



Northern Ireland



Country report card - adults

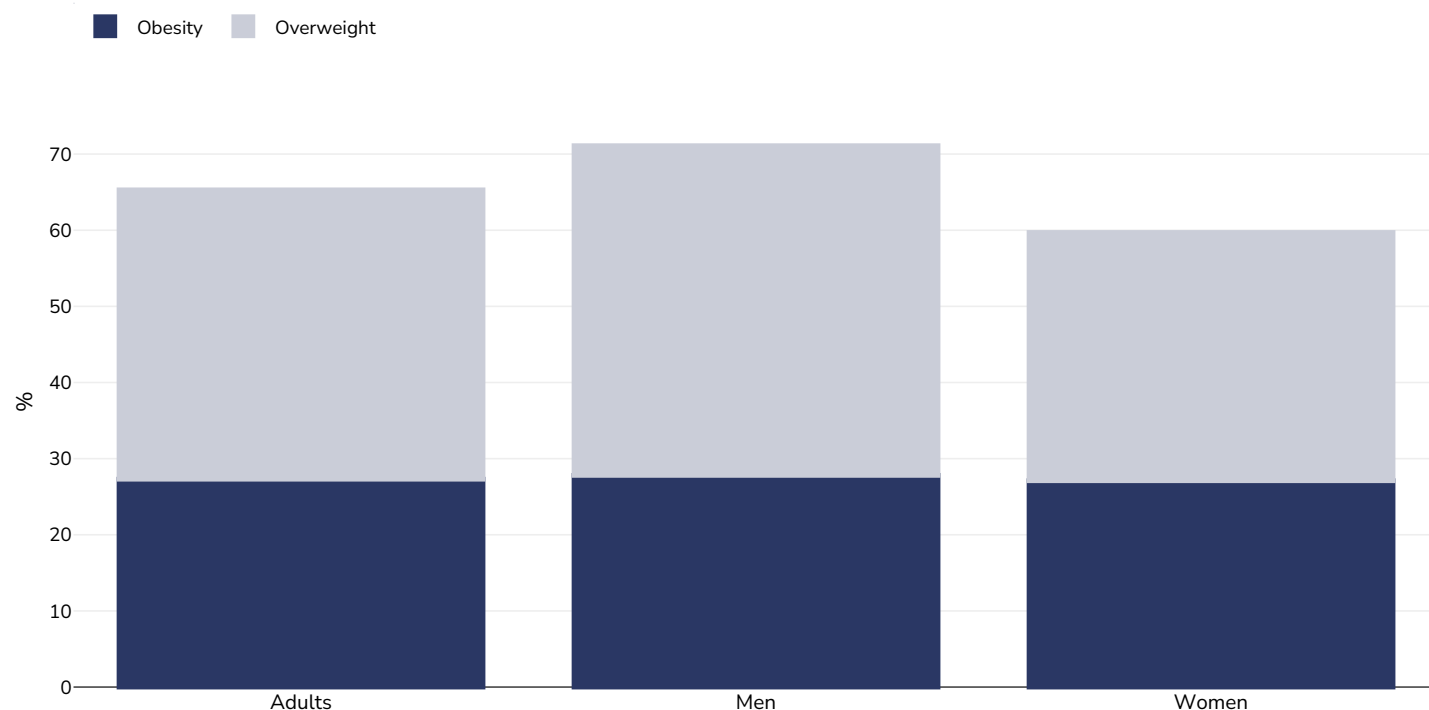
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/northern-ireland-242/>.

