



# An Mhacadóin Thuaidh



## Country report card - under-5s

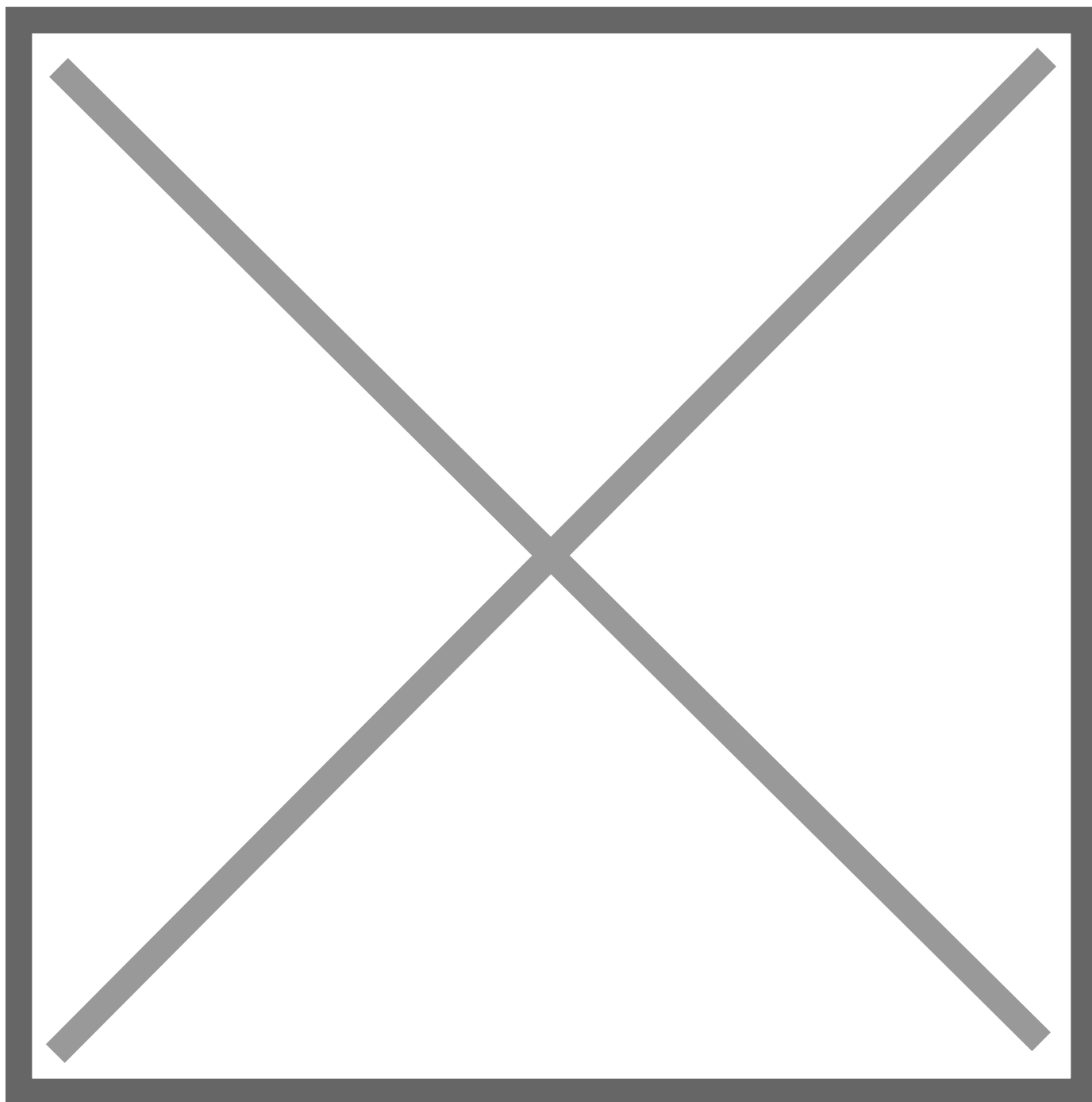
*This report card contains the latest data available on the GlobalObesityObservatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/north-macedonia-126/>.*



