



Macedónia do Norte



Country report card - under-5s

This report card contains the latest data available on the GlobalObesityObservatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/north-macedonia-126/>.

Prevalência de obesidade

0-5 years, 2018-2019



Idade: 0-5

Tamanho da amostra: 1255

Referências: MICS: 2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF.

Notas:

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definições
(disponível
apenas em
inglês):**

=>+2SD

Excesso de peso/obesidade por educação

0-5 years, 2018-2019



Tamanho da amostra:

1255

Referências:

MICS: 2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF.

Notas:

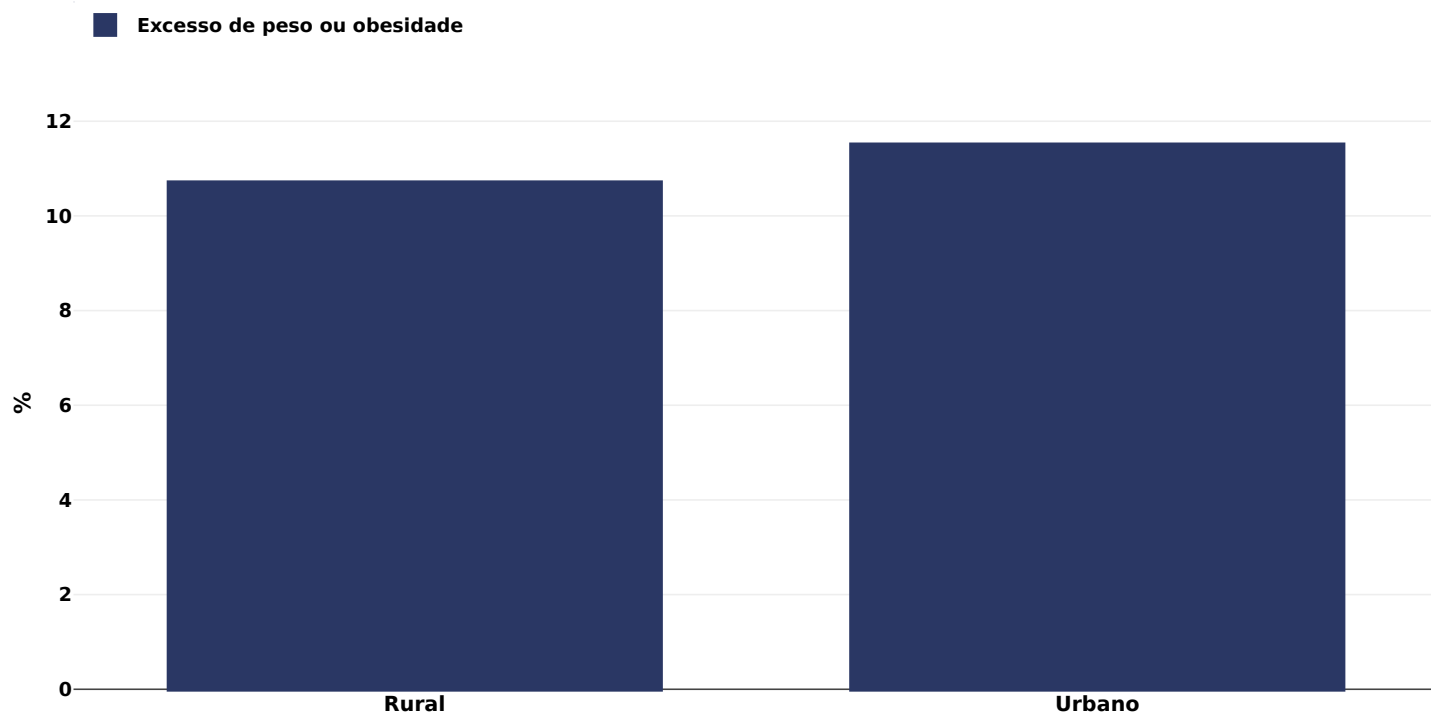
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definições
(disponível
apenas em
inglês):**

=>+2SD

Excesso de peso/obesidade por região

0-5 years, 2018-2019



Tamanho da amostra:

1255

Referências:

MICS: 2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF.

