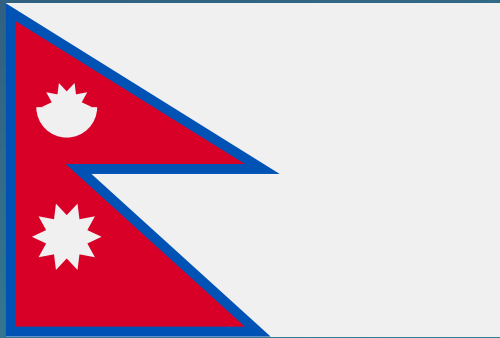




Nepal



Country report card - under-5s

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/nepal-151/>.

Adipositasprävalenz

0-5 years, 2022



Alter:	0-5
Stichprobengröße:	2628
Referenzen:	DHS: Nepal Demographic and Health Survey 2022

**Anmerkungen
(nur in englischer
Sprache
verfÄ¼gbar):**

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definitionen (nur
in englischer
Sprache
verfÄ¼gbar):**

=> +2SD

Äbergewicht/Adipositas nach Bildung

0-5 years, 2022



Stichprobengröße:
e:

2628

Referenzen:

DHS: Nepal Demographic and Health Survey 2022

**Anmerkungen
(nur in englischer
Sprache
verfÄ¼gbar):**

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definitionen (nur
in englischer
Sprache
verfÄ¼gbar):**

=> +2SD

Übergewicht/Adipositas nach Region

0-5 years, 2022



Stichprobengröße:
n =

2628

Referenzen:

DHS: Nepal Demographic and Health Survey 2022

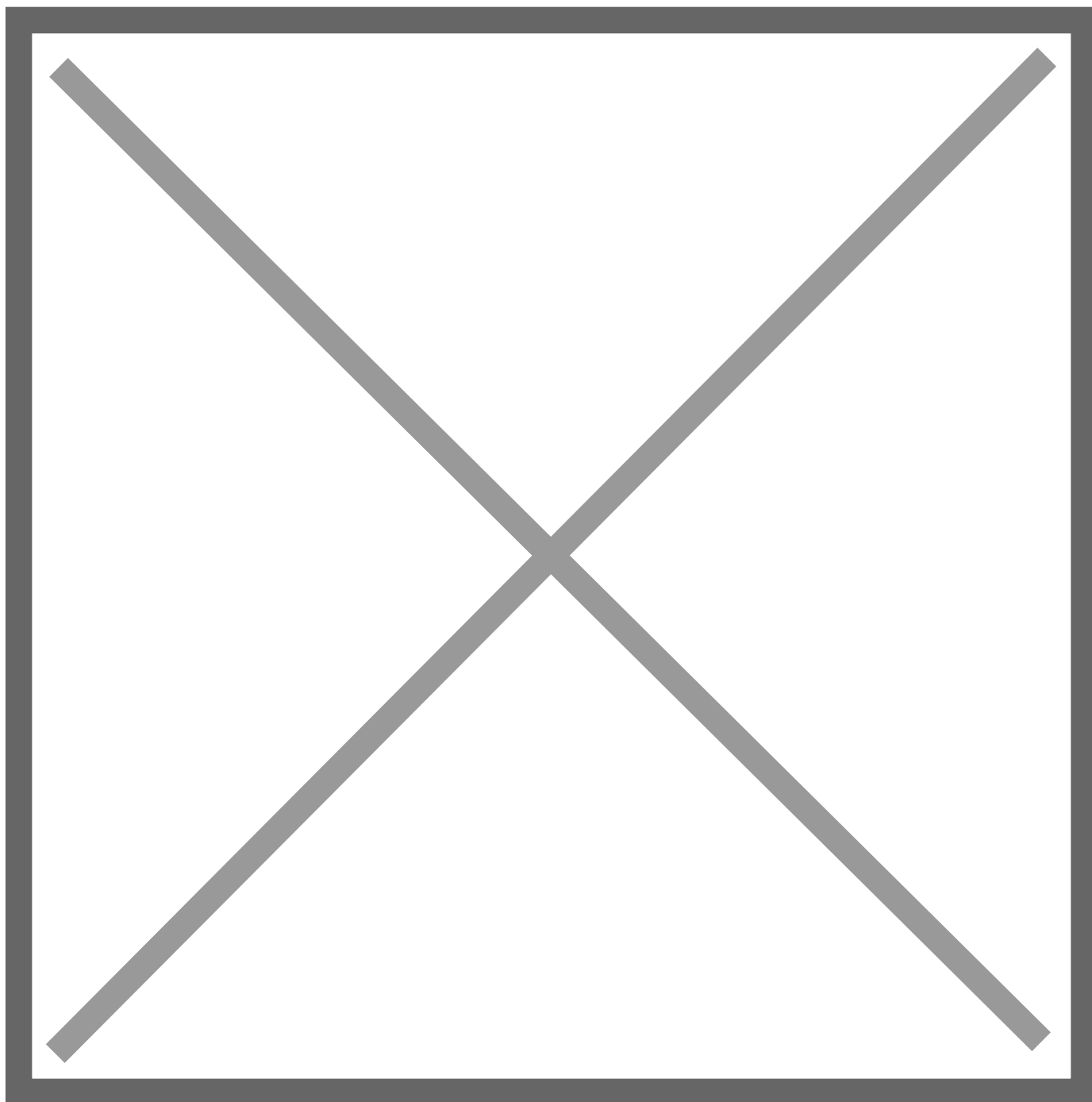
**Anmerkungen
(nur in englischer
Sprache
verfÄ¼gbar):**

