



Mjanma



Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

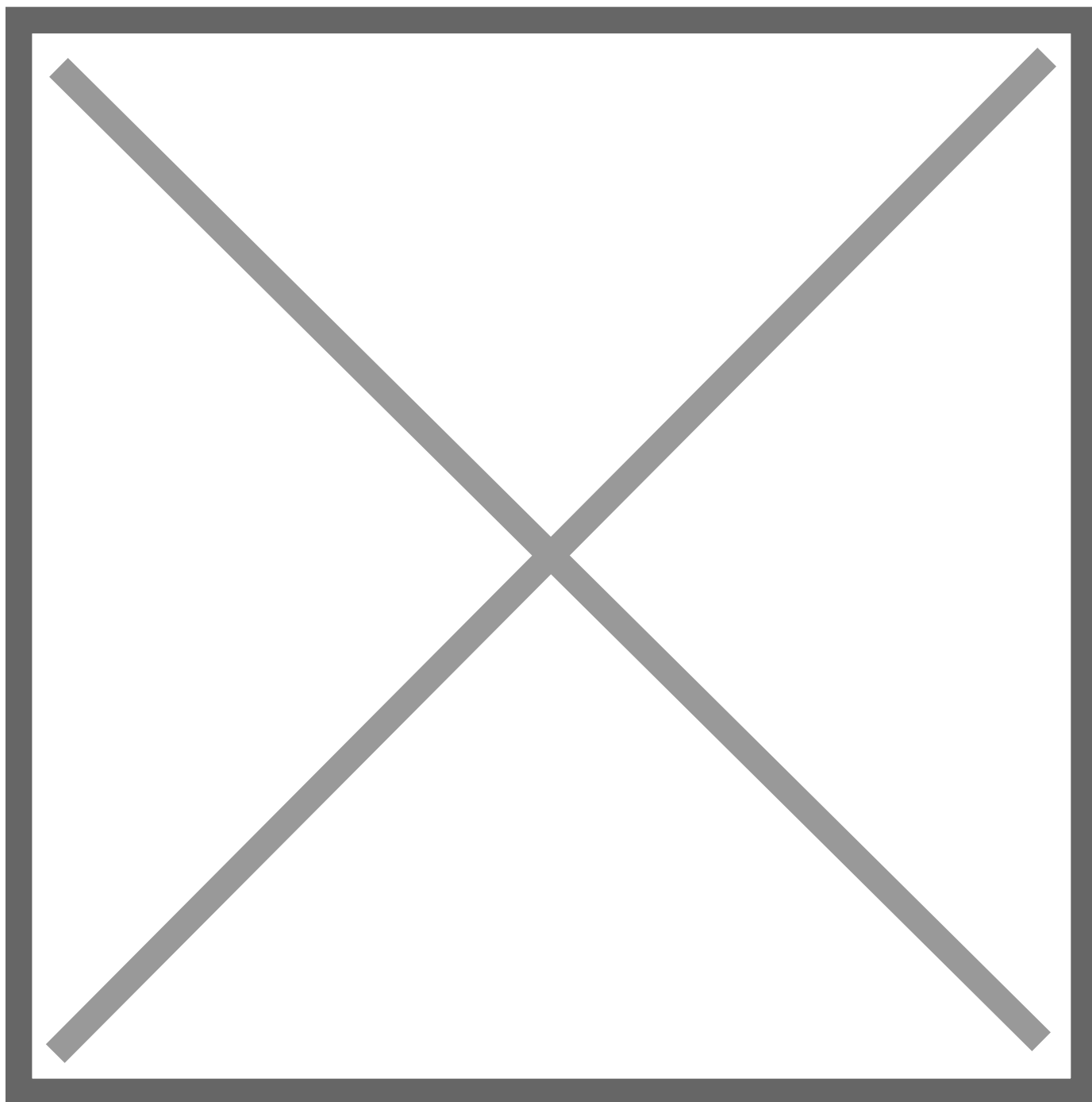
View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/myanmar-148/>

Występowanie otyłości

Dziewczęta, 2017-2018



Typ ankiety:	Dane obserwowane
Wiek:	10-14
Liczba próby:	918
Objęty obszar:	Krajowe
Bibliografia:	Myanmar Micronutrient and Food Consumption Survey (MMFCS) 2017-2018, Interim Report, National Nutrition Centre, Department of Public Health, Ministry of Health and Sports
Uwagi:	Small sample size
Cutoffs:	WHO

Nadwaga/otyłość odczuwana według wykształcenia**Dziewcząt, 2015-2016**

Typ ankiety:	Dane obserwowane
Wiek:	15-19
Liczba próby:	1451

**Objęty
obszar:**

Krajowe

Bibliografia:

Benedict, Rukundo K., Allison Schmale, and Sorrel Namaste. 2018. Adolescent Nutrition 2000-2017: DHS Data on Adolescents Age 15-19. DHS Comparative Report No. 47. Rockville, Maryland, USA: ICF. Ministry of Health and Sports (MoHS) and ICF. 2017. Myanmar Demographic and Health Survey 2015-16. Nay Pyi Taw, Myanmar, and Rockville, Maryland USA: Ministry of Health and Sports and ICF

