

Niger



Country report card - adults

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at https://data.worldobesity.org/country/niger-157/.



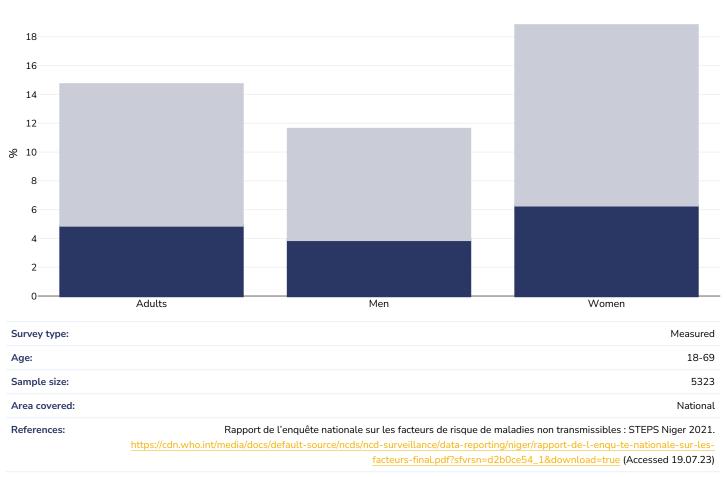
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Obesity prevalence

Adults, 2021

Obesity Overweight

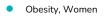


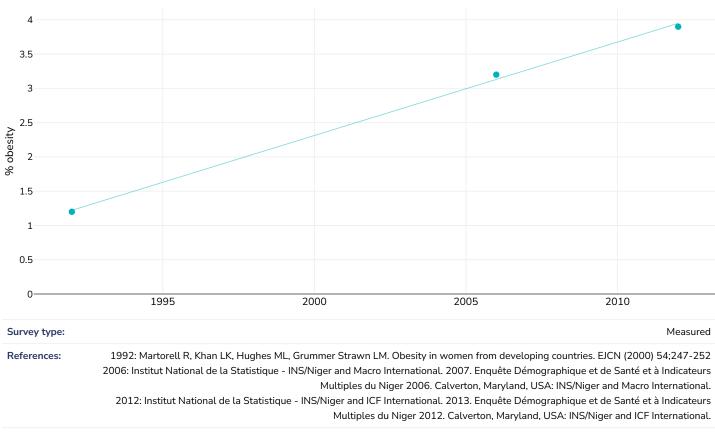
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Notes:

% Adults living with obesity in Niger 1992-2012





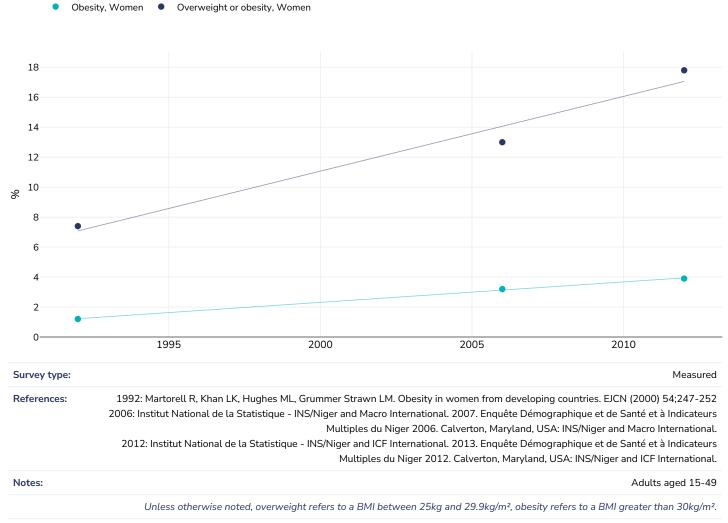
| Adults | aged | 15-49 |
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Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



% Adults living with overweight or obesity in Niger 1992-2012



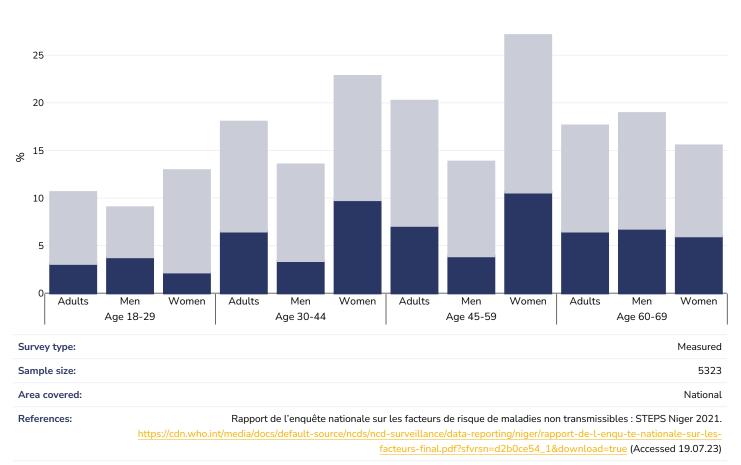
Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



Overweight/obesity by age

Adults, 2021

Obesity Overweight

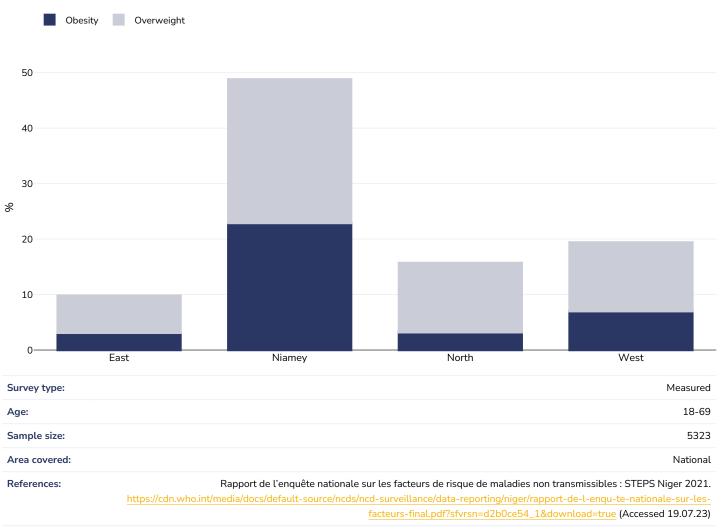


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Overweight/obesity by region

