## Contents

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Obesity prevalence</td>
<td>2</td>
</tr>
<tr>
<td>Trend: % Adults living with obesity in New Zealand 1982-2002</td>
<td>4</td>
</tr>
<tr>
<td>Trend: % Adults living with obesity in New Zealand 2006-2023</td>
<td>5</td>
</tr>
<tr>
<td>Trend: % Adults living with overweight and obesity by ethnicity in New Zealand 2006-2023</td>
<td>12</td>
</tr>
<tr>
<td>Trend: % Adults living with overweight or obesity in New Zealand 1982-2002</td>
<td>14</td>
</tr>
<tr>
<td>Trend: % Adults living with overweight or obesity in New Zealand 2006-2023</td>
<td>15</td>
</tr>
<tr>
<td>Trend: % Adults living with overweight or obesity in New Zealand by socioeconomic group 2006-2019</td>
<td>22</td>
</tr>
<tr>
<td>Trend: % Children living with overweight or obesity in New Zealand 2002-2022</td>
<td>24</td>
</tr>
<tr>
<td>Trend: Children obesity 2002-2023</td>
<td>28</td>
</tr>
<tr>
<td>Trend: % Adults living with obesity in selected countries in the Asia/Oceania Region 1975-2019, selected countries</td>
<td>31</td>
</tr>
<tr>
<td>Overweight/obesity by age</td>
<td>36</td>
</tr>
<tr>
<td>Overweight/obesity by region</td>
<td>38</td>
</tr>
<tr>
<td>Overweight/obesity by socio-economic group</td>
<td>44</td>
</tr>
<tr>
<td>Overweight/obesity by ethnicity</td>
<td>47</td>
</tr>
<tr>
<td>Insufficient physical activity</td>
<td>49</td>
</tr>
<tr>
<td>Estimated per capita fruit intake</td>
<td>55</td>
</tr>
<tr>
<td>Estimated per-capita processed meat intake</td>
<td>56</td>
</tr>
<tr>
<td>Estimated per capita whole grains intake</td>
<td>57</td>
</tr>
<tr>
<td>Mental health - depression disorders</td>
<td>58</td>
</tr>
<tr>
<td>Mental health - anxiety disorders</td>
<td>59</td>
</tr>
<tr>
<td>Oesophageal cancer</td>
<td>60</td>
</tr>
<tr>
<td>Breast cancer</td>
<td>62</td>
</tr>
<tr>
<td>Colorectal cancer</td>
<td>63</td>
</tr>
<tr>
<td>Pancreatic cancer</td>
<td>65</td>
</tr>
<tr>
<td>Gallbladder cancer</td>
<td>67</td>
</tr>
<tr>
<td>Kidney cancer</td>
<td>69</td>
</tr>
<tr>
<td>Cancer of the uterus</td>
<td>71</td>
</tr>
<tr>
<td>Raised blood pressure</td>
<td>72</td>
</tr>
<tr>
<td>Raised cholesterol</td>
<td>75</td>
</tr>
<tr>
<td>Raised fasting blood glucose</td>
<td>78</td>
</tr>
<tr>
<td>Diabetes prevalence</td>
<td>80</td>
</tr>
<tr>
<td>Contextual factors</td>
<td>81</td>
</tr>
</tbody>
</table>
# Obesity prevalence

**Adults, 2022-2023**

<table>
<thead>
<tr>
<th></th>
<th>Obesity</th>
<th>Overweight</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Adults</strong></td>
<td>20%</td>
<td>47%</td>
</tr>
<tr>
<td><strong>Men</strong></td>
<td>25%</td>
<td>52%</td>
</tr>
<tr>
<td><strong>Women</strong></td>
<td>15%</td>
<td>50%</td>
</tr>
</tbody>
</table>

**Survey type:** Measured

**Age:** 15+

**Sample size:** 6799

**Area covered:** National


**Definitions:** Overweight/Obesity based on standard WHO adult cut-offs except for 15-17 year olds where IOTF International cutoffs are used.

