North Macedonia

Policies, Interventions and Actions

Subsidised Student Meals

February, 2020, a Law on Subsidized Student Meal was adopted by the Macedonian Assembly. The purpose of the Law is to improve the student standard and quality of student services through state subvention of 120 MKD (2 EUR per day) for healthy meal or 2,400 MKD (approximately 40 EUR) monthly for all full-time students studying at public and private universities

Year(s):	2020 (ongoing)
Organisation:	The Government of the Republic of Macedonia
Linked document:	Download linked document

Better nutrition for children in kindergartens and schools for quality early child growth and development

Press release presenting Ministry of Health legistlative changes to protect children and provide heathier foods in kindergarten

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2018 (ongoing)
Target age group:	Children
Linked document:	Download linked document

[illegible]

National mandatory standards for food available in schools adopted by the Minister of Labor and Social Policy from January 2014. (Available only in Macedonian language)

Categories:	Evidence of School Food Regulations
Year(s):	2014 (ongoing)
Target age group:	Children
Organisation:	Minister of Labor and Social Policy
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/25718 (last accessed 20.07.22)

Food-based dietary guidelines - The Republic of North Macedonia

The Macedonian dietary guidelines are developed by the Institute of Public Health. They are endorsed by the Ministry of Health. (Available only in Macedonian language)

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2014 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health
Linked document:	Download linked document
References:	https://www.fao.org/nutrition/education/food-dietary-guidelines/regions/countries/the-former-yugoslav-republic-of-macedonia/en/ (last accessed 21.07.22)

Health is a Choice! Healthy Food and Healthy Lifestyle for a Long Life!

This is a government campaign to raise awareness about the importance of eating healthy food, leading a healthy lifestyle and exercising. The campaign includes TV and radio commercials, media advertisements and billboards.

Categories (partial):	Evidence of Community Interventions/Campaign
Year(s):	2014-2015
Target age group:	Adults and children
Organisation:	Government of the Republic of Macedonia
Find out more:	vlada.mk

Committee on environment and health

National Multisectoral stakeholder mechanism in place (such as Coalition, Taskforce, Committee) for Obesity or Nutrition (including obesity)

Categories:	Evidence of a multi-sectoral national coordination mechanism for obesity or nutrition (including obesity)
Year(s):	2013 (ongoing)
Target age group:	Adults and children
Organisation:	Prime Minister
Linked document:	Download linked document

The Macedonian National Nutrition Action Plan (2009-2014)

The Macedonian National Nutrition Action Plan (2009-2014) includes education in pre-school and school programmes, with guides and training provided for staff

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2009-2014
Target age group:	Adults and children
Organisation:	The Government of the Republic of Macedonia
References:	Currently a web link to this intervention is unavailable. If you are aware of the location of this document/intervention, please contact us at obesity@worldobesity.org

[illegible]

National regulation with maximum thresholds for manufactured food/drink content relating to specific unhealthy ingredients adopted by the Government of Macedonia from September 1999. (Available only in Macedonian language)

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	1999 (ongoing)
Target age group:	Adults and children
Organisation:	Government of Macedonia
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/25883 (last accessed 20.07.22)

GNPR 2016-17 (q7) Breastfeeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA progam)
Find out more:	extranet.who.int
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en

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