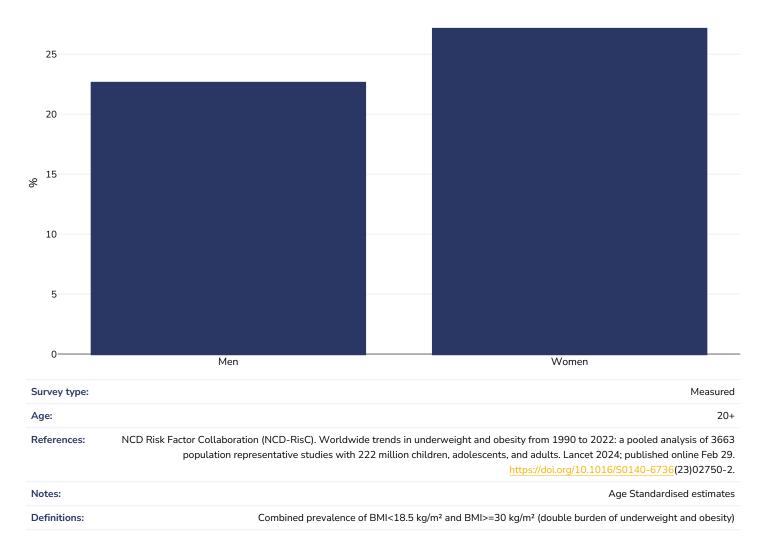
Adults, 2021



Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

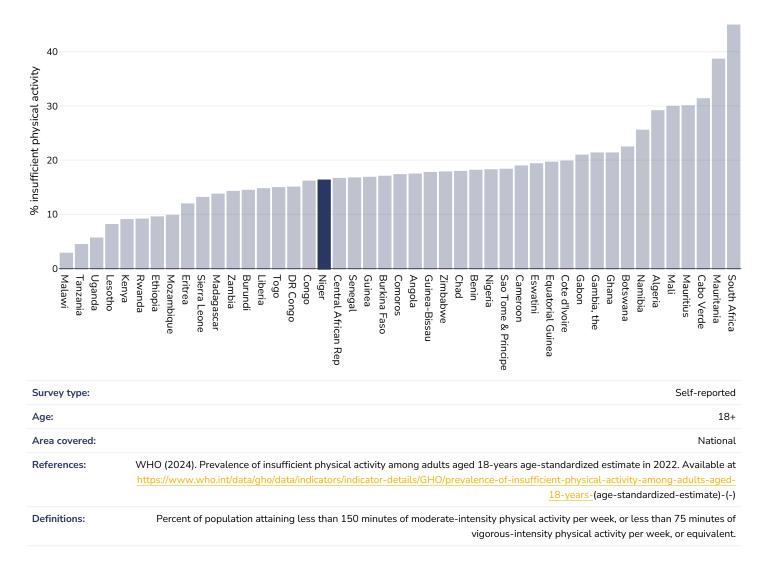


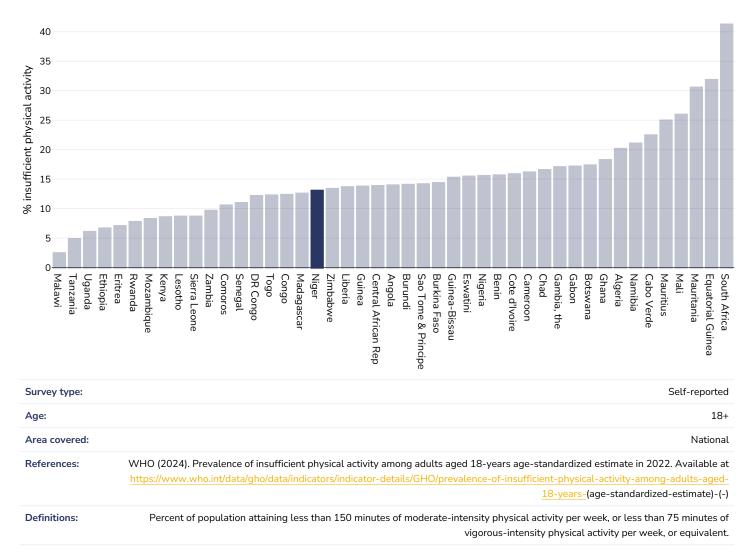
Double burden of underweight & overweight



