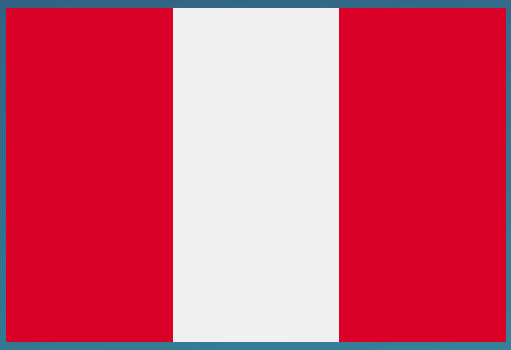
Peru



Country report card

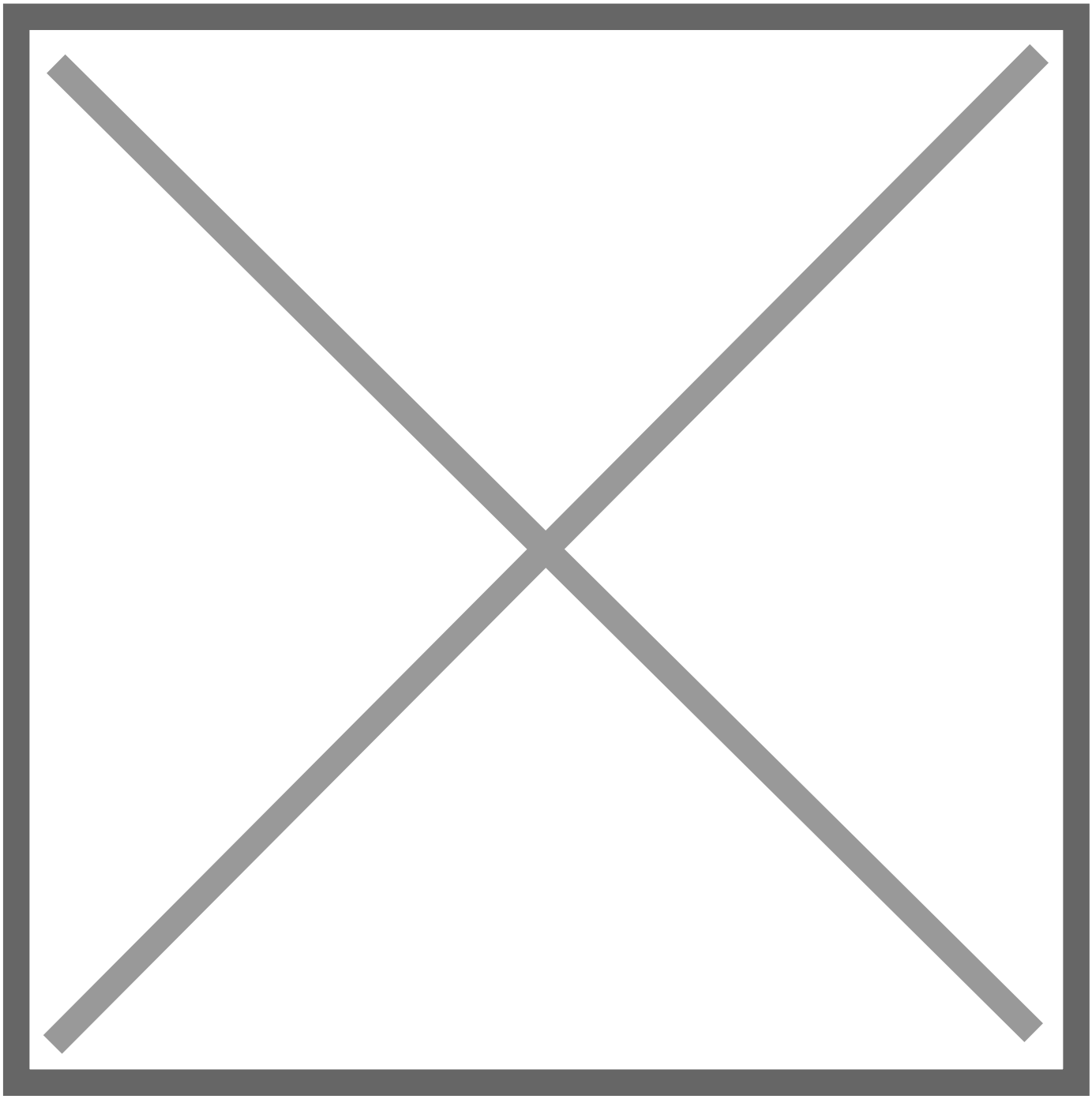
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity . Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at https://data.worldobesity.org/country/peru-171/.

Contents	Page
Obesity prevalence	3
Trend: % Adults (15+) living with obesity by education level	10
Trend: % Adults (15+) living with obesity, 2013-2025	13
Trend: % Adults (15+) living with overweight or obesity, 2013-2025	20
Trend: % Adults living with obesity by ethnic self-identification	27
Trend: % Adults living with obesity by region	30
Trend: % Adults living with obesity by wealth quintile	33
Trend: % Adults living with obesity in Peru 1992-2014	36
Trend: % Adults living with overweight or obesity in Peru 1992-2014	39
Trend: % Adults living with obesity in selected countries in the Americas Region 1960-2018, selected countries	42
Overweight/obesity by education	47
Overweight/obesity by age	54
Overweight/obesity by region	59
Overweight/obesity by socio-economic group	66
Overweight/obesity by ethnicity	73
Double burden of underweight & obesity	76
Insufficient physical activity	83
Average daily frequency of carbonated soft drink consumption	96
Prevalence of less than daily fruit consumption	98
Prevalence of less than daily vegetable consumption	101
Average weekly frequency of fast food consumption	104
Mental health - depression disorders	111
Mental health - anxiety disorders	118
% Infants exclusively breastfed 0-5 months	125
Percent of population who cannot afford a healthy diet	127
Oesophageal cancer	128
Breast cancer	131
Colorectal cancer	133
Pancreatic cancer	136
Gallbladder cancer	139
Kidney cancer	142
Cancer of the uterus	145
Raised blood pressure	147
Raised cholesterol	151
Raised fasting blood glucose	154
Diabetes prevalence	156
Ovarian Cancer	157
Leukemia	159
Liver and intrahepatic bile duct Cancer	164
Multiple Myeloma	167
Non Hodgkin Lymphoma	172
Thyroid Cancer	177

Obesity prevalence

Adults, 2025

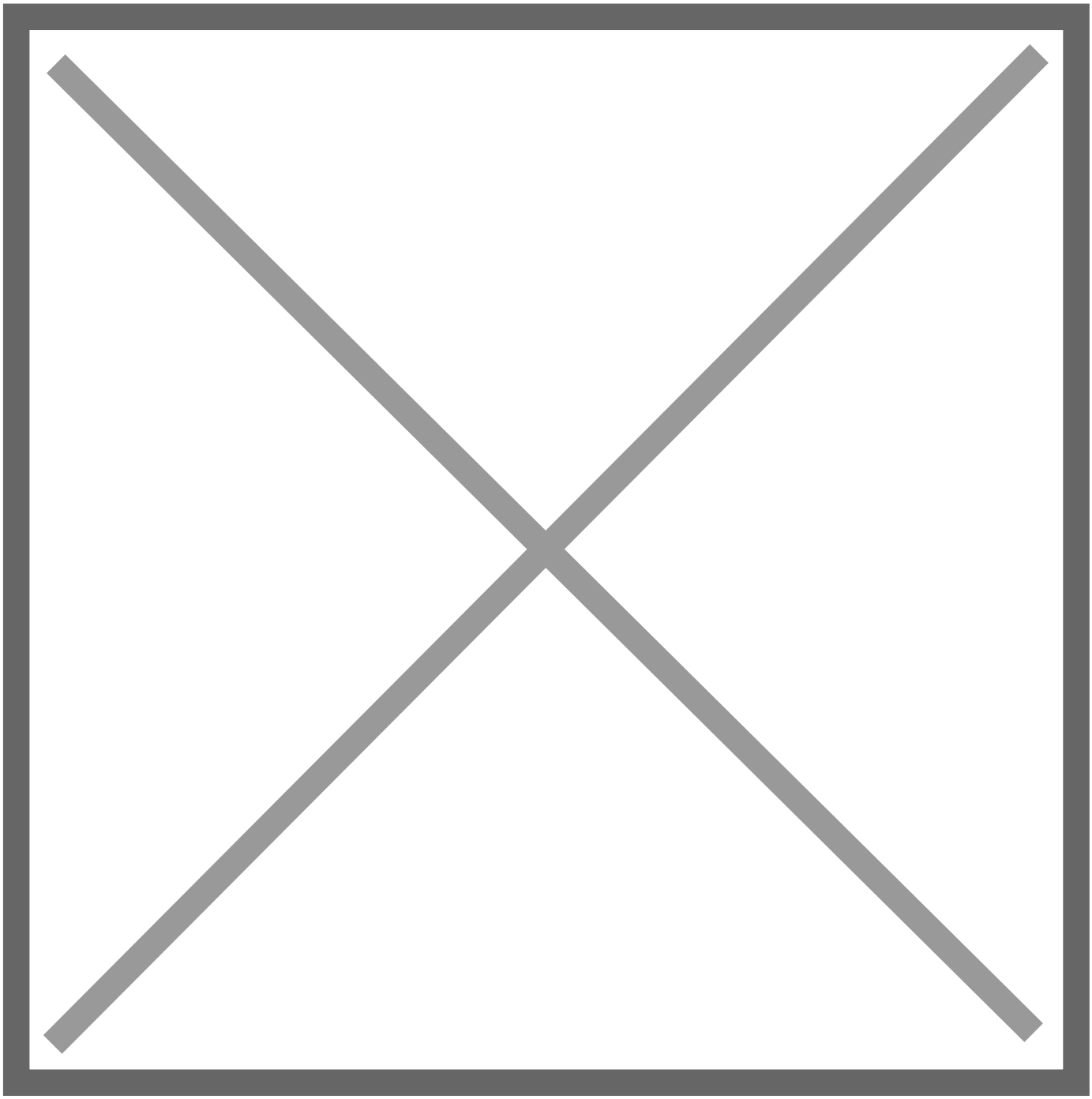


Survey type:	Measured
Age:	15+
Sample size:	29,477
Area covered:	National
References:	Instituto Nacional de Estadística e Informática. Perú: Enfermedades No Transmisibles y Transmisibles 2025. https://proyectos.inei.gob.pe/endes/2025/SALUD/ENFERMEDADES_ENDES_2025.pdf [Accessed 22.06.26]

Notes: ENDES 2025. Standard overweight and obesity cutoffs used except in adolescents aged 15-17 where they are measured using WHO cutoffs, and for adults aged 60 and over, overweight refers to BMI between 28kg/m² and 31.9kg/m² and obesity refers to ≥32kg/m². Interpret with caution when comparing cross-nationally.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

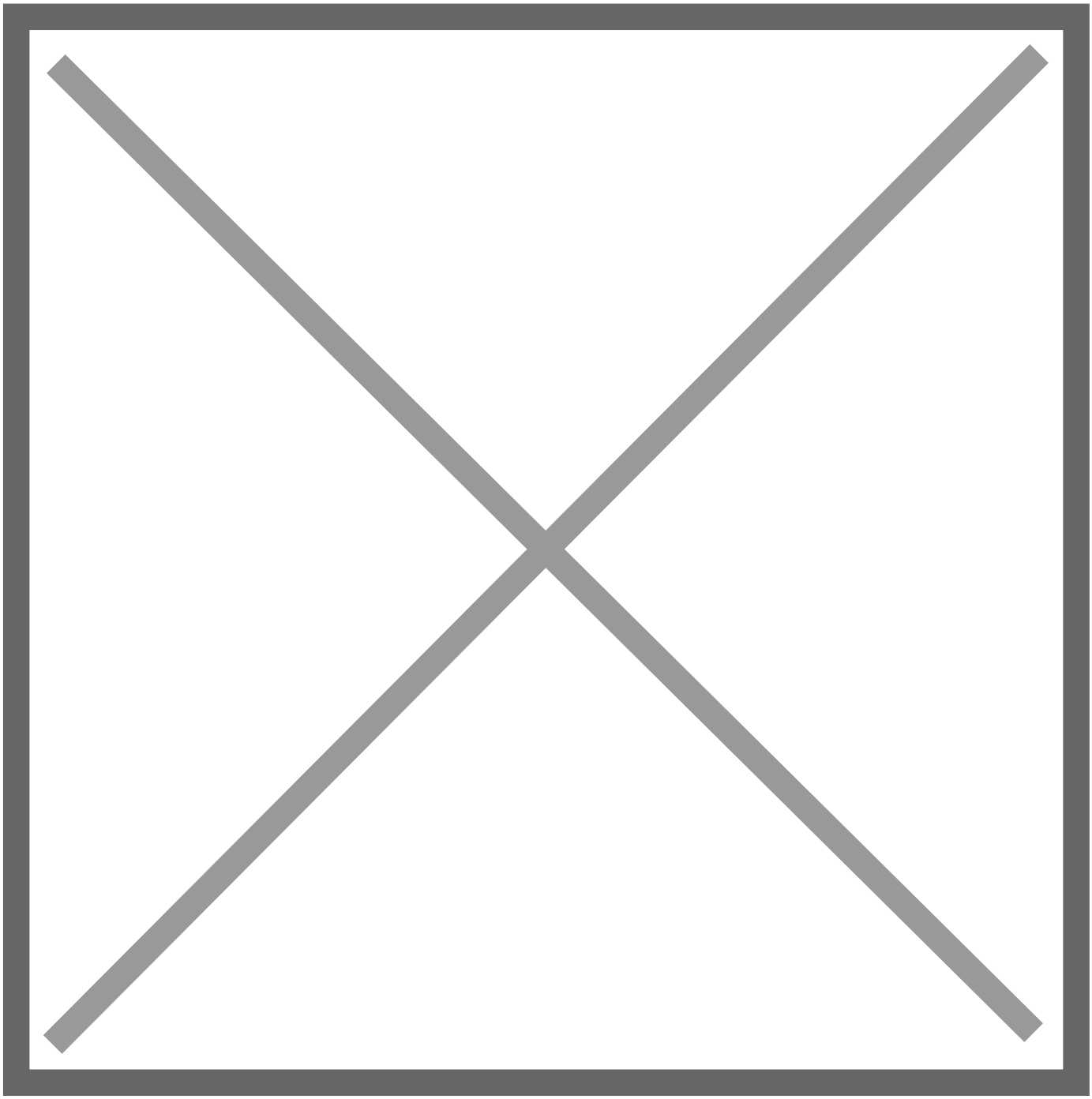
Children, 2017-2018



Survey type:	Measured
Age:	6-13
Sample size:	1062
Area covered:	National

References:	Instituto Nacional de Salud. (2023). Informe Técnico: Estado Nutricional en niños de 6 a 13 años - VIANEV 2017-2018. https://www.gob.pe/institucion/ins/informes-publicaciones/4202391-informe-tecnico-estado-nutricional-en-ninos-de-6-a-13-anos-vianev-2017-2018 [Accessed 25.08.25]
Cutoffs:	WHO 2007

0-5 years, 2023

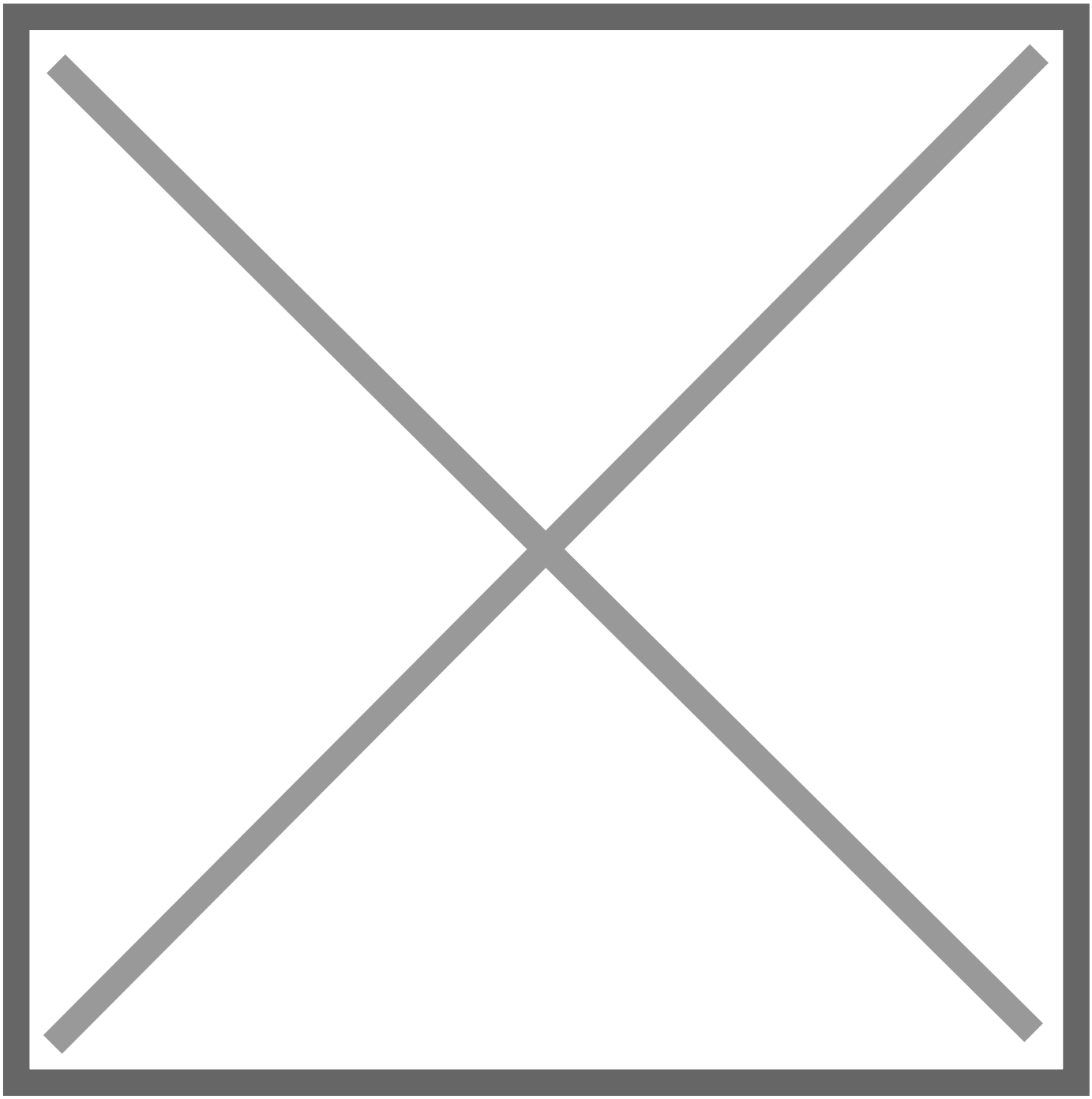


Survey type:	Measured
Age:	0-5
Sample size:	6933
Area covered:	National
References:	Peru Encuesta Demográfica y de Salud Familiar-ENDES 2023 Nacional y Departamental

Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight estimates: National and Disaggregated, July 2025, New York. Weighted sample size. For more information, please consult https://data.unicef.org/resources/jme/.
Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD

% Adults (15+) living with obesity by education level

Men and women

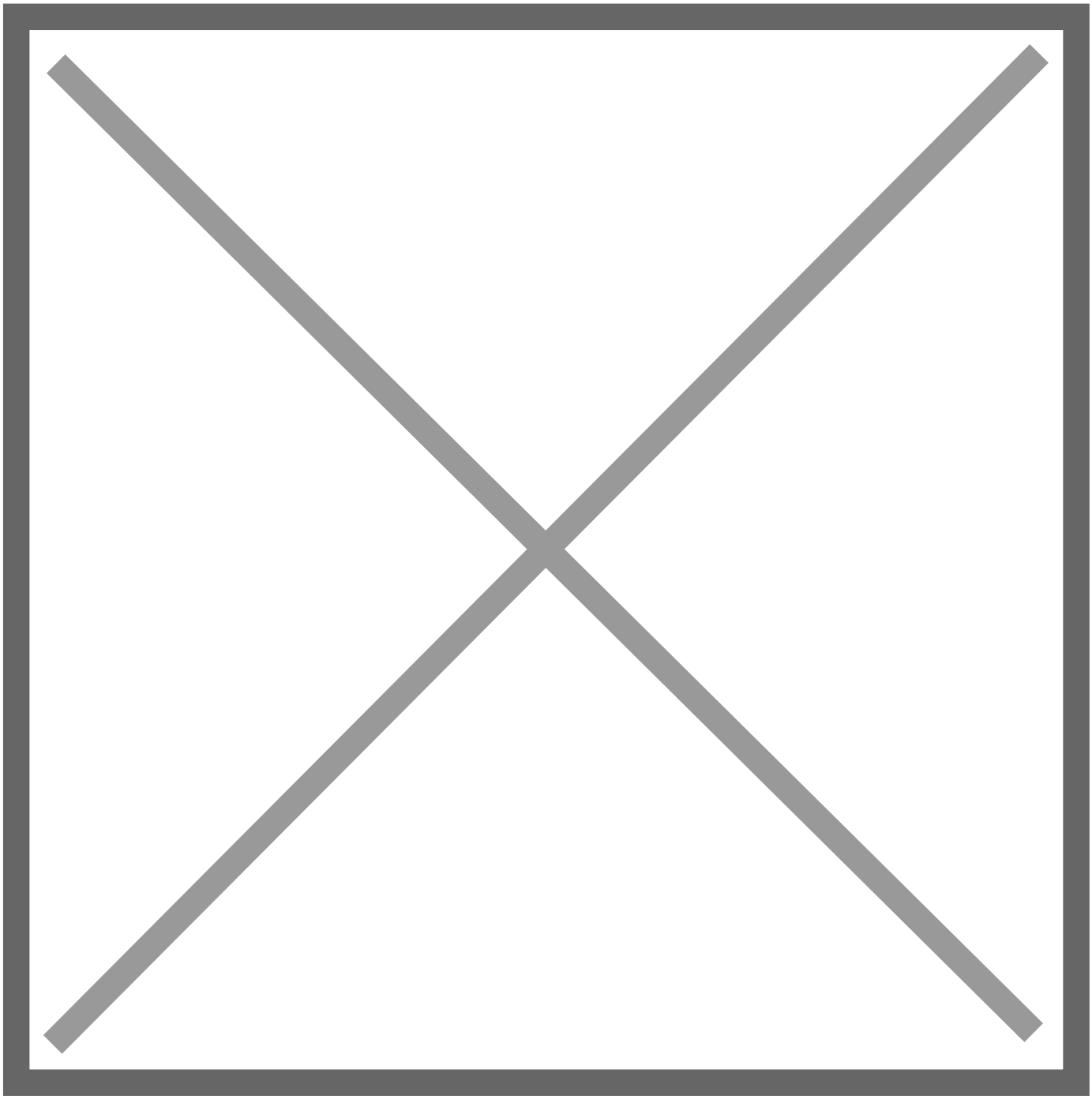


Survey type:	Measured
References:	Instituto Nacional de Estadística e Informática. Perú: Enfermedades No Transmisibles y Transmisibles 2014-2024. https://proyectos.inei.gob.pe/endes/
Notes:	ENDES. Standard overweight and obesity cutoffs used except in adolescents aged 15-17 where they are measured using WHO cutoffs, and for adults aged 60 and over, overweight refers to BMI between 28kg/m² and 31.9kg/m² and obesity refers to ≥32 kg/m². Interpret with caution when comparing cross-nationally.

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults (15+) living with obesity, 2013-2025

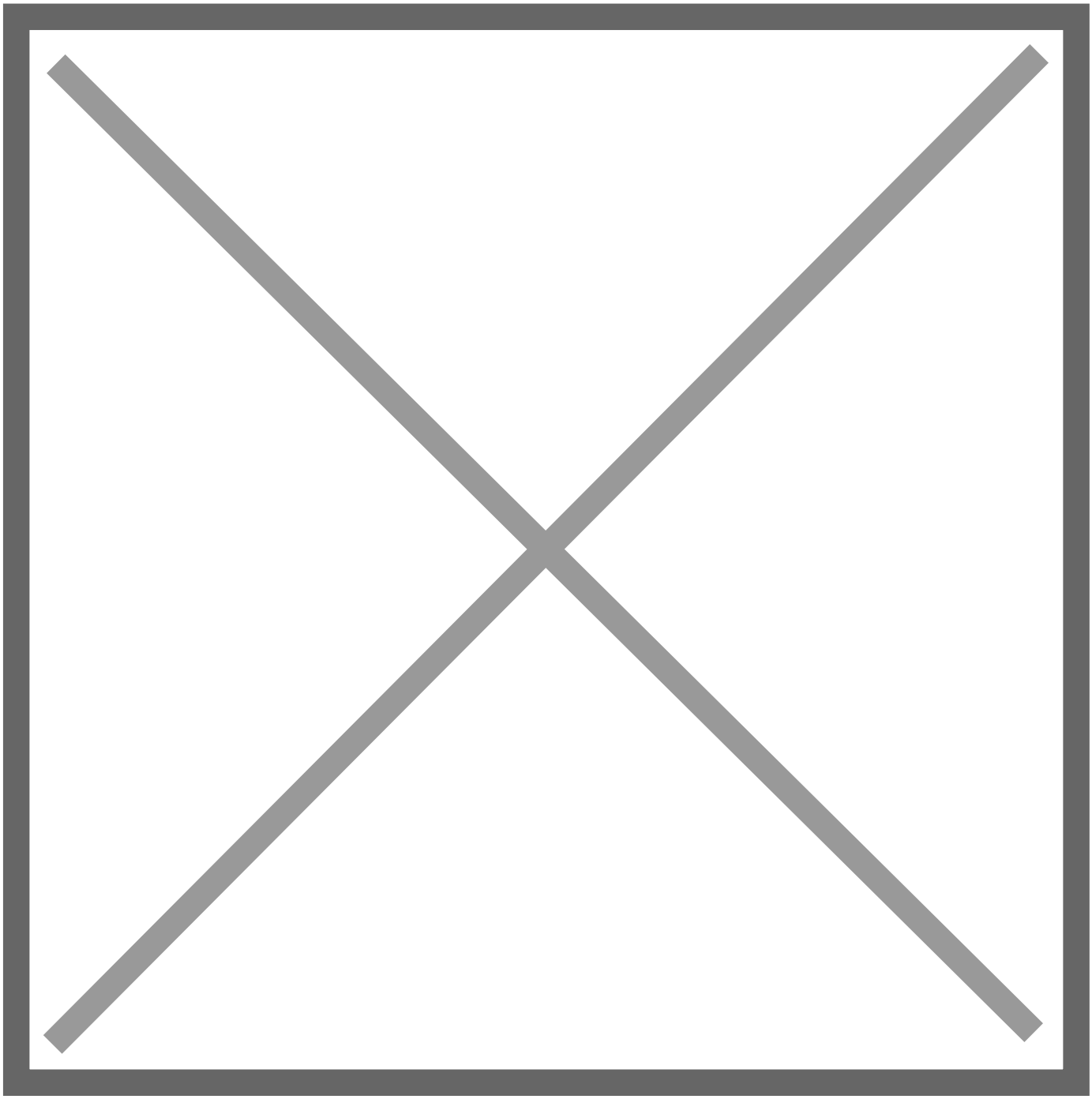
Men and women



Survey type:	Measured
References:	Instituto Nacional de Estadística e Informática. Perú: Enfermedades No Transmisibles y Transmisibles 2014-2024. https://proyectos.inei.gob.pe/endes/
Notes:	ENDES. Standard obesity cutoffs used except in adolescents aged 15-17 where they are measured using WHO cutoffs, and for adults aged 60 and over, obesity refers to ≥32 kg/m². Interpret with caution when comparing cross-nationally.
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

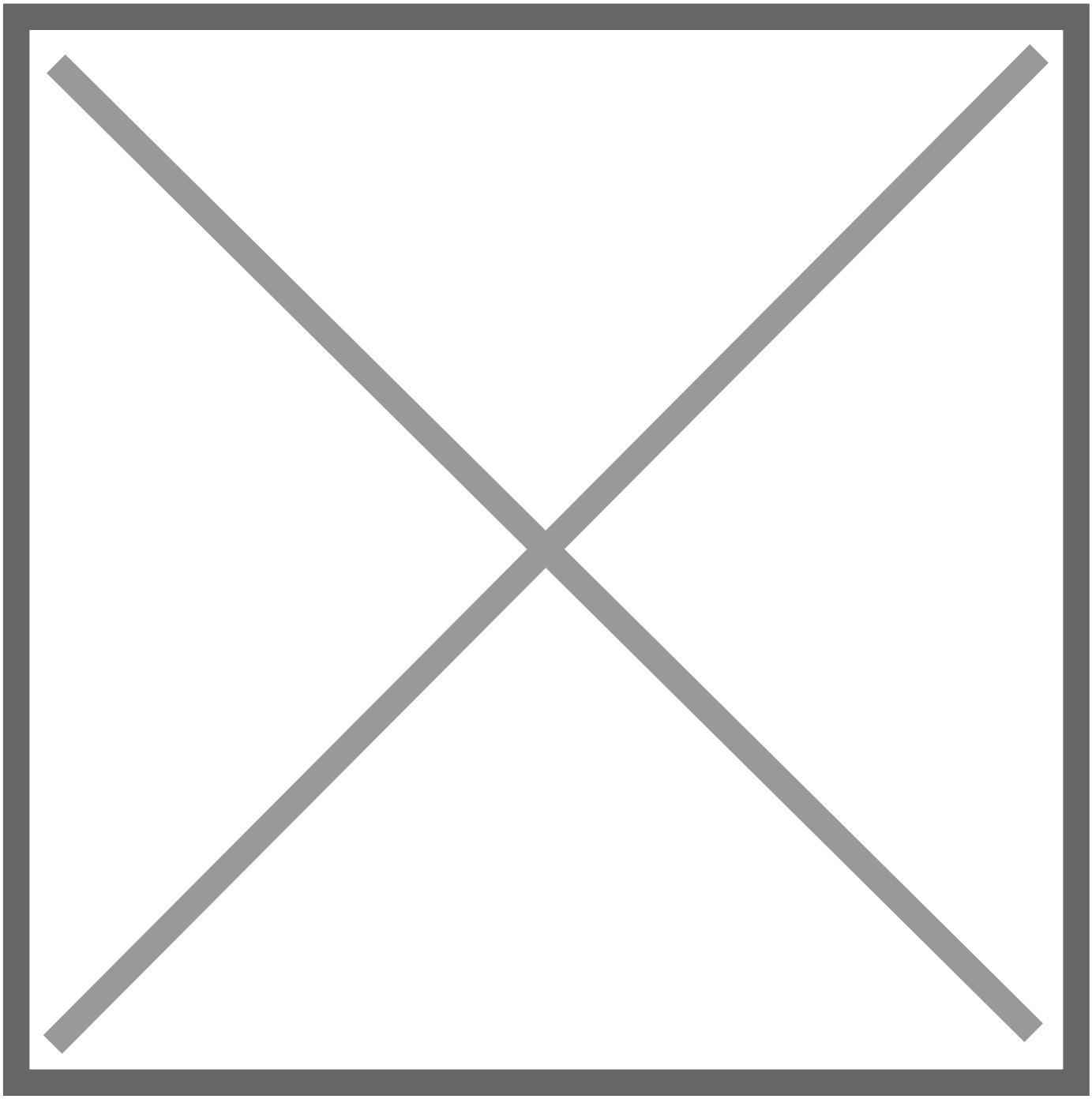
Men



Survey type:	Measured
References:	Instituto Nacional de Estadística e Informática. Perú: Enfermedades No Transmisibles y Transmisibles 2014-2024. https://proyectos.inei.gob.pe/endes/
Notes:	ENDES. Standard obesity cutoffs used except in adolescents aged 15-17 where they are measured using WHO cutoffs, and for adults aged 60 and over, obesity refers to ≥32 kg/m². Interpret with caution when comparing cross-nationally.
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Women

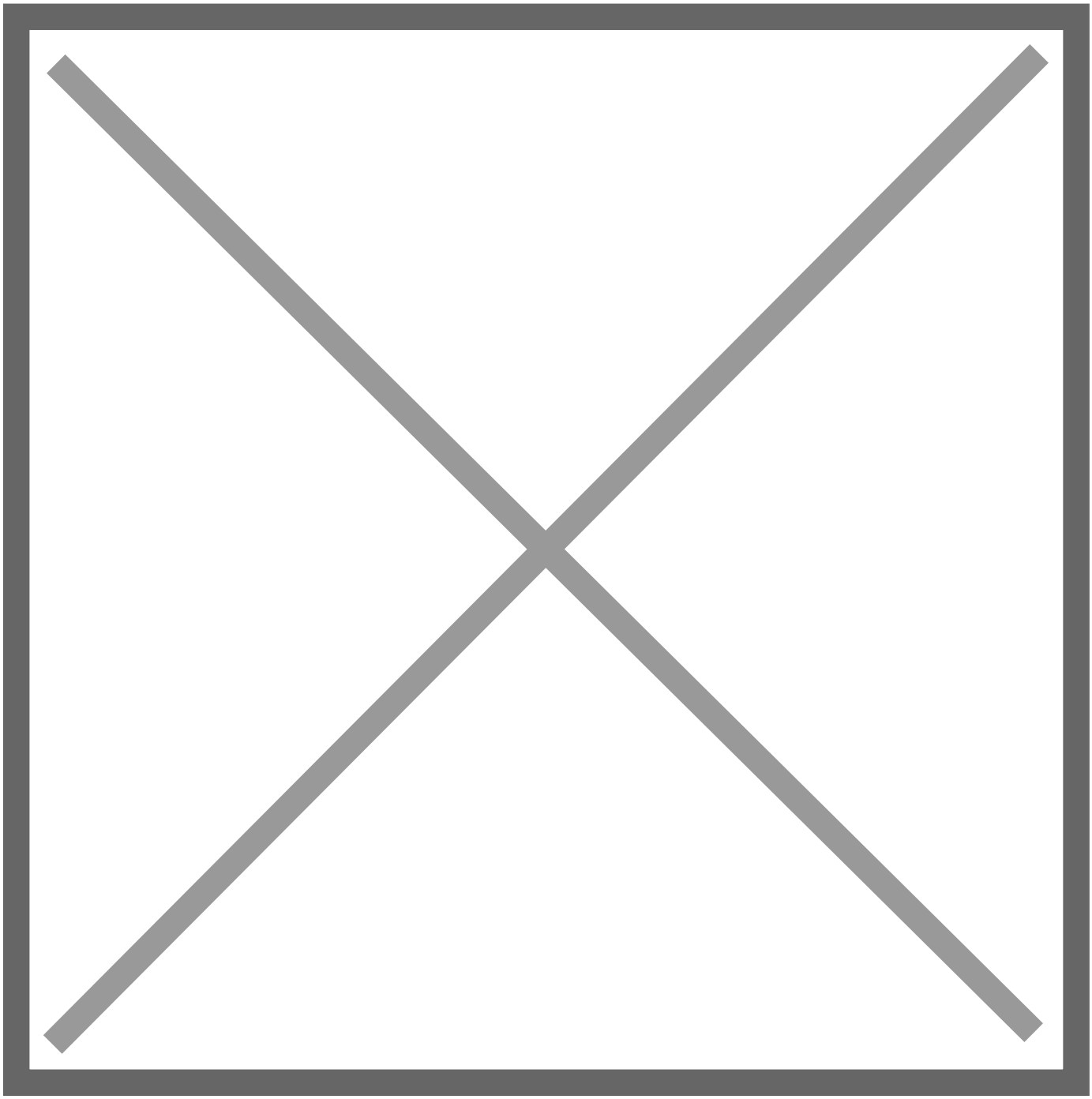


Survey type:	Measured
References:	Instituto Nacional de Estadística e Informática. Perú: Enfermedades No Transmisibles y Transmisibles 2014-2024. https://proyectos.inei.gob.pe/endes/
Notes:	ENDES. Standard obesity cutoffs used except in adolescents aged 15-17 where they are measured using WHO cutoffs, and for adults aged 60 and over, obesity refers to ≥32 kg/m². Interpret with caution when comparing cross-nationally.
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults (15+) living with overweight or obesity, 2013-2025

Men and women

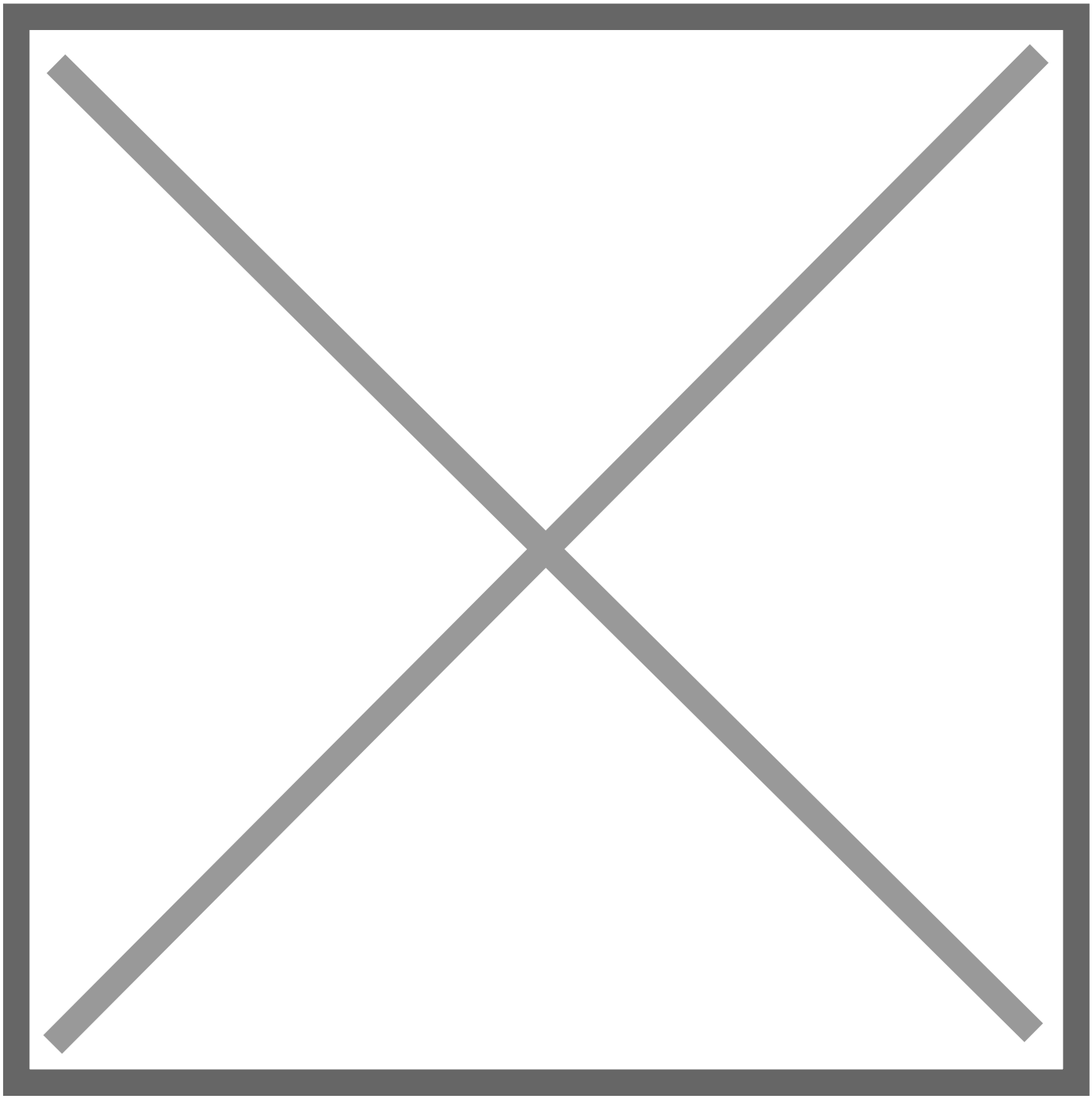


Survey type:	Measured
References:	Instituto Nacional de Estadística e Informática. Perú: Enfermedades No Transmisibles y Transmisibles 2014-2024. https://proyectos.inei.gob.pe/endes/
Notes:	ENDES. Standard overweight and obesity cutoffs used except in adolescents aged 15-17 where they are measured using WHO cutoffs, and for adults aged 60 and over, overweight refers to BMI between 28kg/m² and 31.9kg/m² and obesity refers to ≥32 kg/m². Interpret with caution when comparing cross-nationally.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Men

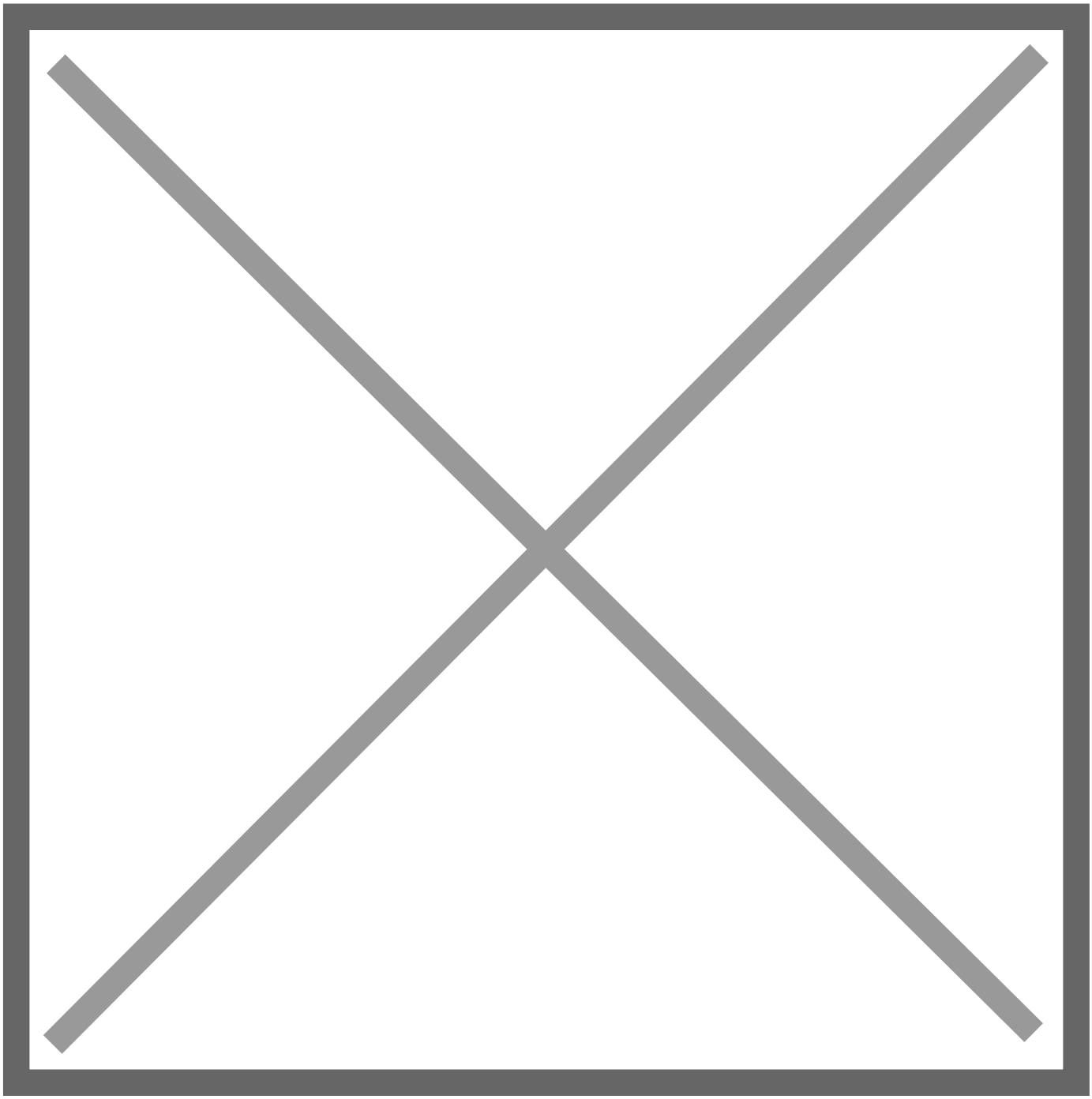


Survey type:	Measured
References:	Instituto Nacional de Estadística e Informática. Perú: Enfermedades No Transmisibles y Transmisibles 2014-2024. https://proyectos.inei.gob.pe/endes/
Notes:	ENDES. Standard overweight and obesity cutoffs used except in adolescents aged 15-17 where they are measured using WHO cutoffs, and for adults aged 60 and over, overweight refers to BMI between 28kg/m² and 31.9kg/m² and obesity refers to ≥32 kg/m². Interpret with caution when comparing cross-nationally.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Women



