



Nigeria



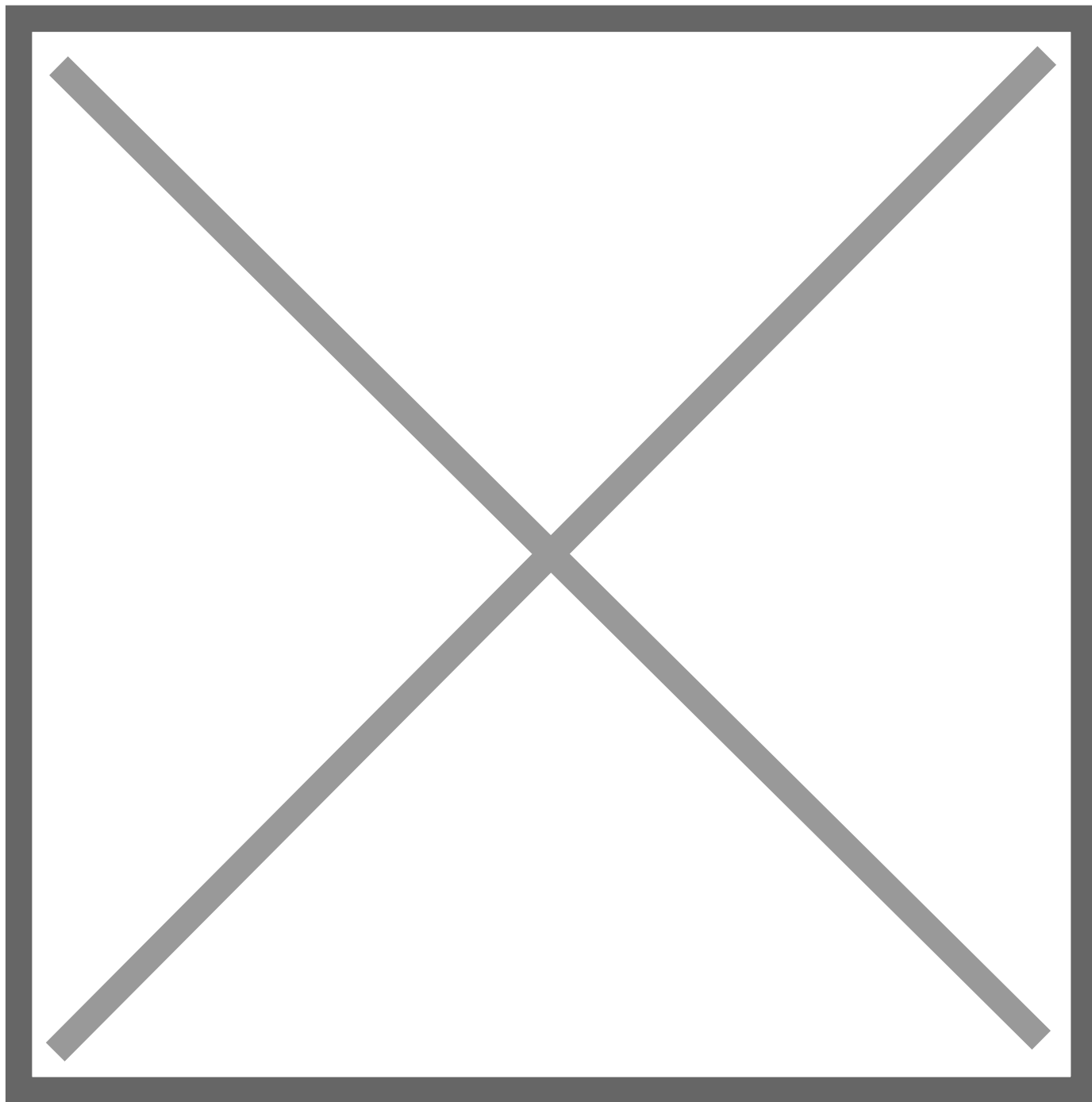
Country report card - under-5s

This report card contains the latest data available on the GlobalObesityObservatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/nigeria-158/>.

