

Report card

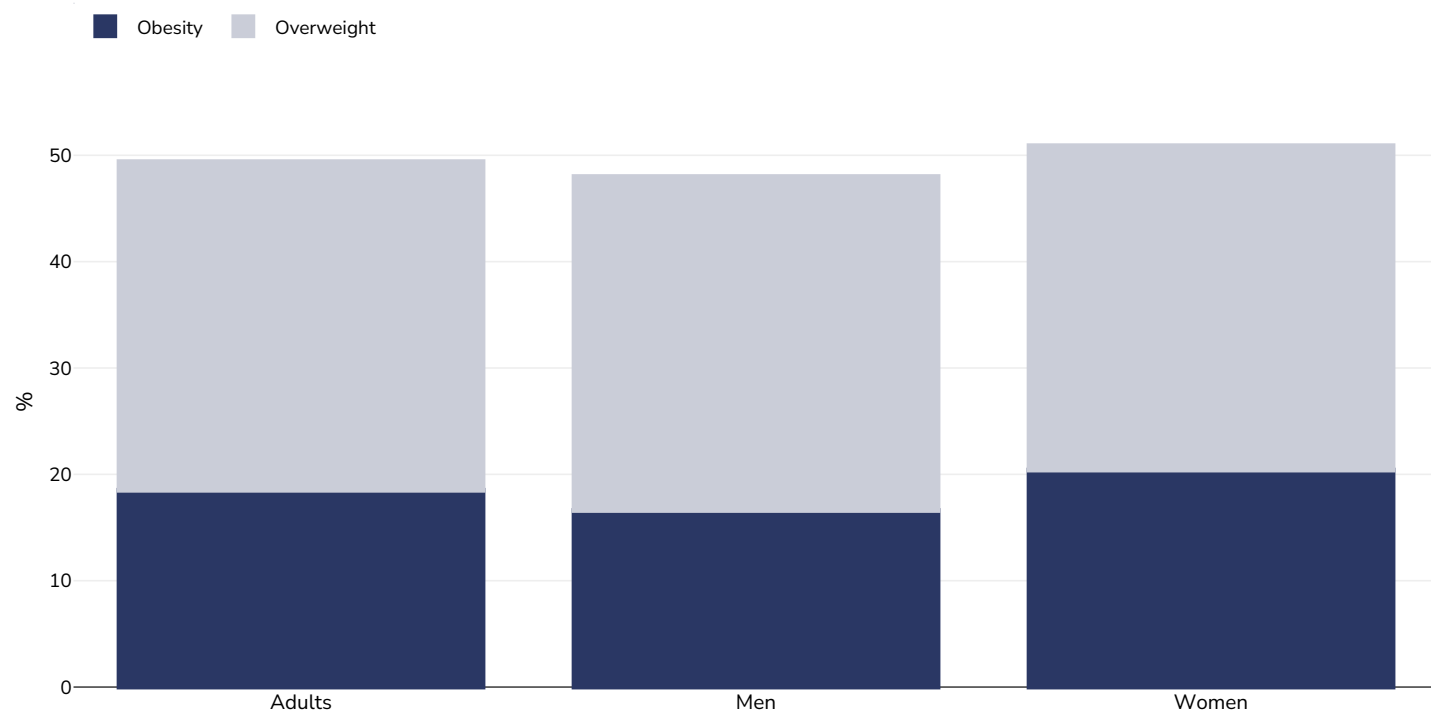
Mongolia



Contents	Page
Obesity prevalence	2
Trend: % Adults living with obesity in Mongolia 2005-2019	5
Trend: % Adults living with overweight or obesity in Mongolia 2005-2019	7
Overweight/obesity by education	9
Overweight/obesity by age	12
Overweight/obesity by region	15
Overweight/obesity by socio-economic group	20
Overweight/obesity by ethnicity	23
Insufficient physical activity	26
Average daily frequency of carbonated soft drink consumption	32
Estimated per capita fruit intake	33
Prevalence of less than daily fruit consumption	34
Prevalence of less than daily vegetable consumption	35
Average weekly frequency of fast food consumption	36
Estimated per-capita processed meat intake	37
Estimated per capita whole grains intake	38
Mental health - depression disorders	39
Mental health - anxiety disorders	40
% Infants exclusively breastfed 0-5 months	41
Oesophageal cancer	42
Breast cancer	44
Colorectal cancer	45
Pancreatic cancer	47
Gallbladder cancer	49
Kidney cancer	51
Cancer of the uterus	53
Raised blood pressure	54
Raised cholesterol	57
Raised fasting blood glucose	60
Diabetes prevalence	62
Contextual factors	63

