



Holandsko



Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/netherlands-153/>.

Nãírodnã© riziko obezity ***6/10** This is a composite â obesity riskâ score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels. Riziko detskeje obezity ***7,5/11** This is a â risk scoreâ for each countryâ s likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

* Na zãíklade odhadovanã½ch ãdajov. ã alã½ie informã½cie sa nachã½dzajã v publikã½ciã½ch

Prevalencia obezity

Deti, 2024



Typ
prieskumu:

Vlastná © hlásenie

Vek:

4-12

Dotknutá
oblasť:

Národná

Odkazy:

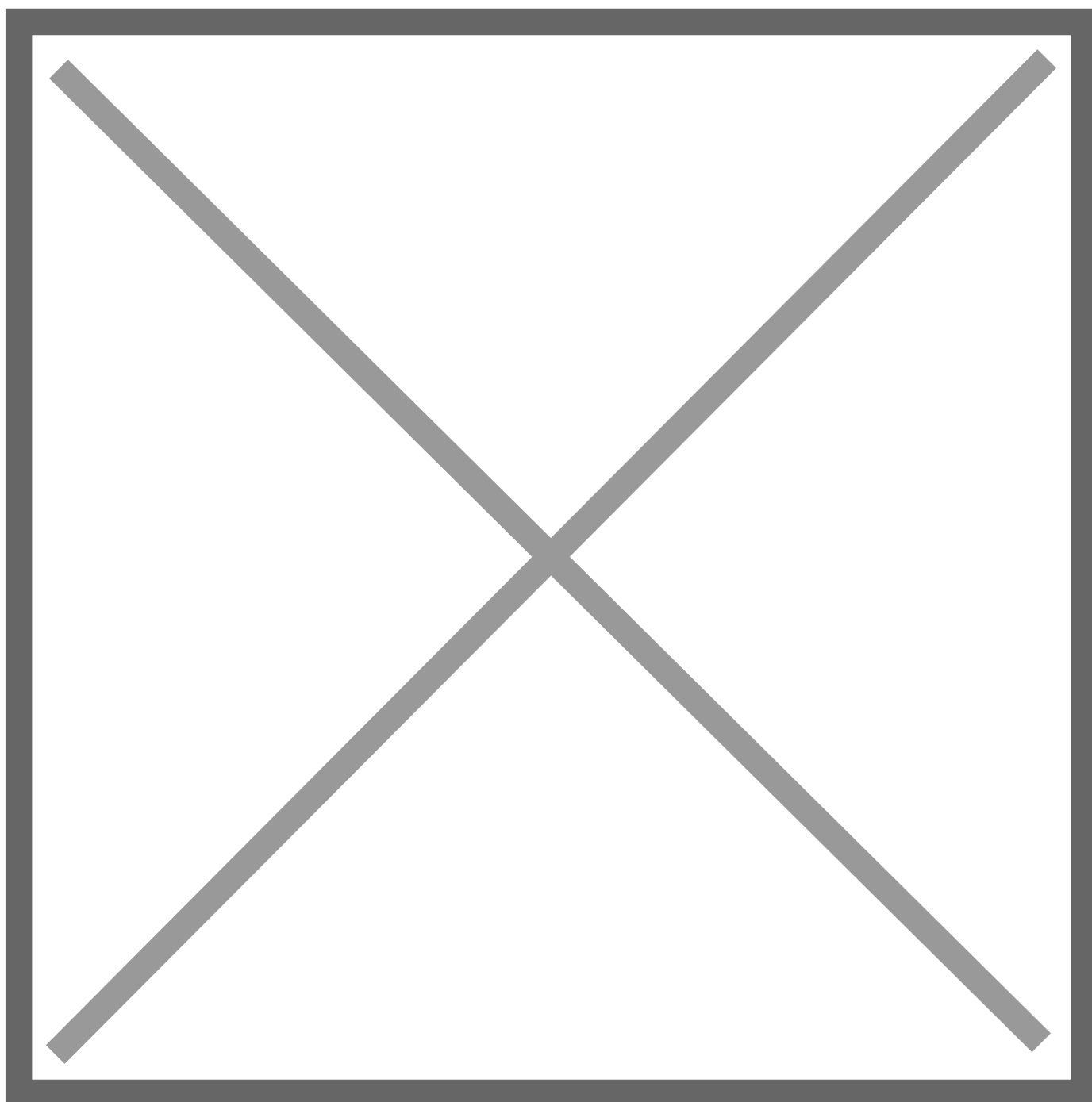
Health Survey Netherlands (2024).
<https://opendata.cbs.nl/statline/#/CBS/nl/dataset/81565NED/table?ts=1620225801465>. [Accessed 17.07.25]

Cutoffs:

IOTF

% Children living with overweight or obesity in the Netherlands

Chlapci



Typ
prieskumu:

Vlastná © hlásenie

Odkazy:

2020: Health Survey of Statistics Netherlands (2020). Available at: <https://opendata.cbs.nl/statline/#/CBS/nl/dataset/81565NED/table?ts=1620225801465>. Last accessed: 05.05.21

2021: Health Survey Netherlands (2021). Available at: <https://opendata.cbs.nl/statline/#/CBS/nl/dataset/81565NED/table?ts=1620225801465>. Last accessed: 02.06.23

2022: Health Survey Netherlands (2022). Available at: <https://opendata.cbs.nl/statline/#/CBS/nl/dataset/81565NED/table?ts=1620225801465>. Last accessed: 02.06.23

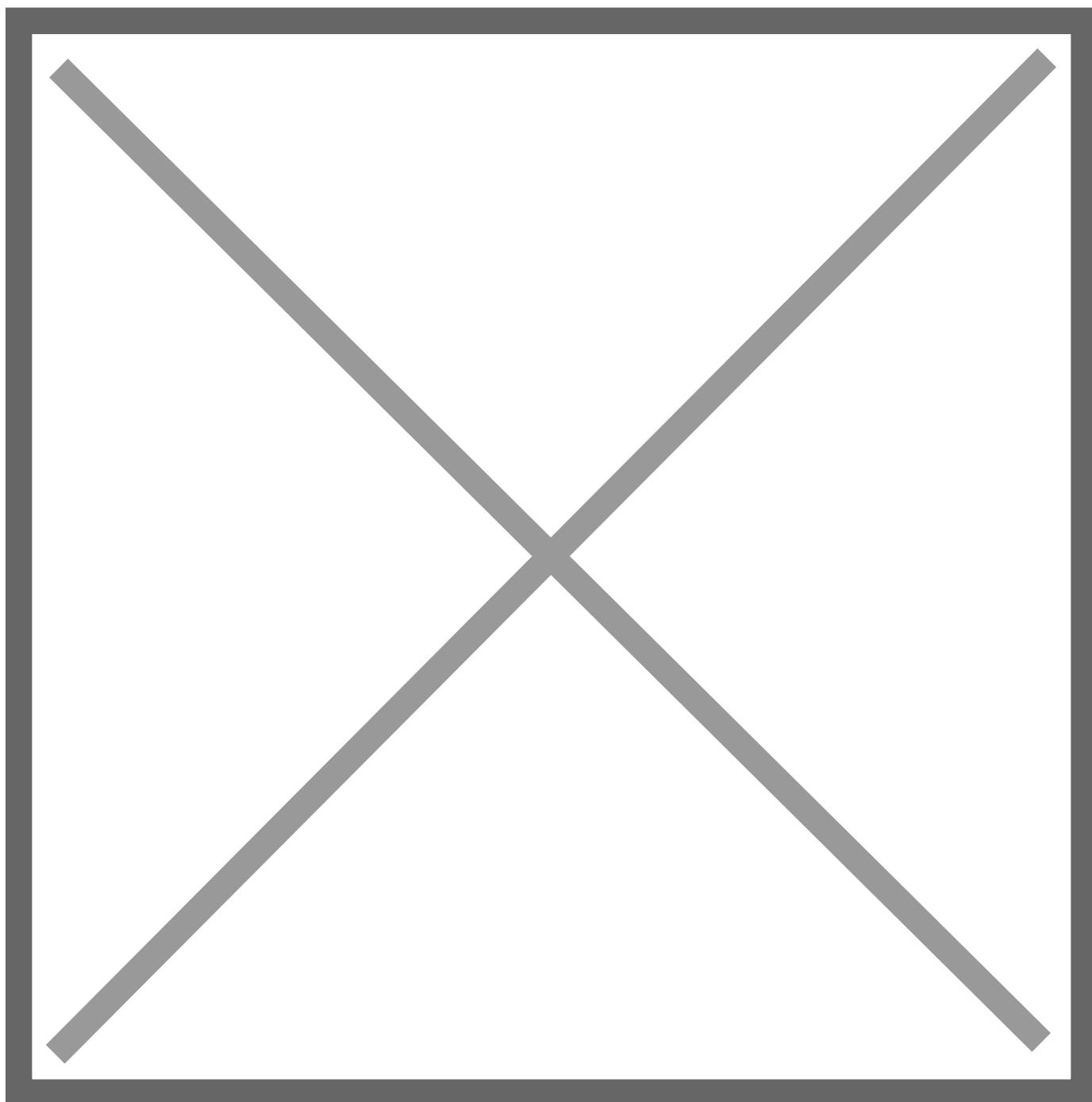
2023: Health Survey Netherlands (2023). Available at: <https://opendata.cbs.nl/statline/#/CBS/nl/dataset/81565NED/table?ts=1620225801465>. Last accessed: 12.03.24

2024: Health Survey Netherlands (2024). <https://opendata.cbs.nl/statline/#/CBS/nl/dataset/81565NED/table?ts=1620225801465>. [Accessed 17.07.25]

Ak nie je uvedený inak, za nadváhu sa považuje, ak je BMI index medzi 25 kg a 29,9 kg/m² a za obezitu sa považuje, ak je BMI index vyšší ako 30 kg/m².

Na zber týchto údajov sa mohli použiť rôzne metodiky, a preto údaje z rôznych prieskumov nemusia byť striktné porovnateľné. Použitá metodika si môžete pozrieť v prírodných zdrojoch údajov

DievÄ atÄ



**Typ
prieskumu:**

VlastnÄ© hlÄsenie

Odkazy:

2020: Health Survey of Statistics Netherlands (2020). Available at: <https://opendata.cbs.nl/statline/#/CBS/nl/dataset/81565NED/table?ts=1620225801465>. Last accessed: 05.05.21

2021: Health Survey Netherlands (2021). Available at: <https://opendata.cbs.nl/statline/#/CBS/nl/dataset/81565NED/table?ts=1620225801465>. Last accessed: 02.06.23

2022: Health Survey Netherlands (2022). Available at: <https://opendata.cbs.nl/statline/#/CBS/nl/dataset/81565NED/table?ts=1620225801465>. Last accessed: 02.06.23

