



Corea del Norte



Country report card - adults

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/north-korea-161/>.

Double burden of underweight & overweight

Adultos, 2022



Tipo de encuesta:

Medido

Edad:

20+

Referencias:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Notas:

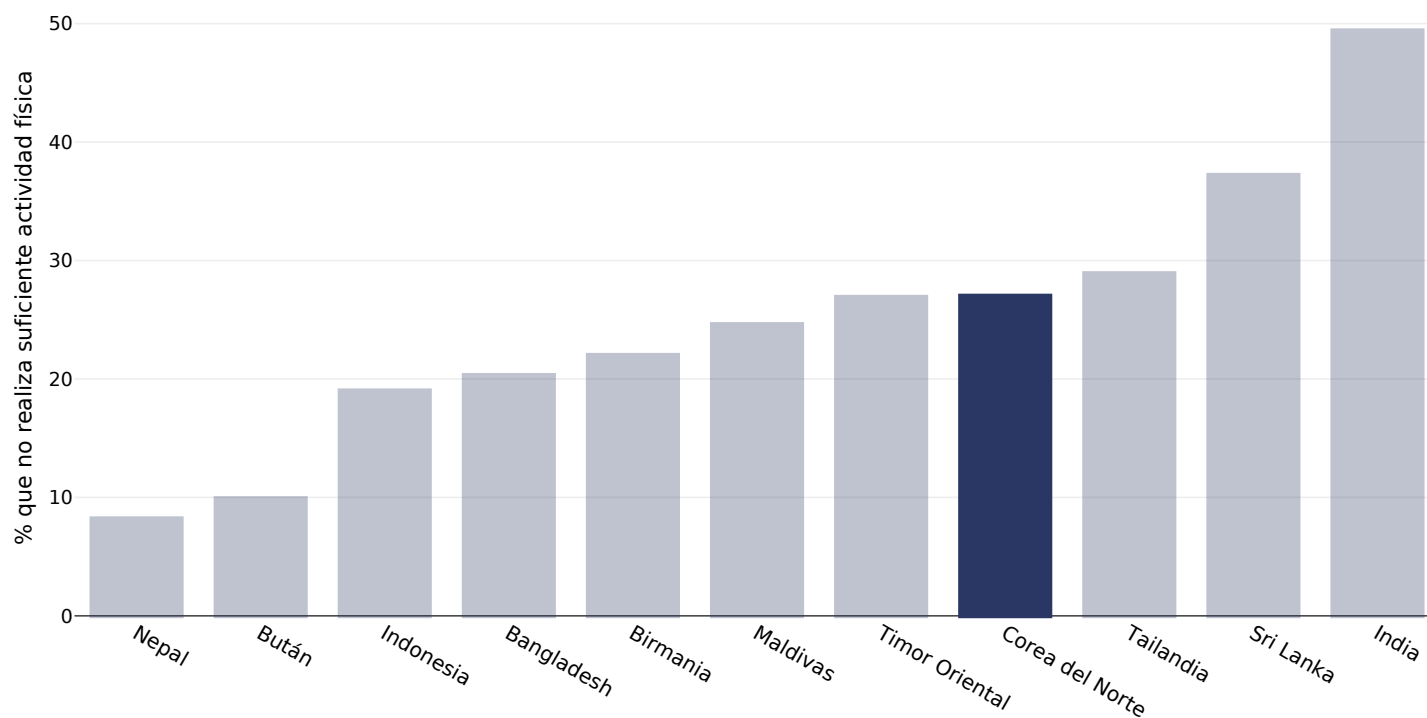
Age Standardised estimates

**Definiciones
(solo
disponible en
inglés):**

Combined prevalence of BMI<18.5 kg/m² and BMI≥30 kg/m² (double burden of underweight and obesity)

Actividad física insuficiente

Adultos, 2022



Tipo de encuesta:

Autodeclarado

Edad:

18+

Zona abarcada:

Nacional

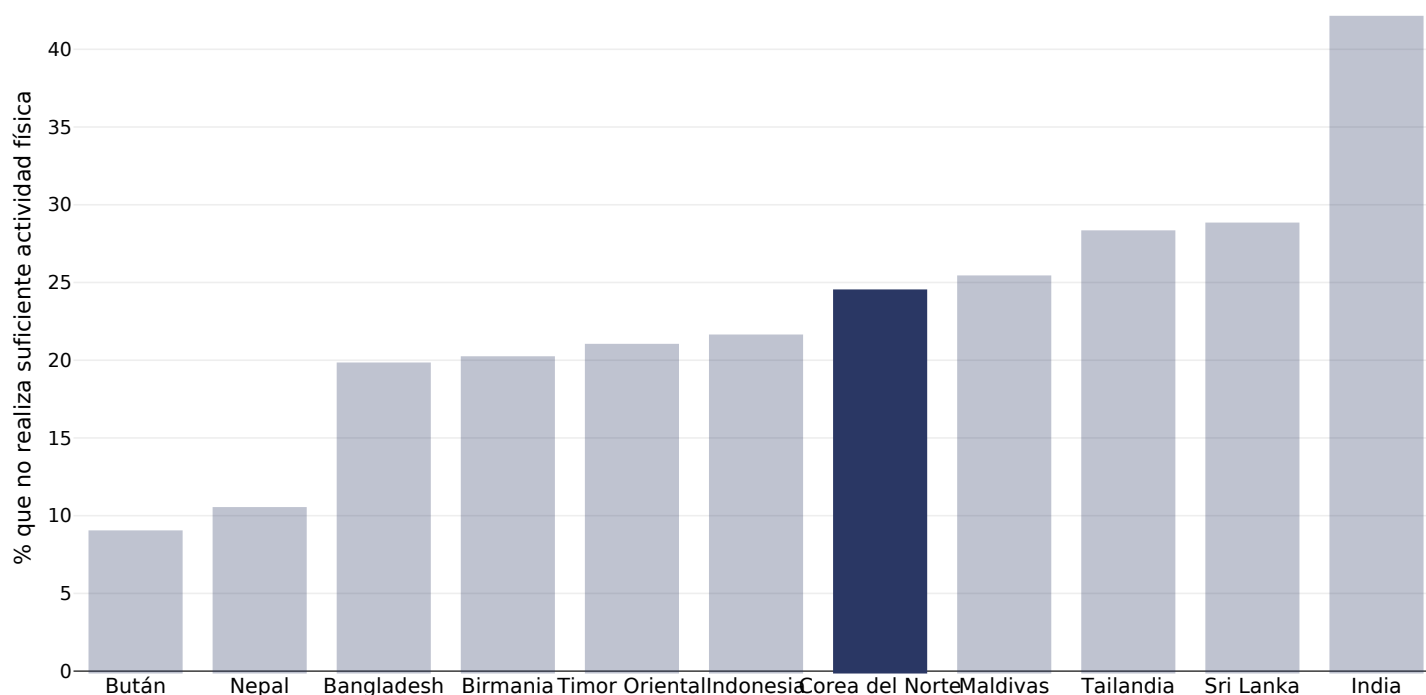
Referencias:

WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Definiciones (solo disponible en inglés):

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Hombres, 2022

**Tipo de encuesta:**

Autodeclarado

Edad:

18+

Zona abarcada:

Nacional

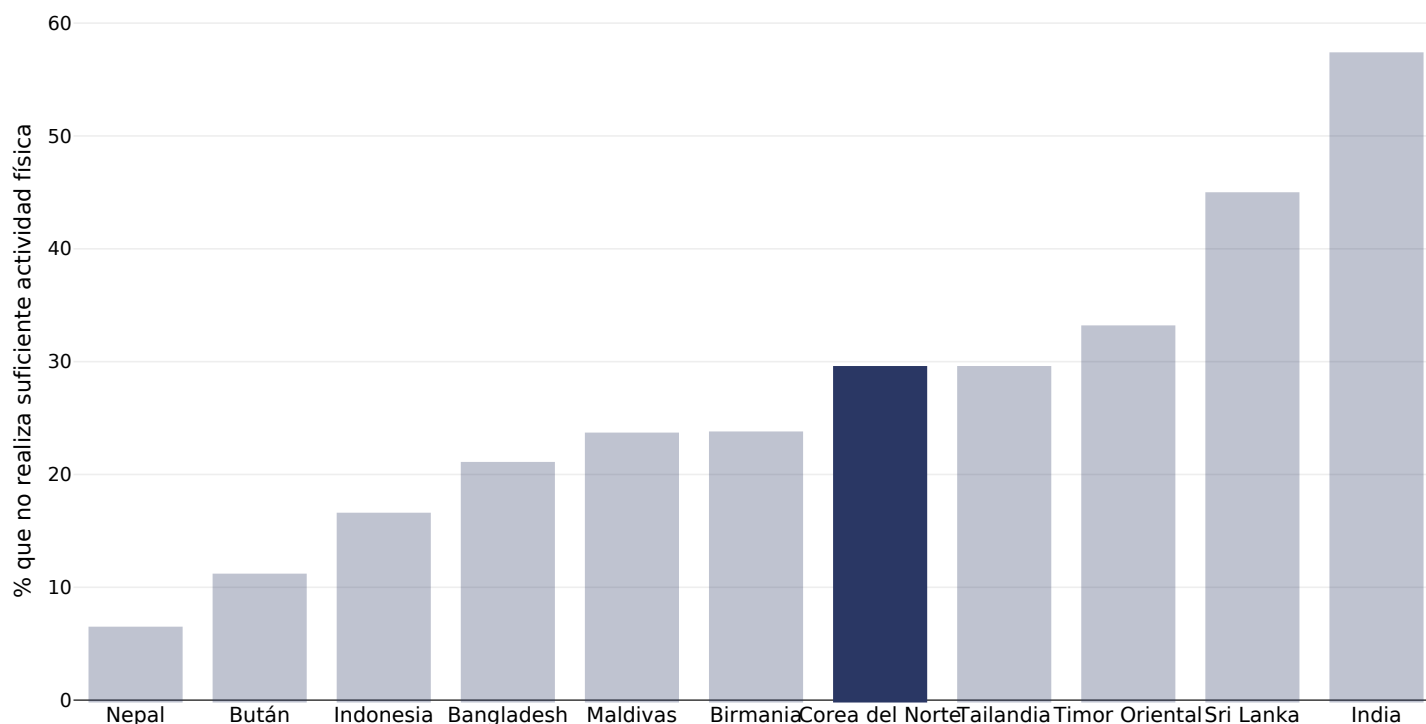
Referencias:

WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Definiciones (solo disponible en inglés):

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Mujeres, 2022



Tipo de encuesta: Autodeclarado

Edad: 18+

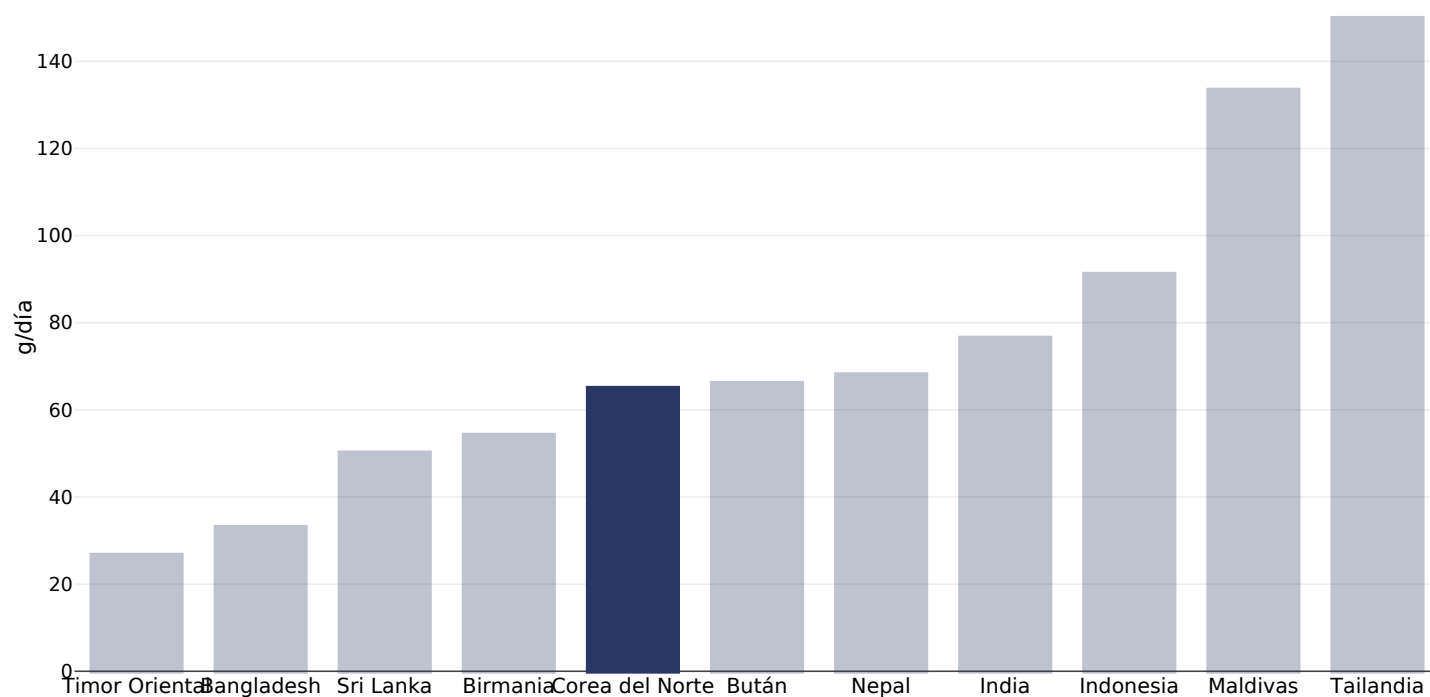
Zona abarcada: Nacional

Referencias: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Definiciones (solo disponible en inglés): Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Estimated per capita fruit intake

Adultos, 2017



Tipo de encuesta:

Medido

Edad:

25+

Referencias:

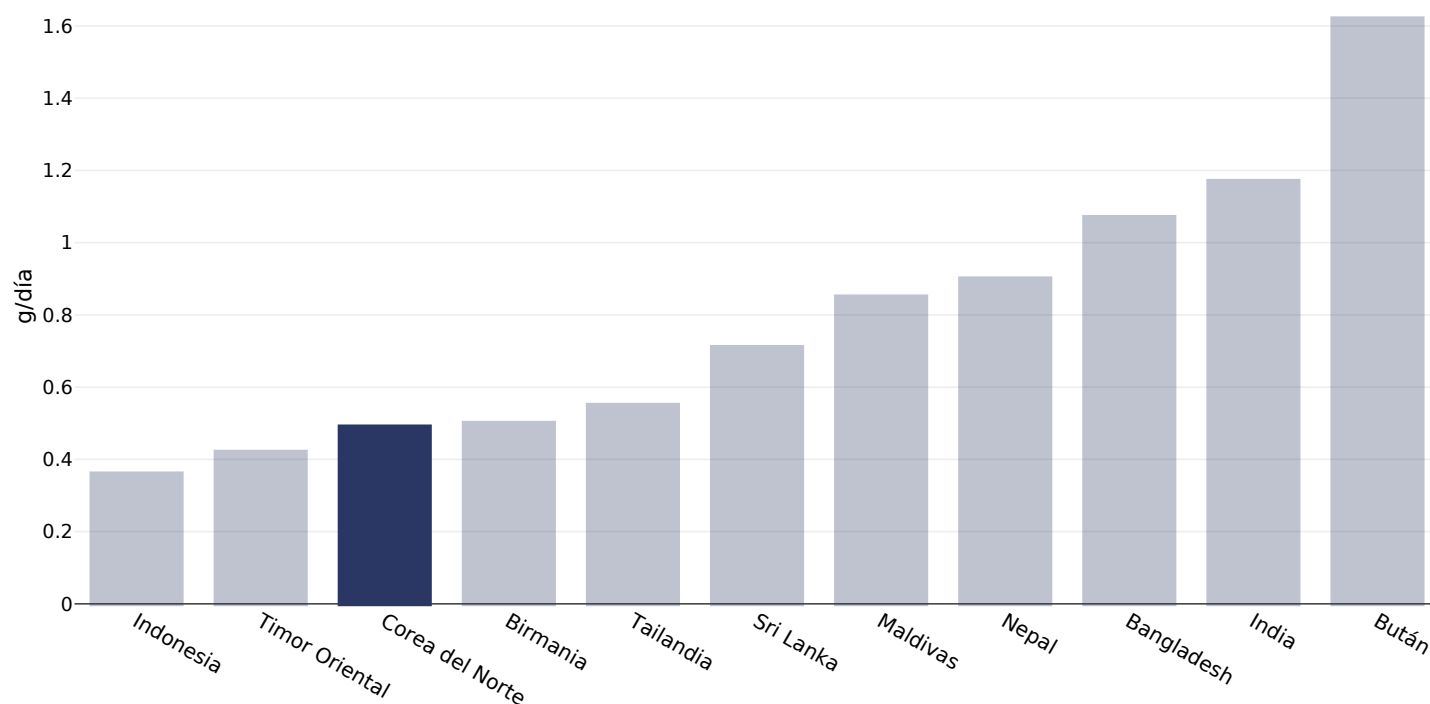
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

**Definiciones
(solo disponible en
inglés):**

Estimated per-capita fruit intake (g/day)

Ingesta estimada de carne procesada per cápita

Adultos, 2017



Tipo de encuesta:

Medido

Edad:

25+

Referencias:

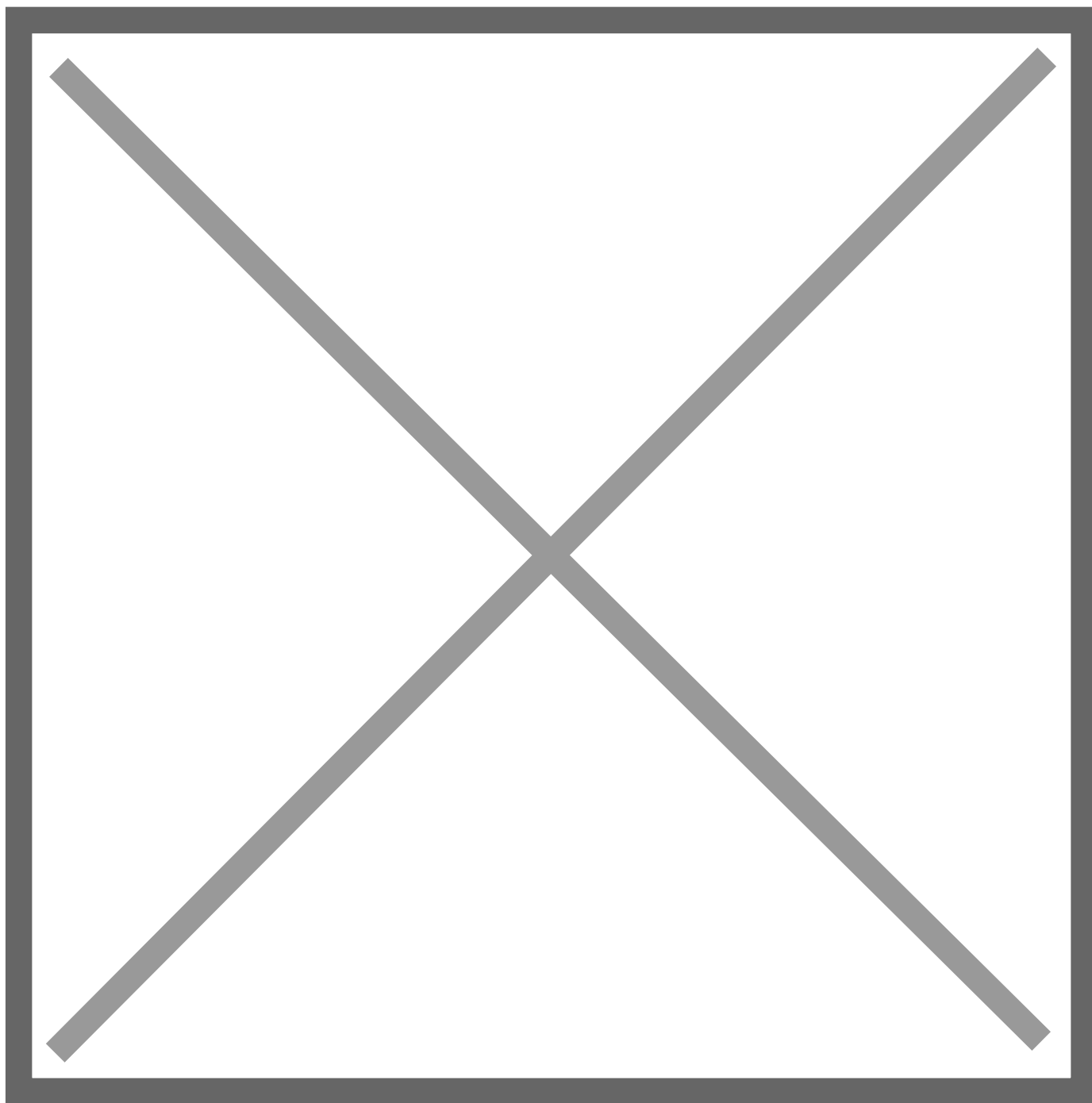
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

**Definiciones
(solo disponible en inglés):**

Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

Adultos, 2017



Tipo de encuesta:

Medido

Edad:

25+

Referencias:

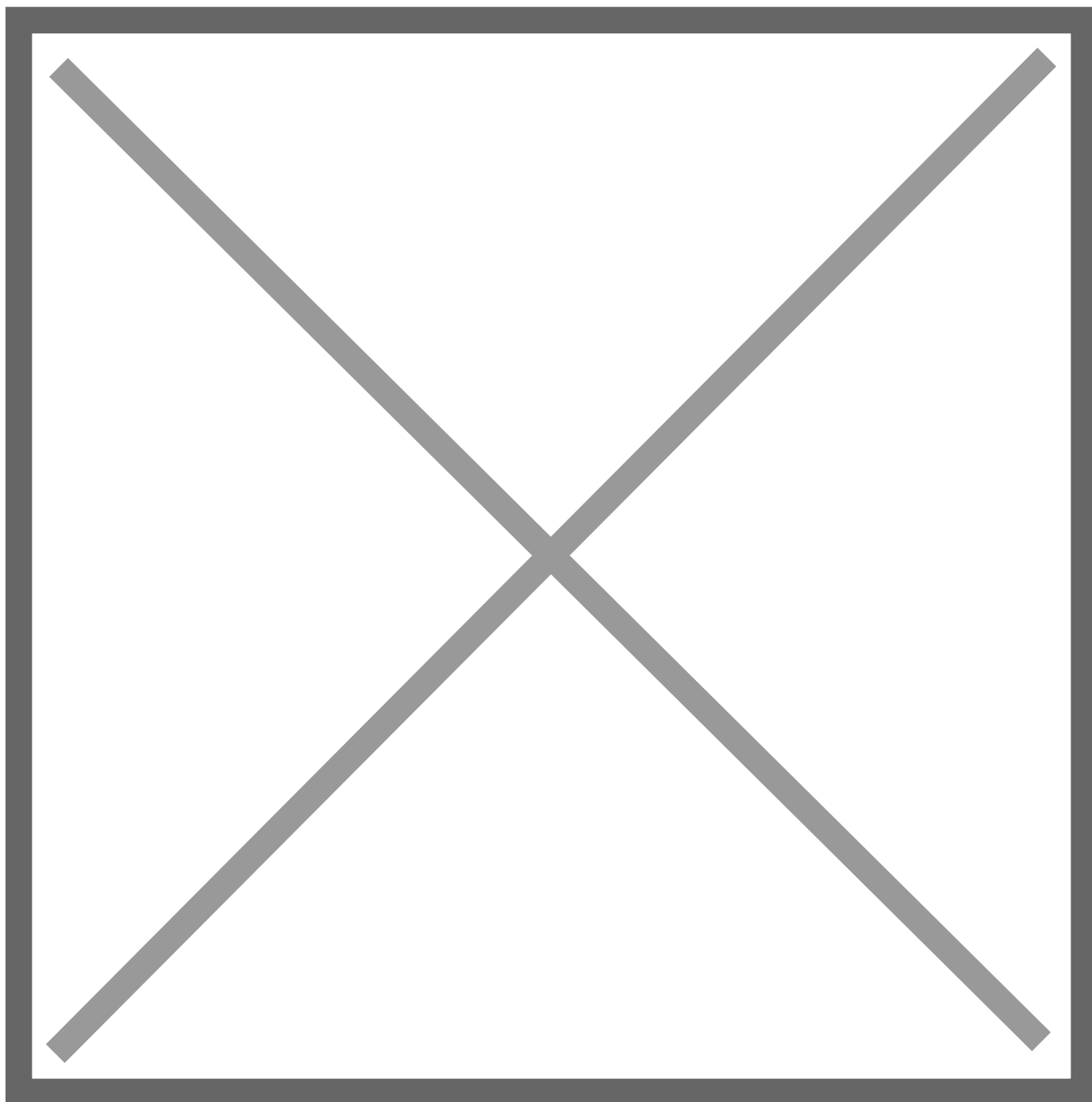
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definiciones
(solo
disponible en
ingl  s):

Estimated per-capita whole grains intake (g/day)

Salud mental: trastornos de depresión

Adultos, 2021



Edad:	20+
Zona abarcada:	Nacional

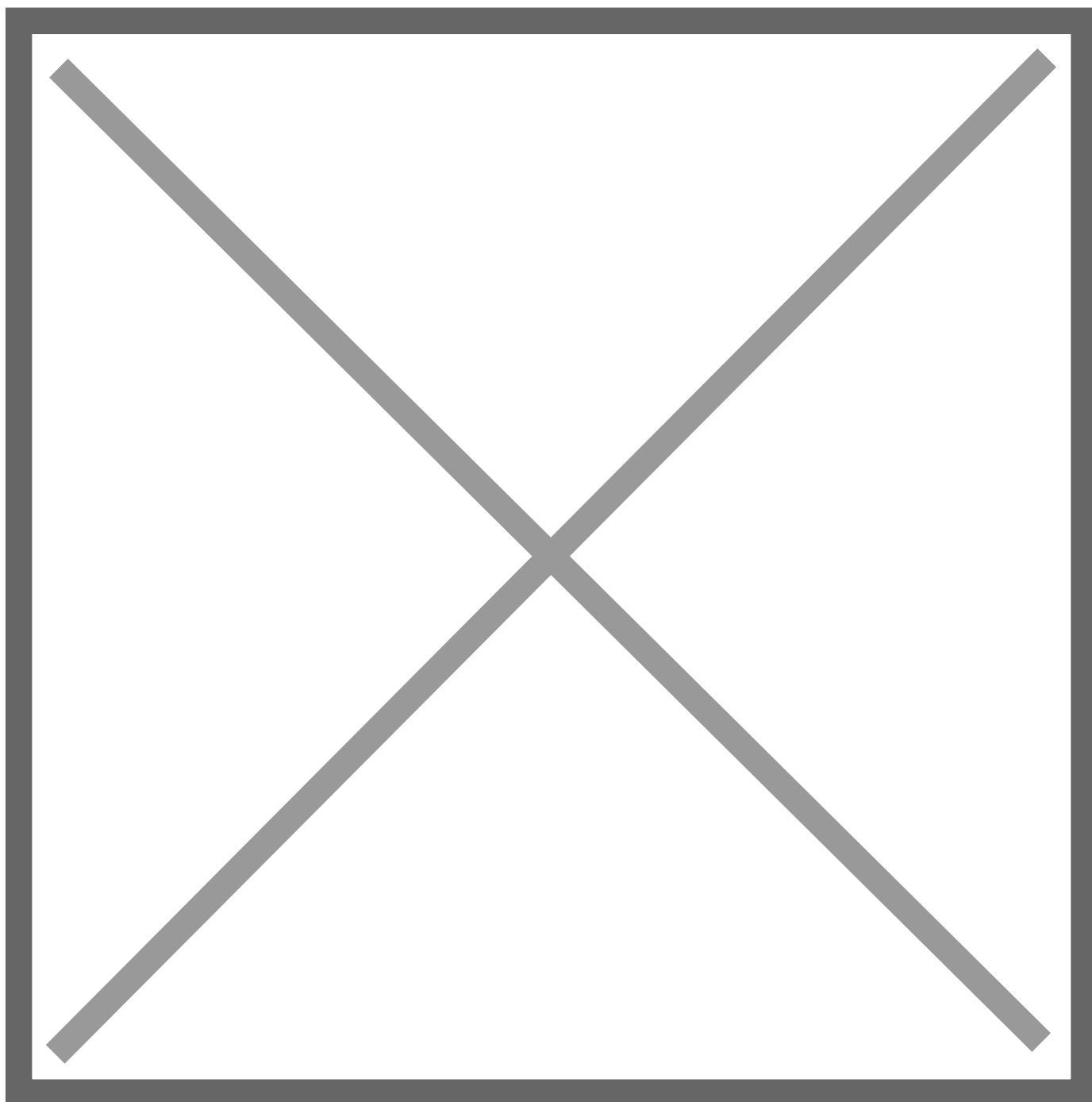
Referencias:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definiciones
(solo
disponible en
inglés):**

Number living with depression per 100,000 population (adults 20+ years)

Hombres, 2021



Edad: 20+

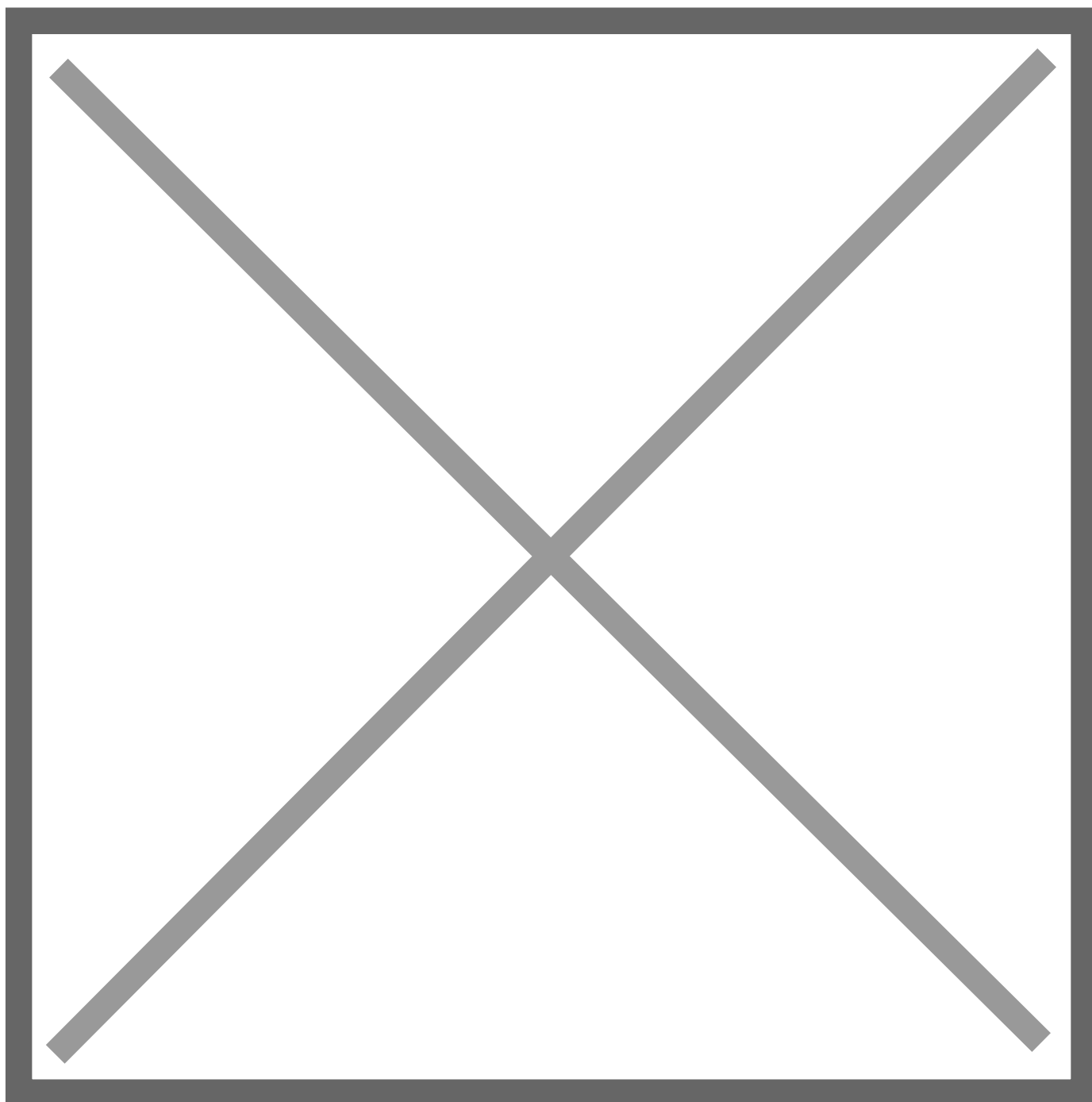
Zona abarcada: Nacional

Referencias: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definiciones
(solo
disponible en
ingl  s):

Number living with depression per 100,000 population (adults 20+ years)

Mujeres, 2021



Edad: 20+

Zona abarcada: Nacional

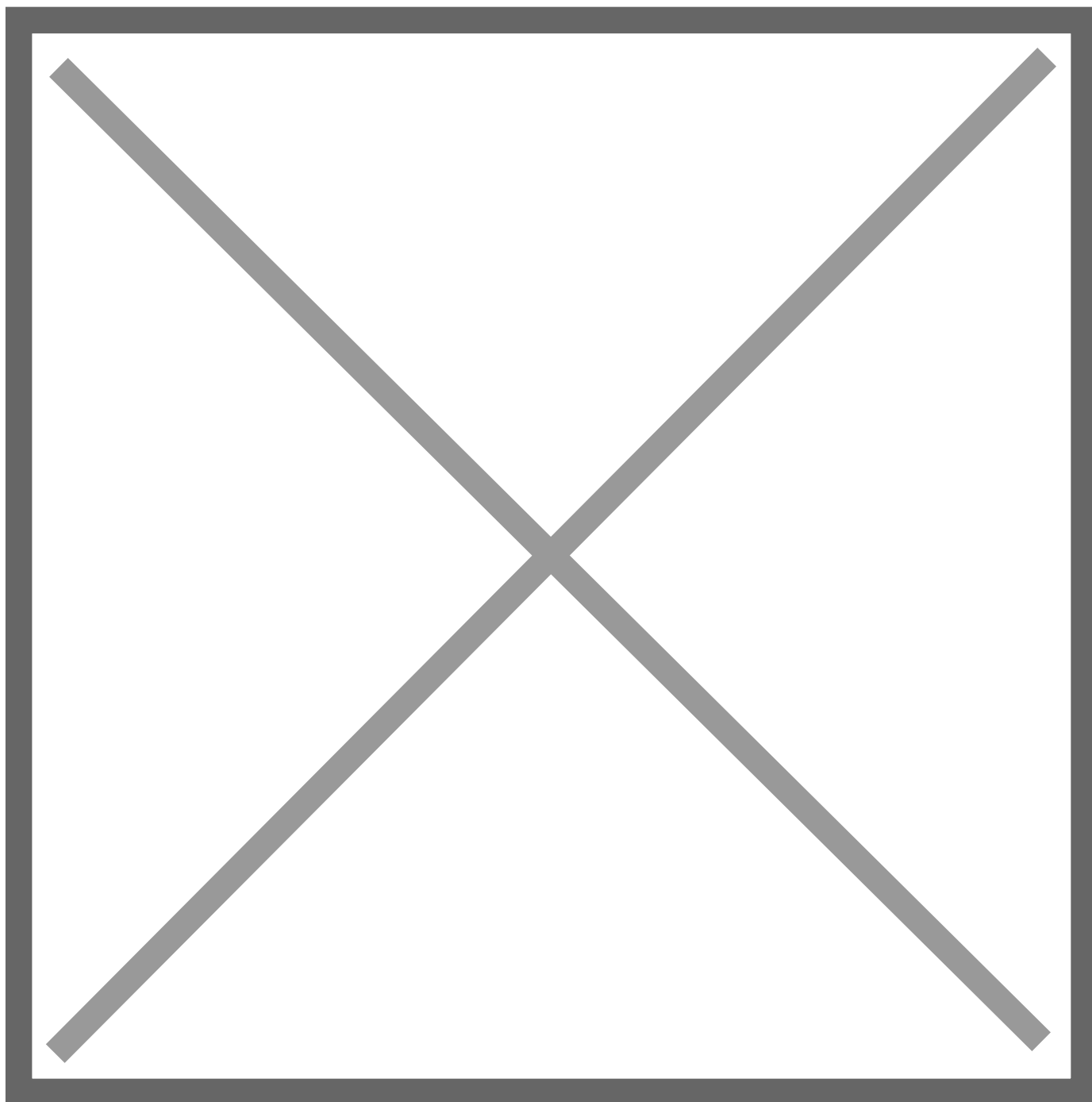
Referencias: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definiciones
(solo
disponible en
ingl  s):

