



# Βόρεια Μακεδονία



## Country report card - under-5s

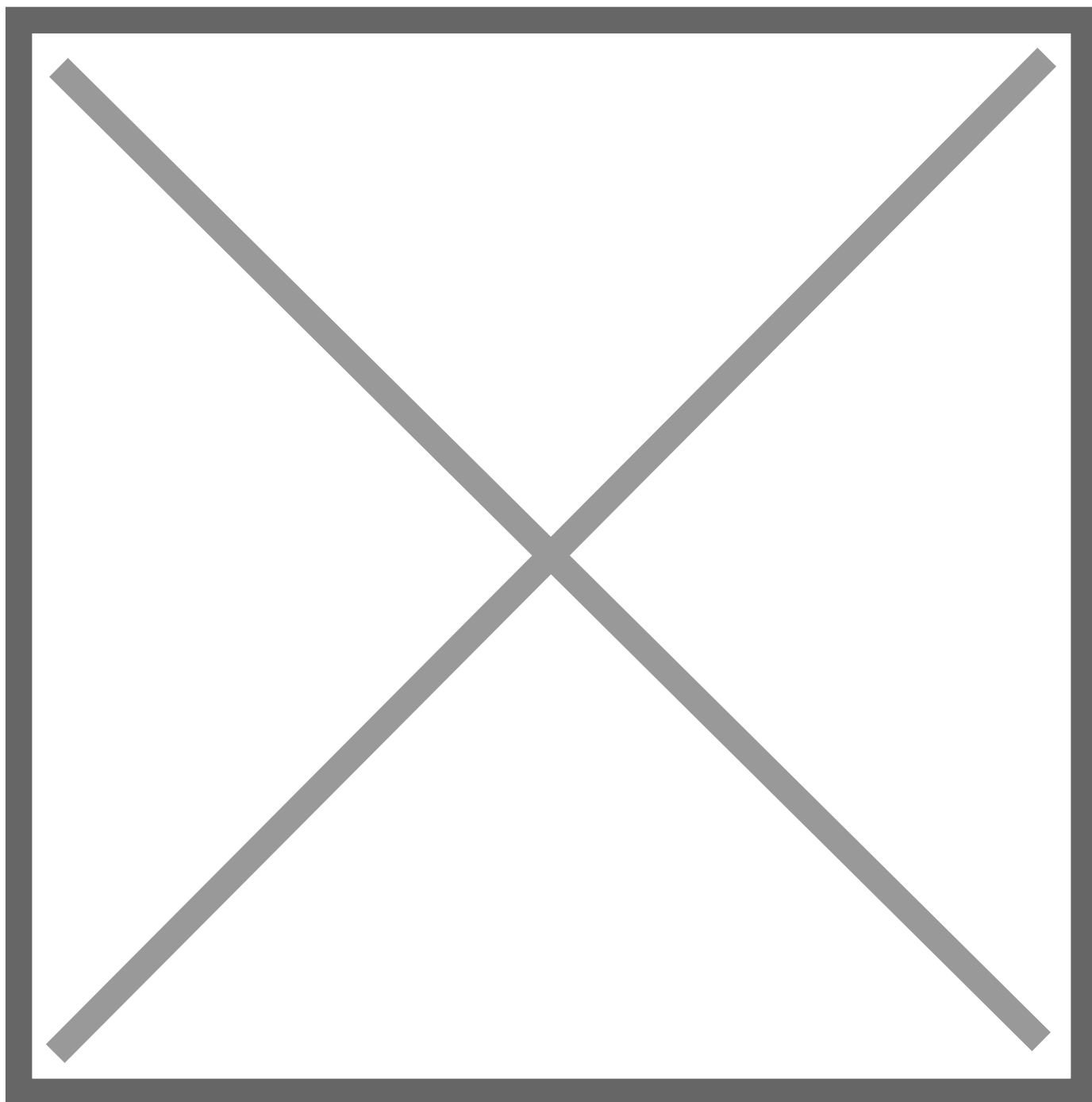
*This report card contains the latest data available on the GlobalObesityObservatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/north-macedonia-126/>.*



