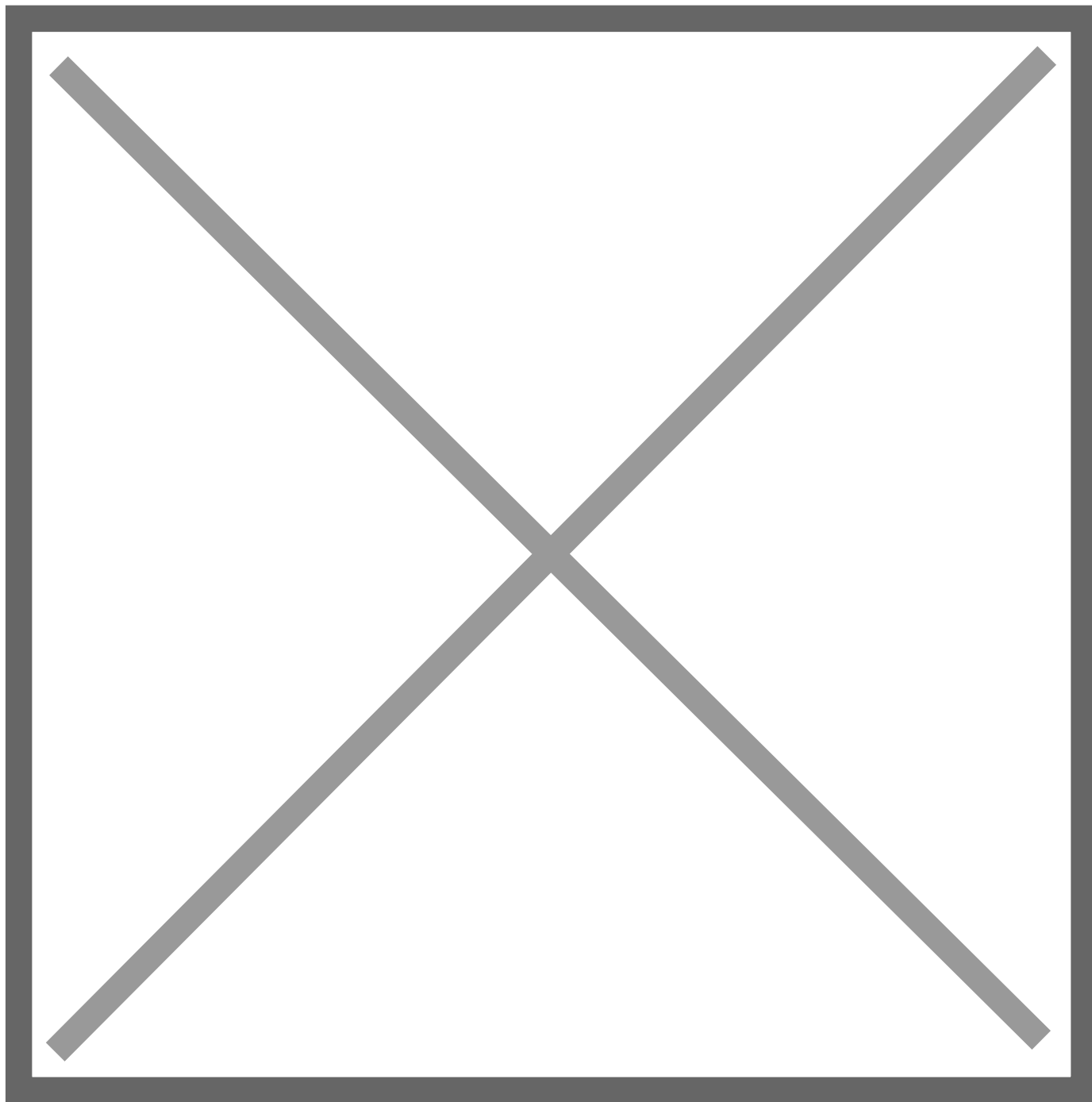
Nuorodos:

Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

ApibrÄ
Ä¼imai
(anglÄ³ k.):

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Daržovių vartojimo reikšiau nei kartą per dieną paplitimas Vaikai, 2009-2015



