Report card
Northern Ireland

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Obesity prevalence

Adults, 2017-2018

Survey type: Measured
Age: 16+
Sample size: 2315
Area covered: National

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Children, 2017-2018

<table>
<thead>
<tr>
<th></th>
<th>Obesity</th>
<th>Overweight</th>
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<tbody>
<tr>
<td>Children</td>
<td>7%</td>
<td>18%</td>
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<td>Boys</td>
<td>10%</td>
<td>25%</td>
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<tr>
<td>Girls</td>
<td>7%</td>
<td>18%</td>
</tr>
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Survey type: Measured
Age: 2-15
Sample size: 392
Area covered: National


Notes: NOTE SMALL SAMPLE SIZE
Cutoffs: IOTF
% Adults living with obesity in Northern Ireland 2010-2017

Men

Survey type: Measured


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Women

Survey type: Measured


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
% Adults living with overweight or obesity in Northern Ireland 2010-2017

Men

Survey type: Measured


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Women

Survey type: Measured


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m². Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
% Children living with overweight or obesity in Northern Ireland 2010-2017

Boys

Survey type: Measured


Definitions: IOTF

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Girls

Survey type: Measured


Definitions: IOTF

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*
Overweight/obesity by age

Adults, 2017-2018

Survey type: Measured
Sample size: 2315
Area covered: National

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Children, 2017-2018

Survey type: Measured


Cutoffs: IOTF
Overweight/obesity by region

Adults, 2017-2018

Survey type: Measured
Age: 16+
Sample size: 2315
Area covered: National

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
## Children, 2012-2013

<table>
<thead>
<tr>
<th></th>
<th>Rural</th>
<th>Urban</th>
</tr>
</thead>
<tbody>
<tr>
<td>Obesity (%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Overweight (%)</td>
<td>25</td>
<td>25</td>
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- **Survey type:** Measured
- **Age:** 2-10
- **Area covered:** National


**Cutoffs:** IOTF

### Cutoffs

- **IOTF**

### Survey Details

<table>
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<th>Survey Details</th>
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<tr>
<td>Survey type</td>
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<td>2-10</td>
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<td>Area covered</td>
<td>National</td>
</tr>
</tbody>
</table>
Overweight/obesity by socio-economic group

Adults, 2017-2018

Survey type: Measured
Age: 16+
Sample size: 2315
Area covered: National

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Children, 2012-2013

Survey type: Measured
Age: 2-10
Area covered: National
Cutoffs: IOTF

PDF created on November 19, 2020