## Drivers

### Niger

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<td>% Infants exclusively breastfed 0-5 months</td>
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Insufficient physical activity

Adults, 2016


Men, 2016
Women, 2016

Estimated per capita fruit intake

Adults, 2017

Survey type: Measured
Age: 25+
Definitions: Estimated per-capita fruit intake (g/day)
### Estimated per-capita processed meat intake

**Adults, 2017**

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**Survey type:** Measured

**Age:** 25+

**References:** Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/](http://ghdx.healthdata.org/)

**Definitions:** Estimated per-capita processed meat intake (g per day)
Estimated per capita whole grains intake

Adults, 2017

Survey type: Measured

Age: 25+


Definitions: Estimated per-capita whole grains intake (g/day)
Mental health - depression disorders

Adults, 2015


Definitions: % of population with depression disorders
Mental health - anxiety disorders

Adults, 2015


Definitions: % of population with anxiety disorders
% Infants exclusively breastfed 0-5 months

Children, 2005-2020

Area covered: National

References:
Enquête nationale de nutrition avec la méthodologie SMART - 2019, Niger

Notes:

Definitions:
% exclusively breastfed 0-5 months