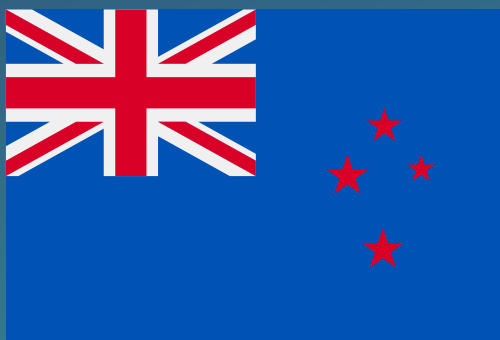




New Zealand



Country report card - adults

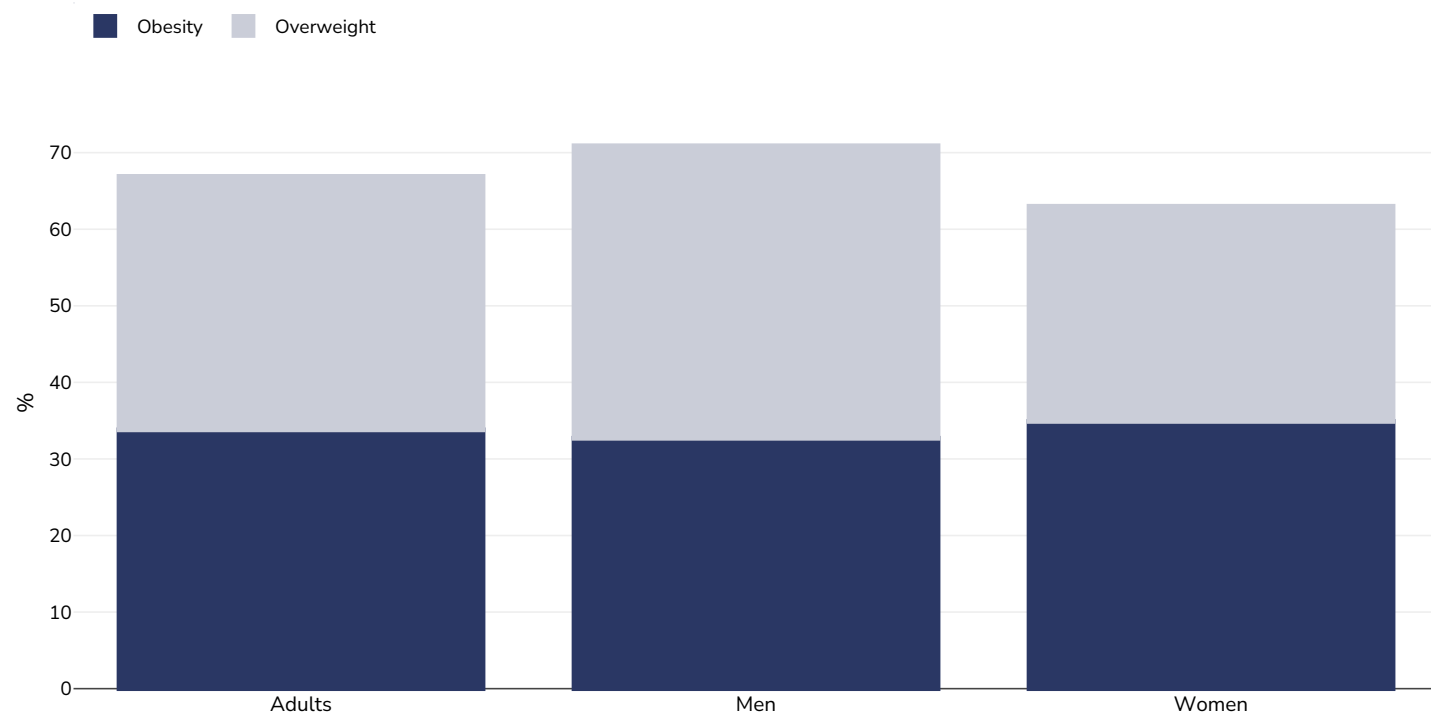
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/new-zealand-155/>.

Contents	Page
Obesity prevalence	3
Trend: % Adults living with obesity in New Zealand 1982-2002	4
Trend: % Adults living with obesity in New Zealand 2006-2023	5
Trend: % Adults living with overweight and obesity by ethnicity in New Zealand 2006-2023	9
Trend: % Adults living with overweight or obesity in New Zealand 1982-2002	11
Trend: % Adults living with overweight or obesity in New Zealand 2006-2023	12
Trend: % Adults living with overweight or obesity in New Zealand by socioeconomic group 2006-2019	15
Trend: % Adults living with obesity in selected countries in the Asia/Oceania Region 1975-2019, selected countries	17
Overweight/obesity by age	22
Overweight/obesity by region	23
Overweight/obesity by socio-economic group	26
Overweight/obesity by ethnicity	31
Double burden of underweight & overweight	34
Insufficient physical activity	35
Estimated per capita fruit intake	42
Estimated per-capita processed meat intake	43
Estimated per capita whole grains intake	44
Mental health - depression disorders	45
Mental health - anxiety disorders	48
Oesophageal cancer	51
Breast cancer	54
Colorectal cancer	56
Pancreatic cancer	59
Gallbladder cancer	62
Kidney cancer	64
Cancer of the uterus	67
Raised blood pressure	69
Raised cholesterol	72
Raised fasting blood glucose	75
Diabetes prevalence	77
Ovarian Cancer	78
Leukemia	79
Liver and intrahepatic bile duct Cancer	84
Multiple Myeloma	86
Non Hodgkin Lymphoma	88
Thyroid Cancer	90

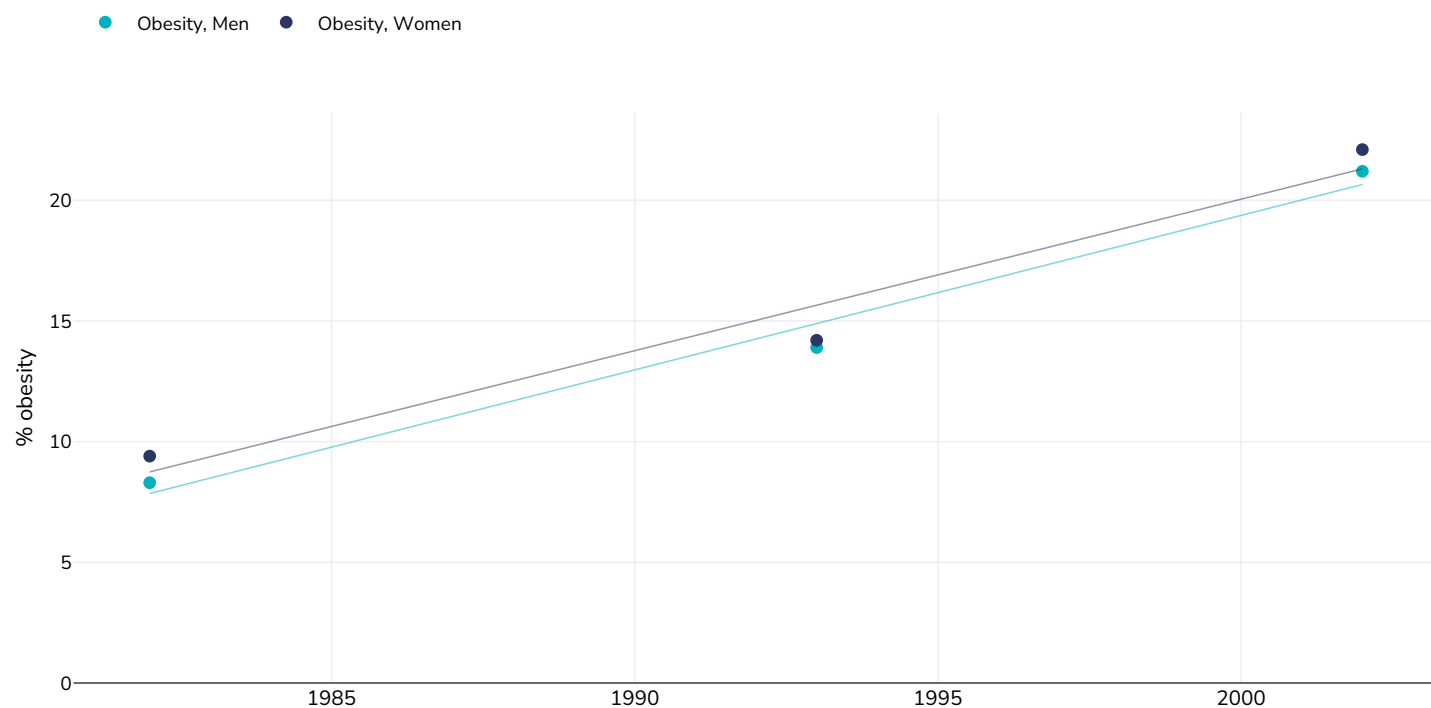
Obesity prevalence

Adults, 2023-2024



Survey type:	Measured
Age:	15+
Sample size:	9719
Area covered:	National
References:	Annual Update of Key Results 2023/24: New Zealand Health Survey. https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey [Last accessed 20.08.25]
Definitions:	Overweight/Obesity based on standard WHO adult cut-offs except for 15-17 year olds where IOTF International cutoffs are used <i>Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².</i>

% Adults living with obesity in New Zealand 1982-2002



Survey type:

Measured

References:

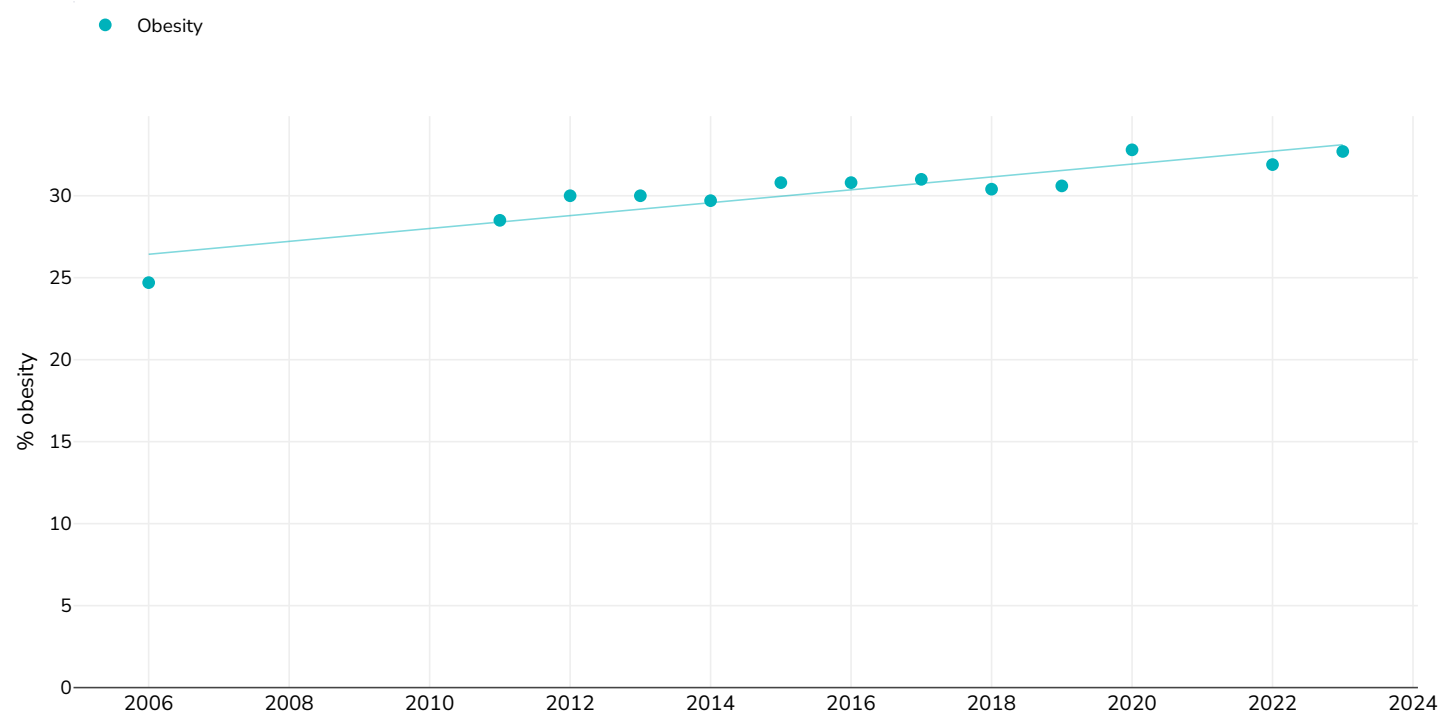
Metcalf P, Scragg R, Schaaf D, Dyal L, Black P, Jackson R. Trends in major cardiovascular risk factors in Auckland, New Zealand: 1982 to 2002-2003. The New Zealand Medical Journal 2006;119

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with obesity in New Zealand 2006-2023

Men



Survey type:

Measured

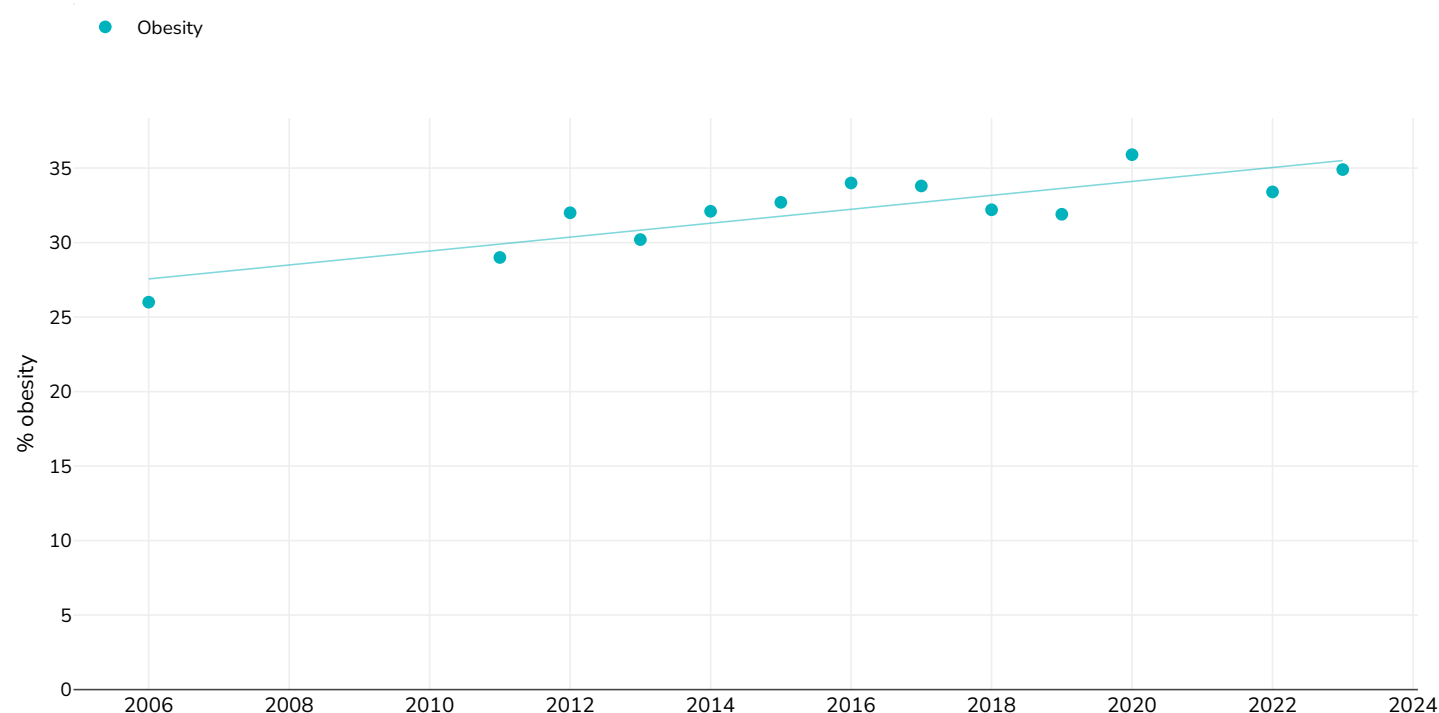
References:

- 2006: Gerritsen S, Stefanogiannis N, Galloway Y, Devlin M, Templaton R and Yeh L. A portrait of health: key results of the 2006/07 New Zealand Health Survey.
- 2011: New Zealand Health Survey 2011/12. <https://minhealthnz.shinyapps.io/nz-health-survey-2023-24-annual-data-explorer/> (last accessed 20.08.25)
- 2012: New Zealand Health Survey 2012/13. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
- 2013: <http://www.health.govt.nz/publication/annual-update-key-results-2013-14-new-zealand-health-survey>
- 2014: New Zealand Health Survey 2014/15. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
- 2015: New Zealand Health Survey 2015-2016. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
- 2016: Ministry of Health. 2018. Annual Data Explorer 2017/18: New Zealand Health Survey [Data File]. URL: <https://minhealthnz.shinyapps.io/nz-health-survey-2017-18-annual-data-explorer/> (last accessed 20.08.25)
- 2017: Ministry of Health. 2018. Annual Data Explorer 2017/18: New Zealand Health Survey [Data File]. URL: <https://minhealthnz.shinyapps.io/nz-health-survey-2017-18-annual-data-explorer/> (last accessed 20.08.25)
- 2018: New Zealand Health Survey 2018-19. New Zealand Ministry of Health (https://minhealthnz.shinyapps.io/nz-health-survey-2018-19-annual-data-explorer/_w_b396d161/#/key-indicators accessed 14.11.19)
- 2019: New Zealand Health Survey 2019/20. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
- 2020: Annual Update of New Zealand Health Survey 2020/2021 available at <https://www.health.govt.nz/publication/annual-update-key-results-2020-21-new-zealand-health-survey> Accessed 08.11.21.
- 2022: Annual Update of Key Results 2022/23: New Zealand Health Survey. <https://www.health.govt.nz/publication/annual-update-key-results-2022-23-new-zealand-health-survey> [Last accessed 20.08.25]
- 2023: Annual Update of Key Results 2023/24: New Zealand Health Survey. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Women



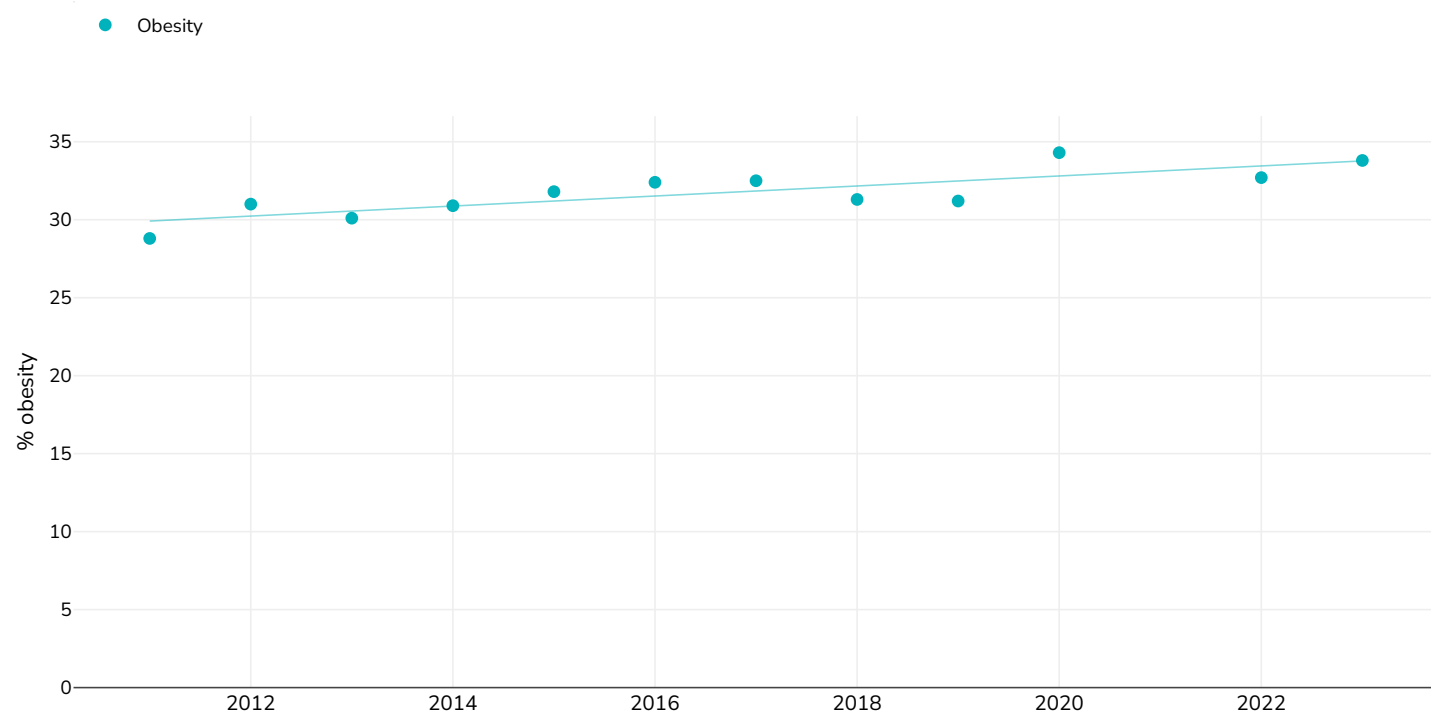
Survey type: Measured

- References:
- 2006: Gerritsen S, Stefanogiannis N, Galloway Y, Devlin M, Templaton R and Yeh L. A portrait of health: key results of the 2006/07 New Zealand Health Survey.
 - 2011: New Zealand Health Survey 2011/12. <https://minhealthnz.shinyapps.io/nz-health-survey-2023-24-annual-data-explorer/> (last accessed 20.08.25)
 - 2012: New Zealand Health Survey 2012/13. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
 - 2013: <http://www.health.govt.nz/publication/annual-update-key-results-2013-14-new-zealand-health-survey>
 - 2014: New Zealand Health Survey 2014/15. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
 - 2015: New Zealand Health Survey 2015-2016. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
 - 2016: Ministry of Health. 2018. Annual Data Explorer 2017/18: New Zealand Health Survey [Data File]. URL: <https://minhealthnz.shinyapps.io/nz-health-survey-2017-18-annual-data-explorer/> (last accessed 20.08.25)
 - 2017: Ministry of Health. 2018. Annual Data Explorer 2017/18: New Zealand Health Survey [Data File]. URL: <https://minhealthnz.shinyapps.io/nz-health-survey-2017-18-annual-data-explorer/> (last accessed 20.08.25)
 - 2018: New Zealand Health Survey 2018-19. New Zealand Ministry of Health (https://minhealthnz.shinyapps.io/nz-health-survey-2018-19-annual-data-explorer/_w_b396d161/#/key-indicators accessed 14.11.19)
 - 2019: New Zealand Health Survey 2019/20. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
 - 2020: Annual Update of New Zealand Health Survey 2020/2021 available at <https://www.health.govt.nz/publication/annual-update-key-results-2020-21-new-zealand-health-survey> Accessed 08.11.21.
 - 2022: Annual Update of Key Results 2022/23: New Zealand Health Survey. <https://www.health.govt.nz/publication/annual-update-key-results-2022-23-new-zealand-health-survey> [Last accessed 20.08.25]
 - 2023: Annual Update of Key Results 2023/24: New Zealand Health Survey. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Men and women



Survey type: Measured

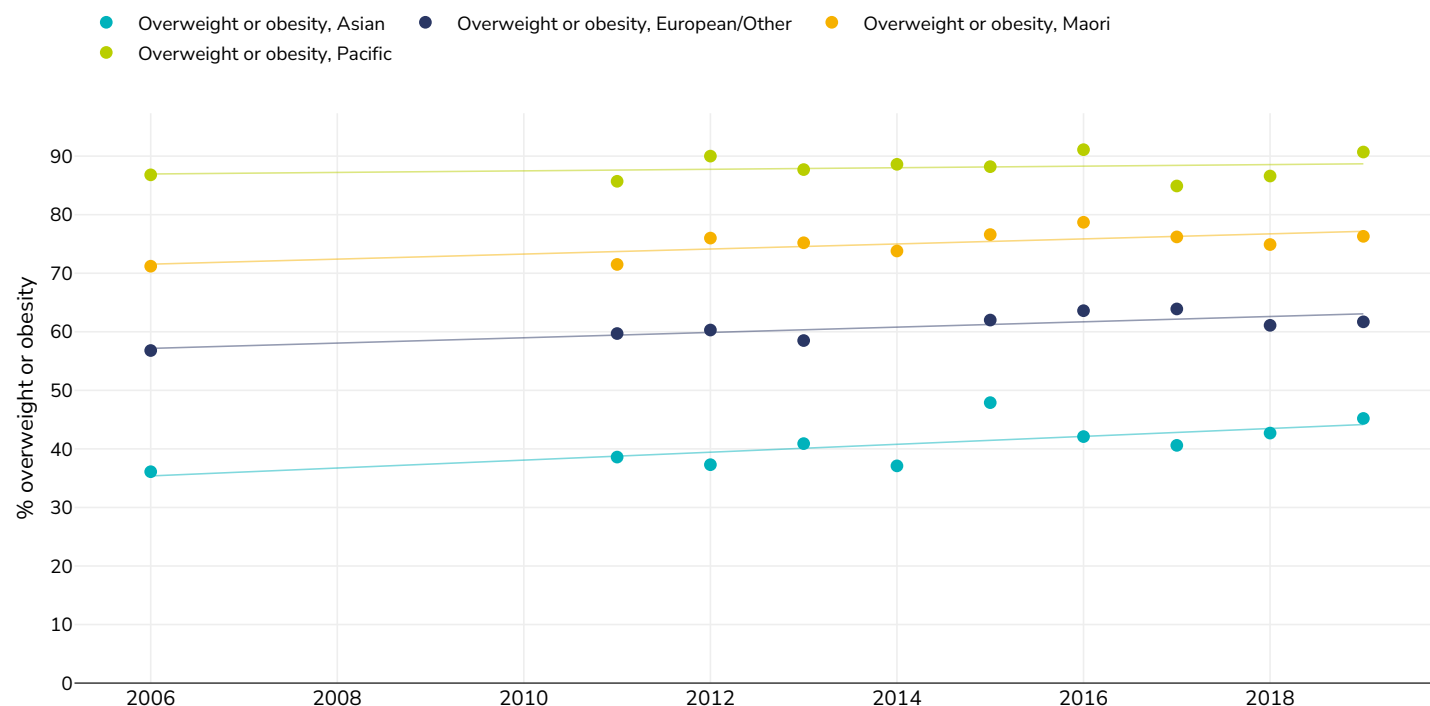
- References:**
- 2006: Gerritsen S, Stefanogiannis N, Galloway Y, Devlin M, Templaton R and Yeh L. A portrait of health: key results of the 2006/07 New Zealand Health Survey.
 - 2011: New Zealand Health Survey 2011/12. <https://minhealthnz.shinyapps.io/nz-health-survey-2023-24-annual-data-explorer/> (last accessed 20.08.25)
 - 2012: New Zealand Health Survey 2012/13. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
 - 2013: <http://www.health.govt.nz/publication/annual-update-key-results-2013-14-new-zealand-health-survey>
 - 2014: New Zealand Health Survey 2014/15. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
 - 2015: New Zealand Health Survey 2015-2016. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
 - 2016: Ministry of Health. 2018. Annual Data Explorer 2017/18: New Zealand Health Survey [Data File]. URL: <https://minhealthnz.shinyapps.io/nz-health-survey-2017-18-annual-data-explorer/> (last accessed 20.08.25)
 - 2017: Ministry of Health. 2018. Annual Data Explorer 2017/18: New Zealand Health Survey [Data File]. URL: <https://minhealthnz.shinyapps.io/nz-health-survey-2017-18-annual-data-explorer/> (Last accessed 20.08.25)
 - 2018: New Zealand Health Survey 2018-19. New Zealand Ministry of Health (https://minhealthnz.shinyapps.io/nz-health-survey-2018-19-annual-data-explorer/_w_b396d161/#!/key-indicators accessed 14.11.19)
 - 2019: New Zealand Health Survey 2019/20. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
 - 2020: Annual Update of New Zealand Health Survey 2020/2021 available at <https://www.health.govt.nz/publication/annual-update-key-results-2020-21-new-zealand-health-survey> Accessed 08.11.21.
 - 2022: Annual Update of Key Results 2022/23: New Zealand Health Survey. <https://www.health.govt.nz/publication/annual-update-key-results-2022-23-new-zealand-health-survey> [Last accessed 20.08.25]
 - 2023: Annual Update of Key Results 2023/24: New Zealand Health Survey. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with overweight and obesity by ethnicity in New Zealand 2006-2023

Women



Survey type:

Measured

References: 2006, 2011, 2012, 2013, 2015, 2016, 2017, 2018: New Zealand Health Survey. <https://www.health.govt.nz/publication/annual-update-key-results-2018-19-new-zealand-health-survey> (last accessed 14.07.20)

2014: New Zealand Health Survey 2014-2015. <https://www.health.govt.nz/publication/annual-update-key-results-2014-15-new-zealand-health-survey> (last accessed 16.12.2015)

2019: Annual Update of New Zealand Health Survey 2019/20 available at <https://ministryofhealthnewzealand.cmail19.com/t/i-l-mjrkhiil-yhhldiiiiid-r/> (last accessed 19.11.20)

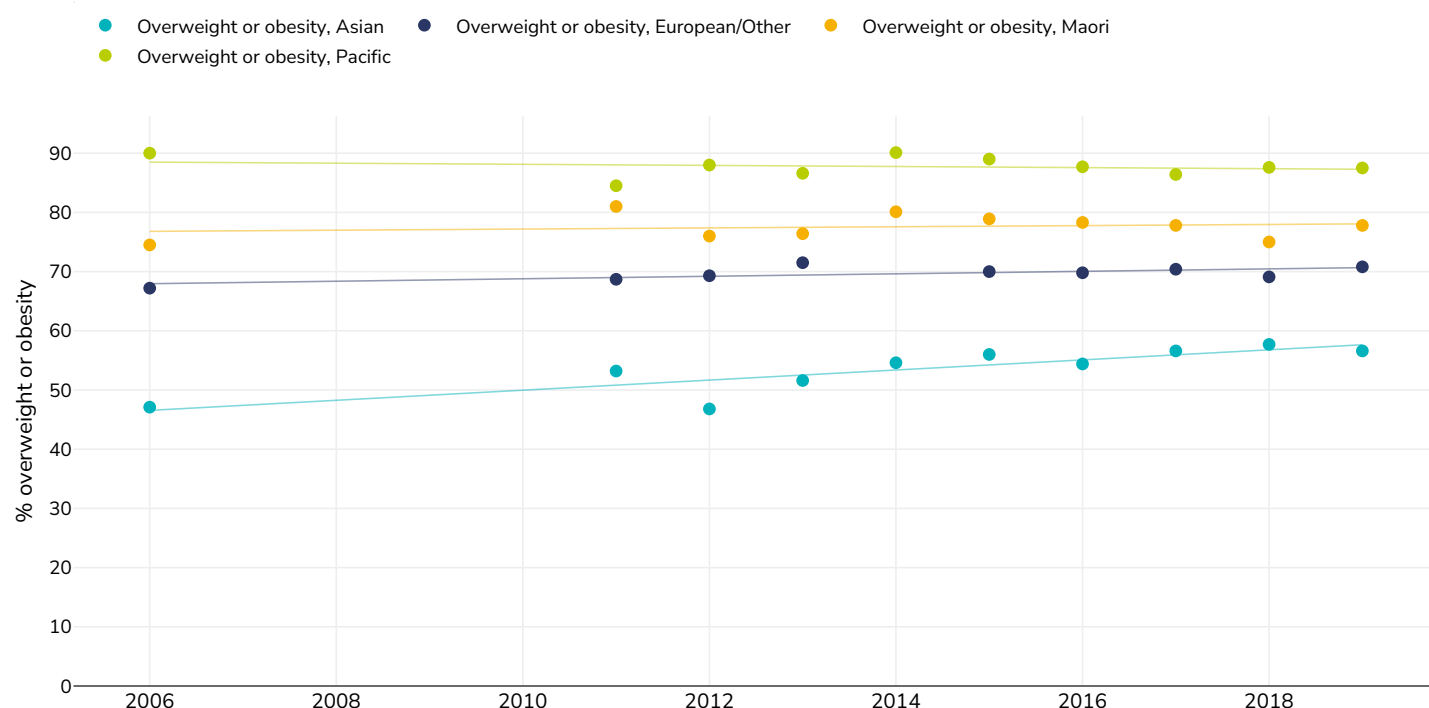
2020: Annual Update of New Zealand Health Survey 2020/2021 available at <https://www.health.govt.nz/publication/annual-update-key-results-2020-21-new-zealand-health-survey>. Accessed 08.11.21.