Number living with depression per 100,000 population (adults 20+ years)

Salud mental: trastornos de ansiedad

Adultos, 2021



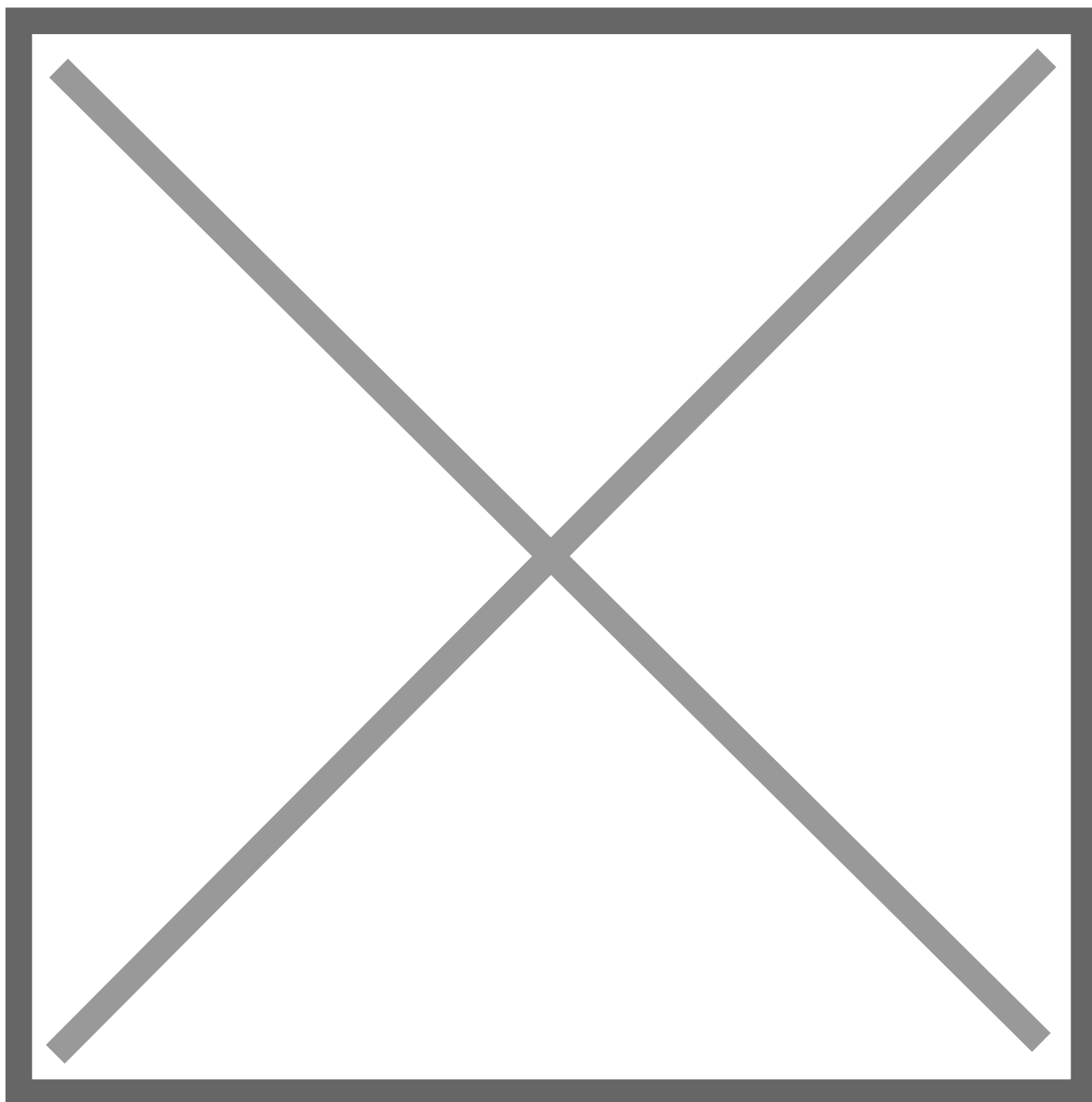
Edad: 20+

Referencias: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definiciones
(solo
disponible en
ingl  s):

Number living with anxiety per 100,000 population

Hombres, 2021

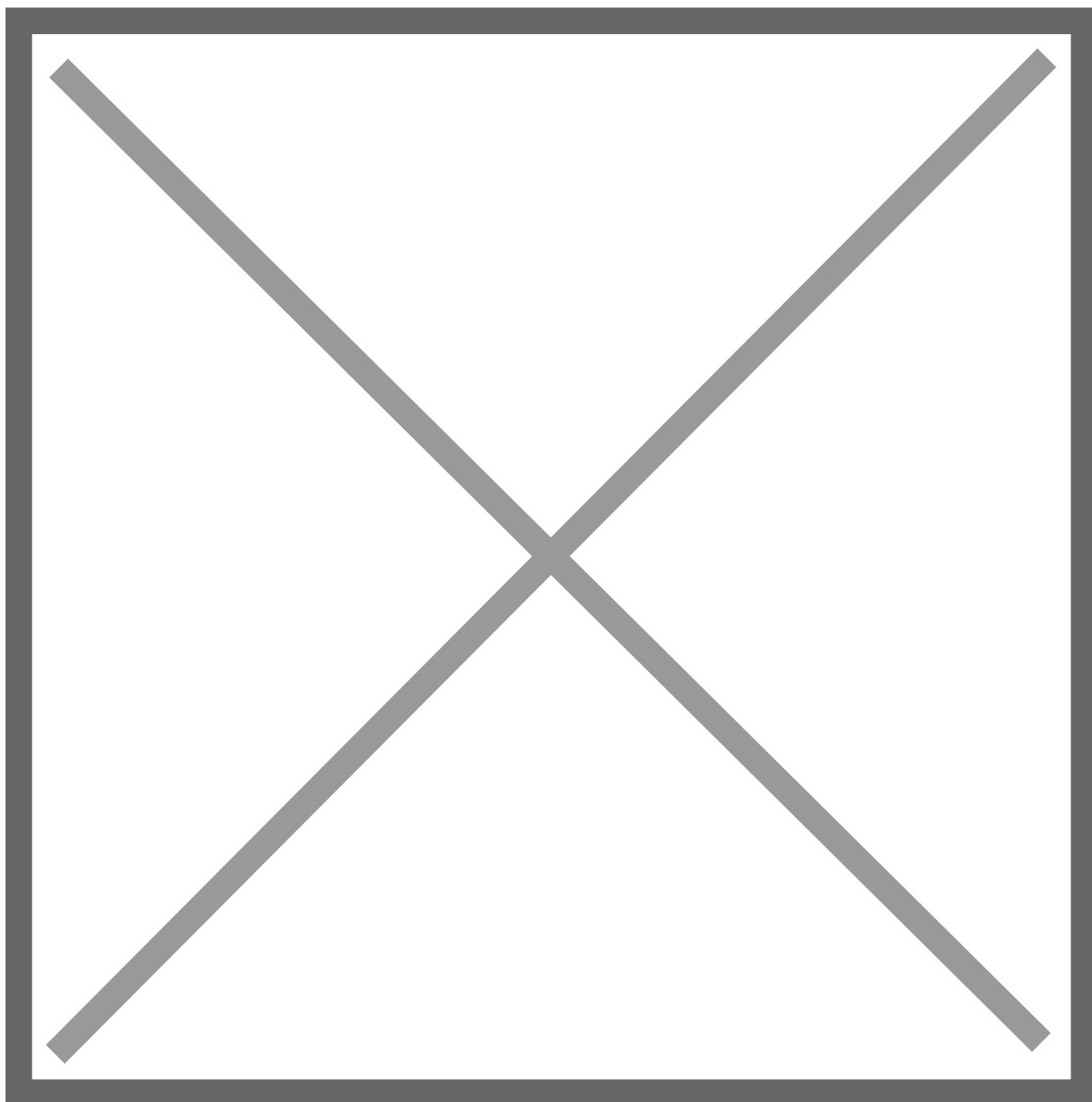


Edad: 20+

Referencias: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definiciones (solo disponible en inglés): Number living with anxiety per 100,000 population

Mujeres, 2021



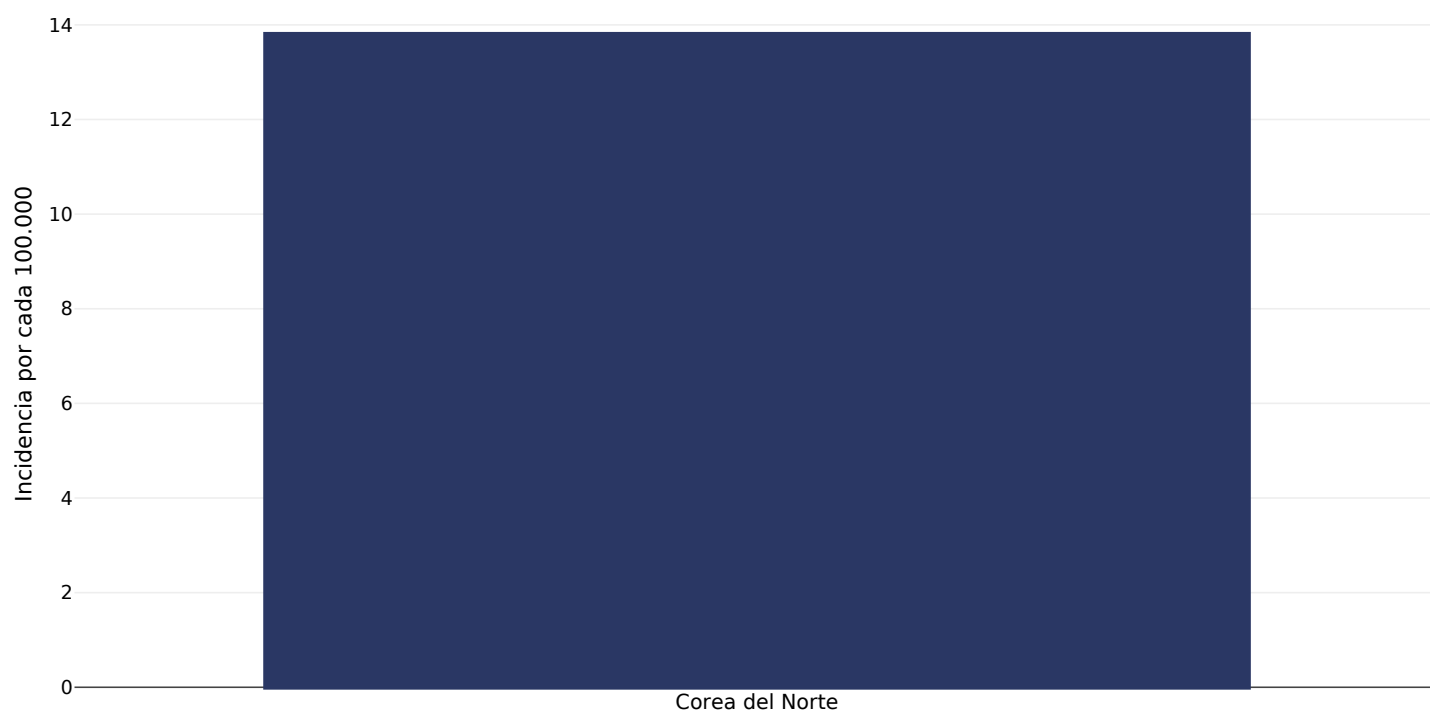
Edad: 20+

Referencias: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definiciones (solo disponible en inglés): Number living with anxiety per 100,000 population

Cáncer de esófago

Hombres, 2022

**Edad:** 20+**Zona abarcada:** Nacional**Referencias:** Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]**Definiciones (solo disponible en inglés):** Incidence per 100,000

Mujeres, 2022



Edad: 20+

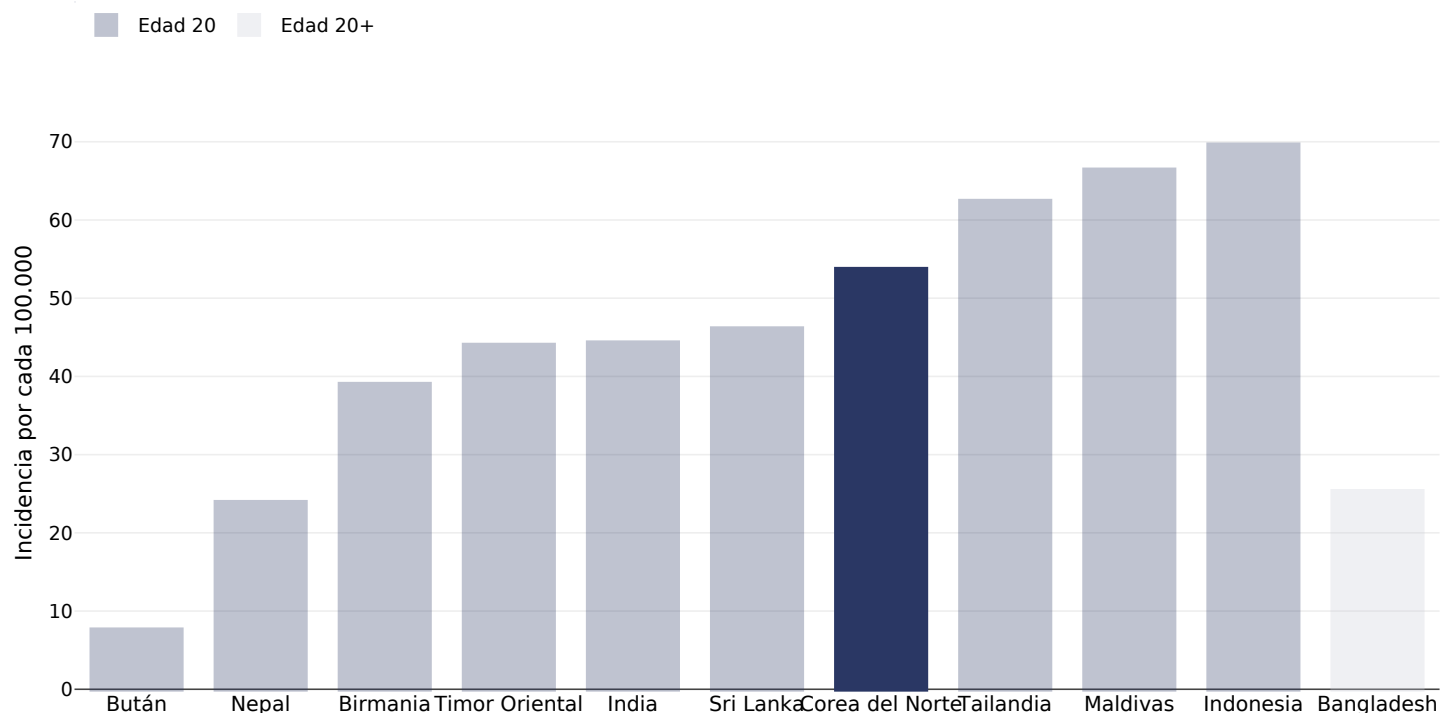
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definiciones (solo disponible en inglés): Indicence per 100,000

Cáncer de mama

Mujeres, 2022

**Zona
abarcada:**

Nacional

Referencias:

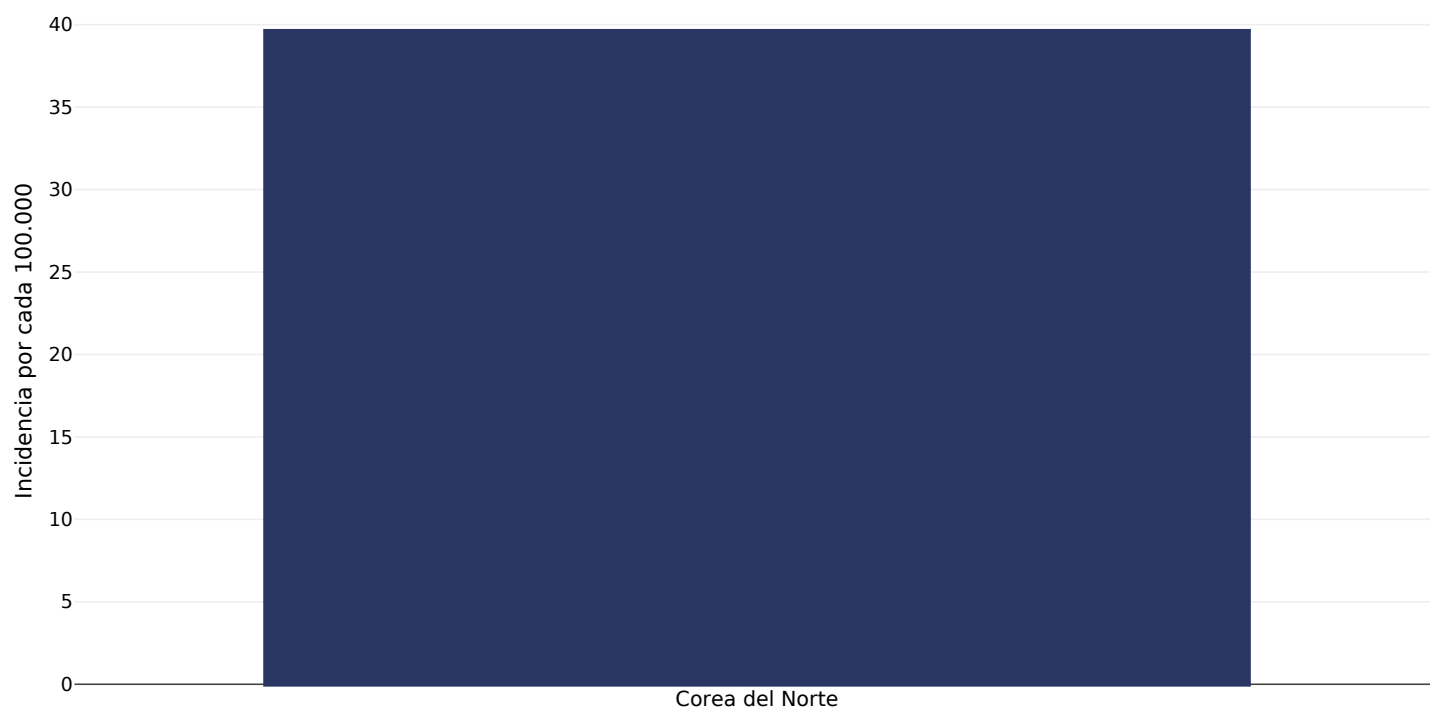
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

**Definiciones
(solo
disponible en
inglés):**

Incidence per 100,000

Cáncer colorrectal

Hombres, 2022



Edad: 20+

Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definiciones (solo disponible en inglés): Incidence per 100,000

Mujeres, 2022



Edad: 20+

Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definiciones (solo disponible en inglés): Incidence per 100,000

Cáncer de páncreas

Hombres, 2022



Edad: 20+

Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definiciones (solo disponible en inglés): Incidence per 100,000

Mujeres, 2022



Edad: 20+

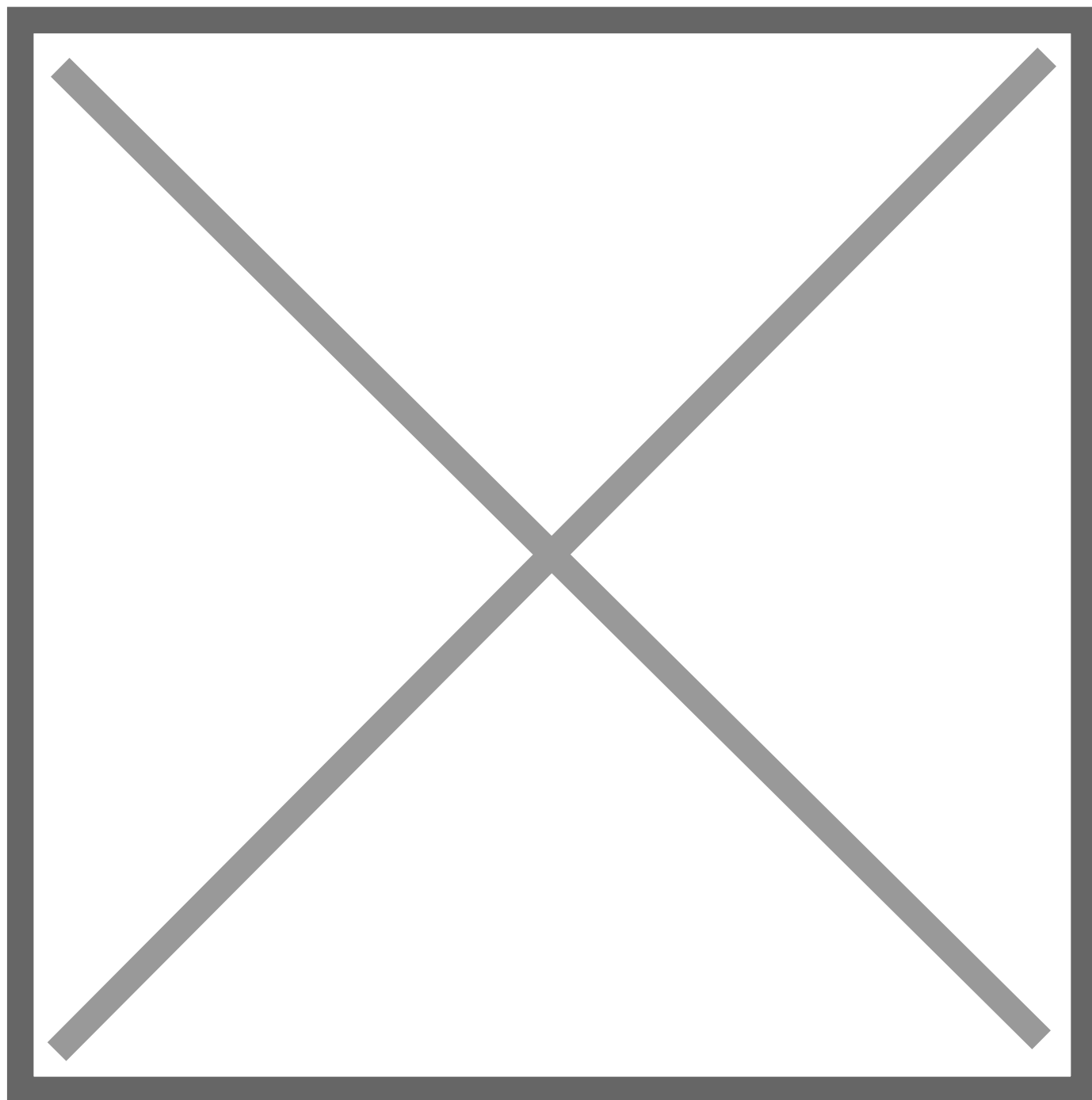
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definiciones (solo disponible en inglés): Incidence per 100,000

C ncer de la ves cula biliar

Hombres, 2022

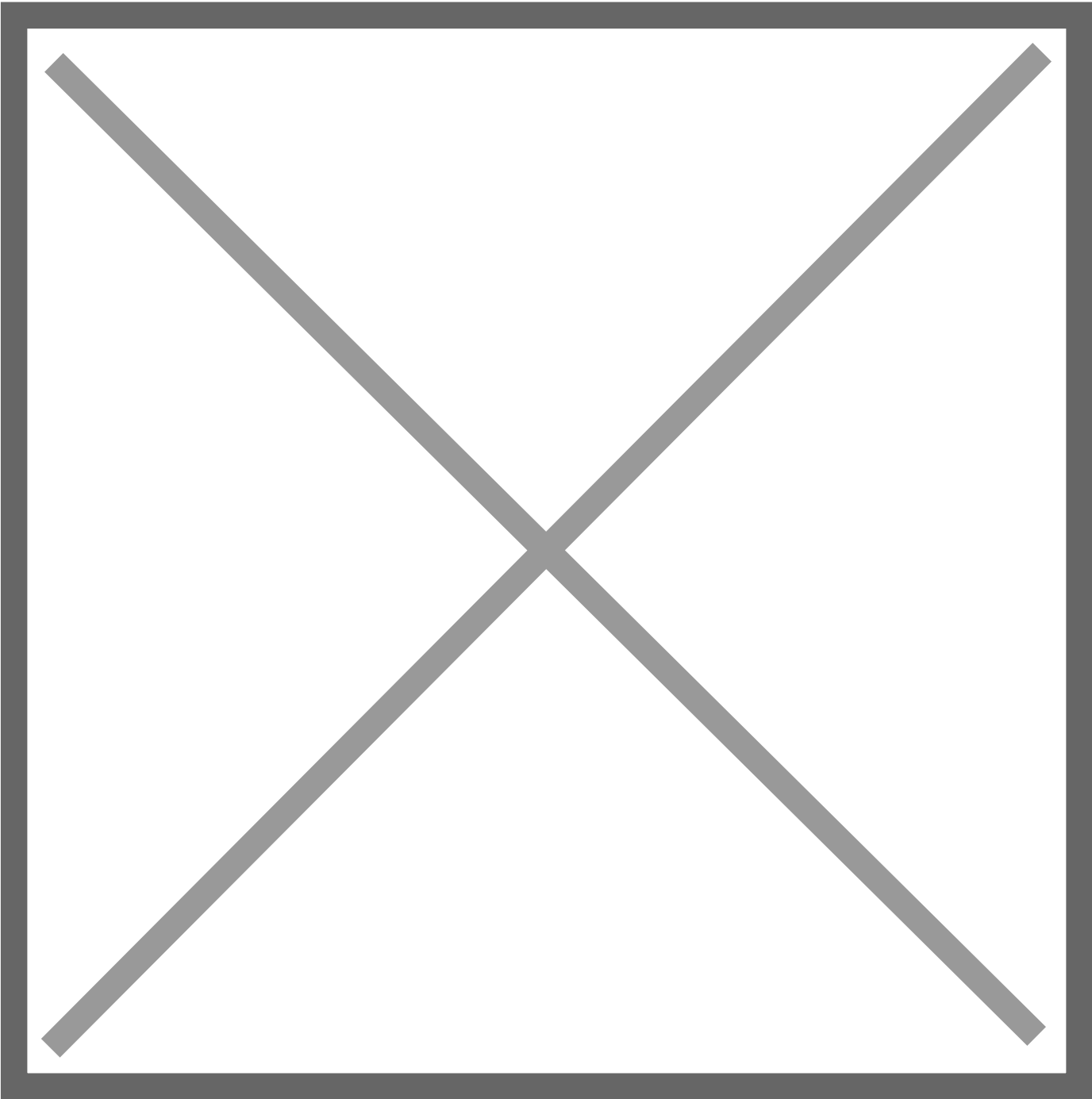


Edad:	20+
Zona abarcada:	Nacional

Referencias: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definiciones (solo disponible en inglés): Indicence per 100,000

Mujeres, 2022



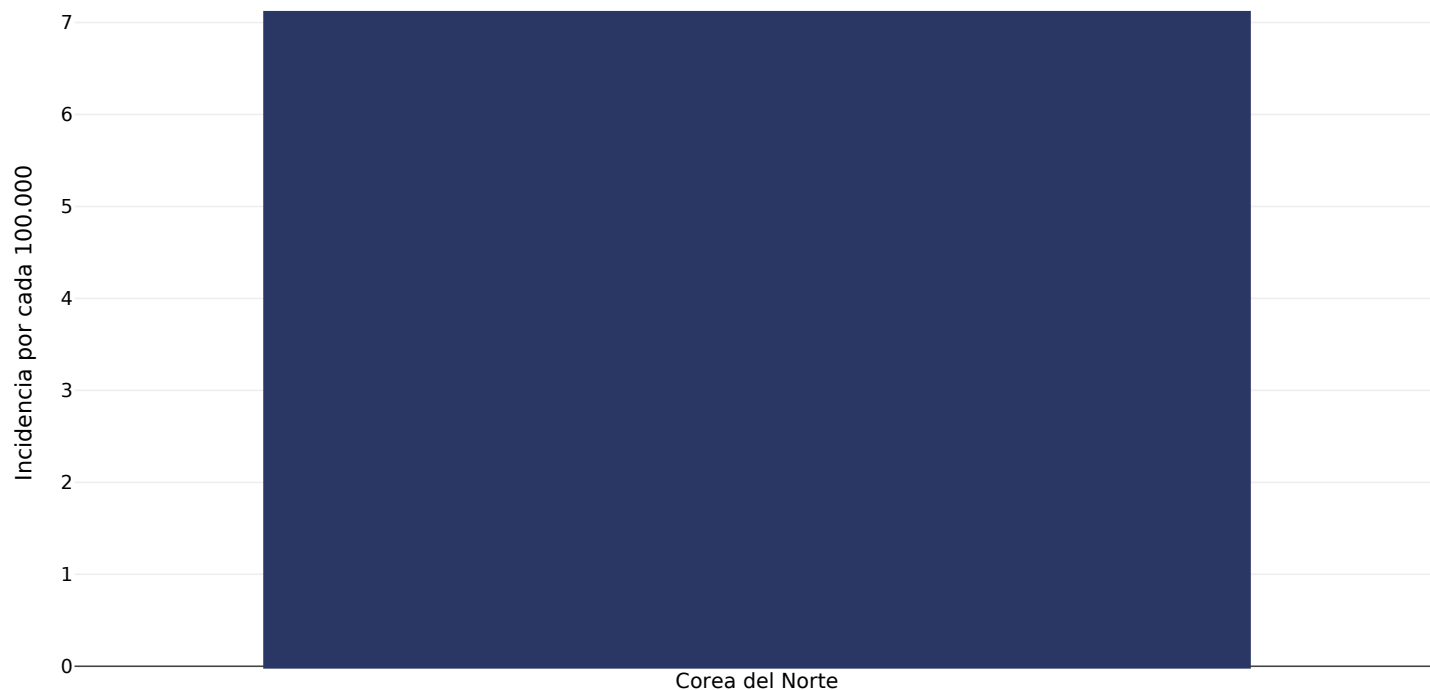
Edad:	20+
Zona abarcada:	Nacional
Referencias:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]

Definiciones
(solo
disponible en
ingl  s):

Indicence per 100,000

Cáncer de riñón

Hombres, 2022



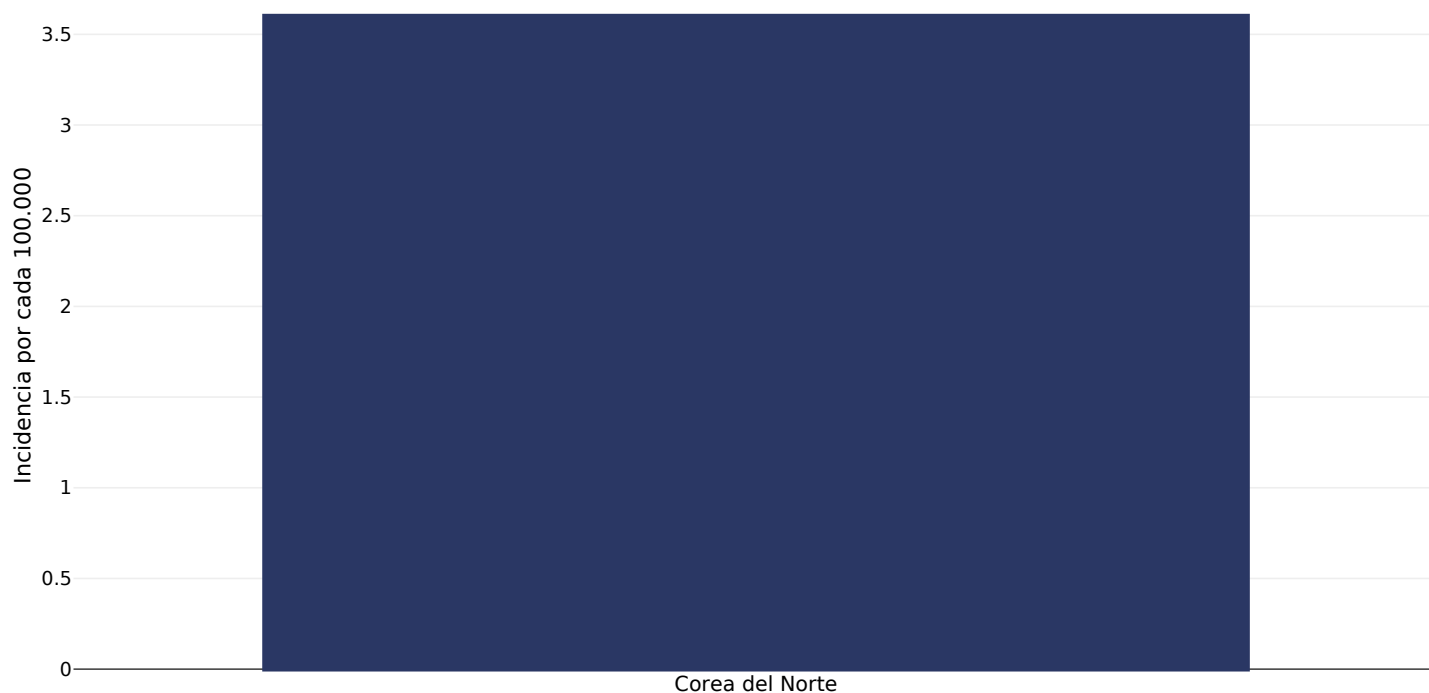
Edad: 20+

Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definiciones (solo disponible en inglés): Incidence per 100,000

Mujeres, 2022



Edad: 20+

Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definiciones (solo disponible en inglés): Incidence per 100,000