Tyrimo tipas:

Išmatuotas

Amžius:

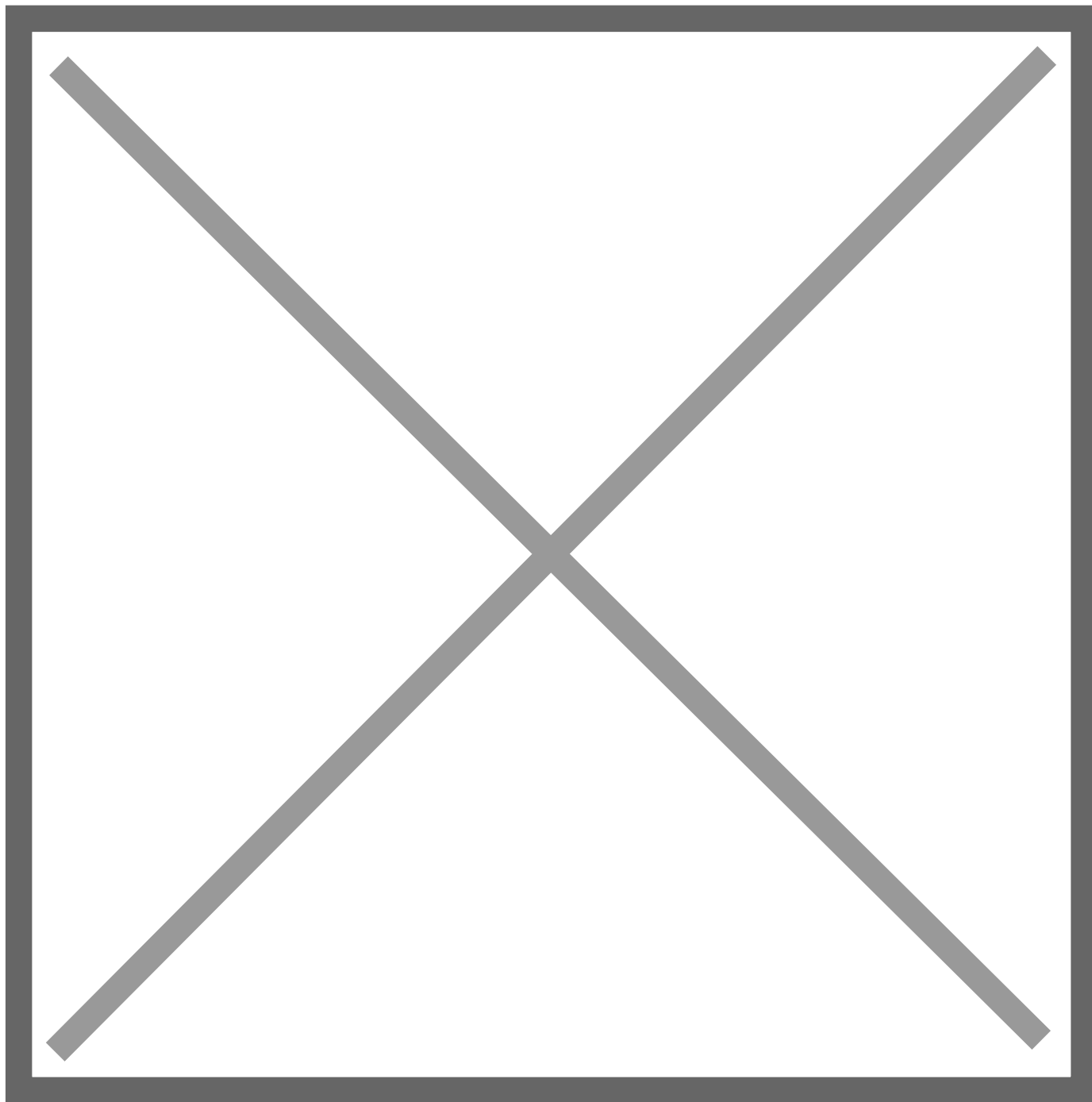
12-17

Nuorodos: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

ApibrÄ
Ä¼imai
(anglÄ³ k.): Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Vidutinis savaitinis greito maisto vartojimo daÅ½nis