## Leitheadúlacht murtaill

**0-5 years, 2018-2019**



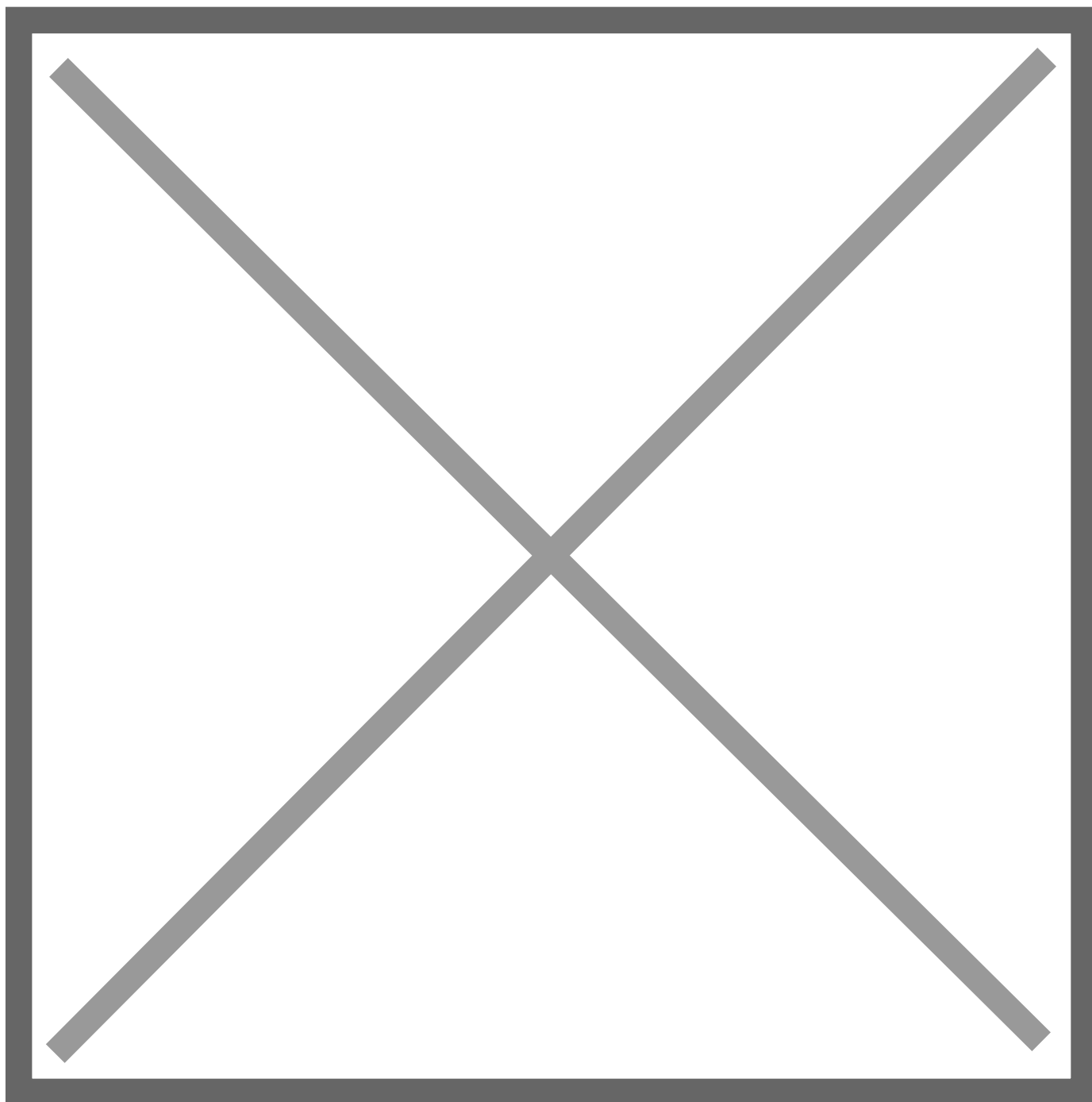
|                     |                                                                                                                                                          |
|---------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Aois:</b>        | 0-5                                                                                                                                                      |
| <b>Samplamhéid:</b> | 1255                                                                                                                                                     |
| <b>Tagairtí:</b>    | MICS: 2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF. |

**Nta:** UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Sainmhínithe**  
**(ar fáil i**  
**mBéarla**  
**amháin):** => +2SD