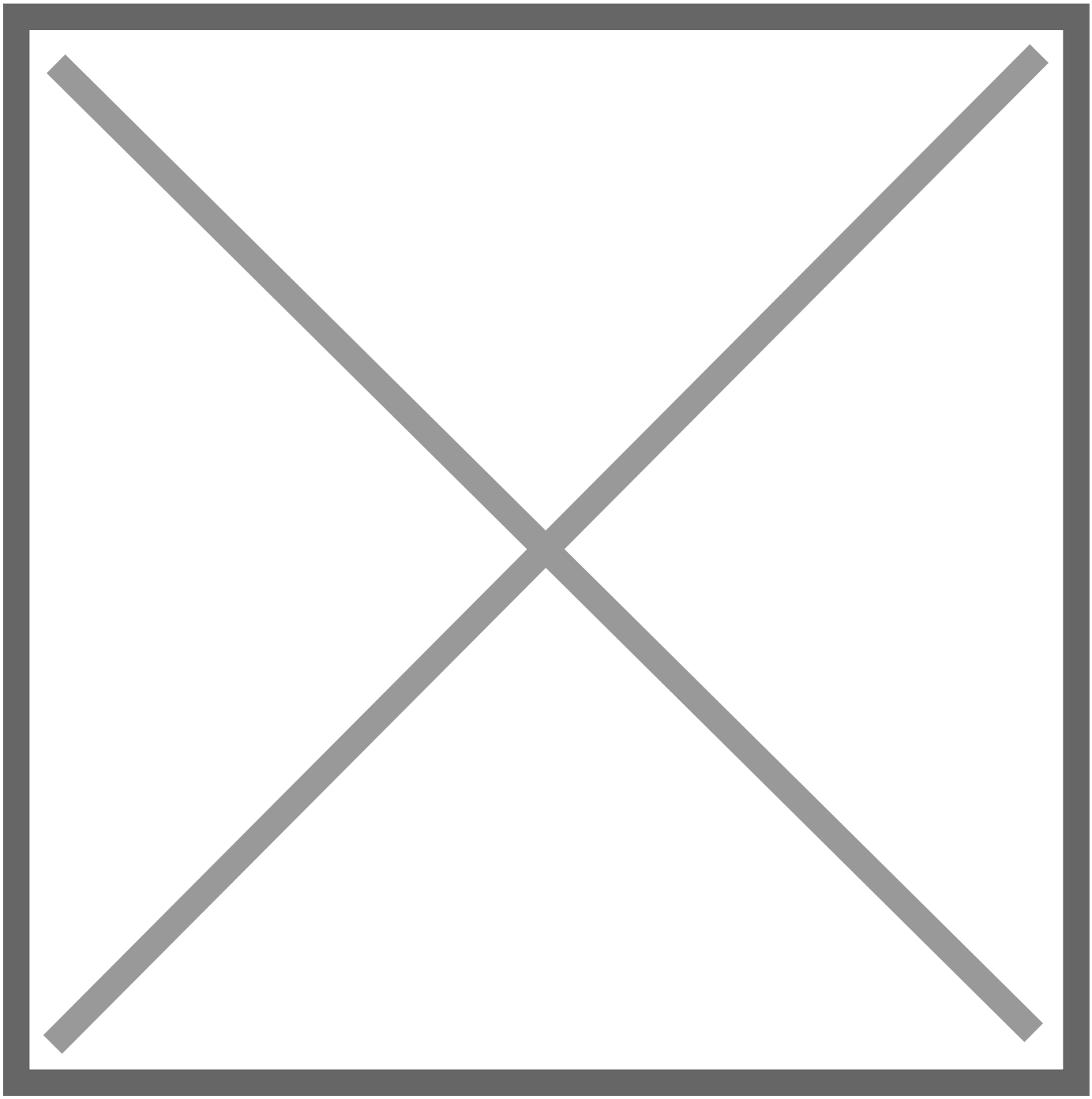
Survey type:	Measured
References:	Instituto Nacional de Estadística e Informática. Perú: Enfermedades No Transmisibles y Transmisibles 2014-2024. https://proyectos.inei.gob.pe/endes/
Notes:	ENDES. Standard overweight and obesity cutoffs used except in adolescents aged 15-17 where they are measured using WHO cutoffs, and for adults aged 60 and over, overweight refers to BMI between 28kg/m² and 31.9kg/m² and obesity refers to ≥32 kg/m². Interpret with caution when comparing cross-nationally.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with obesity by ethnic self-identification

Men and women



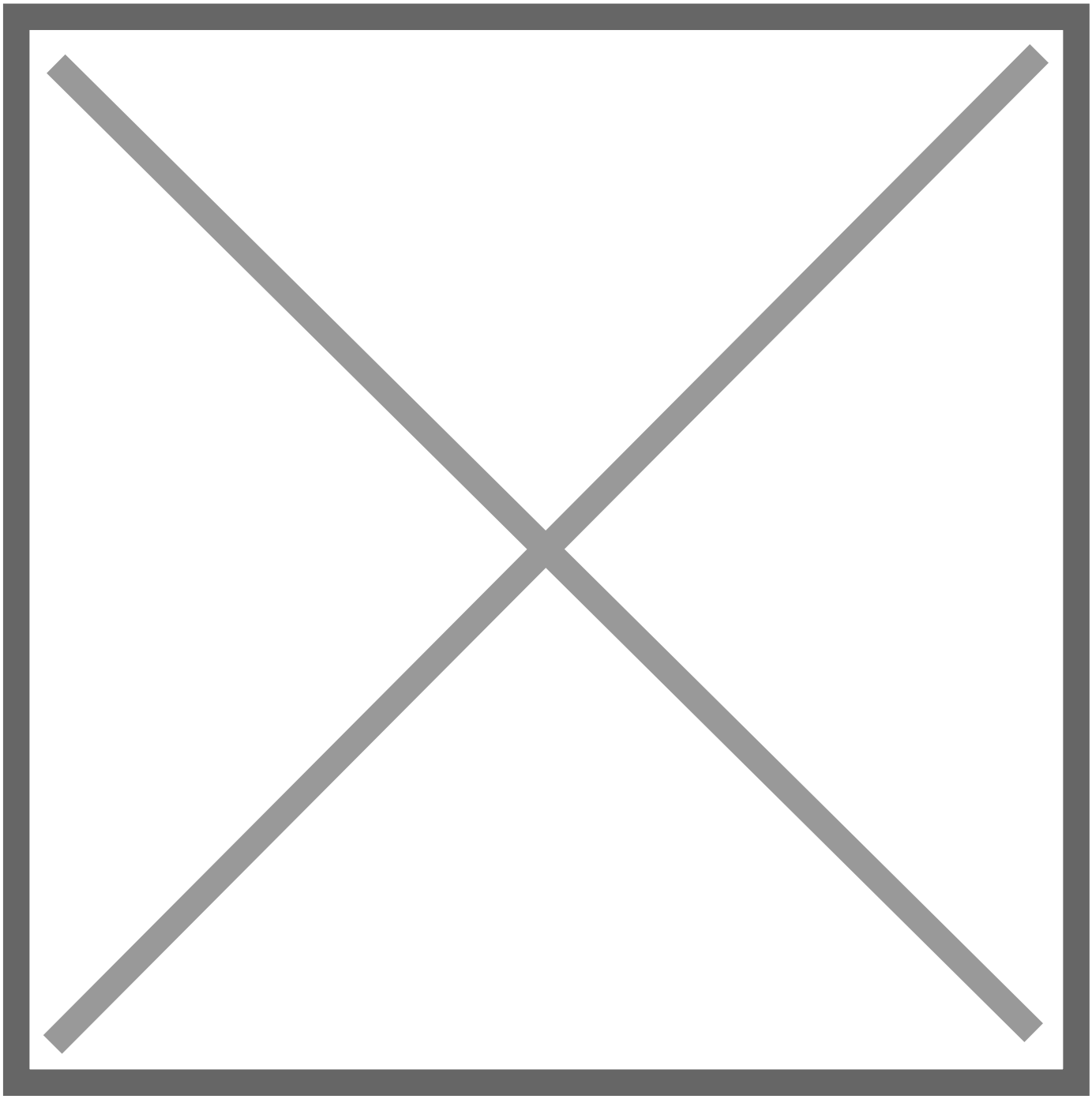
Survey type:	Measured
References:	Instituto Nacional de Estadística e Informática. Perú: Enfermedades No Transmisibles y Transmisibles 2019-2024. https://proyectos.inei.gob.pe/endes/
Definitions:	ENDES. Standard overweight and obesity cutoffs used except in adolescents aged 15-17 where they are measured using WHO cutoffs, and for adults aged 60 and over, overweight refers to BMI between 28kg/m² and 31.9kg/m² and obesity refers to ≥32 kg/m². Interpret with caution when comparing cross-nationally.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with obesity by region

Men and women

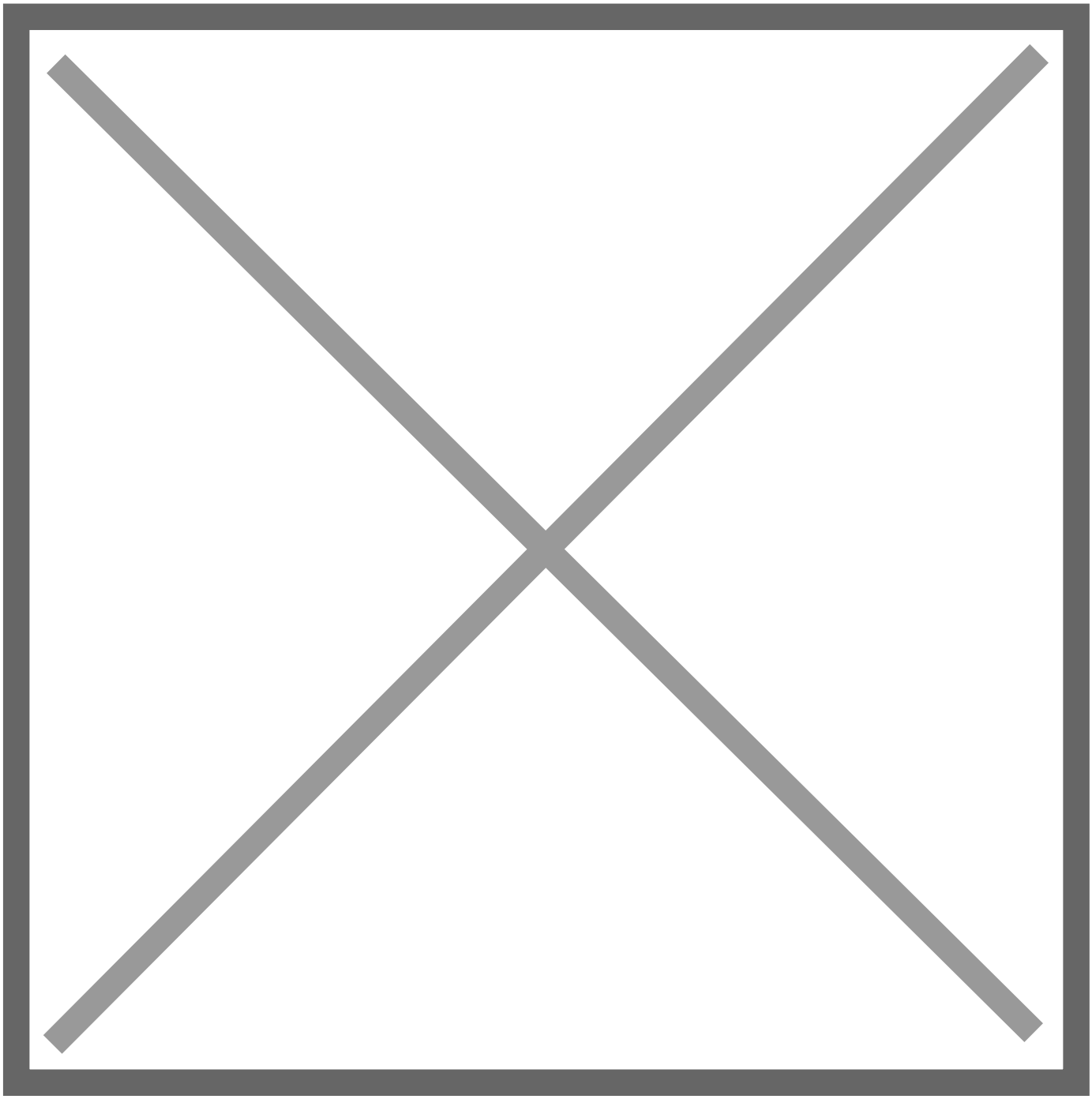


Survey type:	Measured
References:	Instituto Nacional de Estadística e Informática. Perú: Enfermedades No Transmisibles y Transmisibles 2014-2024. https://proyectos.inei.gob.pe/endes/
Notes:	ENDES. Standard obesity cutoffs used except in adolescents aged 15-17 where they are measured using WHO cutoffs, and for adults aged 60 and over, obesity refers to BMI ≥32 kg/m2. Interpret with caution when comparing cross-nationally.

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with obesity by wealth quintile

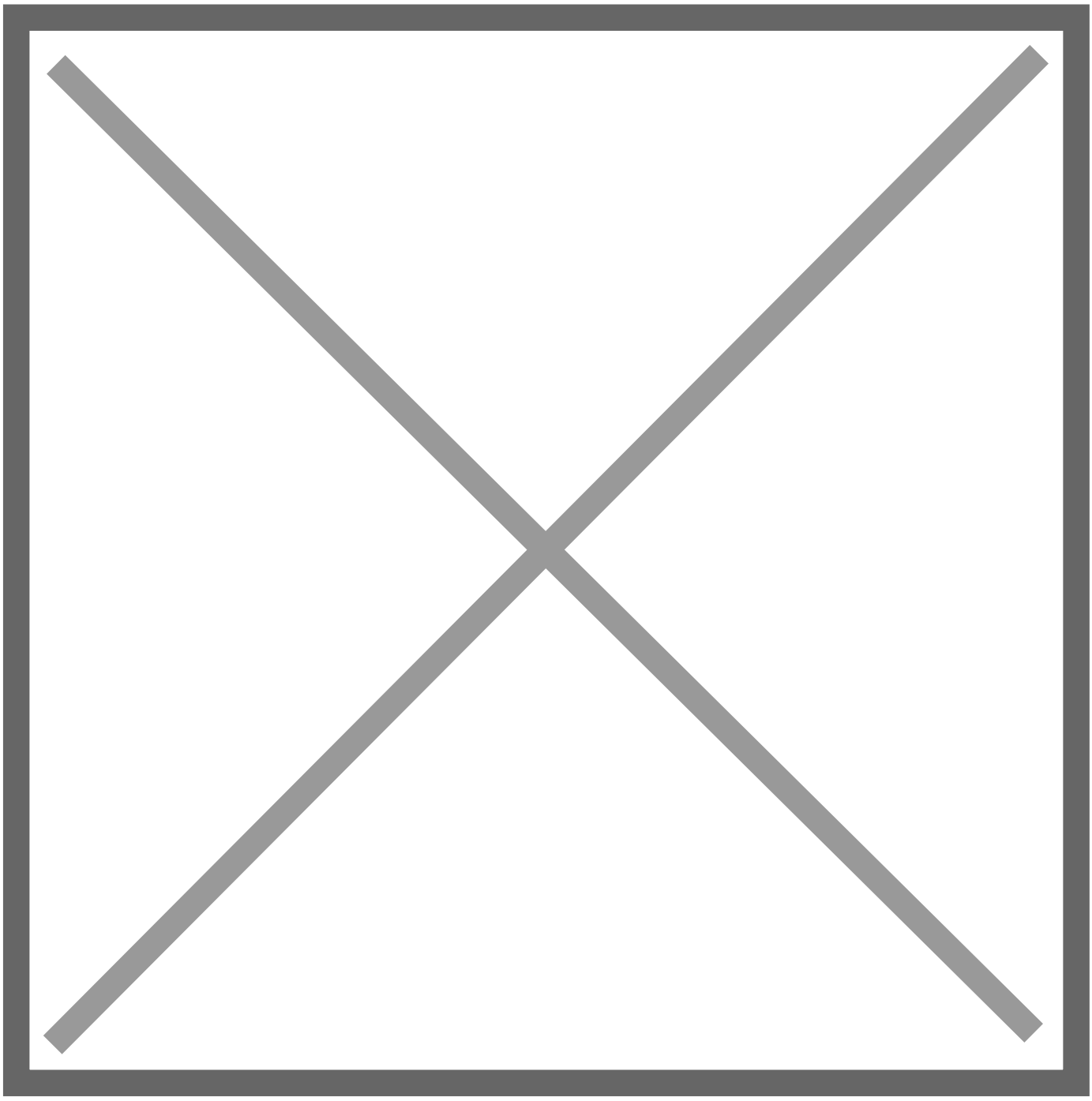
Men and women



Survey type:	Measured
References:	Instituto Nacional de Estadística e Informática. Perú: Enfermedades No Transmisibles y Transmisibles 2014-2024. https://proyectos.inei.gob.pe/endes/
Definitions:	ENDES. Standard overweight and obesity cutoffs used except in adolescents aged 15-17 where they are measured using WHO cutoffs, and for adults aged 60 and over, overweight refers to BMI between 28kg/m² and 31.9kg/m² and obesity refers to ≥32 g/m². Interpret with caution when comparing cross-nationally.

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

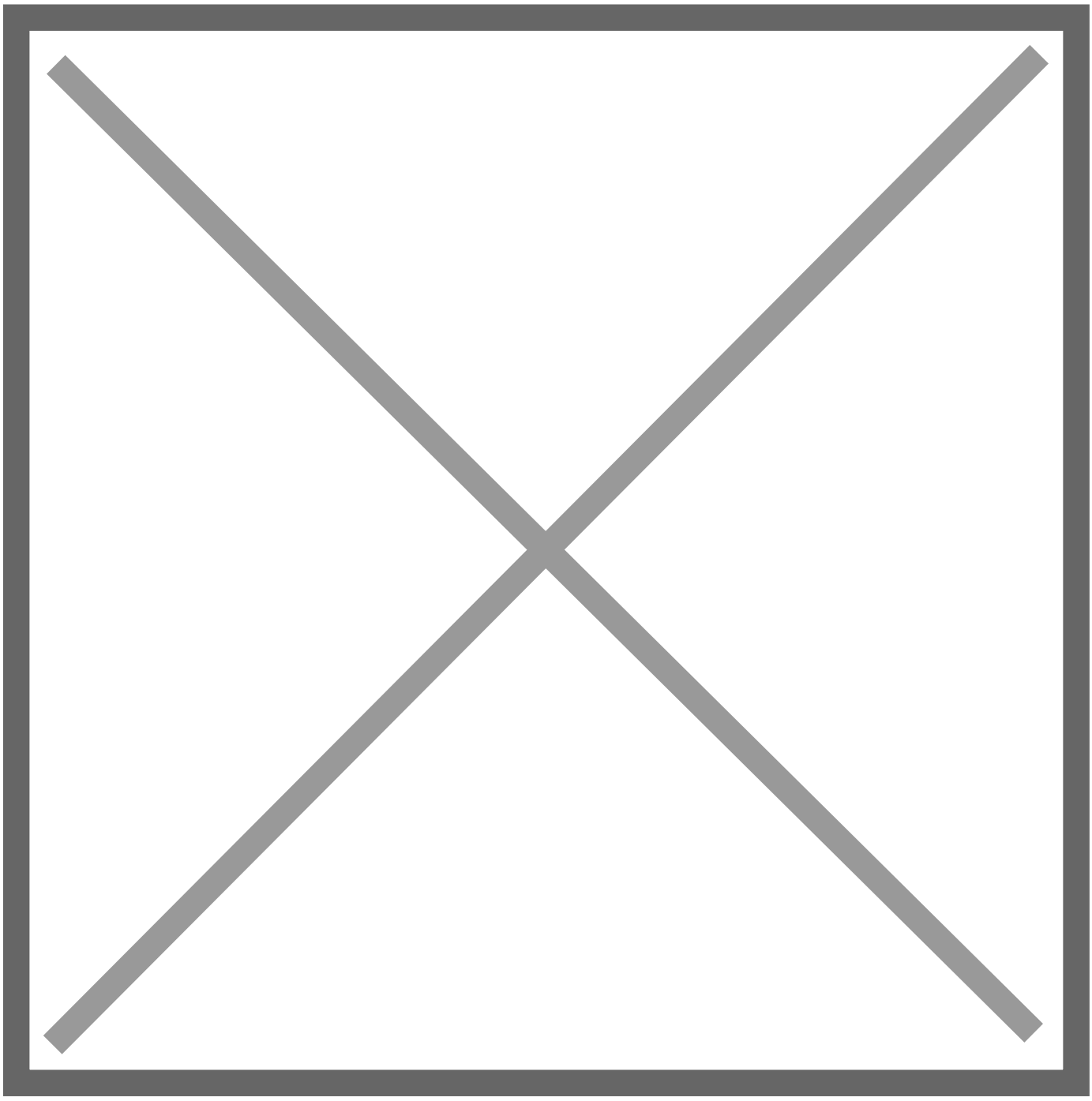
% Adults living with obesity in Peru 1992-2014



Survey type:	Measured
References:	1992: Martorell R, Khan LK, Hughes ML, Grummer Strawn LM. Obesity in women from developing countries. EJCN (2000) 54;247-252 2000: Instituto Nacional de Estadistica e Informática - INEI/Perú and Macro International. 2001. Perú Encuesta Demográfica y de Salud Familiar 2000. Lima, Perú: INEI/Perú and Macro International. 2007: Instituto Nacional de Estadística e Informática - INEI/Peru and ORC Macro. 2009. Perú Encuesta Demográfica y de Salud Familiar - ENDES 2007-2008. Lima, Perú: INEI/Peru and ORC Macro. 2012: Instituto Nacional de Estadística e Informática - INEI/Perú. 2013. Perú Encuesta Demográfica y de Salud Familiar - ENDES 2012. Lima, Perú: INEI/Peru. 2014: Instituto Nacional de Estadística e Informática - INE/Perú. 2015. Perú Encuesta Demográfica y de Salud Familiar - ENDES 2014. Lima, Perú: INEI/Perú.

Notes:	Adults aged 15 to 49
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².	
Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.	

% Adults living with overweight or obesity in Peru 1992-2014

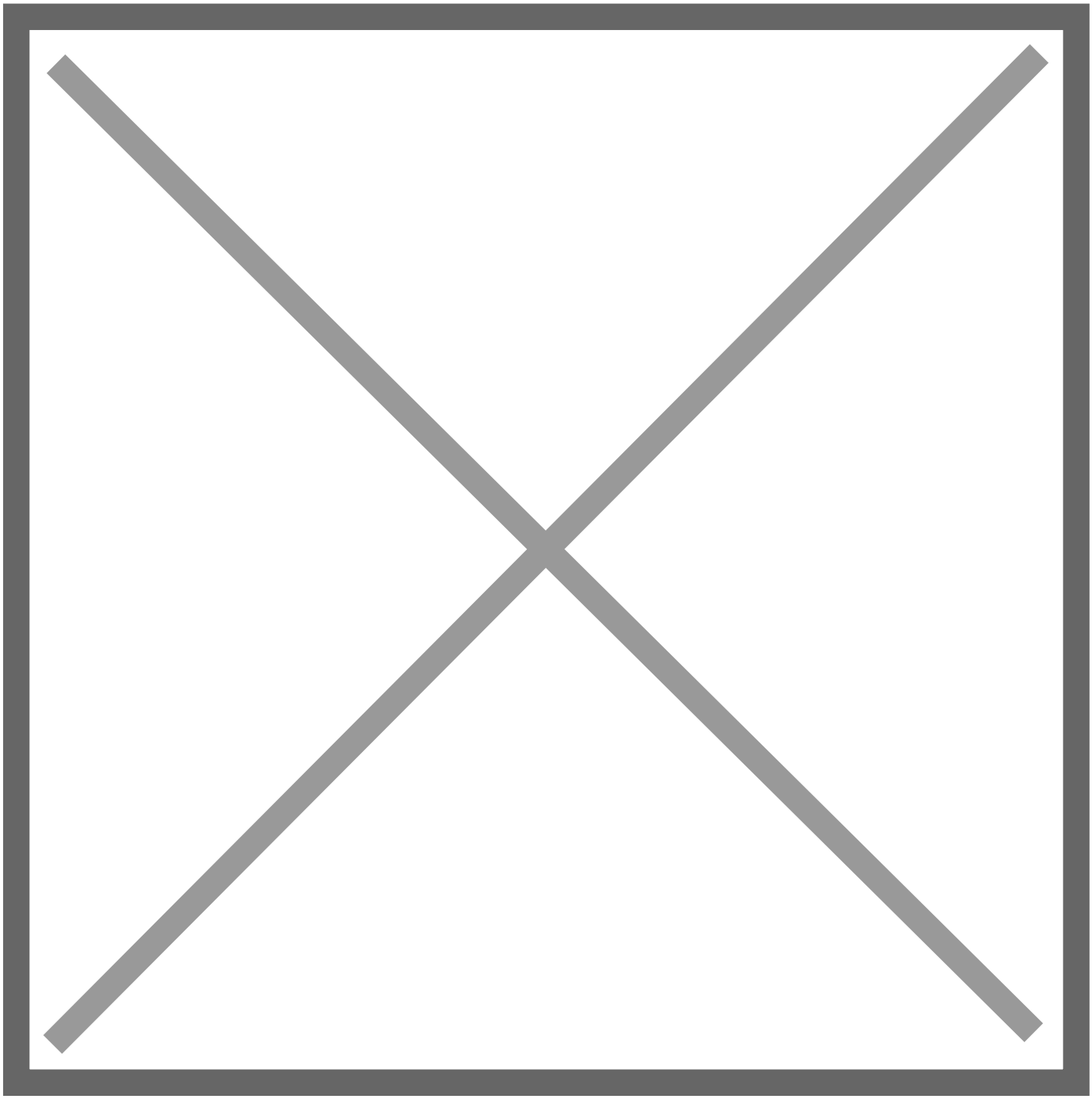


Survey type:	Measured
References:	1992: Martorell R, Khan LK, Hughes ML, Grummer Strawn LM. Obesity in women from developing countries. EJCN (2000) 54;247-252 2000: Instituto Nacional de Estadistica e Informática - INEI/Perú and Macro International. 2001. Perú Encuesta Demográfica y de Salud Familiar 2000. Lima, Perú: INEI/Perú and Macro International. 2007: Instituto Nacional de Estadística e Informática - INEI/Peru and ORC Macro. 2009. Perú Encuesta Demográfica y de Salud Familiar - ENDES 2007-2008. Lima, Perú: INEI/Peru and ORC Macro. 2012: Instituto Nacional de Estadística e Informática - INEI/Perú. 2013. Perú Encuesta Demográfica y de Salud Familiar - ENDES 2012. Lima, Perú: INEI/Peru. 2014: Instituto Nacional de Estadística e Informática - INE/Perú. 2015. Perú Encuesta Demográfica y de Salud Familiar - ENDES 2014. Lima, Perú: INEI/Perú.

Notes:	Adults aged 15 to 49
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
	Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with obesity in selected countries in the Americas Region 1960-2018, selected countries

Men



References:

1960, 1971, 1973, 1976, 1991: Flegal KM, Carroll MD, Kuczmarski RJ, Johnson CL. Overweight and obesity in the United States: prevalence and trends, 1960-1994. International Journal of Obesity (1998);22:39-47

1975: Monteiro CA, Conde WL, Popking BM. Is obesity replacing or adding to undernutrition? Evidence from different social classes in Brazil. 2002. Public Health Nutrition:51(1A), 105-112

1988: Berrios X, Jadue I, Zenteno J, Ross MI, Rodriguez H. Prevalencia de factores de riesgo para enfermedades cronicas. Estudio de la poblacion general de la region Metropolitana, 1986-1987. Rev. Med. Chile. 1990;118:597-604

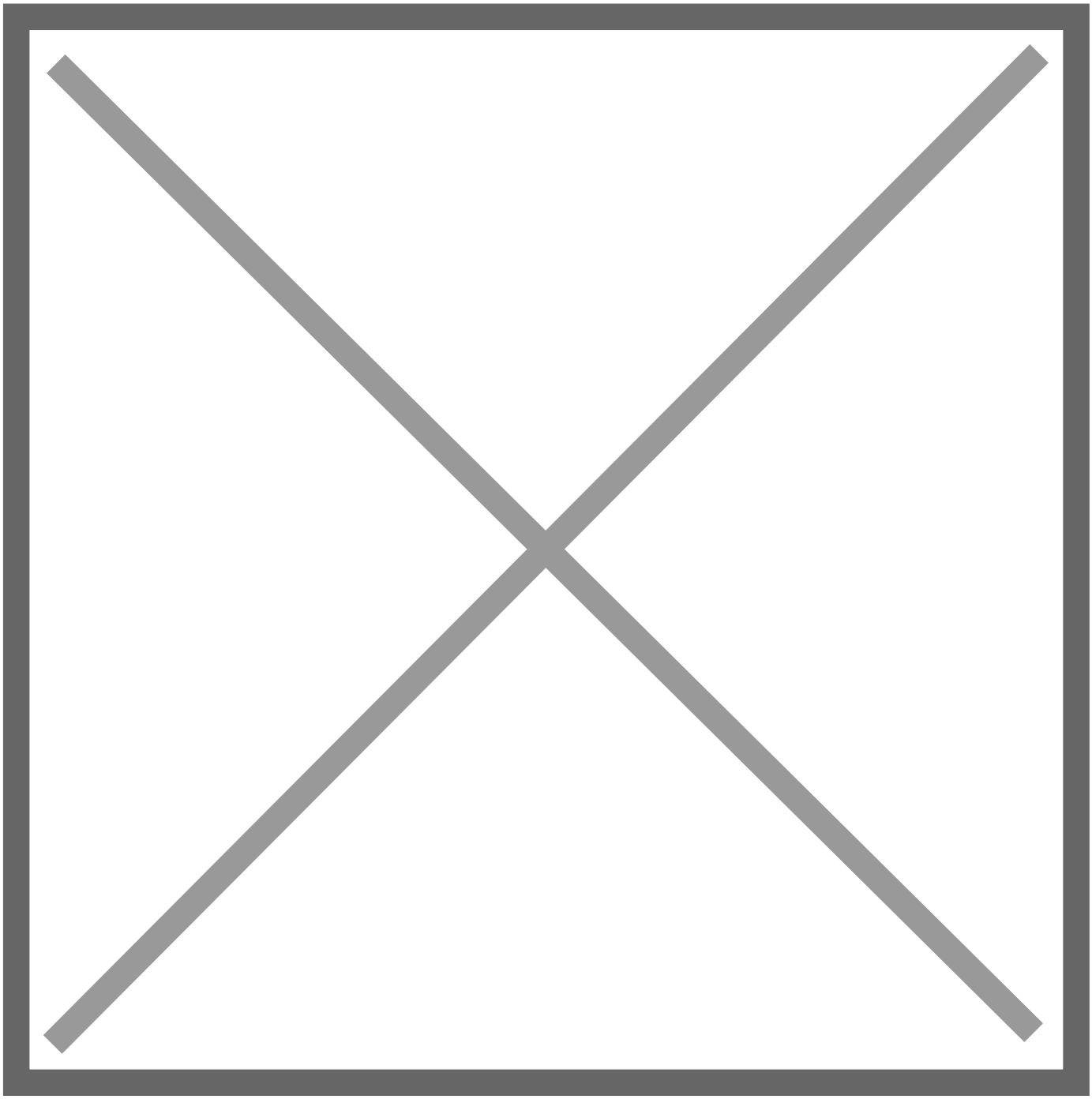
1992, 1994, 1995: Martorell R, Khan LK, Hughes ML, Grummer Strawn LM. Obesity in women from developing countries. EJCN (2000) 54;247-252

1997: Filozof C, Gonzales C, Sereday M, Mazza C, Braguinsky J. Obesity prevalence and trends in Latin American countries. Obesity Reviews, 2001;2:99-196

1998: Instituto Nacional de Estadística - INE/Guatemala and Macro International. 1999. Guatemala Encuesta Nacional de Salud Materno

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Women



References:

1960, 1971, 1973, 1976, 1991: Flegal KM, Carroll MD, Kuczmarski RJ, Johnson CL. Overweight and obesity in the United States: prevalence and trends, 1960-1994. International Journal of Obesity (1998);22:39-47

1975: Monteiro CA, Conde WL, Popking BM. Is obesity replacing or adding to undernutrition? Evidence from different social classes in Brazil. 2002. Public Health Nutrition:51(1A), 105-112

1988: Berrios X, Jadue I, Zenteno J, Ross MI, Rodriguez H. Prevalencia de factores de riesgo para enfermedades cronicas. Estudio de la poblacion general de la region Metropolitana, 1986-1987. Rev. Med. Chile. 1990;118:597-604

1992, 1994, 1995: Martorell R, Khan LK, Hughes ML, Grummer Strawn LM. Obesity in women from developing countries. EJCN (2000) 54;247-252

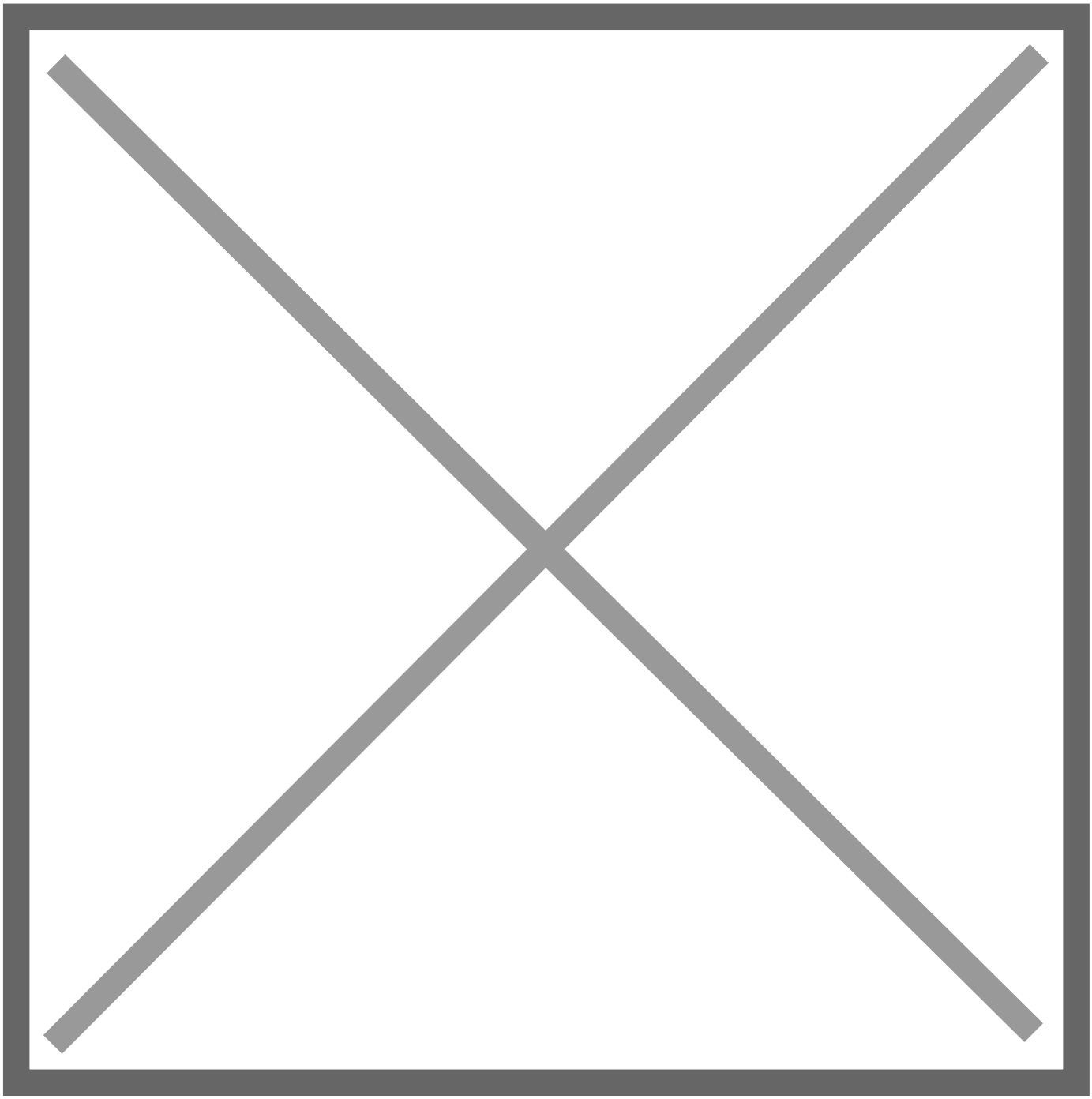
1997: Filozof C, Gonzales C, Sereday M, Mazza C, Braguinsky J. Obesity prevalence and trends in Latin American countries. Obesity Reviews, 2001;2:99-196

1998: Instituto Nacional de Estadística - INE/Guatemala and Macro International. 1999. Guatemala Encuesta Nacional de Salud Materno

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Overweight/obesity by education

Adults, 2025

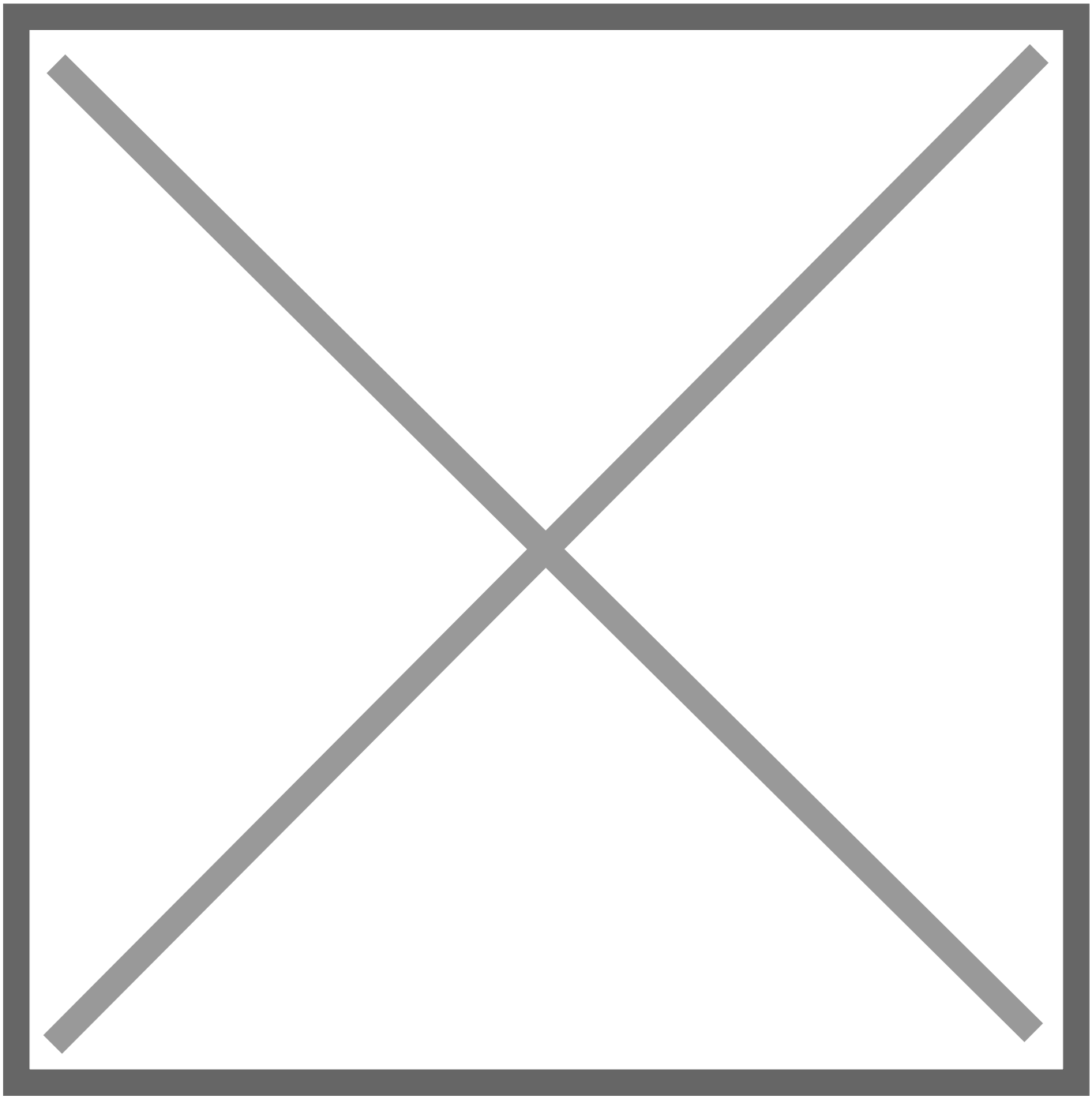


Survey type:	Measured
Age:	15+
Sample size:	29,477
Area covered:	National
References:	Instituto Nacional de Estadística e Informática. Perú: Enfermedades No Transmisibles y Transmisibles 2025. https://proyectos.inei.gob.pe/endes/2025/SALUD/ENFERMEDADES_ENDES_2025.pdf [Accessed 22.06.26]

Notes: ENDES 2025. Standard overweight and obesity cutoffs used except in adolescents aged 15-17 where they are measured using WHO cutoffs, and for adults aged 60 and over, overweight refers to BMI between 28kg/m² and 31.9kg/m² and obesity refers to ≥32kg/m². Interpret with caution when comparing cross-nationally.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

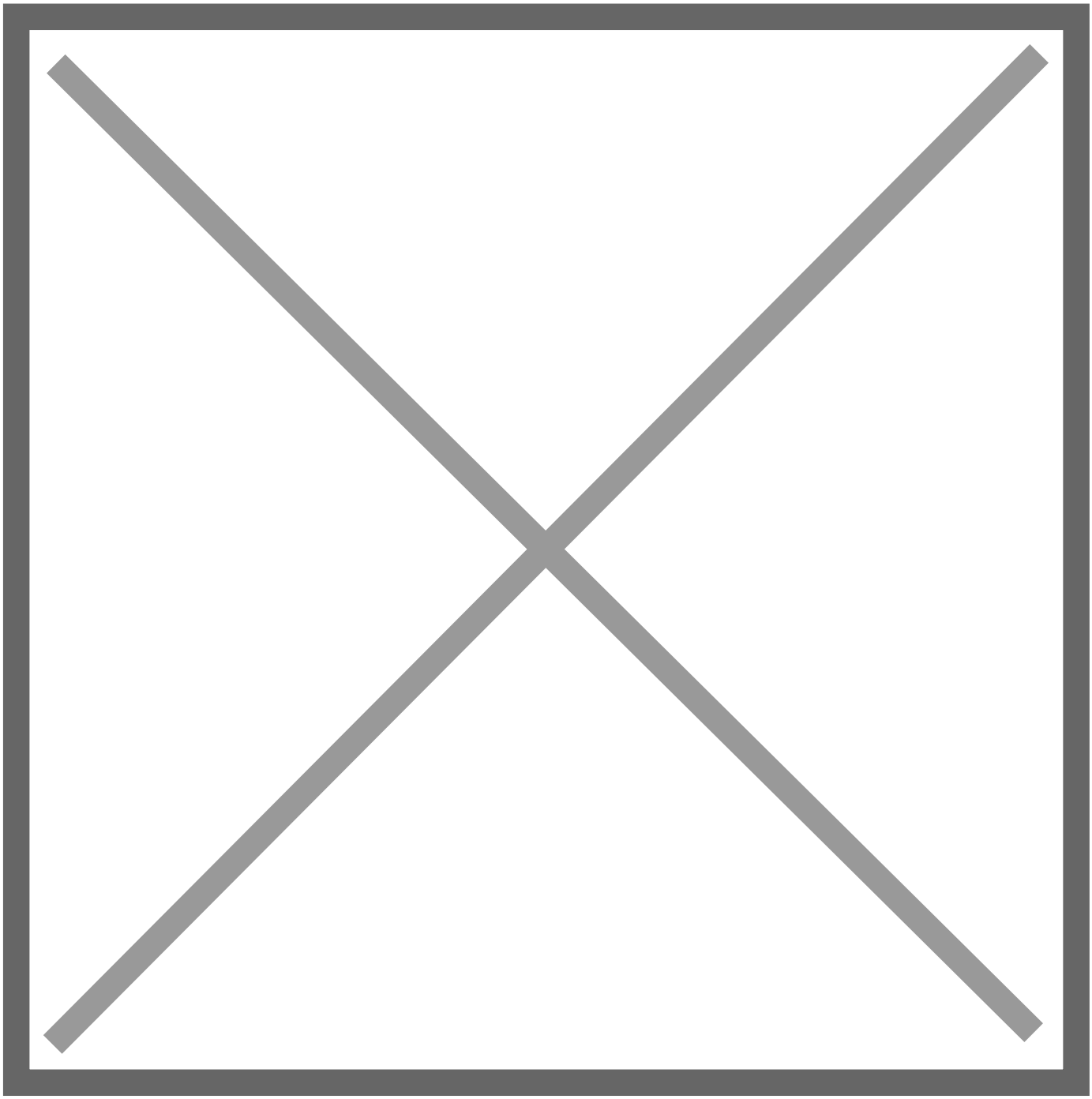
Children, 2013-2014



Survey type:	Measured
Age:	5-13
Sample size:	2801
Area covered:	National
References:	Carolina Tarqui-Mamani, Doris Alvarez-Dongo, Paula Espinoza-Oriundo. Prevalence and factors associated with overweight and obesity in Peruvian primary school children. Rev. salud pública 20 (2) Mar-Apr 2018 ¬i https://doi.org/10.15446/rsap.V20n2.68082

Notes:	WHO Cut Off Points Used Education based on Parental educational status
Cutoffs:	WHO

0-5 years, 2023

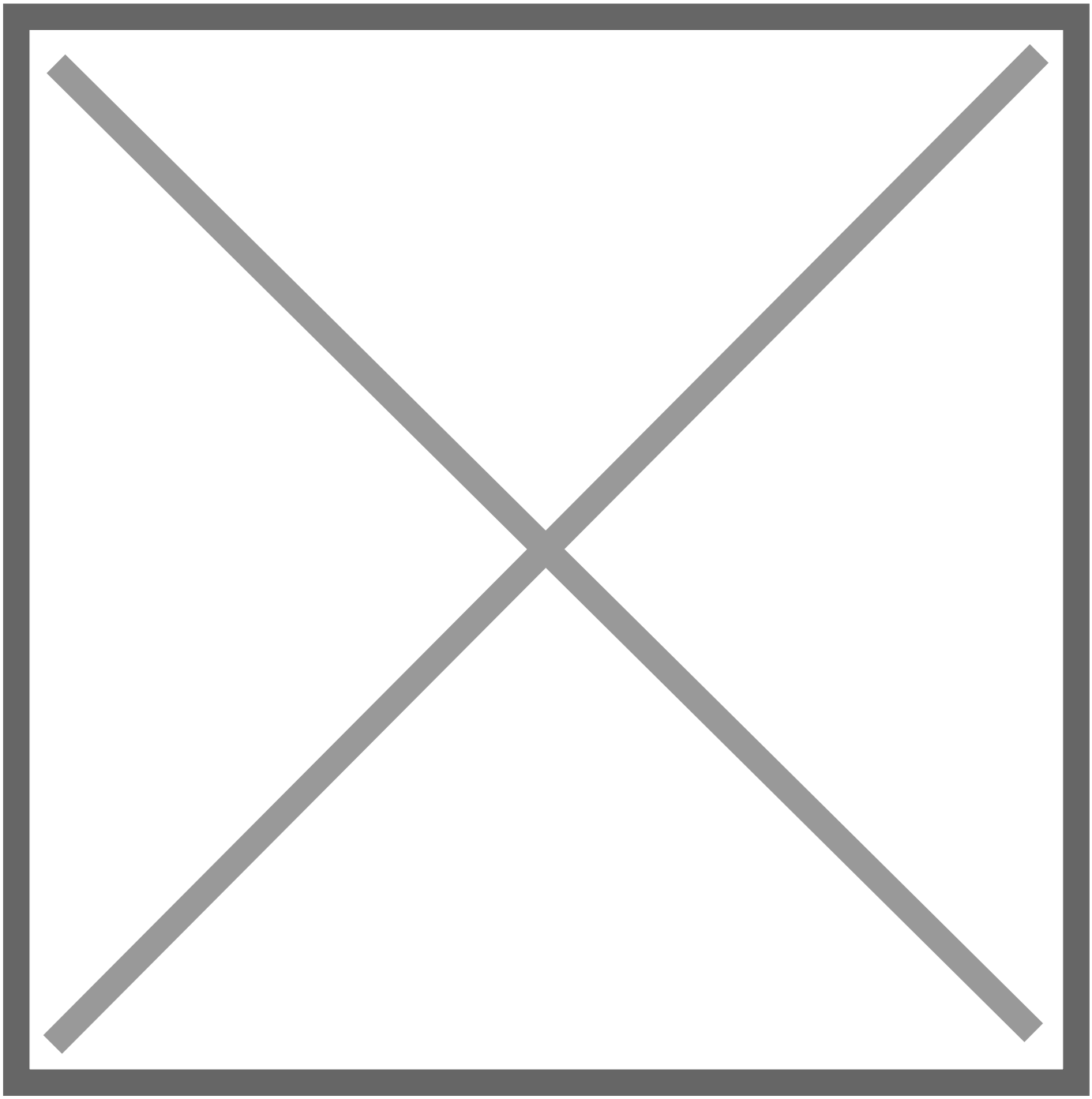


Survey type:	Measured
Sample size:	6868
Area covered:	National
References:	Peru Encuesta Demográfica y de Salud Familiar-ENDES 2023 Nacional y Departamental
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight estimates: National and Disaggregated, July 2025, New York. Weighted sample size. For more information, please consult https://data.unicef.org/resources/jme/.

Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD

Overweight/obesity by age

Adults, 2025

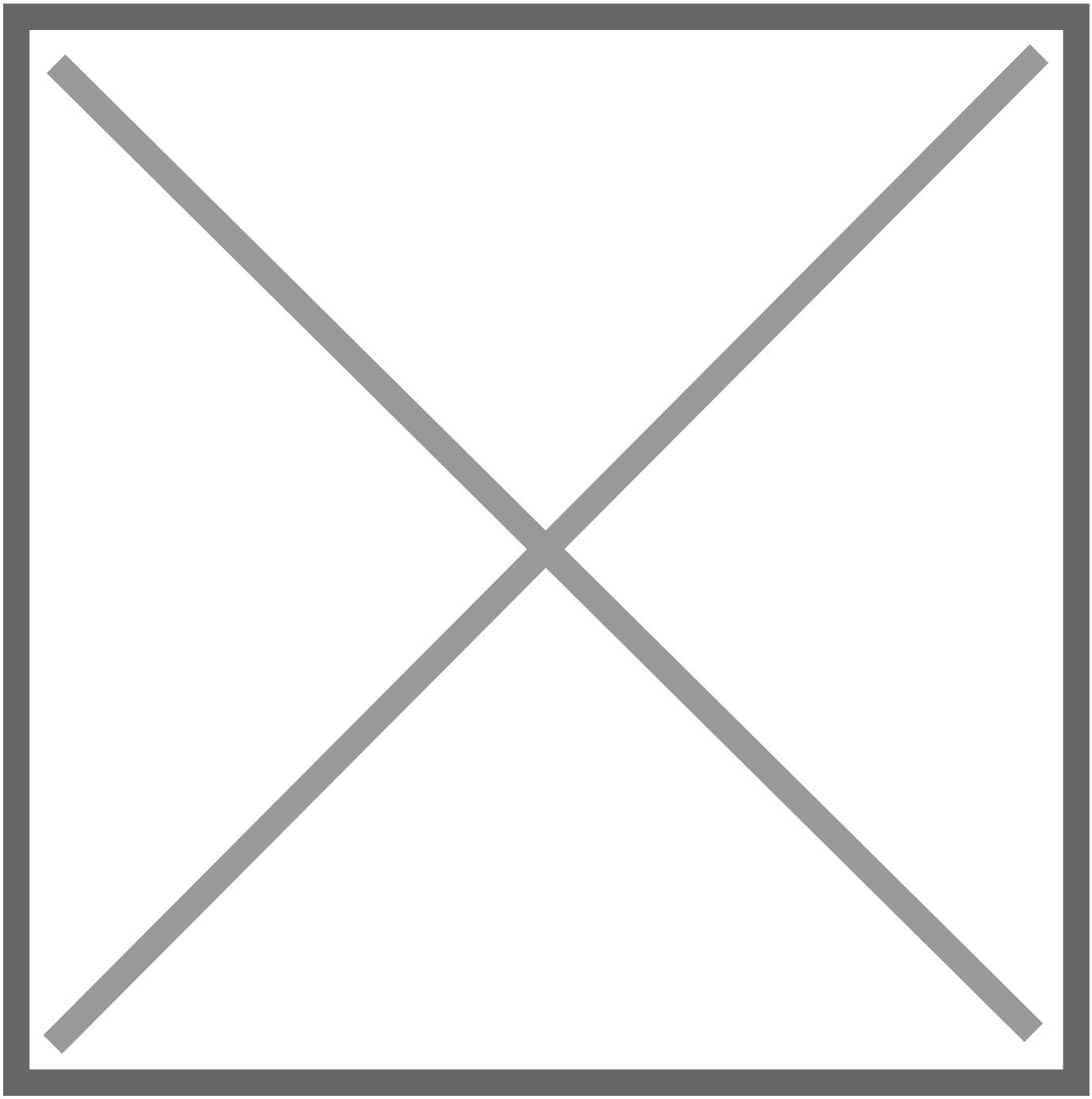


Survey type:	Measured
Sample size:	29,477
Area covered:	National
References:	Instituto Nacional de Estadística e Informática. Perú: Enfermedades No Transmisibles y Transmisibles 2025. https://proyectos.inei.gob.pe/endes/2025/SALUD/ENFERMEDADES_ENDES_2025.pdf [Accessed 22.06.26]

Notes: ENDES 2025. Standard overweight and obesity cutoffs used except in adolescents aged 15-17 where they are measured using WHO cutoffs, and for adults aged 60 and over, overweight refers to BMI between 28kg/m² and 31.9kg/m² and obesity refers to ≥32kg/m². Interpret with caution when comparing cross-nationally.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2017-2018

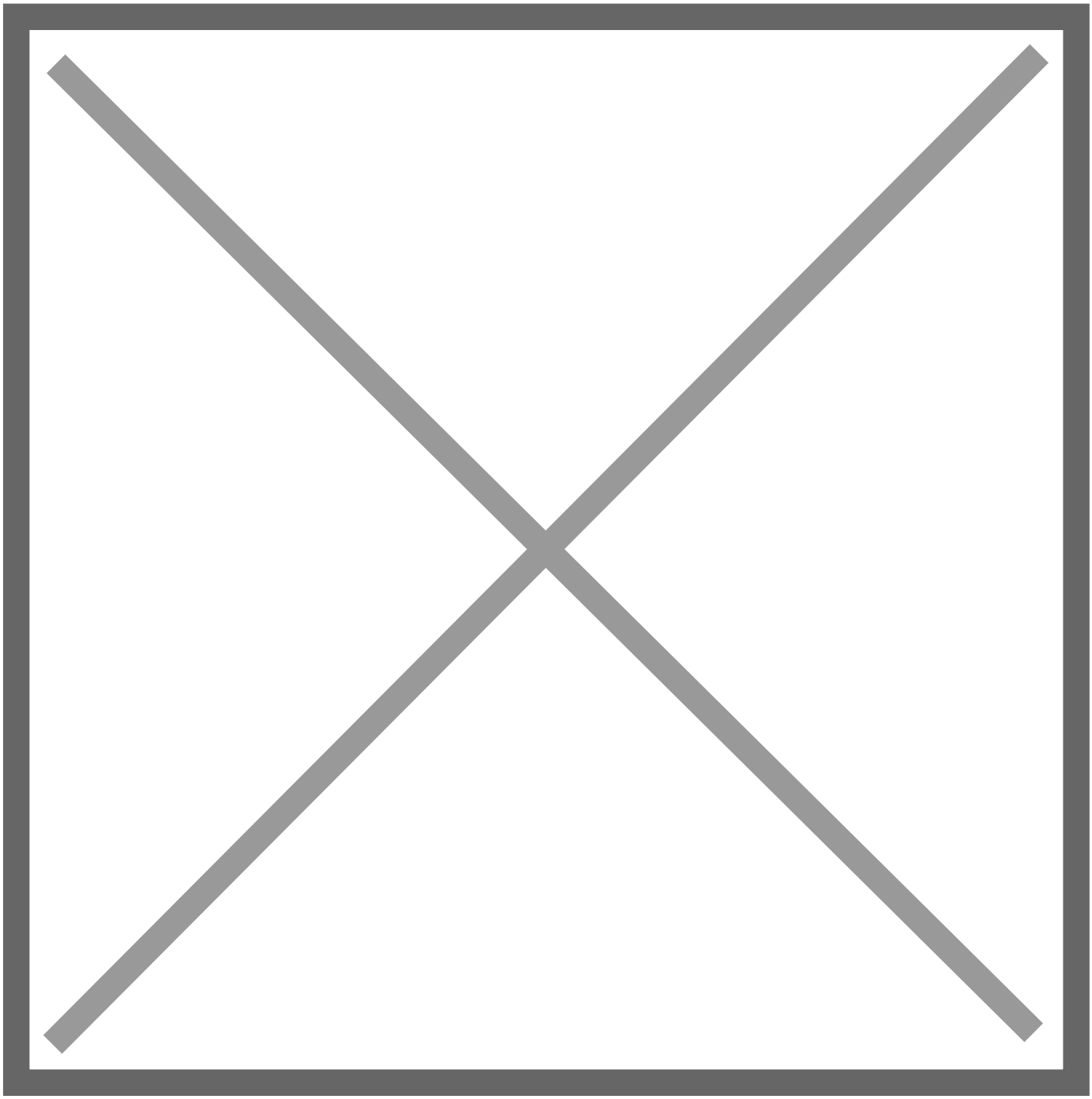


Survey type:	Measured
Sample size:	1062
Area covered:	National
References:	Instituto Nacional de Salud. (2023). Informe Técnico: Estado Nutricional en niños de 6 a 13 años - VIANEV 2017-2018. https://www.gob.pe/institucion/ins/informes-publicaciones/4202391-informe-tecnico-estado-nutricional-en-ninos-de-6-a-13-anos-vianev-2017-2018 [Accessed 25.08.25]

Cutoffs:	WHO 2007

Overweight/obesity by region

Adults, 2025

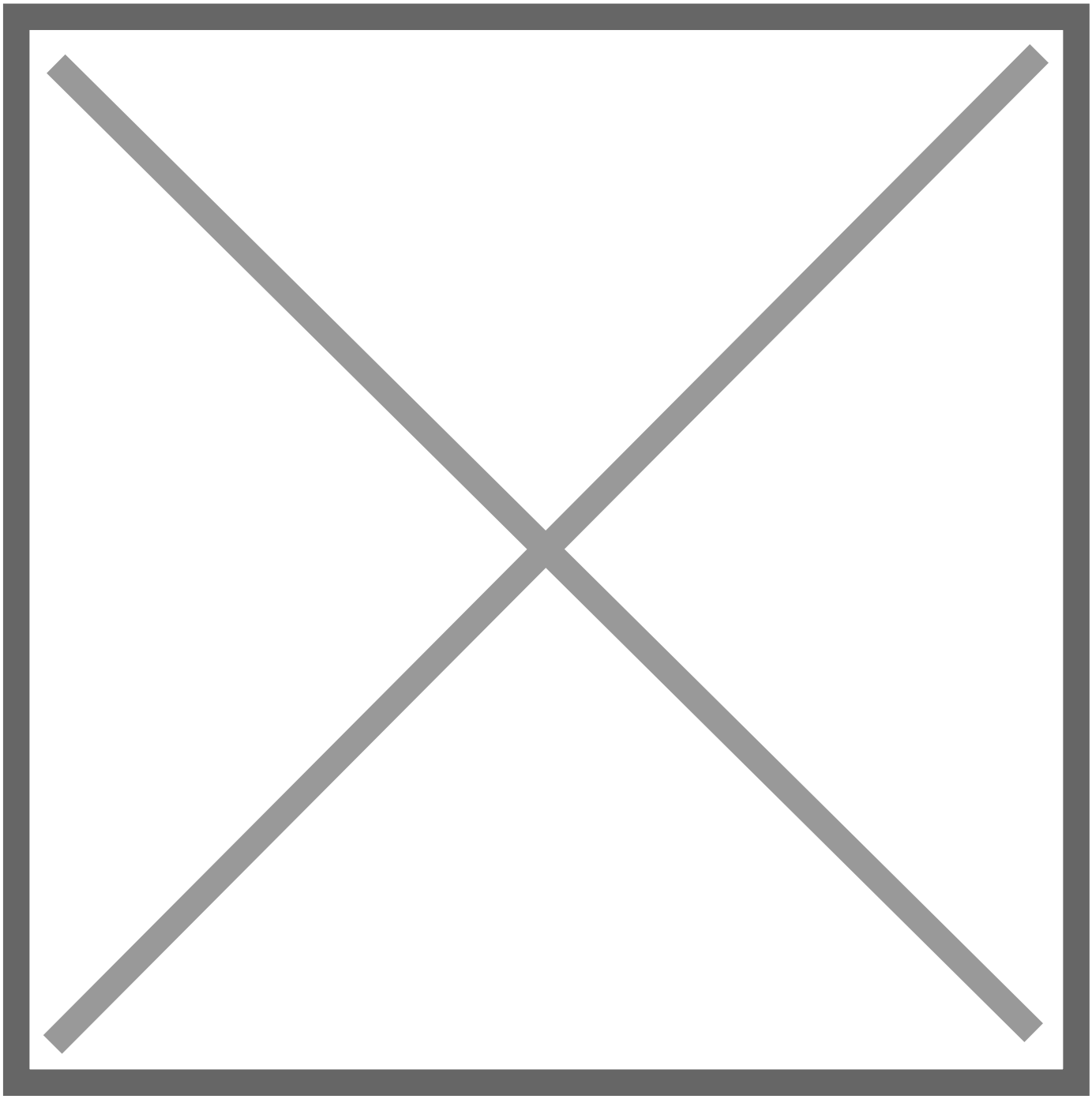


Survey type:	Measured
Age:	15+
Sample size:	29,477
Area covered:	National
References:	Instituto Nacional de Estadística e Informática. Perú: Enfermedades No Transmisibles y Transmisibles 2025. https://proyectos.inei.gob.pe/endes/2025/SALUD/ENFERMEDADES_ENDES_2025.pdf [Accessed 22.06.26]

Notes: ENDES 2025. Standard overweight and obesity cutoffs used except in adolescents aged 15-17 where they are measured using WHO cutoffs, and for adults aged 60 and over, overweight refers to BMI between 28kg/m² and 31.9kg/m² and obesity refers to ≥32kg/m². Interpret with caution when comparing cross-nationally.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

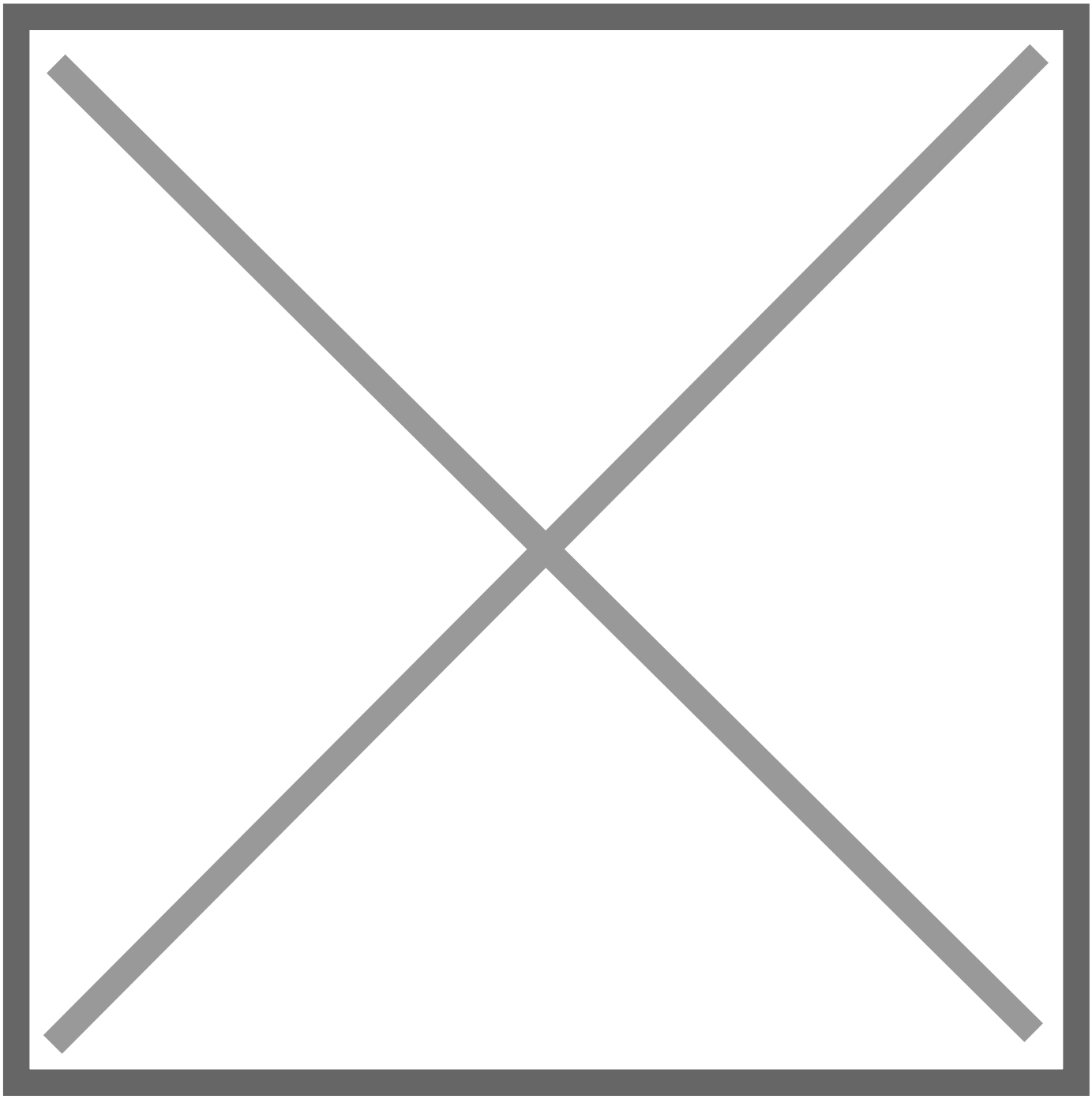
Children, 2017-2018



Survey type:	Measured
Age:	6-13
Sample size:	1062
Area covered:	National

References:	Instituto Nacional de Salud. (2023). Informe Técnico: Estado Nutricional en niños de 6 a 13 años - VIANEV 2017-2018. https://www.gob.pe/institucion/ins/informes-publicaciones/4202391-informe-tecnico-estado-nutricional-en-ninos-de-6-a-13-anos-vianev-2017-2018 [Accessed 25.08.25]
Cutoffs:	WHO 2007

0-5 years, 2023

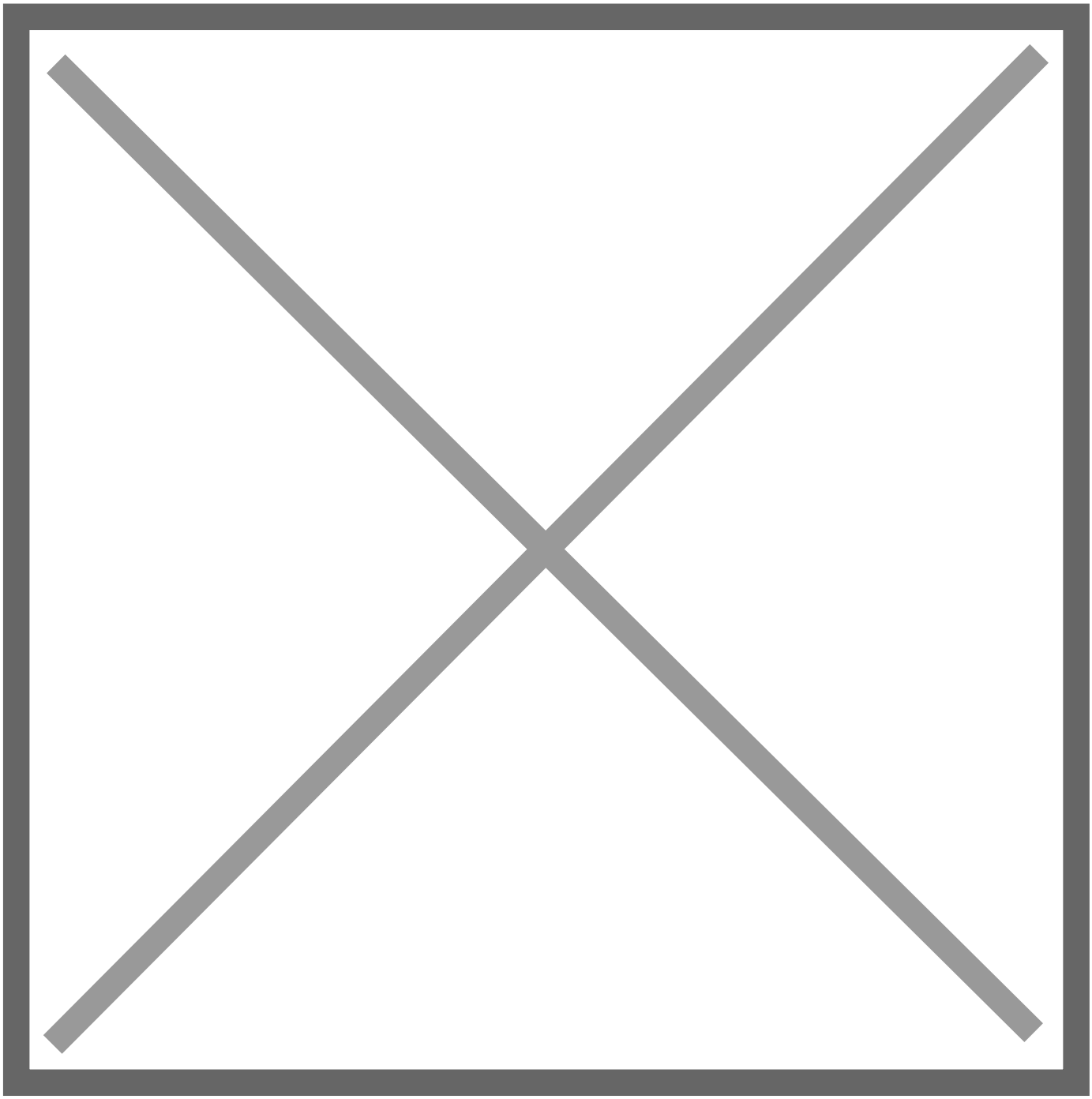


Survey type:	Measured
Sample size:	6933
Area covered:	National
References:	Peru Encuesta Demográfica y de Salud Familiar-ENDES 2023 Nacional y Departamental
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight estimates: National and Disaggregated, July 2025, New York. Weighted sample size. For more information, please consult https://data.unicef.org/resources/jme/.

Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD

Overweight/obesity by socio-economic group

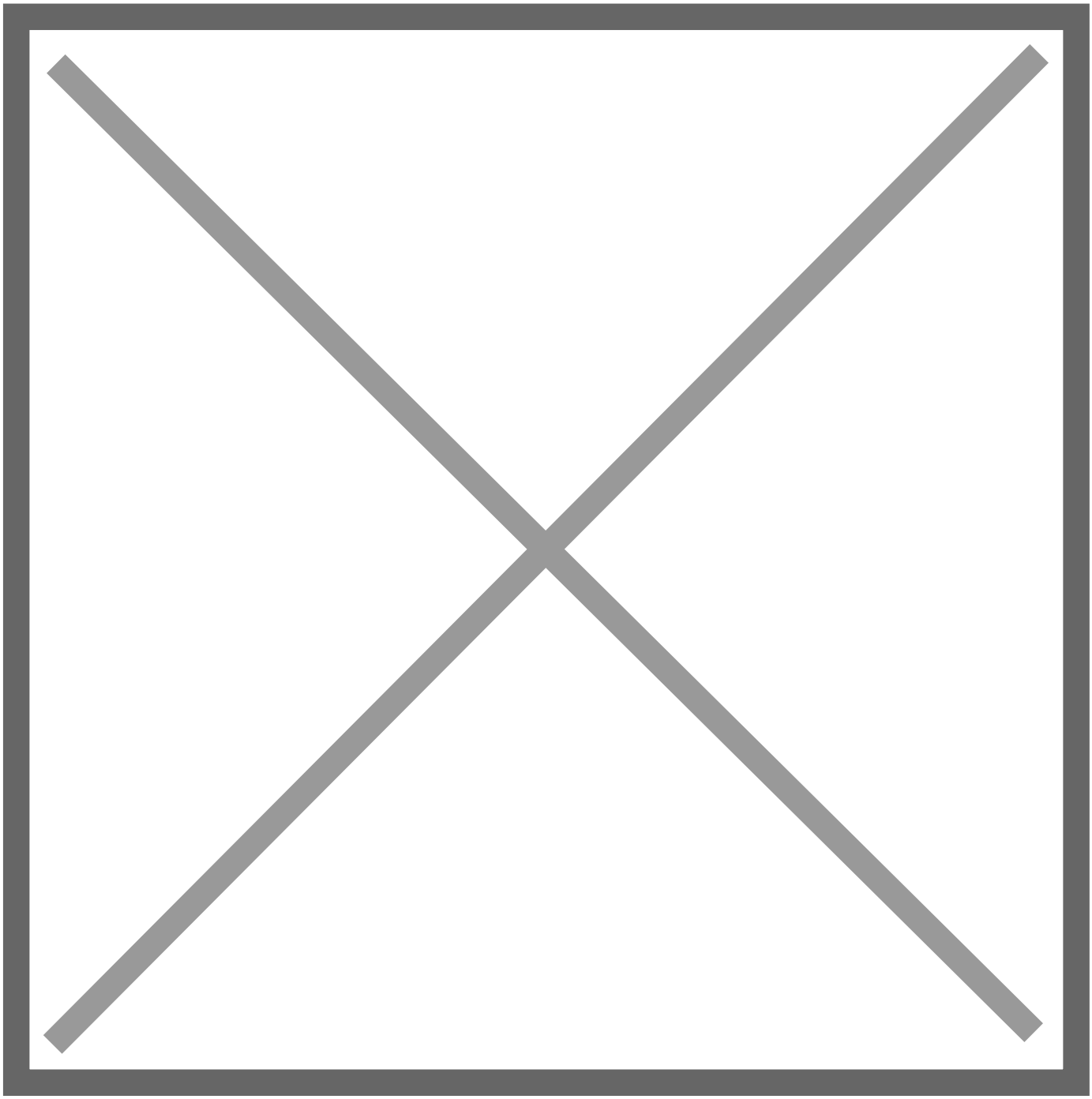
Adults, 2025



Survey type:	Measured
Age:	15+
Sample size:	29,477
Area covered:	National
References:	Instituto Nacional de Estadística e Informática. Perú: Enfermedades No Transmisibles y Transmisibles 2025. https://proyectos.inei.gob.pe/endes/2025/SALUD/ENFERMEDADES_ENDES_2025.pdf [Accessed 22.06.26]

Notes:	ENDES 2025. Standard overweight and obesity cutoffs used except in adolescents aged 15-17 where they are measured using WHO cutoffs, and for adults aged 60 and over, overweight refers to BMI between 28kg/m² and 31.9kg/m² and obesity refers to ≥32kg/m². Interpret with caution when comparing cross-nationally.
Definitions:	Wealth quintile
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

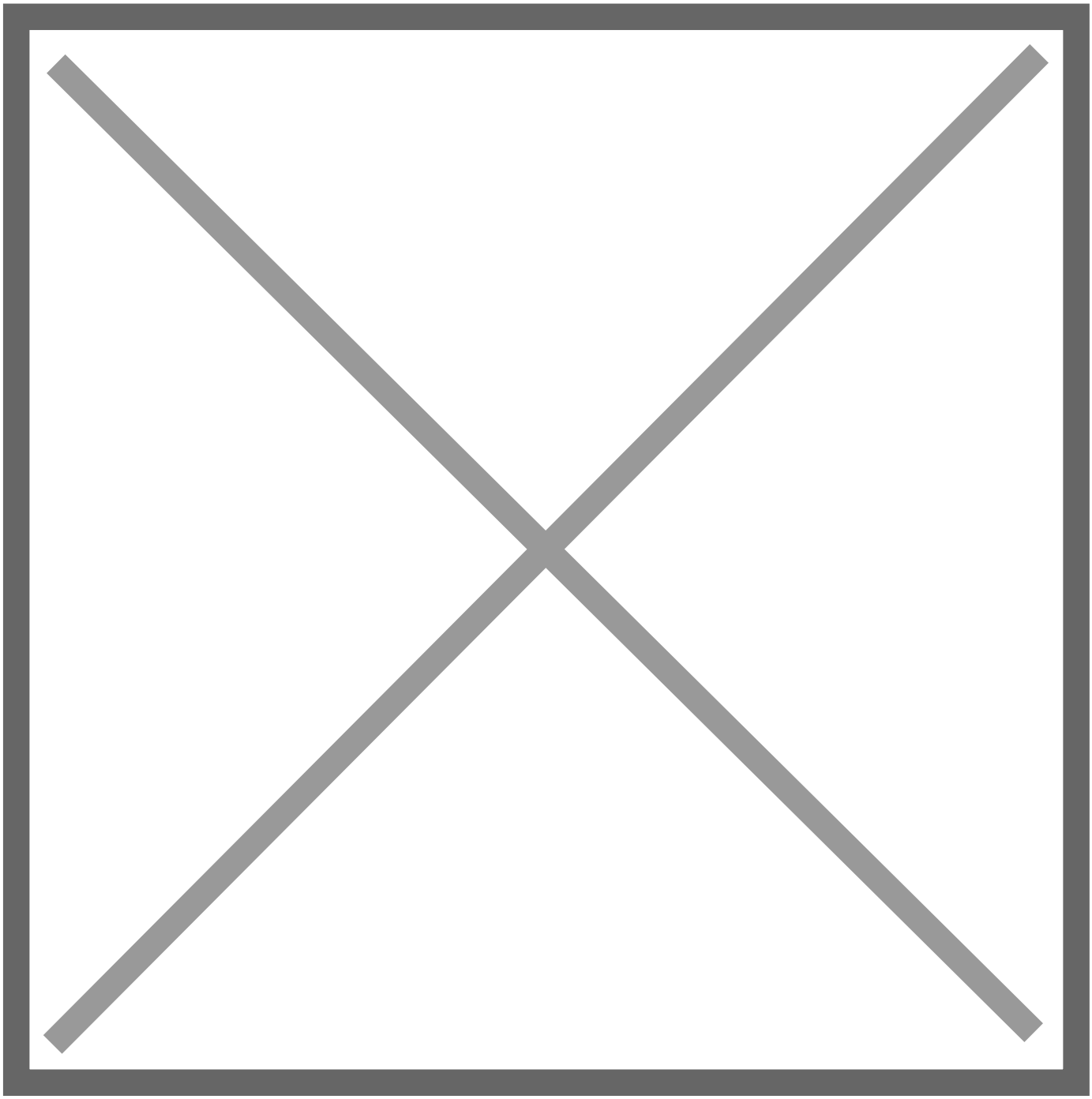
Children, 2013-2014



Survey type:	Measured
Age:	5-13
Sample size:	2801
Area covered:	National
References:	Carolina Tarqui-Mamani, Doris Alvarez-Dongo, Paula Espinoza-Oriundo. Prevalence and factors associated with overweight and obesity in Peruvian primary school children. Rev. salud pública 20 (2) Mar-Apr 2018 Ã?Â¬Ã?Â¯ https://doi.org/10.15446/rsap.V20n2.68082

Notes:	WHO Cut Off Points Used
Cutoffs:	WHO

0-5 years, 2023



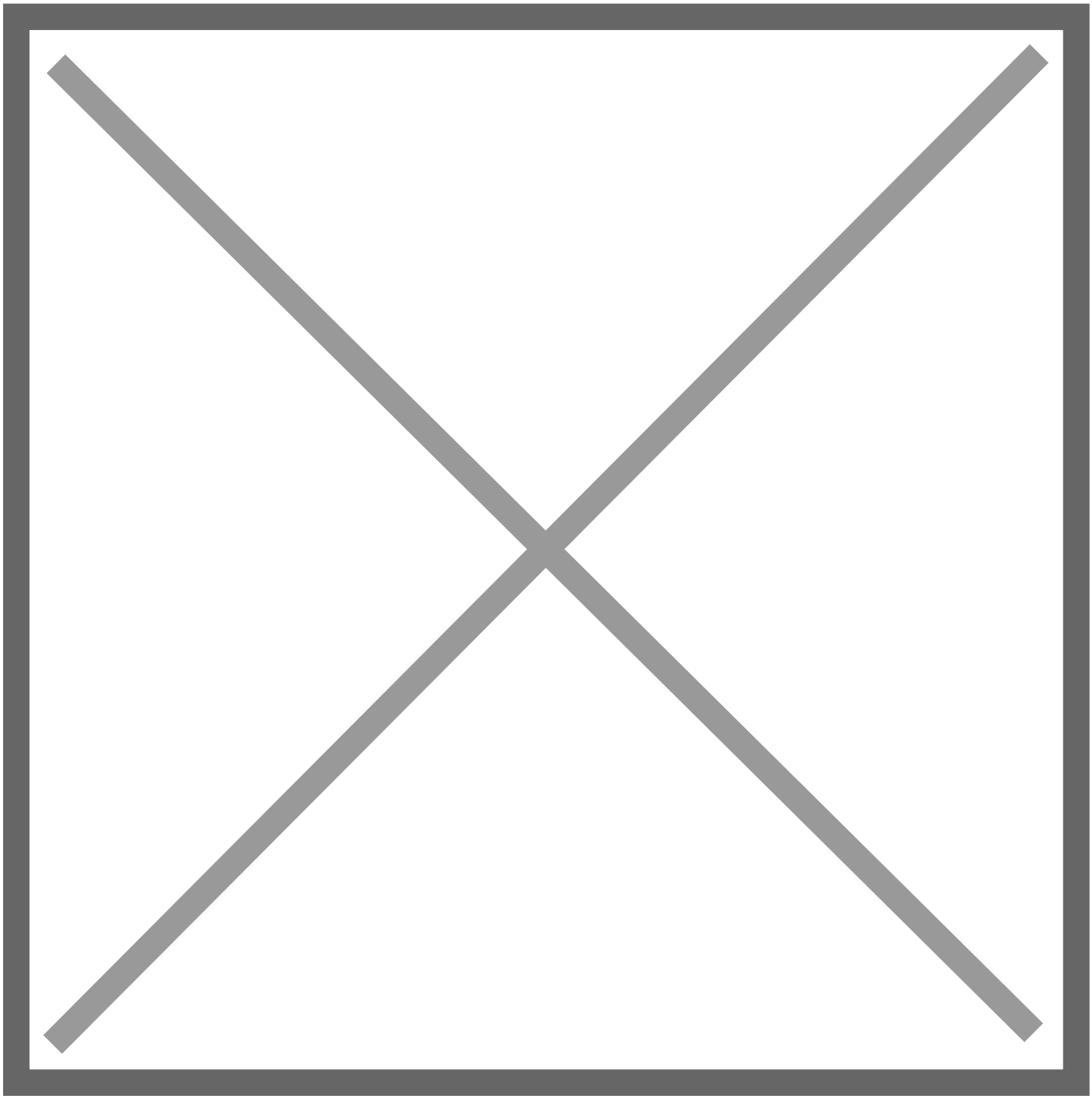
Survey type:	Measured
Sample size:	6933
Area covered:	National
References:	Peru Encuesta Demográfica y de Salud Familiar-ENDES 2023 Nacional y Departamental
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight estimates: National and Disaggregated, July 2025, New York. Weighted sample size. For more information, please consult https://data.unicef.org/resources/jme/.

Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD

Overweight/obesity by ethnicity

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Adults, 2025

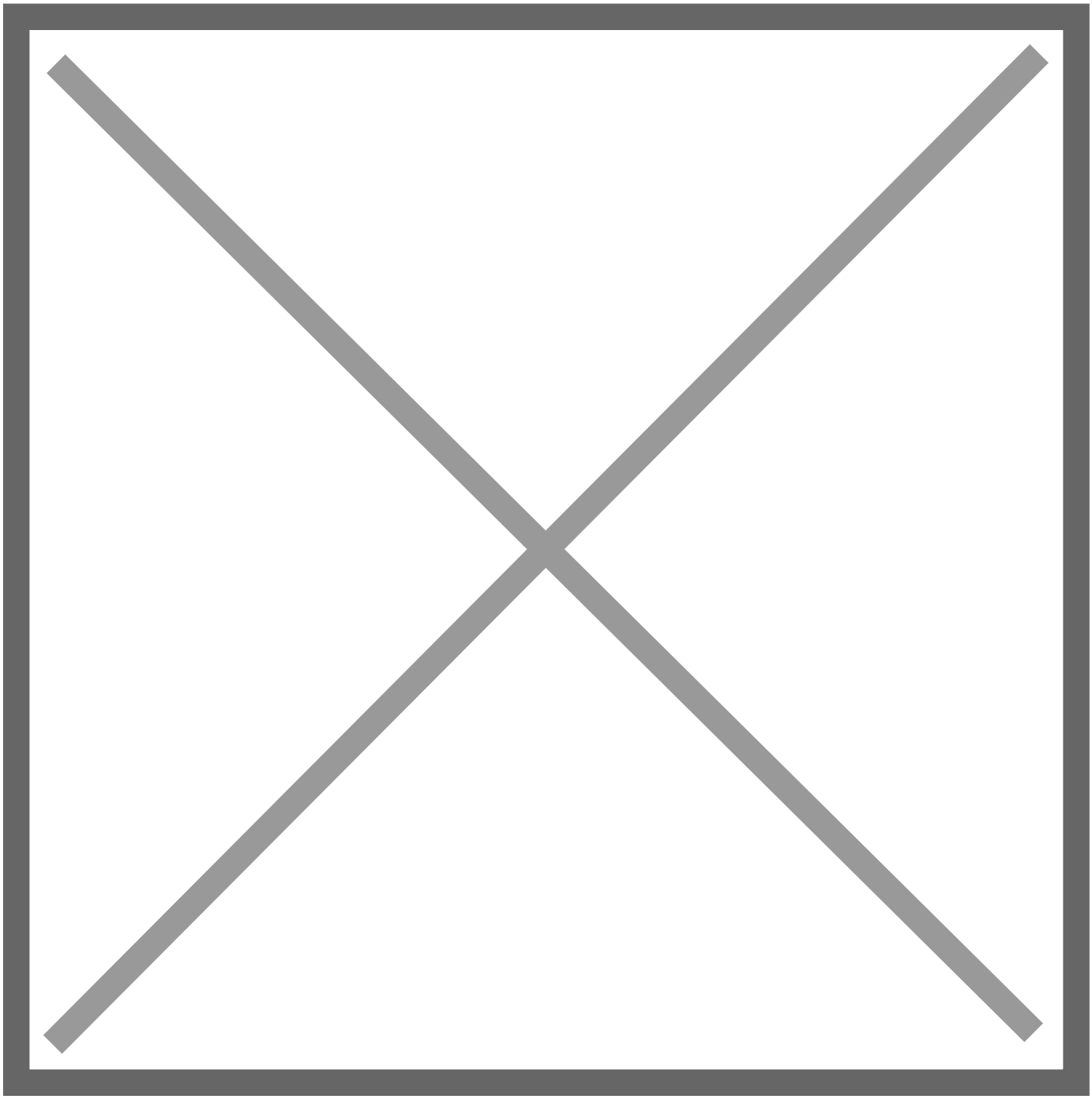


Survey type:	Measured
Age:	15+
Sample size:	29,477
Area covered:	National
References:	Instituto Nacional de Estadística e Informática. Perú: Enfermedades No Transmisibles y Transmisibles 2025. https://proyectos.inei.gob.pe/endes/2025/SALUD/ENFERMEDADES_ENDES_2025.pdf [Accessed 22.06.26]

Notes:	ENDES 2025. Standard overweight and obesity cutoffs used except in adolescents aged 15-17 where they are measured using WHO cutoffs, and for adults aged 60 and over, overweight refers to BMI between 28kg/m² and 31.9kg/m² and obesity refers to ≥32kg/m². Interpret with caution when comparing cross-nationally.
Definitions:	Ethnic self-identification. Native origin: Quechua, Aymara, native of the Amazon, belonging to or part of another indigenous or native people. Negro, moreno, zambo also includes Afro-Peruvian and Afro-descendant. Other includes those who did not know.
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Double burden of underweight & obesity

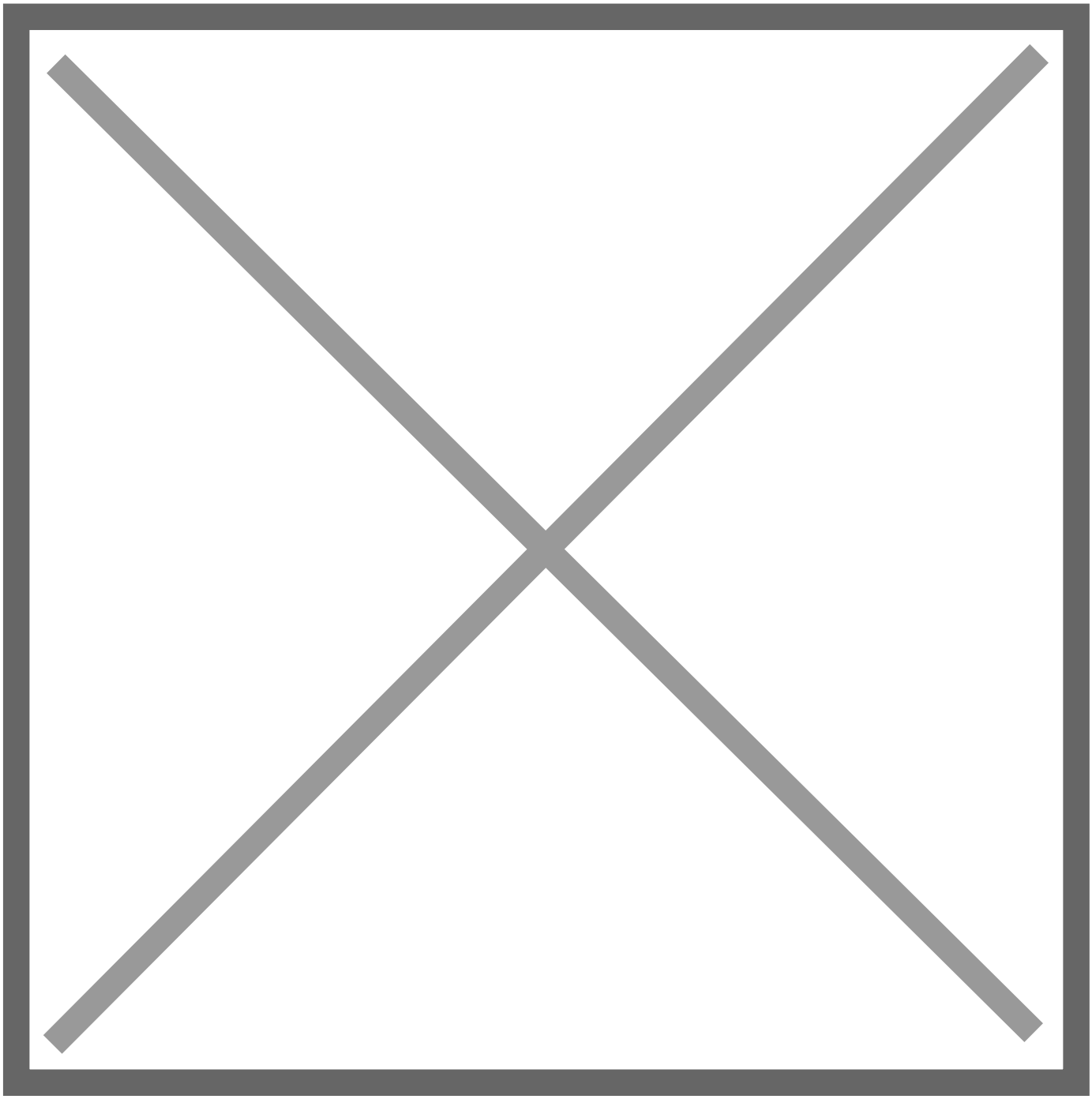
Adults, 2022



Survey type:	Measured
Age:	20+
References:	NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2.
Notes:	Age Standardised estimates

Definitions:	Combined prevalence of BMI<18.5 kg/m² and BMI>=30 kg/m² (double burden of underweight and obesity)