Vaikai, 2009-2015



AmÅ½ius:

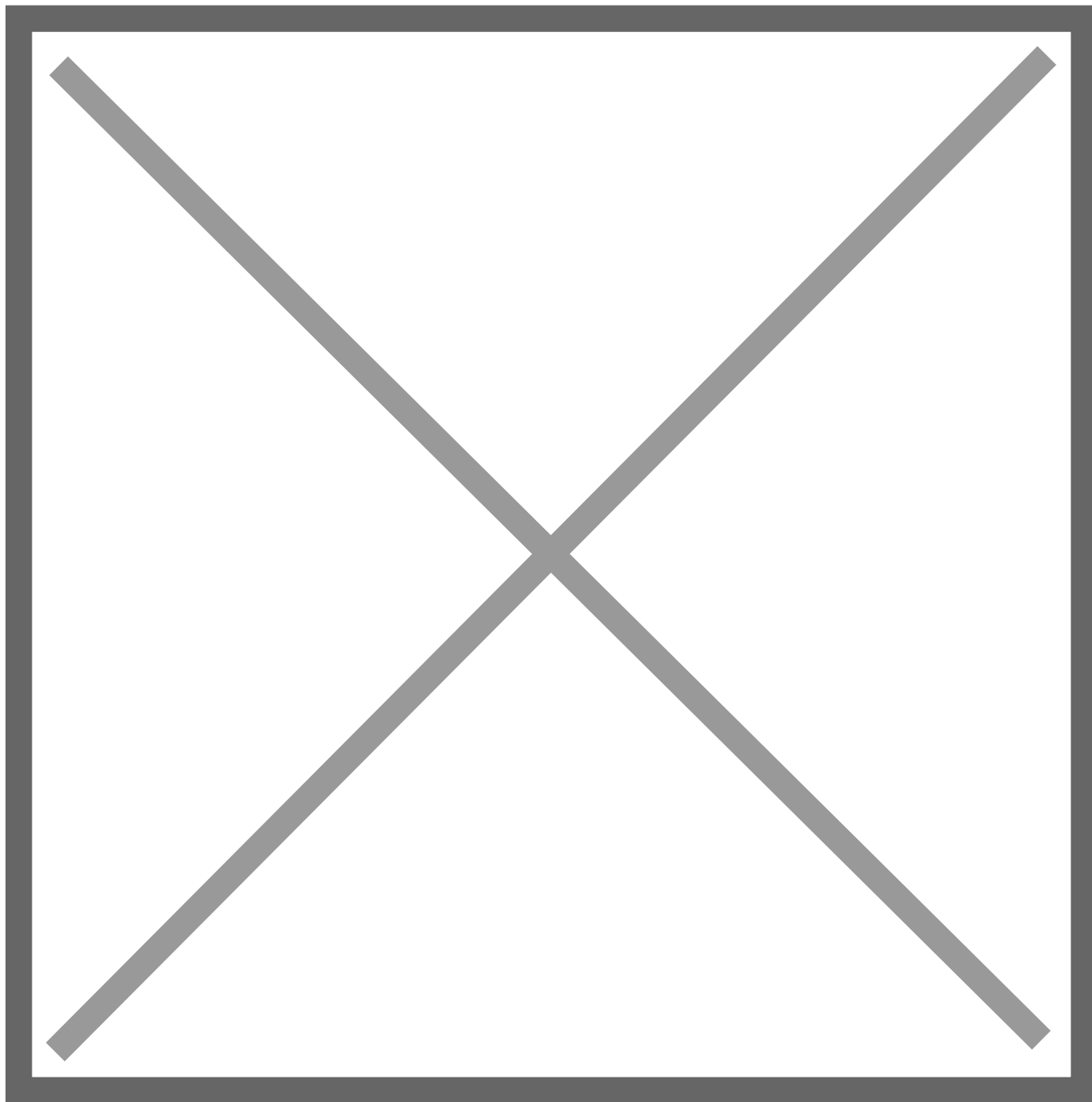
12-17

Nuorodos:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Psichinė sveikata ir depresijos sutrikimai

