

# Niger



## **Country report card - adults**

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <a href="https://data.worldobesity.org/country/niger-157/">https://data.worldobesity.org/country/niger-157/</a>.



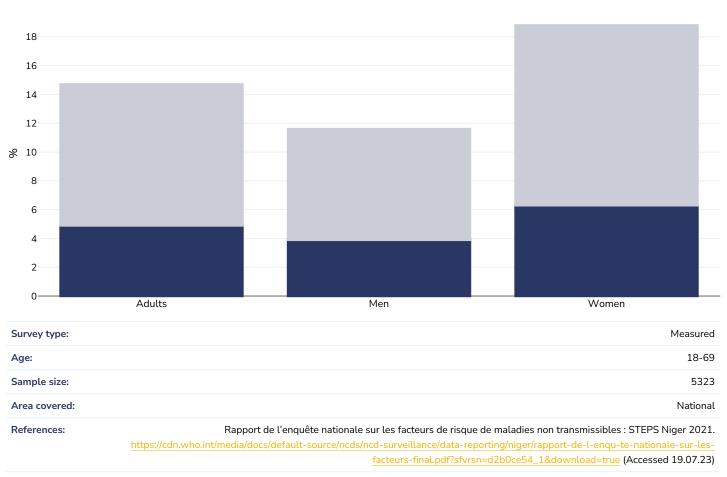
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#### **Obesity prevalence**

#### Adults, 2021

Obesity Overweight

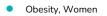


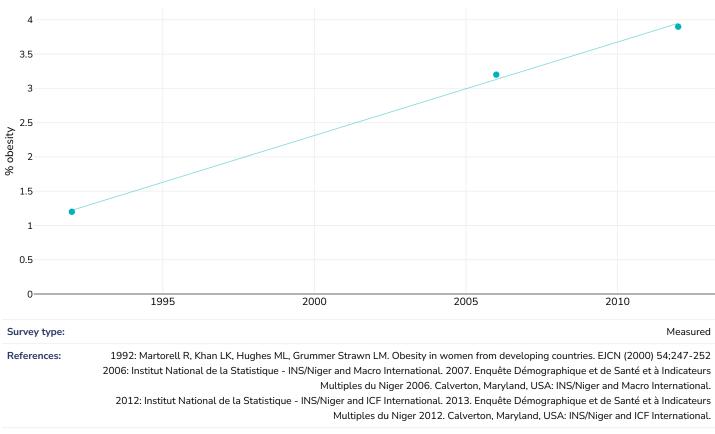
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.



Notes:

#### % Adults living with obesity in Niger 1992-2012





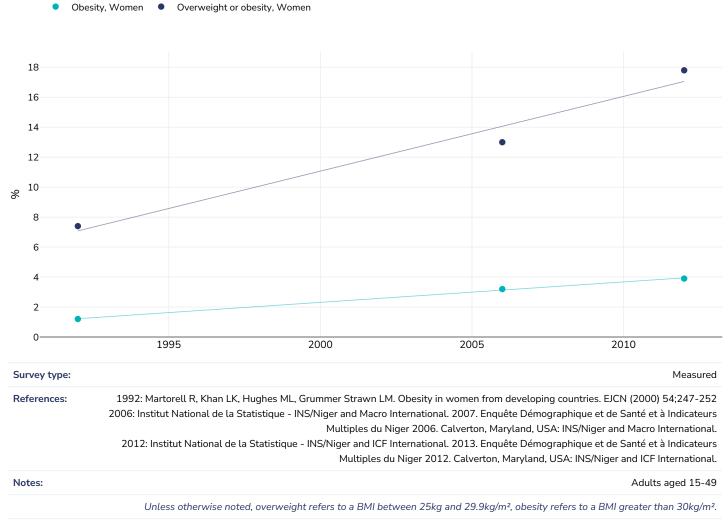
Adults	aged	15-49
Auuuus	ayeu	10-40

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



#### % Adults living with overweight or obesity in Niger 1992-2012



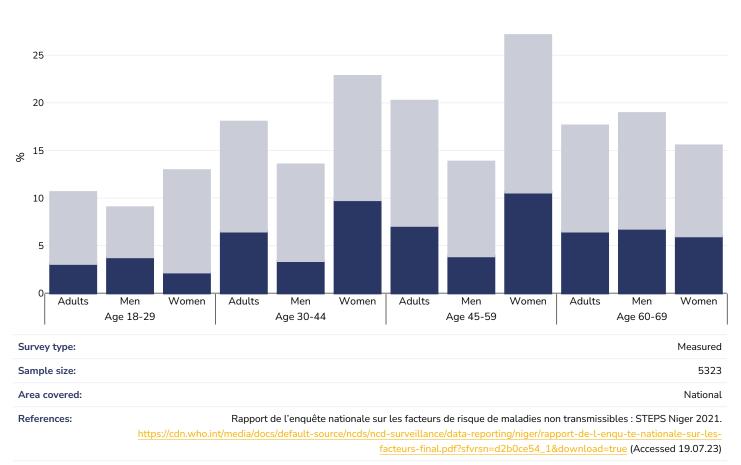
Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



#### Overweight/obesity by age

#### Adults, 2021

Obesity Overweight

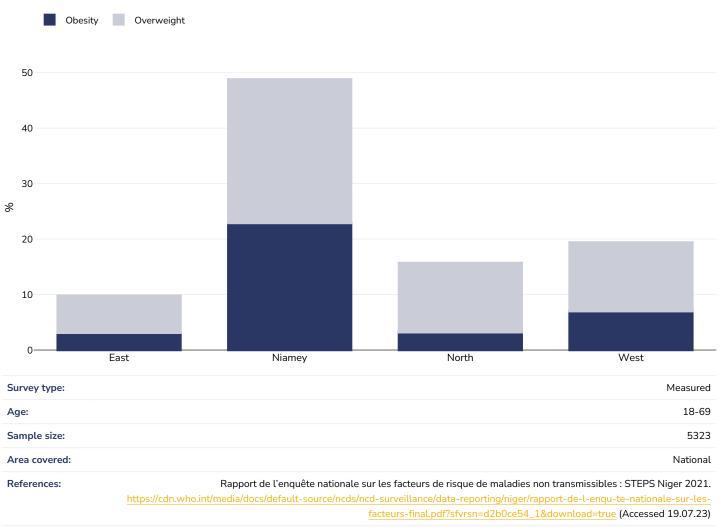


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.