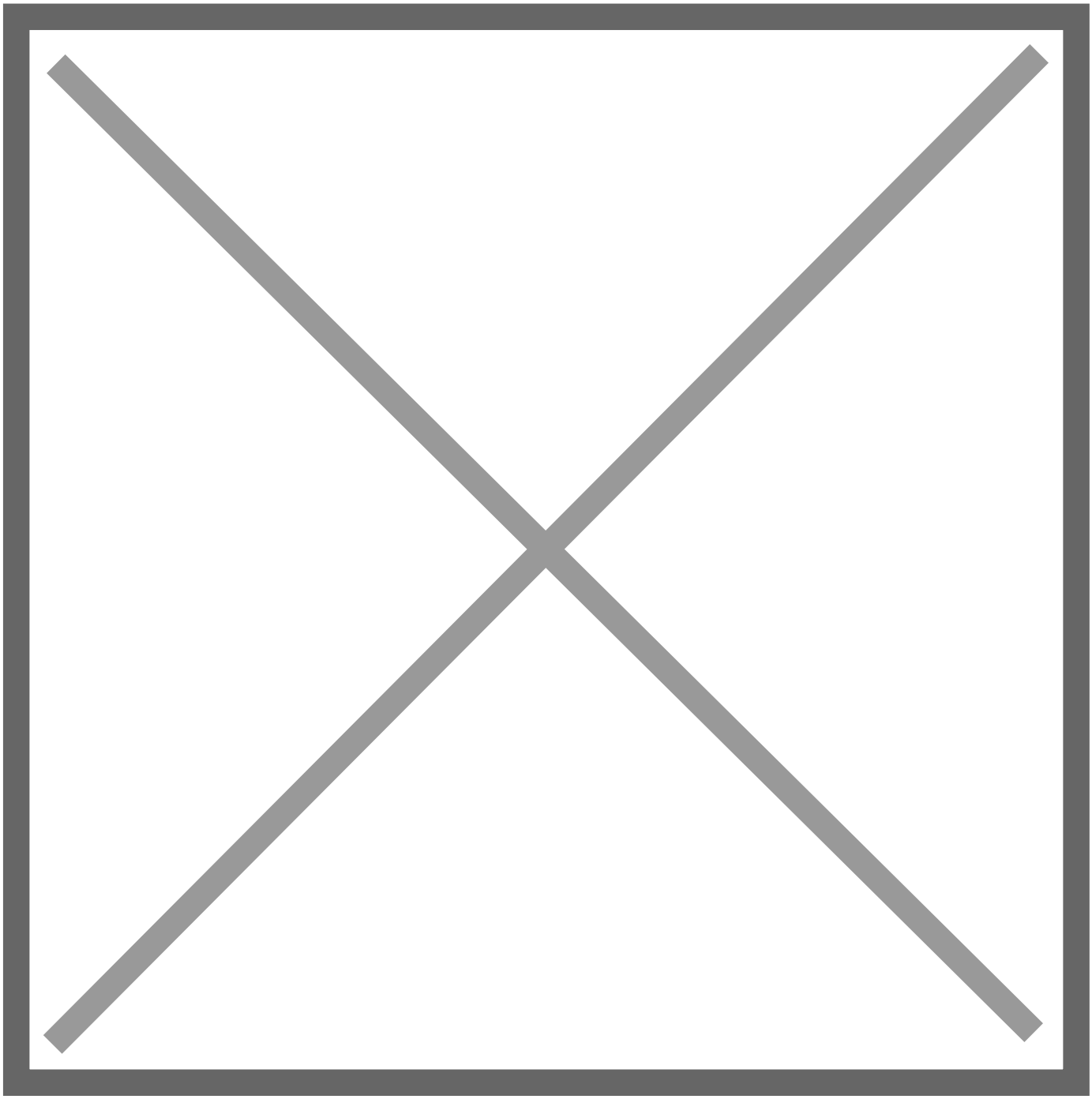
Children, 2022



Survey type:	Measured
Age:	5-19
References:	NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2.
Notes:	Age standardised estimates

Definitions:	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

0-5 years, 2023

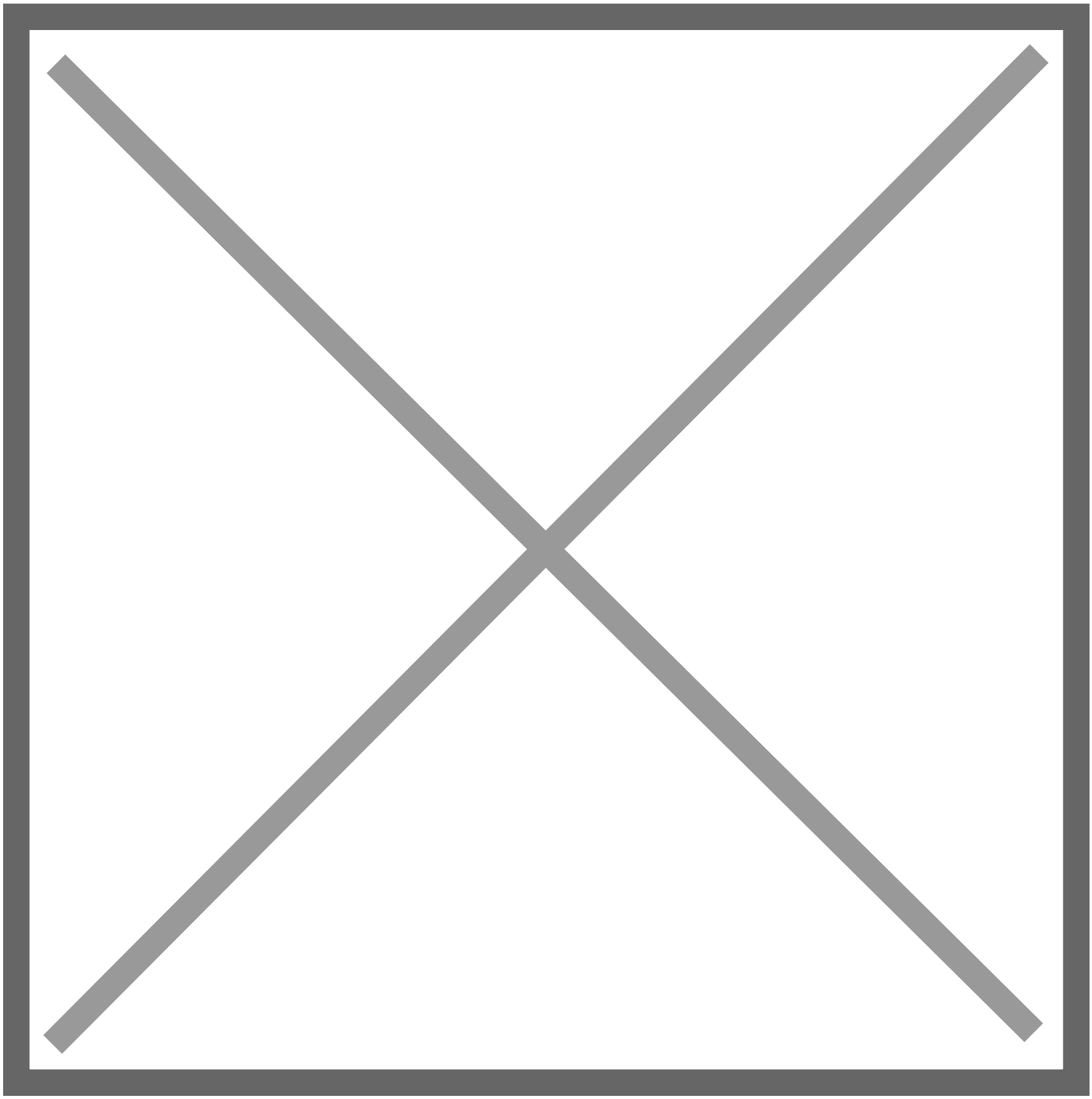


Survey type:	Measured
Age:	0-5
References:	United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: https://data.unicef.org/topic/nutrition/malnutrition/ [Accessed 06.08.25]
Notes:	Peru Encuesta Demográfica y de Salud Familiar-ENDES 2023 Nacional y Departamental

Definitions:	Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)
Cutoffs:	WHZ <-2, HAZ <-2 and WHZ >+2

Insufficient physical activity

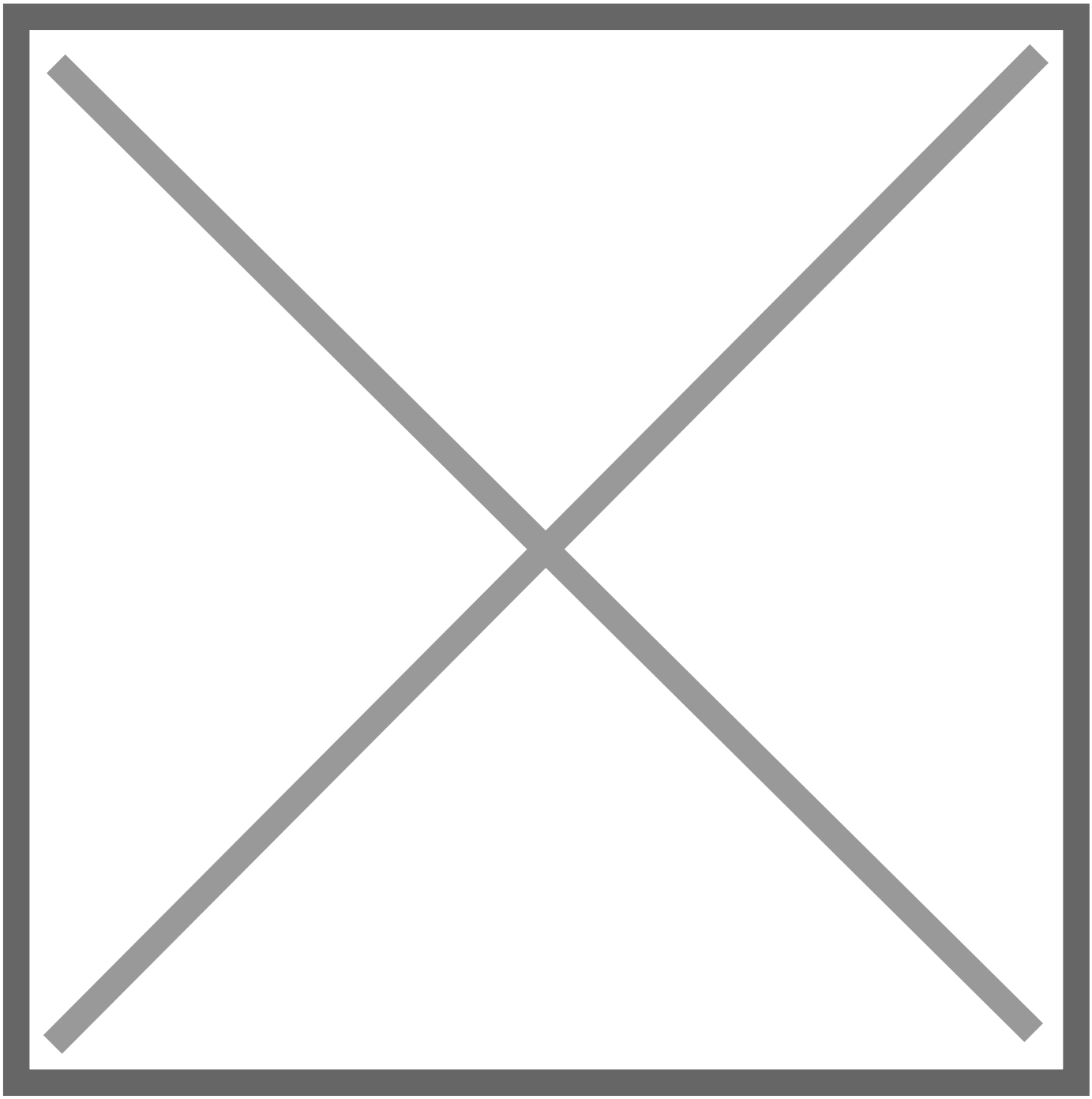
Adults, 2022



Survey type:	Self-reported
Age:	18+
Area covered:	National
References:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)

Definitions:	Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

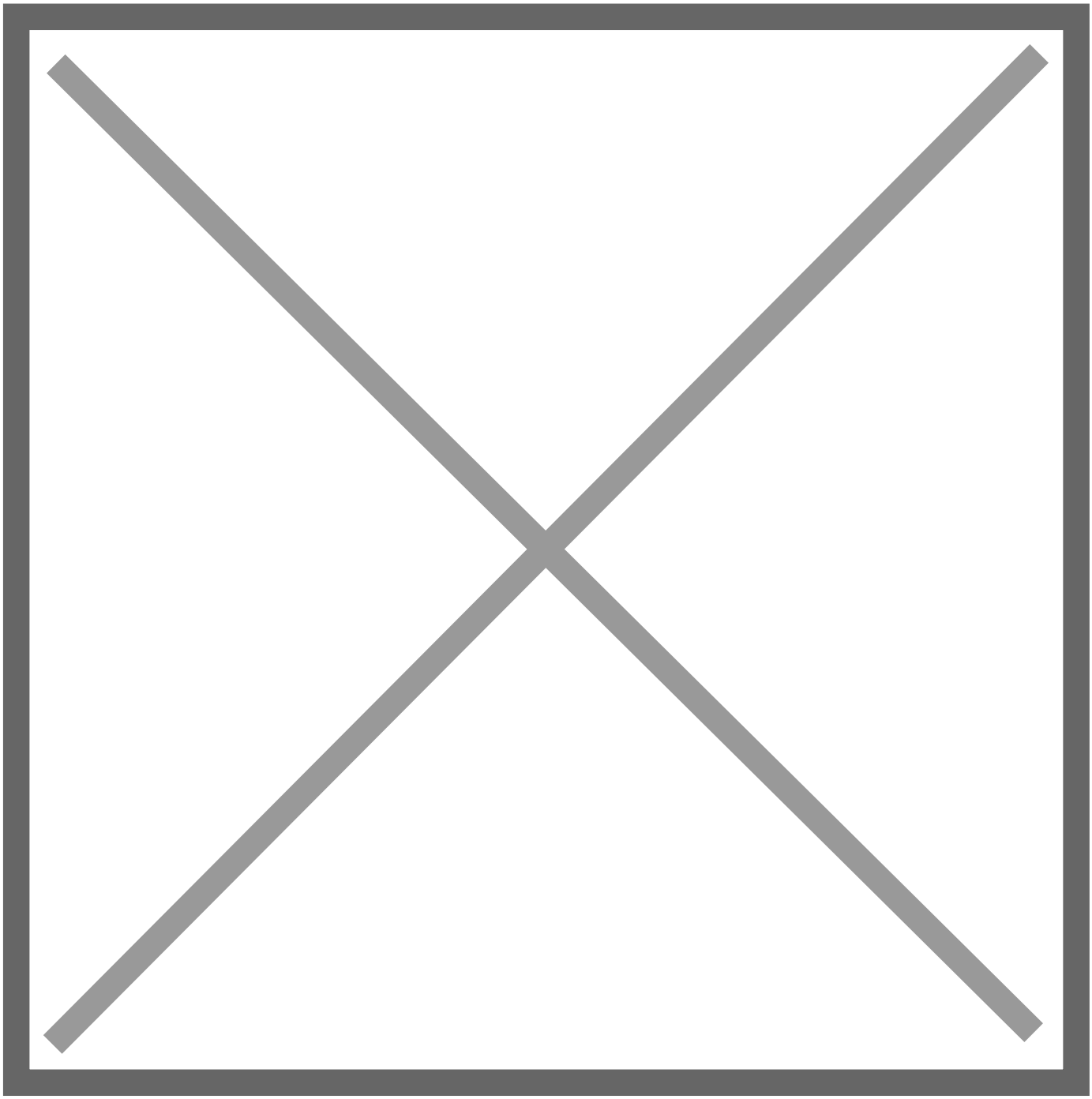
Men, 2022



Survey type:	Self-reported
Age:	18+
Area covered:	National
References:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)

Definitions:	Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

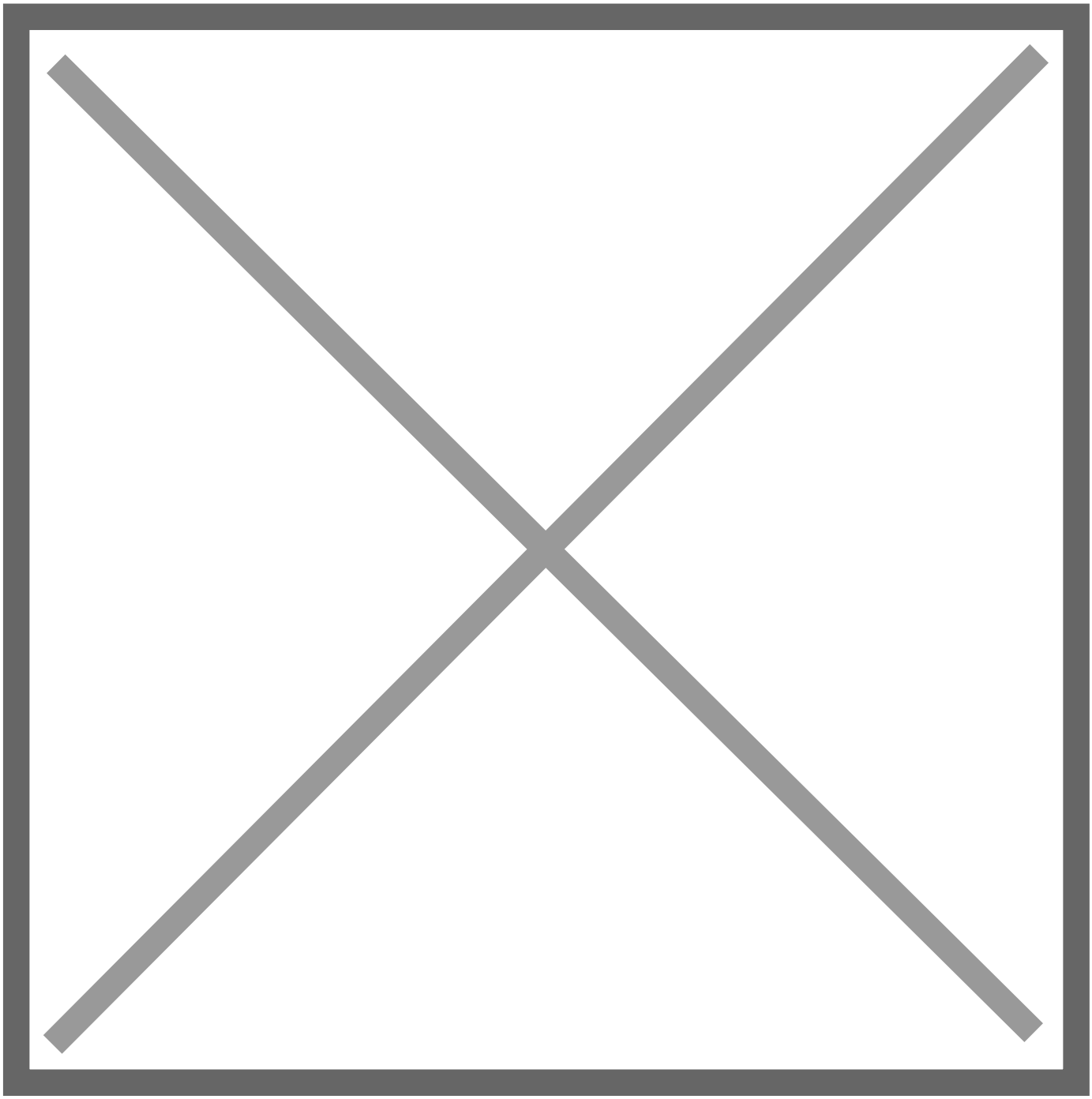
Women, 2022



Survey type:	Self-reported
Age:	18+
Area covered:	National
References:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)

Definitions:	Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

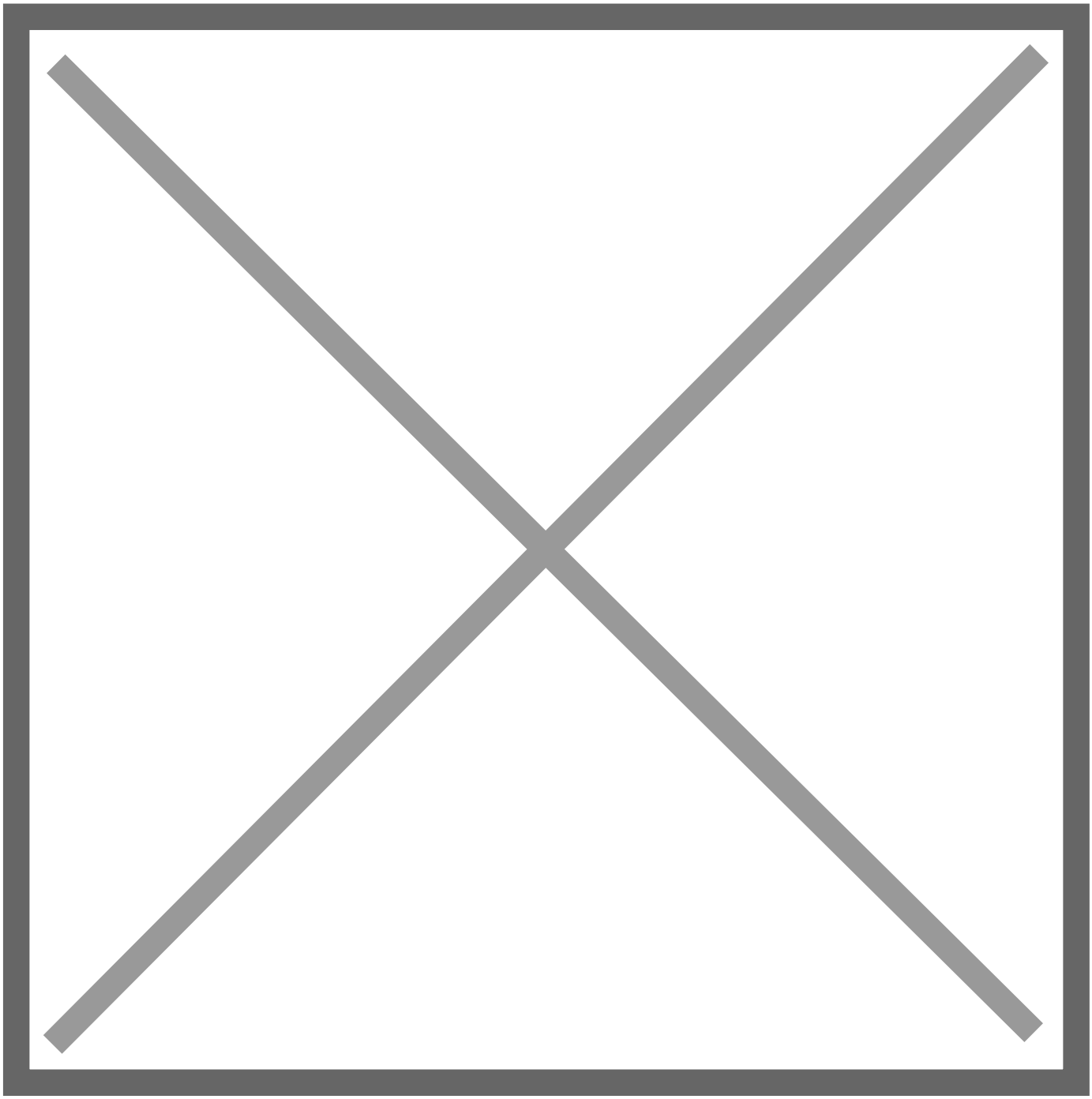
Children, 2025



Survey type:	Self-reported
Age:	11-17
Area covered:	National
References:	World Health Organization. (2026). Physical activity among adolescents, no active days in the past week, prevalence (%). Global Health Observatory. Available at: https://www.who.int/data/gho/data/indicators/indicator-details/GHO/gho-physical-activity-among-adolescents-no-active-days-in-the-past-week-prevalence [Accessed 06.11.26]

Notes:	An active day is a day on which an adolescent reports at least 60 minutes of moderate-to-vigorous physical activity (MVPA).
Definitions:	Percentage of adolescents aged 11–17 years who reported no active day in the past 7 days (0 active days per week).

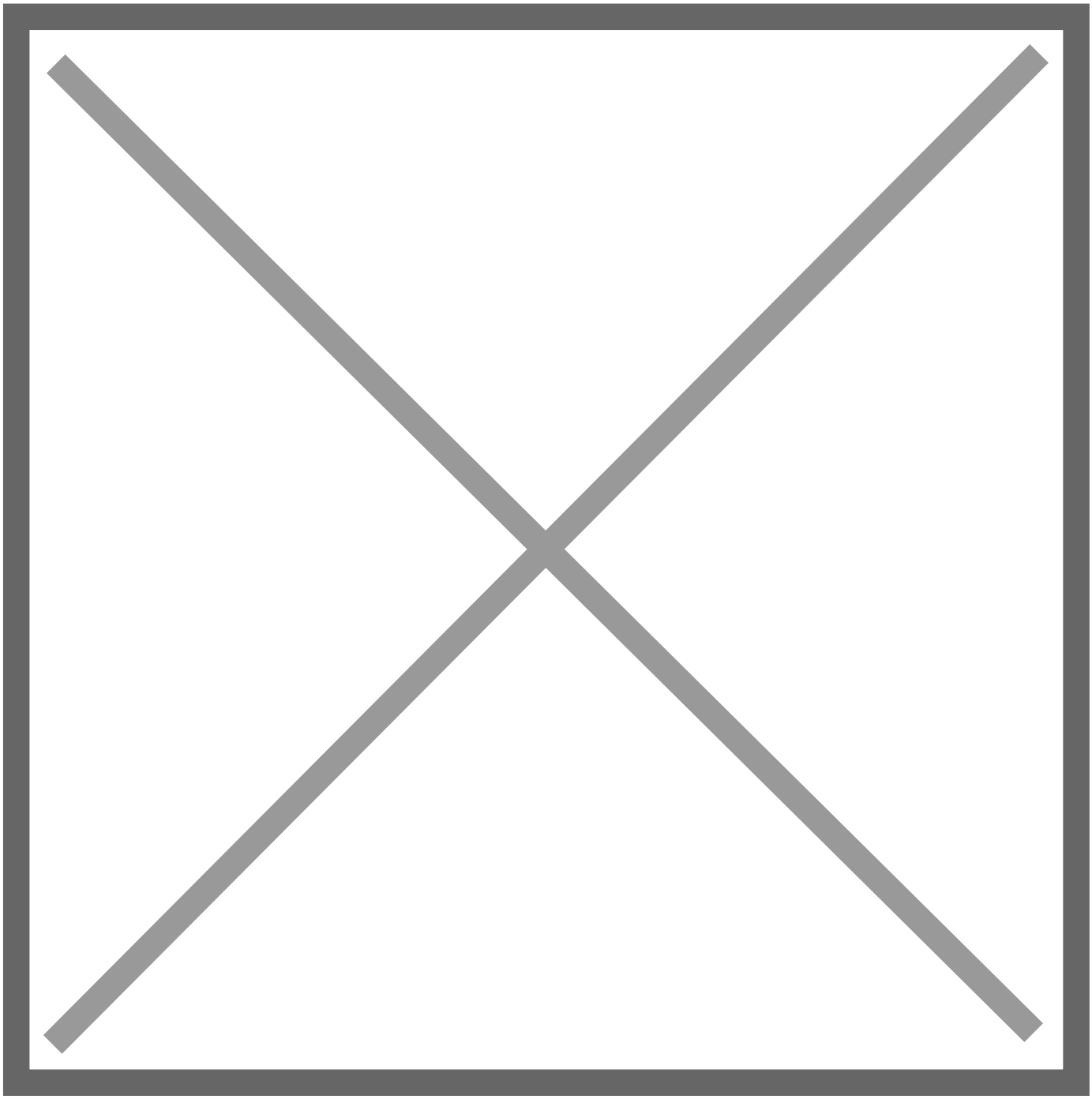
Boys, 2025



Survey type:	Self-reported
Age:	11-17
Area covered:	National
References:	World Health Organization. (2026). Physical activity among adolescents, no active days in the past week, prevalence (%). Global Health Observatory. Available at: https://www.who.int/data/gho/data/indicators/indicator-details/GHO/gho-physical-activity-among-adolescents-no-active-days-in-the-past-week-prevalence [Accessed 06.11.26]

Notes:	An active day is a day on which an adolescent reports at least 60 minutes of moderate-to-vigorous physical activity (MVPA).
Definitions:	Percentage of adolescents aged 11–17 years who reported no active day in the past 7 days (0 active days per week).

Girls, 2025

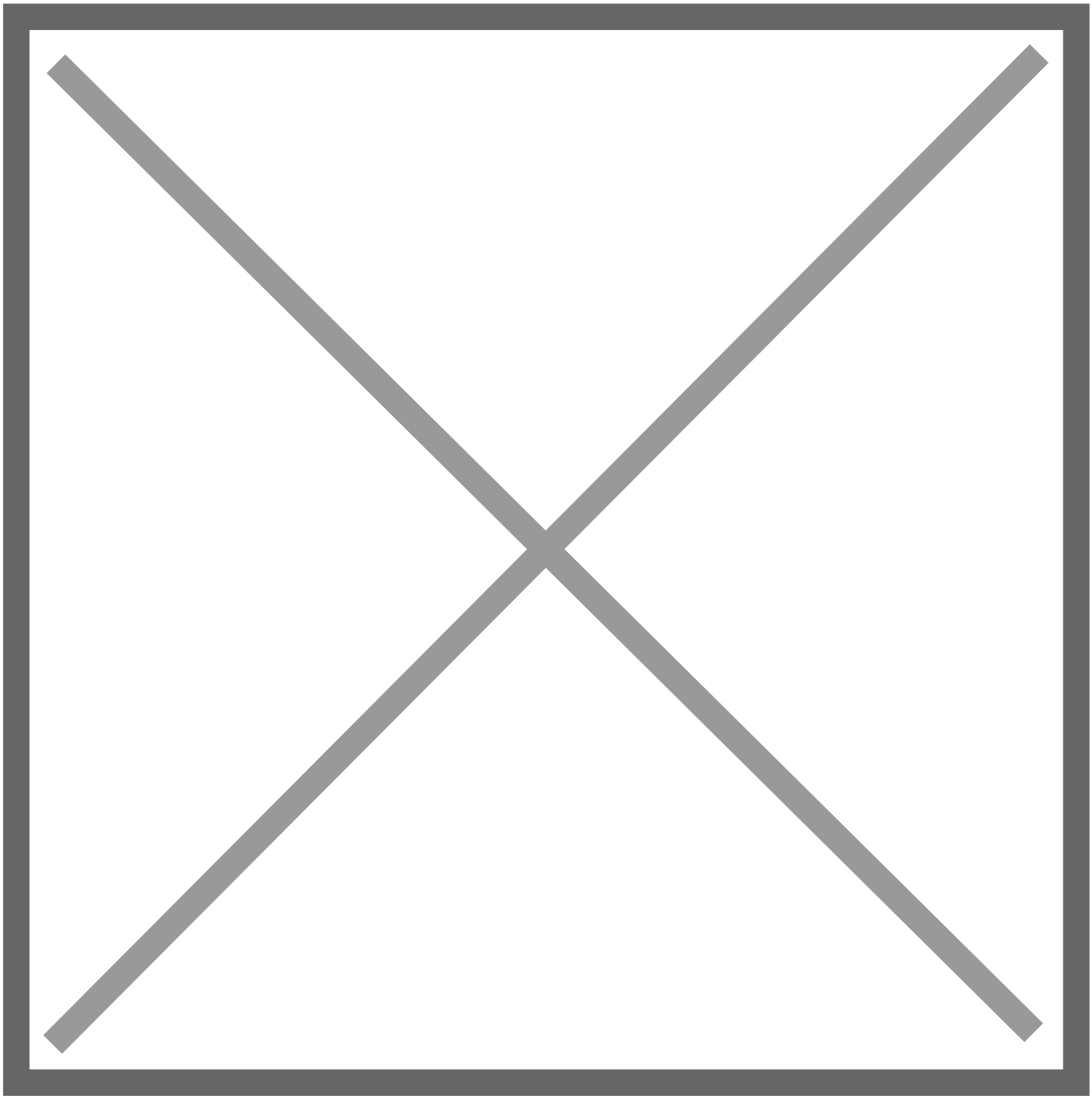


Survey type:	Self-reported
Age:	11-17
Area covered:	National
References:	World Health Organization. (2026). Physical activity among adolescents, no active days in the past week, prevalence (%). Global Health Observatory. Available at: https://www.who.int/data/gho/data/indicators/indicator-details/GHO/gho-physical-activity-among-adolescents-no-active-days-in-the-past-week-prevalence [Accessed 06.11.26]

Notes:	An active day is a day on which an adolescent reports at least 60 minutes of moderate-to-vigorous physical activity (MVPA).
Definitions:	Percentage of adolescents aged 11–17 years who reported no active day in the past 7 days (0 active days per week).

Average daily frequency of carbonated soft drink consumption

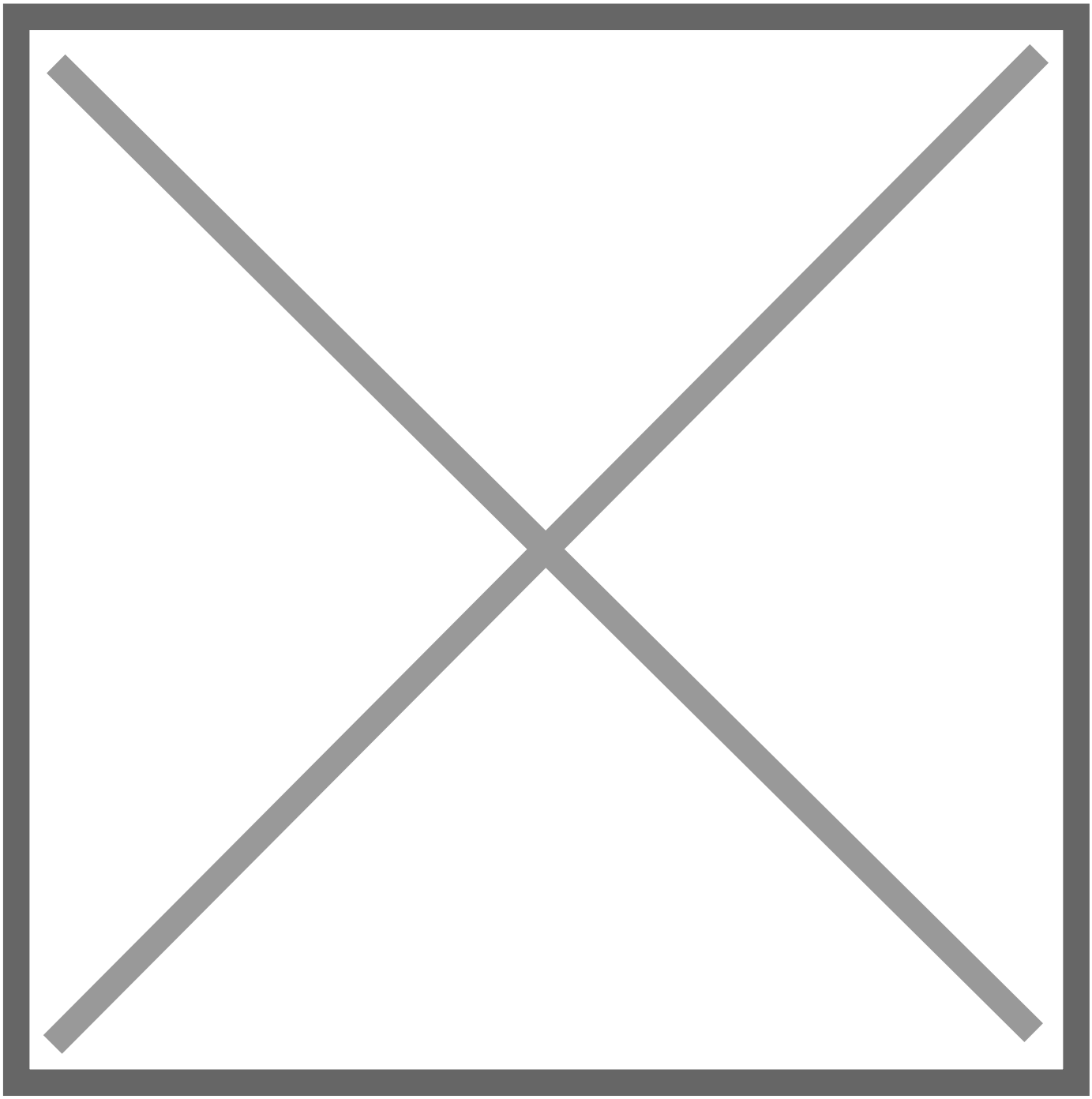
Children, 2009-2015



Survey type:	Measured
Age:	12-17
References:	Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system

Prevalence of less than daily fruit consumption

Children, 2010

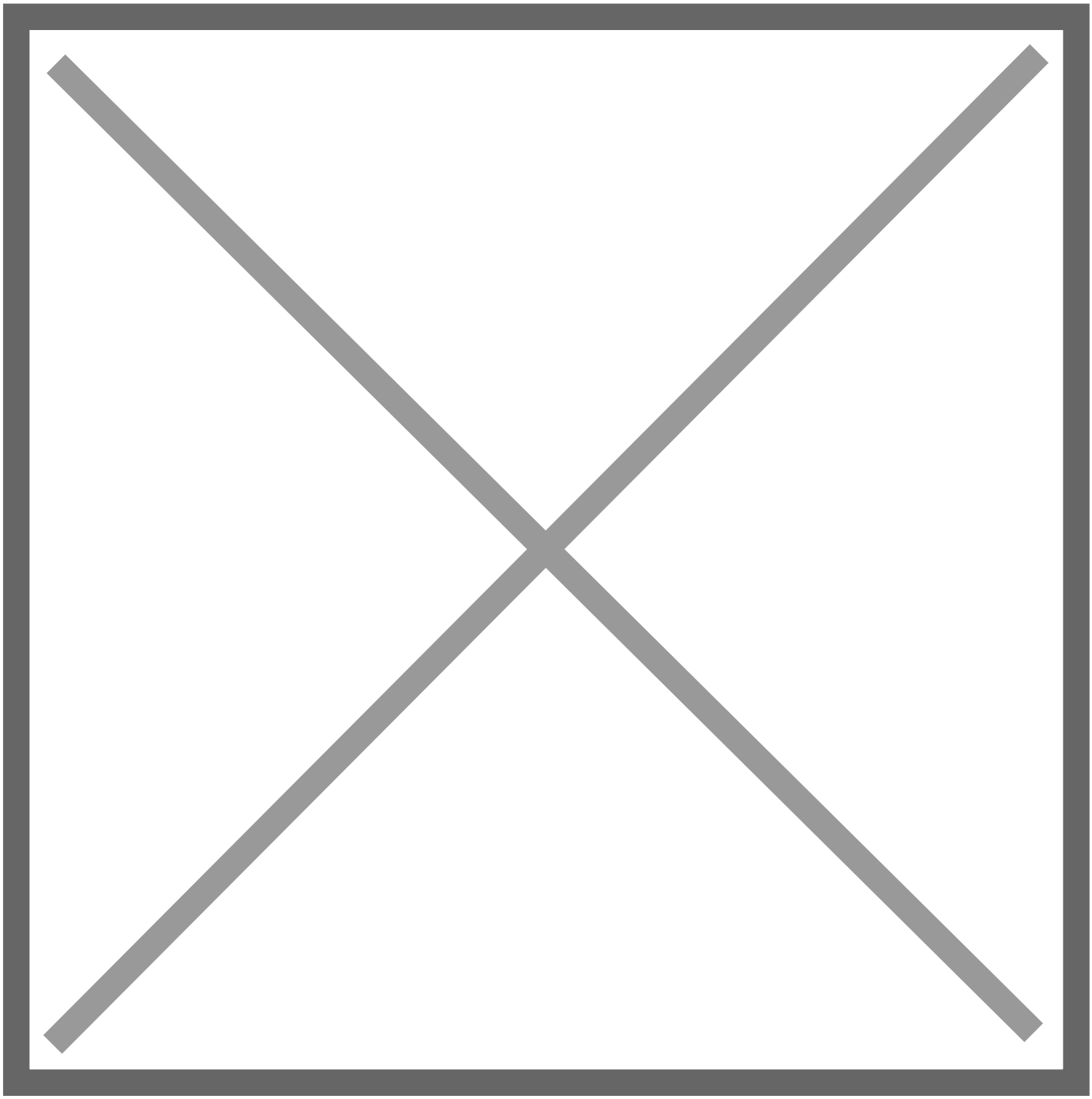


Survey type:	Self-reported
Age:	12-17
Area covered:	National
References:	Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287. Sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system

Definitions:	Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalence of less than daily vegetable consumption

Children, 2010

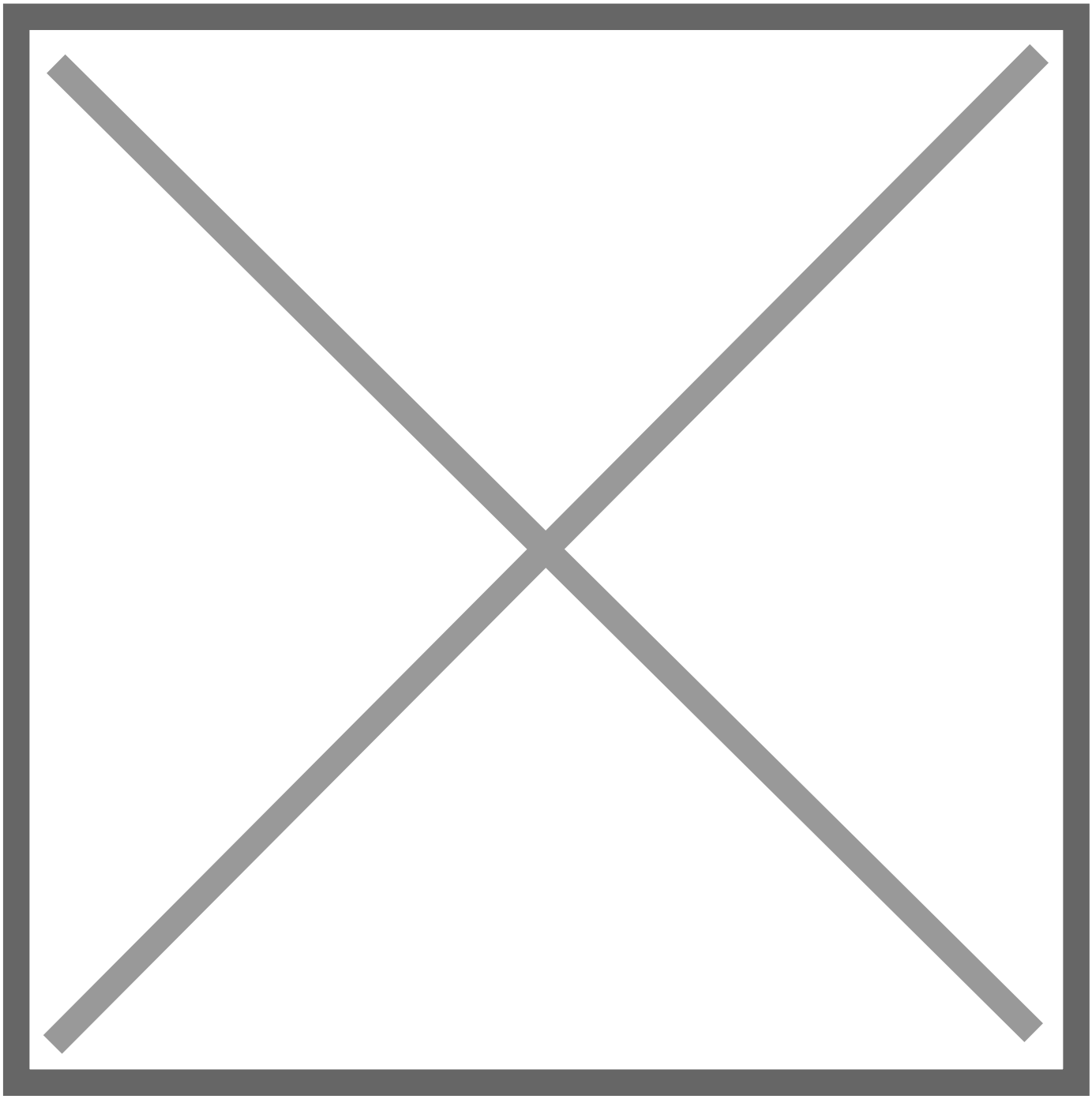


Survey type:	Self-reported
Age:	12-17
Area covered:	National
References:	Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system

Definitions:	Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Average weekly frequency of fast food consumption

Adults, 2021-2024

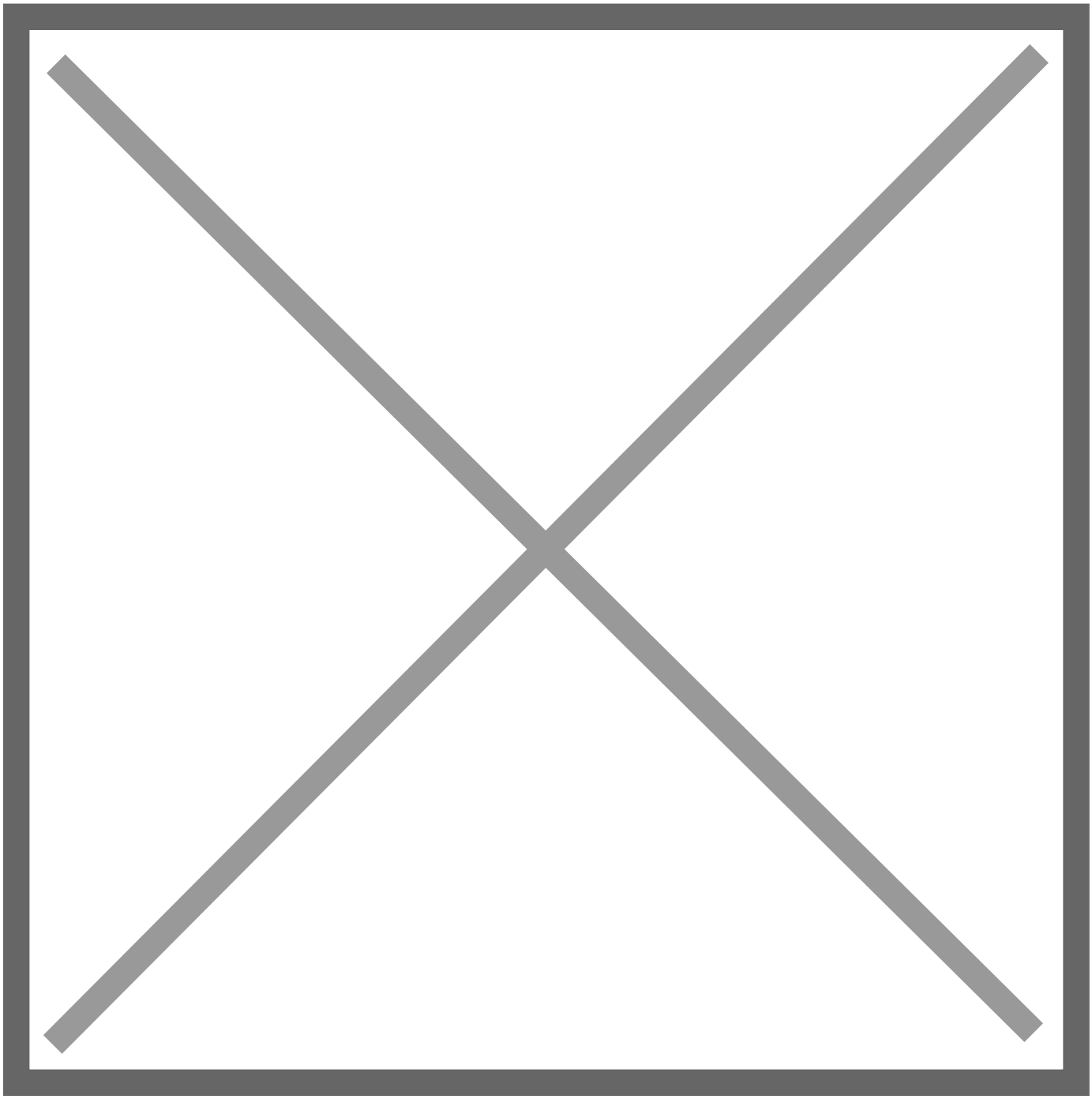


Survey type:	Self-reported
Age:	15+
Sample size:	999
Area covered:	National
References:	Global Diet Quality Project. 2024. "DQQ Results Dataset 2021-2024." Harvard Dataverse. https://doi.org/doi:10.7910/DVN/KY3W8A

Licence: CC BY-NC-SA 4.0. Accessed at dietquality.org on October 15, 2025.

