Peru

Policies, Interventions and Actions

Abordaje Nutricional Para La Prevencion y control del sobrepeso y la obesidad tipo de la persona joven, adulta y adulta major (only available in Spanish)

Only available in Spanish

Categories (partial):	Evidence of Management/treatment guidelines Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2023 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health
Linked document:	Download linked document
References:	Trujillo Aspilcueta, Henry; Lázaro Serrano, Mirko Luis (Instituto Nacional de Salud PE, 2023) Abordaje Nutricional Para La Prevencion y control del sobrepeso y la obesidad tipo de la persona joven, adulta y adulta major. Minesterio de Salude 2023

Guías alimentarias para la población Peruana

The National Center for Food and Nutrition within the National Health Institute has developed the FBDGs. The development process also involved the participation of representatives from public entities, academia, professional associations and research institutions, as well as the technical support from FAO. (Available only in Spanish language)

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2019 (ongoing)
Target age group:	Adults and children
Organisation:	National Center for Food and Nutrition
Linked document:	Download linked document
References:	https://www.fao.org/nutrition/education/food-dietary-guidelines/regions/countries/peru/en/

Resolución Ministerial N° 195-2019/MINSA Aprueban el Documento Técnico: Lineamientos para la promoción y protección de la alimentación saludable en las instituciones Educativas Públicas y Privadas de la educación básica [School food guidelines]

National mandatory standards for food available in schools. (Available only in Spanish language)

Categories:	Evidence of School Food Regulations
Year(s):	2019 (ongoing)
Target age group:	Children
Organisation:	Ministry of Health
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/43617 (last accessed 16.08.22)

Supreme Decree No. 012-2018-SA Law for the promotion of healthy eating for children and adolescents

Supreme Decree No. 012-2018-SA Government approve the Manual of Advertising Warnings within the framework of the provisions of Law No. 30021, Law for the promotion of healthy eating for children and adolescents, and its Regulations approved by Supreme Decree No. 017-2017-SA

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Categories (partial):	Evidence of Marketing Guidelines/Policy
Year(s):	2019 (ongoing)
Target age group:	Children
Organisation:	Government of Peru
Find out more:	www.gob.pe

Supreme Decree No. 033-2016-SA (the process of gradual reduction until the elimination of trans fats)

Measures to limit or virtually eliminate industrially-produced trans fatty acids in food intended for the final consumer and/or for supply to retail. All natural and legal persons who market, import, supply and manufacture processed food and non-alcoholic beverages shall gradually adjust the elimination of the trans fat content according to the following parameters and deadlines: 6.1.- Within a period of up to 18 months from the entry into force of the Regulation, the use and/or content of trans fats shall not exceed: (a) Fats, vegetable oils and margarines: 2 g of trans fatty acids per 100 g or 100 ml of fat b) Other industrially processed food and non-alcoholic beverages: 5 g of trans fatty acids per 100 g or 100 ml of fat 6.2.- For the purposes of eliminating the use and / or content of trans fat, it is established that within a period of 54 months, counted from the validity of this Regulation, the use and content of trans fats that come from partial hydrogenation in any food and processed non-alcoholic beverage will be eliminated. 6.3.- In the case of products containing trans fats of technological origin other than partial hydrogenation, the Health Authority at the national level will only grant the corresponding authorization, provided that it is demonstrated based on scientific and technological evidence, that the trans fat content has been reduced to the maximum possible in accordance with the technology used for its processing and there is no technological substitution for total elimination, the limit of trans fat content may not be exceeded: 2g of trans fatty acids per 100g or 100 ml of fat, exceptionally, in order to allow their gradual elimination in accordance with technological progress. (Available only in Spanish language)

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2018 (ongoing)
Target age group:	Adults and children
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/25341 (last accessed 16.08.22)

Norma Técnica Peruana NTP 209.652.2017 ALIMENTOS ENVASADOS. Etiquetado nutricional. PACKED FOODS. Labelling nutrition. 3a Edición

Mandatory national labelling guidelines for packaged foods and drinks in place. (Available only in Spanish language)

Categories:	Labelling Regulation/Guidelines
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/59286 (last accessed 10.08.22)

Decreto supremo No.007-2015-SA

Peru President signs Executive Decree defining nutrient profile of processed foods and beverages that should be used to implement a 2-yr old Food Law. Pages: 859-861

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2015 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	larepublica.pe
Linked document:	Download linked document

Health Directive No. 063 "Promotion of Healthy Kiosks and School Canteens

Specific provisions for the management, the process of health education in healthy eating, communication and dissemination of kiosks and school canteens at the national, regional and local levels

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2015 (ongoing)
Target age group:	Children
Organisation:	Government
Linked document:	Download linked document

National Strategy for Food and Nutrition Security 2013 - 2021

Comprehensive Physical Activity strategy / plan including overweight/obesity. (Available only in Spanish language)

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2013-2021
Target age group:	Adults and children
Organisation:	Comisión Multisectorial De Seguridad Alimentaria Y Nutricional
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/23168 (last accessed 15.08.22)

Promoting Healthy Food for Children Act Law 30021

Law that encourages healthy eating in children

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2013 (ongoing)
Target age group:	Children
Organisation:	Government
Find out more:	elperuano.pe

GNPR 2016-17 (q7) Breastfeeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA progam)
Find out more:	extranet.who.int
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en

Marketing of Breast-Milk Substitutes: National Implementation of the International Code Status Report 2016 (Promotion of Breastfeeding)

The 2016 report provides information on the status of implementing the International Code of Marketing of Breast-milk Substitutes and subsequent relevant World Health Assembly resolutions ("the Code") in and by countries. The report also identifies in which countries they actively promote the benefits of breastfeeding.

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	WHO UNICEF IBFAN
References:	WHO. UNICEF. IBFAN. Marketing of Breast-milk Substitutes: National Implementation of the International Code. Status Report 2016. Geneva: World Health Organization; 2016

Sugar Tax in Peru

25% tax on sugar beverages with > 6g sugar per 100ml

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Target age group:	Adults and children
Organisation:	Ministry of Health, Peru
Find out more:	www.gob.pe
Linked document:	Download linked document
References:	Supreme Decree No. 091-2018-EF, Ministry of Health Peru, see link below

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