**Definicje
(dostępne
tylko w języku
angielskim):**

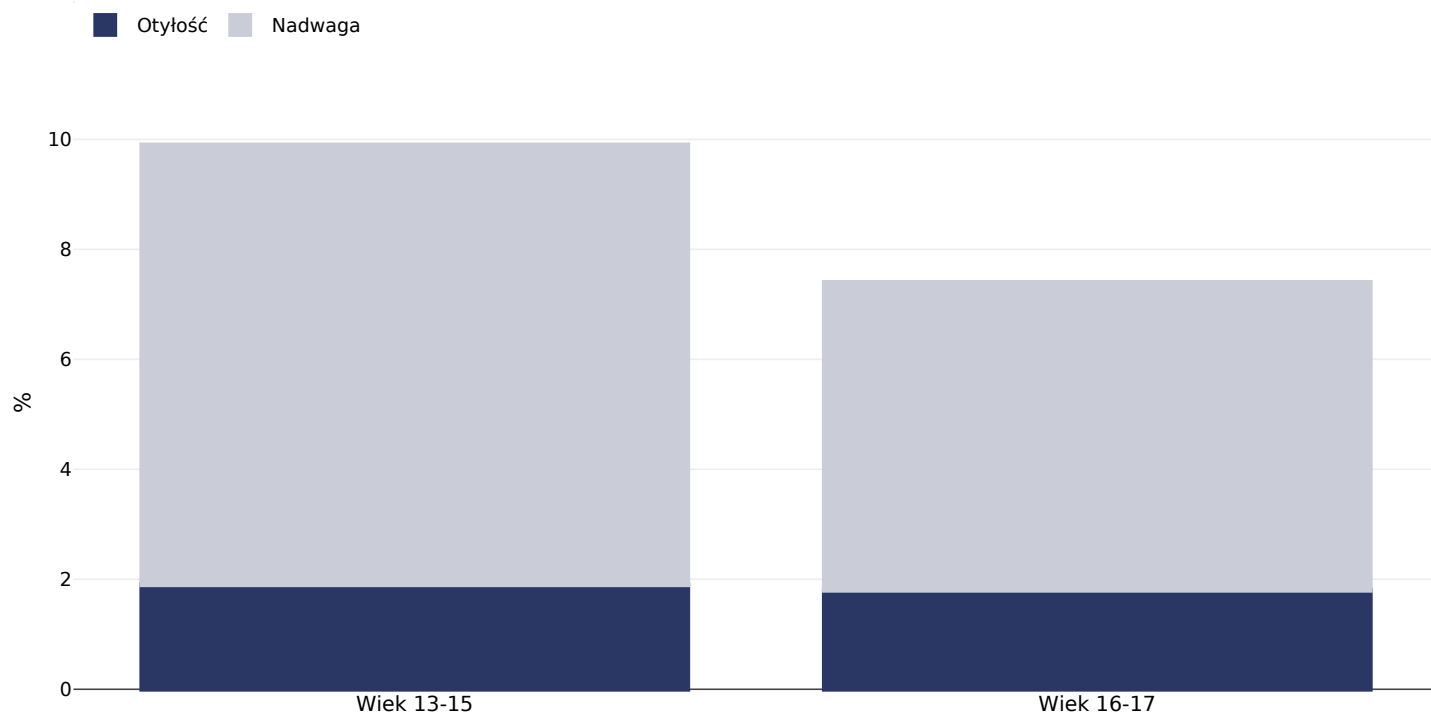
BMI for age: between +1 SD and +2 SD is overweight and greater than +2 SD is obesity

Cutoffs:

WHO 2007

Nadwaga/otyłość odczuwana według wieku

Dzieci, 2016



Typ ankiety:

Dane obserwowane

Liczba próby:

2838

Objęty obszar:

Krajowe

Bibliografia:

2016 GSHS Country Report Myanmar. Available at: https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/myanmar/gshs/gshs-2016-myanmar-report.pdf?sfvrsn=d4b7816a_2&download=true

Cutoffs:

BMI-for-age (5-19 years old)

Double burden of underweight & overweight

Dzieci, 2022



Typ ankiety:

Dane obserwowane

Wiek:

5-19

Bibliografia:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Uwagi:

Age standardised estimates

Definicje
(dostępne
tylko w języku
angielskim):