Lihavuuden esiintyvyys

0-5 years, 2023-2024

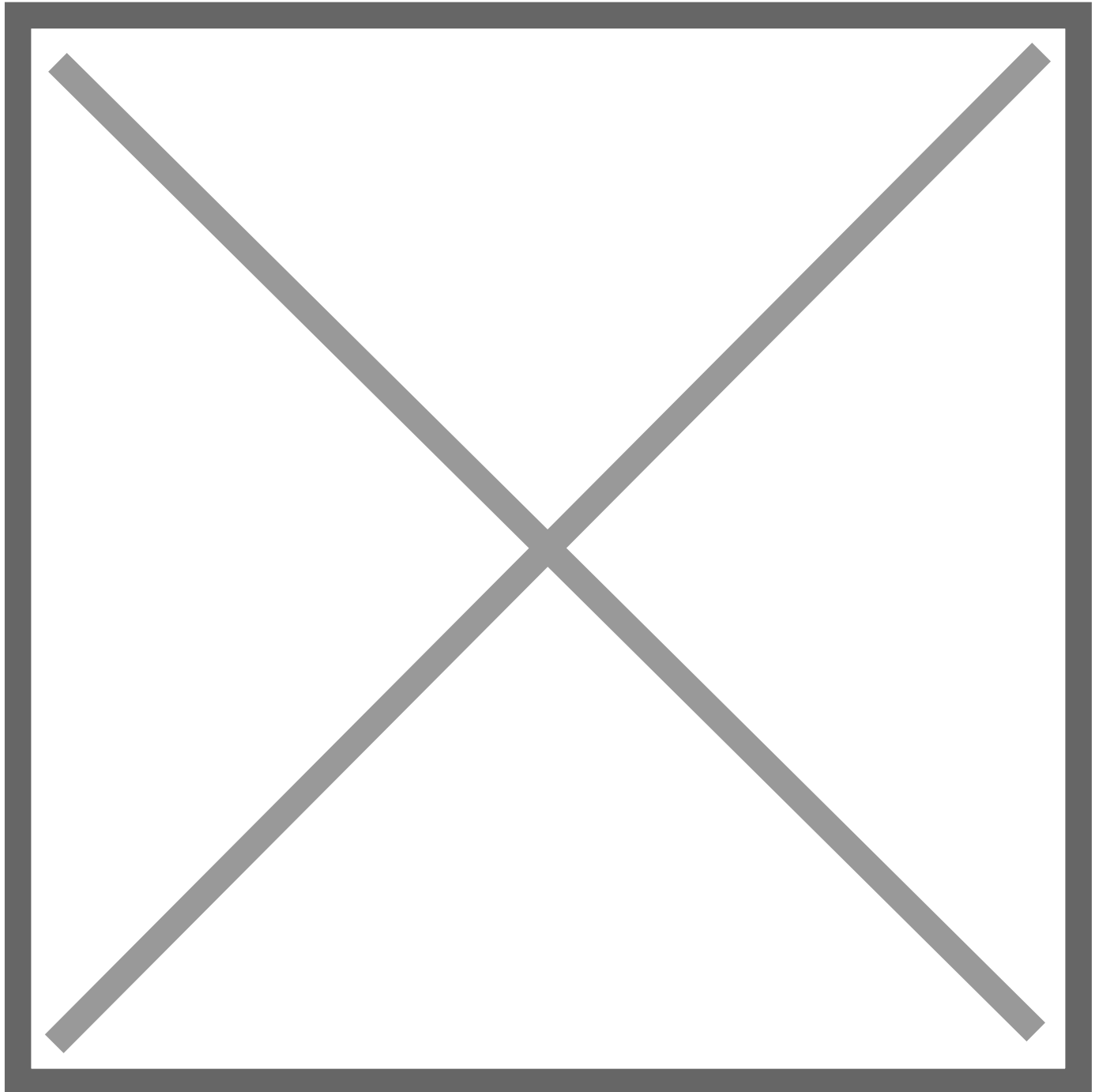


Tutkimustyyppi:	Mitattu
Ikä:	0-5
Otoksen koko:	10,520
Peittoalue:	Kansallinen

Viitteet:	Federal Ministry of Health and Social Welfare of Nigeria (FMoHSW), National Population Commission (NPC) [Nigeria], and ICF. 2025. Nigeria Demographic and Health Survey 2024. Abuja, Nigeria, and Rockville, Maryland, USA: FMoHSW, NPC, and ICF.
Cutoffs:	=> +2SD