2022: Annual Update of Key Results 2022/23: New Zealand Health Survey. <https://www.health.govt.nz/publication/annual-update-key-results-2022-23-new-zealand-health-survey> (Accessed 18.12.23)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Men



Survey type:

Measured

References:

2006, 2011, 2012, 2013, 2015, 2016, 2017, 2018: New Zealand Health Survey. <https://www.health.govt.nz/publication/annual-update-key-results-2018-19-new-zealand-health-survey> (last accessed 14.07.20)

2014: New Zealand Health Survey 2014-2015. <https://www.health.govt.nz/publication/annual-update-key-results-2014-15-new-zealand-health-survey> (last accessed 16.12.2015)

2019: Annual Update of New Zealand Health Survey 2019/20 available at <https://ministryofhealthnewzealand.cmail19.com/t/i-l-mjrkhil-yhhldiiiid-r/> (last accessed 19.11.20)

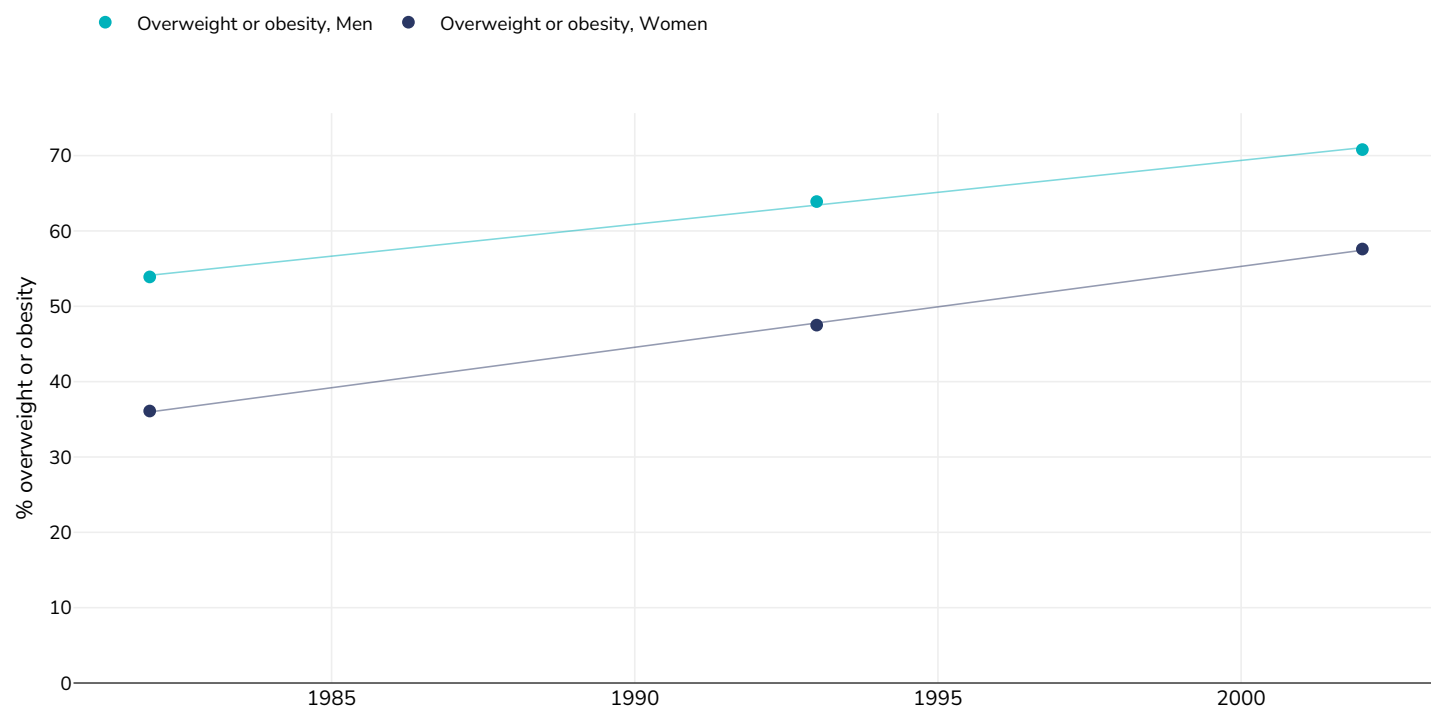
2020: Annual Update of New Zealand Health Survey 2020/2021 available at <https://www.health.govt.nz/publication/annual-update-key-results-2020-21-new-zealand-health-survey>. Accessed 08.11.21.

2022: Annual Update of Key Results 2022/23: New Zealand Health Survey. <https://www.health.govt.nz/publication/annual-update-key-results-2022-23-new-zealand-health-survey> (Accessed 18.12.23)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with overweight or obesity in New Zealand 1982-2002



Survey type:

Measured

References:

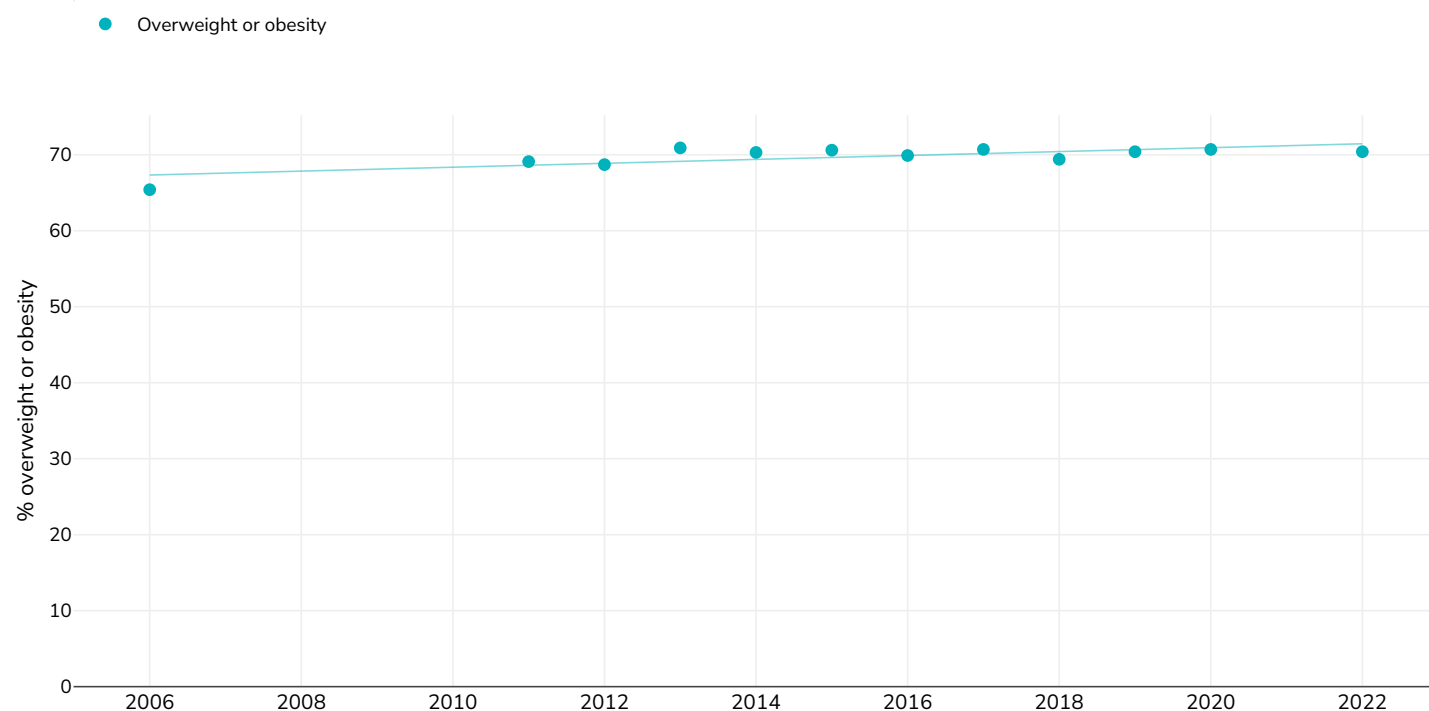
Metcalf P, Scragg R, Schaaf D, Dyall L, Black P, Jackson R. Trends in major cardiovascular risk factors in Auckland, New Zealand: 1982 to 2002-2003. The New Zealand Medical Journal 2006;119

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with overweight or obesity in New Zealand 2006-2023

Men



Survey type:

Measured

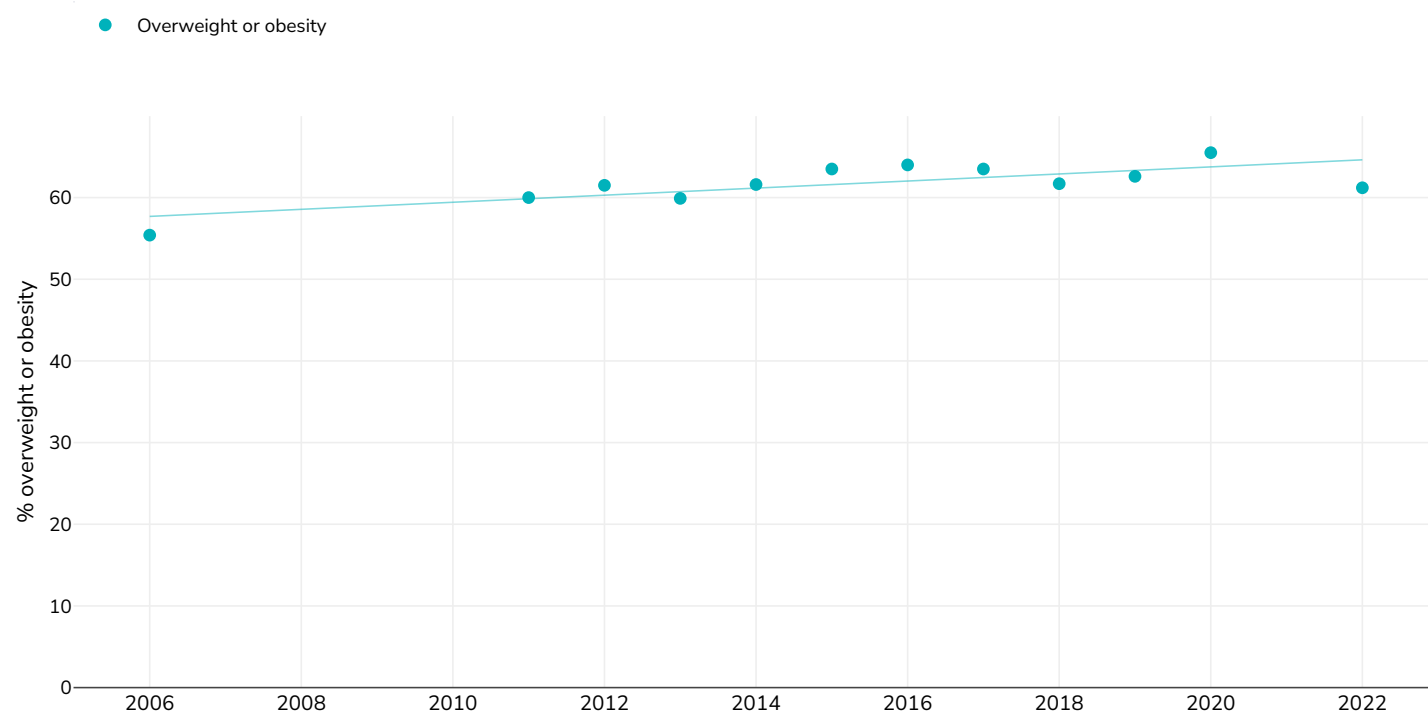
References:

- 2006: Gerritsen S, Stefanogiannis N, Galloway Y, Devlin M, Templaton R and Yeh L. A portrait of health: key results of the 2006/07 New Zealand Health Survey.
- 2011: New Zealand Health Survey 2011/12. <https://minhealthnz.shinyapps.io/nz-health-survey-2023-24-annual-data-explorer/> (last accessed 20.08.25)
- 2012: New Zealand Health Survey 2012/13. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
- 2013: <http://www.health.govt.nz/publication/annual-update-key-results-2013-14-new-zealand-health-survey>
- 2014: New Zealand Health Survey 2014/15. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
- 2015: New Zealand Health Survey 2015-2016. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
- 2016: Ministry of Health. 2018. Annual Data Explorer 2017/18: New Zealand Health Survey [Data File]. URL: <https://minhealthnz.shinyapps.io/nz-health-survey-2017-18-annual-data-explorer/> (last accessed 20.08.25)
- 2017: Ministry of Health. 2018. Annual Data Explorer 2017/18: New Zealand Health Survey [Data File]. URL: <https://minhealthnz.shinyapps.io/nz-health-survey-2017-18-annual-data-explorer/> (Last accessed 20.08.25)
- 2018: New Zealand Health Survey 2018-19. New Zealand Ministry of Health (https://minhealthnz.shinyapps.io/nz-health-survey-2018-19-annual-data-explorer/_w_b396d161/#!/key-indicators accessed 14.11.19)
- 2019: New Zealand Health Survey 2019/20. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
- 2020: Annual Update of New Zealand Health Survey 2020/2021 available at <https://www.health.govt.nz/publication/annual-update-key-results-2020-21-new-zealand-health-survey> Accessed 08.11.21.
- 2022: Annual Update of Key Results 2022/23: New Zealand Health Survey. <https://www.health.govt.nz/publication/annual-update-key-results-2022-23-new-zealand-health-survey> [Last accessed 20.08.25]

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Women



Survey type: Measured

References:

2006: Gerritsen S, Stefanogiannis N, Galloway Y, Devlin M, Templatton R and Yeh L. A portrait of health: key results of the 2006/07 New Zealand Health Survey.

2011: New Zealand Health Survey 2011/12. <https://minhealthnz.shinyapps.io/nz-health-survey-2023-24-annual-data-explorer/> (last accessed 20.08.25)

2012: New Zealand Health Survey 2012/13. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]

2013: <http://www.health.govt.nz/publication/annual-update-key-results-2013-14-new-zealand-health-survey>

2014: New Zealand Health Survey 2014/15. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]

2015: New Zealand Health Survey 2015-2016. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]

2016: Ministry of Health. 2018. Annual Data Explorer 2017/18: New Zealand Health Survey [Data File]. URL: <https://minhealthnz.shinyapps.io/nz-health-survey-2017-18-annual-data-explorer/> (last accessed 20.08.25)

2017: Ministry of Health. 2018. Annual Data Explorer 2017/18: New Zealand Health Survey [Data File]. URL: <https://minhealthnz.shinyapps.io/nz-health-survey-2017-18-annual-data-explorer/> (Last accessed 20.08.25)

2018: New Zealand Health Survey 2018-19. New Zealand Ministry of Health (https://minhealthnz.shinyapps.io/nz-health-survey-2018-19-annual-data-explorer/_w_b396d161/#/!key-indicators accessed 14.11.19)

2019: New Zealand Health Survey 2019/20. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]

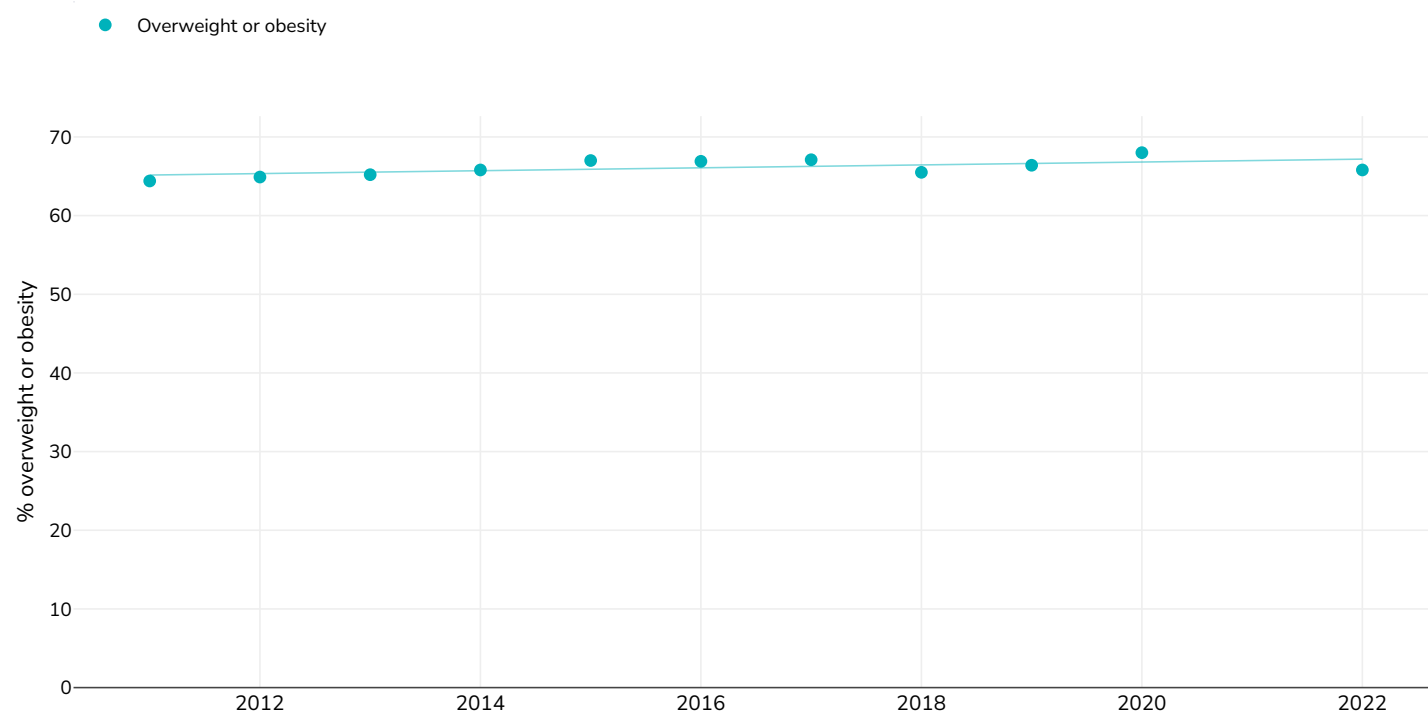
2020: Annual Update of New Zealand Health Survey 2020/2021 available at <https://www.health.govt.nz/publication/annual-update-key-results-2020-21-new-zealand-health-survey> Accessed 08.11.21.

2022: Annual Update of Key Results 2022/23: New Zealand Health Survey. <https://www.health.govt.nz/publication/annual-update-key-results-2022-23-new-zealand-health-survey> [Last accessed 20.08.25]

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Men and women



Survey type: Measured

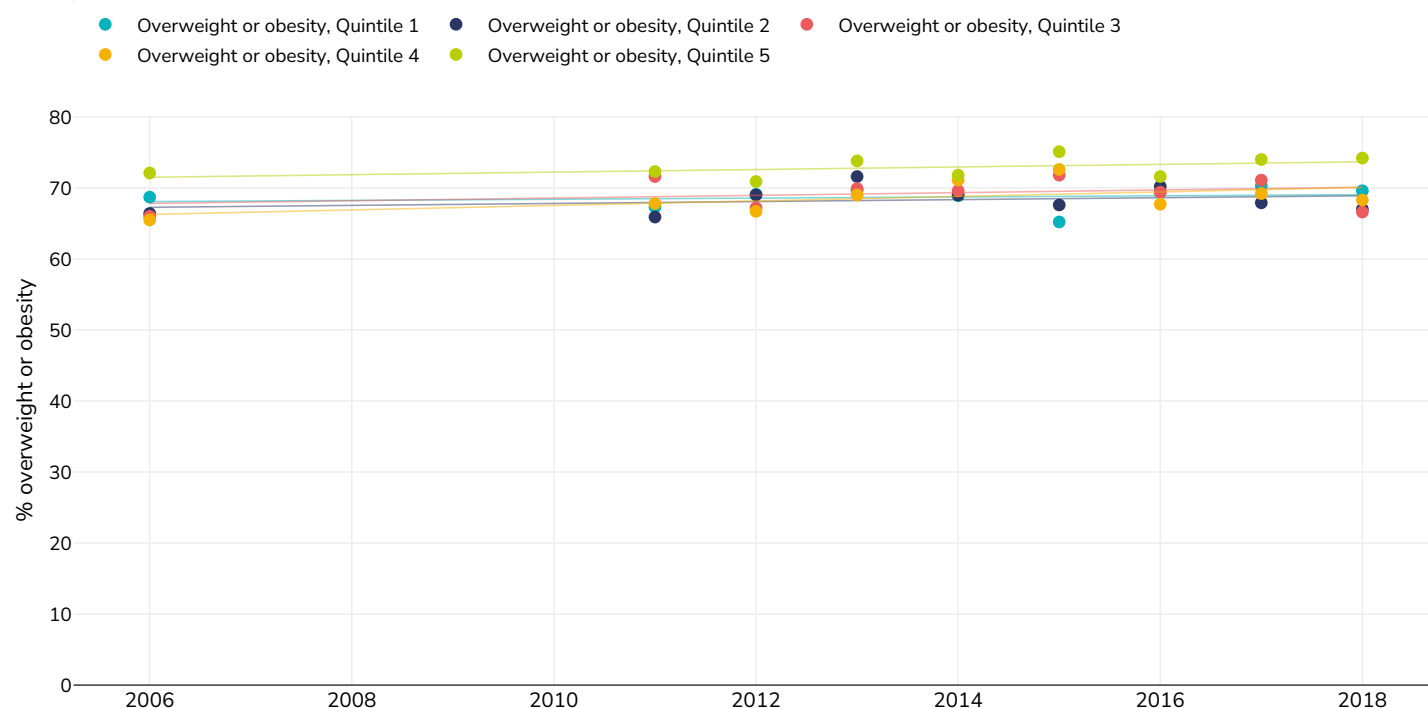
- References:
- 2006: Gerritsen S, Stefanogiannis N, Galloway Y, Devlin M, Templatton R and Yeh L. A portrait of health: key results of the 2006/07 New Zealand Health Survey.
 - 2011: New Zealand Health Survey 2011/12. <https://minhealthnz.shinyapps.io/nz-health-survey-2023-24-annual-data-explorer/> (last accessed 20.08.25)
 - 2012: New Zealand Health Survey 2012/13. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
 - 2013: <http://www.health.govt.nz/publication/annual-update-key-results-2013-14-new-zealand-health-survey>
 - 2014: New Zealand Health Survey 2014/15. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
 - 2015: New Zealand Health Survey 2015-2016. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
 - 2016: Ministry of Health. 2018. Annual Data Explorer 2017/18: New Zealand Health Survey [Data File]. URL: <https://minhealthnz.shinyapps.io/nz-health-survey-2017-18-annual-data-explorer/> (last accessed 20.08.25)
 - 2017: Ministry of Health. 2018. Annual Data Explorer 2017/18: New Zealand Health Survey [Data File]. URL: <https://minhealthnz.shinyapps.io/nz-health-survey-2017-18-annual-data-explorer/> (Last accessed 20.08.25)
 - 2018: New Zealand Health Survey 2018-19. New Zealand Ministry of Health (https://minhealthnz.shinyapps.io/nz-health-survey-2018-19-annual-data-explorer/_w_b396d161/#/key-indicators accessed 14.11.19)
 - 2019: New Zealand Health Survey 2019/20. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]
 - 2020: Annual Update of New Zealand Health Survey 2020/2021 available at <https://www.health.govt.nz/publication/annual-update-key-results-2020-21-new-zealand-health-survey> Accessed 08.11.21.
 - 2022: Annual Update of Key Results 2022/23: New Zealand Health Survey. <https://www.health.govt.nz/publication/annual-update-key-results-2022-23-new-zealand-health-survey> [Last accessed 20.08.25]

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with overweight or obesity in New Zealand by socioeconomic group 2006-2019

Men



Survey type:

Measured

References:

2006, 2011, 2012, 2013, 2016, 2018: New Zealand Health Survey. <https://www.health.govt.nz/publication/annual-update-key-results-2018-19-new-zealand-health-survey> (last accessed 14.07.20)

2014: New Zealand Health Survey 2014-2015. <https://www.health.govt.nz/publication/annual-update-key-results-2014-15-new-zealand-health-survey> (last accessed 16.12.2015)

2015: New Zealand Health Survey 2015-2016. Available at: <http://www.health.govt.nz/publication/annual-update-key-results-2015-16-new-zealand-health-survey> (Accessed 15 December 2016)

2017: Ministry of Health. 2018. Annual Data Explorer 2017/18: New Zealand Health Survey [Data File]. URL: <https://minhealthnz.shinyapps.io/nz-health-survey-2017-18-annual-data-explorer/> (Accessed 15.04.19)

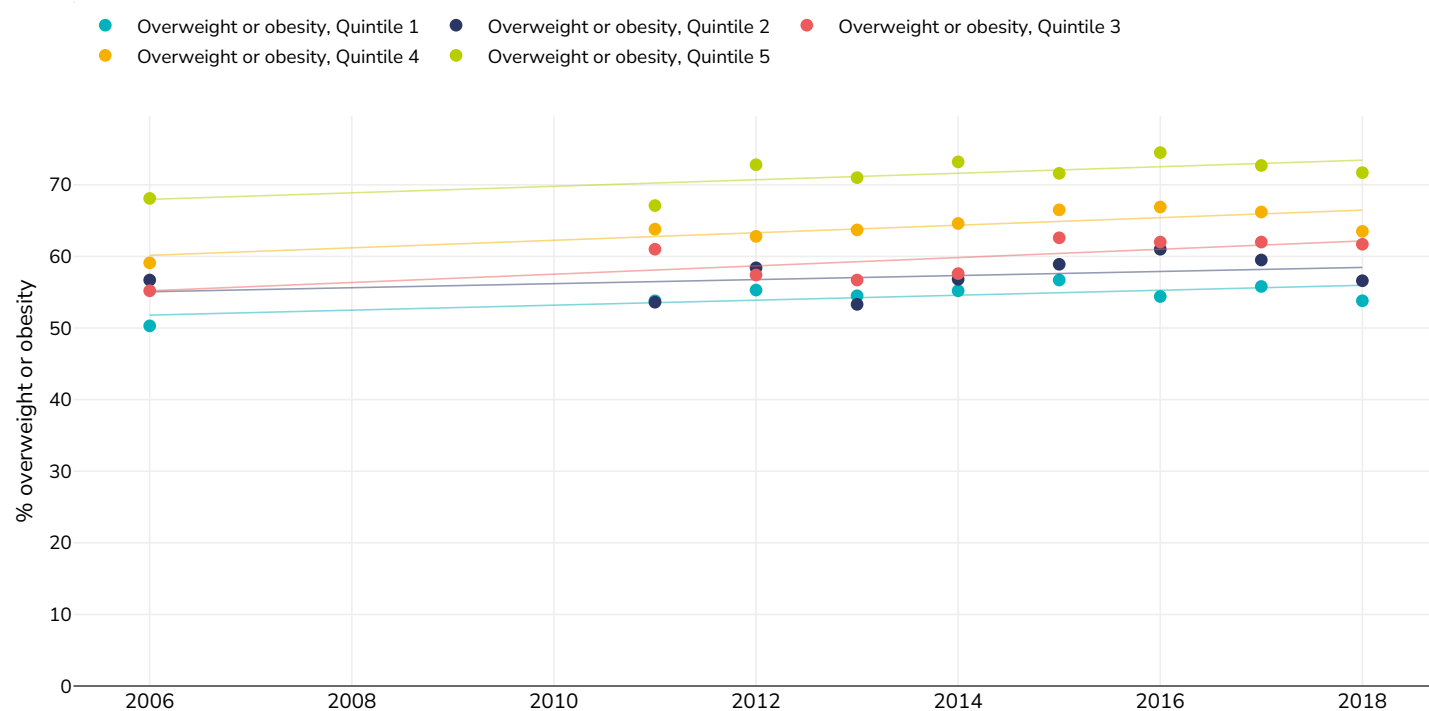
Notes:

Quintile 1 = Least deprived areas, Quintile = 5 Most deprived areas

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Women



Survey type:

Measured

References:

2006, 2011, 2012, 2013, 2016, 2018: New Zealand Health Survey. <https://www.health.govt.nz/publication/annual-update-key-results-2018-19-new-zealand-health-survey> (last accessed 14.07.20)

2014: New Zealand Health Survey 2014-2015. <https://www.health.govt.nz/publication/annual-update-key-results-2014-15-new-zealand-health-survey> (last accessed 16.12.2015)

2015: New Zealand Health Survey 2015-2016. Available at: <http://www.health.govt.nz/publication/annual-update-key-results-2015-16-new-zealand-health-survey> (Accessed 15 December 2016)

2017: Ministry of Health. 2018. Annual Data Explorer 2017/18: New Zealand Health Survey [Data File]. URL: <https://minhealthnz.shinyapps.io/nz-health-survey-2017-18-annual-data-explorer/> (Accessed 15.04.19)

Notes:

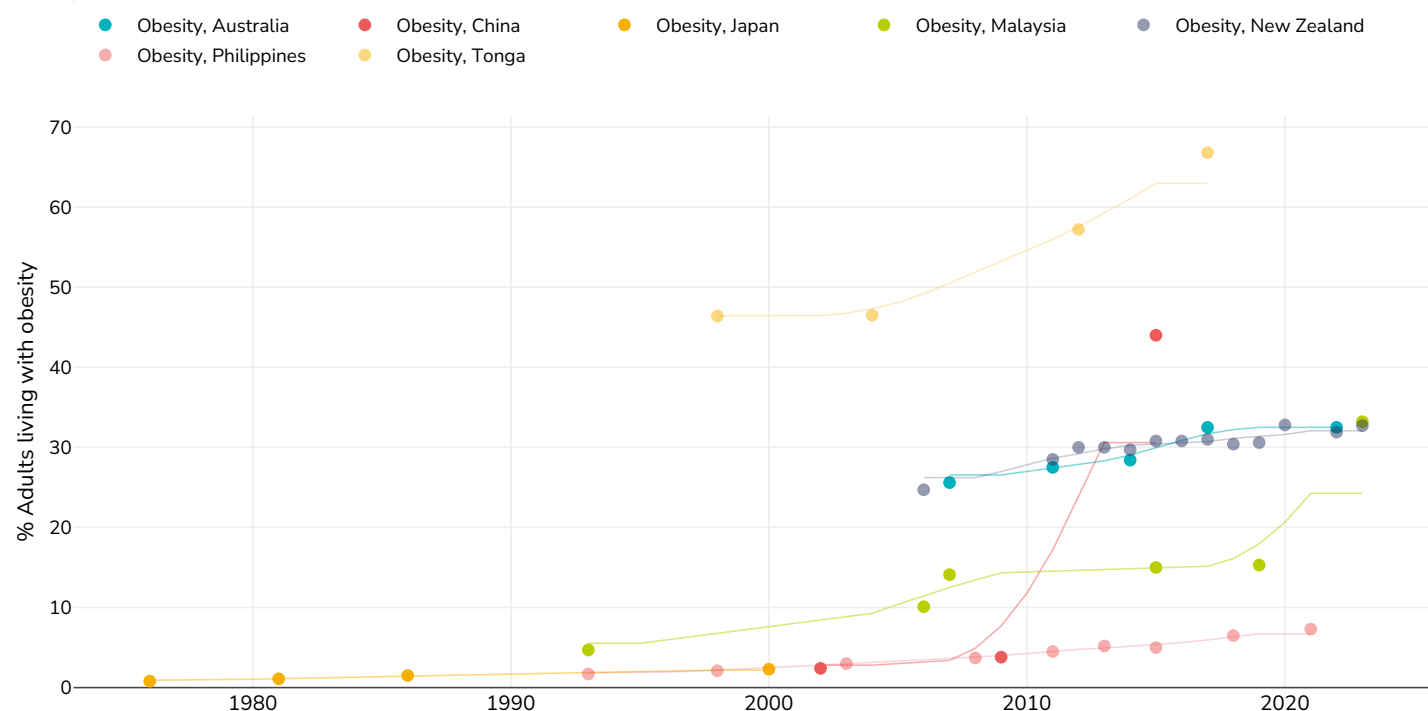
Quintile 1 = Least deprived areas, Quintile = 5 Most deprived areas