Notes:	For more global dietary survey data, visit the Global Diet Quality Project website at https://www.dietquality.org/
Definitions:	Proportion of the population who consumed fast food during the previous day or night (self-reported)

Men, 2021-2024

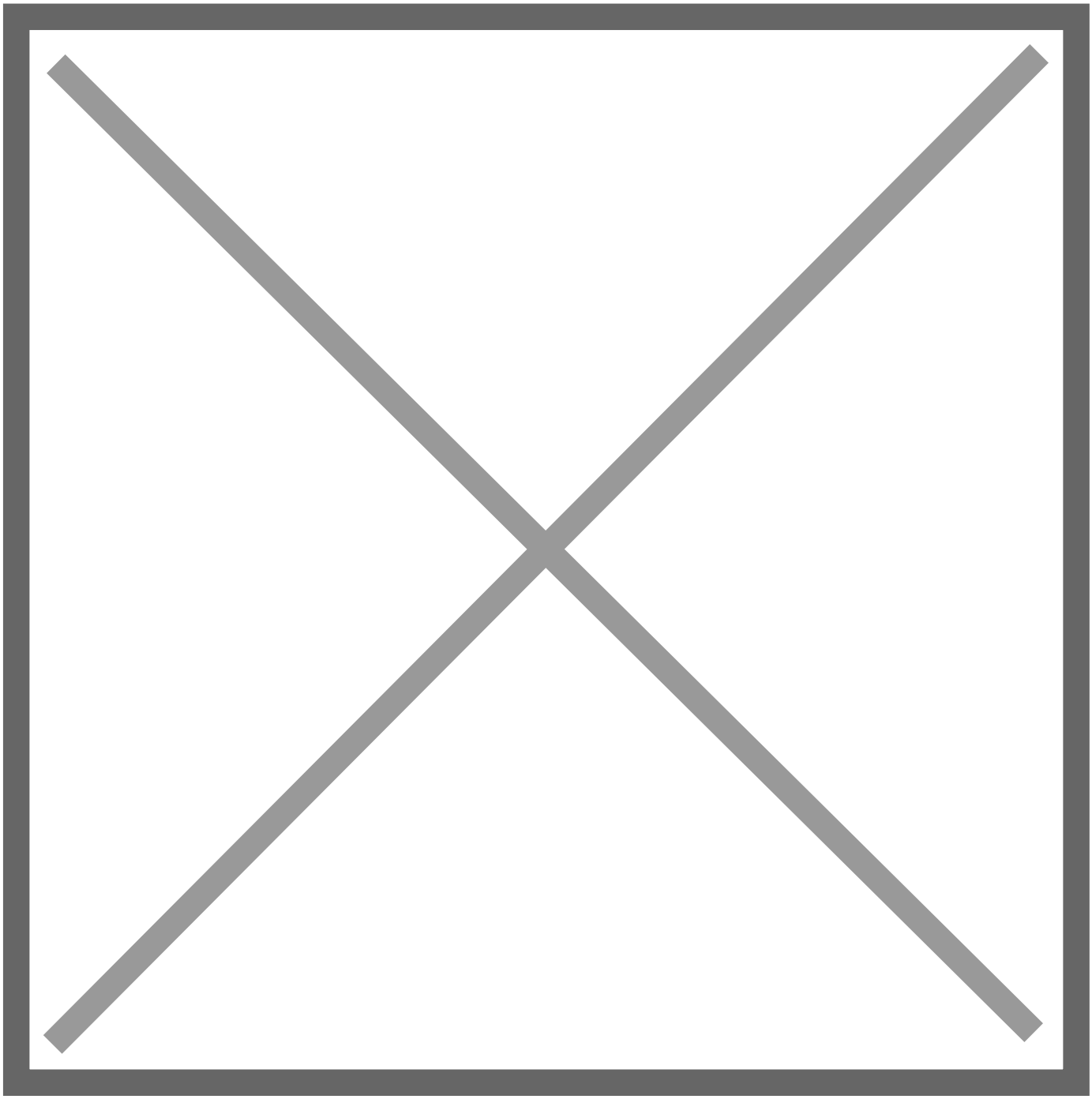


Survey type:	Self-reported
Age:	15+
Sample size:	999
Area covered:	National
References:	Global Diet Quality Project. 2024. "DQQ Results Dataset 2021-2024." Harvard Dataverse. https://doi.org/doi:10.7910/DVN/KY3W8A

Licence: CC BY-NC-SA 4.0. Accessed at dietquality.org on October 15, 2025.

Notes:	For more global dietary survey data, visit the Global Diet Quality Project website at https://www.dietquality.org/
Definitions:	Proportion of the population who consumed fast food during the previous day or night (self-reported)

Women, 2021-2024



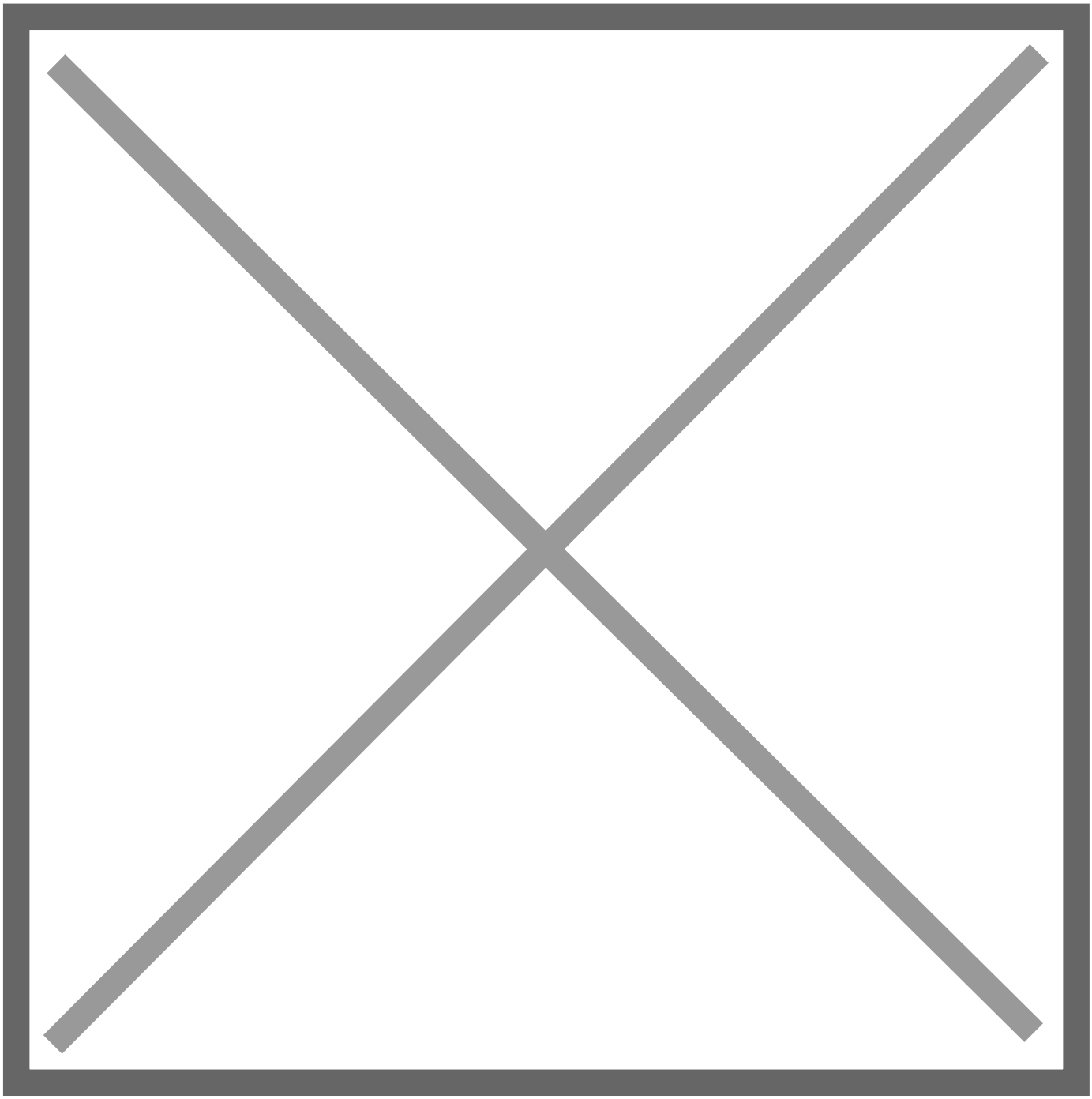
Survey type:	Self-reported
Age:	15+
Sample size:	999
Area covered:	National
References:	Global Diet Quality Project. 2024. "DQQ Results Dataset 2021-2024." Harvard Dataverse. https://doi.org/doi:10.7910/DVN/KY3W8A

Licence: CC BY-NC-SA 4.0. Accessed at dietquality.org on October 15, 2025.

Notes:	For more global dietary survey data, visit the Global Diet Quality Project website at https://www.dietquality.org/
Definitions:	Proportion of the population who consumed fast food during the previous day or night (self-reported)

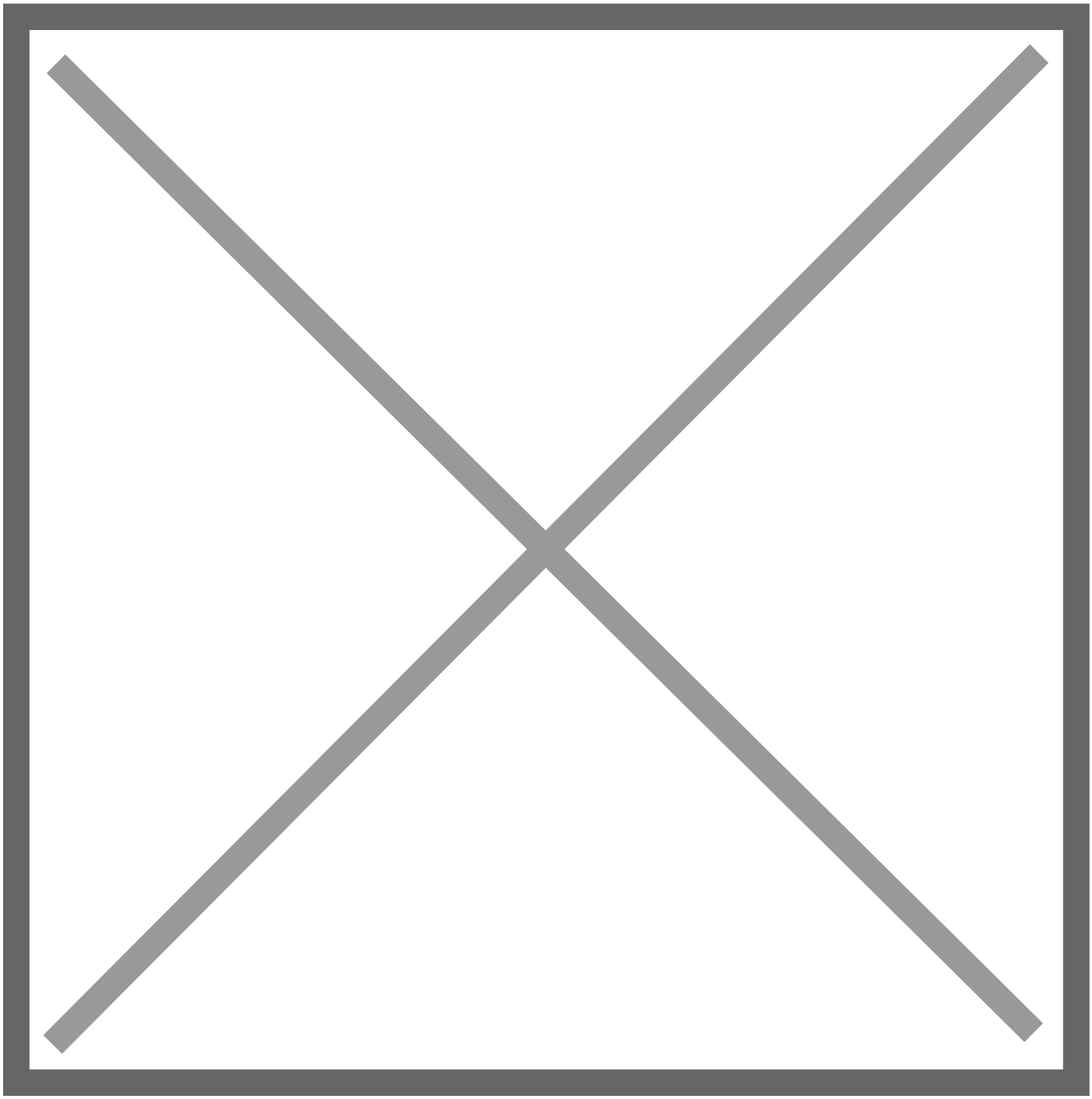
Mental health - depression disorders

Adults, 2023



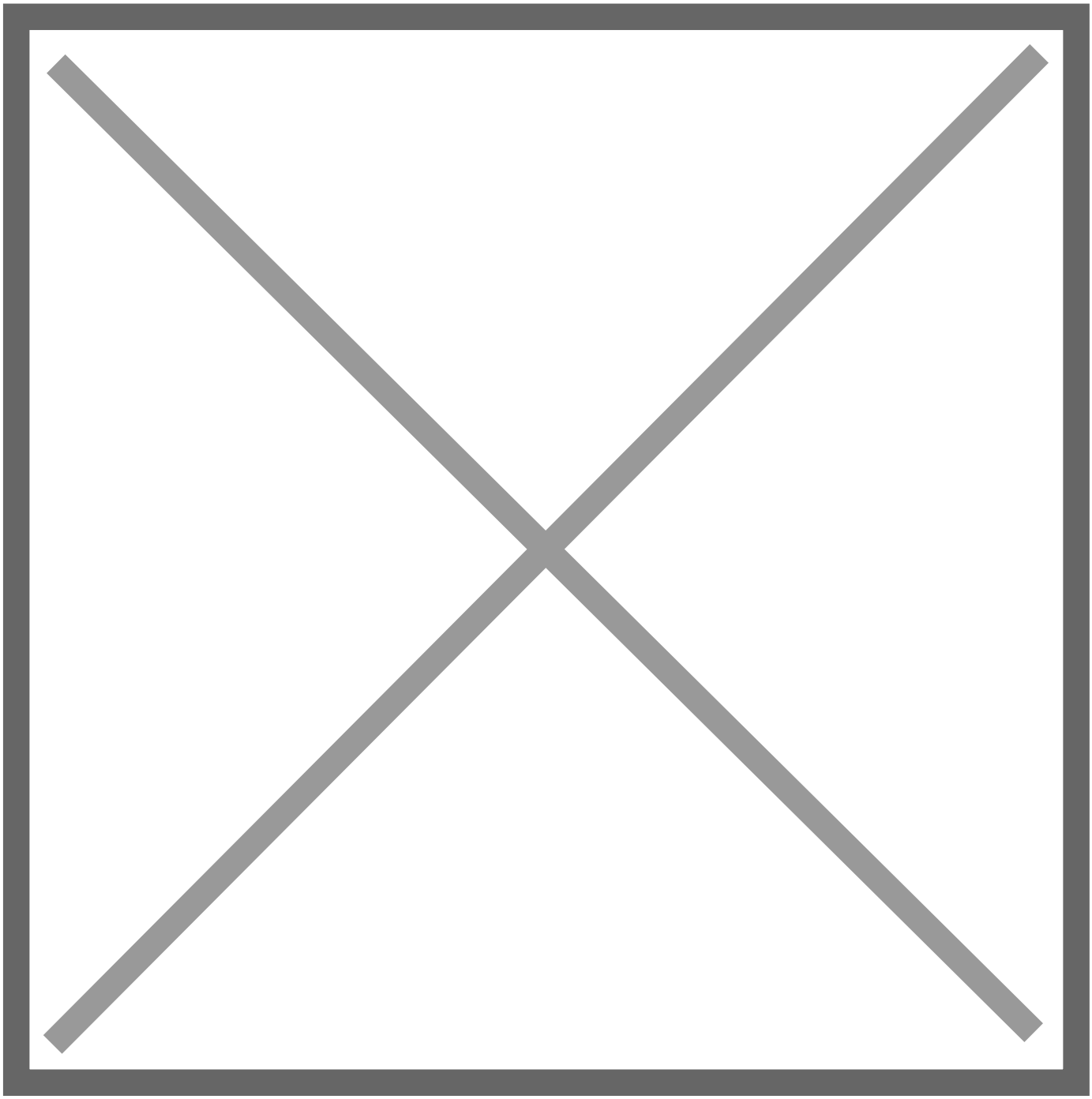
Age:	20+
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (20+ years of age)

Men, 2023



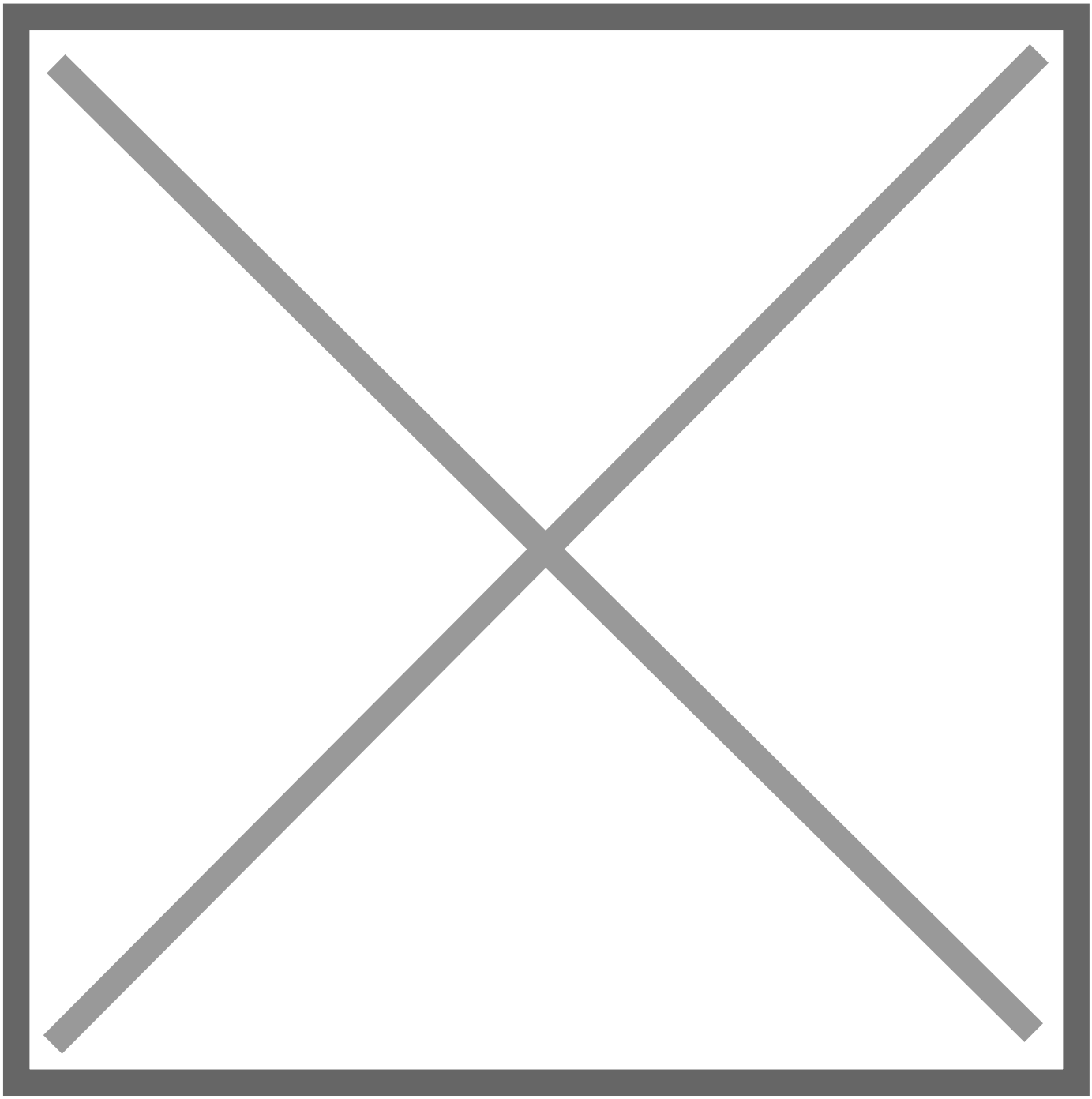
Age:	20+
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (20+ years of age)

Women, 2023



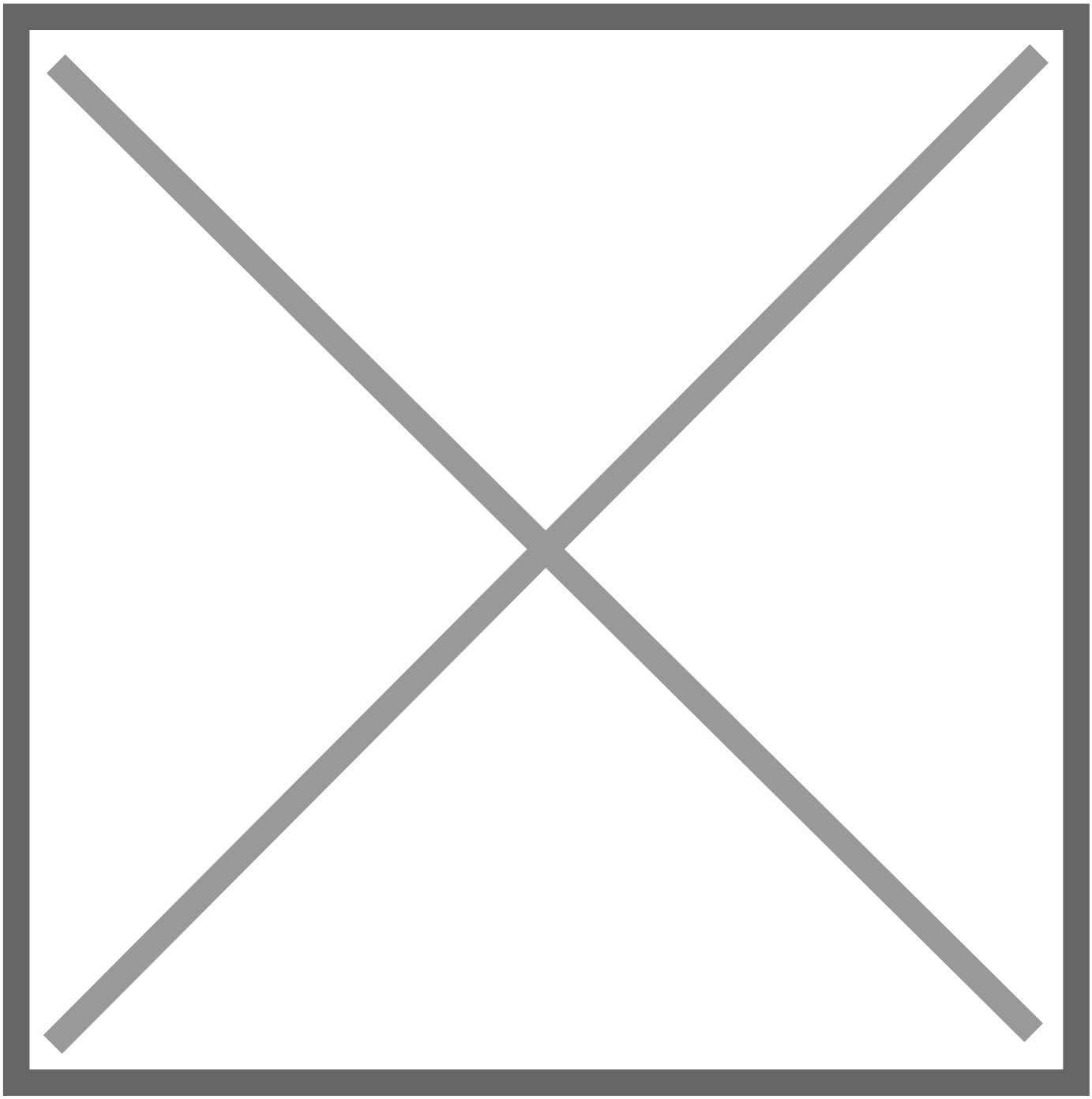
Age:	20+
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (20+ years of age)

Children, 2023



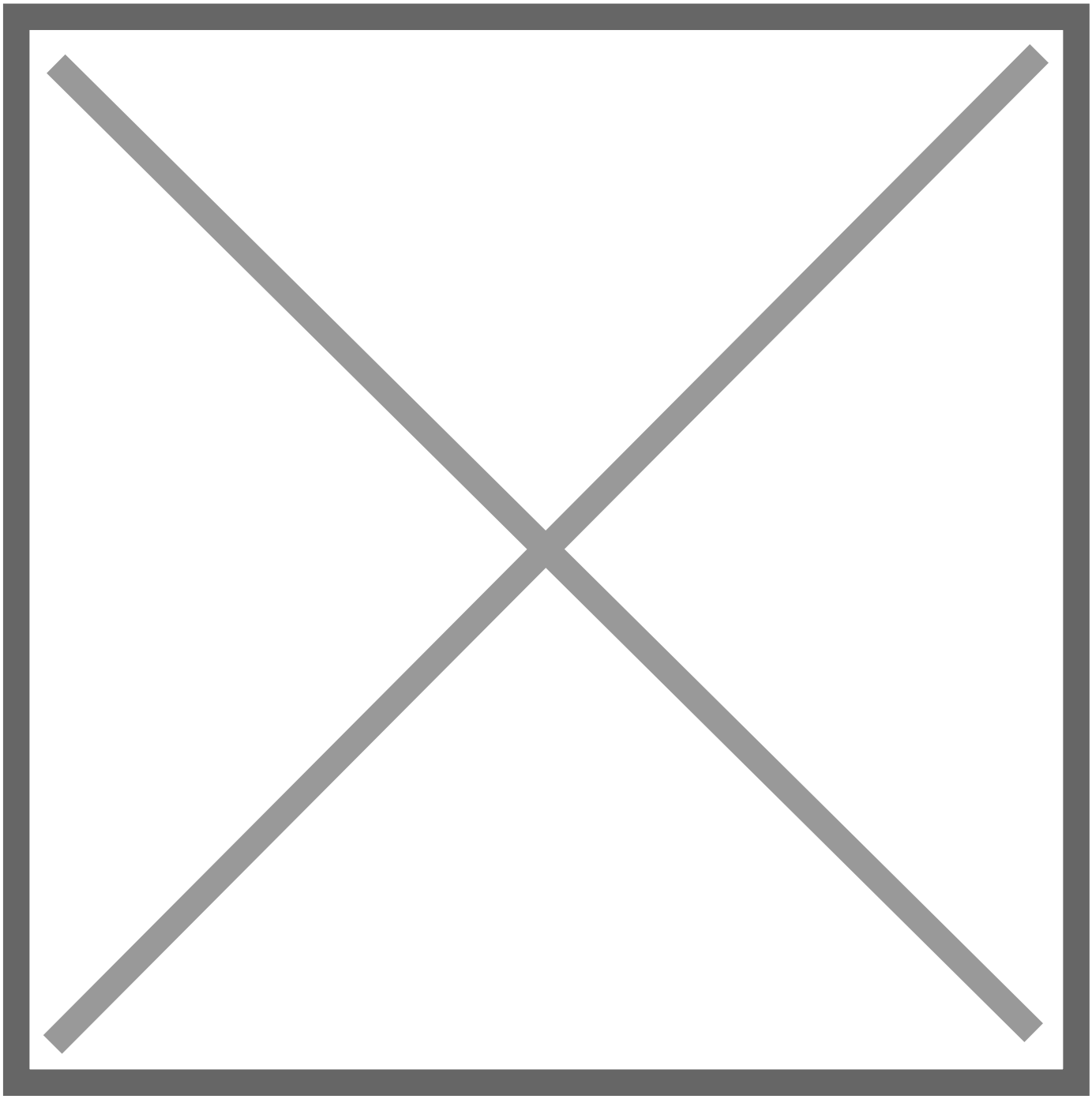
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

Boys, 2023



Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

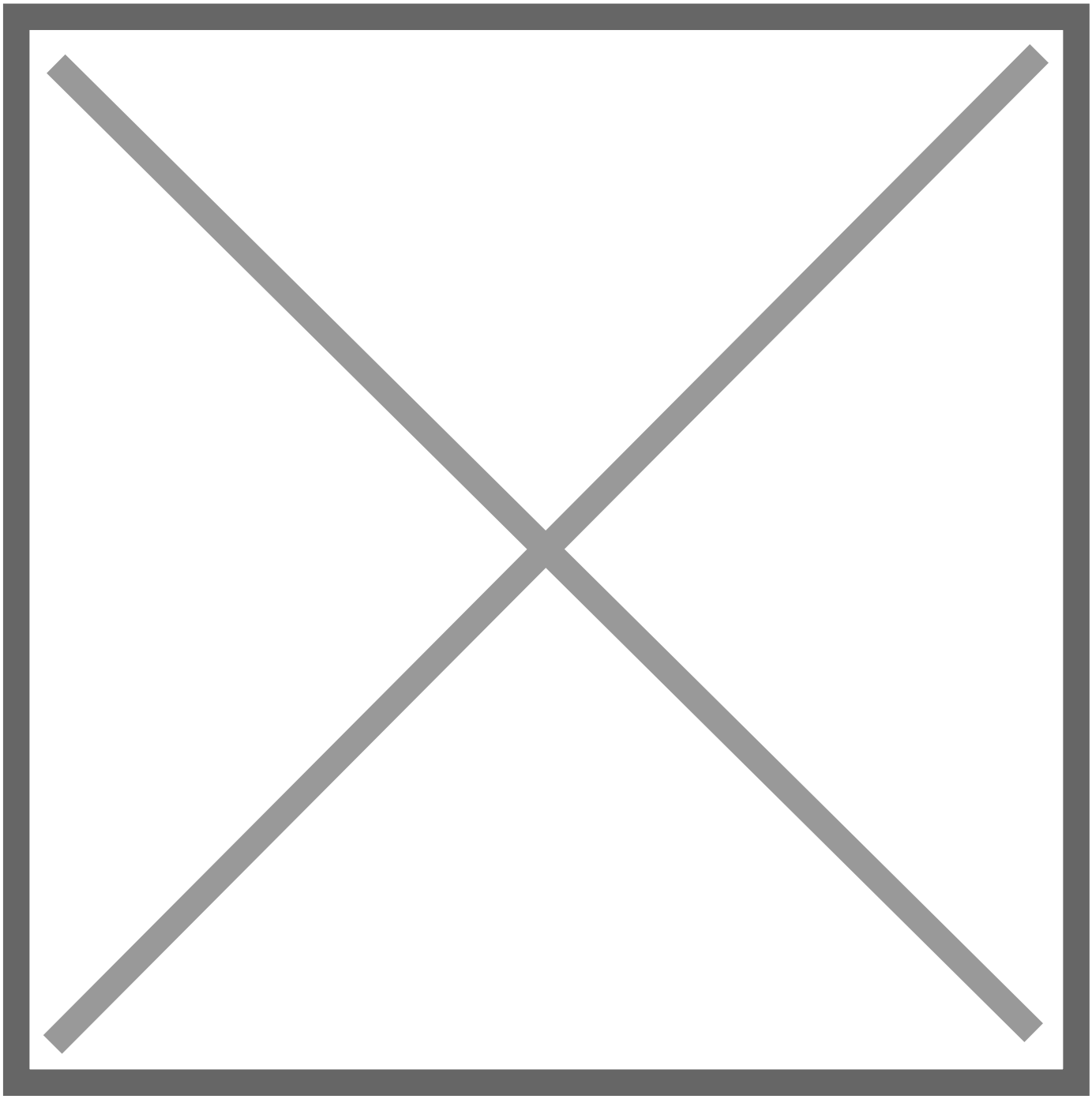
Girls, 2023



Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

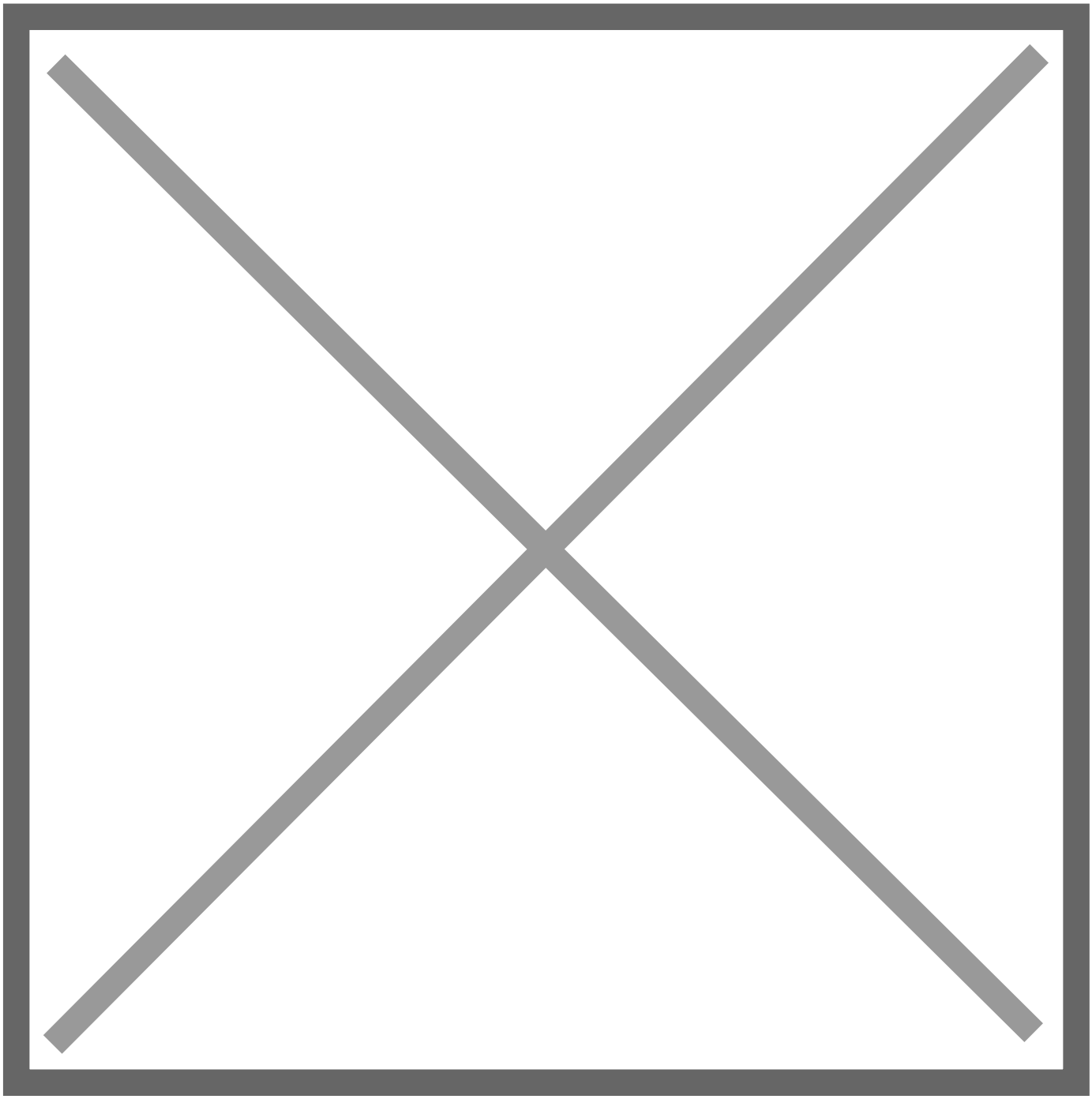
Mental health - anxiety disorders

Adults, 2023



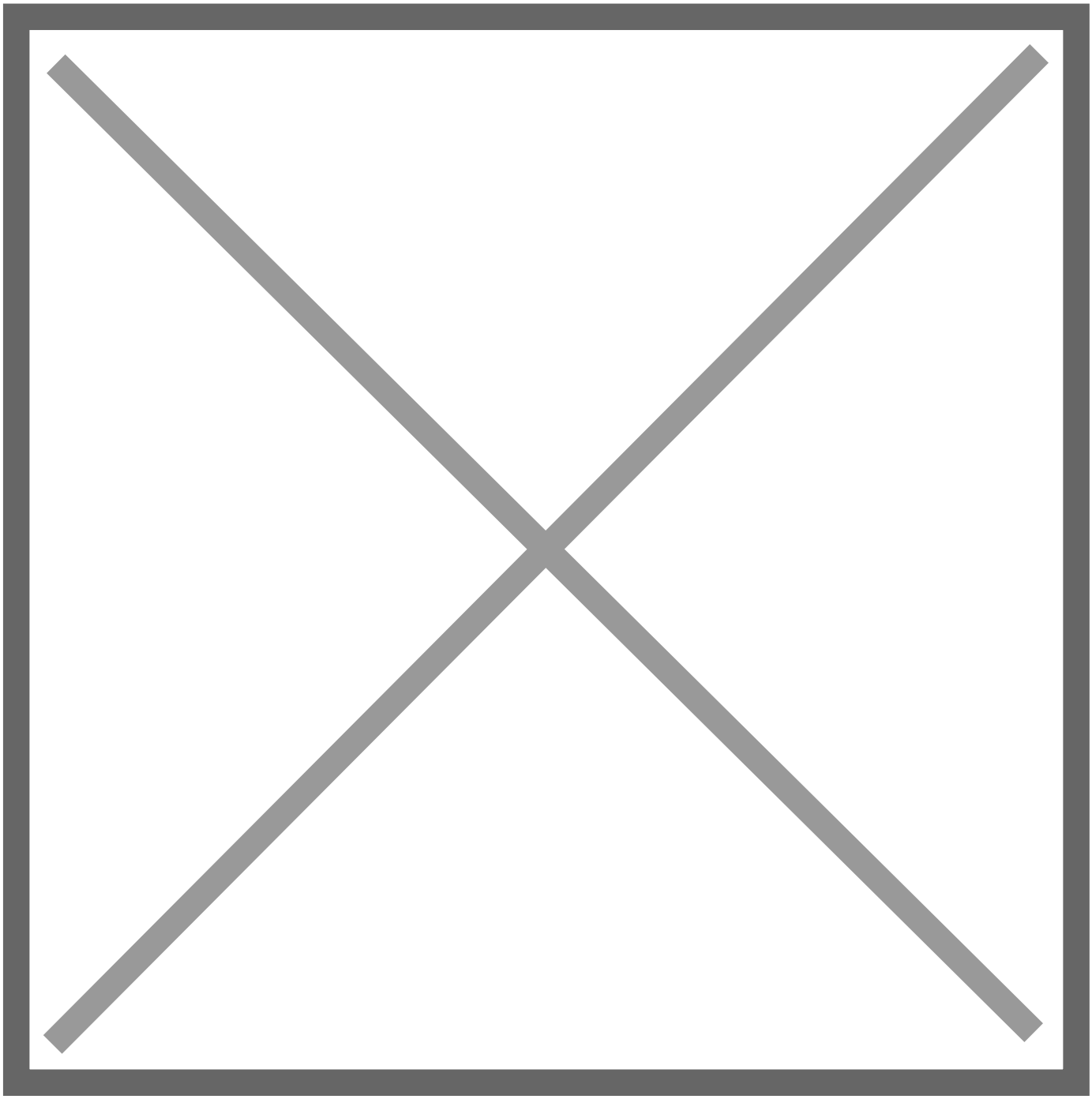
Age:	20+
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (20+ years of age)

Men, 2023



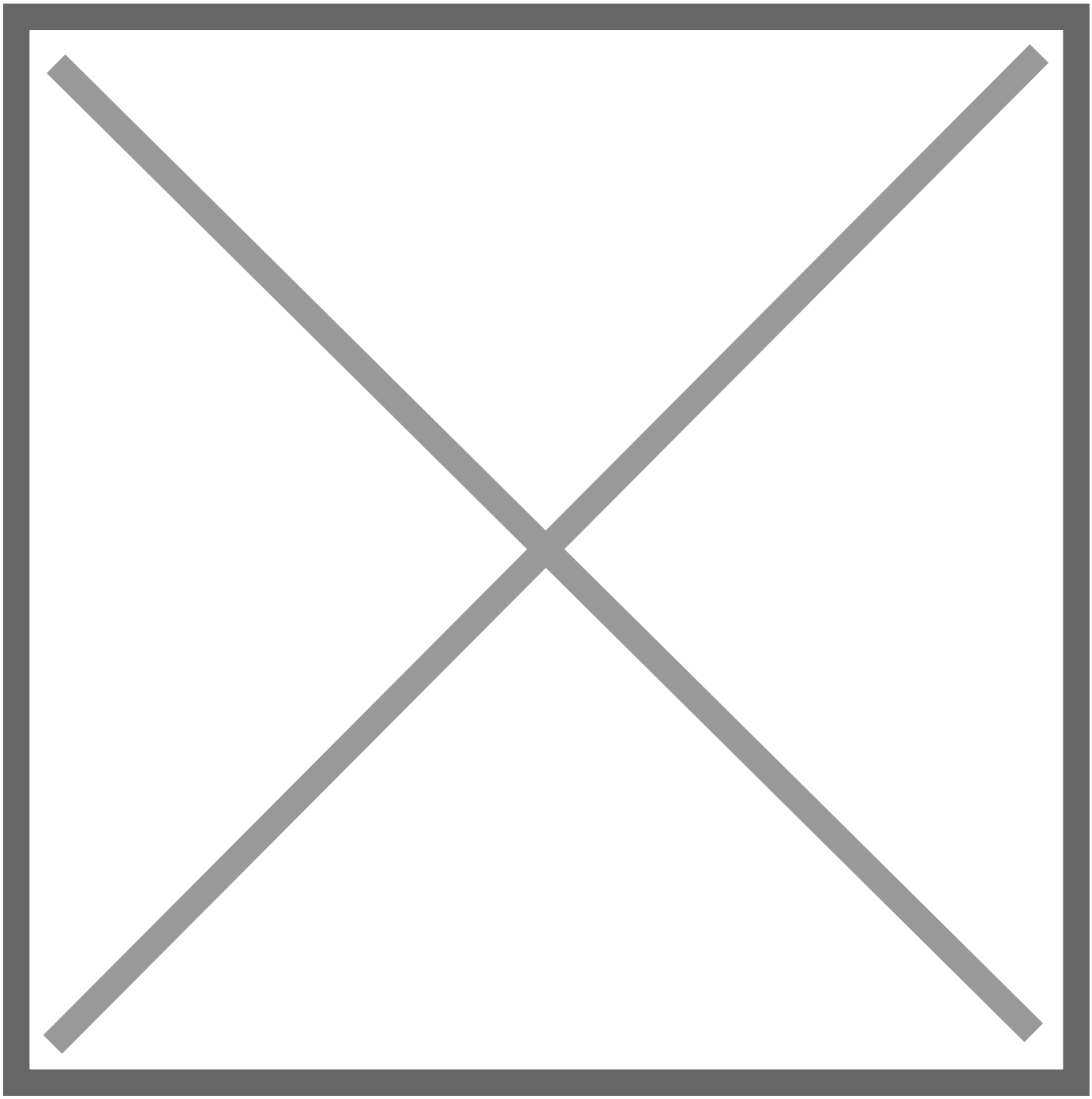
Age:	20+
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (20+ years of age)