Notas:

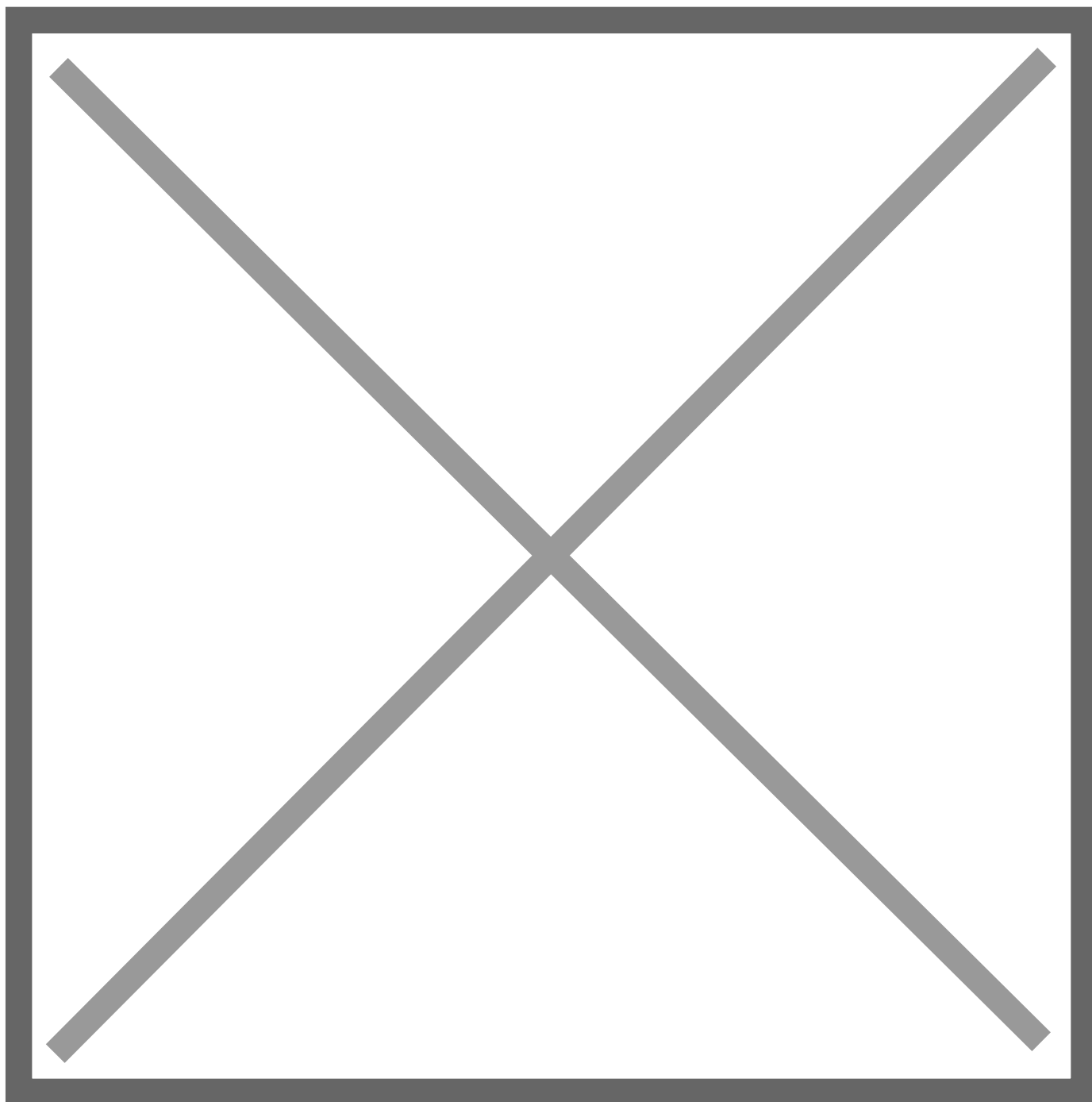
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definições (disponível apenas em inglês):

=> +2SD

Excesso de peso/obesidade por grupo socioeconómico

0-5 years, 2018-2019



Tamanho da amostra:

1255

Referências:

MICS: 2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF.