Cáncer de C rter

Mujeres, 2022



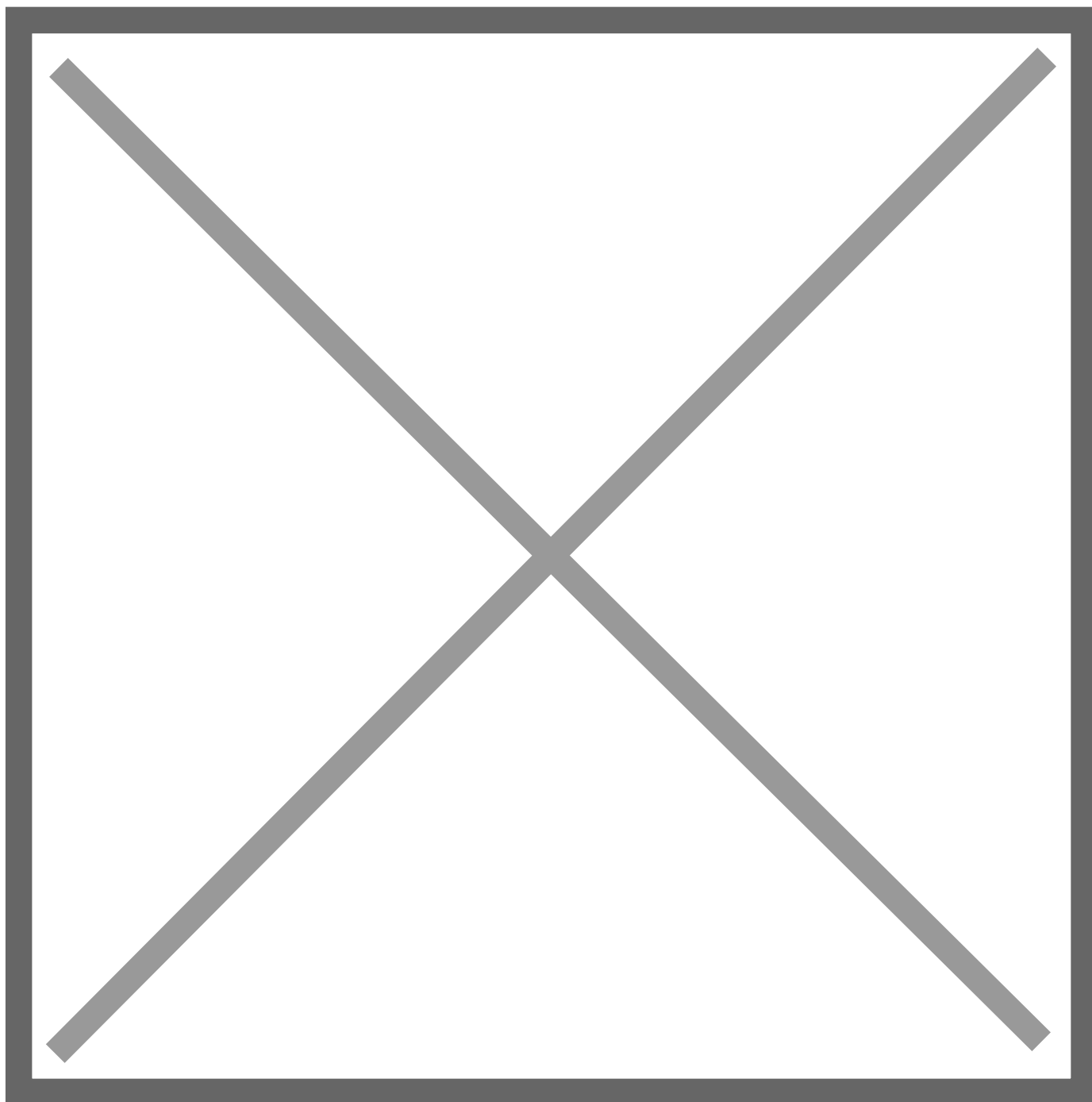
Edad: 20+

Referencias: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Pi eros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definiciones (solo disponible en ingl s): Incidence per 100,000

Tensi3n arterial elevada

Adultos, 2015



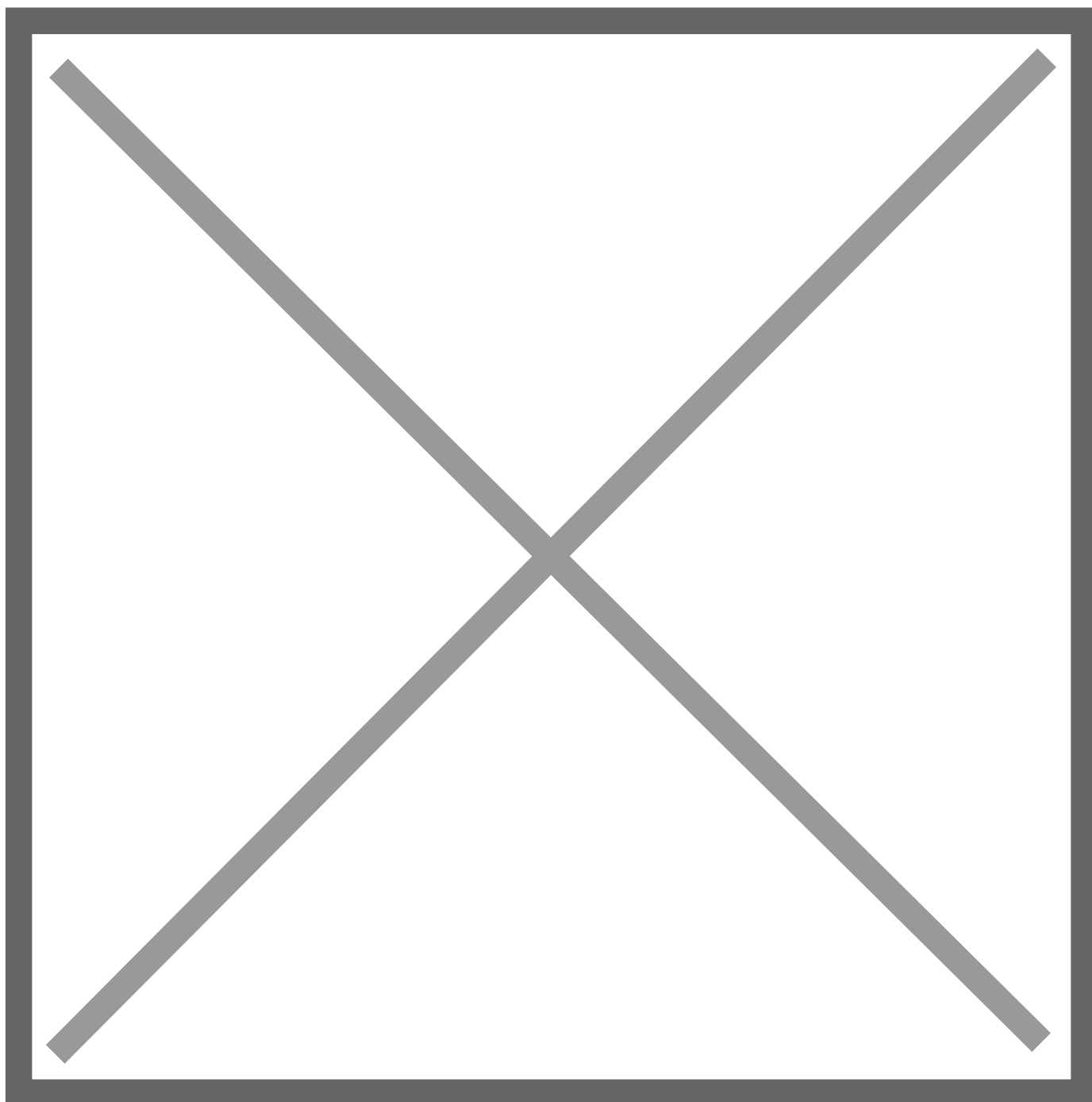
Referencias:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definiciones
(solo
disponible en
ingl  s):

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Hombres, 2015



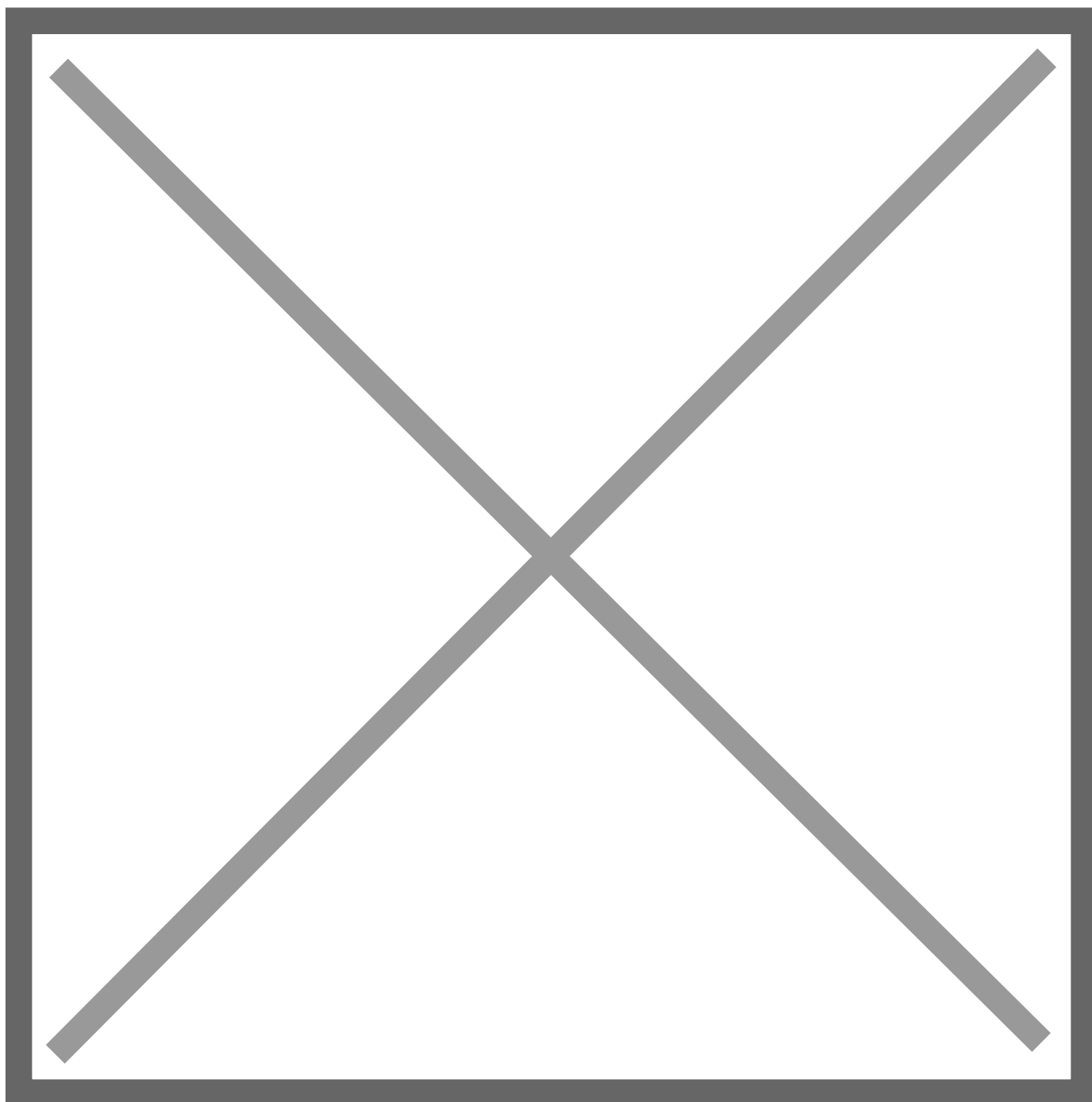
Referencias:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definiciones (solo disponible en inglés):

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Mujeres, 2015



Referencias:

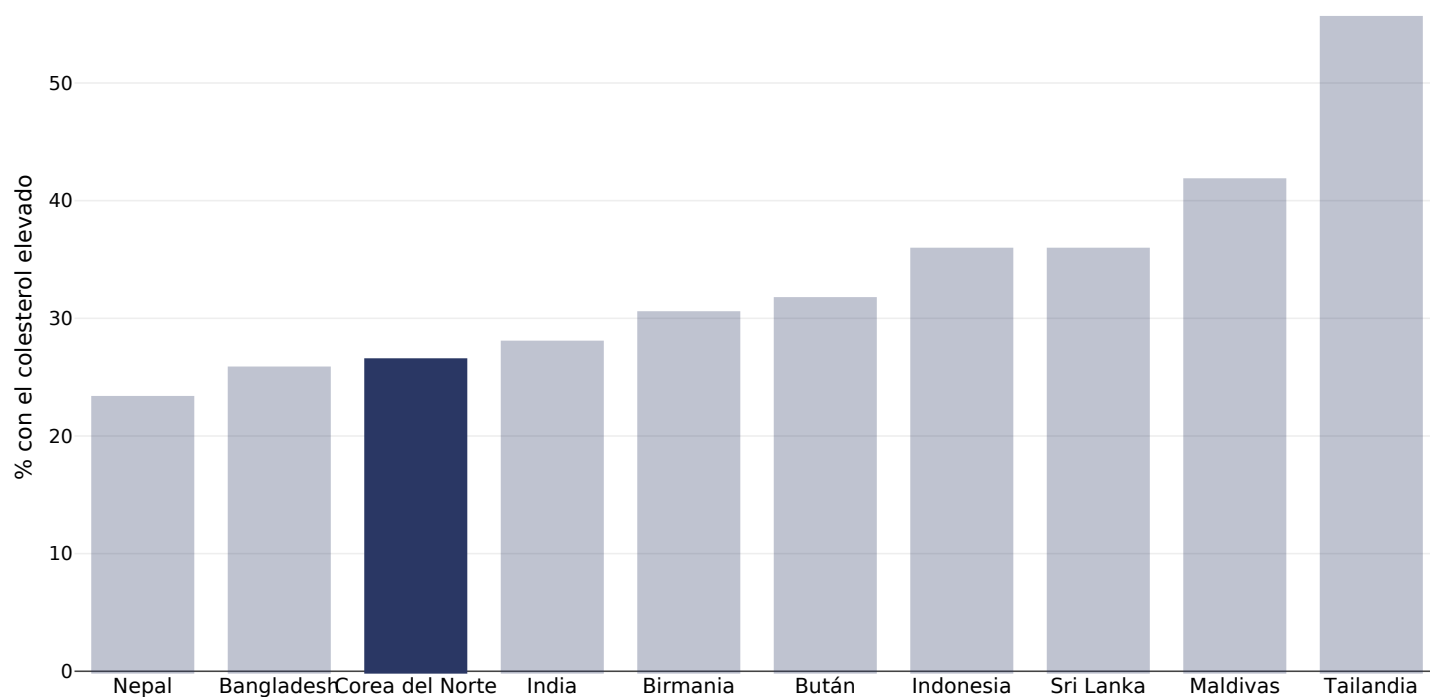
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definiciones
(solo
disponible en
inglés):

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Colesterol elevado

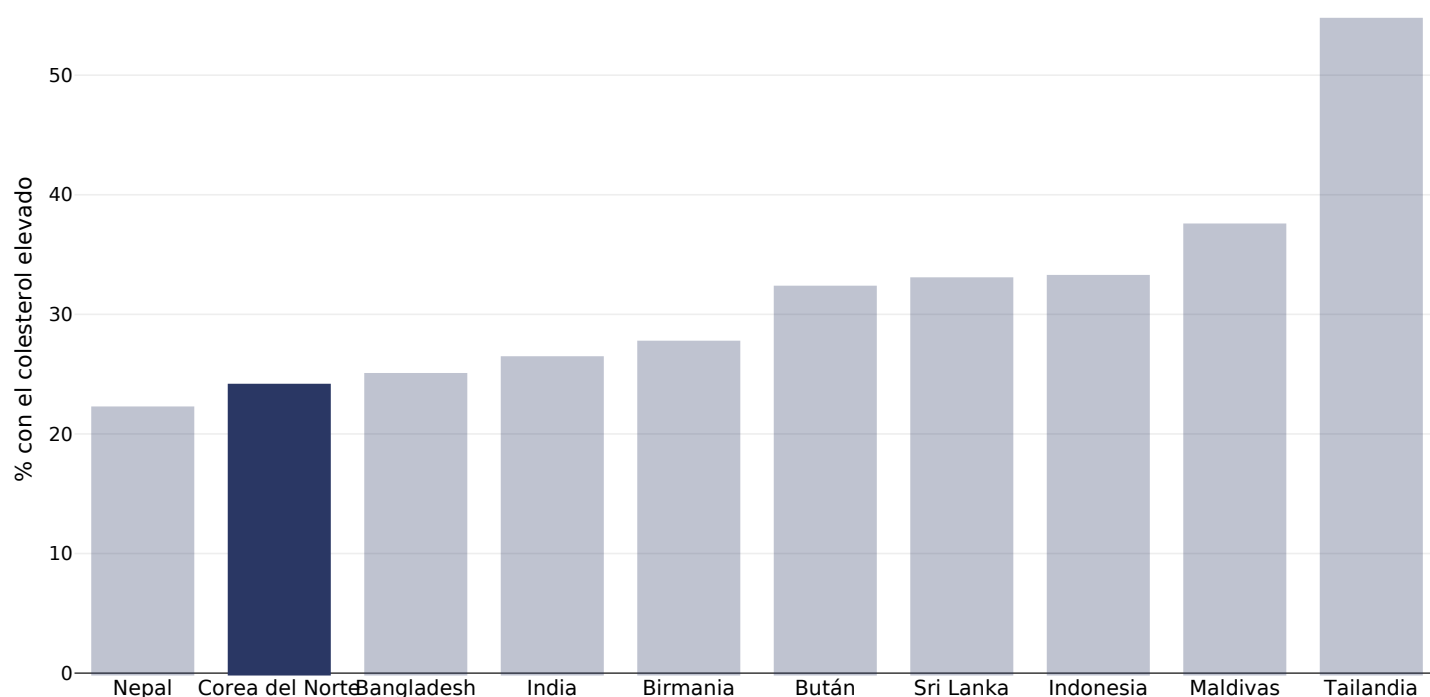
Adultos, 2008



Referencias: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definiciones (solo disponible en inglés): % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

