

# Report card

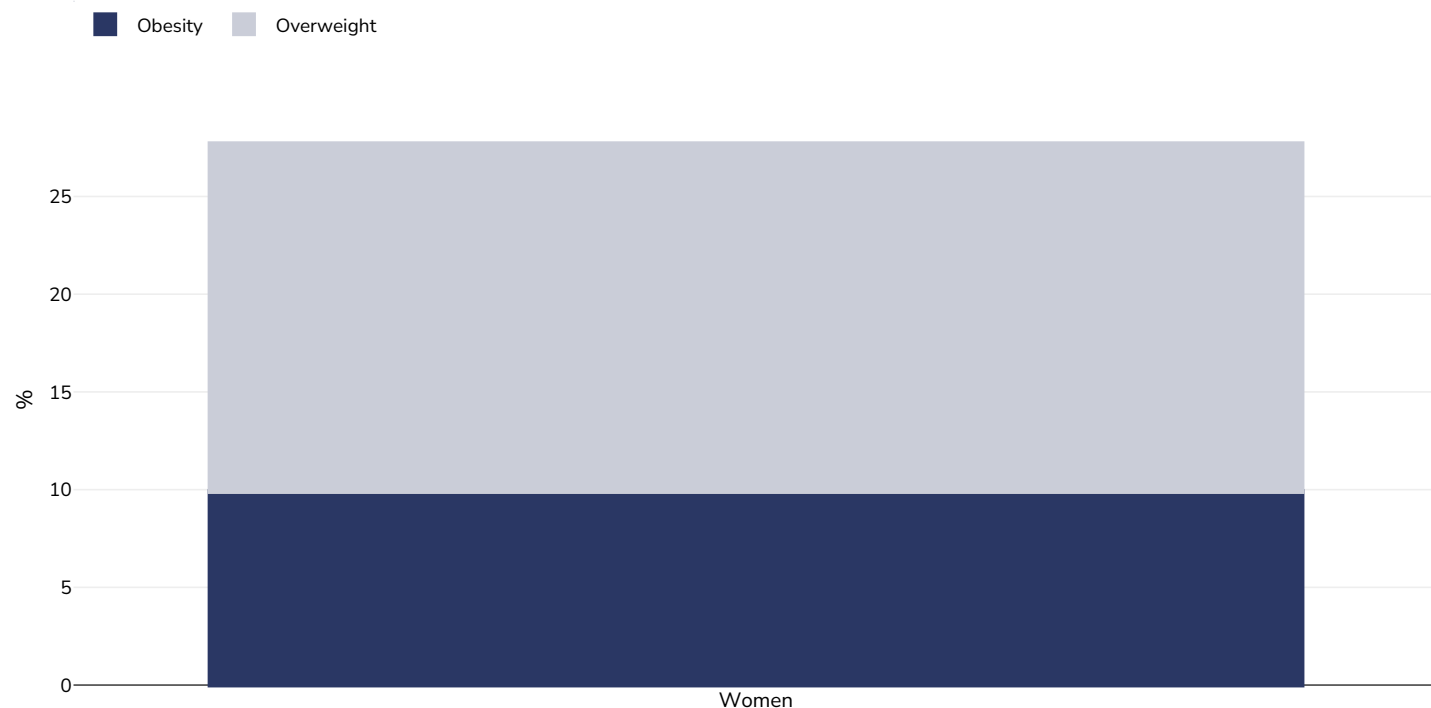
## Mozambique



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## Obesity prevalence

### Women, 2022-2023



Survey type:	Measured
Age:	20-49
Sample size:	4129
Area covered:	National
References:	Instituto Nacional de Estatística (INE) e ICF. 2024. Inquérito Demográfico e de Saúde em Moçambique 2022–23. Maputo, Moçambique e Rockville, Maryland, EUA: INE e ICF.

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

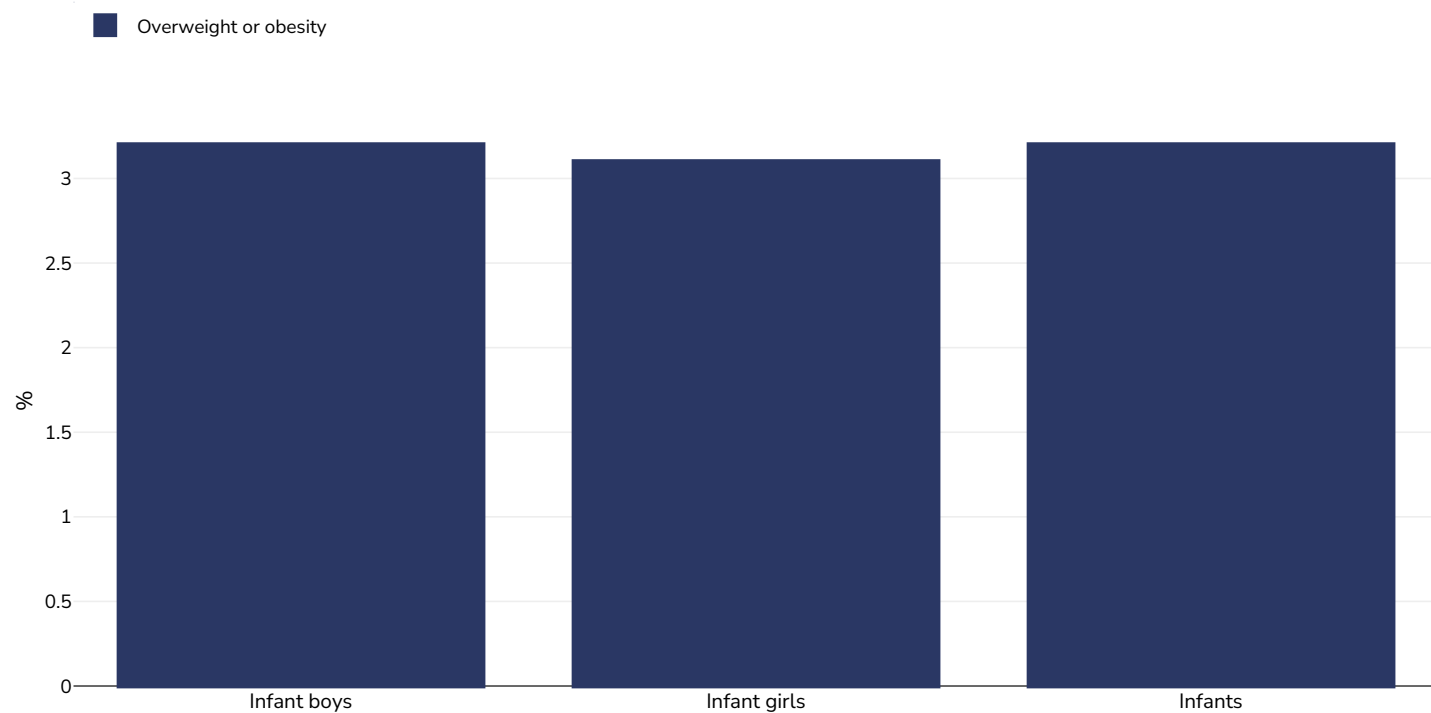
## Girls, 2022-2023

■ Obesity ■ Overweight



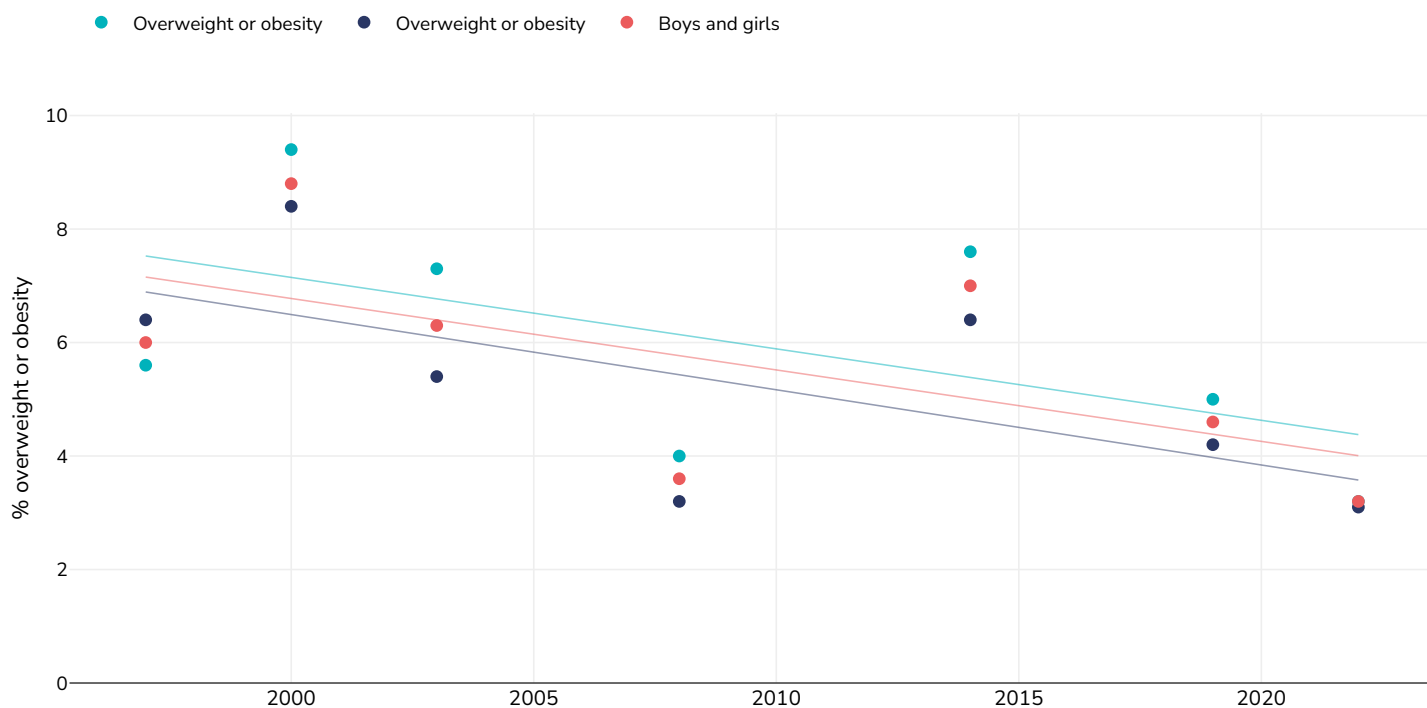
Survey type:	Measured
Age:	15-19
Sample size:	1235
Area covered:	National
References:	Instituto Nacional de Estatística (INE) e ICF. 2024. Inquérito Demográfico e de Saúde em Moçambique 2022–23. Maputo, Moçambique e Rockville, Maryland, EUA: INE e ICF.
Definitions:	BMI for age: between +1 SD and +2 SD is overweight and greater than +2 SD is obesity
Cutoffs:	WHO 2007

## Infants, 2022-2023



Survey type:	Measured
Age:	0-5
Sample size:	4284
Area covered:	National
References:	Instituto Nacional de Estatística (INE) e ICF. 2024. Inquérito Demográfico e de Saúde em Moçambique 2022-23. Maputo, Moçambique e Rockville, Maryland, EUA: INE e ICF.
Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population
Cutoffs:	WHO

## % Infants living with overweight or obesity, 1997-2023



Survey type:

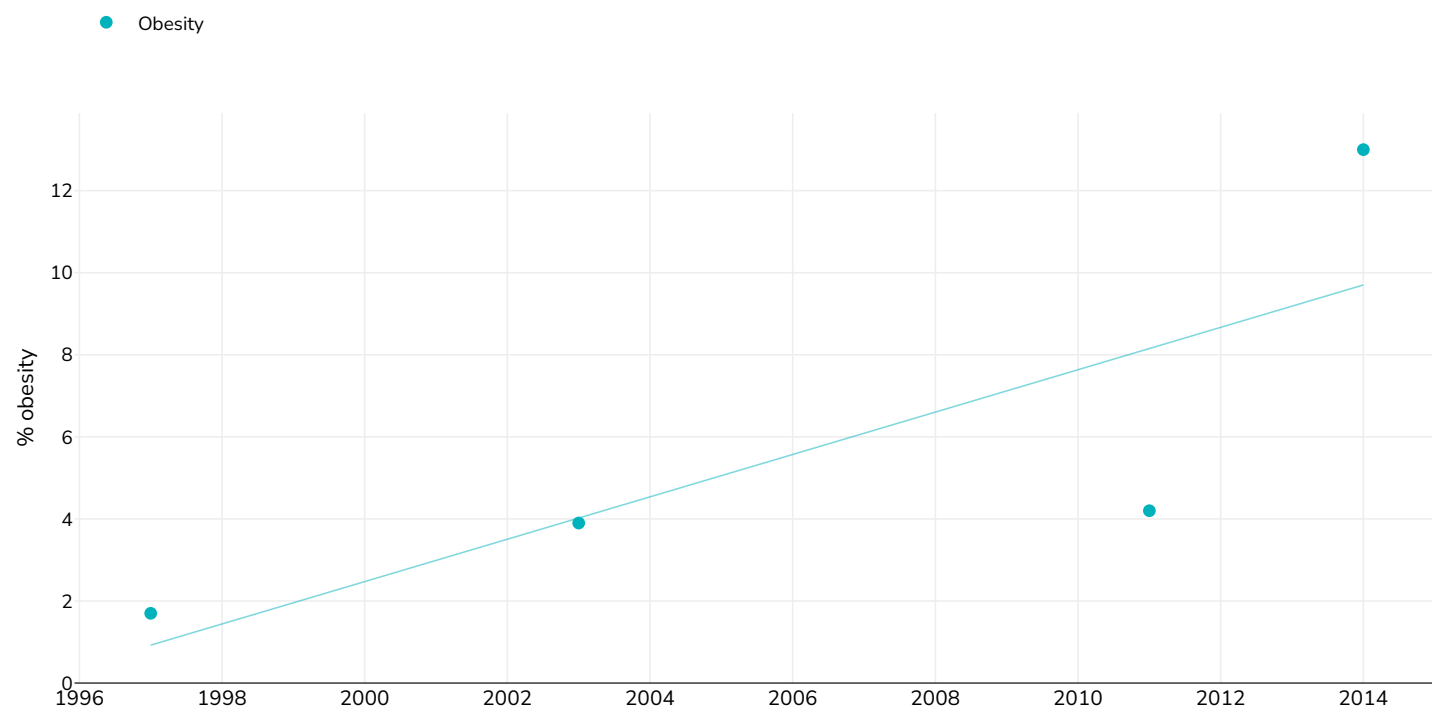
Measured

- References:
- 1997: DHS: Moçambique inquérito demográfico e de saúde 1997. Demographic and Health Surveys. Instituto Nacional de Estatística. Maputo, Moçambique, 1998
  - 2000: CWIQ: Questionario de indicadores basicos de bem-estar (QUIBB): Relatório final. Maputo, Moçambique: Instituto Nacional de Estadísticas, 2001
  - 2003: DHS: Moçambique inquérito demográfico e de saúde 2003. Demographic and Health Surveys. Calverton, Maryland, USA: Instituto Nacional de Estatística, Ministério da Saúde and ORC Macro, 2005
  - 2008: MICS: Mozambique multiple indicator cluster survey 2008 (MICS). Maputo, Mozambique: INE, 2009
  - 2014: Other: Relatório final do Inquérito ao Orçamento Familiar - IOF, 2014/15
  - 2019: Other: Relatório final do Inquérito ao Orçamento Familiar - IOF, 2019/20
  - 2022: Instituto Nacional de Estatística (INE) e ICF. 2024. Inquérito Demográfico e de Saúde em Moçambique 2022–23. Maputo, Moçambique e Rockville, Maryland, EUA: INE e ICF.

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## % Adults living with obesity in Mozambique 1997-2014

### Women



Survey  
type:

Measured

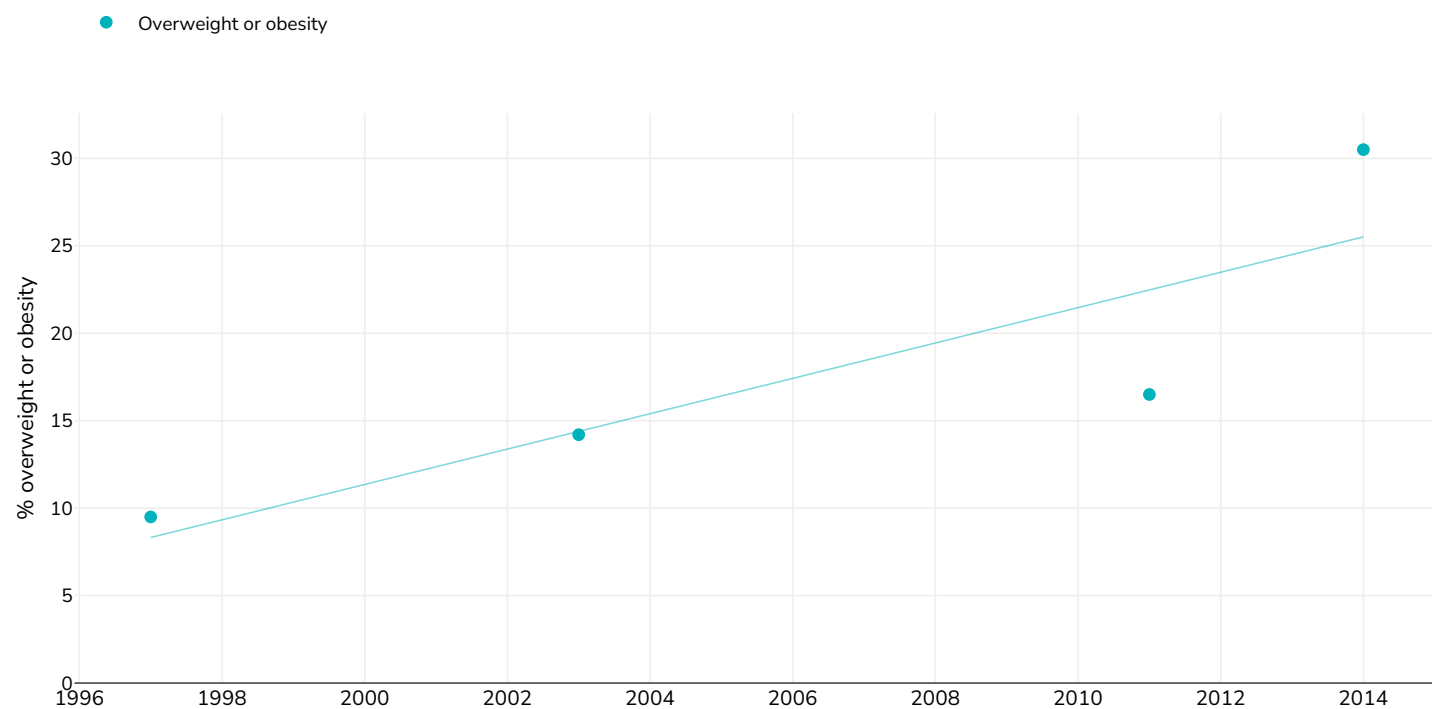
- References:
- 1997: SCN (2004). 5th Report on the World Nutrition Situation. Nutrition for Improved Development Outcomes. Appendix 11
  - 2003: Instituto Nacional de Estatística/Moçambique, Ministério da Saúde/Moçambique, and MEASURE DHS+/ORC Macro.
  - 2005. Moçambique Inquérito Demográfico e de Saúde 2003. Calverton, Maryland, USA: Instituto Nacional de Estatística/Moçambique, Ministério da Saúde/Moçambique, and MEASURE DHS+/ORC Macro.
  - 2011: Ministerio da Saude - MISAU/Moçambique, Instituto Nacional de Estatística - INE/Moçambique and ICF International. Moçambique Inquérito Demográfico e de Saúde 2011. Calverton, Maryland, USA: MISA/Moçambique, INE/Moçambique and ICF International. (Portugese)
  - 2014: Fontes, F., Damasceno, A., Jessen, N., Prista, A., Silva-Matos, C., Padrão, P., & Lunet, N. (2019). Prevalence of overweight and obesity in Mozambique in 2005 and 2015. *Public Health Nutrition*, 22(17), 3118-3126. doi:10.1017/S1368980019002325

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## % Adults living with overweight or obesity in Mozambique 1997-2014

### Women



Survey  
type:

Measured

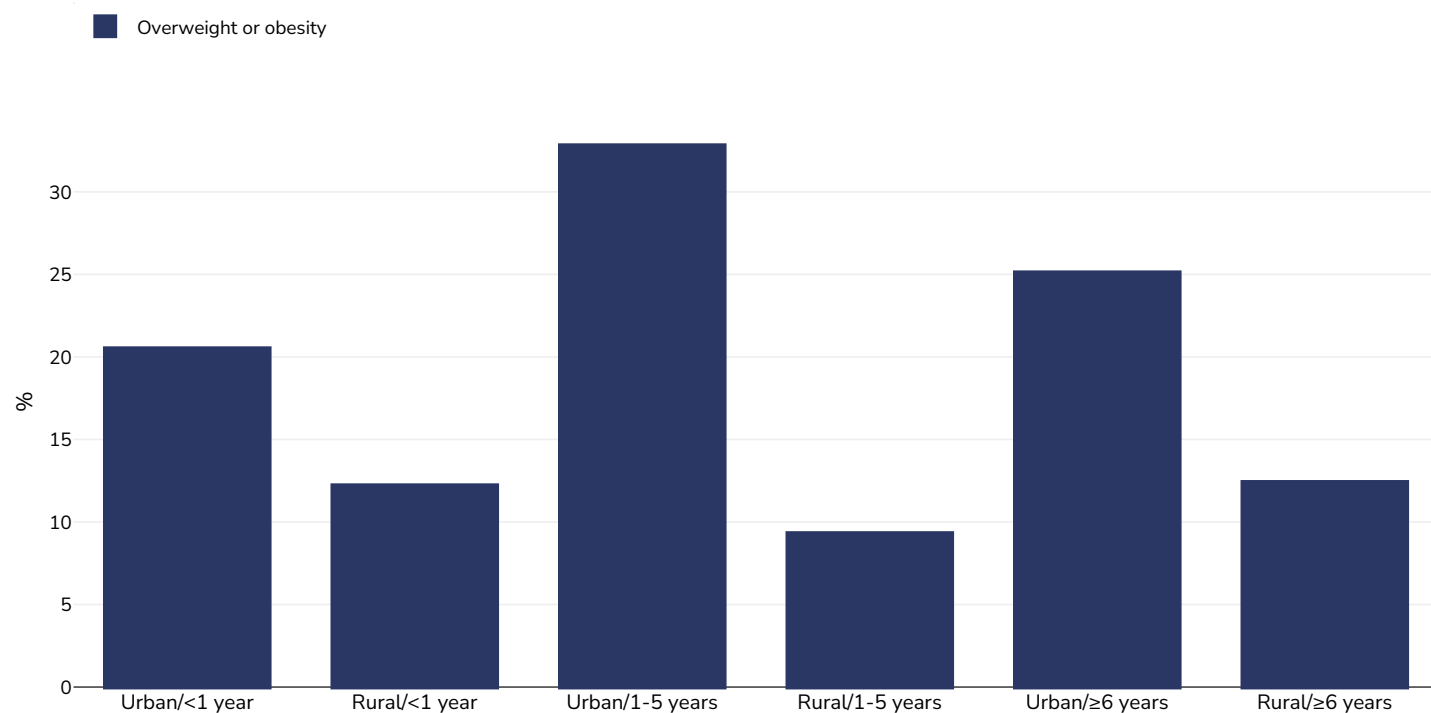
- References: 1997: SCN (2004). 5th Report on the World Nutrition Situation. Nutrition for Improved Development Outcomes. Appendix 11
- 2003: Instituto Nacional de Estatística/Moçambique, Ministério da Saúde/Moçambique, and MEASURE DHS+/ORC Macro.
2005. Moçambique Inquérito Demográfico e de Saúde 2003. Calverton, Maryland, USA: Instituto Nacional de Estatística/Moçambique, Ministério da Saúde/Moçambique, and MEASURE DHS+/ORC Macro.
- 2011: Ministerio da Saude - MISAU/Moçambique, Instituto Nacional de Estatística - INE/Moçambique and ICF International. Moçambique Inquérito Demográfico e de Saúde 2011. Calverton, Maryland, USA: MISA/Moçambique, INE/Moçambique and ICF International. (Portuguese)
- 2014: Fontes, F., Damasceno, A., Jessen, N., Prista, A., Silva-Matos, C., Padrão, P., & Lunet, N. (2019). Prevalence of overweight and obesity in Mozambique in 2005 and 2015. *Public Health Nutrition*, 22(17), 3118-3126. doi:10.1017/S1368980019002325

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Overweight/obesity by age and education

### Men, 2014



Survey type: Measured

Age: 25-64

Sample size: 2595

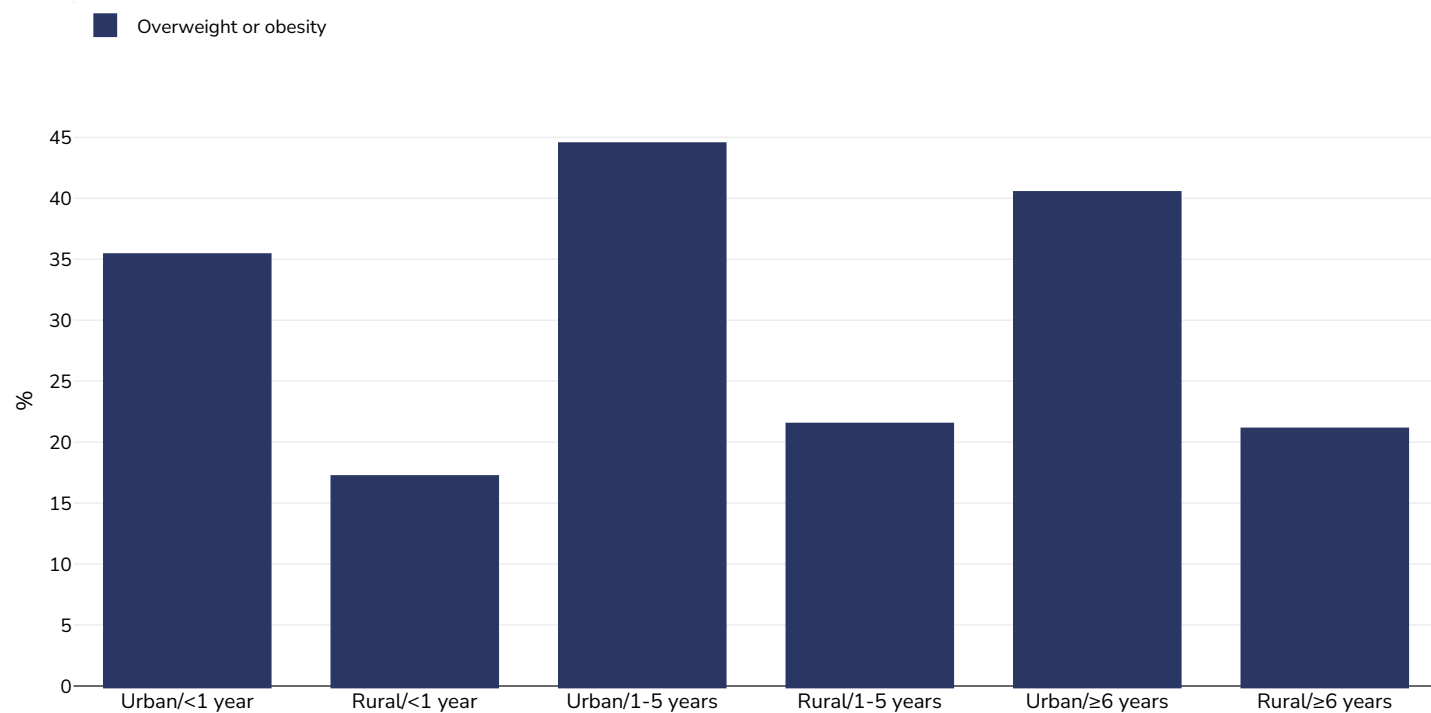
References: Fontes, F., Damasceno, A., Jessen, N., Prista, A., Silva-Matos, C., Padrão, P., & Lunet, N. (2019). Prevalence of overweight and obesity in Mozambique in 2005 and 2015. *Public Health Nutrition*, 22(17), 3118-3126. doi:10.1017/S1368980019002325