Ylipaino/lihavuus koulutuksen mukaan

0-5 years, 2018



Otoksen
koko:

12649

Viitteet:

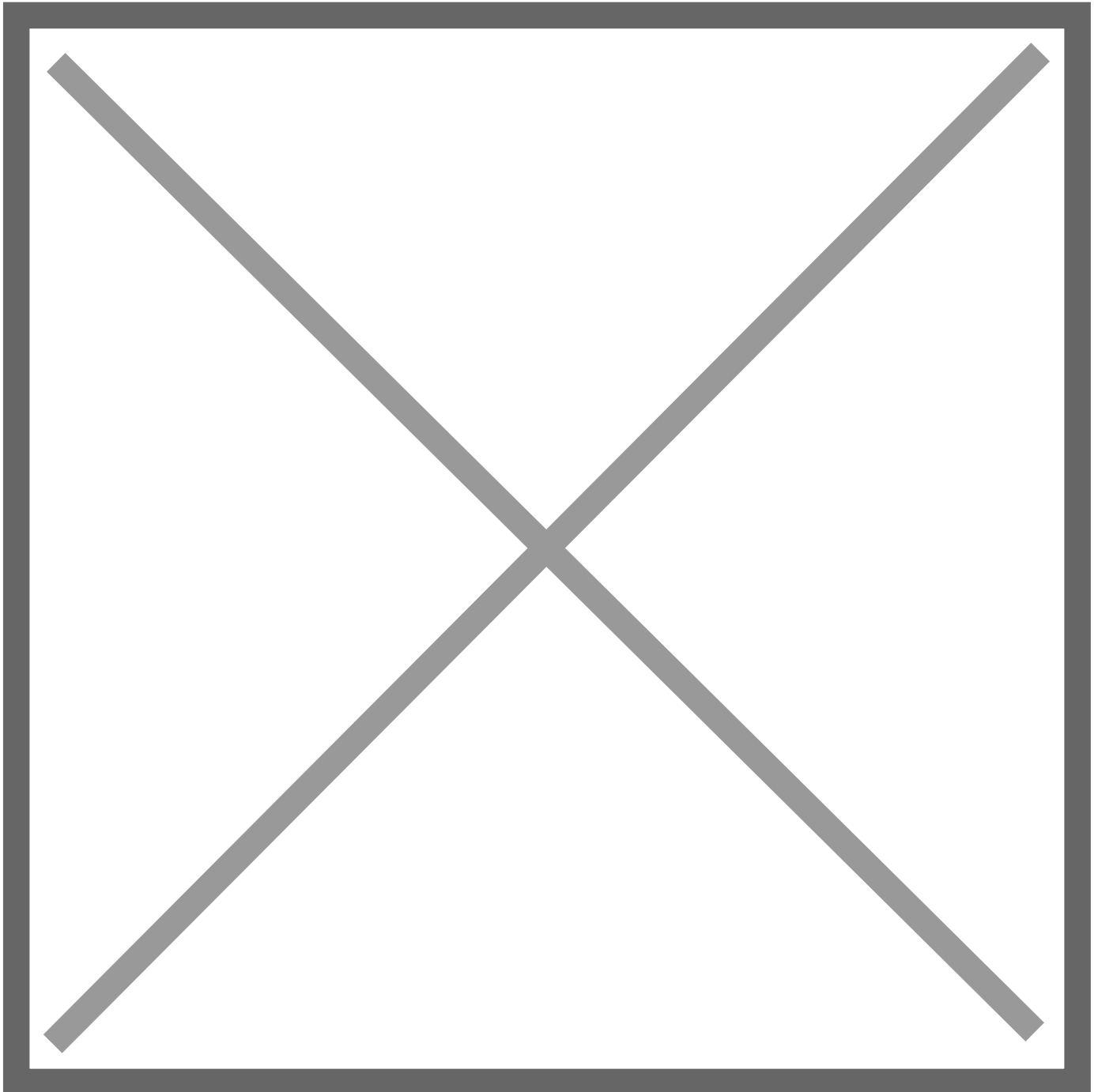
DHS: Nigeria Demographic and Health Survey 2018. Abuja, Nigeria, and Rockville, Maryland, USA: NPC and ICF. 2019