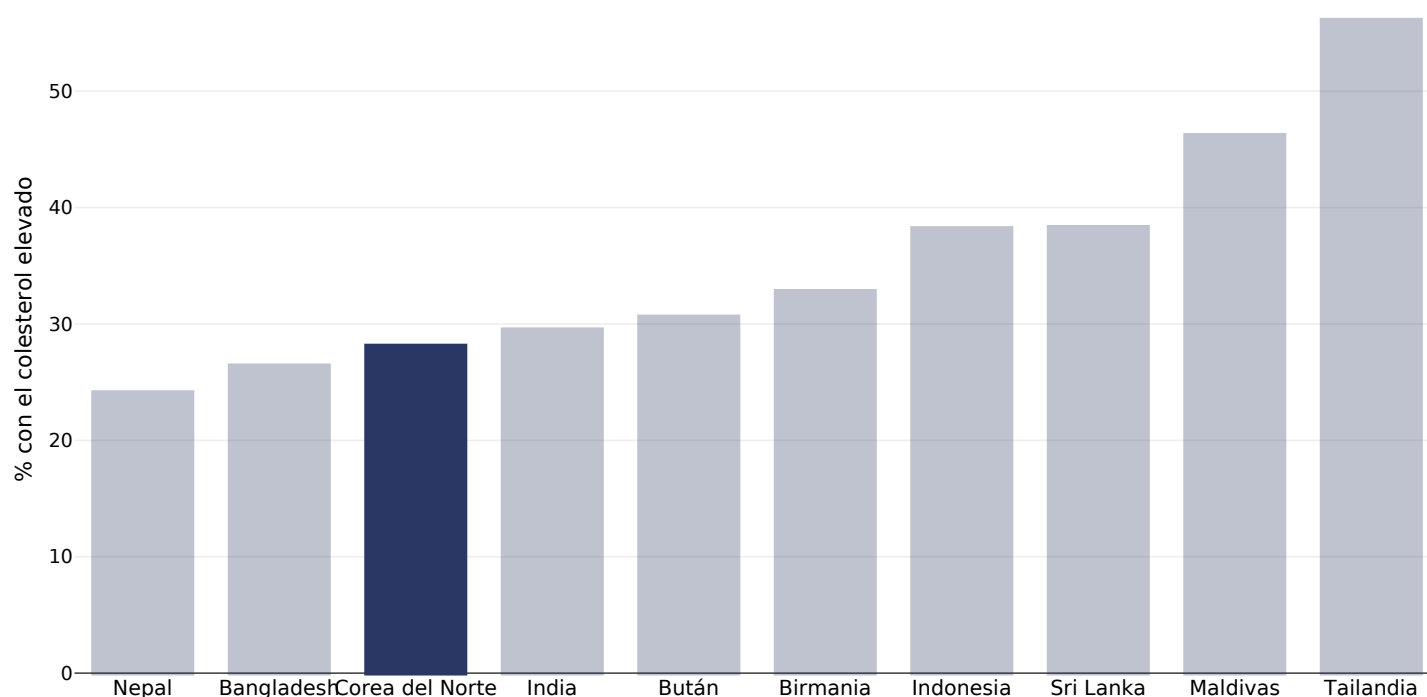
Hombres, 2008



Referencias: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definiciones (solo disponible en inglés): % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Mujeres, 2008

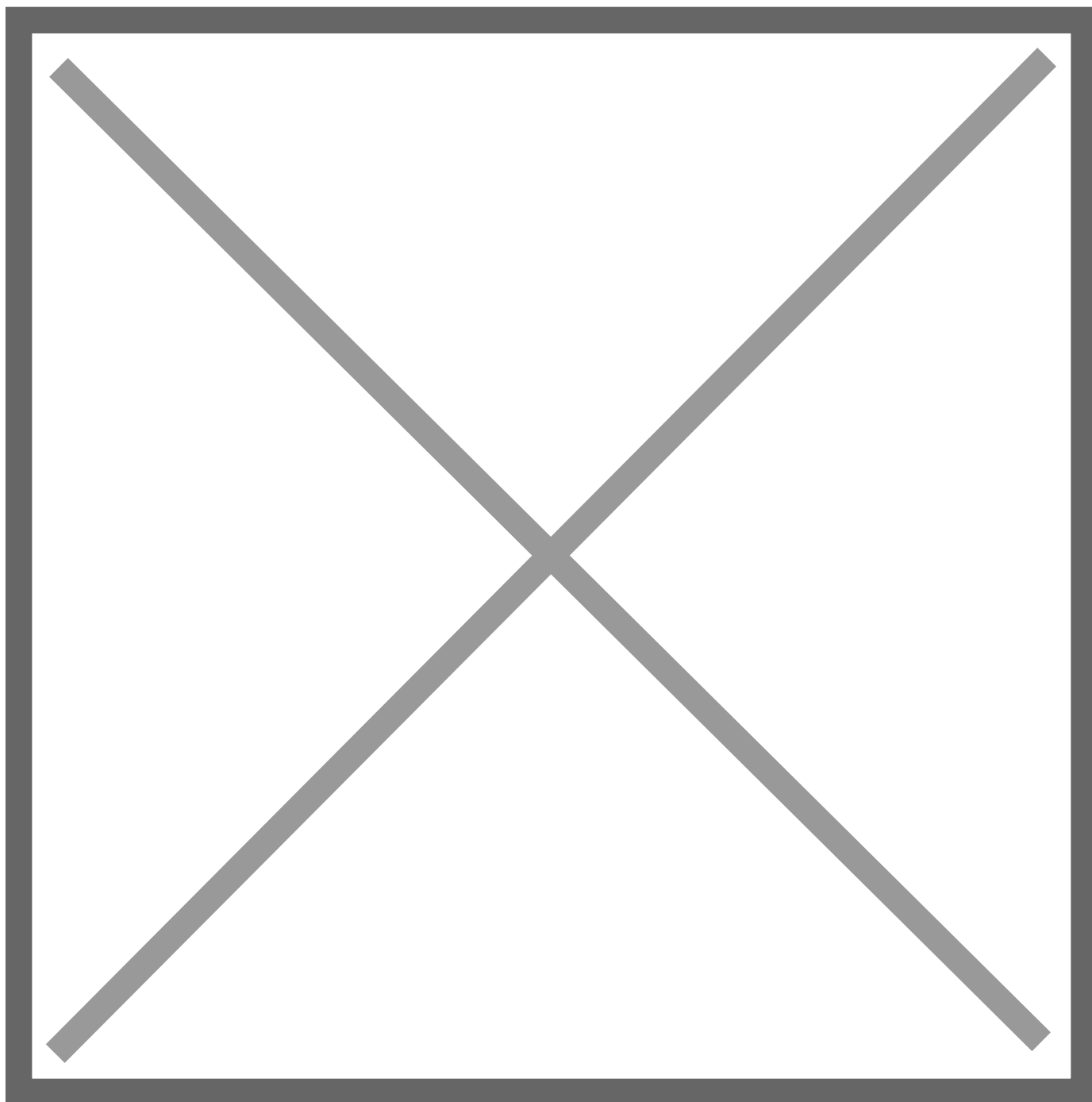


Referencias: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definiciones (solo disponible en inglés): % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Glucemia en ayunas elevada

Hombres, 2014



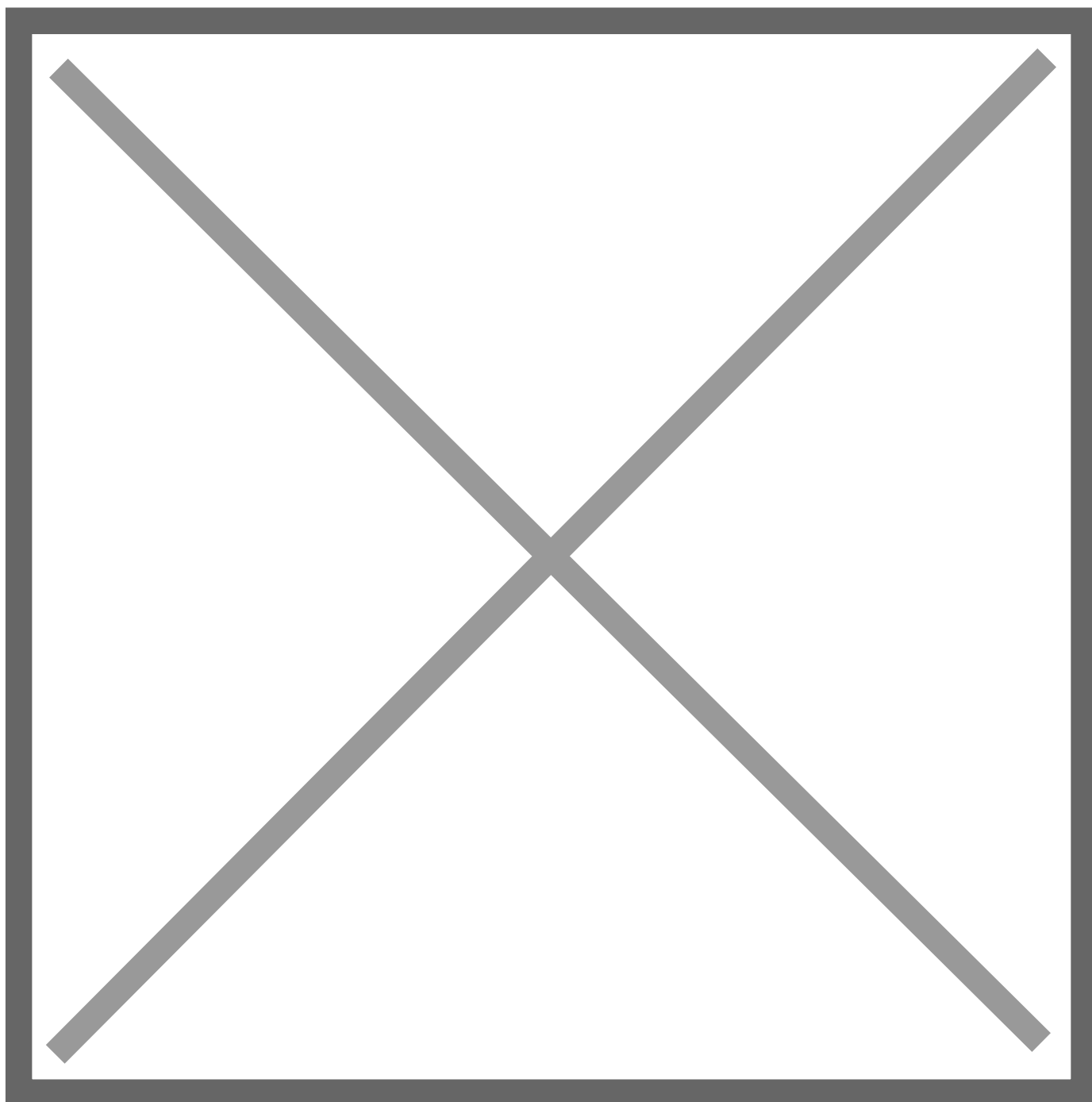
Referencias:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definiciones
(solo
disponible en
ingl  s):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Mujeres, 2014



Referencias:

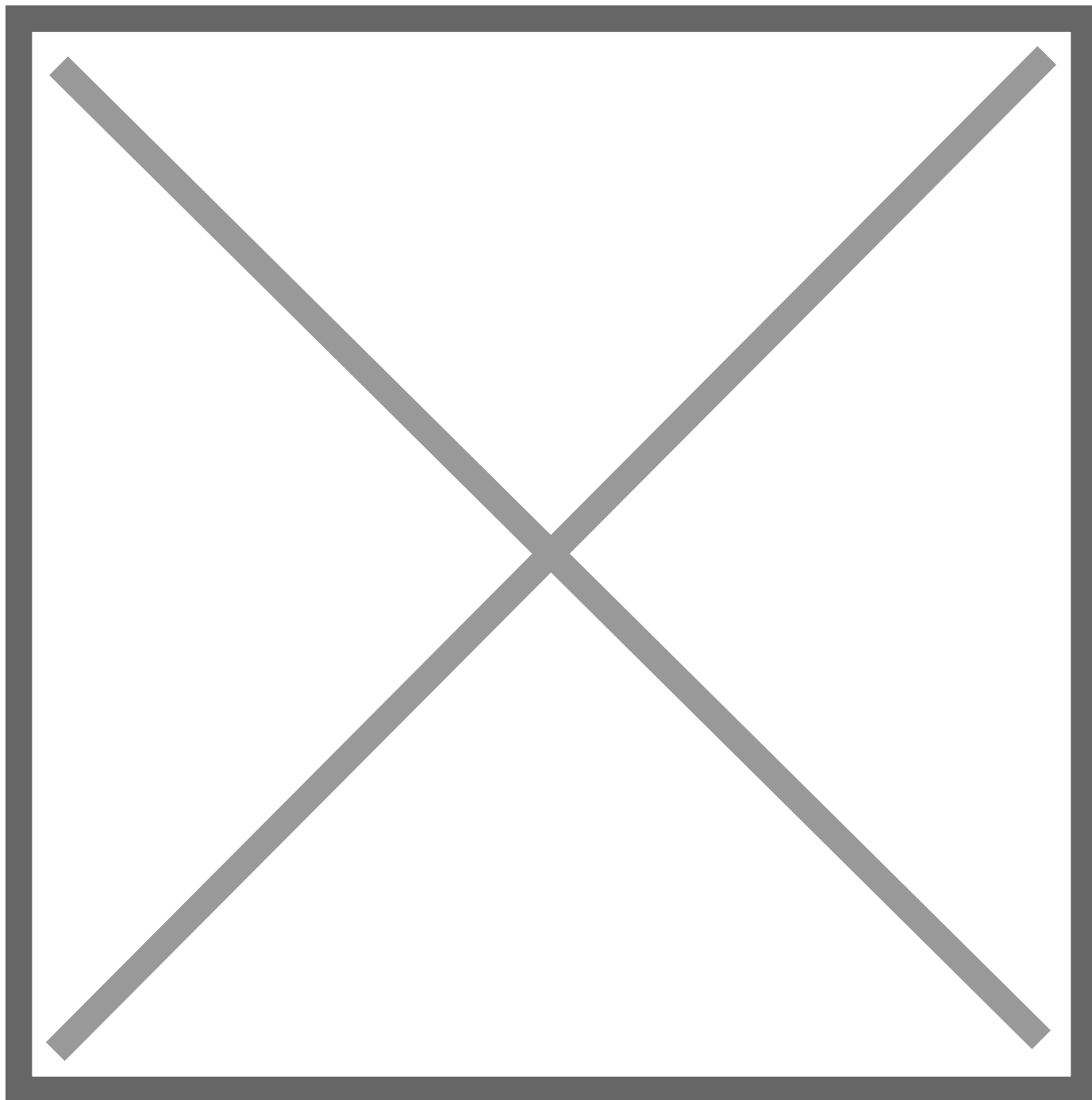
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definiciones (solo disponible en inglés):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Prevalencia de la diabetes

Adultos, 2024

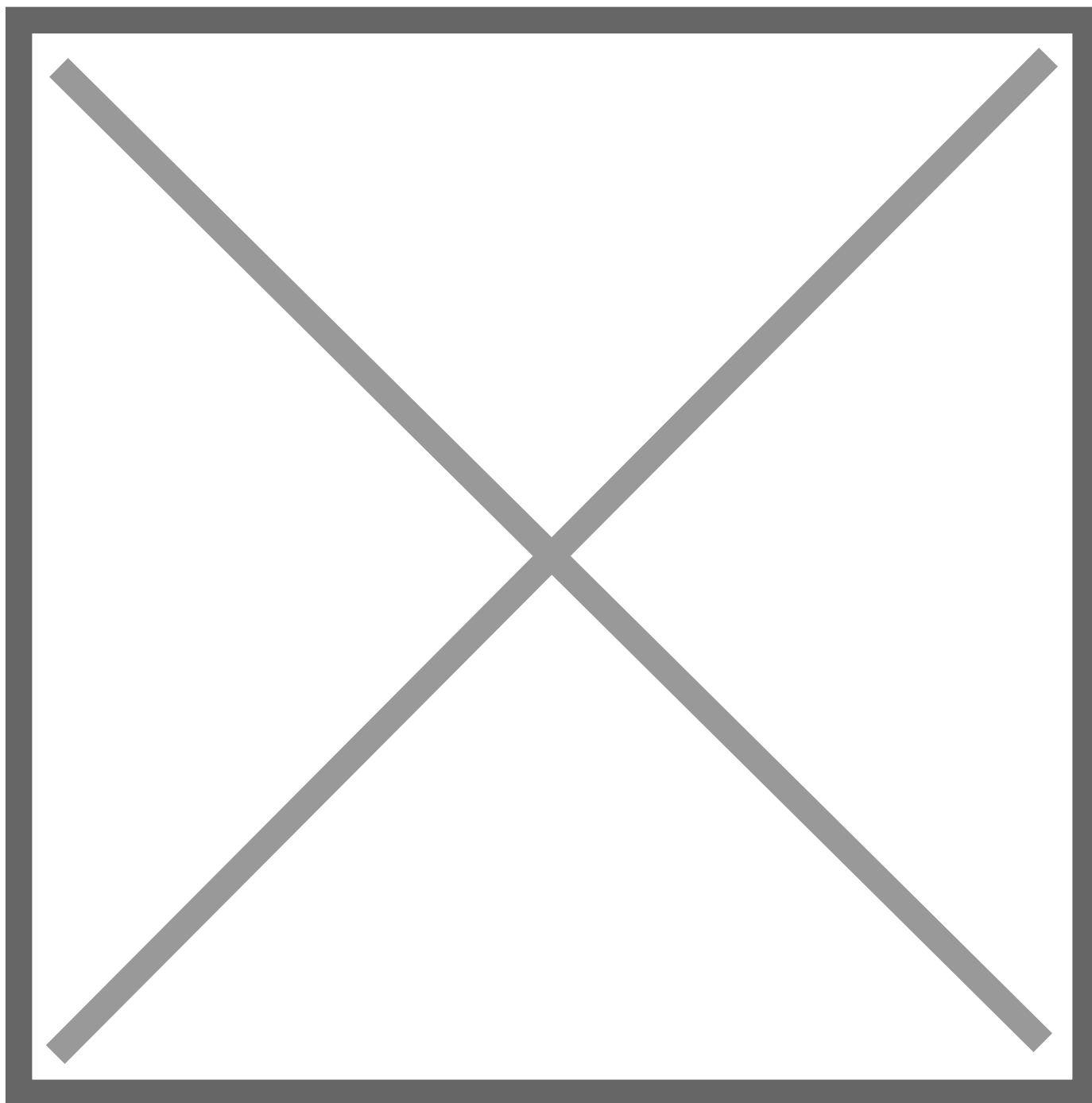


Referencias:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. <http://www.diabetesatlas.org>

