



Montenegro



Country report card - under-5s

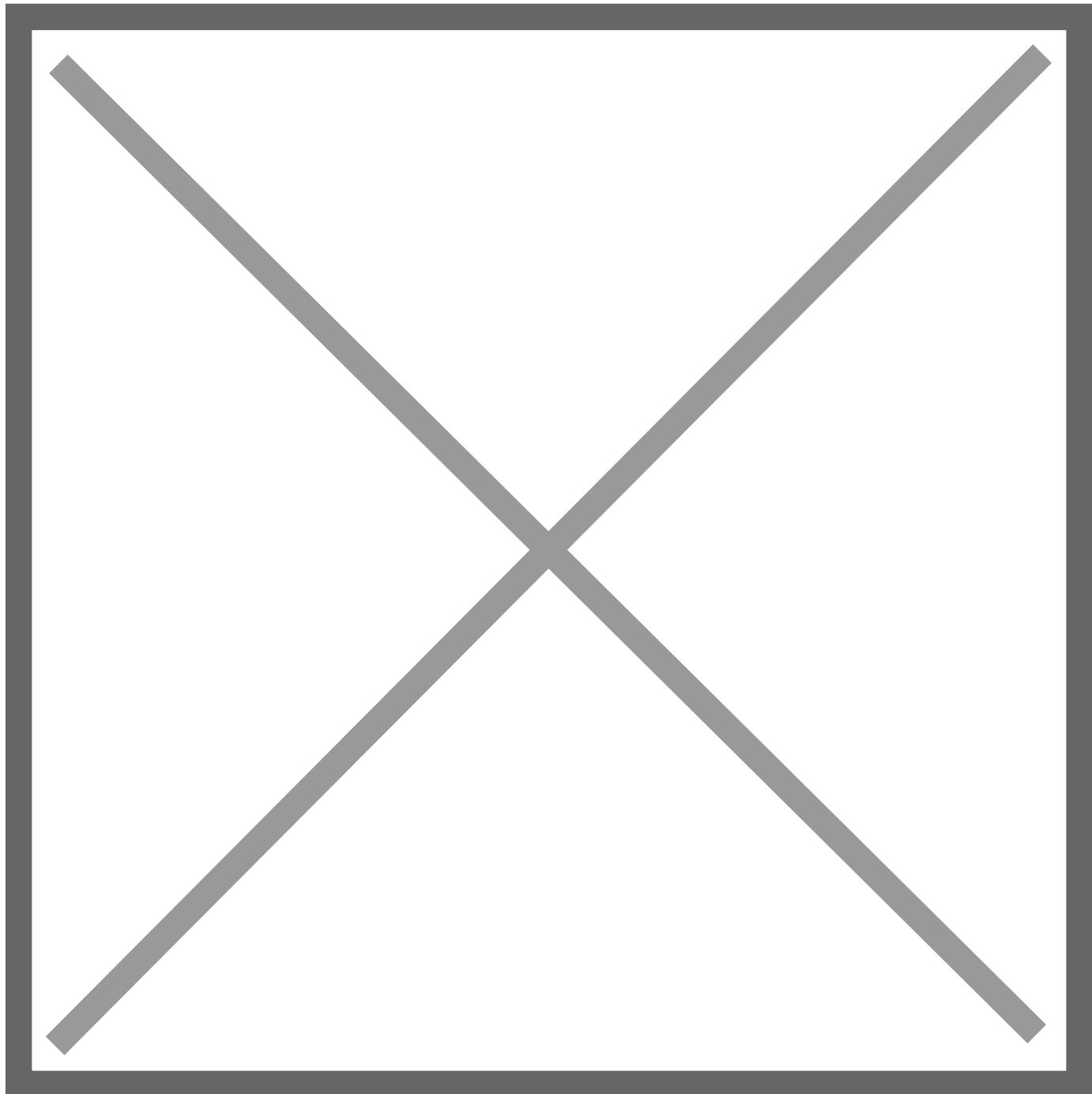
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/montenegro-145/>

Nacionalno tveganje za debelost *6,5/10 This is a composite obesity risk score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels.