Huomiot: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Mritelmt: => +2SD

Ylipaino/lihavuus alueen mukaan

0-5 years, 2018



Otoksen
koko:

12649

Viitteet:

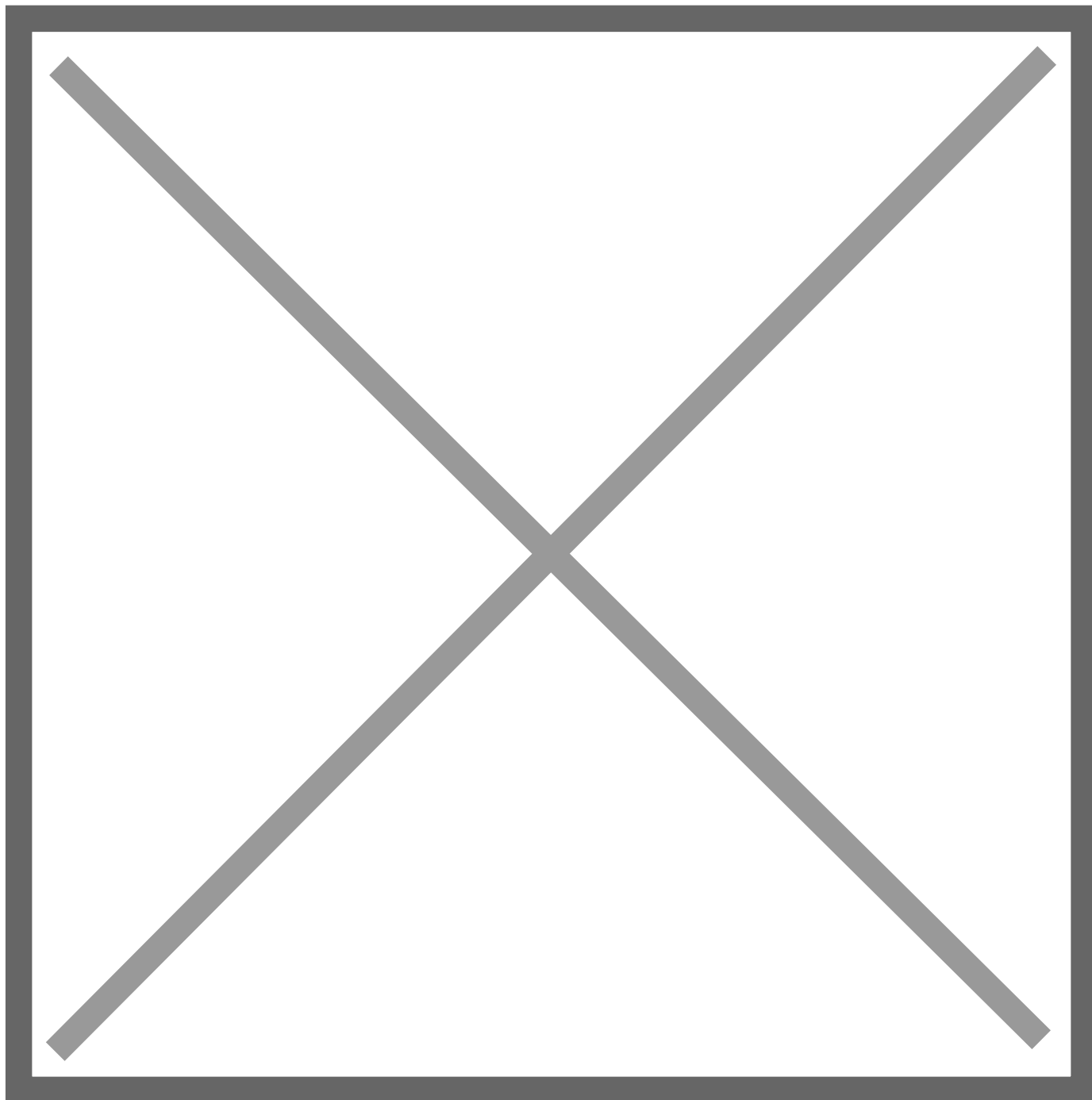
DHS: Nigeria Demographic and Health Survey 2018. Abuja, Nigeria, and Rockville, Maryland, USA: NPC and ICF. 2019