Ovarian Cancer

Mujeres, 2022



Edad: 20+

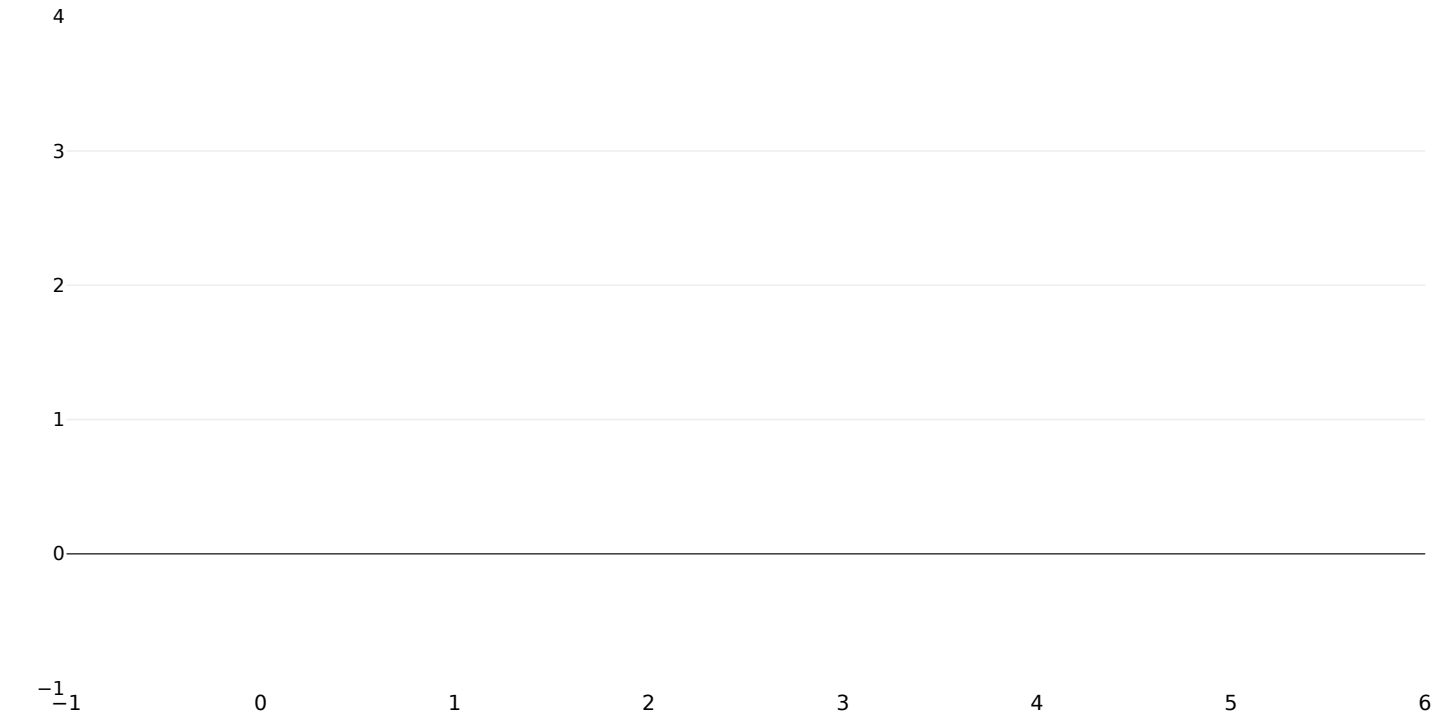
Referencias: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definiciones
(solo
disponible en
ingl  s):

Incidence per 100,000

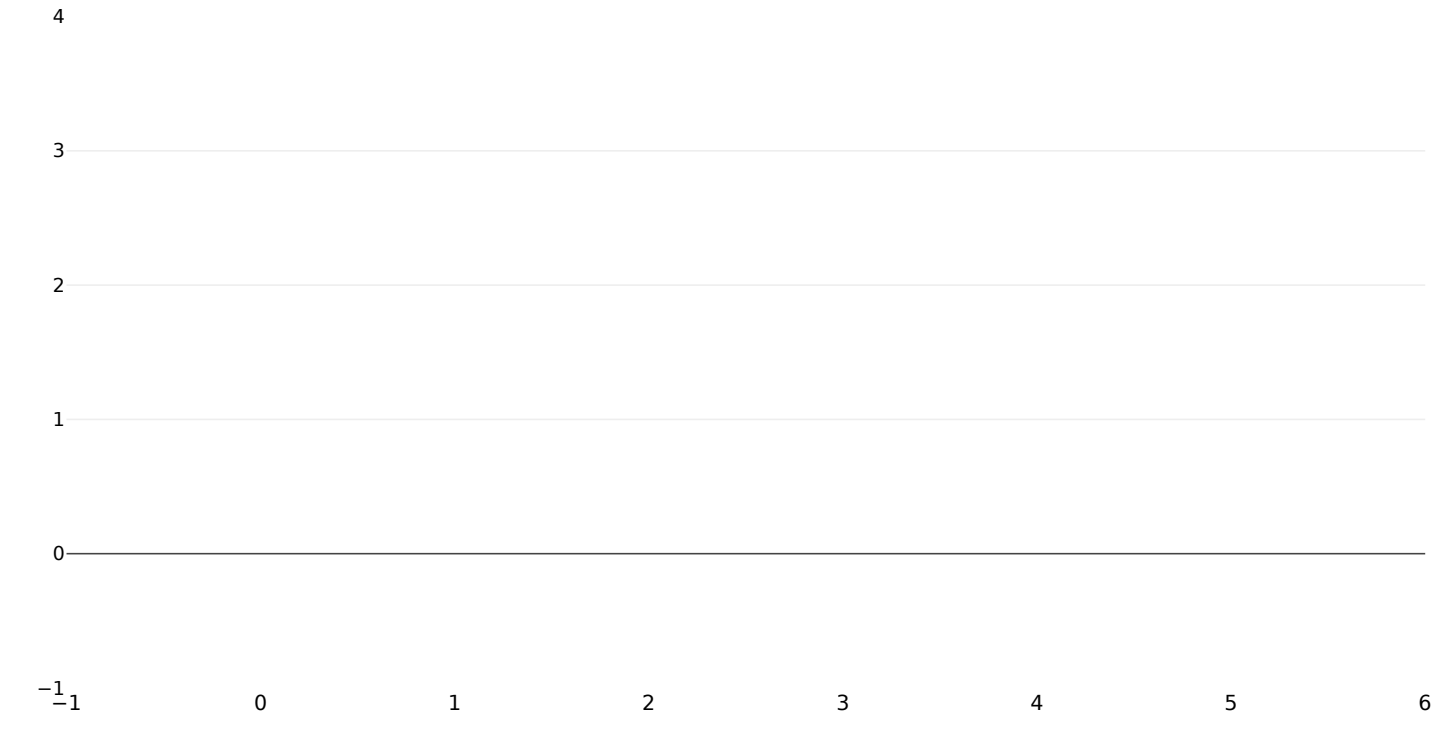
Leukemia

Hombres, 2022



Edad:	20+
Zona abarcada:	Nacional
Referencias:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definiciones (solo disponible en inglés):	Incidence per 100,000
A menos que se indique lo contrario, el sobrepeso se refiere a un IMC entre 25 kg y 29,9 kg/m² y la obesidad se refiere a un IMC superior a 30 kg/m²..	

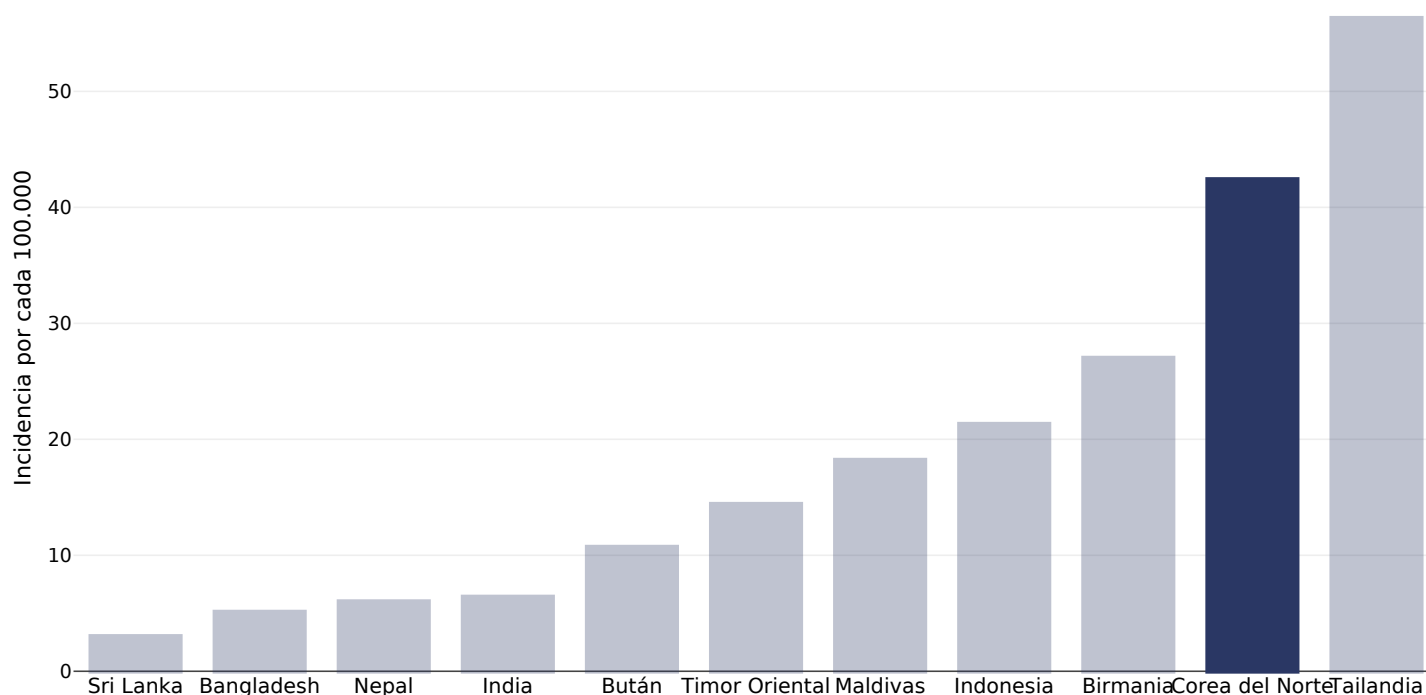
Mujeres, 2022



Edad:	20+
Zona abarcada:	Nacional
Referencias:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definiciones (solo disponible en inglés):	Incidence per 100,000
A menos que se indique lo contrario, el sobrepeso se refiere a un IMC entre 25 kg y 29,9 kg/m² y la obesidad se refiere a un IMC superior a 30 kg/m²..	

Liver and intrahepatic bile duct Cancer

Hombres, 2022



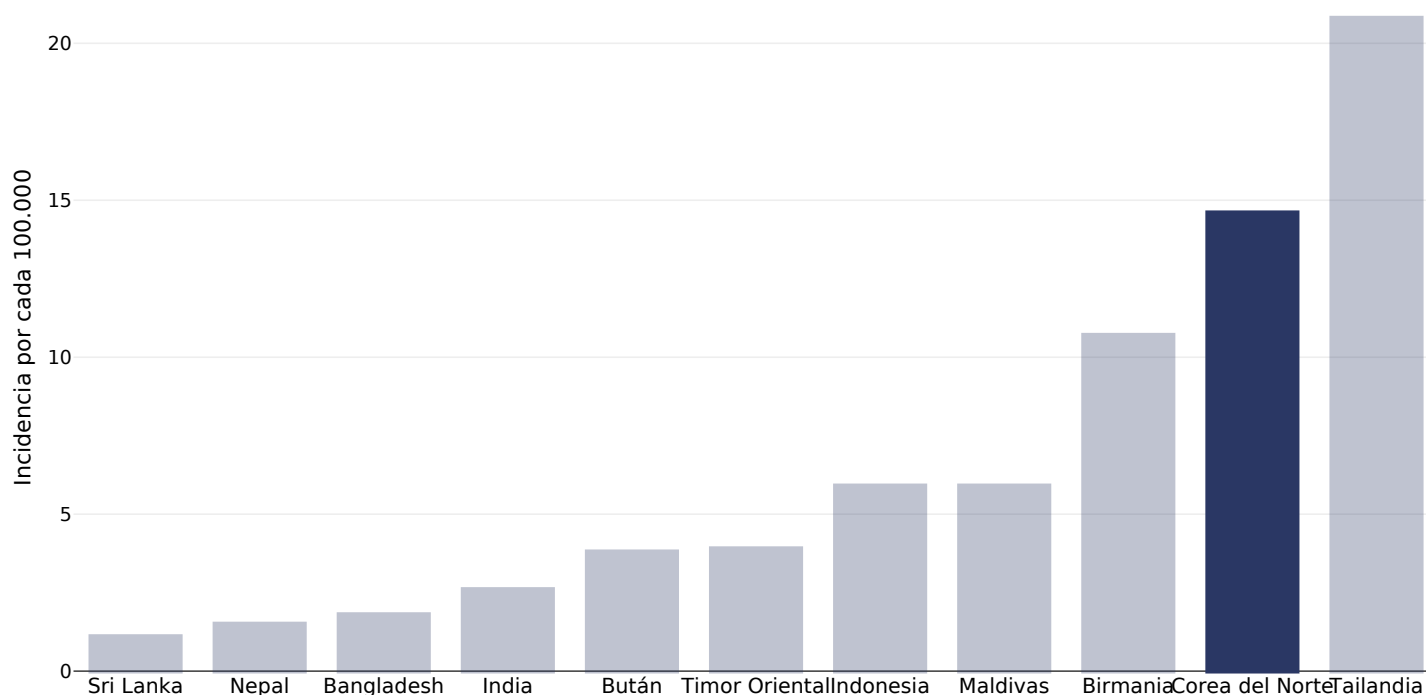
Edad: 20+

Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definiciones (solo disponible en inglés): Incidence per 100,000

Mujeres, 2022



Edad: 20+

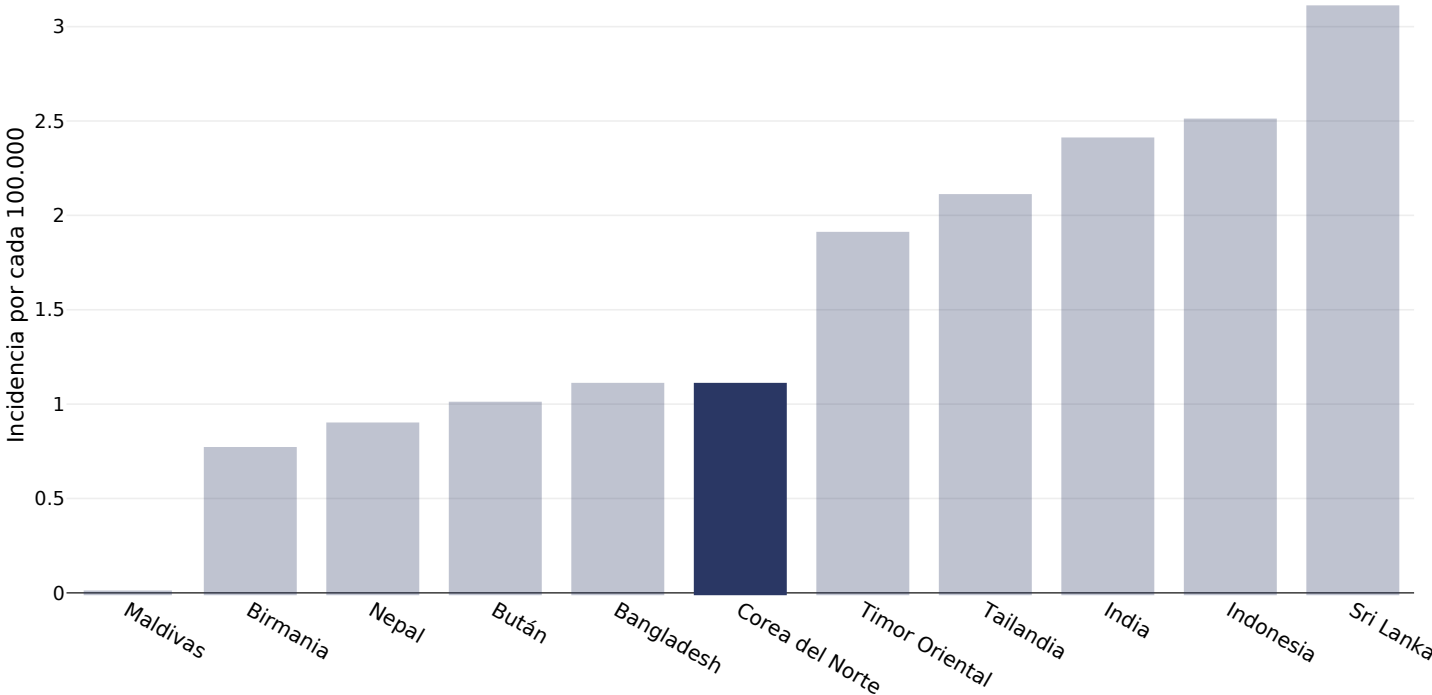
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definiciones (solo disponible en inglés): Incidence per 100,000