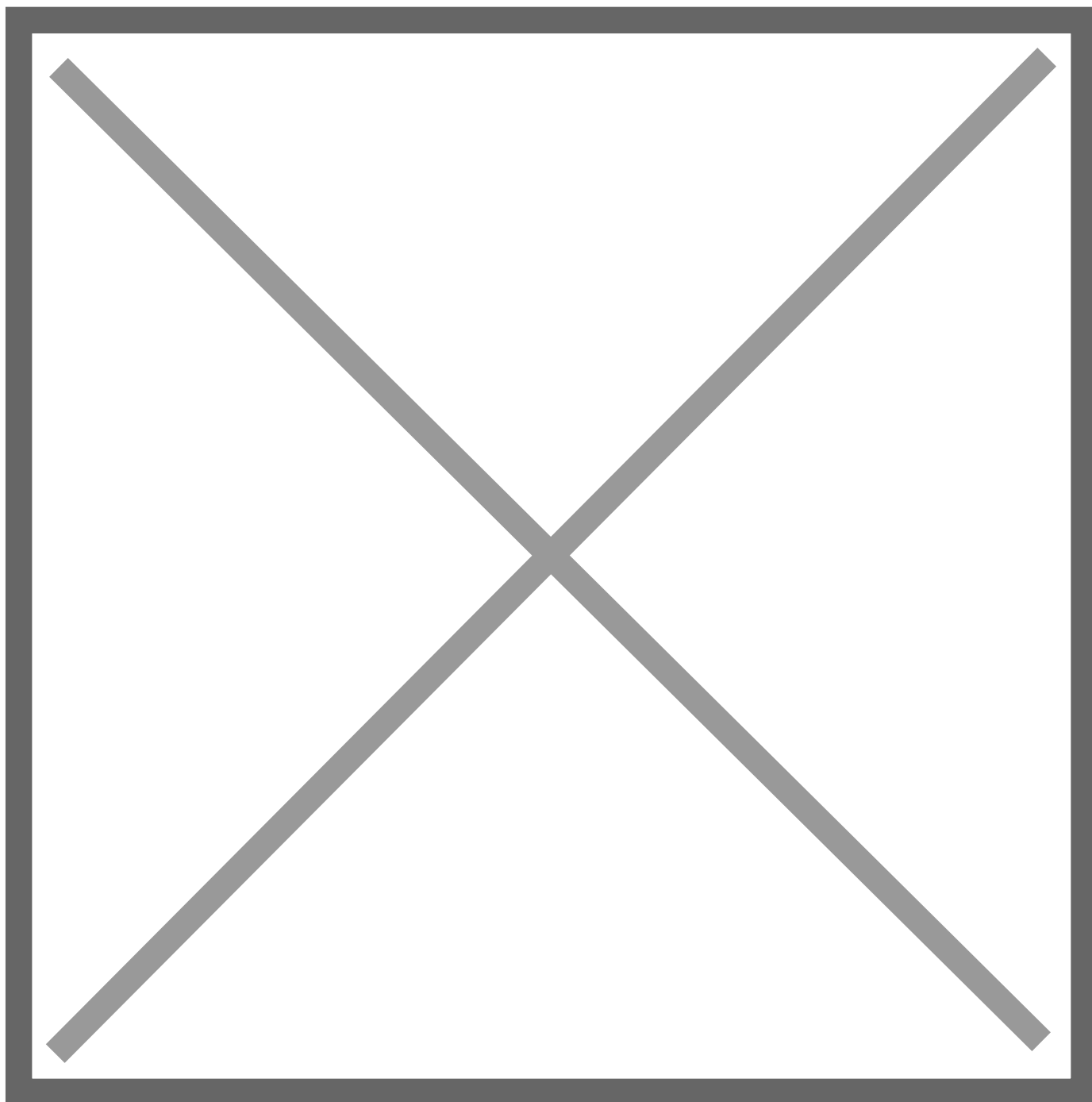
Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)

Cutoffs:

BMI < -2SD and BMI > 2SD

Niewystarczająco aktywność fizyczna

Dzieci, 2016



Typ ankiety:

Dane deklarowane

Wiek:

11-17

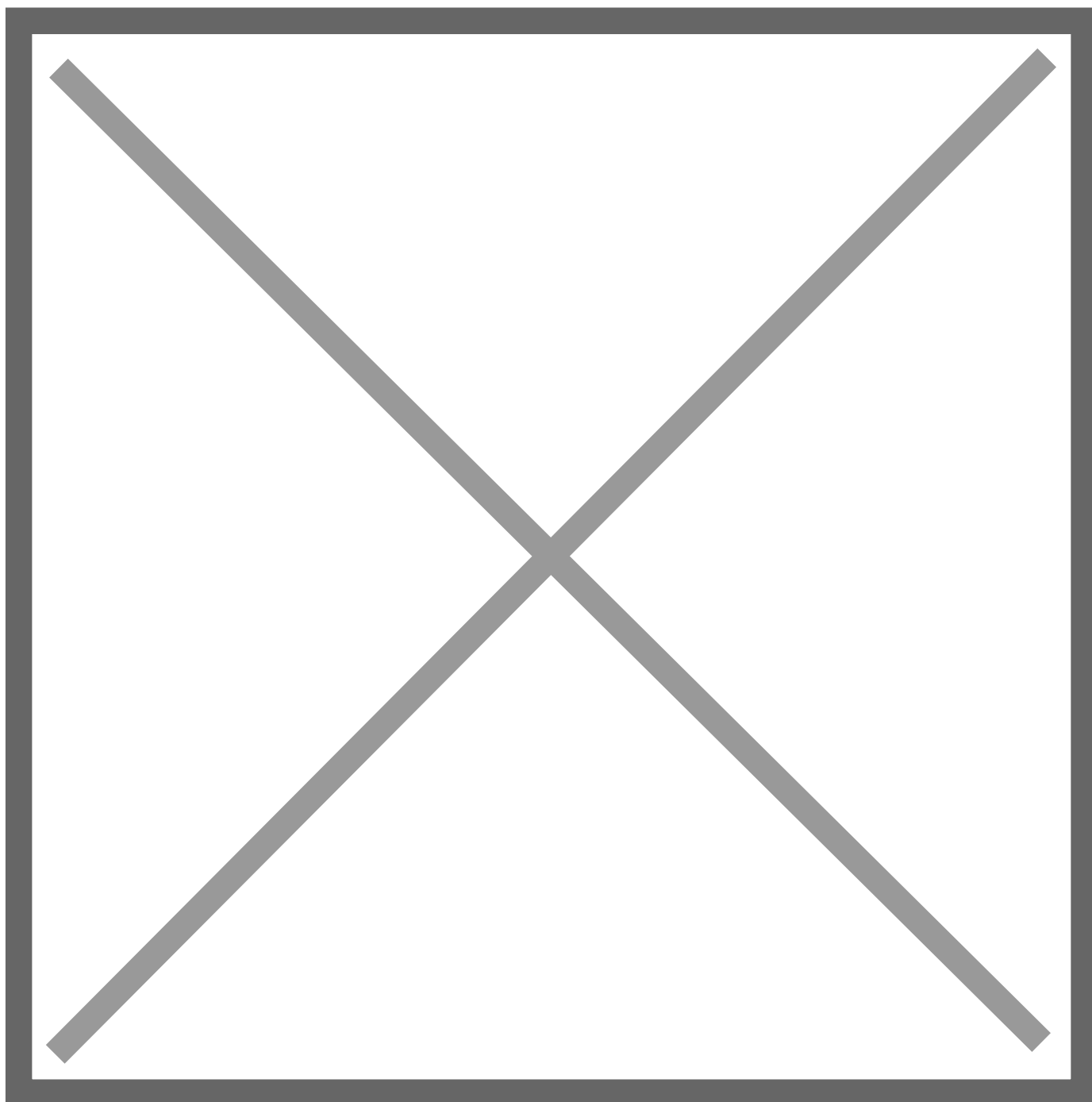
Bibliografia:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Uwagi: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definicje (dostępne tylko w języku angielskim): % Adolescents insufficiently active (age standardised estimate)