Huomiot: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Mritelmt: => +2SD

Ylipaino/lihavuus sosioekonomisen ryhmän mukaan

0-5 years, 2018



Otoksen
koko:

12649

Viitteet:

DHS: Nigeria Demographic and Health Survey 2018. Abuja, Nigeria, and Rockville, Maryland, USA: NPC and ICF. 2019

Huomiot: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

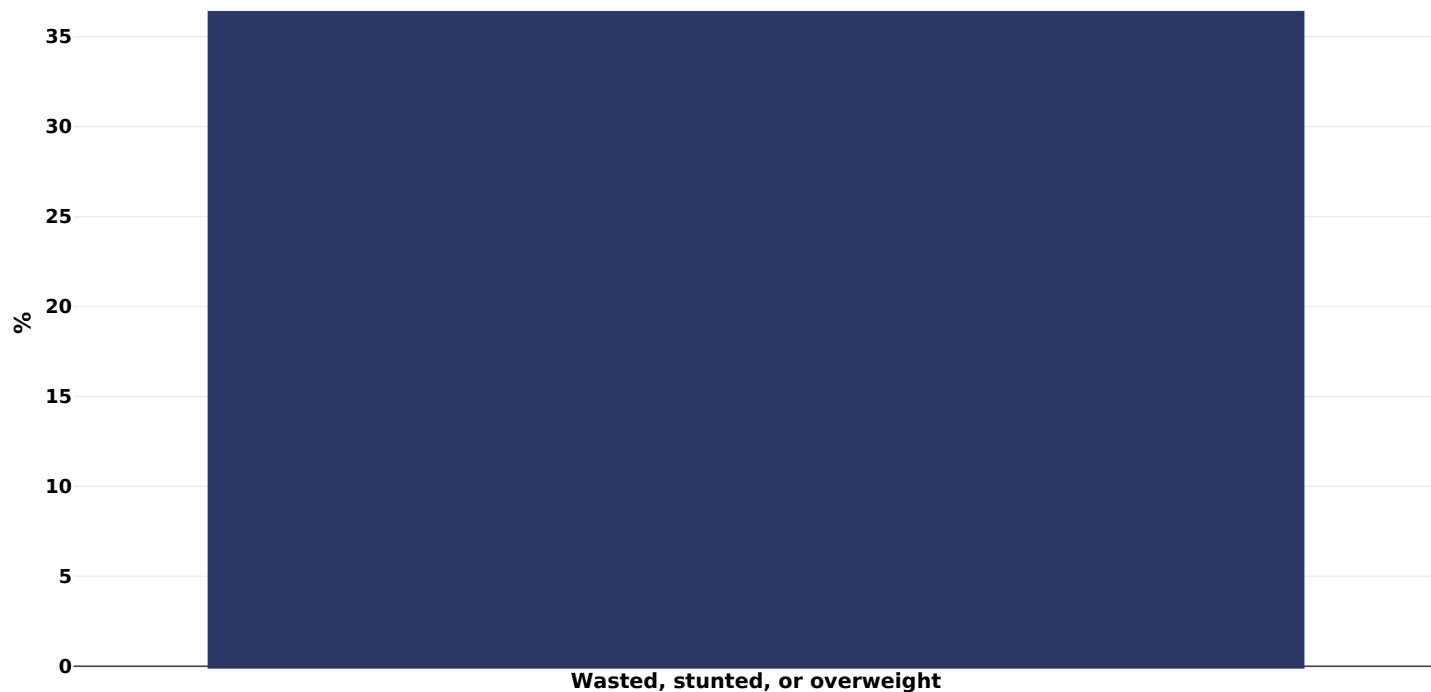
Mritelmt: => +2SD

Ylipaino/lihavuus etnisen alkuperän mukaan

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Double burden of underweight & overweight