#### Overweight/obesity by region

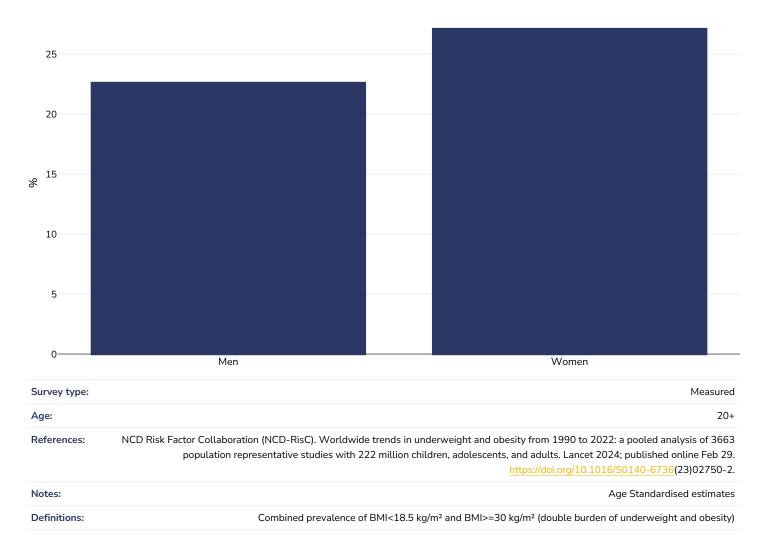
#### Adults, 2021



Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

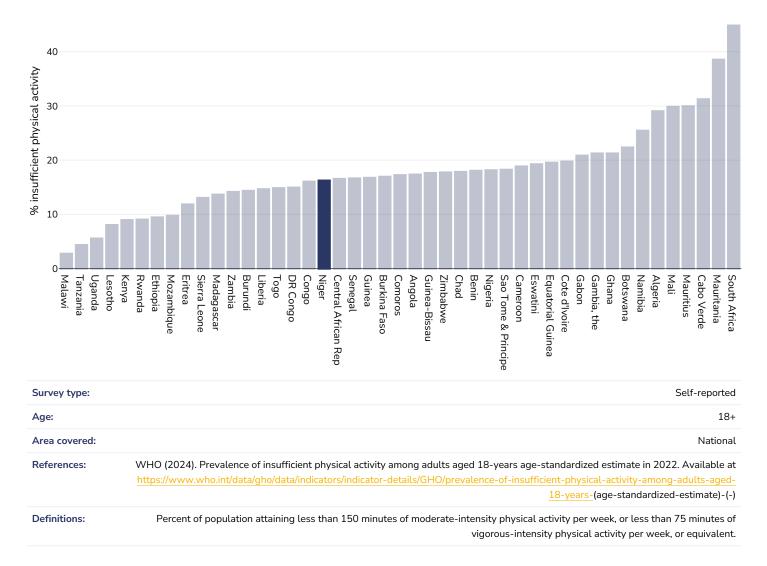


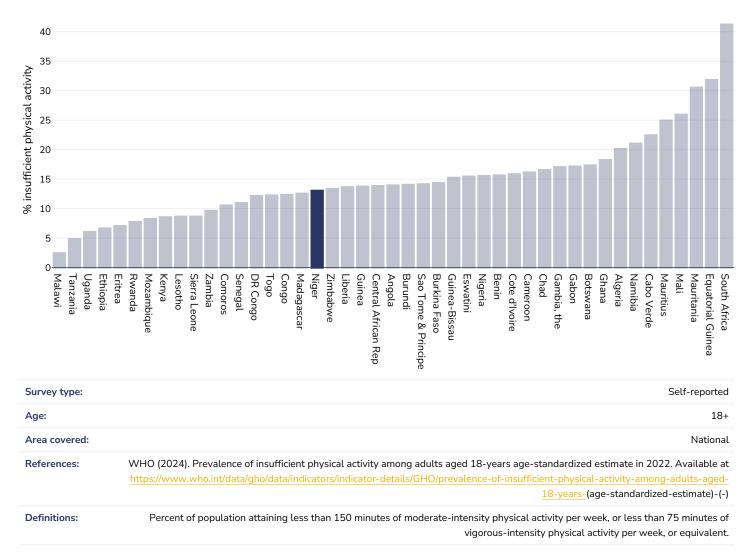
#### Double burden of underweight & overweight