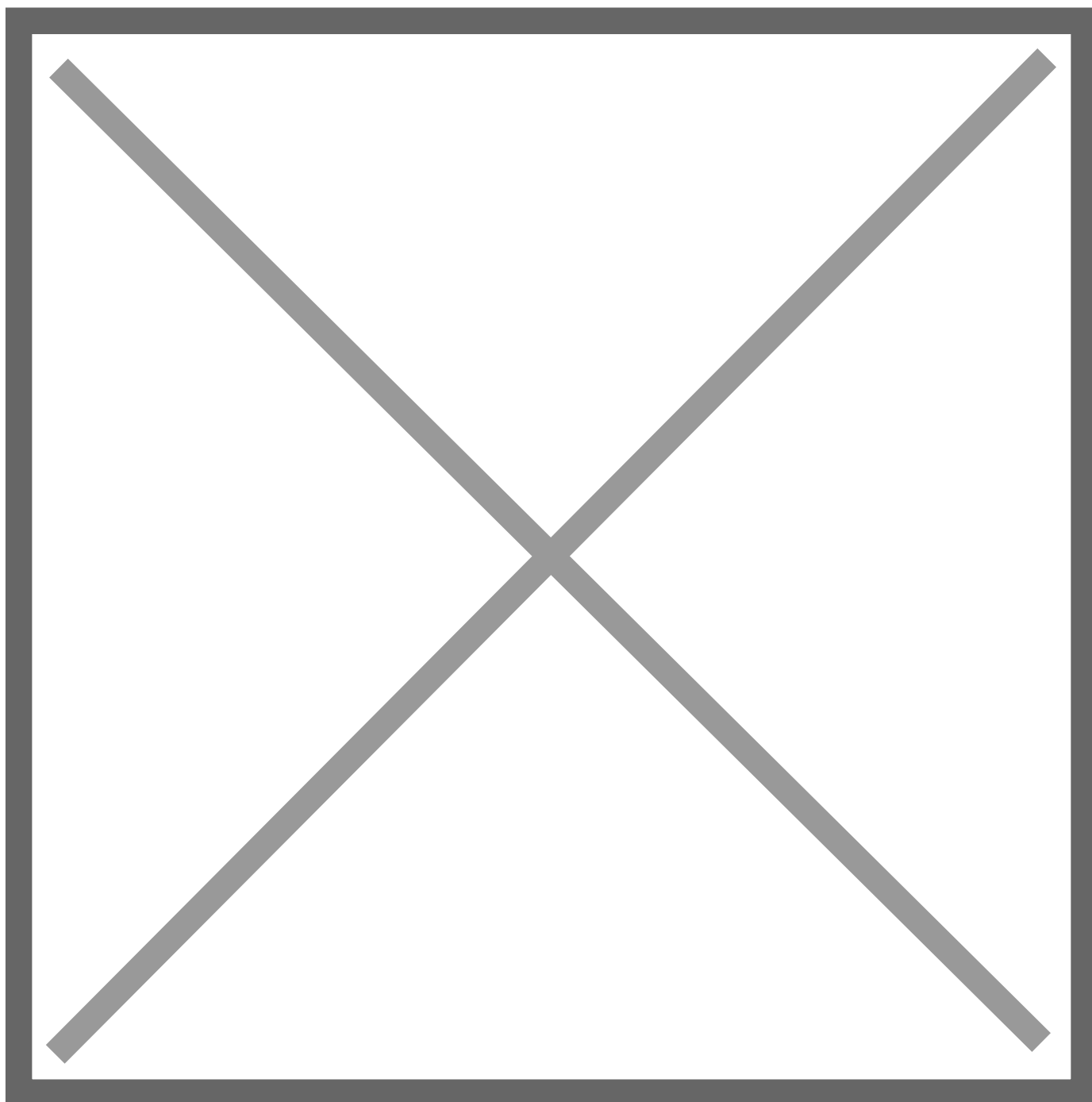
2023: Health Survey Netherlands (2023). Available at: <https://opendata.cbs.nl/statline/#/CBS/nl/dataset/81565NED/table?ts=1620225801465>. Last accessed: 12.03.24

2024: Health Survey Netherlands (2024). <https://opendata.cbs.nl/statline/#/CBS/nl/dataset/81565NED/table?ts=1620225801465>. [Accessed 17.07.25]

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Boys and girls



Typ
prieskumu:

Vlastná © hlásenie

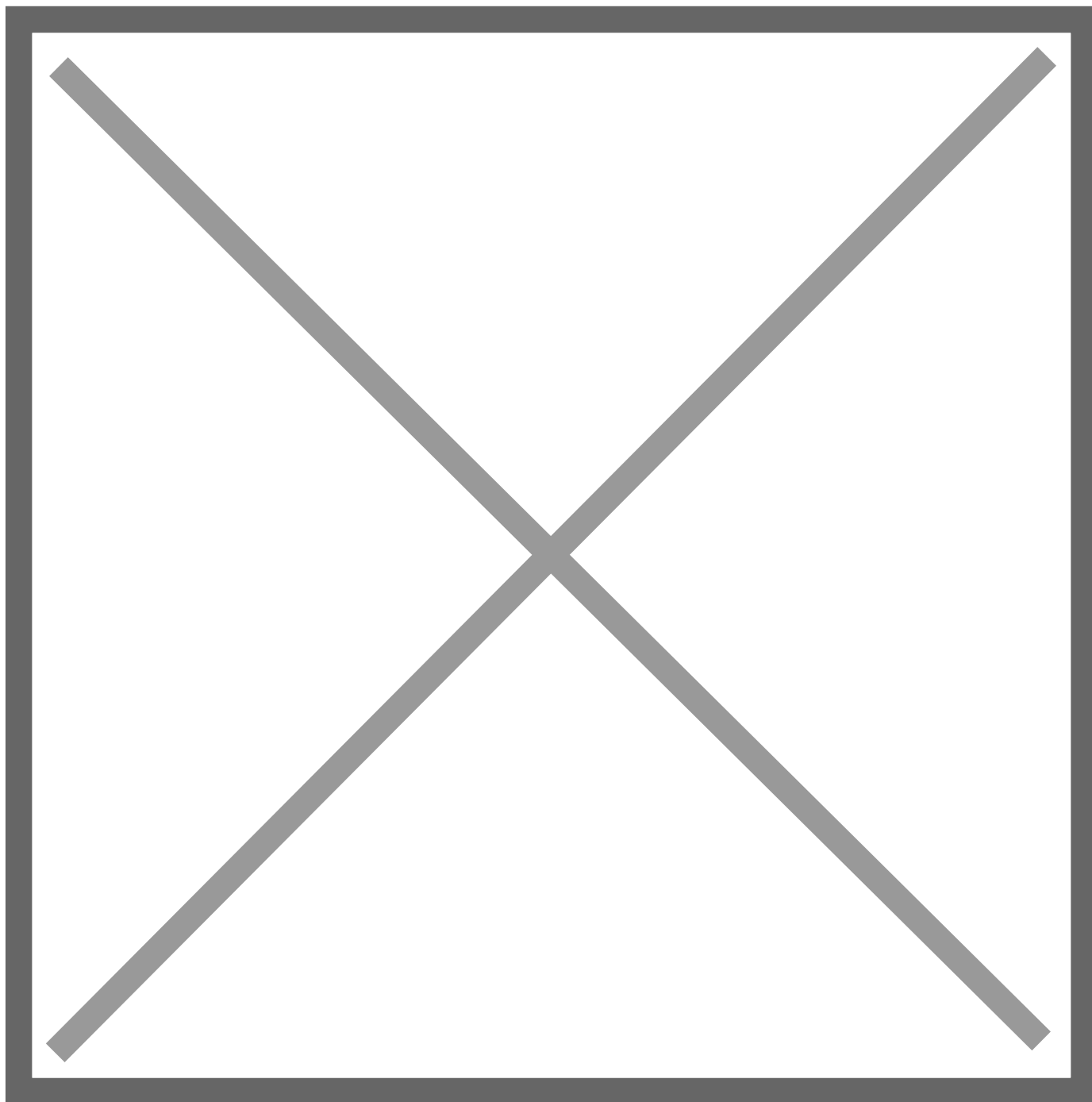
Odkazy:

2020: Health Survey of Statistics Netherlands (2020). Available at: <https://opendata.cbs.nl/statline/#/CBS/nl/dataset/81565NED/table?ts=1620225801465>. Last accessed: 05.05.21
2021: Health Survey Netherlands (2021). Available at: <https://opendata.cbs.nl/statline/#/CBS/nl/dataset/81565NED/table?ts=1620225801465>. Last accessed: 02.06.23
2022: Health Survey Netherlands (2022). Available at: <https://opendata.cbs.nl/statline/#/CBS/nl/dataset/81565NED/table?ts=1620225801465>. Last accessed: 02.06.23
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% Children living with overweight or obesity in the Netherlands 1980-2003



**Typ
prieskumu:**

Nameranã hodnota

Odkazy:

1980, 2003: van den Hurk K, van Buuren P, van Buuren S, Verkerk PH and HiraSing RA. (2007). Prevalence of overweight and obesity in the Netherlands in 2003 compared to 1980 and 1977. Archives Dis Child, 92: 992 - 995.
1997: Katja van den Hurk, Paula van Dommelen, Stef van Buuren, Paul H Verkerk, Remy A HiraSing. Prevalence of overweight and obesity in the Netherlands in 2003 compared to 1980 and 1997. Arch Dis Child 2007;92:992-995. doi: 10.1136/adc.2006.115402

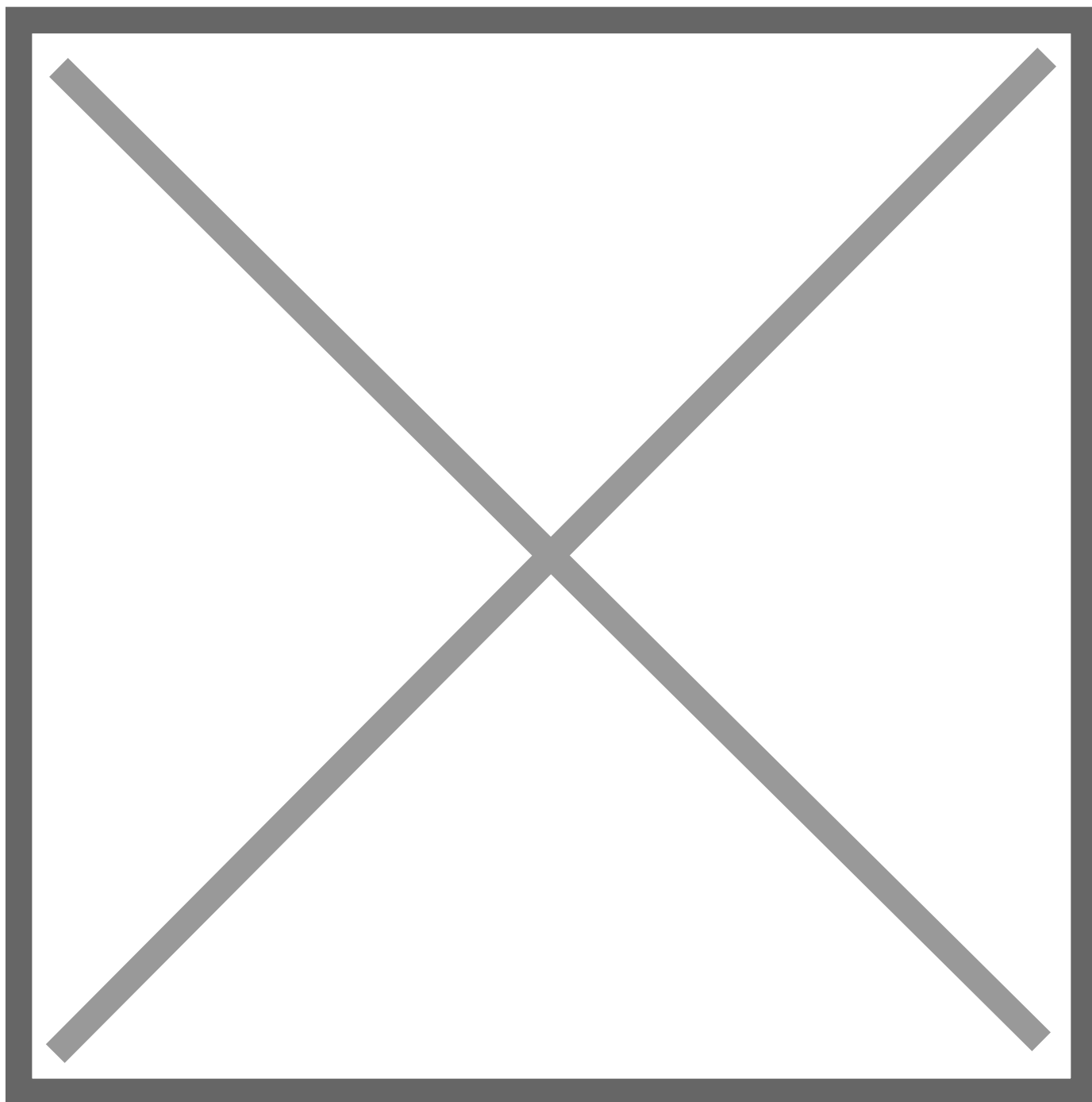
**Definície (k
dispozícii iba
v angličtine):**