Notas:

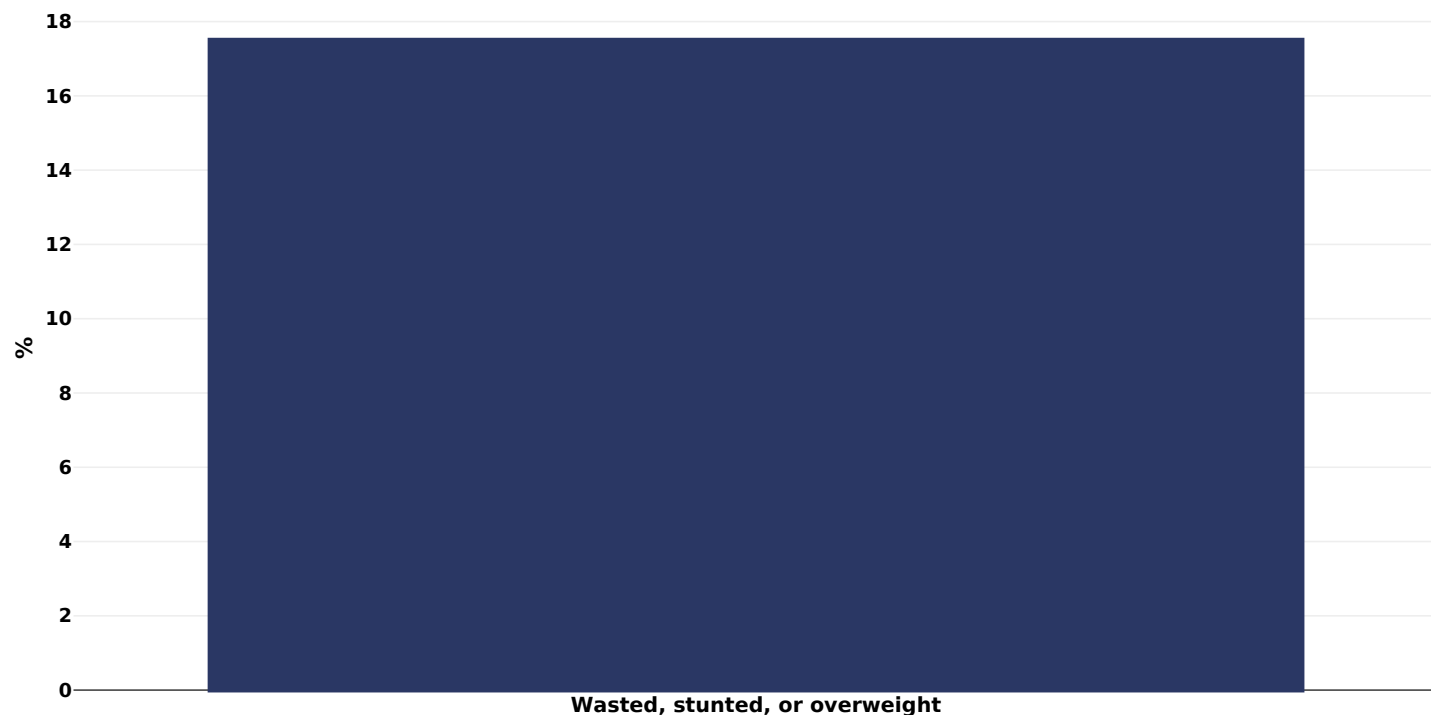
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definições
(disponível
apenas em
inglês):**

