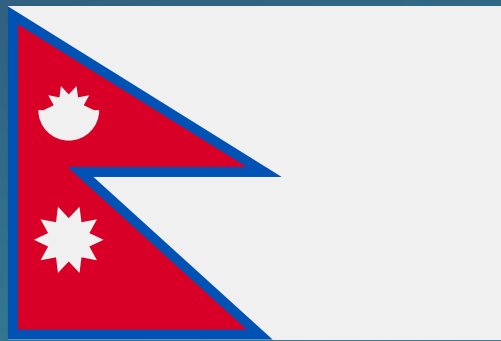




Nepal



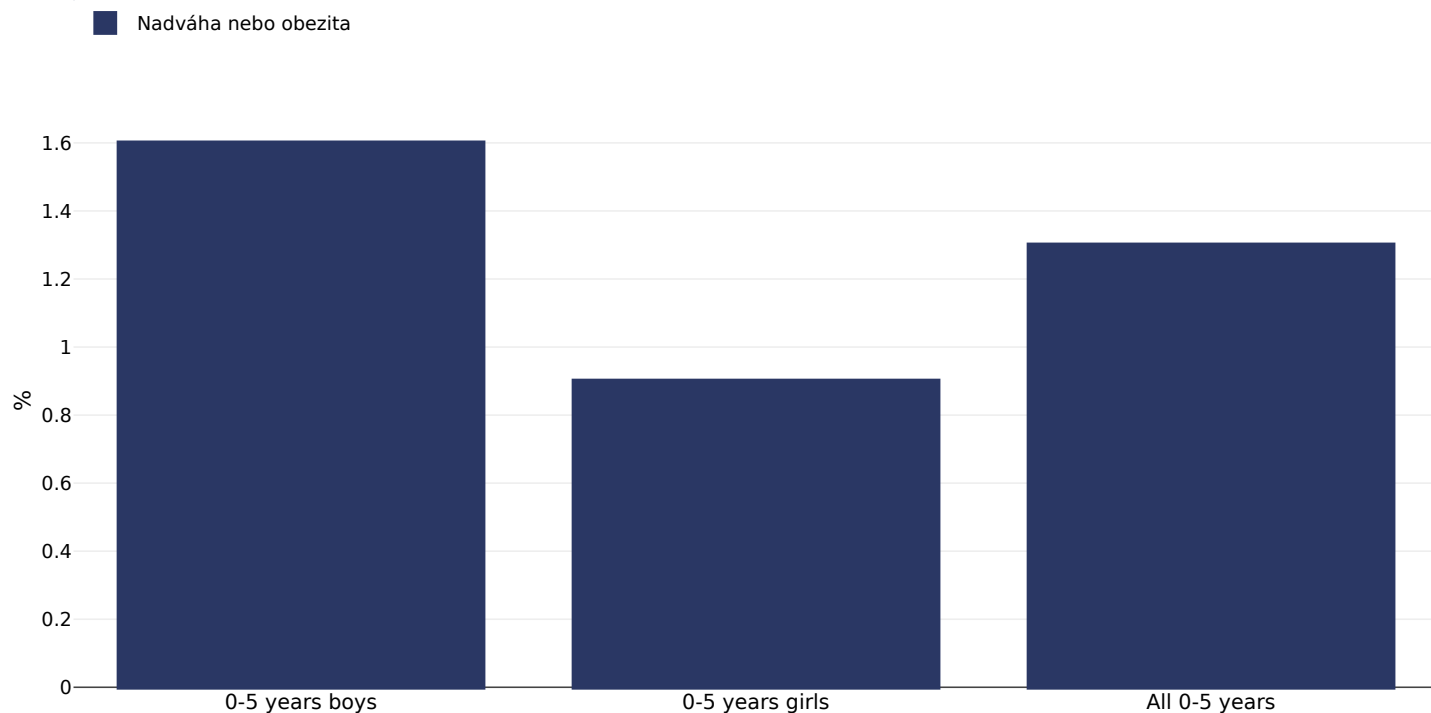
Country report card - under-5s

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/nepal-151/>.

