



Marokko



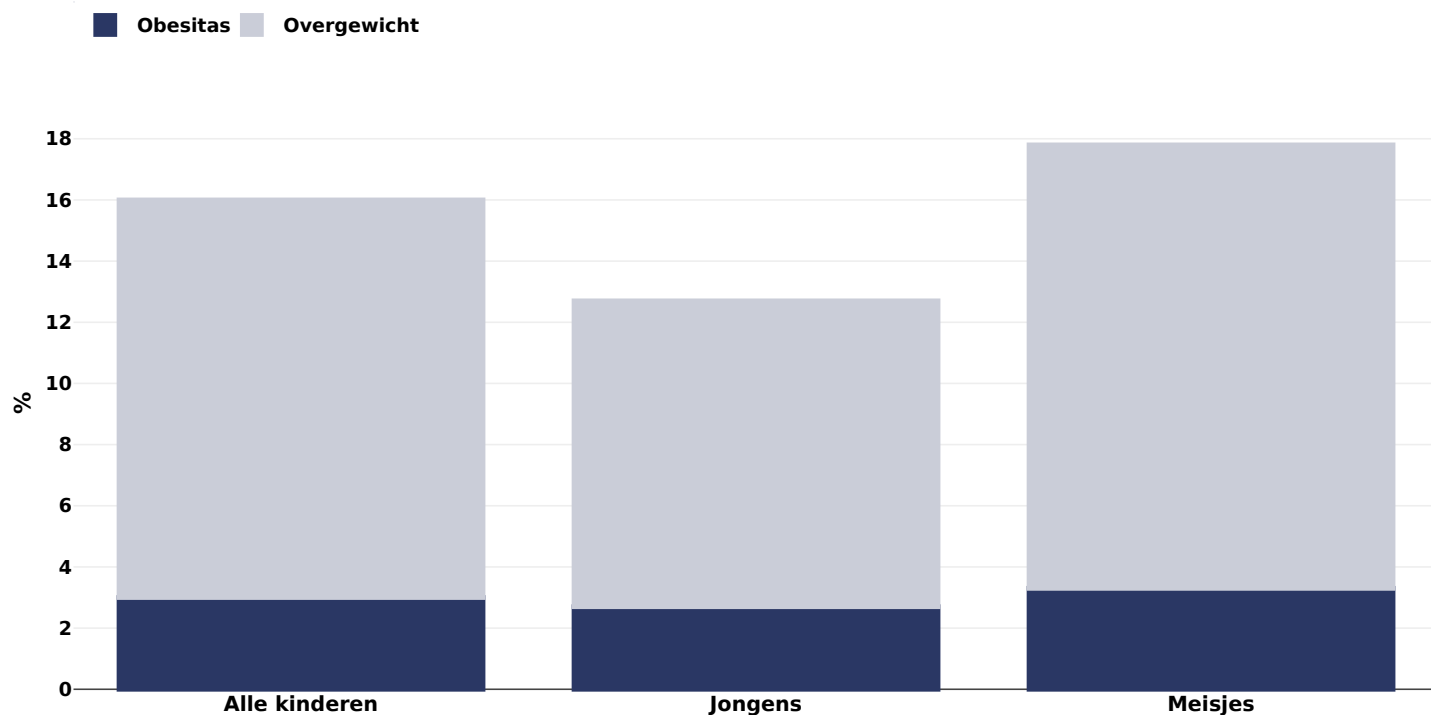
Country report card - children

This report card contains the latest data available on the GlobalObesityObservatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/morocco-146/>.

Obesitasprevalentie

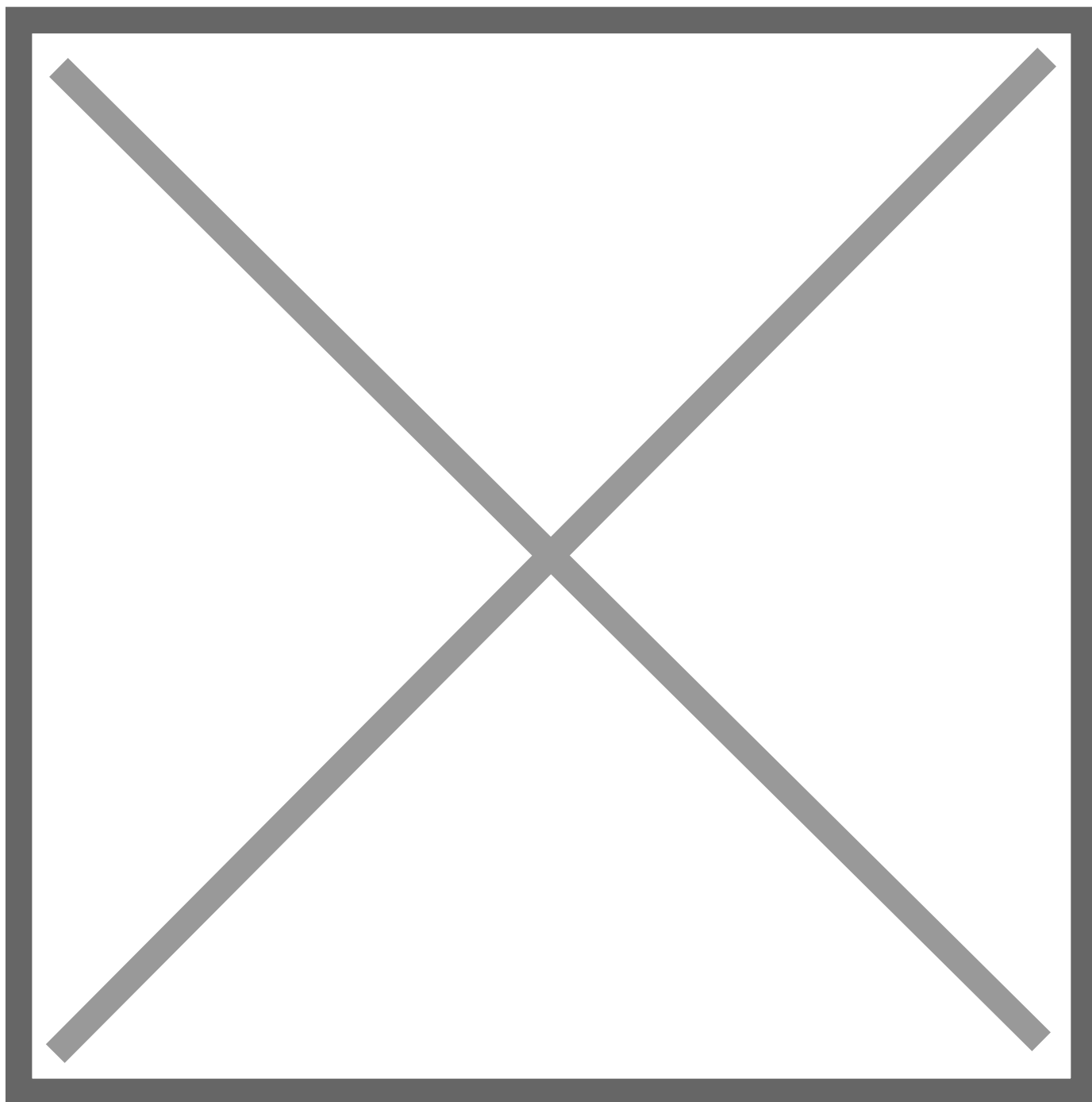
Kinderen, 2016



Type onderzoek:	Zelfgerapporteerd
Leeftijd:	13-17
Monstergrootte:	6745
In aanmerking komend gebied:	Nationaal
Referenties:	Global School-based Student Health Survey (GSHS), available at https://www.who.int/ncds/surveillance/gshs/Morocco_2016_GSHS_FS.pdf?ua=1 (last accessed 14.12.20)
Notities (alleen beschikbaar in het Engels):	WHO cutoffs.
Cutoffs:	WHO

Overgewicht/obesitas, naar opleiding

Kinderen, 2010



Type onderzoek:	Gemeten
Leeftijd:	7-14
Monstergrootte:	302

**In aanmerking
komend gebied:**

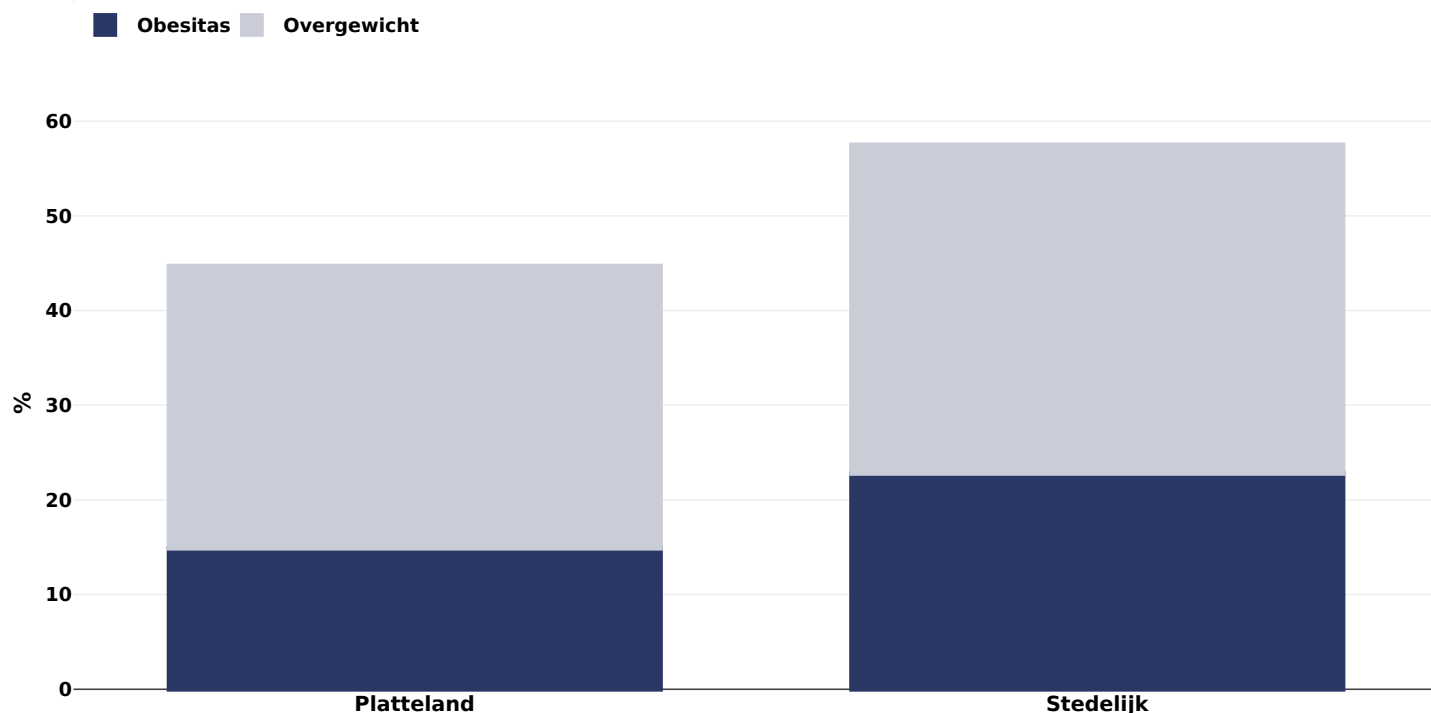
Rabat

Referenties:

Prevalence of obesity and overweight in children: a study in government primary schools in Rabat, Morocco.
<https://pubmed.ncbi.nlm.nih.gov/22227044/> (last accessed 05.06.2022)

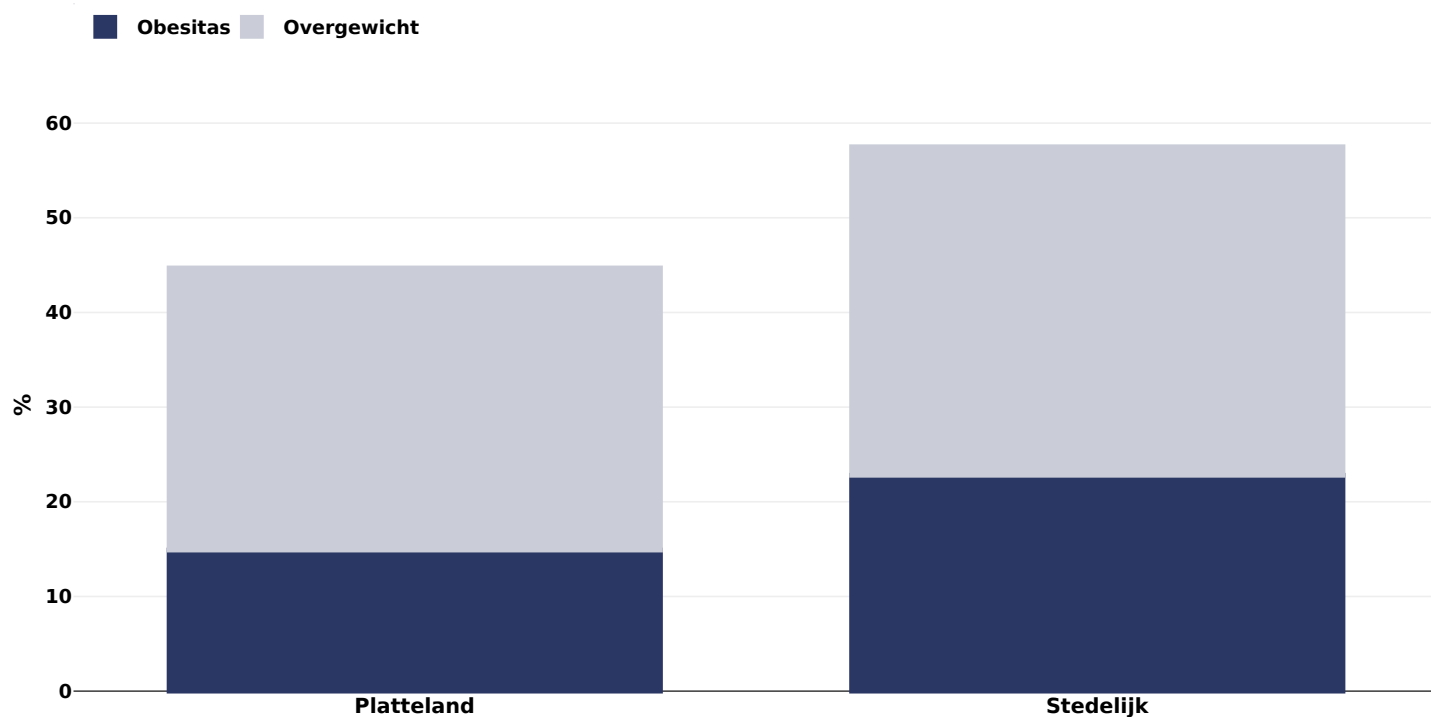
Overgewicht / obesitas, per regio

Kinderen, 2010



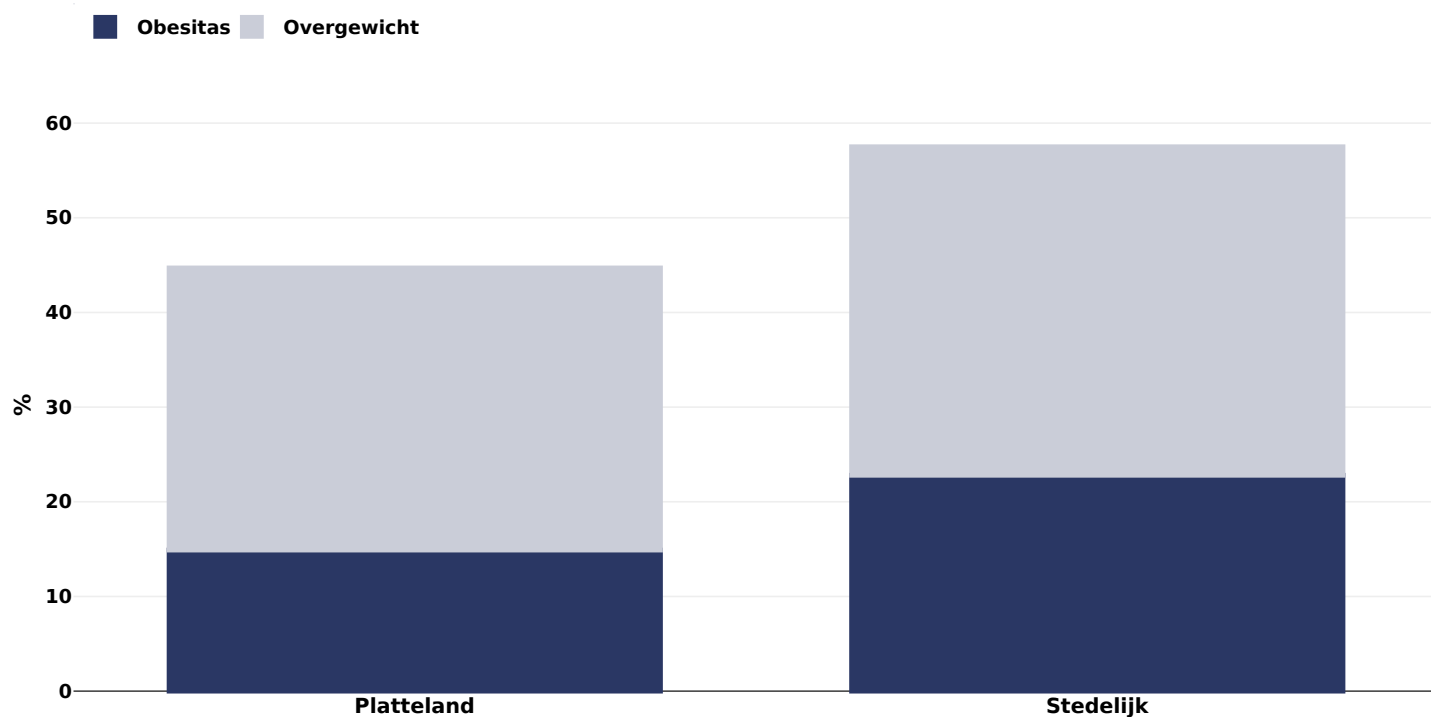
Type onderzoek:	Gemeten
Leeftijd:	7-14
Monstergrootte:	1588
In aanmerking komend gebied:	Rabat
Referenties:	Prevalence of obesity and overweight in children: a study in government primary schools in Rabat, Morocco. https://pubmed.ncbi.nlm.nih.gov/22227044/ (last accessed 05.06.2022)