Vaikai, 2021



Teritorija:

Nacionalinis

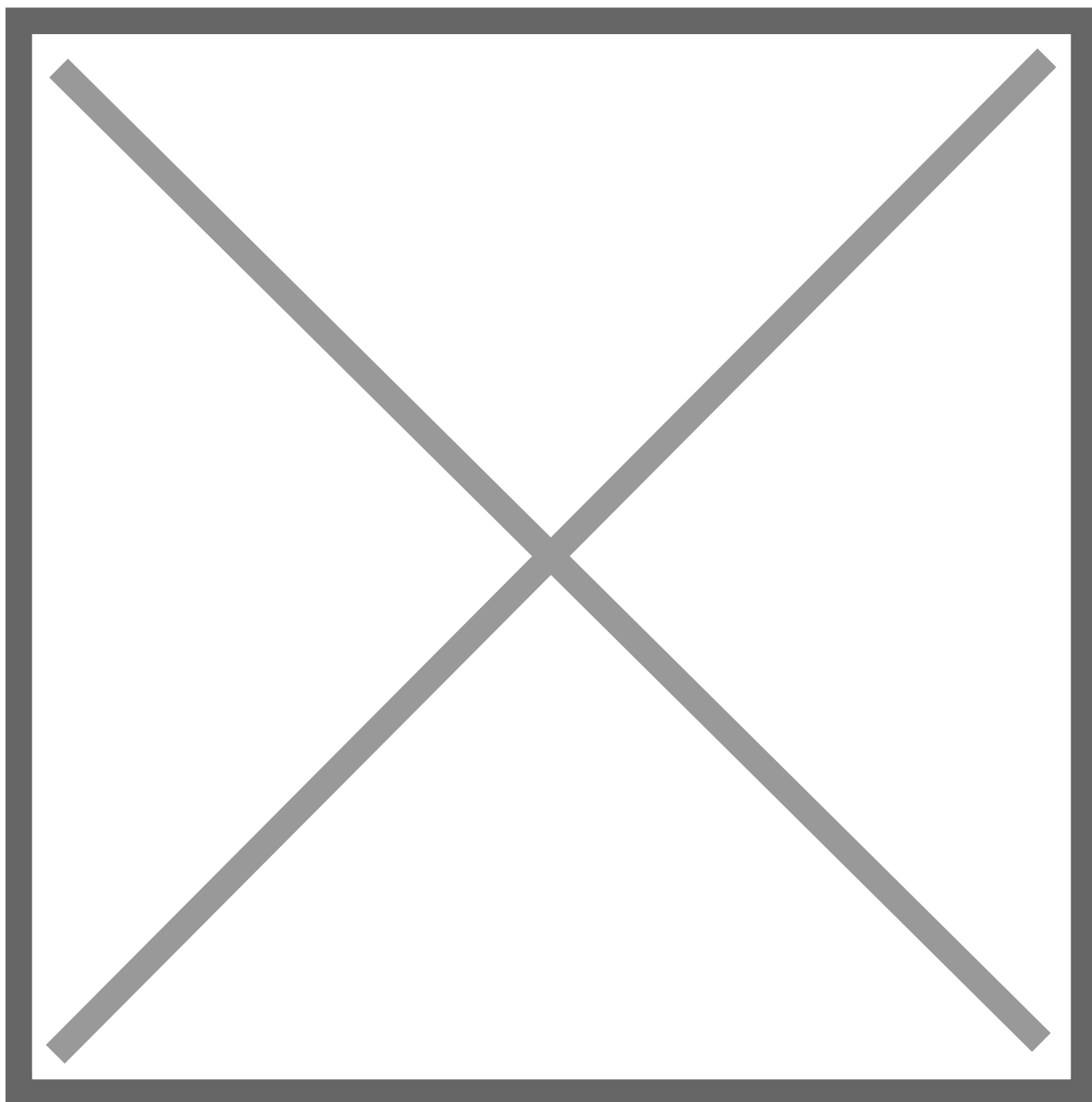
Nuorodos:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Apibr
imai
(angl k.):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Berniukai, 2021