## Rmhechn/murtall de rir oideachais

0-5 years, 2018-2019



**Samplamhéid:**

1255

**Tagairtí:**

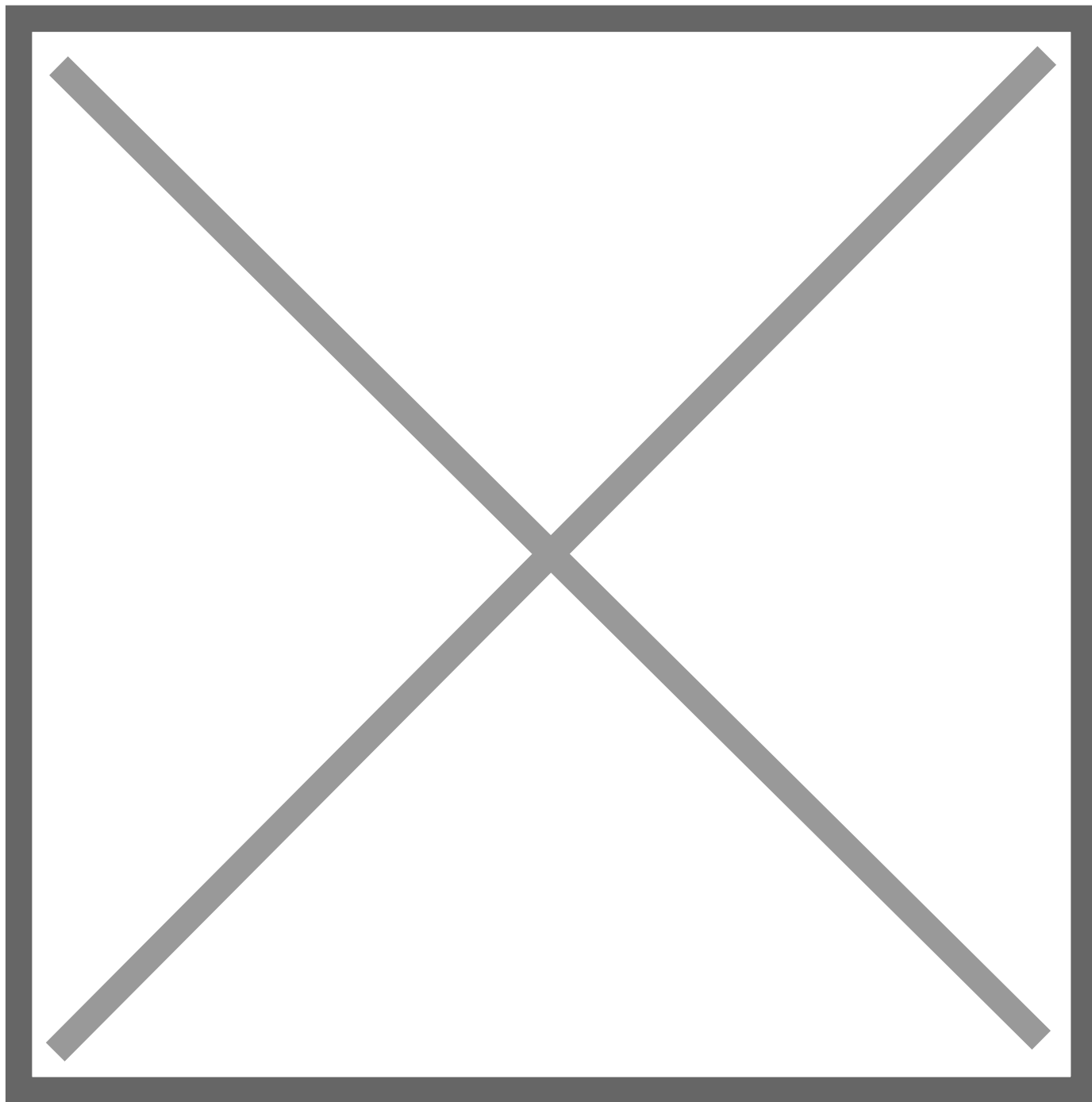
MICS: 2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF.

