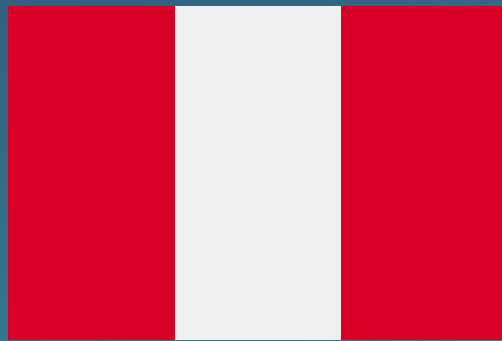




Peru



Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/peru-171/>.

Prevalencija pretilosti

Djeca, 2013-2014



Vrsta ankete:	Izmjereno
Dob:	5-13
Veličina uzorka:	2801

**Pokriveno
područje je:**

Nacionalno

Reference:

Carolina Tarqui-Mamani, Doris Alvarez-Dongo, Paula Espinoza-Oriundo. Prevalence and factors associated with overweight and obesity in Peruvian primary school children. Rev. salud pública 20 (2) Mar-Apr 2018 →
<https://doi.org/10.15446/rsap.V20n2.68082>

Bilješke:

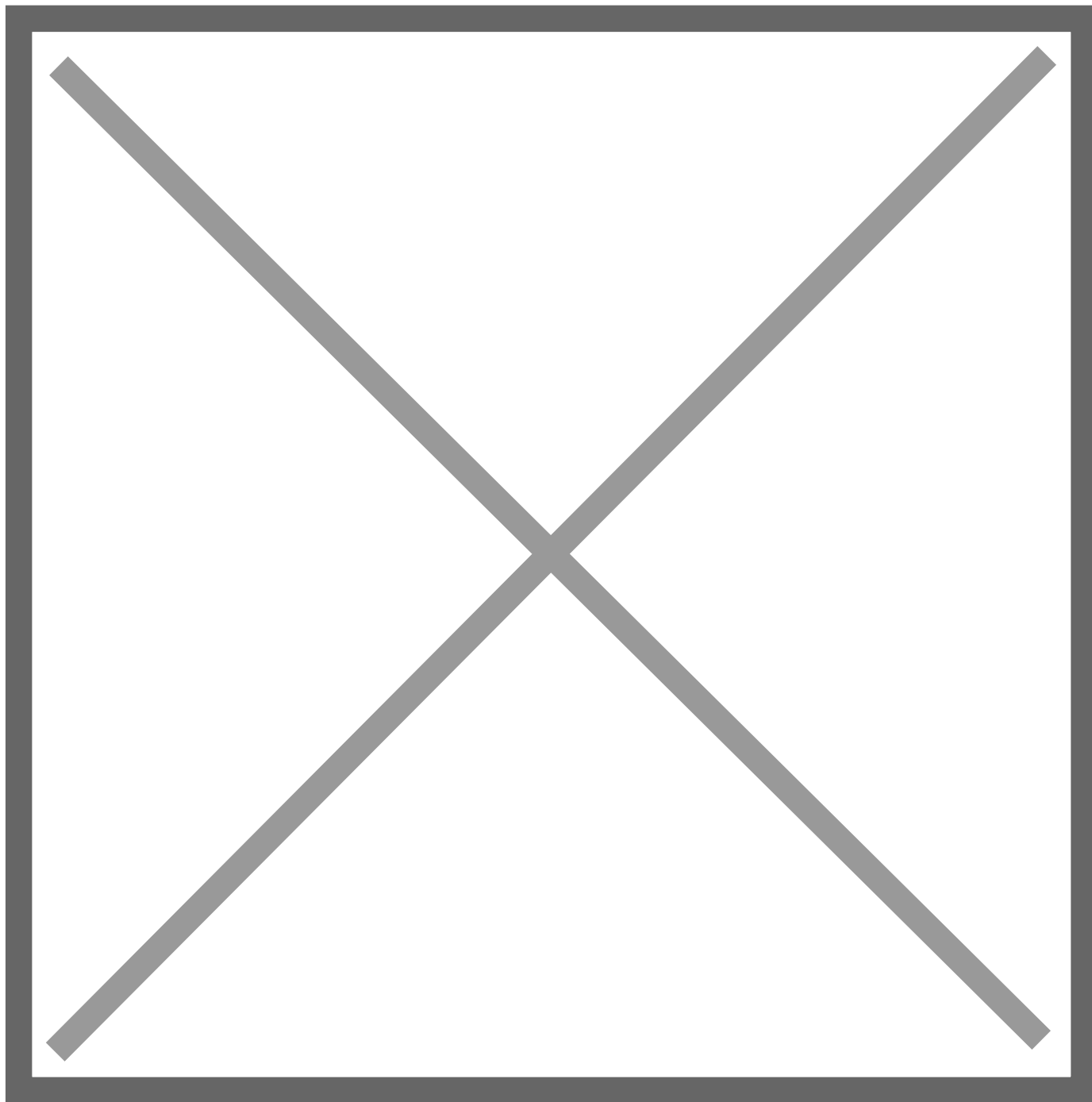
WHO Cut off Used

Cutoffs:

WHO

Prekomjerna tjelesna težina/pretilost prema obrazovanju

Djeca, 2013-2014



Vrsta ankete:	Izmjereno
Dob:	5-13
Veličina uzorka:	2801

**Pokriveno
područje je:**

Nacionalno

Reference:

Carolina Tarqui-Mamani, Doris Alvarez-Dongo, Paula Espinoza-Oriundo. Prevalence and factors associated with overweight and obesity in Peruvian primary school children. Rev. salud pública 20 (2) Mar-Apr 2018 →
<https://doi.org/10.15446/rsap.V20n2.68082>

Bilješke:

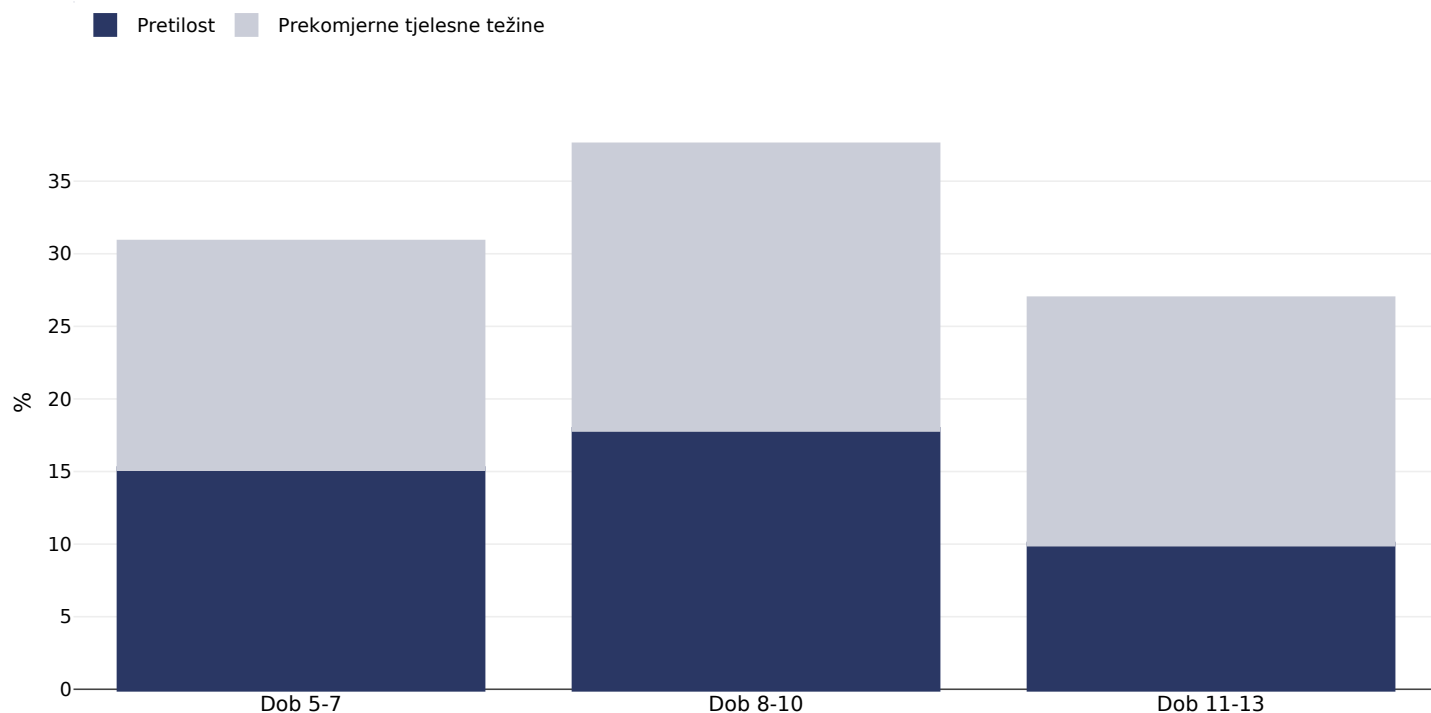
WHO Cut Off Points Used Education based on Parental educational status

Cutoffs:

WHO

Prekomjerna tjelesna teŹina/pretilost prema dobi

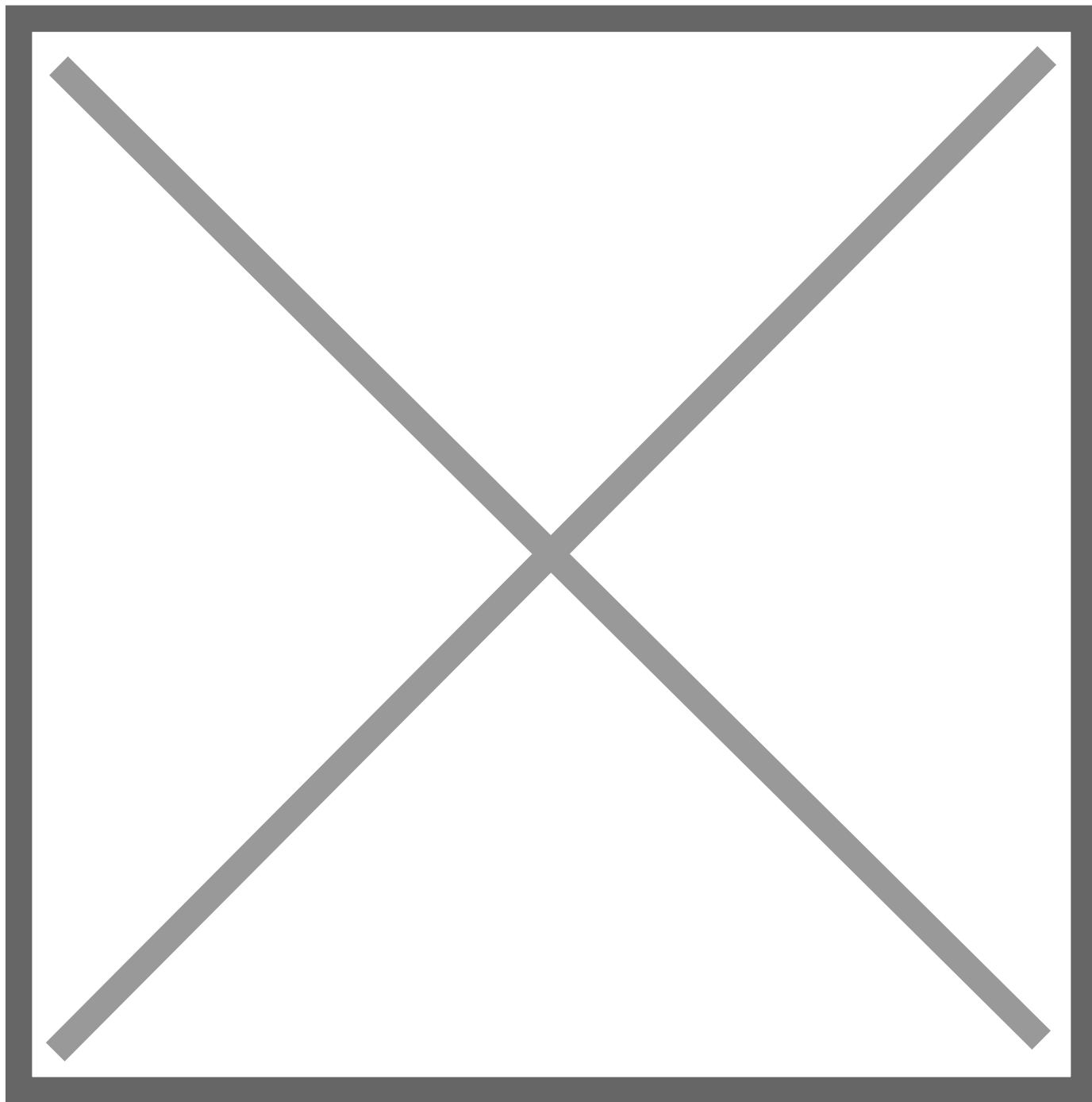
Djeca, 2013-2014



Vrsta ankete:	Izmjereno
Veliĉina uzorka:	2801
Pokriveno podruĉje:	Nacionalno
Reference:	Carolina Tarqui-Mamani, Doris Alvarez-Dongo, Paula Espinoza-Oriundo. Prevalence and factors associated with overweight and obesity in Peruvian primary school children. Rev. salud pŹblica 20 (2) Mar-Apr 2018 ~ ~ ~ ~ ~ https://doi.org/10.15446/rsap.V20n2.68082
BiljeŹke:	WHO Cut Off Points Used
Cutoffs:	WHO

Prekomjerna tjelesna težina/pretilost prema regiji

Djeca, 2013-2014



Vrsta ankete:	Izmjereno
Dob:	5-13
Veličina uzorka:	2801

**Pokriveno
područje je:**

Nacionalno

Reference:

Carolina Tarqui-Mamani, Doris Alvarez-Dongo, Paula Espinoza-Oriundo. Prevalence and factors associated with overweight and obesity in Peruvian primary school children. Rev. salud pública 20 (2) Mar-Apr 2018. <https://doi.org/10.15446/rsap.V20n2.68082>

Bilješke:

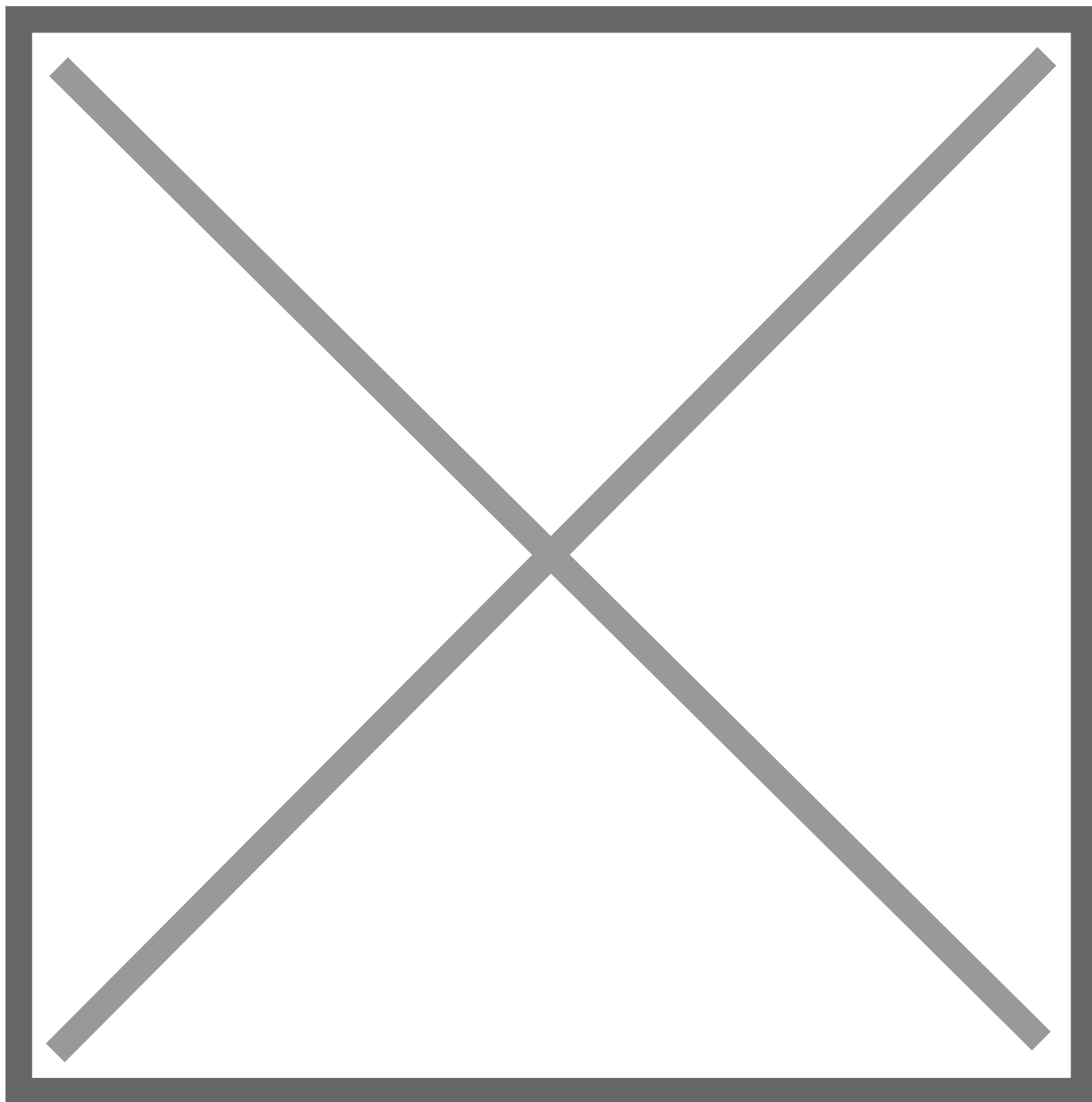
WHO Cut Off Points Used

Cutoffs:

WHO

Prekomjerna tjelesna težina/pretilost prema socio-ekonomskoj skupini

Djeca, 2013-2014



Vrsta ankete:

Izmjereno

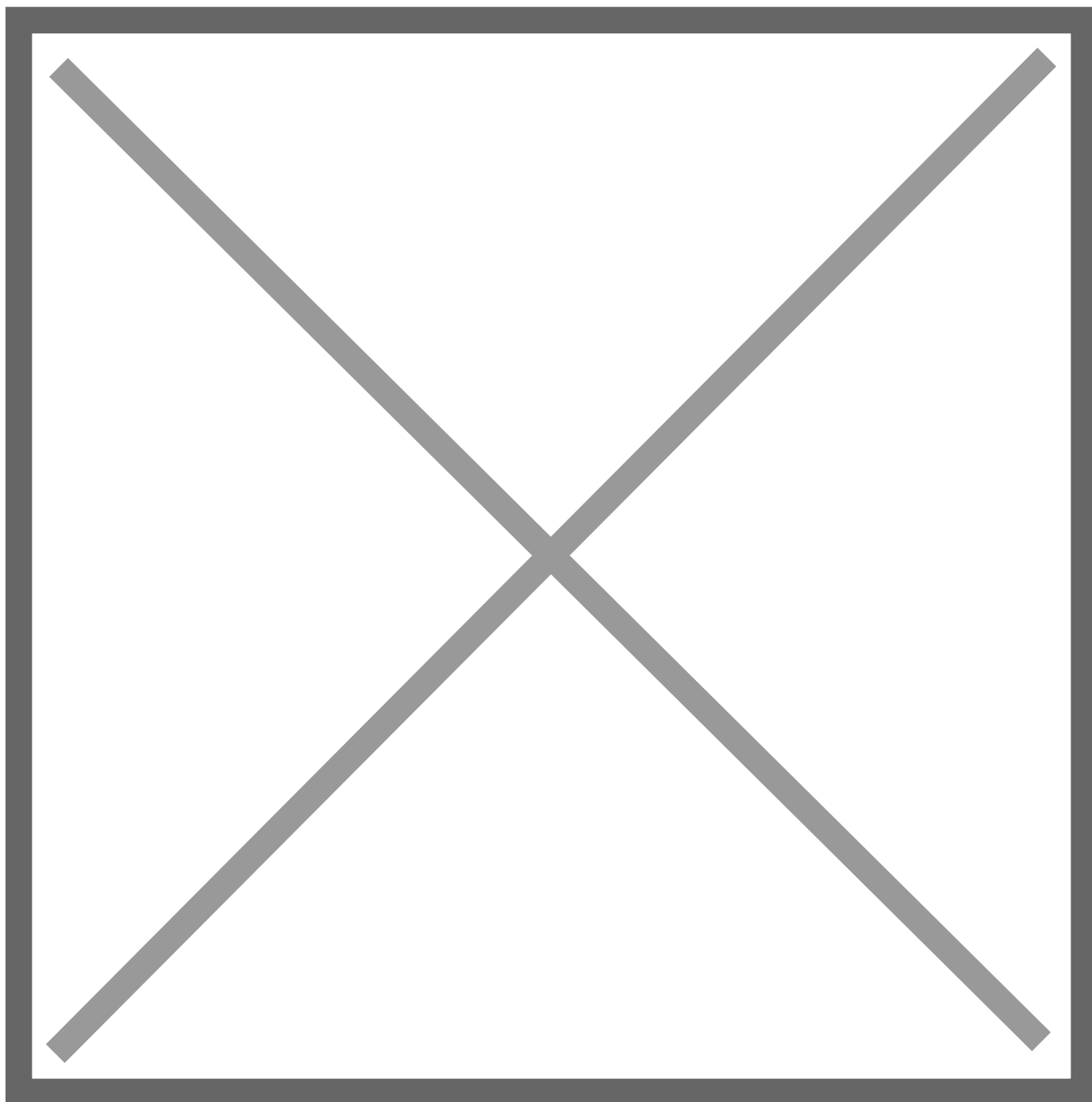
Dob:

5-13

Veličina uzorka:	2801
Pokriveno područje je:	Nacionalno
Reference:	Carolina Tarqui-Mamani, Doris Alvarez-Dongo, Paula Espinoza-Oriundo. Prevalence and factors associated with overweight and obesity in Peruvian primary school children. Rev. salud pública 20 (2) Mar-Apr 2018 ~ ~ ~ ~ ~ https://doi.org/10.15446/rsap.V20n2.68082
Bilješke:	WHO Cut Off Points Used
Cutoffs:	WHO

Double burden of underweight & overweight

Djeca, 2022



Vrsta ankete:	Izmjereno
Dob:	5-19
Reference:	NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2 .

Bilješke:

Age standardised estimates

**Definicije
(dostupno
samo na
engleskom
jeziku):**

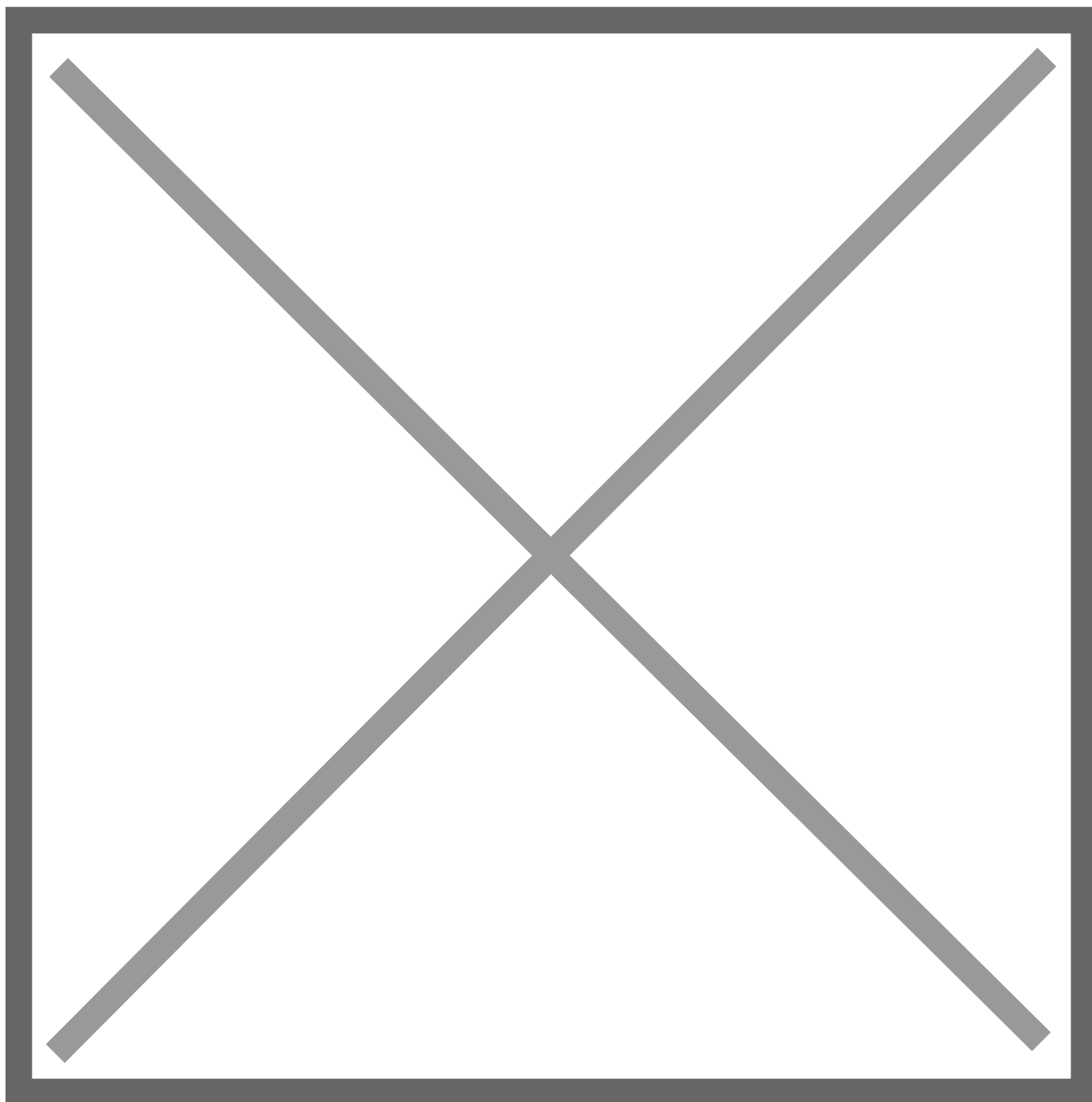
Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)

Cutoffs:

BMI < -2SD and BMI > 2SD

Nedovoljna tjelesna aktivnost

Djeca, 2016



Vrsta ankete:

Koje su ljudi sami naveli

Dob:

11-17

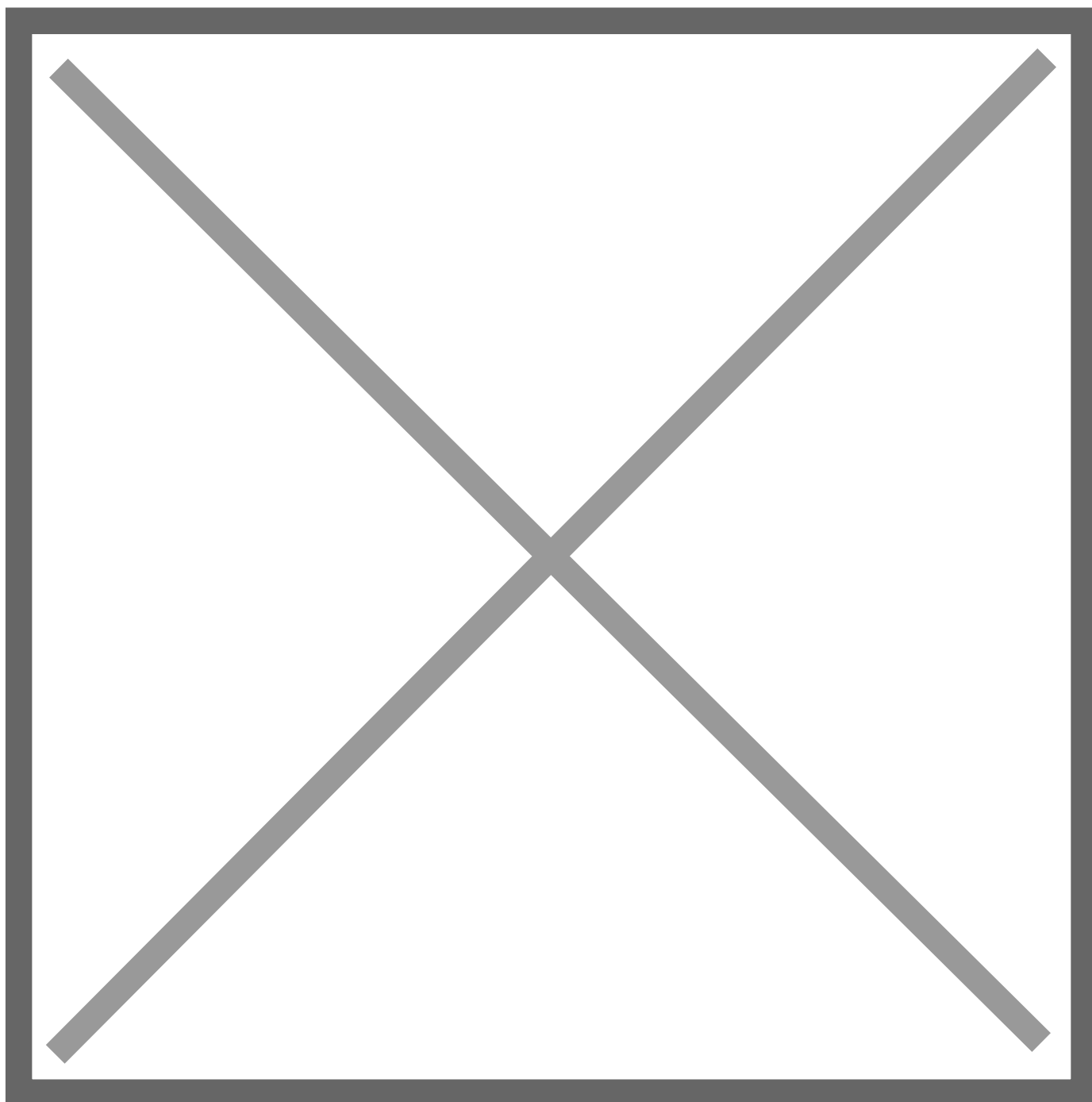
Reference:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Bilješke: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definicije (dostupno samo na engleskom jeziku): % Adolescents insufficiently active (age standardised estimate)

Dječaci, 2016

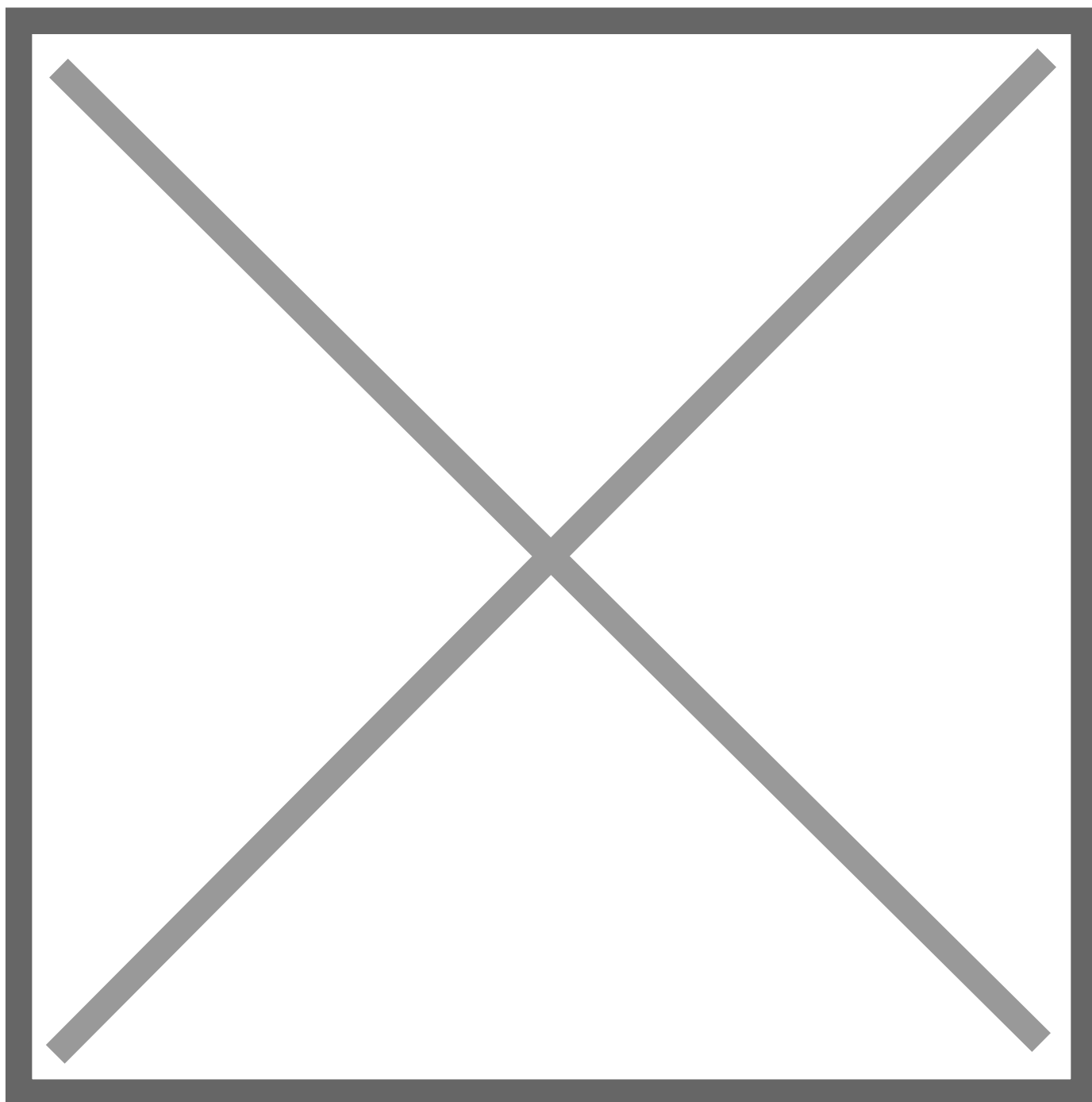


Vrsta ankete:	Koje su ljudi sami naveli
Dob:	11-17
Reference:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Bilješke:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definicije
(dostupno
samo na
engleskom
jeziku):**

% Adolescents insufficiently active (age standardised estimate)

Djevojčice, 2016



Vrsta ankete:

Koje su ljudi sami naveli

Dob:

11-17

Reference:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Bilješke:

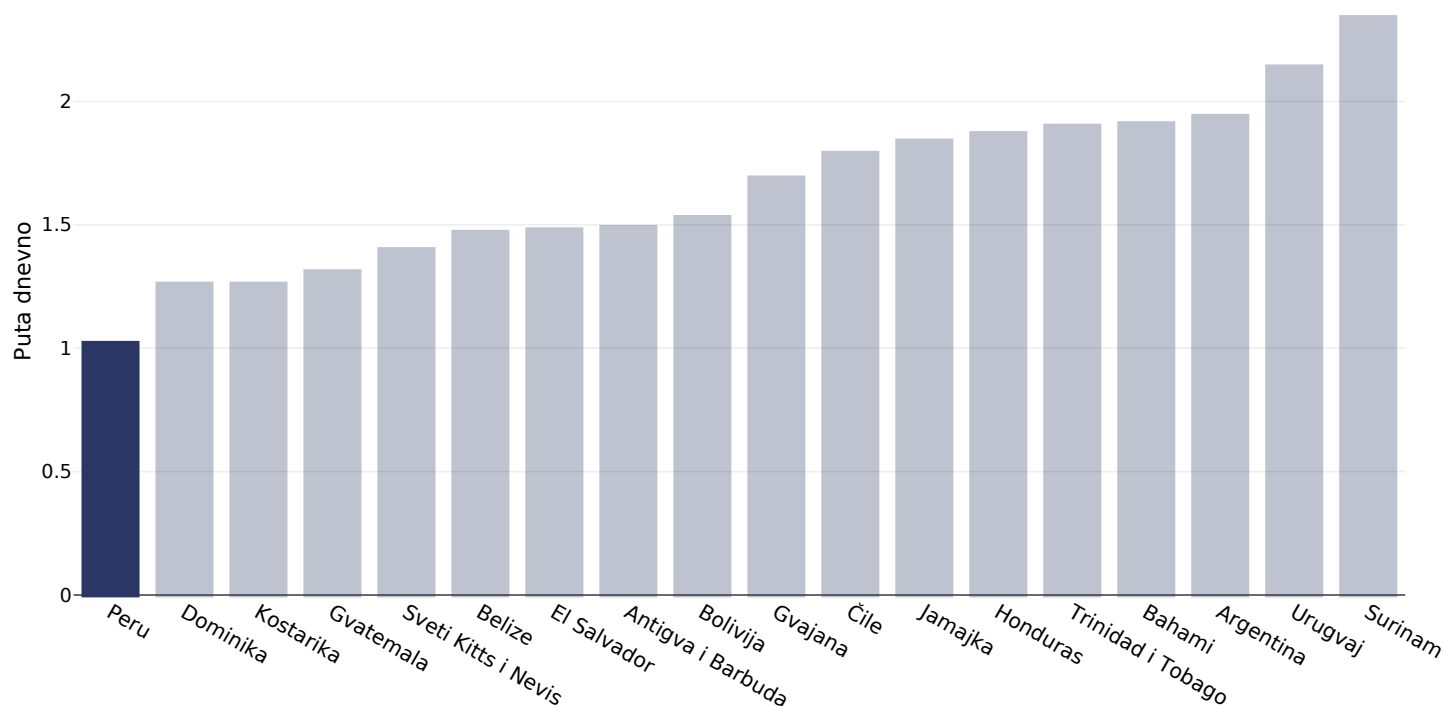
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definicije
(dostupno
samo na
engleskom
jeziku):**