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

**% Adults living with obesity in selected countries in the Asia/Oceania
Region 1975-2019, selected countries**

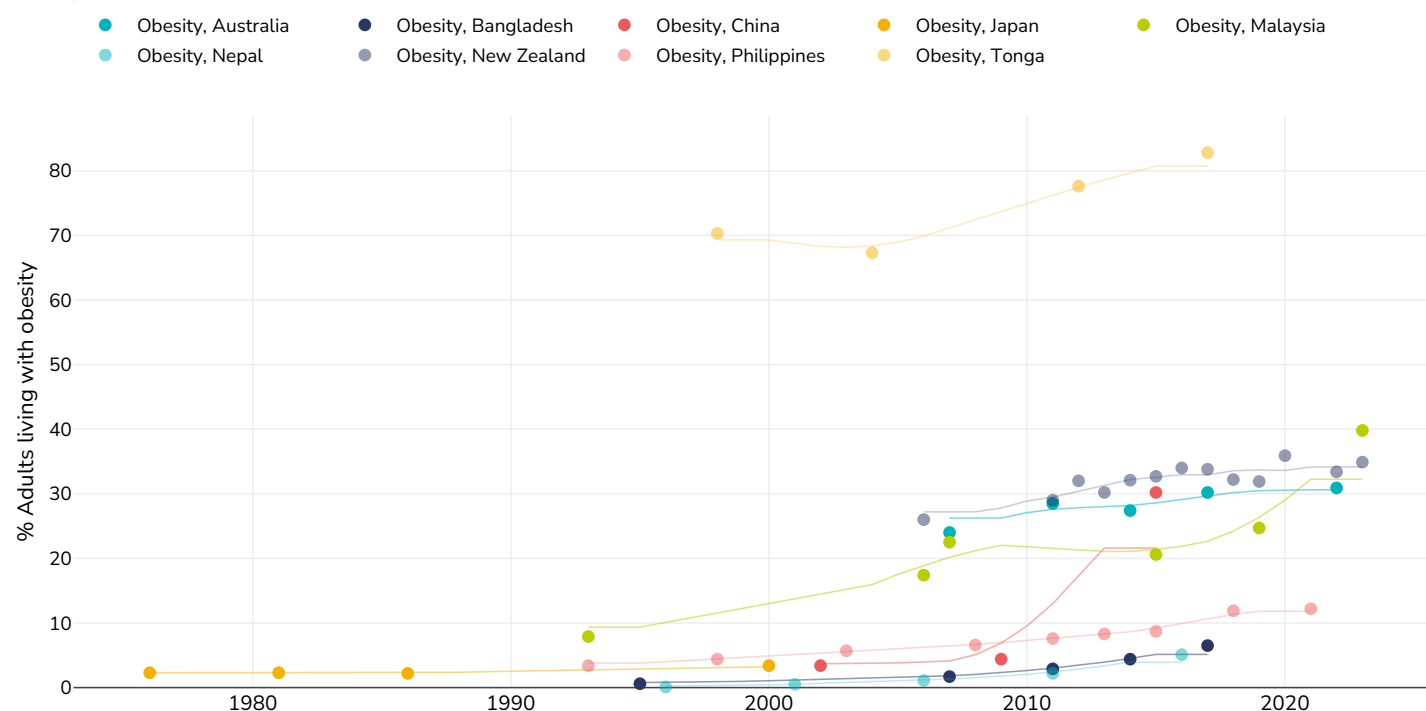
Men



- References:**
- 1976, 1981, 1986: Yoshiike N, Seino F, Tajima S, Arai Y, Kawano M, Furuhashi T, Inoue S. Twenty-year changes in the prevalence of overweight in Japanese adults: The National Nutrition Survey 1976-95. *Obesity Reviews* 2002;3:183-190
 - 1993: Ismail MN, Zawiah H, Chee SS, Ng KK. Prevalence of obesity and chronic energy deficiency (CED) in adult Malaysians. *Malays J Nutrition*. 1995; 1:1-9
 - 1995, 1996: Martorell R, Khan LK, Hughes ML, Grummer Strawn LM. Obesity in women from developing countries. *EJCN* (2000) 54:247-252
 - 1998: Data provided by the Philippine Department of Health, Dr C. Barbu, data reanalysed by Dr Charmaine Duante.
 - 2000: Asia Pacific Cohort Studies Collaboration. The burden of overweight and obesity in the Asia-Pacific region. *Obesity Reviews* 2007;8:191-196.
 - 2001: SCN (2004). 5th Report on the World Nutrition Situation. Nutrition for Improved Development Outcomes. Appendix 11
 - 2002: Report of the 2002 China National Nutrition and Health Survey. 2004. (In Chinese). Chinese Ministry of Public Health (CMPH).
 - 2003: <http://www.fnri.dost.gov.ph/files/fnri%20files/nns/factsandfigures2003/anthropometric.pdf> (last accessed June 14th 2011)
 - 2004: Tonga STEPS Survey 2004
 - 2005: Chang HC, Yang HC, Chang HY, et al. Morbid obesity in Taiwan: Prevalence, trends, associated social demographics, and lifestyle factors. *PLoS One*. 2017;12(2):e0169577. Published 2017 Feb 2. doi:10.1371/journal.pone.0169577
 - 2006: Gerritsen S, Stefanogiannis N, Galloway Y, Devlin M, Templaton R and Yeh L. A portrait of health: key results of the 2006/07 New Zealand Health Survey.
 - 2007: National Institute of Population Research and Training (NIPORT), Mitra and Associates, and Macro International. 2008. Bangladesh Demographic and Health Survey 2007: Key Findings. Calverton, Maryland, USA: NIPORT, Mitra and Associates, and Macro International.
 - 2008: Food and Nutrition Research Institute-Department of Science and Technology (FNRI-DOST). 2010. Philippine Nutrition Facts and Figures 2008. DOST Complex, FNRI Bldg., Bicutan, Taguig City, Metro Manila, Philippines.
 - 2009: Yan, S., Li, J., Li, S., Zhang, B., Du, S., Gordon-Larsen, P., Adair, L. and Popkin, B. (2012), The expanding burden of cardiometabolic risk in China: the China Health and Nutrition Survey. *Obesity Reviews*. doi: 10.1111/j.1467-789X.2012.01016.x
 - 2011: Food and Nutrition Research Institute – Department of Science and Technology (FNRI-DOST). 2012. Philippine Nutrition Facts and Figures 2011. DOST Complex, FNRI Bldg., Bicutan, Taguig City, Metro Manila, Philippines. <https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2011> [Accessed 14.07.25]
 - 2012: STEPS Survey Tonga 2012 available at https://www.who.int/ncds/surveillance/steps/2012_Tonga_STEPSReport.pdf (last accessed 04.05.2020)
 - 2013: <http://www.health.govt.nz/publication/annual-update-key-results-2013-14-new-zealand-health-survey>
 - 2014: Australian National Health Survey, 2014-15 First Results. Australian Bureau of Statistics. <http://www.abs.gov.au/ausstats/abs@.nsf/Latestproducts/4364.0.55.001Appendix22014-15?opendocument&tabname=Notes&prodno=4364.0.55.001&issue=2014-15&num=&view=> (last accessed 27th September 2017)
 - 2015: Li, Y., Teng, D., Shi, X., Teng, X., Teng, W., Shan, Z., Lai, Y. and China National Diabetes and Metabolic Disorders Study Group, 2015. China National Diabetes and Metabolic Disorders Study Group. *Diabetes* 2015; 64: 1831-1838

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Women

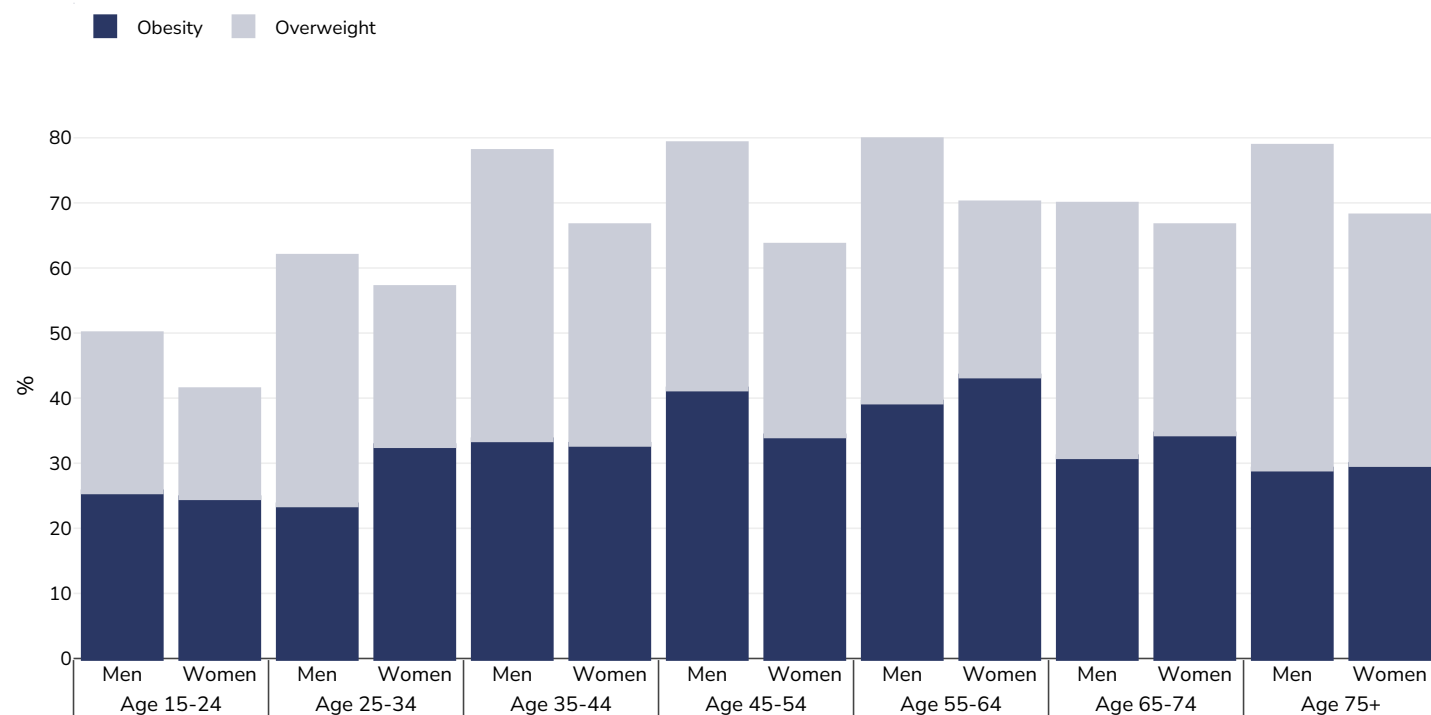


- References:**
- 1976, 1981, 1986: Yoshiike N, Seino F, Tajima S, Arai Y, Kawano M, Furuhashi T, Inoue S. Twenty-year changes in the prevalence of overweight in Japanese adults: The National Nutrition Survey 1976-95. *Obesity Reviews* 2002;3:183-190
 - 1993: Ismail MN, Zawiah H, Chee SS, Ng KK. Prevalence of obesity and chronic energy deficiency (CED) in adult Malaysians. *Malays J Nutrition*. 1995; 1:1-9
 - 1995, 1996: Martorell R, Khan LK, Hughes ML, Grummer Strawn LM. Obesity in women from developing countries. *EJCN* (2000) 54:247-252
 - 1998: Data provided by the Philippine Department of Health, Dr C. Barbu, data reanalysed by Dr Charmaine Duante.
 - 2000: Asia Pacific Cohort Studies Collaboration. The burden of overweight and obesity in the Asia-Pacific region. *Obesity Reviews* 2007;8:191-196.
 - 2001: SCN (2004). 5th Report on the World Nutrition Situation. Nutrition for Improved Development Outcomes. Appendix 11
 - 2002: Report of the 2002 China National Nutrition and Health Survey. 2004. (In Chinese). Chinese Ministry of Public Health (CMPH).
 - 2003: <http://www.fnri.dost.gov.ph/files/fnri%20files/nns/factsandfigures2003/anthropometric.pdf> (last accessed June 14th 2011)
 - 2004: Tonga STEPS Survey 2004
 - 2005: Chang HC, Yang HC, Chang HY, et al. Morbid obesity in Taiwan: Prevalence, trends, associated social demographics, and lifestyle factors. *PLoS One*. 2017;12(2):e0169577. Published 2017 Feb 2. doi:10.1371/journal.pone.0169577
 - 2006: Gerritsen S, Stefanogiannis N, Galloway Y, Devlin M, Templaton R and Yeh L. A portrait of health: key results of the 2006/07 New Zealand Health Survey.
 - 2007: National Institute of Population Research and Training (NIPORT), Mitra and Associates, and Macro International. 2008. Bangladesh Demographic and Health Survey 2007: Key Findings. Calverton, Maryland, USA: NIPORT, Mitra and Associates, and Macro International.
 - 2008: Food and Nutrition Research Institute-Department of Science and Technology (FNRI-DOST). 2010. Philippine Nutrition Facts and Figures 2008. DOST Complex, FNRI Bldg., Bicutan, Taguig City, Metro Manila, Philippines.
 - 2009: Yan, S., Li, J., Li, S., Zhang, B., Du, S., Gordon-Larsen, P., Adair, L. and Popkin, B. (2012), The expanding burden of cardiometabolic risk in China: the China Health and Nutrition Survey. *Obesity Reviews*. doi: 10.1111/j.1467-789X.2012.01016.x
 - 2011: Food and Nutrition Research Institute – Department of Science and Technology (FNRI-DOST). 2012. Philippine Nutrition Facts and Figures 2011. DOST Complex, FNRI Bldg., Bicutan, Taguig City, Metro Manila, Philippines. <https://enutrition.fnri.dost.gov.ph/facts-and-figures.php?year=2011> [Accessed 14.07.25]
 - 2012: STEPS Survey Tonga 2012 available at https://www.who.int/ncds/surveillance/steps/2012_Tonga_STEPSReport.pdf (last accessed 04.05.2020)
 - 2013: <http://www.health.govt.nz/publication/annual-update-key-results-2013-14-new-zealand-health-survey>
 - 2014: Australian National Health Survey, 2014-15 First Results. Australian Bureau of Statistics. <http://www.abs.gov.au/ausstats/abs@.nsf/Latestproducts/4364.0.55.001Appendix22014-15?opendocument&tabname=Notes&prodno=4364.0.55.001&issue=2014-15&num=&view=> (last accessed 27th September 2017)
 - 2015: Li, Y., Teng, D., Shi, X., Teng, X., Teng, W., Shan, Z., Lai, Y. and China National Diabetes and Metabolic Disorders Study Group, 2015. Prevalence of diabetes and metabolic disorders in China: a cross-sectional study. *Lancet*. 2015;386(10001):2131-2142.

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Overweight/obesity by age

Adults, 2023-2024



Survey type: Measured

Sample size: 9719

Area covered: National

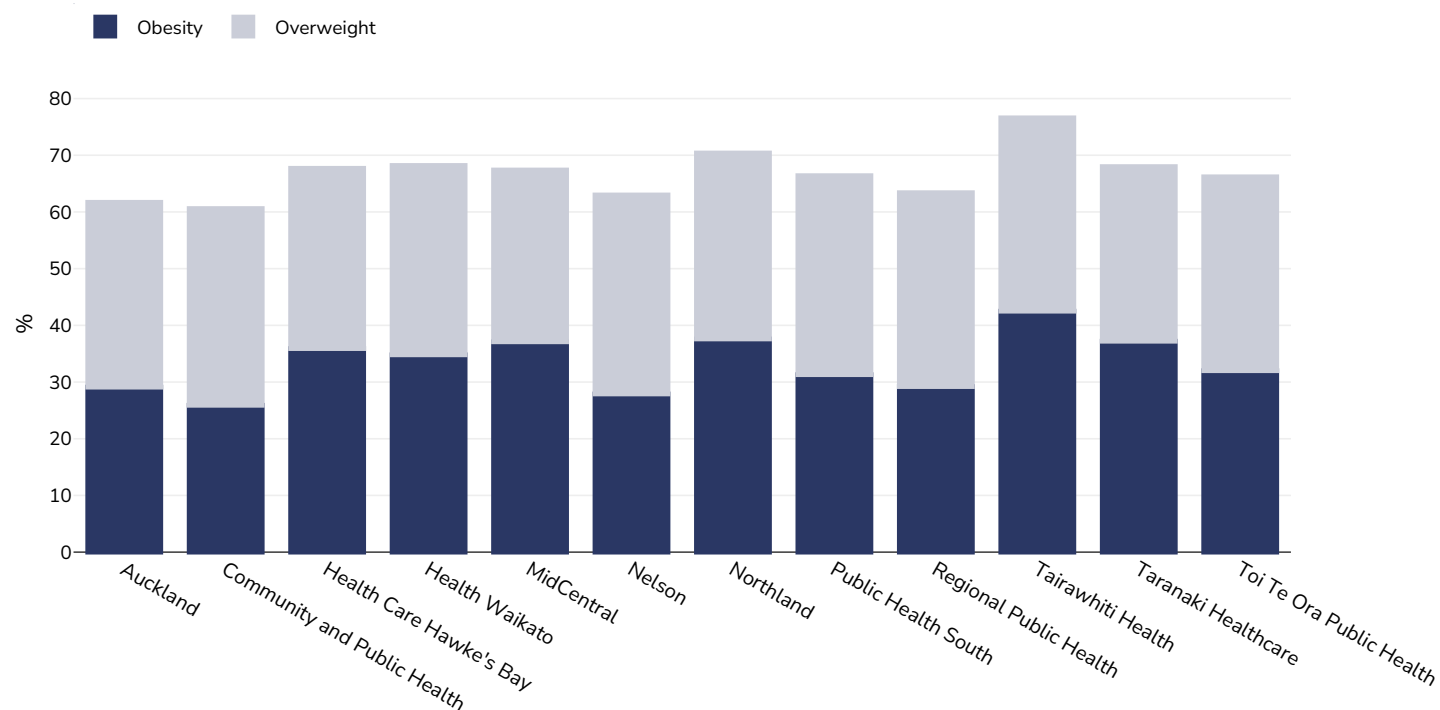
References: Annual Update of Key Results 2023/24: New Zealand Health Survey. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]

Definitions: Overweight/Obesity based on standard WHO adult cut-offs except for 15-17 year olds where IOTF International cutoffs are used

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Overweight/obesity by region

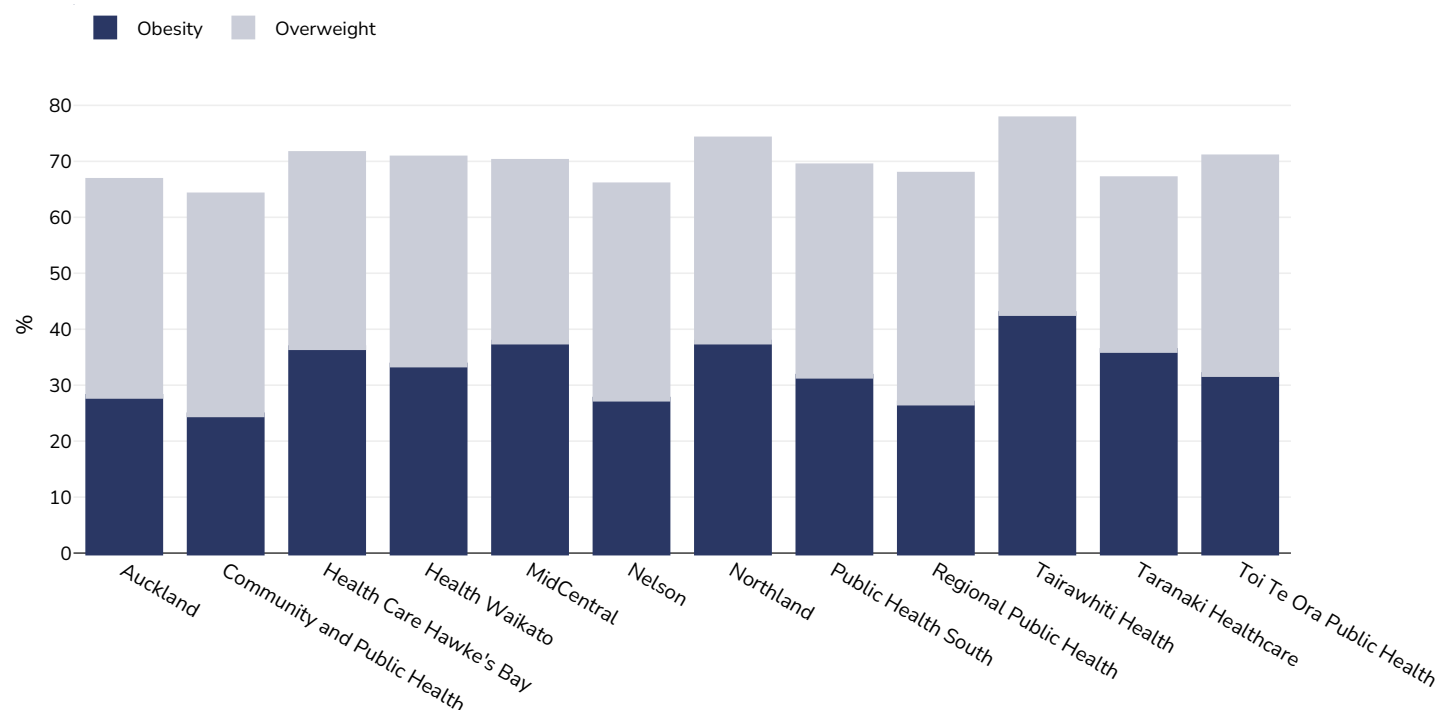
Adults, 2017-2019



Survey type:	Measured
Age:	15+
Sample size:	68580
Area covered:	National
References:	Ministry of Health. 2021. Regional Data Explorer 2017–2020: New Zealand Health Survey [Data File]. URL: https://minhealthnz.shinyapps.io/nz-health-survey-2017-2020-regional-update
Notes:	Some region names have been shortened, see survey for full region names

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Men, 2017-2019



Survey type: Measured

Age: 15+

Sample size: 68580

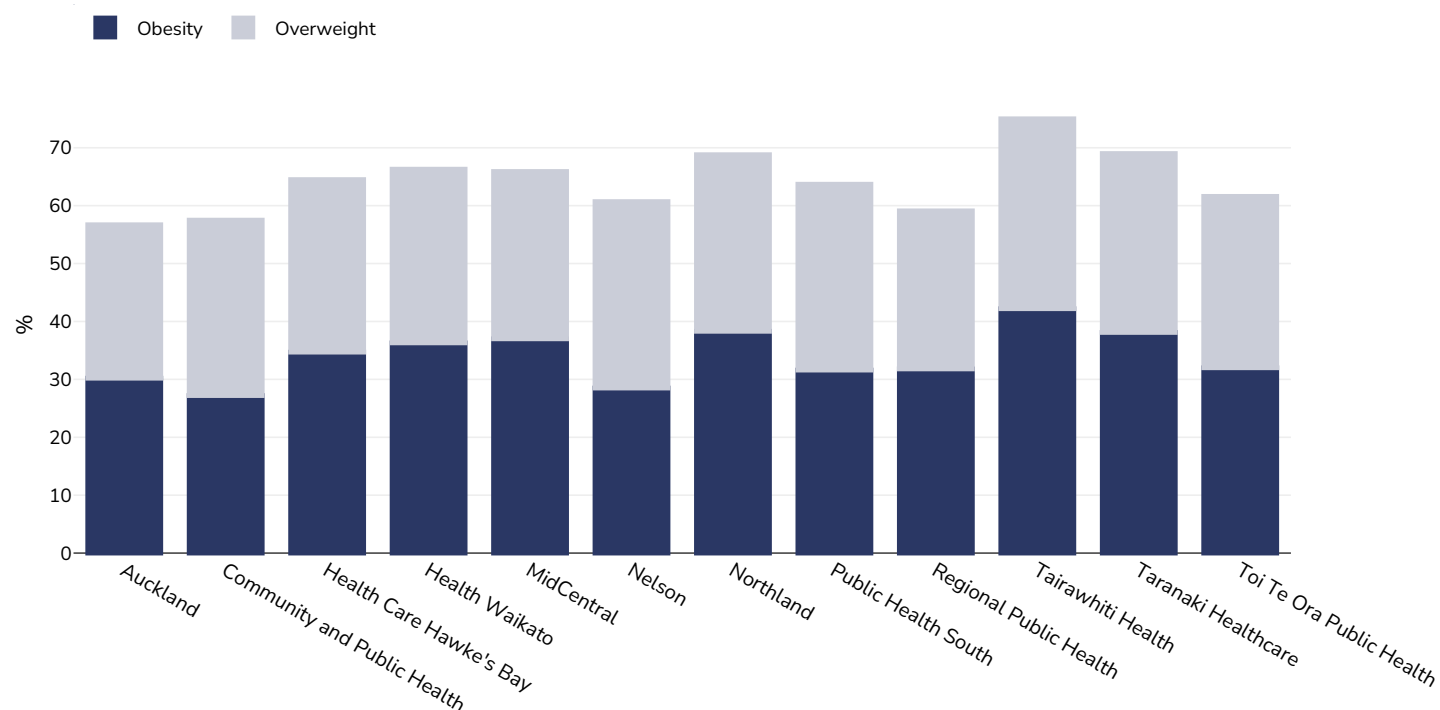
Area covered: National

References: Ministry of Health. 2021. Regional Data Explorer 2017–2020: New Zealand Health Survey [Data File]. URL: <https://minhealthnz.shinyapps.io/nz-health-survey-2017-2020-regional-update>

Notes: Some region names have been shortened, see survey for full region names

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2017-2019



Survey type: Measured

Age: 15+

Sample size: 68580

Area covered: National

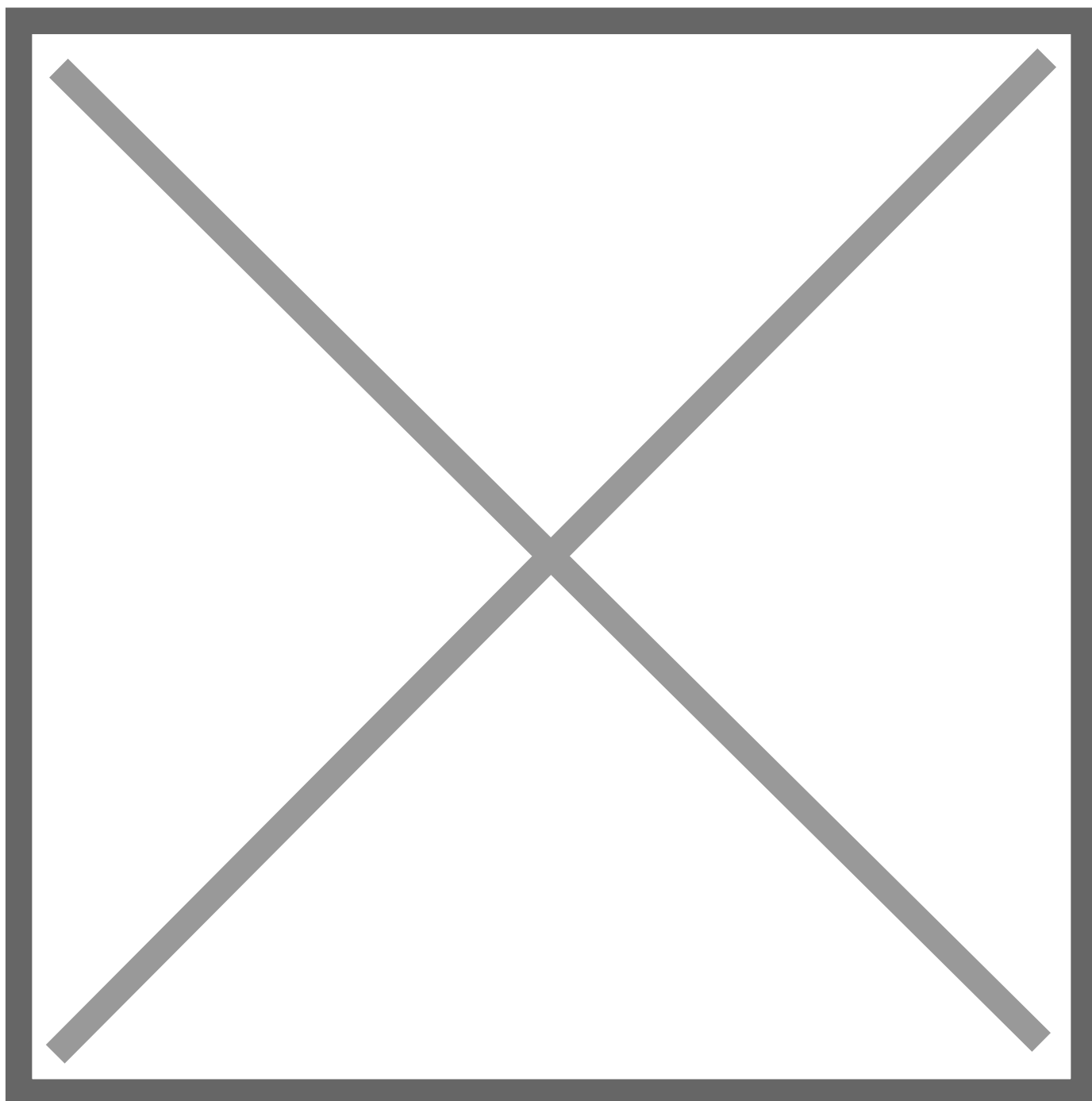
References: Ministry of Health. 2021. Regional Data Explorer 2017–2020: New Zealand Health Survey [Data File]. URL: <https://minhealthnz.shinyapps.io/nz-health-survey-2017-2020-regional-update>

Notes: Some region names have been shortened, see survey for full region names

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Overweight/obesity by socio-economic group

Men, 2023-2024



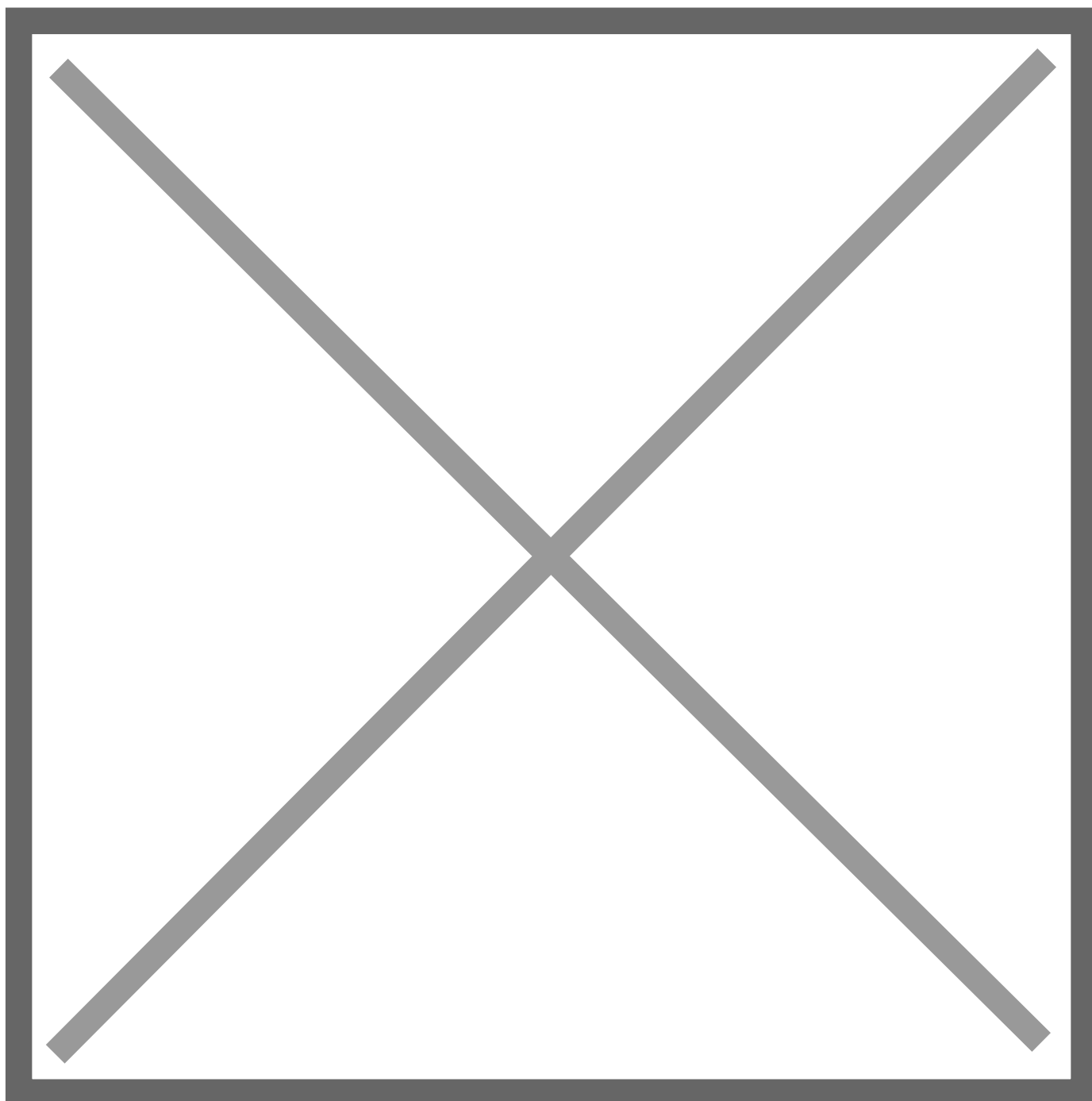
Survey type:	Measured
Age:	15+
Sample size:	9719
Area covered:	National
References:	Annual Update of Key Results 2023/24: New Zealand Health Survey. https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey [Last accessed 20.08.25]

Definitions:

Overweight/Obesity based on standard WHO adult cut-offs except for 15-17 year olds where IOTF International cutoffs are used.
Neighbourhood deprivation

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2023-2024



Survey type:	Measured
Age:	15+
Sample size:	9719
Area covered:	National
References:	Annual Update of Key Results 2023/24: New Zealand Health Survey. https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey [Last accessed 20.08.25]

Definitions:

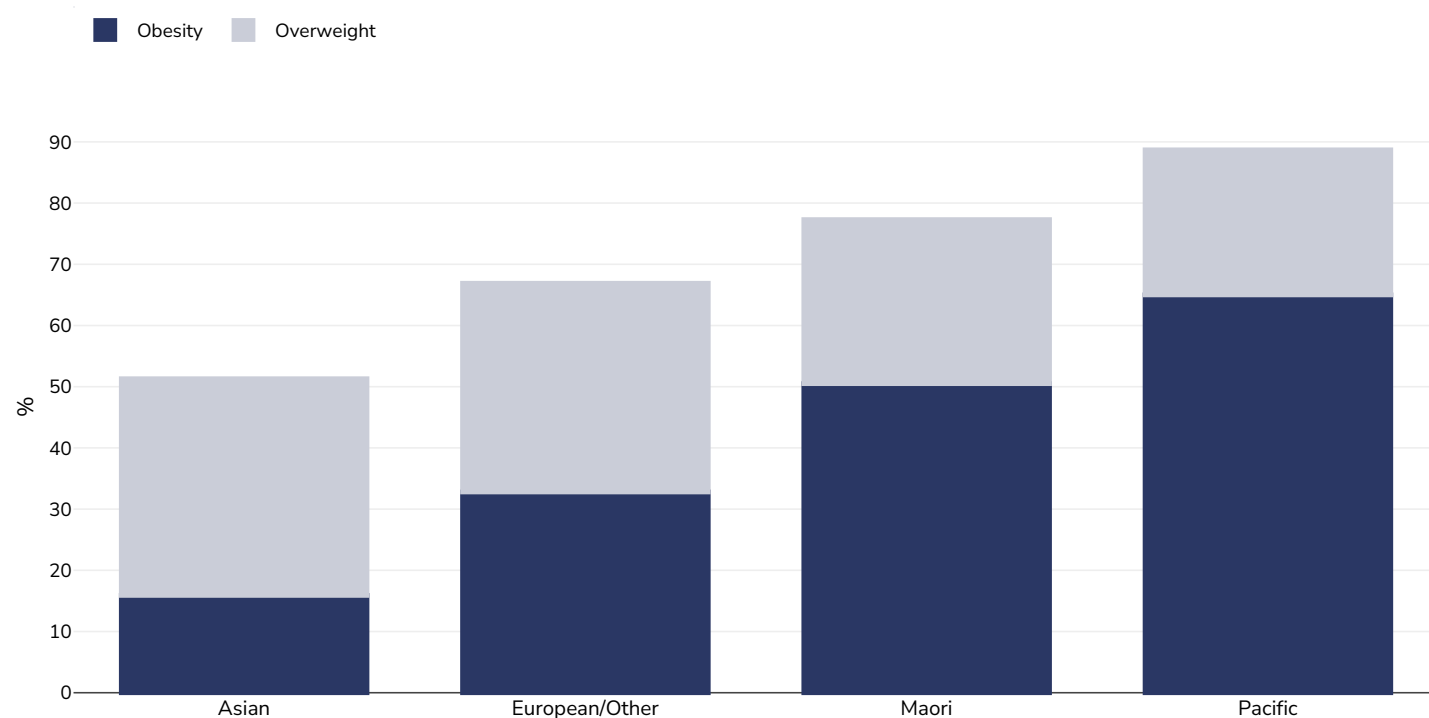
Overweight/Obesity based on standard WHO adult cut-offs except for 15-17 year olds where IOTF International cutoffs are used.
Neighbourhood deprivation

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Overweight/obesity by ethnicity

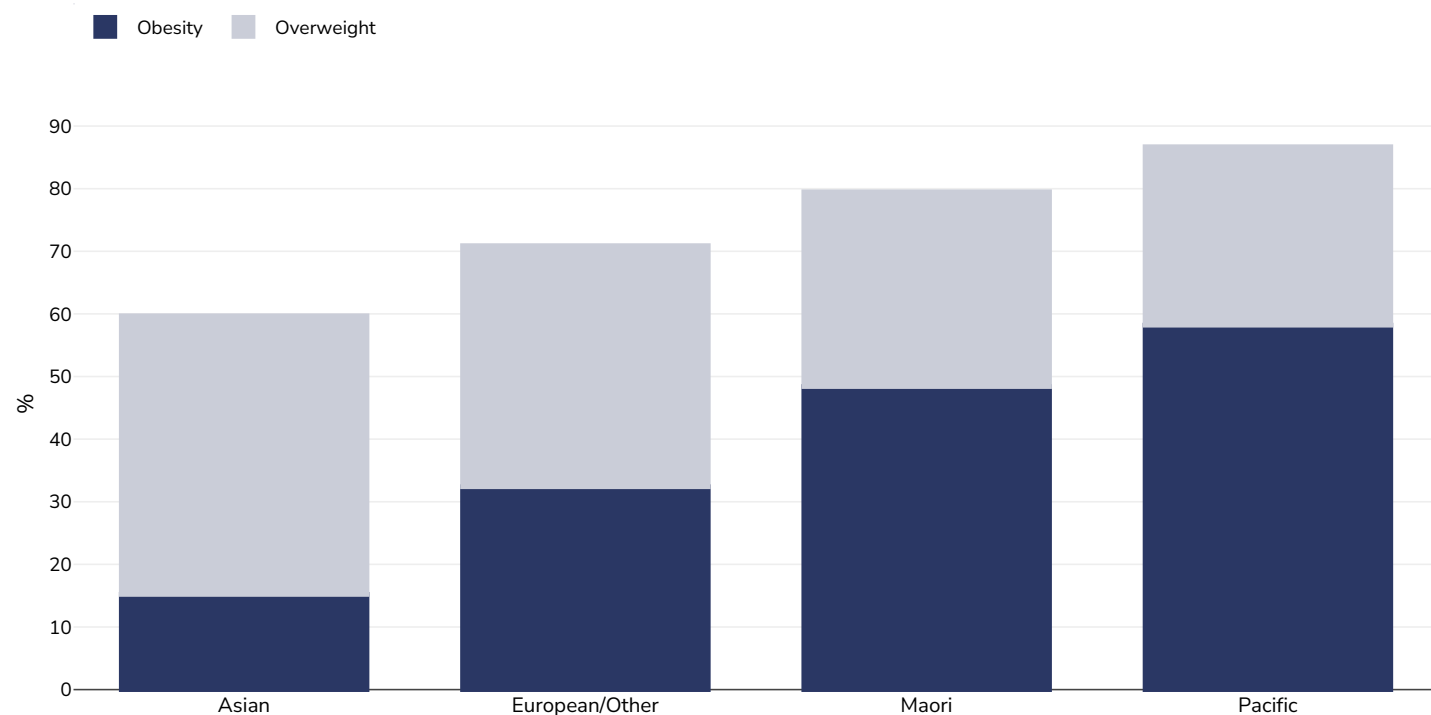
Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Adults, 2023-2024



Survey type:	Measured
Age:	15+
Sample size:	9719
Area covered:	National
References:	Annual Update of Key Results 2023/24: New Zealand Health Survey. https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey [Last accessed 20.08.25]
Definitions:	Overweight/Obesity based on standard WHO adult cut-offs except for 15-17 year olds where IOTF International cutoffs are used Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m ² , obesity refers to a BMI greater than 30kg/m ² .

Men, 2023-2024



Survey type: Measured

Age: 15+

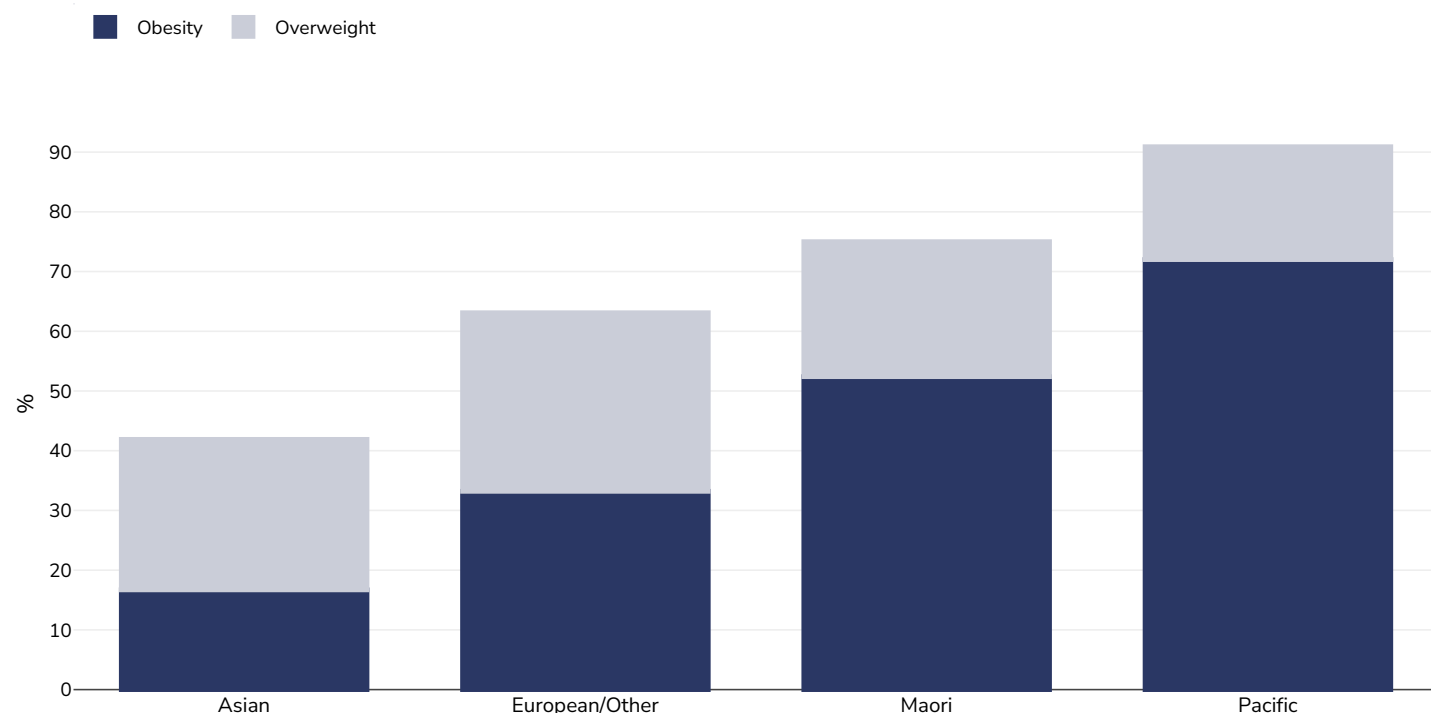
Sample size: 9719

Area covered: National

References: Annual Update of Key Results 2023/24: New Zealand Health Survey. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]

Definitions: Overweight/Obesity based on standard WHO adult cut-offs except for 15-17 year olds where IOTF International cutoffs are used
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2023-2024



Survey type: Measured

Age: 15+

Sample size: 9719

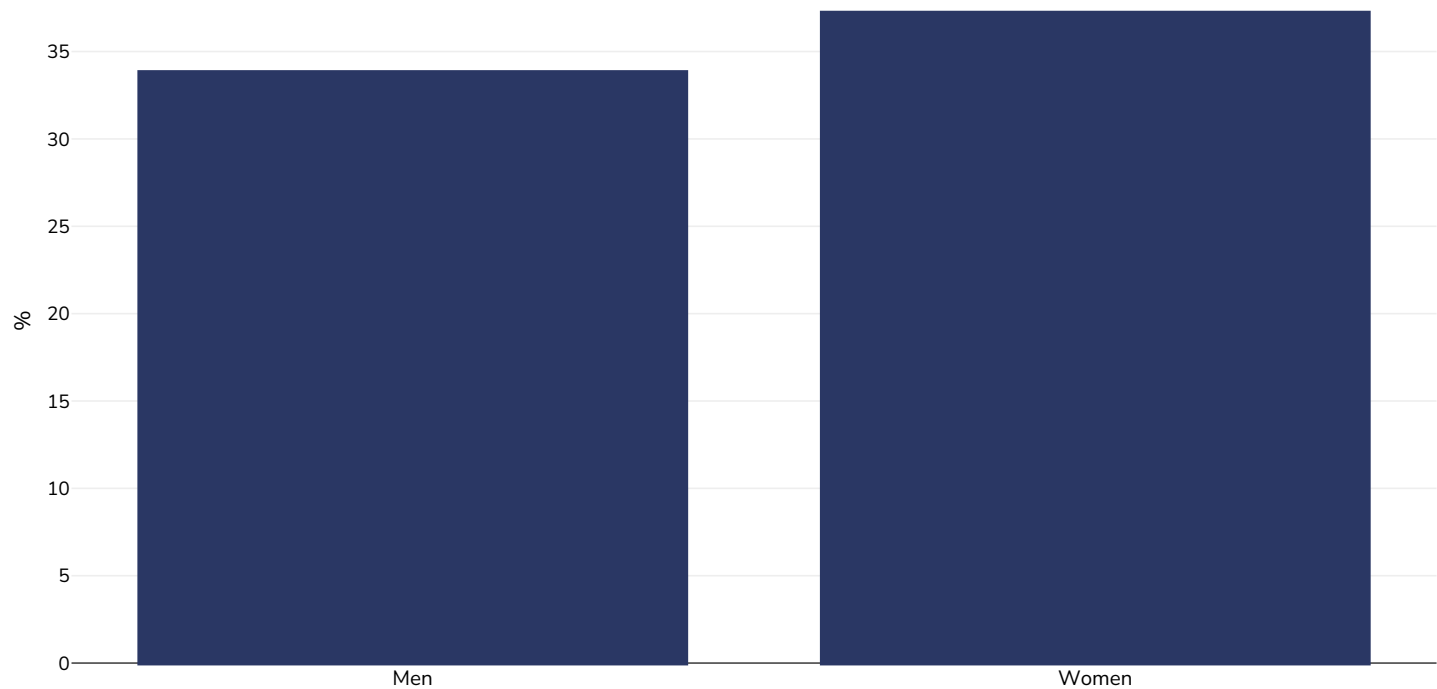
Area covered: National

References: Annual Update of Key Results 2023/24: New Zealand Health Survey. <https://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey> [Last accessed 20.08.25]

Definitions: Overweight/Obesity based on standard WHO adult cut-offs except for 15-17 year olds where IOTF International cutoffs are used
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Double burden of underweight & overweight

Adults, 2022



Survey type: Measured

Age: 20+

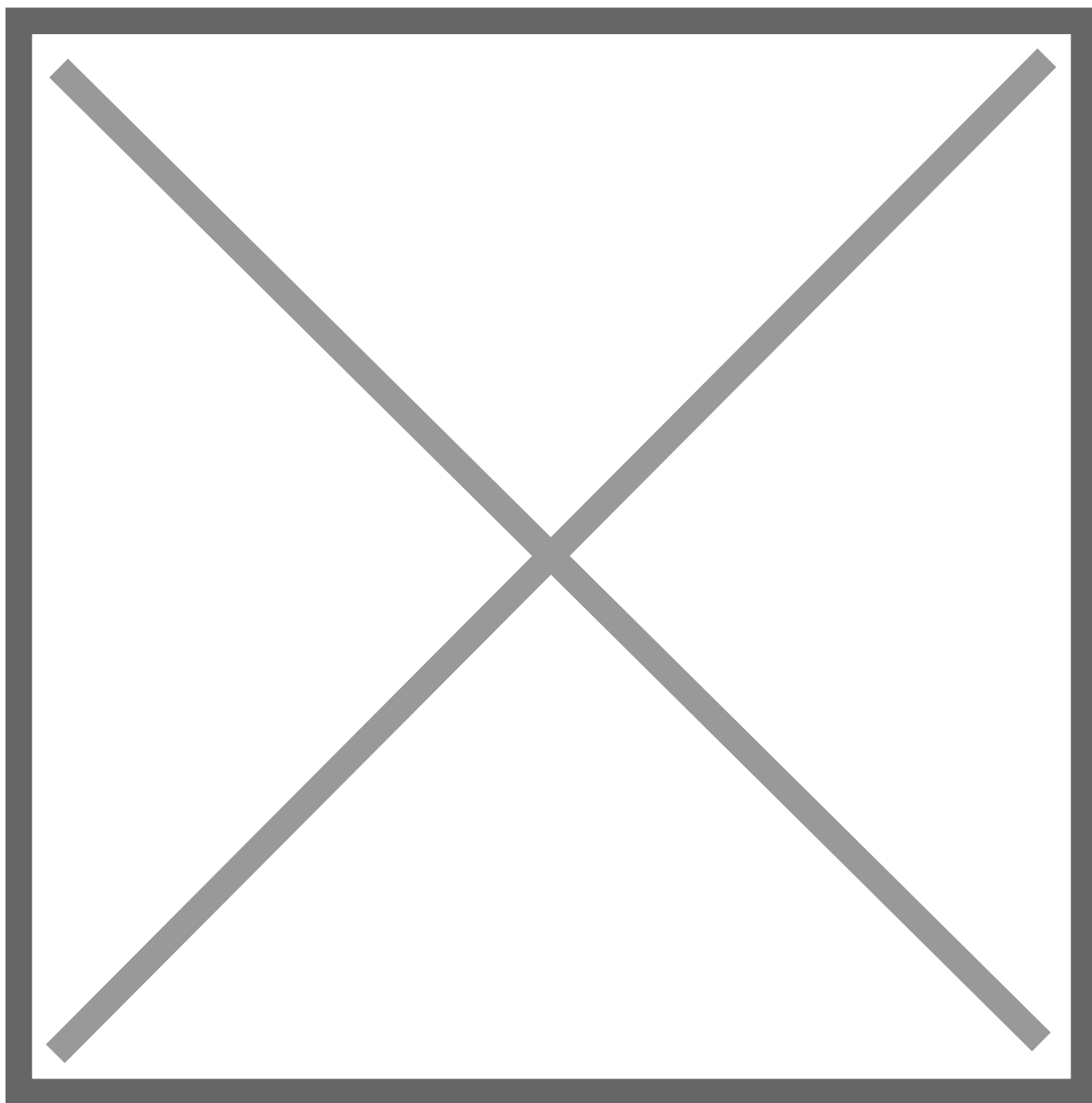
References: NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Notes: Age Standardised estimates

Definitions: Combined prevalence of BMI<18.5 kg/m² and BMI≥30 kg/m² (double burden of underweight and obesity)

Insufficient physical activity

Adults, 2022

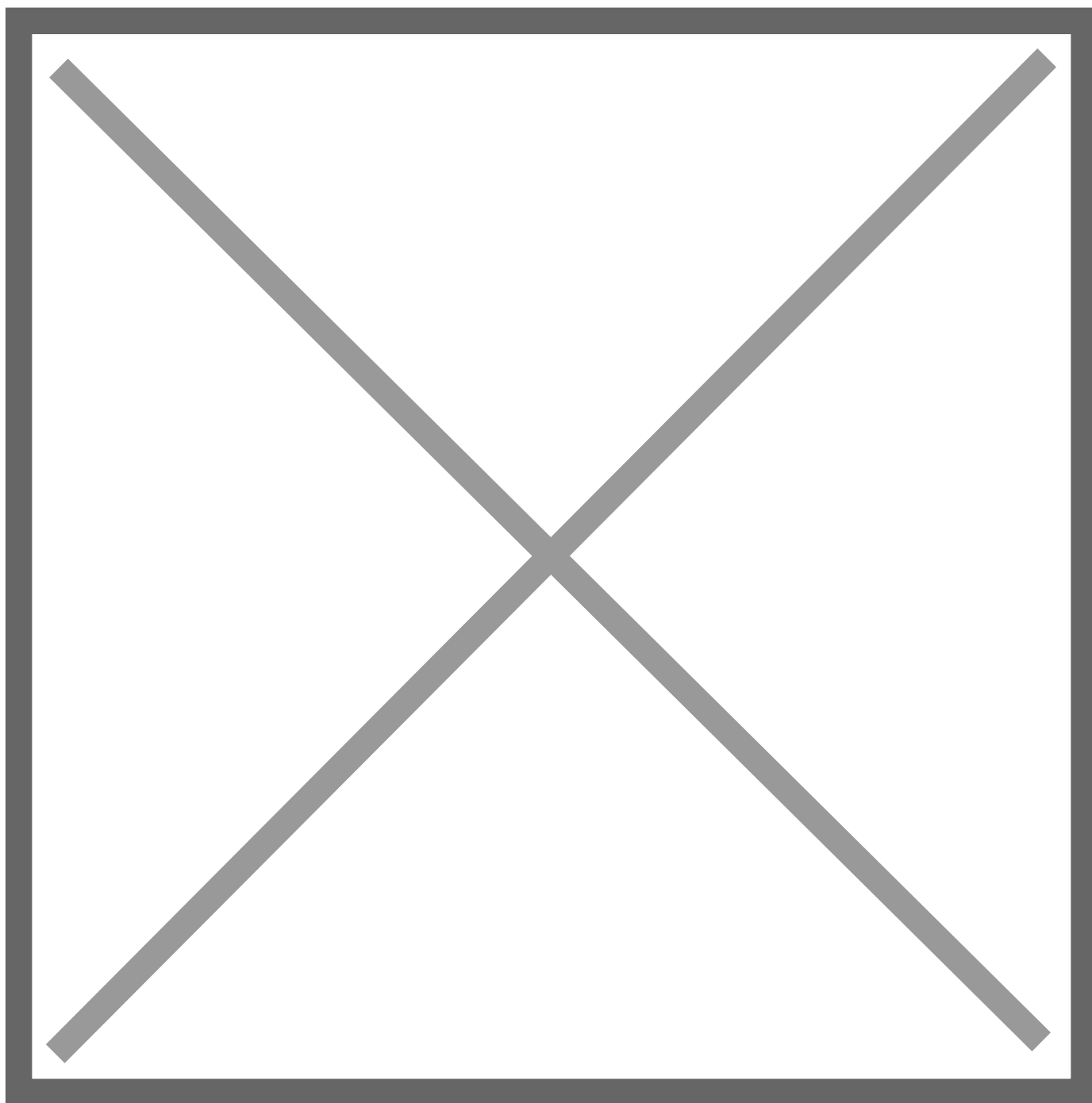


Survey type:	Self-reported
Age:	18+
Area covered:	National
References:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)

Definitions:

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Men, 2022

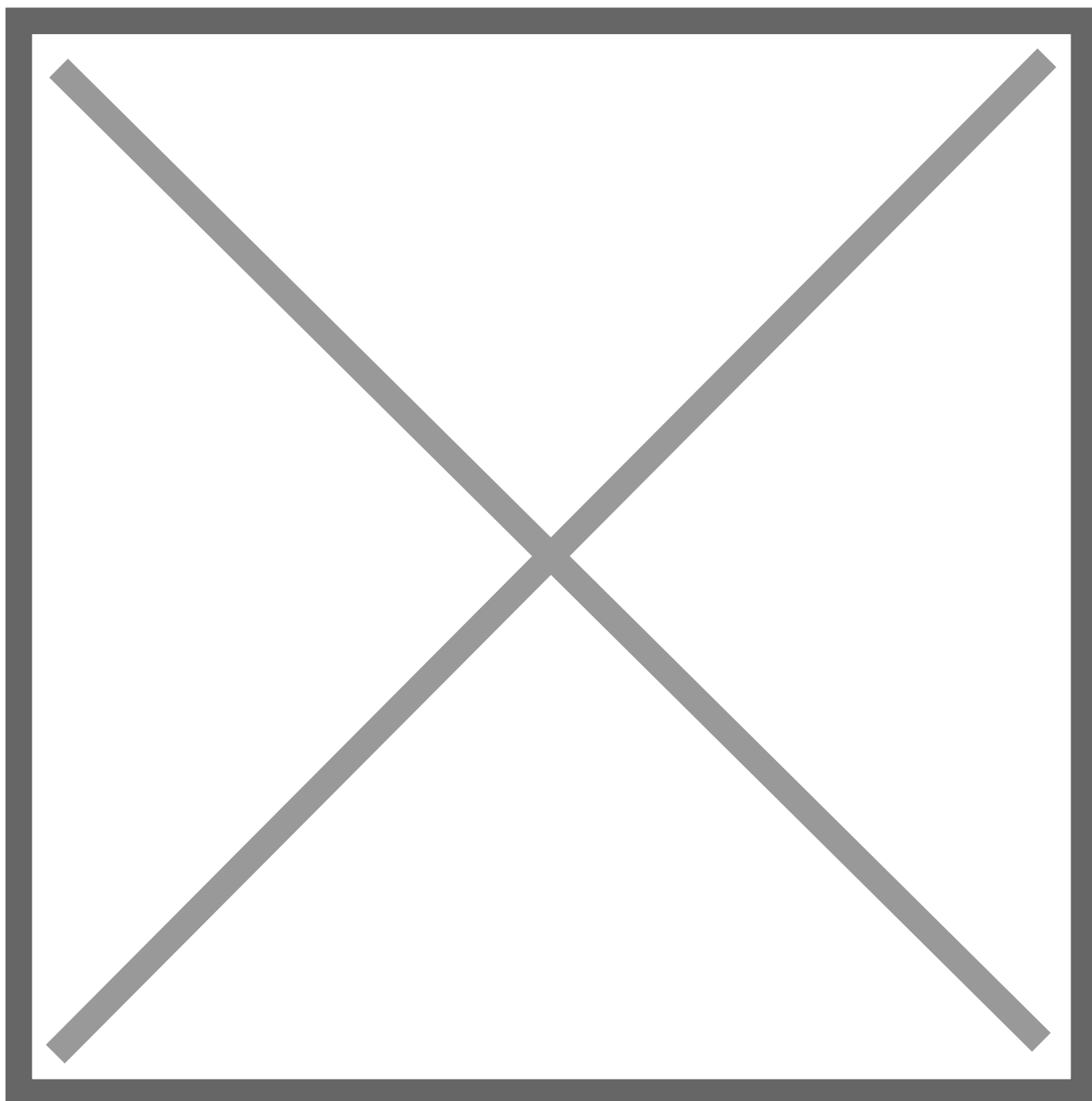


Survey type:	Self-reported
Age:	18+
Area covered:	National
References:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)

Definitions:

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Women, 2022



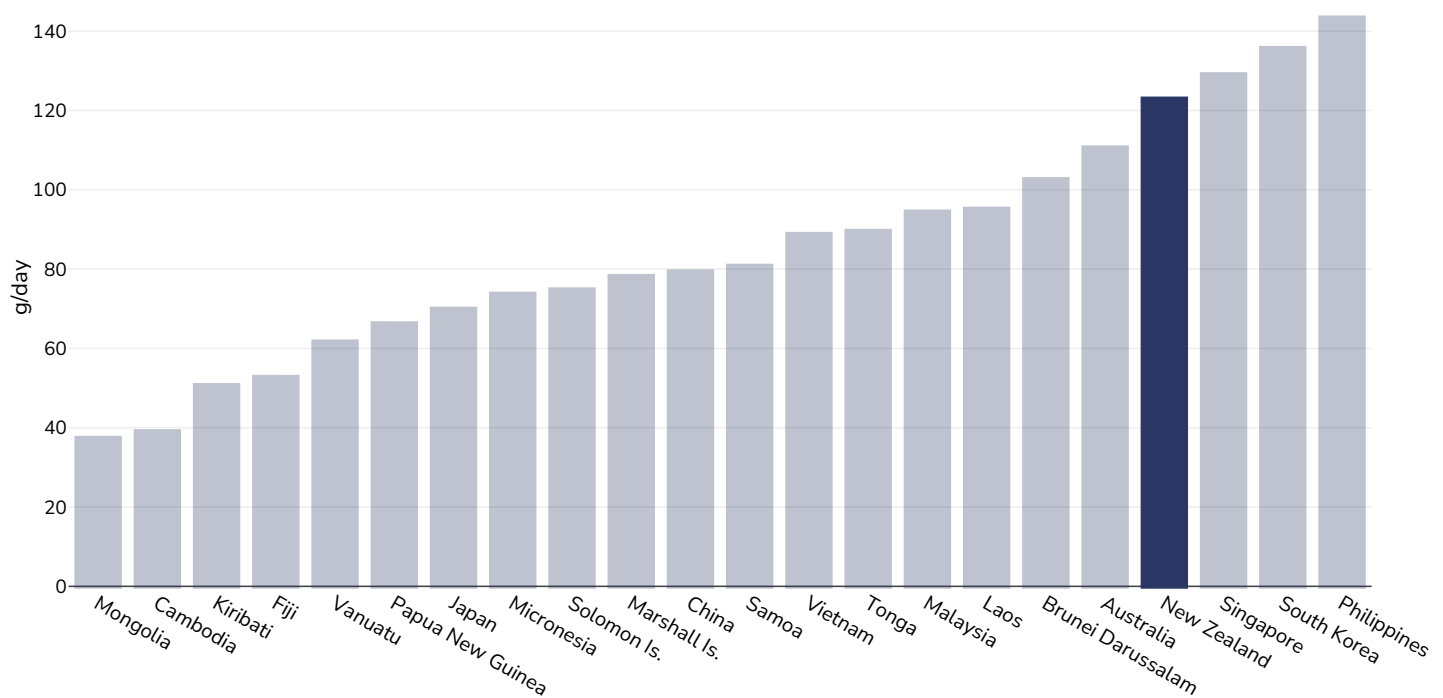
Survey type:	Self-reported
Age:	18+
Area covered:	National
References:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)

Definitions:

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Estimated per capita fruit intake

Adults, 2017



Survey type: Measured

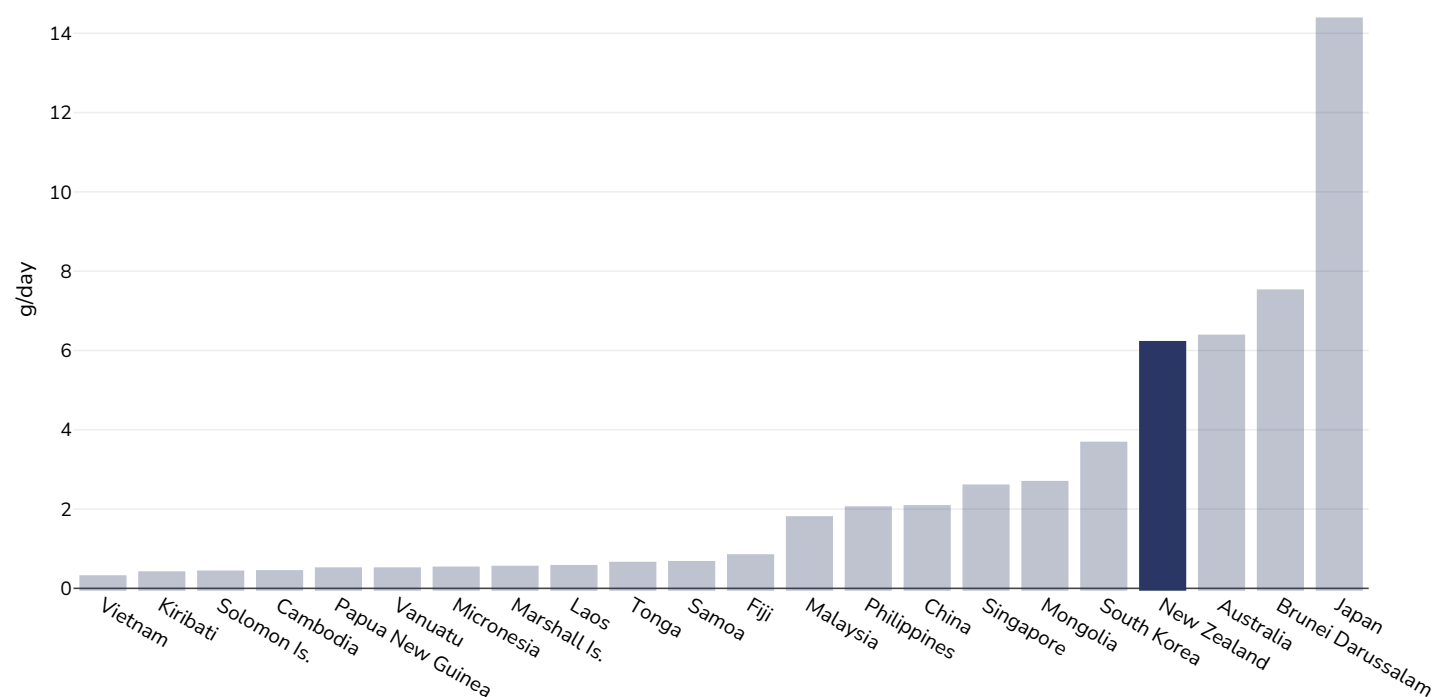
Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions: Estimated per-capita fruit intake (g/day)