**Nta:** UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Sainmhínithe**  
**(ar fáil i**  
**mBéarla**  
**amháin):** => +2SD

## Rmhechn/murtall de rir rigiin

0-5 years, 2018-2019



**Samplamhéid:**

1255

**Tagairtí:**

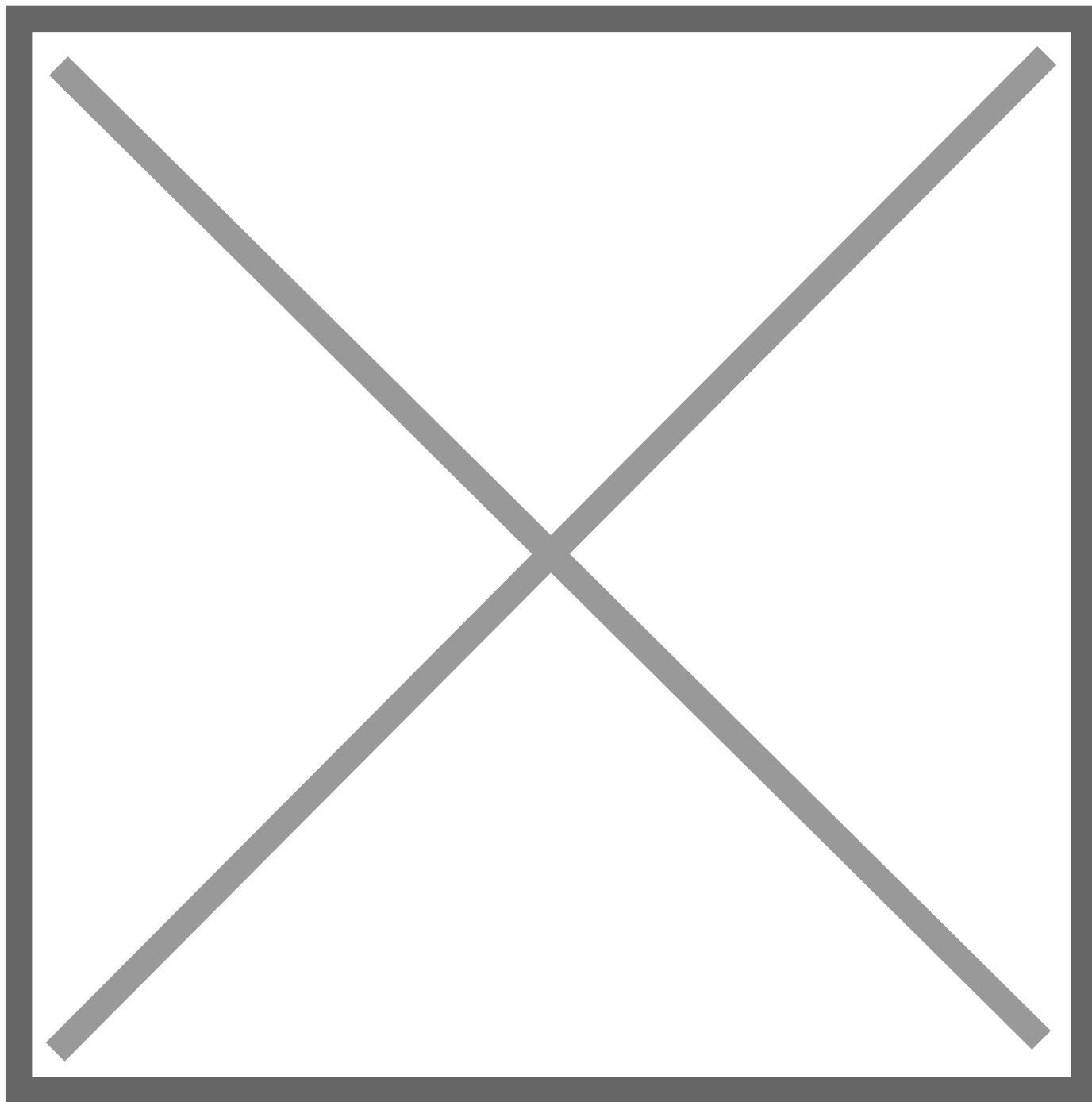
MICS: 2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF.

