

Panama



Policies, Interventions and Actions

Sugary drink tax

Amendment to the 1995 Law. Sugary drinks defined as >7.5g per 100ml. 7% tax on Soft drinks, 10% on Syrups and 5% on other sugary drinks

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2019 (ongoing)
Target age group:	Adults and children
Organisation:	Panama Ministry of Health
Linked document:	Download linked document

National Food and Nutrition Security Plan 2017-2021

The purpose of the National Food and Nutrition Security Plan 2017-2021 is to promote food and nutritional security through intersectoral and inter-institutional coordination. It includes a section on overweight and obesity

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2017-2021
Target age group:	Adults and children
Organisation:	National Secretariat for the Food and Nutrition Security Plan
Find out more:	www.senapan.gob.pa
Linked document:	Download linked document

National Health Policy 2016-2025

National Health Policy 2016-2025

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2016-2025
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	minsa.b-cdn.net
Linked document:	Download linked document

National strategic plan for the prevention and control of non-communicable diseases and risk factors, 2014-2025

National strategic plan for the prevention and control of non-communicable diseases and risk factors, 2014-2025

Categories:	Evidence of NCD strategy
Year(s):	2014-2025
Target age group:	Adults and children
Organisation:	Ministry of Health
Linked document:	Download linked document

Food-based dietary guidelines

Panama has two guidelines which are aimed at the healthy population; one for those 2 years and older, and a second for healthy children under 2 years of age

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2013 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	www.minsa.gob.pa
Linked document:	Download linked document
References:	Food and Agriculture Organization of the United Nations. http://www.fao.org/nutrition/education/food-based-dietary-guidelines/regions/countries/panama/en/ (last accessed 1 March 2016)

Guide for the comprehensive care of people with obesity

Guide for the comprehensive care of people with obesity

Categories:	Evidence of Management/treatment guidelines
Year(s):	2009 (ongoing)
Target age group:	Adults
Organisation:	Ministry of Health
Linked document:	Download linked document

Marketing of Breast-Milk Substitutes: National Implementation of the International Code Status Report 2016 (Promotion of Breastfeeding)

The 2016 report provides information on the status of implementing the International Code of Marketing of Breast-milk Substitutes and subsequent relevant World Health Assembly resolutions (“the Code”) in and by countries. The report also identifies in which countries they actively promote the benefits of breastfeeding.

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	WHO UNICEF IBFAN
References:	WHO. UNICEF. IBFAN. Marketing of Breast-milk Substitutes: National Implementation of the International Code. Status Report 2016. Geneva: World Health Organization; 2016

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