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*
Children, 2022-2023

Survey type: Measured
Age: 2-14
Sample size: 2029
Area covered: National

Cutoffs: IOTF
% Adults living with obesity in New Zealand 1982-2002

Survey type:


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
% Adults living with obesity in New Zealand 2006-2023
Men

Obesity

% obesity

Survey type:

References:


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m². Obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Women

Survey type: Measured

References:


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Men and women

References:
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
% Adults living with overweight and obesity by ethnicity in New Zealand 2006-2023

Women

- Overweight or obesity, Asian
- Overweight or obesity, European/Other
- Overweight or obesity, Maori
- Overweight or obesity, Pacific

Survey:

- Measured

References:


 Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

 Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Men

Overweight or obesity, Asian
Overweight or obesity, European/Other
Overweight or obesity, Maori
Overweight or obesity, Pacific

% overweight or obesity

Survey type:

References:


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
% Adults living with overweight or obesity in New Zealand 1982-2002

Survey type: Measured


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
% Adults living with overweight or obesity in New Zealand 2006-2023
Men

Survey type: Measured

References:


2019: Annual Update of New Zealand Health Survey 2019/20 available at [Link](https://ministryofhealthnewzealand.cmail19.com/t/i-l-mjrkhil-yhhldiiid-r/) (last accessed 19.11.20)


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m². Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Women

Survey type: Measured

References:
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
**Men and women**

- **Overweight or obesity**

![Graph showing percentage of overweight or obesity from 2018 to 2022]

<table>
<thead>
<tr>
<th>Year</th>
<th>% Overweight or Obesity</th>
</tr>
</thead>
<tbody>
<tr>
<td>2018</td>
<td>65</td>
</tr>
<tr>
<td>2019</td>
<td>64</td>
</tr>
<tr>
<td>2020</td>
<td>65</td>
</tr>
<tr>
<td>2021</td>
<td>64</td>
</tr>
<tr>
<td>2022</td>
<td>65</td>
</tr>
</tbody>
</table>

**Survey type:** Measured

**References:**

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
% Adults living with overweight or obesity in New Zealand by socioeconomic group 2006-2019

Men

Survey type: Measured

References:

Notes:
- Quintile 1 = Least deprived areas, Quintile 5 = Most deprived areas
- Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
- Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Women

Survey type: Measured

References:

Notes:
- Quintile 1 = Least deprived areas, Quintile 5 = Most deprived areas
- Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
- Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
% Children living with overweight or obesity in New Zealand 2002-2022
Boys and girls

Overweight or obesity

Survey type: Measured

References:


Definitions:

IOTF

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Girls

Survey type: Measured

References:


Definitions:

IOTF

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Overweight or obesity

Survey type:

References:


Definitions:

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Children obesity 2002-2023

Girls

Survey type: Measured

References:


Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Boys and girls

Survey


Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
% Adults living with obesity in selected countries in the Asia/Oceania Region 1975-2019, selected countries
Men

% Adults living with obesity

References:


2004: Tonga STEPS Survey 2004


Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Women

Obesity, Australia
Obesity, Bangladesh
Obesity, Japan
Obesity, Malaysia
Obesity, Nepal

% Adults living with obesity


References:


2004: Tonga STEPS Survey 2004


Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Overweight/obesity by age

Adults, 2022-2023

Survey type: Measured
Sample size: 6799
Area covered: National

Definitions: Overweight/Obesity based on standard WHO adult cut-offs except for 15-17 year olds where IOTF International cutoffs are used

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
### Children, 2022-2023

**Survey type:** Measured  
**Sample size:** 2029  
**Area covered:** National  
**Cutoffs:** IOTF
Overweight/obesity by region