=>+2SD

Double burden of underweight & overweight

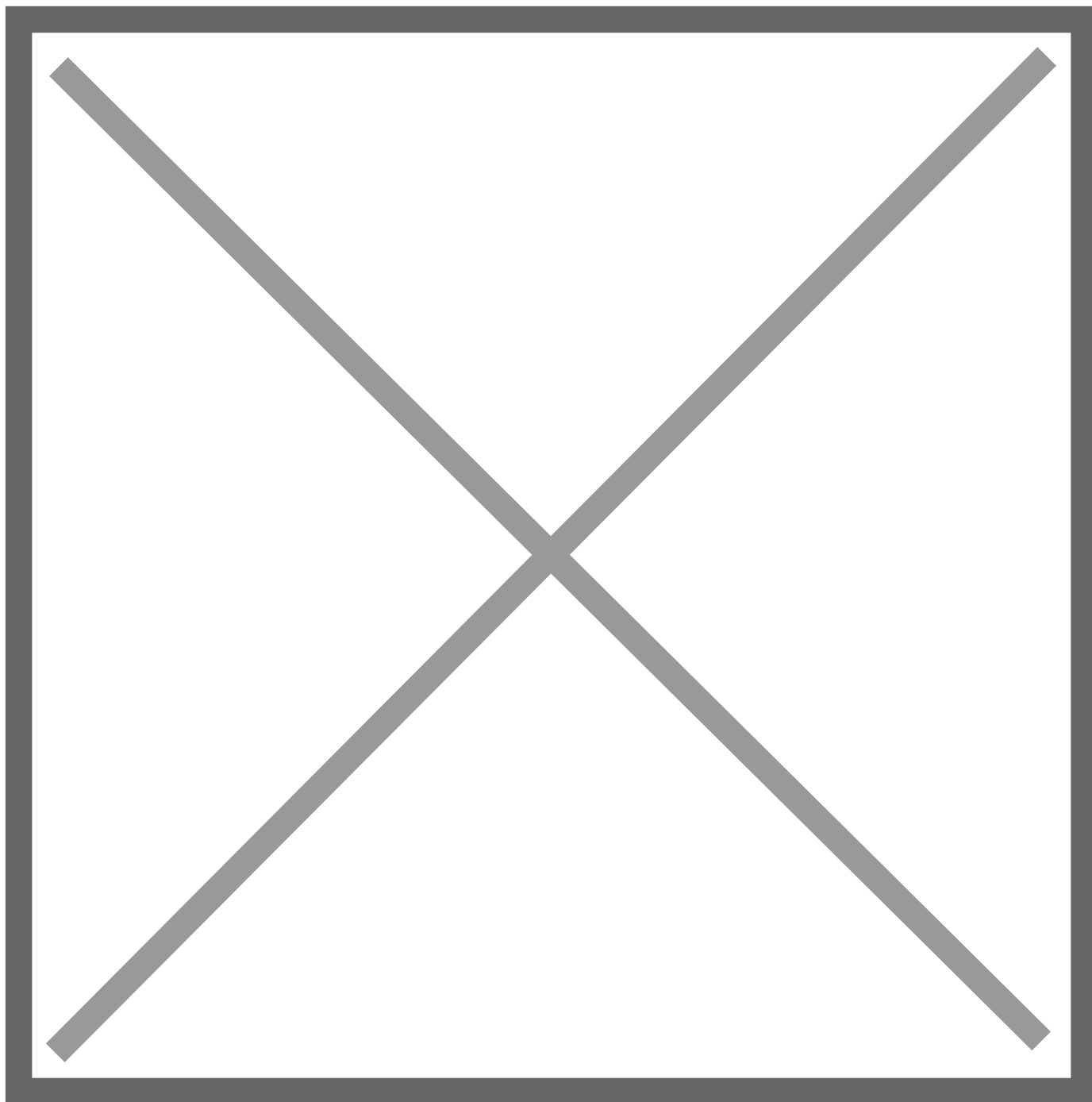
0-5 years, 2018-2019



Tipo de inquérito:	Medido
Idade:	0-5
Referências:	United Nations Childrens Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: https://data.unicef.org/topic/nutrition/malnutrition/ [Accessed 06.08.25]
Notas:	2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF.
Definições (disponível apenas em inglês):	Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)
Cutoffs:	WHZ <-2, HAZ <-2 and WHZ >+2

% de bebés entre os 0 e 5 meses exclusivamente amamentados

0-5 years, 1996-2023



Referências: 2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF.

Notas:

Full details are available. Original citation United Nations Childrens Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

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