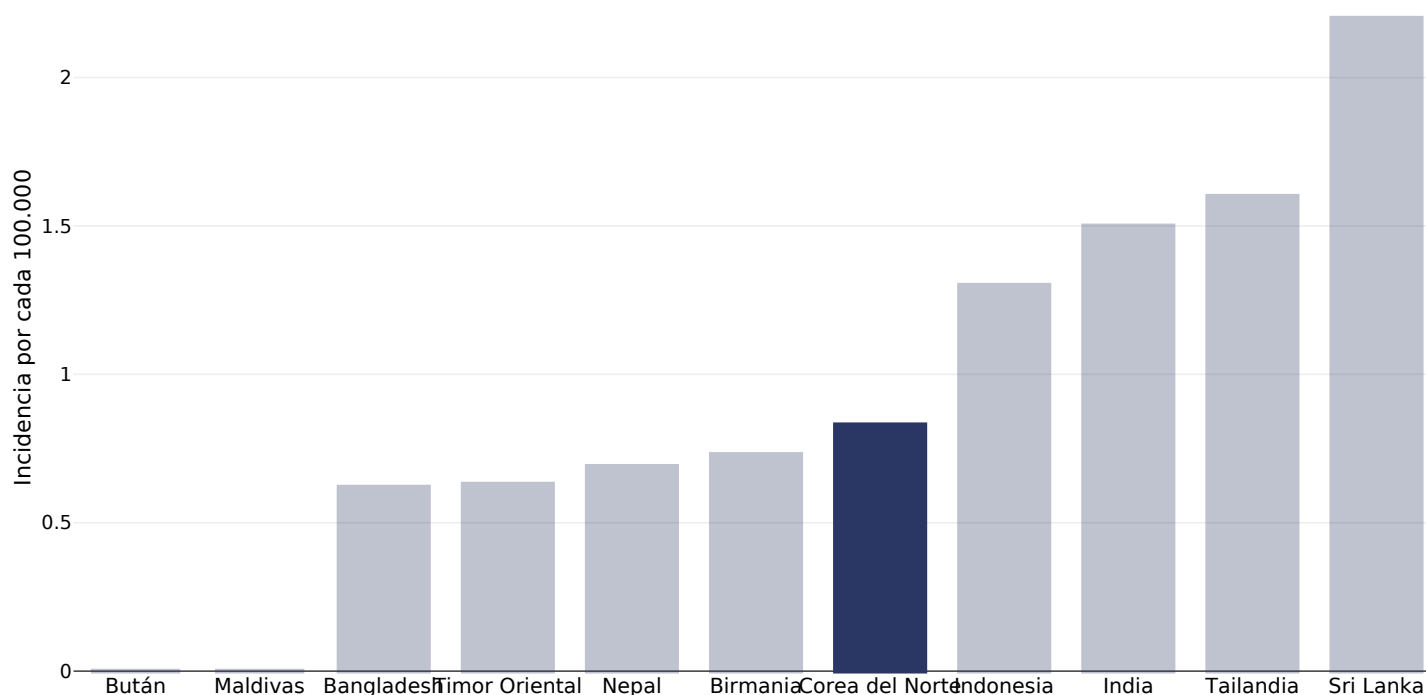
Multiple Myeloma

Hombres, 2022



Edad:	20+
Zona abarcada:	Nacional
Referencias:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definiciones (solo disponible en inglés):	Indicence per 100,000
A menos que se indique lo contrario, el sobrepeso se refiere a un IMC entre 25 kg y 29,9 kg/m² y la obesidad se refiere a un IMC superior a 30 kg/m²..	

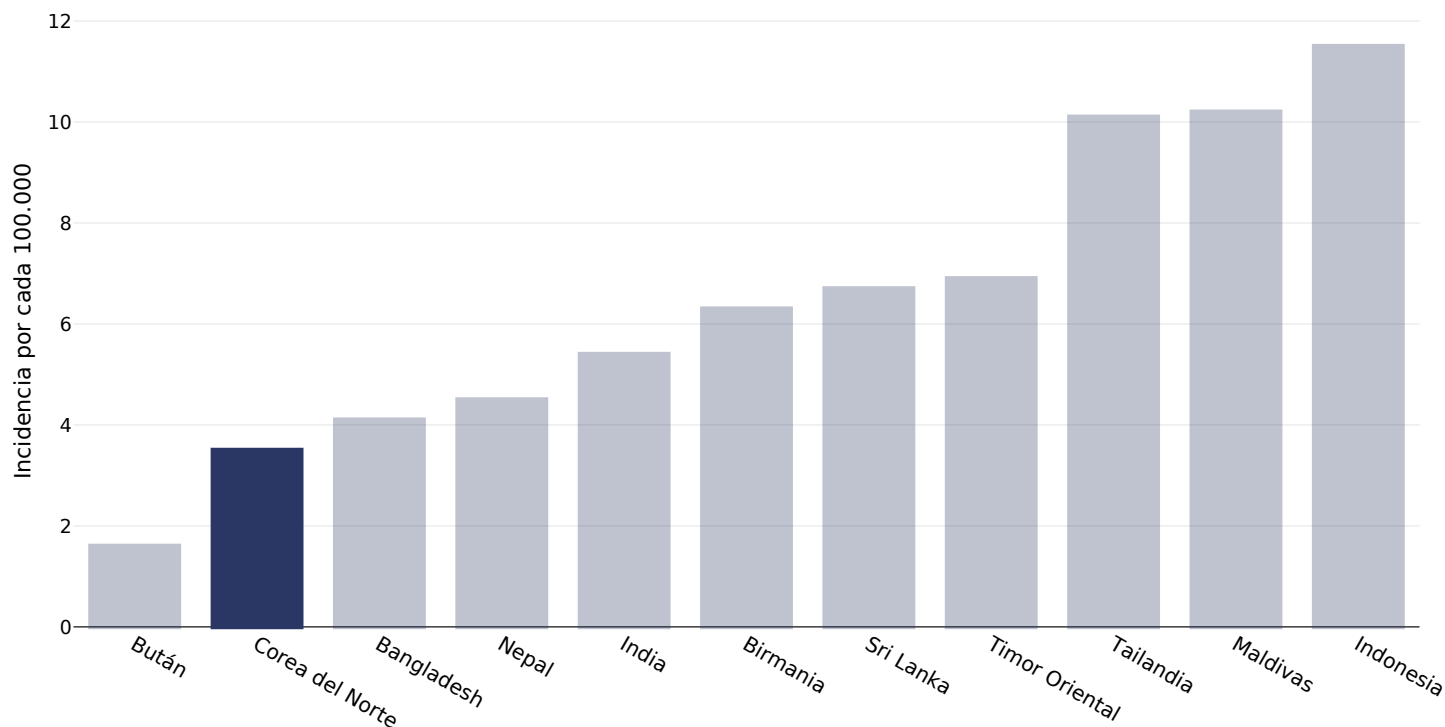
Mujeres, 2022

**Edad:** 20+**Zona abarcada:** Nacional**Referencias:** Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]**Definiciones (solo disponible en inglés):** Indicence per 100,000

A menos que se indique lo contrario, el sobrepeso se refiere a un IMC entre 25 kg y 29,9 kg/m² y la obesidad se refiere a un IMC superior a 30 kg/m².

Non Hodgkin Lymphoma

Hombres, 2022



Edad: 20+

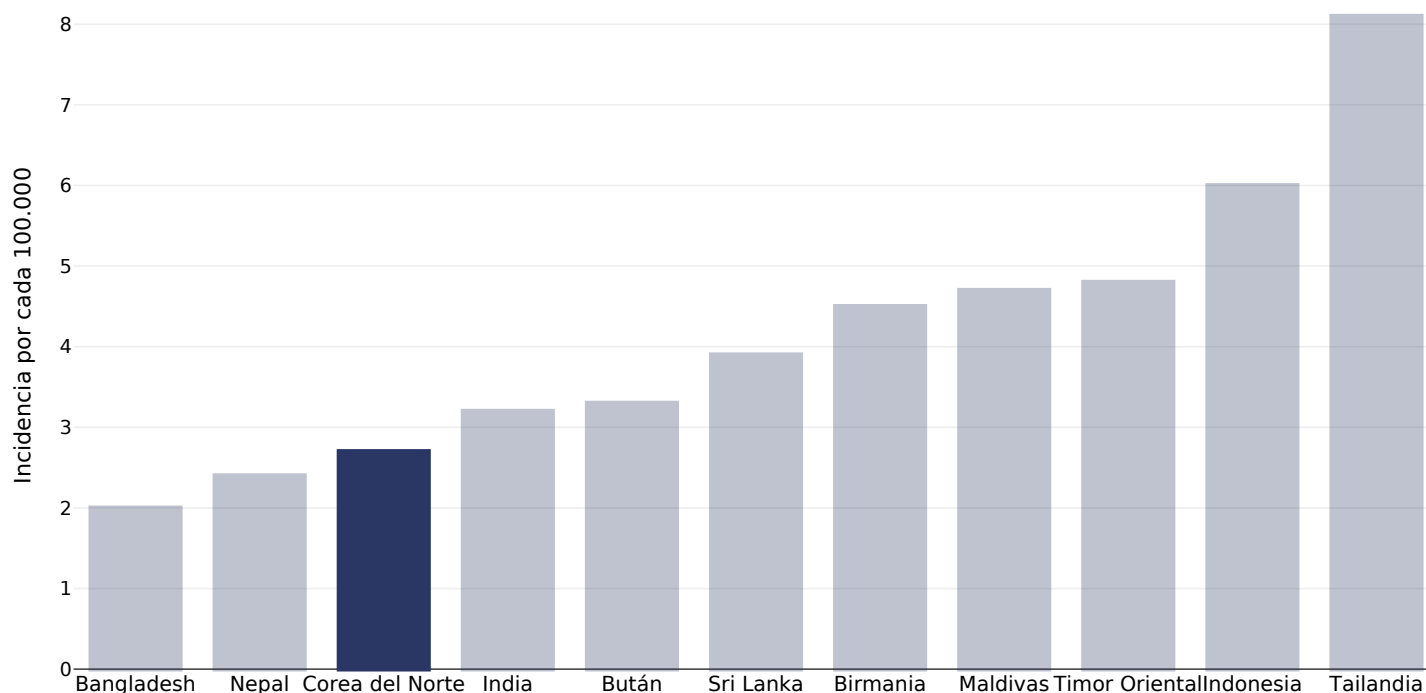
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definiciones (solo disponible en inglés): Incidence per 100,000

A menos que se indique lo contrario, el sobrepeso se refiere a un IMC entre 25 kg y 29,9 kg/m² y la obesidad se refiere a un IMC superior a 30 kg/m².

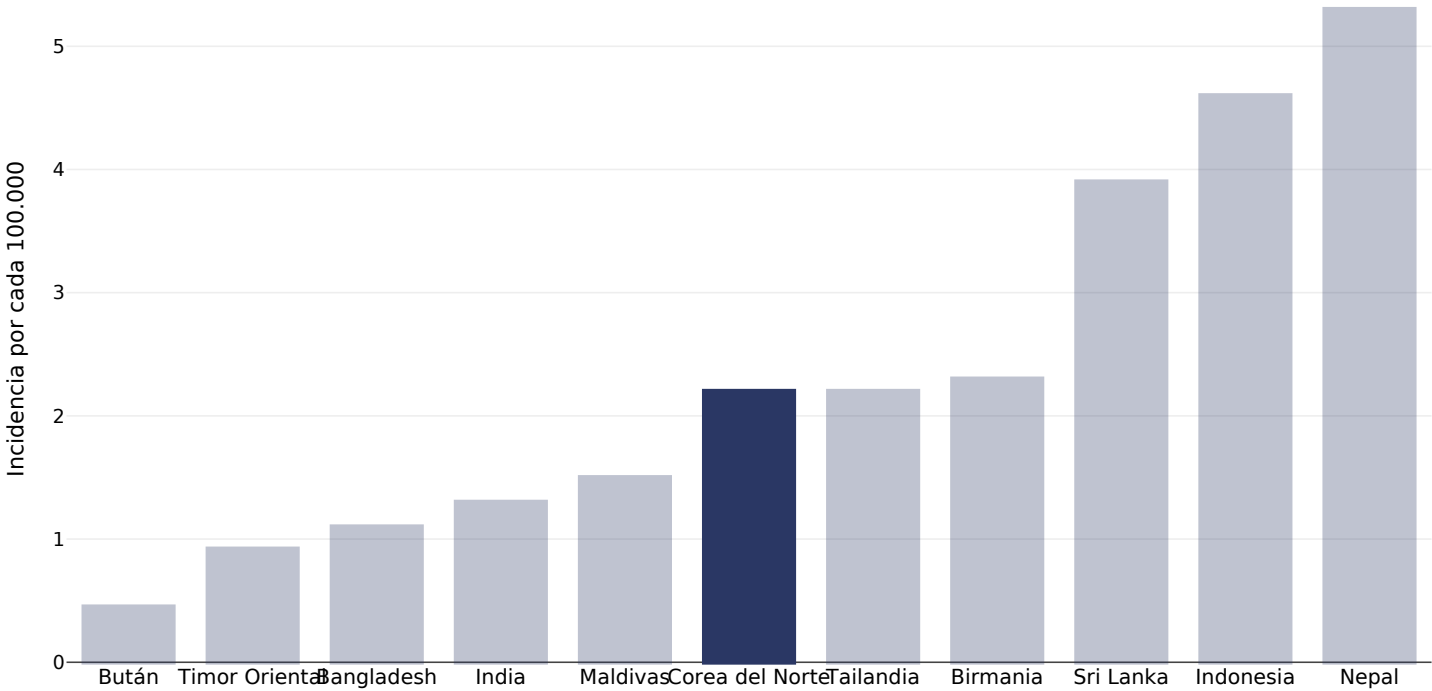
Mujeres, 2022

**Edad:** 20+**Zona abarcada:** Nacional**Referencias:** Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]**Definiciones (solo disponible en inglés):** Incidence per 100,000

A menos que se indique lo contrario, el sobrepeso se refiere a un IMC entre 25 kg y 29,9 kg/m² y la obesidad se refiere a un IMC superior a 30 kg/m².

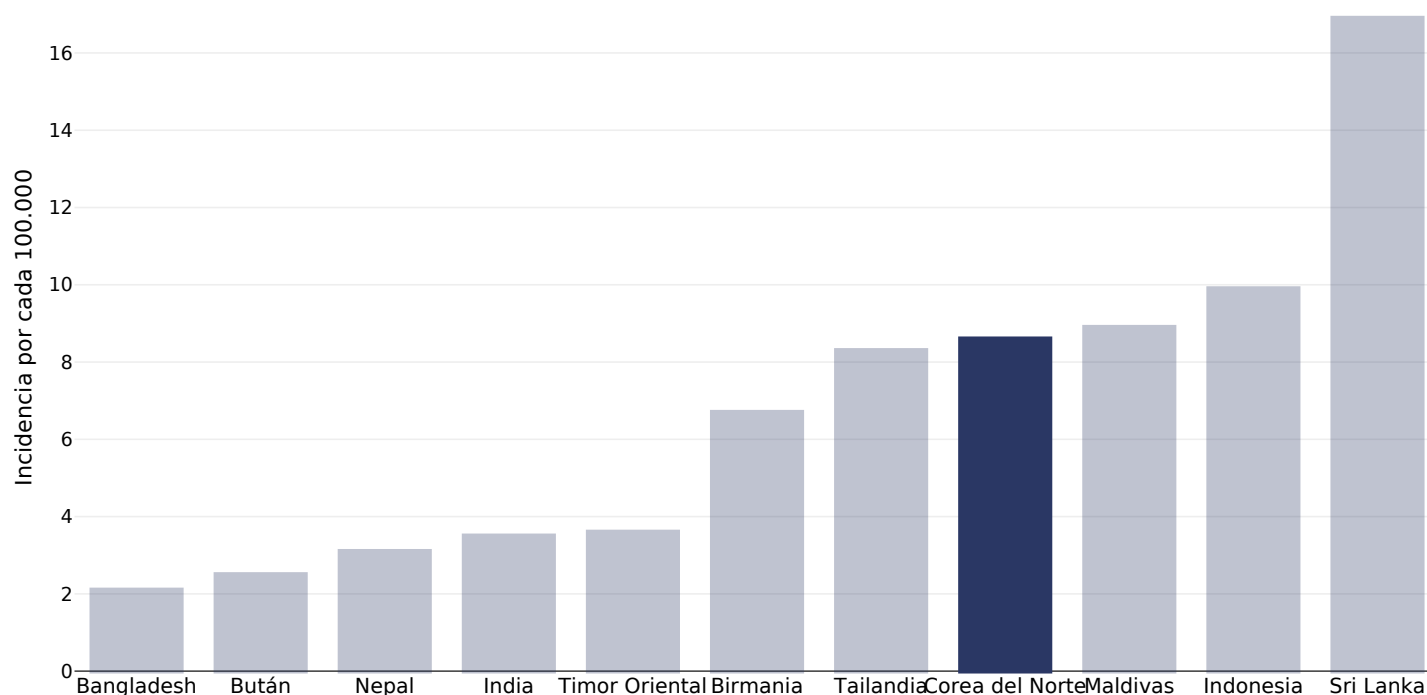
Thyroid Cancer

Hombres, 2022



Edad:	20+
Zona abarcada:	Nacional
Referencias:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definiciones (solo disponible en inglés):	Incidence per 100,000

Mujeres, 2022

**Edad:** 20+**Zona abarcada:** Nacional**Referencias:** Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]**Definiciones (solo disponible en inglés):** Incidence per 100,000

PDF created on June 19, 2025