Notes: By region and years of education

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*



## Women, 2014



Survey type: Measured

Age: 25-64

Sample size: 2595

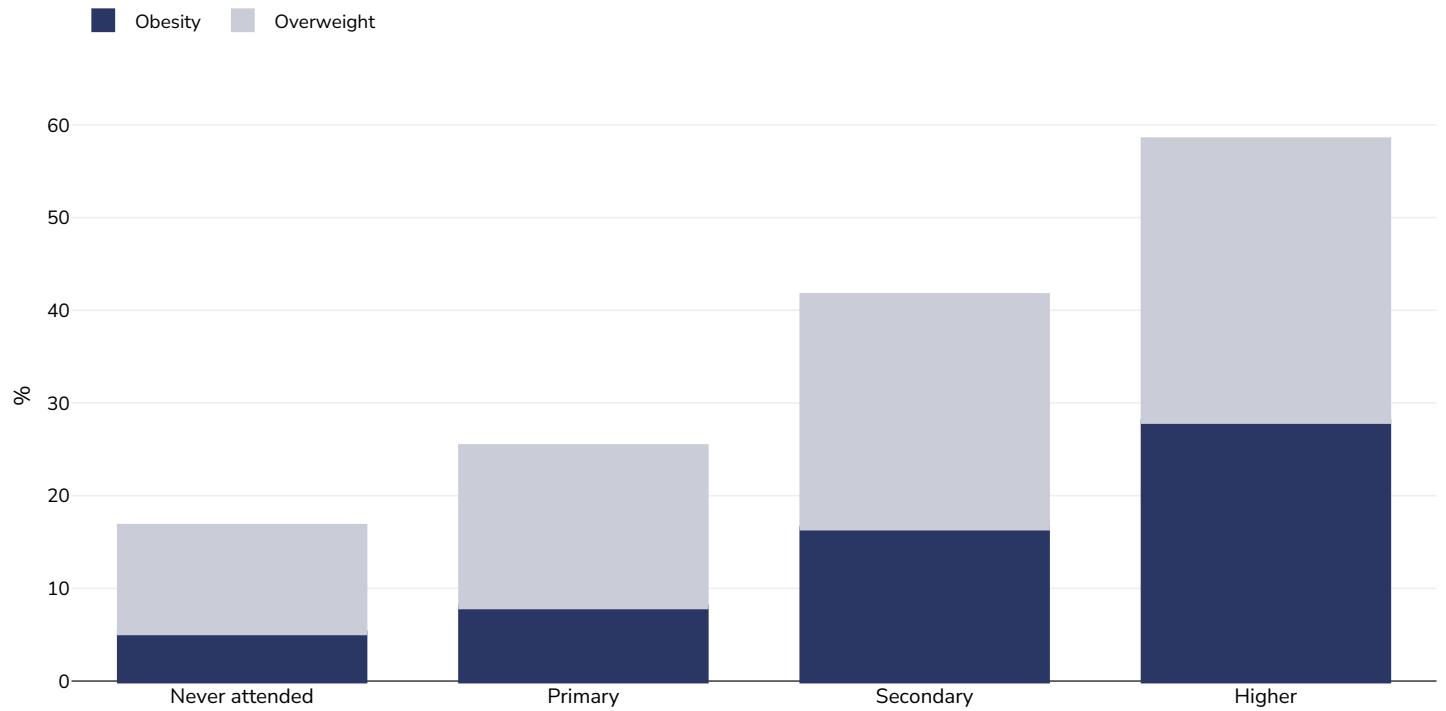
References: Fontes, F., Damasceno, A., Jessen, N., Prista, A., Silva-Matos, C., Padrão, P., & Lunet, N. (2019). Prevalence of overweight and obesity in Mozambique in 2005 and 2015. *Public Health Nutrition*, 22(17), 3118-3126. doi:10.1017/S1368980019002325

Notes: By region and years of education

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Overweight/obesity by education

### Women, 2022-2023

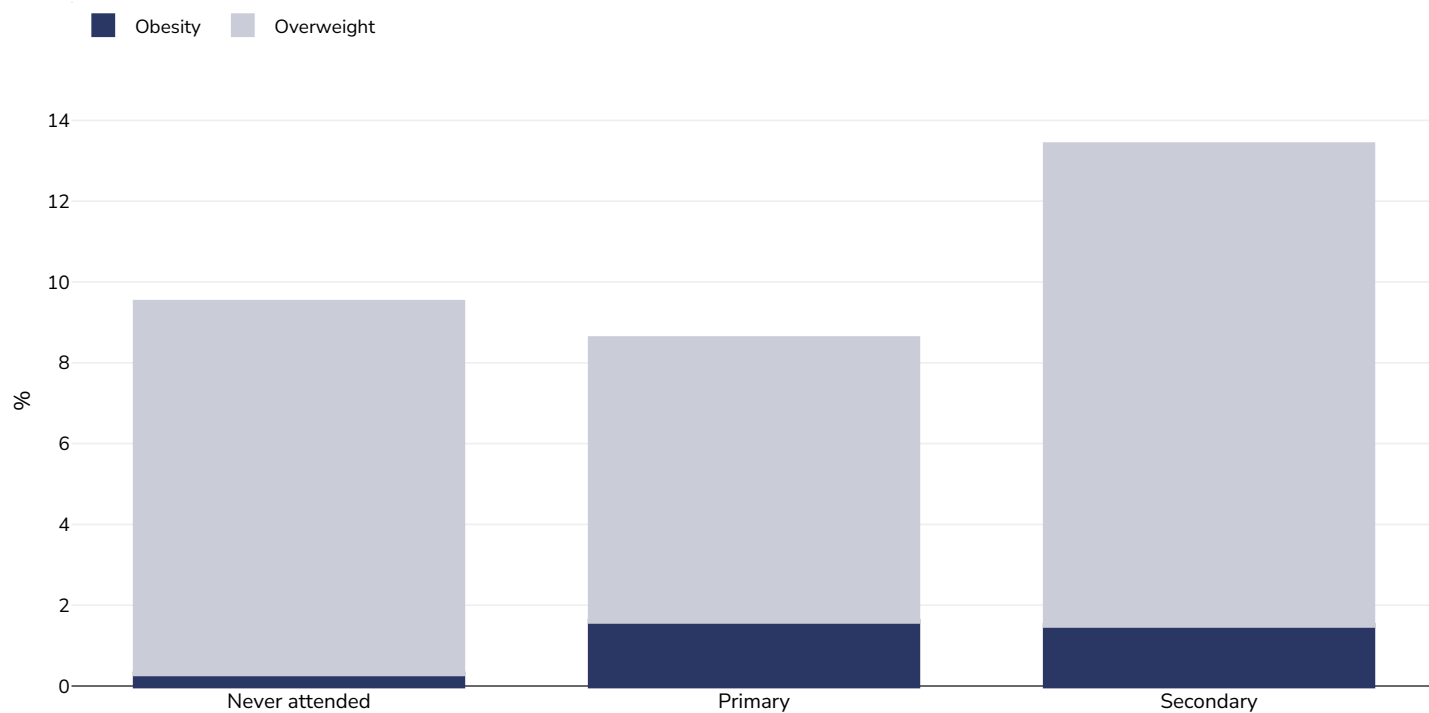


Survey type:	Measured
Age:	20-49
Sample size:	4129
Area covered:	National

References: Instituto Nacional de Estatística (INE) e ICF. 2024. Inquérito Demográfico e de Saúde em Moçambique 2022–23. Maputo, Moçambique e Rockville, Maryland, EUA: INE e ICF.

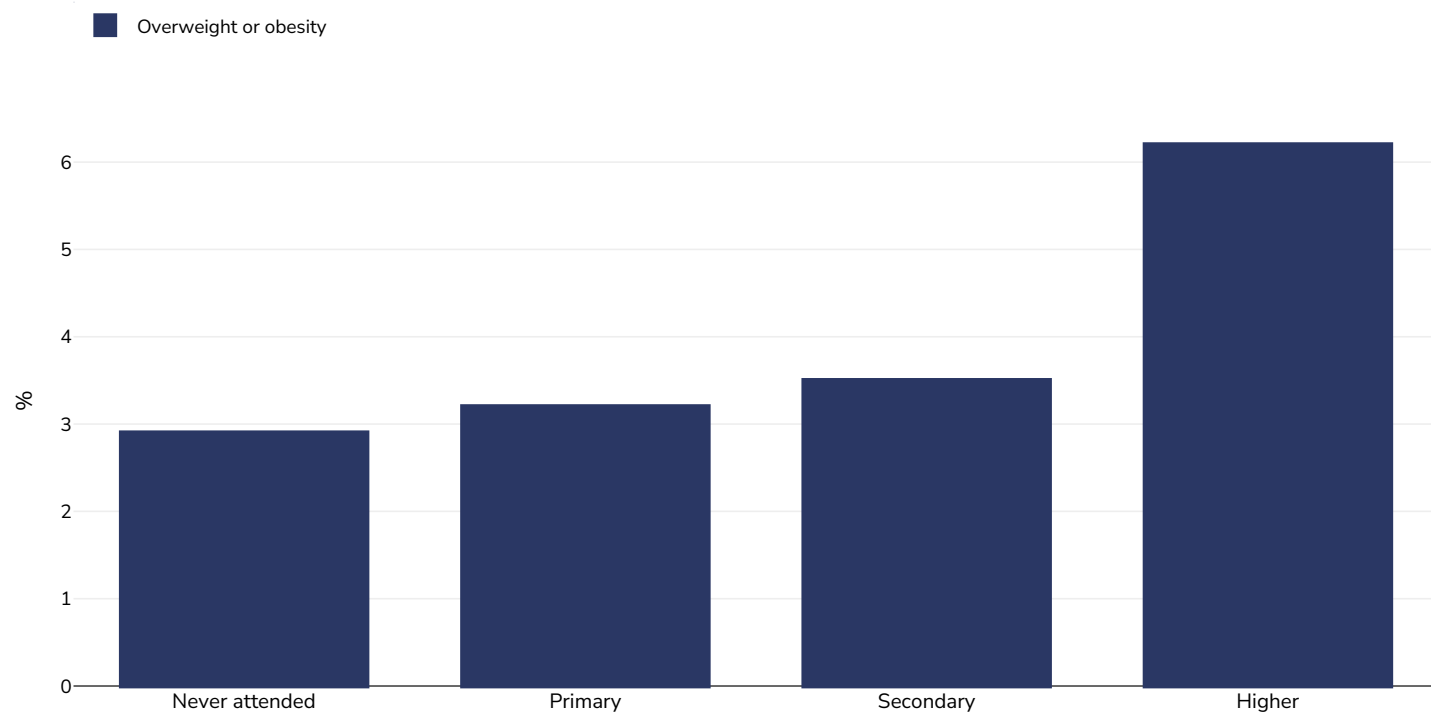
*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Girls, 2022-2023



Survey type:	Measured
Age:	15-19
Sample size:	1235
Area covered:	National
References:	Instituto Nacional de Estatística (INE) e ICF. 2024. Inquérito Demográfico e de Saúde em Moçambique 2022–23. Maputo, Moçambique e Rockville, Maryland, EUA: INE e ICF.
Definitions:	BMI for age: between +1 SD and +2 SD is overweight and greater than +2 SD is obesity
Cutoffs:	WHO 2007

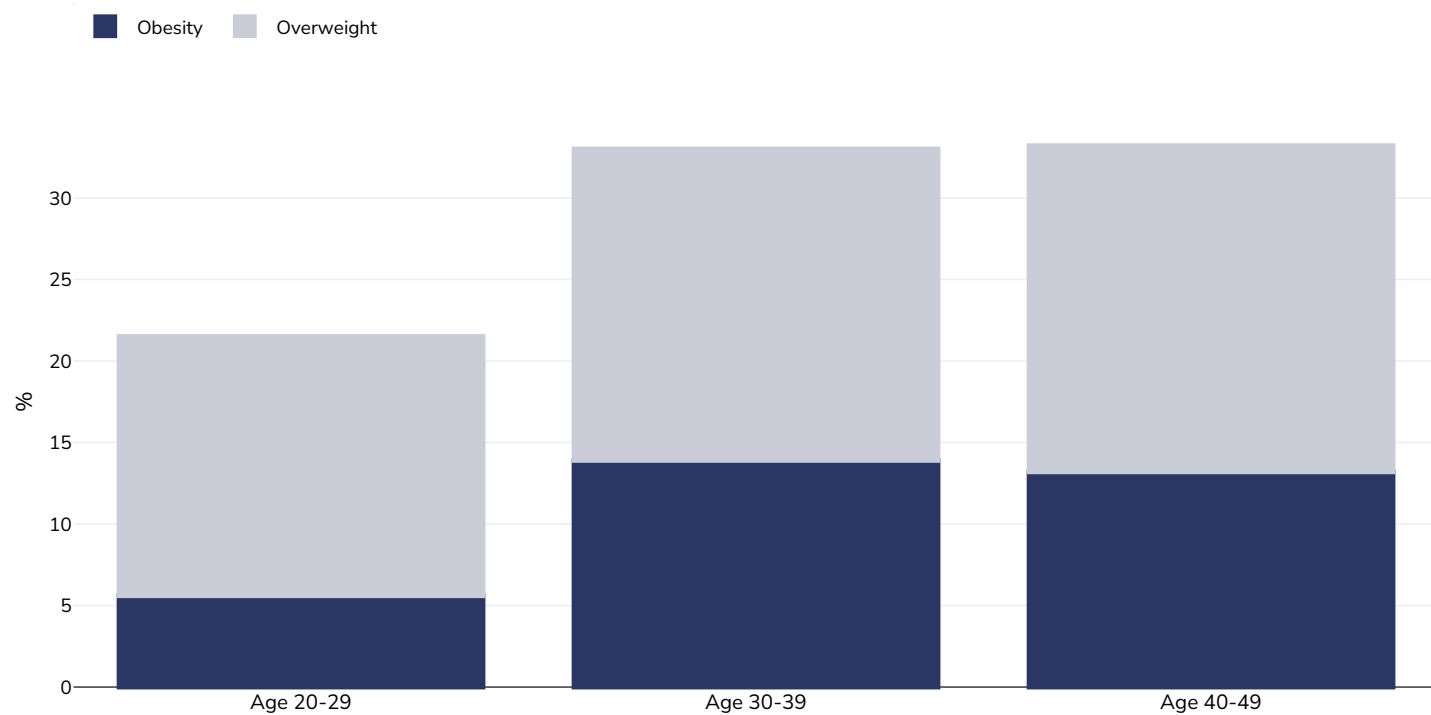
## Infants, 2022-2023



Survey type:	Measured
Sample size:	4284
Area covered:	National
References:	Instituto Nacional de Estatística (INE) e ICF. 2024. Inquérito Demográfico e de Saúde em Moçambique 2022–23. Maputo, Moçambique e Rockville, Maryland, EUA: INE e ICF.
Notes:	Mother's education
Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population
Cutoffs:	WHO

## Overweight/obesity by age

### Women, 2022-2023



Survey type: Measured

Sample size: 4129

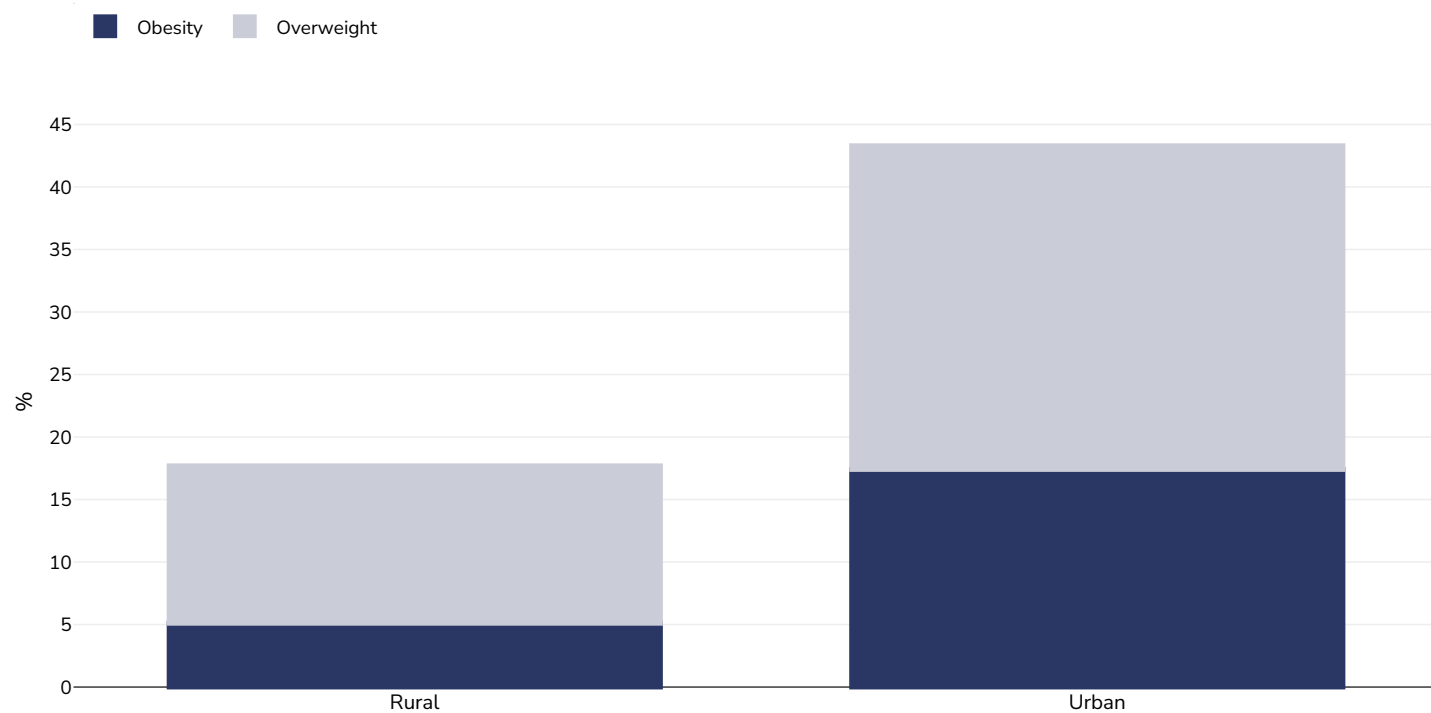
Area covered: National

References: Instituto Nacional de Estatística (INE) e ICF. 2024. Inquérito Demográfico e de Saúde em Moçambique 2022-23. Maputo, Moçambique e Rockville, Maryland, EUA: INE e ICF.

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Overweight/obesity by region

### Women, 2022-2023

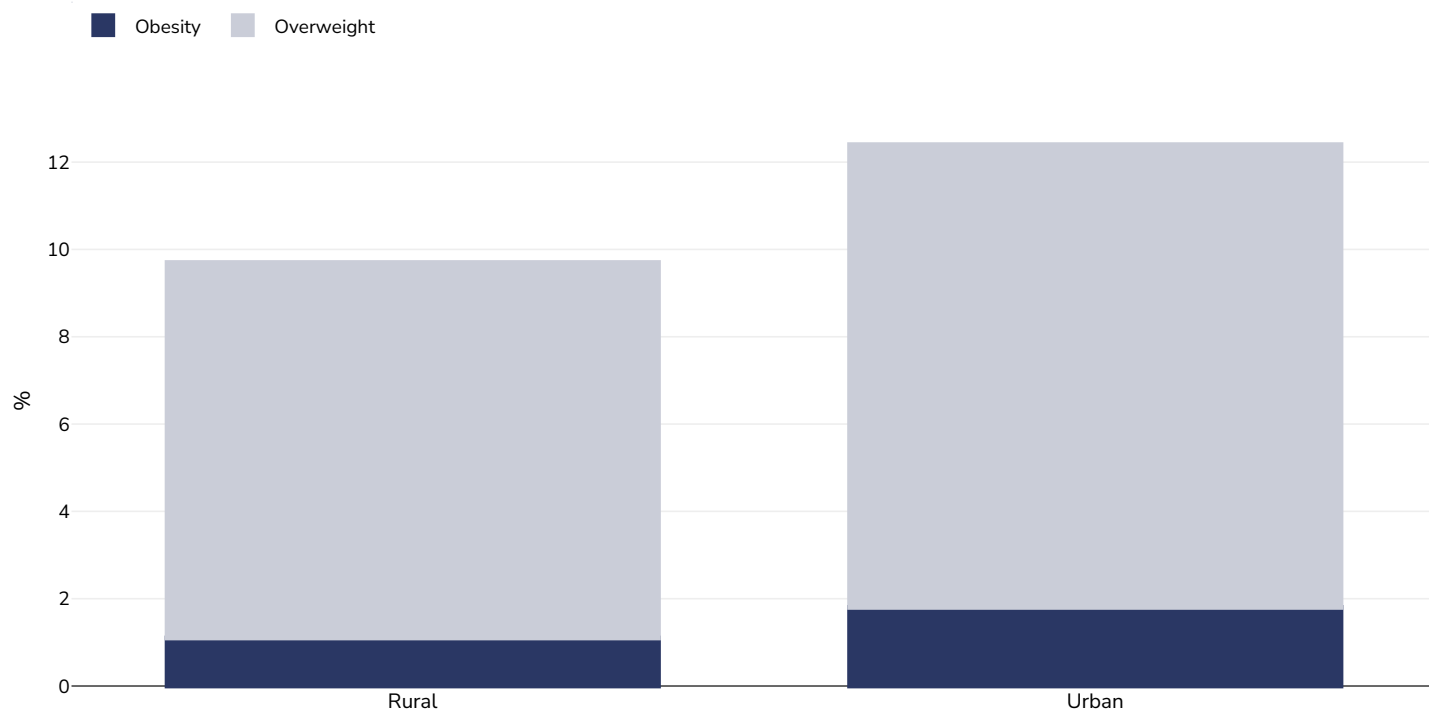


Survey type:	Measured
Age:	20-49
Sample size:	4129
Area covered:	National

References: Instituto Nacional de Estatística (INE) e ICF. 2024. Inquérito Demográfico e de Saúde em Moçambique 2022–23. Maputo, Moçambique e Rockville, Maryland, EUA: INE e ICF.