Obesity prevalence

Adults, 2019



Survey type: Measured

Age: 15-69

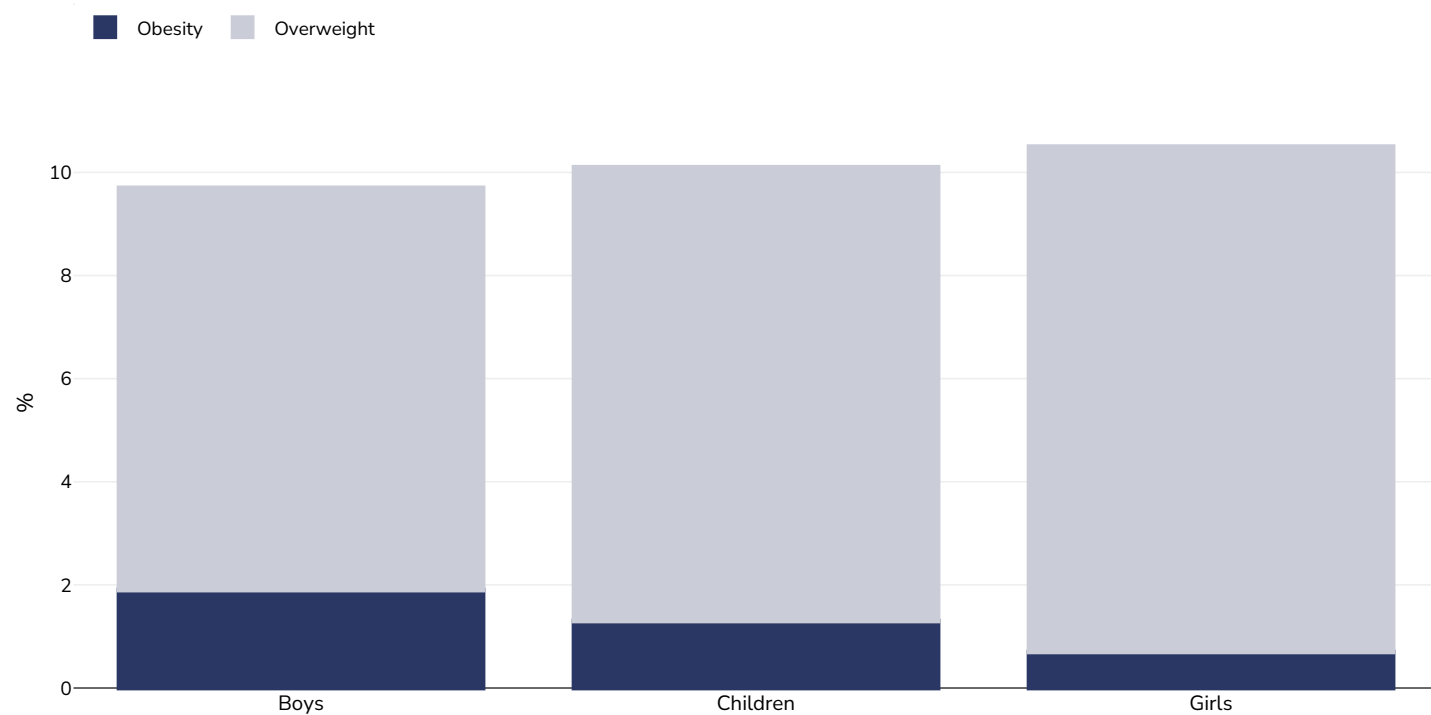
Sample size: 6654

Area covered: National

References: Fourth national STEPS Survey on the Prevalence of Noncommunicable Disease and Injury Risk Factors 2019. Brief Summary. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/mongolia/mongolia-steps-survey---2019_brief-summary_english.pdf?sfvrsn=5ba7a1d3_1&download=true (last accessed 16.09.21)

