

Report card Mongolia



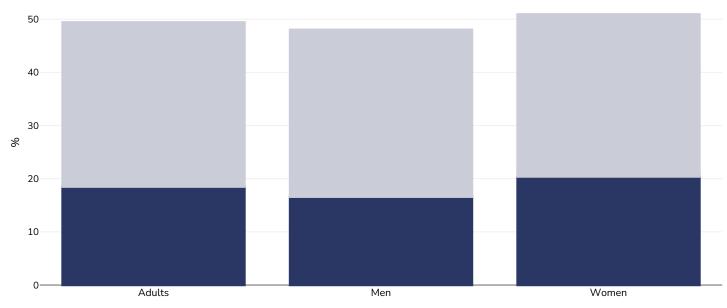
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Obesity prevalence

Adults, 2019





Survey type:	Measured
Age:	15-69
Sample size:	6654
Area covered:	National

References: Fourth national STEPS Survey on the Prevalence of Noncommunicable Disease and Injury Risk Factors 2019. Brief Summary.

Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/mongolia/mongolia-steps-

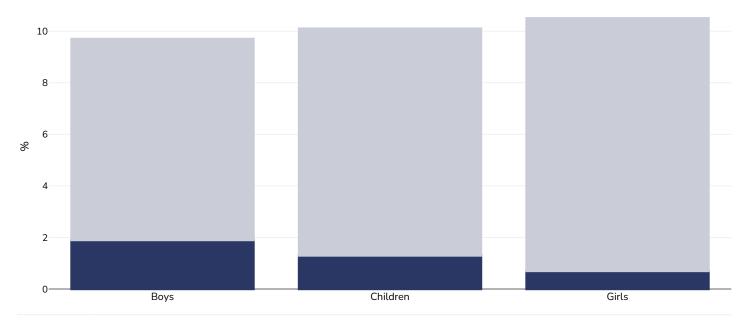
survey---2019_brief-summary_english.pdf?sfvrsn=5ba7a1d3_1&download=true (last accessed 16.09.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Children, 2013





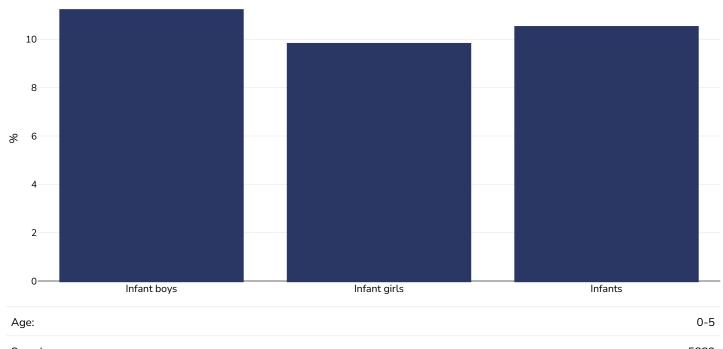
Survey type:	Self-reported
Age:	13-17
Sample size:	5393
Area covered:	National
References:	Global School-based Student Health Survey (GSHS), available at https://www.who.int/ncds/surveillance/gshs/2013_Mongolia_GSHS_Fact_Sheet.pdf?ua=1 (last accessed 14.12.20)
Notes:	WHO cutoffs.
Cutoffs:	WHO



Infants, 2018

Notes:

Overweight or obesity



Sample 5882 size:

References: MICS: Social Indicator Sample Survey-2018, Survey Findings Report. Ulaanbaatar, Mongolia: National Statistical Office of Mongolia

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

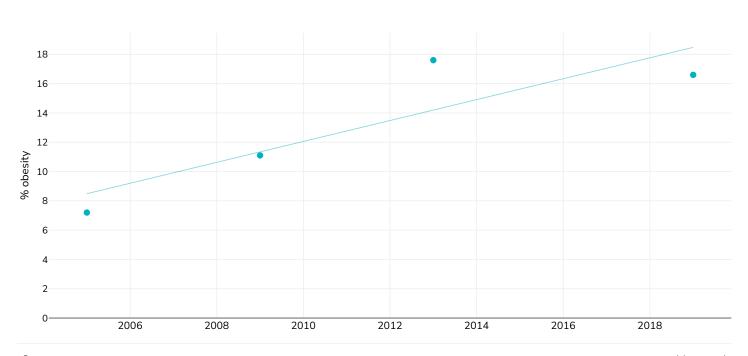
Definitions: =>+2SD



% Adults living with obesity in Mongolia 2005-2019

Men

Obesity



Survey Measured type:

References:

2005: Mongolian STEPS Survey on the prevalence of noncommunicable disease risk factors 2006
2009: Mongolian STEPS Survey on the Prevalence of Non-communicable Disease and Injury Risk Factors - 2009
2013: Chimeddamba O, Gearon E, Stevenson C et al. Trends in Adult Overweight and Obesity Prevalence in Mongolica 2005–
2013. Obesity 2016;24(10):2194-2201

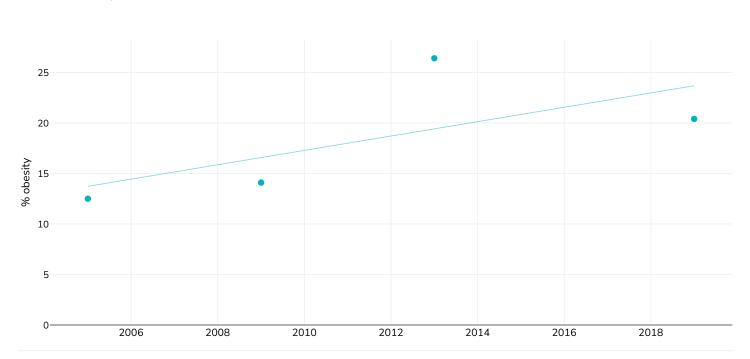
2019: Fourth national STEPS Survey on the Prevalence of Noncommunicable Disease and Injury Risk Factors 2019. Brief Summary. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/mongolia/mongolia-steps-survey---2019_brief-summary_english.pdf?sfvrsn=5ba7a1d3_1&download=true (last accessed 16.09.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Women





Survey Measured type:

References:

2005: Mongolian STEPS Survey on the prevalence of noncommunicable disease risk factors 2006 2009: Mongolian STEPS Survey on the Prevalence of Non-communicable Disease and Injury Risk Factors - 2009

2013: Chimeddamba O, Gearon E, Stevenson C et al. Trends in Adult Overweight and Obesity Prevalence in Mongolica 2005-

2013. Obesity 2016;24(10):2194-2201

2019: Fourth national STEPS Survey on the Prevalence of Noncommunicable Disease and Injury Risk Factors 2019. Brief Summary. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/mongolia/mongolia-steps-survey---2019_brief-summary_english.pdf?sfvrsn=5ba7a1d3_1&download=true (last accessed 16.09.21)

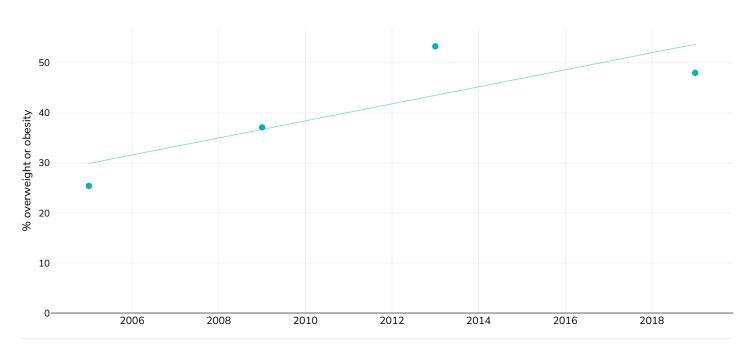
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



% Adults living with overweight or obesity in Mongolia 2005-2019

Men

Overweight or obesity



Survey Measured type:

References:

2005: Mongolian STEPS Survey on the prevalence of noncommunicable disease risk factors 2006
2009: Mongolian STEPS Survey on the Prevalence of Non-communicable Disease and Injury Risk Factors - 2009
2013: Chimeddamba O, Gearon E, Stevenson C et al. Trends in Adult Overweight and Obesity Prevalence in Mongolica 2005–
2013. Obesity 2016;24(10):2194-2201

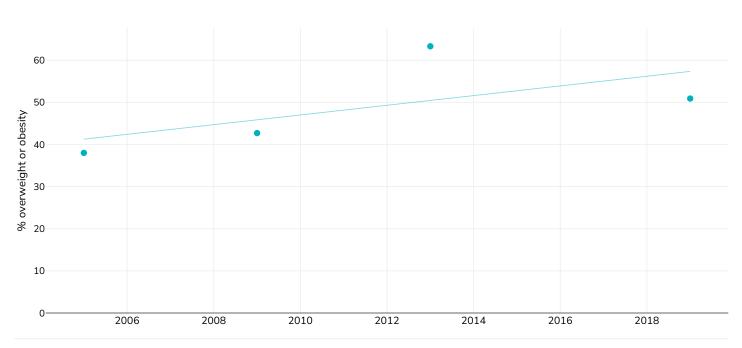
2019: Fourth national STEPS Survey on the Prevalence of Noncommunicable Disease and Injury Risk Factors 2019. Brief Summary. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/mongolia/mongolia-steps-survey---2019_brief-summary_english.pdf?sfvrsn=5ba7a1d3_1&download=true (last accessed 16.09.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Women

Overweight or obesity



Survey Measured

References:

type:

2005: Mongolian STEPS Survey on the prevalence of noncommunicable disease risk factors 2006
2009: Mongolian STEPS Survey on the Prevalence of Non-communicable Disease and Injury Risk Factors - 2009
2013: Chimeddamba O, Gearon E, Stevenson C et al. Trends in Adult Overweight and Obesity Prevalence in Mongolica 20052013. Obesity 2016;24(10):2194-2201