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Obesity prevalence

Adults, 2019-2020

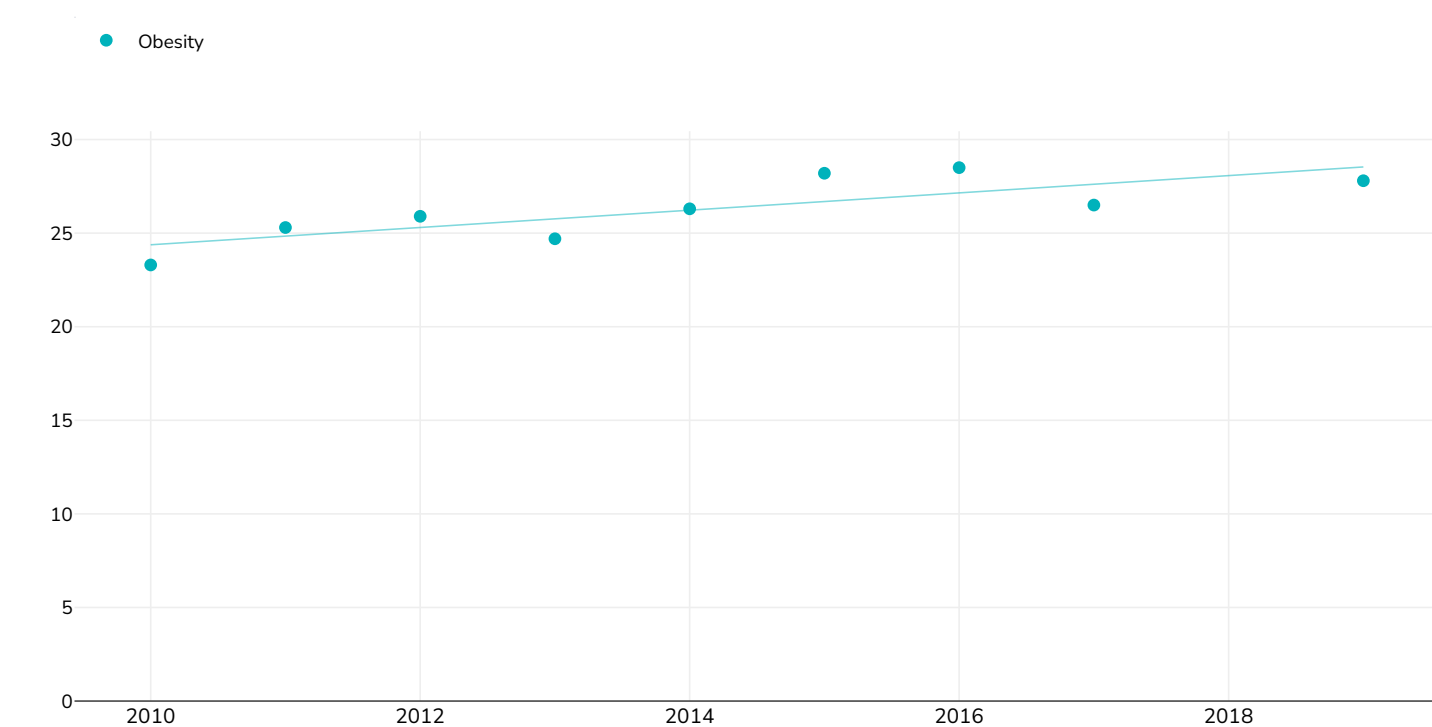


Survey type:	Measured
Age:	16+
Sample size:	3120
Area covered:	National
References:	Northern Ireland Health Survey 2019/20. Available at https://www.health-ni.gov.uk/publications/health-survey-northern-ireland-first-results-201920 (last accessed 02.03.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

% Adults living with obesity in Northern Ireland 2010-2019

Men



Survey type:

Measured

References:

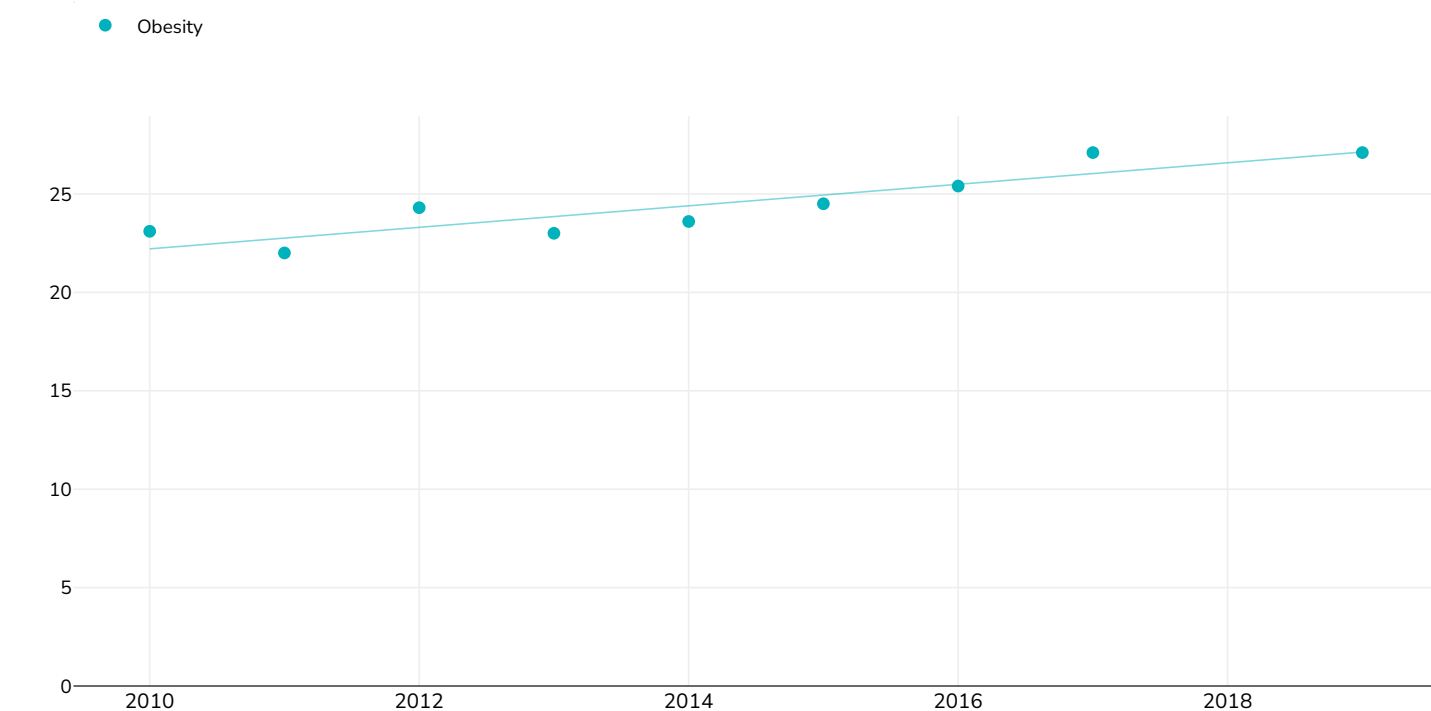
2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017: Health Survey Northern Ireland 2017/18. <https://www.health-ni.gov.uk/publications/health-survey-northern-ireland-first-results-201718> (last accessed 14.07.20)

2019: Northern Ireland Health Survey 2019/20. Available at <https://www.health-ni.gov.uk/publications/health-survey-northern-ireland-first-results-201920> (last accessed 02.03.21)

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Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Women



Survey type:

Measured

References:

2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017: Health Survey Northern Ireland 2017/18. <https://www.health-ni.gov.uk/publications/health-survey-northern-ireland-first-results-201718> (last accessed 14.07.20)