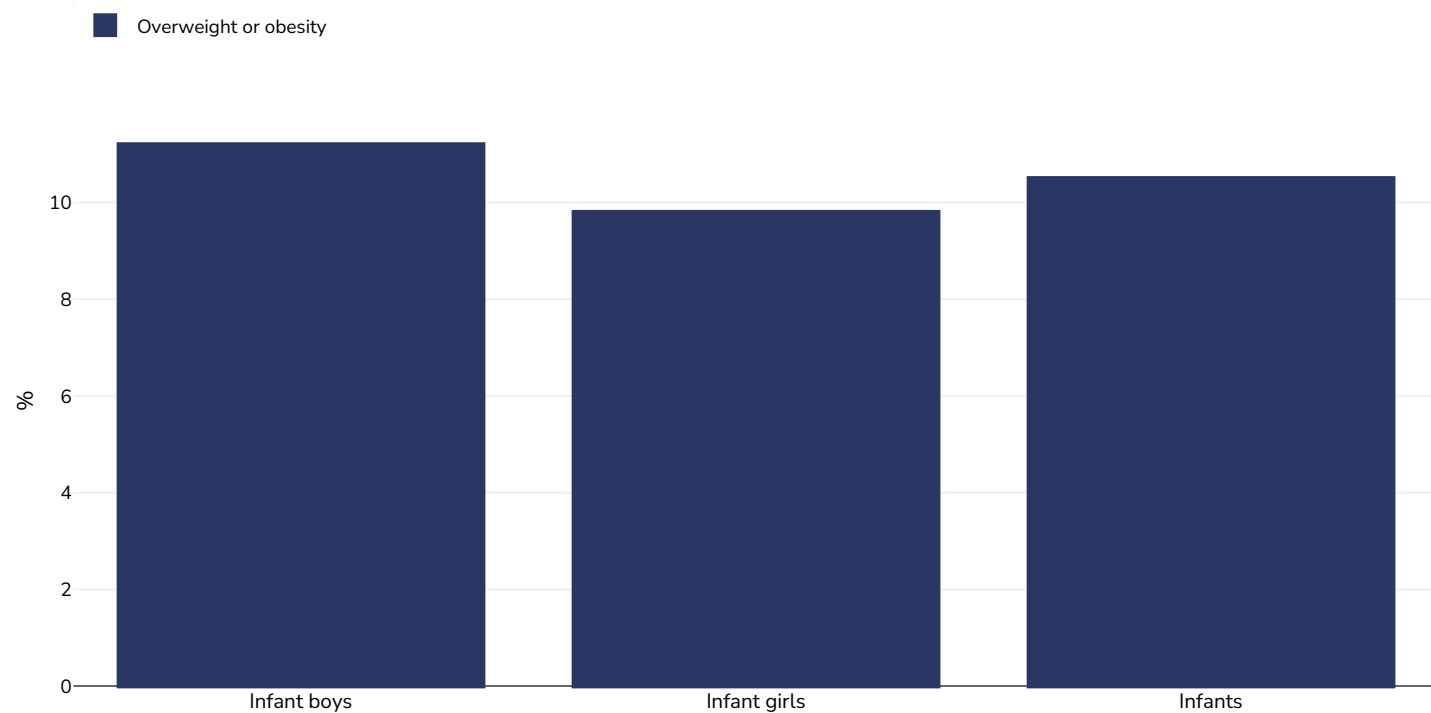
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2013



Survey type:	Self-reported
Age:	13-17
Sample size:	5393
Area covered:	National
References:	Global School-based Student Health Survey (GSHS), available at https://www.who.int/ncds/surveillance/gshs/2013_Mongolia_GSHS_Fact_Sheet.pdf?ua=1 (last accessed 14.12.20)
Notes:	WHO cutoffs.
Cutoffs:	WHO