2019: Fourth national STEPS Survey on the Prevalence of Noncommunicable Disease and Injury Risk Factors 2019. Brief Summary. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/mongolia/mongolia-steps-survey---2019_brief-summary_english.pdf?sfvrsn=5ba7a1d3_1&download=true (last accessed 16.09.21)

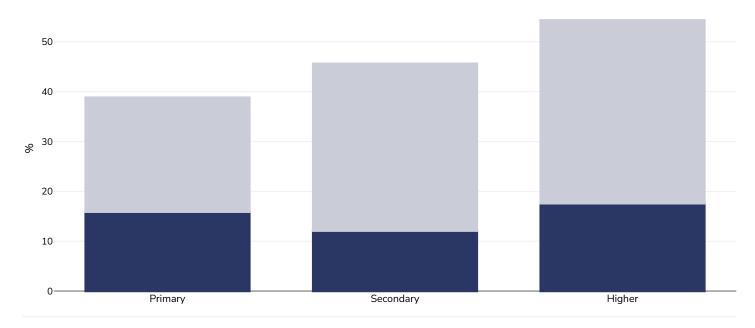
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Overweight/obesity by education

Men, 2017





Survey type:	Measured
Age:	15-49
Sample size:	3314
Area covered:	National

References:

National Centre for Public Health (2017). Nutrition status of the population of Mongolia. Fifth National Nutrition Survey. Ulaanbaatar, Mongolia. Available at https://www.unicef.org/mongolia/reports/fifth-national-nutrition-survey-report (accessed

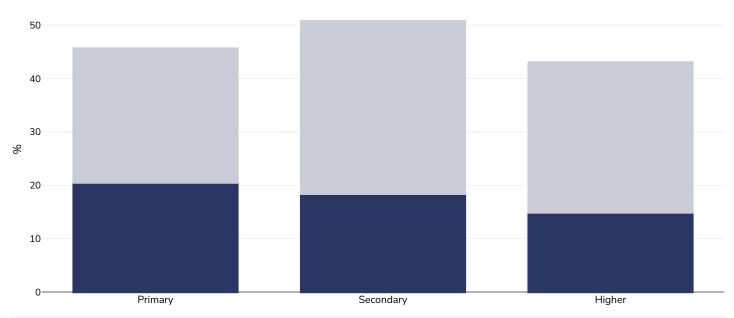
20.04.2020)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Women, 2017





covered:	naco
Area	Natio
Sample size:	33
Age:	15
Survey type:	Measu

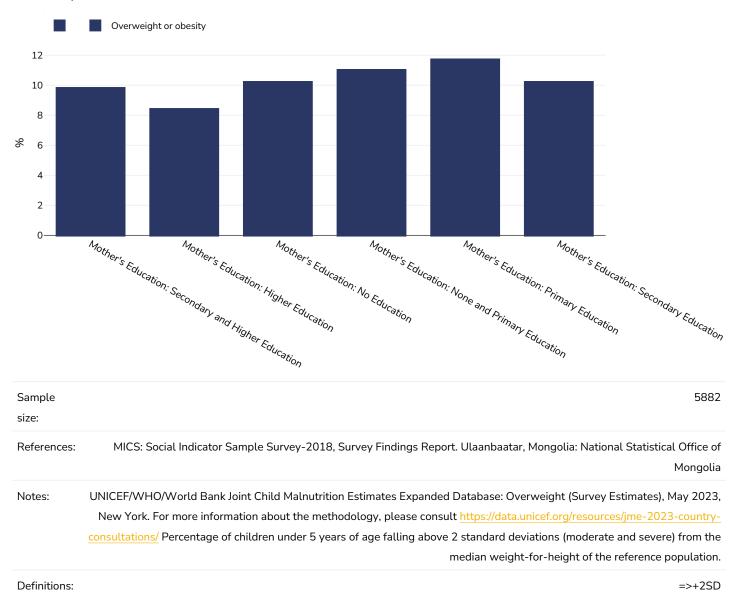
References:

National Centre for Public Health (2017). Nutrition status of the population of Mongolia. Fifth National Nutrition Survey. Ulaanbaatar, Mongolia. Available at https://www.unicef.org/mongolia/reports/fifth-national-nutrition-survey-report (accessed 20.04.2020)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Infants, 2018

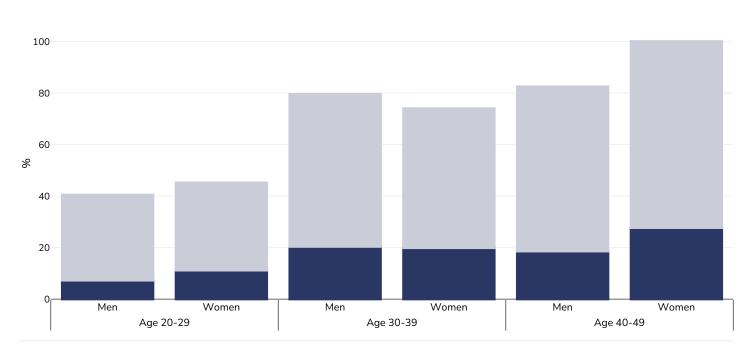




Overweight/obesity by age

Adults, 2017





Survey type:	Measured
Sample size:	2,578
Area covered:	National
References:	Nutrition Status of the Population of Mongolia: Fifth National Nutrition Survey Report 2017, Available at:

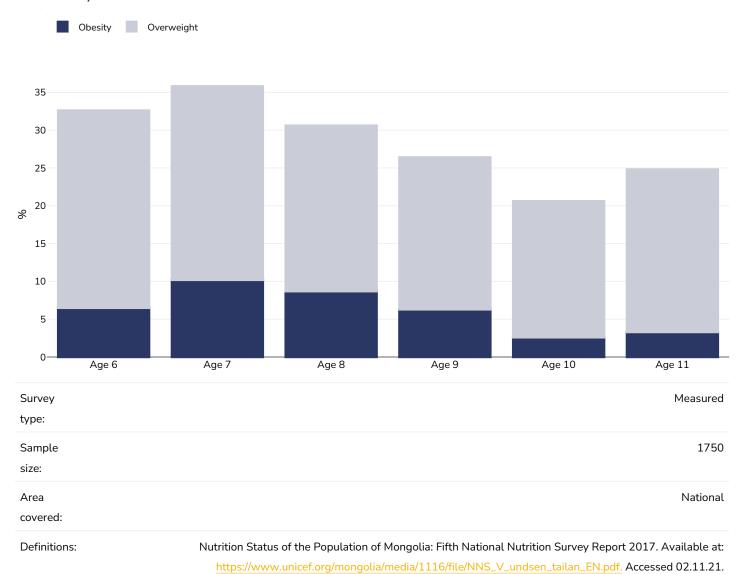
https://www.unicef.org/mongolia/media/1116/file/NNS_V_undsen_tailan_EN.pdf. Accessed 02.11.21.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Cutoffs:

Children, 2017-2018

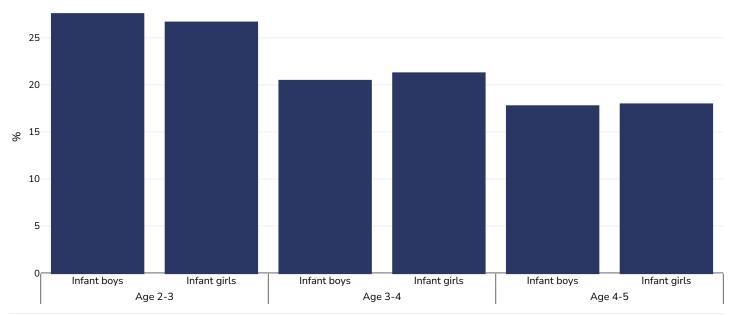


WHO



Infants, 2013

Overweight or obesity



Survey type:	Measured
Sample size:	3404
Area covered:	National
References:	Mongolia MICS 2013 Survey - data analysed by R Jackson Leach, F Montague. World Obesity Federation
Notes:	IOTF monthly cut offs
Cutoffs:	IOTF



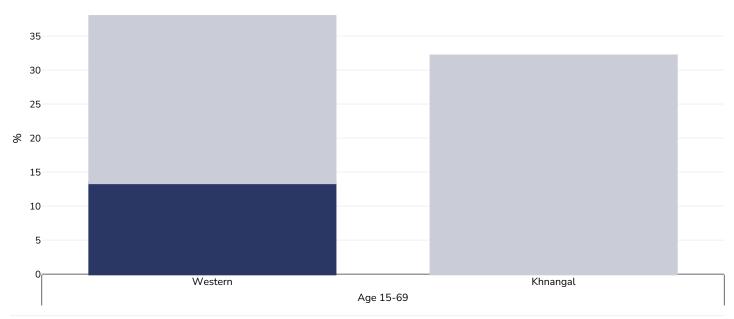
Overweight/obesity by region

Adults, 2	019
1	
0.5 % 0	
-0.5	
-1	K
Survey type:	Measured
Sample size:	6654
Area covered:	National
References:	Fourth national STEPS Survey on the Prevalence of Noncommunicable Disease and Injury Risk Factors 2019. Brief Summary. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/mongolia/mongolia-steps-survey2019_brief-summary_english.pdf?sfvrsn=5ba7a1d3_1&download=true (last accessed 16.09.21)
U	nless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Adults, 2019





Survey type:

Sample 6654 size:

Area National covered:

References:

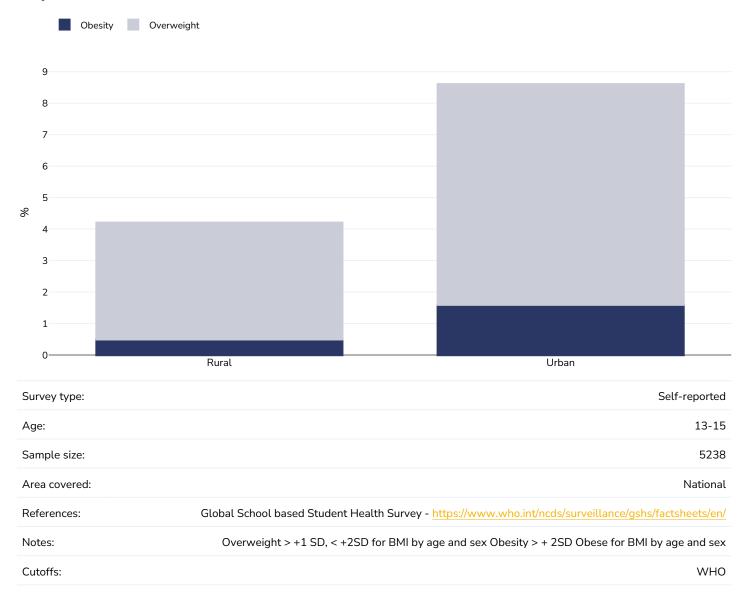
Fourth national STEPS Survey on the Prevalence of Noncommunicable Disease and Injury Risk Factors 2019. Brief Summary. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/mongolia/mongolia-steps-

survey---2019_brief-summary_english.pdf?sfvrsn=5ba7a1d3_1&download=true (last accessed 16.09.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



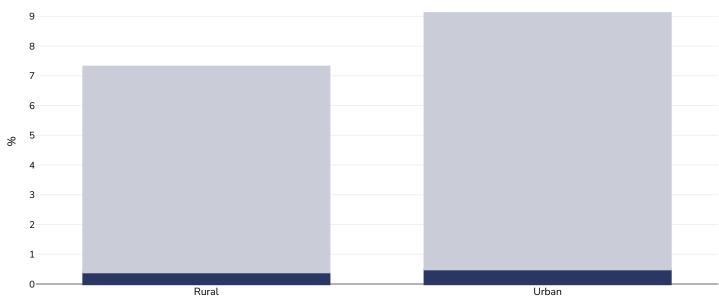
Boys, 2010





Girls, 2010



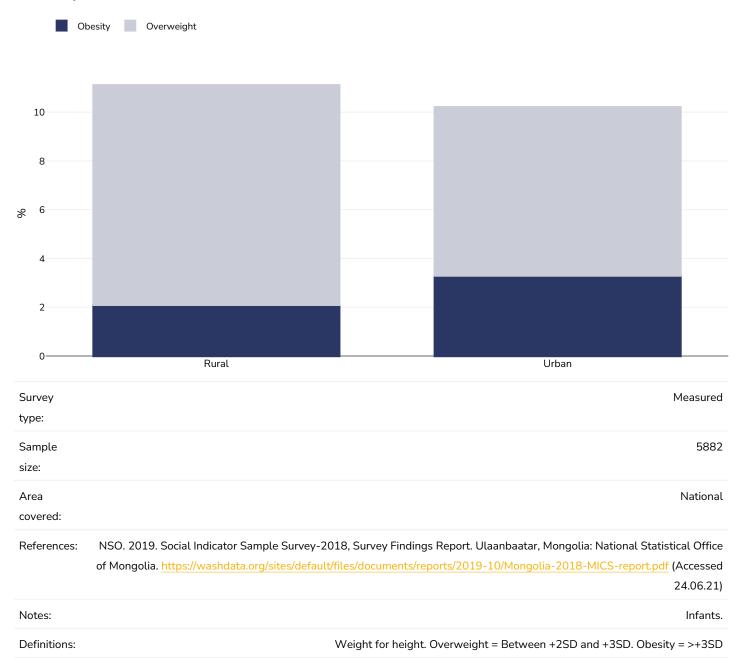


Survey type:	Self-reported
Age:	13-15
Sample size:	5238
Area covered:	National
References:	Global School based Student Health Survey - https://www.who.int/ncds/surveillance/gshs/factsheets/en/
Notes:	Overweight $> +1$ SD, $< +2$ SD for BMI by age and sex Obesity $> +2$ SD Obese for BMI by age and sex
Cutoffs:	WHO



Infants, 2018

Cutoffs:

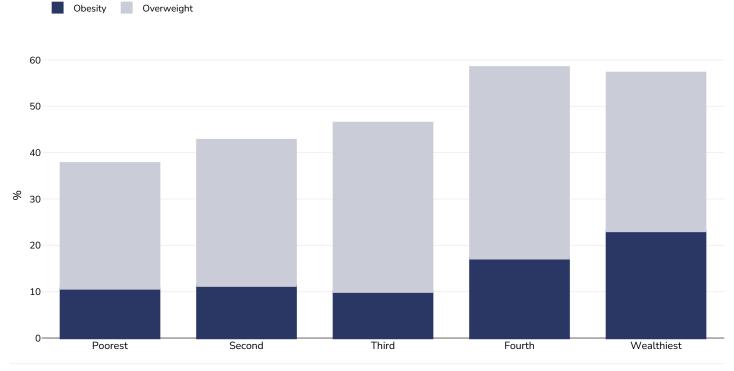


Other



Overweight/obesity by socio-economic group

Men, 2017



Survey type:	Measured
Age:	15-49
Sample size:	3314
Area covered:	National

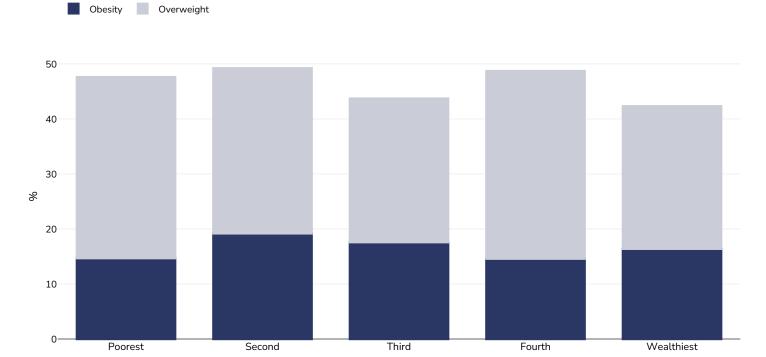
References:

National Centre for Public Health (2017). Nutrition status of the population of Mongolia. Fifth National Nutrition Survey. Ulaanbaatar, Mongolia. Available at https://www.unicef.org/mongolia/reports/fifth-national-nutrition-survey-report (accessed

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Women, 2017



Survey type:	Measured
Age:	15-49
Sample size:	3314
Area covered:	National

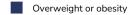
References: National Centre for Public Health (2017). Nutrition status of the population of Mongolia. Fifth National Nutrition Survey.

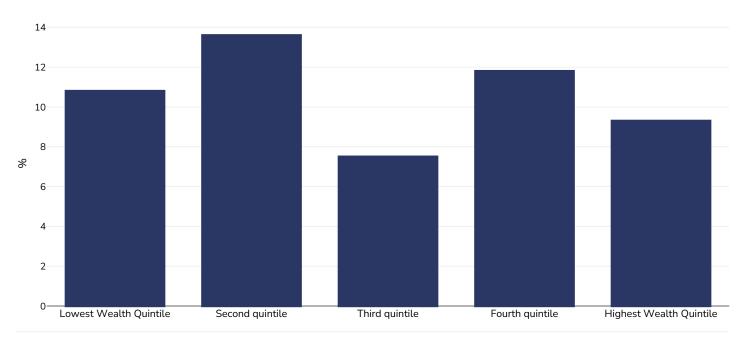
Ulaanbaatar, Mongolia. Available at https://www.unicef.org/mongolia/reports/fifth-national-nutrition-survey-report (accessed 20.04.2020)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Infants, 2018





Sample 5882

size:

References: MICS: Social Indicator Sample Survey-2018, Survey Findings Report. Ulaanbaatar, Mongolia: National Statistical Office of Mongolia

Notes: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <a href="https://data.unicef.org/resources/jme-2023-country