ChÅ opcy, 2016

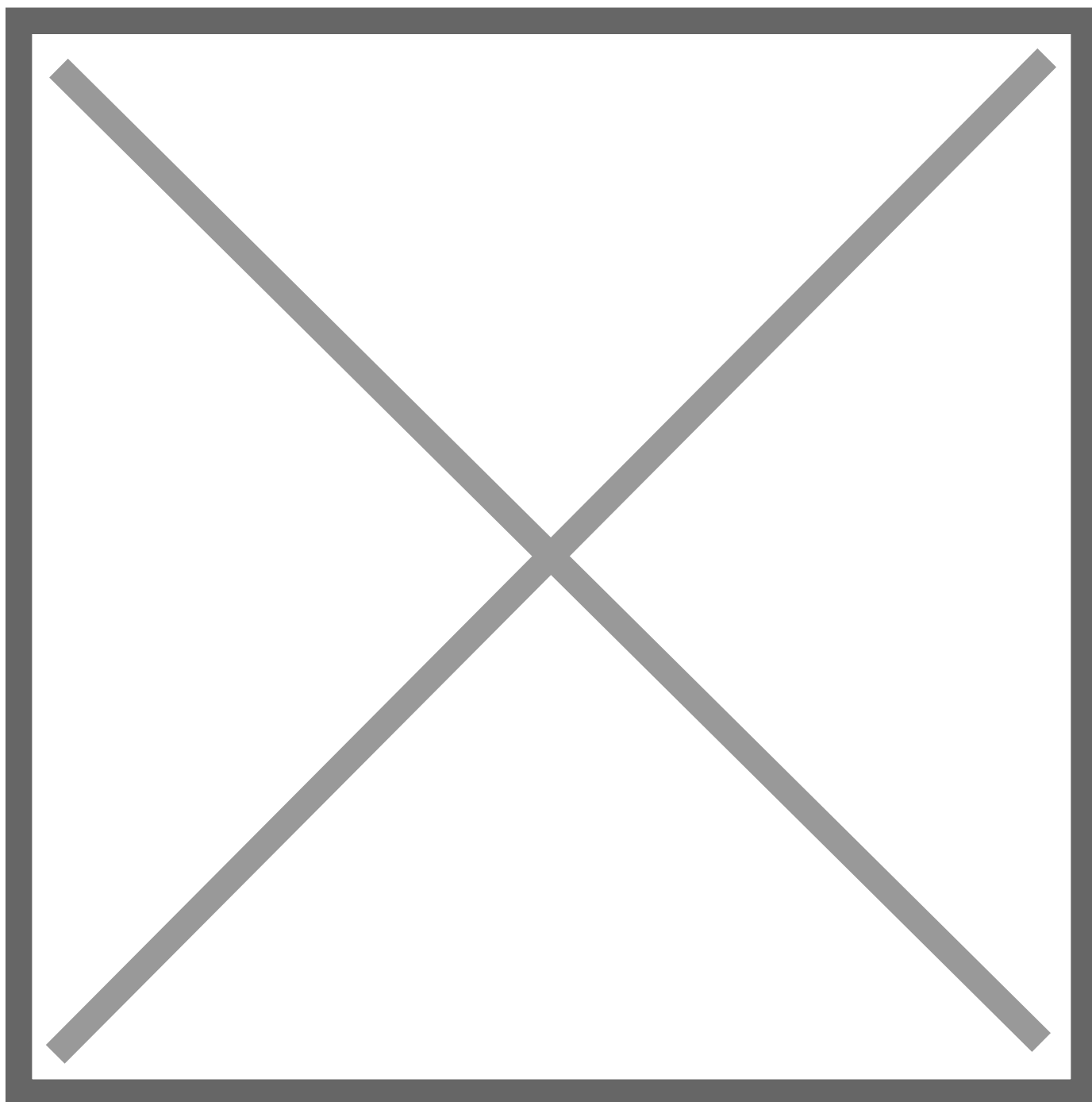


Typ ankiety:	Dane deklarowane
Wiek:	11-17
Bibliografia:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Uwagi:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definicje
(dostępne
tylko w języku
angielskim):

