

# Paraguay



## Policies, Interventions and Actions

**Limit on trans fats - La Resolución S.G. N° 411, dispone la disminución progresiva del contenido de los Ácidos Grasos Trans (AGT) de producción industrial presentes en los alimentos que son comercializados en el territorio nacional [Progressive reduction of iTFA in foods]**

Interim trans fatty acids limits (2% in all oils and fats, and 5% in other foods) came into effect in September 2022. A best practice policy that expands the 2% limit to all foods will come into effect in September 2024. (Available only in Spanish language)

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2022 (ongoing)
Target age group:	Adults and children
Organisation:	Minister of Public Health and Social Welfare
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/41891">https://extranet.who.int/nutrition/gina/en/node/41891</a> (last accessed 16.08.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

## Lineamientos técnicos y nutricionales para la implementación del programa de alimentación escolar del Paraguay - PAEP, en instituciones educativas de gestión oficial y privada subvencionada [School feeding technical and administrative guidelines]

National mandatory standards for food available in schools. The diet of students should be based on a healthy and adequate diet; understand the use of varied, safe foods using the food groups established in the Dietary Guidelines of Paraguay and reflected in the Nutritional Pot.

Categories:	Evidence of School Food Regulations
Year(s):	2018 (ongoing)
Target age group:	Children
Organisation:	Ministry of Education and Sciences
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/66533">https://extranet.who.int/nutrition/gina/en/node/66533</a> (last accessed 16.08.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

## NCD Country Profiles 2018 (Obesity Targets)

The profiles also provide data on the key metabolic risk factors, namely raised blood pressure, raised blood glucose and obesity and National Targets on Obesity (as of 2017)

Categories:	Evidence of Obesity Target
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Organisation:	World Health Organisation
References:	Noncommunicable diseases country profiles 2018. Geneva: World Health Organization; 2018. Licence: CC BY-NC-SA 3.0 IGO.

## Estrategia Nacional para la Prevención y el Control de la Obesidad 2015-2025

National strategy for the prevention and control of obesity 2015-2025

Categories:	Evidence of National Obesity Strategy/Policy or Action plan
Year(s):	2015-2025
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	<a href="http://portal.mspbs.gov.py">portal.mspbs.gov.py</a>
Linked document:	<a href="#">Download linked document</a>

## POLÍTICA DE PROMOCIÓN DE LA ACTIVIDAD FÍSICA

Comprehensive Physical Activity strategy / plan including overweight/ obesity. (Available only in Spanish language)

Categories:	Evidence of Physical Activity Guidelines/Policy
Year(s):	2015-2025
Target age group:	Adults and children
Organisation:	Ministerio de Salud Publica y Bienestar Social
Linked document:	<a href="#">Download linked document</a>

## Resolución S.G. N° 792/2015. Por la cual se reglamenta el contenido de sal (Cloruro de sodio) en productos panificados de uso masivo

National regulation with maximum thresholds for manufactured food/drink content relating to specific unhealthy ingredients. Article 1 Provide that the bakery products affected by this Resolution are: French bread, felipe bread, biscuits, stick, coquito, rosquita, and other breads of similar composition made with wheat flour type 00 and 000, in their various presentations, including bulk. Article 2 Determine that the salt added for the preparation of the products mentioned in the previous article will be a maximum of 15 grams of salt per kilogram of wheat flour. Article 3 Establish that the sodium content in baked goods should not be greater than 600 mg of sodium per 100 grams of product, including added salt, the ingredients of the bakery and added additives. (Available only in Spanish language)

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2015 (ongoing)
Target age group:	Adults and children
Organisation:	Minister of Public Health and Social Welfare
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/57284">https://extranet.who.int/nutrition/gina/en/node/57284</a> (last accessed 16.08.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

## National Action Plan for Prevention and Control of Chronic Noncommunicable Diseases 2014 2024

### NCD Strategy

Categories:	Evidence of NCD strategy
Year(s):	2014-2024
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	<a href="http://iris.paho.org">iris.paho.org</a>
Linked document:	<a href="#">Download linked document</a>
References:	Plan Nacional de Acción para la Prevención y el Control de las Enfermedades Crónicas No Transmisibles 2014- 2024. Ministerio de Salud Pública y Bienestar Social - Dirección General Vigilancia de la Salud. Dirección de Vigilancia de Enfermedades No Transmisibles (2014).

## Food-based dietary guidelines - Paraguay

Dietary guidelines for the general public - these were revised in 2013

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2013 (ongoing)
Target age group:	Adults and children
Organisation:	FOOD AND AGRICULTURE ORGANIZATION OF THE UNITED NATIONS
Linked document:	<a href="#">Download linked document</a>
References:	Food and Agriculture Organisation of the United Nations. <a href="http://www.fao.org/nutrition/education/food-dietary-guidelines/regions/countries/paraguay/en/">http://www.fao.org/nutrition/education/food-dietary-guidelines/regions/countries/paraguay/en/</a> (last accessed 24 Feb 2016)

## Decreto No 8.064/06. Disposición de la Vigencia en la República del Paraguay de las Resoluciones Adoptadas por el Grupo Mercado Común del Mercosur Referentes al SGT 3 Normas Técnicas [National adoption of Mercosur Technical Standards]

Mandatory national labelling guidelines for packaged foods and drinks in place. (Available only in Spanish language)

Categories:	Labelling Regulation/Guidelines
Year(s):	2006 (ongoing)
Target age group:	Adults and children
Organisation:	The President of the Republic of Paraguay
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/83722">https://extranet.who.int/nutrition/gina/en/node/83722</a> (last accessed 10.08.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

## Ley N°. 125/91 que establece el nuevo regimen tributario

Mandatory volume or weight based specific excise tax on unhealthy food or drink products. (Available only in Spanish language)

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	1991 (ongoing)
Target age group:	Adults and children
Organisation:	Chamber of Deputies
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/82234">https://extranet.who.int/nutrition/gina/en/node/82234</a> (last accessed 16.08.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

## Comprehensive Obesity Management Manual. Manual de manejo integral de la obesidad para profesionales de la salud

The Comprehensive Obesity Management Manual is based on the need to improve the diagnosis and treatment of obesity, and at the same time reduce the development and progression of its complications. The challenge is to bridge the gaps between the knowledge and practice of the different actors involved in tackling this problem.

Categories:	Evidence of Management/treatment guidelines
Target age group:	Adults and children
Organisation:	Ministry of Health Paraguay
Linked document:	<a href="#">Download linked document</a>

## Marketing of Breast-Milk Substitutes: National Implementation of the International Code Status Report 2016 (Promotion of Breastfeeding)

The 2016 report provides information on the status of implementing the International Code of Marketing of Breast-milk Substitutes and subsequent relevant World Health Assembly resolutions (“the Code”) in and by countries. The report also identifies in which countries they actively promote the benefits of breastfeeding.

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	WHO UNICEF IBFAN
References:	WHO. UNICEF. IBFAN. Marketing of Breast-milk Substitutes: National Implementation of the International Code. Status Report 2016. Geneva: World Health Organization; 2016

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