Adults, 2017-2019

Survey type: Measured

Age: 15+

Sample size: 68580

Area covered: National


Notes: Some region names have been shortened, see survey for full region names

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
**Men, 2017-2019**

![Graph showing obesity and overweight percentages by region]

<table>
<thead>
<tr>
<th>Region</th>
<th>Obesity (%)</th>
<th>Overweight (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Auckland</td>
<td>30</td>
<td>40</td>
</tr>
<tr>
<td>Community and Public Health</td>
<td>35</td>
<td>45</td>
</tr>
<tr>
<td>Health Waikato</td>
<td>30</td>
<td>40</td>
</tr>
<tr>
<td>MidCentral</td>
<td>32</td>
<td>48</td>
</tr>
<tr>
<td>Nelson</td>
<td>35</td>
<td>45</td>
</tr>
<tr>
<td>Northland</td>
<td>30</td>
<td>40</td>
</tr>
<tr>
<td>Public Health South</td>
<td>30</td>
<td>40</td>
</tr>
<tr>
<td>Regional Public Health</td>
<td>30</td>
<td>40</td>
</tr>
<tr>
<td>Tairawhiti Health</td>
<td>30</td>
<td>40</td>
</tr>
<tr>
<td>Taranaki Healthcare</td>
<td>30</td>
<td>40</td>
</tr>
<tr>
<td>Toi Te Ora Public Health</td>
<td>30</td>
<td>40</td>
</tr>
</tbody>
</table>

Survey type: Measured

Age: 15+

Sample size: 68580

Area covered: National


Notes: Some region names have been shortened, see survey for full region names. Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
### Survey Details

**Survey type:** Measured

**Age:** 15+

**Sample size:** 68580

**Area covered:** National


**Notes:** Some region names have been shortened, see survey for full region names.

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*
Children, 2017-2020

Survey type: Measured
Age: 2-14
Sample size: 18530
Area covered: National


Notes: Some region names have been shortened, see survey for full names

Cutoffs: IOTF
Boys, 2017-2020

Survey type: Measured
Age: 2-14
Sample size: 18530
Area covered: National
Notes: Some region names have been shortened, see survey for full names
Cutoffs: IOTF
Girls, 2017-2020

Survey type: Measured
Age: 2-14
Sample size: 18530
Area covered: National
Notes: Some region names have been shortened, see survey for full names
Cutoffs: IOTF
Overweight/obesity by socio-economic group

Men, 2022-2023

Survey type: Measured
Age: 15+
Sample size: 6799
Area covered: National


Definitions: Overweight/Obesity based on standard WHO adult cut-offs except for 15-17 year olds where IOTF International cutoffs are used

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
**Women, 2022-2023**

Survey type: Measured

Age: 15+

Sample size: 6799

Area covered: National


Definitions: Overweight/Obesity based on standard WHO adult cut-offs except for 15-17 year olds where IOTF International cutoffs are used.

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*
Children, 2020-2021

Survey type: Measured
Age: 2-14
Sample size: 2954
Area covered: National
Cutoffs: IOTF
## Overweight/obesity by ethnicity

*Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.*

### Adults, 2022-2023

<table>
<thead>
<tr>
<th>Ethnicity</th>
<th>Overweight</th>
<th>Obesity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asian</td>
<td>40%</td>
<td>20%</td>
</tr>
<tr>
<td>European/Other</td>
<td>50%</td>
<td>30%</td>
</tr>
<tr>
<td>Māori</td>
<td>60%</td>
<td>40%</td>
</tr>
<tr>
<td>Pacific</td>
<td>70%</td>
<td>50%</td>
</tr>
</tbody>
</table>

**Survey type:** Measured  
**Age:** 15+  
**Sample size:** 6799  
**Area covered:** National

### References:


### Definitions:

Overweight/Obesity based on standard WHO adult cut-offs except for 15-17 year olds where IOTF International cutoffs are used.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Children, 2022-2023