Tveganje za debelost pri otrocih *6/11 This is a risk score for each country's likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

*Na podlagi okvirnih podatkov. Za več informacij si oglejte Publikacije

RazÅ¡irjenost debelosti**0-5 years, 2018-2019****Starost:**

0-5

**Obseg
vzorcev:**

780

Literatura:

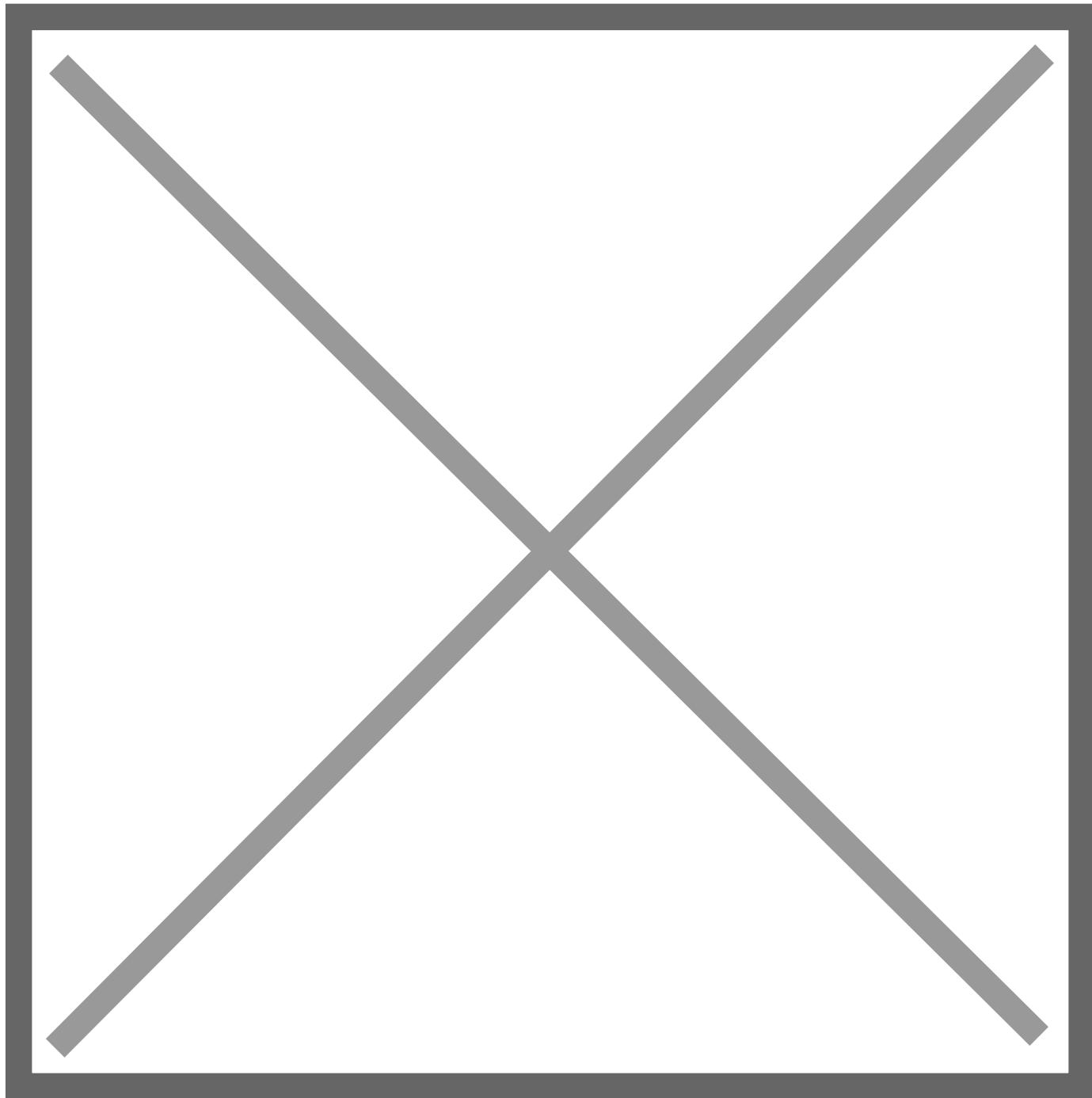
MICS: 2018 Montenegro multiple indicator cluster survey (MICS): Final report. Podgorica, Montenegro: MONSTAT and UNICEF, 2019

Opombe (na voljo samo v angleščini):

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definicije (na voljo samo v angleščini):

=>+2SD

Prekomerna telesna teža/debelost glede na izobrazbo**0-5 years, 2018-2019****Obseg
vzorcev:**

780

Literatura:

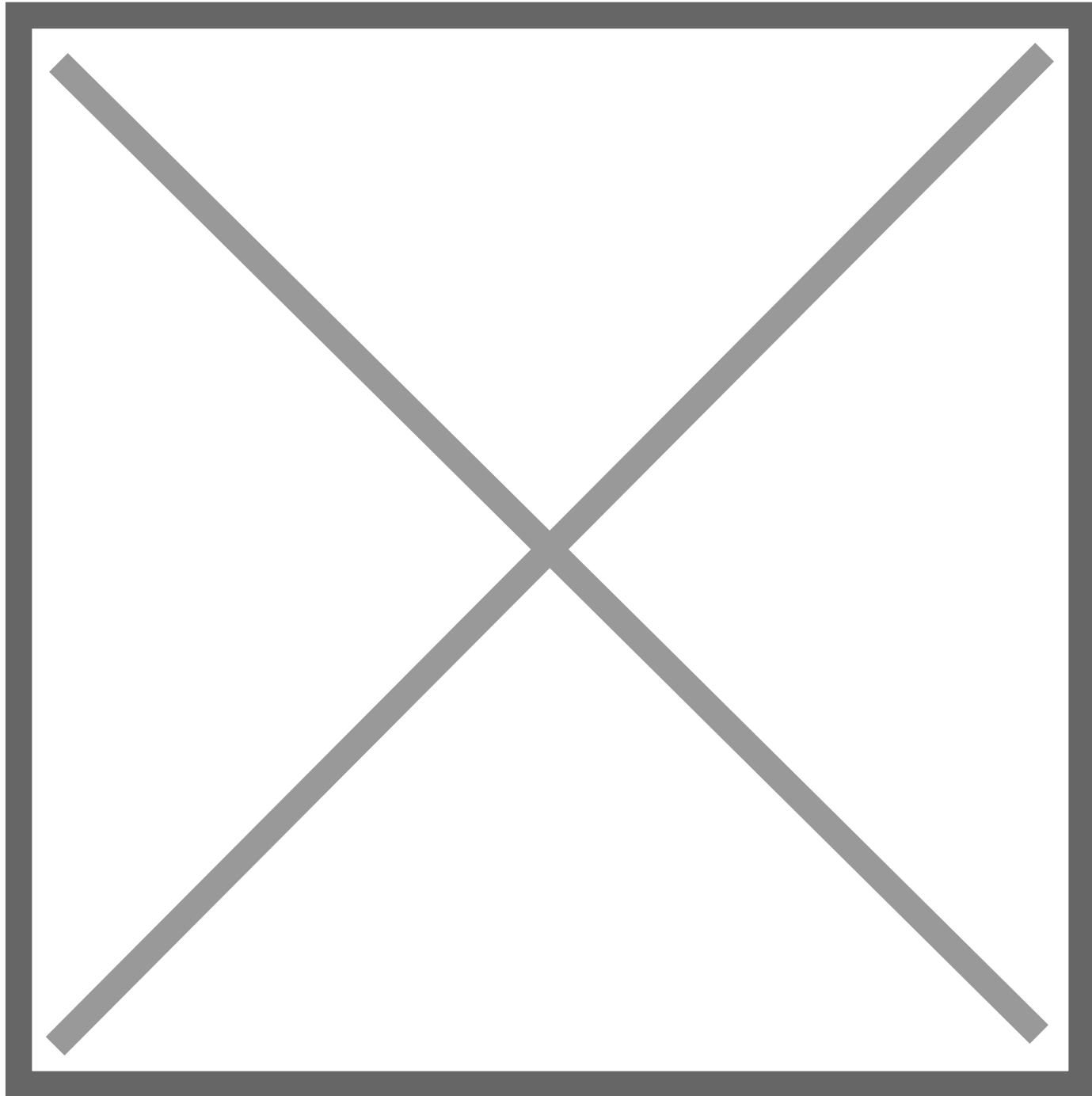
MICS: 2018 Montenegro multiple indicator cluster survey (MICS): Final report. Podgorica, Montenegro: MONSTAT and UNICEF, 2019

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UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definicije (na voljo samo v angleščini):

=>+2SD

Prekomerna telesna teža/debelost glede na regijo**0-5 years, 2018-2019****Obseg
vzorcev:**

780

Literatura:

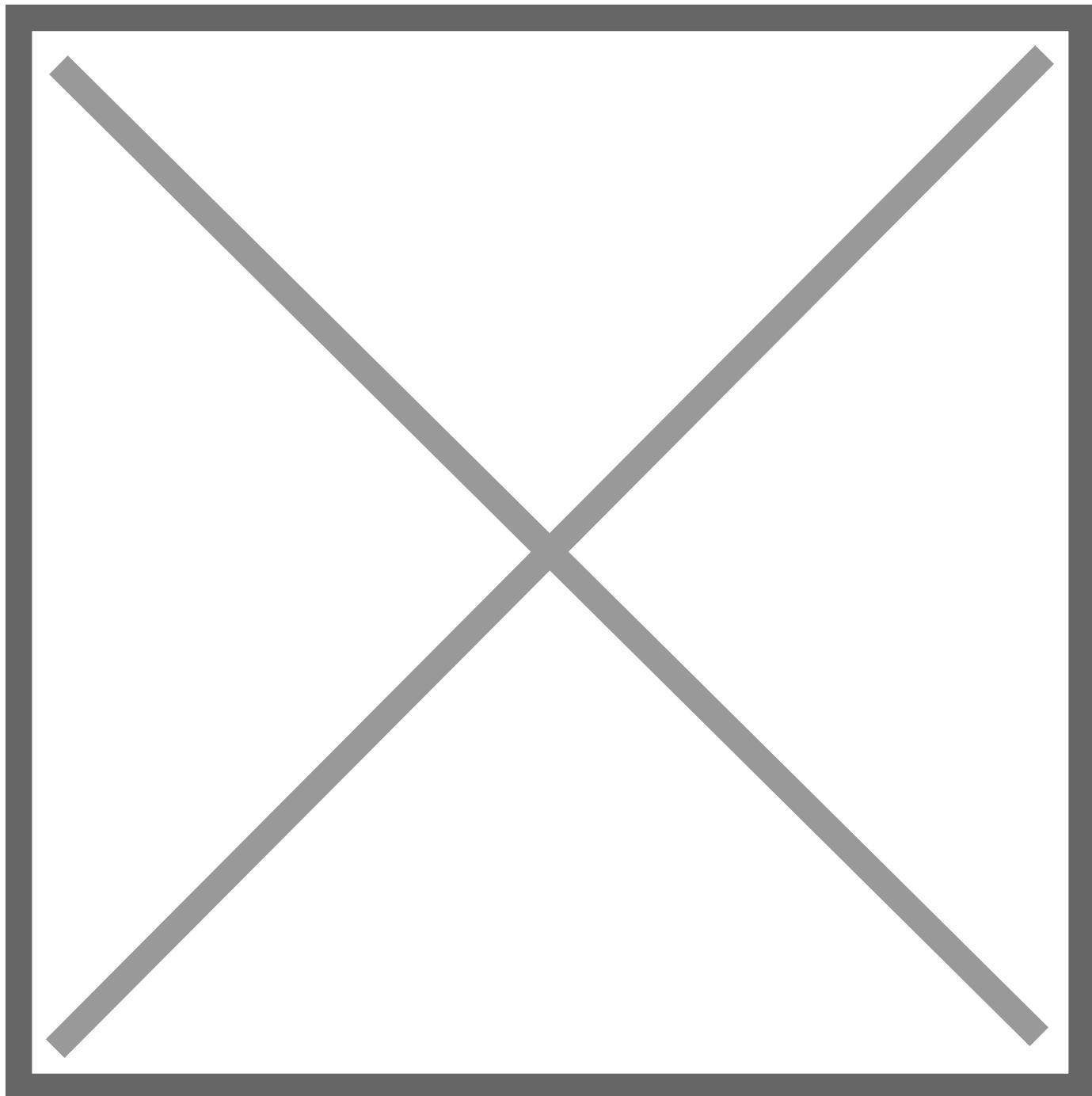
MICS: 2018 Montenegro multiple indicator cluster survey (MICS): Final report. Podgorica, Montenegro: MONSTAT and UNICEF, 2019

**Opombe (na
voljo samo v
angleščini):**

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definicije (na
voljo samo v
angleščini):**

=>+2SD

Prekomerna telesna teža/debelost glede na socialno-ekonomsko skupino**0-5 years, 2018-2019****Obseg
vzorcev:**

780

Literatura:

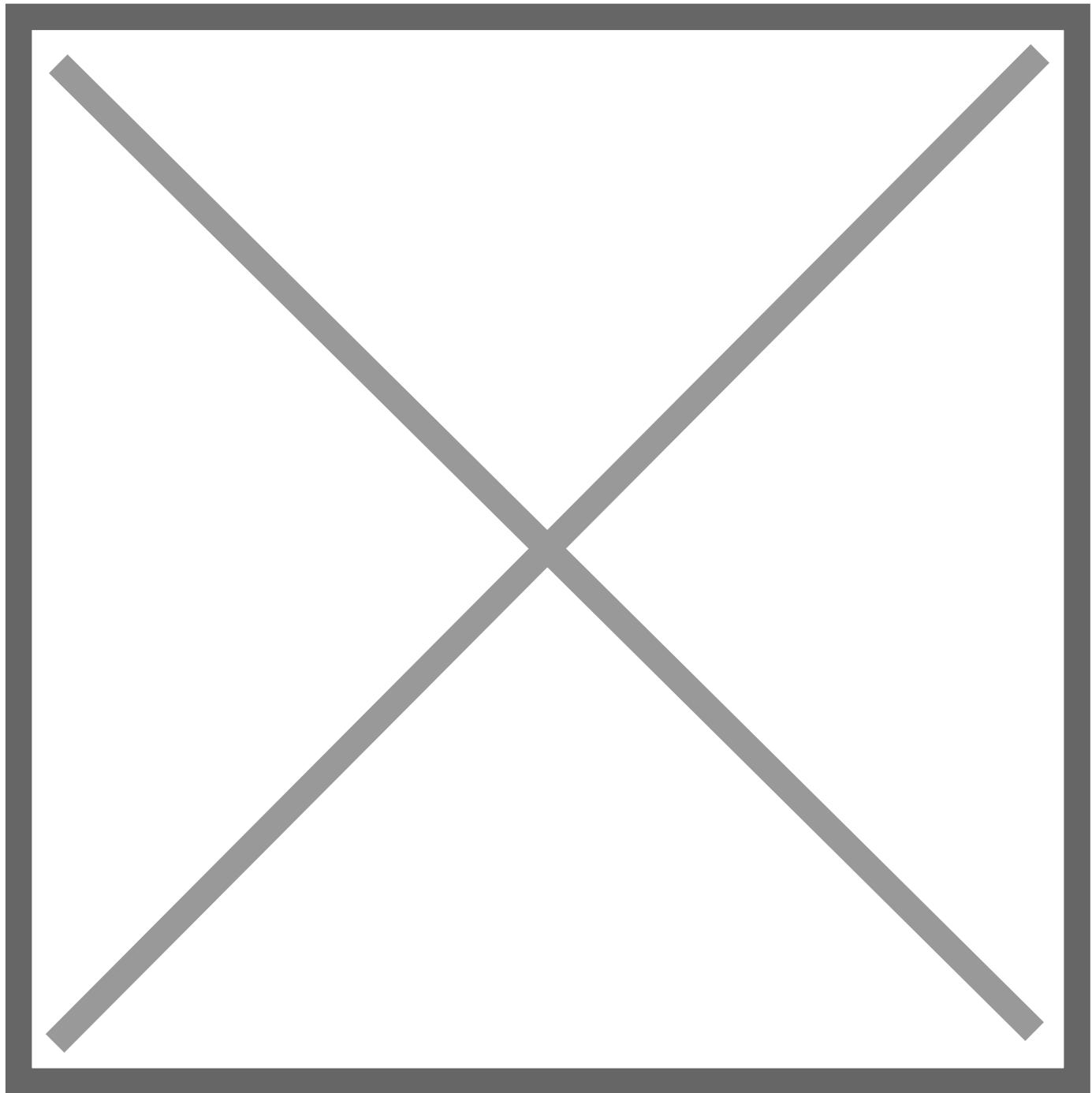
MICS: 2018 Montenegro multiple indicator cluster survey (MICS): Final report. Podgorica, Montenegro: MONSTAT and UNICEF, 2019

**Opombe (na
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angleščini):**

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definicije (na
voljo samo v
angleščini):**

=>+2SD

Double burden of underweight & overweight**0-5 years, 2018-2019****Vrsta ankete:**