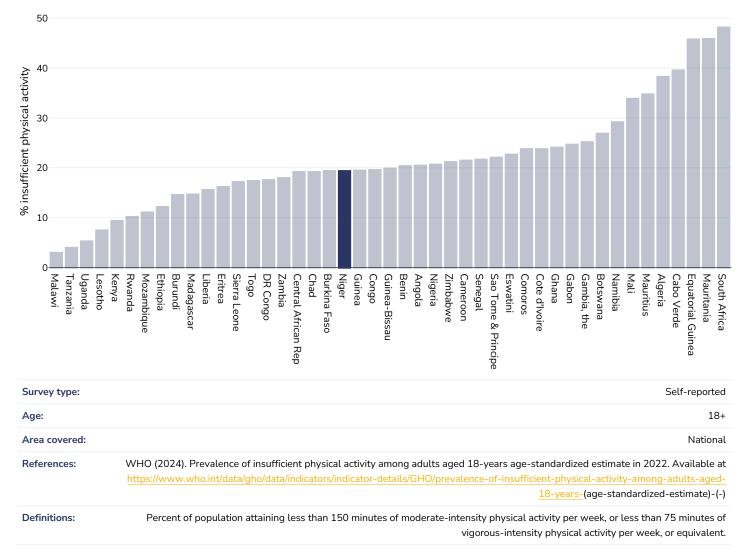


Insufficient physical activity



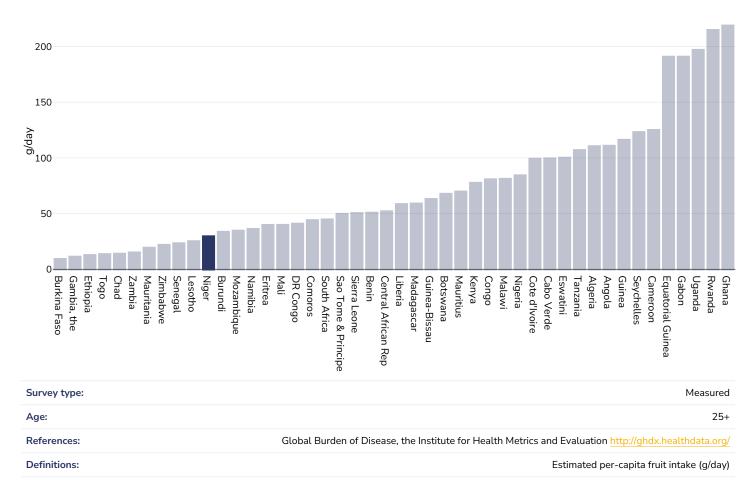






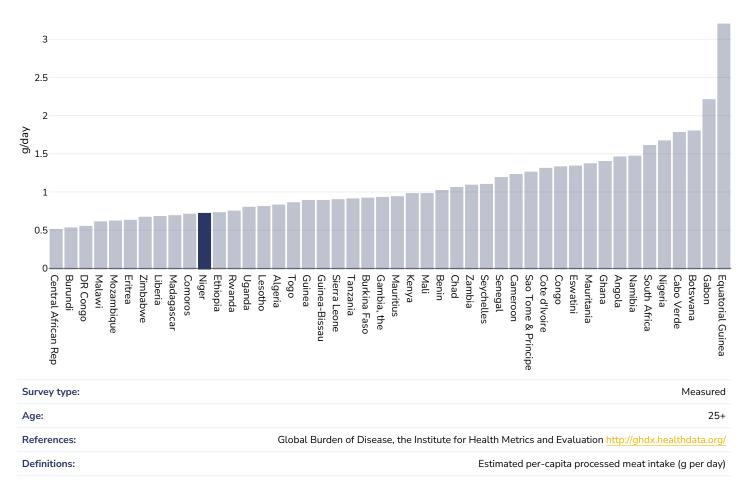


Estimated per capita fruit intake





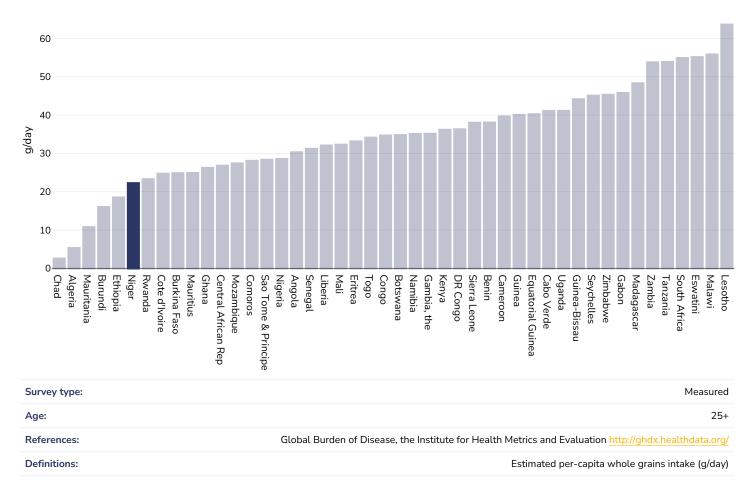
Estimated per-capita processed meat intake





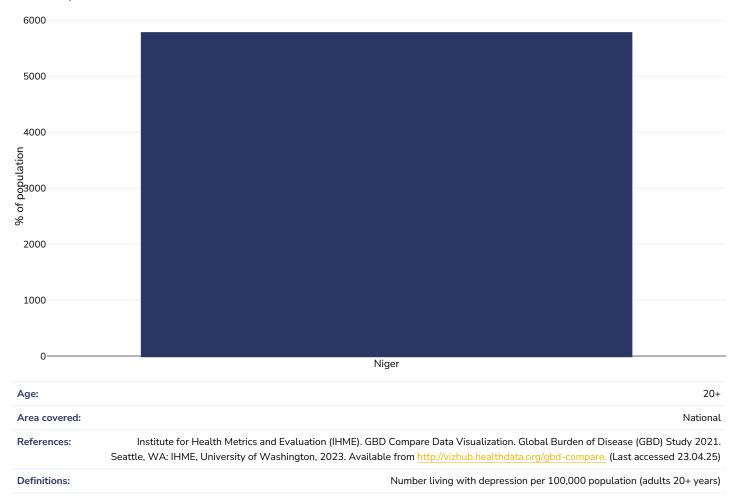


Estimated per capita whole grains intake





Mental health - depression disorders





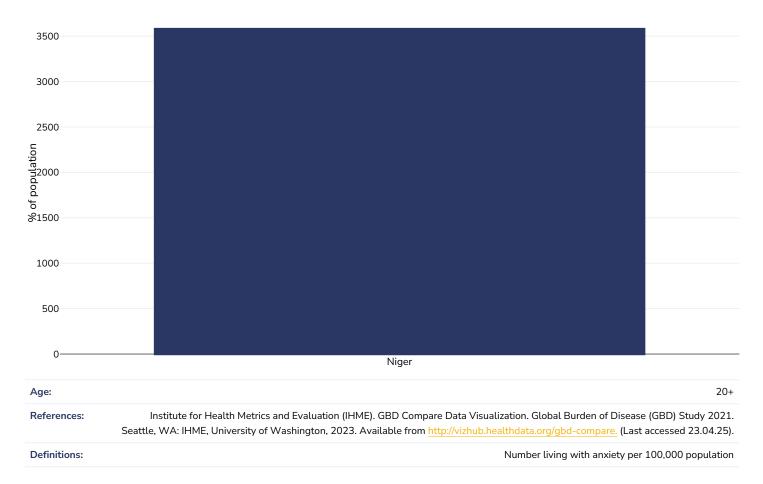
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| Age: | 20+ | |
| Area covered: | National | |
| References: | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. | |
| | Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25) | |
| Definitions: | Number living with depression per 100,000 population (adults 20+ years) | |



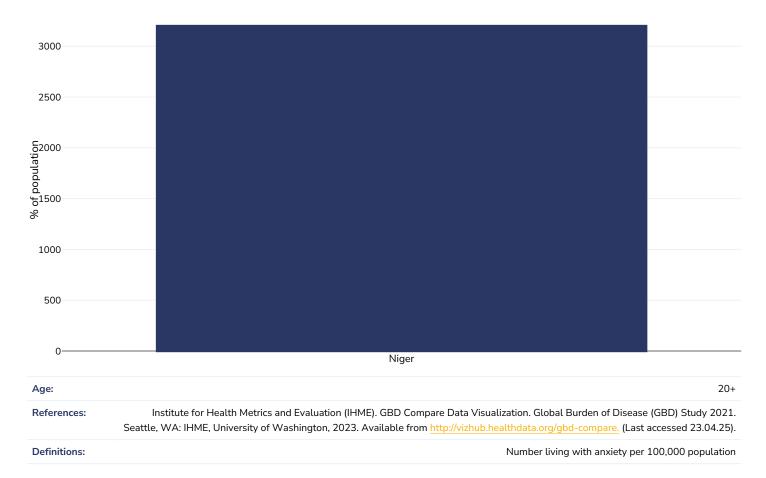
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| References: | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021 | |
| | Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25) | |
| Definitions: | Number living with depression per 100,000 population (adults 20+ years) | |