Jongens, 2010



Type onderzoek:	Gemeten
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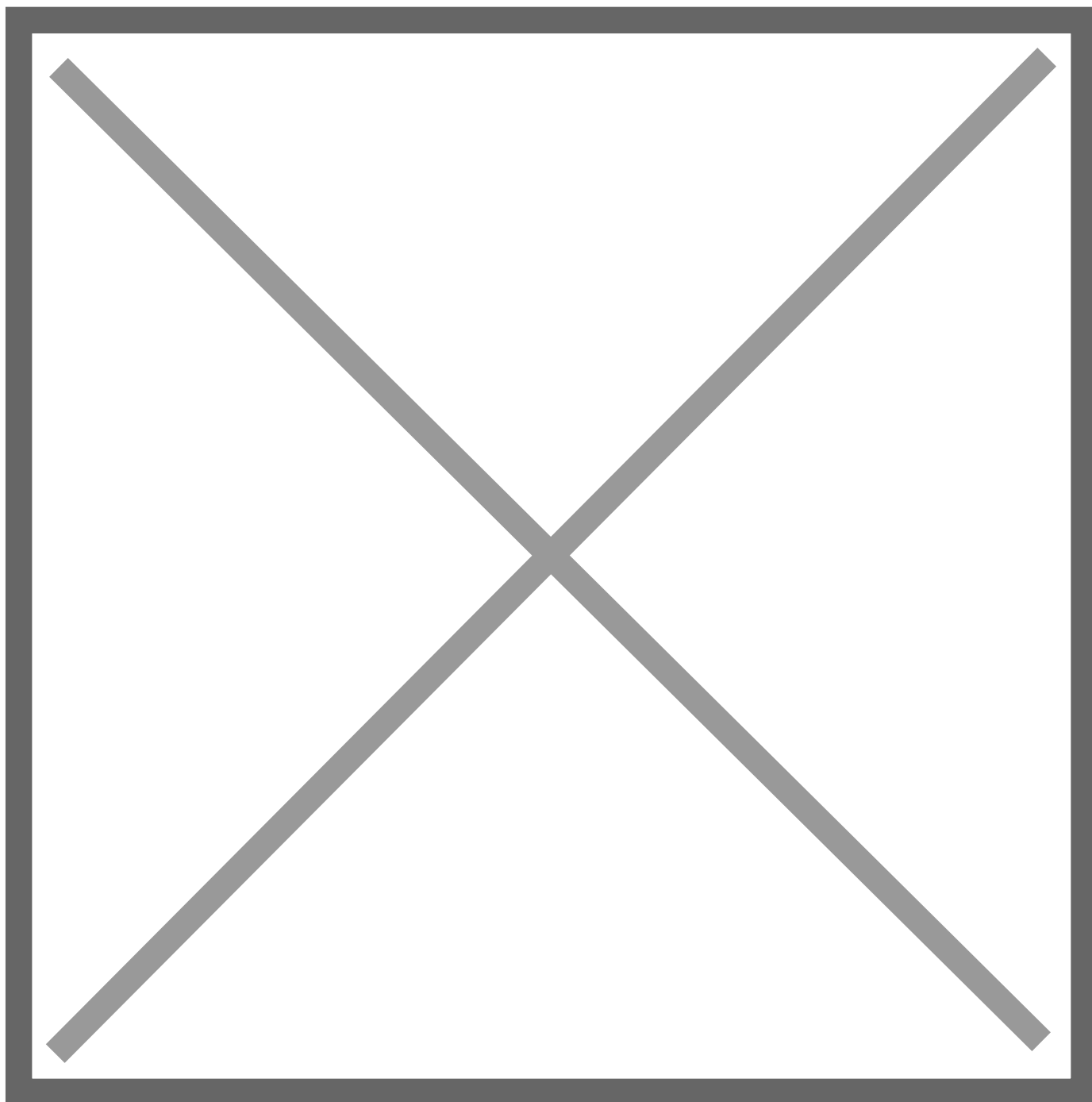
Meisjes, 2010



Type onderzoek:	Gemeten
Leeftijd:	7-14
Monstergrootte:	1588
In aanmerking komend gebied:	Rabat
Referenties:	Prevalence of obesity and overweight in children: a study in government primary schools in Rabat, Morocco. https://pubmed.ncbi.nlm.nih.gov/22227044/ (last accessed 05.06.2022)

Overgewicht/obesitas, naar socio-economische groep

Kinderen, 2010



Type onderzoek:	Gemeten
Leeftijd:	7-14
Monstergrootte:	234

**In aanmerking
komend gebied:**

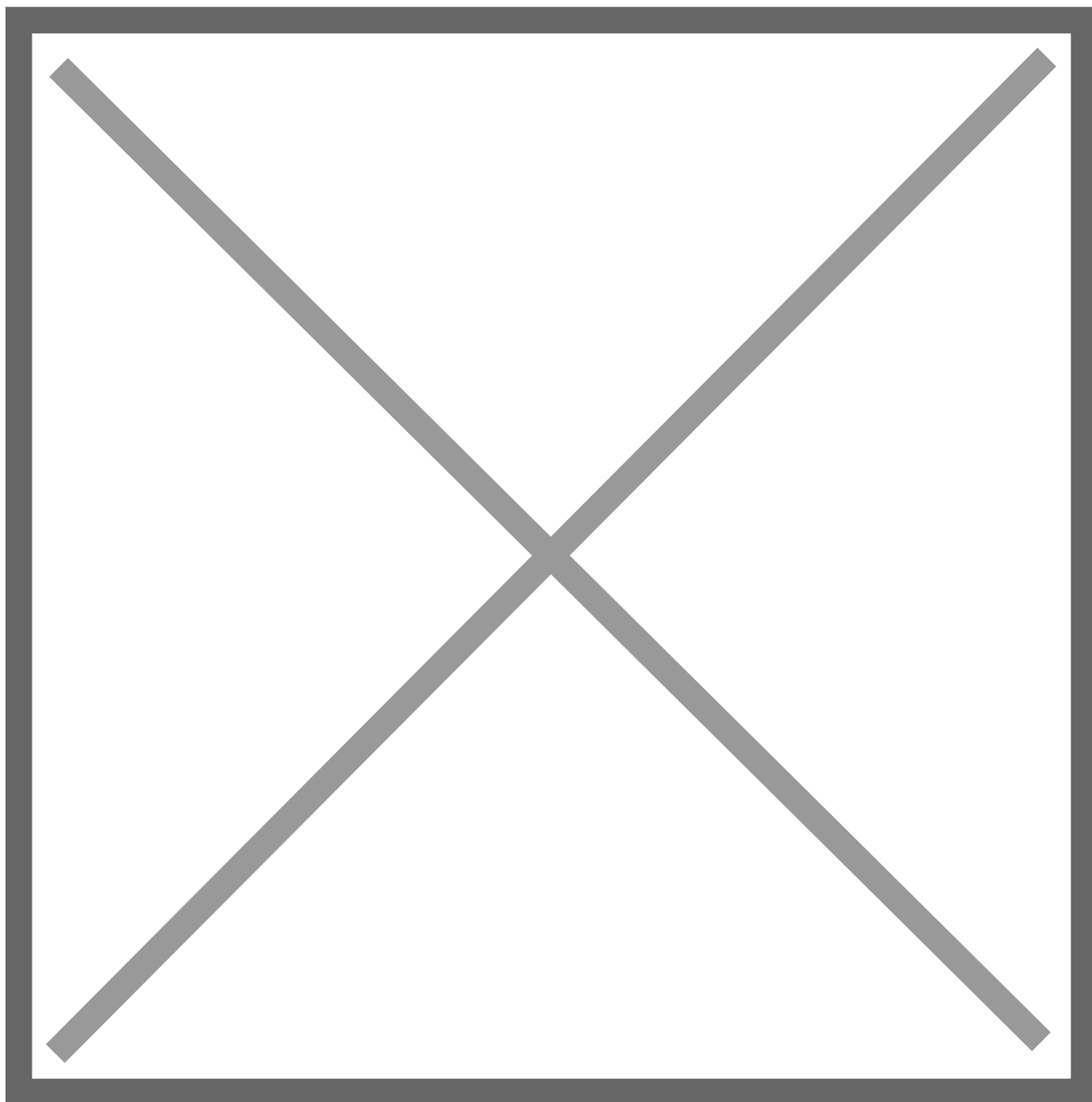
Rabat

Referenties:

Prevalence of obesity and overweight in children: a study in government primary schools in Rabat, Morocco.
<https://pubmed.ncbi.nlm.nih.gov/22227044/> (last accessed 05.06.2022)

Double burden of underweight & overweight

Kinderen, 2022



Type
onderzoek:

Gemeten

Leeftijd:

5-19

Referenties:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

**Notities
(alleen
beschikbaar
in het
Engels):**

Age standardised estimates

**Definities
(alleen
beschikbaar
in het
Engels):**

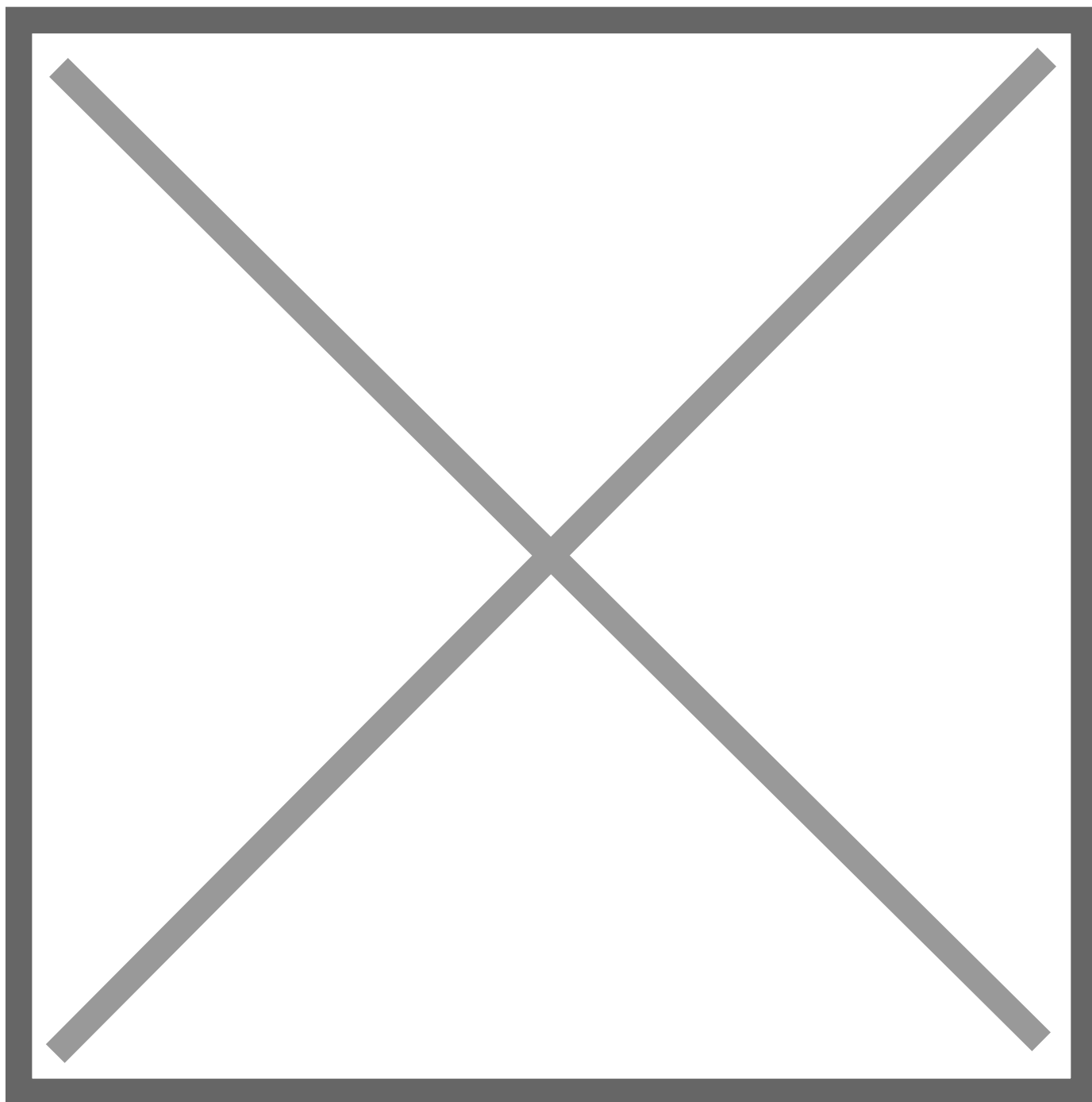
Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)