## Επιπολασμός της παχυσαρκίας

0-5 years, 2018-2019



|                           |                                                                                                                                                          |
|---------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Ηλικία:</b>            | 0-5                                                                                                                                                      |
| <b>Μέγεθος δείγματος:</b> | 1255                                                                                                                                                     |
| <b>Παραπομπές:</b>        | MICS: 2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF. |

**Σημειώσεις:**

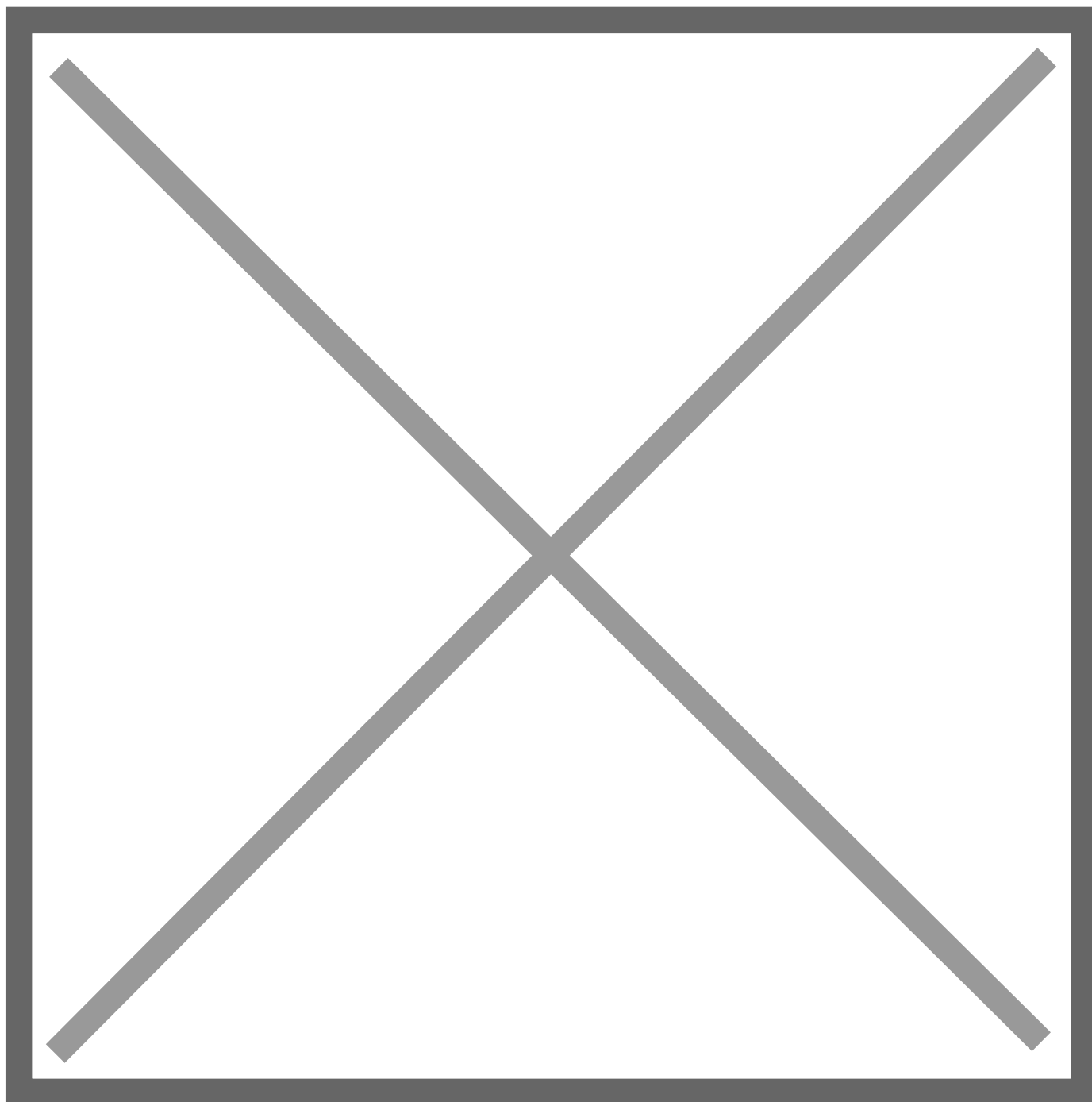
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Ορισμοί:**

=&gt;+2SD

## Υπερβολικό βάρος/Παχυσαρκία ανά μορφωτικό επίπεδο

### 0-5 years, 2018-2019



Μέγεθος  
δείγματος:

1255

Παραπομπές:

MICS: 2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF.