Estimated per-capita processed meat intake

Adults, 2017



Survey type: Measured

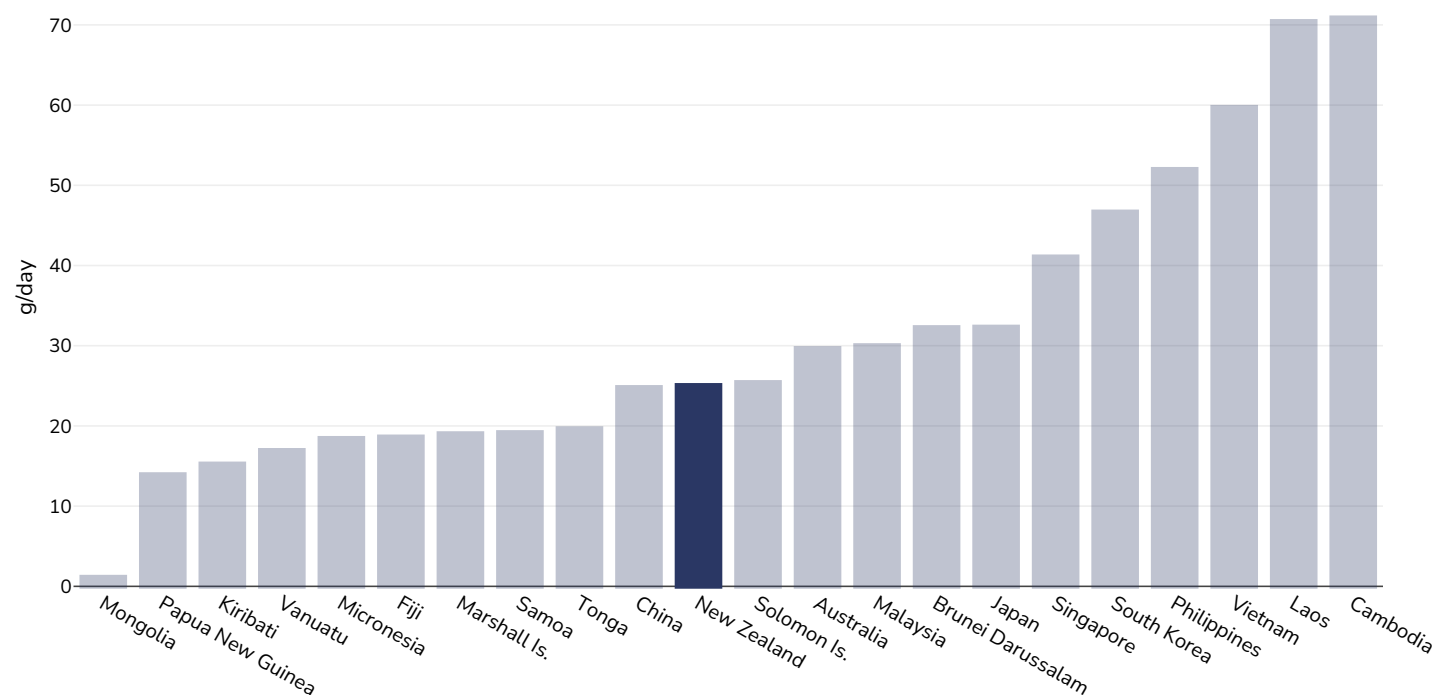
Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions: Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

Adults, 2017



Survey type: Measured

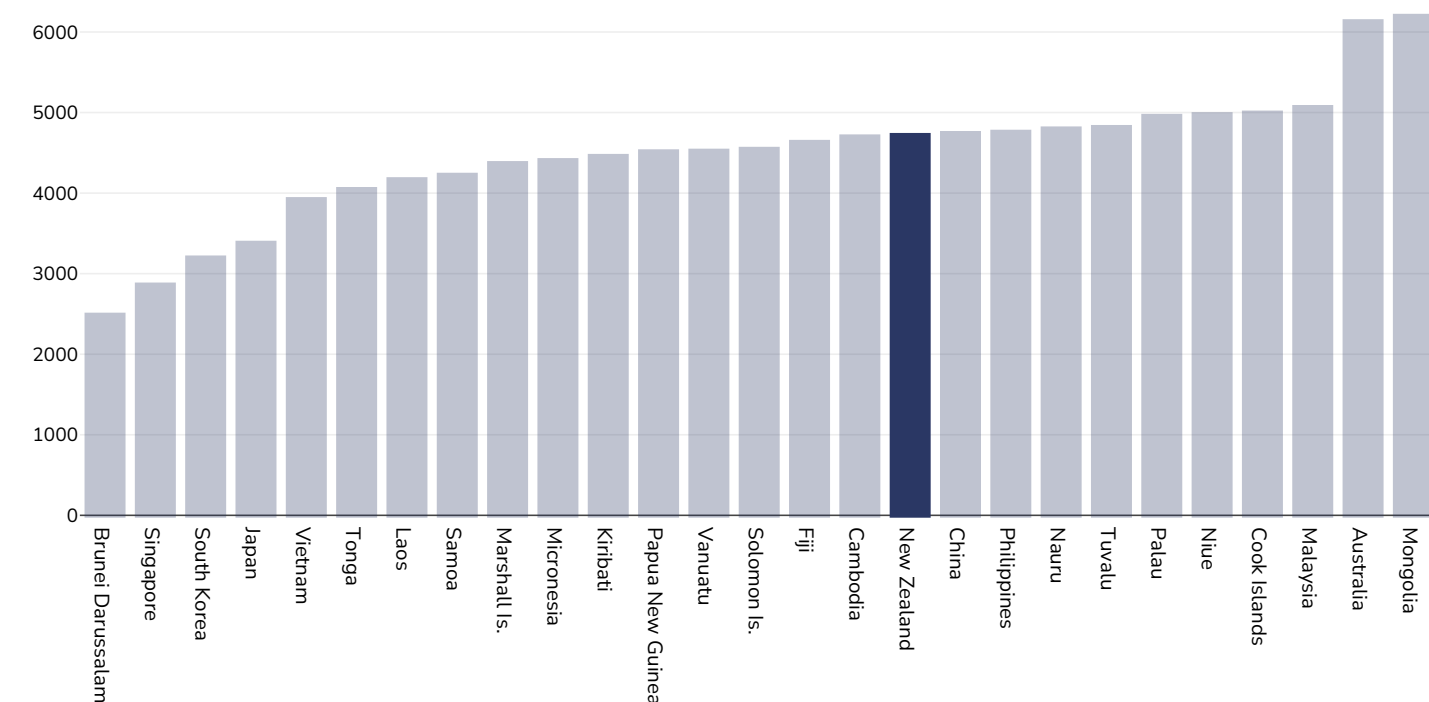
Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions: Estimated per-capita whole grains intake (g/day)

Mental health - depression disorders

Adults, 2021



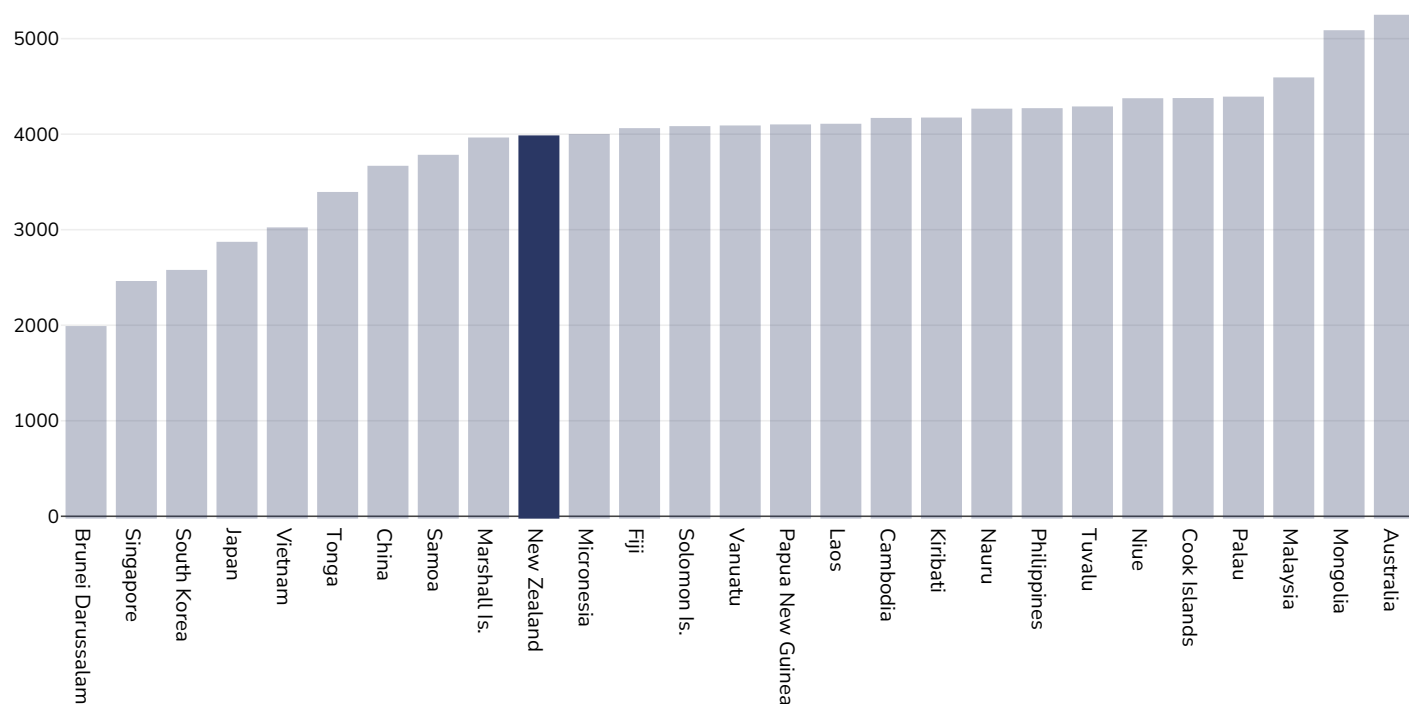
Age: 20+

Area covered: National

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitions: Number living with depression per 100,000 population (adults 20+ years)

Men, 2021



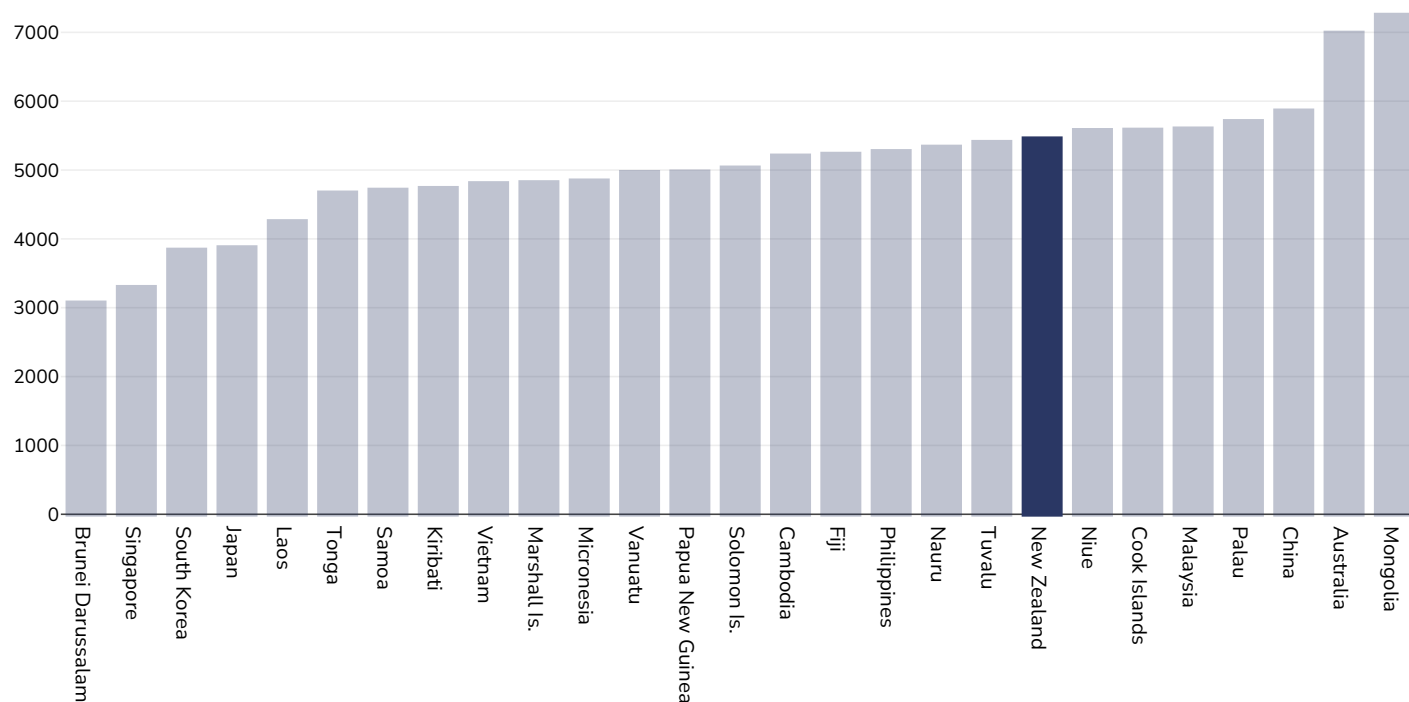
Age: 20+

Area covered: National

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitions: Number living with depression per 100,000 population (adults 20+ years)

Women, 2021



Age: 20+

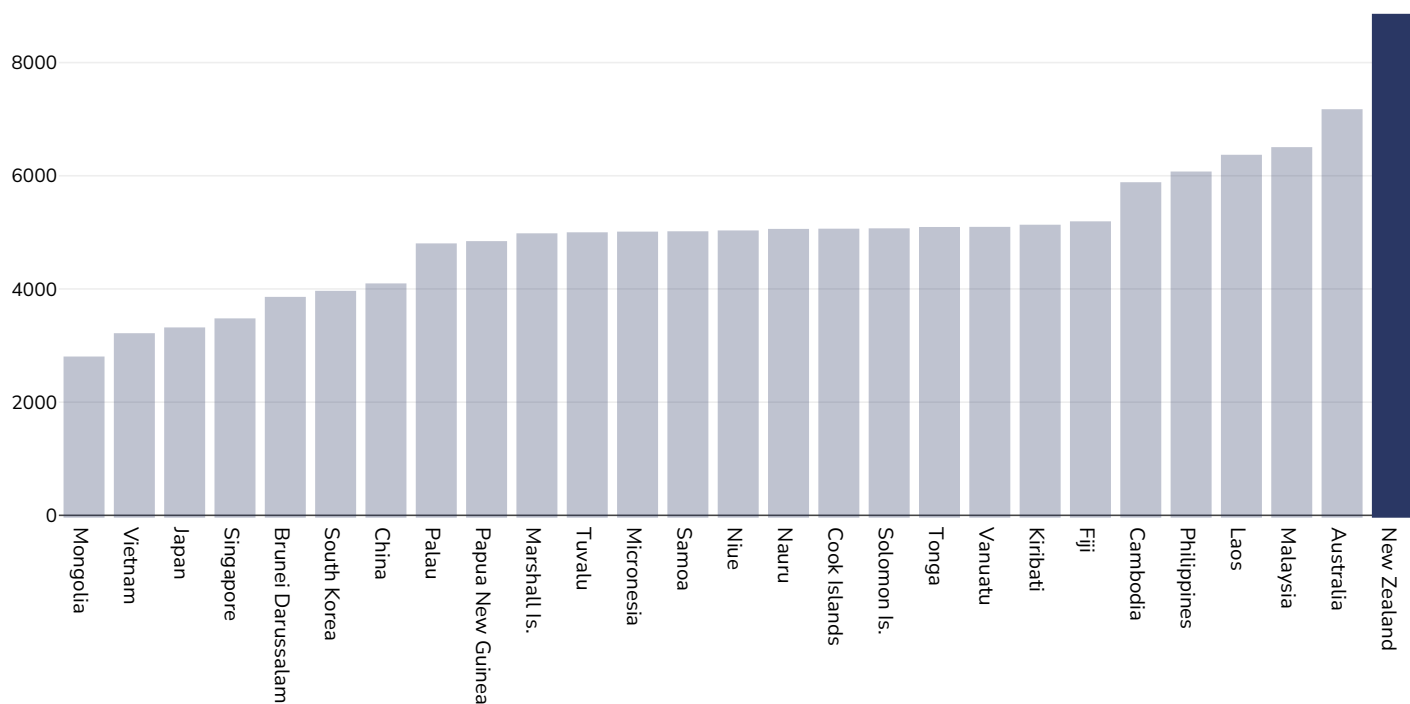
Area covered: National

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitions: Number living with depression per 100,000 population (adults 20+ years)

Mental health - anxiety disorders

Adults, 2021

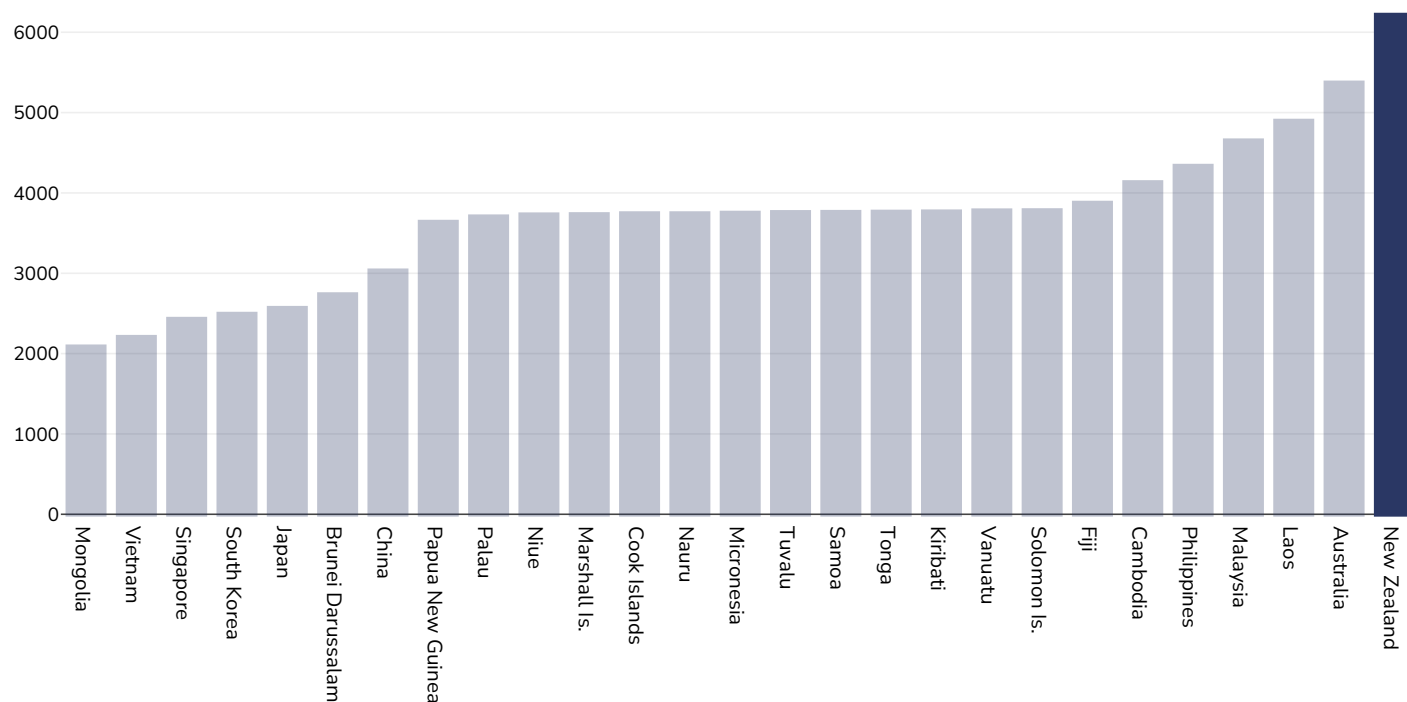


Age: 20+

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definitions: Number living with anxiety per 100,000 population

Men, 2021

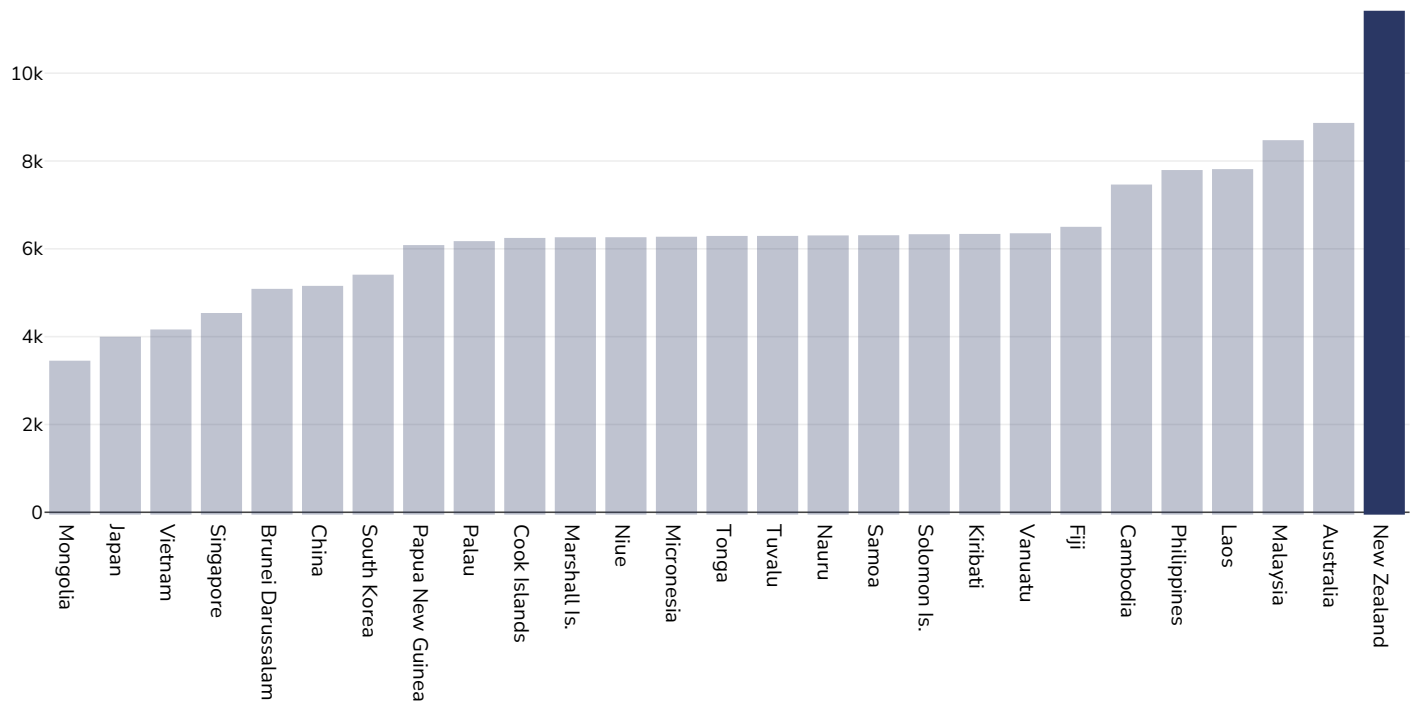


Age: 20+

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definitions: Number living with anxiety per 100,000 population

Women, 2021



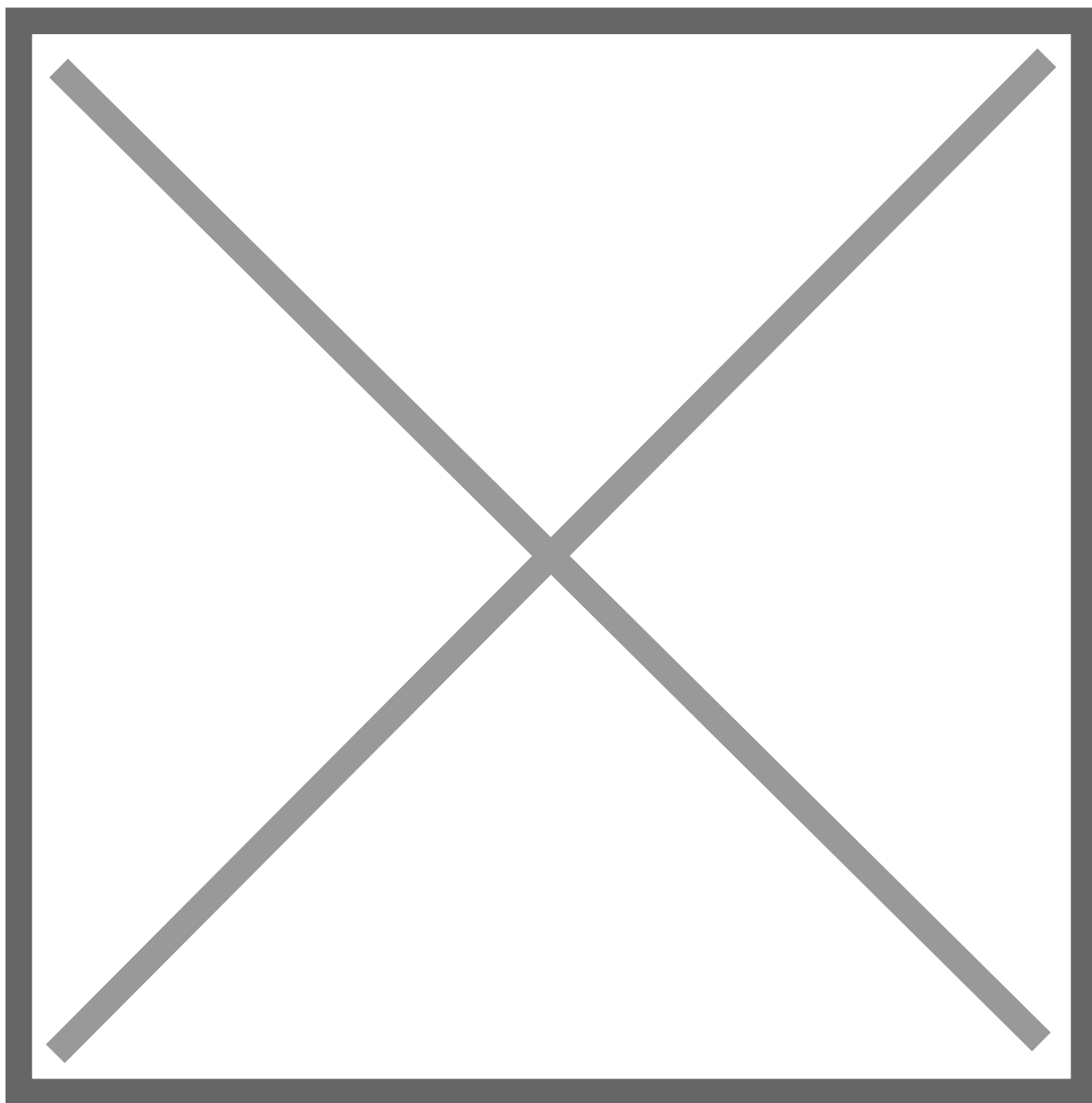
Age: 20+

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definitions: Number living with anxiety per 100,000 population

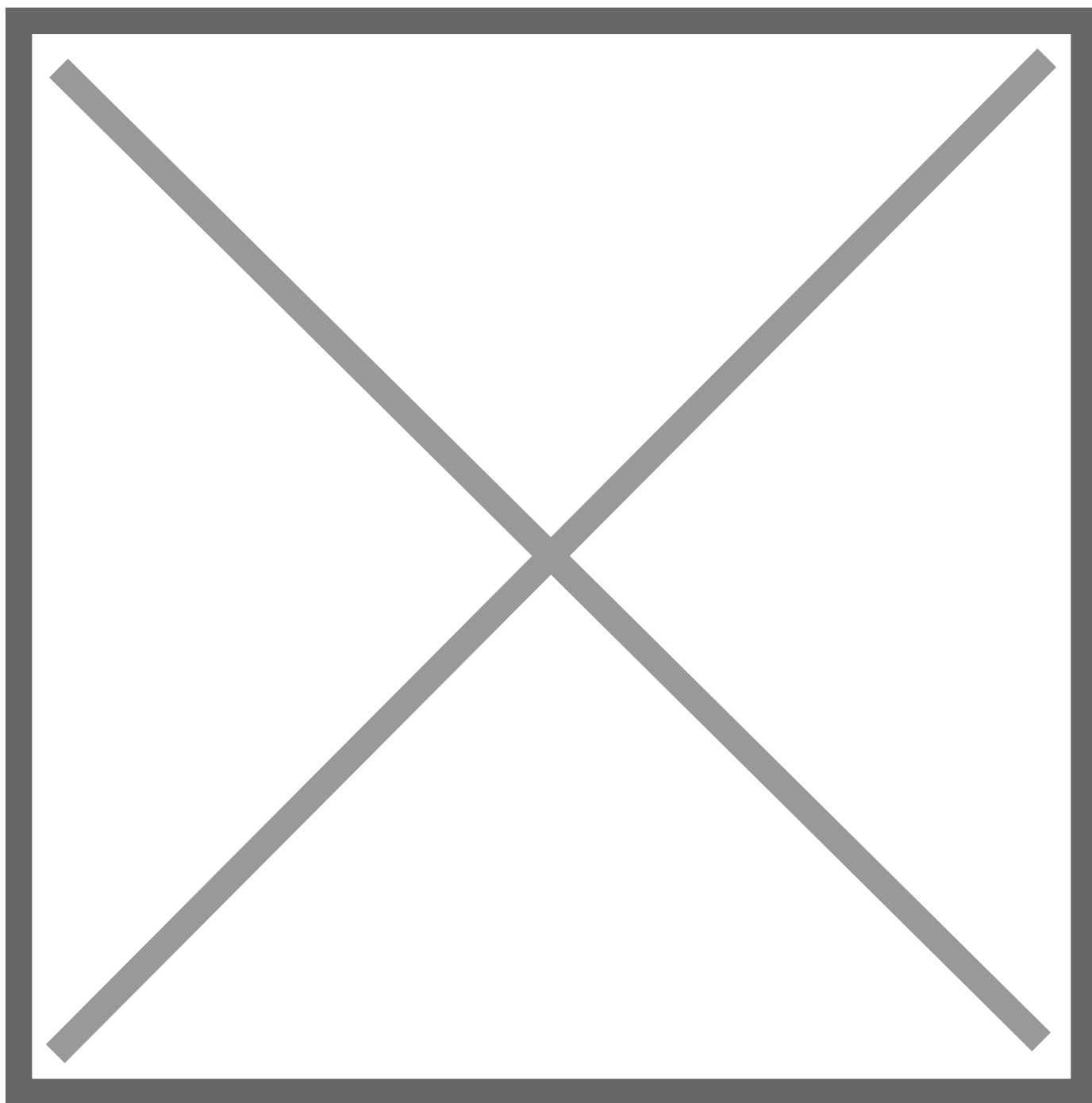
Oesophageal cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000

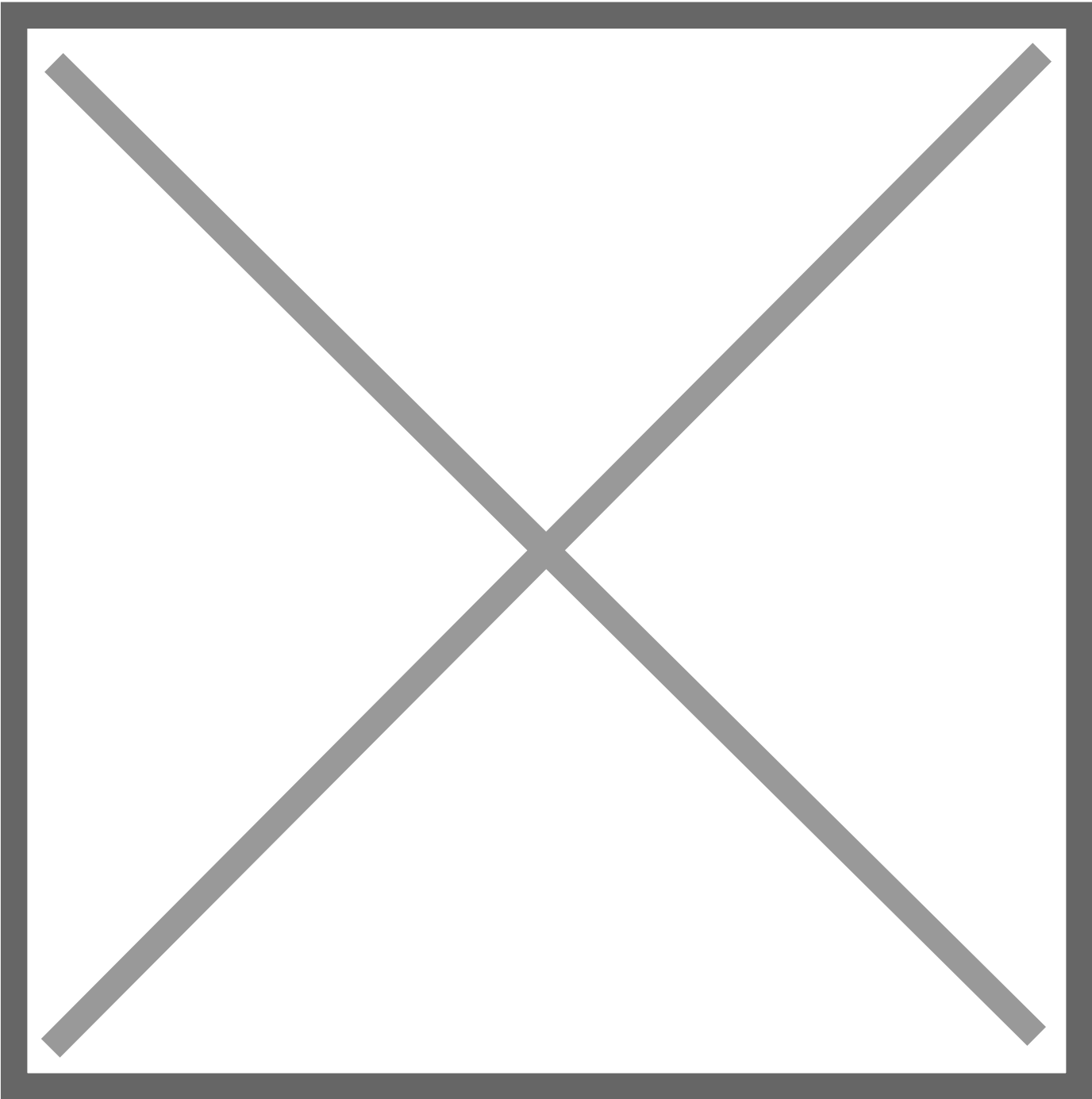
Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000