Teritorija:

Nacionalinis

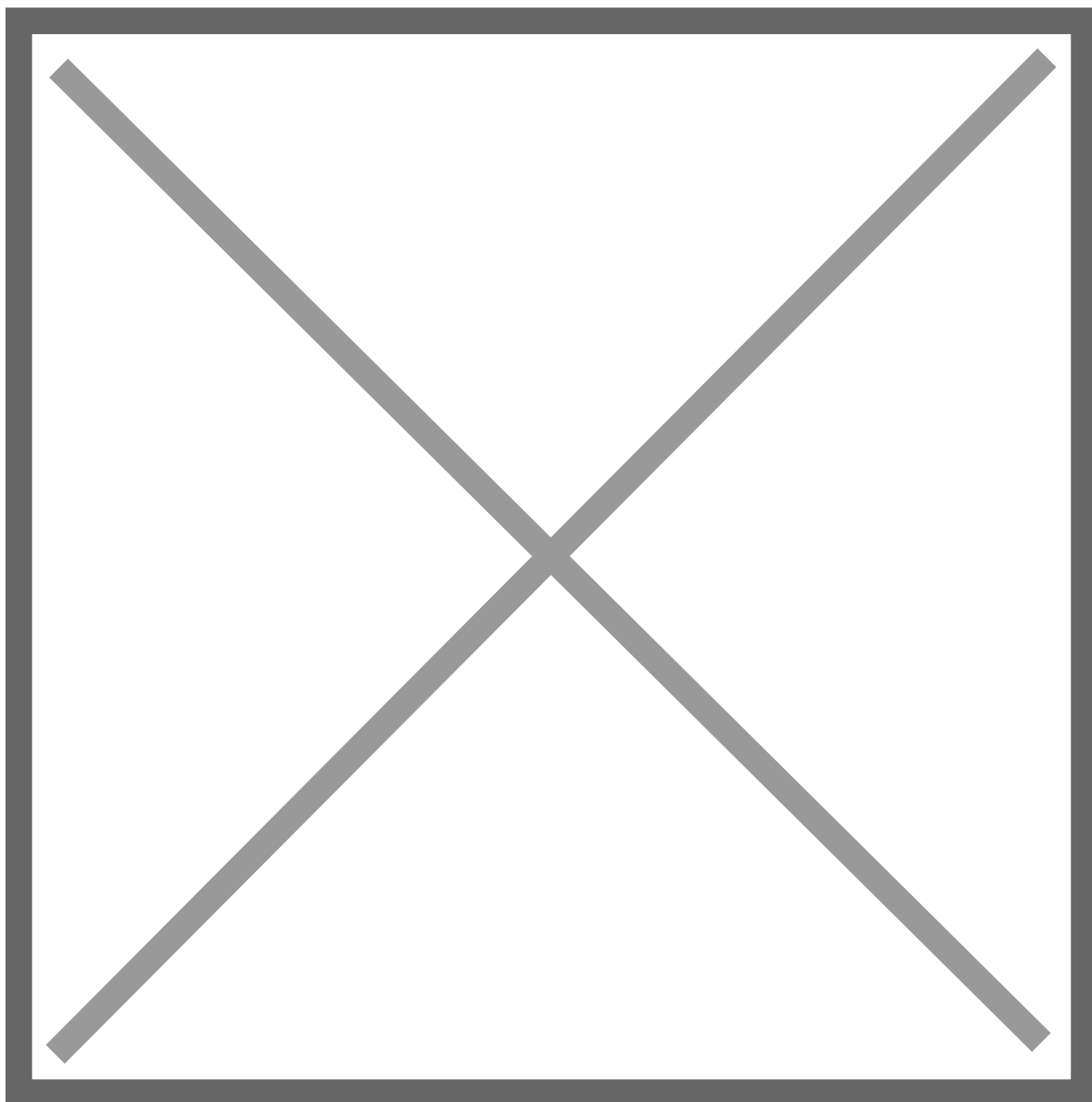
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Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Apibrėžimas
(anglų k.):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Merginos, 2021