## Σημειώσεις:

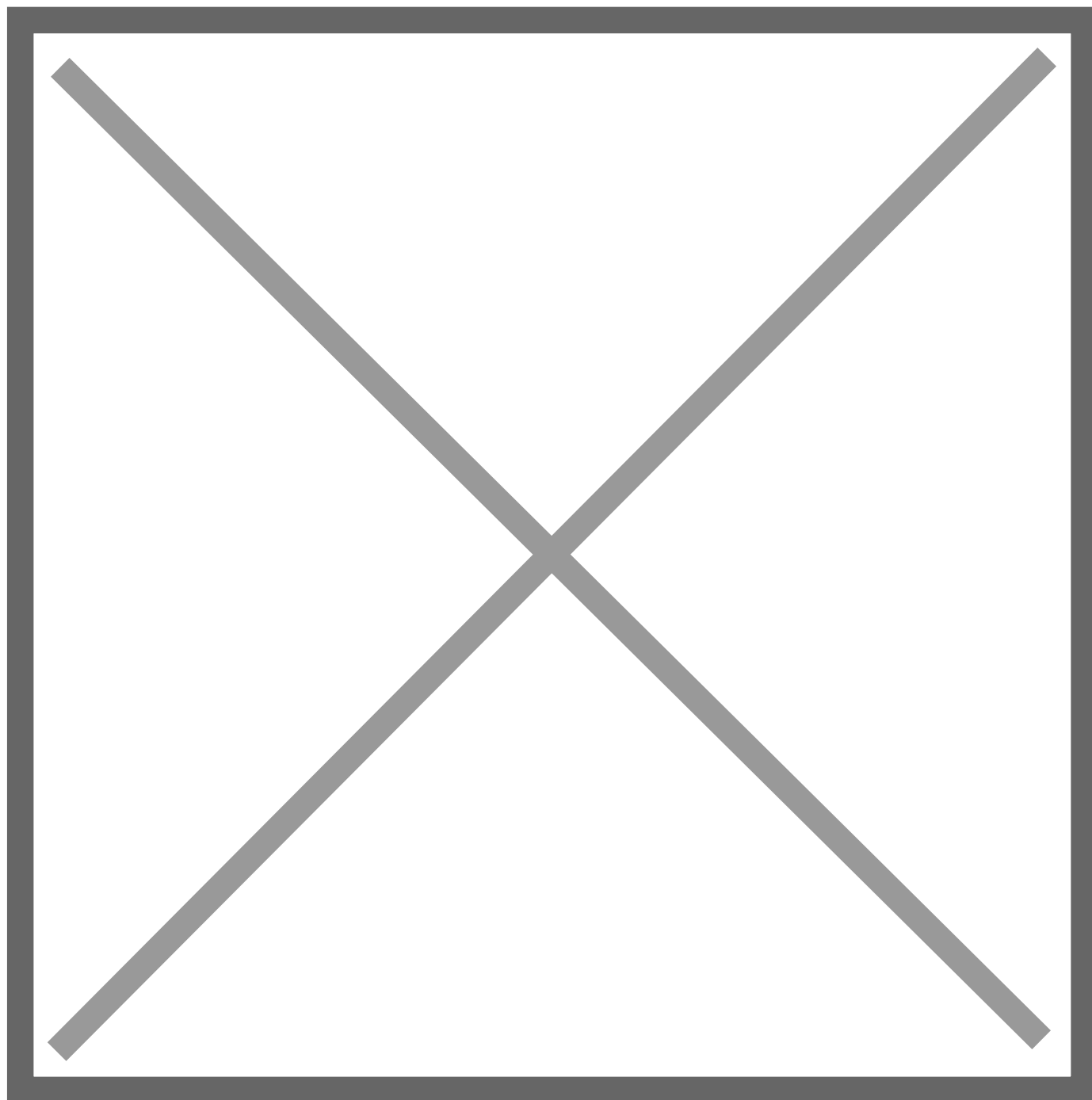
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

## Ορισμοί:

=&gt;+2SD

## Υπερβολικό βάρος/παχυσαρκία ανά περιφέρεια

0-5 years, 2018-2019



**Μέγεθος  
δείγματος:**

1255

**Παραπομπές:**

MICS: 2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF.