% Adolescents insufficiently active (age standardised estimate)

Dziewcząt, 2016



Typ ankiety:

Dane deklarowane

Wiek:

11-17

Bibliografia:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Uwagi:

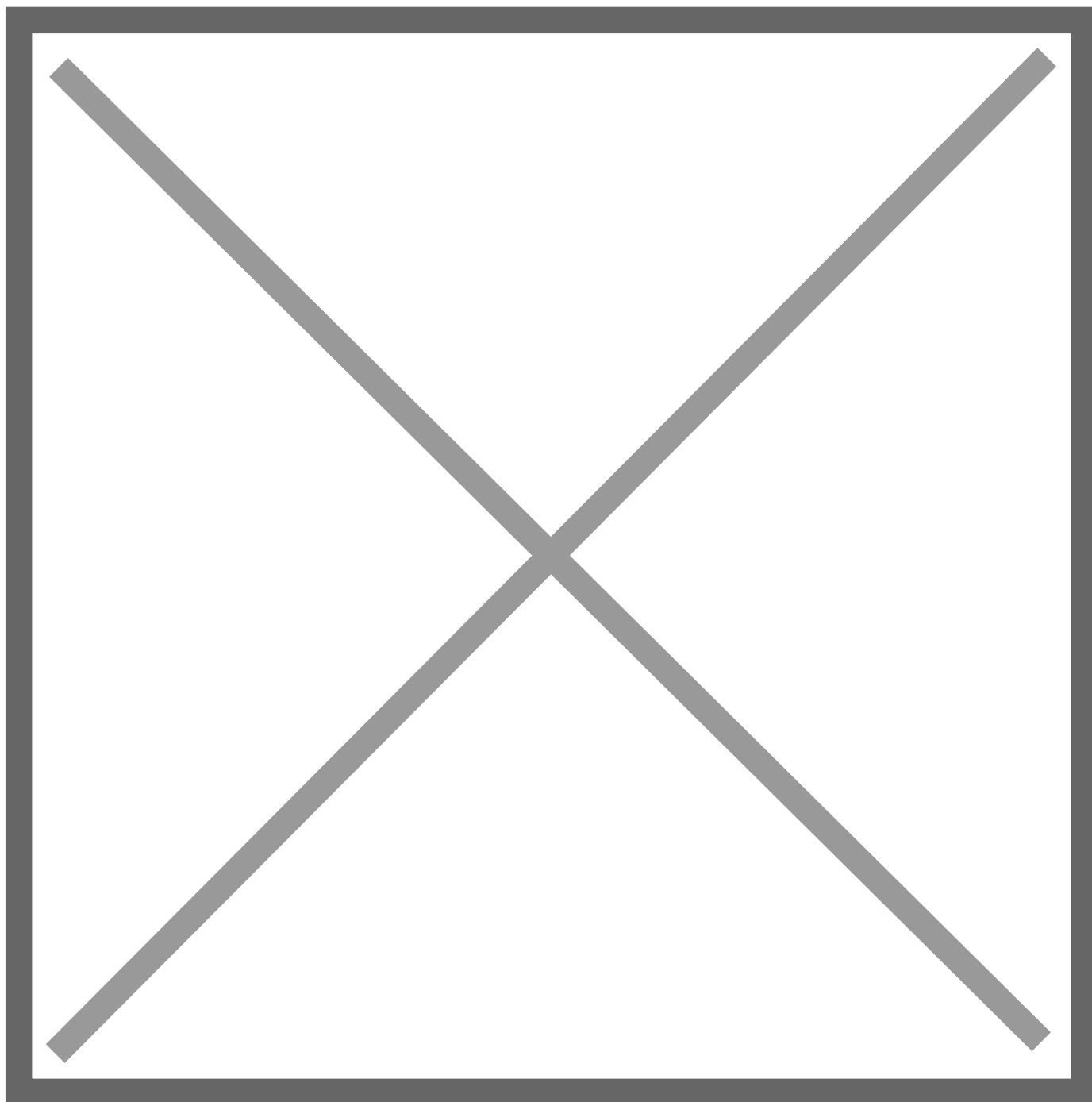
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definicje
(dostępne
tylko w języku
angielskim):

% Adolescents insufficiently active (age standardised estimate)

Zdrowie psychiczne i zaburzenia depresyjne

Dzieci, 2021



Objęty
obszar:

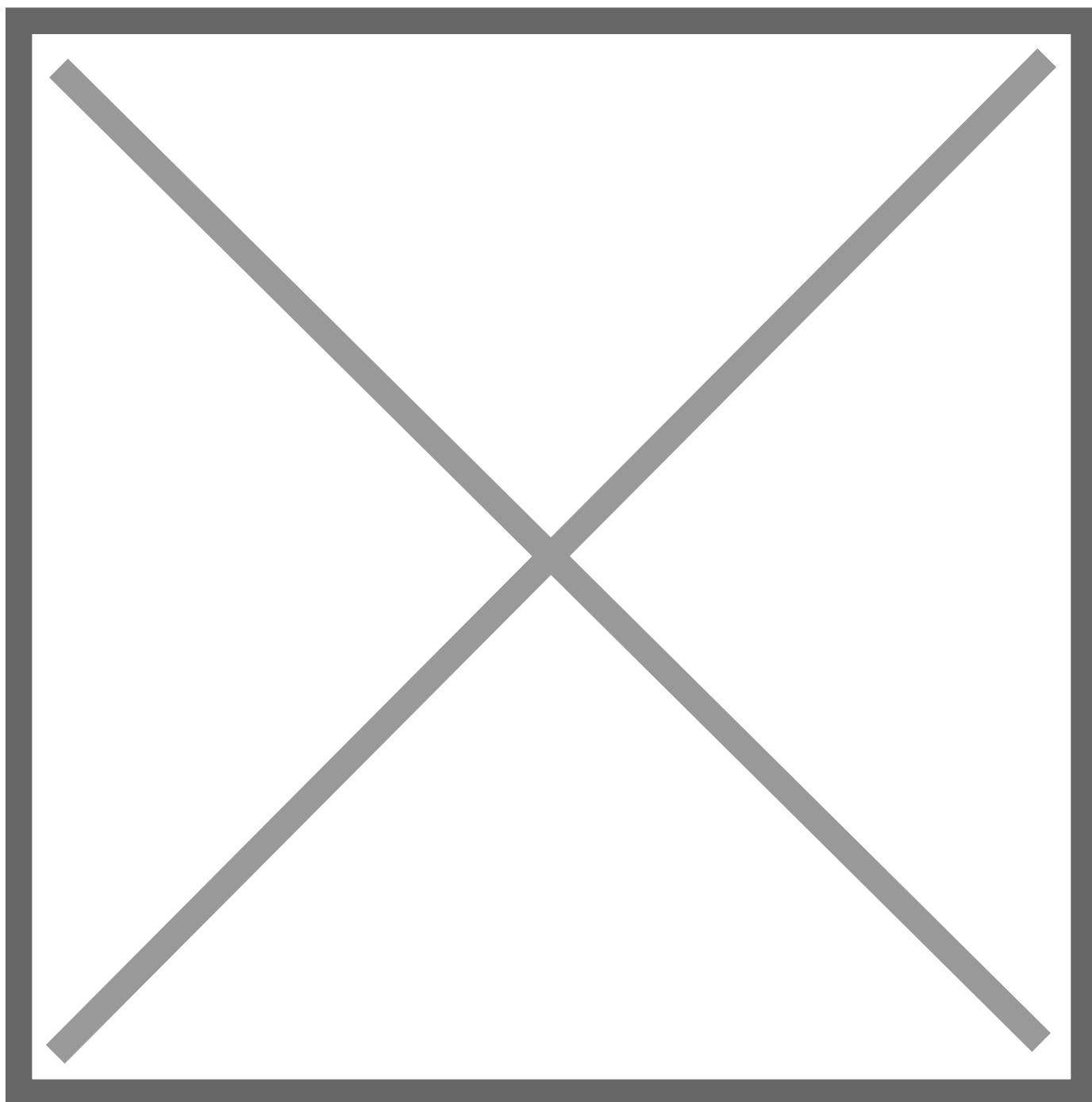
Krajowe

Bibliografia:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definicje
(dostępne
tylko w języku
angielskim):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