**Nta:** UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Sainmhínithe**  
**(ar fáil i**  
**mBéarla**  
**amháin):** => +2SD

## Rmhechn/murtall de rir grpa socheacnamaoch

0-5 years, 2018-2019



**Samplamhéid:**

1255

**Tagairtí:**

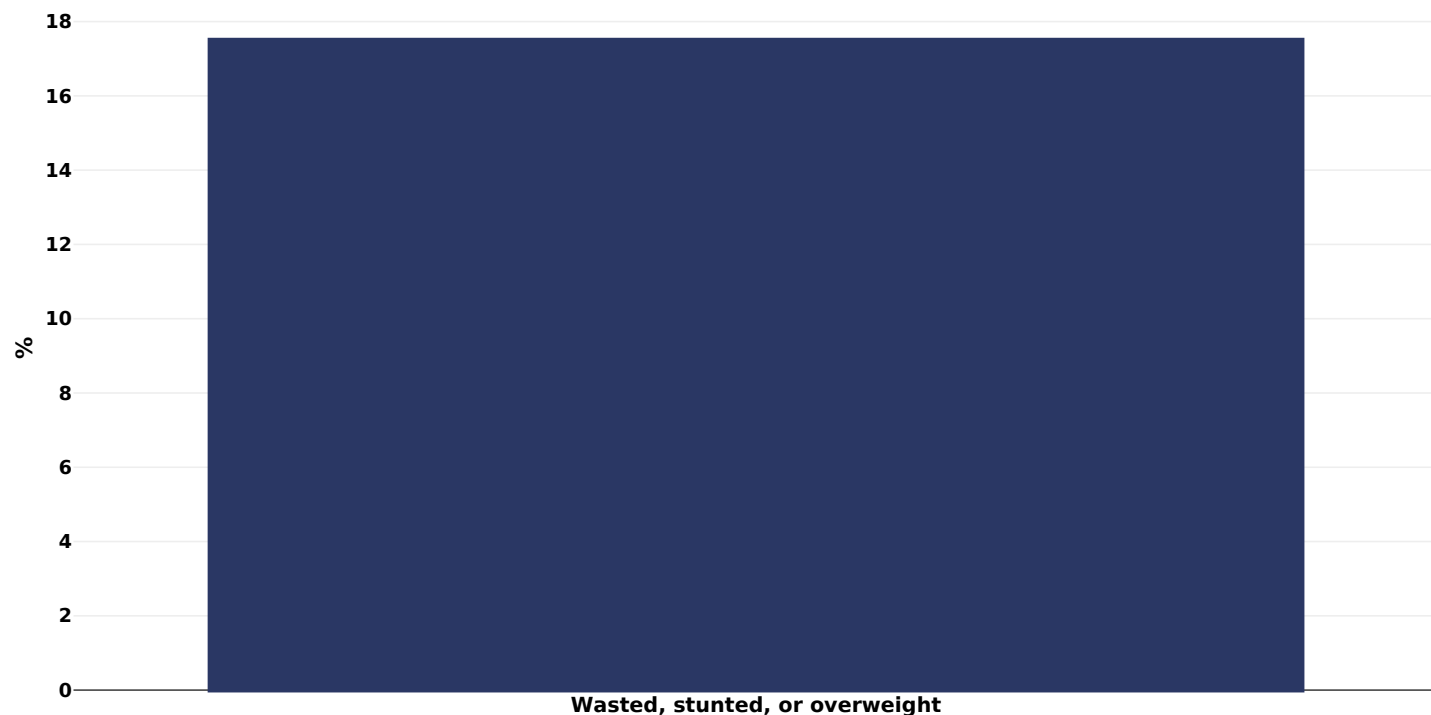
MICS: 2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF.

**Nta:** UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Sainmhínithe**  
**(ar fáil i**  
**mBéarla**  
**amháin):** => +2SD

## Double burden of underweight & overweight

0-5 years, 2018-2019



Cineál an tsuirbhé:

Tomhaiste

Aois:

0-5

Tagairtí:

United Nations Childrens Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: <https://data.unicef.org/topic/nutrition/malnutrition/> [Accessed 06.08.25]

Nta:

2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF.