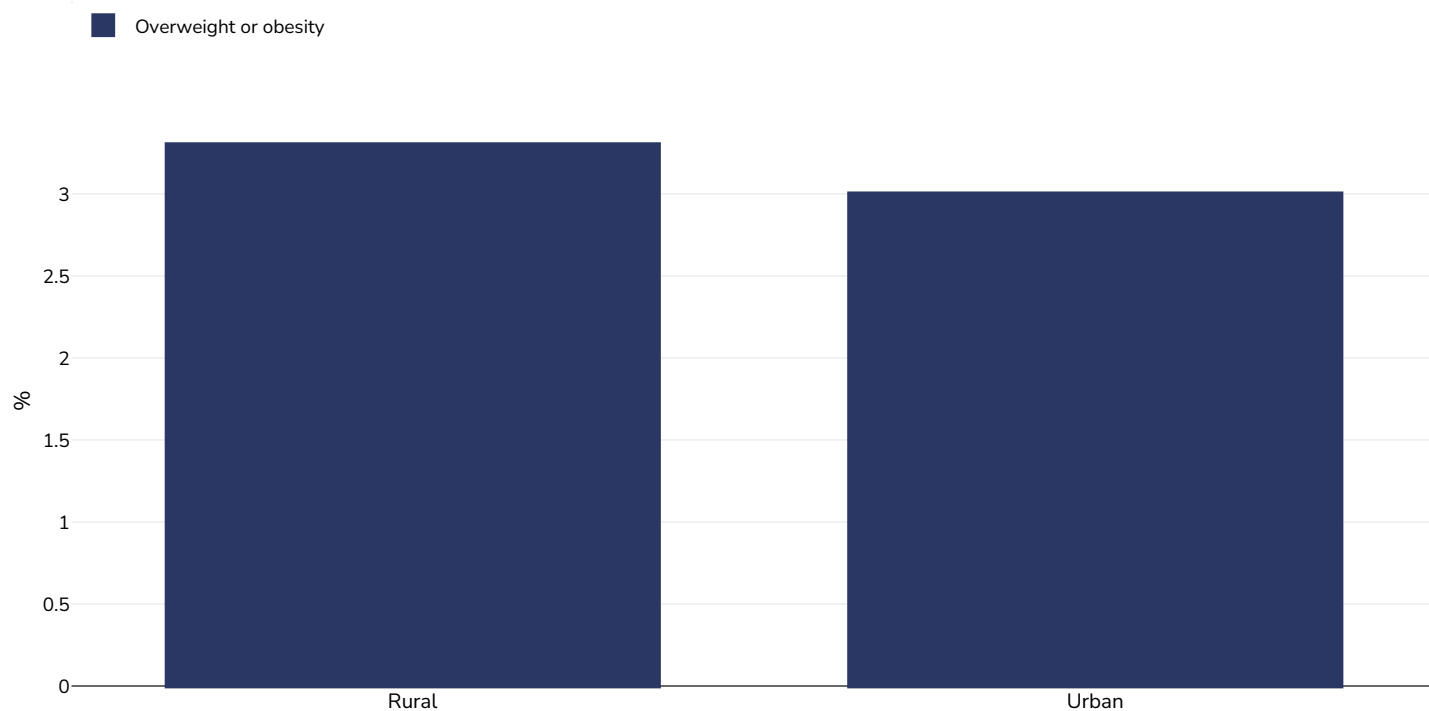
*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Girls, 2022-2023



Survey type:	Measured
Age:	15-19
Sample size:	1235
Area covered:	National
References:	Instituto Nacional de Estatística (INE) e ICF. 2024. Inquérito Demográfico e de Saúde em Moçambique 2022–23. Maputo, Moçambique e Rockville, Maryland, EUA: INE e ICF.
Definitions:	BMI for age: between +1 SD and +2 SD is overweight and greater than +2 SD is obesity
Cutoffs:	WHO 2007

## Infants, 2022-2023

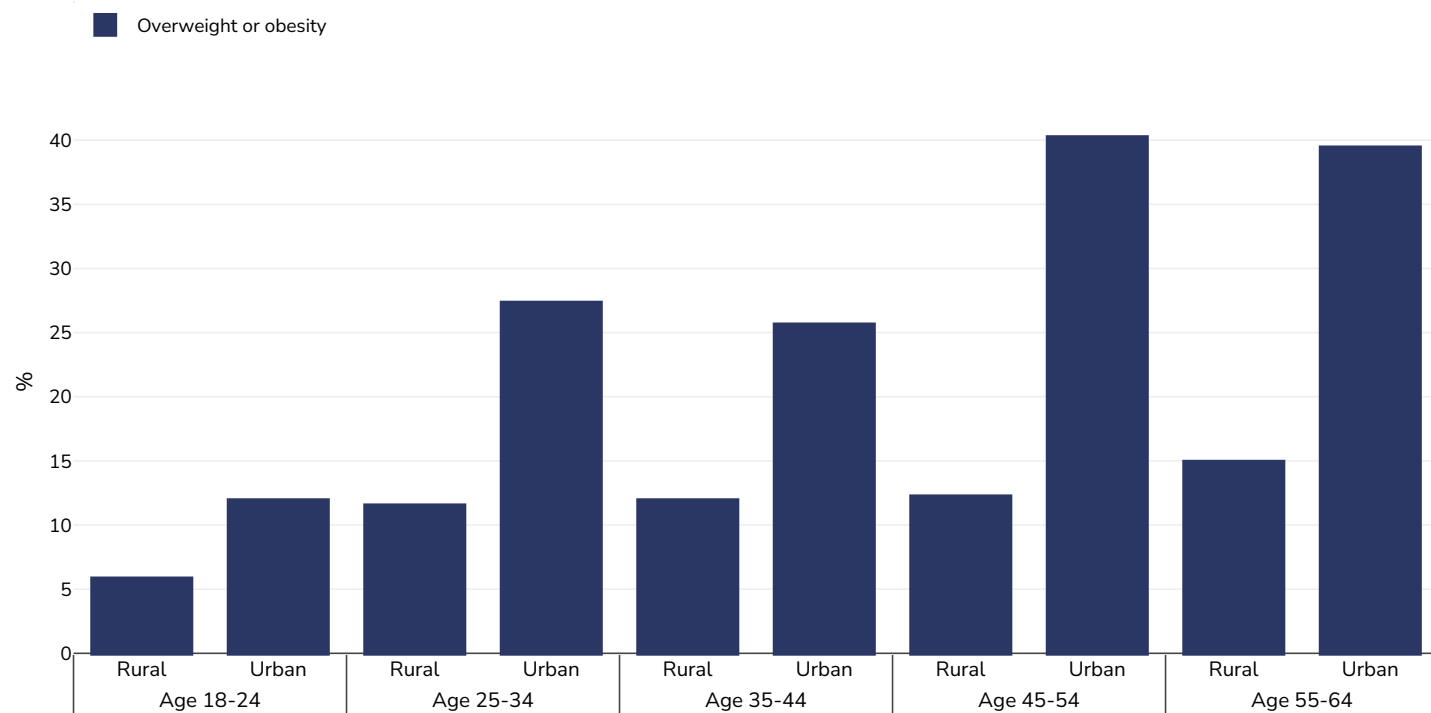


Survey type:	Measured
Sample size:	4284
Area covered:	National
References:	Instituto Nacional de Estatística (INE) e ICF. 2024. Inquérito Demográfico e de Saúde em Moçambique 2022–23. Maputo, Moçambique e Rockville, Maryland, EUA: INE e ICF.
Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population
Cutoffs:	WHO



## Overweight/obesity by age and region

### Men, 2014



Survey type:

Measured

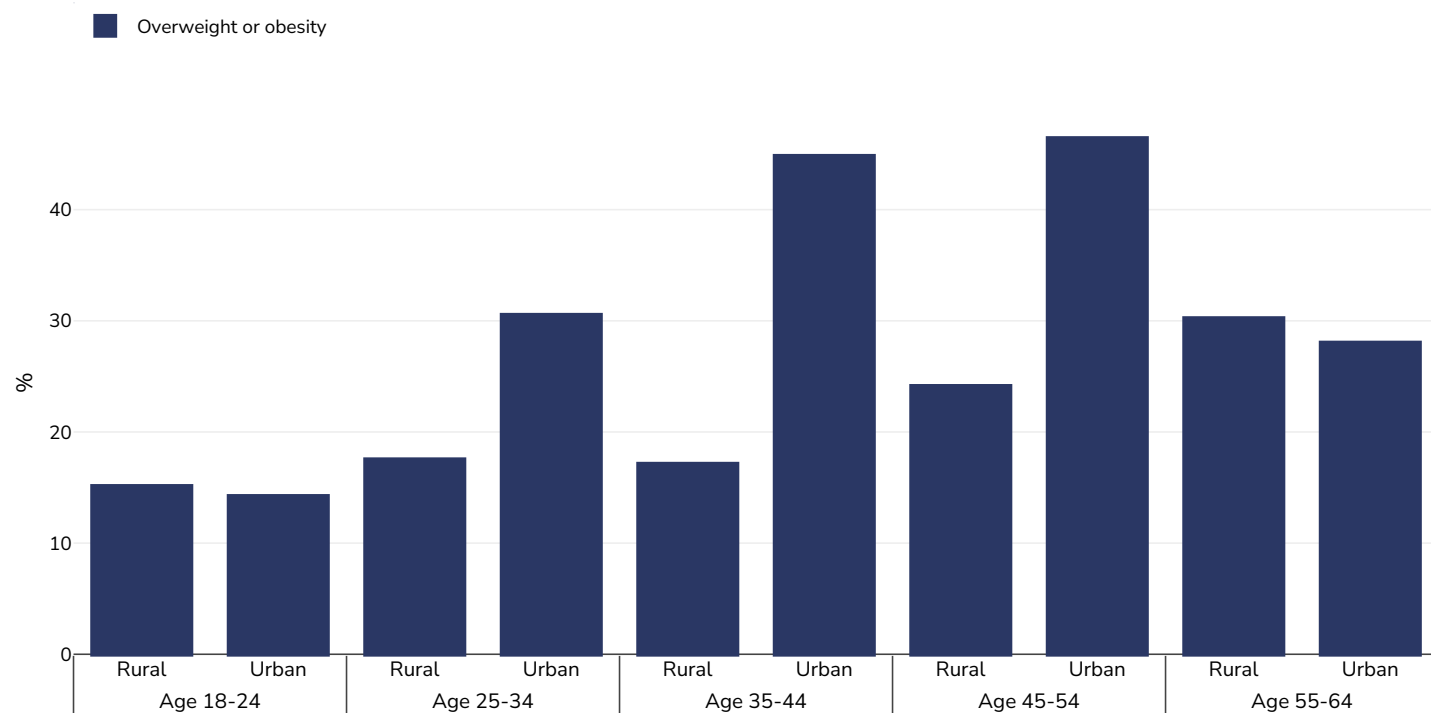
Sample size:

2595

References: Fontes, F., Damasceno, A., Jessen, N., Prista, A., Silva-Matos, C., Padrão, P., & Lunet, N. (2019). Prevalence of overweight and obesity in Mozambique in 2005 and 2015. *Public Health Nutrition*, 22(17), 3118-3126. doi:10.1017/S1368980019002325

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Women, 2014



Survey type: Measured

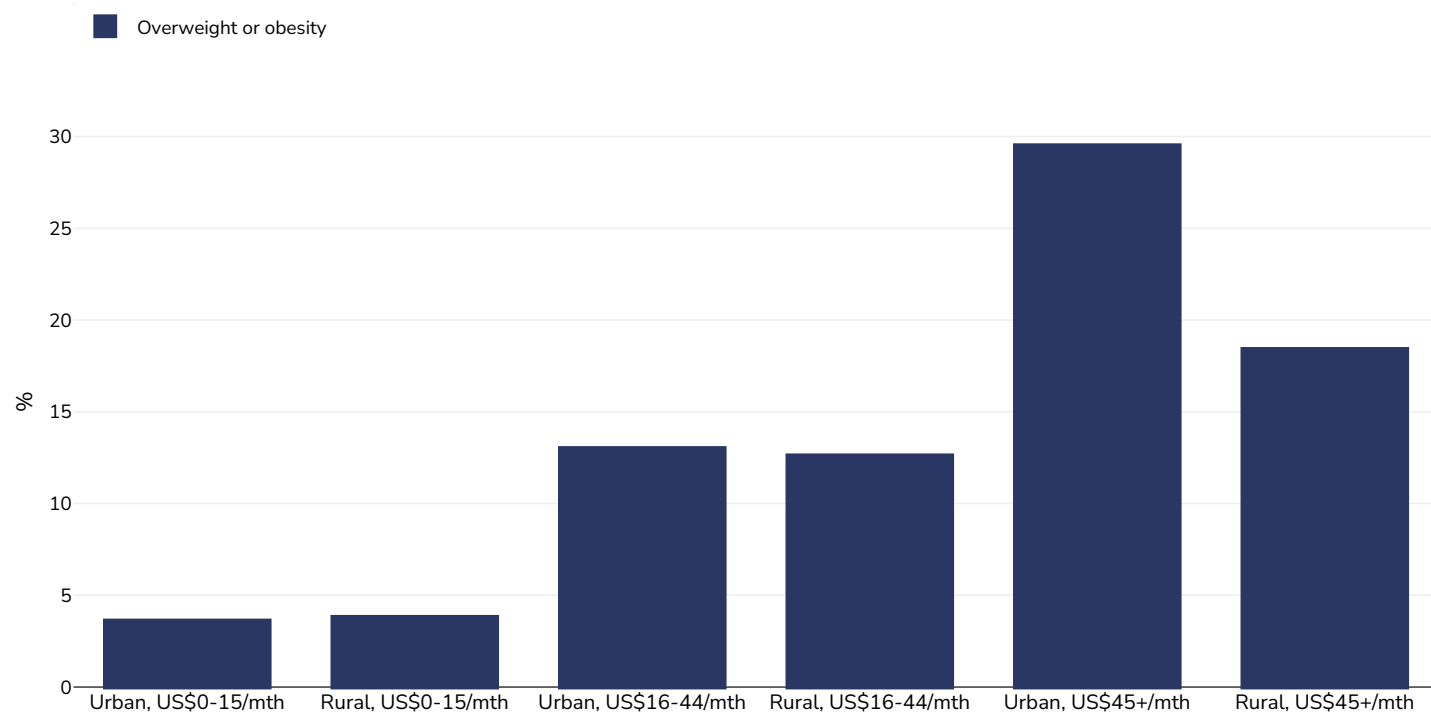
Sample size: 2595

References: Fontes, F., Damasceno, A., Jessen, N., Prista, A., Silva-Matos, C., Padrão, P., & Lunet, N. (2019). Prevalence of overweight and obesity in Mozambique in 2005 and 2015. *Public Health Nutrition*, 22(17), 3118-3126. doi:10.1017/S1368980019002325

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Overweight/obesity by age and socio-economic group

### Men, 2014



Survey type: Measured

Age: 25-64

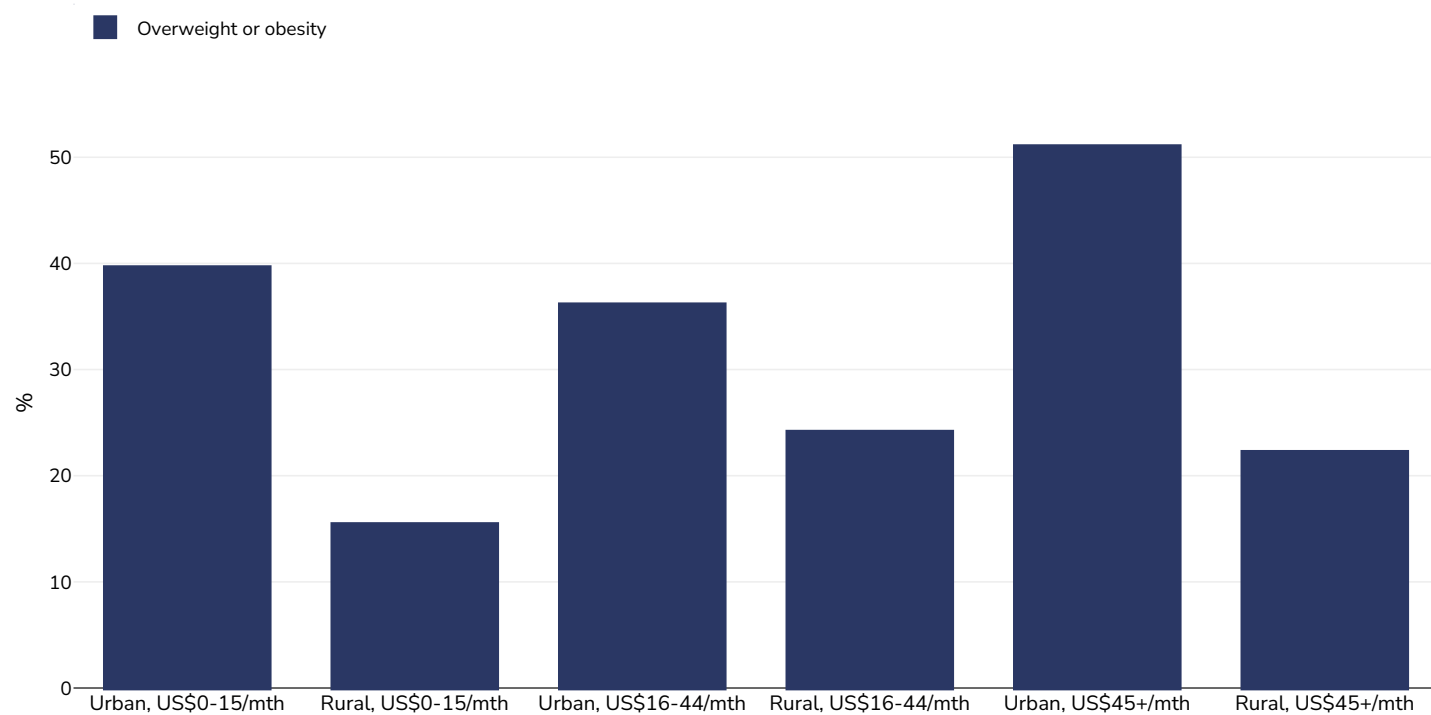
Sample size: 2595

References: Fontes, F., Damasceno, A., Jessen, N., Prista, A., Silva-Matos, C., Padrão, P., & Lunet, N. (2019). Prevalence of overweight and obesity in Mozambique in 2005 and 2015. *Public Health Nutrition*, 22(17), 3118-3126. doi:10.1017/S1368980019002325

Notes: Income per household member per month

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Women, 2014



Survey type: Measured

Age: 25-64

Sample size: 2595

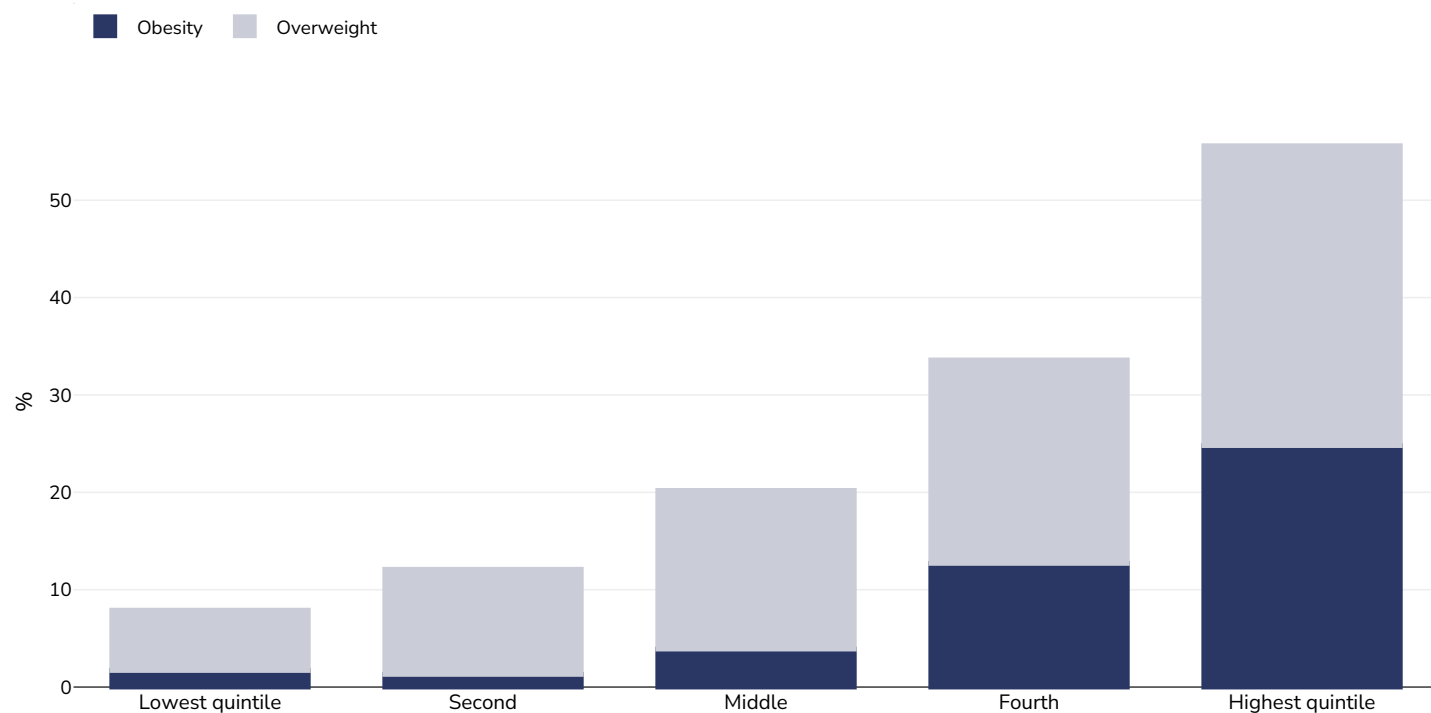
References: Fontes, F., Damasceno, A., Jessen, N., Prista, A., Silva-Matos, C., Padrão, P., & Lunet, N. (2019). Prevalence of overweight and obesity in Mozambique in 2005 and 2015. *Public Health Nutrition*, 22(17), 3118-3126. doi:10.1017/S1368980019002325

Notes: Income per household member per month

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Overweight/obesity by socio-economic group

### Women, 2022-2023



Survey type: Measured

Age: 20-49

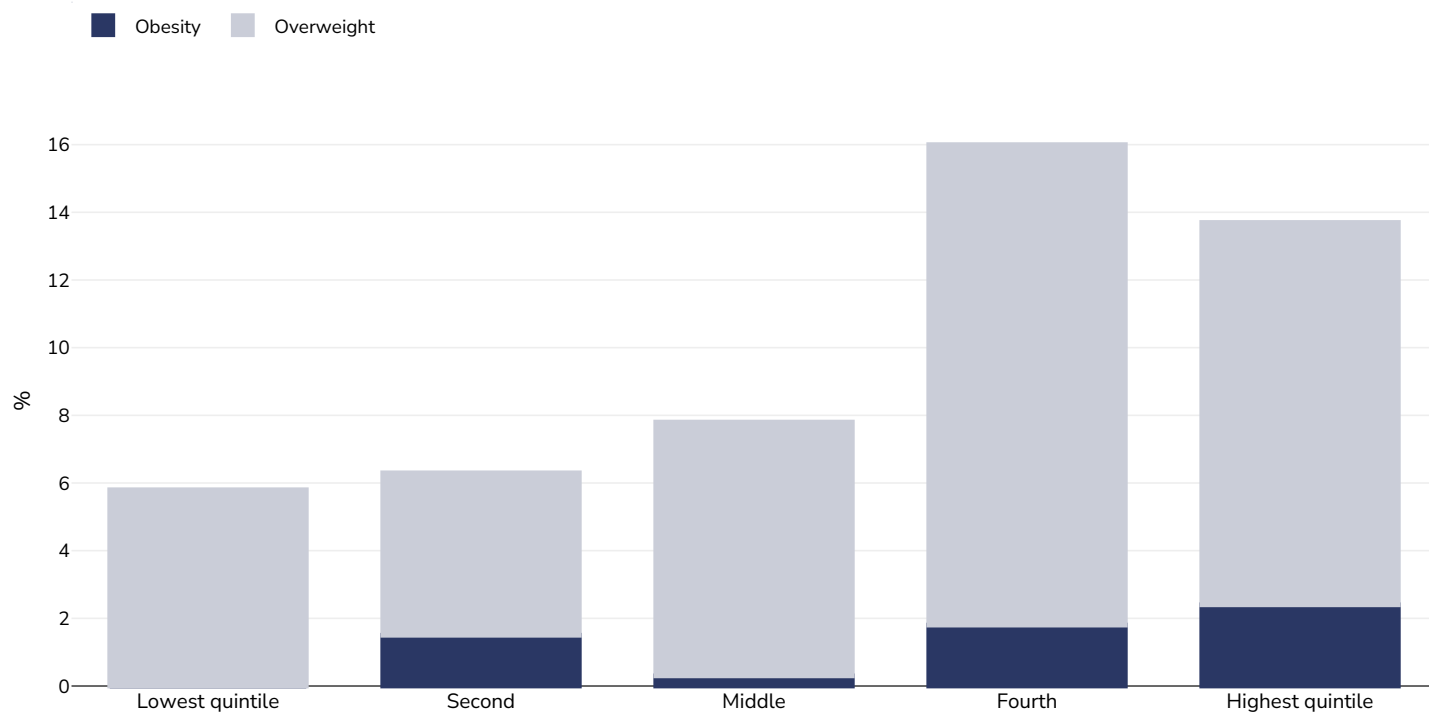
Sample size: 4129

Area covered: National

References: Instituto Nacional de Estatística (INE) e ICF. 2024. Inquérito Demográfico e de Saúde em Moçambique 2022–23. Maputo, Moçambique e Rockville, Maryland, EUA: INE e ICF.