Survey type: Measured
Age: 2-14
Sample size: 2029
Area covered: National


Cutoffs: IOTF
Insufficient physical activity

Adults, 2016

Men, 2016

**Children, 2016**

Survey type: Self-reported

Age: 11-17


Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)
Boys, 2016

Survey type: Self-reported
Age: 11-17


Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)
Girls, 2016

Survey type: Self-reported

Age: 11-17

References: Global Health Observatory data repository, World Health Organisation,
https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)

Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)
Estimated per capita fruit intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita fruit intake (g/day)
Estimated per-capita processed meat intake

Adults, 2017

Survey type: Measured
Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/

Definitions: Estimated per-capita processed meat intake (g per day)
Estimated per capita whole grains intake

Adults, 2017

Survey type: Measured
Age: 25+


Definitions: Estimated per-capita whole grains intake (g/day)
Mental health - depression disorders

Adults, 2015


Definitions: % of population with depression disorders
Mental health - anxiety disorders

Adults, 2015


Definitions: % of population with anxiety disorders
Oesophageal cancer

Men, 2020

Incidence per 100,000

Age:
20+

Area covered:
National

References:

Definitions:
Age-standardized incidence rates per 100 000
Women, 2020

Age: 20+

Area covered: National


Definitions: Age-standardized incidence rates per 100 000
Breast cancer

Women, 2020

Incidence per 100,000

Age: 20+

Area covered: National


Definitions: Age-standardized incidence rates per 100,000
Colorectal cancer

Men, 2020

Age: 20+

Area covered: National


Definitions: Age-standardized incidence rates per 100,000
### Women, 2020

<table>
<thead>
<tr>
<th>Country</th>
<th>Incidence per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mongolia</td>
<td>0</td>
</tr>
<tr>
<td>Vanuatu</td>
<td>10</td>
</tr>
<tr>
<td>Solomon Is.</td>
<td>15</td>
</tr>
<tr>
<td>Papua New Guinea</td>
<td>20</td>
</tr>
<tr>
<td>French Polynesia</td>
<td>30</td>
</tr>
<tr>
<td>Fiji</td>
<td>40</td>
</tr>
<tr>
<td>Cambodia</td>
<td>50</td>
</tr>
<tr>
<td>Vietnam</td>
<td>60</td>
</tr>
<tr>
<td>Laos</td>
<td>70</td>
</tr>
<tr>
<td>Philippines</td>
<td>80</td>
</tr>
<tr>
<td>Samoa</td>
<td>90</td>
</tr>
<tr>
<td>Malaysia</td>
<td>100</td>
</tr>
<tr>
<td>China</td>
<td>110</td>
</tr>
<tr>
<td>South Korea</td>
<td>120</td>
</tr>
<tr>
<td>Singapore</td>
<td>130</td>
</tr>
<tr>
<td>Brunei Darussalam</td>
<td>140</td>
</tr>
<tr>
<td>Australia</td>
<td>150</td>
</tr>
<tr>
<td>New Zealand</td>
<td>160</td>
</tr>
<tr>
<td>Japan</td>
<td>170</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>170</strong></td>
</tr>
</tbody>
</table>