Cutoffs:

BMI < -2SD and BMI > 2SD

Onvoldoende lichaamsbeweging

Kinderen, 2016



Type
onderzoek:

Zelfgerapporteerd

Leeftijd:

11-17

Referenties:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

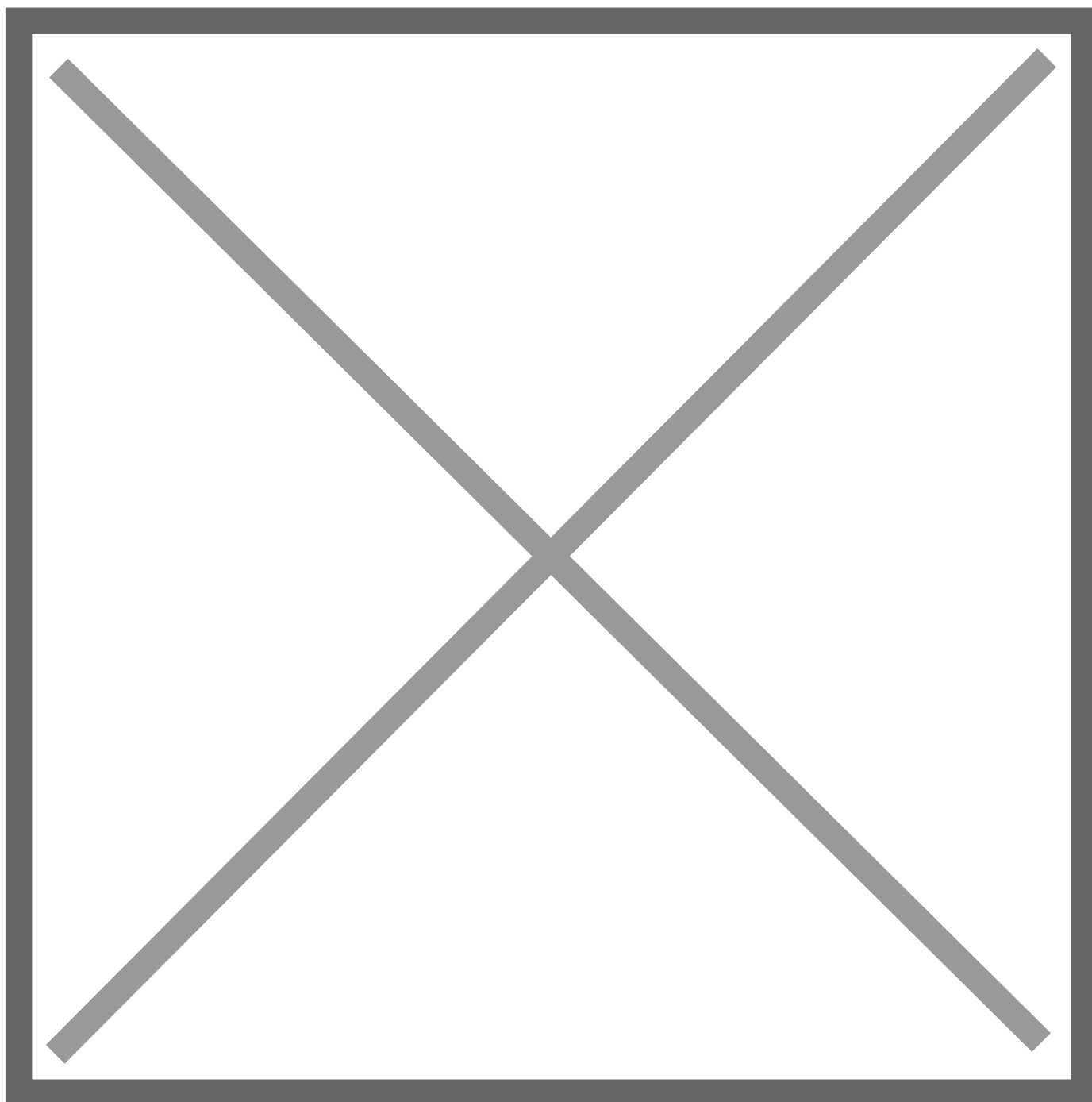
**Notities
(alleen
beschikbaar
in het
Engels):**

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definities
(alleen
beschikbaar
in het
Engels):**

% Adolescents insufficiently active (age standardised estimate)

Jongens, 2016



**Type
onderzoek:**

Zelfgerapporteerd

Leeftijd:

11-17

Referenties:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

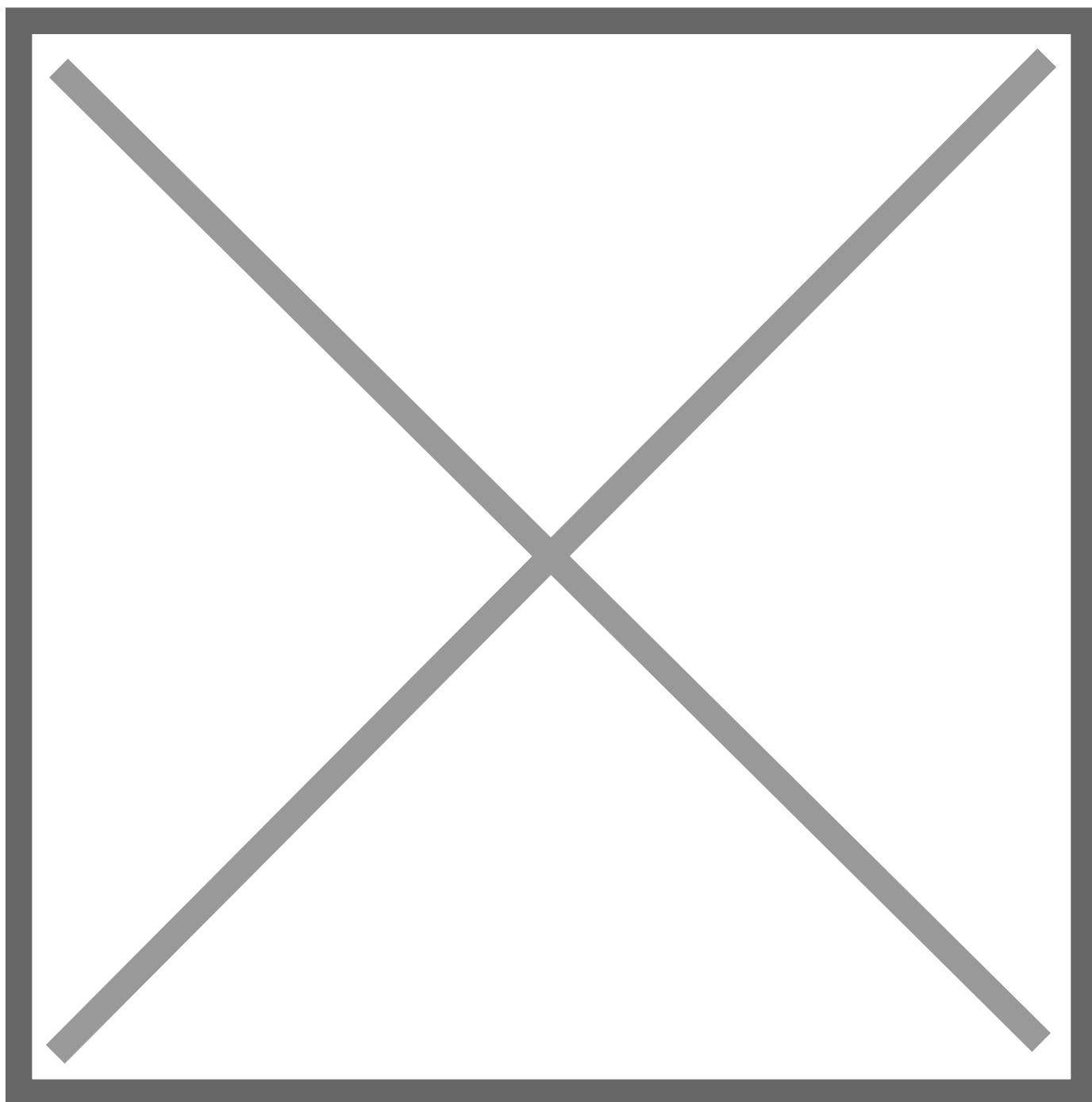
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(alleen
beschikbaar
in het
Engels):**

% Adolescents insufficiently active (age standardised estimate)

Meisjes, 2016



**Type
onderzoek:**

Zelfgerapporteerd

Leeftijd:

11-17

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**Notities
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beschikbaar
in het
Engels):**

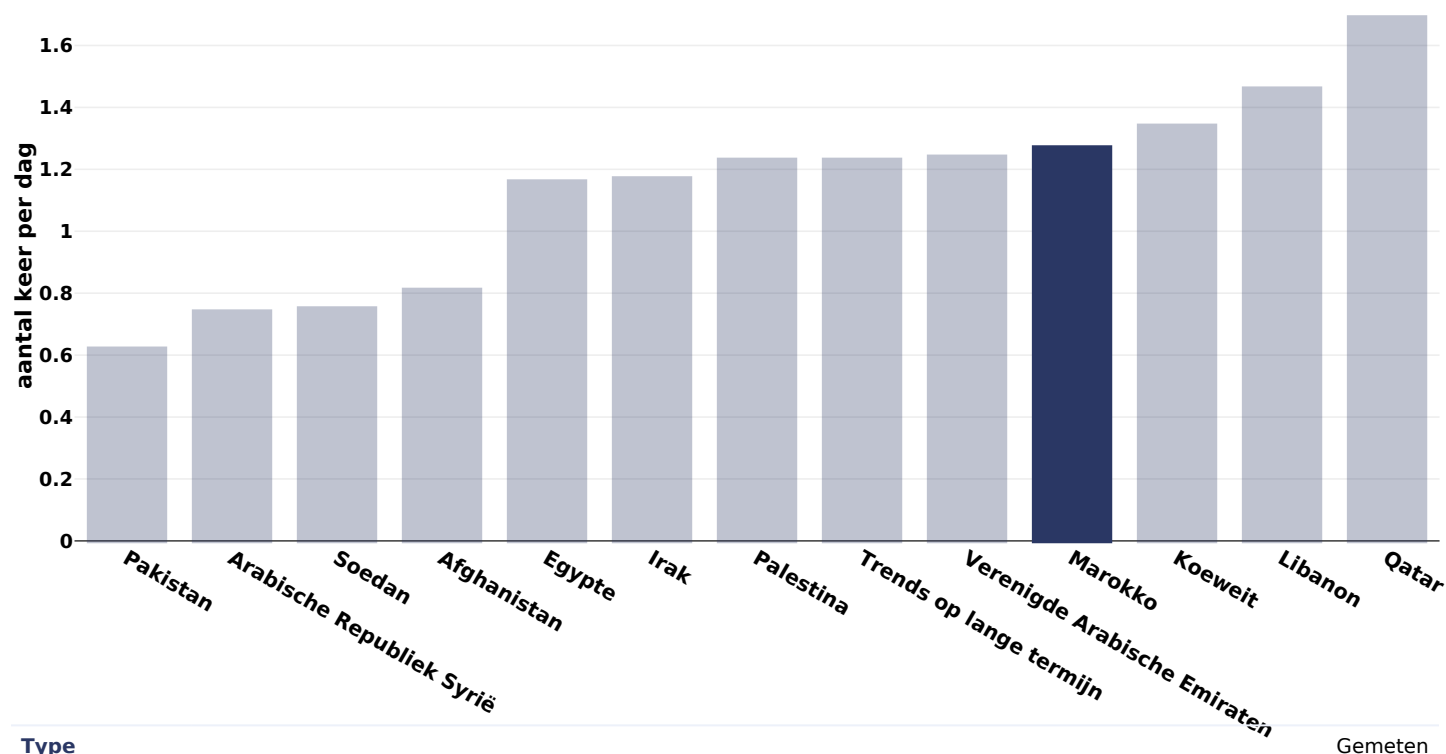
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definities
(alleen
beschikbaar
in het
Engels):**

% Adolescents insufficiently active (age standardised estimate)

Gemiddelde dagelijkse consumptie van koolzuurhoudende frisdranken

Kinderen, 2009-2015

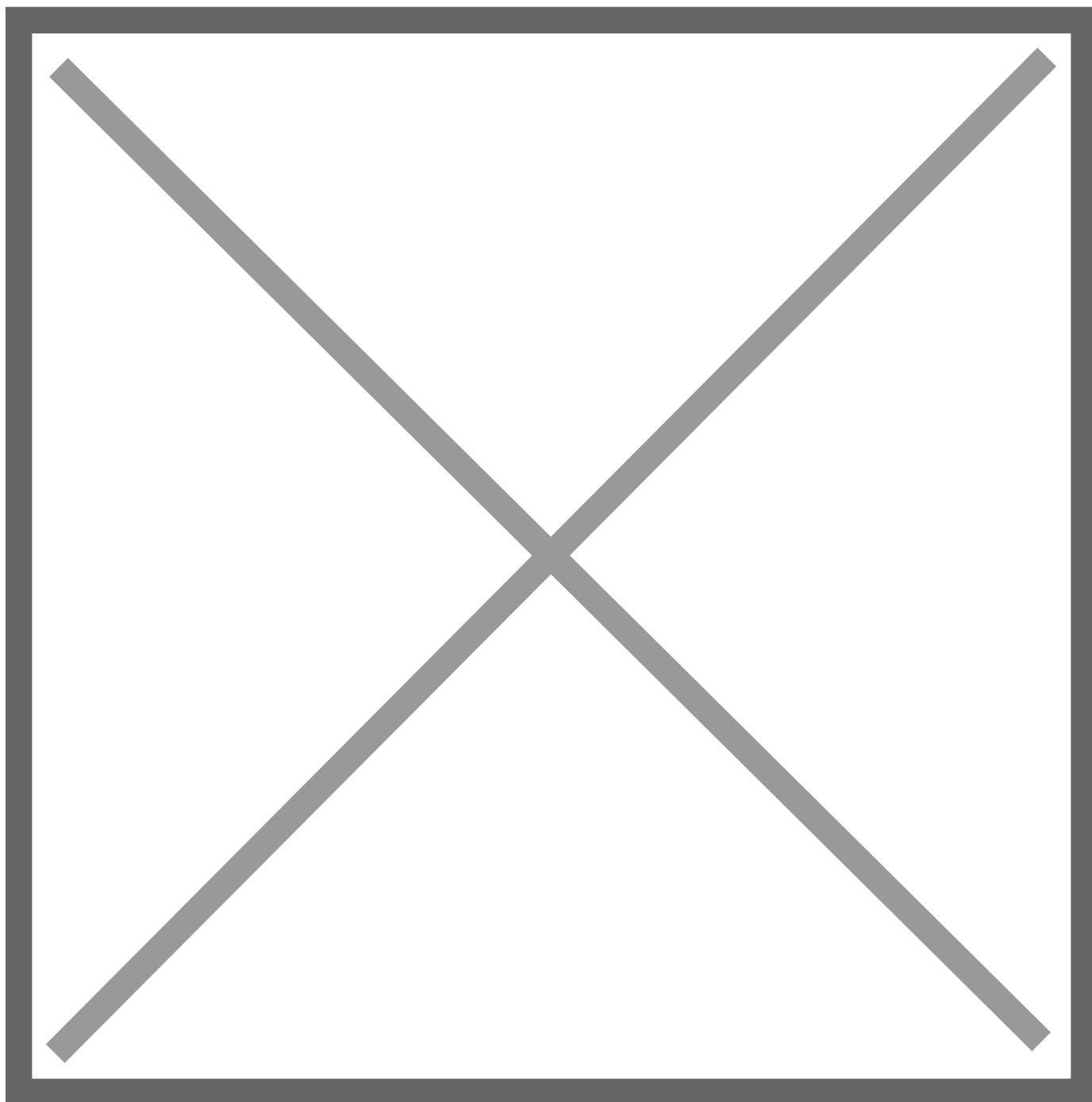


Leeftijd: 12-17

Referenties: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Prevalentie van minder dan dagelijkse fruitconsumptie

Kinderen, 2010



Type
onderzoek:

Zelfgerapporteerd

Leeftijd:

12-17

In
aanmerking
komend
gebied:

Nationaal

Referenties:

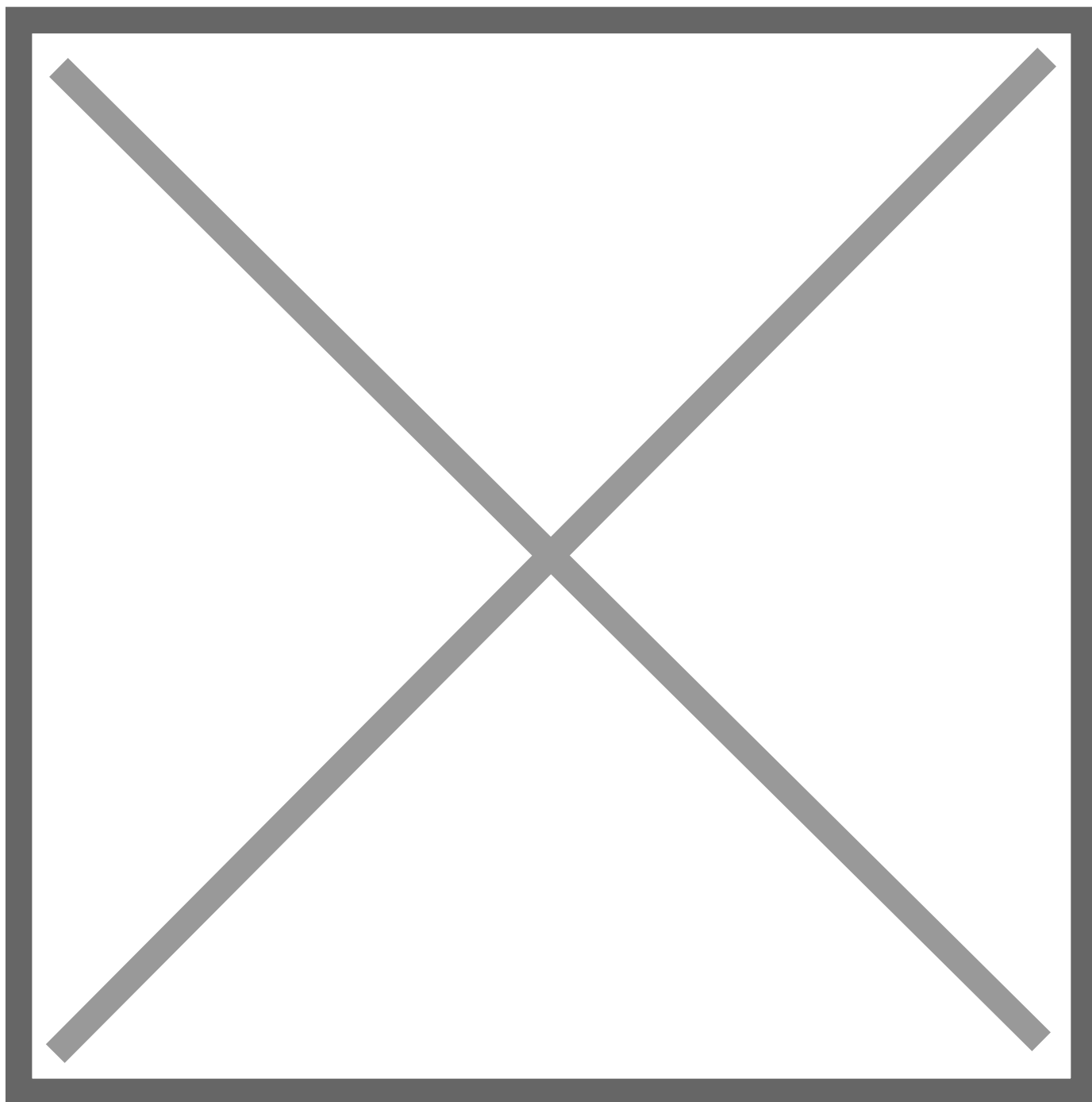
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definities
(alleen
beschikbaar
in het
Engels):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalentie van minder dan dagelijkse groenteconsumptie