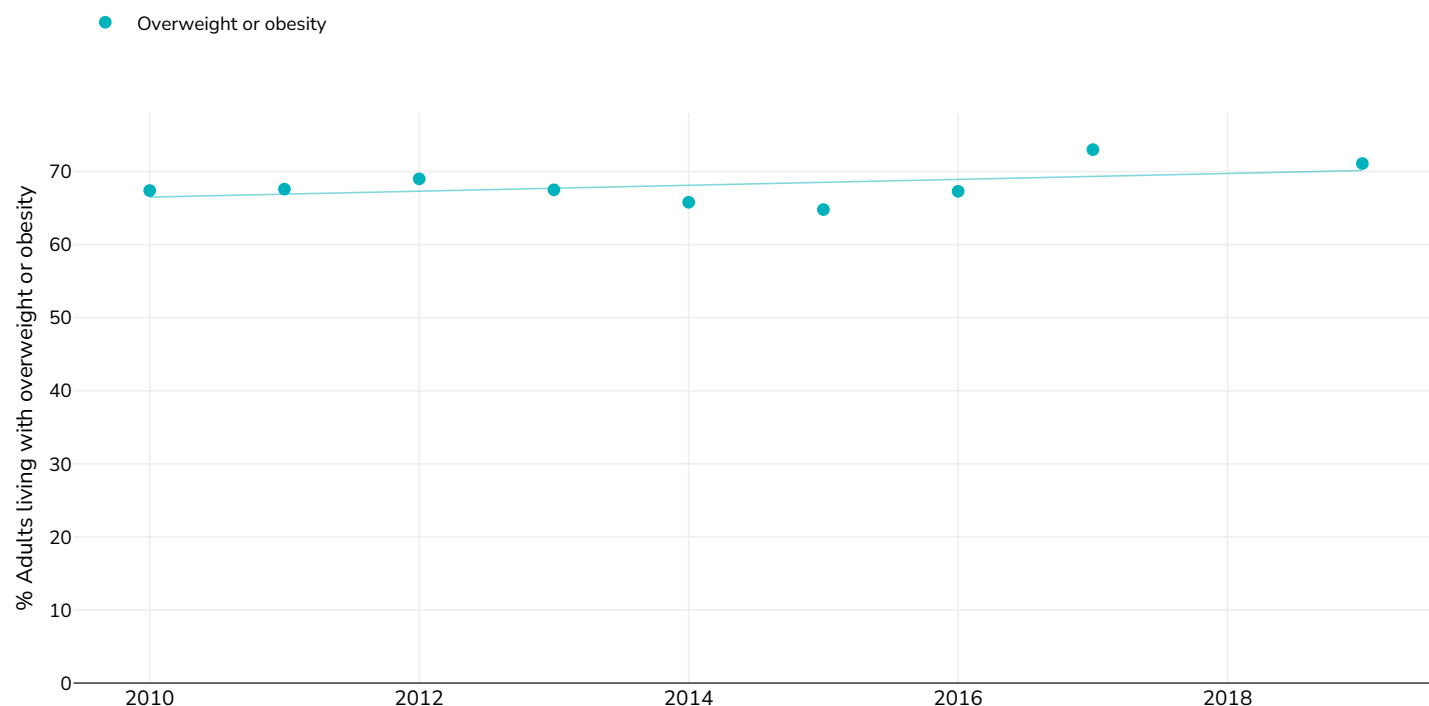
2019: Northern Ireland Health Survey 2019/20. Available at <https://www.health-ni.gov.uk/publications/health-survey-northern-ireland-first-results-201920> (last accessed 02.03.21)

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% Adults living with overweight or obesity in Northern Ireland 2010-2019

Men



Survey type:

Measured

References:

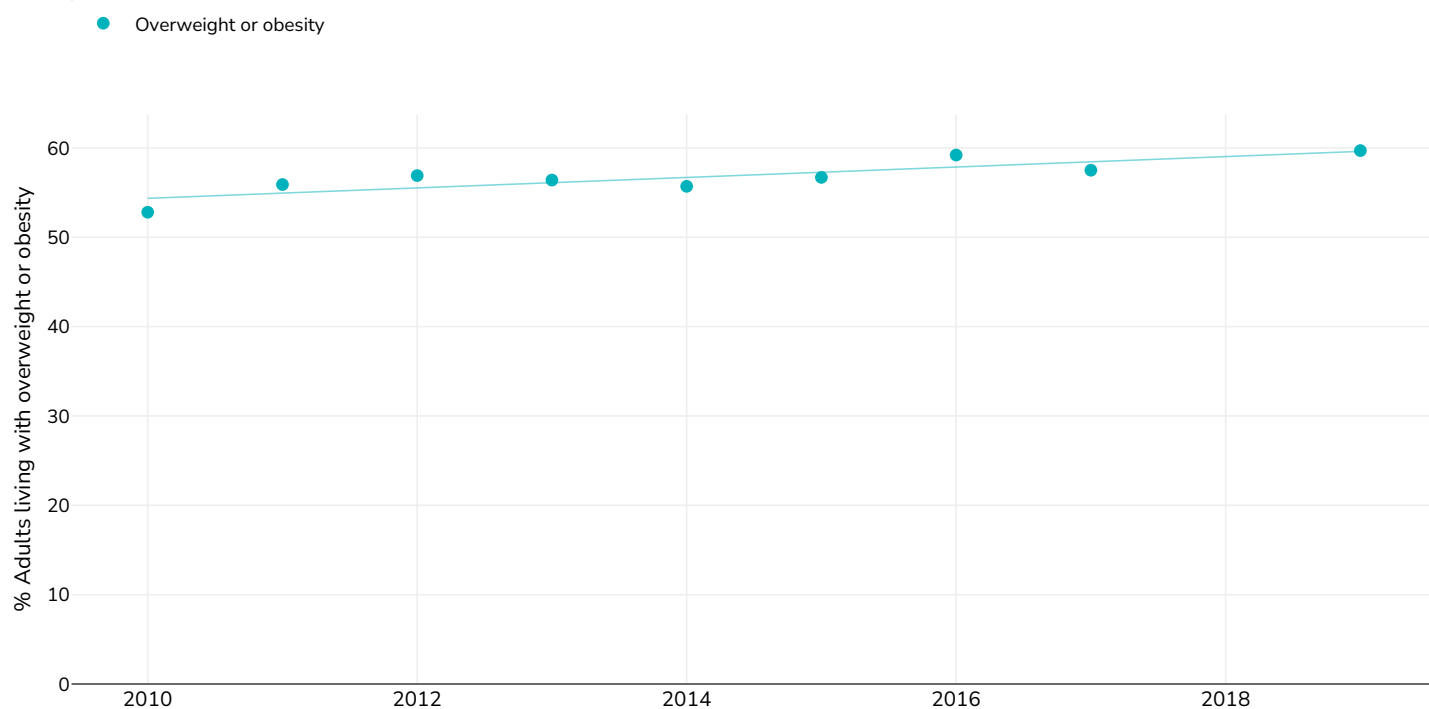
2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017: Health Survey Northern Ireland 2017/18. <https://www.health-ni.gov.uk/publications/health-survey-northern-ireland-first-results-201718> (last accessed 14.07.20)