% Adolescents insufficiently active (age standardised estimate)

ProsjeÄ na dnevna uÄ ustalost konzumacije bezalkoholnih gaziranih piÄ a

Djeca, 2009-2015



Vrsta ankete:

Izmjereno

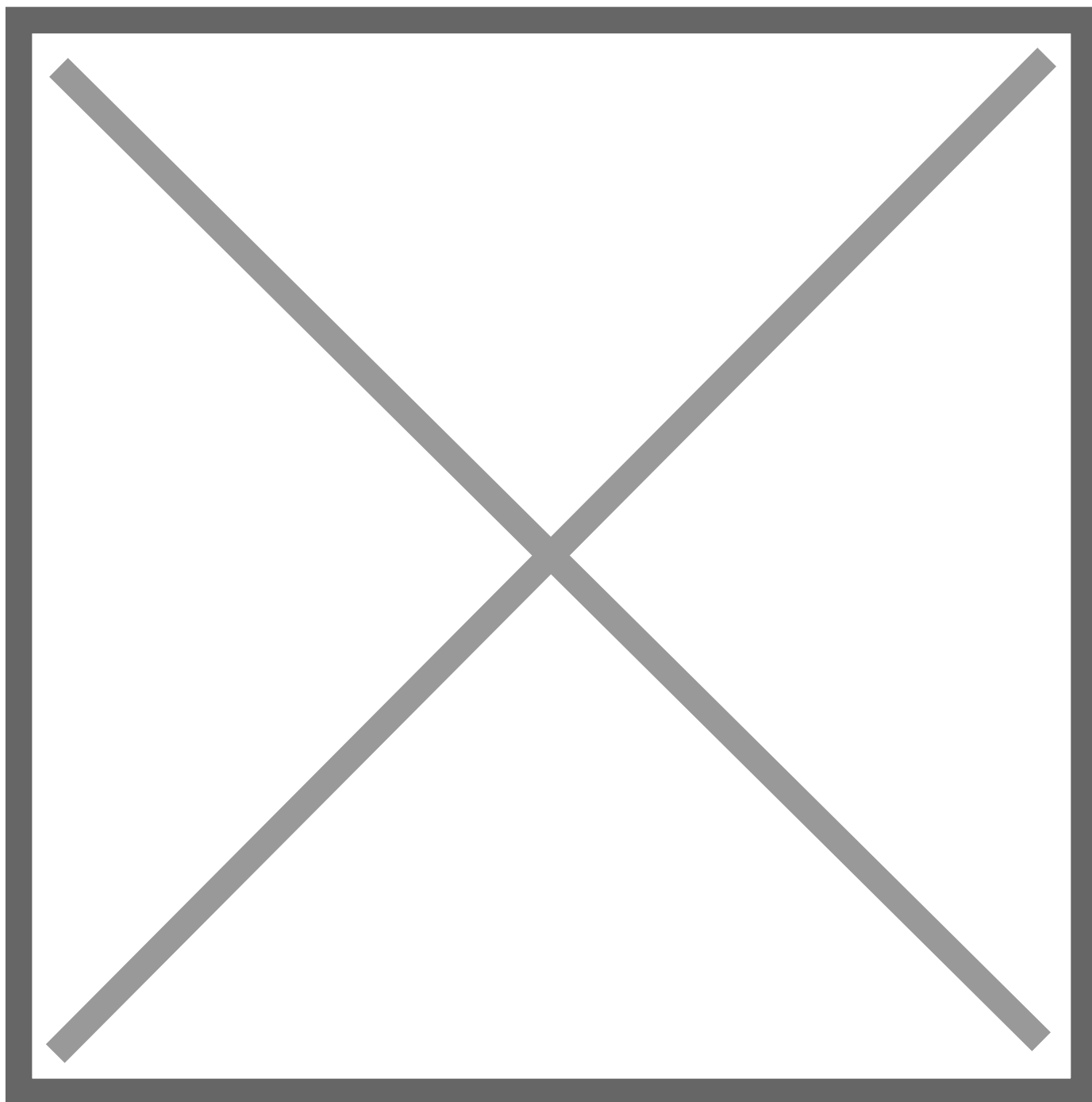
Dob:

12-17

Reference:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Prevalencija konzumacije voća a rjeća e od jednom dnevno Djeca, 2009-2015



Vrsta ankete:

Izmjereno

Dob:

12-17

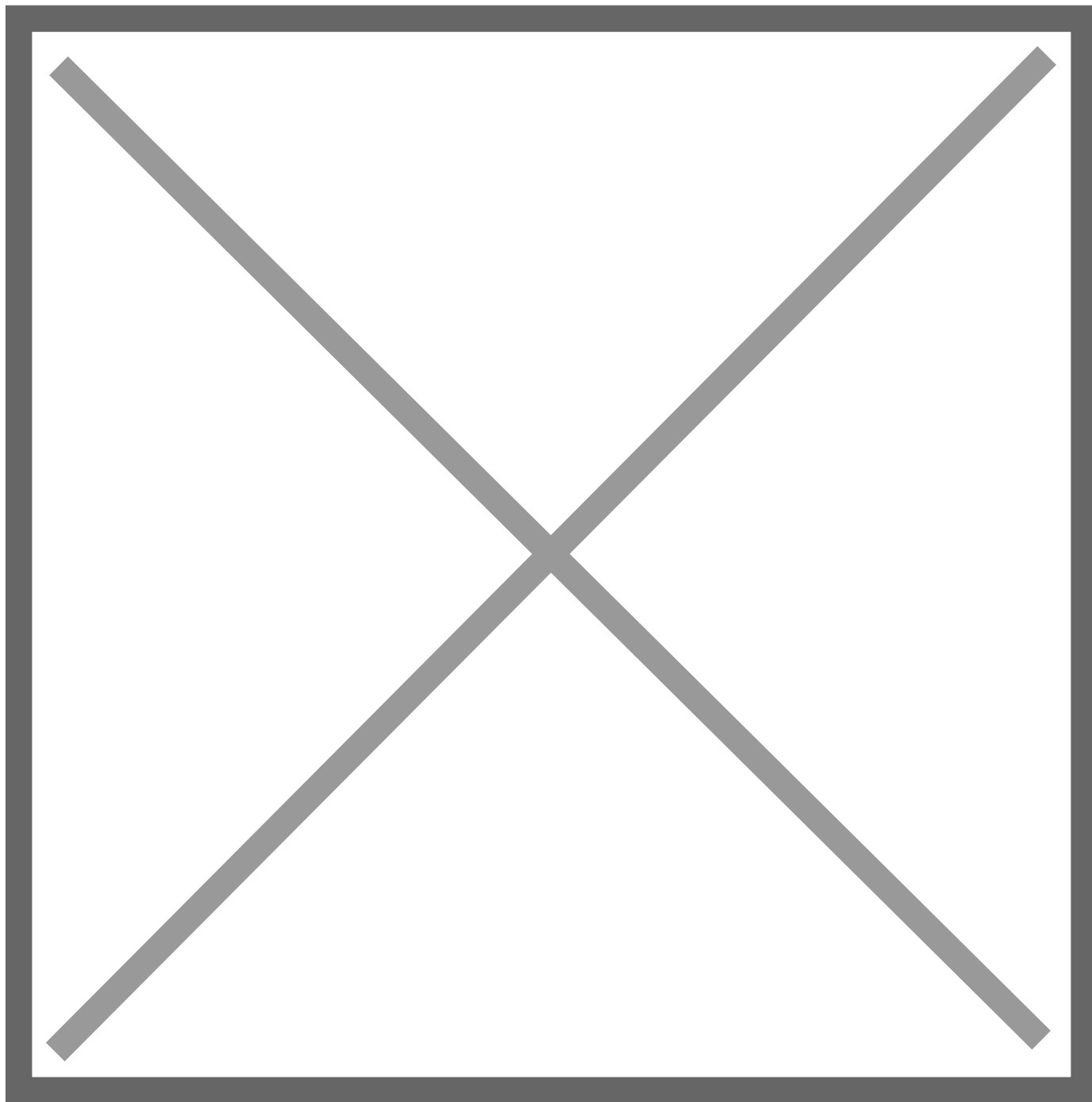
Reference:

Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definicije
(dostupno
samo na
engleskom
jeziku):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalencija konzumacije povrća i voća od jednom dnevno Djeca, 2009-2015



Vrsta ankete:

Izmjereno

Dob:

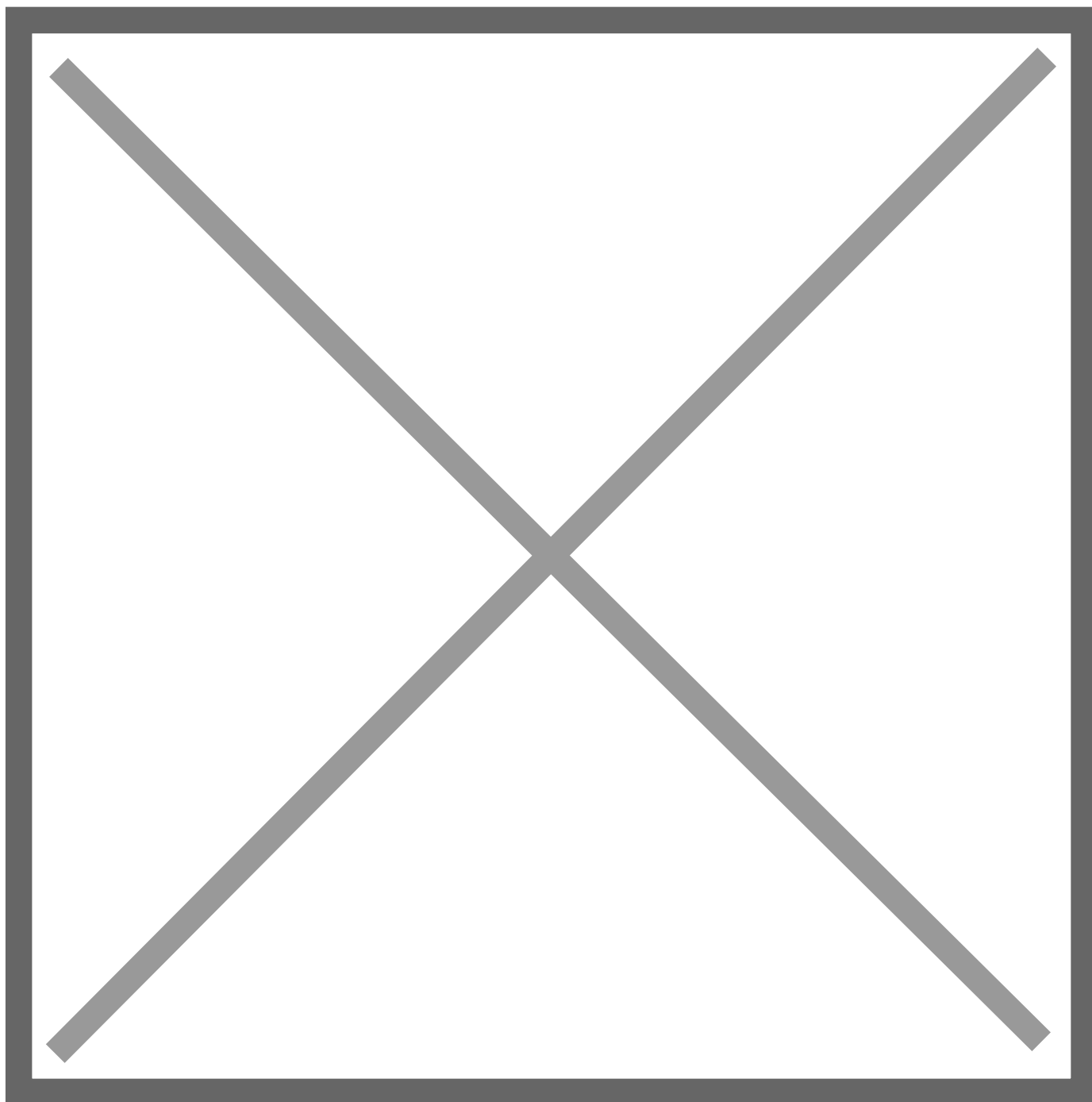
12-17

Reference: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definicije (dostupno samo na engleskom jeziku): Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

ProsjeÄ na tjedna uÄ stalost konzumacije brze hrane

Djeca, 2009-2015

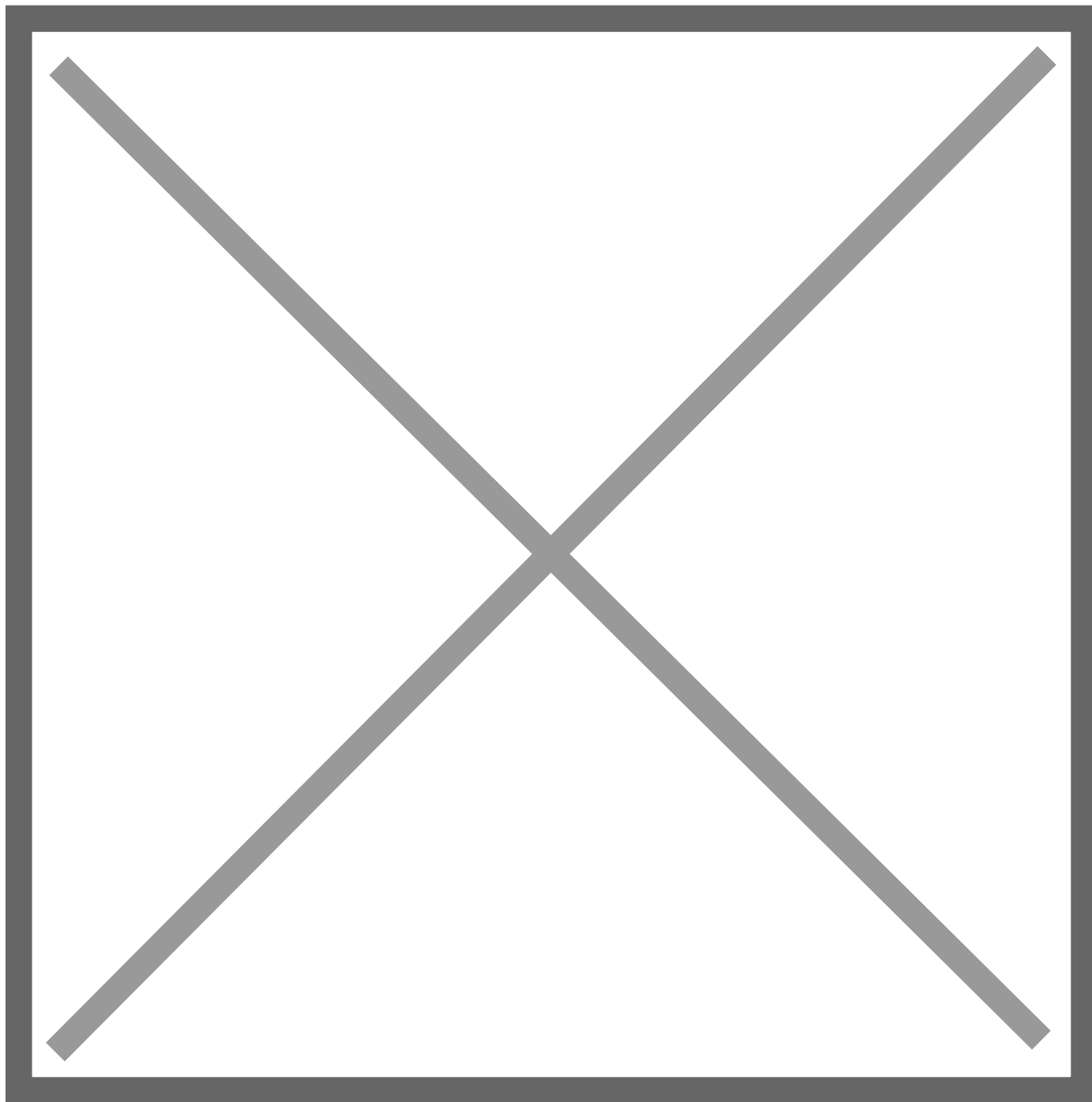


Dob: 12-17

Reference: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Mentalno zdravje: depresivni poremečaji