**Σημειώσεις:**

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

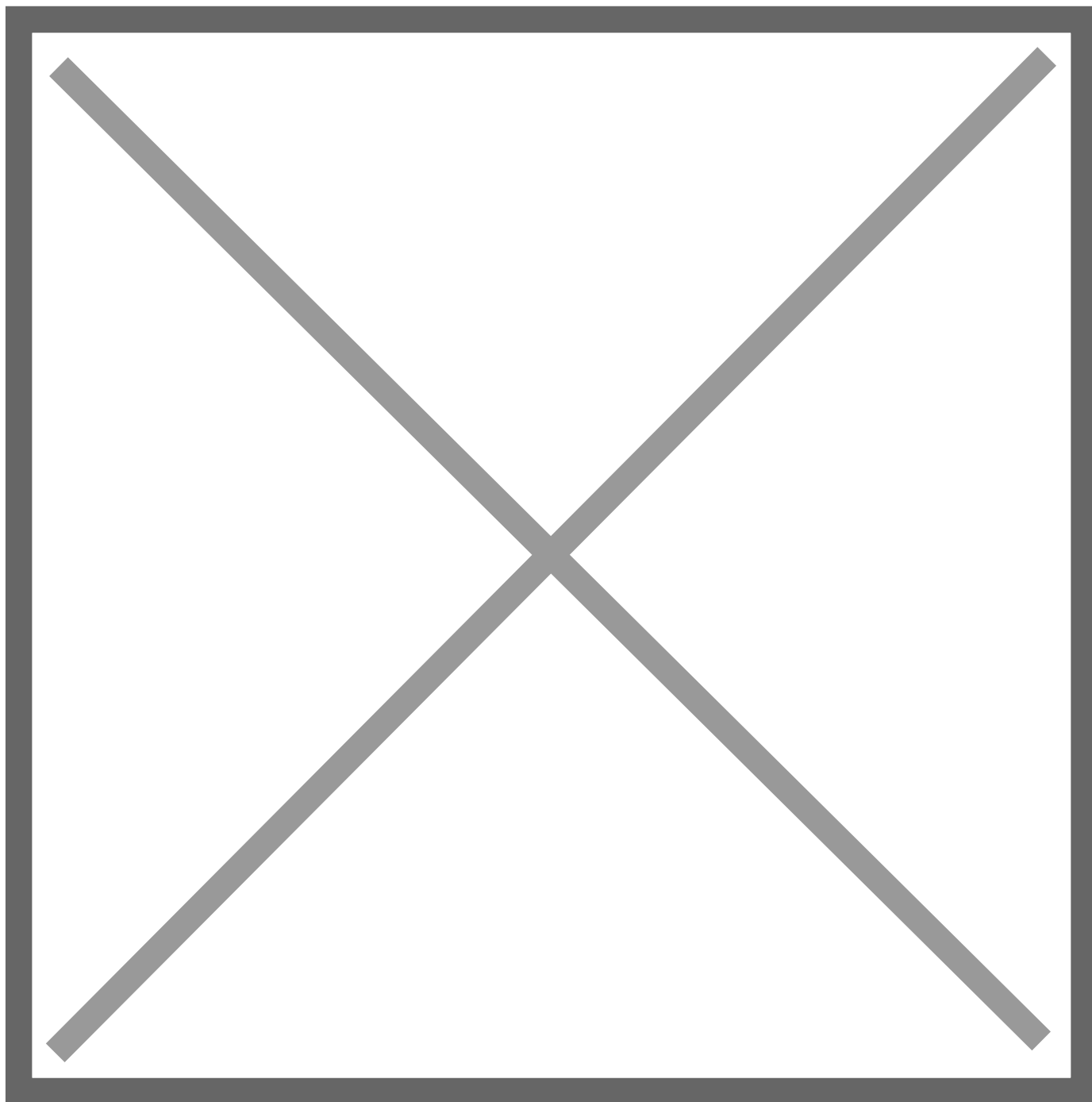
**Ορισμοί:**

=>+2SD



## Υπερβολικό βάρος/Παχυσαρκία ανά κοινωνικοοικονομική ομάδα

0-5 years, 2018-2019



Μέγεθος  
δείγματος:

1255

Παραπομπές:

MICS: 2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF.