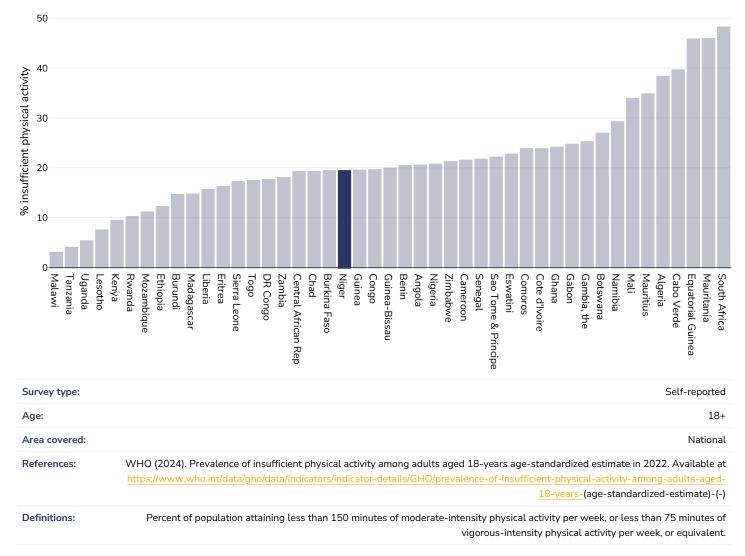


#### Insufficient physical activity



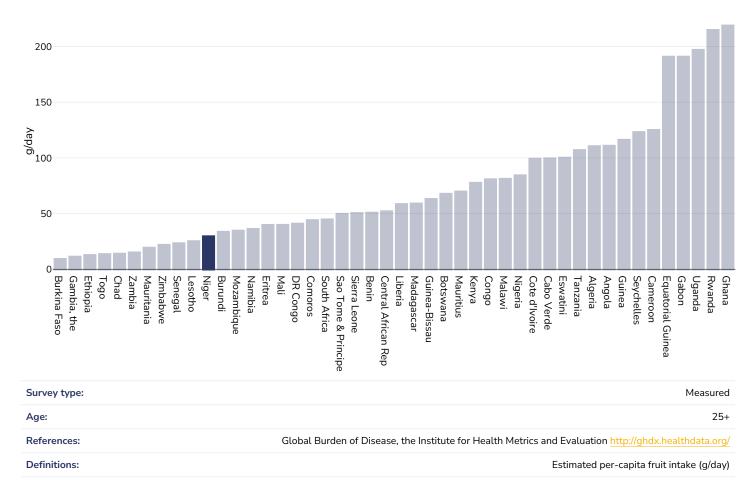






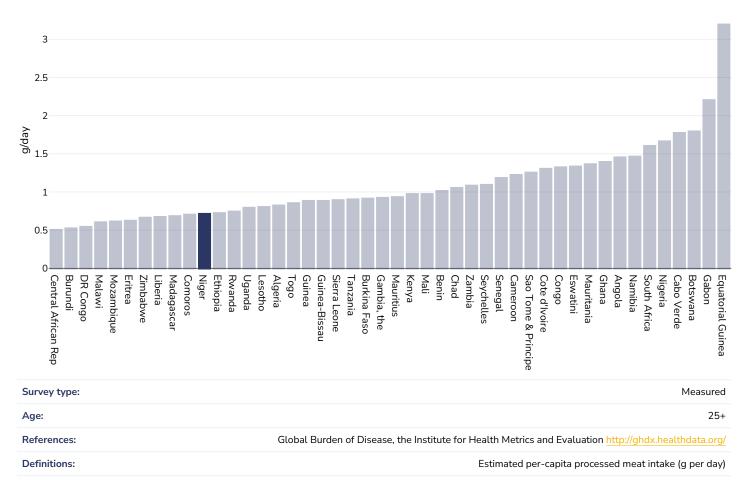


#### Estimated per capita fruit intake





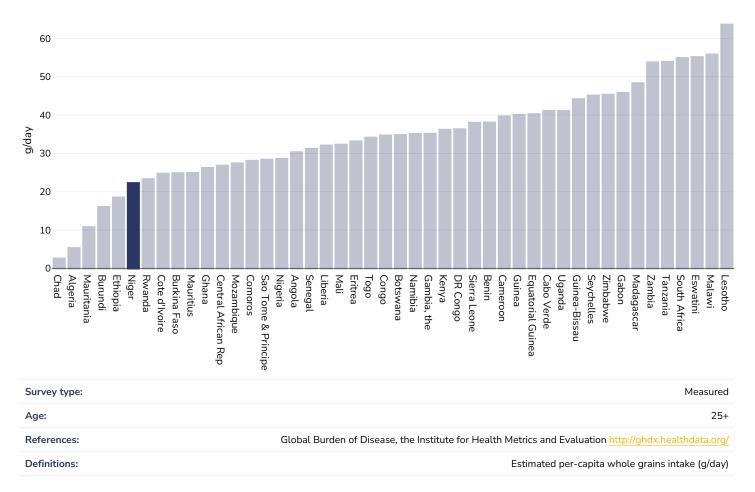
### Estimated per-capita processed meat intake





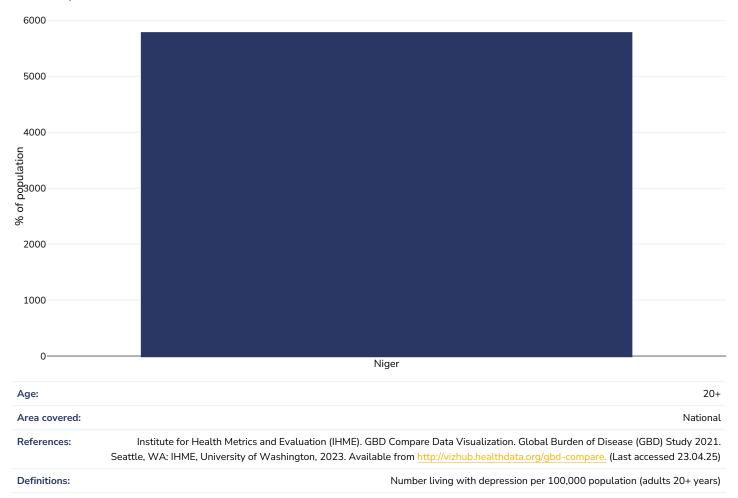


#### Estimated per capita whole grains intake





#### Mental health - depression disorders





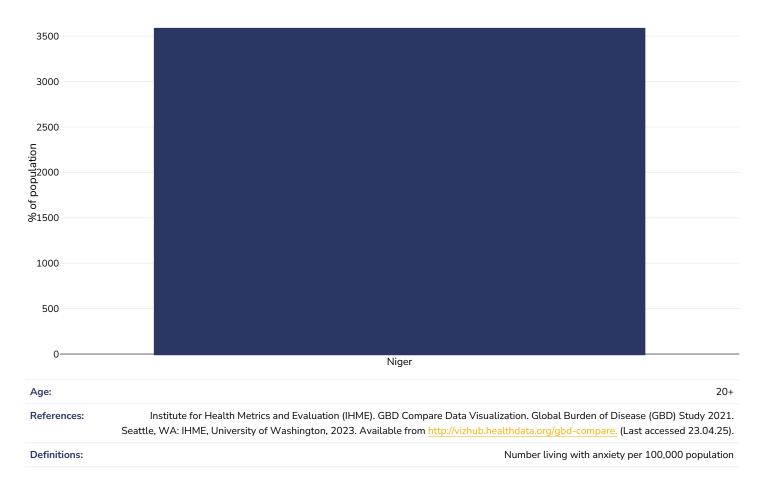
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	Seattle, WA: IHME, University of Washington, 2023. Available from <a href="http://vizhub.healthdata.org/gbd-compare">http://vizhub.healthdata.org/gbd-compare</a> . (Last accessed 23.04.25)	
Definitions:	Number living with depression per 100,000 population (adults 20+ years)	



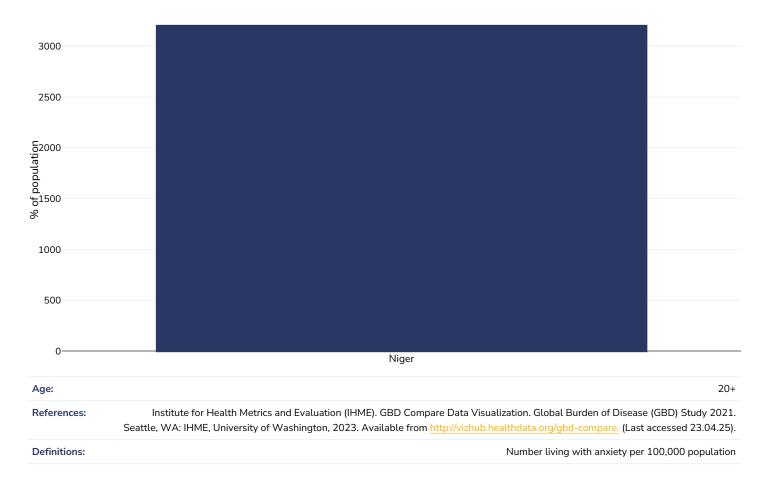
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	Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25)	
Definitions:	Number living with depression per 100,000 population (adults 20+ years)	