**Age:** 20+

**Area covered:** National


**Definitions:** Age-standardized incidence rates per 100,000
Pancreatic cancer

Men, 2020

<table>
<thead>
<tr>
<th>Country</th>
<th>Incidence per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vanuatu</td>
<td>0</td>
</tr>
<tr>
<td>Vietnem</td>
<td>0</td>
</tr>
<tr>
<td>Cambodia</td>
<td>0</td>
</tr>
<tr>
<td>Solomon Is.</td>
<td>0</td>
</tr>
<tr>
<td>Laos</td>
<td>0</td>
</tr>
<tr>
<td>Papua New Guinea</td>
<td>0</td>
</tr>
<tr>
<td>Malaysia</td>
<td>5</td>
</tr>
<tr>
<td>Philippines</td>
<td>7</td>
</tr>
<tr>
<td>Brunei</td>
<td>8</td>
</tr>
<tr>
<td>Fiji</td>
<td>8</td>
</tr>
<tr>
<td>Mongolia</td>
<td>9</td>
</tr>
<tr>
<td>China</td>
<td>10</td>
</tr>
<tr>
<td>New Zealand</td>
<td>11</td>
</tr>
<tr>
<td>Samoa</td>
<td>12</td>
</tr>
<tr>
<td>Australia</td>
<td>13</td>
</tr>
<tr>
<td>Singapore</td>
<td>14</td>
</tr>
<tr>
<td>South Korea</td>
<td>15</td>
</tr>
<tr>
<td>French Polynesia</td>
<td>16</td>
</tr>
<tr>
<td>Japan</td>
<td>20</td>
</tr>
</tbody>
</table>

Age: 20+

Area covered: National


Definitions: Age-standardized incidence rates per 100 000
Women, 2020

<table>
<thead>
<tr>
<th>Country</th>
<th>Incidence per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vanuatu</td>
<td>0</td>
</tr>
<tr>
<td>Solomon Is.</td>
<td>2</td>
</tr>
<tr>
<td>Vietnam</td>
<td>4</td>
</tr>
<tr>
<td>Cambodia</td>
<td>4.4</td>
</tr>
<tr>
<td>Laos</td>
<td>4.8</td>
</tr>
<tr>
<td>Papua New Guinea</td>
<td>5.2</td>
</tr>
<tr>
<td>Fiji</td>
<td>5.8</td>
</tr>
<tr>
<td>French Polynesia</td>
<td>6.4</td>
</tr>
<tr>
<td>Malaysia</td>
<td>6.5</td>
</tr>
<tr>
<td>Samoa</td>
<td>7.1</td>
</tr>
<tr>
<td>Philippines</td>
<td>7.6</td>
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<td>Mongolia</td>
<td>8.4</td>
</tr>
<tr>
<td>China</td>
<td>8.8</td>
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<td>South Korea</td>
<td>10.2</td>
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<td>Singapore</td>
<td>11.3</td>
</tr>
<tr>
<td>New Zealand</td>
<td>11.9</td>
</tr>
<tr>
<td>Australia</td>
<td>12.4</td>
</tr>
<tr>
<td>Brunei Darussalam</td>
<td>13.5</td>
</tr>
</tbody>
</table>

Age: 20+

Area covered: National


Definitions: Age-standardized incidence rates per 100 000
Gallbladder cancer

Men, 2020

Incidence per 100,000

Age: 20+
Area covered: National


Definitions: Age-standardized incidence rates per 100 000
Women, 2020

Age: 20+

Area covered: National


Definitions: Age-standardized incidence rates per 100,000
Kidney cancer

Men, 2020

Incidence per 100,000

Age: 20+

Area covered: National


Definitions: Age-standardized incidence rates per 100 000
Age: 20+

Area covered: National


Definitions: Age-standardized incidence rates per 100 000
Cancer of the uterus

Women, 2020

Age: 20+

Area covered: National


Definitions: Age-standardized incidence rates per 100,000
Raised blood pressure

Adults, 2015

References:
Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:
Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Men, 2015


Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Women, 2015


Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Raised cholesterol

Adults, 2008

References:
Global Health Observatory data repository, World Health Organisation, [http://apps.who.int/gho/data/node.main.A885](http://apps.who.int/gho/data/node.main.A885)

Definitions:
% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).
Men, 2008

References: Global Health Observatory data repository, World Health Organisation, [http://apps.who.int/gho/data/node.main.A885](http://apps.who.int/gho/data/node.main.A885)

Definitions: % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Women, 2008


Definitions: % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Raised fasting blood glucose

Men, 2014


Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).
Diabetes prevalence

Adults, 2021

Age: 20-79

Area covered: National


Definitions: Age-adjusted comparative prevalence of diabetes, %
Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.