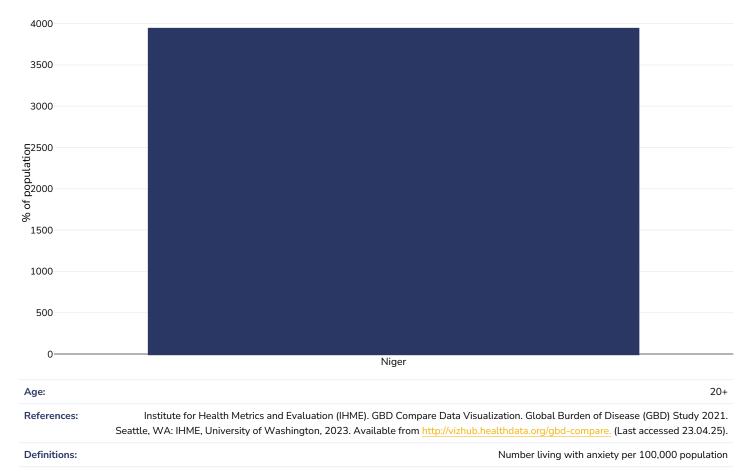
Mental health - anxiety disorders







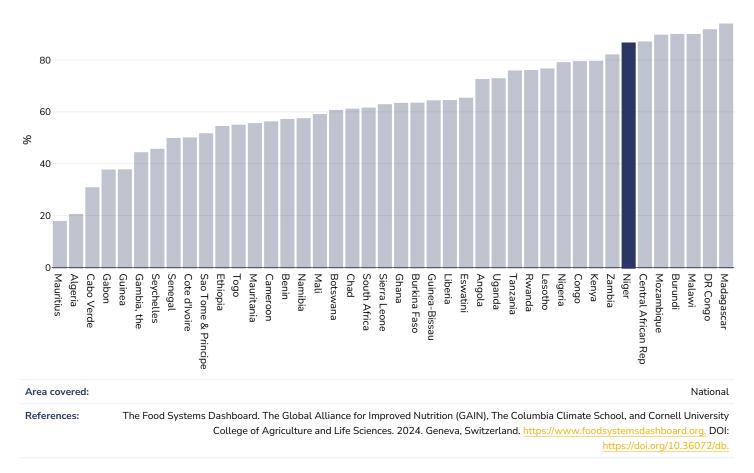






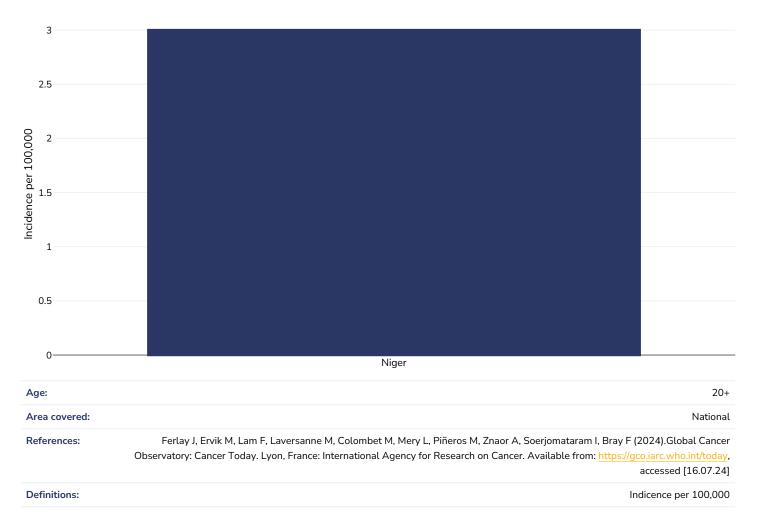


Percent of population who cannot afford a healthy diet





Oesophageal cancer





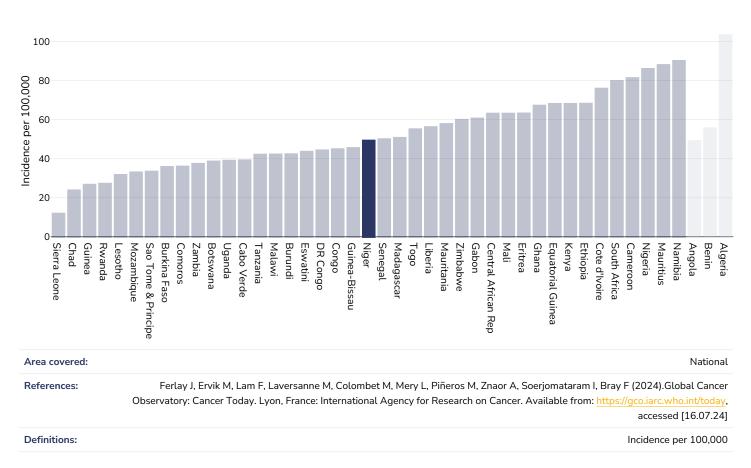




Breast cancer

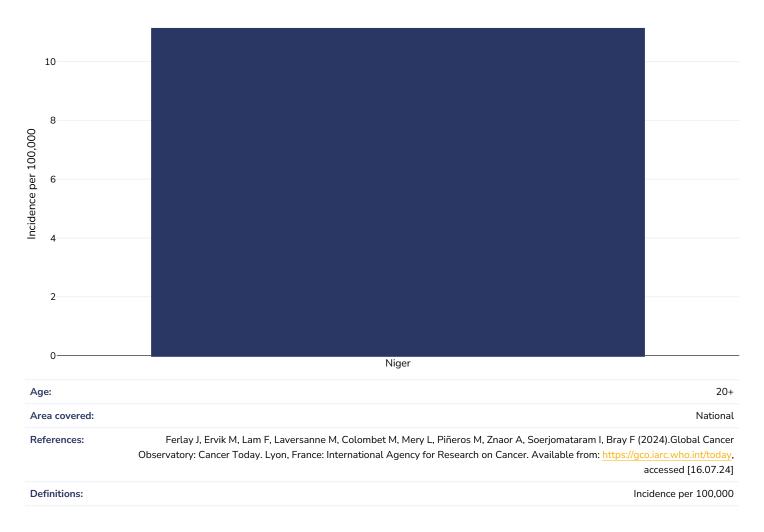
Women, 2022

Age 20 Age 20+





Colorectal cancer

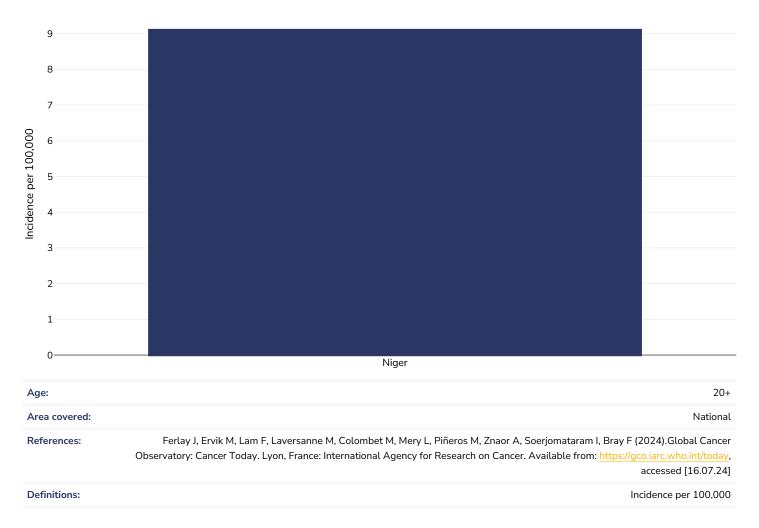




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| | | Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://go | o.iarc.who.int/today, accessed [16.07.24] |