<u>consultations/</u> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

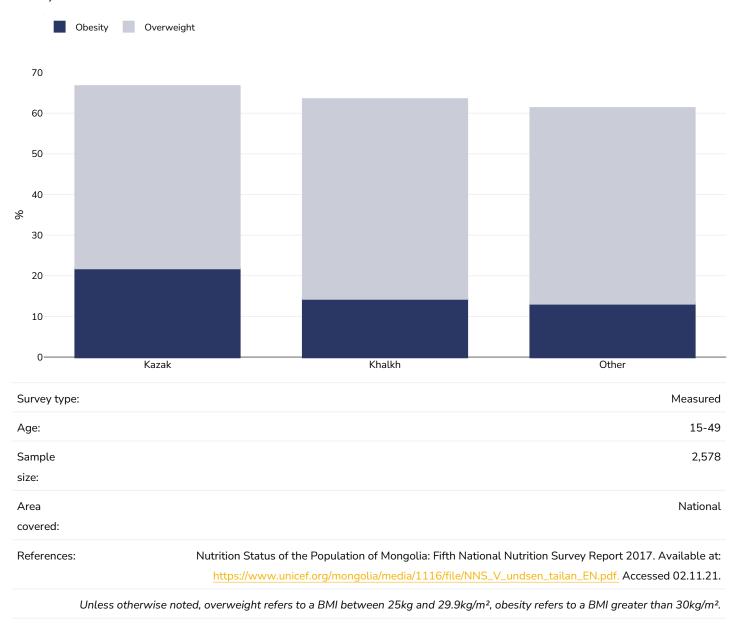
Definitions: =>+2SD



Overweight/obesity by ethnicity

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

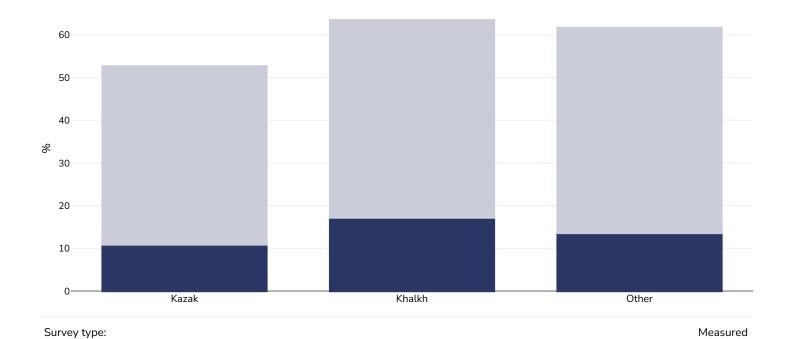
Men, 2017





Women, 2017





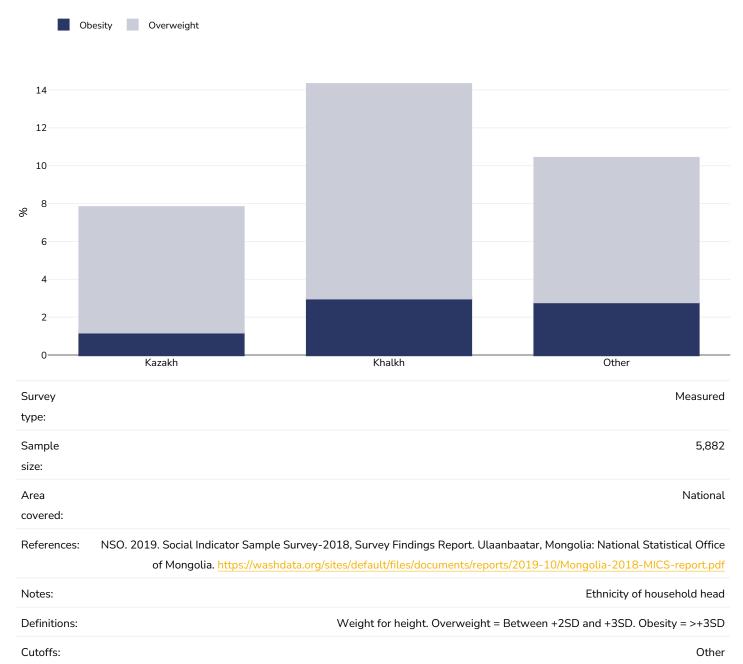
Age:	15-49
Sample size:	2,578
Area covered:	National
References:	Nutrition Status of the Population of Mongolia: Fifth National Nutrition Survey Report 2017. Available at:

https://www.unicef.org/mongolia/media/1116/file/NNS_V_undsen_tailan_EN.pdf. Accessed 02.11.21.

 $Unless \ otherwise \ noted, overweight \ refers \ to \ a \ BMI \ between \ 25kg \ and \ 29.9kg/m^2, \ obesity \ refers \ to \ a \ BMI \ greater \ than \ 30kg/m^2.$



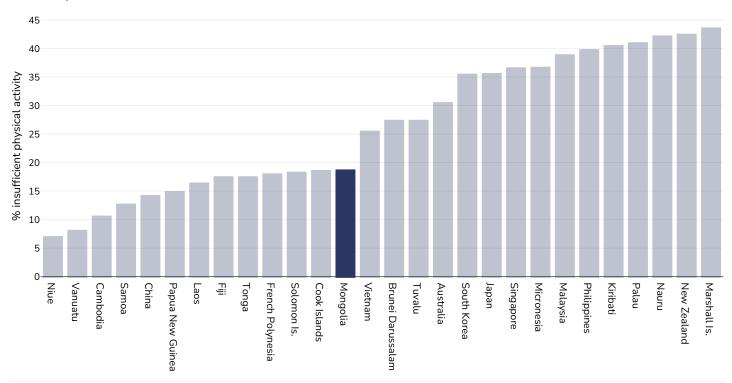
Infants, 2018





Insufficient physical activity

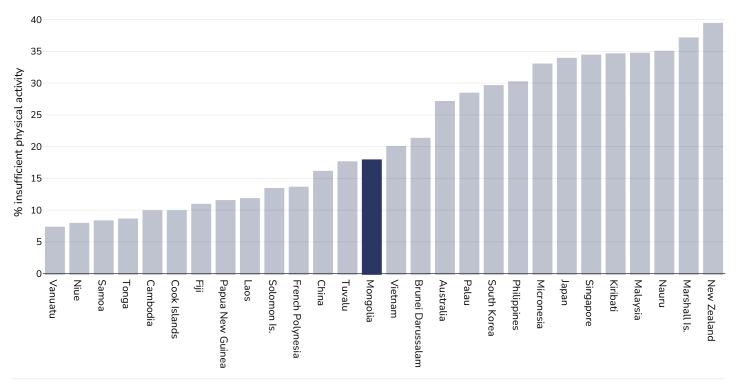
Adults, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X
(18)30357-7



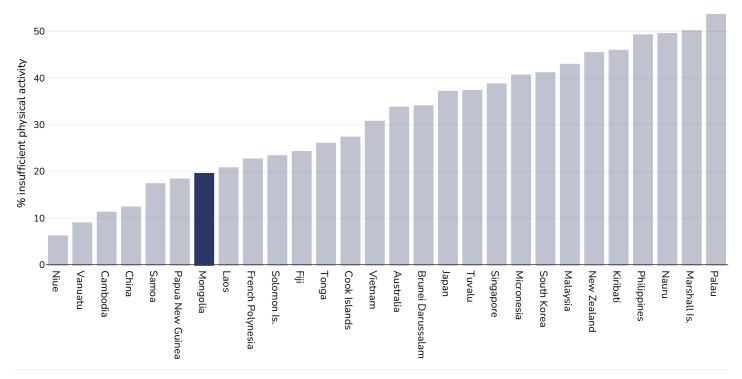
Men, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X (18)30357-7



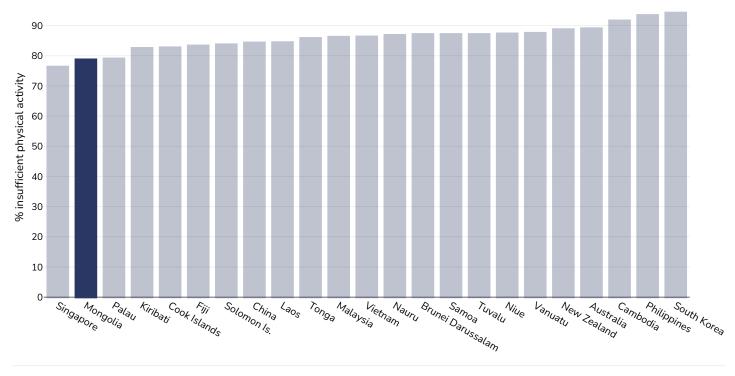
Women, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X
(18)30357-7



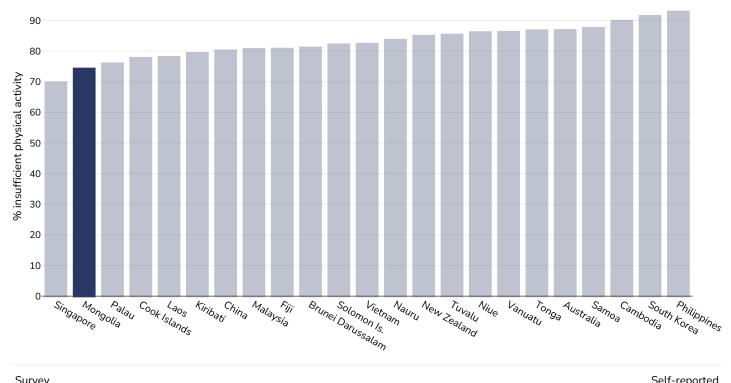
Children, 2016



Survey	Self-reported
type:	
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)



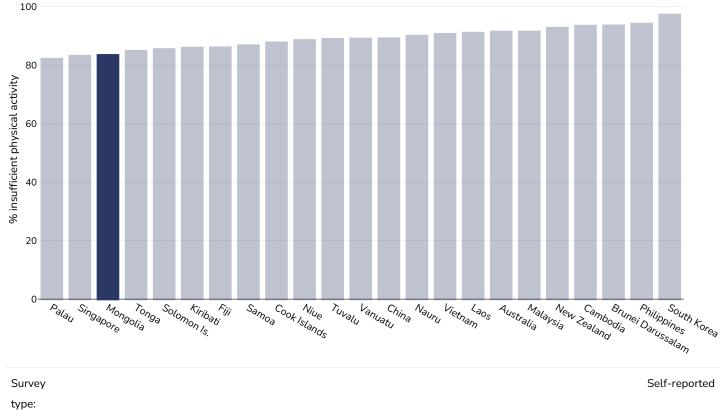
Boys, 2016



Survey	Seti-reported
type:	
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)



Girls, 2016



Age: 11-17

References: Global Health Observatory data repository, World Health Organisation,

https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)

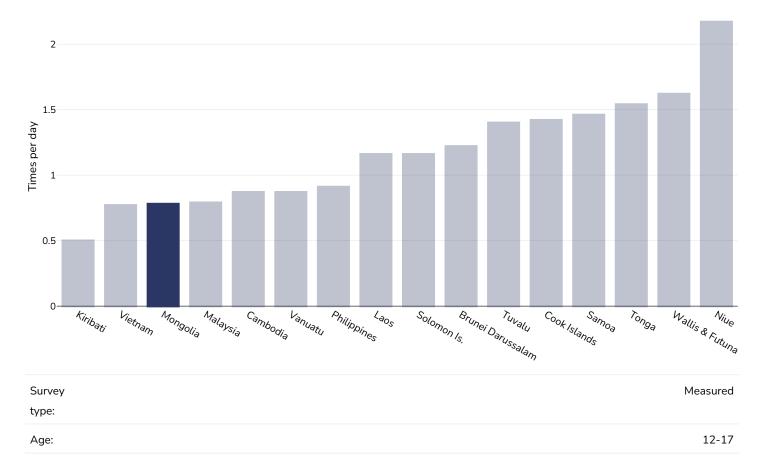
Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)



Average daily frequency of carbonated soft drink consumption

Children, 2010-2015



References:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin.