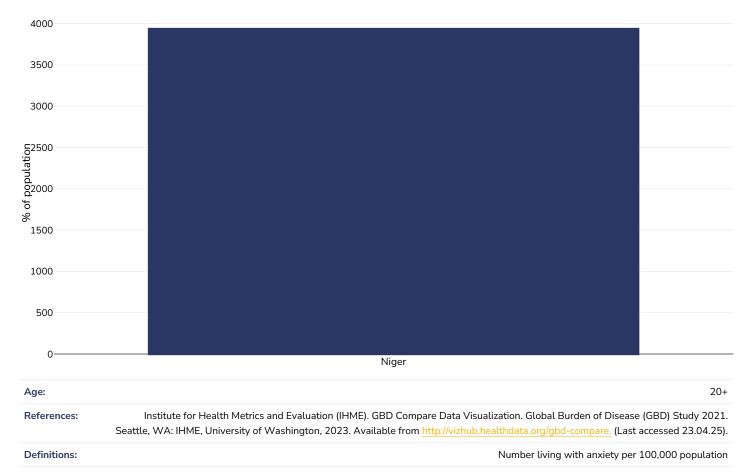
#### Mental health - anxiety disorders







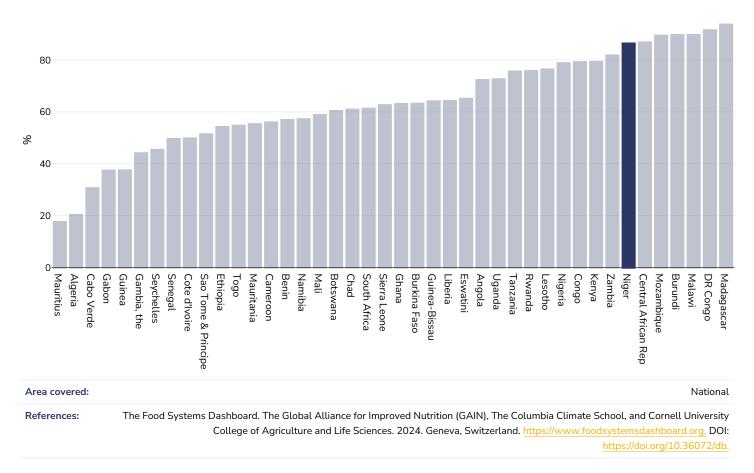






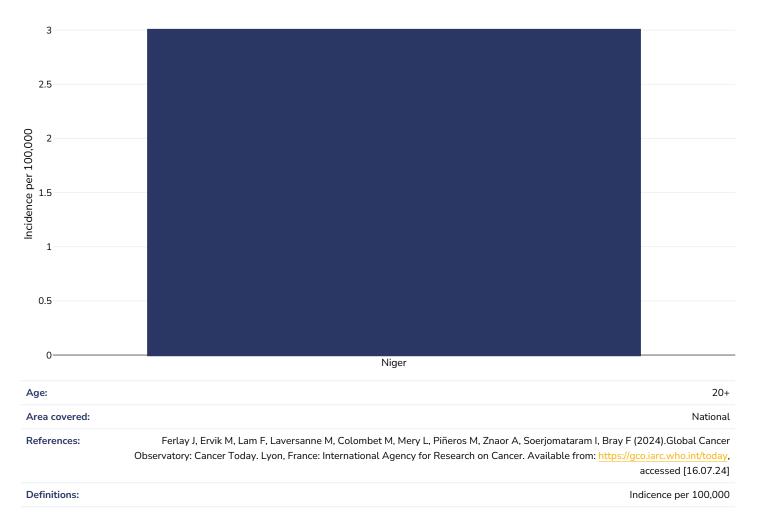


#### Percent of population who cannot afford a healthy diet





#### Oesophageal cancer





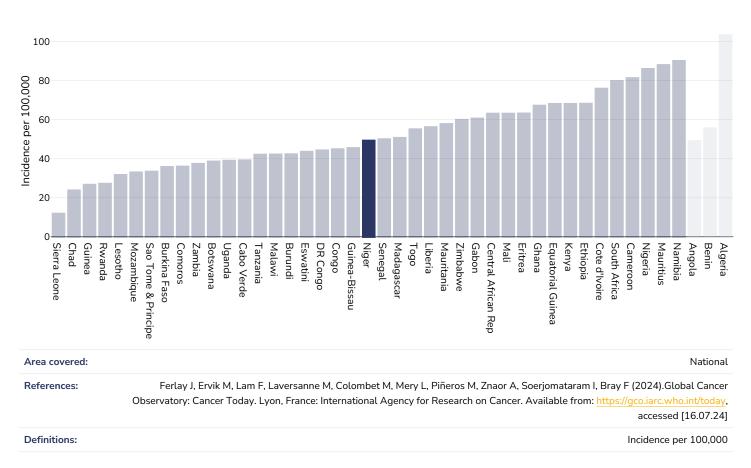




#### **Breast cancer**

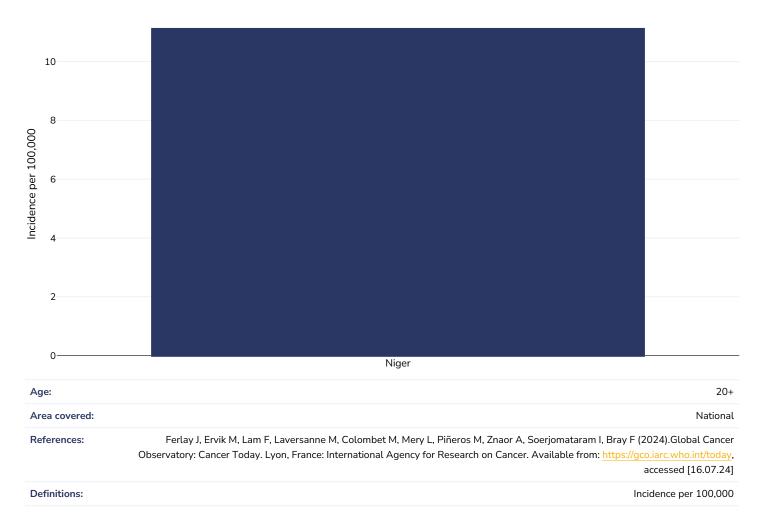
#### Women, 2022

Age 20 Age 20+





#### **Colorectal cancer**

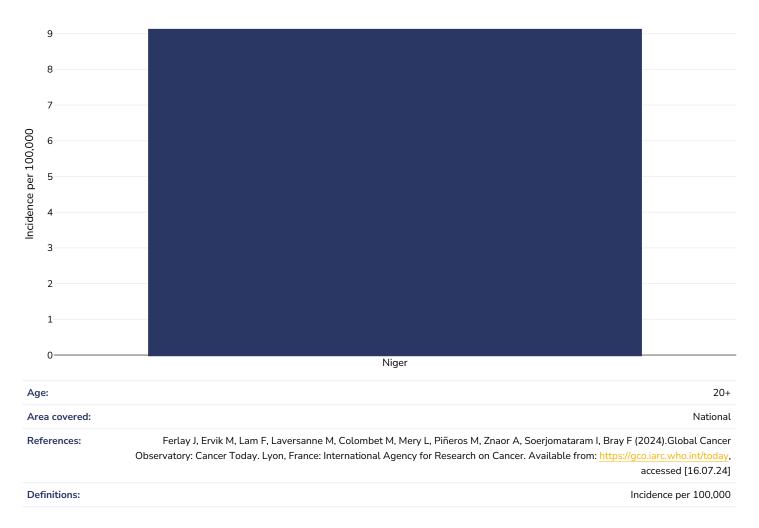




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		Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://go	o.iarc.who.int/today, accessed [16.07.24]
Def	initions:	In	cidence per 100,000