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| Def | initions: | In | cidence per 100,000 |



Pancreatic cancer









Gallbladder cancer

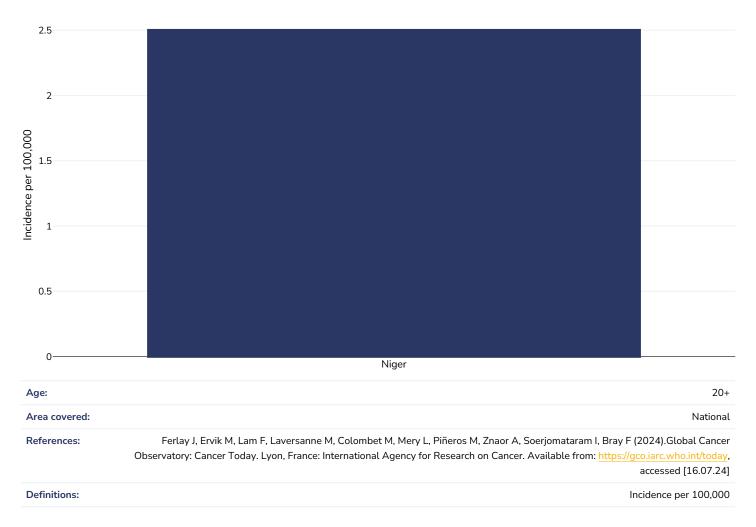




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| References: | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer |
| | Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, |
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| Definitions: | Indicence per 100,000 |



Kidney cancer

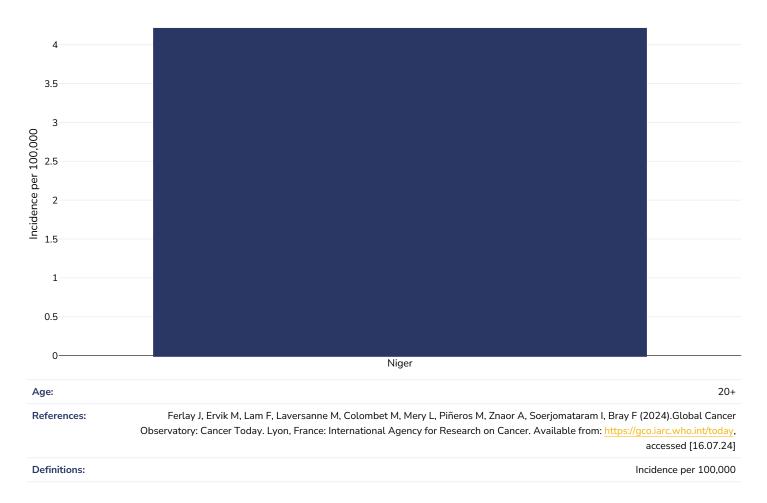




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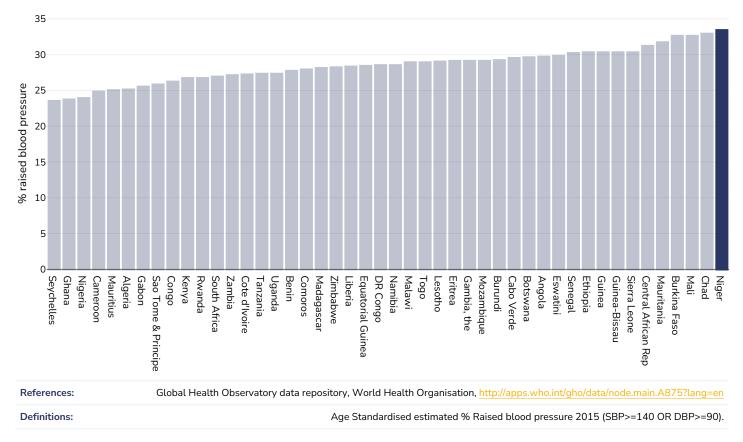