Women, 2023



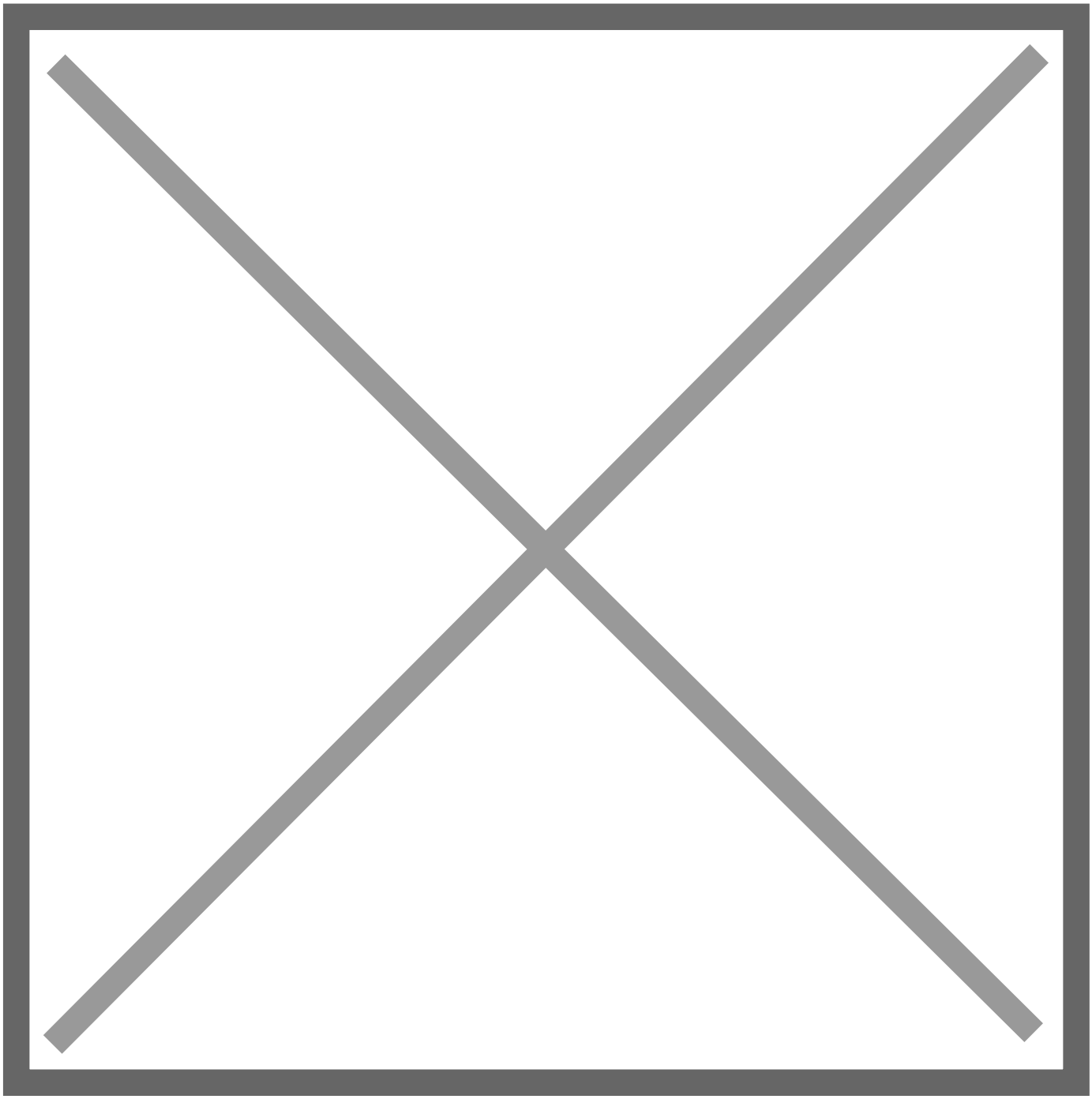
Age:	20+
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (20+ years of age)

Children, 2023



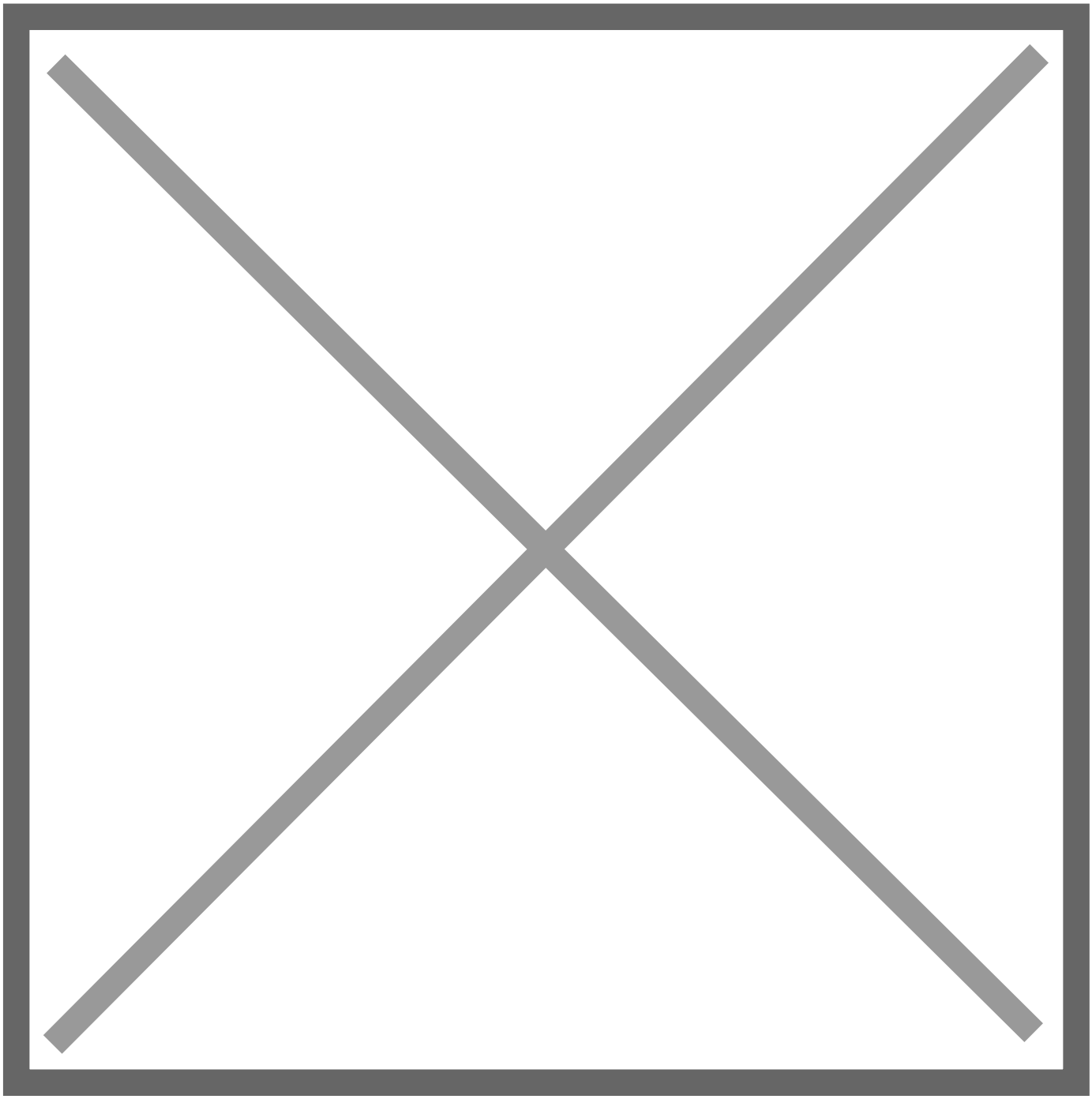
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

Boys, 2023



Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

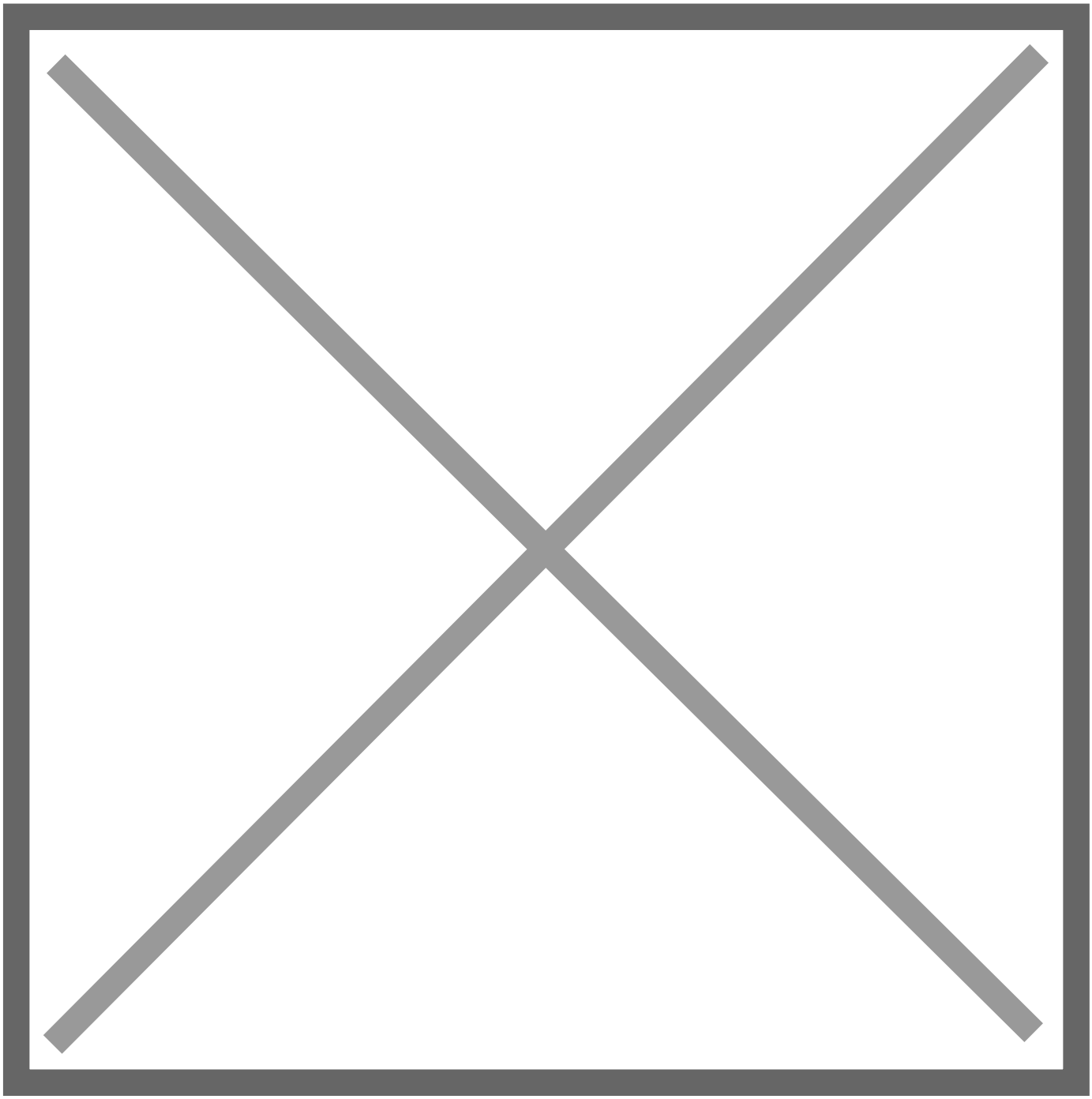
Girls, 2023



Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

% Infants exclusively breastfed 0-5 months

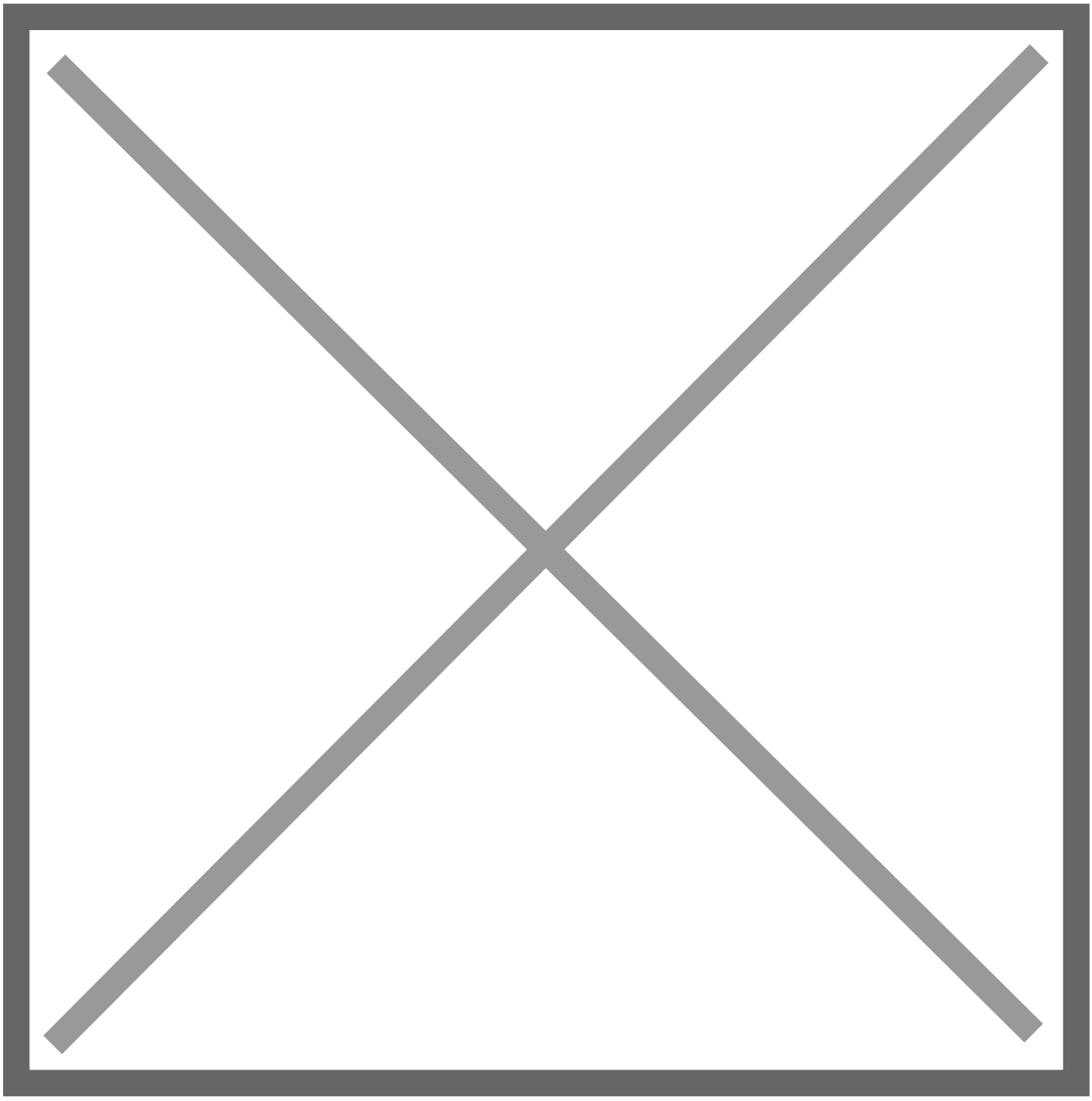
0-5 years, 2011-2024



Area covered:	National
References:	Peru Encuesta Demográfica y de Salud Familiar-ENDES 2024 Nacional y Departamental
Notes:	Full details available at source: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, November 2025.
Definitions:	Infants 0-5 months of age who received only breast milk during the previous day. The definition allows for medicines, vitamins and oral re-hydration solution to have been given. These infants would not have received water-based liquids, milk based-liquids or food.

Percent of population who cannot afford a healthy diet

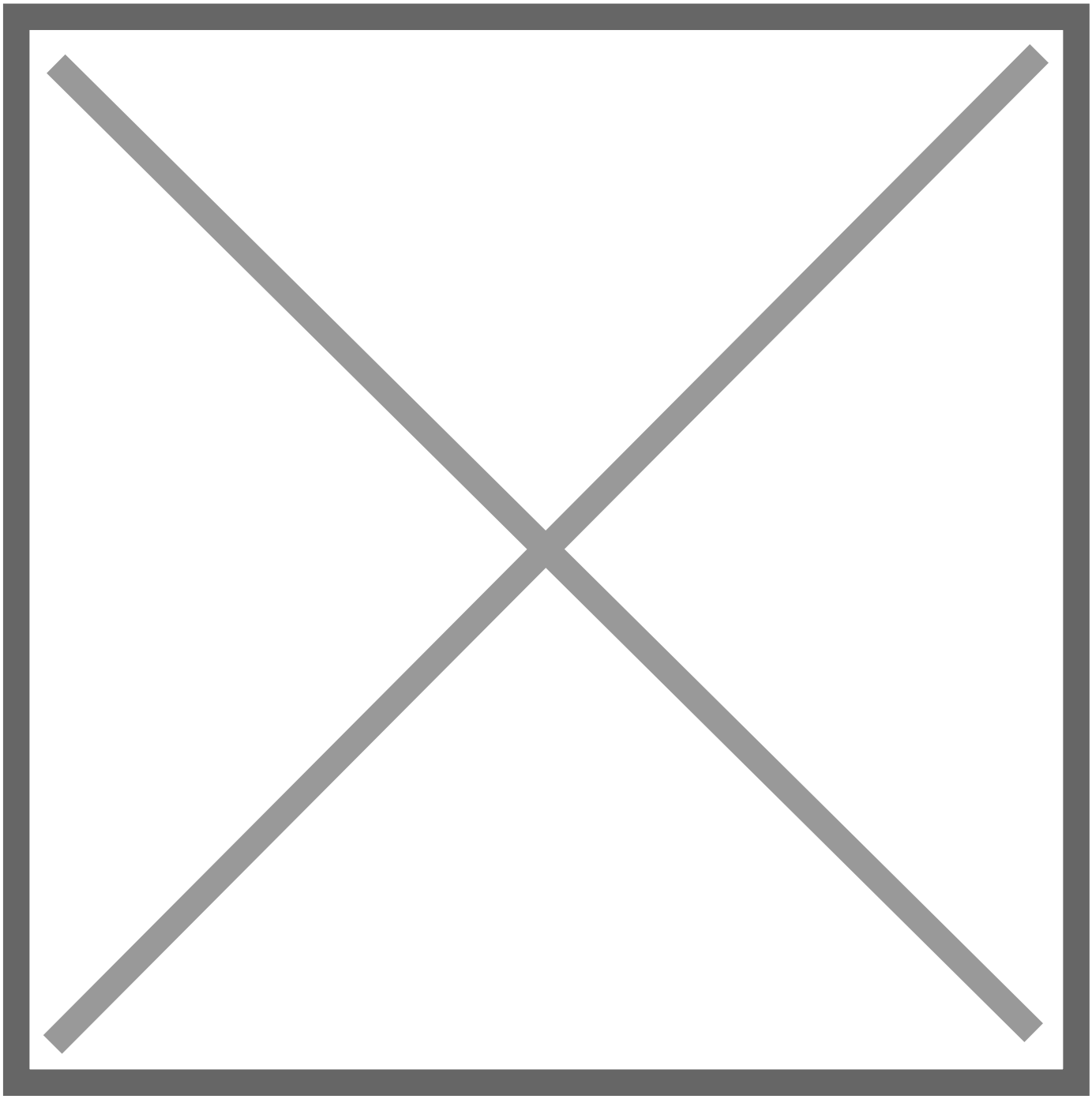
Adults, 2025



Area covered:	National
References:	FAO. 2026. FAOSTAT: Cost and Affordability of a Healthy Diet (CoAHD). https://www.fao.org/faostat/en/#data/CAHD. Licence: CC-BY-4.0. [Last Accessed 12.10.26]
Notes:	The percent of the population whose food budget is below the cost of a healthy diet.

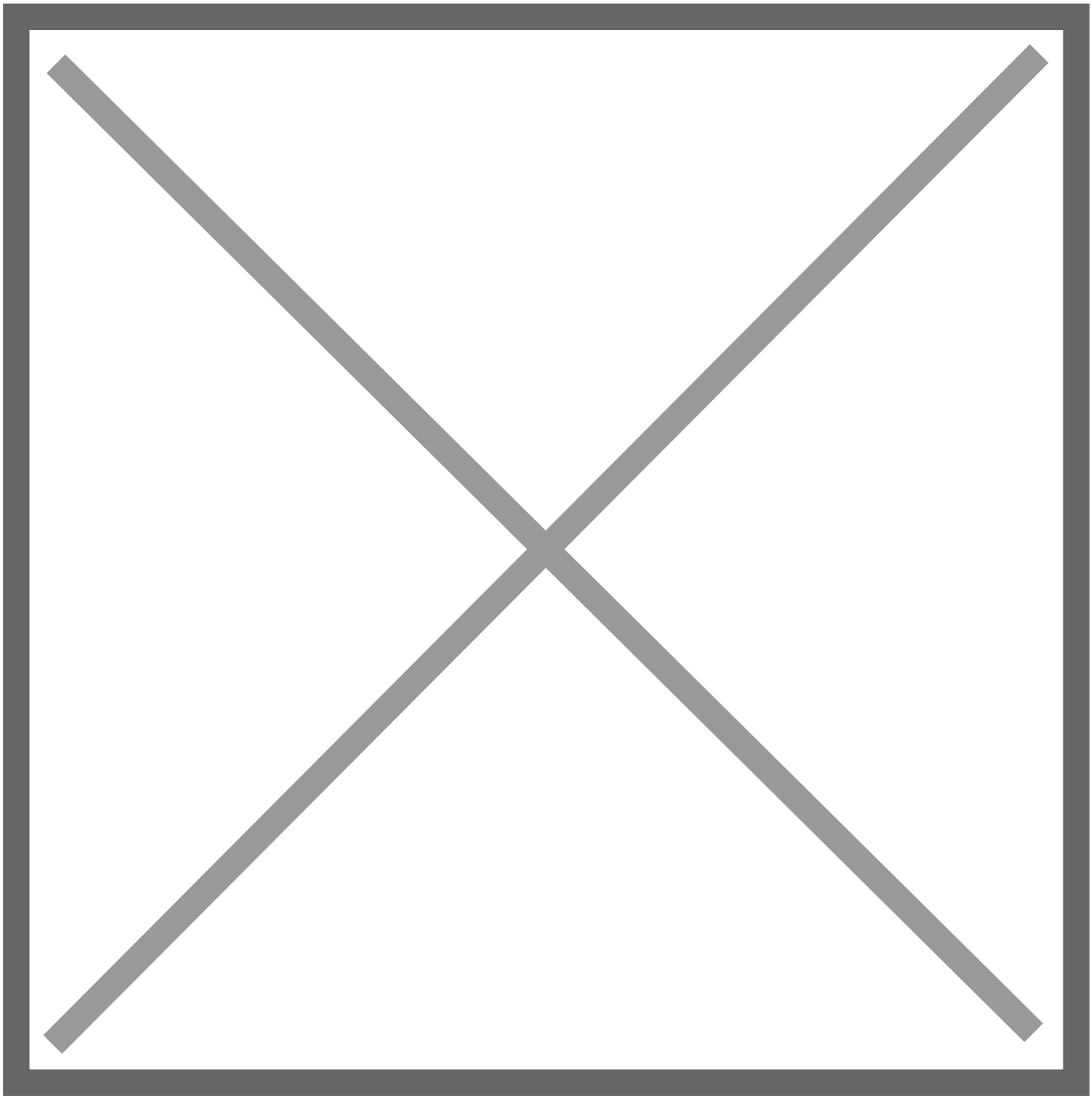
Oesophageal cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

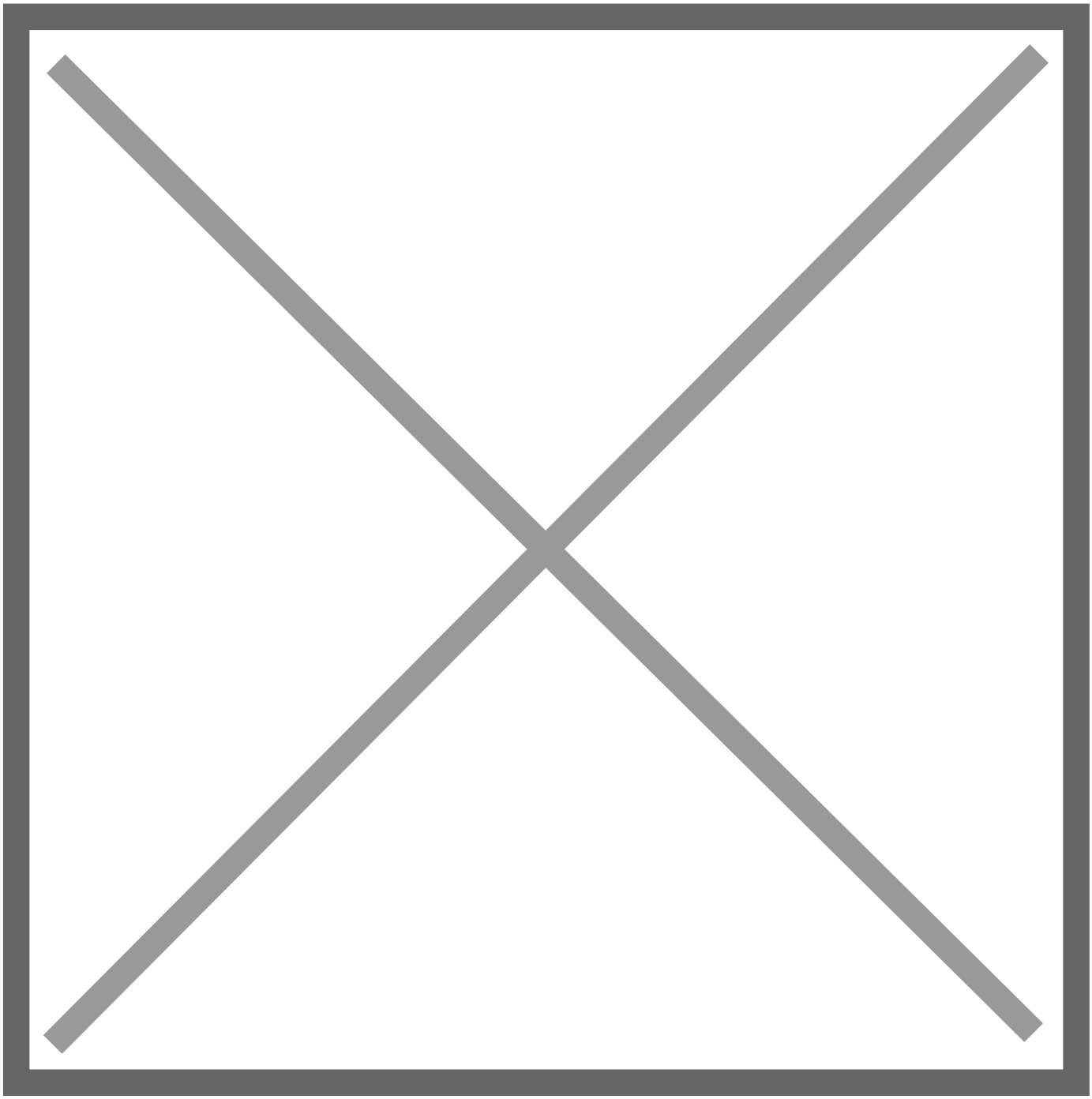
Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

Breast cancer

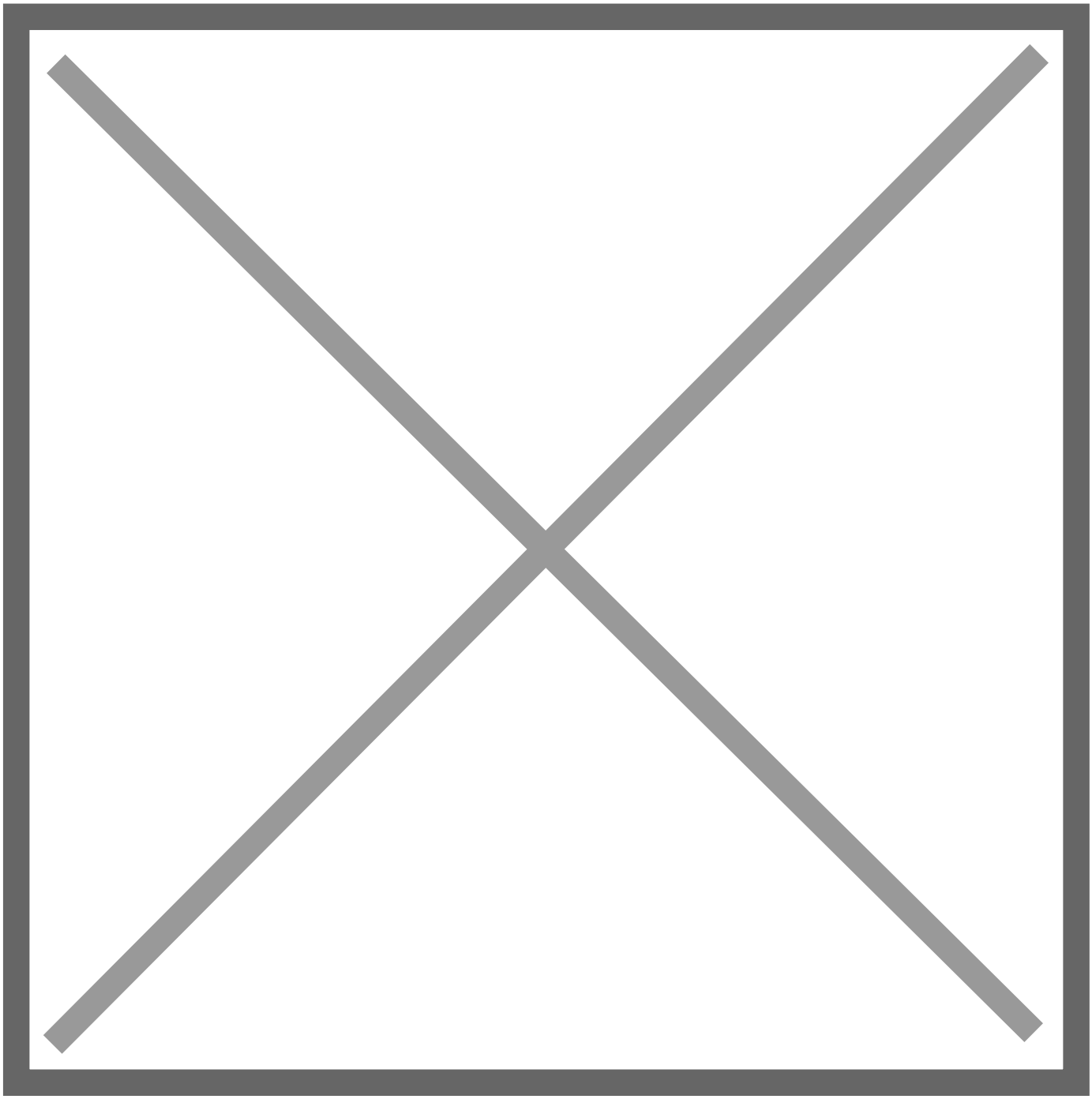
Women, 2022



Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

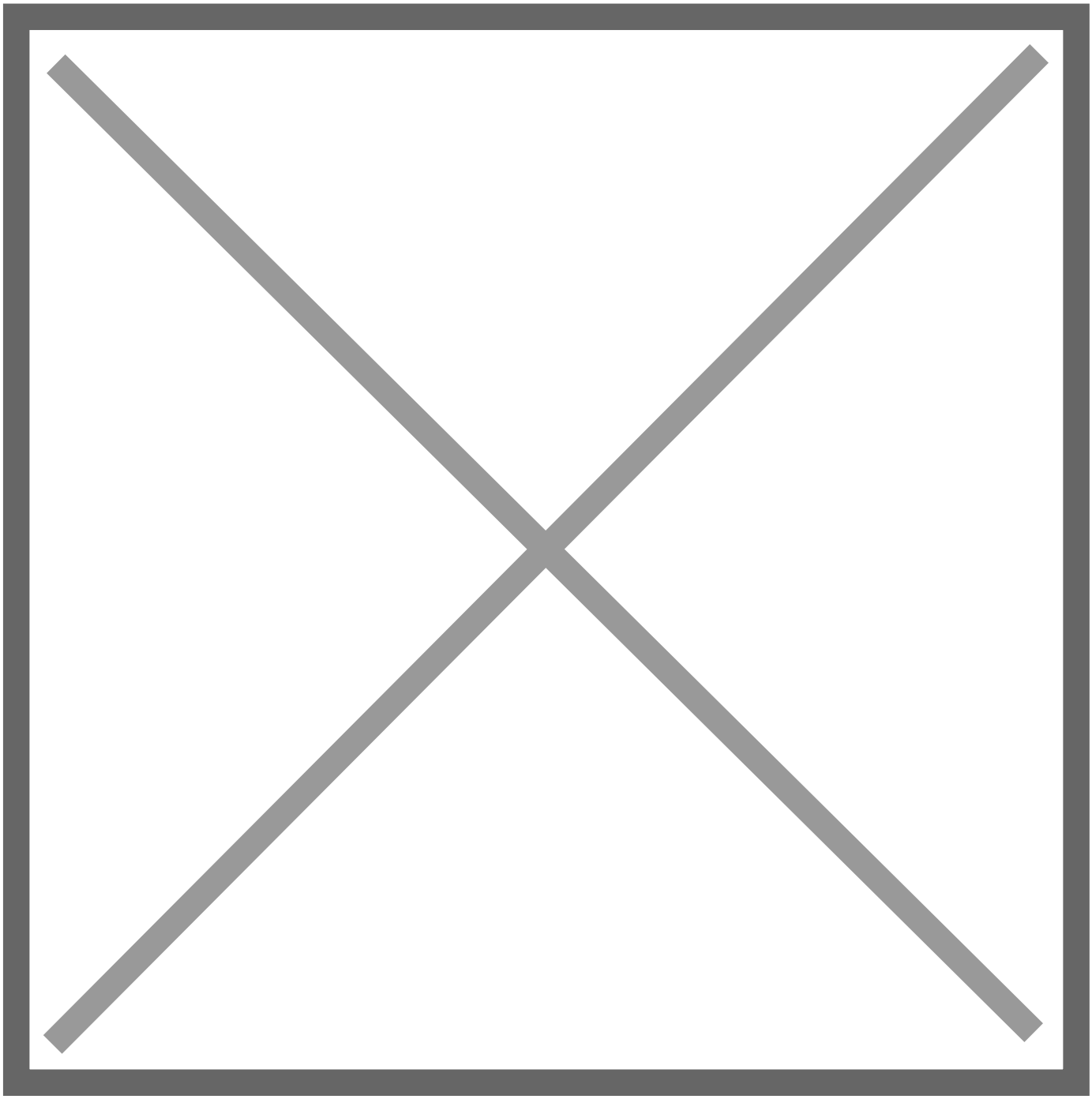
Colorectal cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

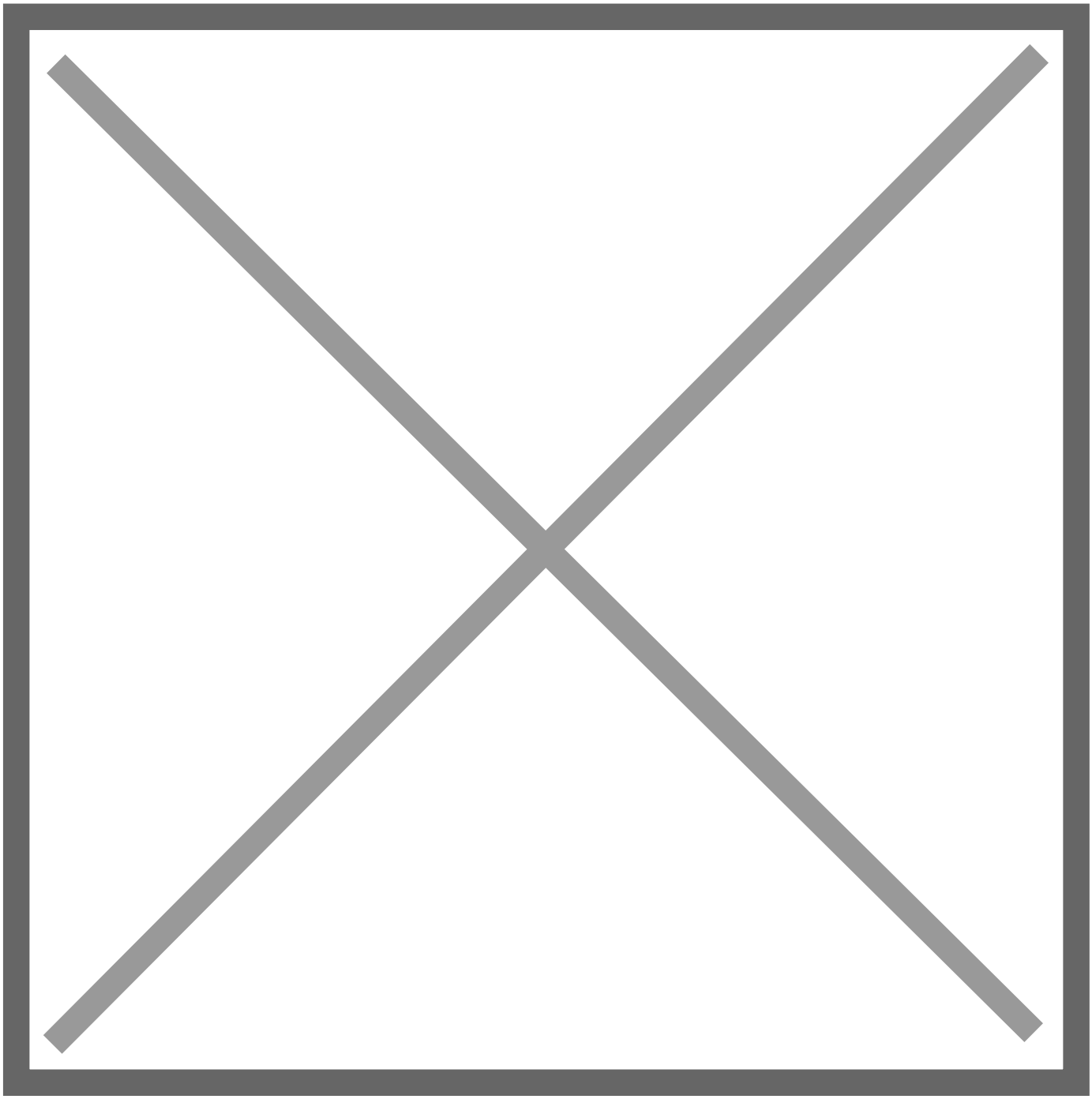
Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

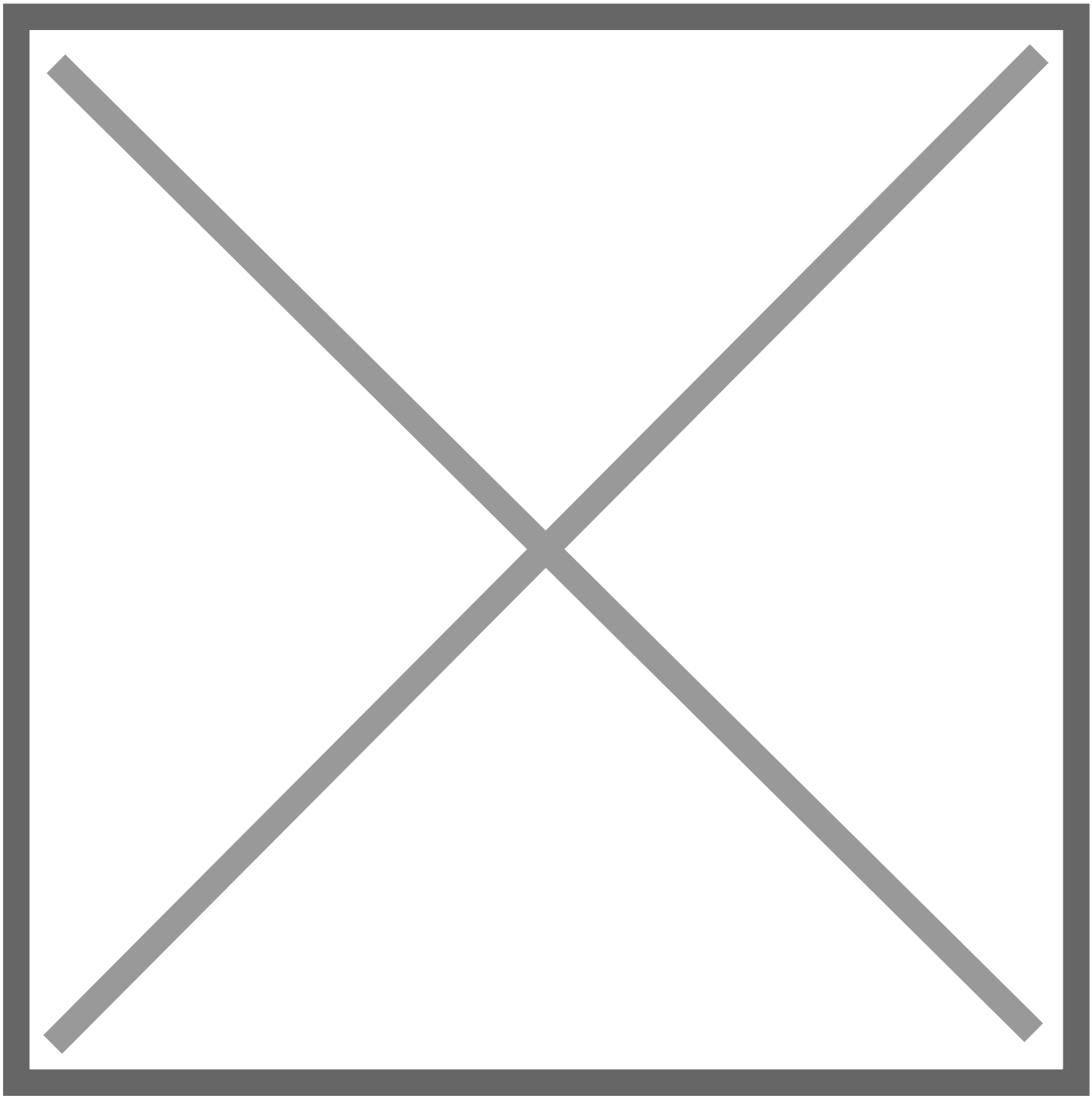
Pancreatic cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

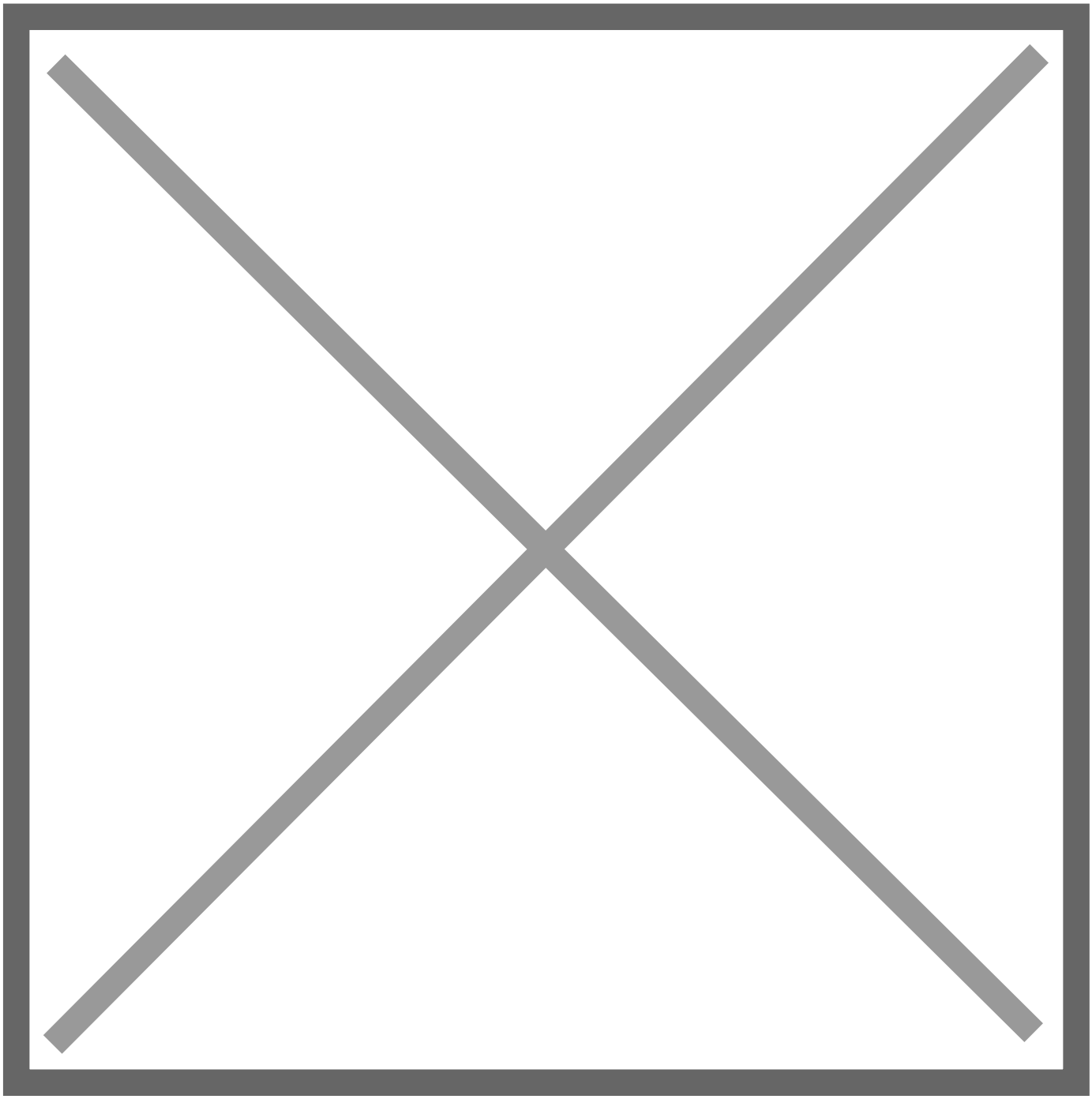
Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