Kinderen, 2010



Type
onderzoek:

Zelfgerapporteerd

Leeftijd:

12-17

In
aanmerking
komend
gebied:

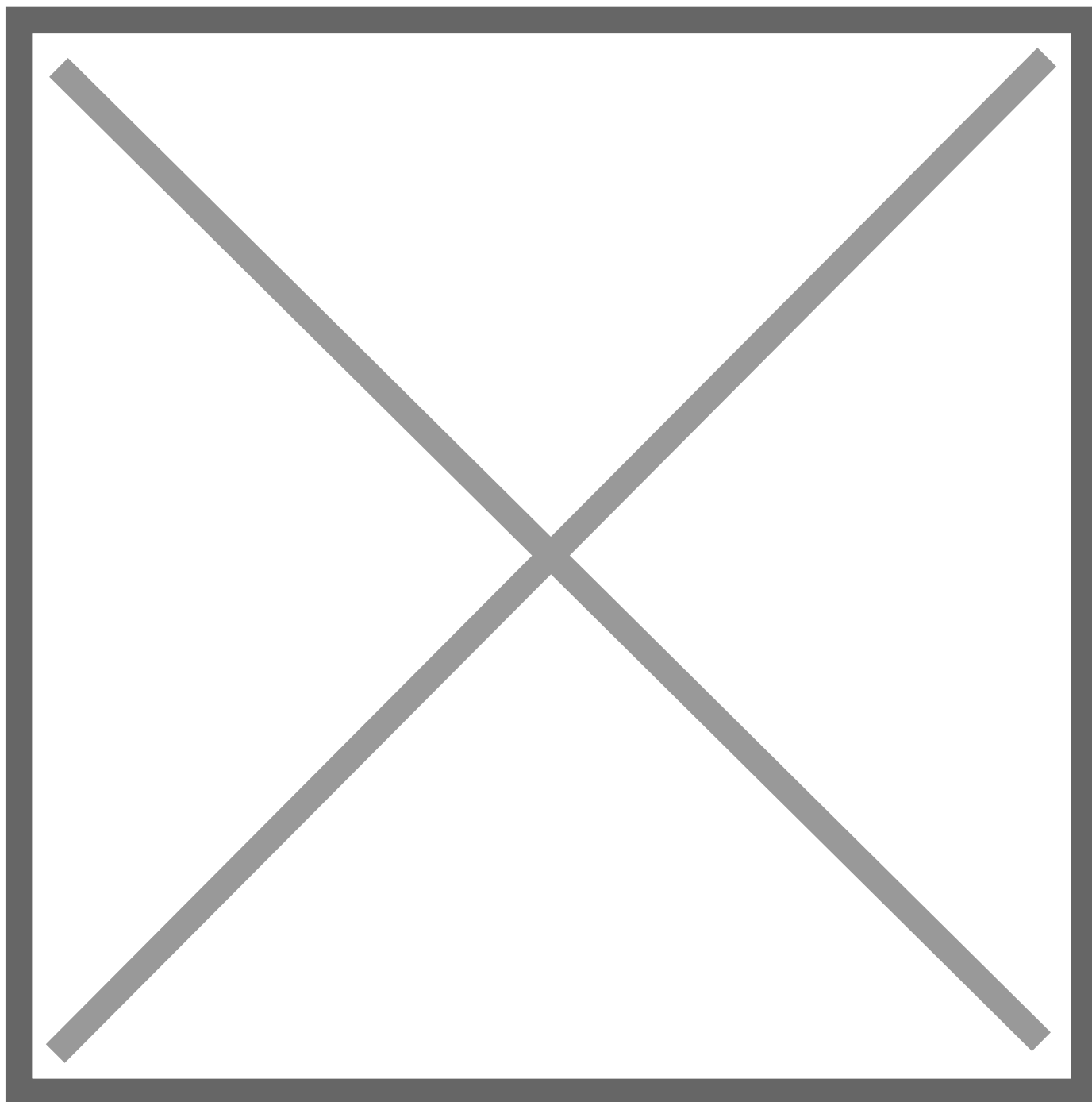
Nationaal

Referenties: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definities
(alleen
beschikbaar
in het
Engels):** Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Gemiddelde wekelijkse consumptie van fastfood

Kinderen, 2009-2015



Leeftijd:

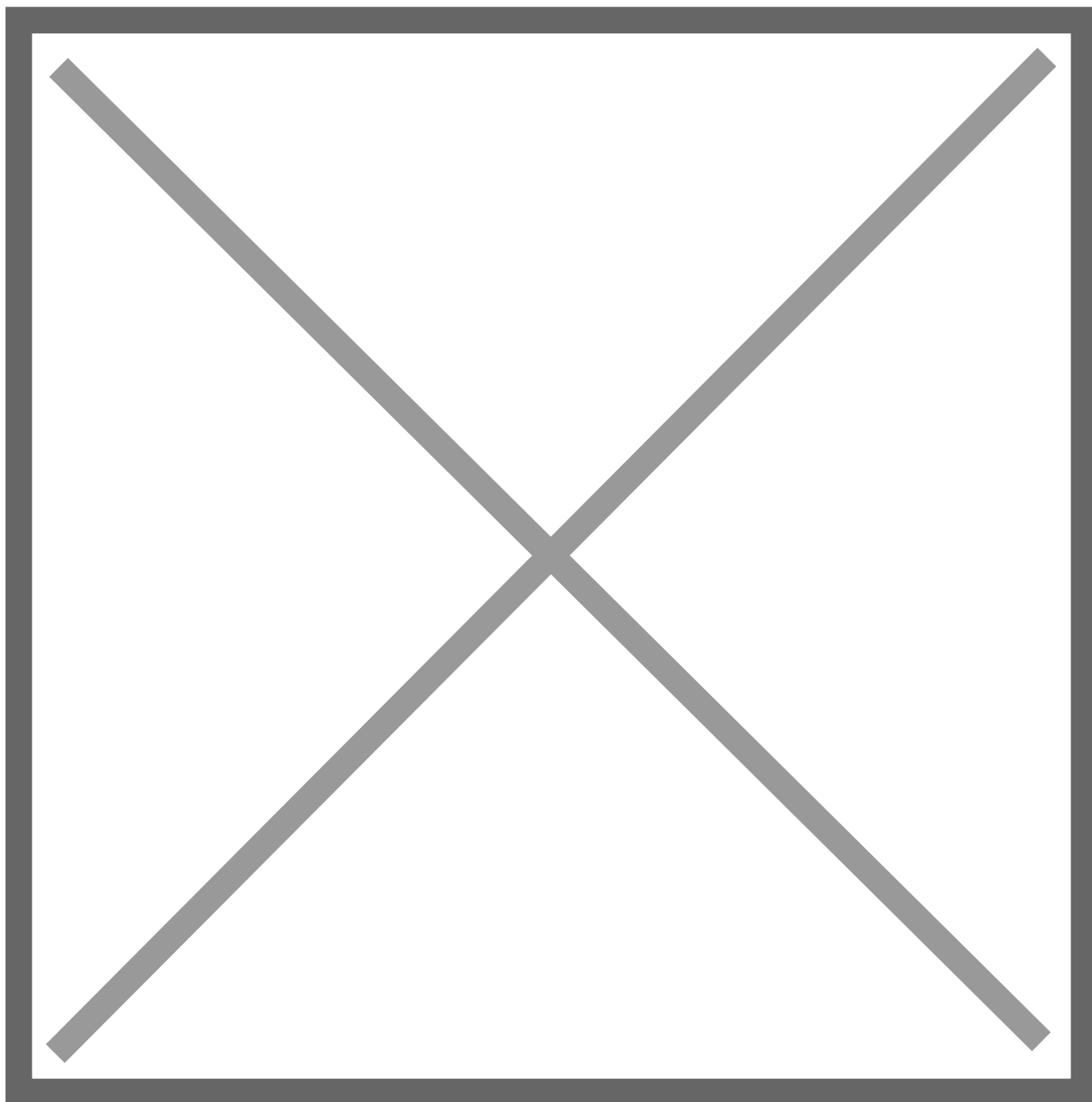
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Geestelijke gezondheid - depressiestoornissen