0-5 years, 2019-2020



Tutkimustyyppi:

Mitattu

Ikä:

0-5

Viitteet:

United Nations Childrens Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: <https://data.unicef.org/topic/nutrition/malnutrition/> [Accessed 06.08.25]

Huomiot:

Nigeria National Nutrition and Health Survey 2019

Mritelmt:

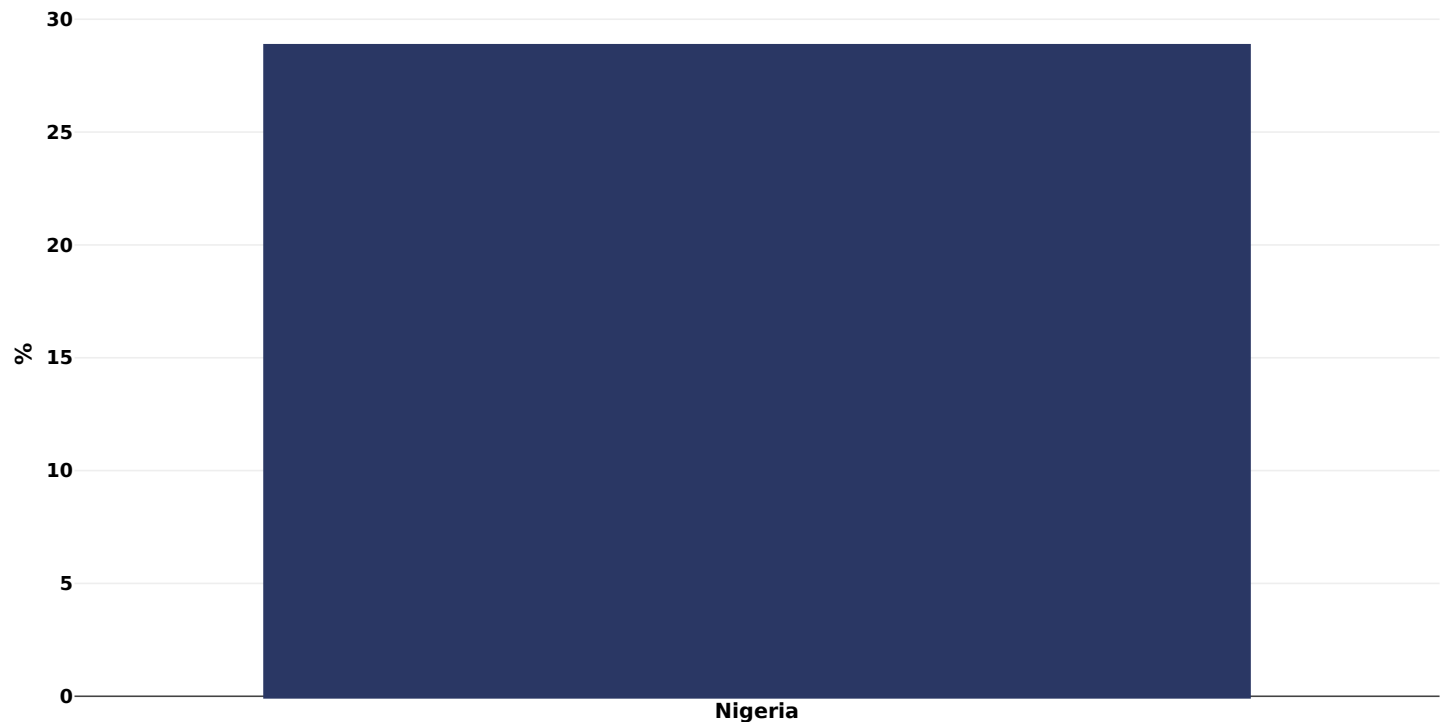
Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)

Cutoffs:

WHZ <-2, HAZ <-2 and WHZ >+2

% vauvoista, joita on pelkästään imetetty 0-5 kk

0-5 years, 2010-2024

**Viitteet:**

Nigeria Demographic and Health Survey 2023/24

Huomiot:

Full details are available. Original citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2024). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, December 2024.

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