ChA₂ opcy, 2021**ObjÄty
obszar:**

Krajowe

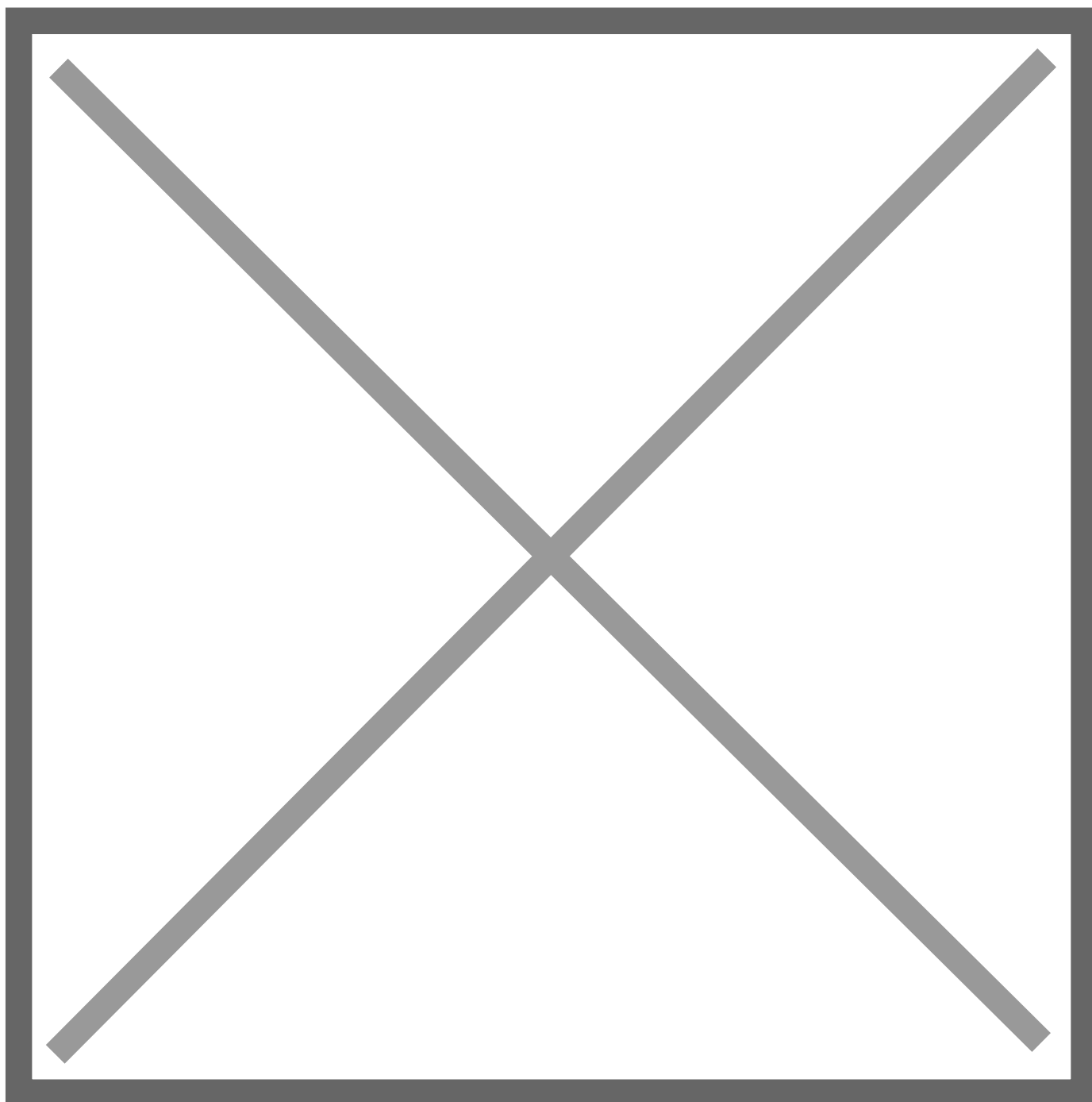
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(dostępne
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angielskim):

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Dziewcząt, 2021



Objęty
obszar:

Krajowe

Bibliografia:

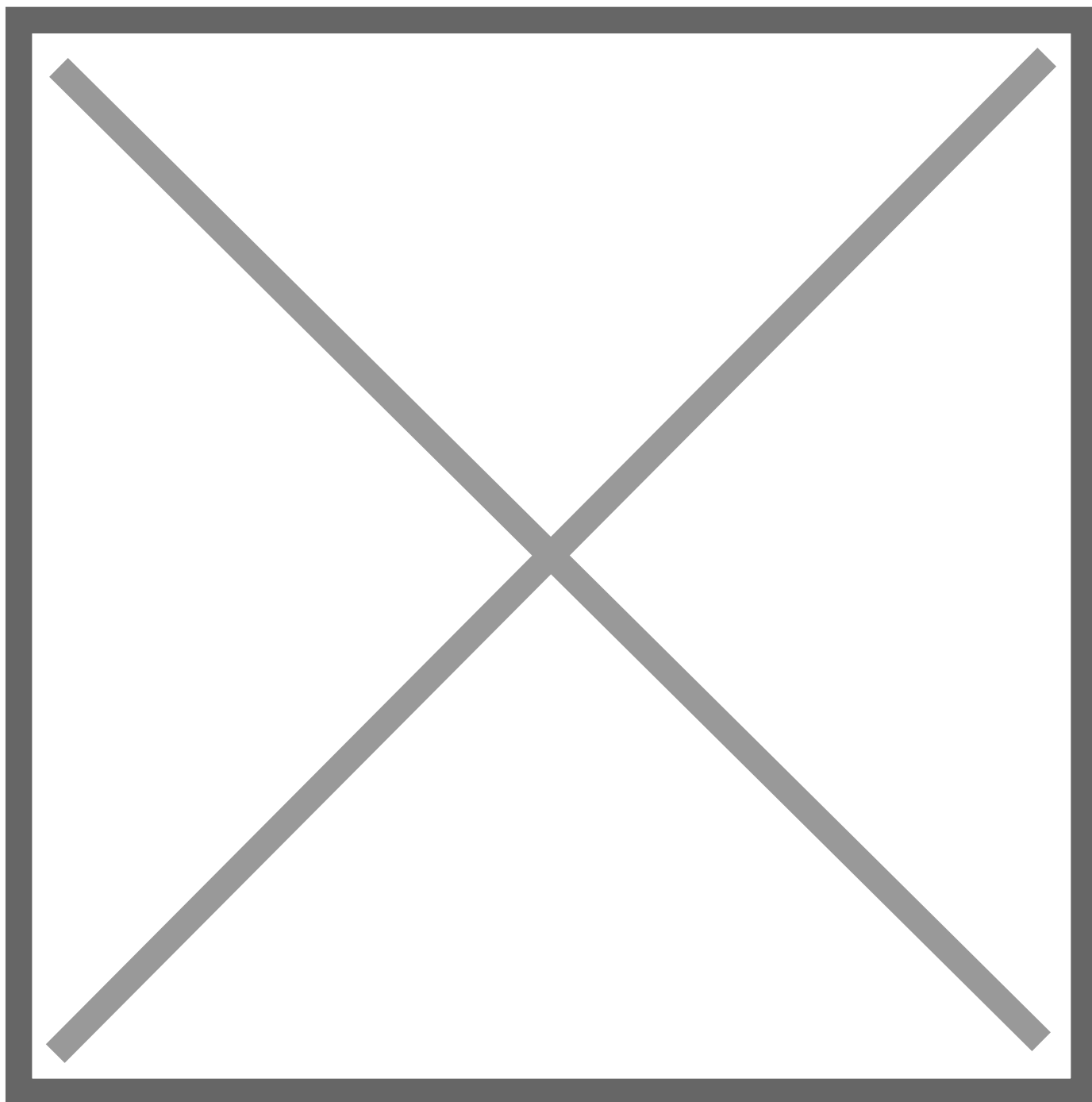
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definicje
(dostępne
tylko w języku
angielskim):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Zdrowie psychiczne i zaburzenia lękowe