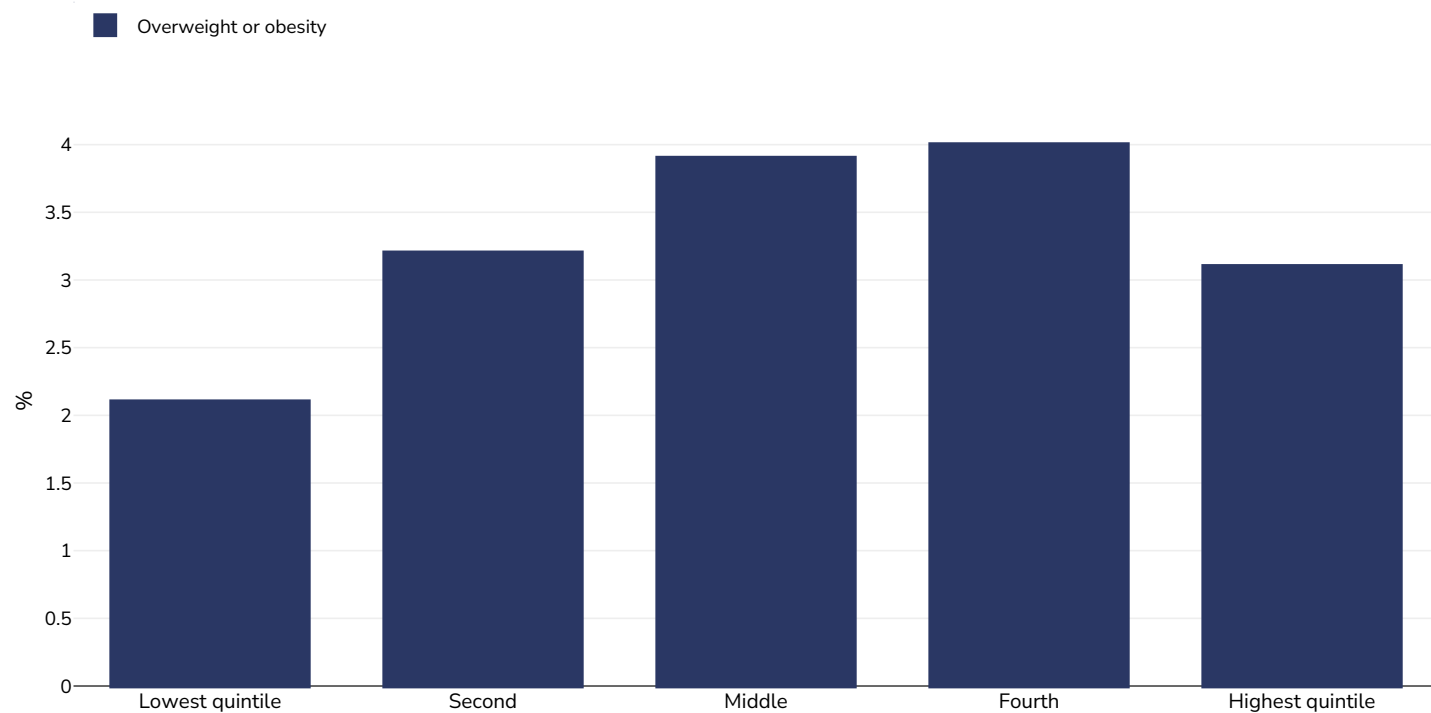
*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Girls, 2022-2023



Survey type:	Measured
Age:	15-19
Sample size:	1235
Area covered:	National
References:	Instituto Nacional de Estatística (INE) e ICF. 2024. Inquérito Demográfico e de Saúde em Moçambique 2022–23. Maputo, Moçambique e Rockville, Maryland, EUA: INE e ICF.
Definitions:	BMI for age: between +1 SD and +2 SD is overweight and greater than +2 SD is obesity
Cutoffs:	WHO 2007

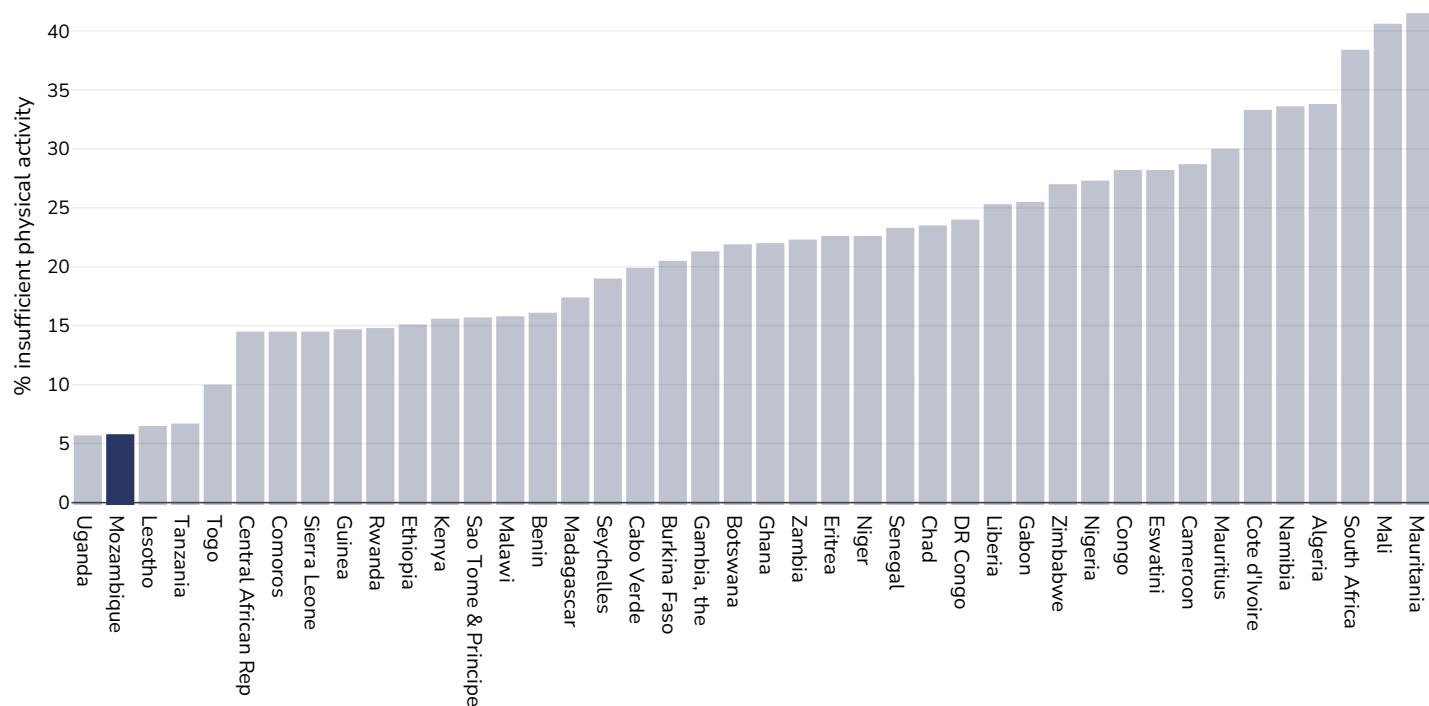
## Infants, 2022-2023



Survey type:	Measured
Sample size:	4284
Area covered:	National
References:	Instituto Nacional de Estatística (INE) e ICF. 2024. Inquérito Demográfico e de Saúde em Moçambique 2022–23. Maputo, Moçambique e Rockville, Maryland, EUA: INE e ICF.
Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population
Cutoffs:	WHO

## Insufficient physical activity

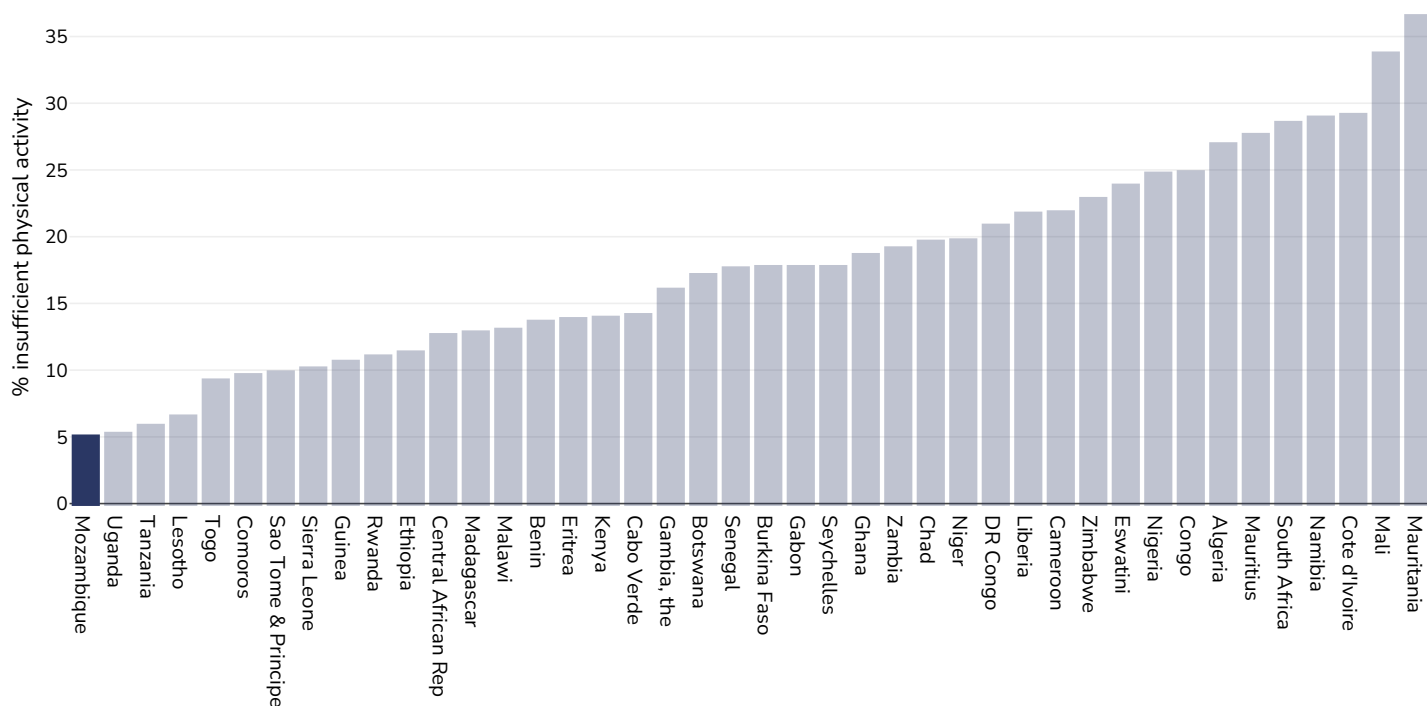
### Adults, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. *Lancet* 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

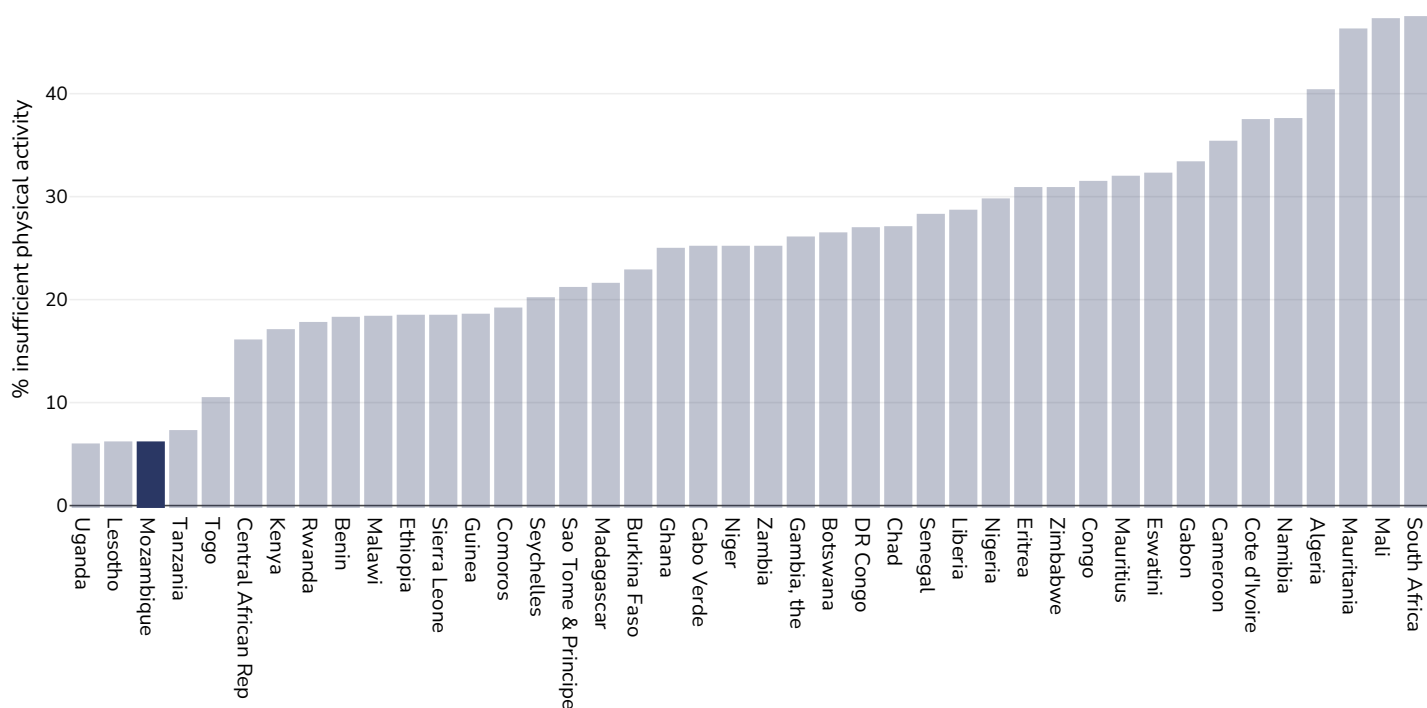


## Men, 2016



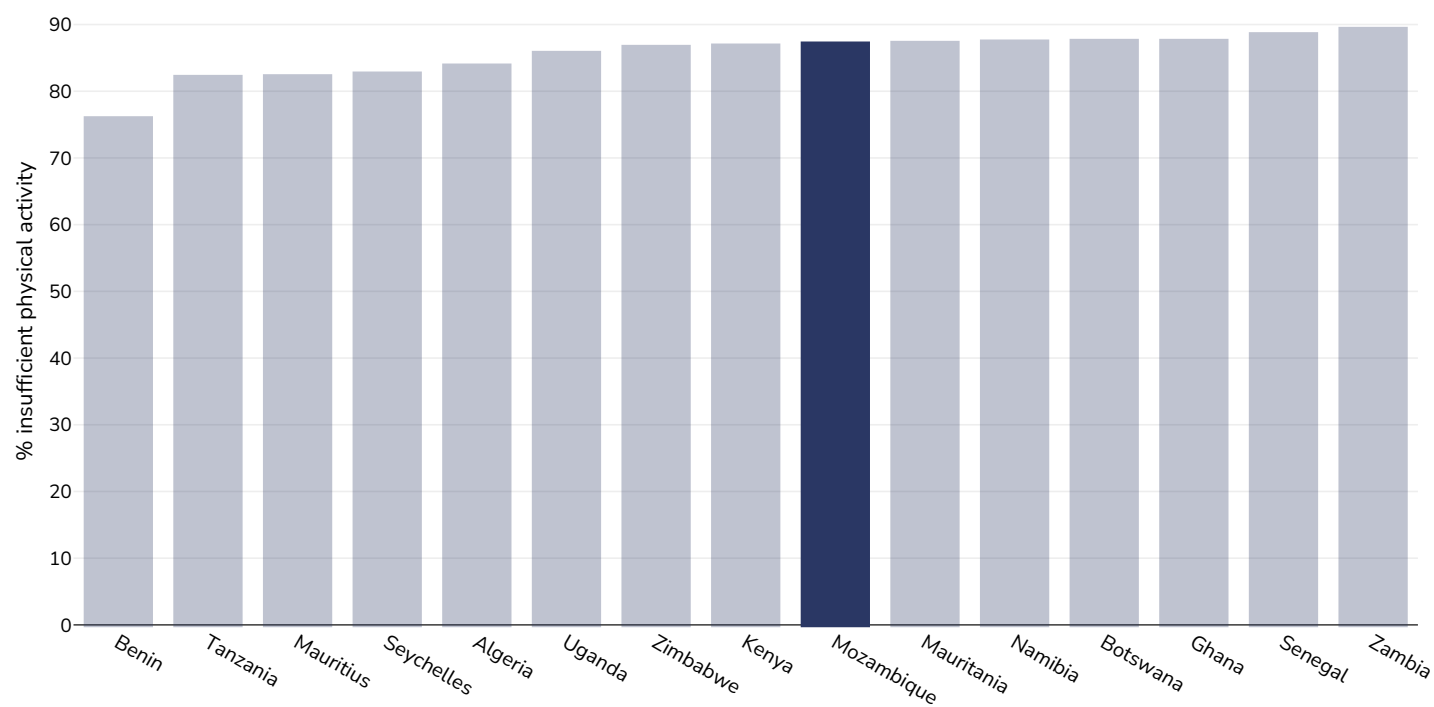
References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. *Lancet* 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

## Women, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

## Children, 2016



Survey type: Self-reported

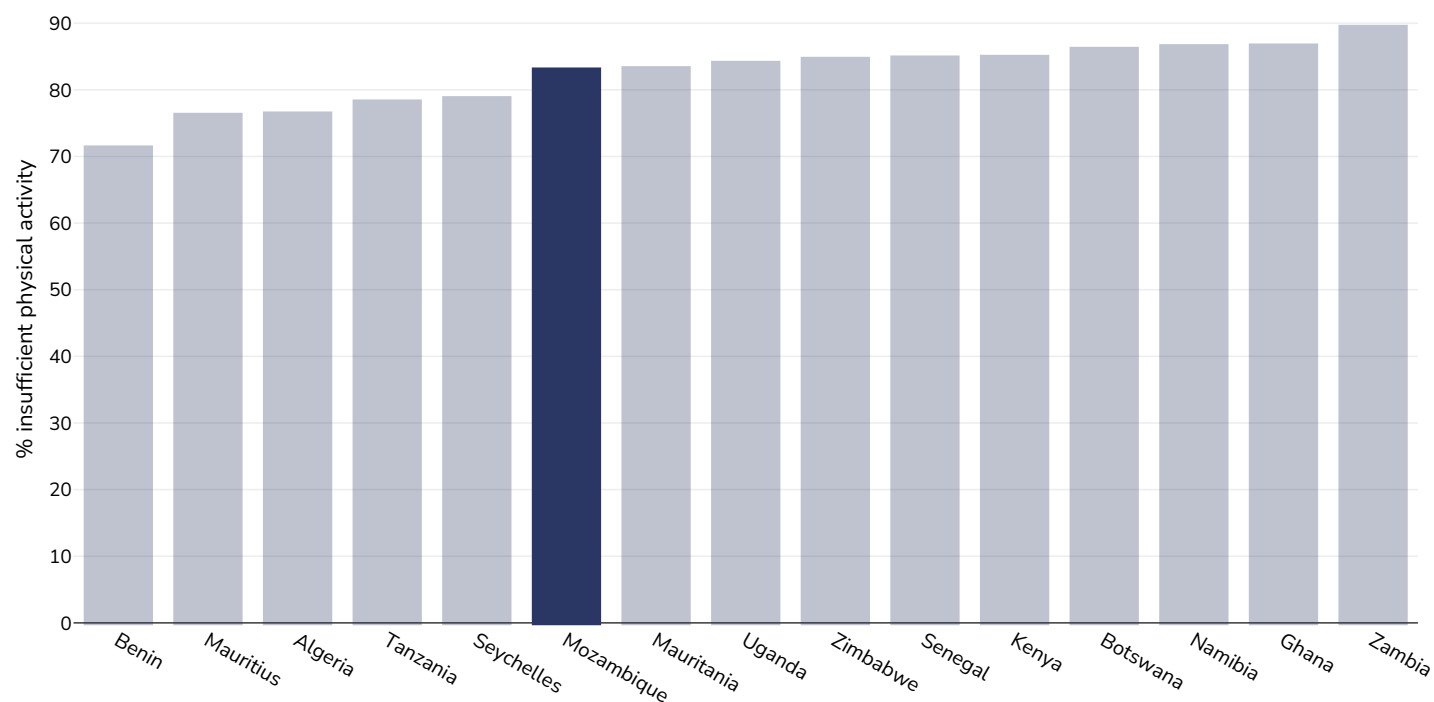
Age: 11-17

References: Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)

## Boys, 2016



Survey type: Self-reported

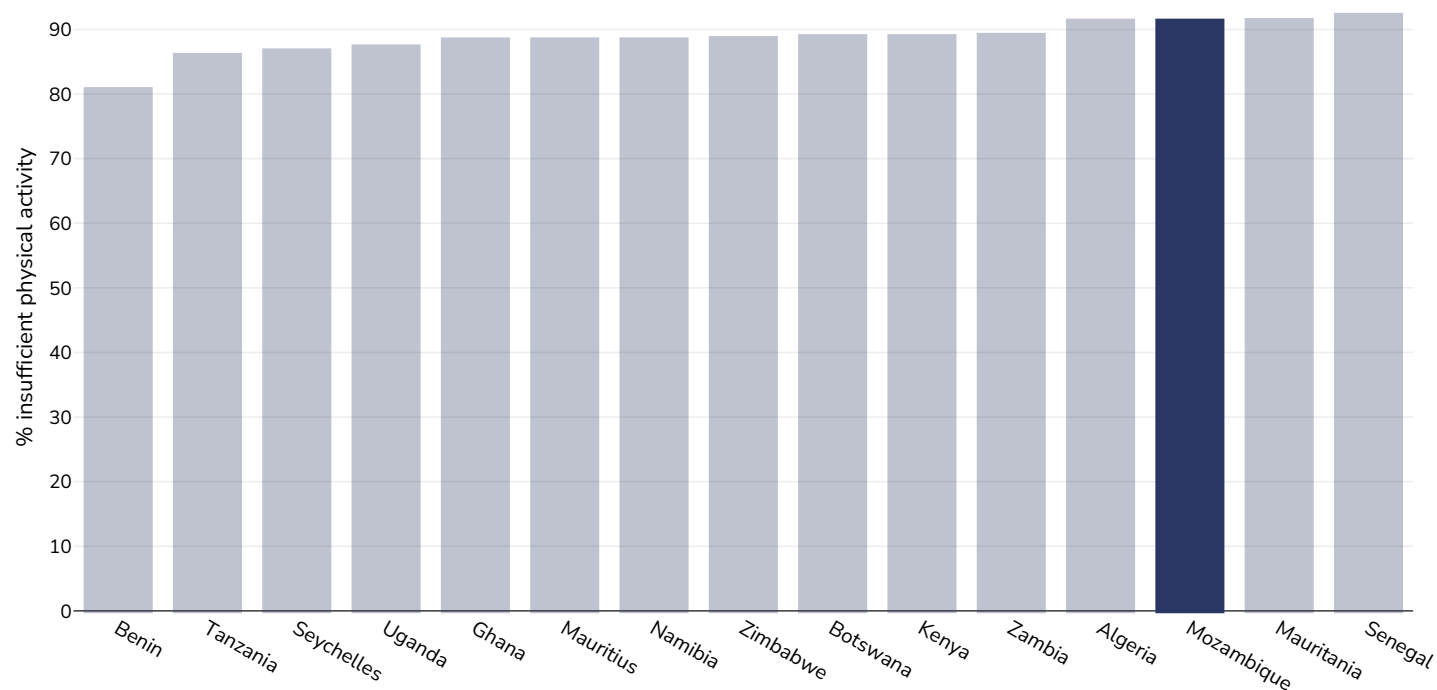
Age: 11-17

References: Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)

## Girls, 2016



Survey type: Self-reported

Age: 11-17

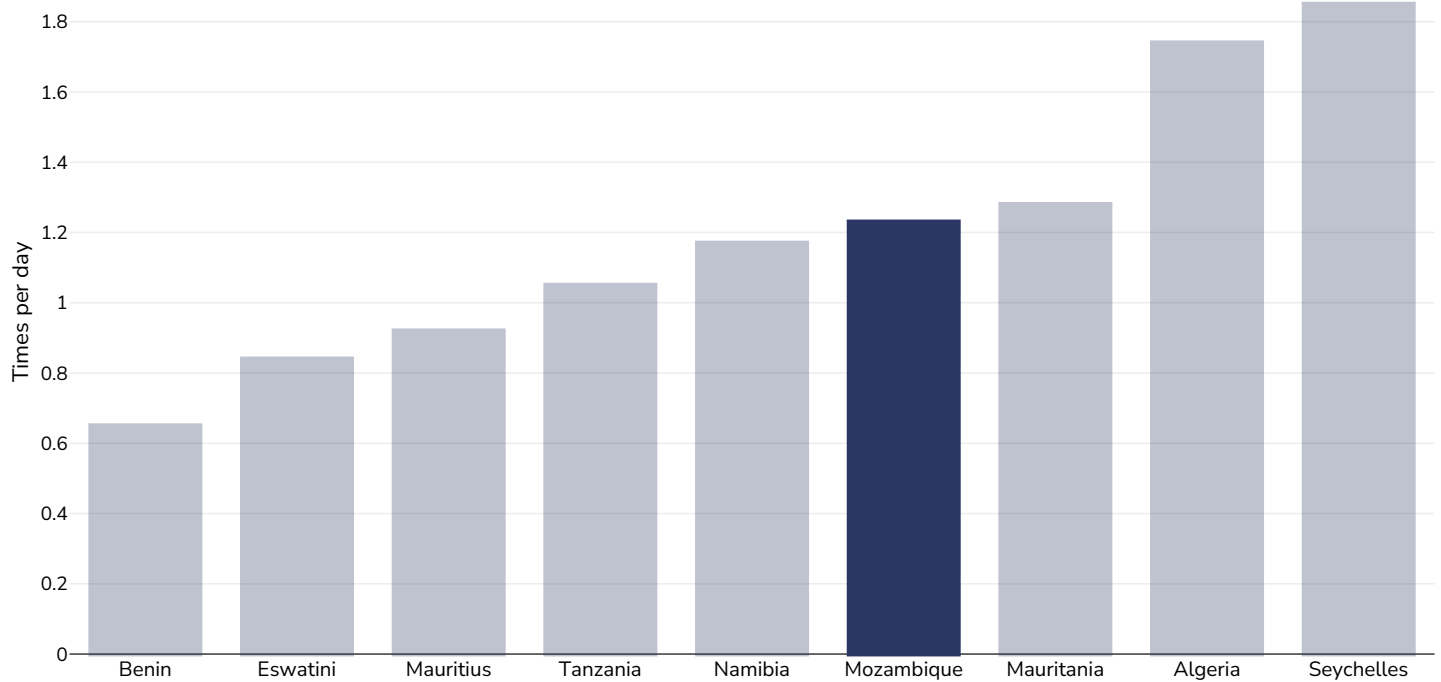
References: Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)