Djeca, 2021



**Pokriveno
področje:**

Nacionalno

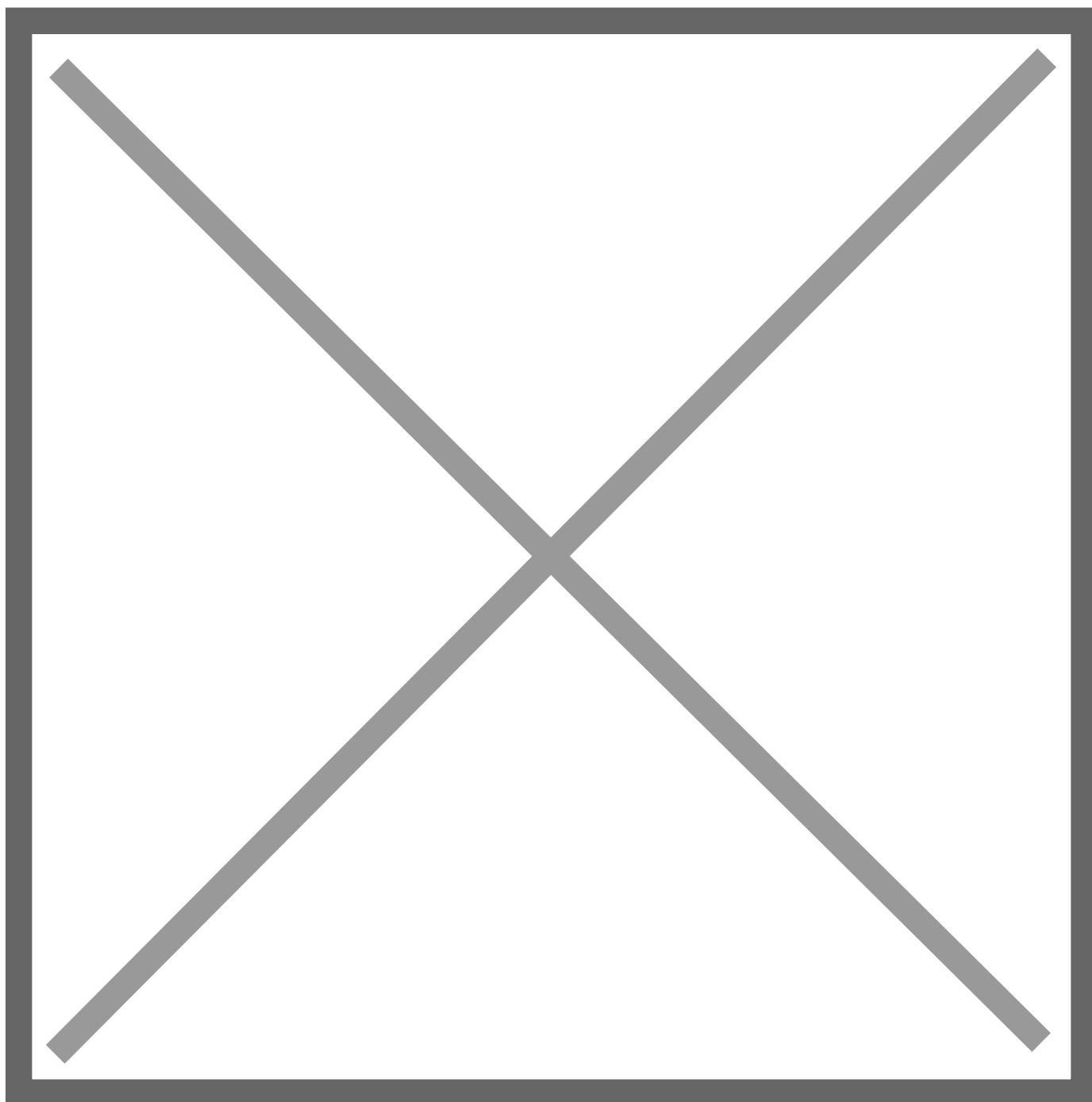
Reference:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definicije
(dostupno
samo na
engleskom
jeziku):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Dječaci, 2021



**Pokriveno
područje:**

Nacionalno

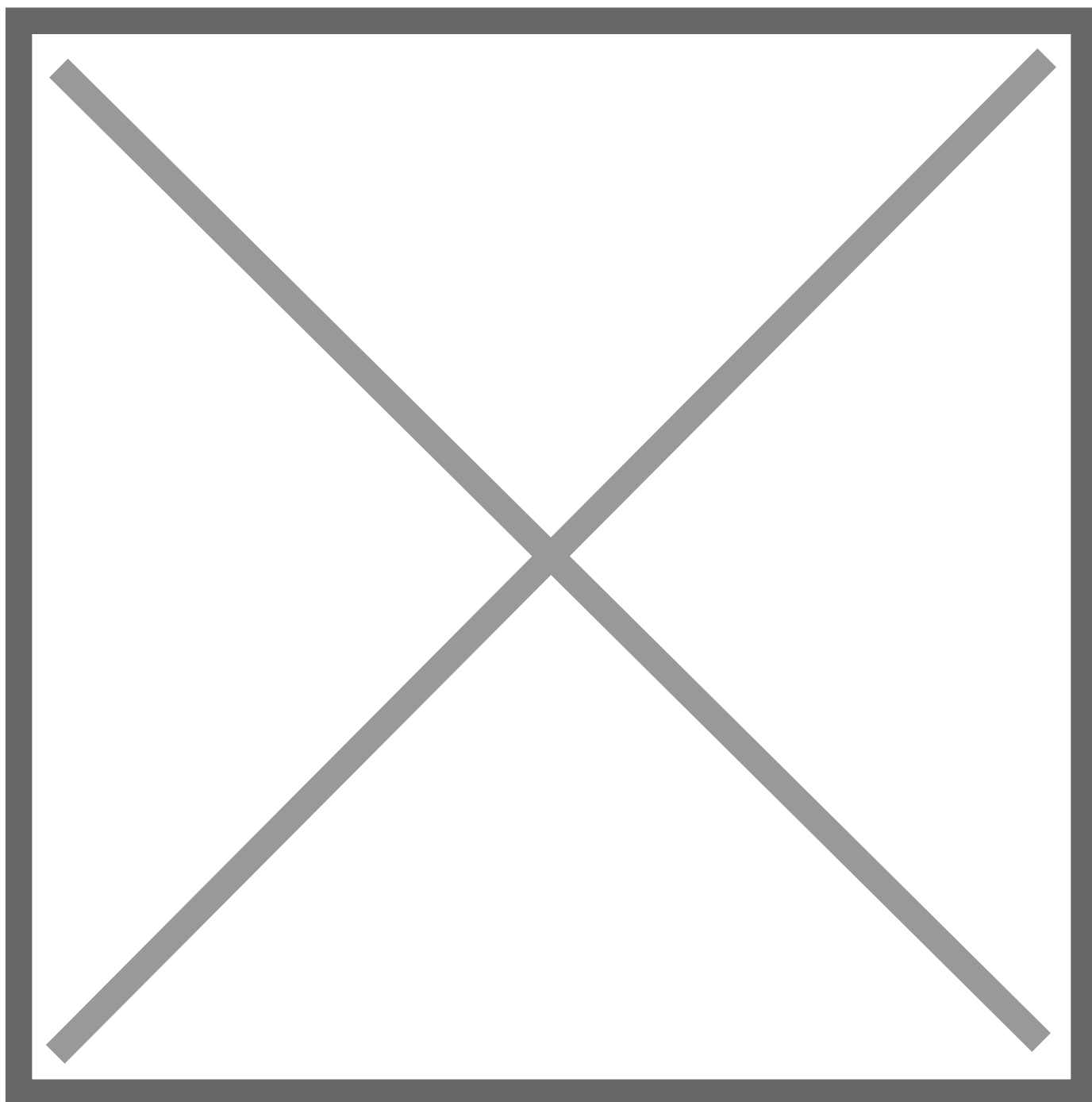
Reference:

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**Definicije
(dostupno
samo na
engleskom
jeziku):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Djevojčice, 2021



Pokriveno
područje:

Nacionalno

Reference:

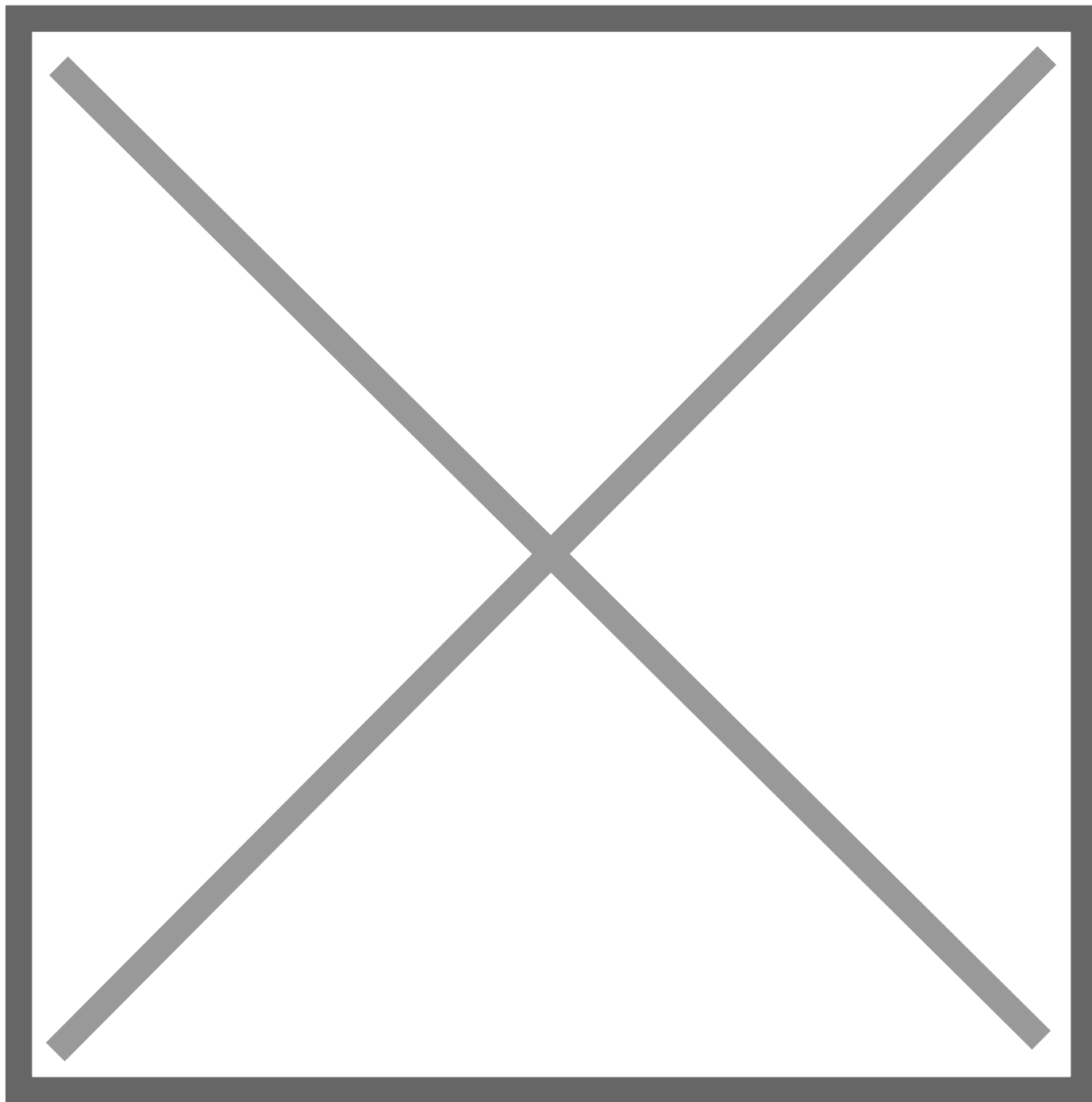
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definicije
(dostupno
samo na
engleskom
jeziku):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