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Women



Survey type:

Measured

References:

2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017: Health Survey Northern Ireland 2017/18. <https://www.health-ni.gov.uk/publications/health-survey-northern-ireland-first-results-201718> (last accessed 14.07.20)

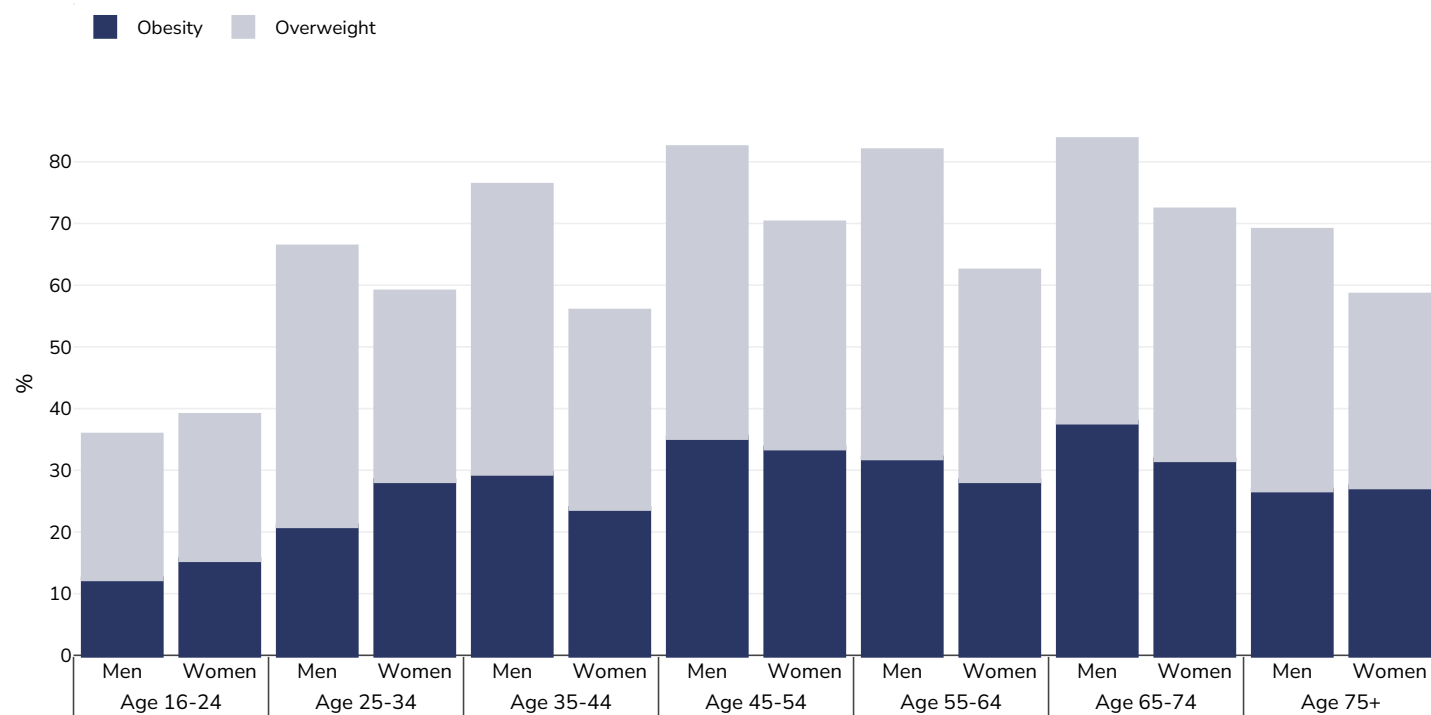
2019: Northern Ireland Health Survey 2019/20. Available at <https://www.health-ni.gov.uk/publications/health-survey-northern-ireland-first-results-201920> (last accessed 02.03.21)