## Average daily frequency of carbonated soft drink consumption

### Children, 2009-2015



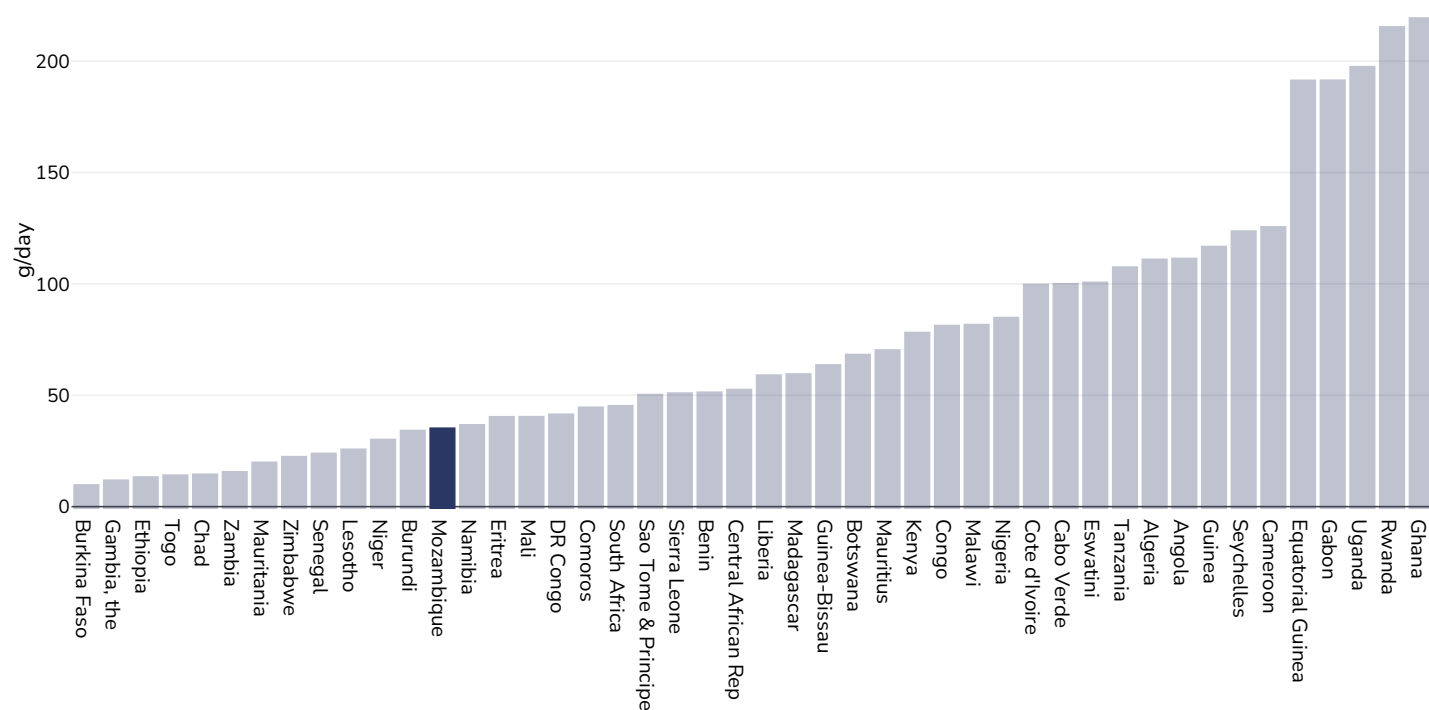
Survey type: Measured

Age: 12-17

References: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

## Estimated per capita fruit intake

Adults, 2017



Survey type: Measured

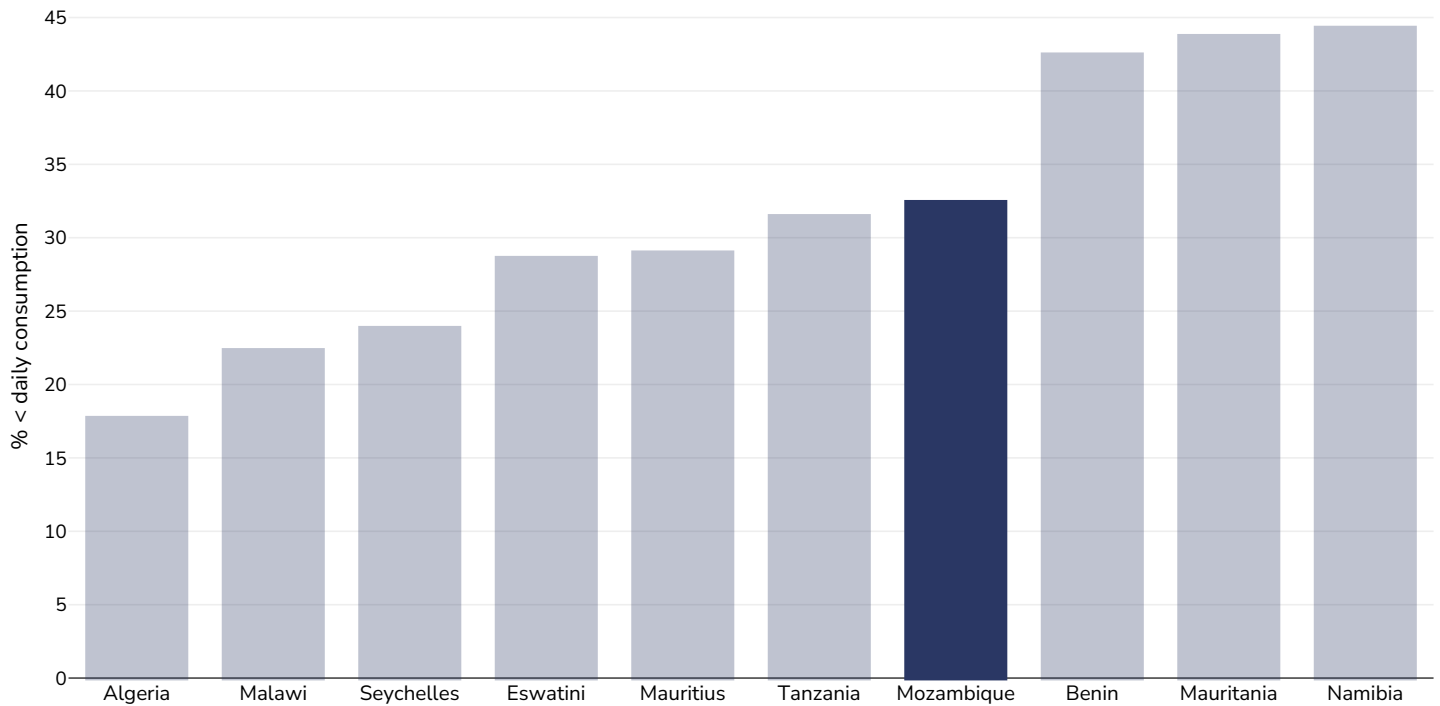
Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions: Estimated per-capita fruit intake (g/day)

## Prevalence of less than daily fruit consumption

### Children, 2009-2015



Survey type: Measured

Age: 12-17

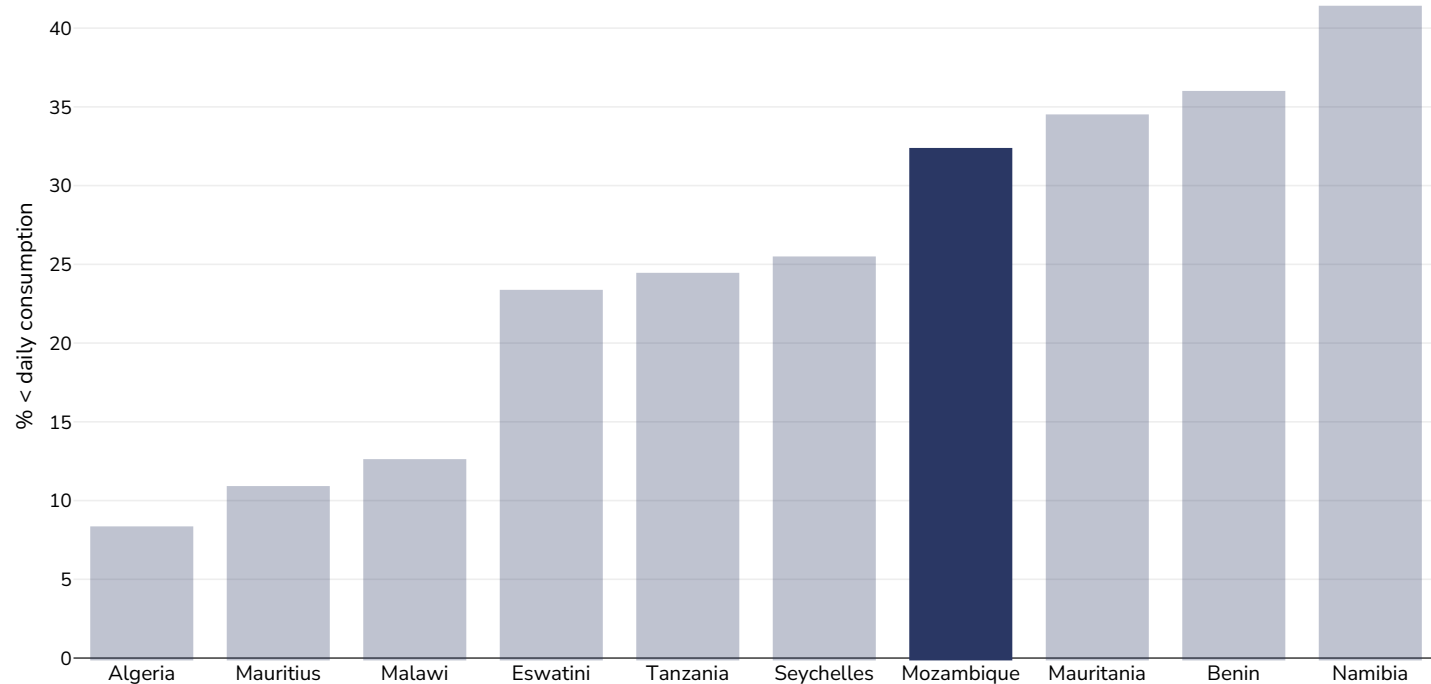
References: Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definitions: Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)



## Prevalence of less than daily vegetable consumption

### Children, 2009-2015



Survey type: Measured

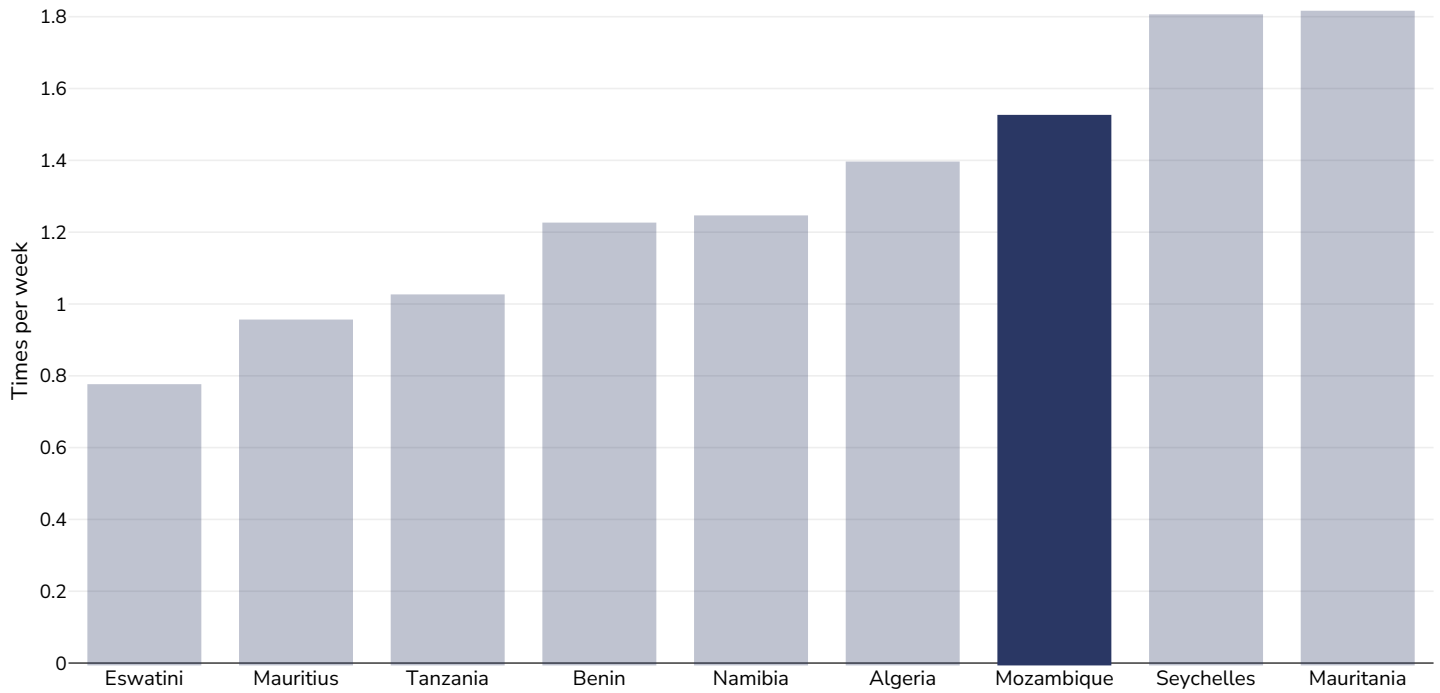
Age: 12-17

References: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definitions: Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

## Average weekly frequency of fast food consumption

### Children, 2009-2015

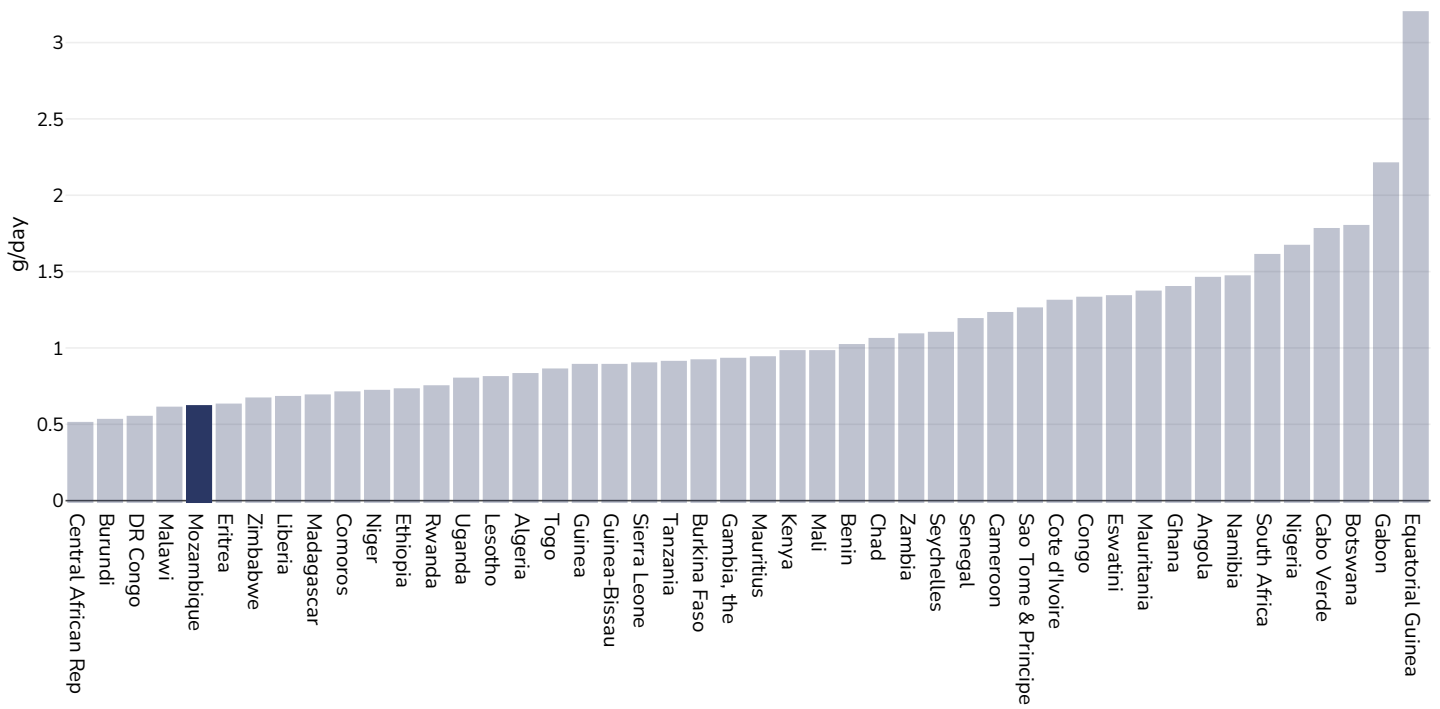


Age: 12-17

References: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

## Estimated per-capita processed meat intake

Adults, 2017



Survey type:

Measured

Age:

25+

References:

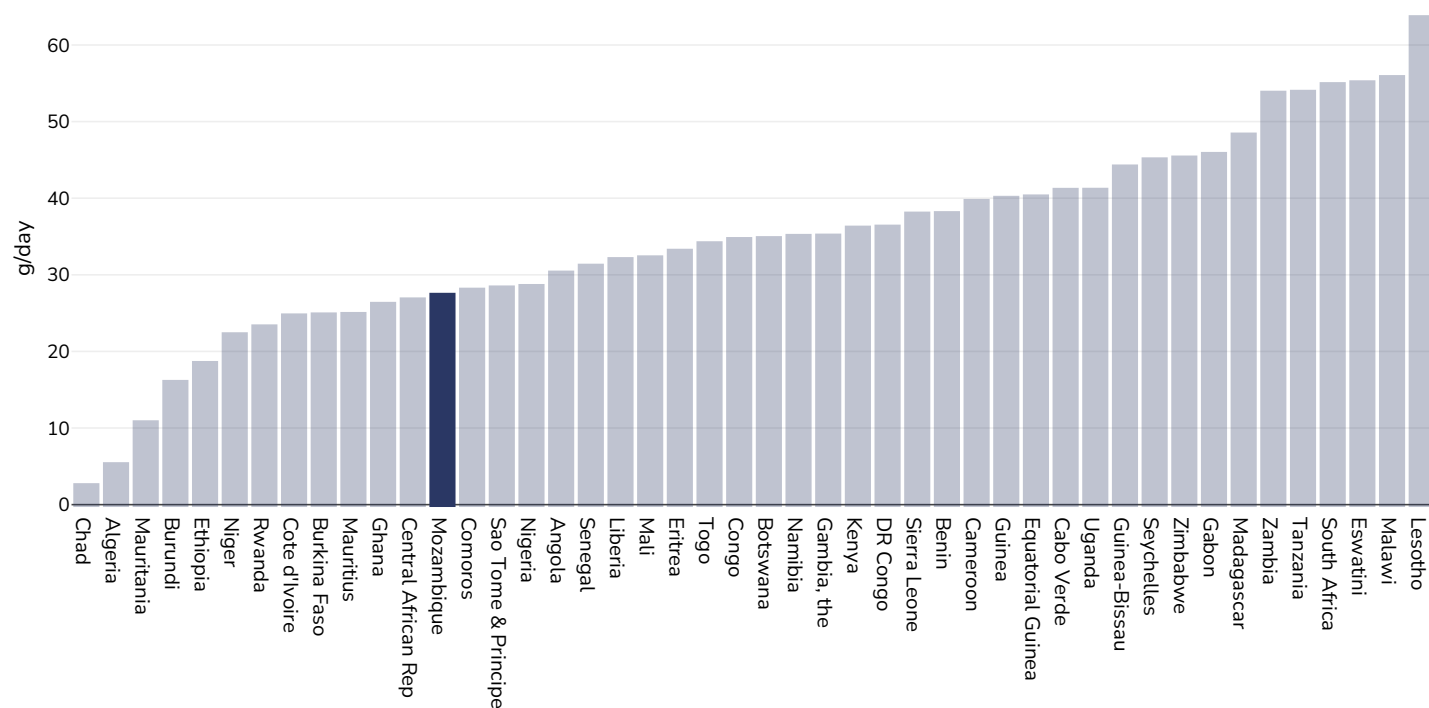
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions:

Estimated per-capita processed meat intake (g per day)

## Estimated per capita whole grains intake

Adults, 2017



Survey type:

Measured

Age:

25+

References:

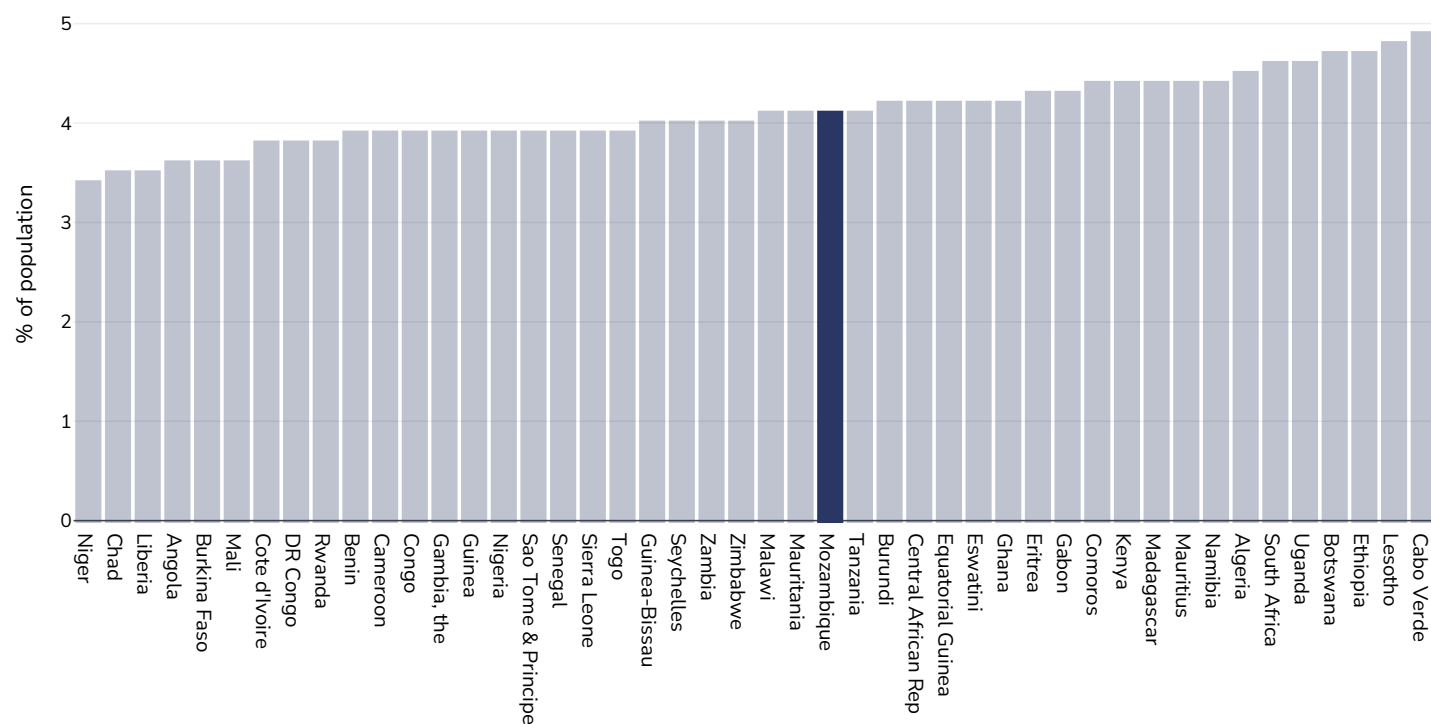
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions:

Estimated per-capita whole grains intake (g/day)

## Mental health - depression disorders

### Adults, 2015

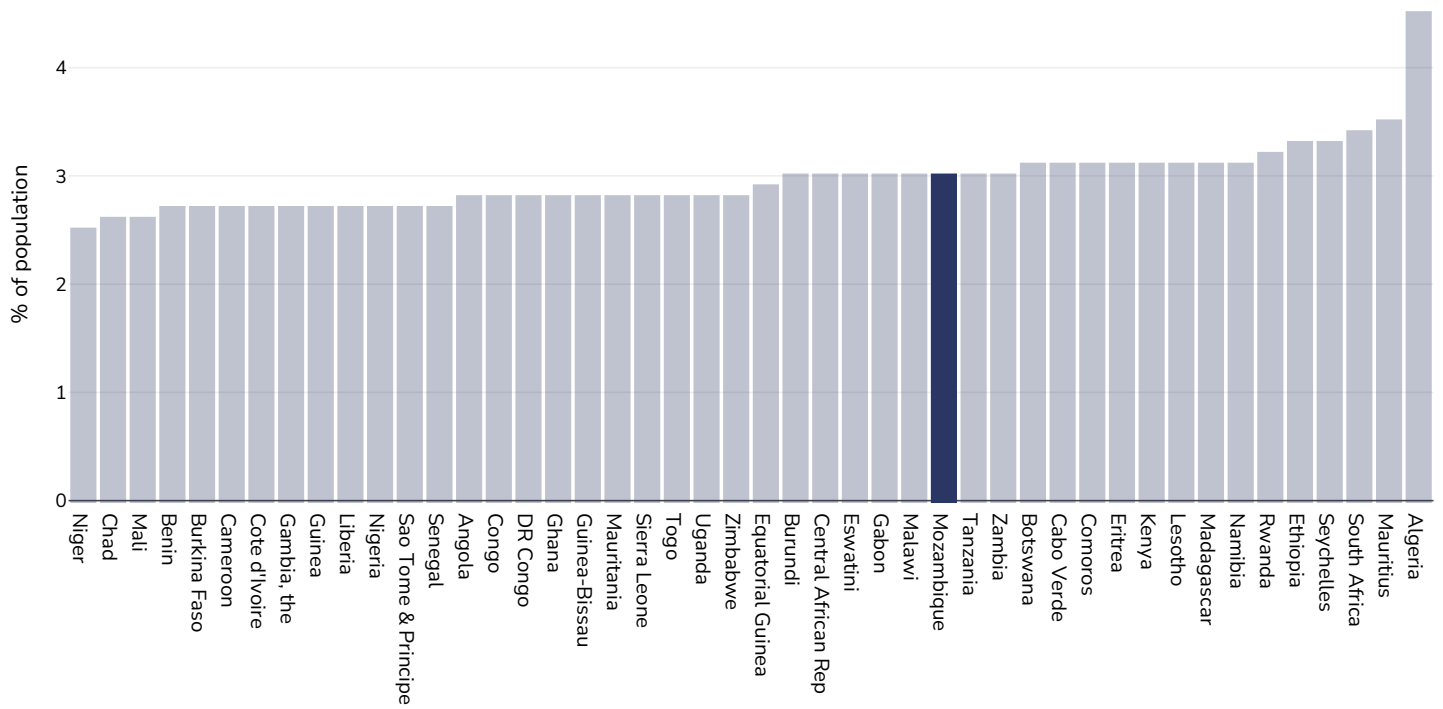


References: Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitions: % of population with depression disorders

## Mental health - anxiety disorders

Adults, 2015

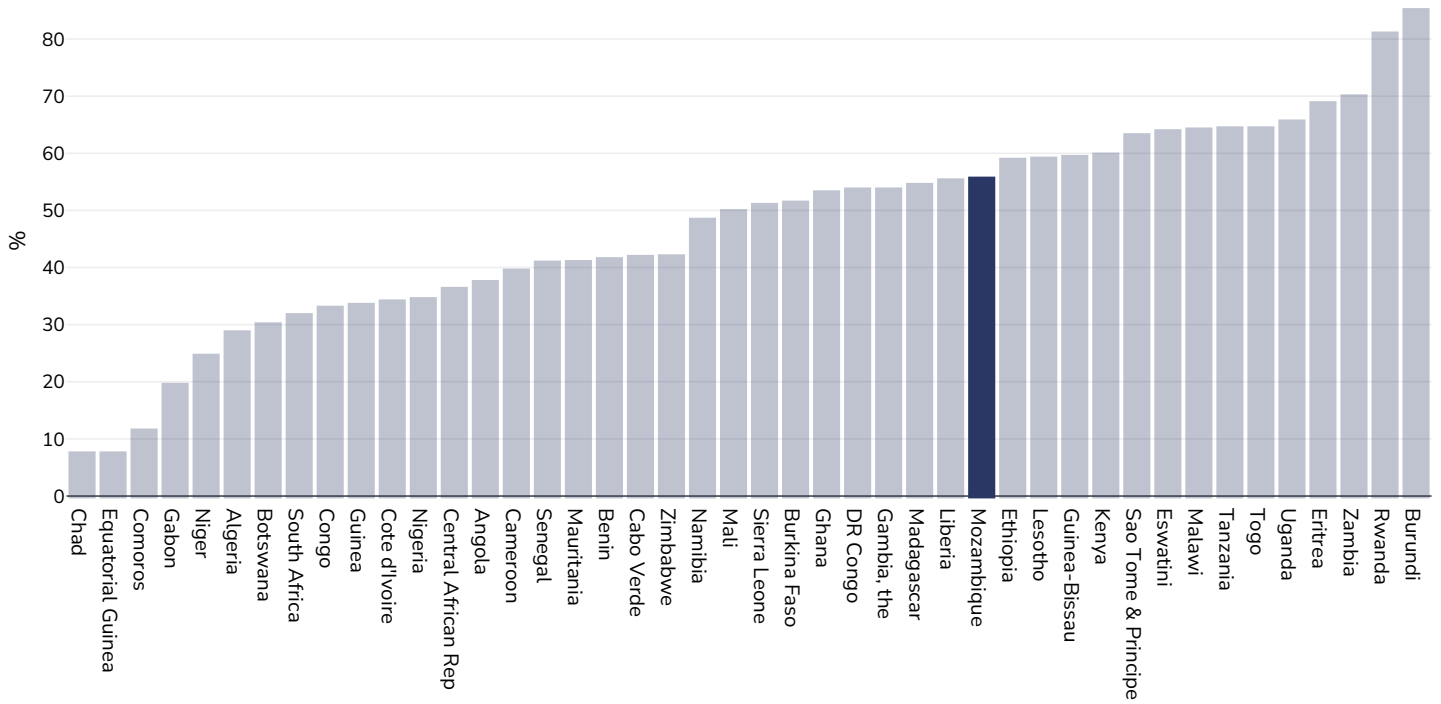


References: Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitions: % of population with anxiety disorders