Cancer of the uterus

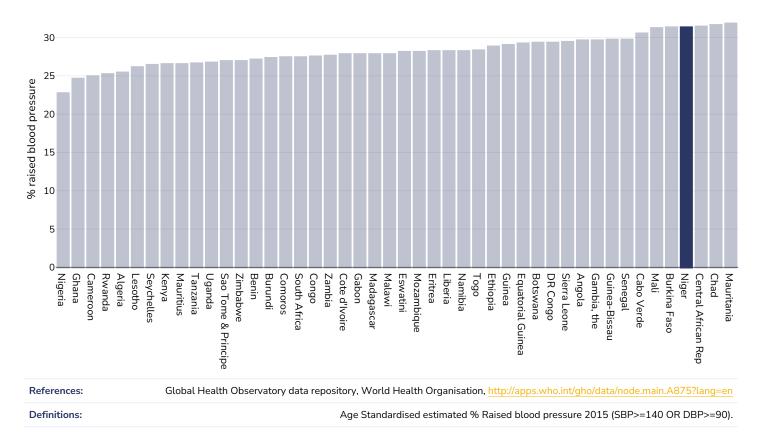




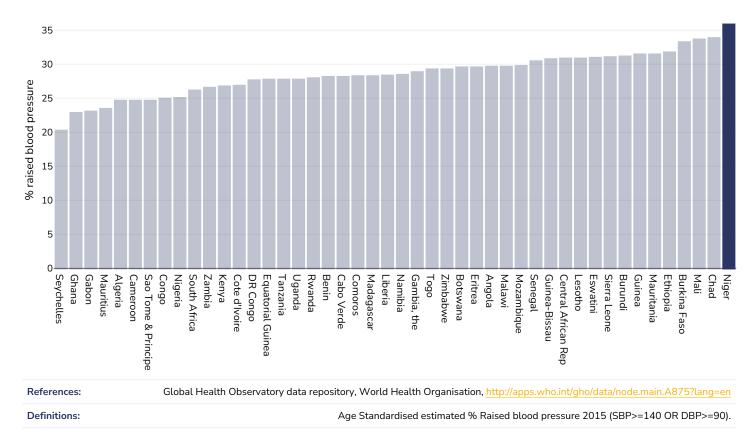
Raised blood pressure







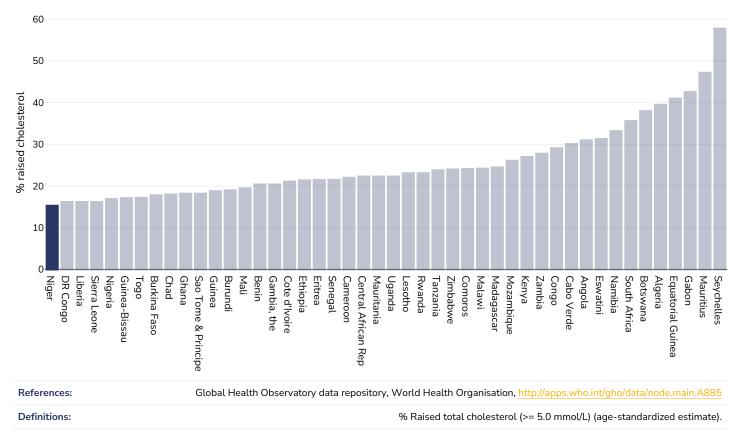


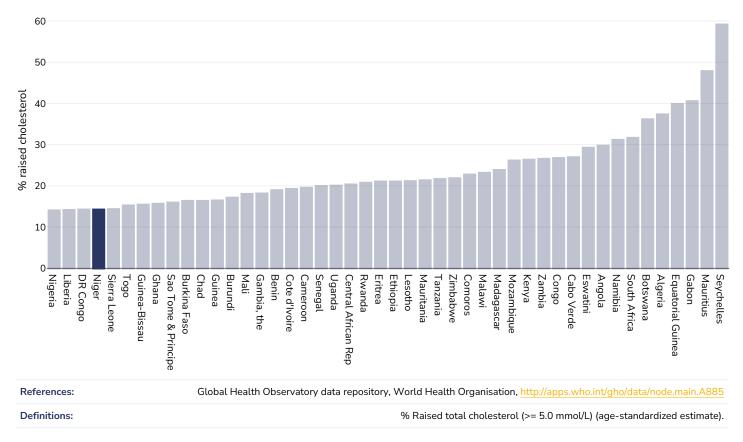




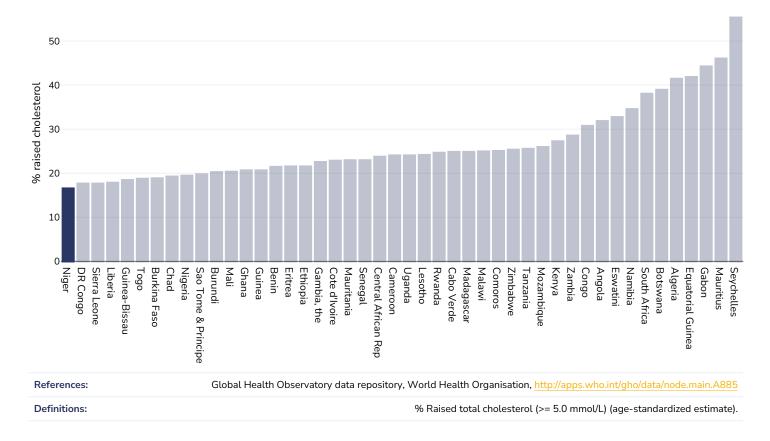
Raised cholesterol

Adults, 2008



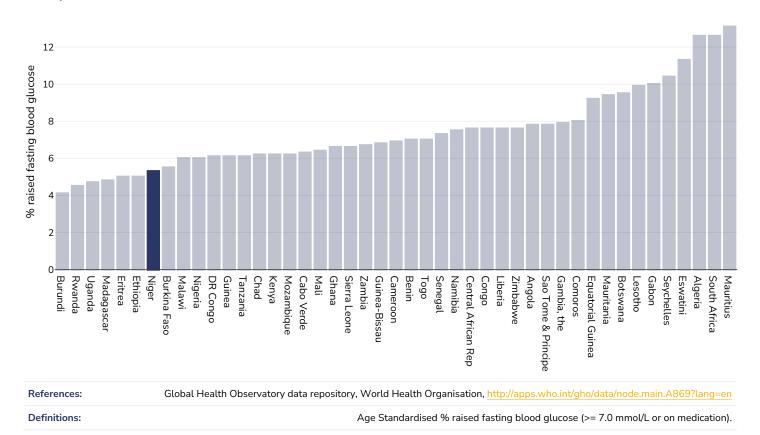




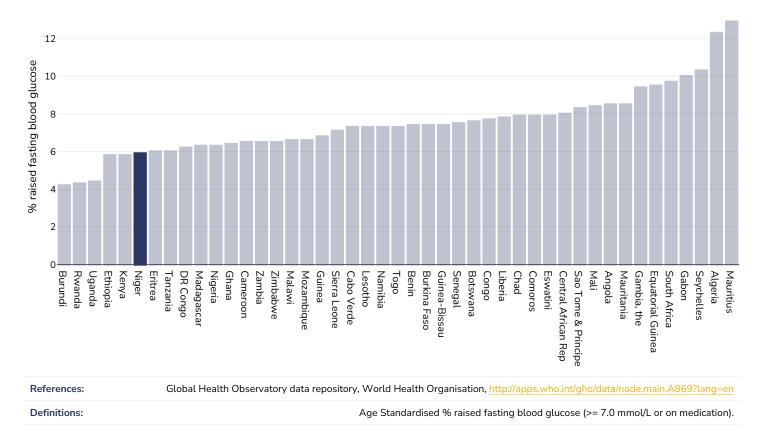




Raised fasting blood glucose



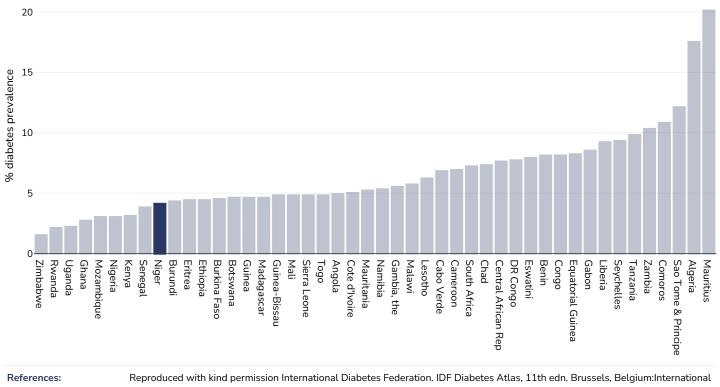






Diabetes prevalence

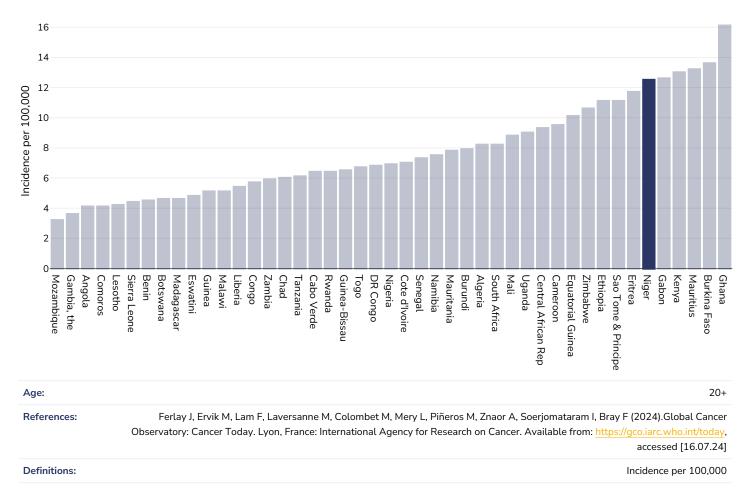
Adults, 2024



Diabetes Federation, 2025. http://www.diabetesatlas.org



Ovarian Cancer





Leukemia