**Σημειώσεις:**

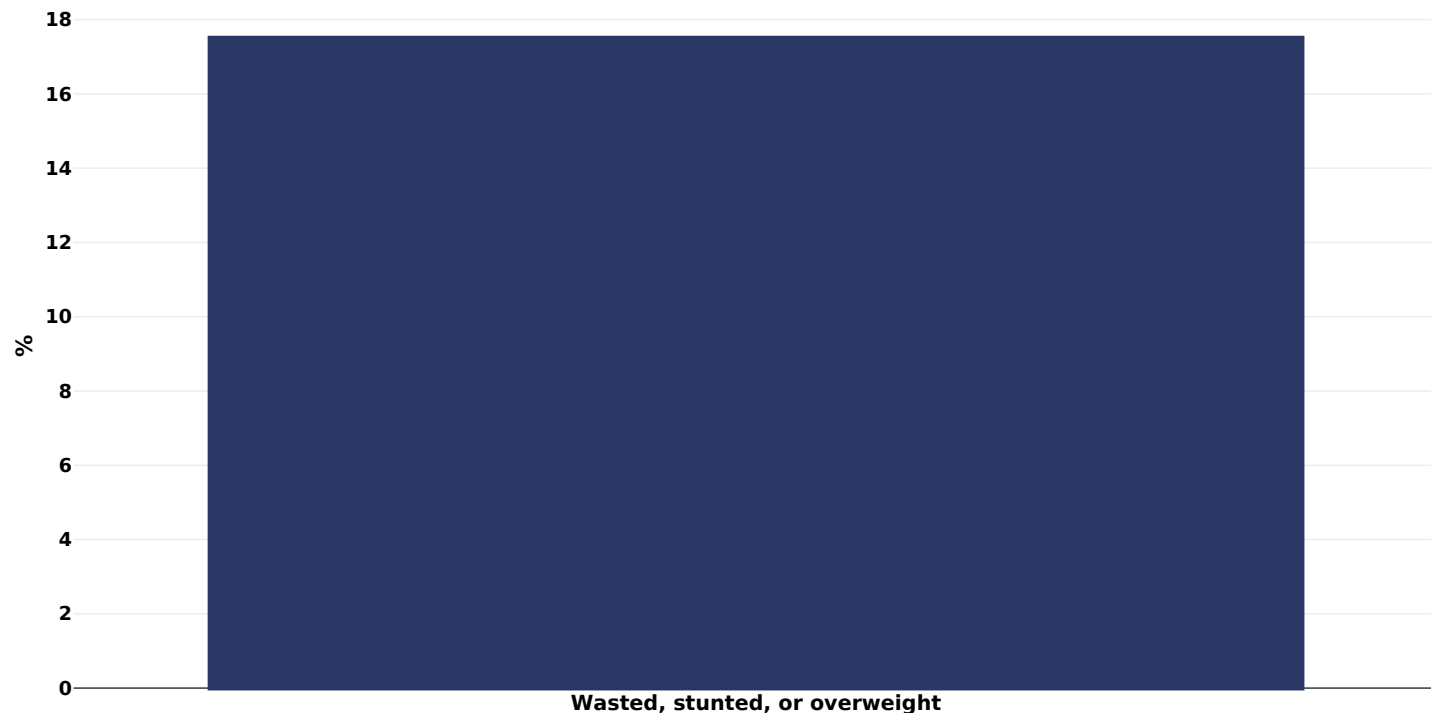
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Ορισμοί:**

=>+2SD

## Double burden of underweight & overweight

0-5 years, 2018-2019



Τύπος  
έρευνας:

Από μέτρηση

Ηλικία:

0-5

Παραπομπές:

United Nations Childrens Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: <https://data.unicef.org/topic/nutrition/malnutrition/> [Accessed 06.08.25]

Σημειώσεις:

2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF.