## % Infants exclusively breastfed 0-5 months

### Infants, 2010-2023



References:

Inquérito Demográfico e de Saúde 2022–23 Relatório de Indicadores-Chave

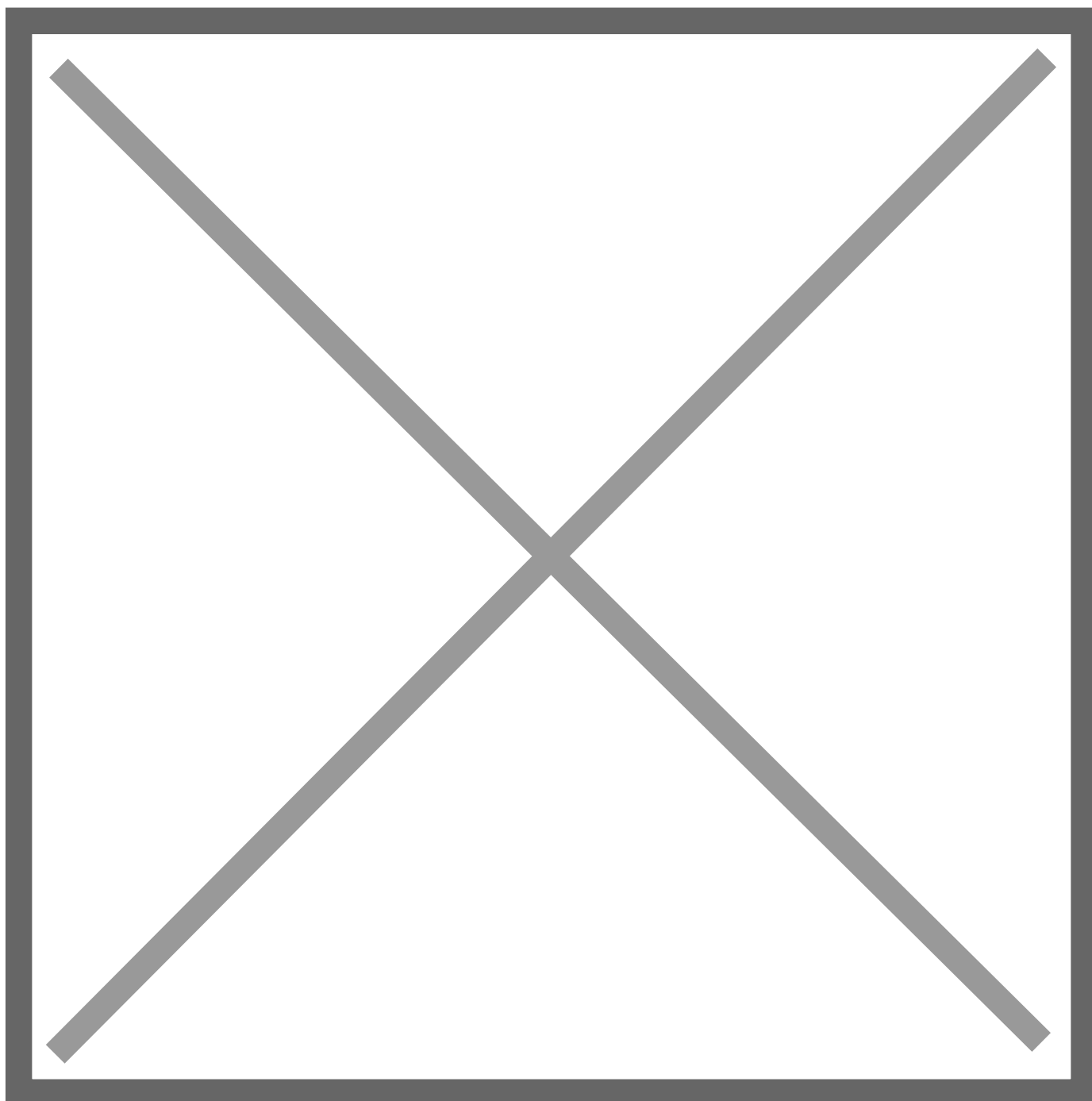
Notes:

Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

## Oesophageal cancer



Men, 2022



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Age: 20+

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Area covered: National

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References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

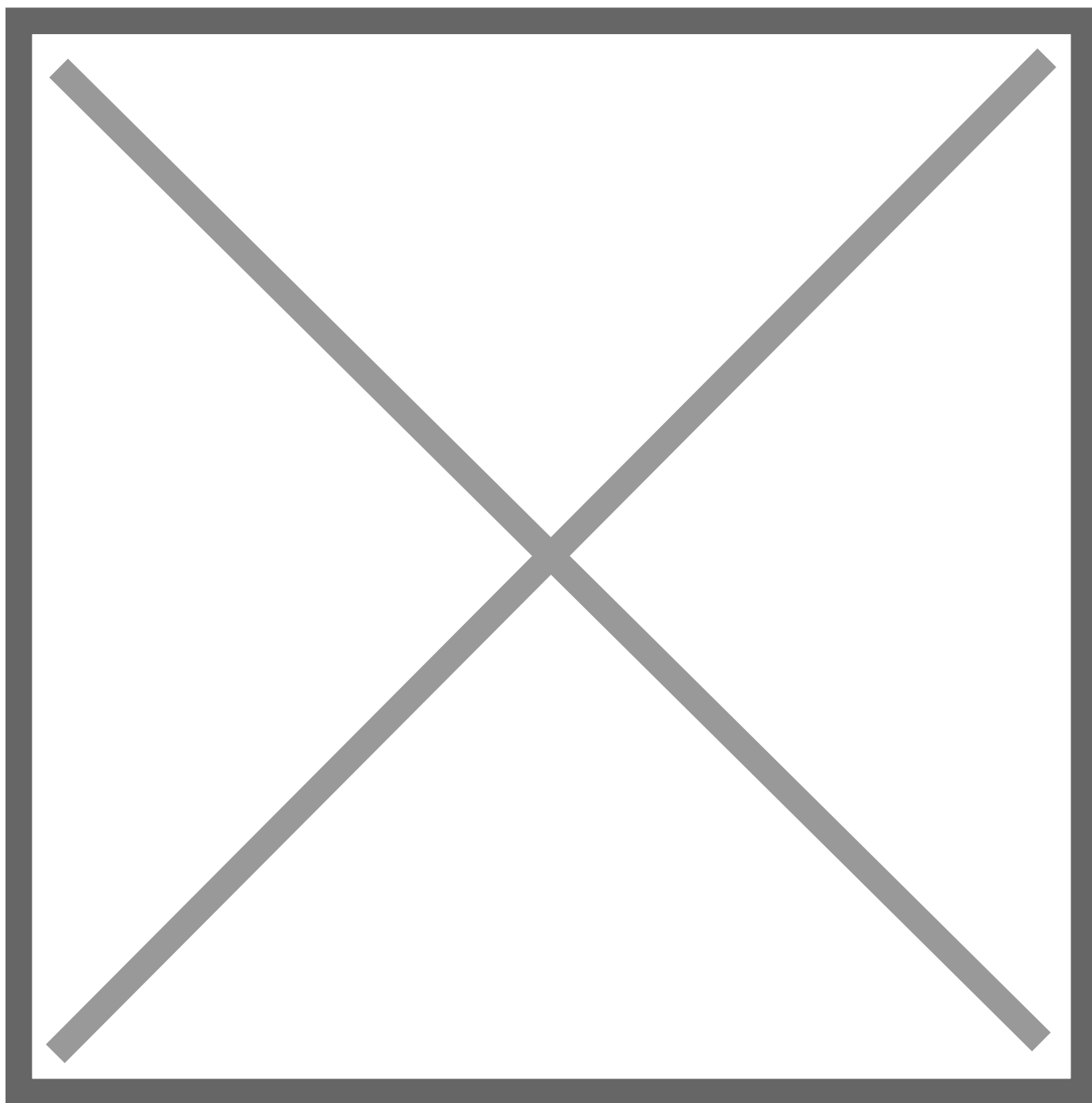
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Definitions:

Indicence per 100,000

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## Women, 2022



Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

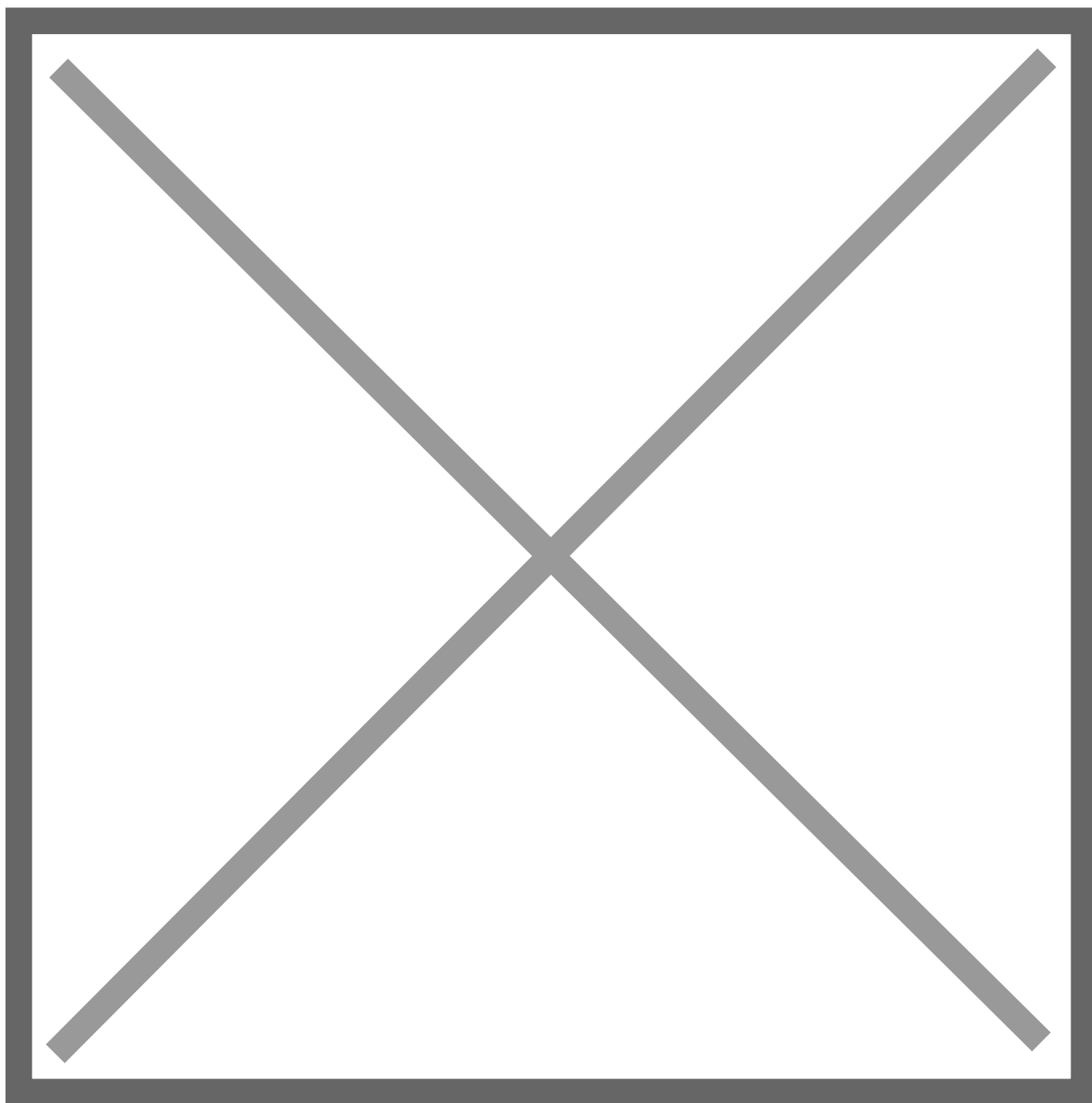
Definitions:

Indicence per 100,000

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## Breast cancer

## Women, 2022



Area covered:

National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions:

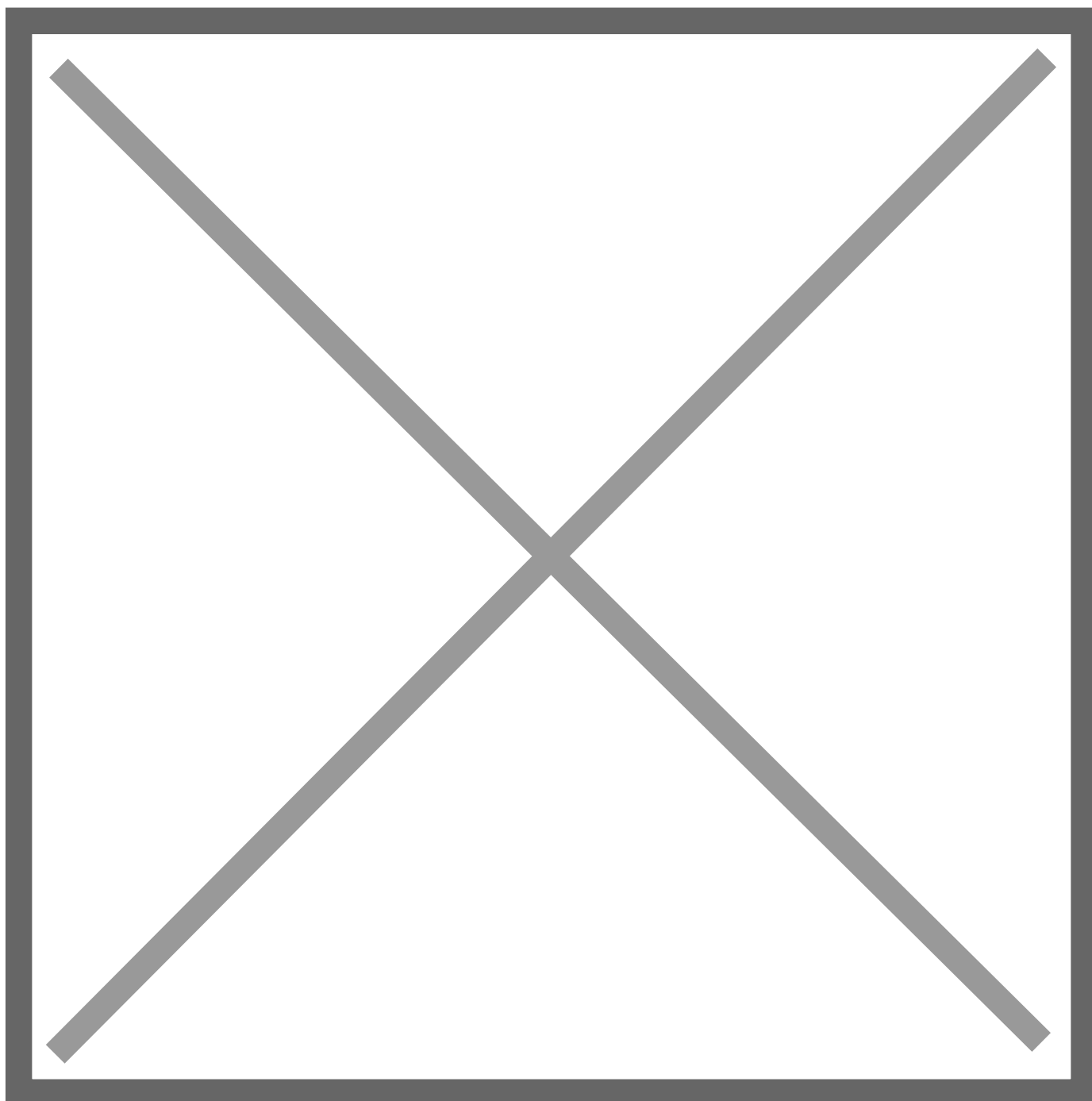
Incidence per 100,000

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## Colorectal cancer



Men, 2022



Age: 20+

Area covered: National

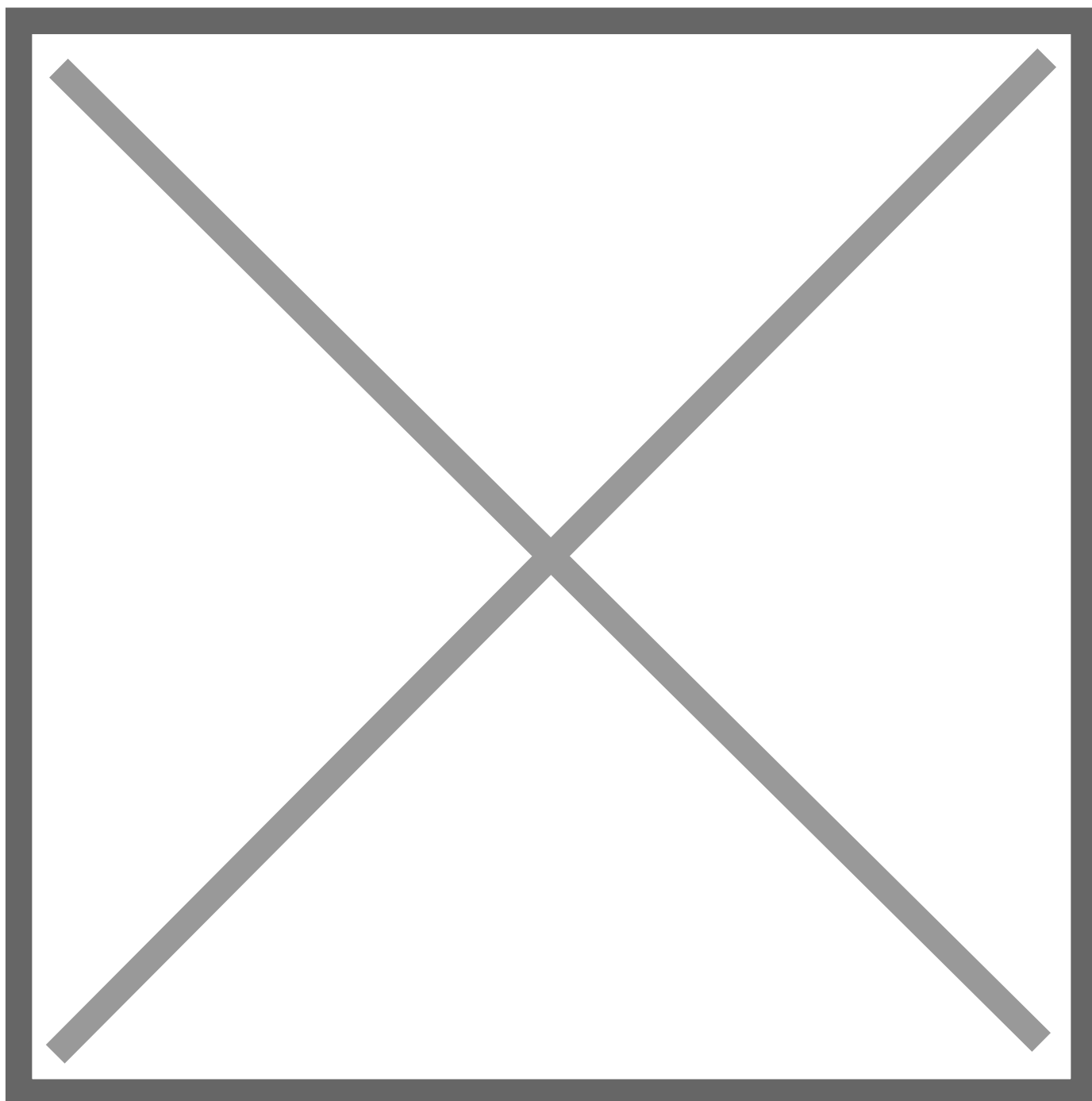
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions:

Incidence per 100,000

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## Women, 2022



Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

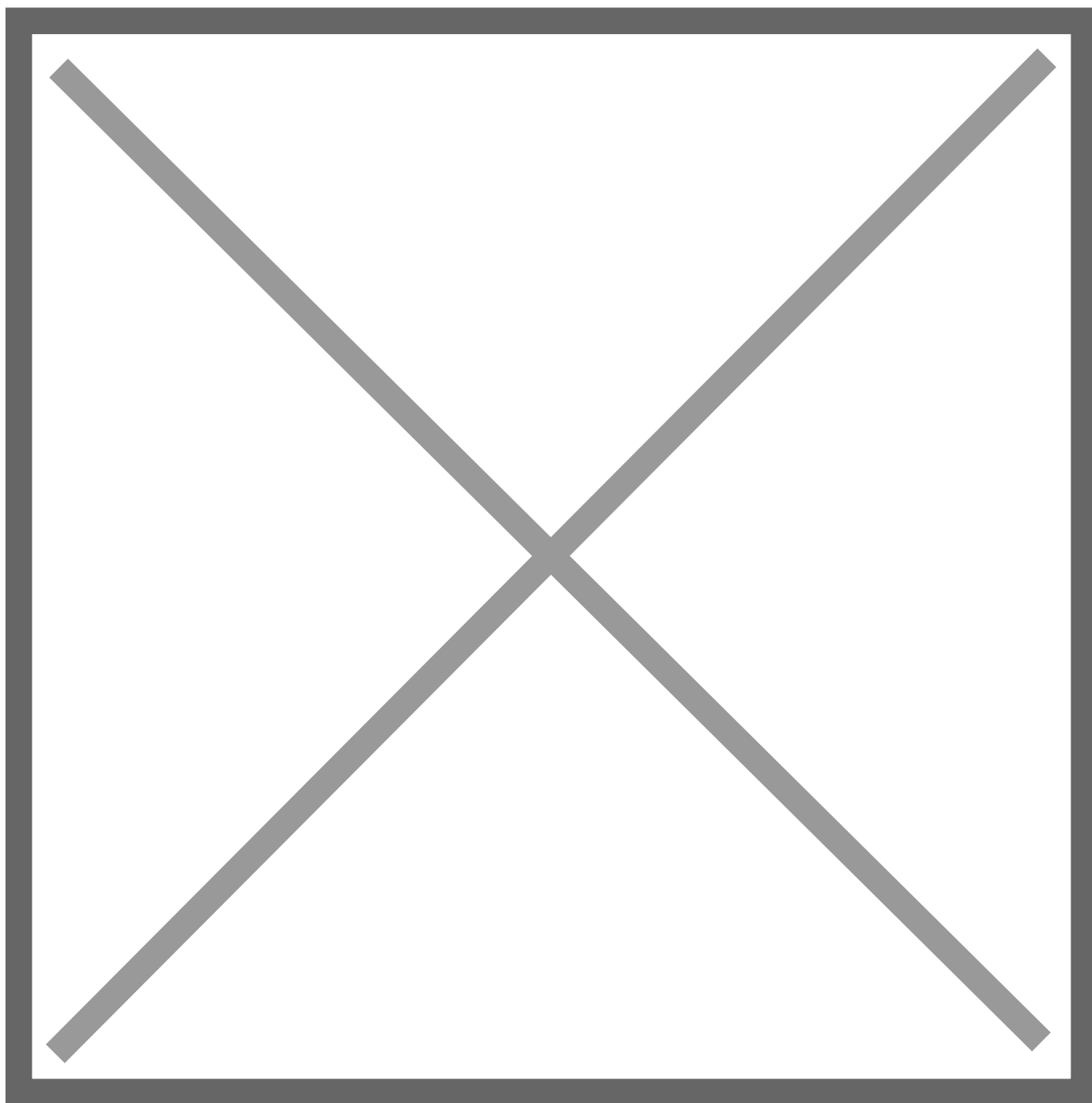
Definitions:

Incidence per 100,000

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## Pancreatic cancer

Men, 2022



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Age: 20+

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Area covered: National

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References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

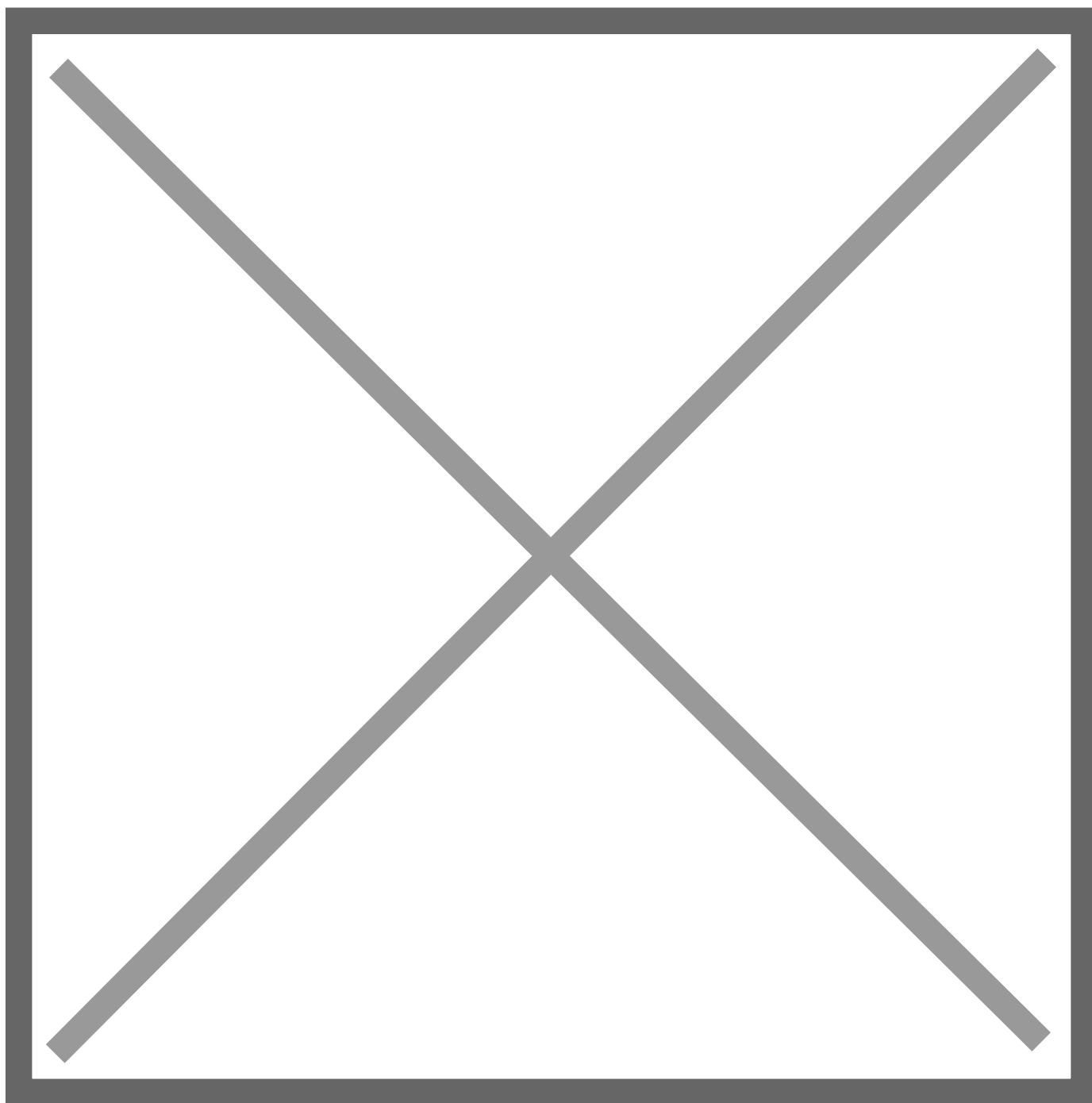
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Definitions:

Incidence per 100,000

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Women, 2022



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Age: 20+

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Area covered: National

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References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

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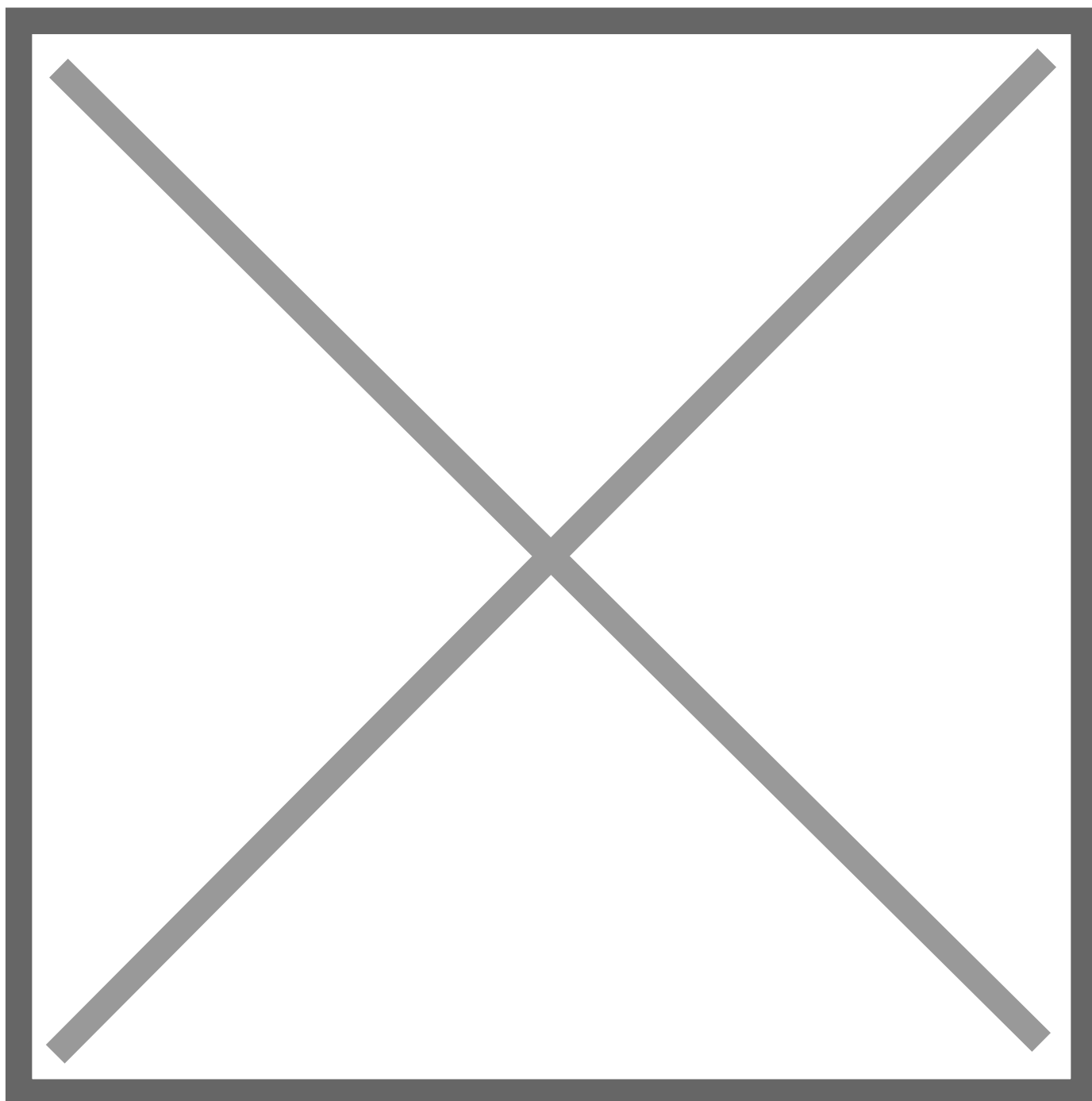
Definitions:

Incidence per 100,000

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## Gallbladder cancer

Men, 2022



Age: 20+

Area covered: National

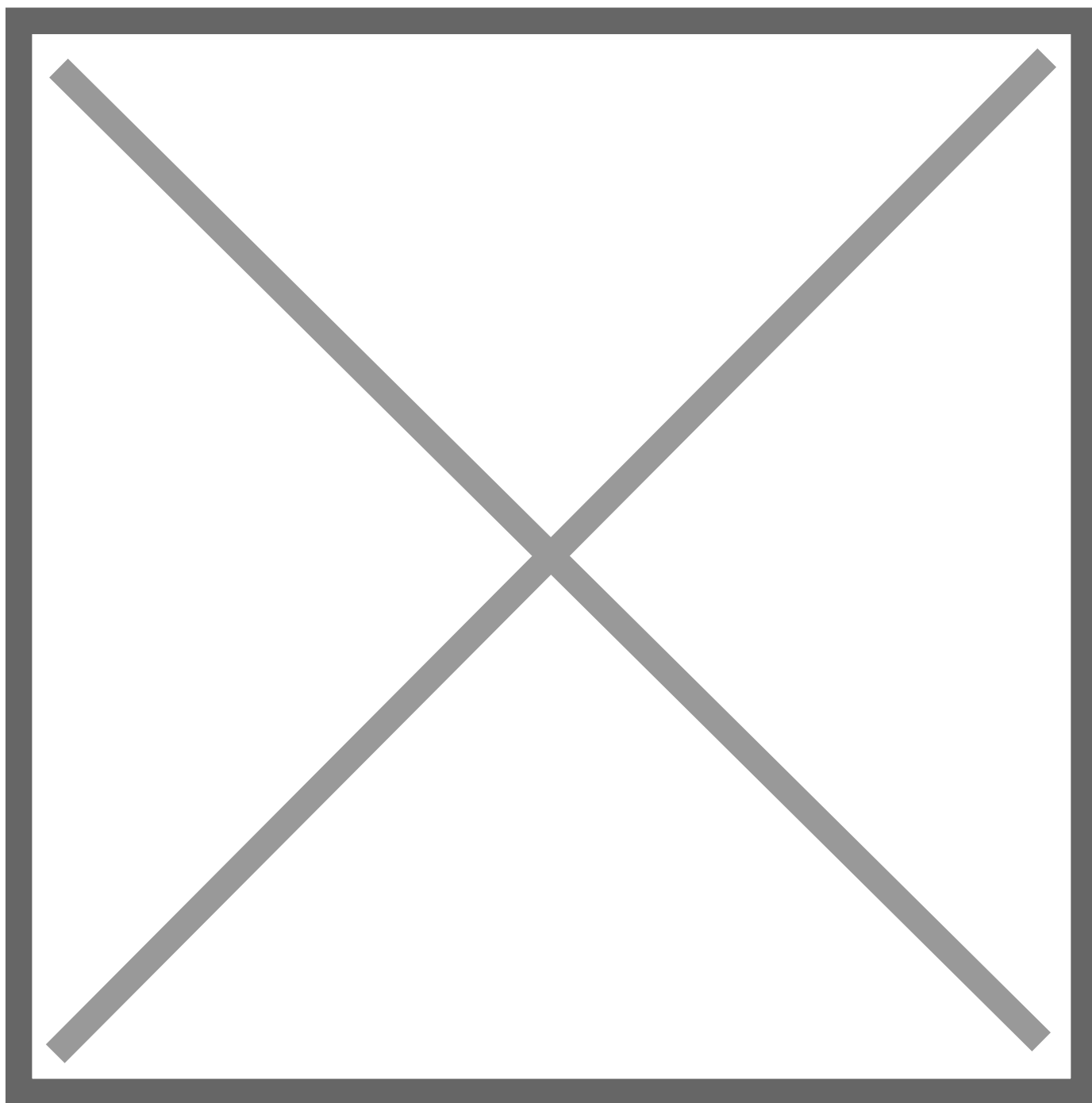
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions:

Indicence per 100,000

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## Women, 2022



Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

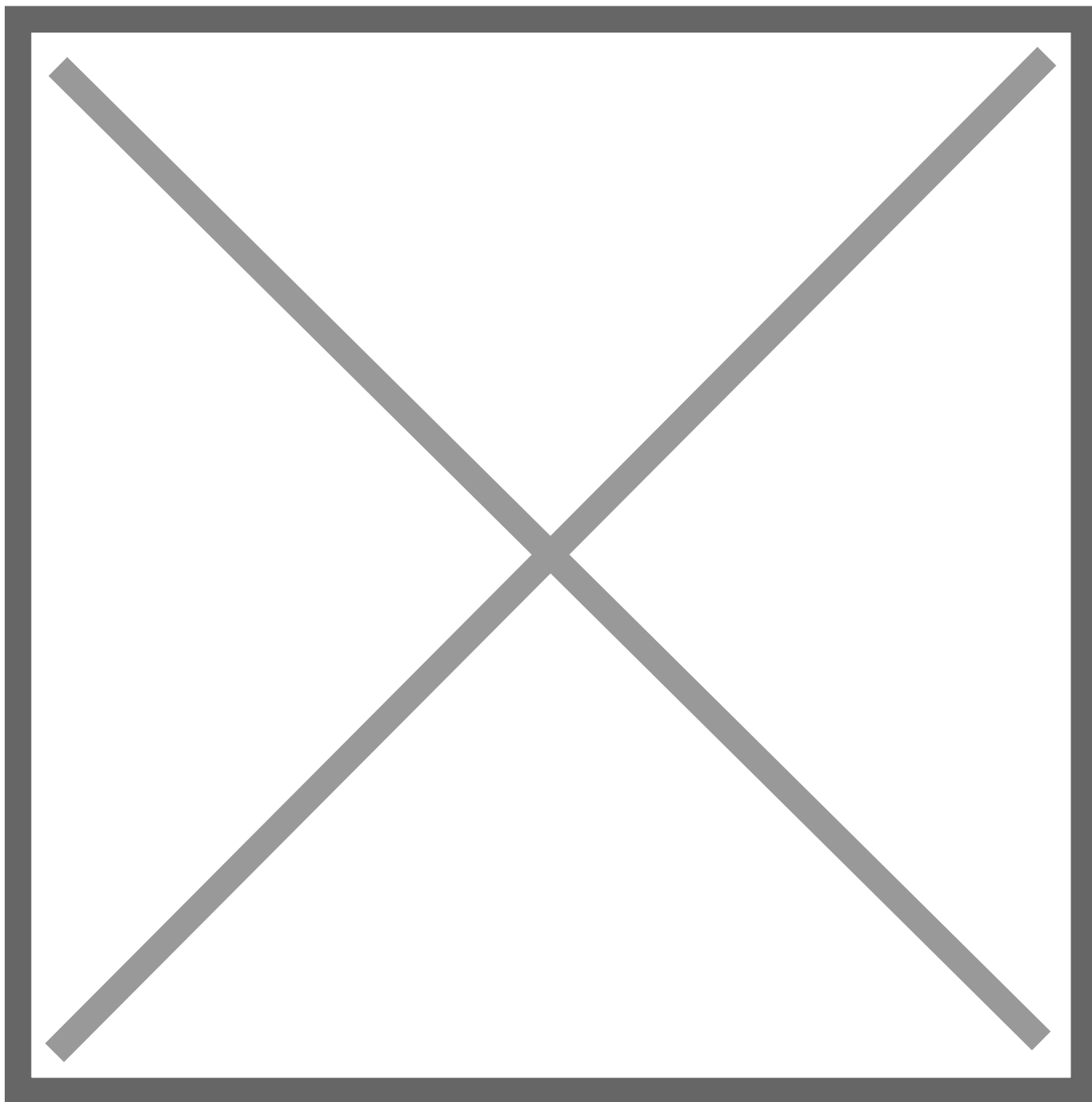
Definitions:

Indicence per 100,000

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## Kidney cancer

Men, 2022



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Age: 20+

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Area covered: National

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References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

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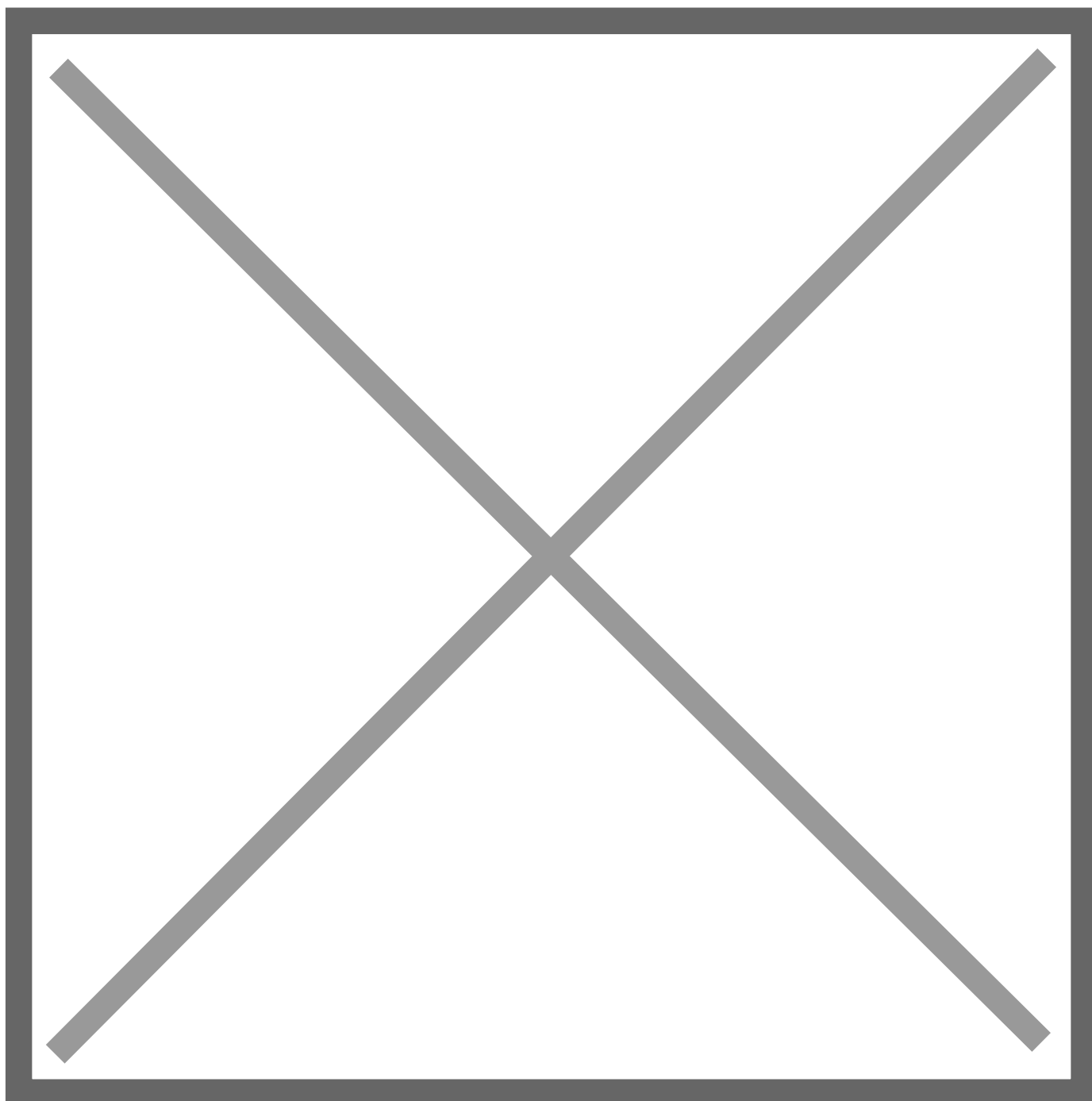


Definitions:

Incidence per 100,000

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## Women, 2022



Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

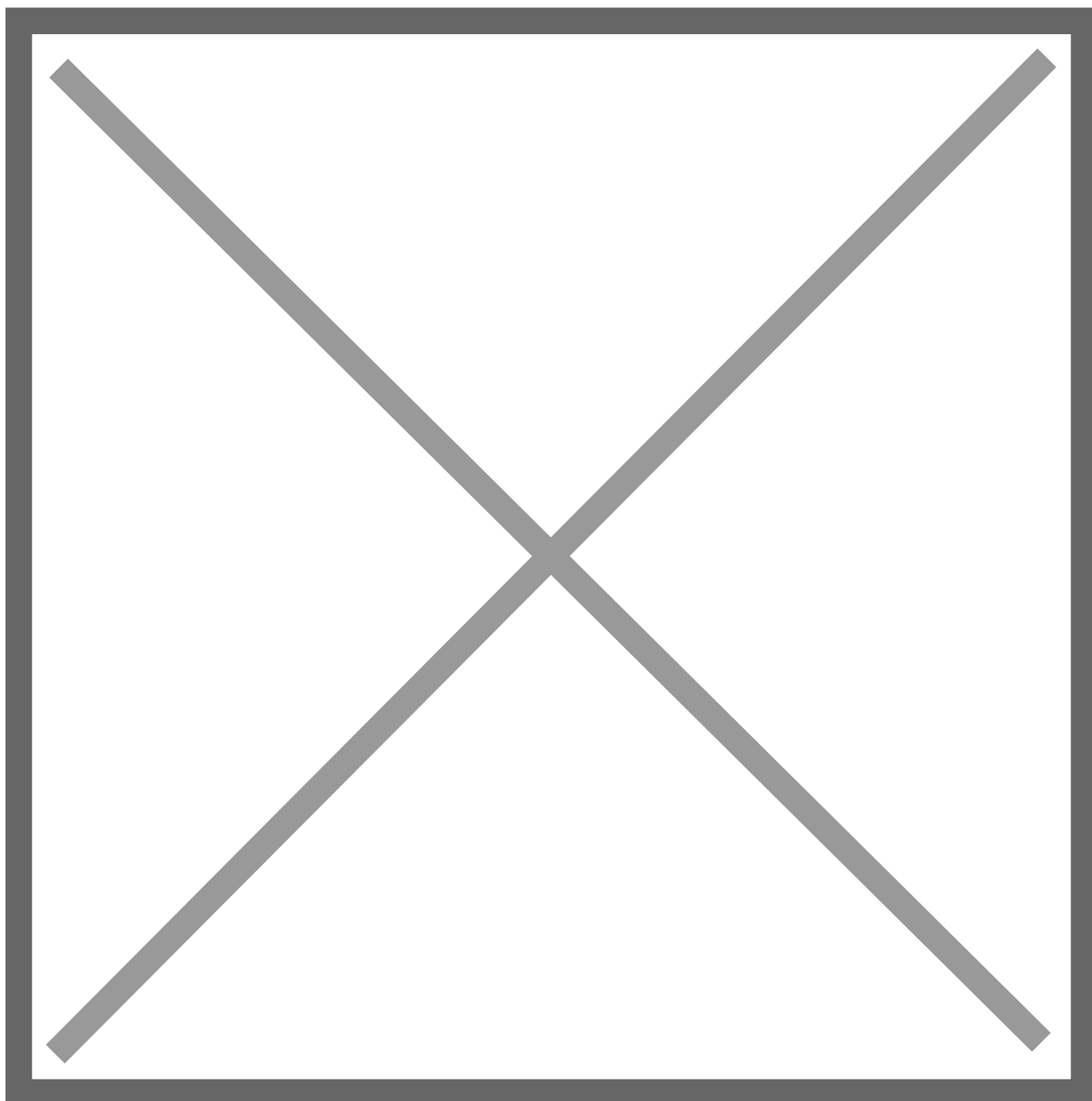
Definitions:

Incidence per 100,000

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## Cancer of the uterus

## Women, 2022



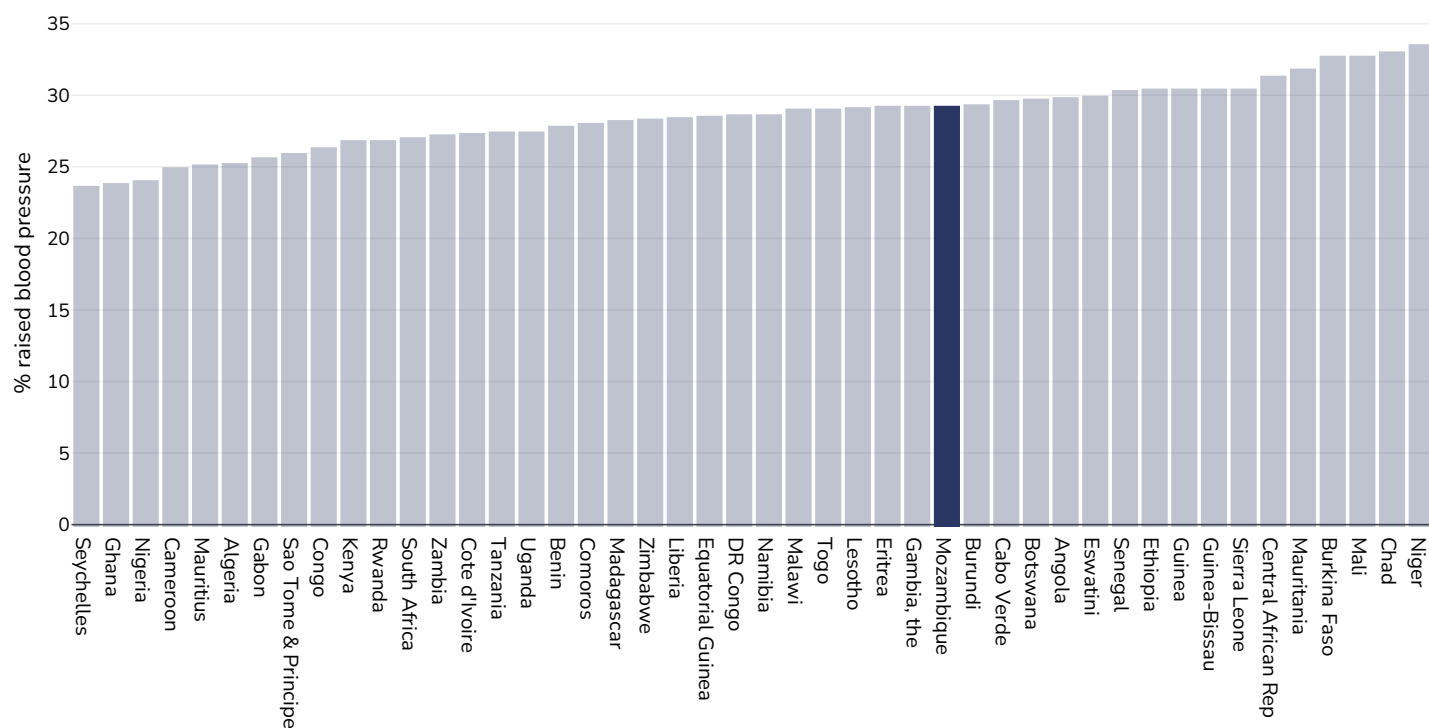
Age: 20+

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

## Raised blood pressure

### Adults, 2015



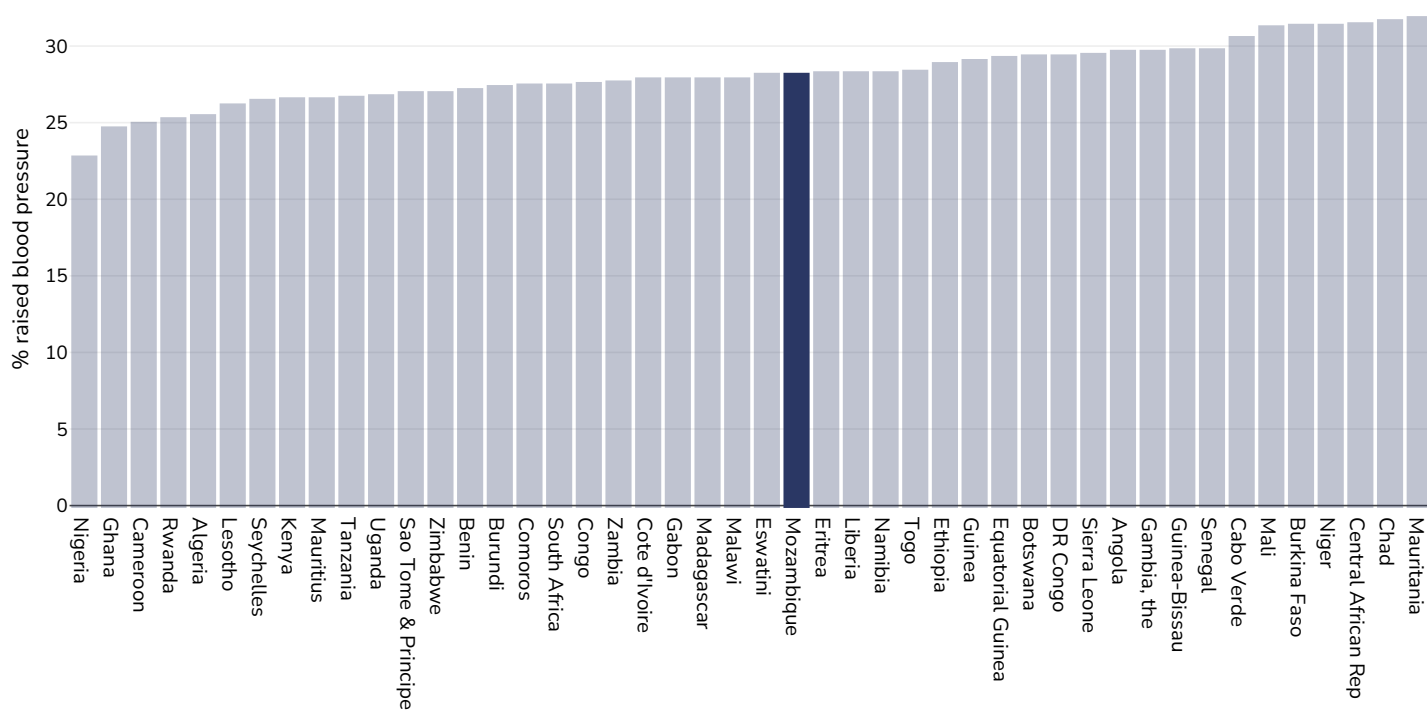
References:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Men, 2015