Prevalence obesity

0-5 years, 2022



Věk k: 0-5

Velikost vzorku: 2628

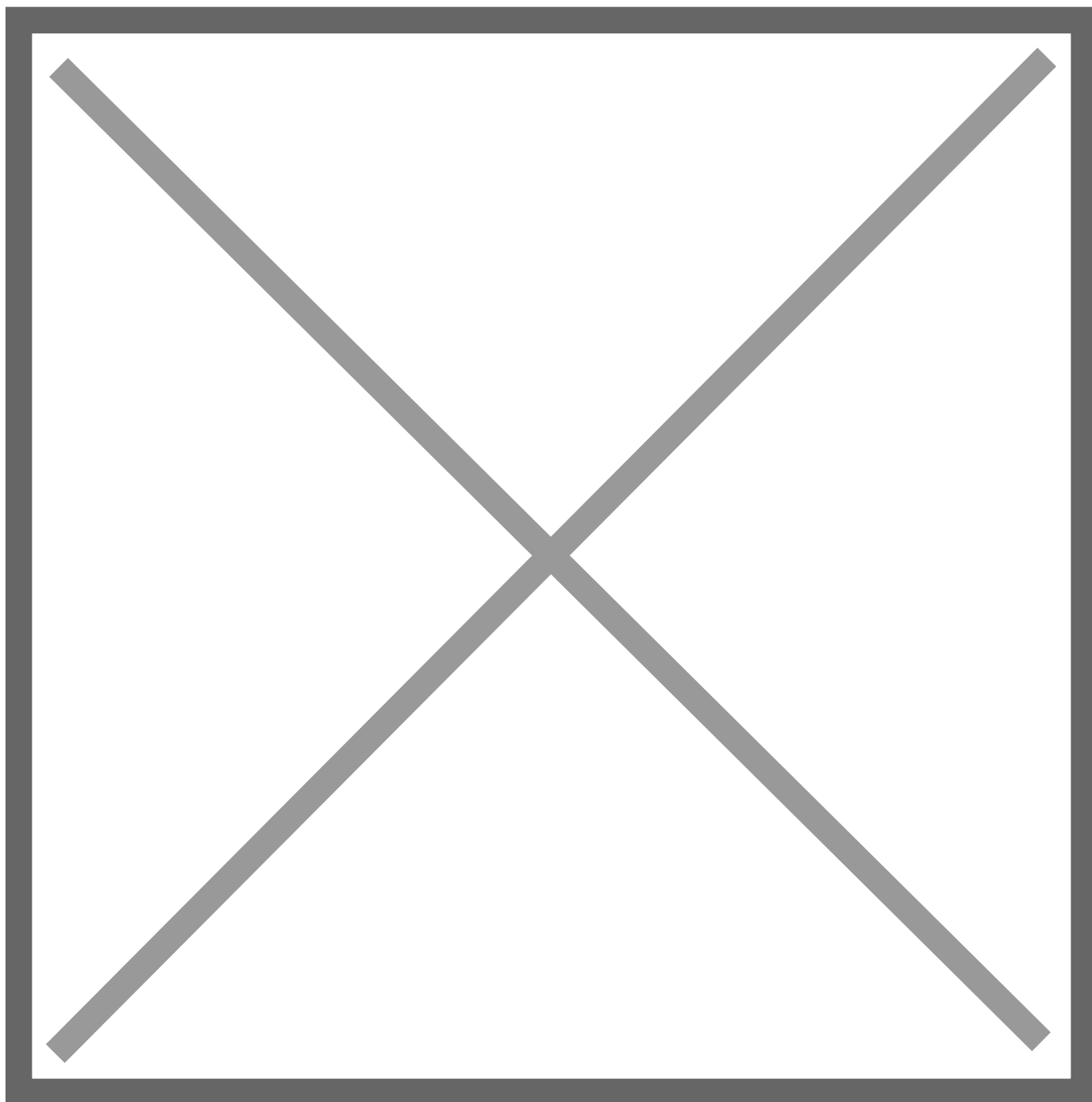
Reference: DHS: Nepal Demographic and Health Survey 2022

Poznámky: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definice (ká dispozici pouze v angličtině): => +2SD

Nadváha/obezita podle vzdání látná

0-5 years, 2022



**Velikost
vzorku:**

2628

Reference:

DHS: Nepal Demographic and Health Survey 2022

Poznámky:

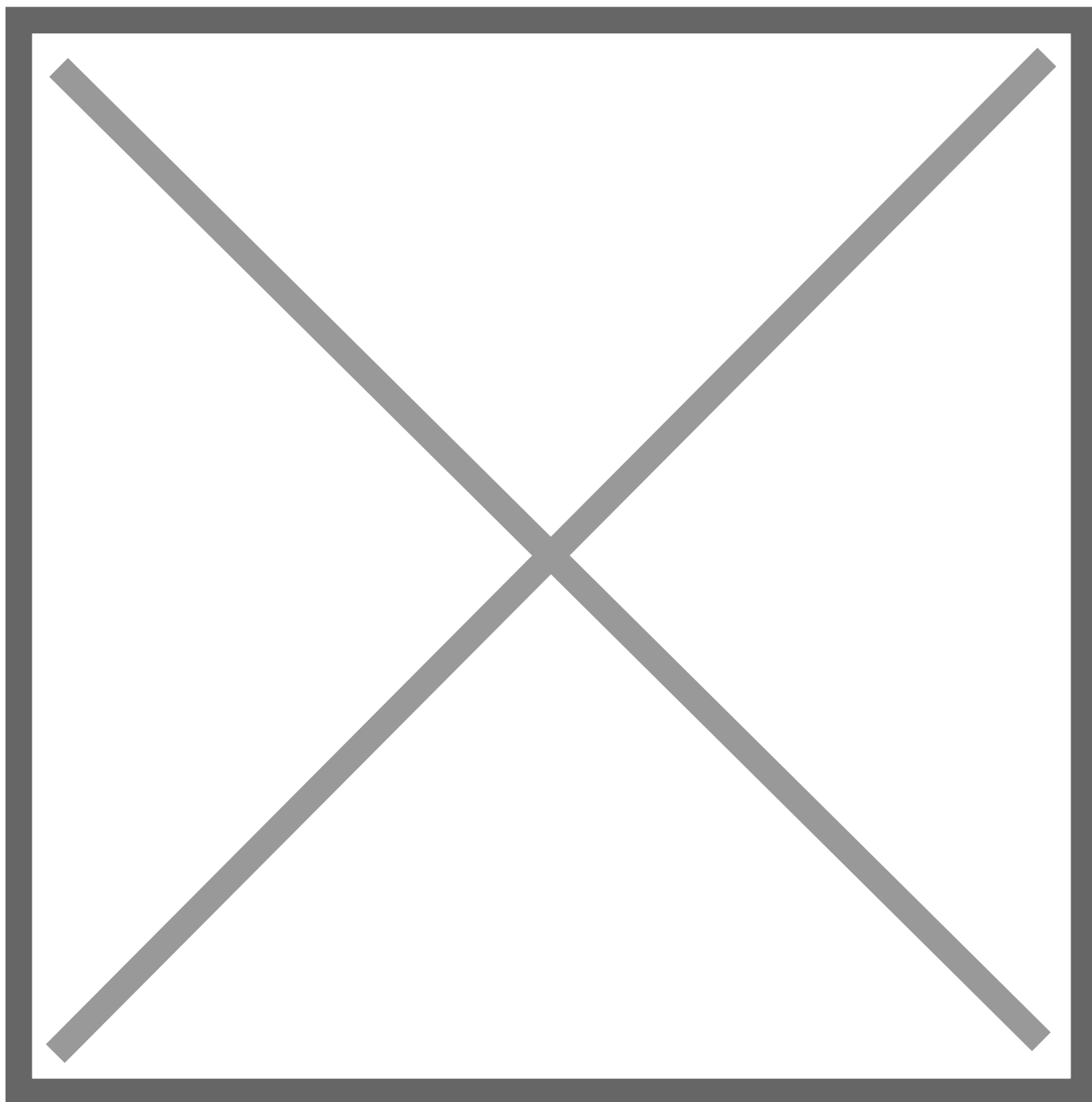
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definice
(kÃ½ dispozici
pouze
vÃ½ angliÃ½
tinÃ½):

=>+2SD

Nadváha/obezita podle regionu

0-5 years, 2022



Velikost
vzorku:

2628

Reference:

DHS: Nepal Demographic and Health Survey 2022

Poznámky:

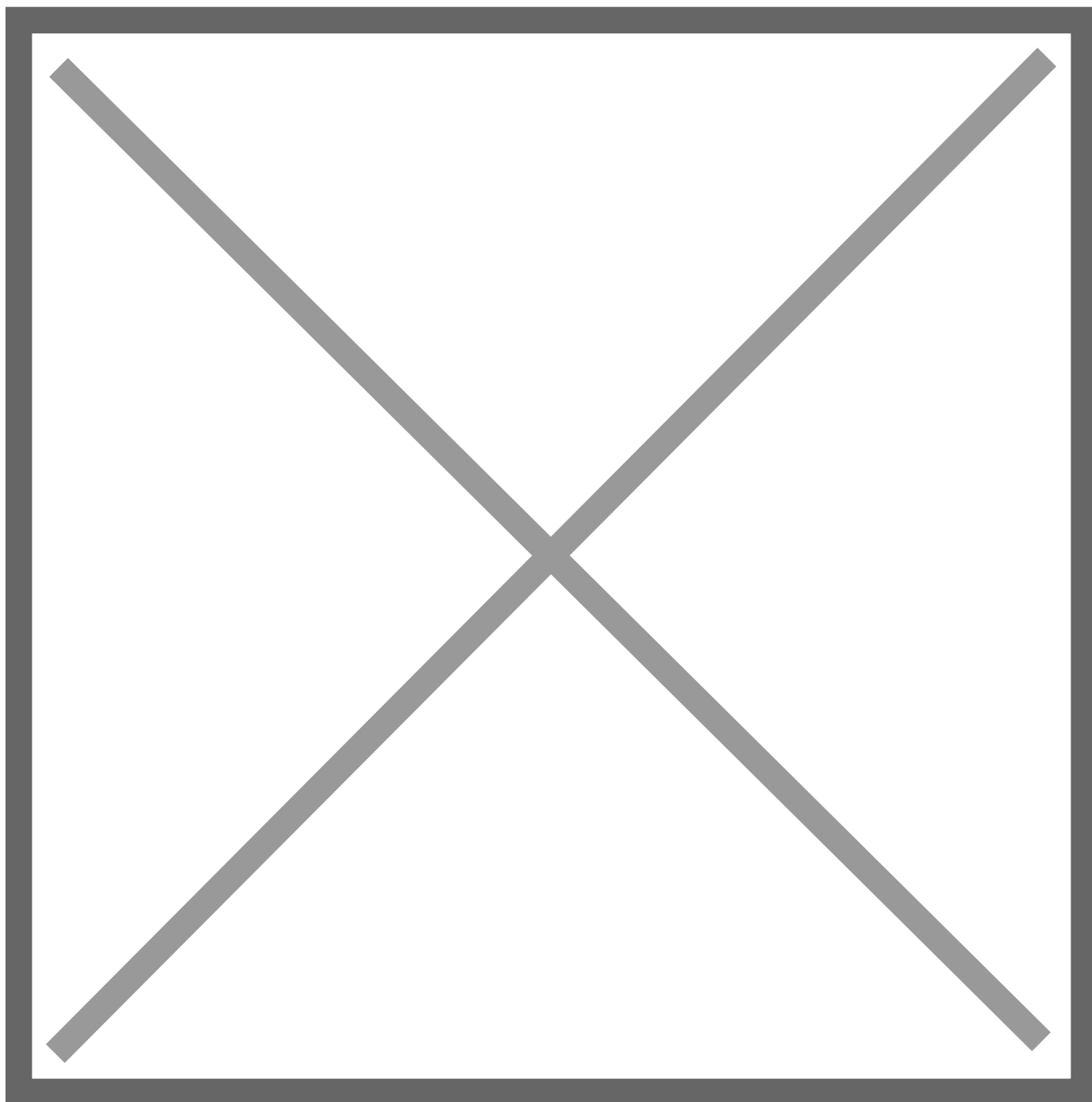
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definice
(kÃ½ dispozici
pouze
vÃ½ angliÃ½
tinÃ½):

=>+2SD

Nadváha/obezita podle sociálně-ekonomické skupiny

0-5 years, 2022



Velikost
vzorku:

2628

Reference:

DHS: Nepal Demographic and Health Survey 2022

Poznámky:

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definice
(kÃ½ dispozici
pouze
vÃ½ angliÃ½
tinÃ½):**