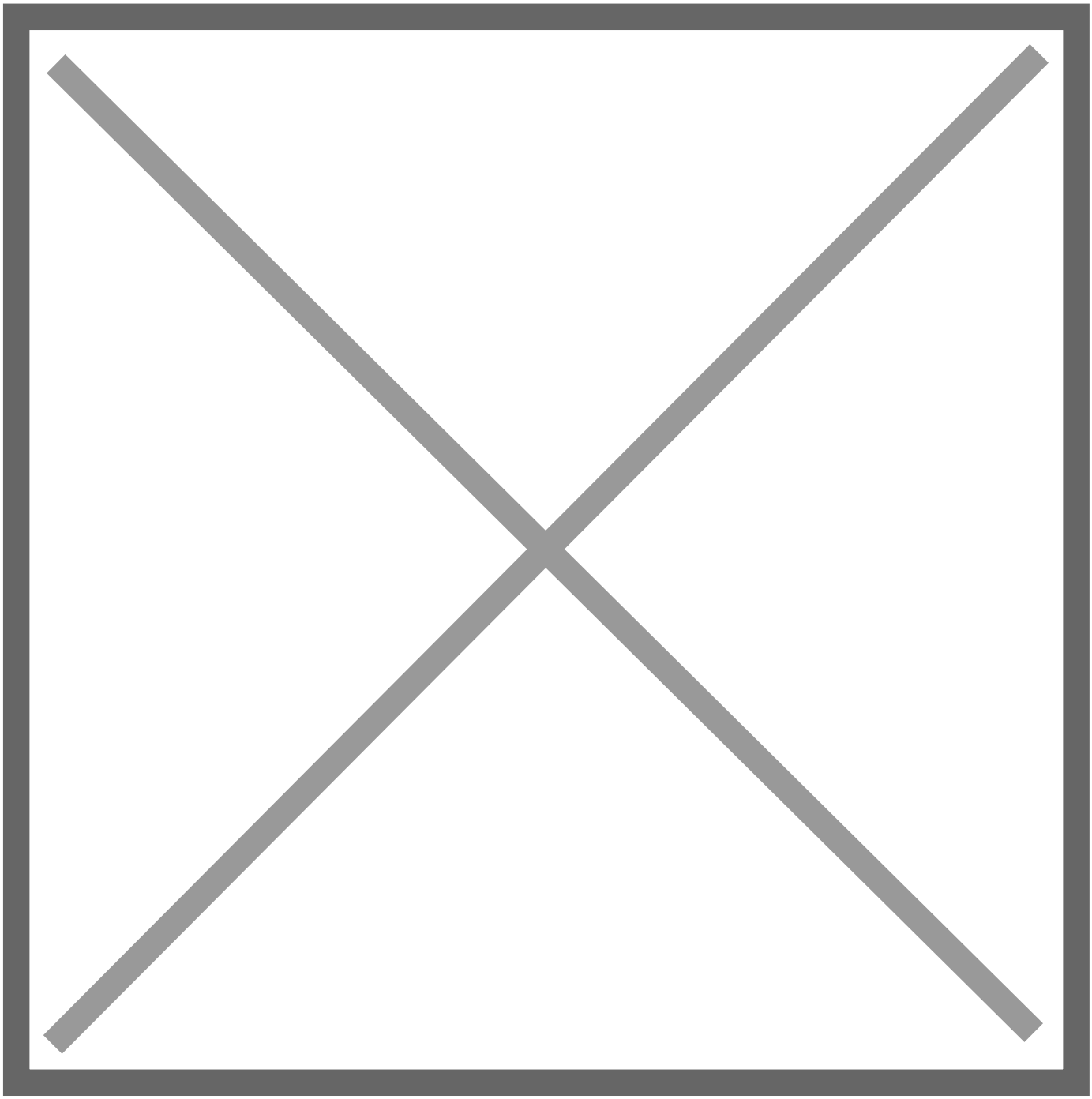
Gallbladder cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

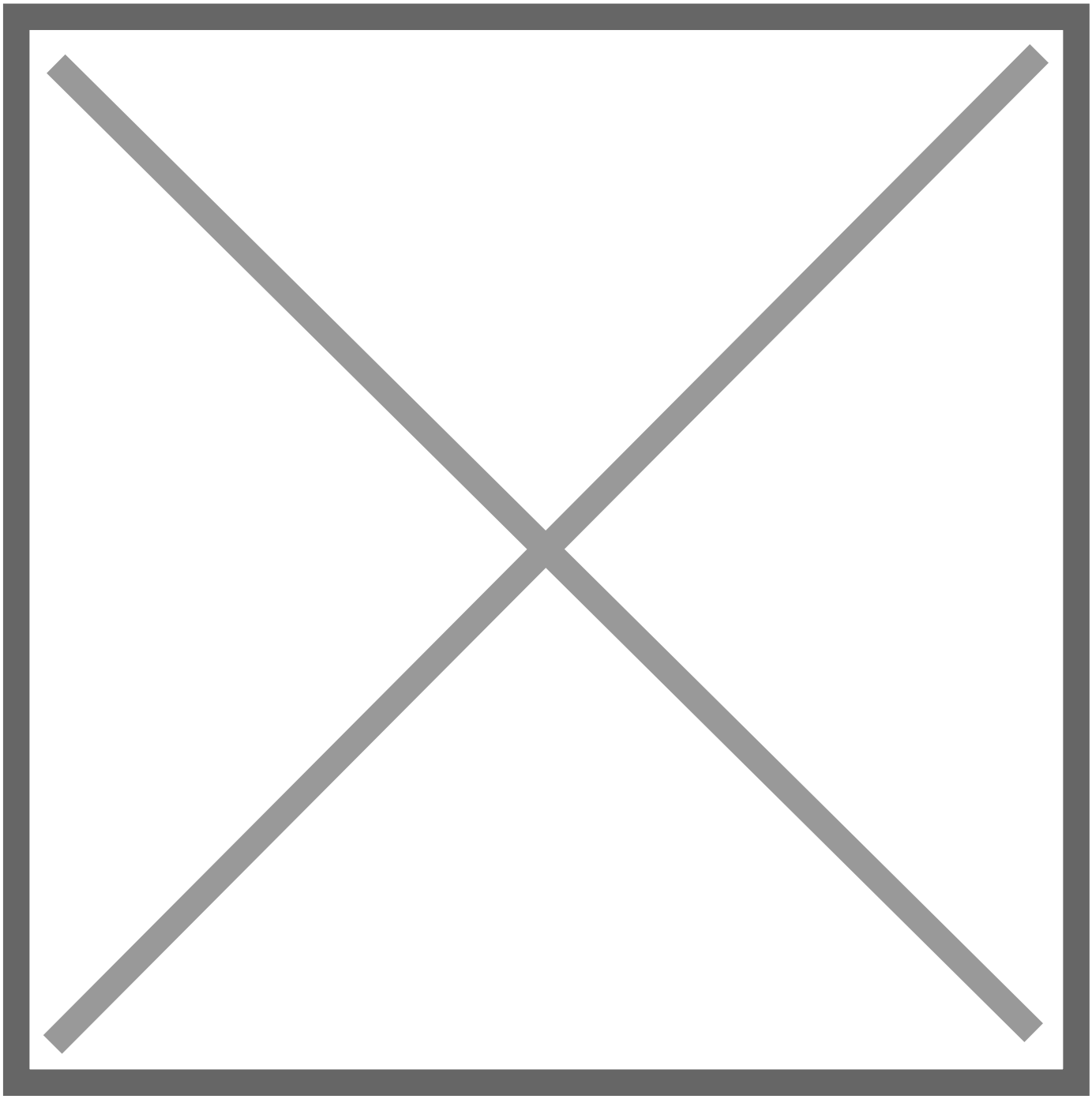
Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

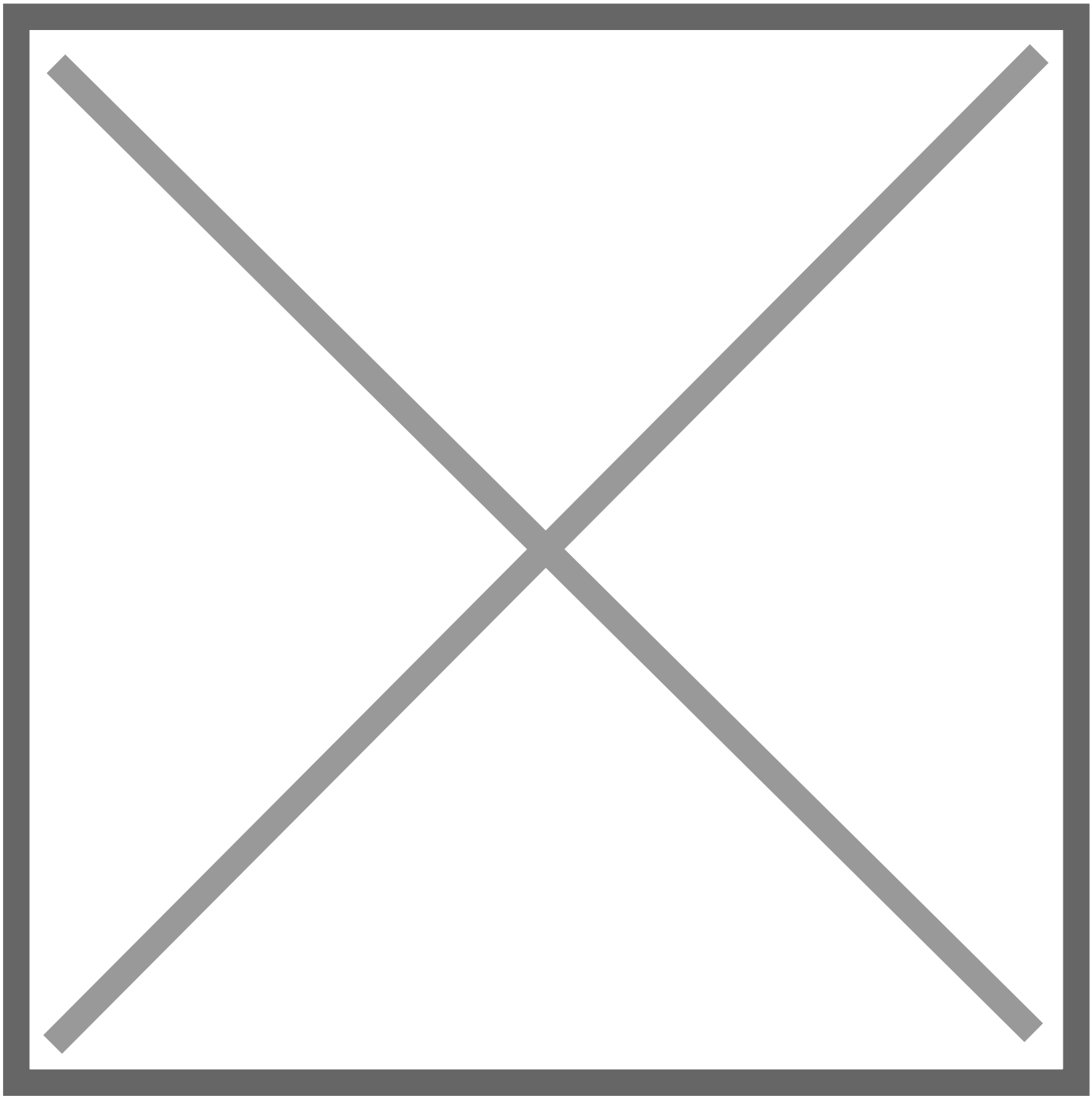
Kidney cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

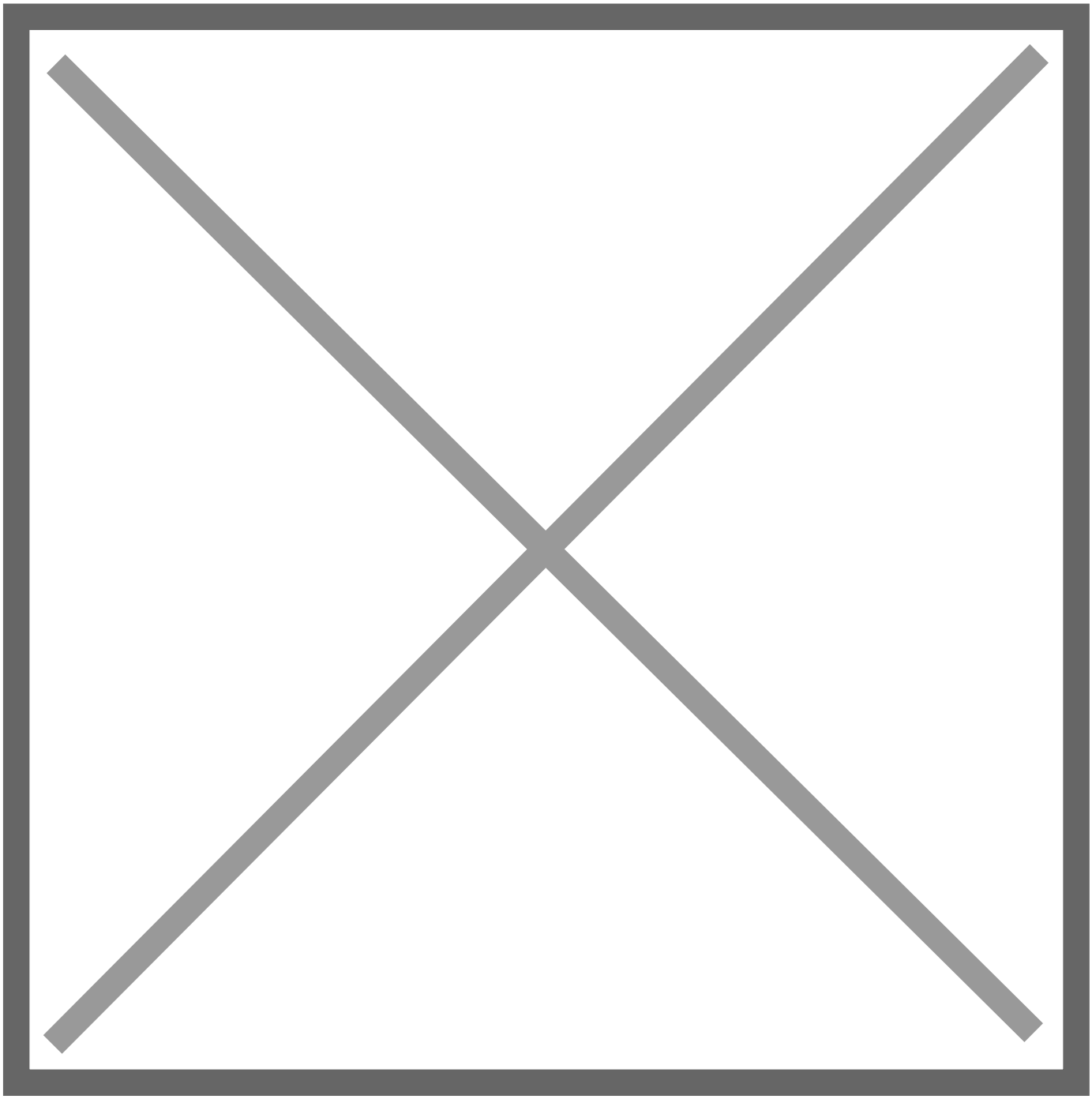
Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Cancer of the uterus

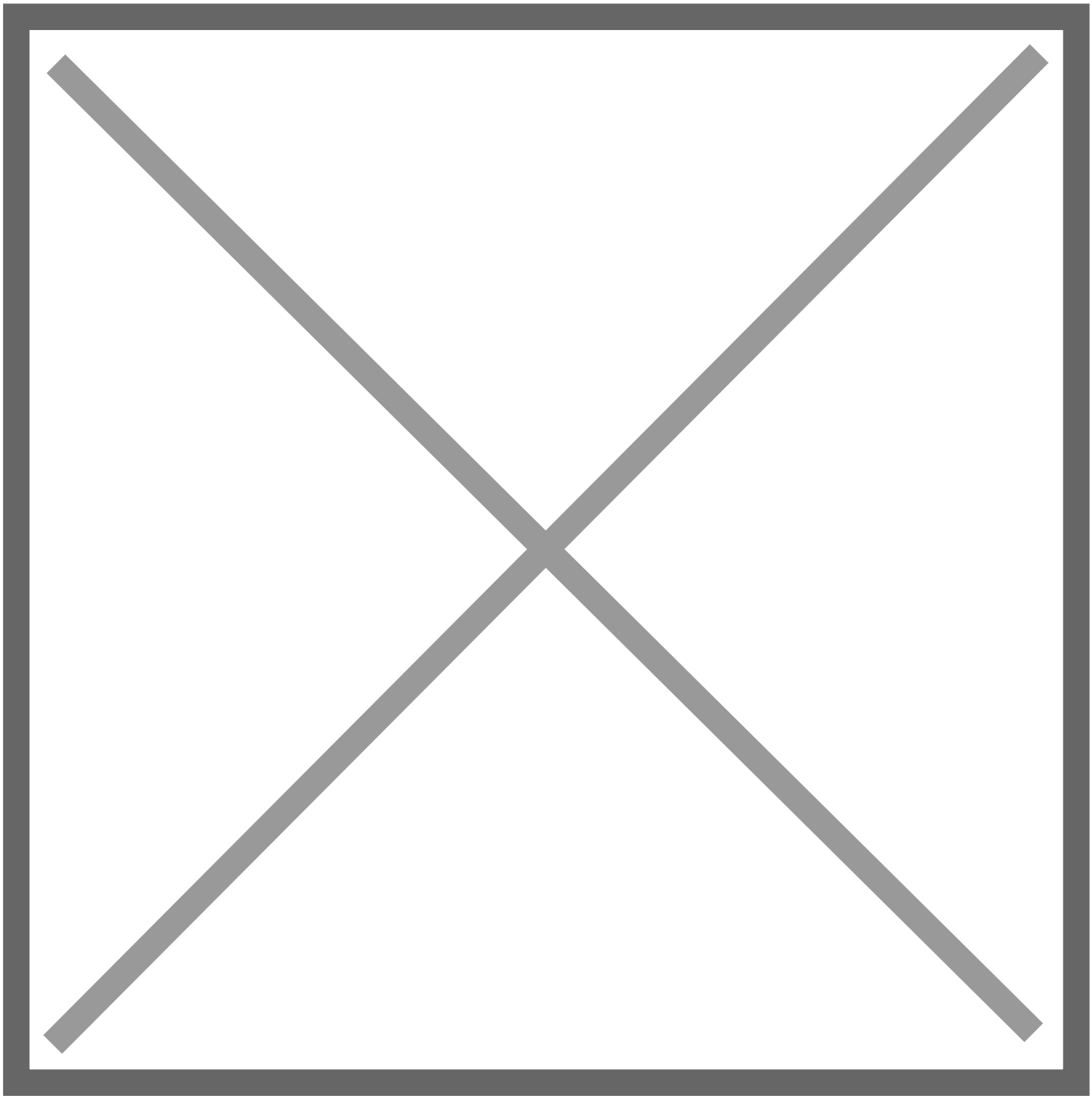
Women, 2022



Age:	20+
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

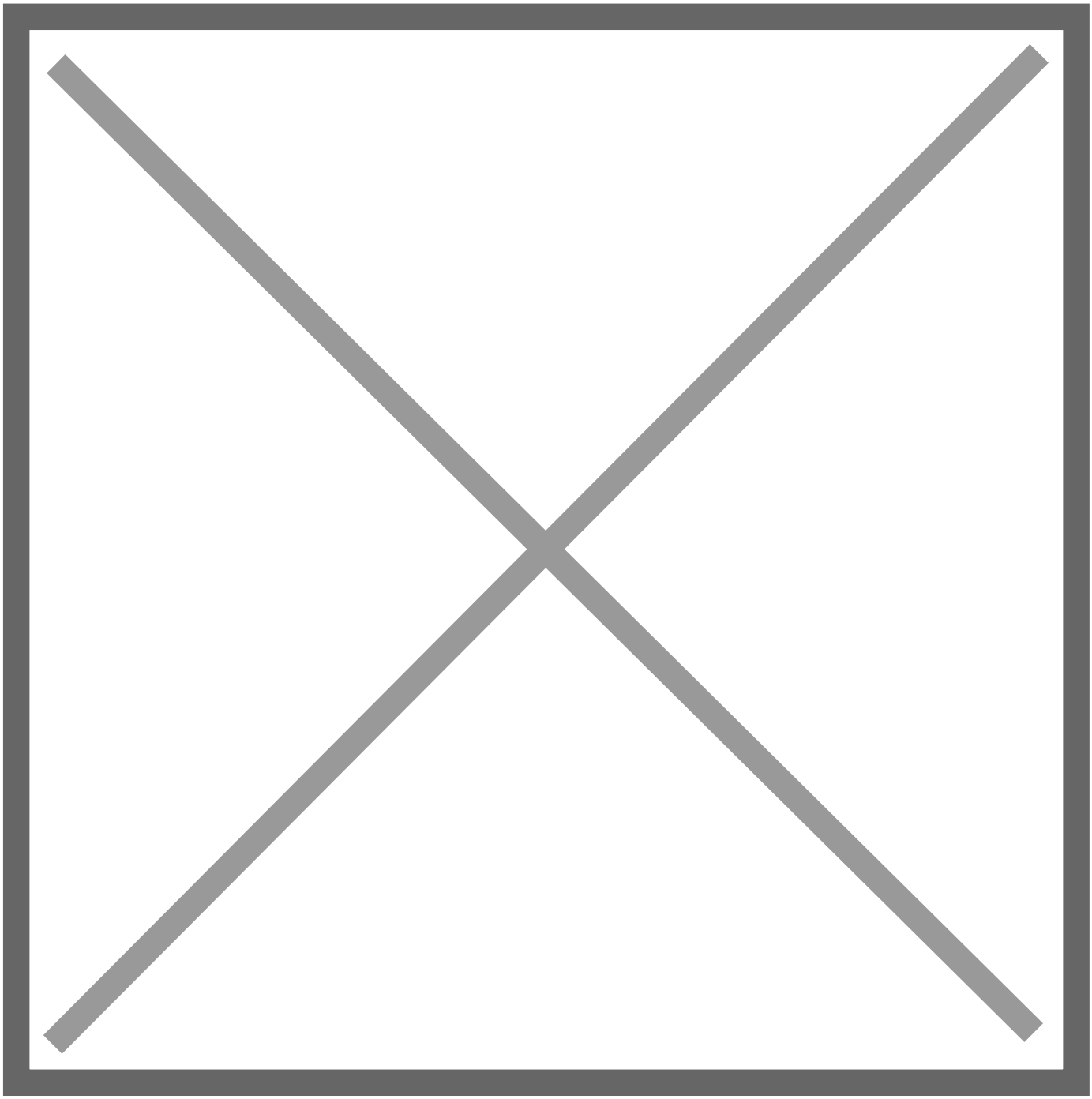
Raised blood pressure

Adults, 2019



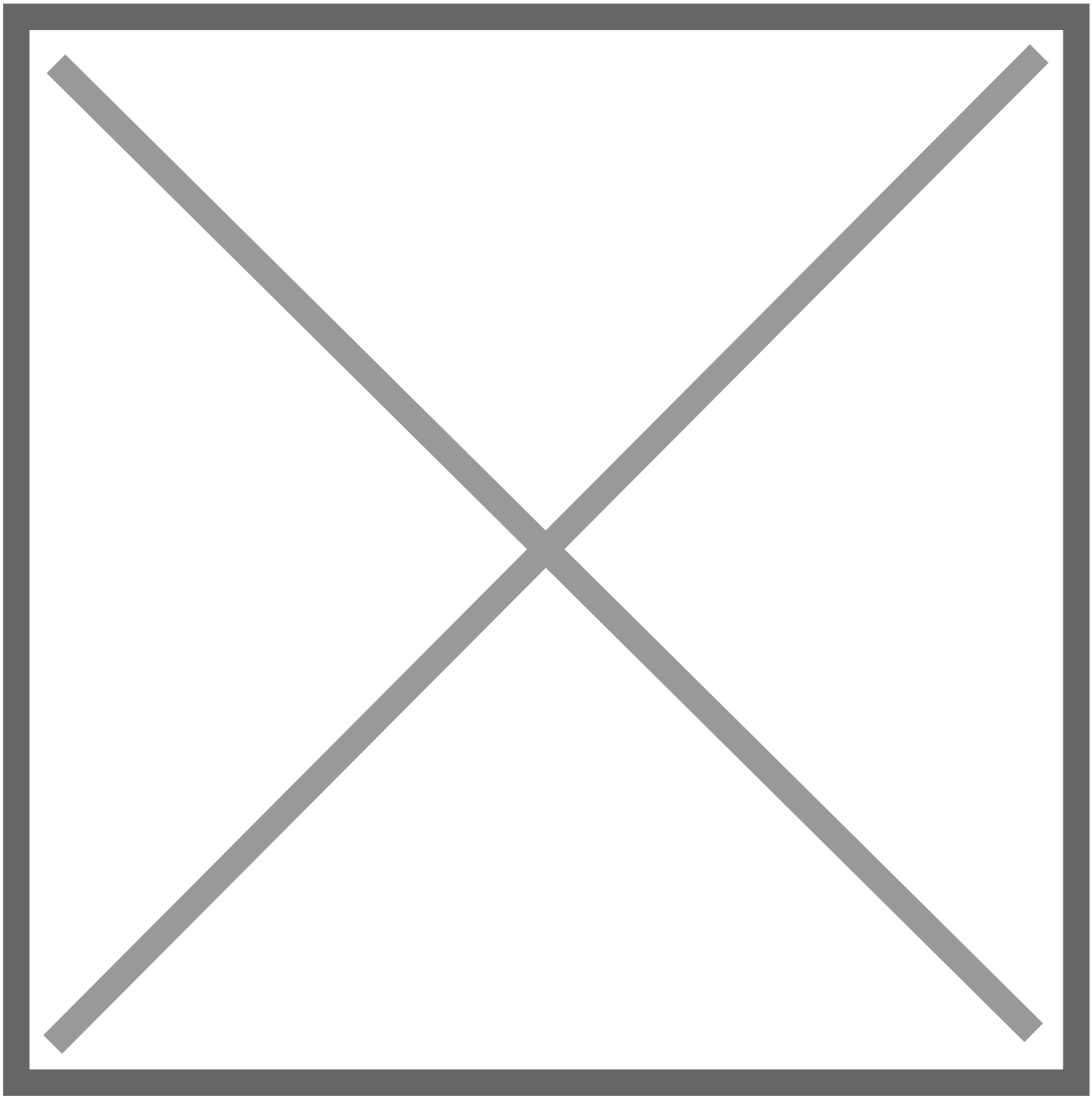
Age:	30-79
References:	World Health Organization. 2024. Hypertension: raised blood pressure (uncontrolled hypertension) among adults aged 30-79 years (%). Global Health Observatory. https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-raised-blood-pressure-among-adults-30-79-years [Accessed 16.03.26]
Definitions:	Prevalence of raised blood pressure (defined as having systolic blood pressure ≥140 mmHg or diastolic blood pressure ≥90 mmHg) among adults aged 30-79.

Men, 2019



Age:	30-79
References:	World Health Organization. 2024. Hypertension: raised blood pressure (uncontrolled hypertension) among adults aged 30-79 years (%). Global Health Observatory. https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-raised-blood-pressure-among-adults-30-79-years [Accessed 16.03.26]
Definitions:	Prevalence of raised blood pressure (defined as having systolic blood pressure ≥140 mmHg or diastolic blood pressure ≥90 mmHg) among adults aged 30-79.

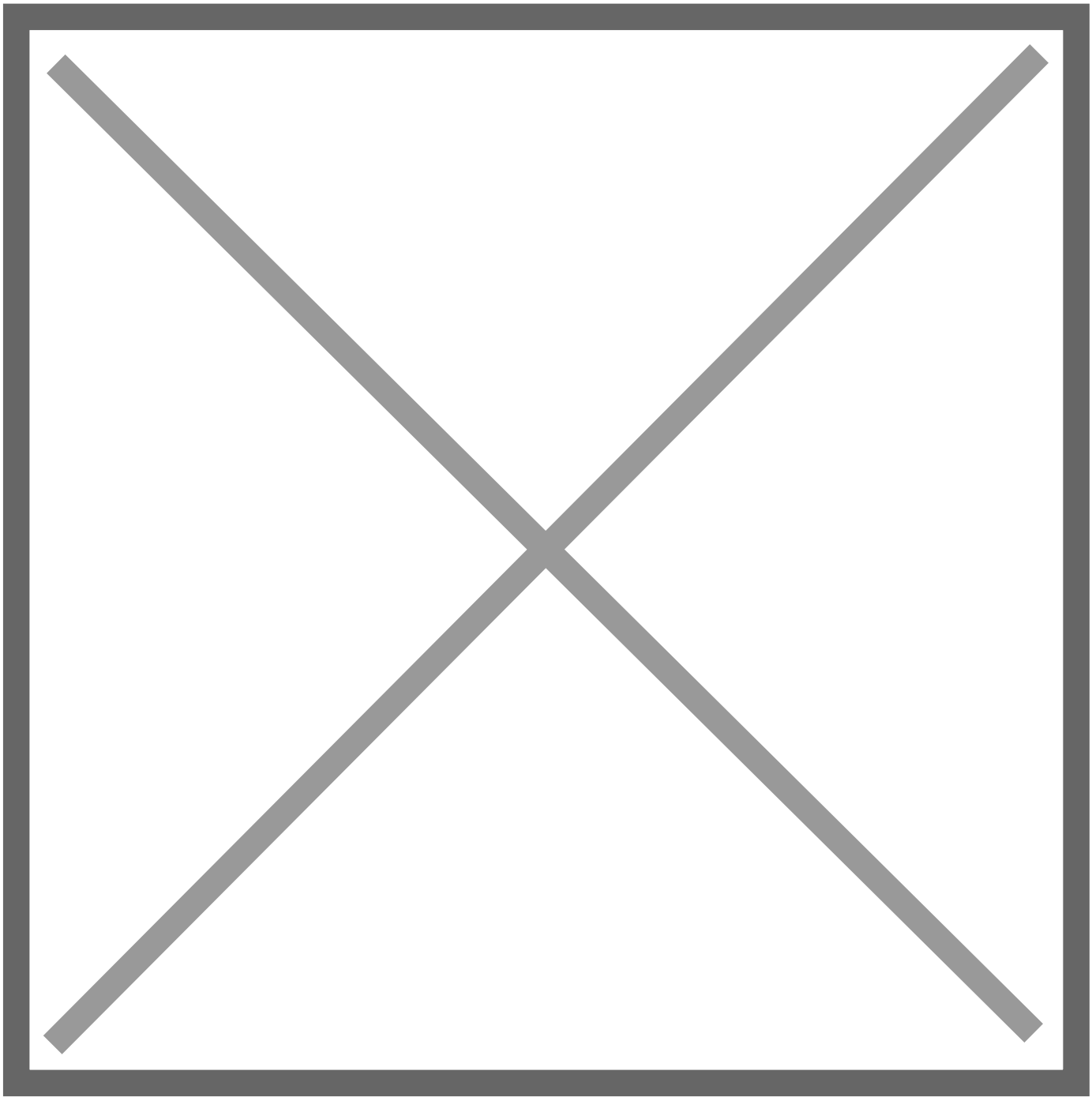
Women, 2019



Age:	30-79
References:	World Health Organization. 2024. Hypertension: raised blood pressure (uncontrolled hypertension) among adults aged 30-79 years (%). Global Health Observatory. https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-raised-blood-pressure-among-adults-30-79-years [Accessed 16.03.26]
Definitions:	Prevalence of raised blood pressure (defined as having systolic blood pressure ≥140 mmHg or diastolic blood pressure ≥90 mmHg) among adults aged 30-79.

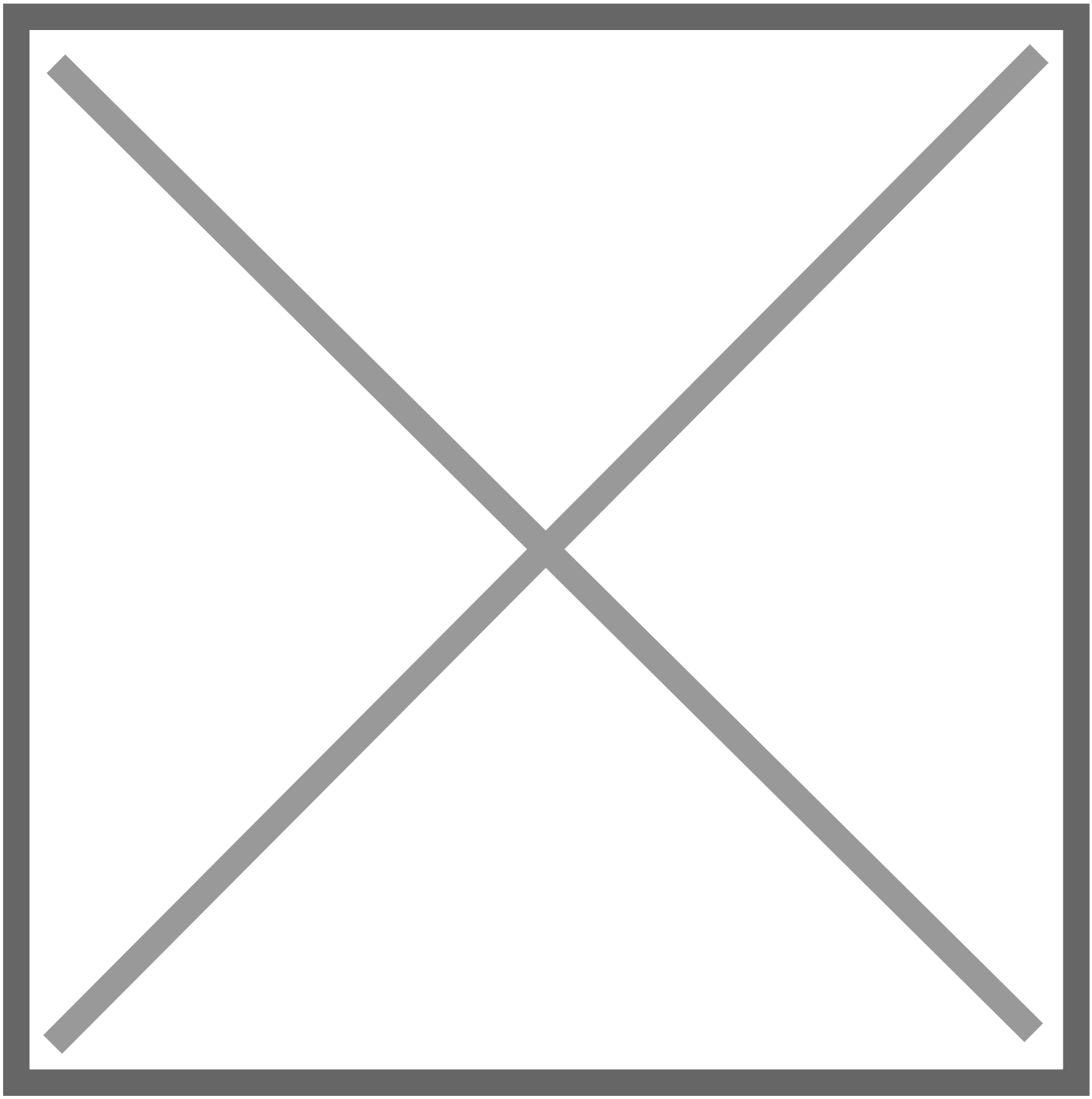
Raised cholesterol

Adults, 2008



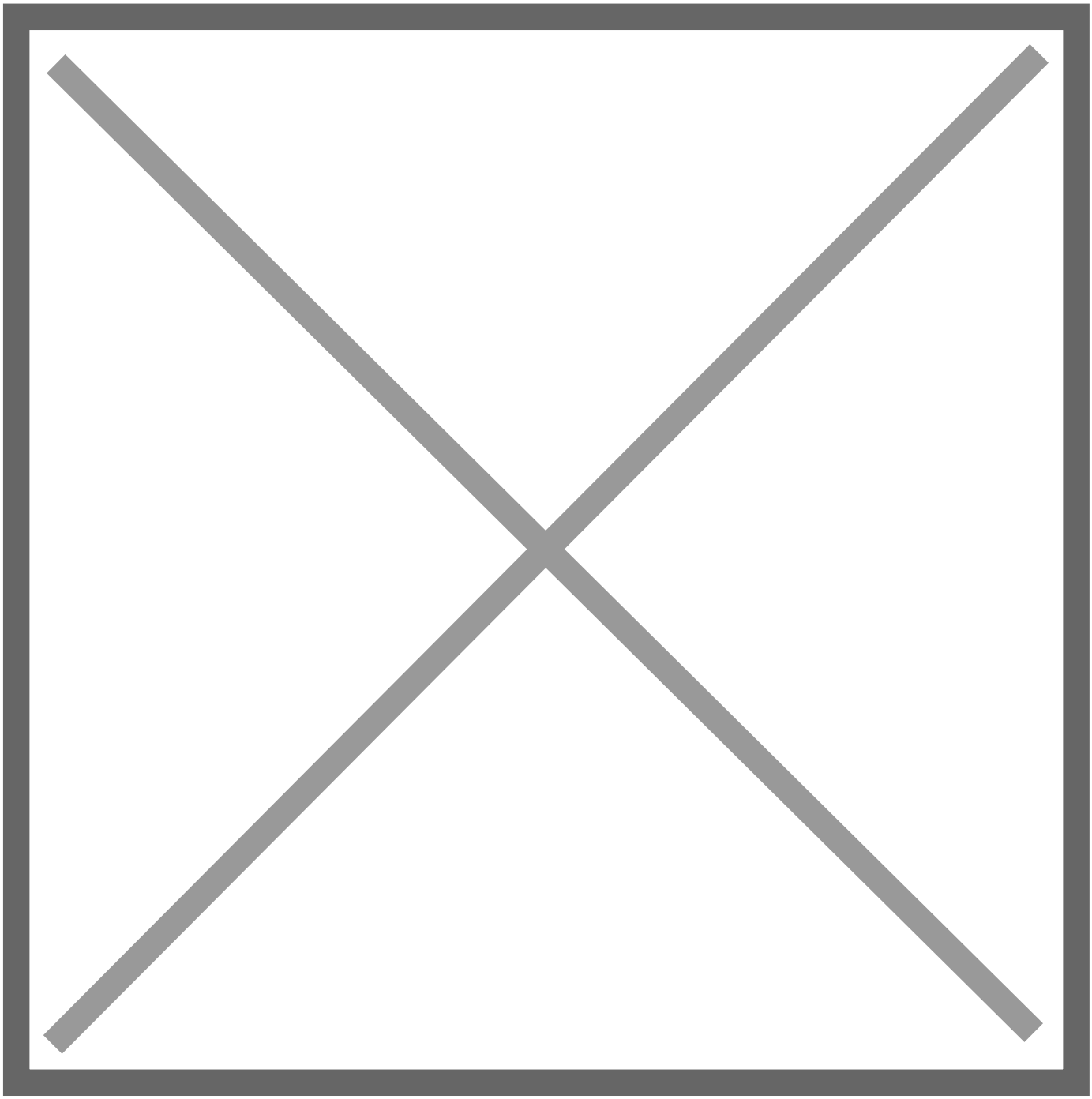
References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Men, 2008



References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

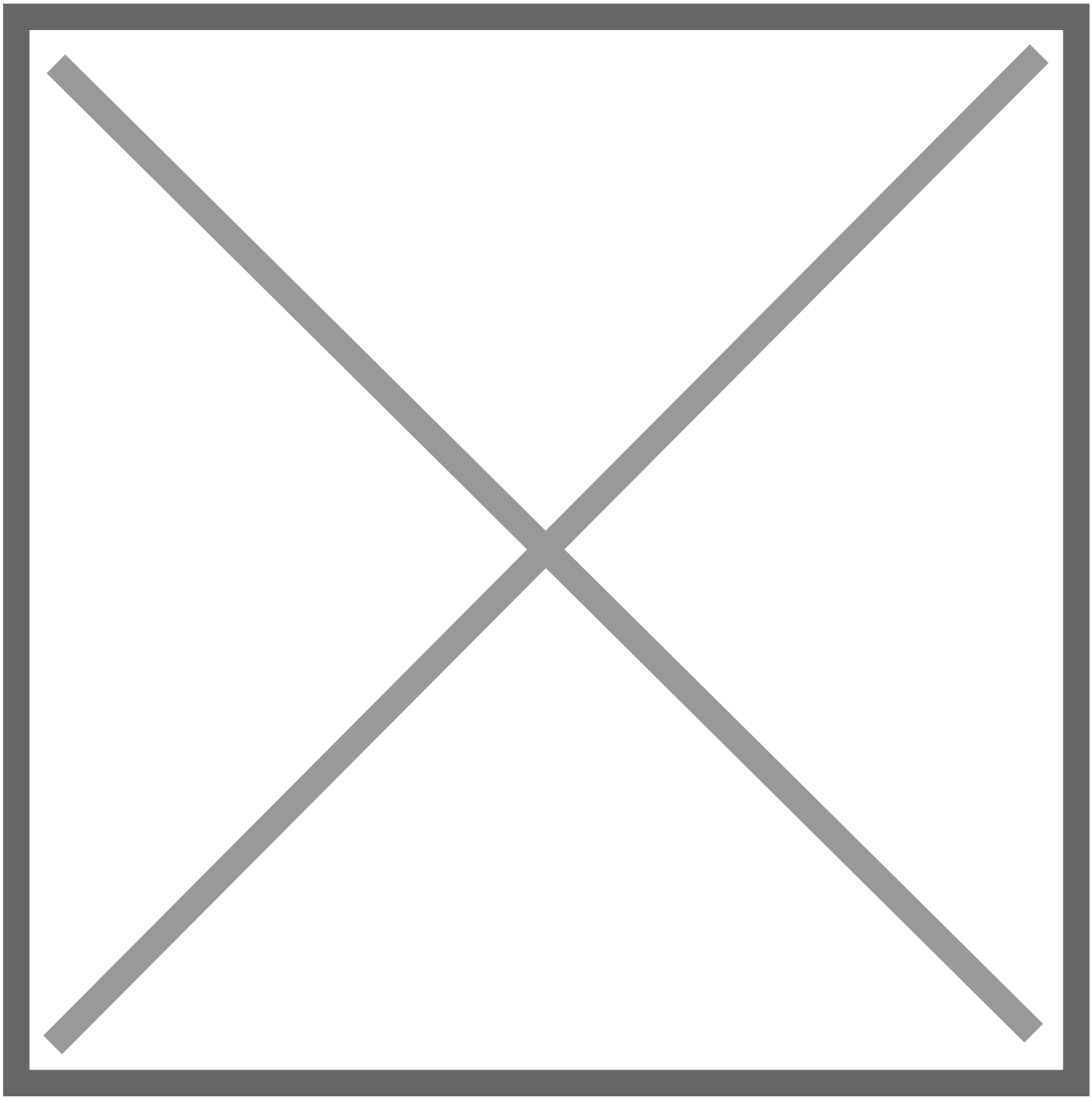
Women, 2008



References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

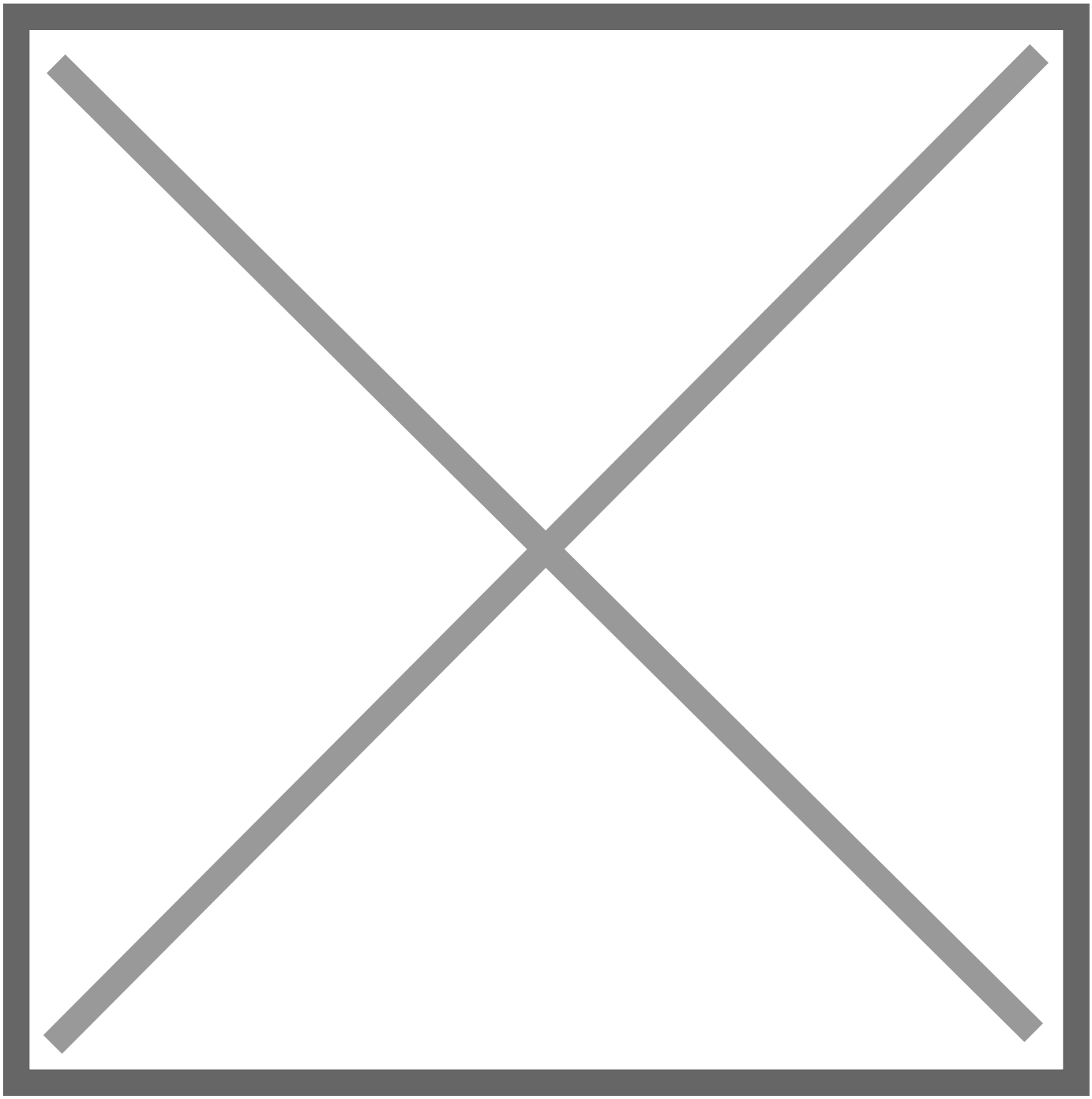
Raised fasting blood glucose

Men, 2014



References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en
Definitions:	Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