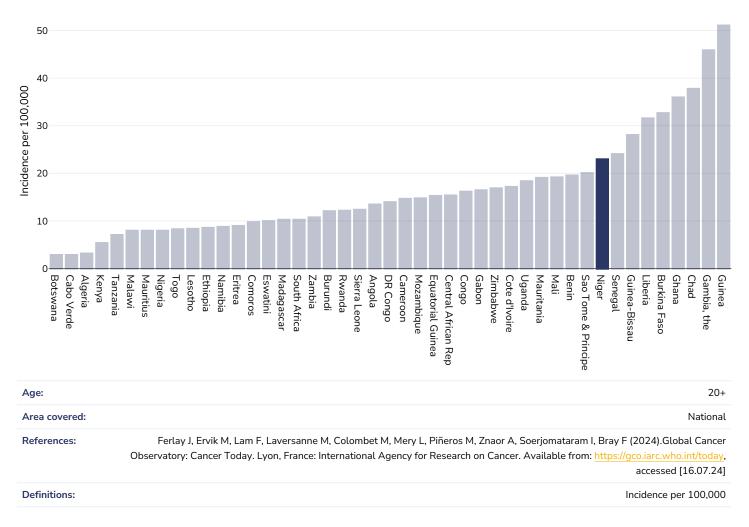
| Men, 2022 | | | | | | | |
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| Age: Area covered: | | | | | | | 20+ National |
| References: | | | sanne M, Colombet M rance: International A <u>c</u> | | | m: <u>https://gco.iarc.wh</u> | bal Cancer |
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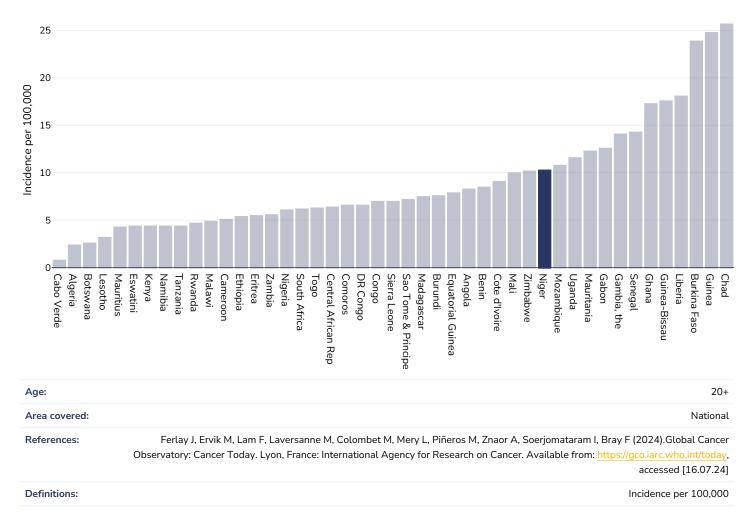
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| Definitions: | | | | | | Incidence pe | er 100,000 |
| | Unless othe | erwise noted, overw | eight refers to a BMI | between 25kg and 2 | 9.9kg/m², obesity refers | to a BMI greater than | n 30kg/m². |