Breast cancer

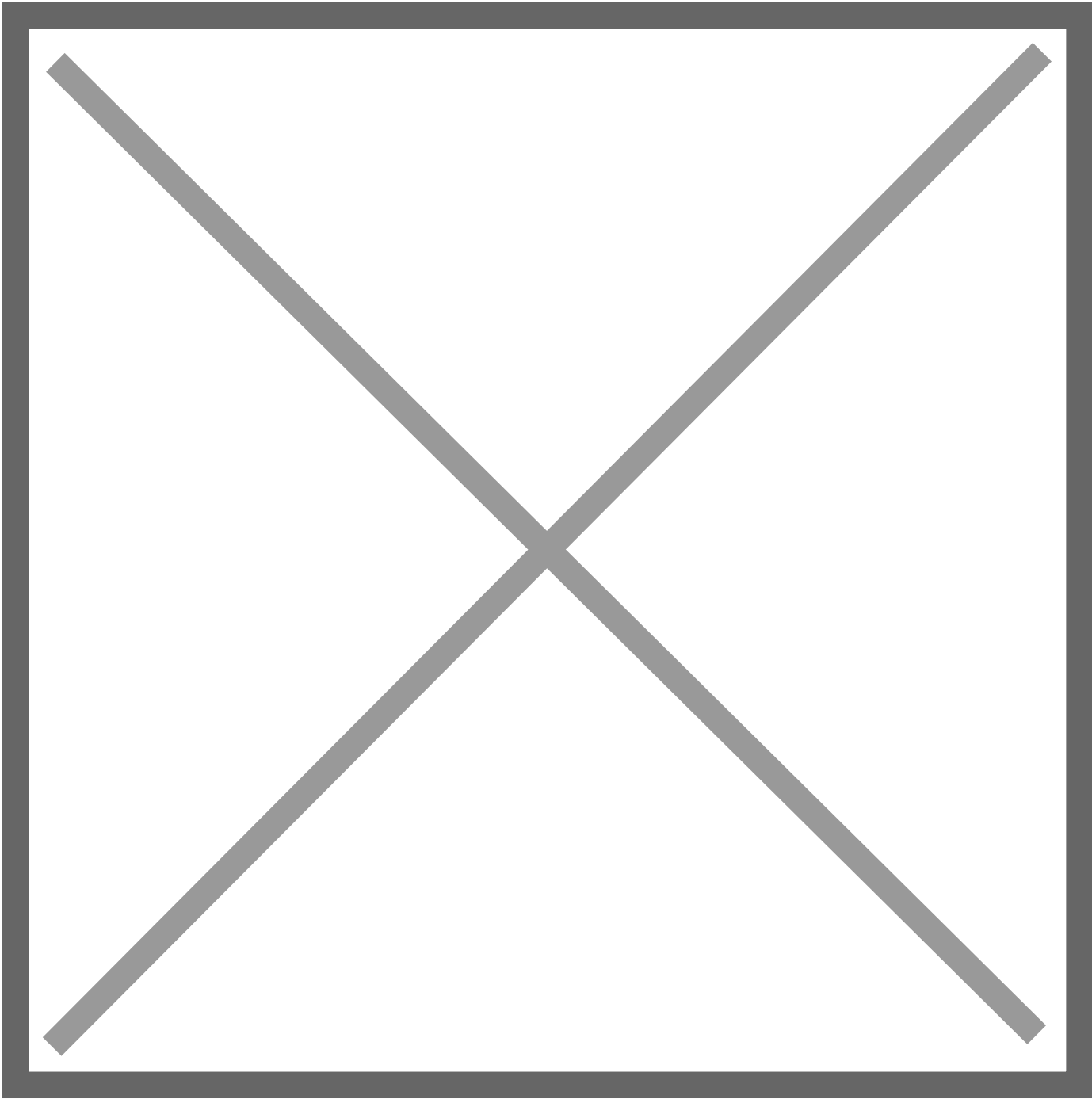
Women, 2022



Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000

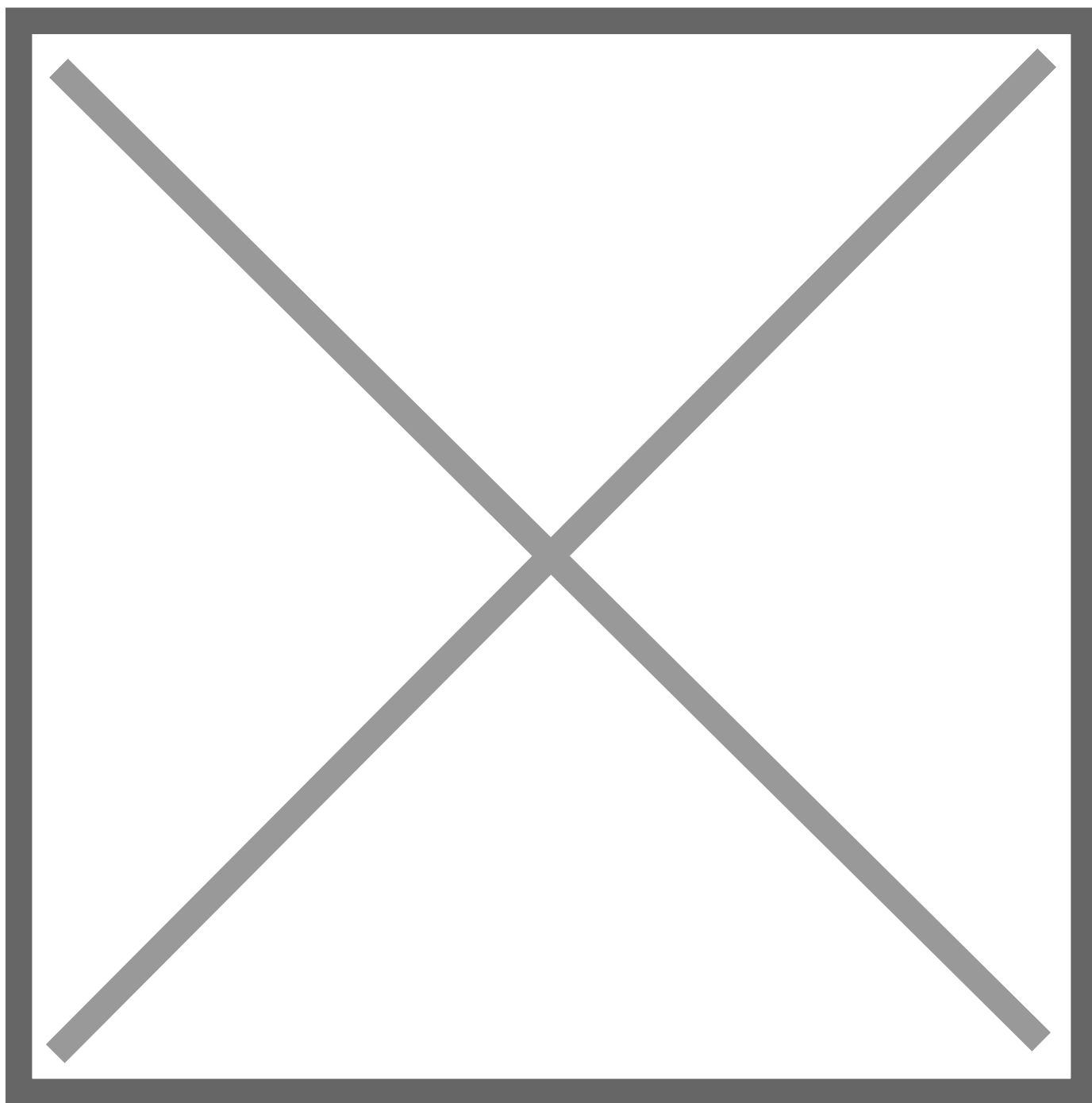
Colorectal cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000

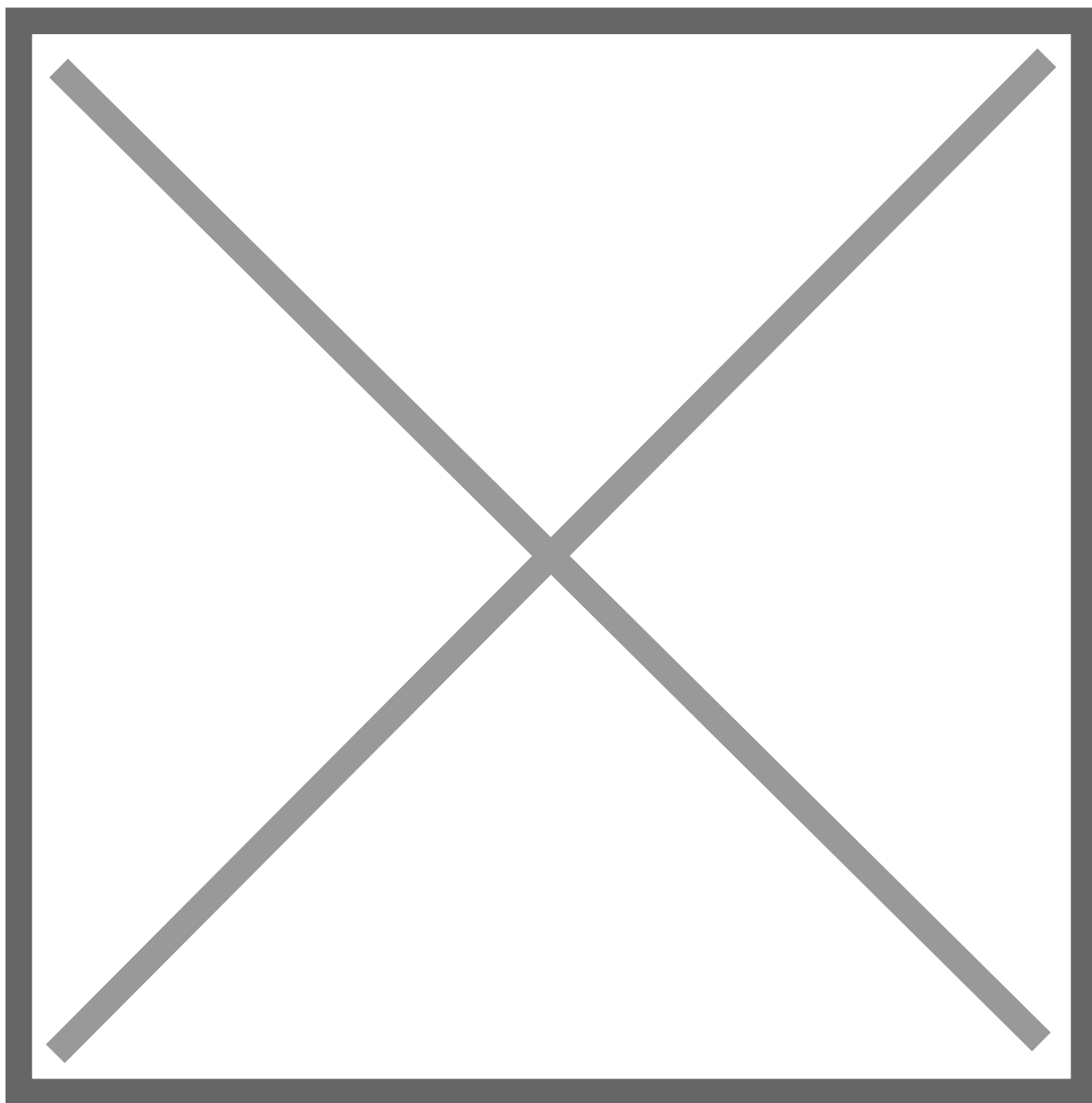
Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000

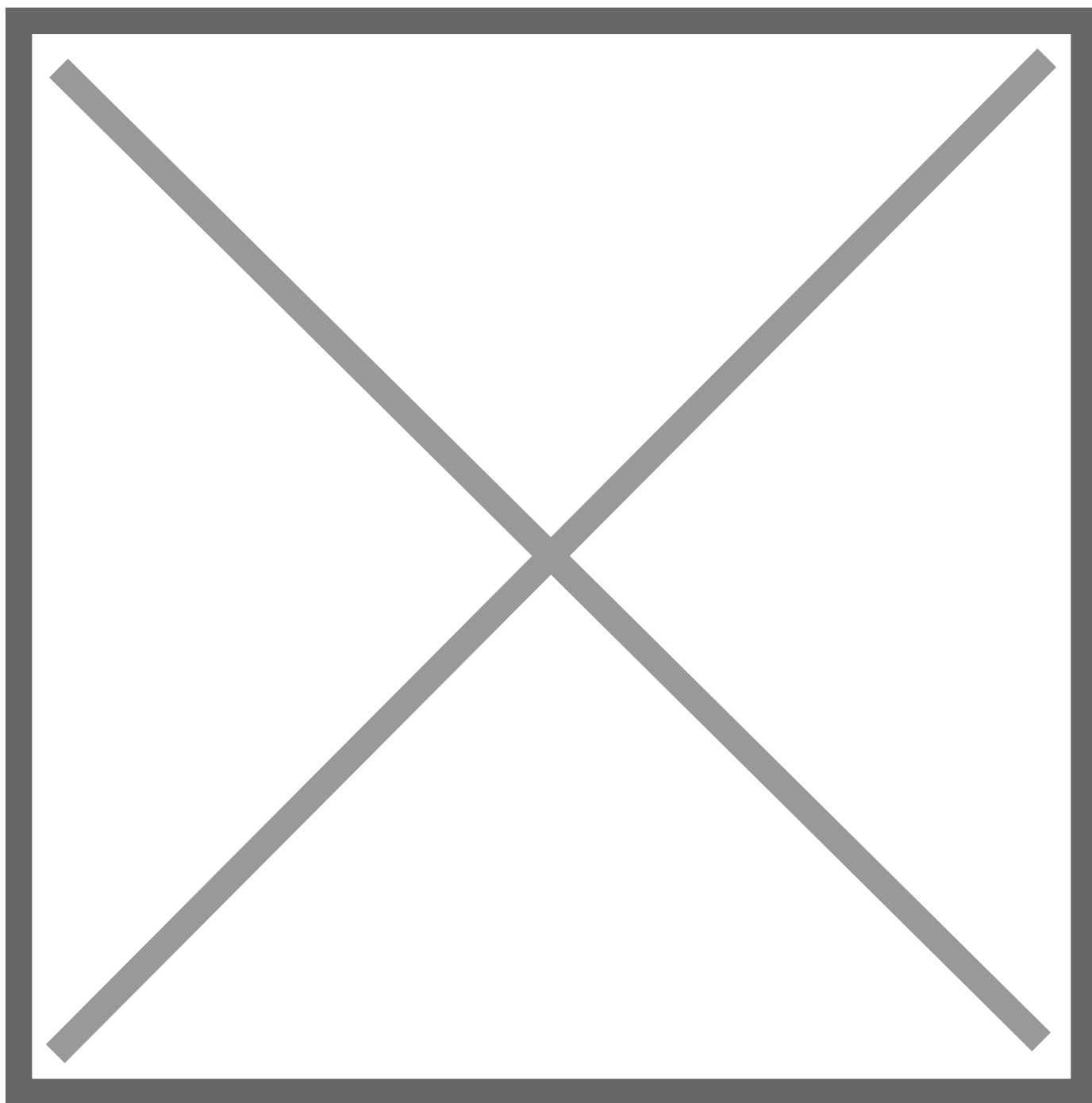
Pancreatic cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000

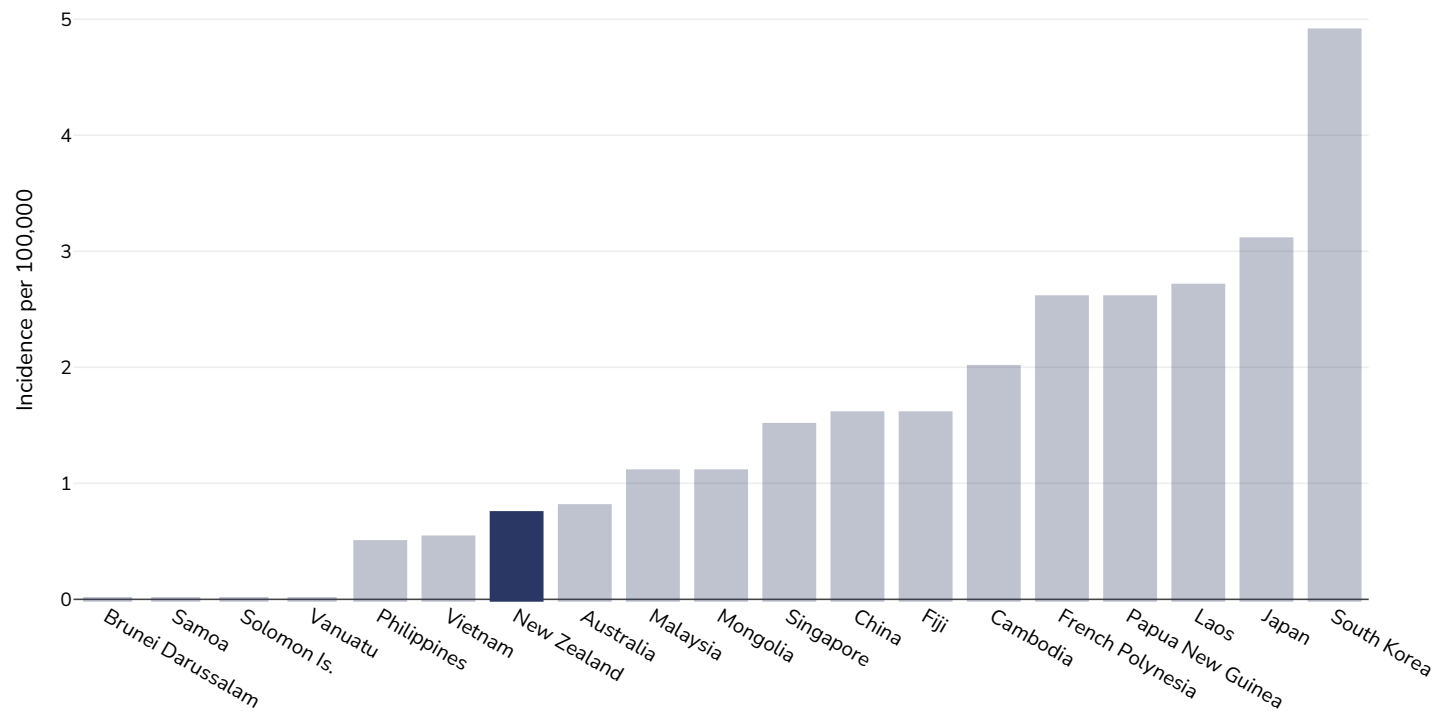
Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000

Gallbladder cancer

Men, 2022



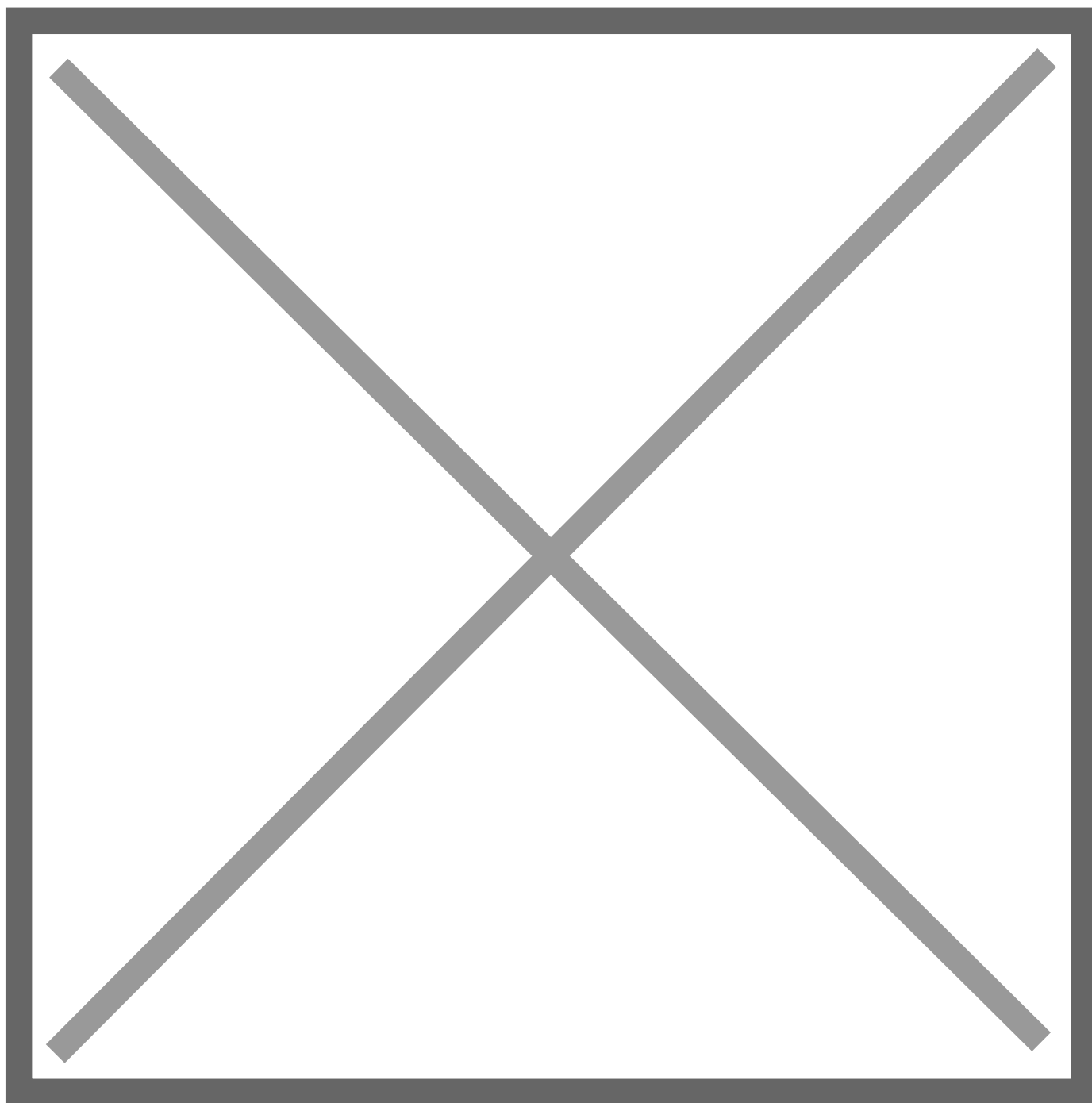
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

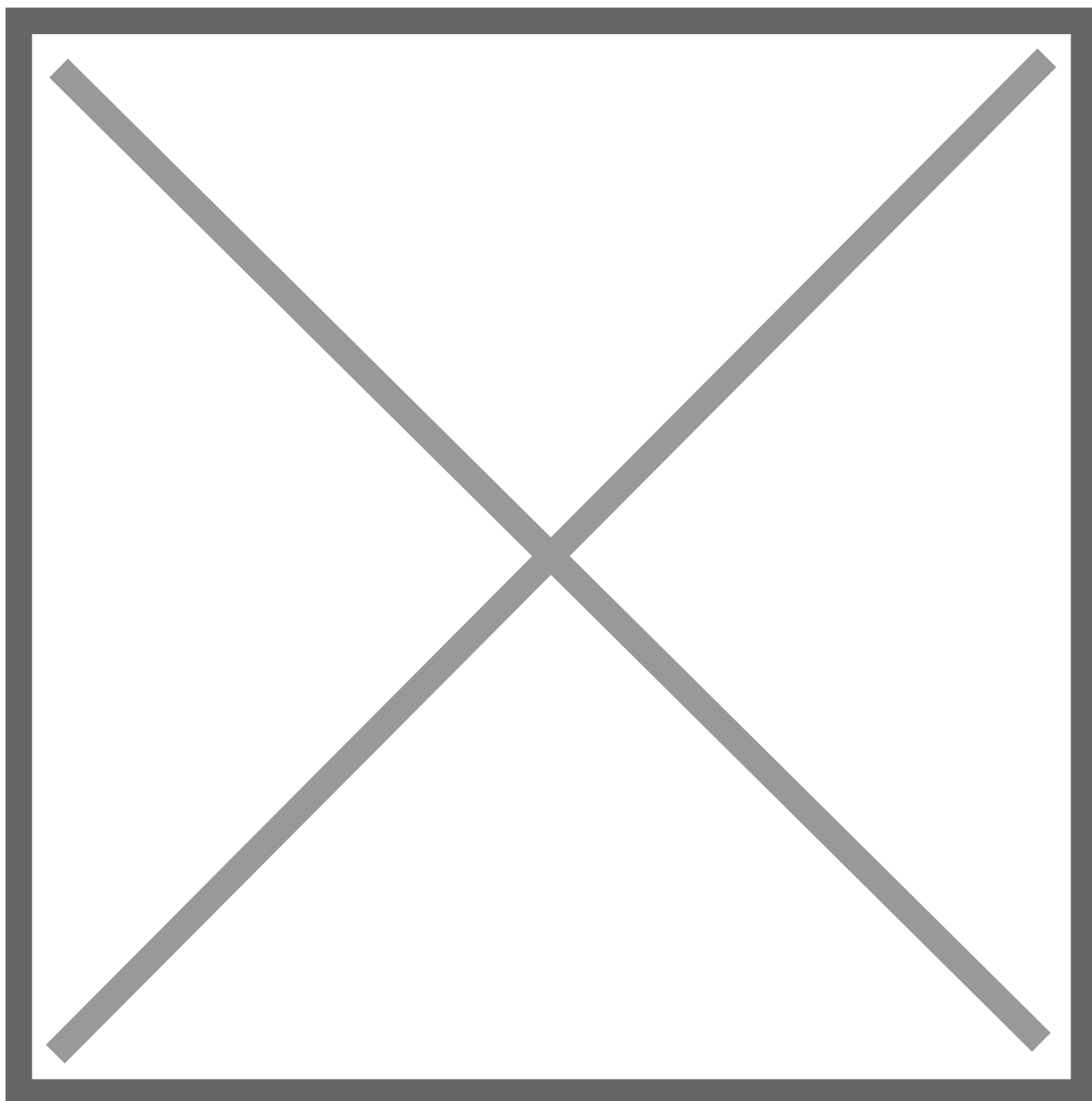
Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000

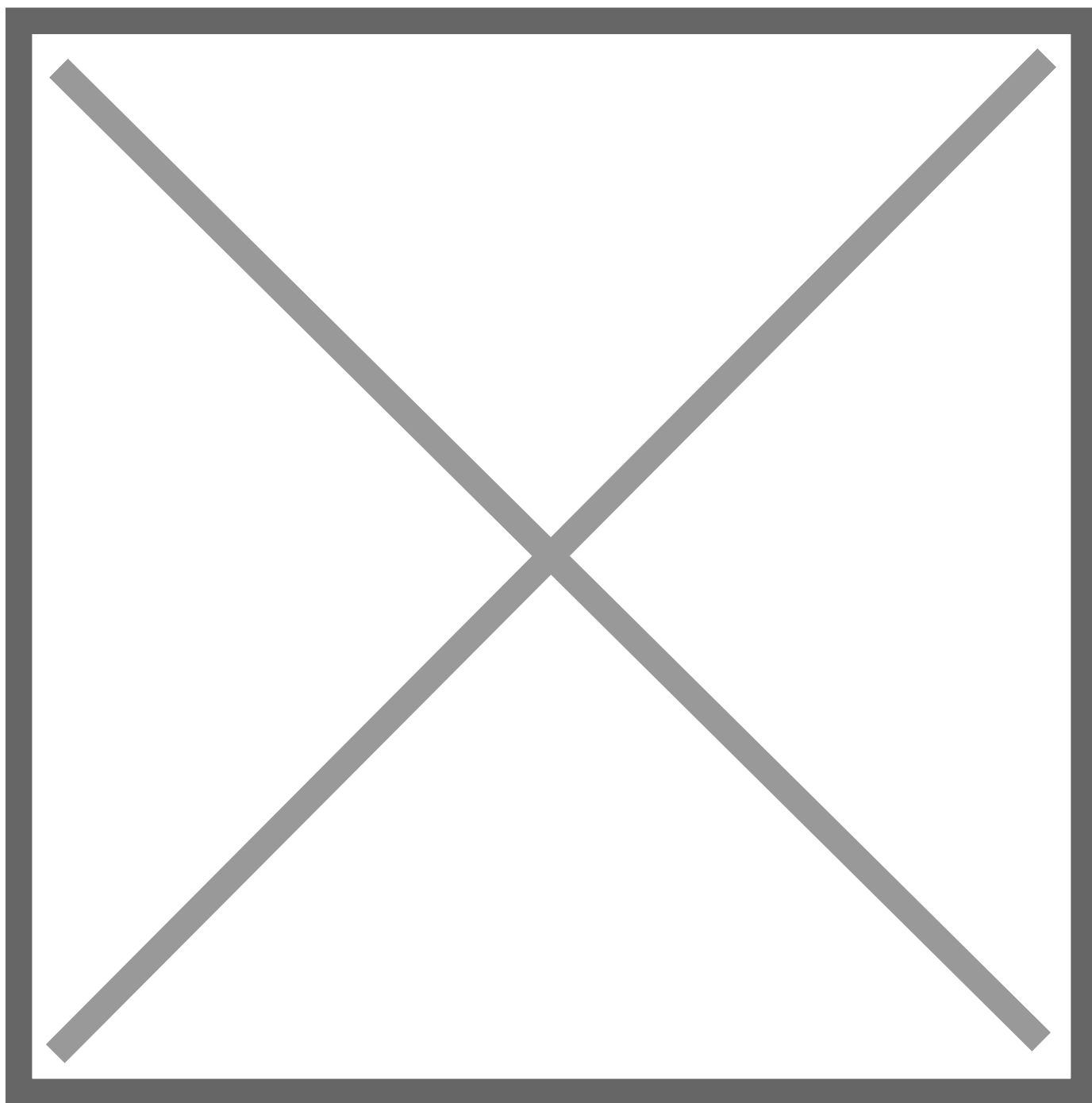
Kidney cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000

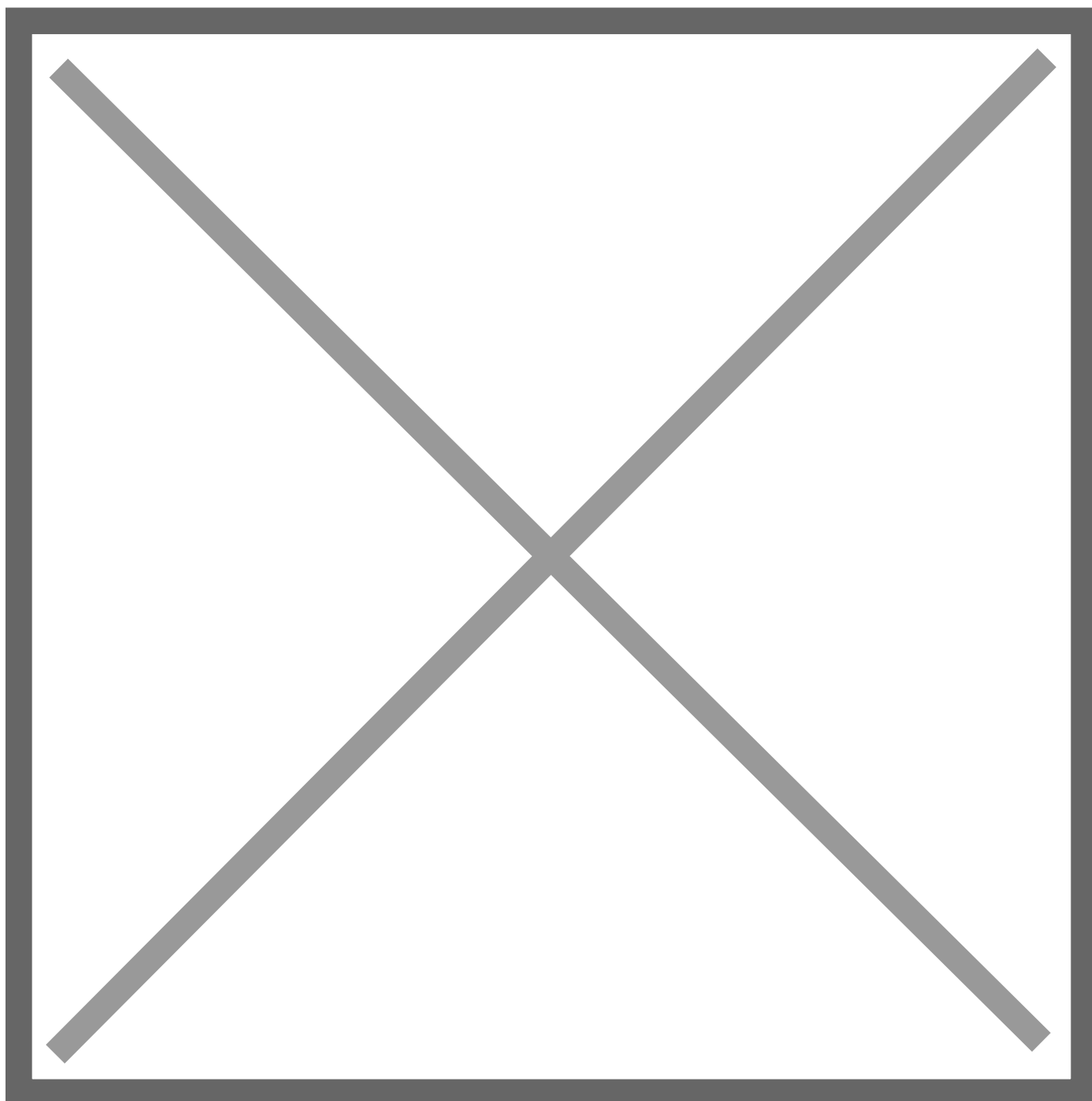
Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000