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definitionen (nur
in englischer
Sprache
verfÄ¼gbar):**

=>+2SD

Übergewicht/Adipositas nach sozioökonomischer Gruppe 0-5 years, 2022



Stichprobengröße:
n =

2628

Referenzen:

DHS: Nepal Demographic and Health Survey 2022

**Anmerkungen
(nur in englischer
Sprache
verfÄ¼gbar):**

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definitionen (nur
in englischer
Sprache
verfÄ¼gbar):**

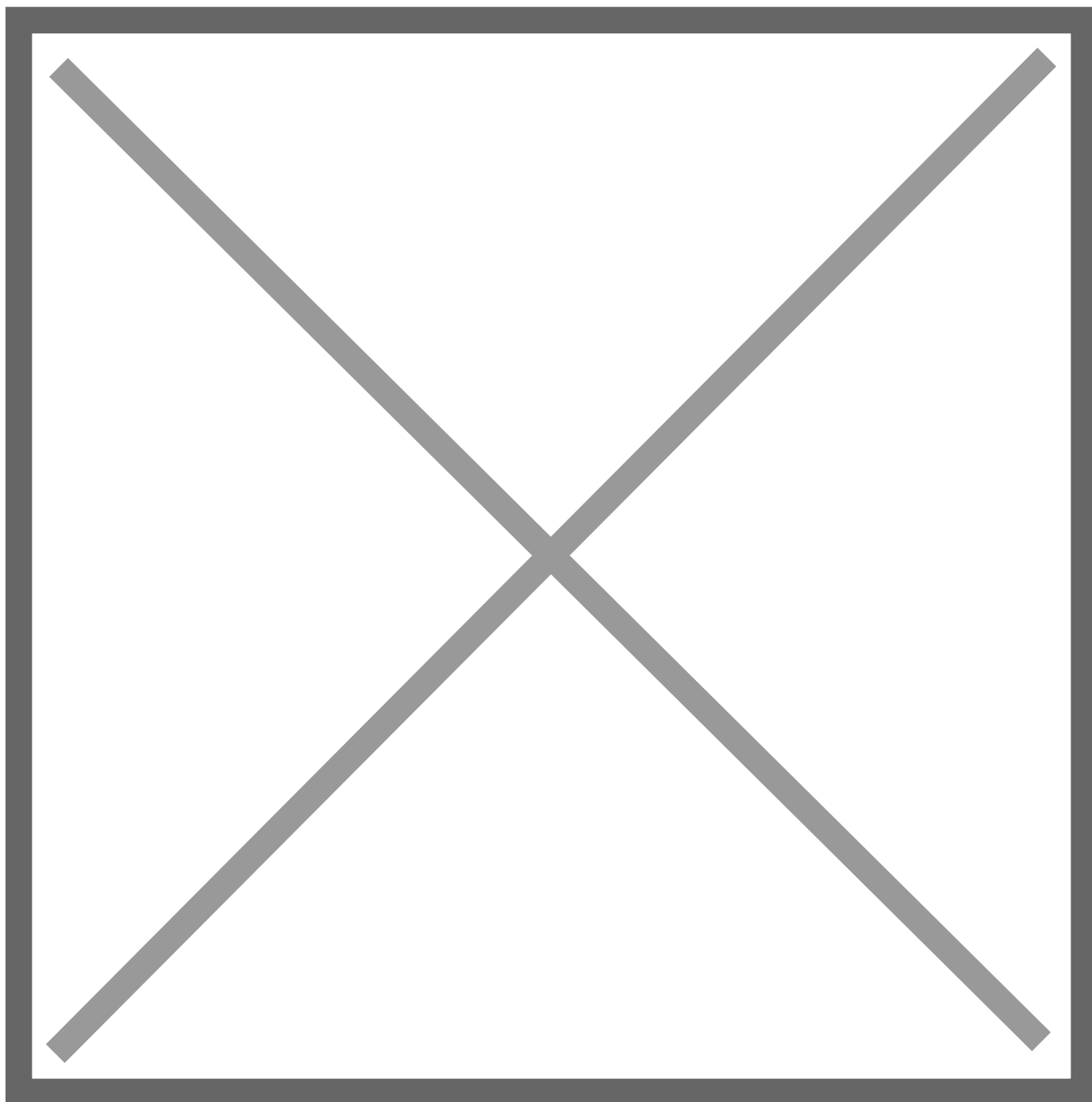
=>+2SD

Ä¶ bergewicht/Adipositas nach ethnischer ZugehÄ¶rigkeit

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Double burden of underweight & overweight