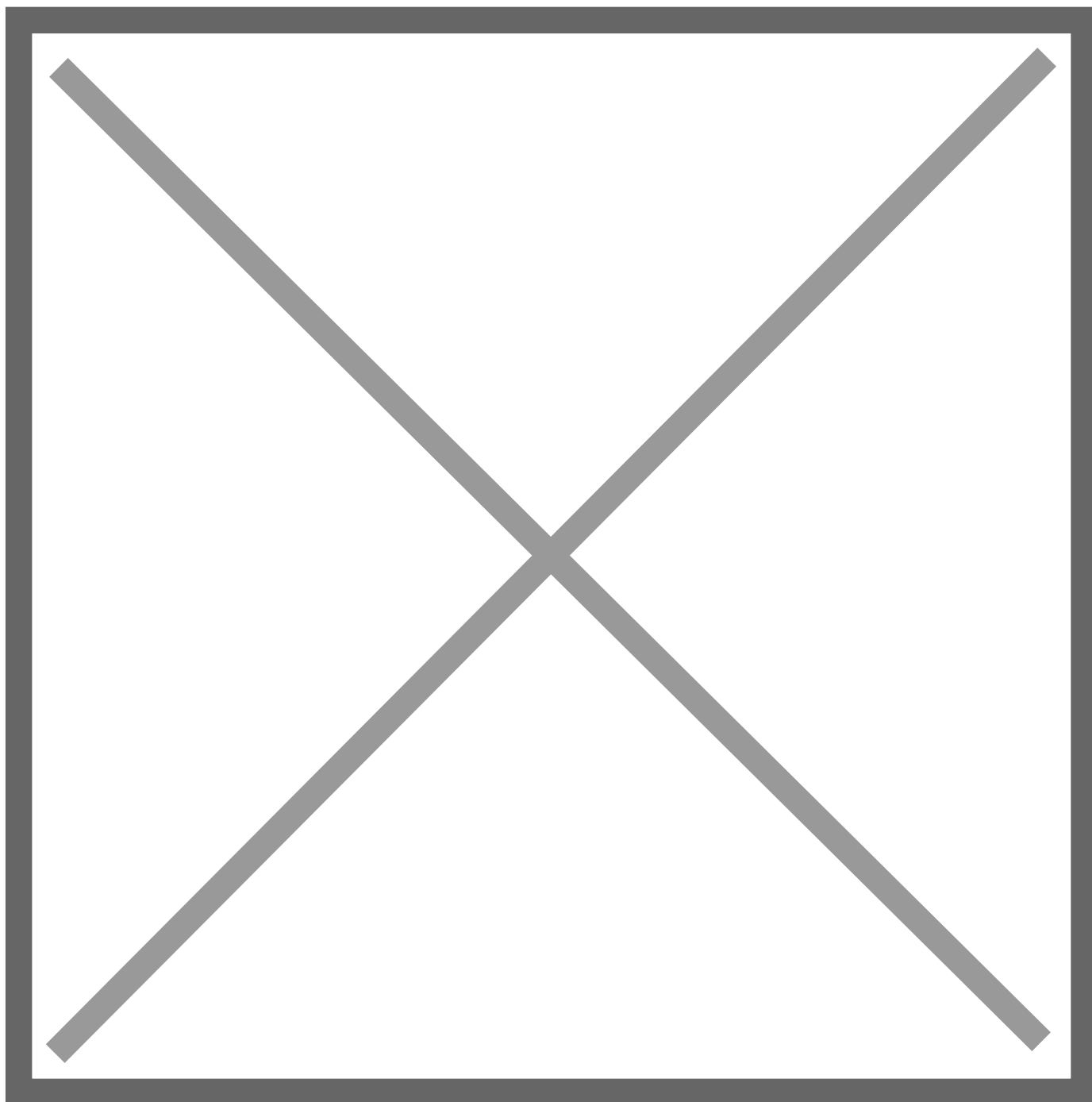
=>+2SD

NadvĚha/obezita podle etnickĚho pĚvodu

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Double burden of underweight & overweight

0-5 years, 2019-2019



Typ
průzkumu:

Naměřeno en

Věk:

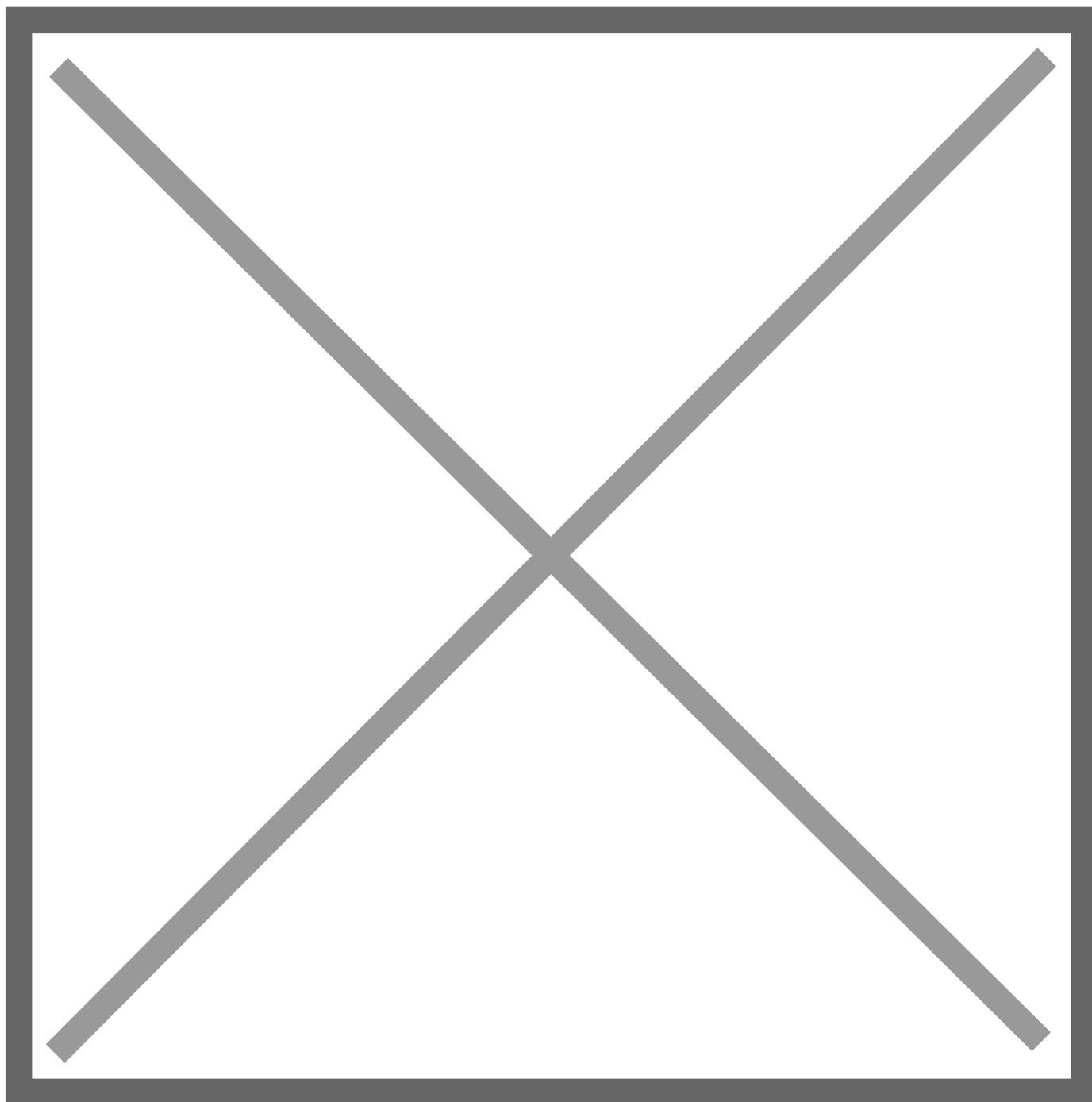
0-5

Reference:

UNICEF data available at <https://data.unicef.org/topic/nutrition/malnutrition/> (last accessed 12.03.25)

Poznámky: Children under 5 falling below -2 standard deviations from the median height for age and falling at or above +2 standard deviations from the median weight-for-height of the reference population

% vÃ½hradnÄ½ kojenÃ½ch dÄ½ tÃ½ 0â½½ â½ 5 mÄ½ sÃ½cÅ½
0-5 years, 2015-2022



Reference:

Nepal Demographic and Health Survey 2022

Poznámky:

Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

PDF created on July 16, 2025