IOTF

Na zber týchto údajov sa mohli použiť rôzne metodiky, a preto údaje z rôznych prieskumov nemusia byť striktne porovnateľné. Použitie metodiky si môžete pozrieť v prírodných zdrojoch údajov

Nadväzha/obezita pod¾a vzdelania

Deti, 2018-2021



**Typ
prieskumu:**

Vlastná© hlásenie

Vek:

2-11

**Dotknutá
oblasť:**

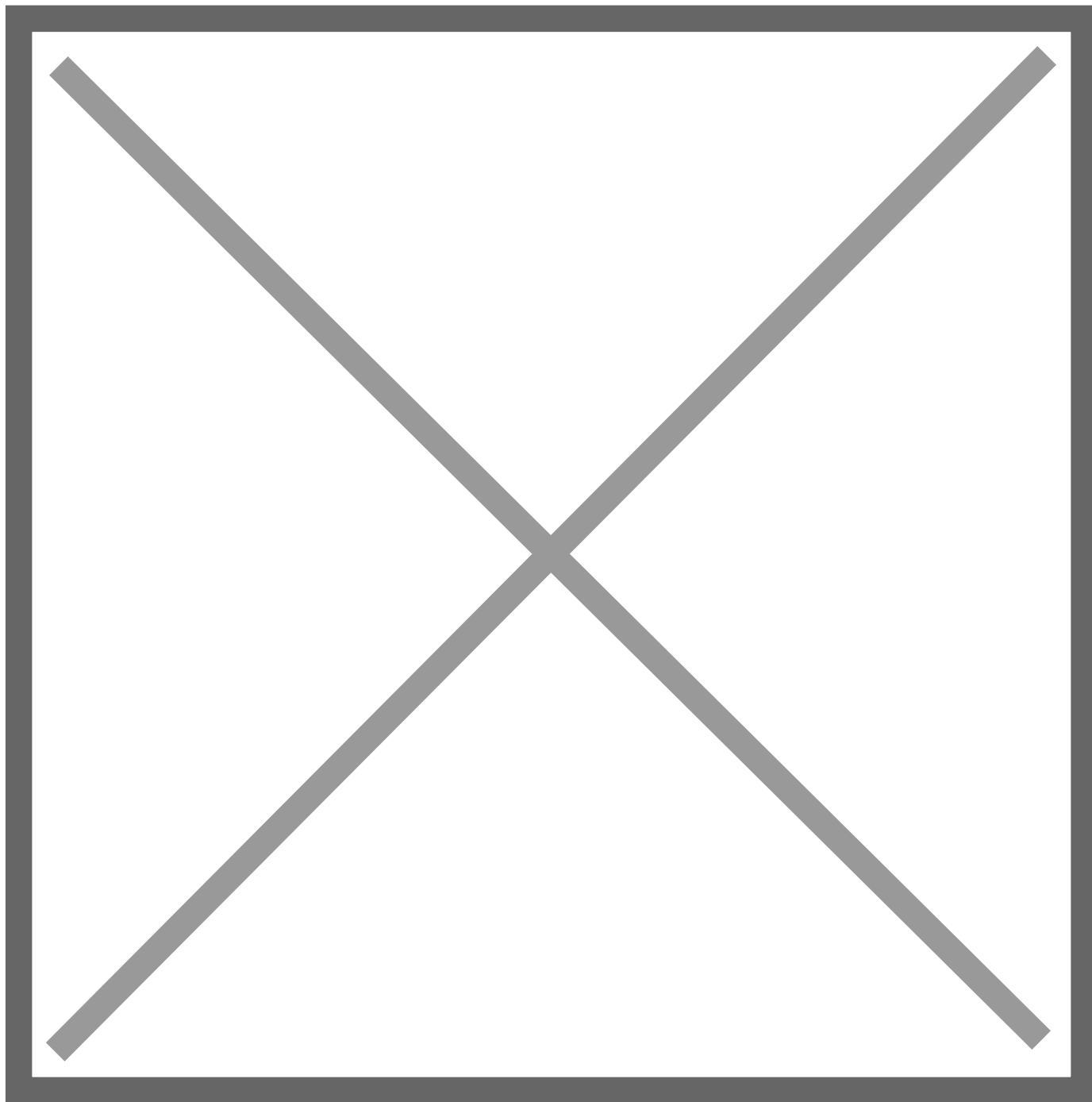
Národná½

Odkazy: Annual Report Youth Monitor 2022. Statistics Netherlands (CBS). <https://www.cbs.nl/en-gb/news/2022/45/less-overweight-and-obesity-among-children-of-higher-educated-parents> [Accessed 17.07.25]

Poznámky (k dispozici iba v angličtine): Data from National Health Survey/Lifestyle Monitor (2018-2021)

Definície (k dispozici iba v angličtine): Parent's education level

Cutoffs: IOTF

Nadväjsa/obezita pod 3/4a veku**Deti, 2024****Typ
prieskumu:**

Vlastná © hlásenie

**Dotknutá
oblasť:**

Národná 1/2

Odkazy:

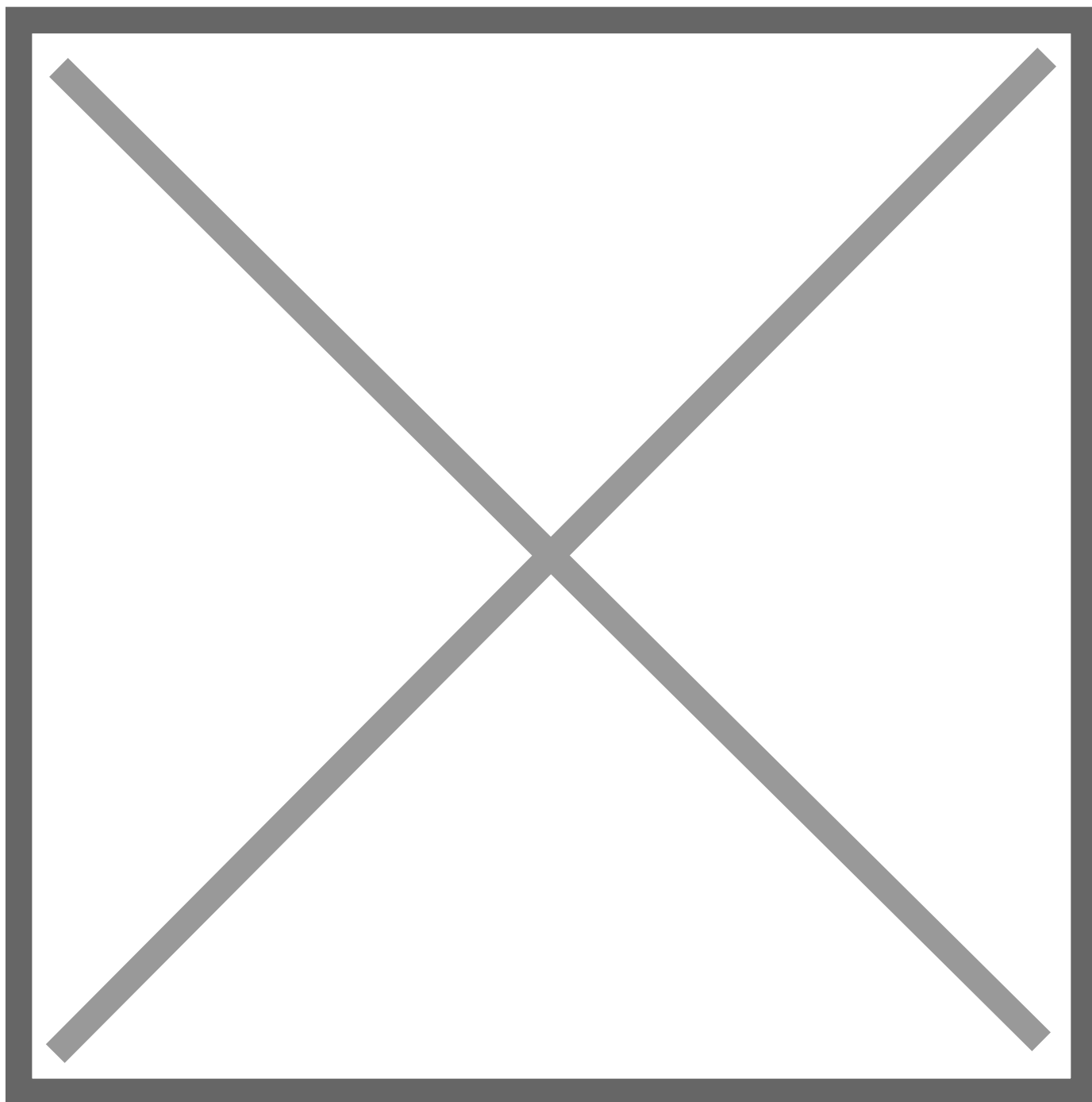
Health Survey Netherlands (2024).
<https://opendata.cbs.nl/statline/#/CBS/nl/dataset/81565NED/table?ts=1620225801465>. [Accessed 17.07.25]

Cutoffs:

IOTF

Nadväjsa/obezita pod 3/4a sociälnö-ekonomickej skupiny

Chlapci, 2021-2022



Typ
prieskumu:

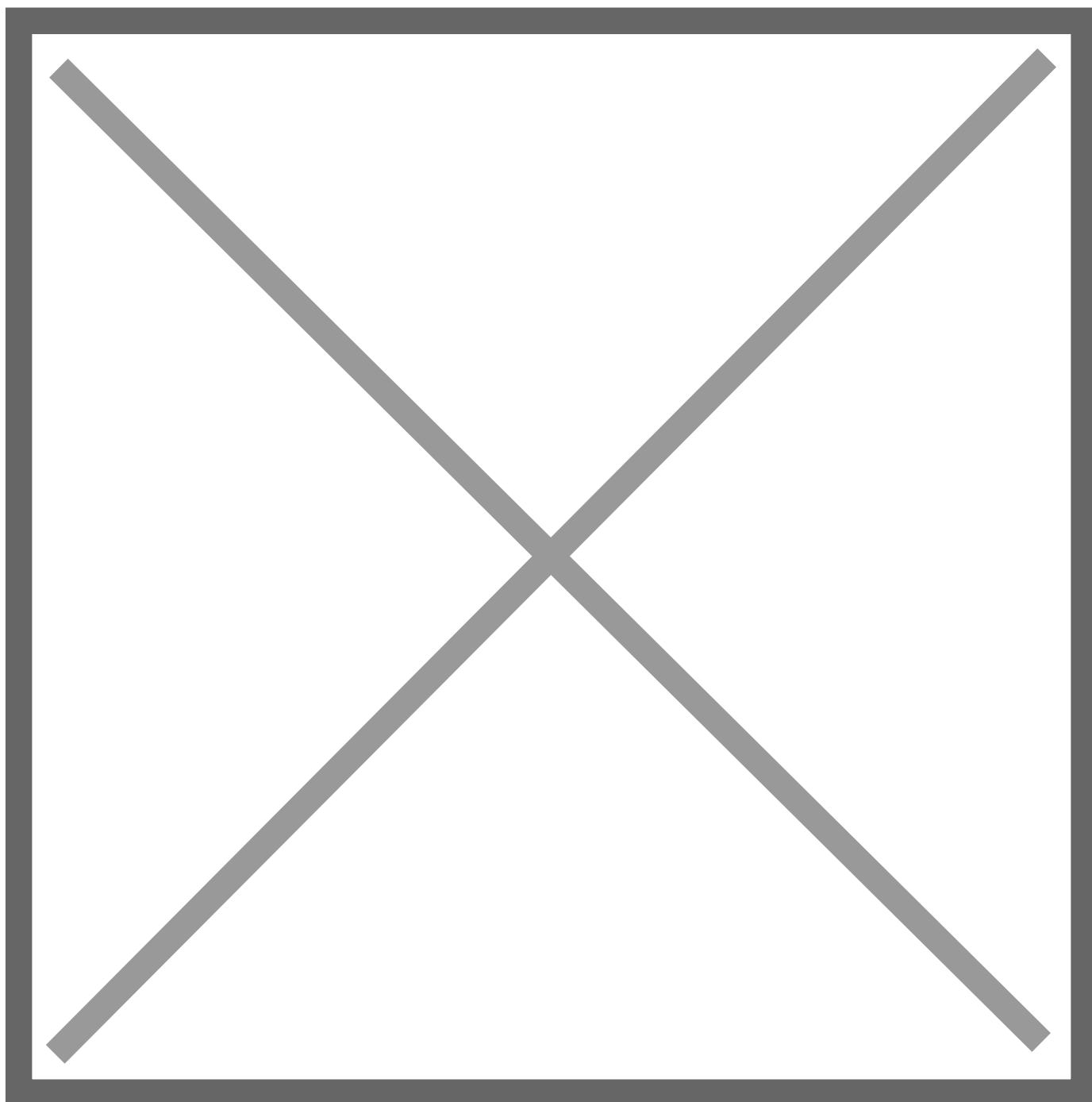
Vlastnä© hläjsenie

Vek:

11-15

Odkazy:	Raki? JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'
Poznámky (k dispozici i v angličtině):	Family affluence scaleHBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)
Cutoffs:	+2SD

DievÄŕ atÄŕ, 2021-2022

**Typ
prieskumu:**

VlastnÄŕ hliÄŕsenie

Vek:

11-15

Odkazy:

Rakiŕ JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, BakalÄŕ P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024.

'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'

**Poznámky (k
dispozici
v angličtině):**

Family affluence scale HBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)

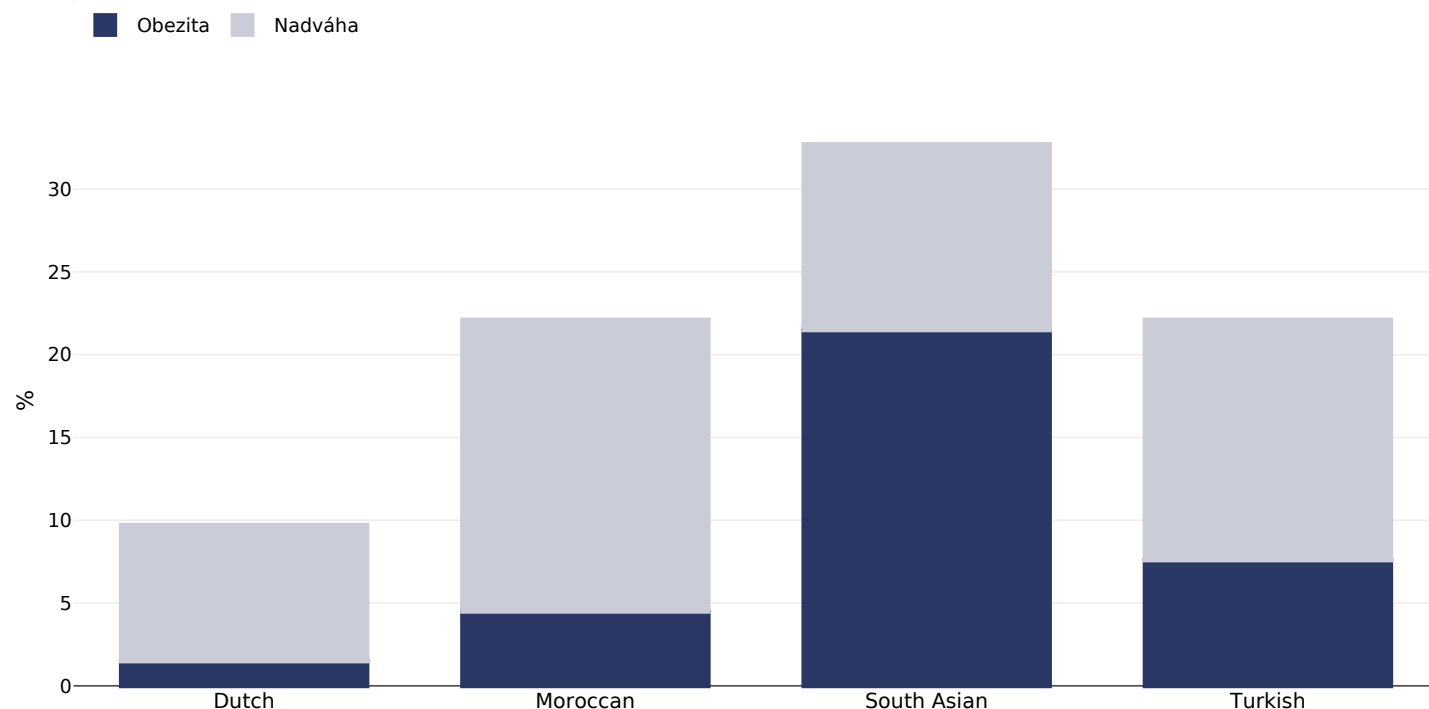
Cutoffs:

+2SD

Nadváha/obezita podľa etnického pôvodu

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Deti, 2015



Typ
prieskumu:

Nameraná hodnota

Vek:

2-15

Veľkosť
vzorky:

77,058

Dotknutá
oblasť:

Regional - The Hague

Odkazy:

Cornelisse-Vermaat, Judith R., and Henriëtte Maassen van den Brink. "Ethnic Differences in Lifestyle and Overweight in the Netherlands*." *Obesity*, vol. 15, no. 2, Feb. 2007, pp. 483-483, 10.1038/oby.2007.561. Available at: <https://academic.oup.com/eurpub/article/28/6/1023/5035077?login=true>. Accessed 6 May 2021.

Definície (k
dispozícii iba
v angličtine):

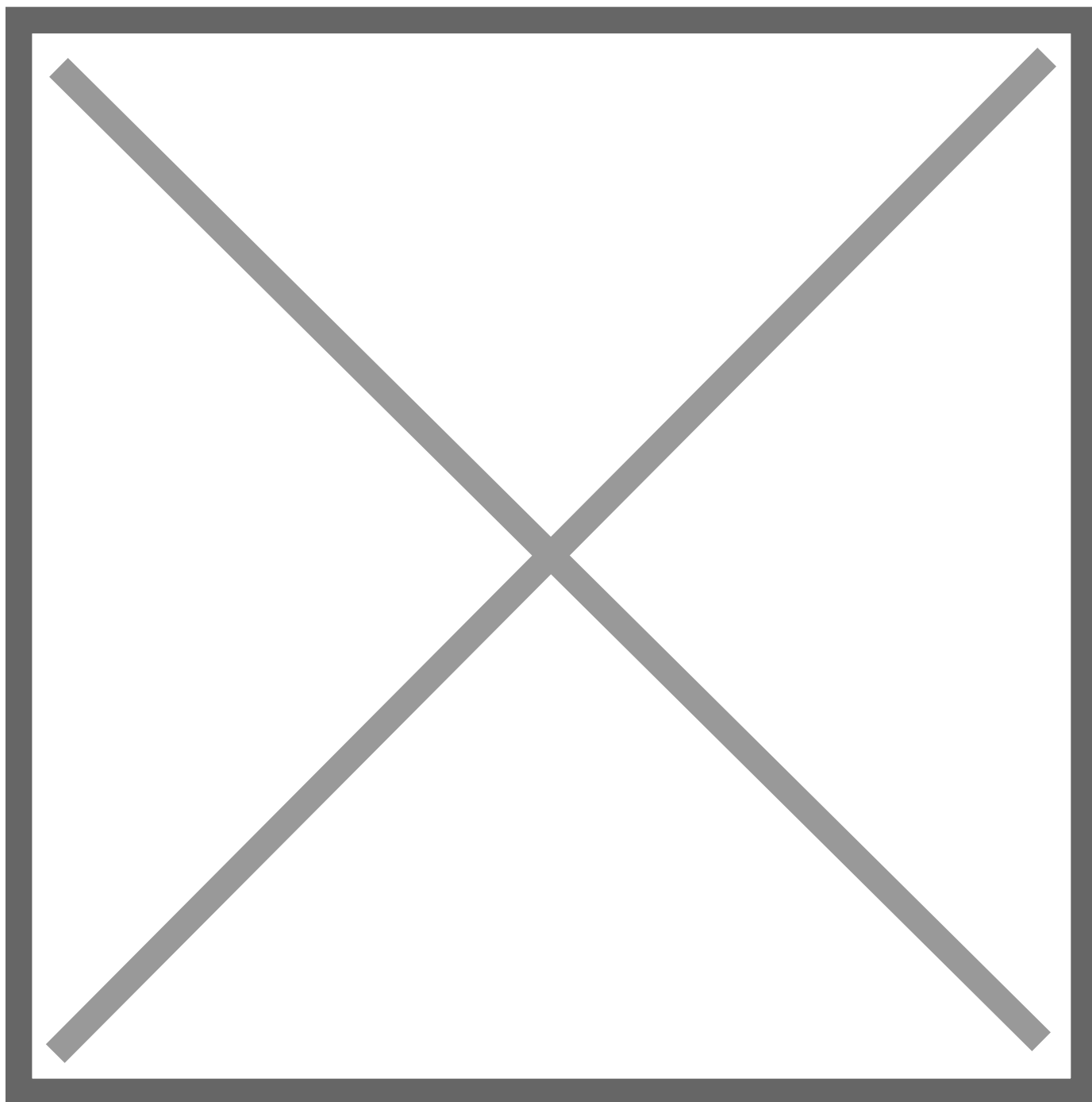
Ethnic groups as defined by publication of origin.

Cutoffs:

IOTF

Double burden of underweight & overweight

Deti, 2022



Typ
prieskumu:

NameranÃ; hodnota

Vek:

5-19

Odkazy:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

**Poznámky (k
dispozícii iba
v angličtine):**

Age standardised estimates

**Definície (k
dispozícii iba
v angličtine):**

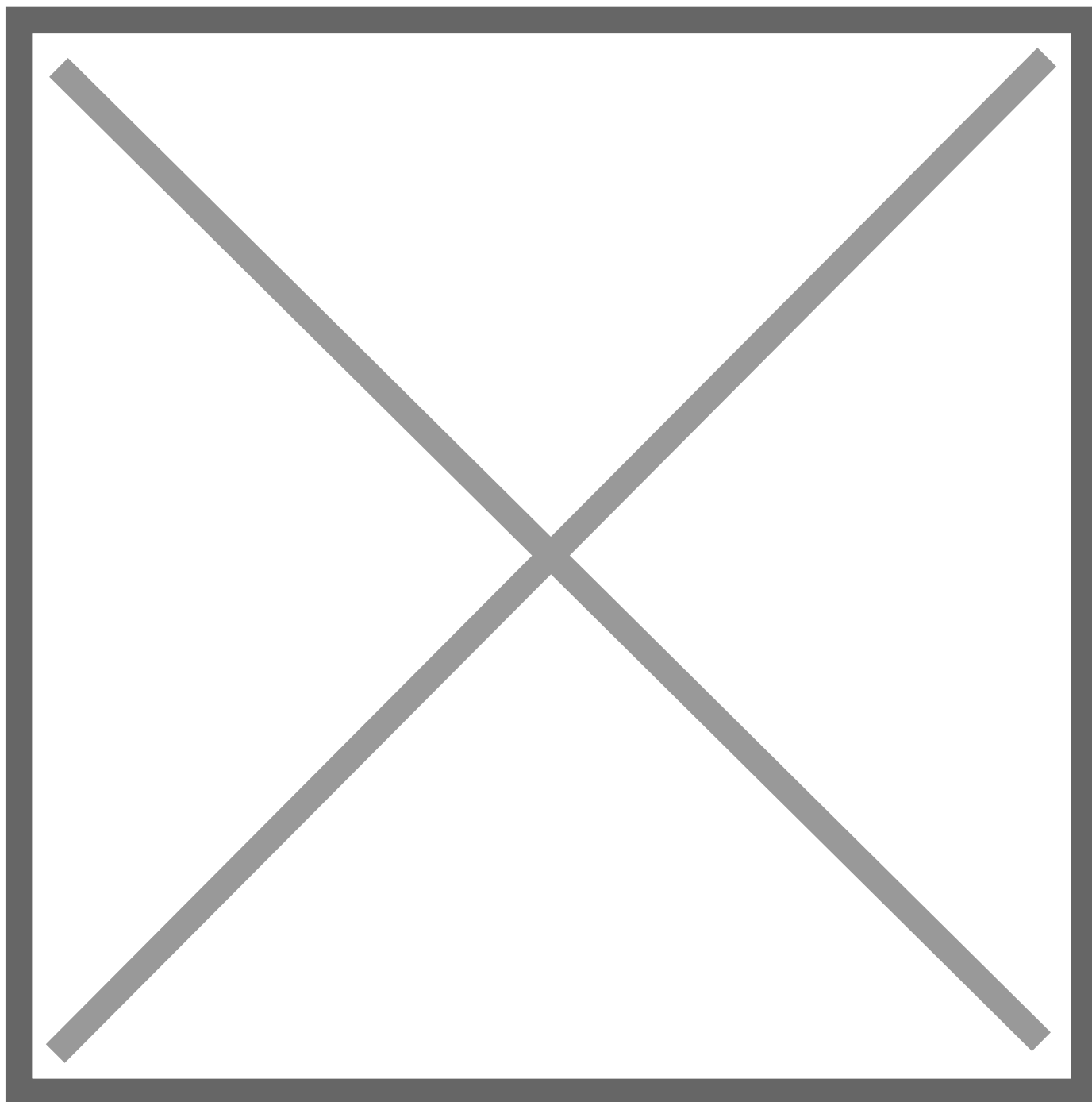
Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)

Cutoffs:

BMI < -2SD and BMI > 2SD

Nedostatoč nĚ fyzickĚ aktivita

Chlapci, 2022

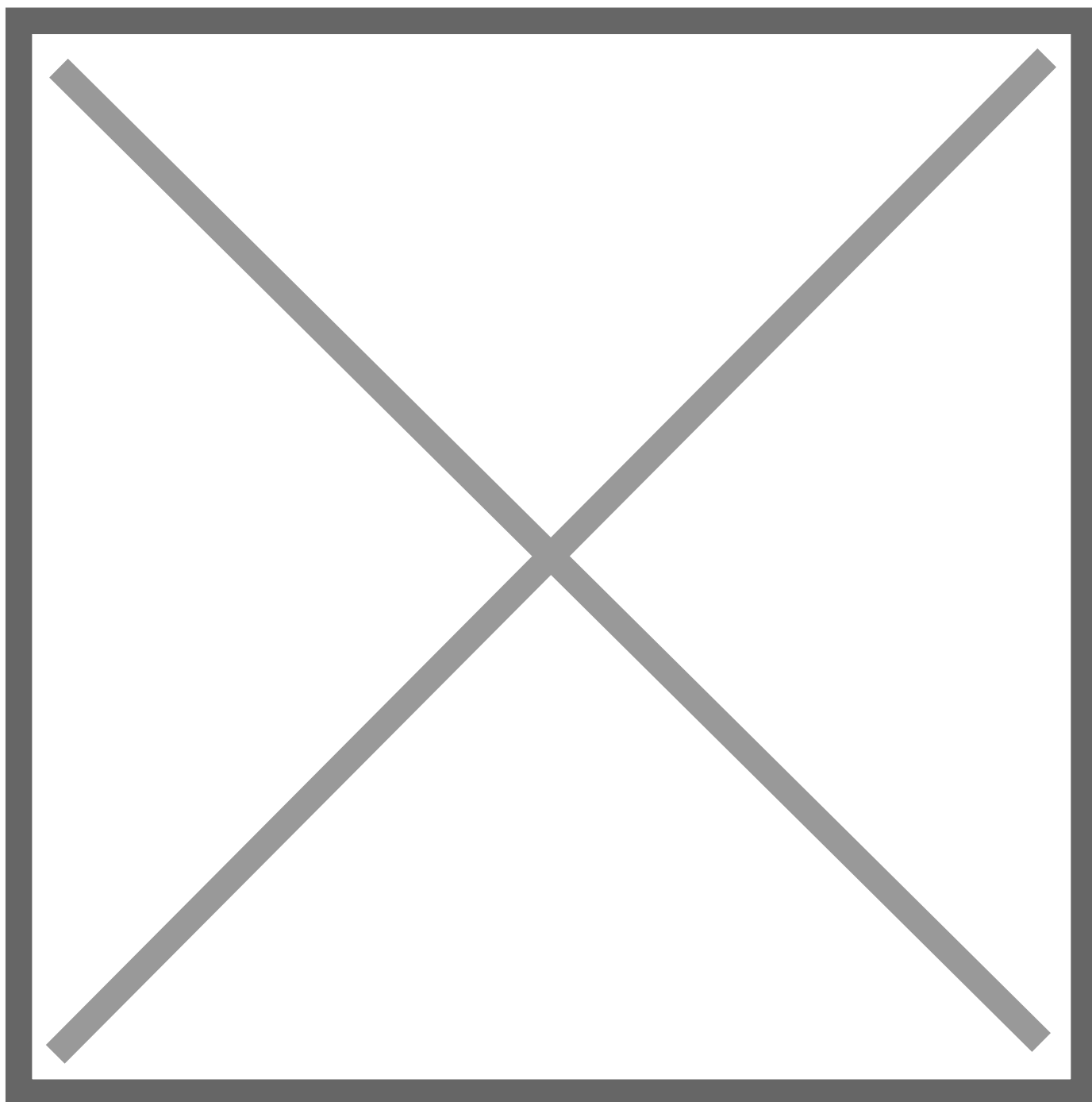


DotknutĚ
oblasť:

NĚrodnĚ½

Odkazy:	Rakić JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): https://data-browser.hbsc.org .
Poznámky (k dispozici iba v angličtine):	Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily.
Definície (k dispozici iba v angličtine):	% reporting less than 60 minutes of MVPA daily

DievÄŕ atÄŕ, 2022

**DotknutÄŕ
oblasÄŕ:**

NÄŕrodnÄŕ½

Odkazy:

RakiÄŕ JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, BakalÄŕ P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>.

**Poznámky (k
dispozícii iba
v angličtine):**

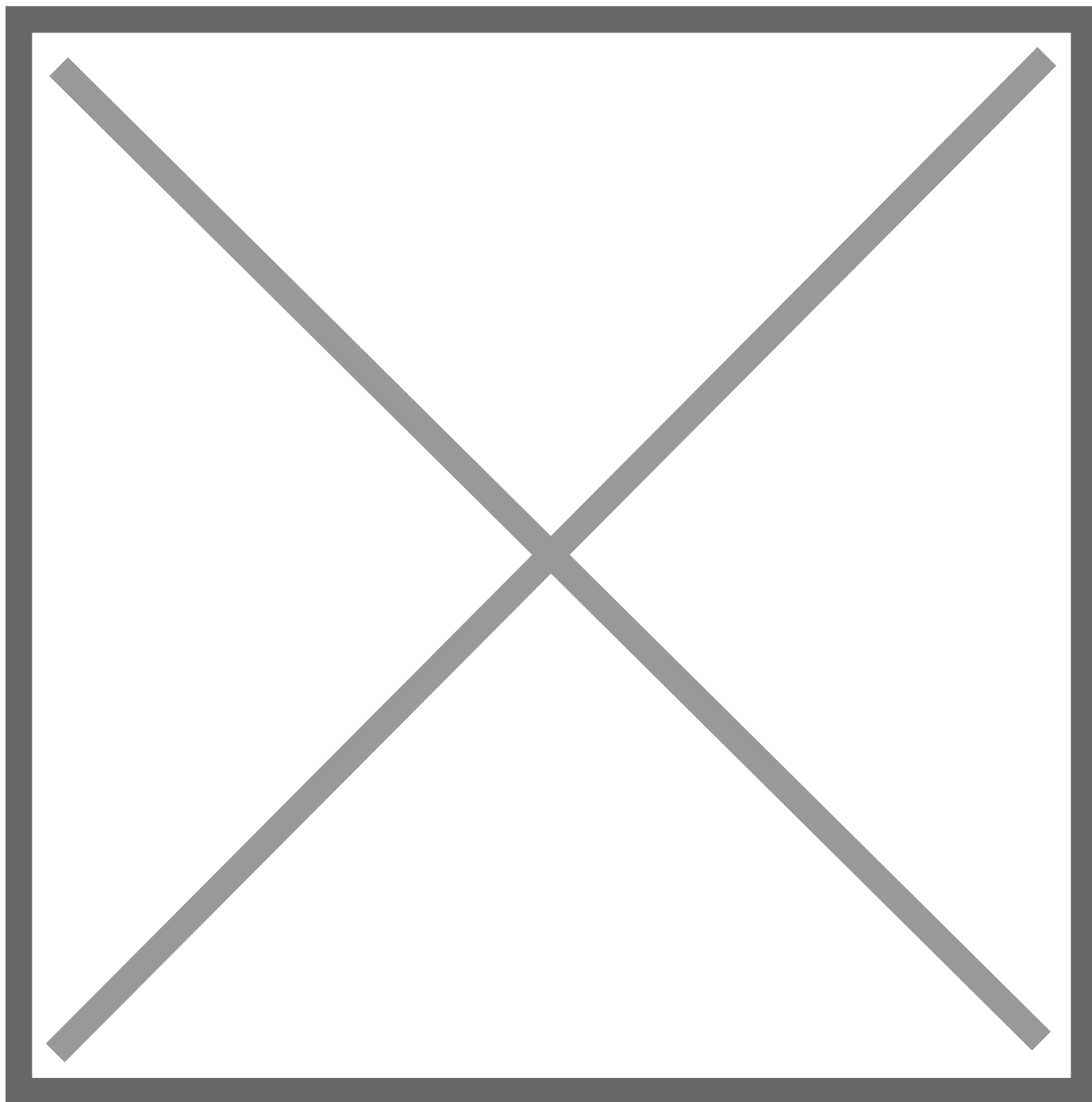
Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily.