Cancer of the uterus

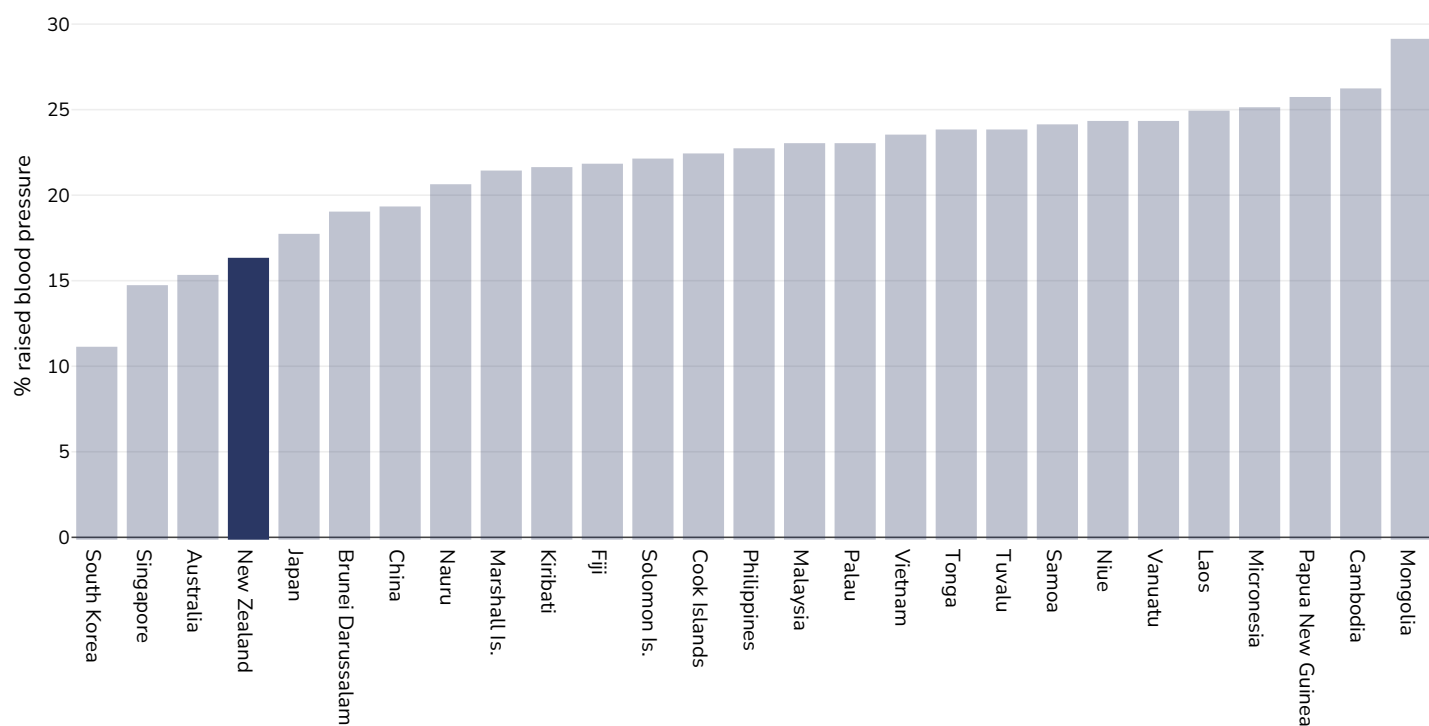
Women, 2022



Age:	20+
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000

Raised blood pressure

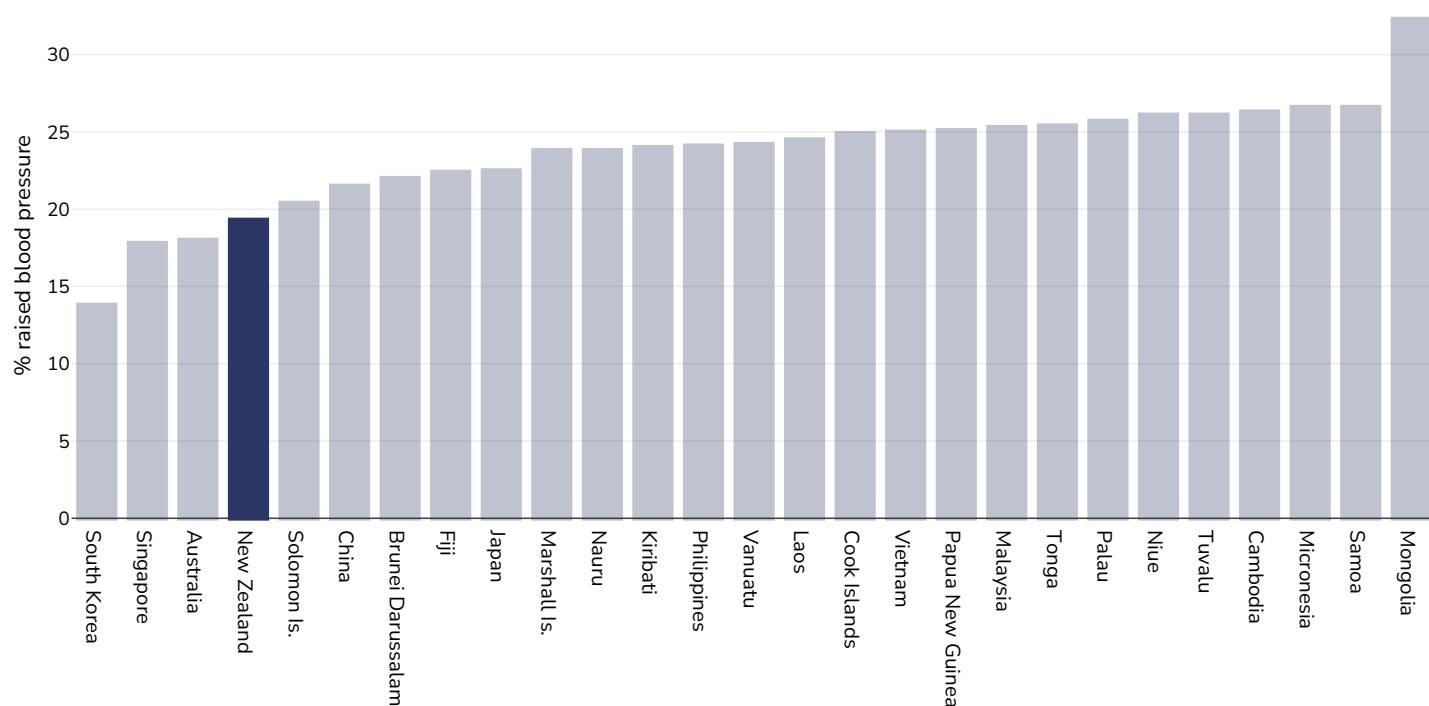
Adults, 2015



References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

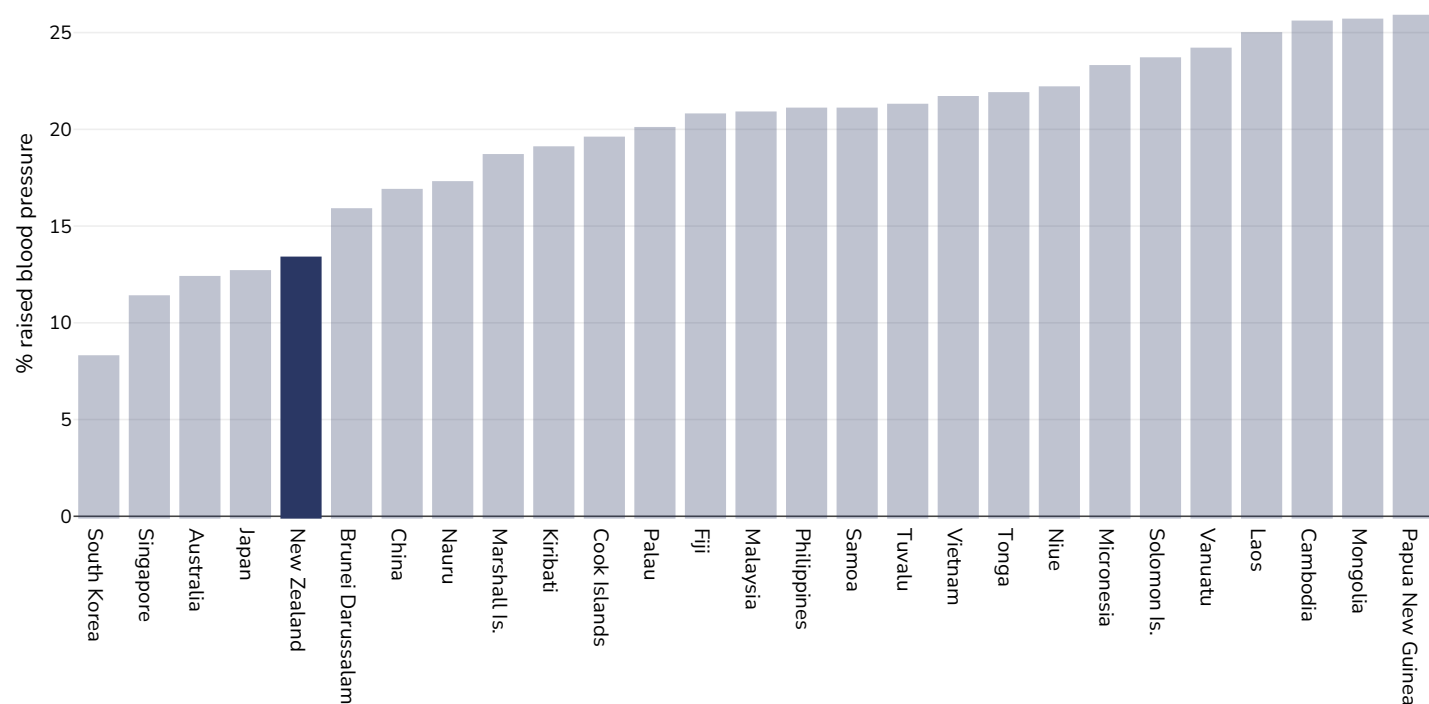
Men, 2015



References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Women, 2015

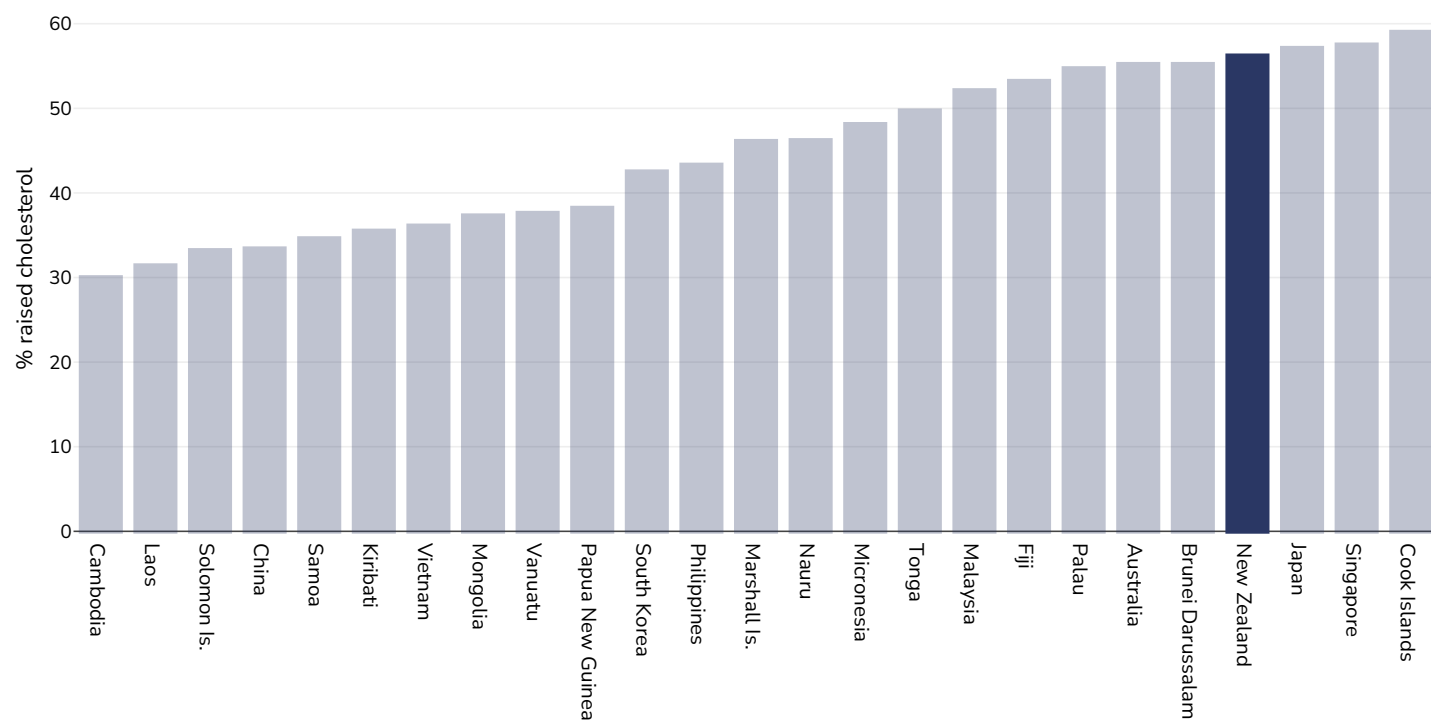


References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Raised cholesterol

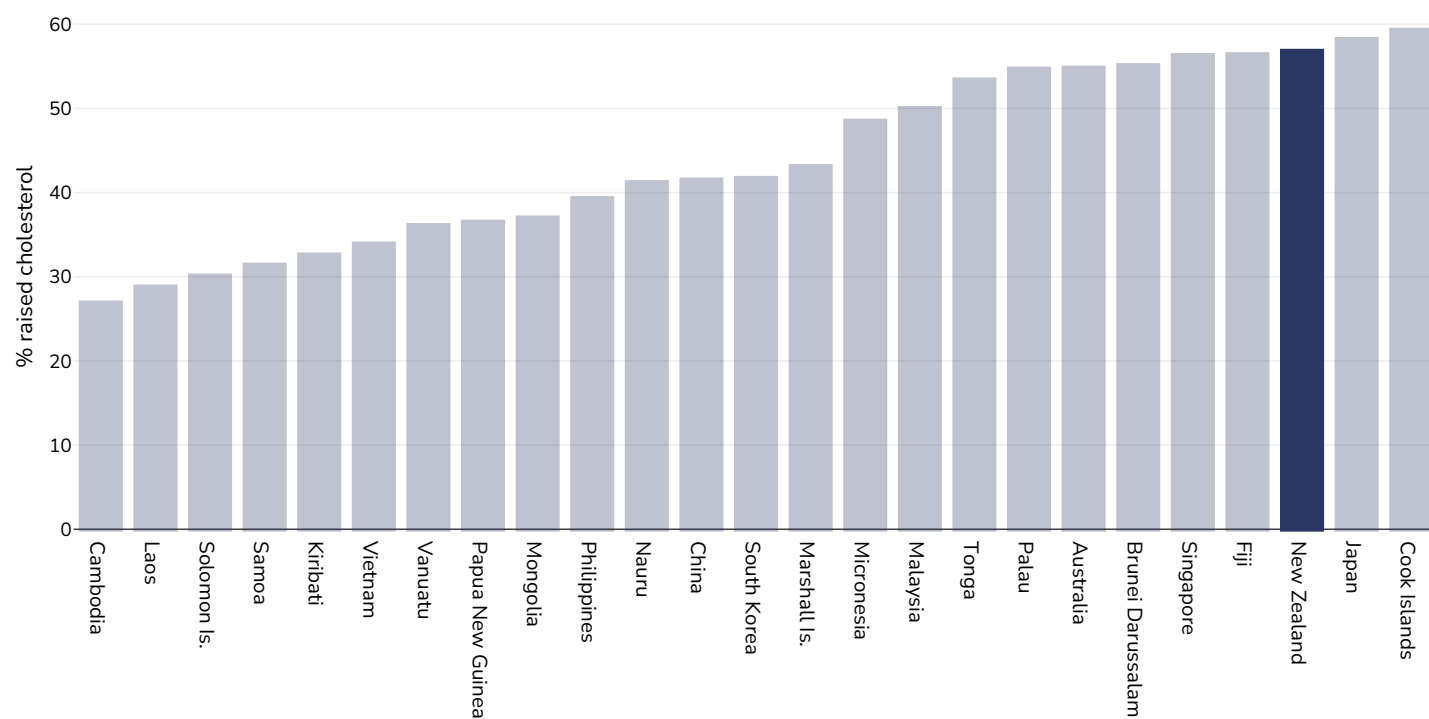
Adults, 2008



References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definitions: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

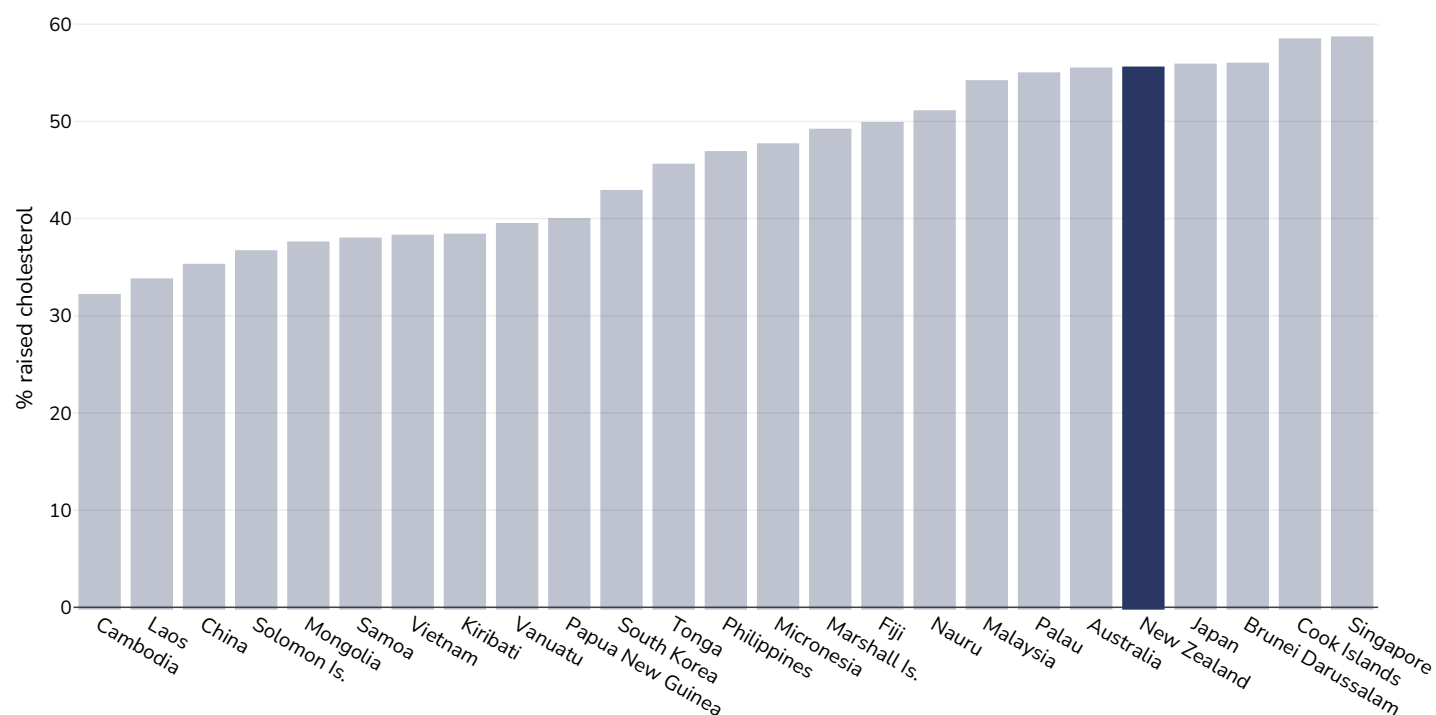
Men, 2008



References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definitions: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Women, 2008

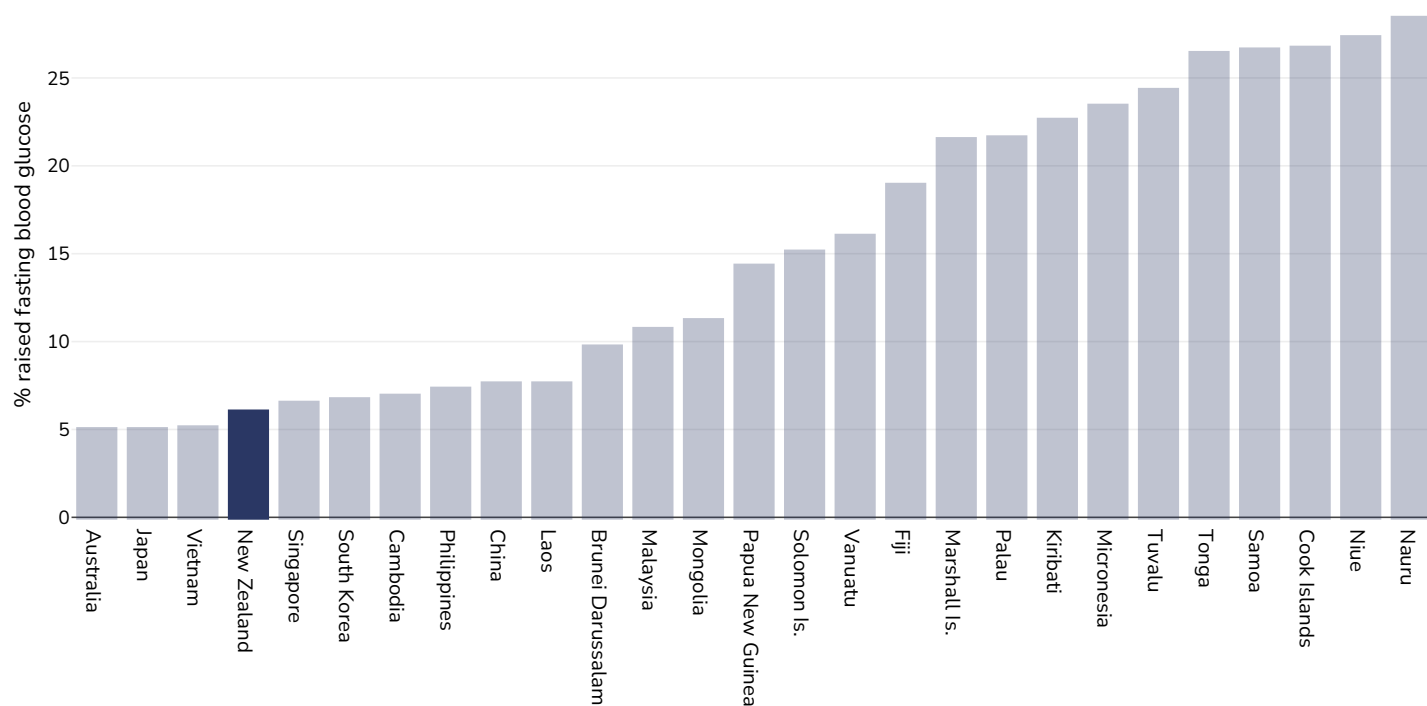


References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definitions: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Raised fasting blood glucose

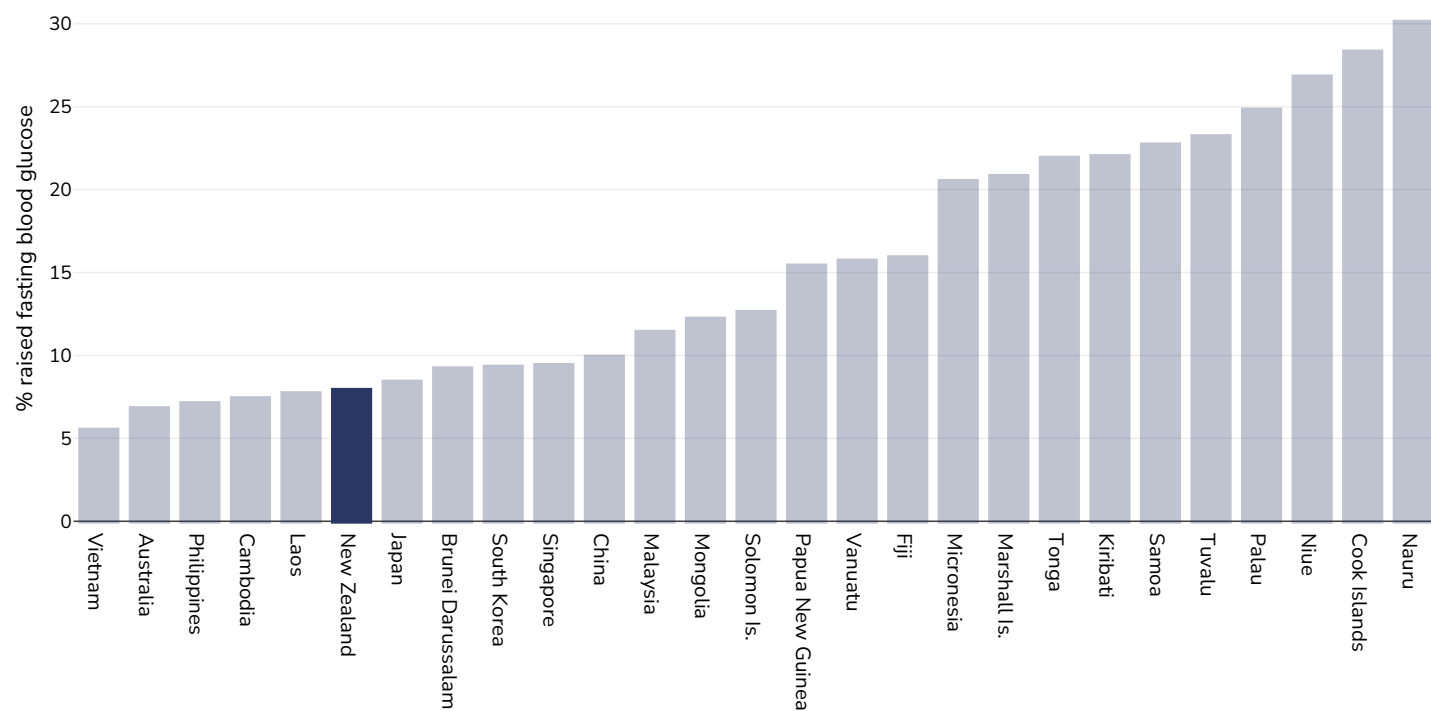
Men, 2014



References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitions: Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Women, 2014

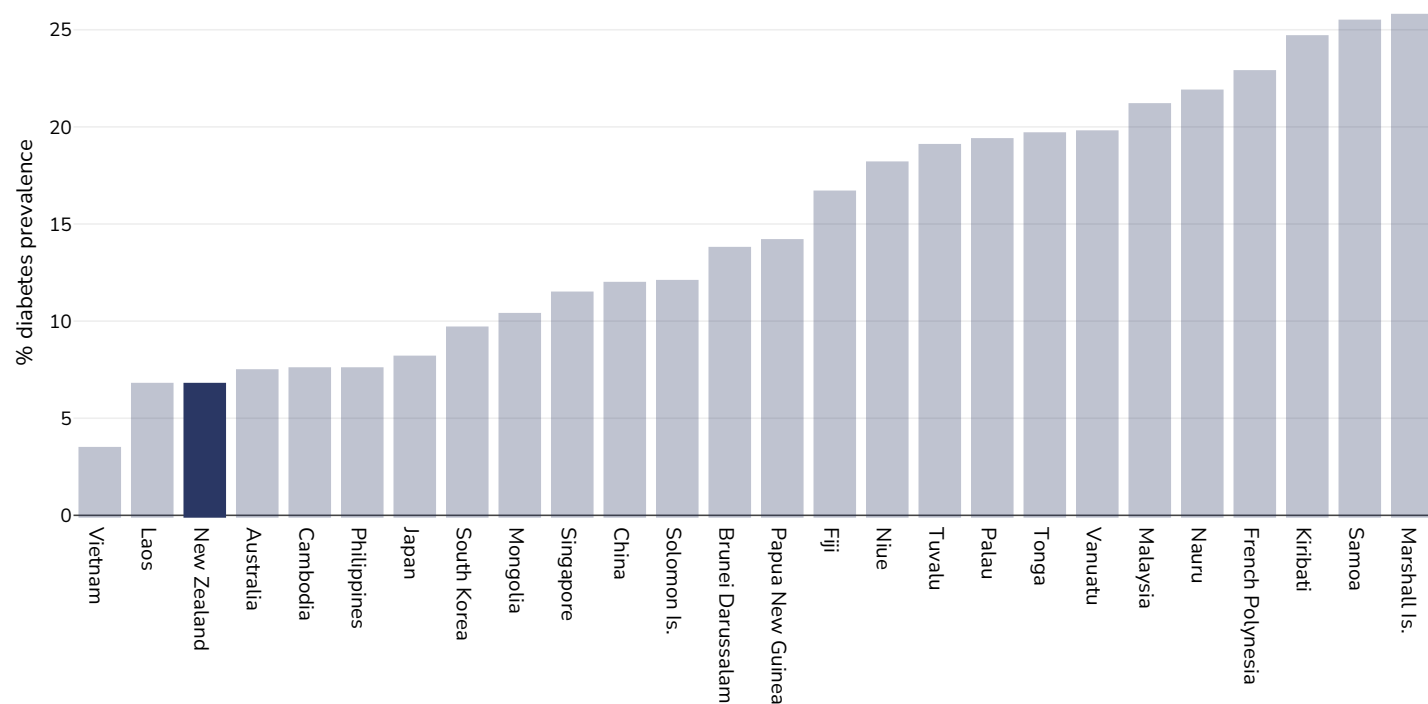


References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitions: Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Diabetes prevalence

Adults, 2024

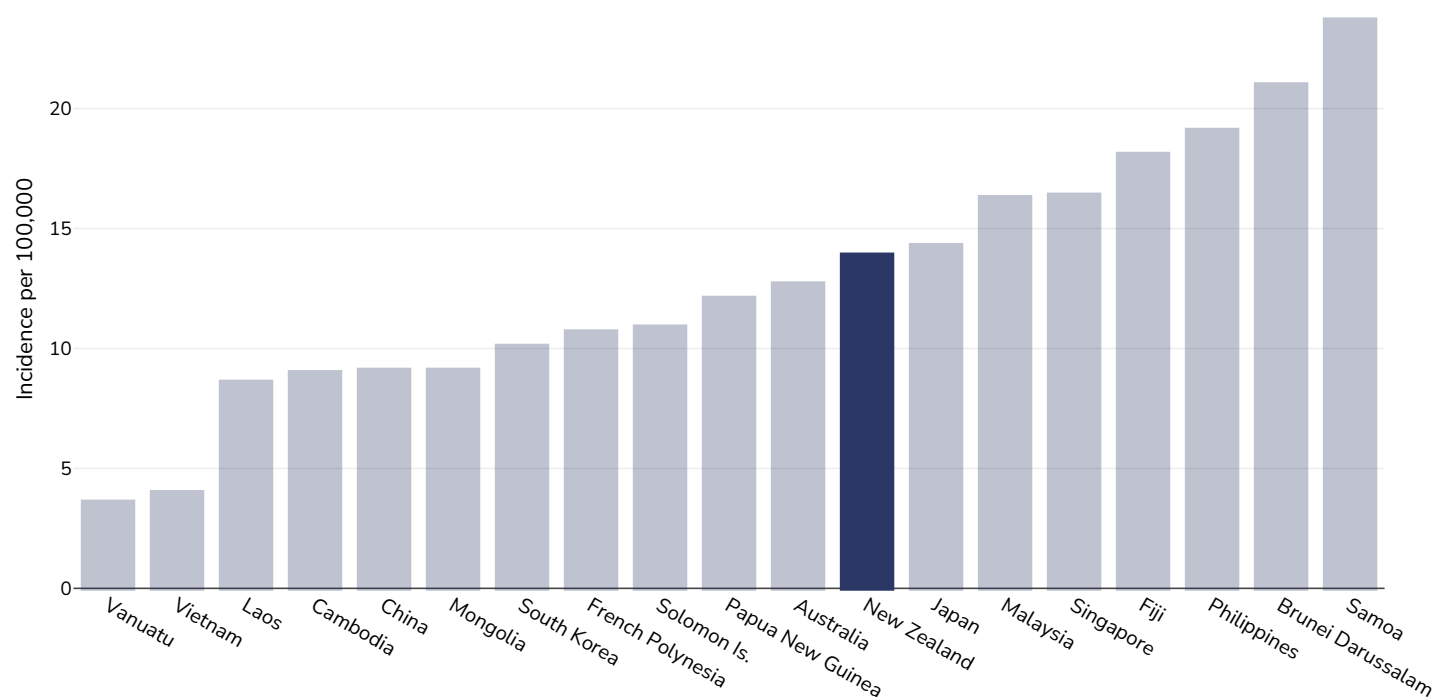


References:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. <http://www.diabetesatlas.org>