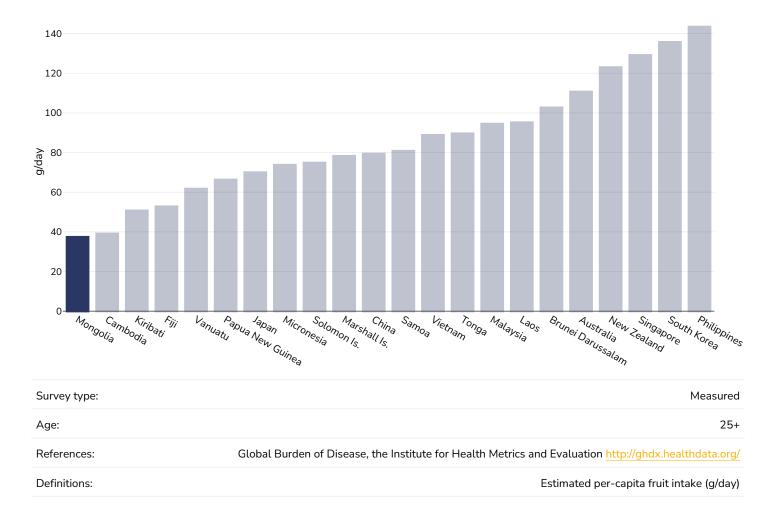
https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard

http://www.foodsystemsdashboard.org/food-system



Estimated per capita fruit intake

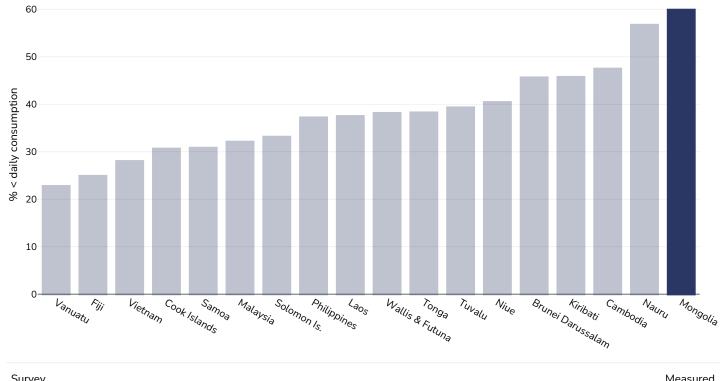
Adults, 2017





Prevalence of less than daily fruit consumption

Children, 2010-2015



Survey Measured type:

Age: 12-17

References:

Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287. Sourced from Food Systems Dashboard

http://www.foodsystemsdashboard.org/food-system

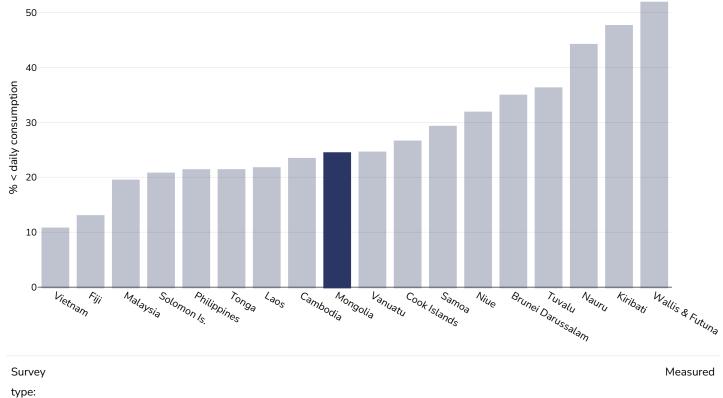
Definitions:

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)



Prevalence of less than daily vegetable consumption

Children, 2010-2015



12-17

References:

Age:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin.

https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard

http://www.foodsystemsdashboard.org/food-system

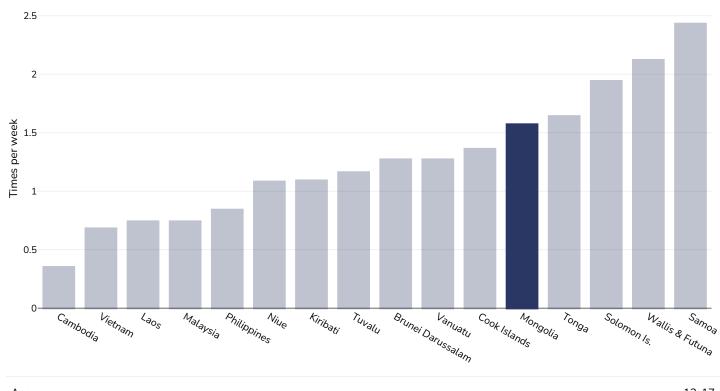
Definitions:

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)



Average weekly frequency of fast food consumption

Children, 2010-2015



Age: 12-17

References:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin.

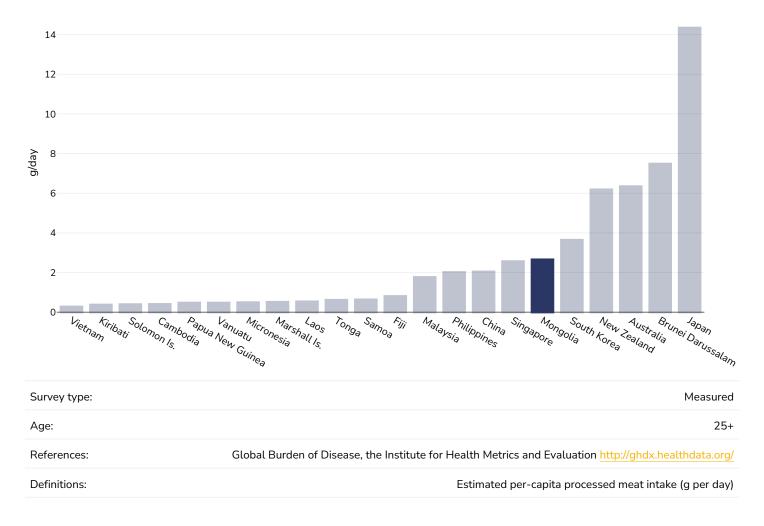
https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard

 $\underline{\text{http://www.foodsystemsdashboard.org/food-system}}$



Estimated per-capita processed meat intake

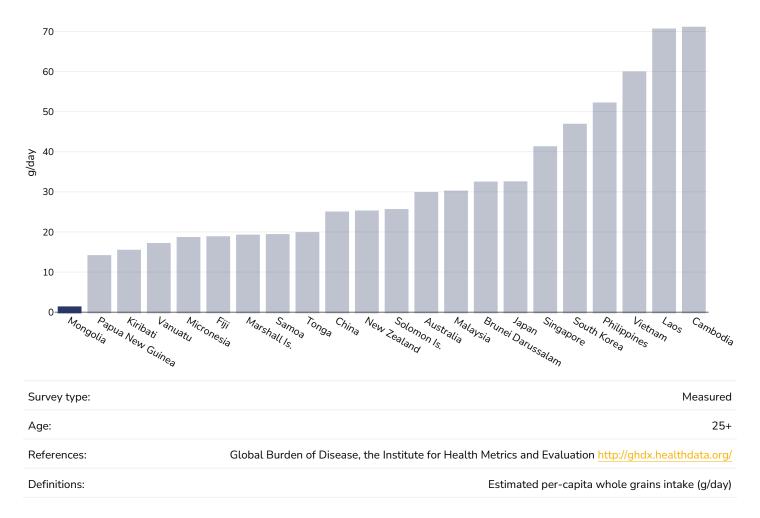
Adults, 2017





Estimated per capita whole grains intake

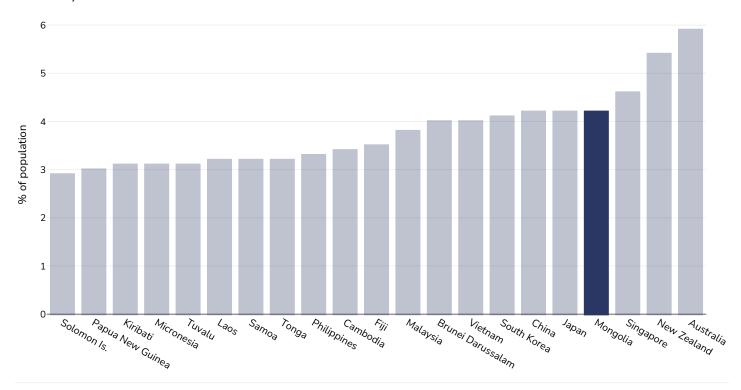
Adults, 2017





Mental health - depression disorders

Adults, 2015



References: Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

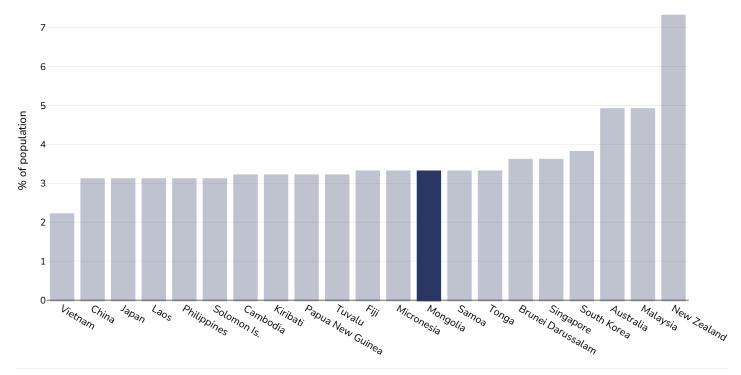
Definitions:

% of population with depression disorders



Mental health - anxiety disorders

Adults, 2015



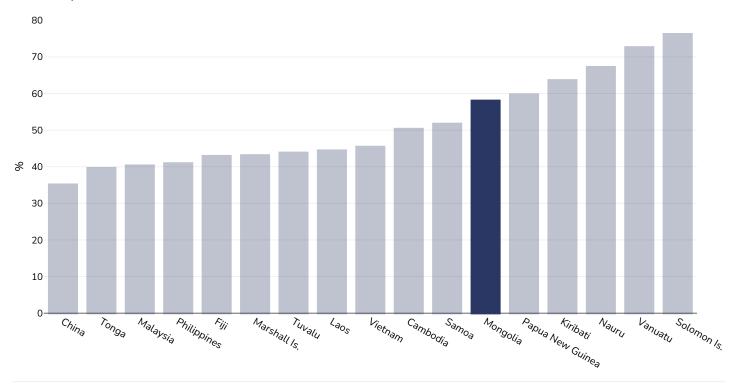
References: Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitions: % of population with anxiety disorders



% Infants exclusively breastfed 0-5 months

Infants, 2007-2022



References:

Mongolia 2020 MICS Plus, Wave 2

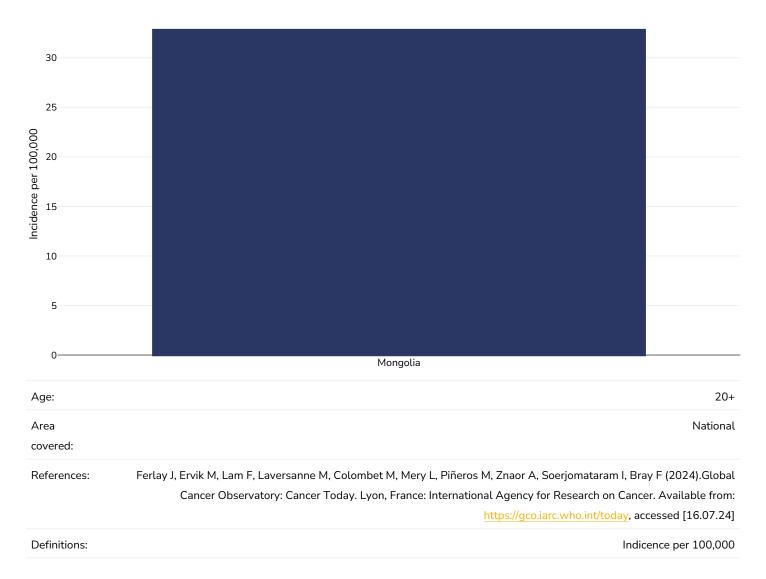
Notes:

Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.



Oesophageal cancer

Men, 2022





Women, 2022

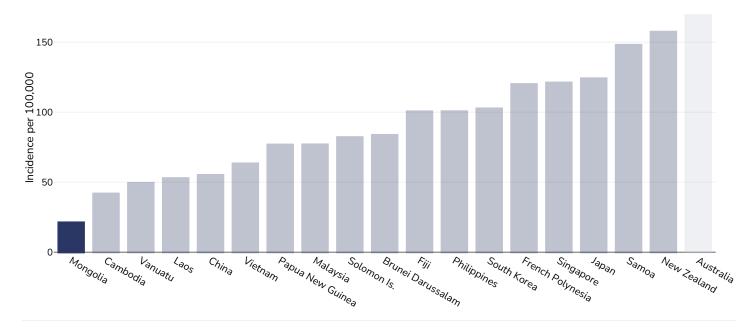




Breast cancer

Women, 2022





Area National covered:

References:

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.who.int/today, accessed [16.07.24]

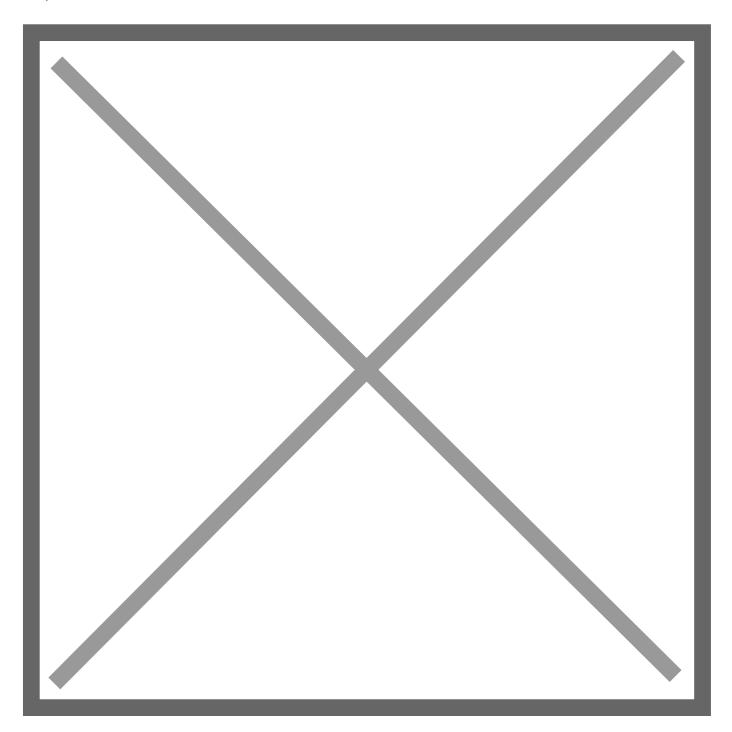
Definitions: Incidence per 100,000



Colorectal cancer



Men, 2022



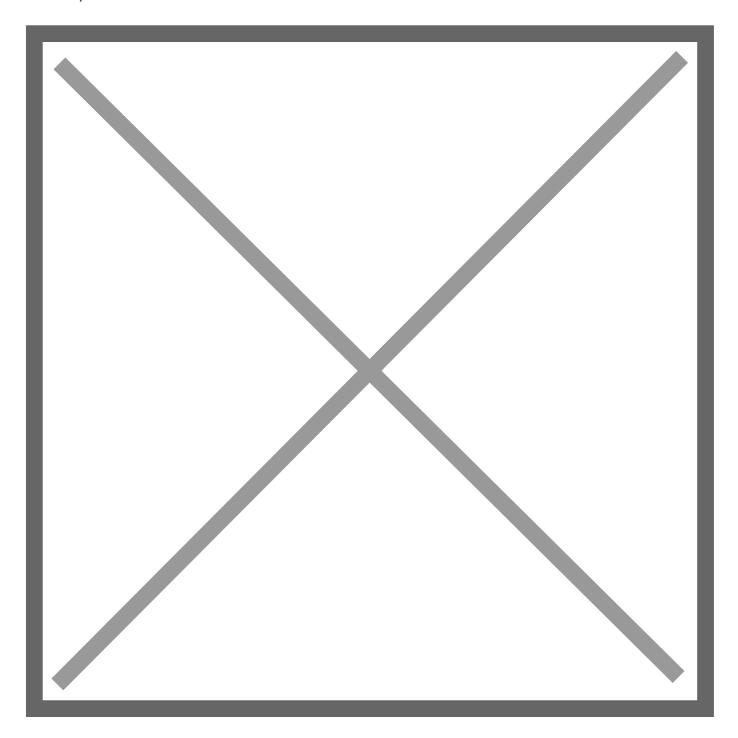
Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]



Definitions: Incidence per 100,000



Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global

https://gco.iarc.who.int/today, accessed [16.07.24]



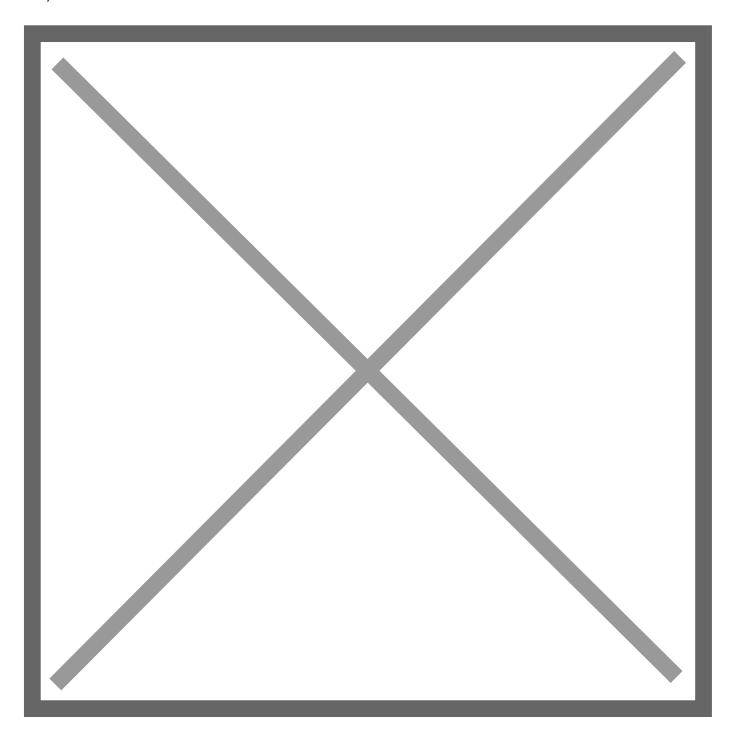
Definitions: Incidence per 100,000



Pancreatic cancer



Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

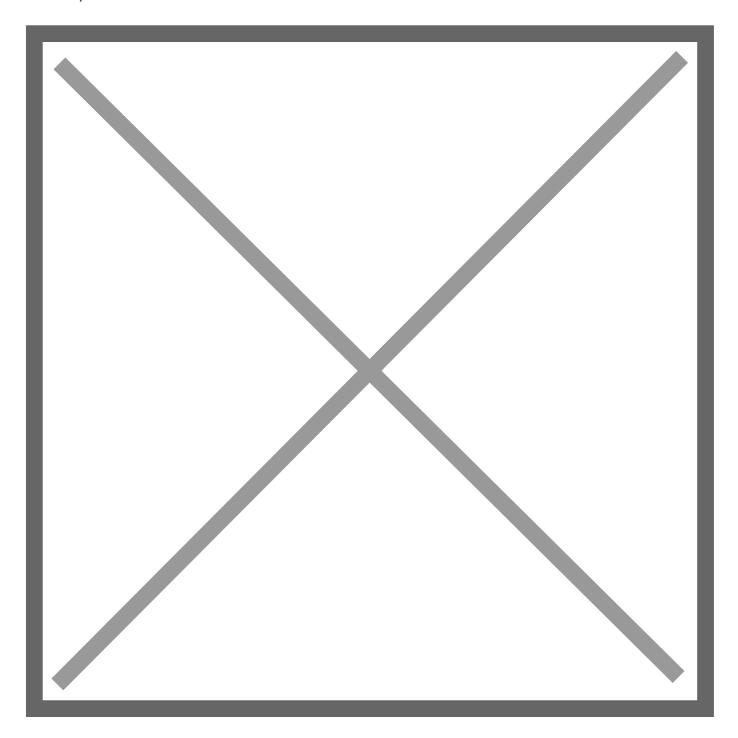
https://gco.iarc.who.int/today, accessed [16.07.24]