**Definície (k
dispozícii iba
v angličtine):**

% reporting less than 60 minutes of MVPA daily

Prevalencia konzumácie minimálne jedného sýteného nealkoholického nápoja denne

Chlapci, 2021-2022



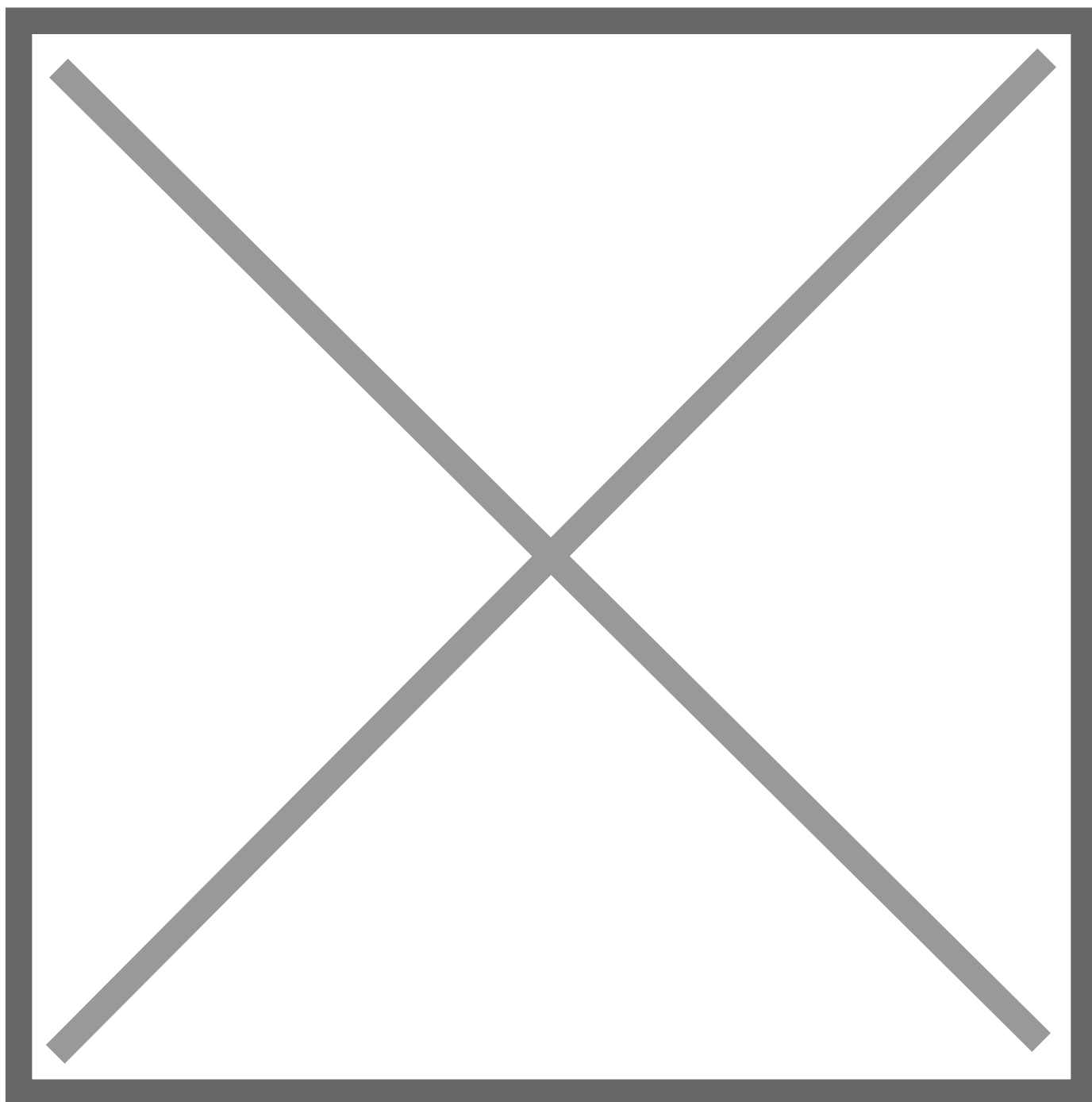
Dotknutá
oblasť:

Národná

Odkazy: Health Behaviour in School-aged Children study (2020), Data browser (findings from the 2017/18 international HBSC survey): <https://data-browser.hbsc.org>

Definície (k dispozícii iba v angličtine): Proportion who reported drinking sugary soft drinks daily (at least once)

DievĀ atĀ, 2021-2022



**DotknutĀ
oblasĀ:**

NĀġrodnĀ½

Odkazy:

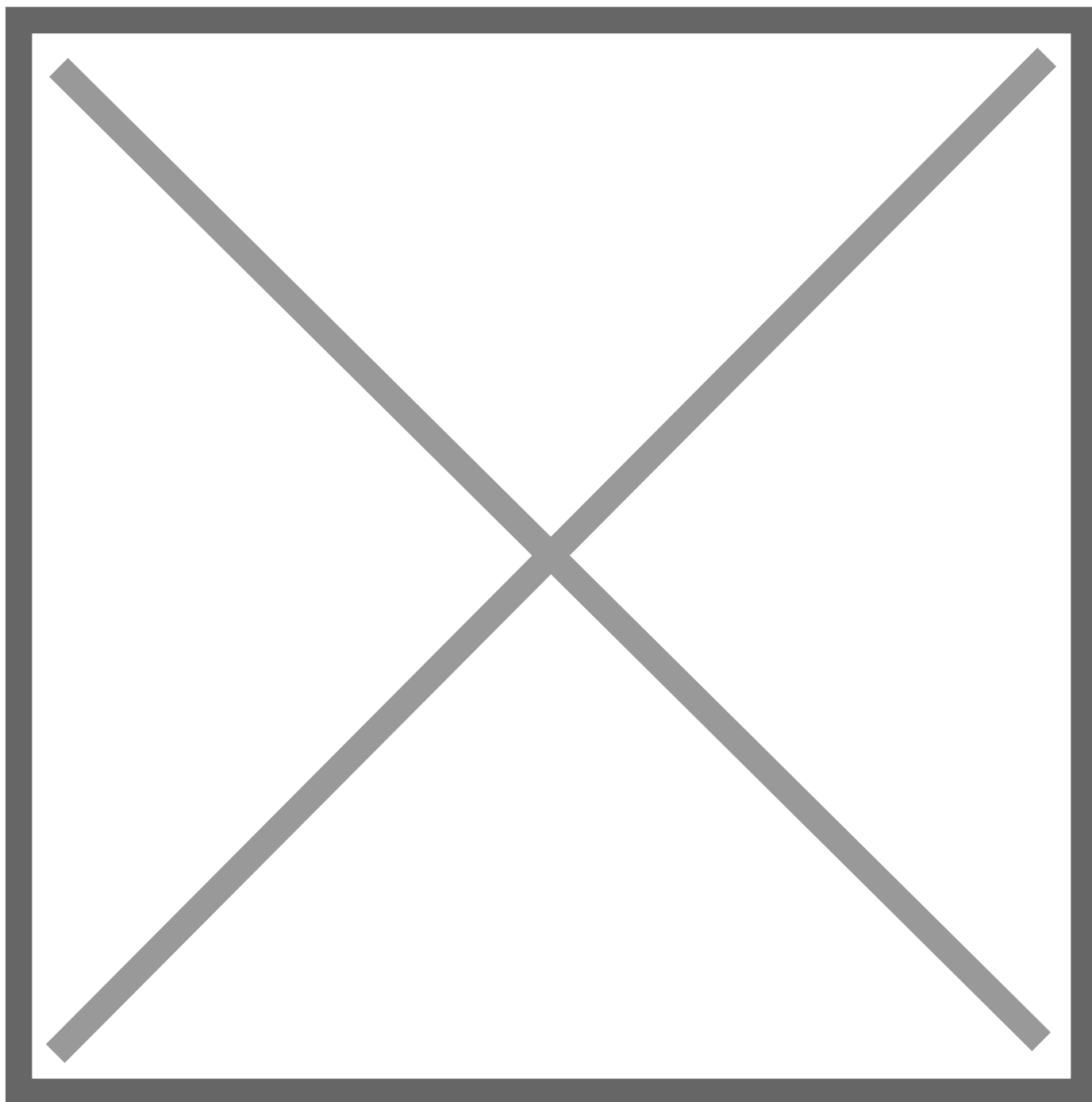
Health Behaviour in School-aged Children study (2020), Data browser (findings from the 2017/18 international HBSC survey): <https://data-browser.hbhc.org>.

**DefinĀcie (k
dispozĀcii iba
v angliĀ
tine):**

Proportion who reported drinking sugary soft drinks daily (at least once)

Prevalencia konzumácie menej ako jedného kusu ovocia denne

Deti, 2014



Typ
prieskumu:

Nameranã hodnota

Odkazy:

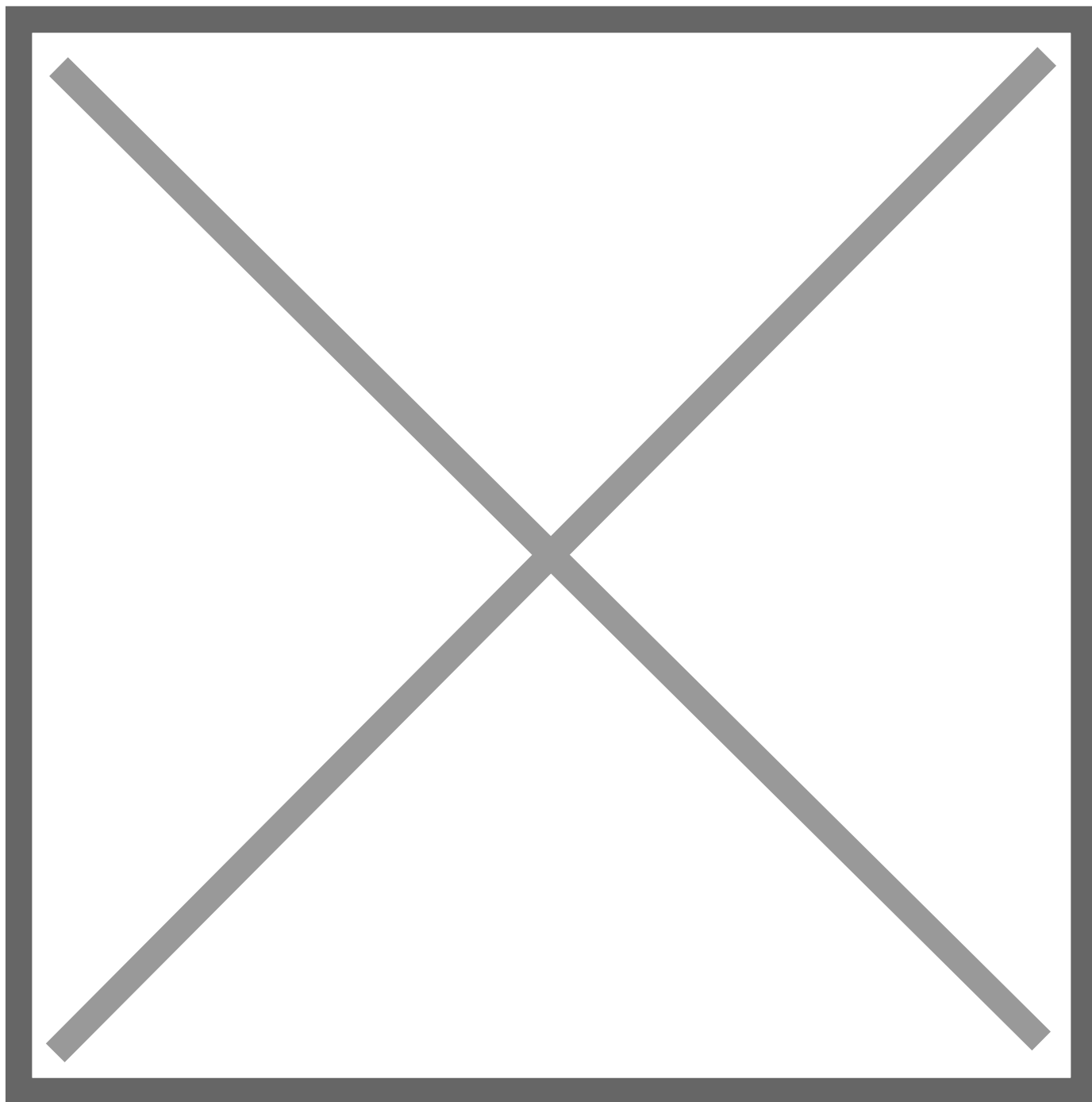
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definície (k
dispozícii iba
v angličtine):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalencia konzumácie menej ako jedného kusu zeleniny denne

Deti, 2014



Typ
prieskumu:

Nameraná hodnota

Vek:

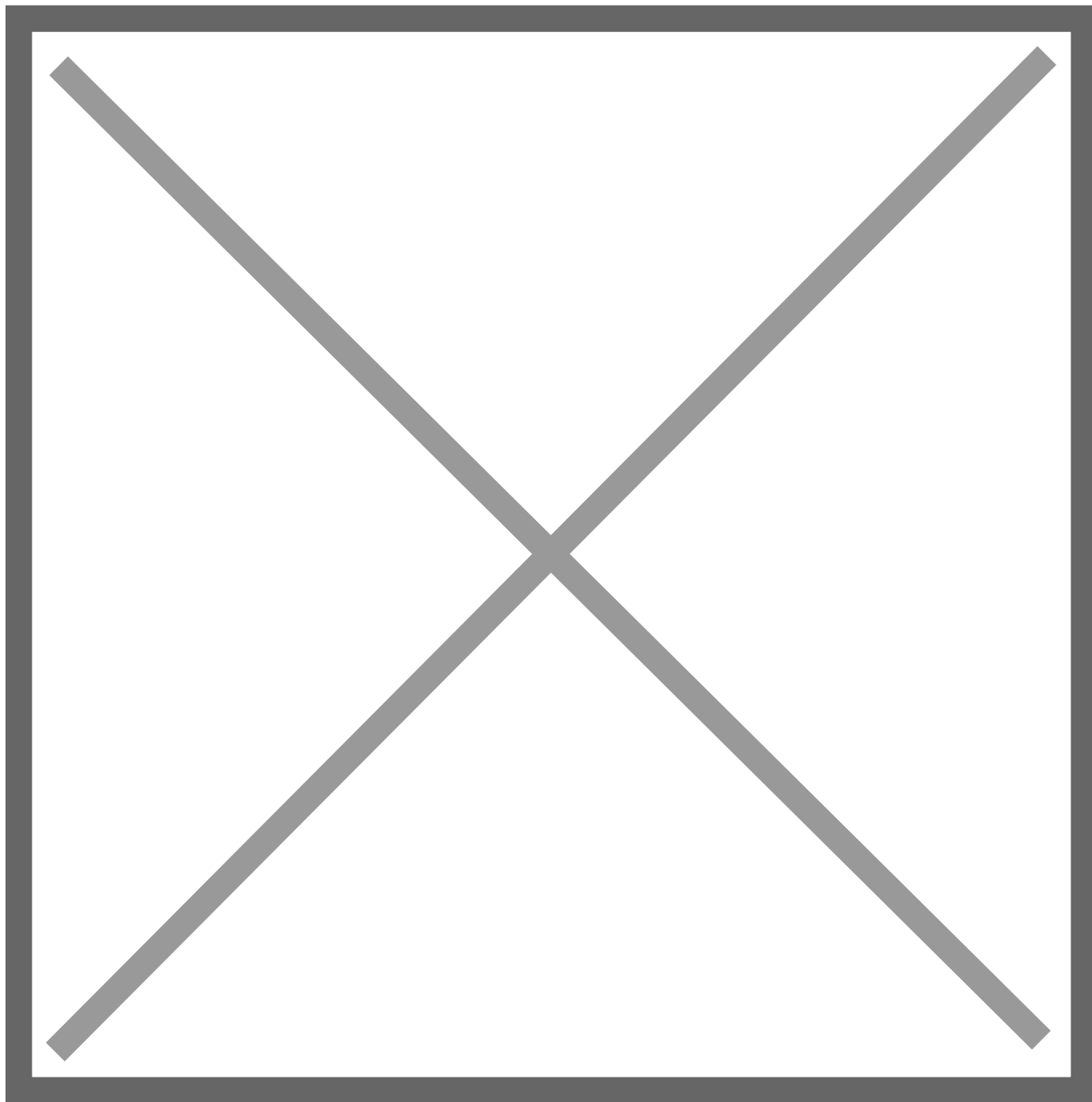
12-17

Odkazy: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definície (k dispozícii iba v angličtine): Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

DuÅ¡evnÃ© zdravie - poruchy depresie

Deti, 2021



DotknutÃ½
oblasÅ¥:

NÃ¡rodnÃ½

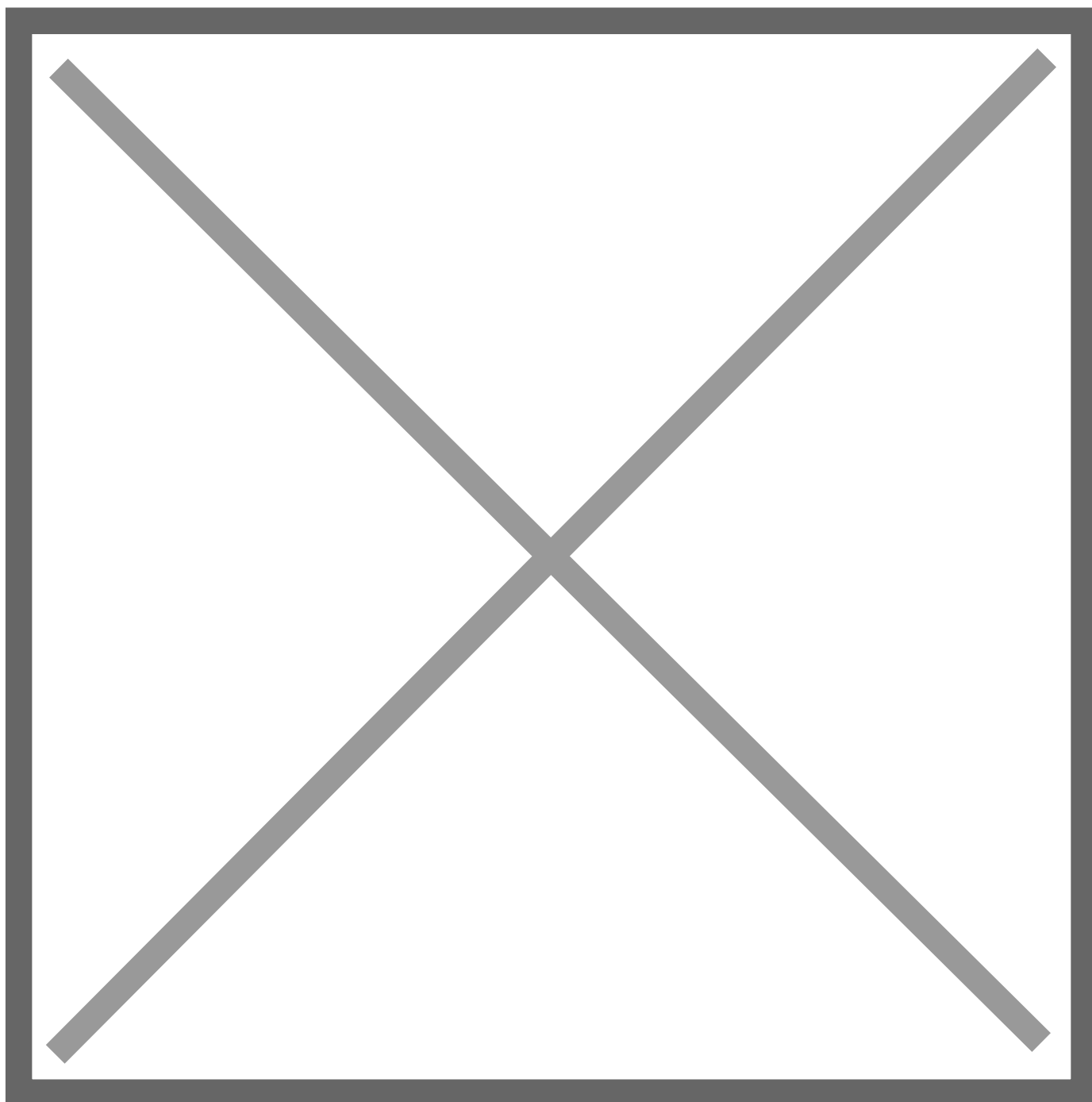
Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definície (k
dispozícii iba
v angličtine):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Chlapci, 2021

**Dotknutí
oblasti:**

Národní

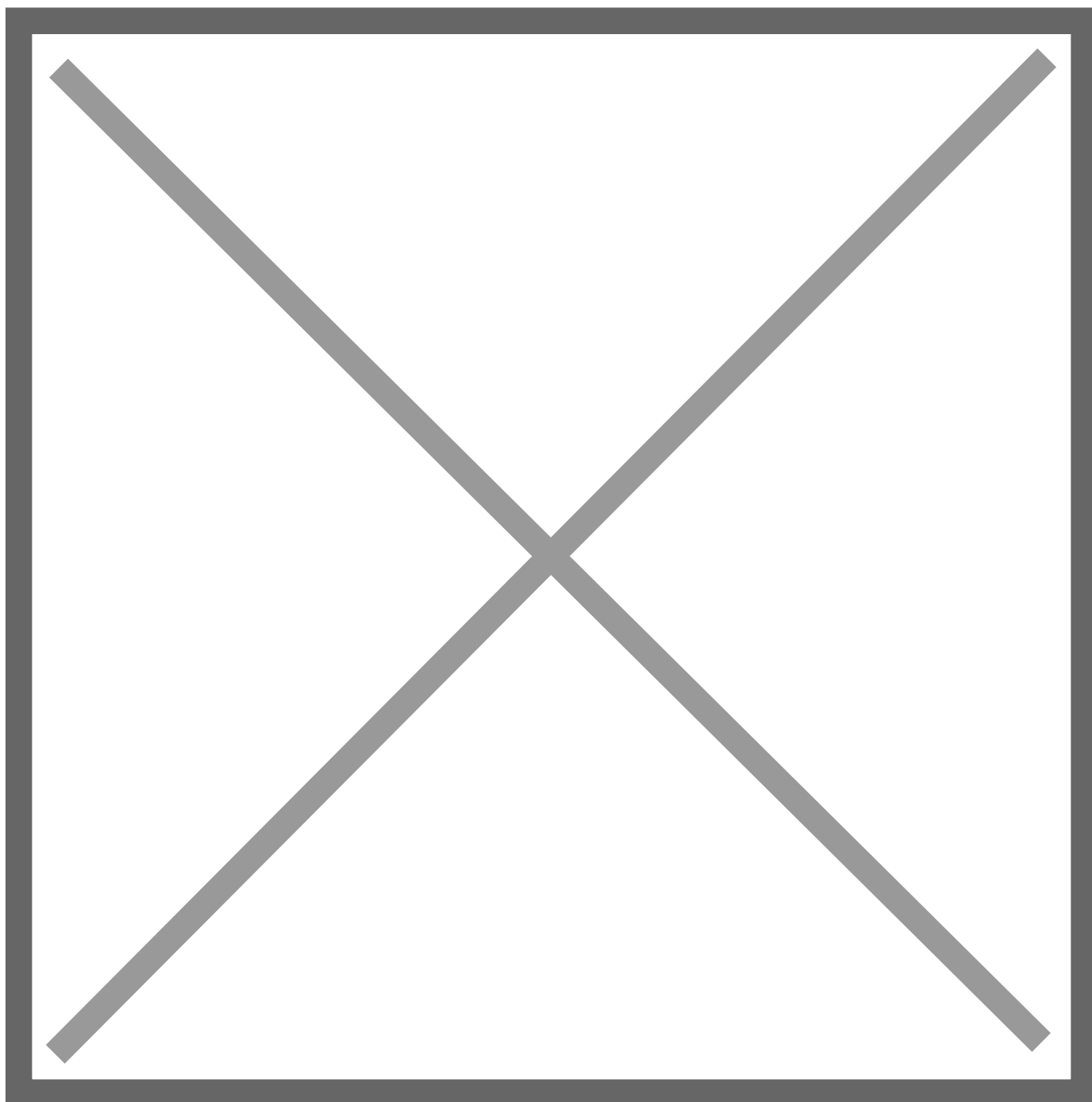
Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

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dispozícii iba
v angličtine):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

DievÄŸ atÄŸ, 2021



**DotknutÄŸ
oblasÄŸ:**

NÄŸrodnÄŸ½

Odkazy:

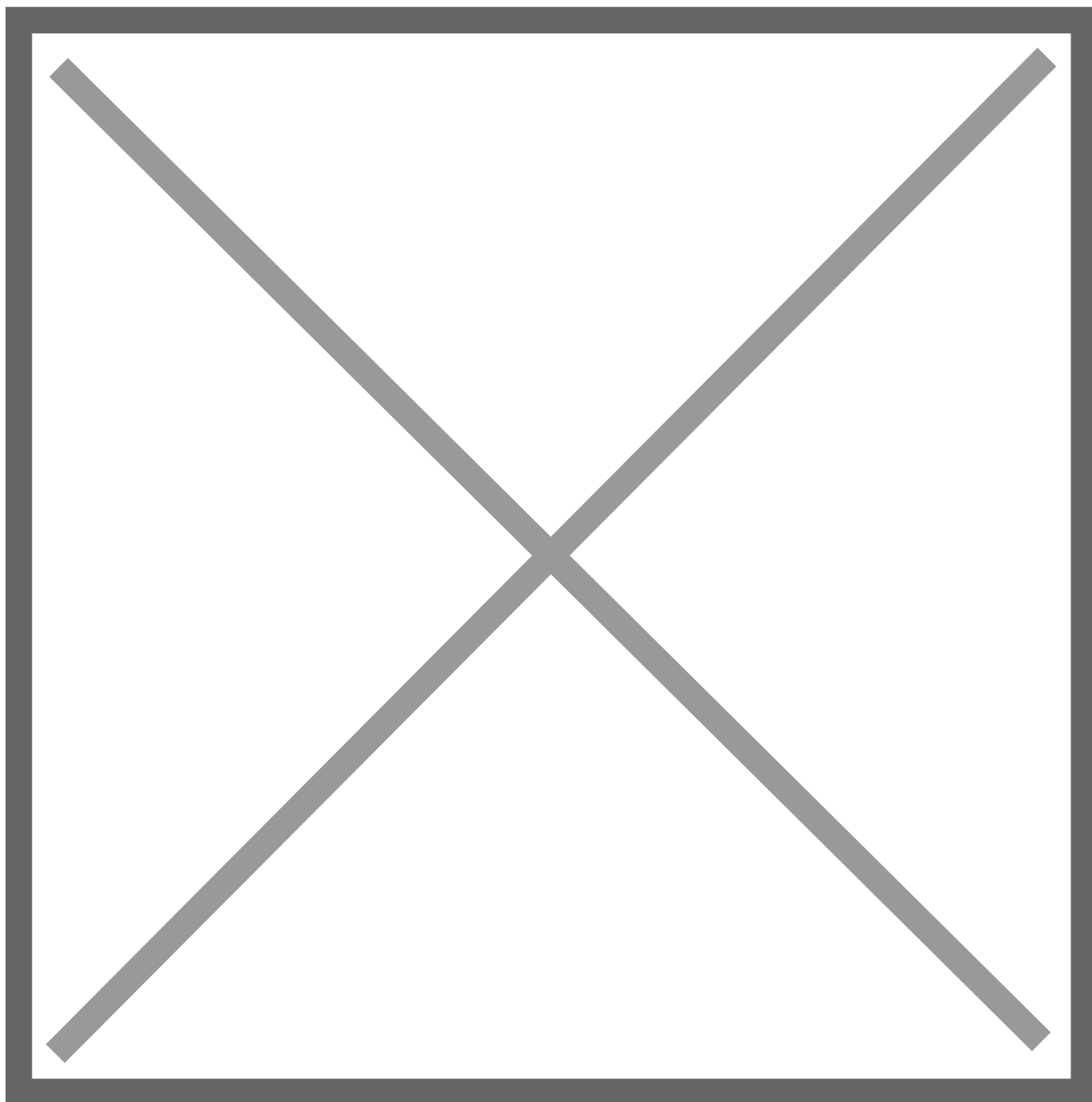
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definície (k
dispozícii iba
v angličtine):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

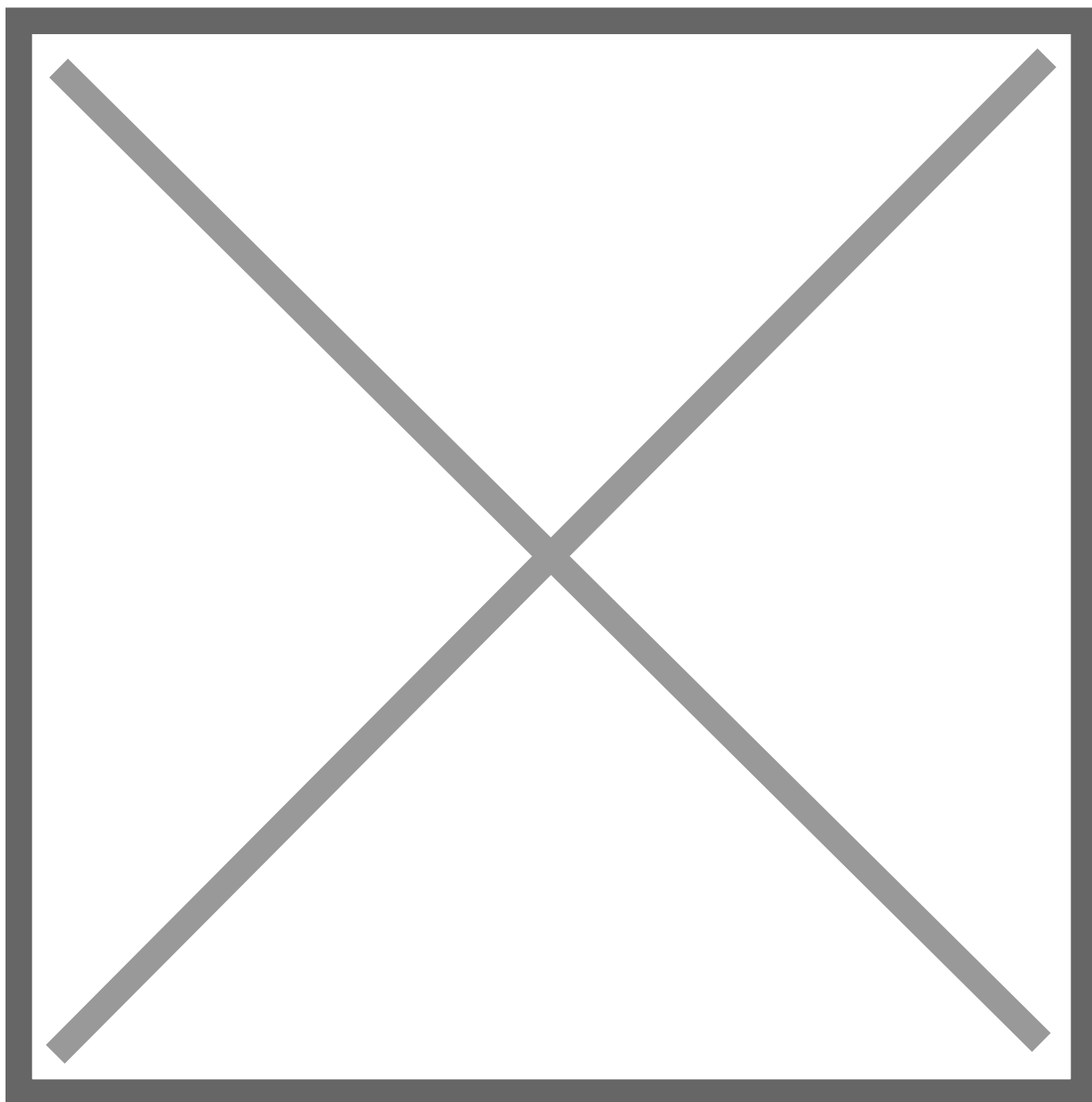
DuÅ¡evnÃ© zdravie - Å½zkostnÃ© poruchy

Deti, 2021

**Odkazy:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

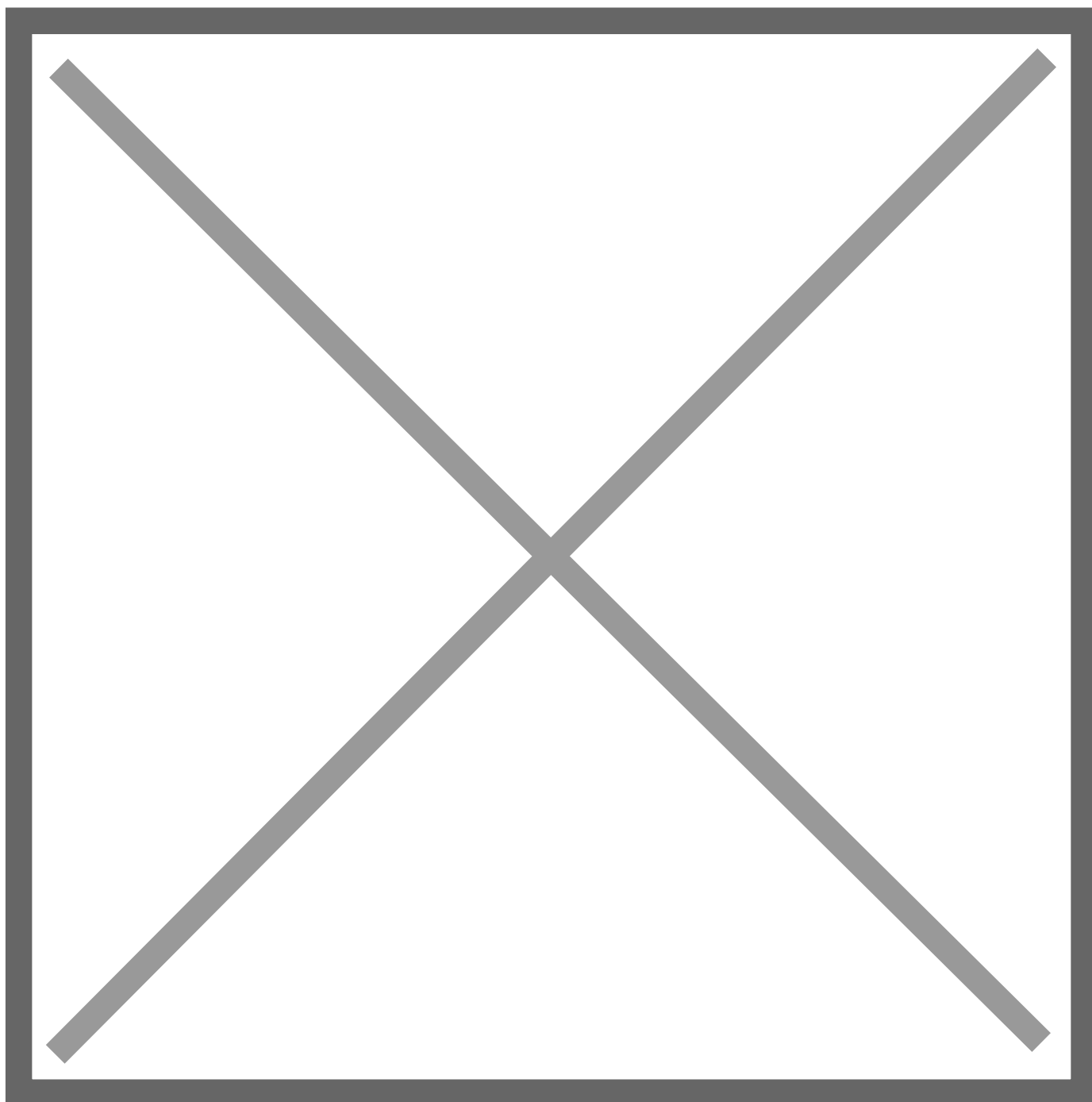
Chlapci, 2021



Odkazy:

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DievÄ atÄ, 2021



Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

PDF created on July 19, 2025