Ovarian Cancer

Women, 2022



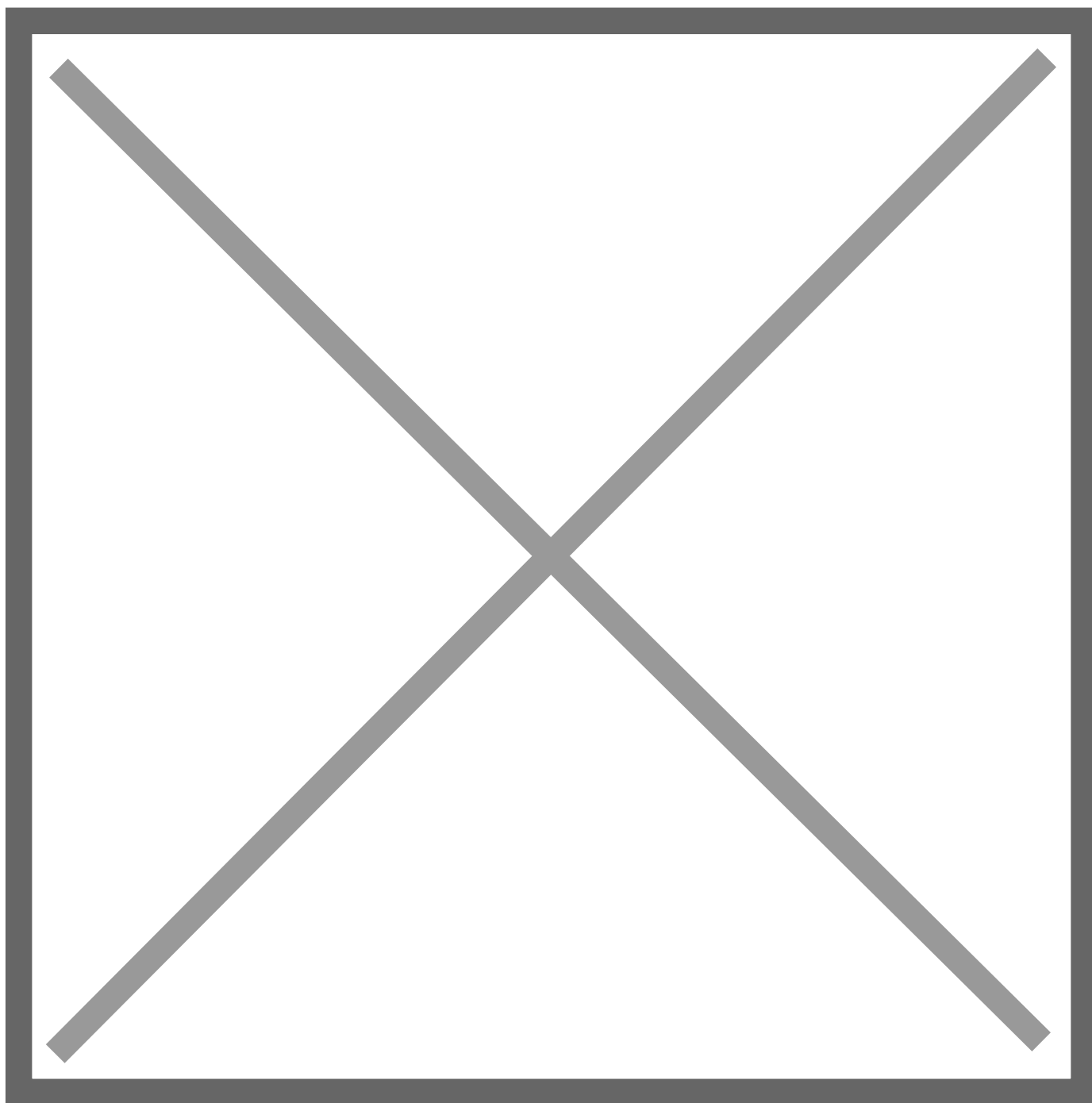
Age: 20+

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Leukemia

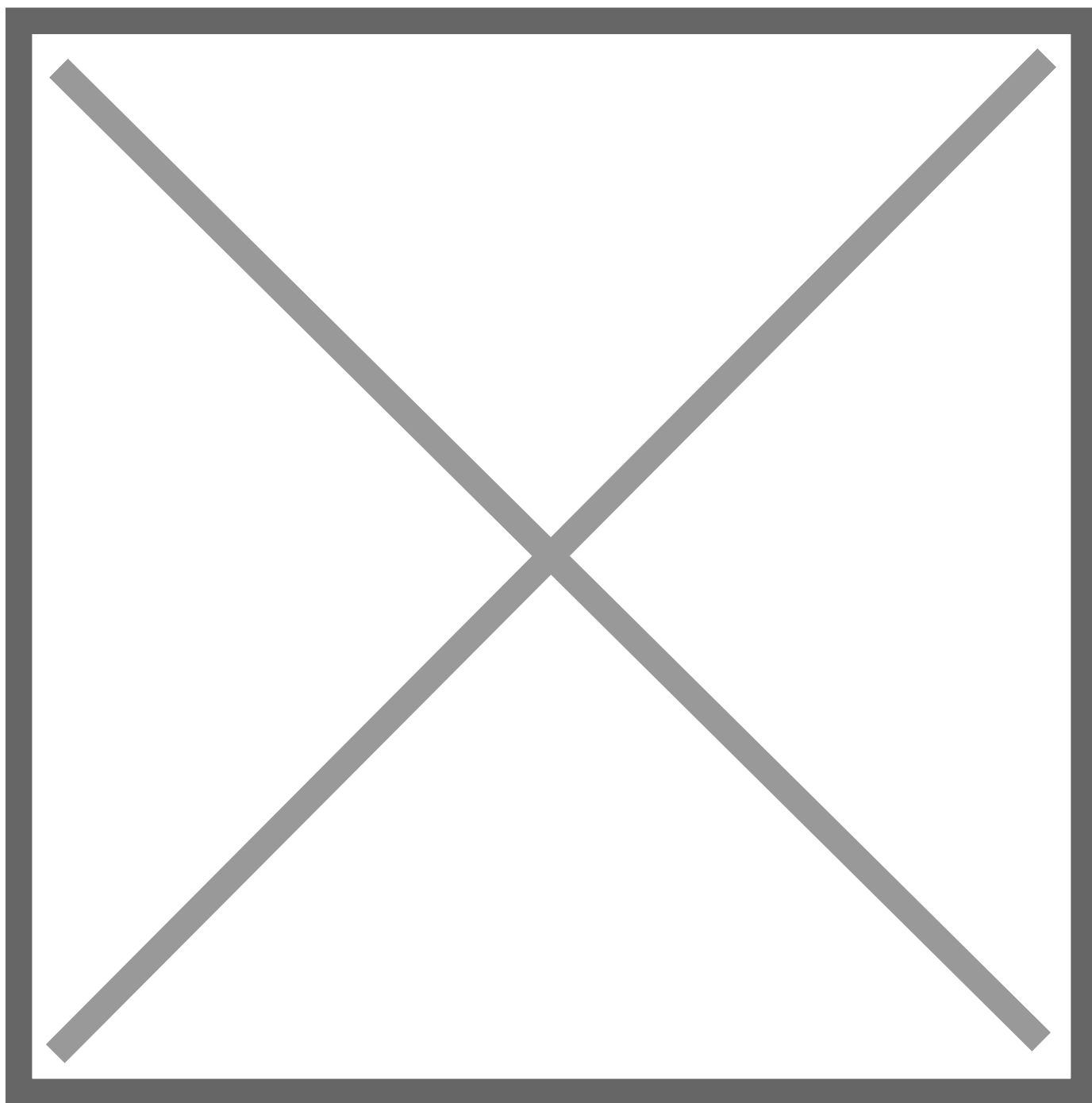
Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2022

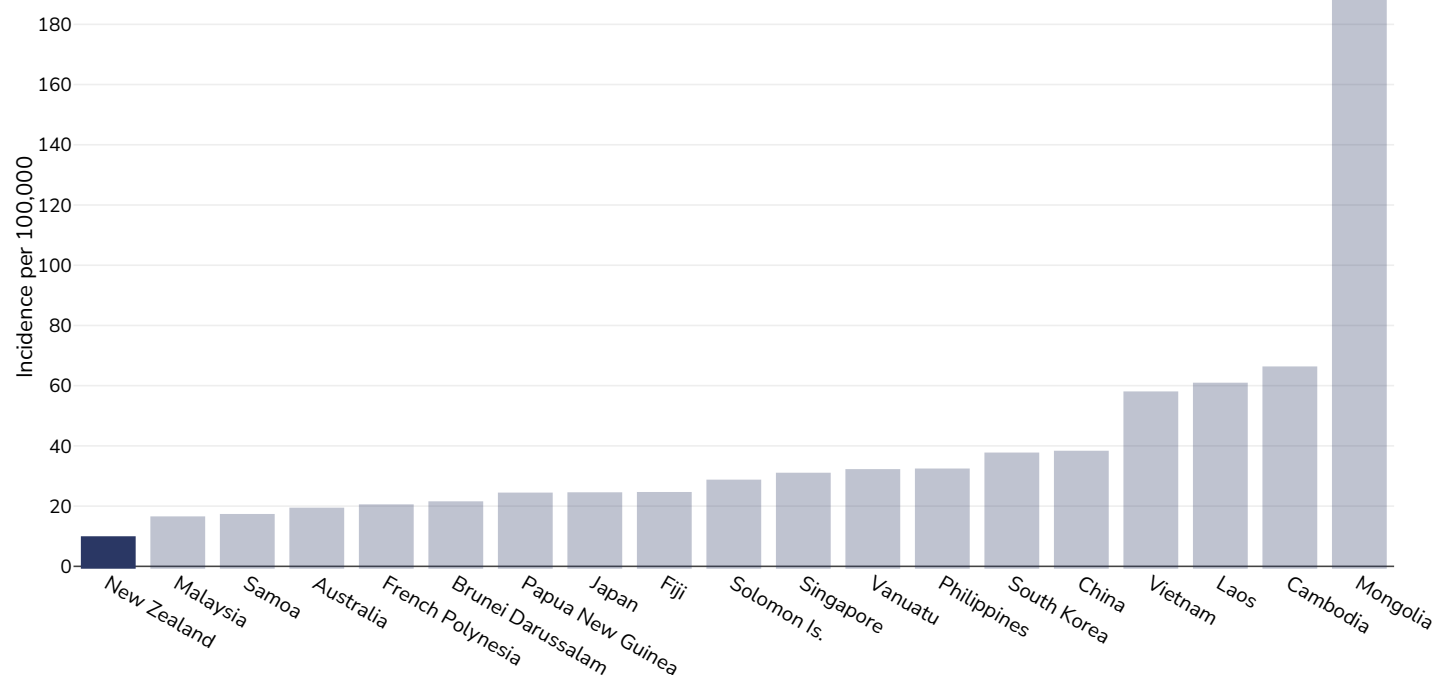


Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Liver and intrahepatic bile duct Cancer

Men, 2022



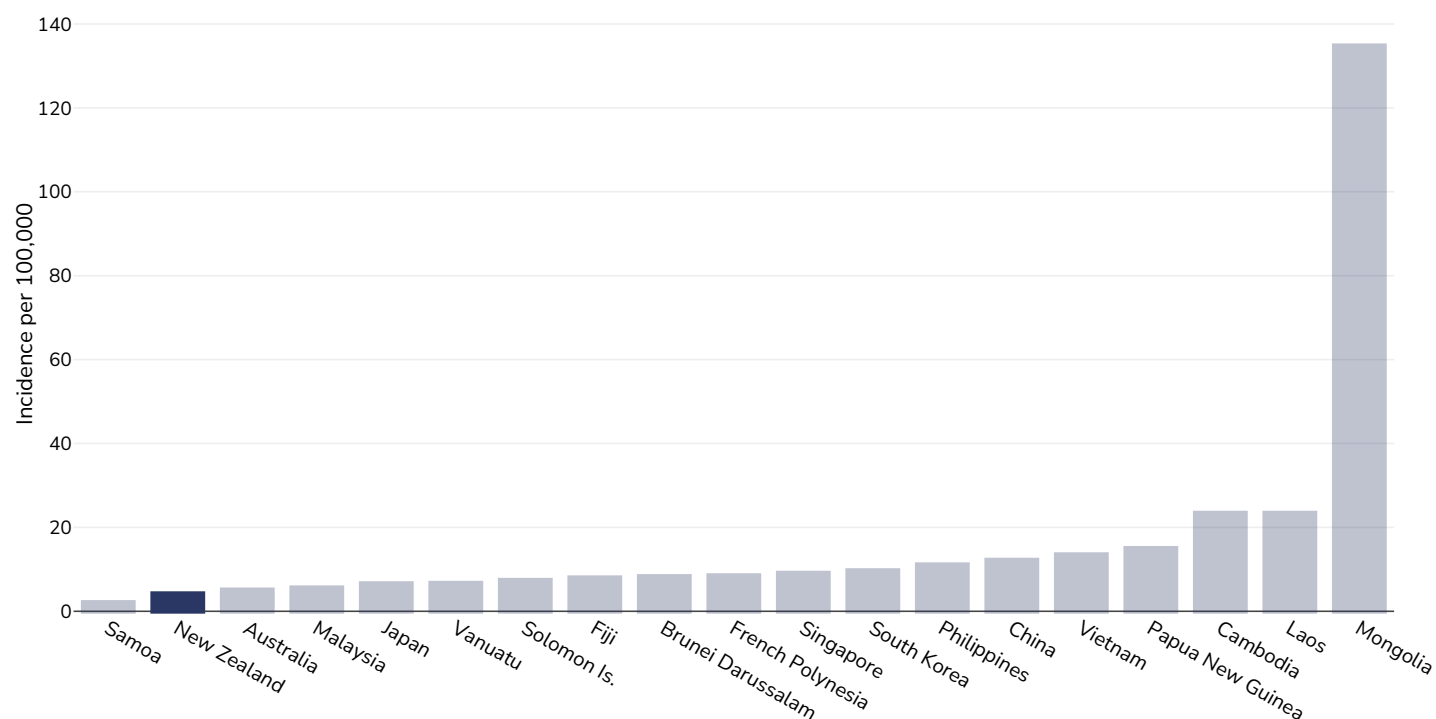
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Women, 2022



Age: 20+

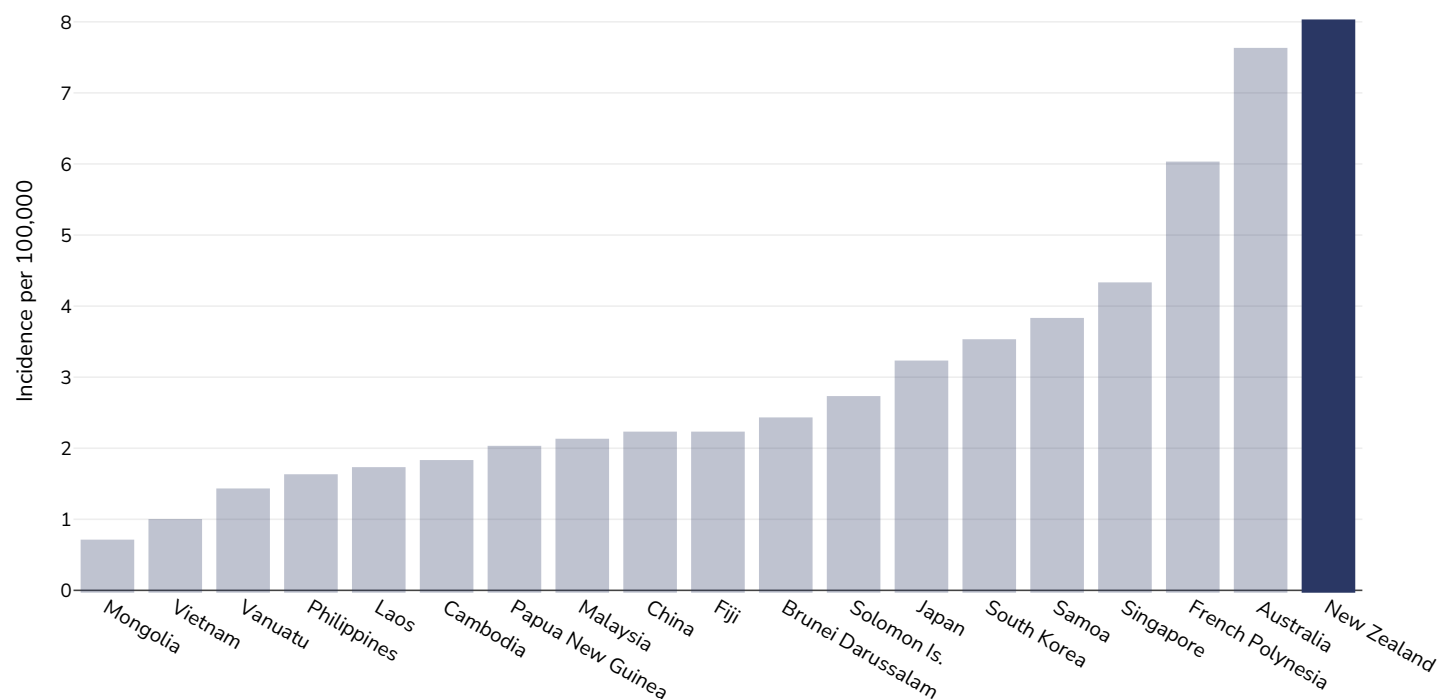
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Multiple Myeloma

Men, 2022



Age: 20+

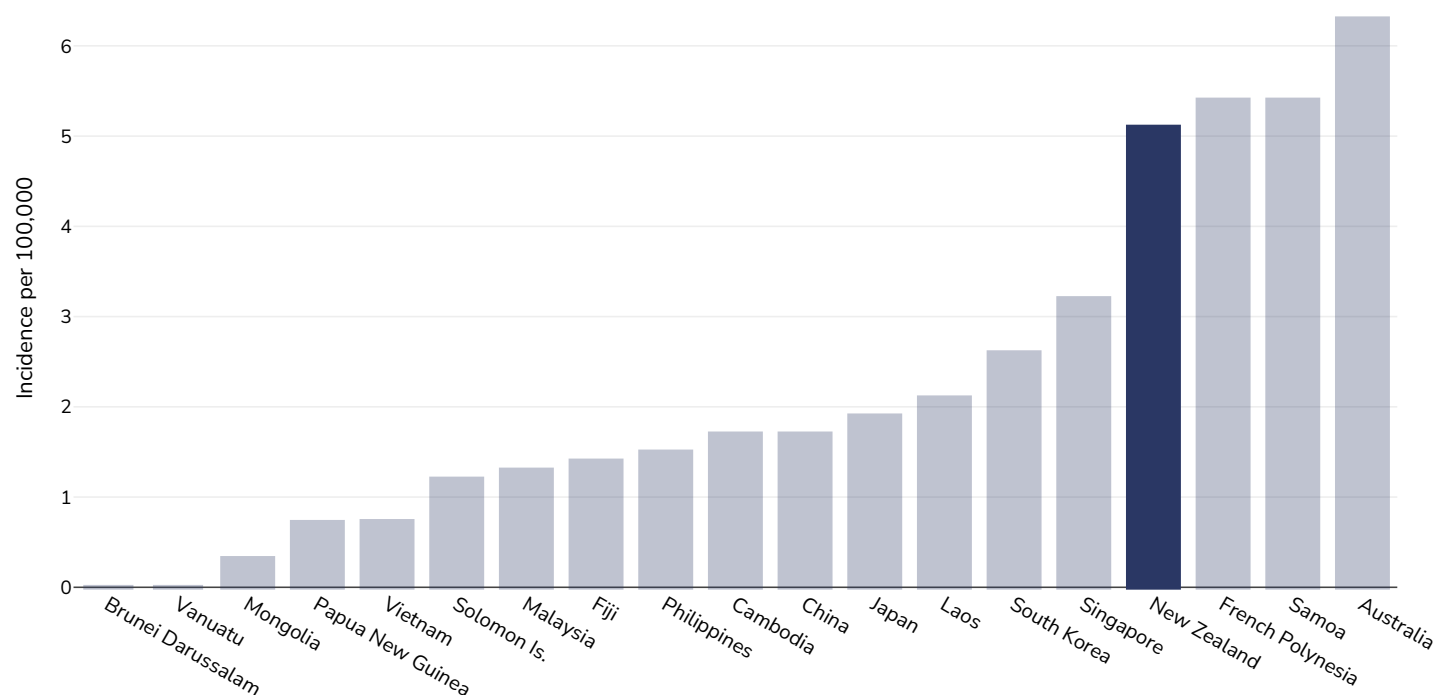
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2022



Age: 20+

Area covered: National

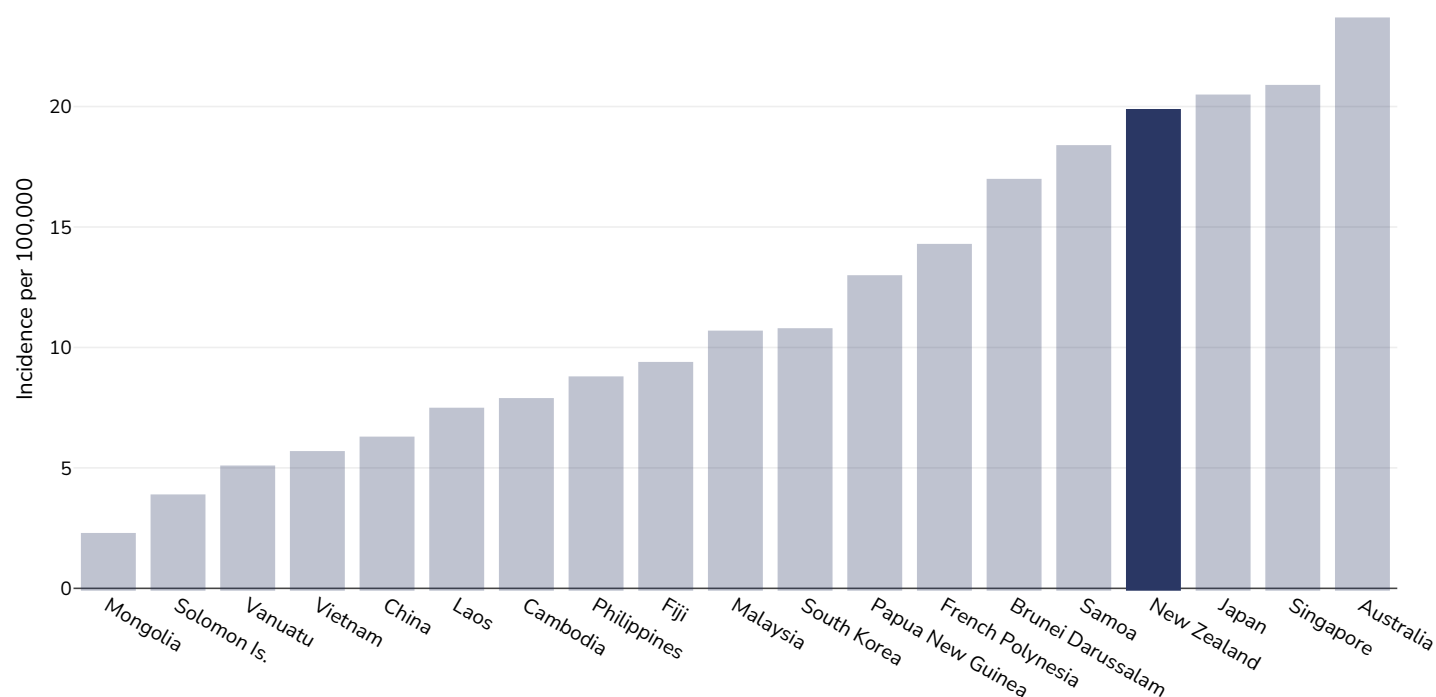
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Non Hodgkin Lymphoma

Men, 2022



Age: 20+

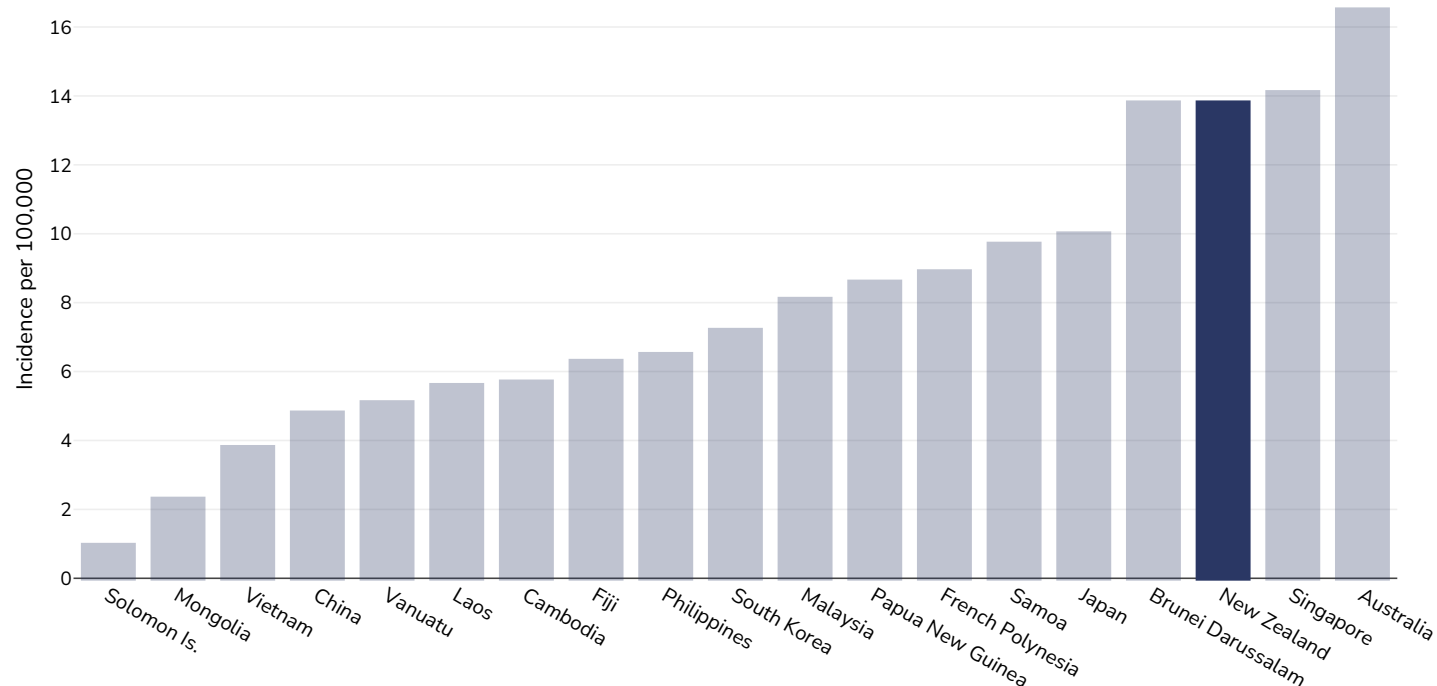
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2022



Age: 20+

Area covered: National

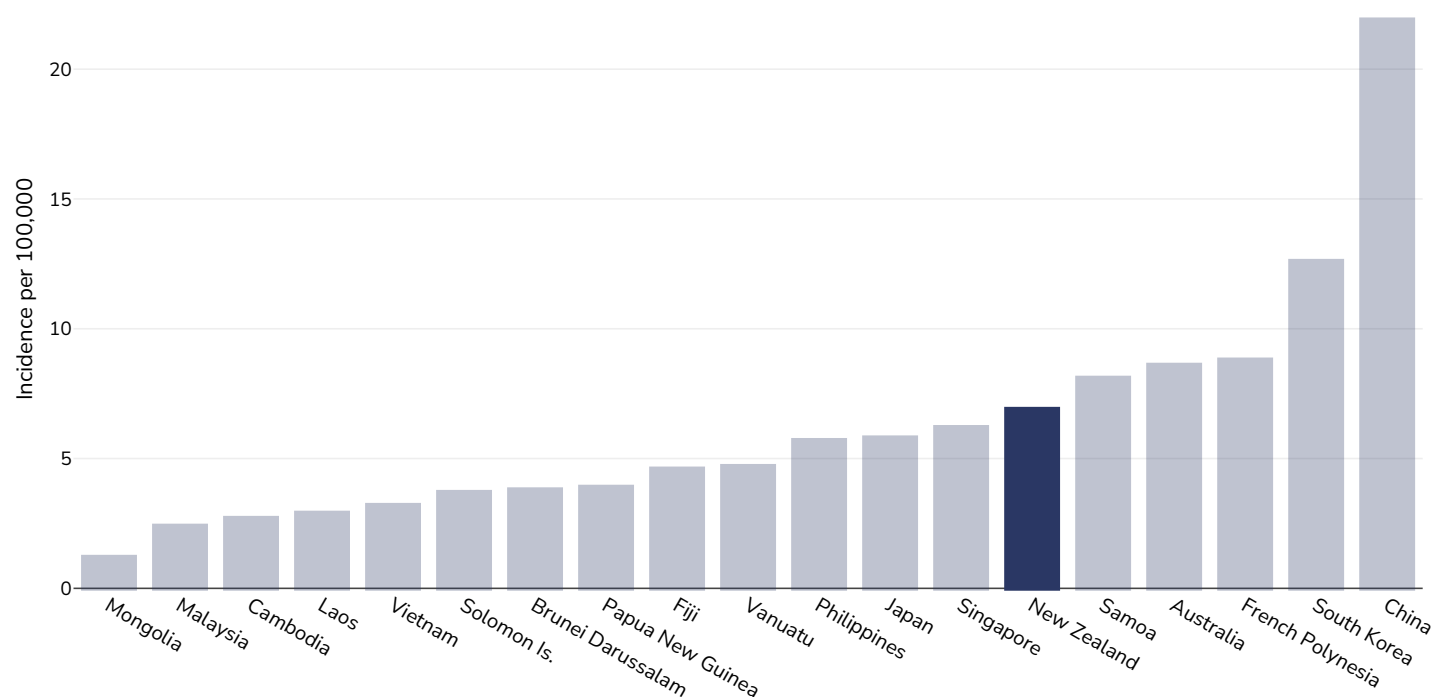
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Thyroid Cancer

Men, 2022



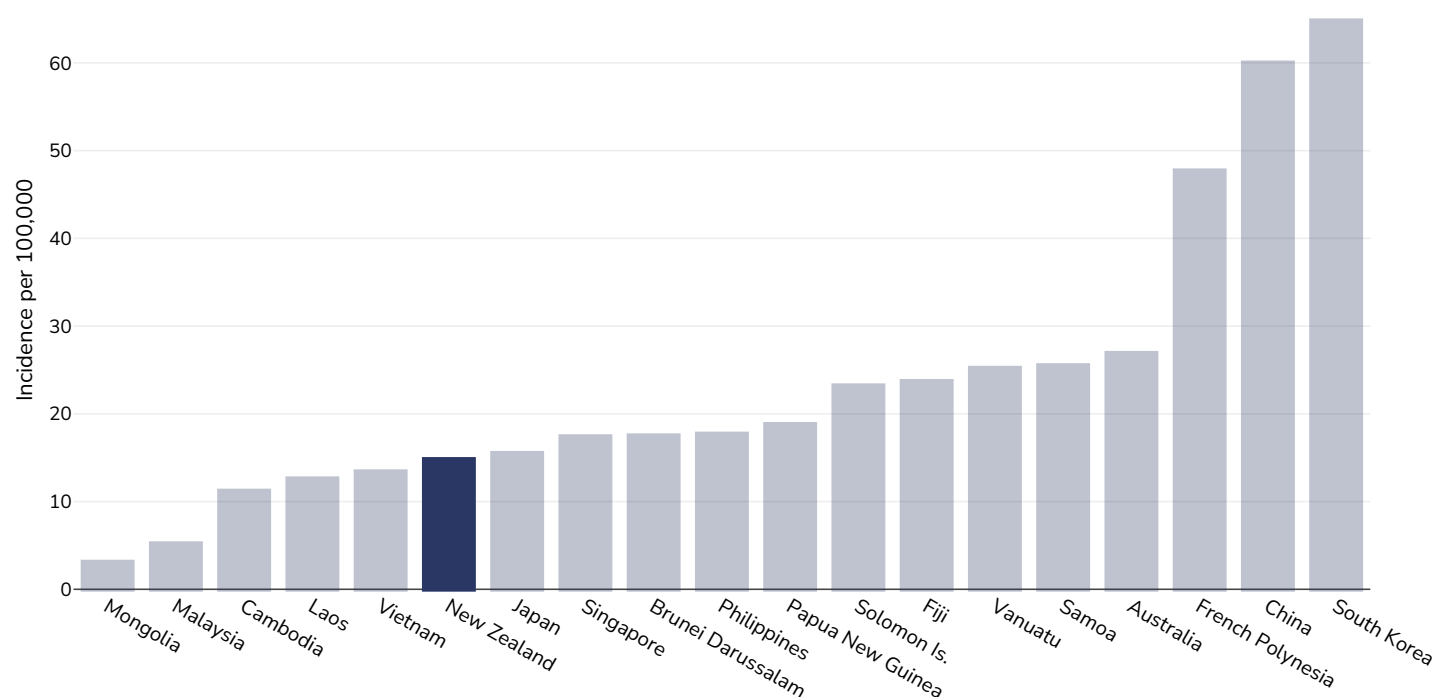
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Women, 2022



Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

PDF created on September 9, 2025