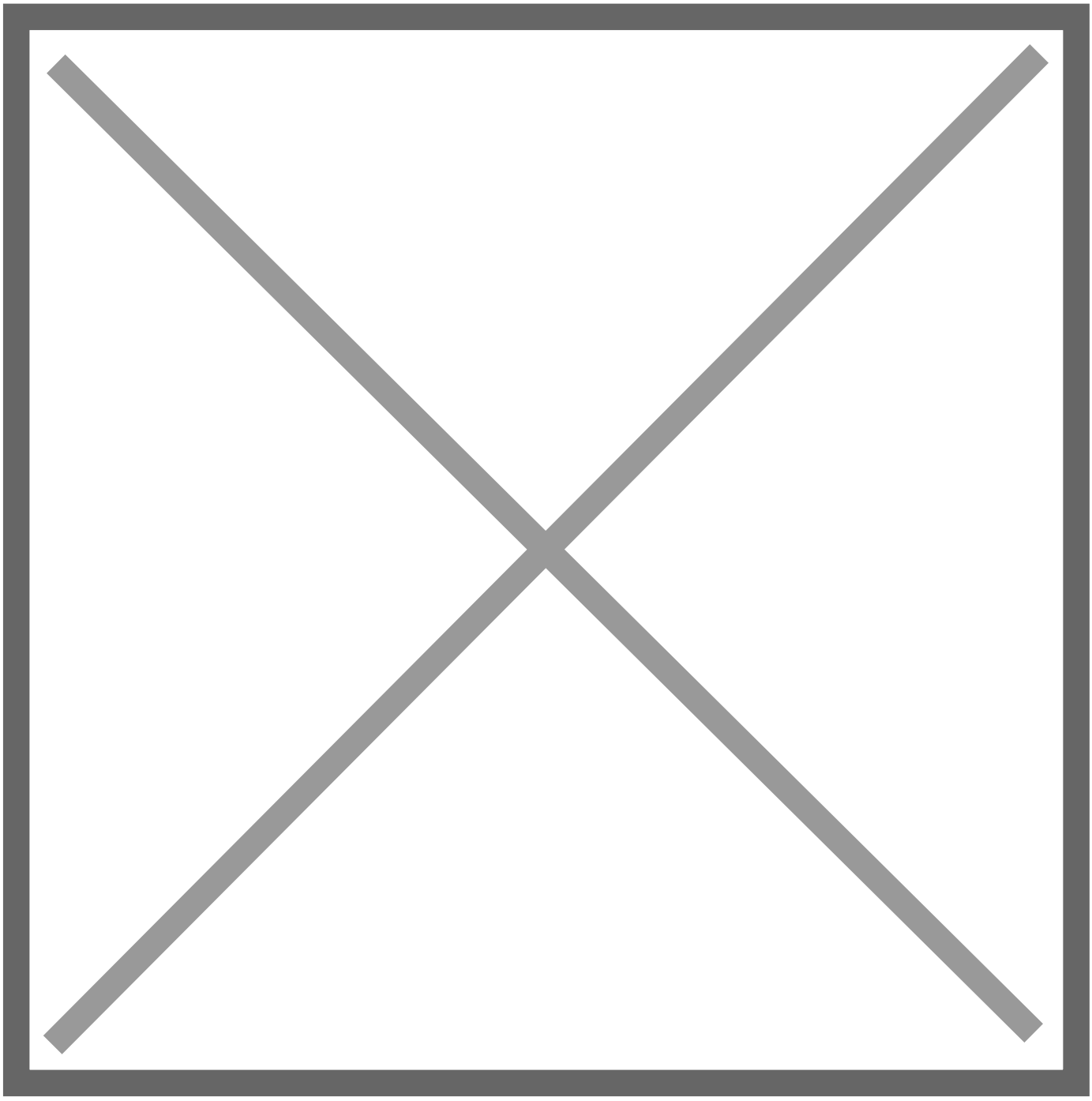
Women, 2014



References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en
Definitions:	Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Diabetes prevalence

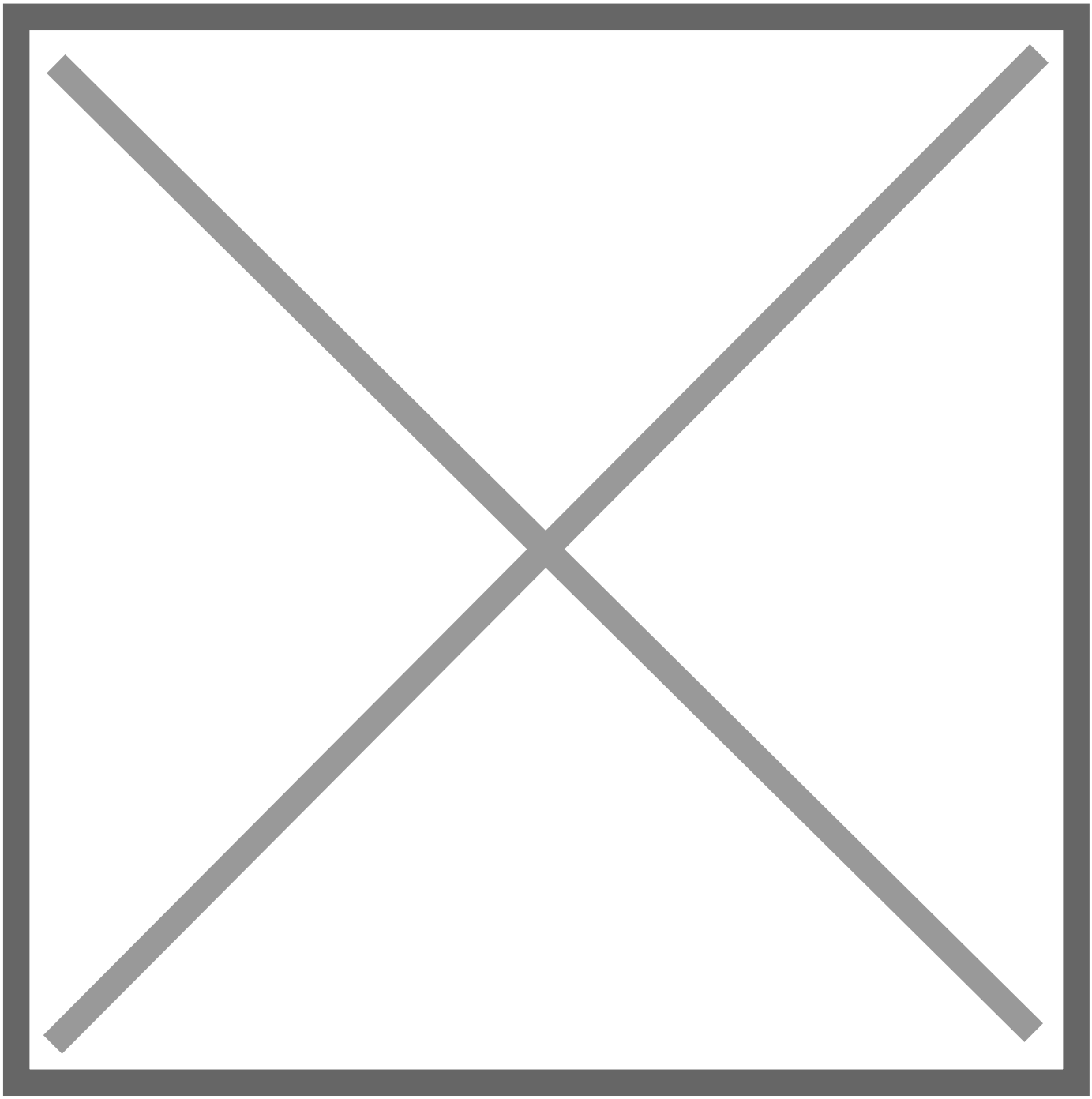
Adults, 2024



References: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. http://www.diabetesatlas.org

Ovarian Cancer

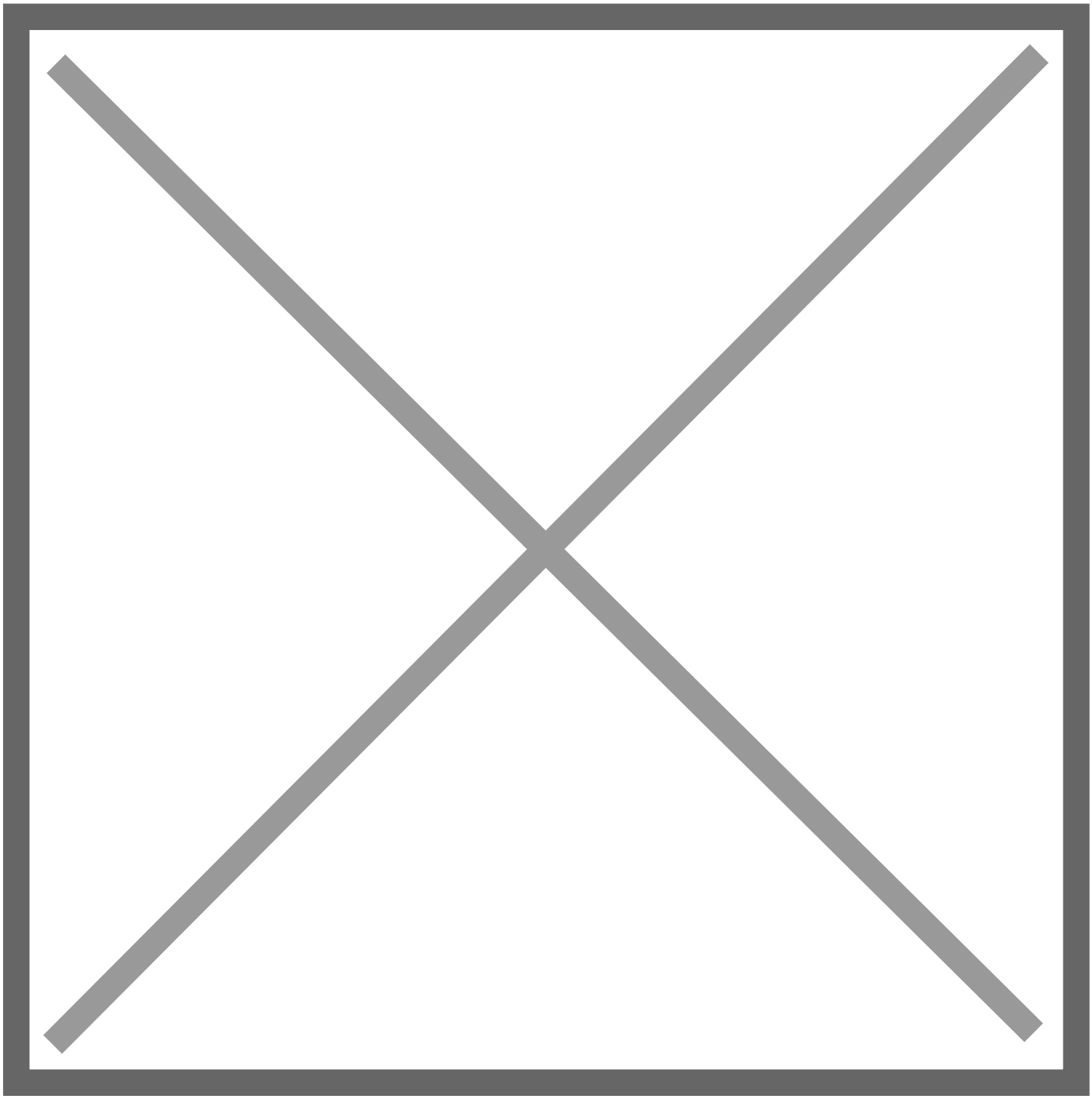
Women, 2022



Age:	20+
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Leukemia

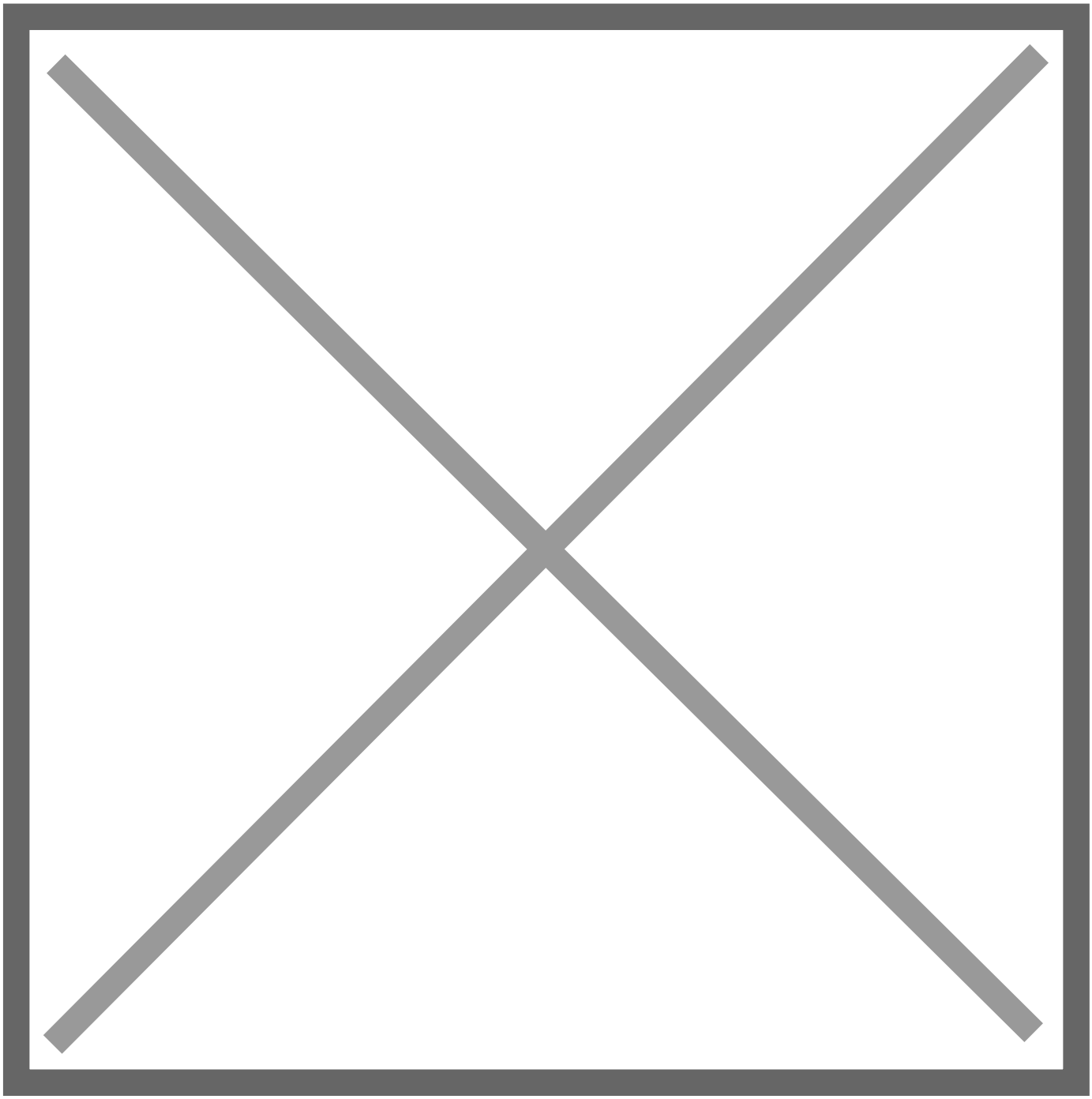
Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2022

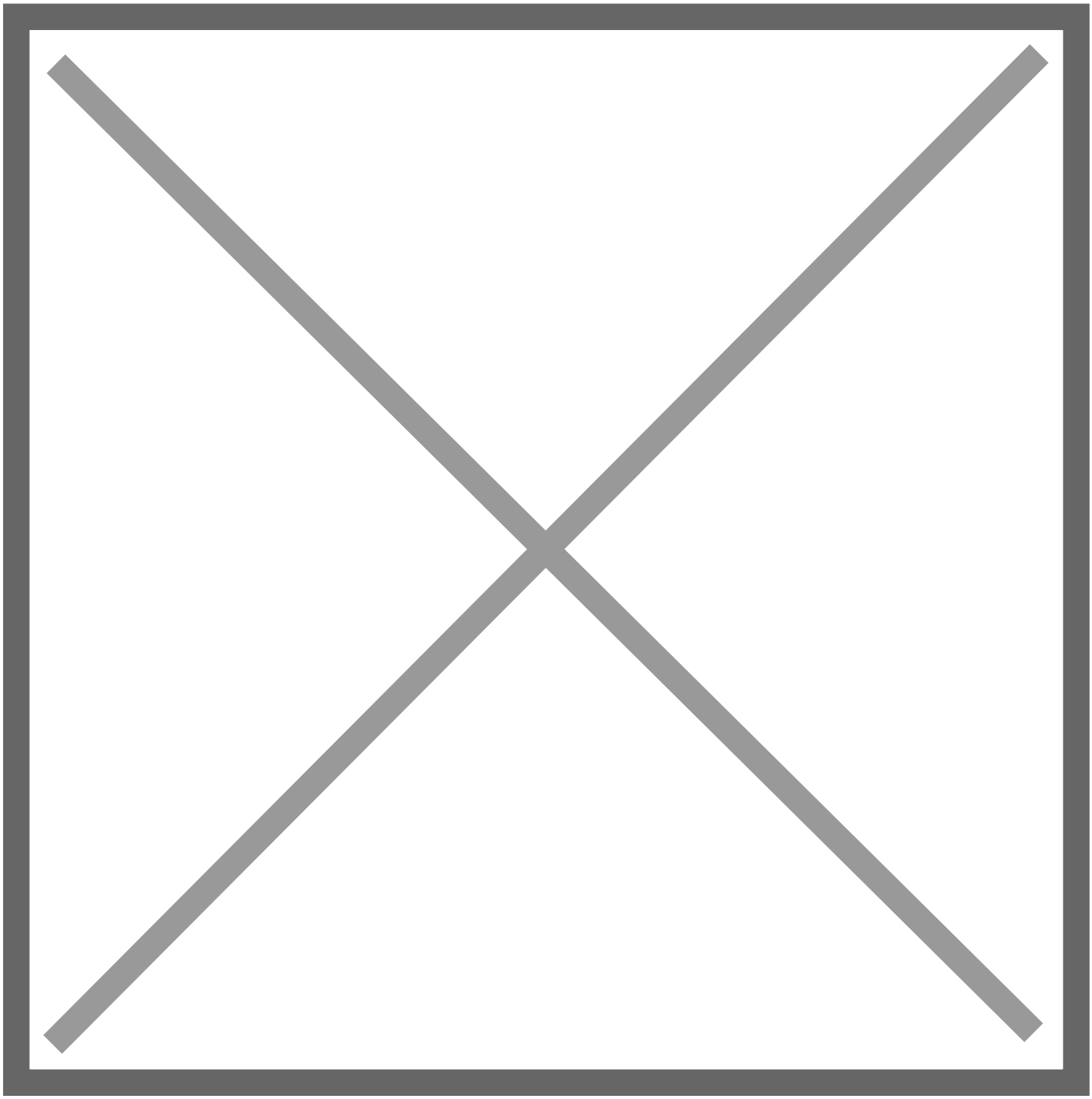


Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

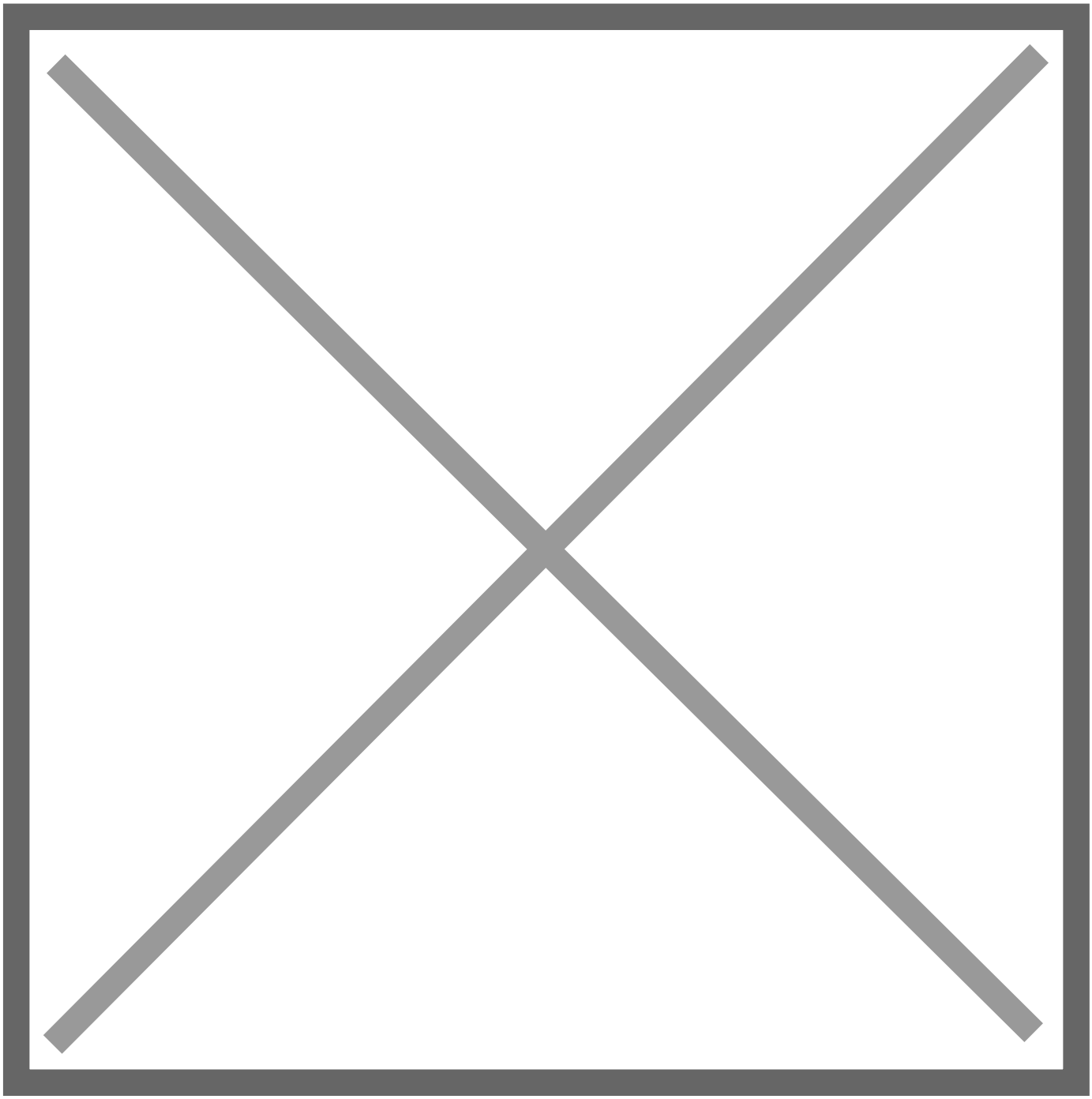
Liver and intrahepatic bile duct Cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

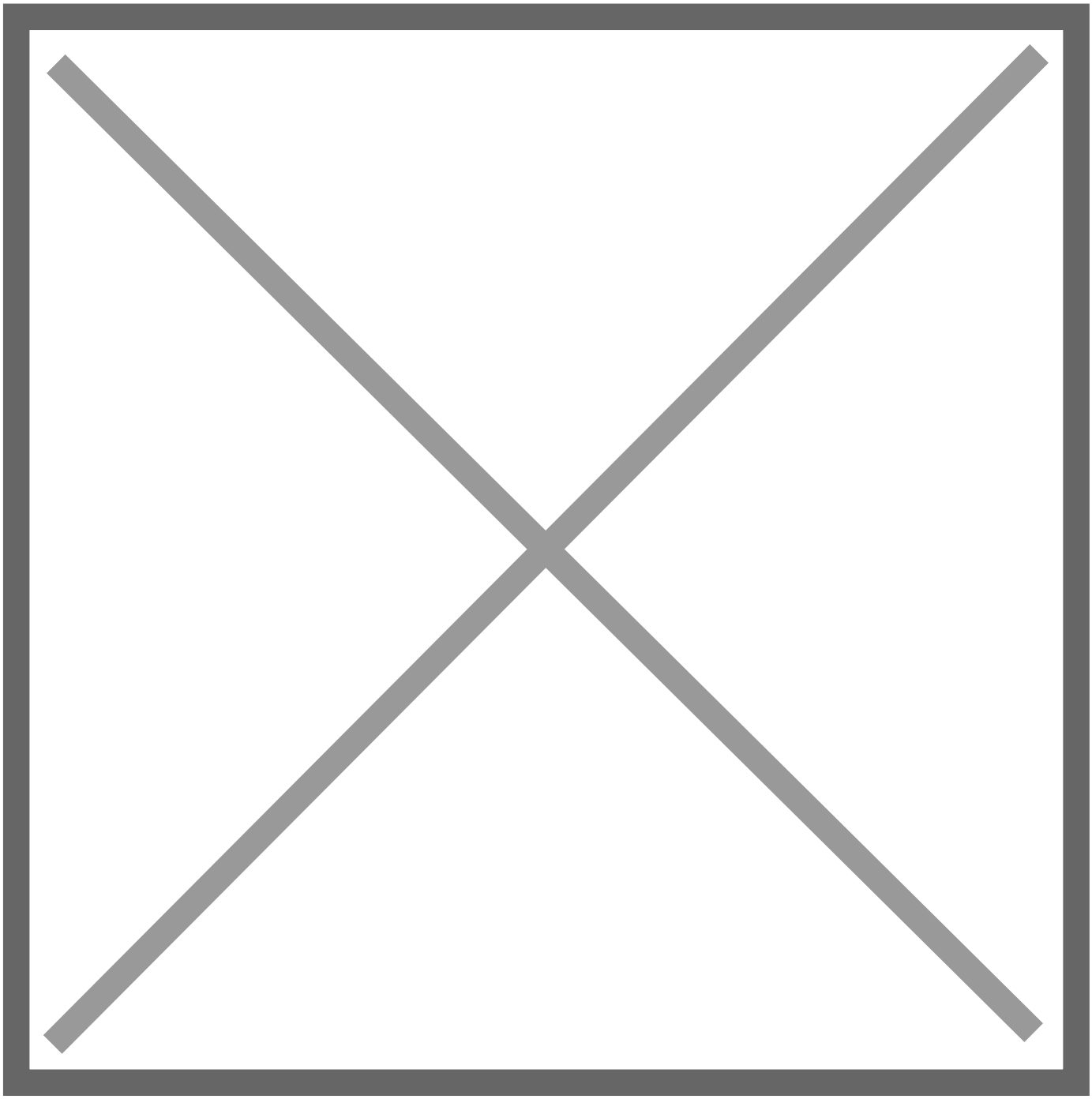
Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Multiple Myeloma

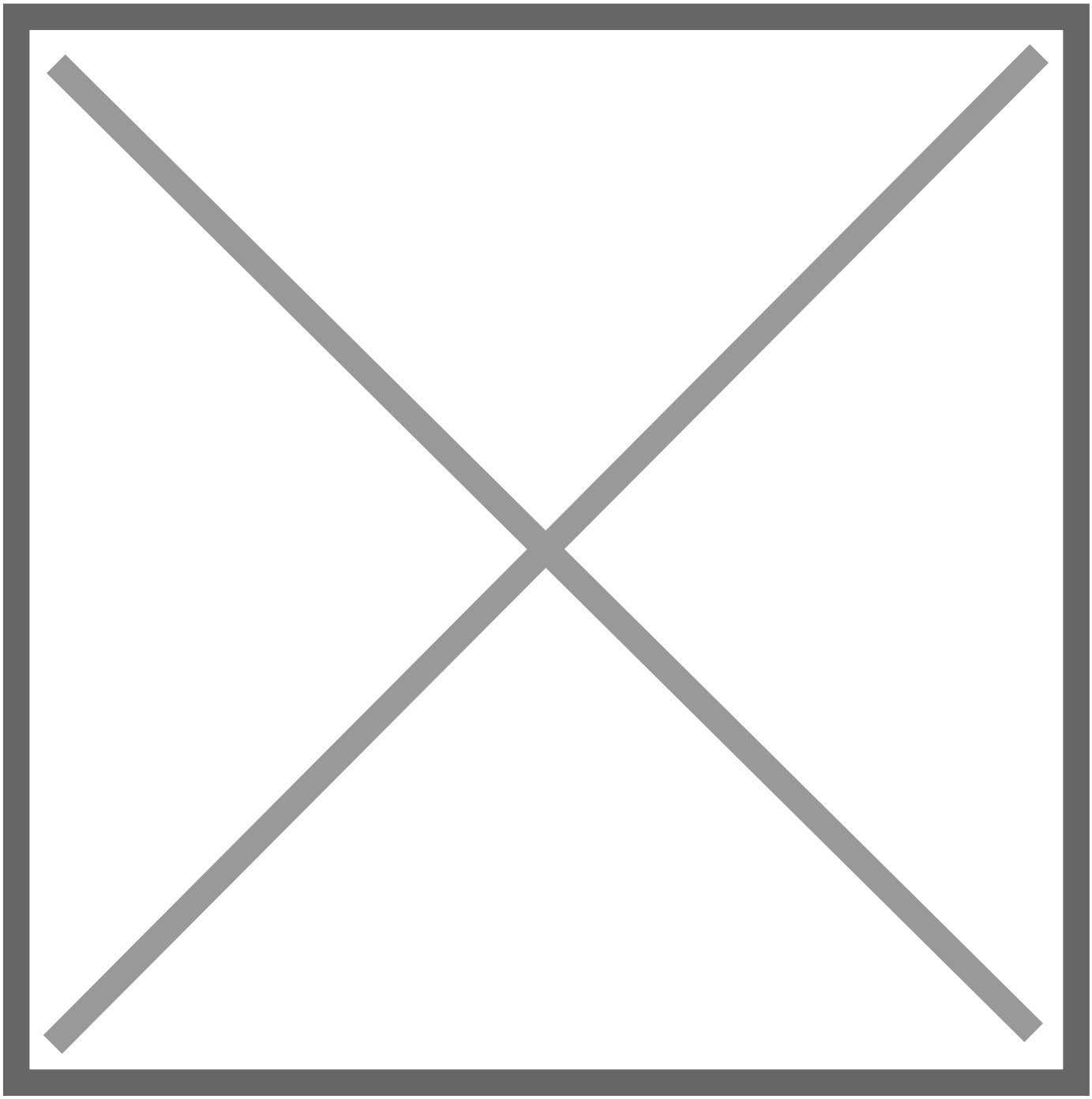
Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2022

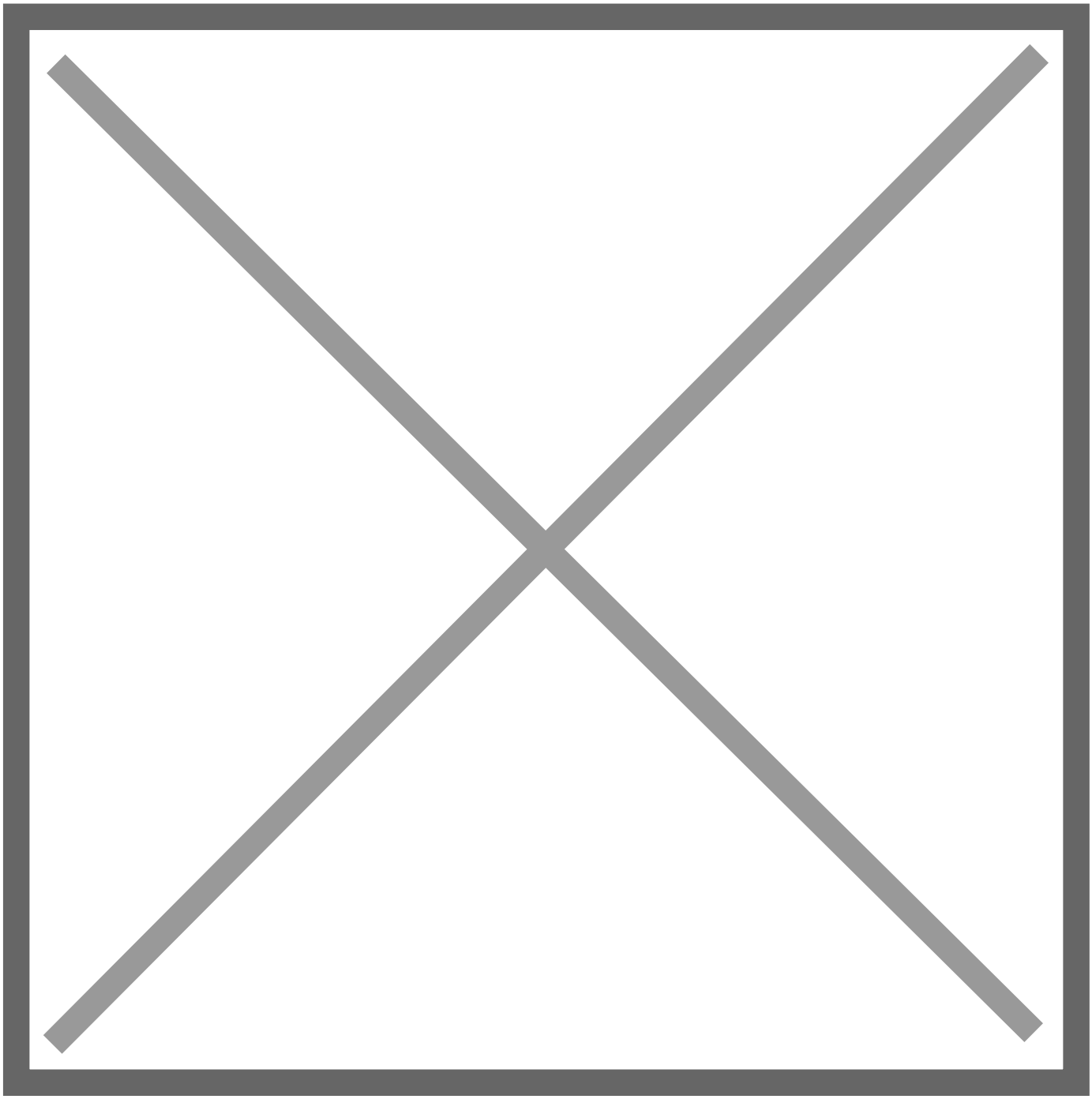


Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Non Hodgkin Lymphoma

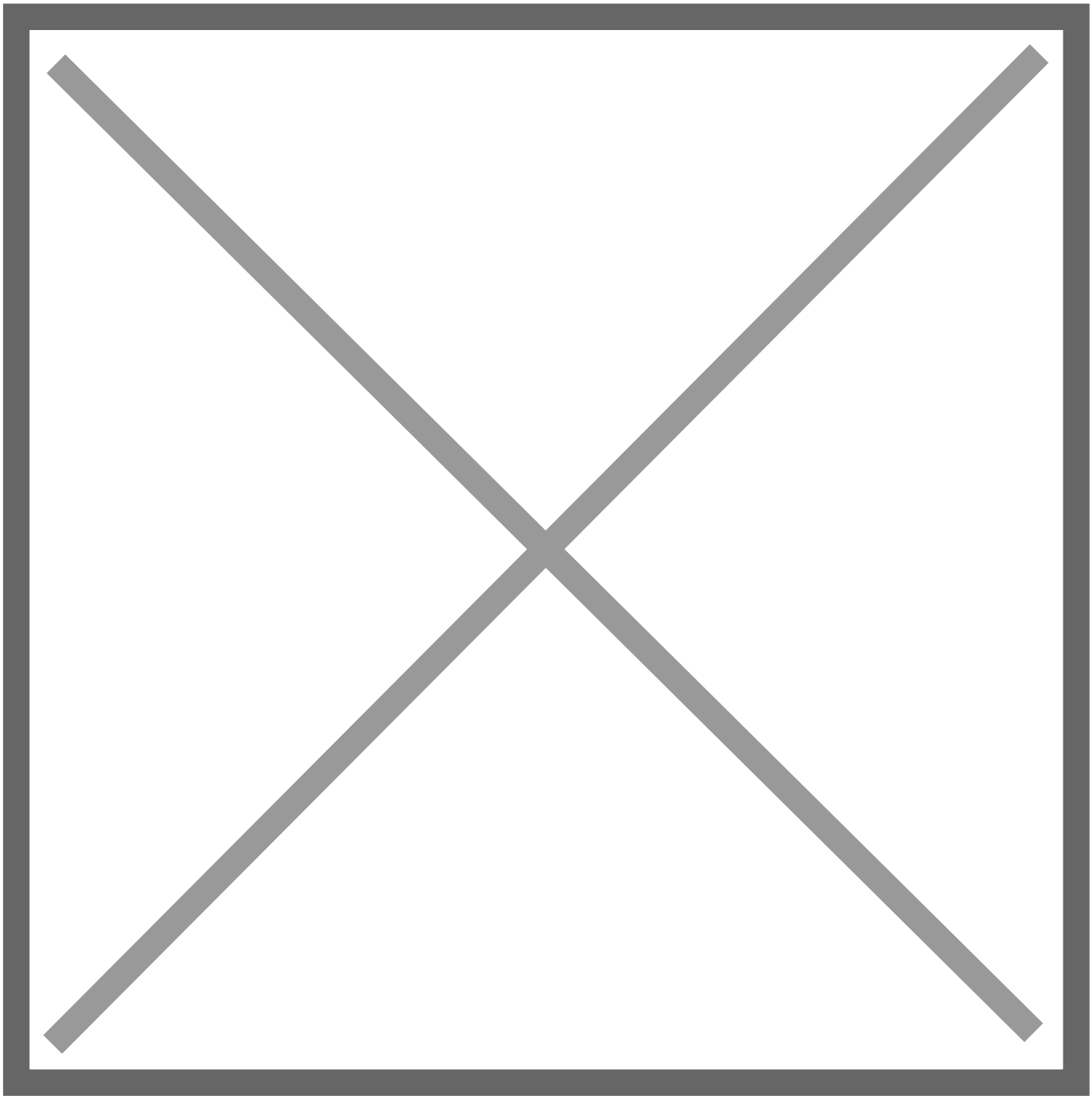
Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2022

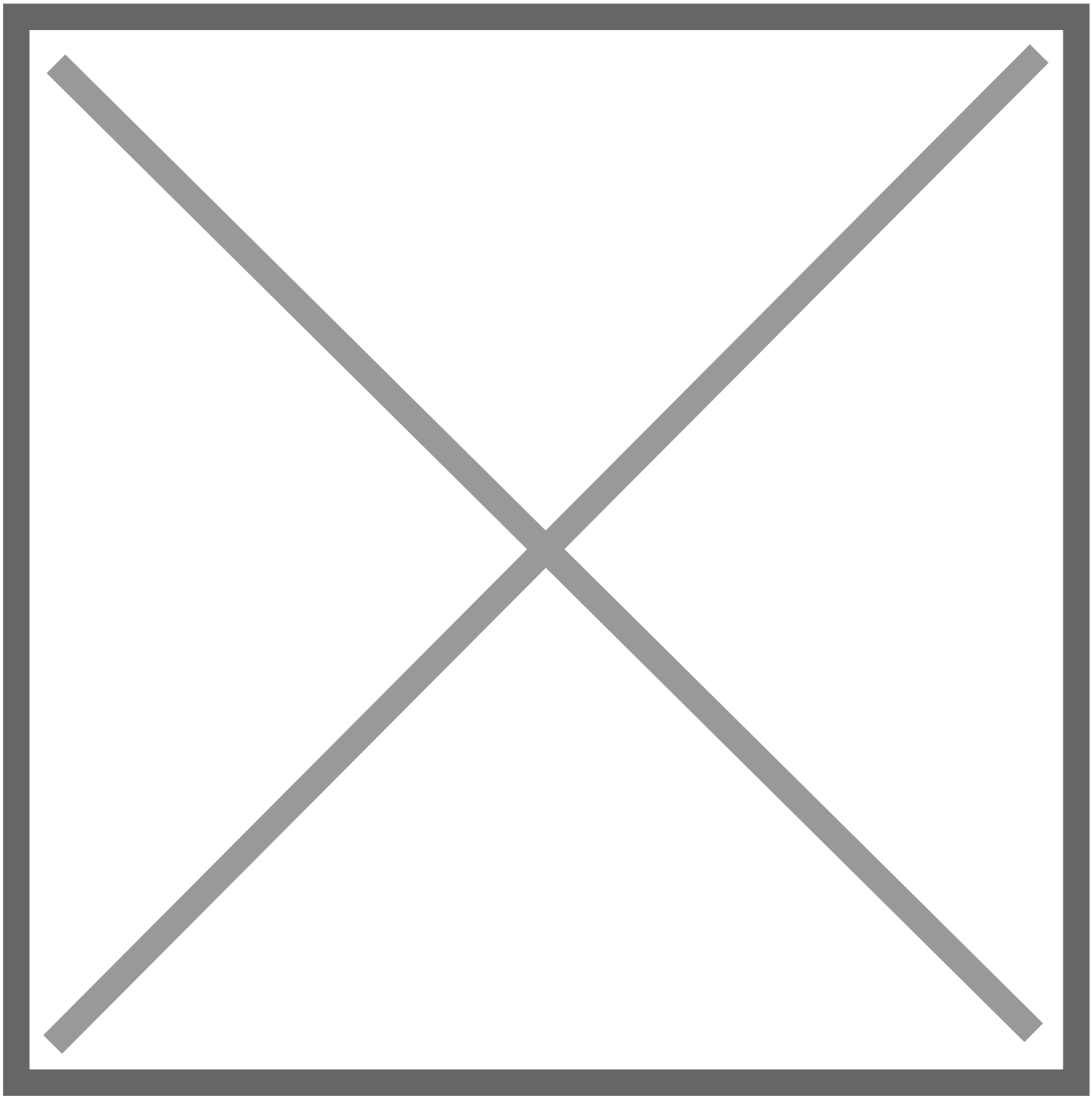


Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

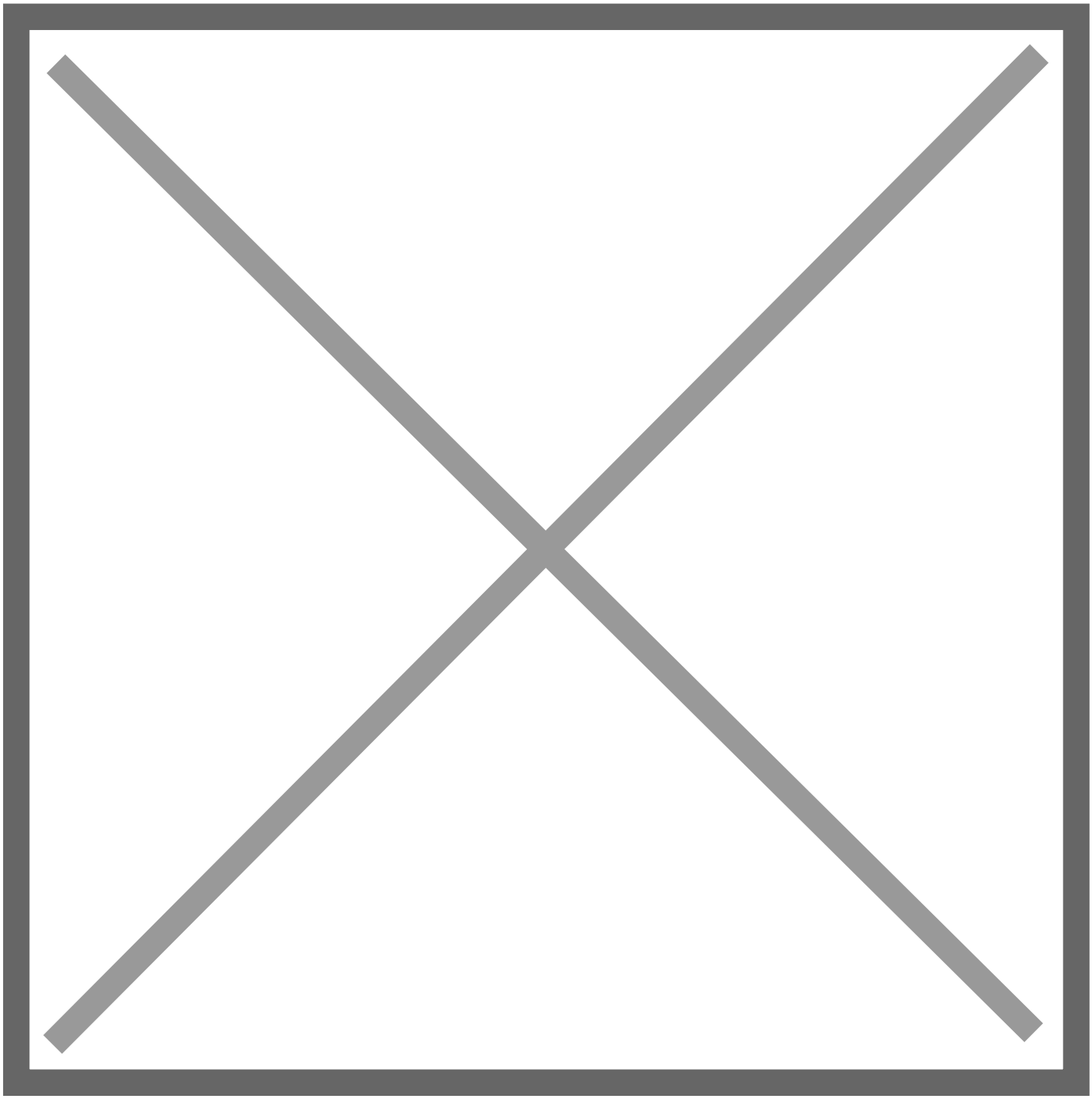
Thyroid Cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

PDF created on November 7, 2026