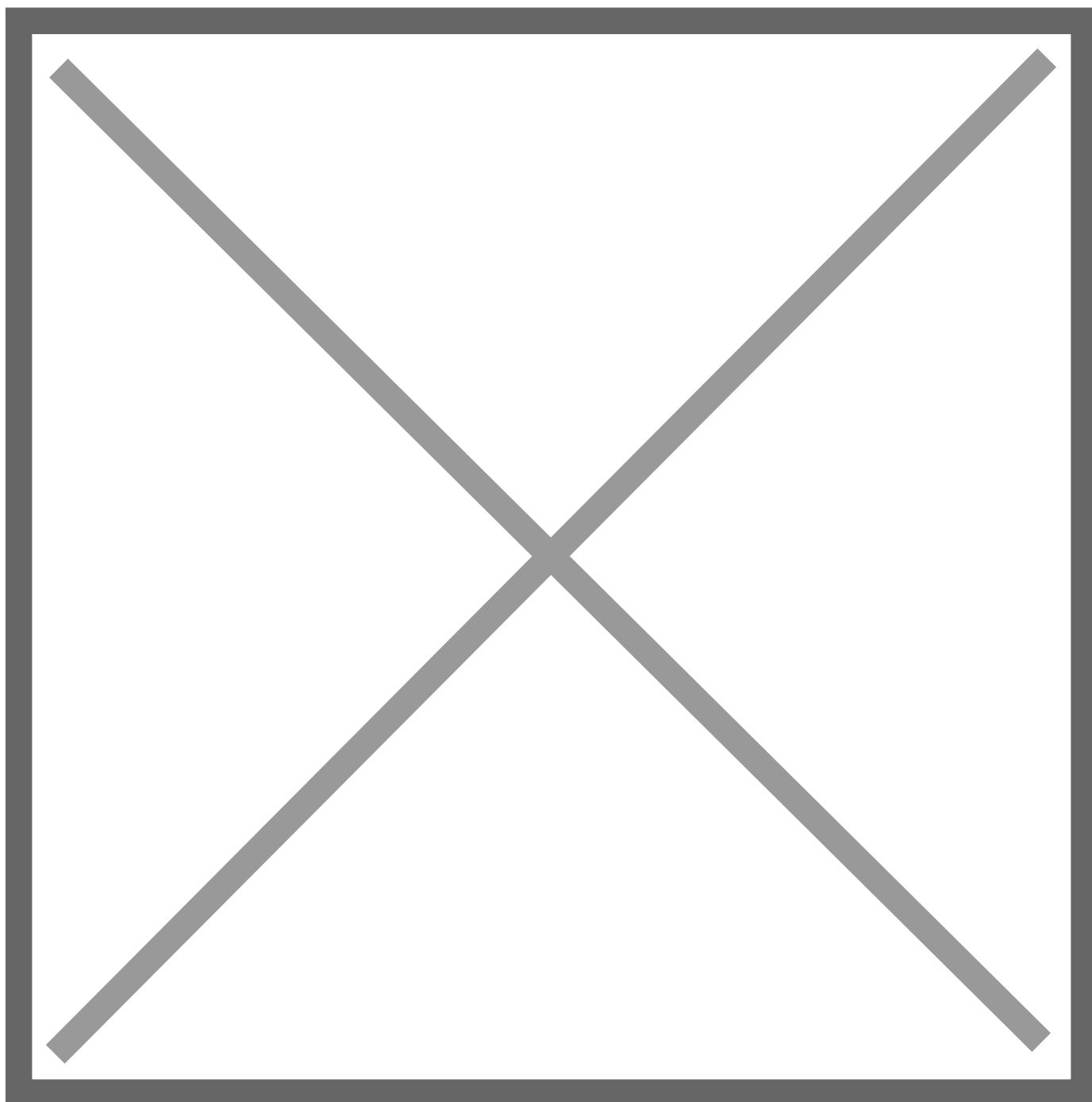
Mentalno zdravje: anksiozni poremećaji

Djeca, 2021

**Reference:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

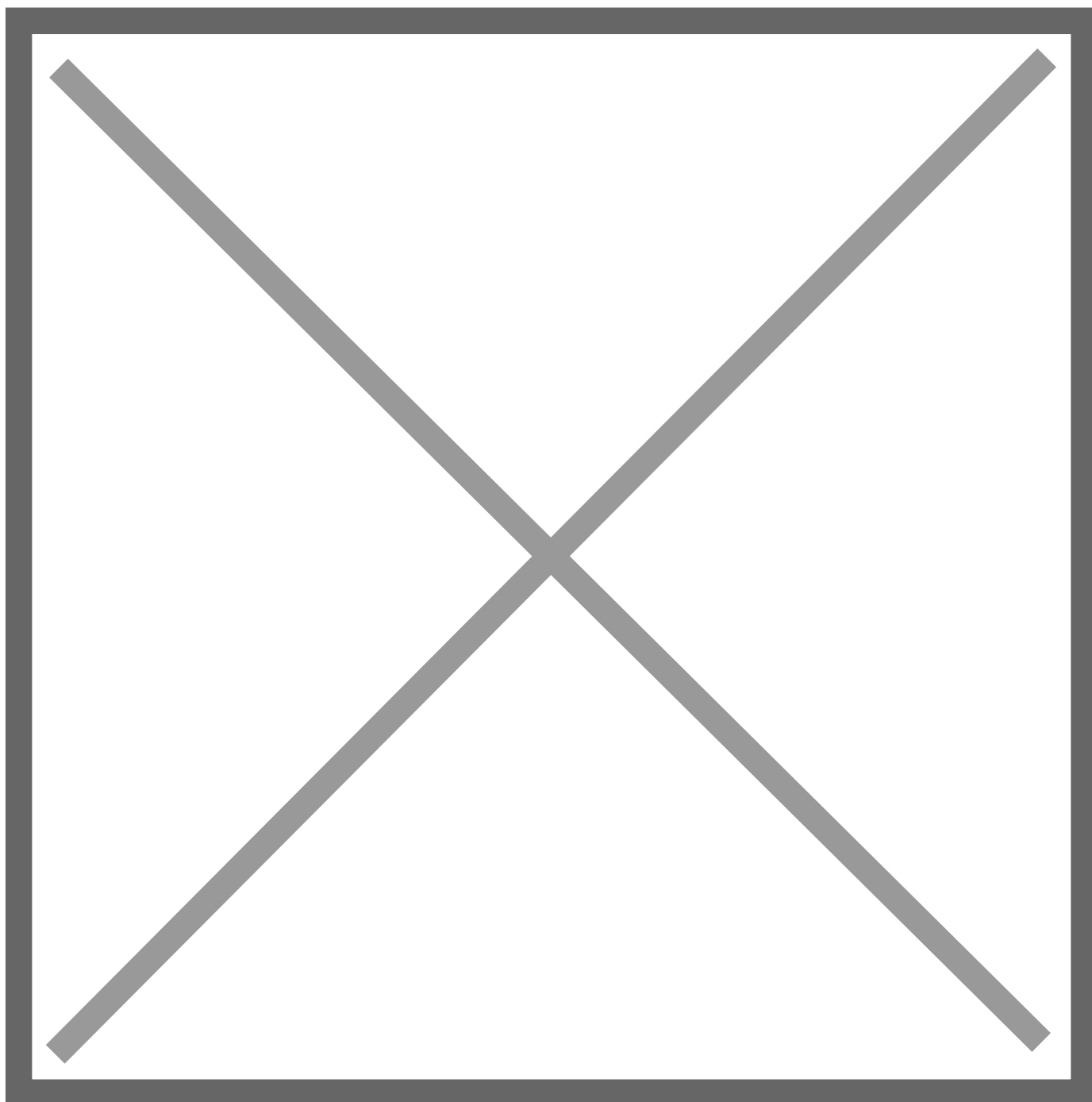
DjeÄ aci, 2021



Reference:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Djevojčice, 2021



Reference:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

PDF created on July 19, 2025