Ορισμοί:

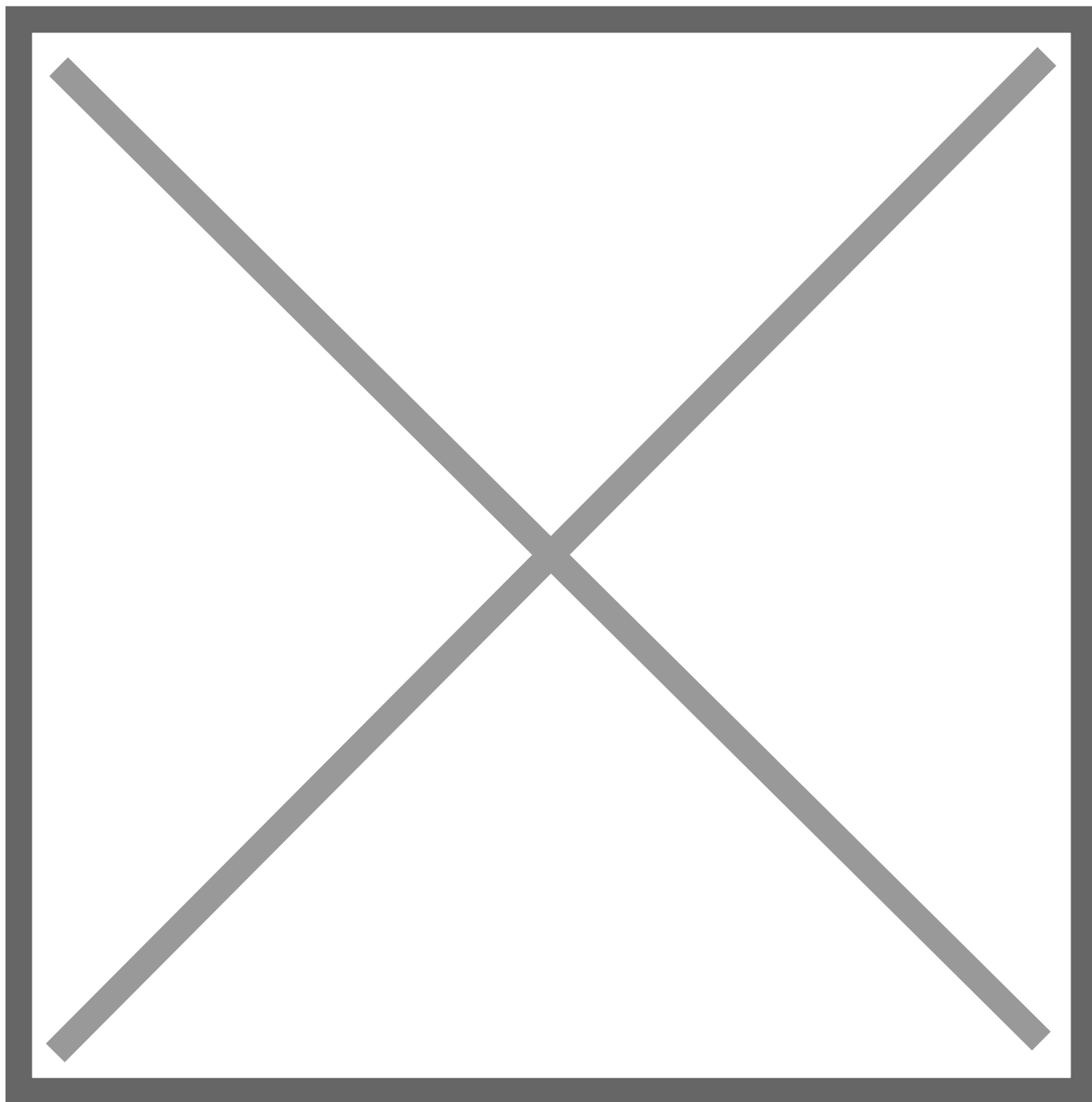
Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)

Cutoffs:

WHZ <-2, HAZ <-2 and WHZ >+2

## % Βρεφών ηλικίας 0-5 μηνών που τρέφονται αποκλειστικά μέσω του μητρικού θηλασμού

0-5 years, 1996-2023



**Παραπομπές:** 2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF.

**Σημειώσεις:**

Full details are available. Original citation United Nations Childrens Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

*PDF created on January 17, 2026*