#### Pancreatic cancer

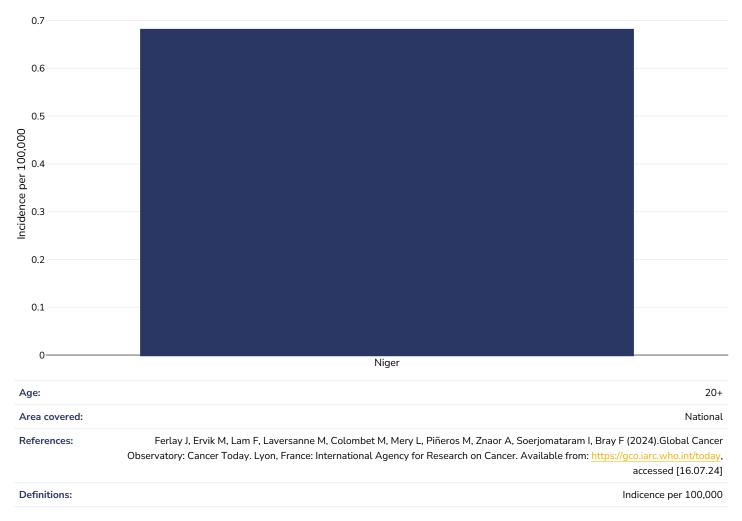








#### Gallbladder cancer

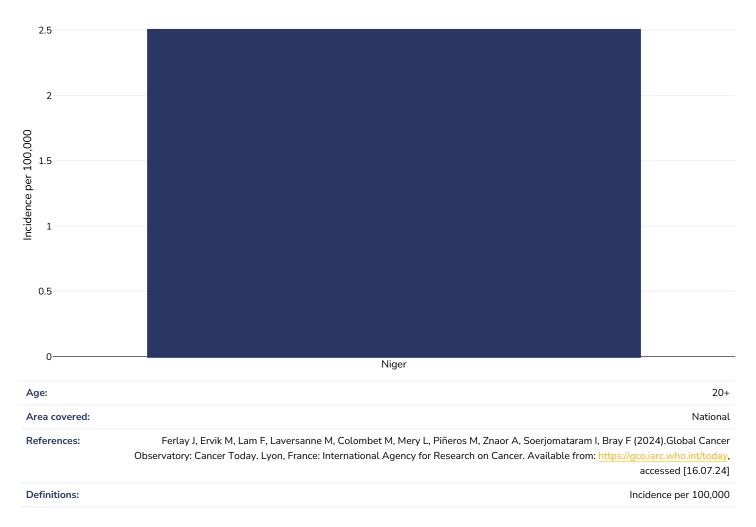




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	Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today,
	accessed [16.07.24]
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Definitions:	Indicence per 100,000



#### **Kidney cancer**

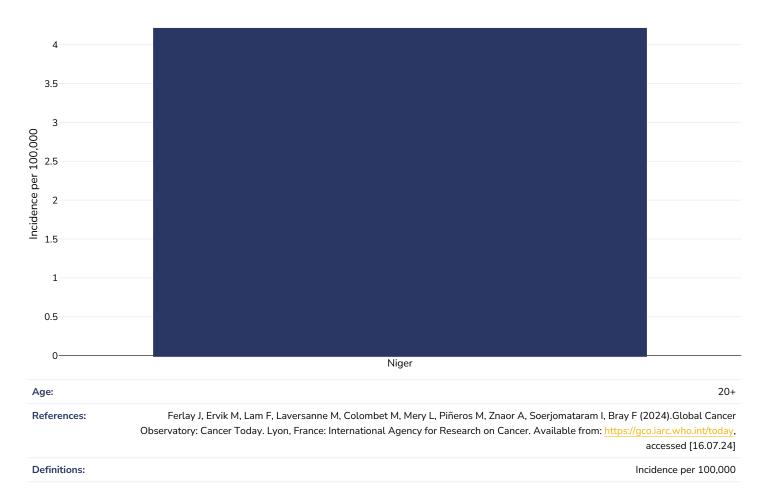




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		accessed [16.07.24]
Definitions:	In	cidence per 100,000