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Overweight/obesity by age

Adults, 2019-2020



Survey type: Measured

Sample size: 3120

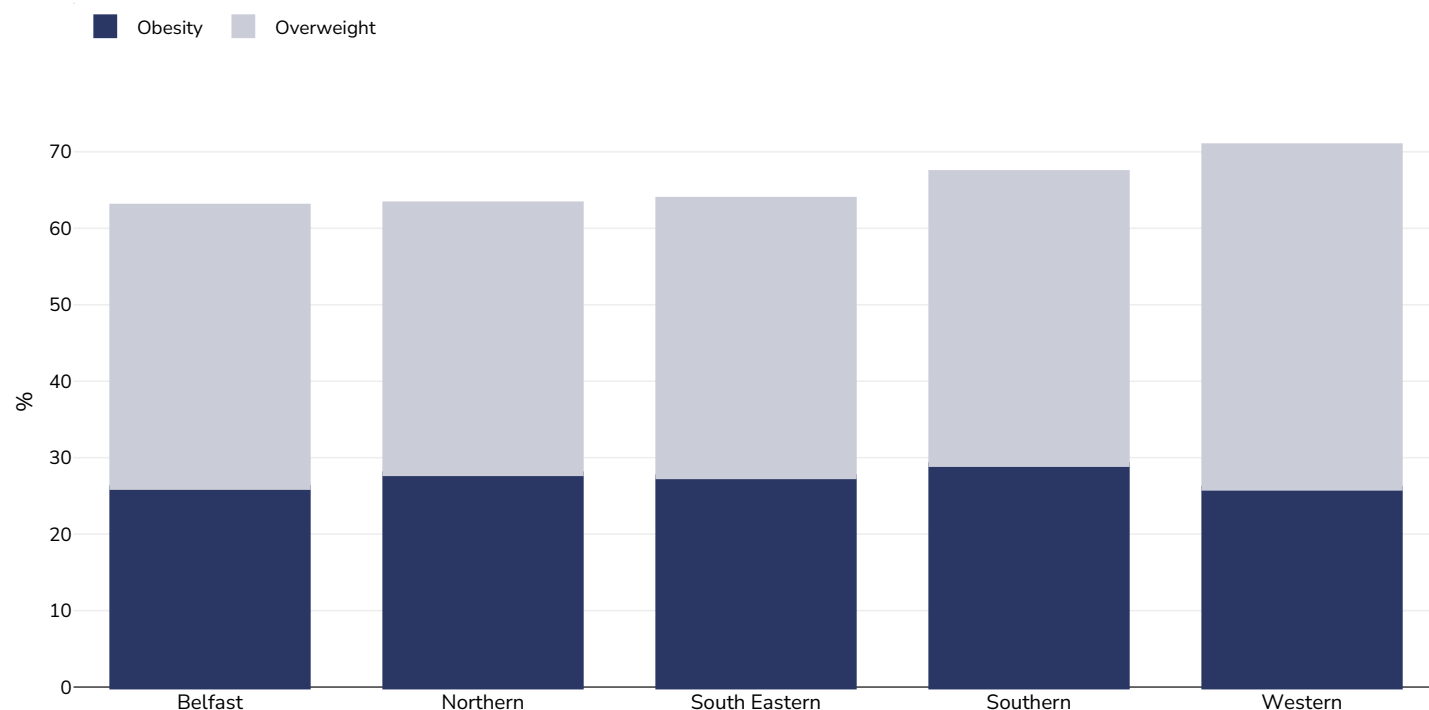
Area covered: National

References: Northern Ireland Health Survey 2019/20. Available at <https://www.health-ni.gov.uk/publications/health-survey-northern-ireland-first-results-201920> (last accessed 02.03.21)