Teritorija:

Nacionalinis

Nuorodos:

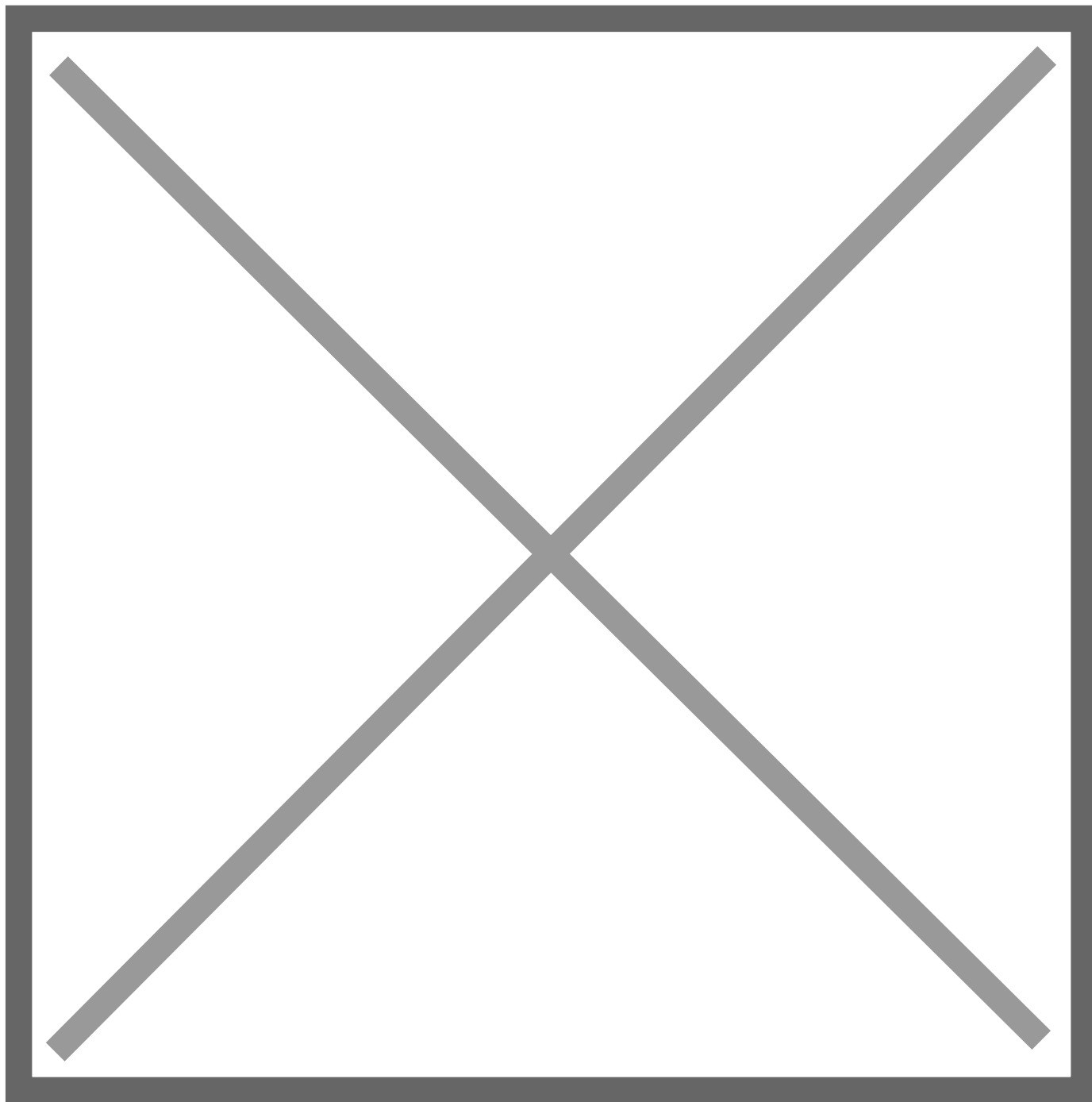
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Apibrėžimas
(anglų k.):