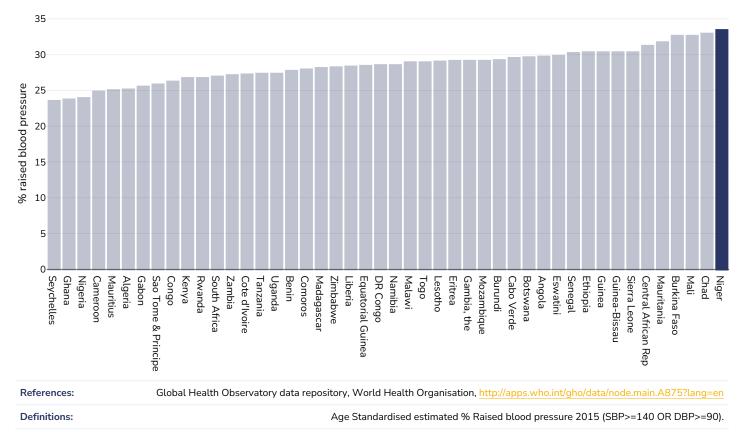


#### Cancer of the uterus

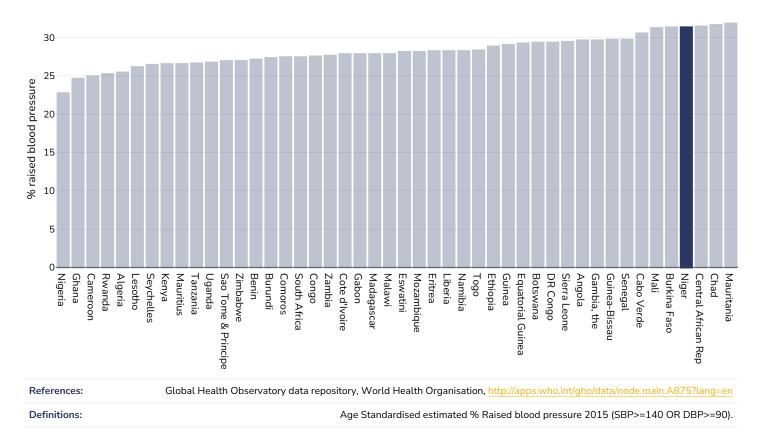




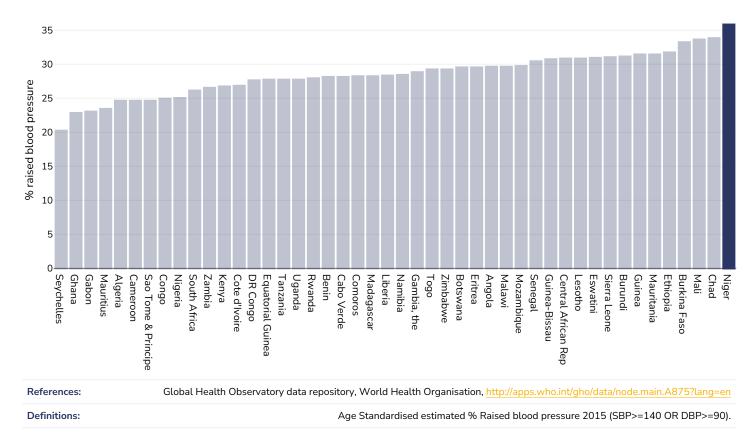
#### Raised blood pressure







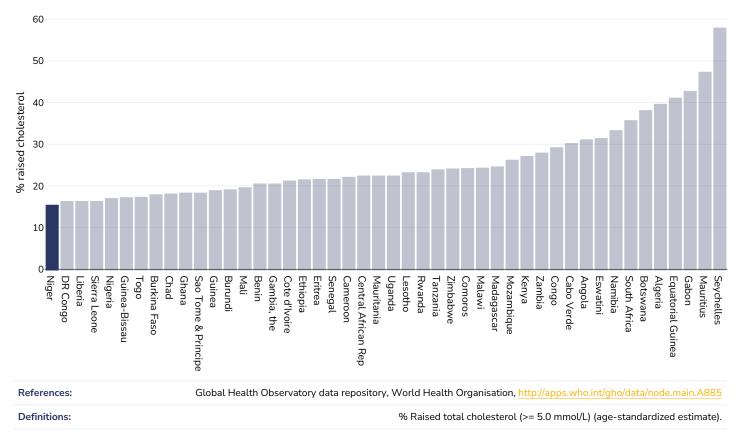




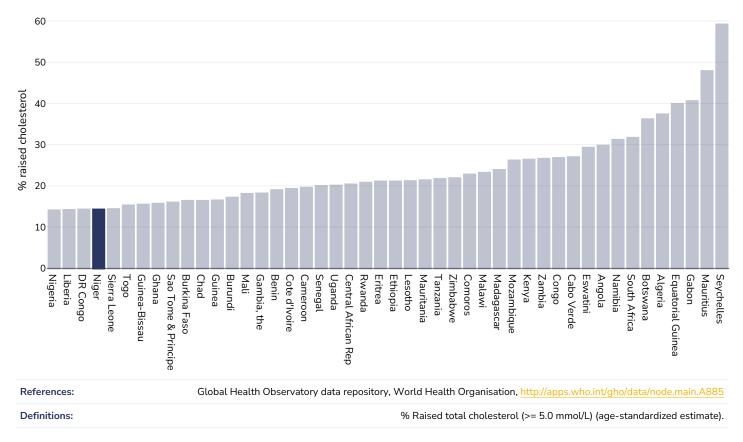


## **Raised cholesterol**

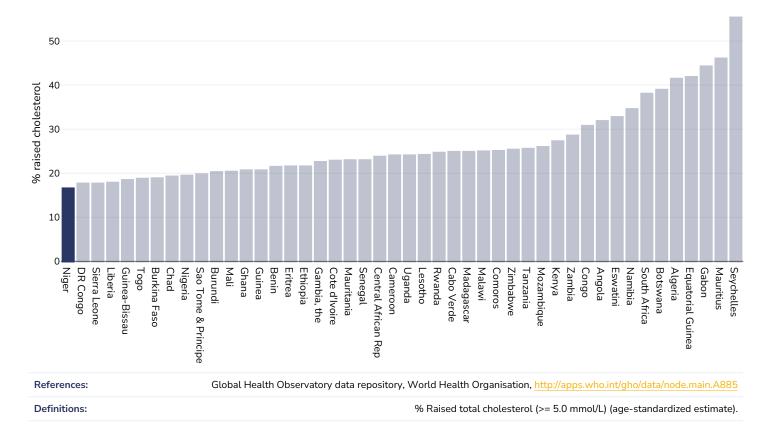
#### Adults, 2008



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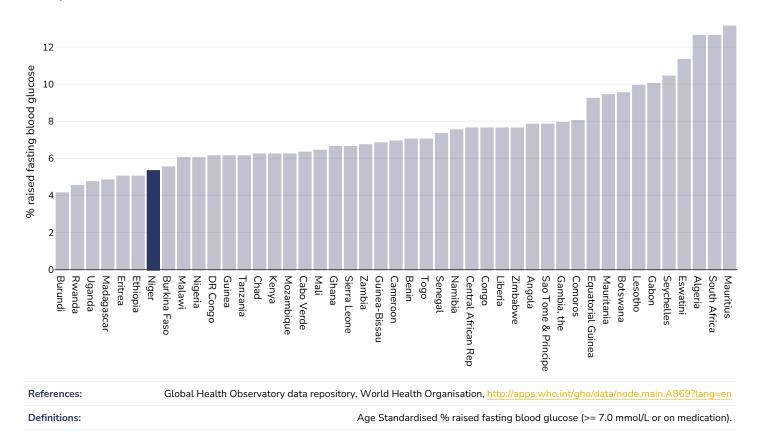