Izmerjeni

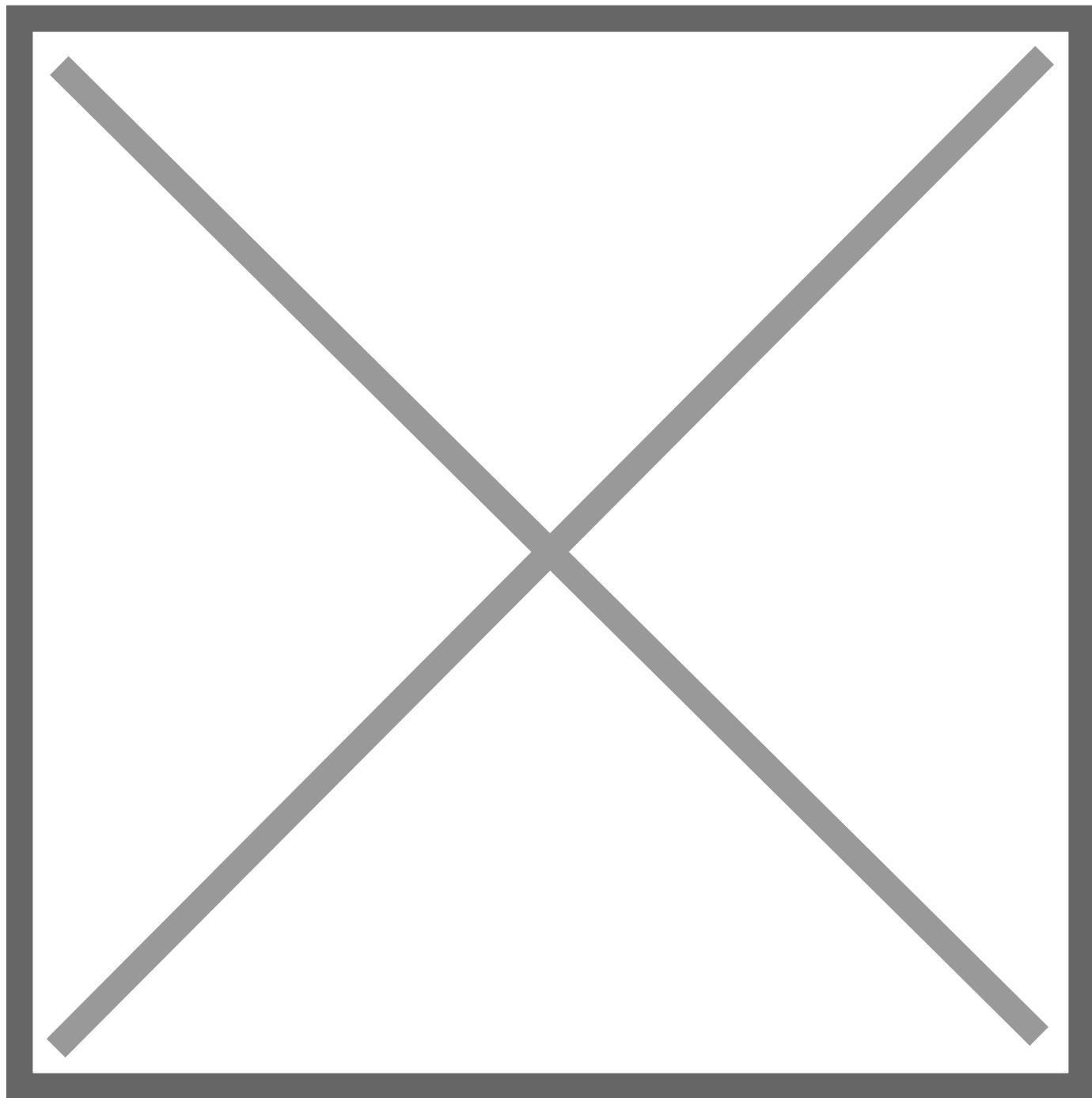
Starost:

0-5

Literatura:UNICEF data available at <https://data.unicef.org/topic/nutrition/malnutrition/> (last accessed 12.03.25)

**Opombe (na
voljo samo v
angleščini):**

Children under 5 falling below -2 standard deviations from the median height for age and falling at or above +2 standard deviations from the median weight-for-height of the reference population

% otrok, ki so bili izključeni no dojeni 0-5 mesecov**0-5 years, 1996-2023**

Literatura: 2018 Montenegro multiple indicator cluster survey (MICS): Final report. Podgorica, Montenegro: MONSTAT and UNICEF, 2019

Opombe (na voljo samo v angleščini):

Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

PDF created on August 9, 2025