Liver and intrahepatic bile duct Cancer



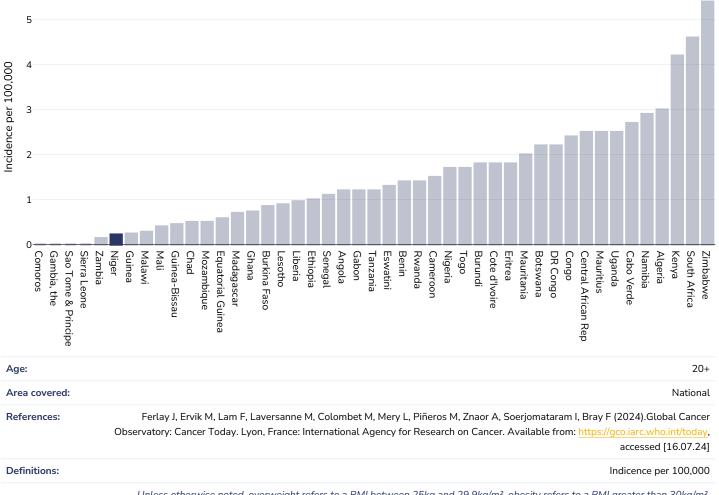






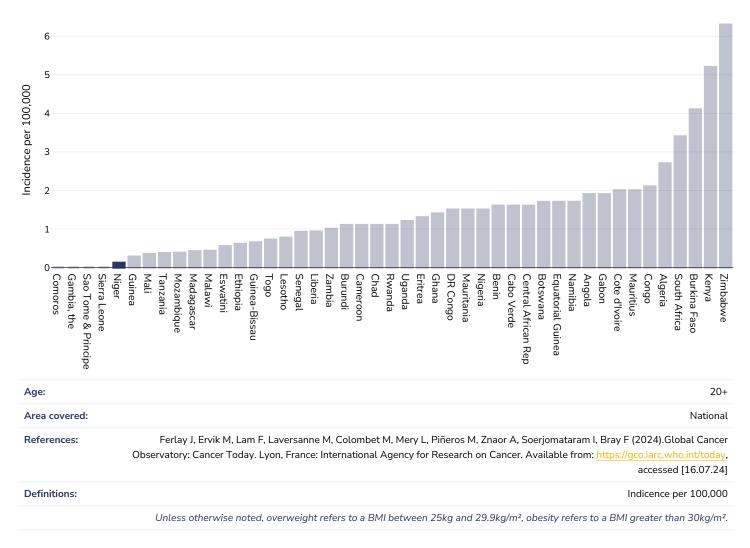
Multiple Myeloma

Men, 2022



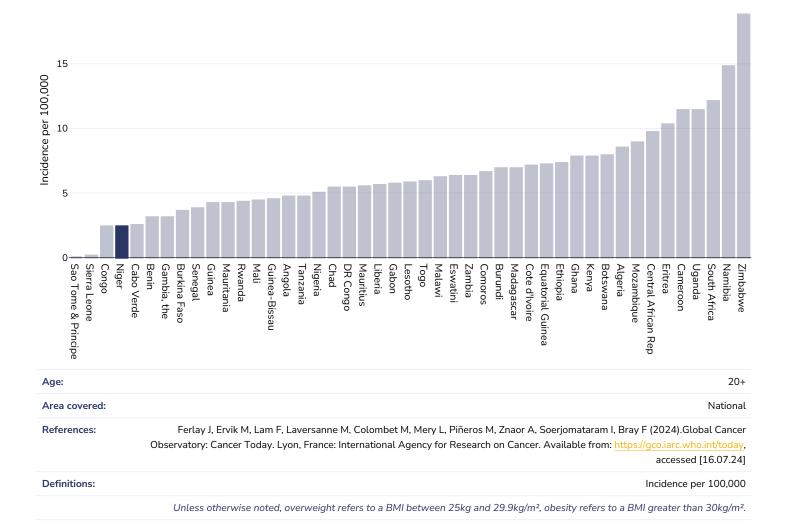
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



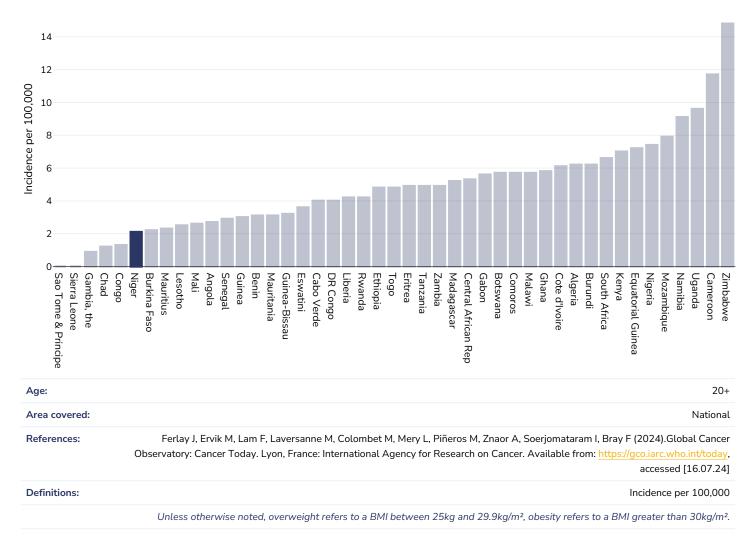




Non Hodgkin Lymphoma

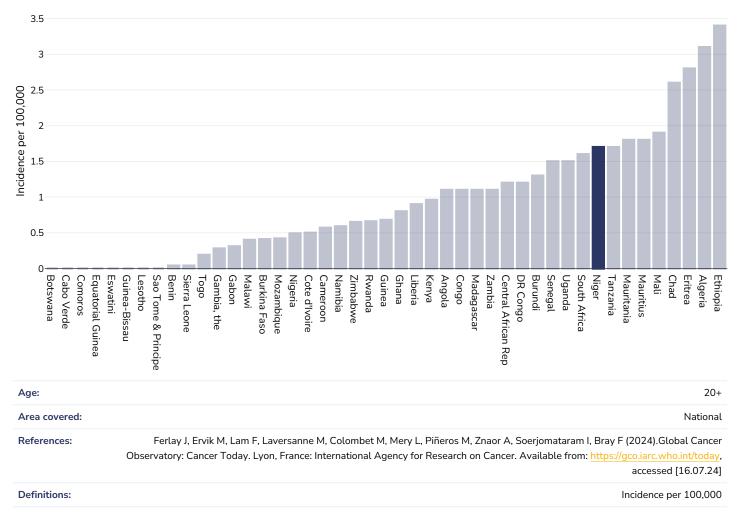




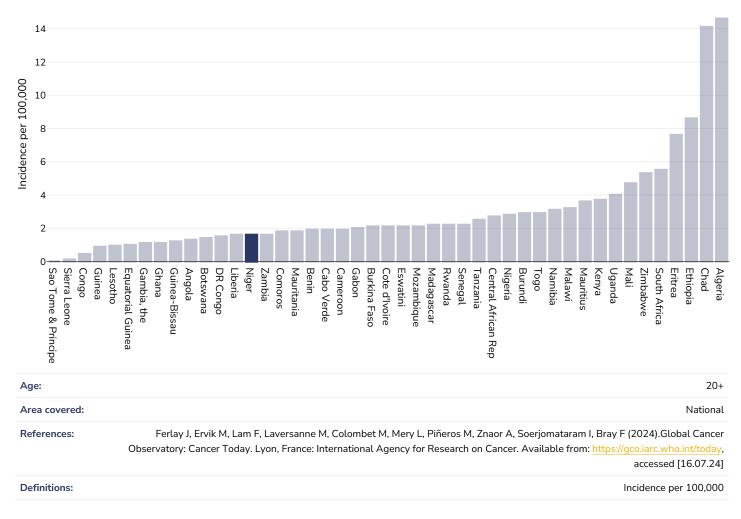




Thyroid Cancer







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