Definitions: Incidence per 100,000



Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.who.int/today, accessed [16.07.24]



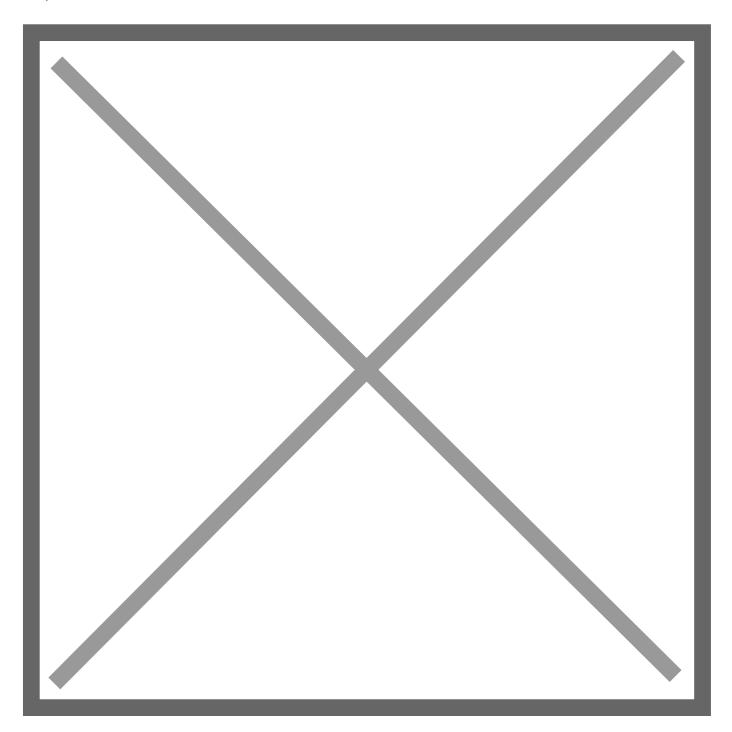
Definitions: Incidence per 100,000



Gallbladder cancer



Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

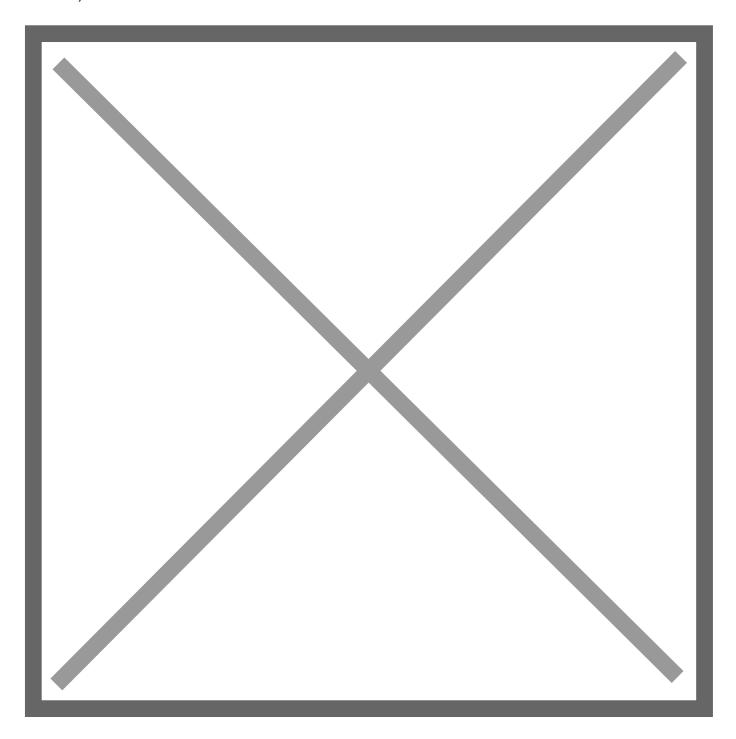
https://gco.iarc.who.int/today, accessed [16.07.24]



Definitions: Indicence per 100,000



Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:



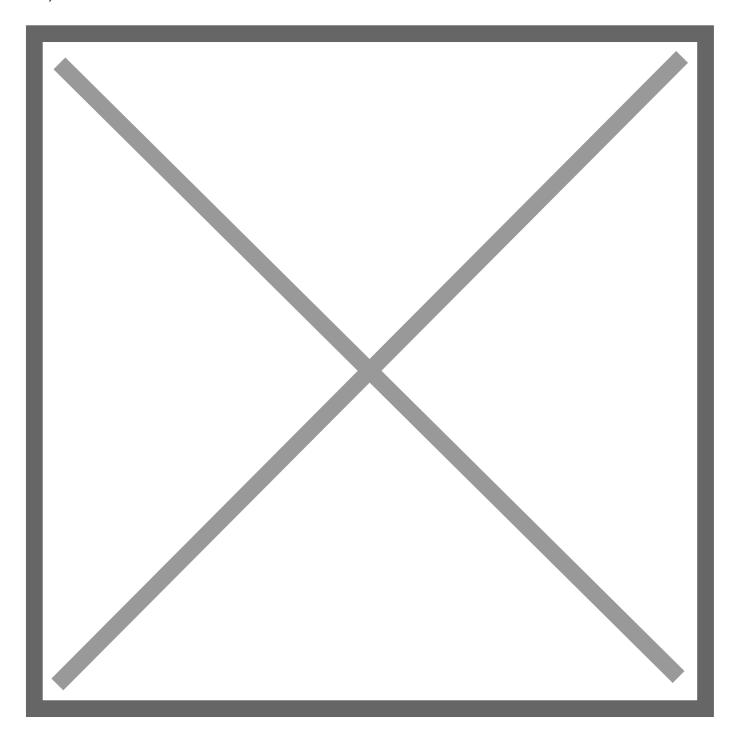
Definitions: Indicence per 100,000



Kidney cancer



Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

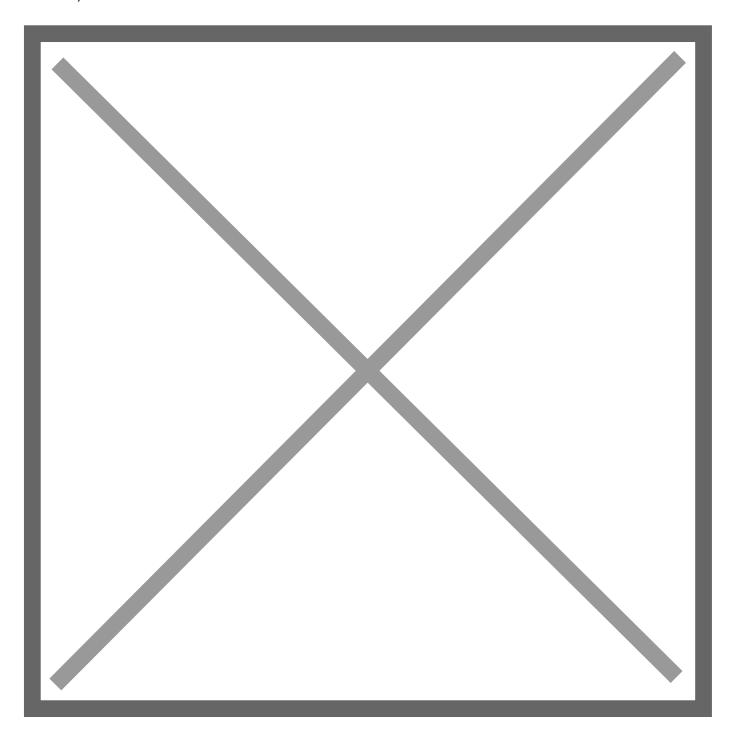
https://gco.iarc.who.int/today, accessed [16.07.24]



Definitions: Incidence per 100,000



Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global

Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:



Definitions: Incidence per 100,000



Cancer of the uterus

Women, 2022



References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

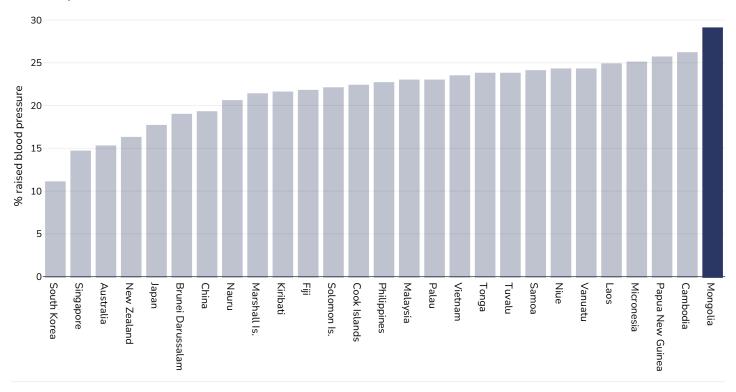
https://gco.iarc.who.int/today, accessed [16.07.24]