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Overweight/obesity by region

Adults, 2019-2020



Survey type: Measured

Age: 16+

Sample size: 3120

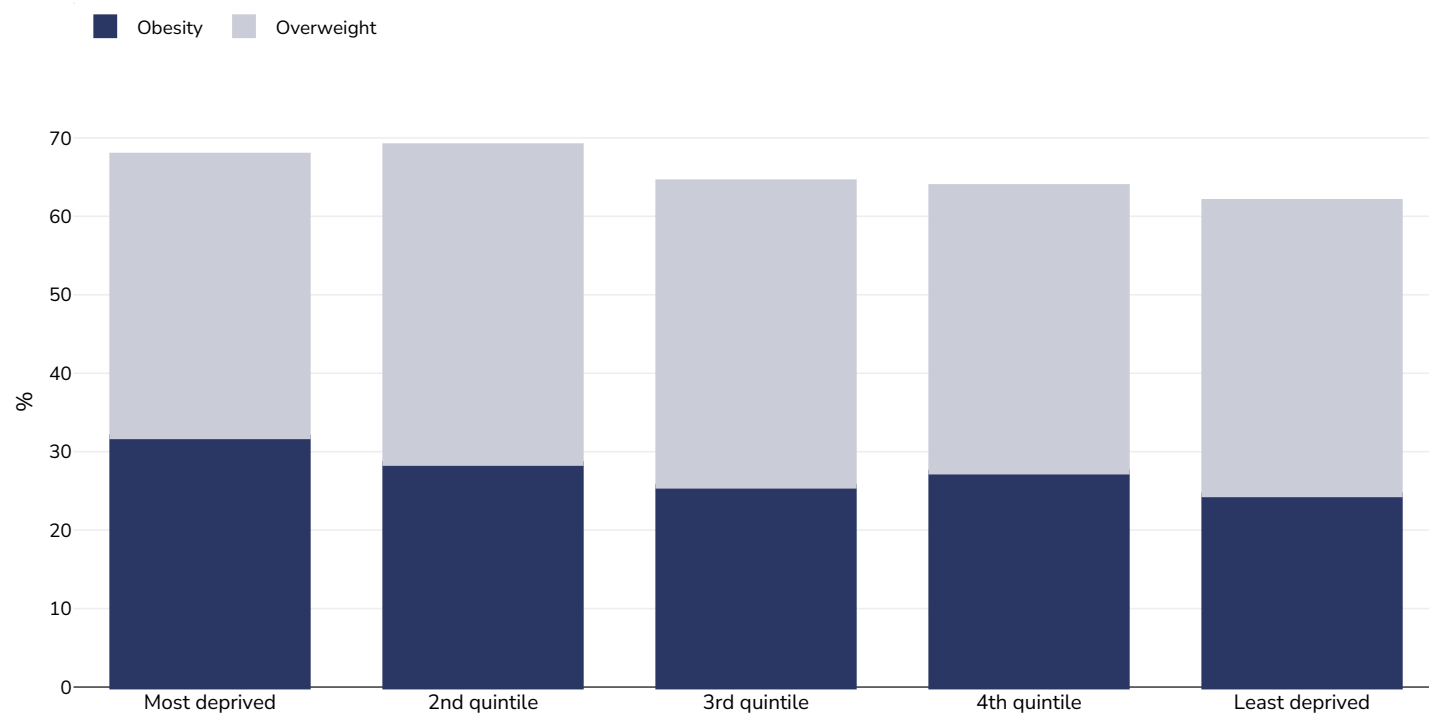
Area covered: National

References: Northern Ireland Health Survey 2019/20. Available at <https://www.health-ni.gov.uk/publications/health-survey-northern-ireland-first-results-201920> (last accessed 02.03.21)

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Overweight/obesity by socio-economic group

Adults, 2019-2020



Survey type:	Measured
Age:	16+
Sample size:	3120
Area covered:	National
References:	Northern Ireland Health Survey 2019/20. Available at https://www.health-ni.gov.uk/publications/health-survey-northern-ireland-first-results-201920 (last accessed 02.03.21)

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