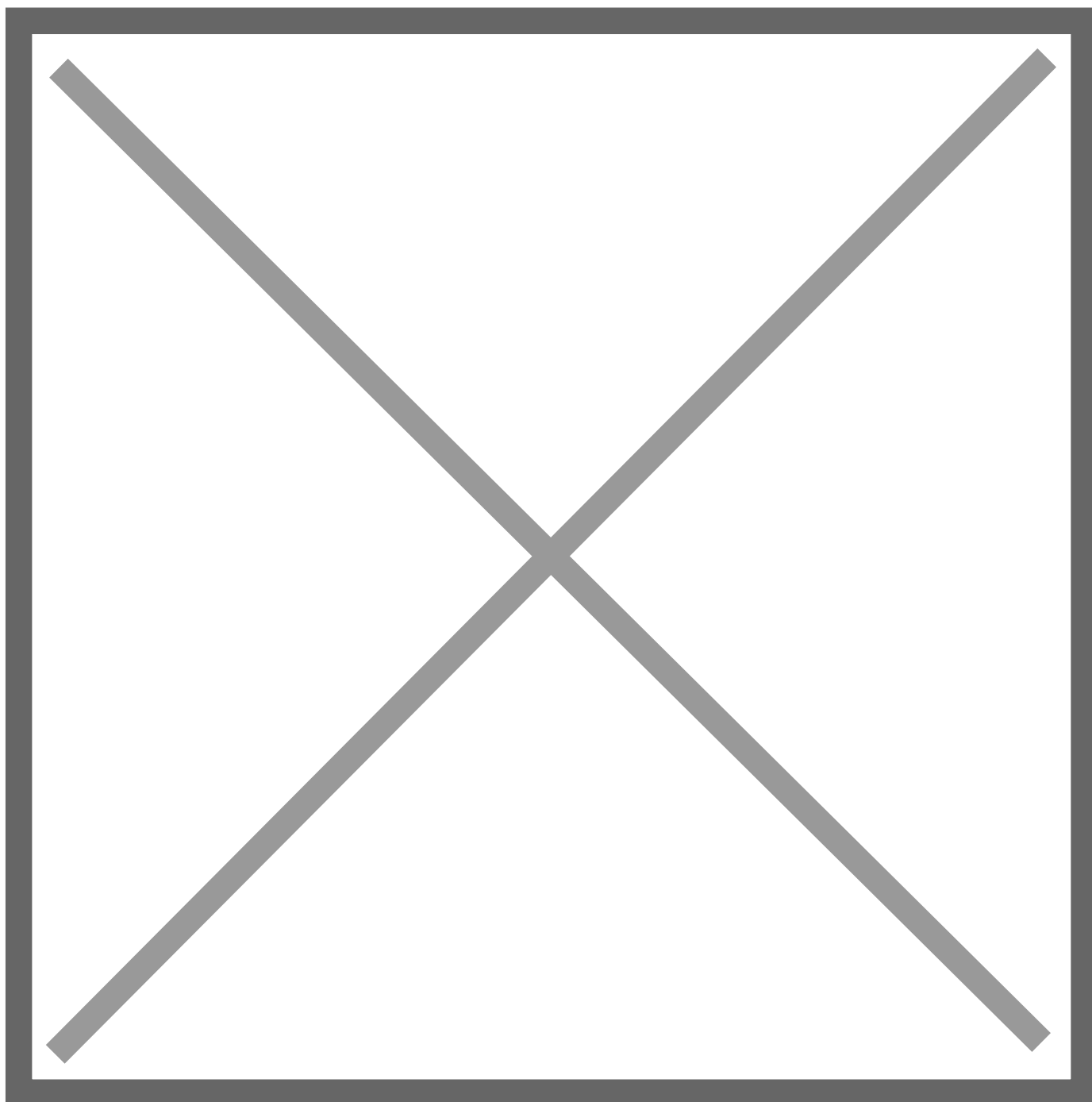
Number living with depressive disorder per 100,000 population (Under 20 years of age)