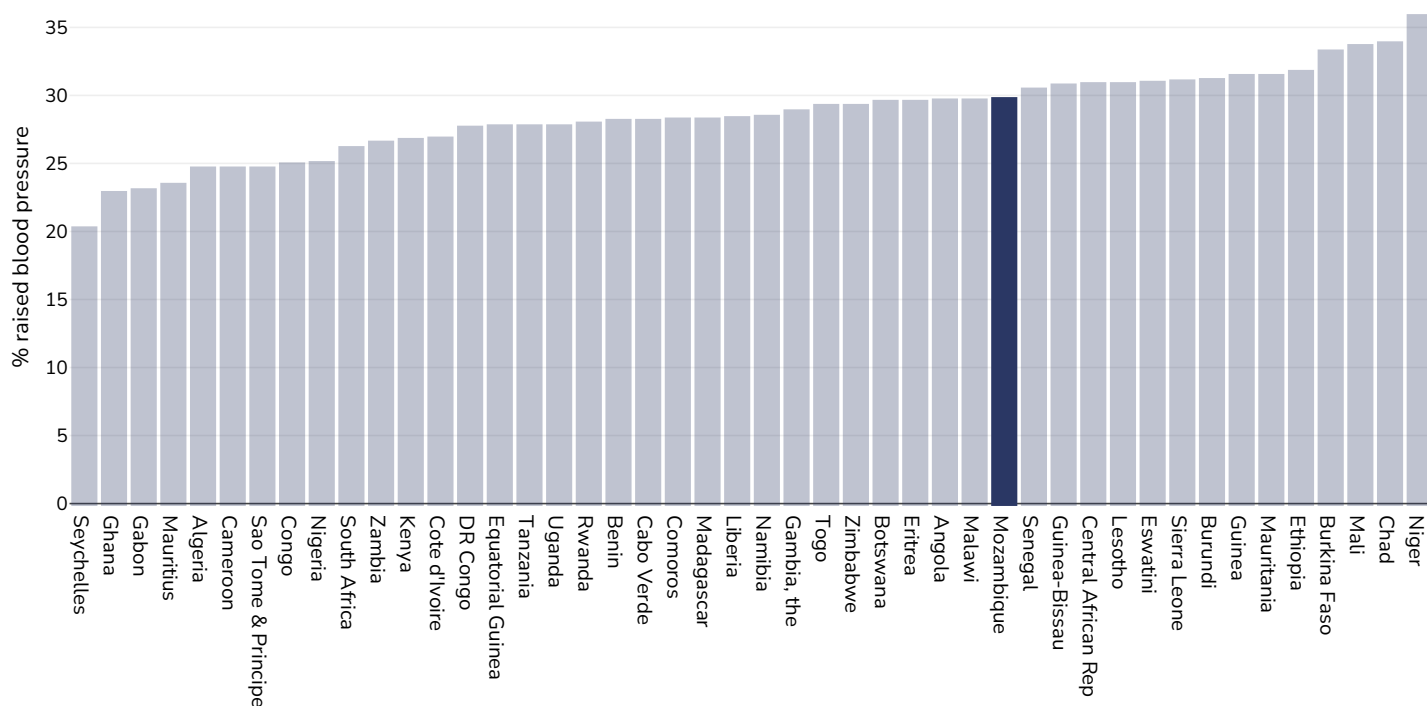
References:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Women, 2015



References:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A875?lang=en>

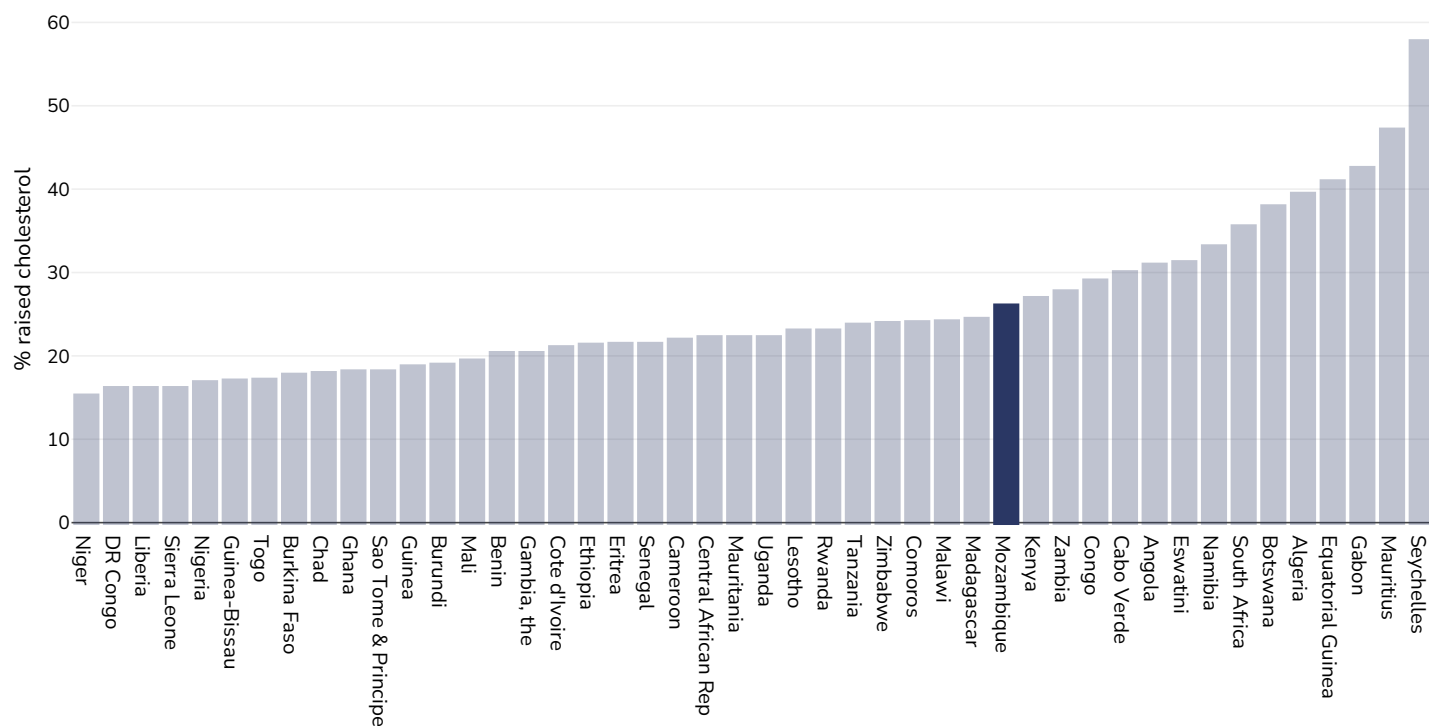
Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



## Raised cholesterol

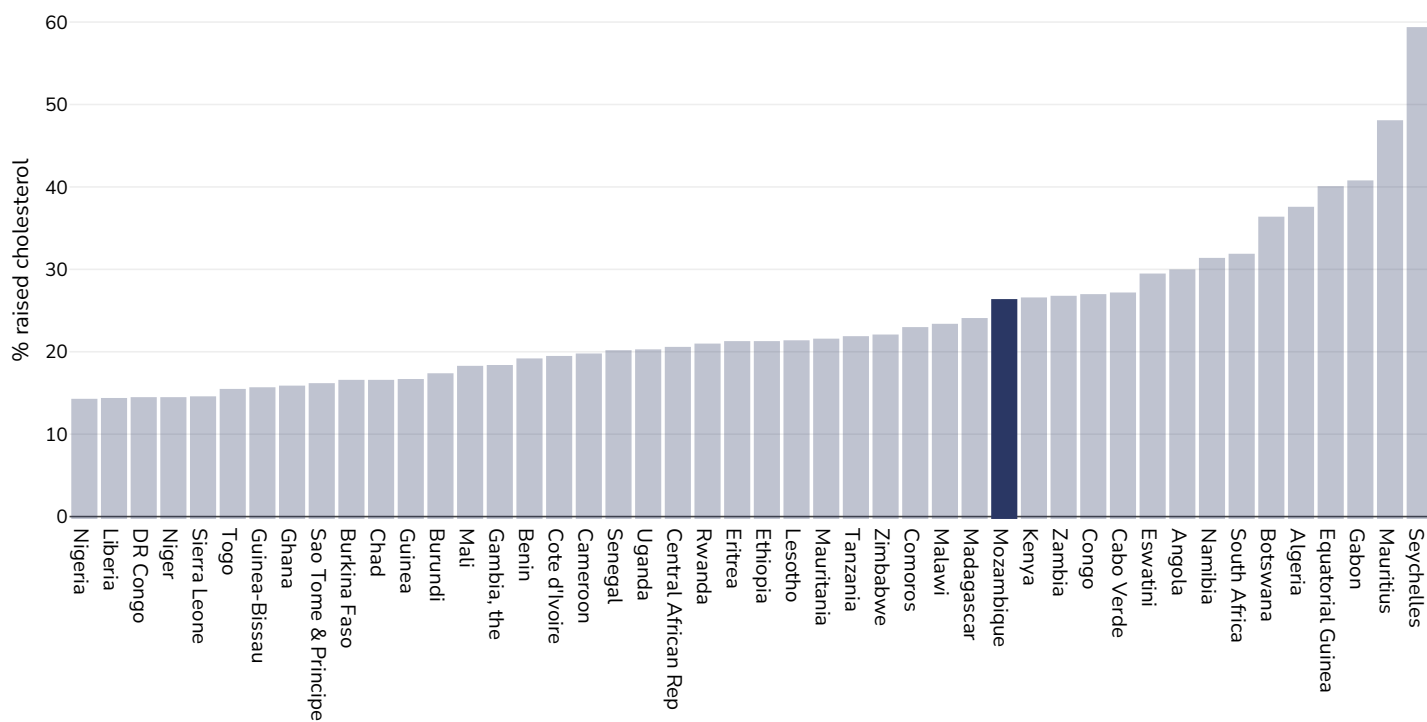
### Adults, 2008



References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definitions: % Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

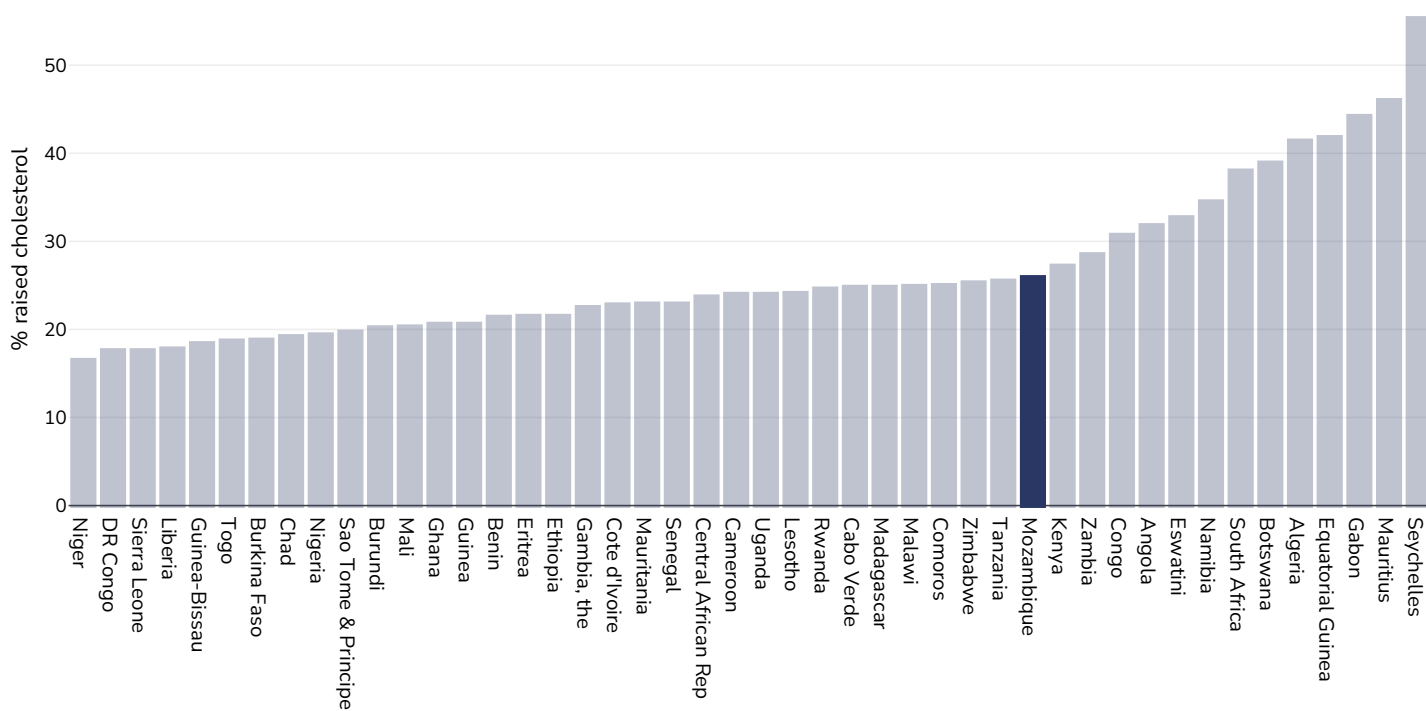
## Men, 2008



References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definitions: % Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

## Women, 2008

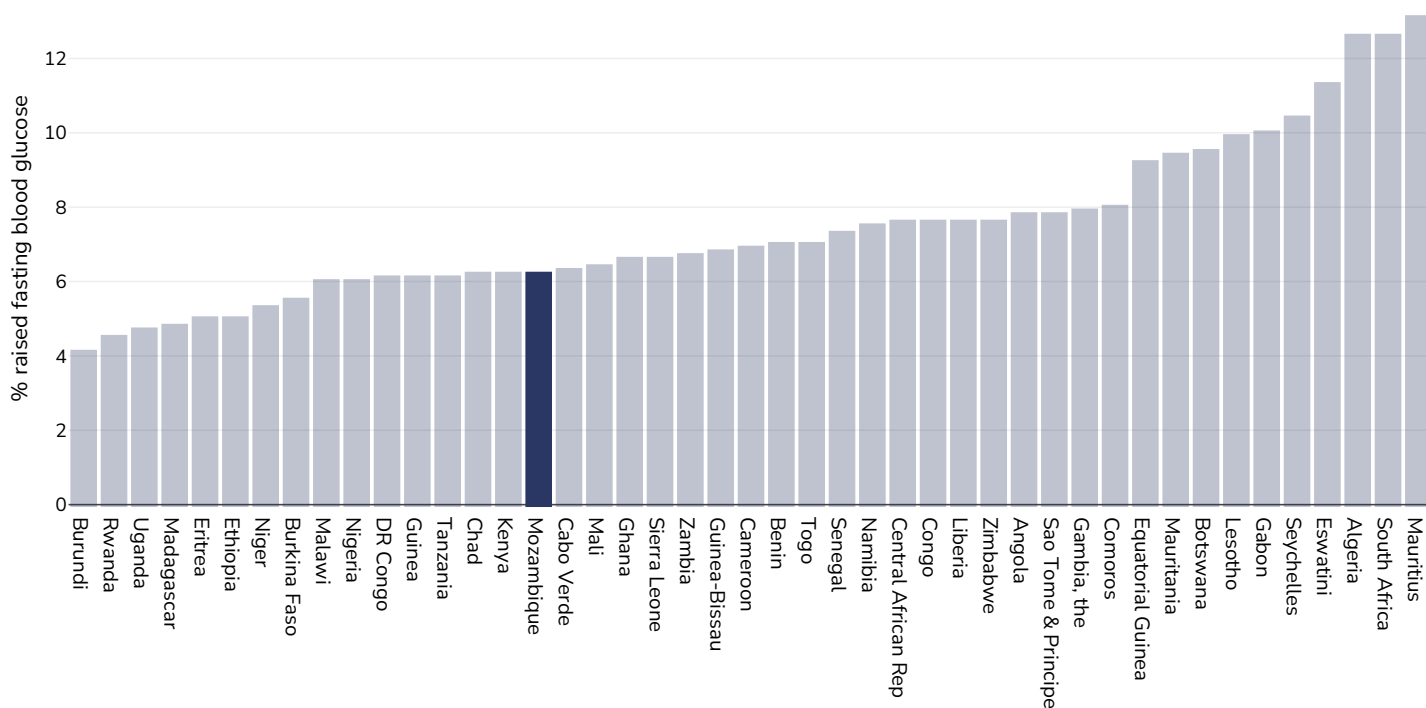


References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definitions: % Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

## Raised fasting blood glucose

Men, 2014



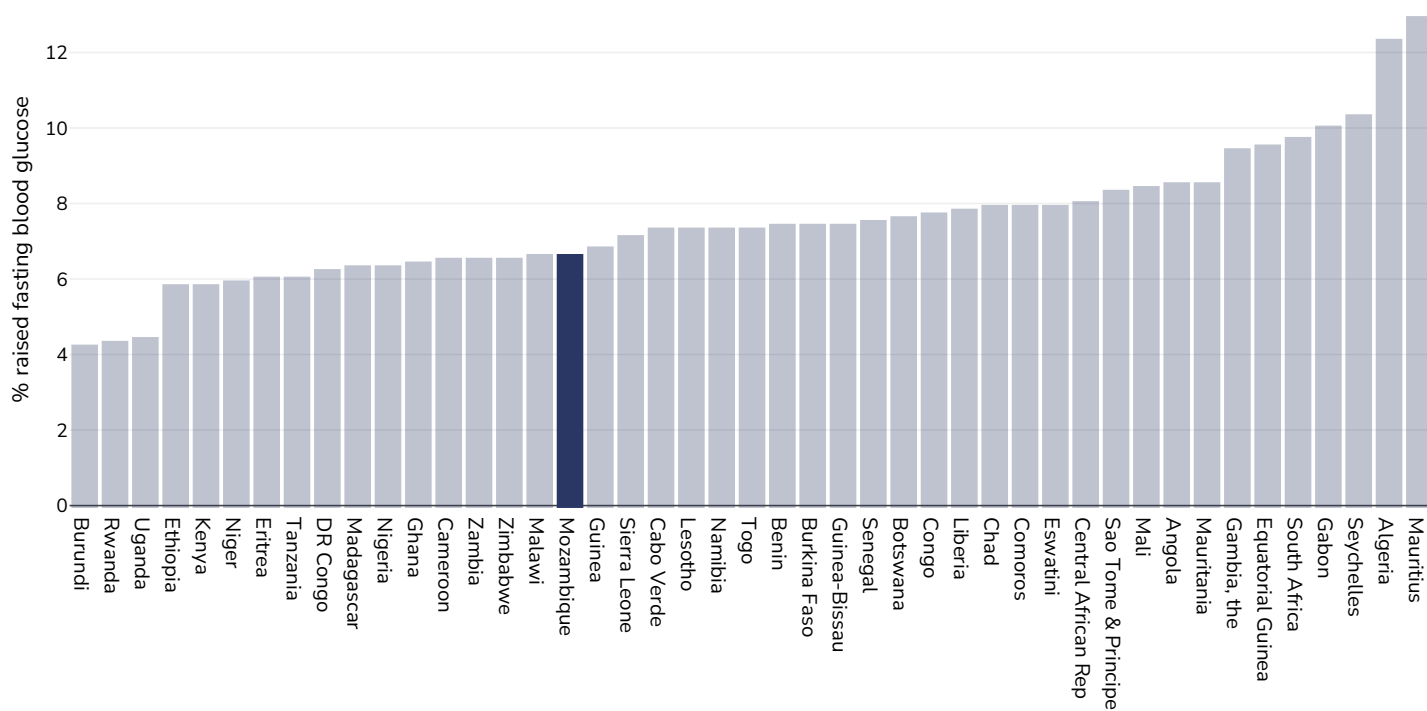
References:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitions:

Age Standardised % raised fasting blood glucose ( $\geq 7.0$  mmol/L or on medication).

## Women, 2014



References:

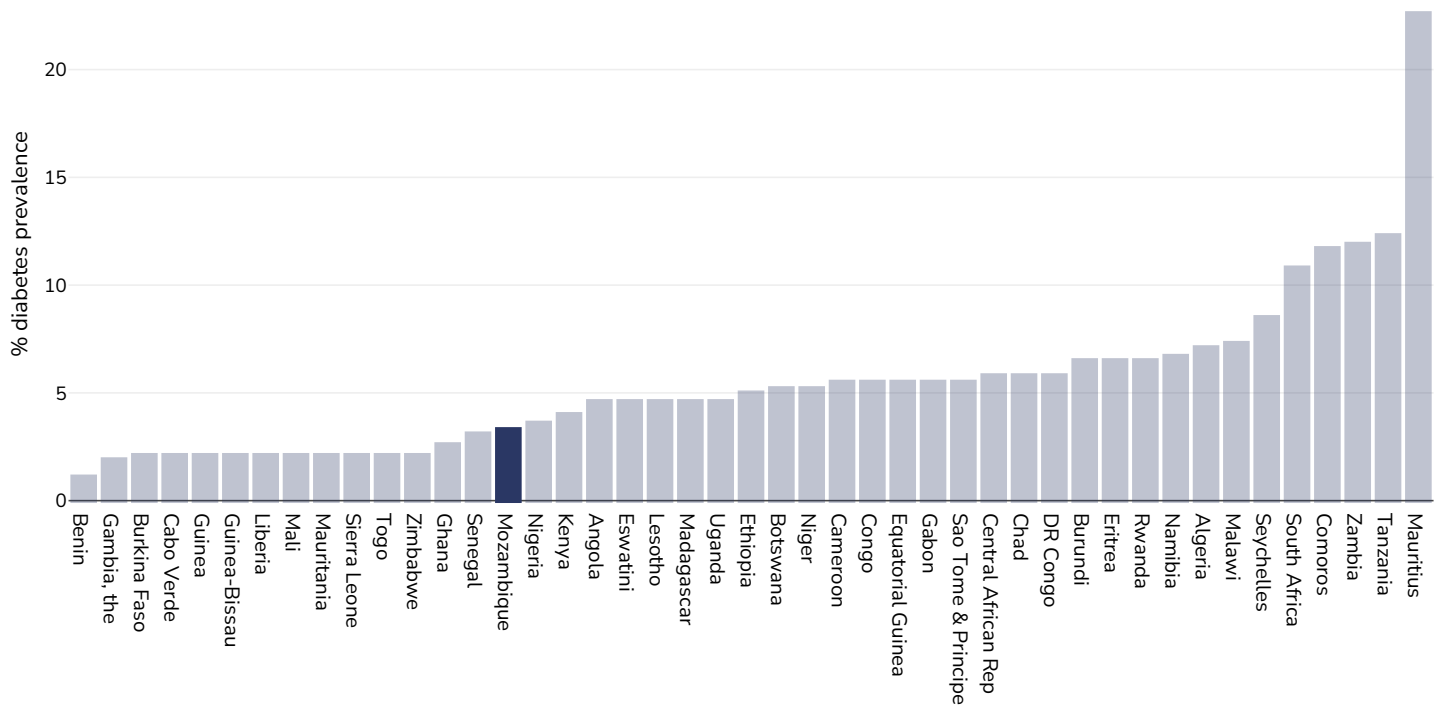
Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitions:

Age Standardised % raised fasting blood glucose ( $\geq 7.0$  mmol/L or on medication).

# Diabetes prevalence

## Adults, 2021



Age: 20-79

Area covered: National

References: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Definitions: Age-adjusted comparative prevalence of diabetes, %

## Contextual factors

**Disclaimer:** These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



### Labelling

Is there mandatory nutrition labelling?	X
Front-of-package labelling?	X
Back-of-pack nutrition declaration?	X
Color coding?	X
Warning label?	X



## Regulation and marketing

<b>Are there fiscal policies on unhealthy products?</b>	<b>X</b>
Tax on unhealthy foods?	X
Tax on unhealthy drinks?	X
<b>Are there fiscal policies on healthy products?</b>	<b>X</b>
Subsidy on fruits?	X
Subsidy on vegetables?	X
Subsidy on other healthy products?	X
<b>Mandatory limit or ban of trans fat (all settings)?</b>	<b>X</b>
Mandatory limit of trans fats in place (all settings)?	X
Ban on trans-fats or phos in place (all settings)?	X
<b>Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?</b>	<b>X</b>
Mandatory restriction on broadcast media?	X
Mandatory restriction on non-broadcast media?	X
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
<b>Are there mandatory standards for food in schools?</b>	<b>X</b>
<b>Are there any mandatory nutrient limits in any manufactured food products?</b>	<b>X</b>
<b>Nutrition standards for public sector procurement?</b>	<b>X</b>





## Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✓
National obesity strategy?	✗
National childhood obesity strategy?	✗
Comprehensive nutrition strategy?	✓
Comprehensive physical activity strategy?	✓
Evidence-based dietary guidelines and/or RDAs?	✗
National target(s) on reducing obesity?	✓
Guidelines/policy on obesity treatment?	✗
Promotion of breastfeeding?	✓



## Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✓
Within 5 years?	✓



## Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	✗
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### Key

✓ Present	✓ <sub>v</sub> Present (voluntary)	✓ Incoming	✗ Absent	? Unknown
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Last updated December 1, 2022

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