Sainmhínithe (ar fáil i mBéarla amháin):

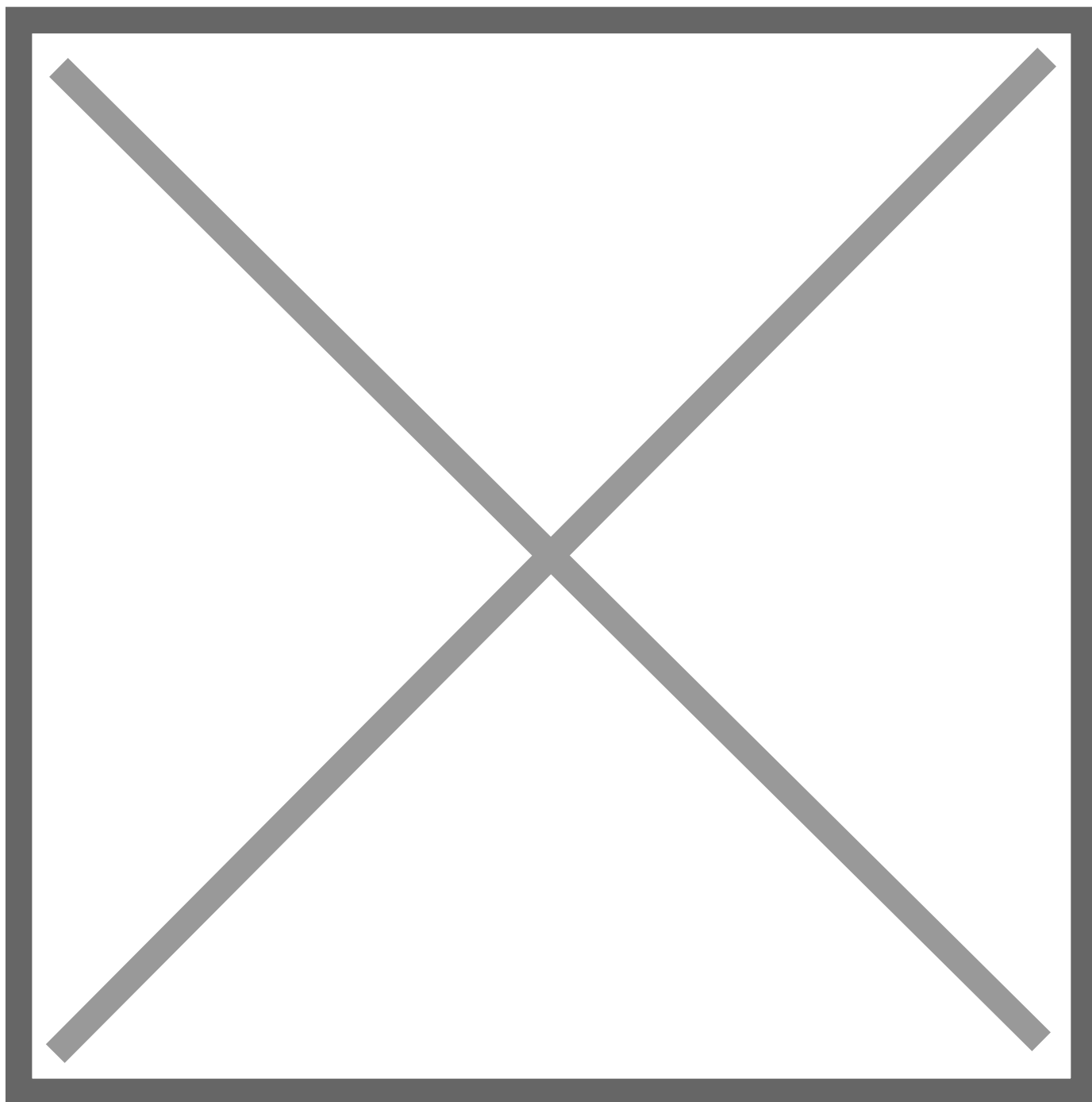
Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)

Cutoffs:

WHZ <-2, HAZ <-2 and WHZ >+2

## % Naíonáin a tugadh beathú cíche amháin dóibh 0-5 mhí

### 0-5 years, 1996-2023



**Tagairtí:** 2018-2019 North Macedonia Multiple Indicator Cluster Survey, Survey Findings Report. Skopje, North Macedonia: State Statistical Office and UNICEF.

**Nta:** Full details are available. Original citation United Nations Childrens Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