<table>
<thead>
<tr>
<th>Labelling</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Is there mandatory nutrition labelling?</td>
<td>✓</td>
</tr>
<tr>
<td>Front-of-package labelling?</td>
<td>✓</td>
</tr>
<tr>
<td>Back-of-pack nutrition declaration?</td>
<td>✓</td>
</tr>
<tr>
<td>Color coding?</td>
<td>✗</td>
</tr>
<tr>
<td>Warning label?</td>
<td>✗</td>
</tr>
</tbody>
</table>
### Regulation and marketing

<table>
<thead>
<tr>
<th>Question</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Are there fiscal policies on unhealthy products?</td>
<td>✗</td>
</tr>
<tr>
<td>Tax on unhealthy foods?</td>
<td>✗</td>
</tr>
<tr>
<td>Tax on unhealthy drinks?</td>
<td>✗</td>
</tr>
<tr>
<td>Are there fiscal policies on healthy products?</td>
<td>✗</td>
</tr>
<tr>
<td>Subsidy on fruits?</td>
<td>✗</td>
</tr>
<tr>
<td>Subsidy on vegetables?</td>
<td>✗</td>
</tr>
<tr>
<td>Subsidy on other healthy products?</td>
<td>✗</td>
</tr>
<tr>
<td>Mandatory limit or ban of trans fat (all settings)?</td>
<td>✗</td>
</tr>
<tr>
<td>Mandatory limit of trans fats in place (all settings)?</td>
<td>✗</td>
</tr>
<tr>
<td>Ban on trans-fats or phos in place (all settings)?</td>
<td>✗</td>
</tr>
<tr>
<td>Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?</td>
<td>✗</td>
</tr>
<tr>
<td>Mandatory restriction on broadcast media?</td>
<td>✗</td>
</tr>
<tr>
<td>Mandatory restriction on non-broadcast media?</td>
<td>✗</td>
</tr>
<tr>
<td>Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?</td>
<td>✔</td>
</tr>
<tr>
<td>Are there mandatory standards for food in schools?</td>
<td>✔</td>
</tr>
<tr>
<td>Are there any mandatory nutrient limits in any manufactured food products?</td>
<td>✗</td>
</tr>
<tr>
<td>Nutrition standards for public sector procurement?</td>
<td>✗</td>
</tr>
</tbody>
</table>
## Political will and support

<table>
<thead>
<tr>
<th>Question</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>National obesity strategy or nutrition and physical activity national strategy?</td>
<td>Present</td>
</tr>
<tr>
<td>National obesity strategy?</td>
<td>Present</td>
</tr>
<tr>
<td>National childhood obesity strategy?</td>
<td>Present</td>
</tr>
<tr>
<td>Comprehensive nutrition strategy?</td>
<td>Present</td>
</tr>
<tr>
<td>Comprehensive physical activity strategy?</td>
<td>Present</td>
</tr>
<tr>
<td>Evidence-based dietary guidelines and/or RDAs?</td>
<td>Present</td>
</tr>
<tr>
<td>National target(s) on reducing obesity?</td>
<td>Unknown</td>
</tr>
<tr>
<td>Guidelines/policy on obesity treatment?</td>
<td>Present</td>
</tr>
<tr>
<td>Promotion of breastfeeding?</td>
<td>Present</td>
</tr>
</tbody>
</table>

## Monitoring and surveillance

<table>
<thead>
<tr>
<th>Question</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?</td>
<td>Present</td>
</tr>
<tr>
<td>Within 5 years?</td>
<td>Present</td>
</tr>
</tbody>
</table>

## Governance and resource

<table>
<thead>
<tr>
<th>Question</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?</td>
<td>Present</td>
</tr>
</tbody>
</table>

### Key

- **Present**
- **Incoming**
- **Absent**
- **Unknown**
- (voluntary)

*Last updated September 13, 2022*