0-5 years, 2019-2019



Umfragetyp:

Gemessen

Alter:

0-5

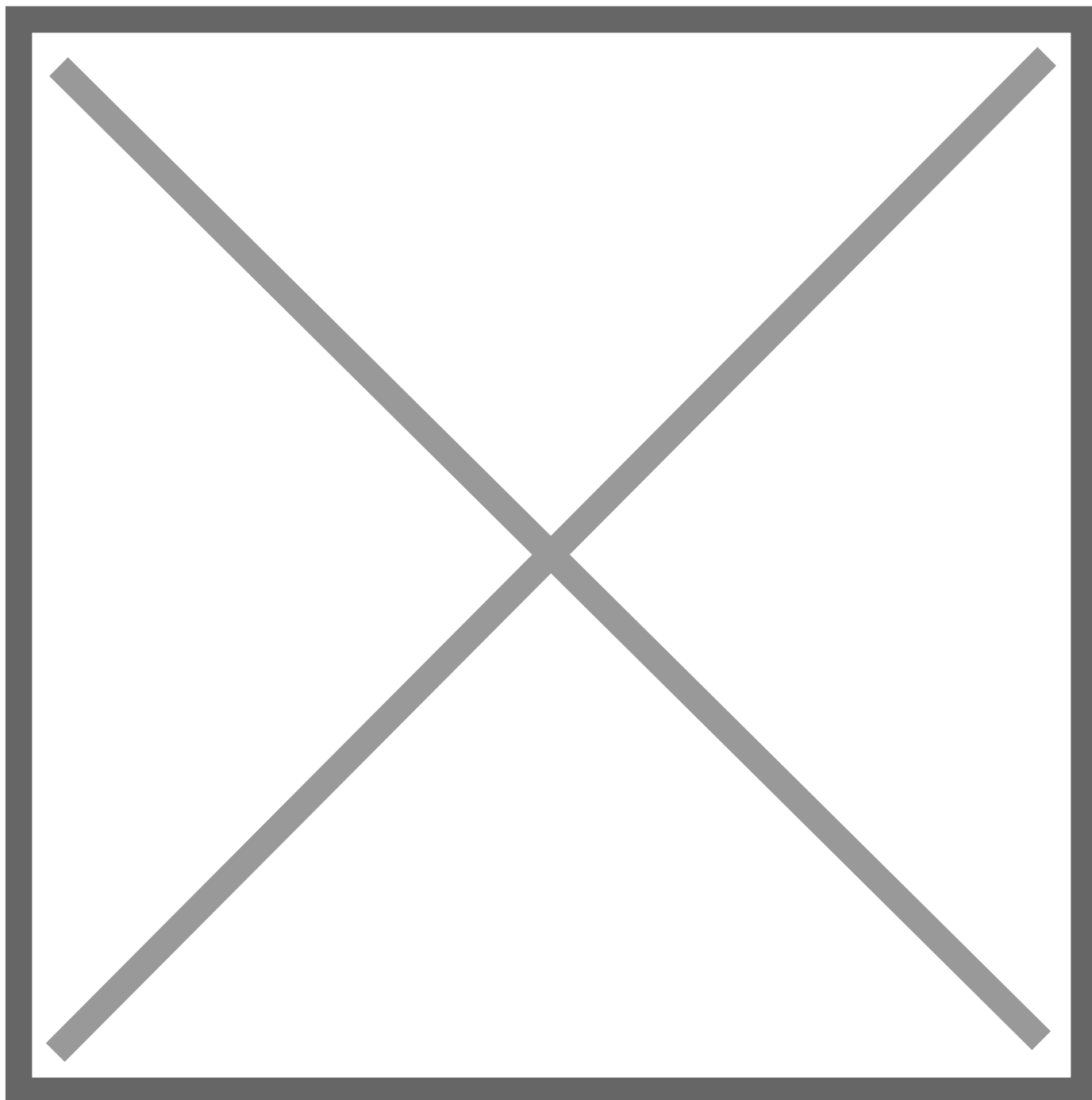
Referenzen:

UNICEF data available at <https://data.unicef.org/topic/nutrition/malnutrition/> (last accessed 12.03.25)

Anmerkungen Children under 5 falling below -2 standard deviations from the median height for age and falling at or above +2 standard
(nur in
englischer
Sprache
verfügbar): deviations from the median weight-for-height of the reference population

% der Kleinkinder, die ausschließlich von 0-5 Monaten gestillt wurden

0-5 years, 2015-2022



Referenzen:

Nepal Demographic and Health Survey 2022

**Anmerkungen
(nur in
englischer
Sprache
verfügbar):**

Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

PDF created on July 16, 2025