Psichinė sveikata ir nerimo sutrikimai

Vaikai, 2021

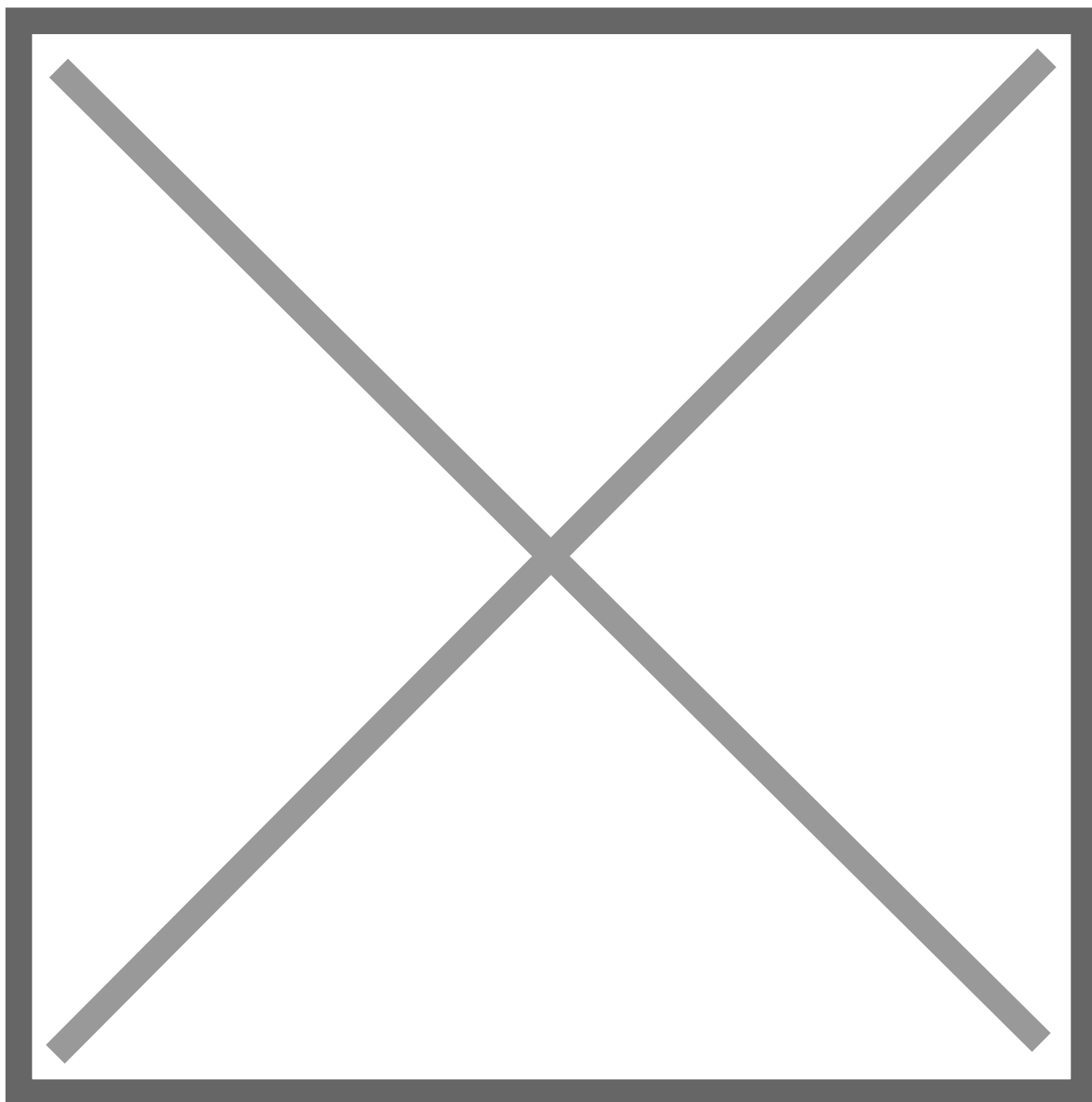
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Berniukai, 2021**Nuorodos:**

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Merginos, 2021



Nuorodos:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

PDF created on July 19, 2025