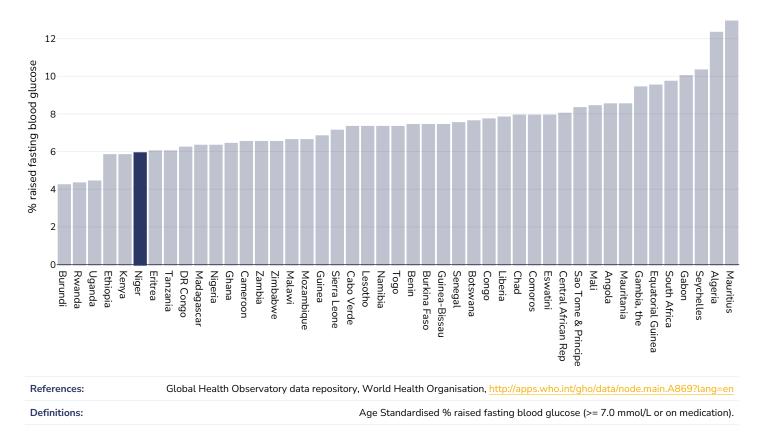




## Raised fasting blood glucose



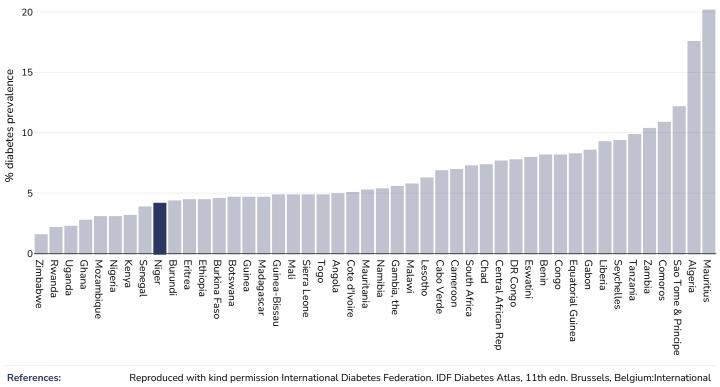






## **Diabetes prevalence**

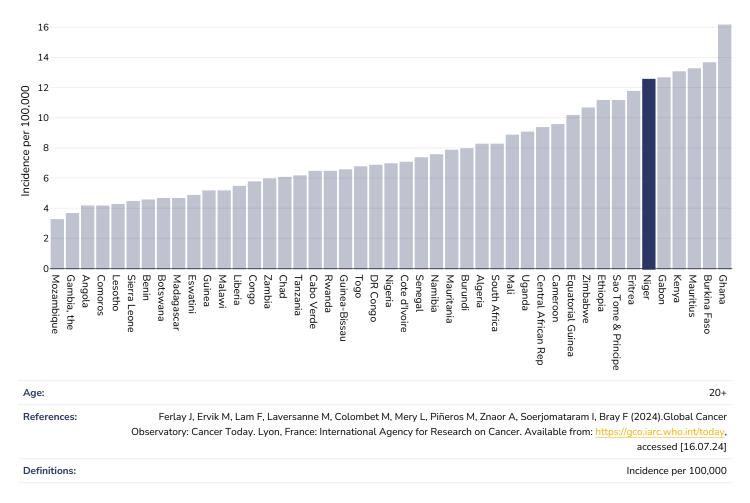
#### Adults, 2024



Diabetes Federation, 2025. http://www.diabetesatlas.org



## **Ovarian Cancer**





## Leukemia

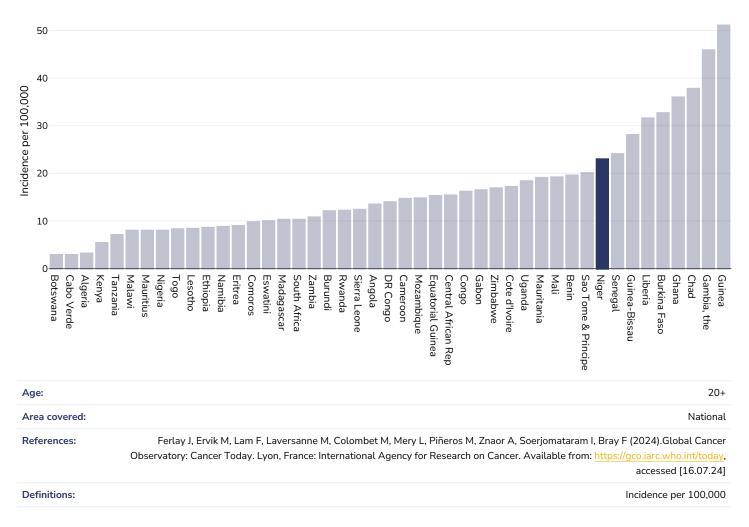
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References:			sanne M, Colombet M rance: International A <u>c</u>			m: <u>https://gco.iarc.wh</u>	bal Cancer
Definitions:						Incidence p	er 100,000
	Unless of	therwise noted, overw	eight refers to a BMI b	petween 25kg and 29	.9ka/m². obesitv refer	s to a BMI greater tha	n 30ka/m².



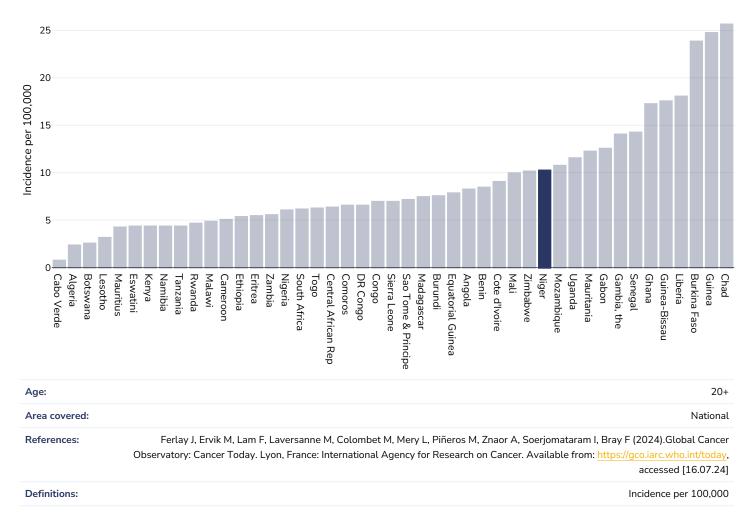
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References:					Znaor A, Soerjomatarar n Cancer. Available fror	m: <u>https://gco.iarc.whc</u>	
Definitions:						Incidence pe	er 100,000
	Unless othe	erwise noted, overw	eight refers to a BMI	between 25kg and 2	9.9kg/m², obesity refers	to a BMI greater than	n 30kg/m².