Definitions: Incidence per 100,000



Raised blood pressure

Adults, 2015



References:

Global Health Observatory data repository, World Health Organisation,

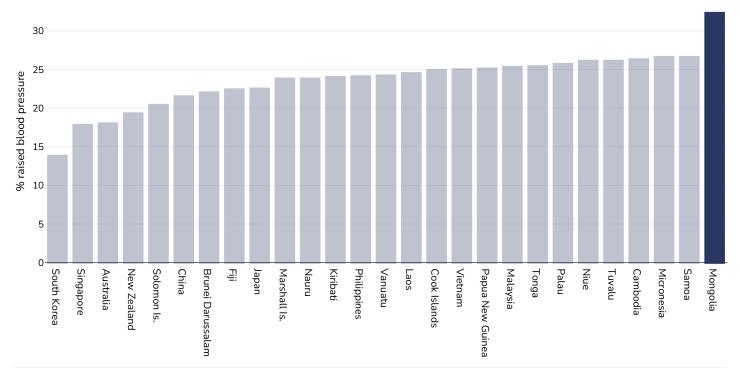
http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



Men, 2015



References:

Global Health Observatory data repository, World Health Organisation,

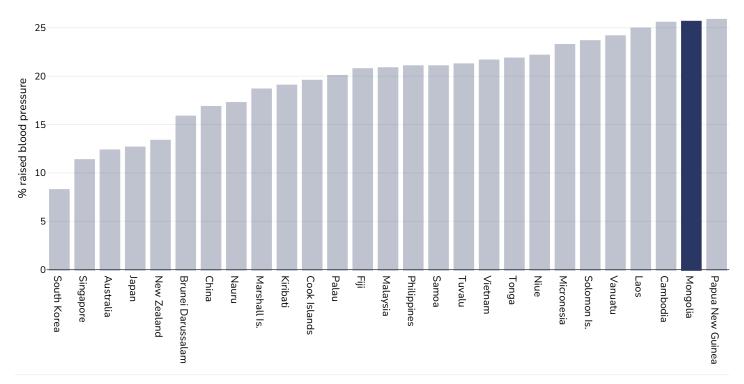
http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



Women, 2015



References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A875?lang=en

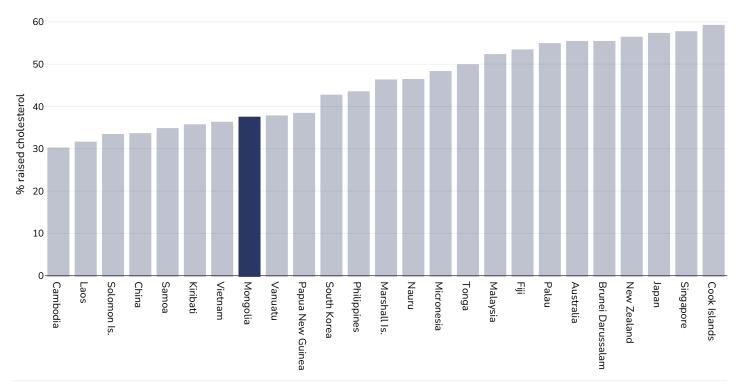
Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



Raised cholesterol

Adults, 2008



References:

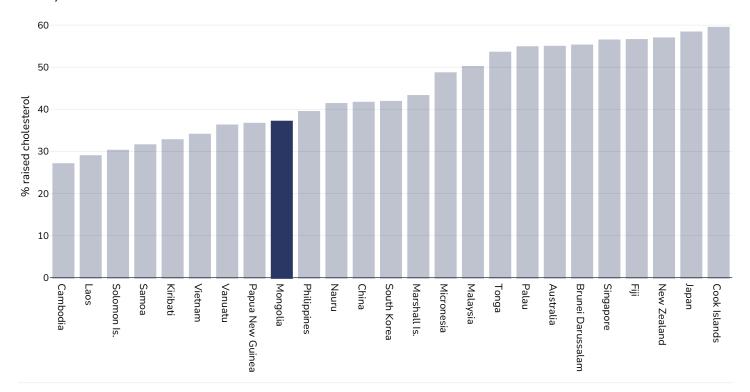
Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



Men, 2008



References:

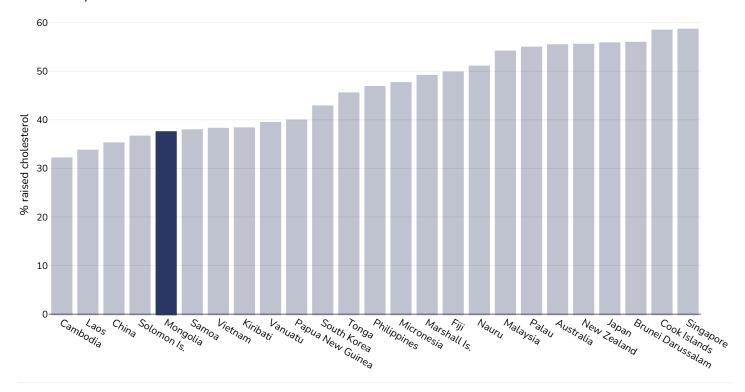
Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



Women, 2008



References:

 $Global\ Health\ Observatory\ data\ repository,\ World\ Health\ Organisation,\ \underline{http://apps.who.int/gho/data/node.main.A885}$

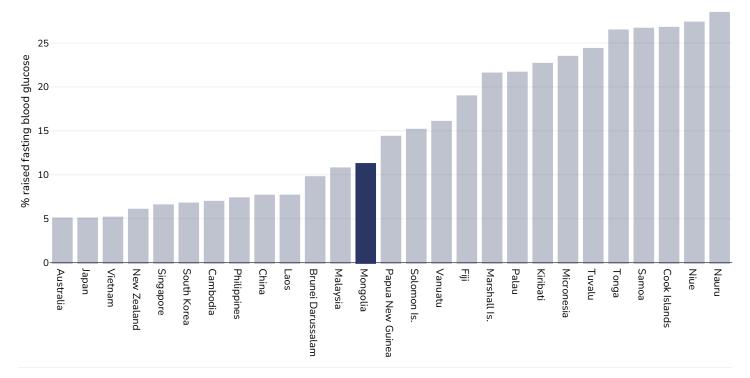
Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



Raised fasting blood glucose

Men, 2014



References:

Global Health Observatory data repository, World Health Organisation,

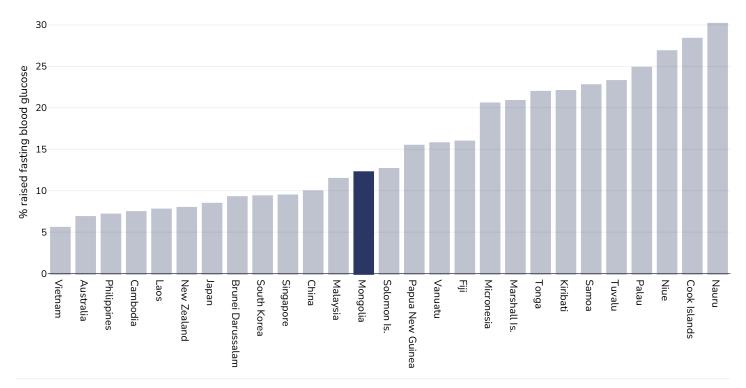
http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).



Women, 2014



References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions:

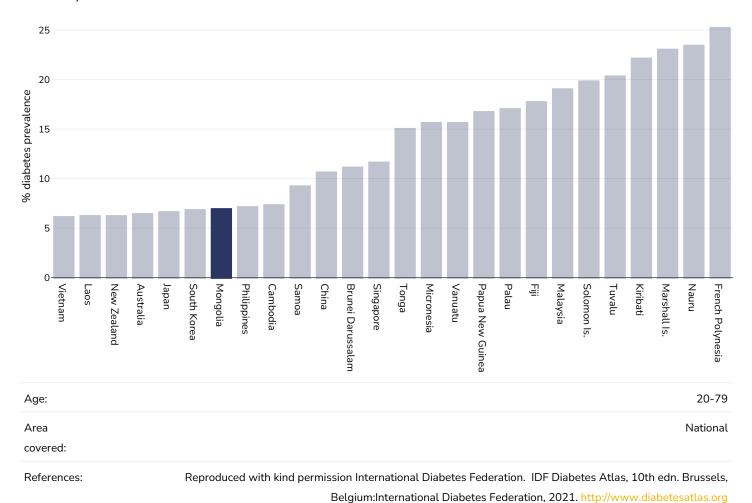
Age Standardised % raised fasting blood glucose (\geq 7.0 mmol/L or on medication).



Diabetes prevalence

Adults, 2021

Definitions:



Age-adjusted comparative prevalence of diabetes, %



Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	×
Front-of-package labelling?	×
Back-of-pack nutrition declaration?	✓
Color coding?	×
Warning label?	×





Regulation and marketing

Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	×
Tax on unhealthy drinks?	×
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	×
Subsidy on vegetables?	×
Subsidy on other healthy products?	×
Mandatory limit or ban of trans fat (all settings)?	X
Mandatory limit of trans fats in place (all settings)?	×
Ban on trans-fats or phos in place (all settings)?	×
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Mandatory restriction on broadcast media?	X
Mandatory restriction on non-broadcast media?	×
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	×
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X





Political will and support

National obesity strategy or nutrition and physical activity national strategy?	~
National obesity strategy?	~
National childhood obesity strategy?	~
Comprehensive nutrition strategy?	~
Comprehensive physical activity strategy?	~
Evidence-based dietary guidelines and/or RDAs?	~
National target(s) on reducing obesity?	~
Guidelines/policy on obesity treatment?	X
Promotion of breastfeeding?	~
Monitoring and surveillance	
Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	~
Within 5 years?	~
Governance and resource	
Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	X
Key	
Present Present Incoming Absent Unknow	n
(voluntary)	

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