Dzieci, 2021

**Bibliografia:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

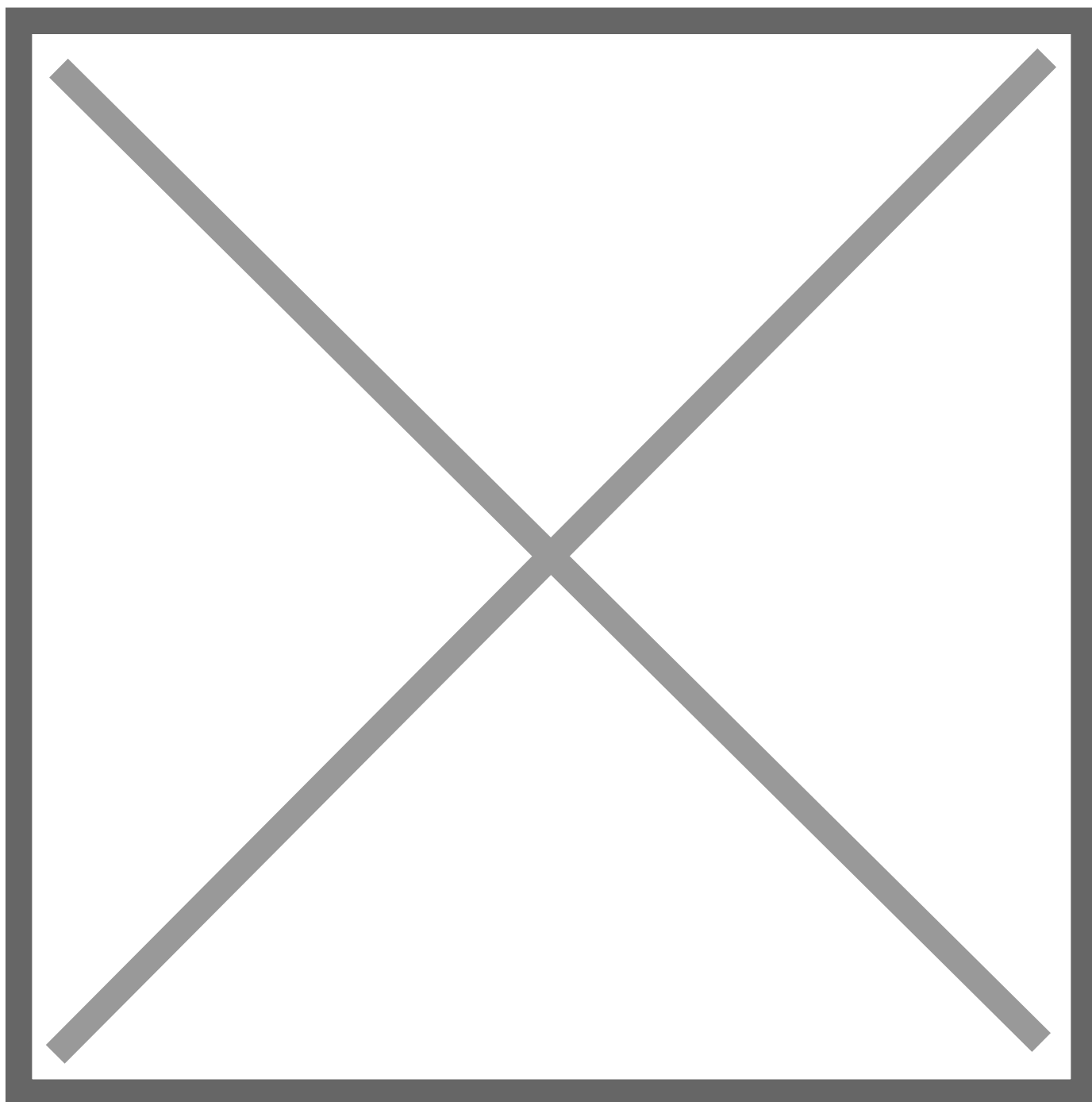
ChA opcy, 2021



Bibliografia:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

DziewczÄ ta, 2021

**Bibliografia:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

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