## Liver and intrahepatic bile duct Cancer



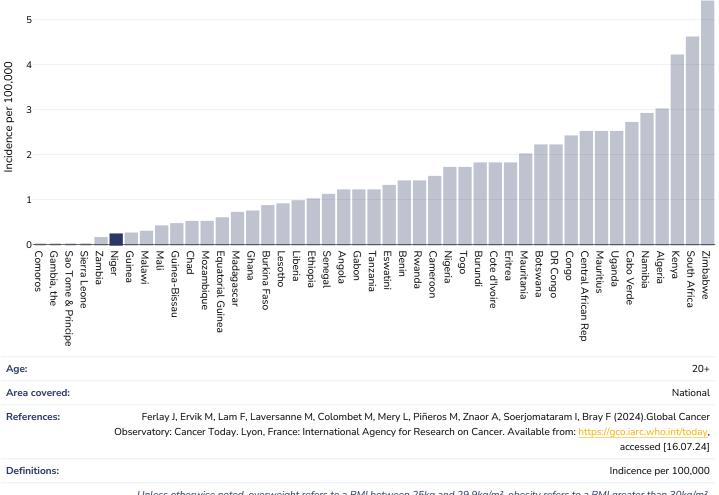






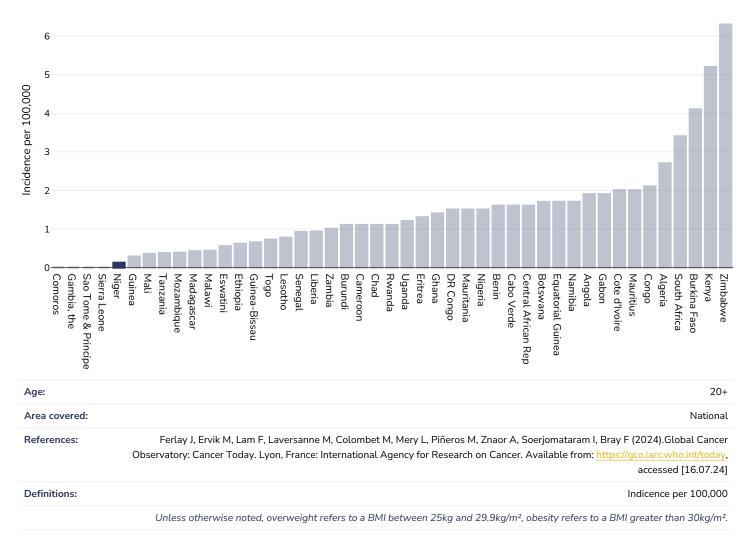
## Multiple Myeloma

#### Men, 2022



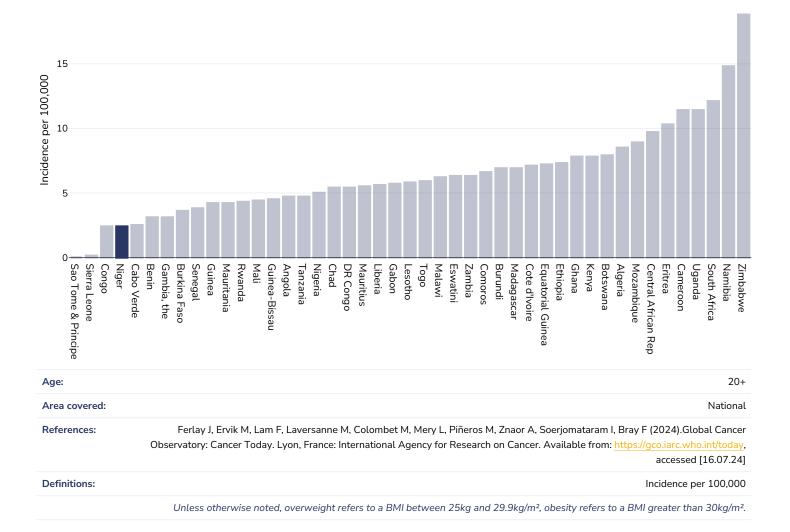
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.



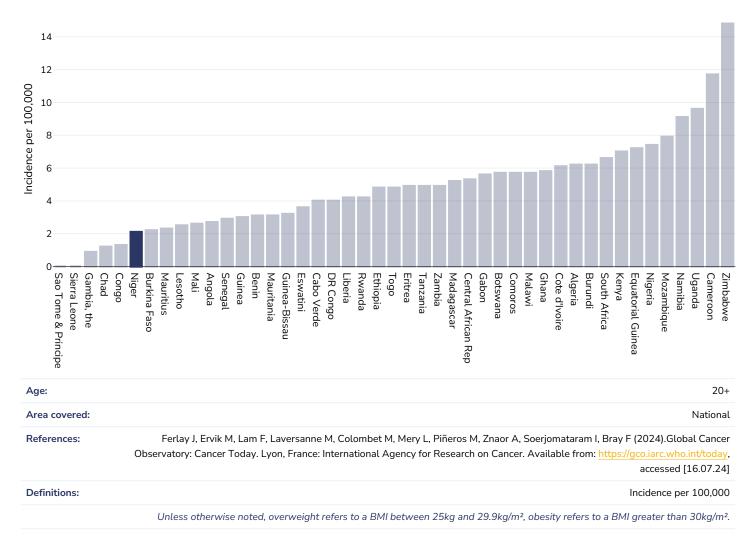




## Non Hodgkin Lymphoma

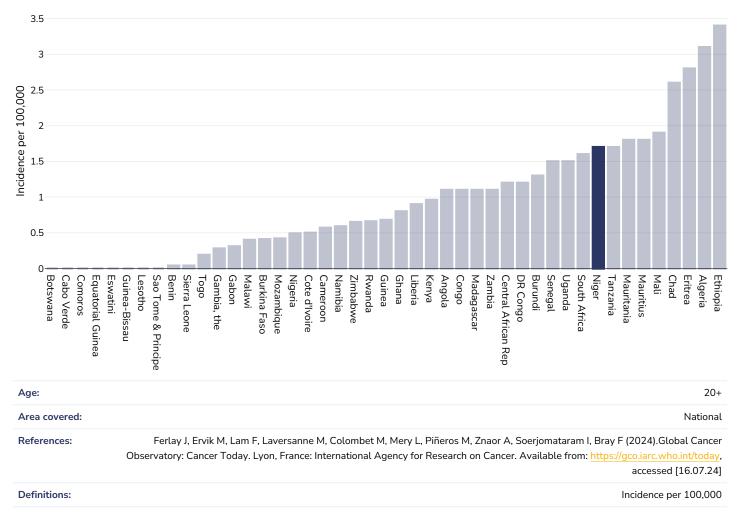




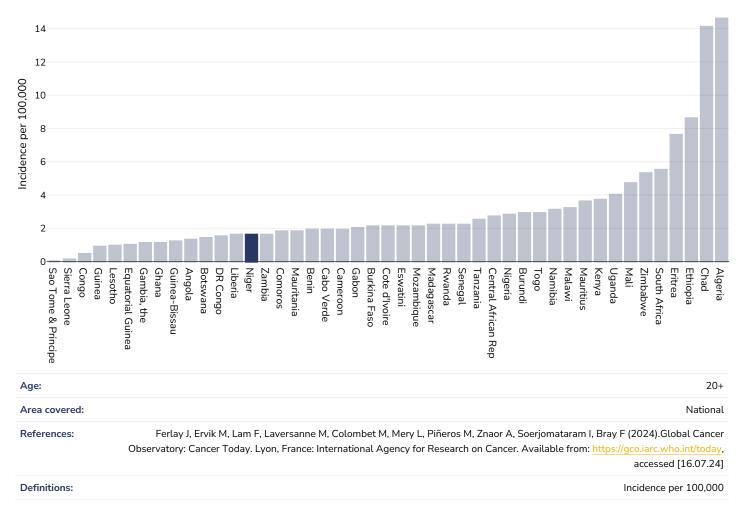




## **Thyroid Cancer**







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