Kinderen, 2021



In
aanmerking
komend
gebied:

Nationaal

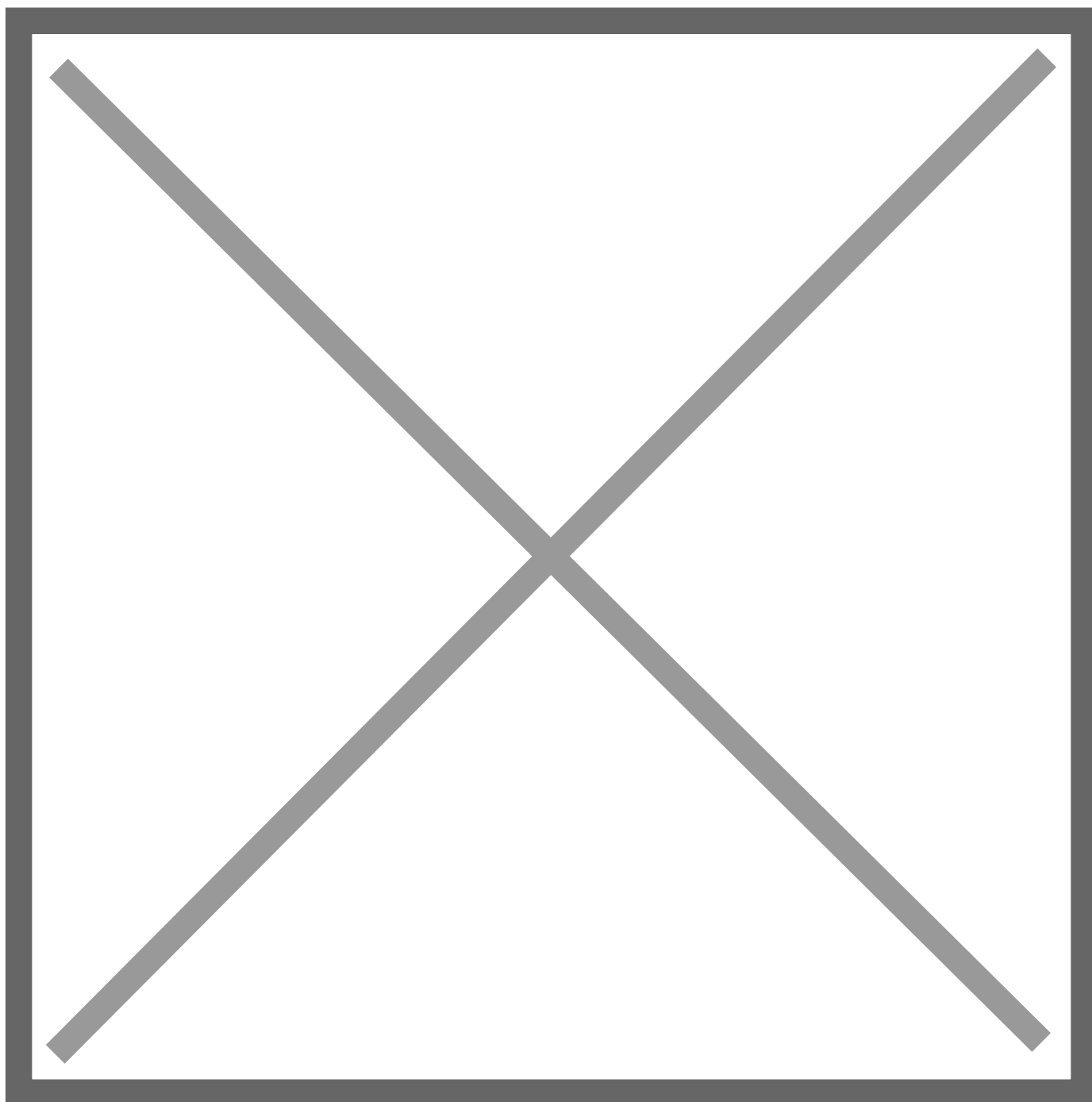
Referenties:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definities
(alleen
beschikbaar
in het
Engels):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Jongens, 2021



In
aanmerking
komend
gebied:

Nationaal

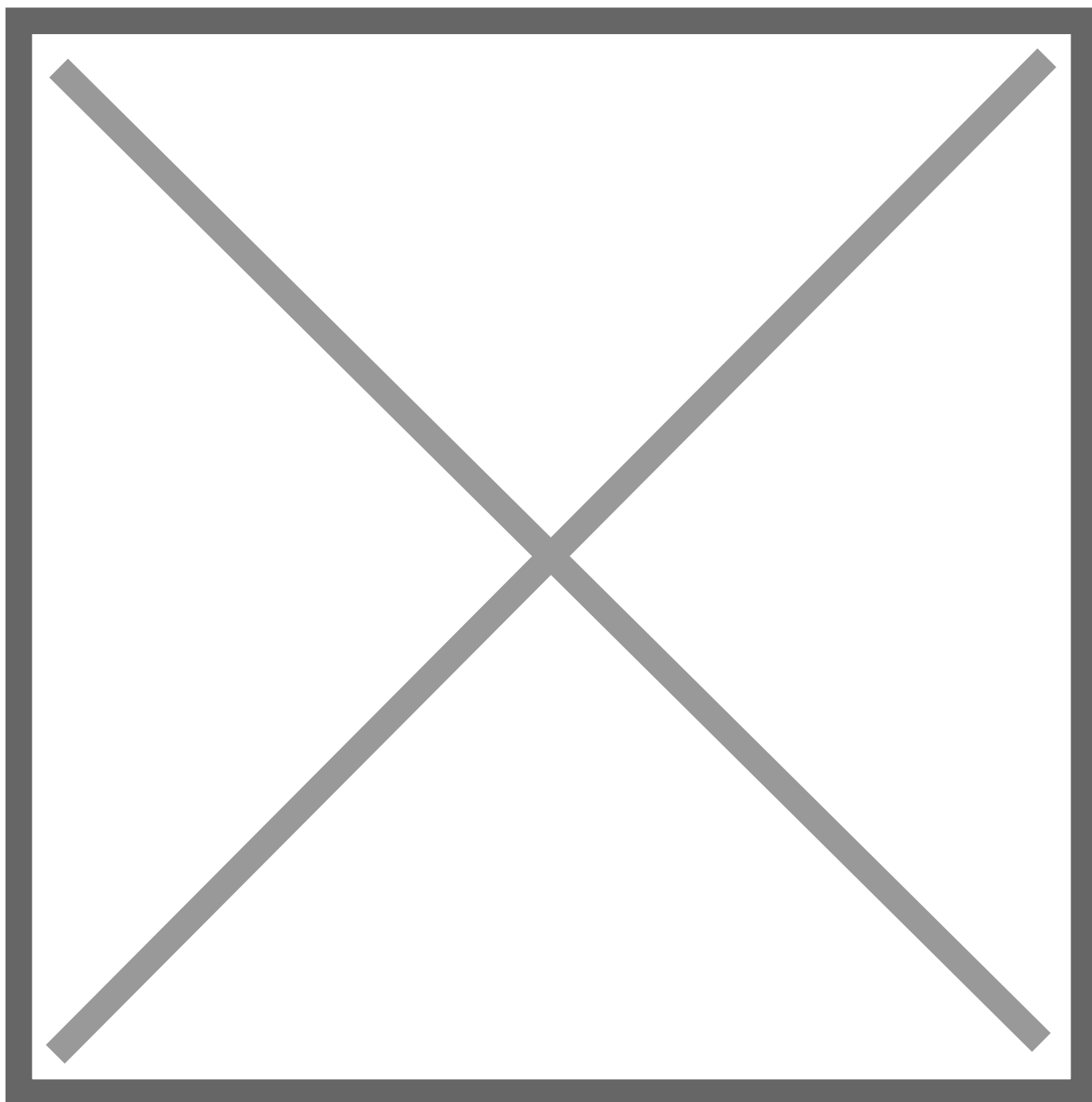
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**Definities
(alleen
beschikbaar
in het
Engels):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Meisjes, 2021



In
aanmerking
komend
gebied:

Nationaal

Referenties:

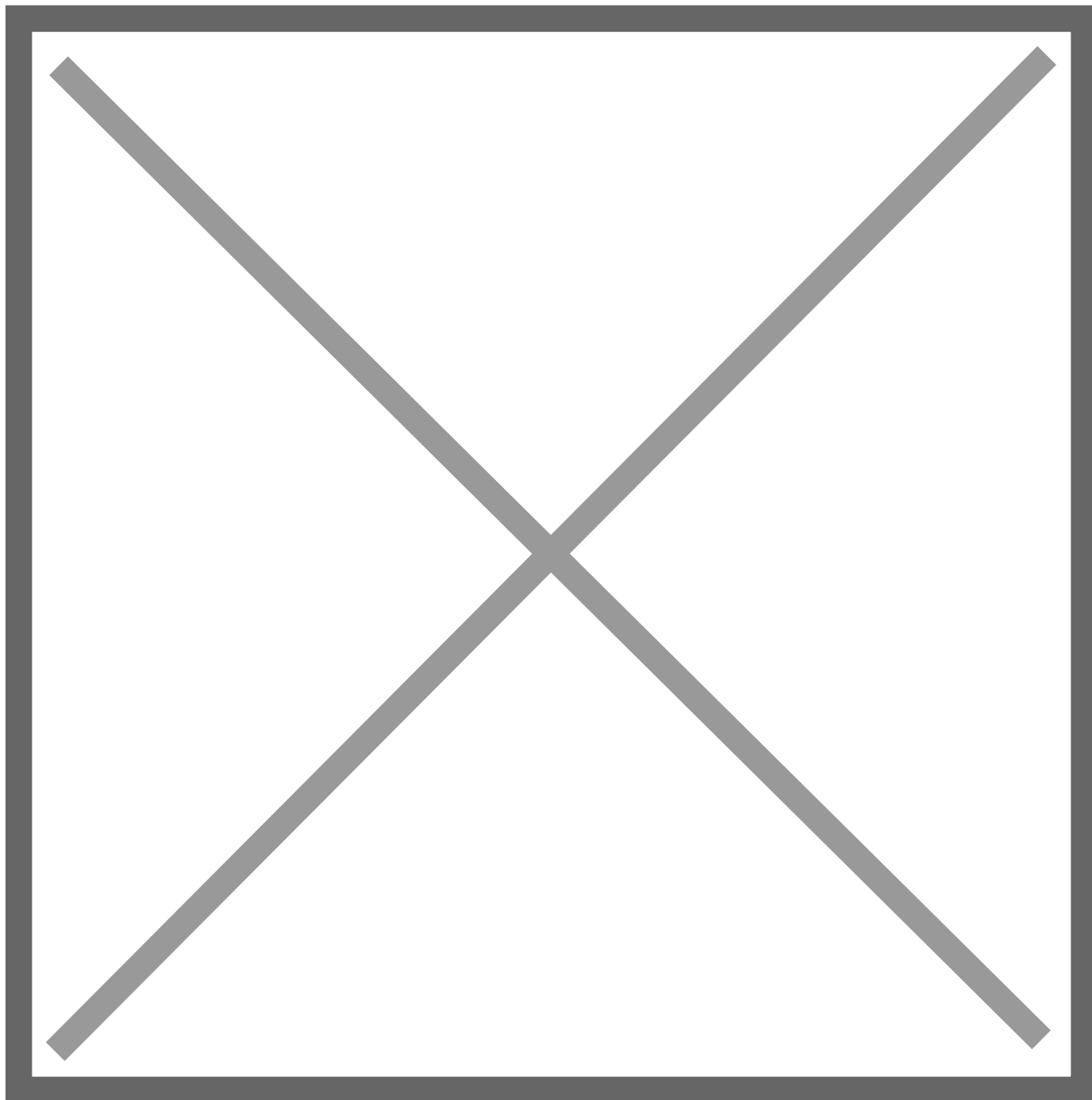
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**Definities
(alleen
beschikbaar
in het
Engels):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

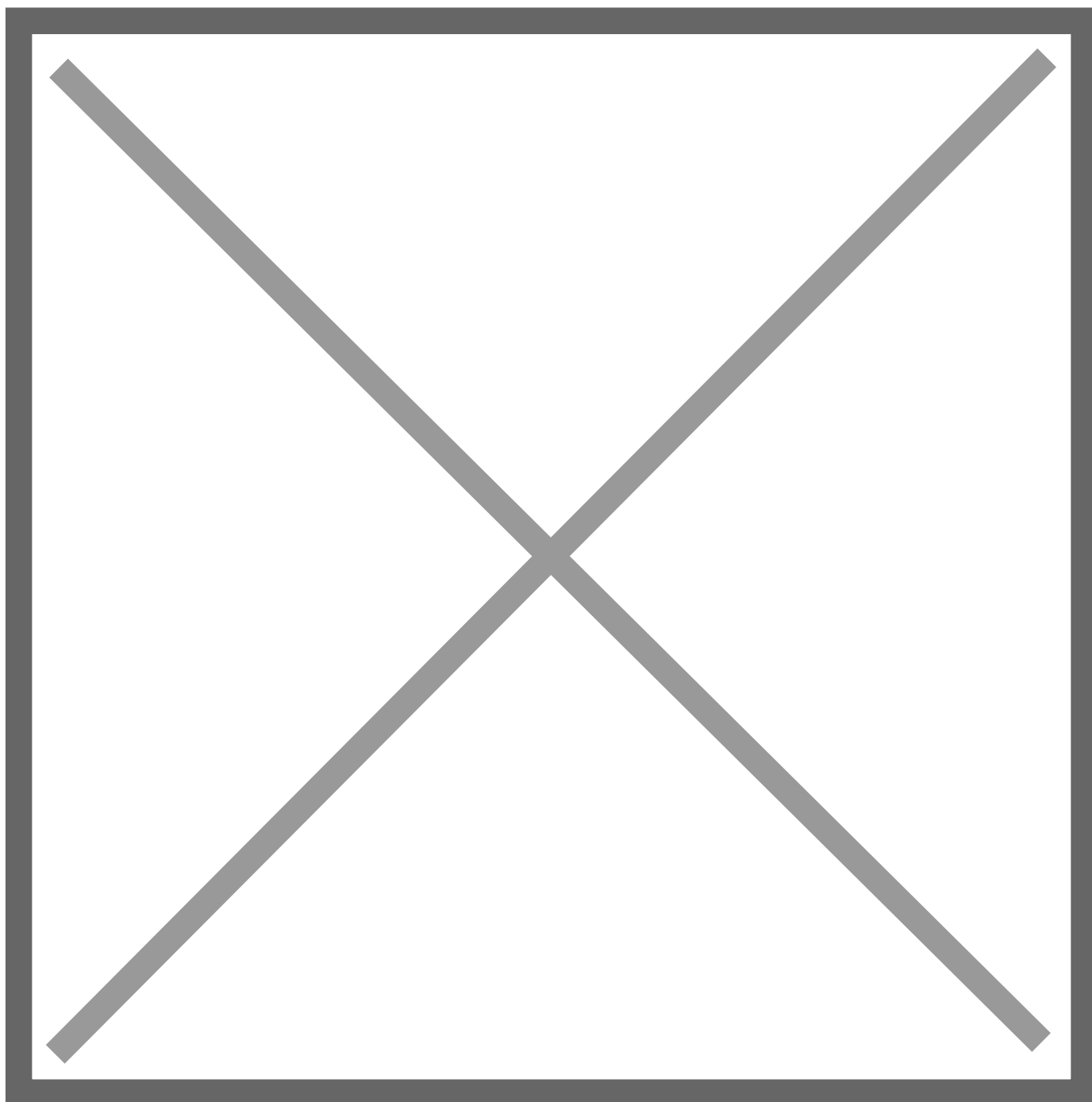
Geestelijke gezondheid - angststoornissen

Kinderen, 2021

**Referenties:**

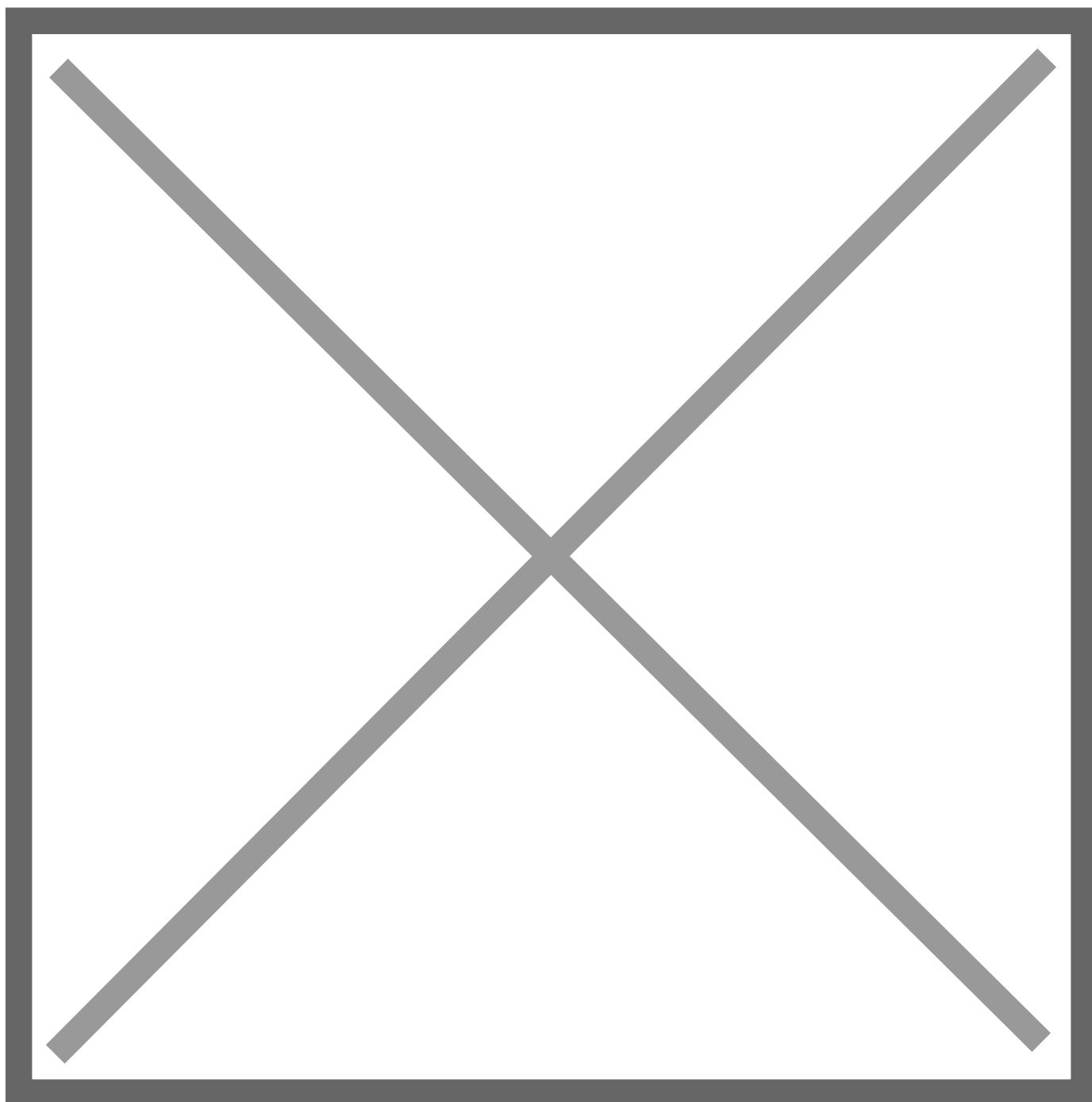
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