Infants, 2018



Age: 0-5

Sample size: 5882

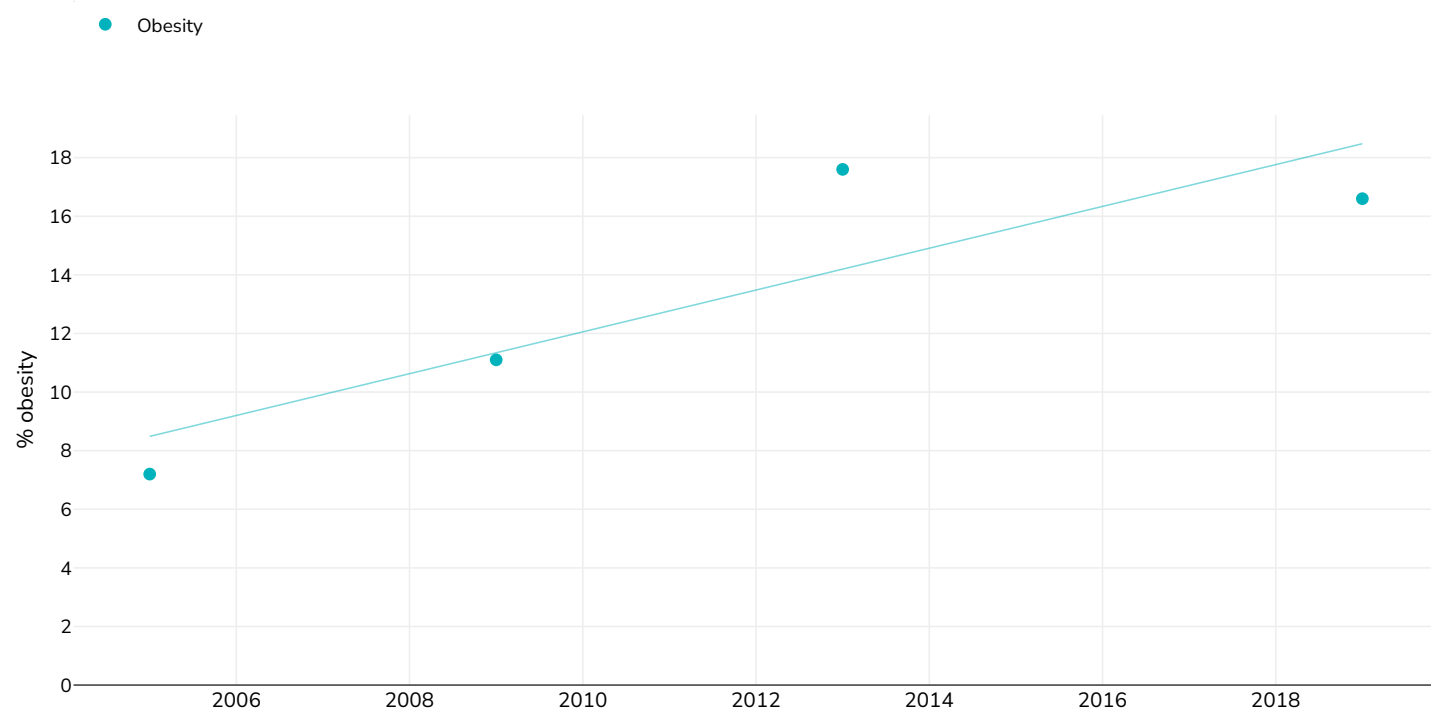
References: MICS: Social Indicator Sample Survey-2018, Survey Findings Report. Ulaanbaatar, Mongolia: National Statistical Office of Mongolia

Notes: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitions: =>+2SD

% Adults living with obesity in Mongolia 2005-2019

Men



Survey
type:

Measured

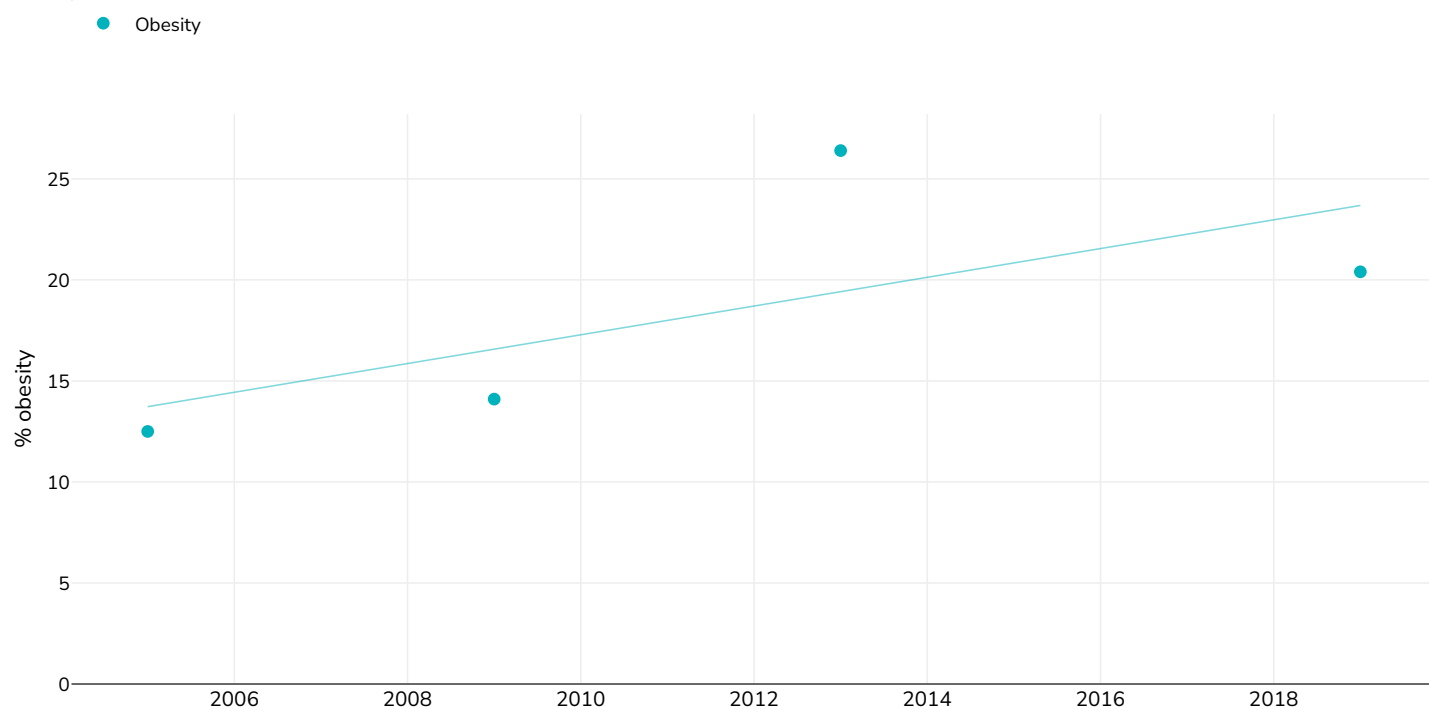
References:

- 2005: Mongolian STEPS Survey on the prevalence of noncommunicable disease risk factors 2006
 2009: Mongolian STEPS Survey on the Prevalence of Non-communicable Disease and Injury Risk Factors - 2009
 2013: Chimeddamba O, Gearon E, Stevenson C et al. Trends in Adult Overweight and Obesity Prevalence in Mongolica 2005-2013. *Obesity* 2016;24(10):2194-2201
 2019: Fourth national STEPS Survey on the Prevalence of Noncommunicable Disease and Injury Risk Factors 2019. Brief Summary. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/mongolia/mongolia-steps-survey---2019_brief-summary_english.pdf?sfvrsn=5ba7a1d3_1&download=true (last accessed 16.09.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Women



Survey type: Measured

References:

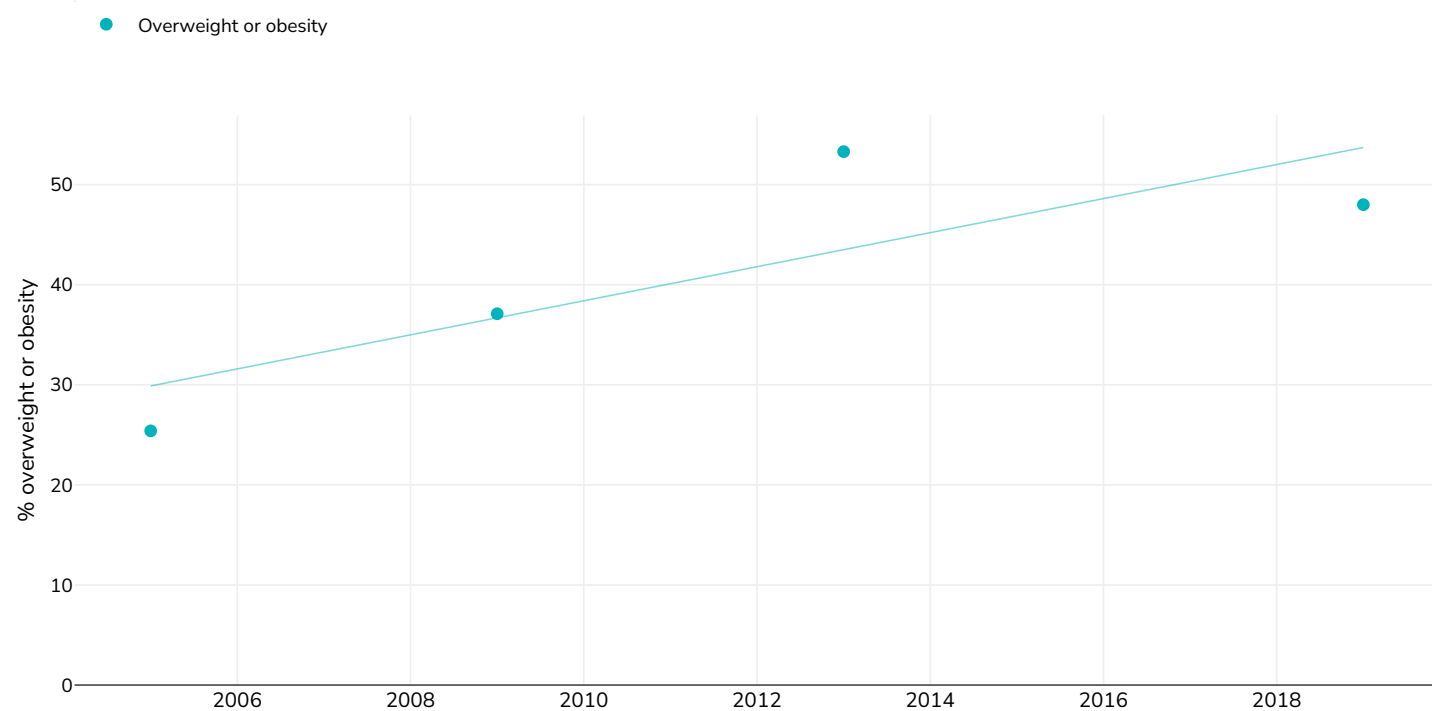
- 2005: Mongolian STEPS Survey on the prevalence of noncommunicable disease risk factors 2006
- 2009: Mongolian STEPS Survey on the Prevalence of Non-communicable Disease and Injury Risk Factors - 2009
- 2013: Chimeddamba O, Gearon E, Stevenson C et al. Trends in Adult Overweight and Obesity Prevalence in Mongolica 2005-2013. *Obesity* 2016;24(10):2194-2201
- 2019: Fourth national STEPS Survey on the Prevalence of Noncommunicable Disease and Injury Risk Factors 2019. Brief Summary. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/mongolia/mongolia-steps-survey---2019_brief-summary_english.pdf?sfvrsn=5ba7a1d3_1&download=true (last accessed 16.09.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with overweight or obesity in Mongolia 2005-2019

Men



Survey
type:

Measured

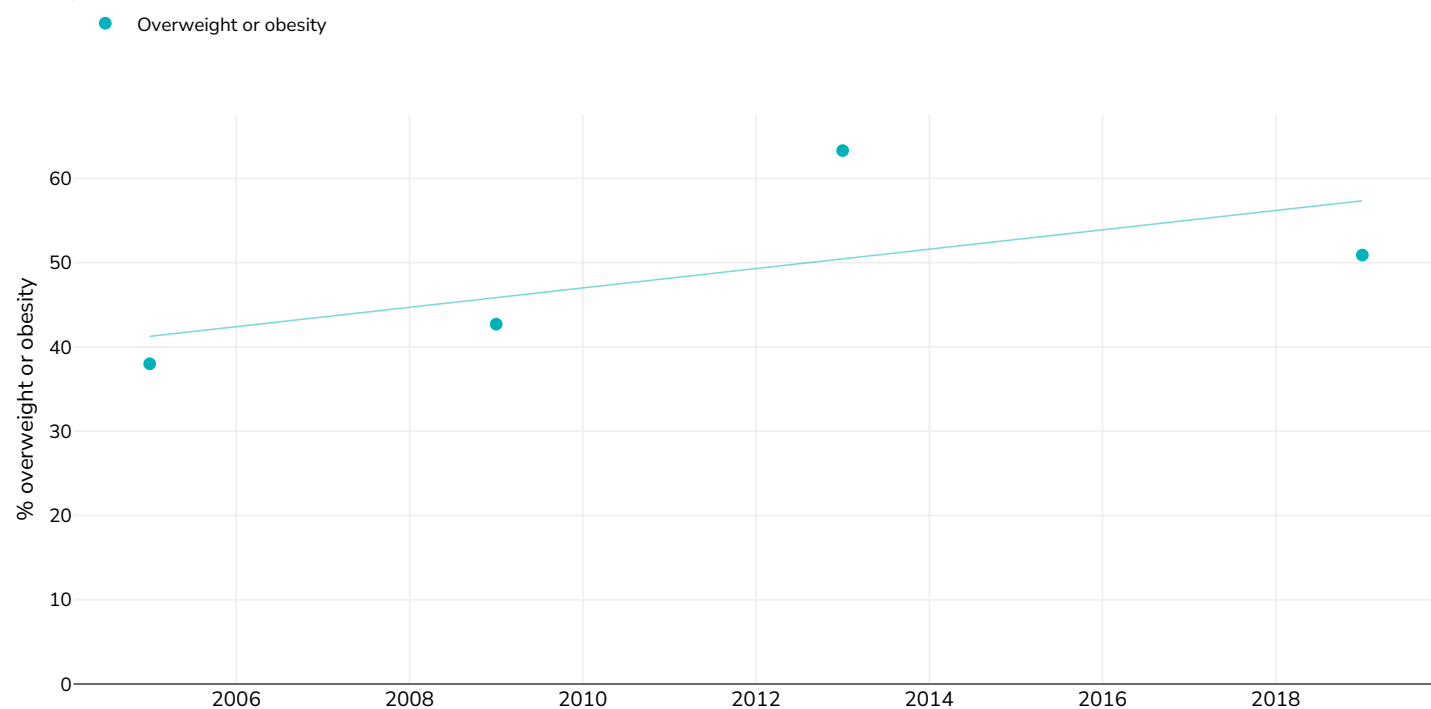
References:

- 2005: Mongolian STEPS Survey on the prevalence of noncommunicable disease risk factors 2006
 2009: Mongolian STEPS Survey on the Prevalence of Non-communicable Disease and Injury Risk Factors - 2009
 2013: Chimeddamba O, Gearon E, Stevenson C et al. Trends in Adult Overweight and Obesity Prevalence in Mongolica 2005-2013. *Obesity* 2016;24(10):2194-2201
 2019: Fourth national STEPS Survey on the Prevalence of Noncommunicable Disease and Injury Risk Factors 2019. Brief Summary. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/mongolia/mongolia-steps-survey---2019_brief-summary_english.pdf?sfvrsn=5ba7a1d3_1&download=true (last accessed 16.09.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Women



Survey type: Measured

References:

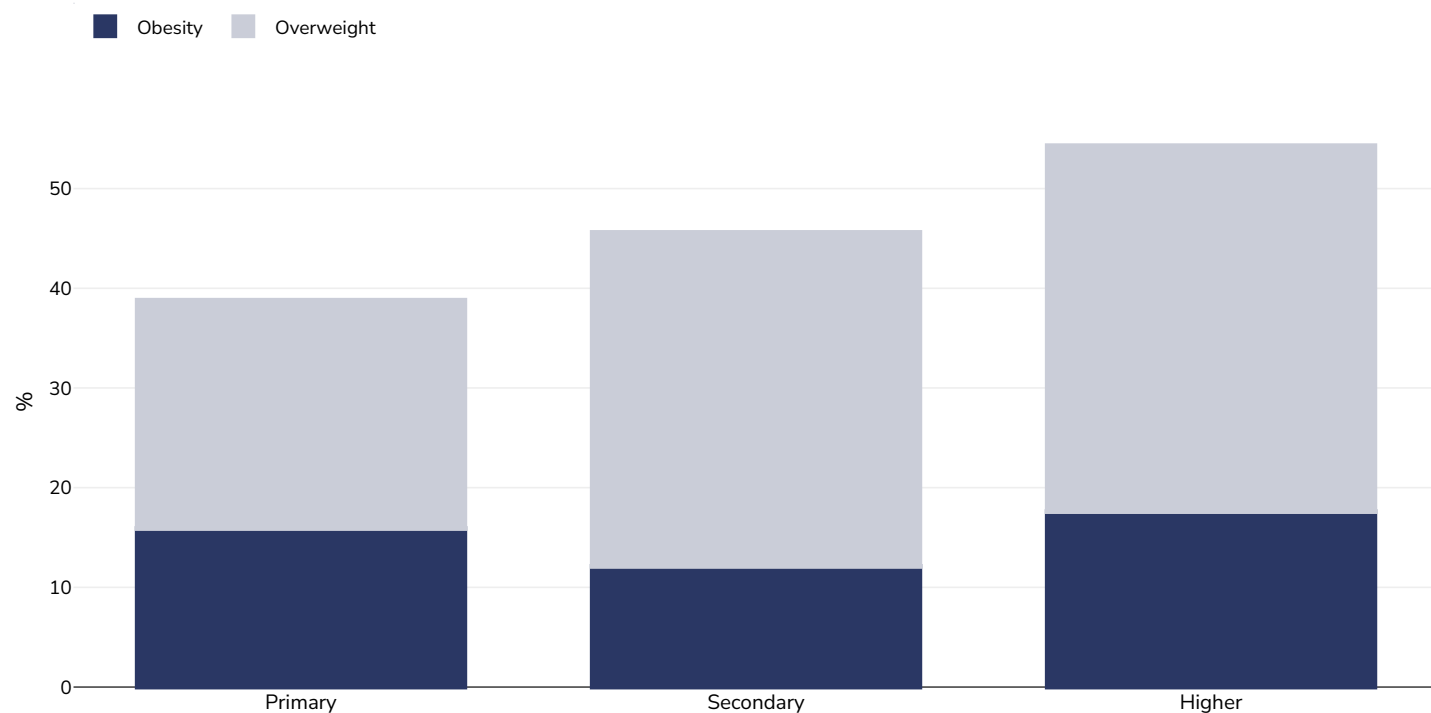
- 2005: Mongolian STEPS Survey on the prevalence of noncommunicable disease risk factors 2006
- 2009: Mongolian STEPS Survey on the Prevalence of Non-communicable Disease and Injury Risk Factors - 2009
- 2013: Chimeddamba O, Gearon E, Stevenson C et al. Trends in Adult Overweight and Obesity Prevalence in Mongolica 2005-2013. *Obesity* 2016;24(10):2194-2201
- 2019: Fourth national STEPS Survey on the Prevalence of Noncommunicable Disease and Injury Risk Factors 2019. Brief Summary. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/mongolia/mongolia-steps-survey---2019_brief-summary_english.pdf?sfvrsn=5ba7a1d3_1&download=true (last accessed 16.09.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Overweight/obesity by education

Men, 2017

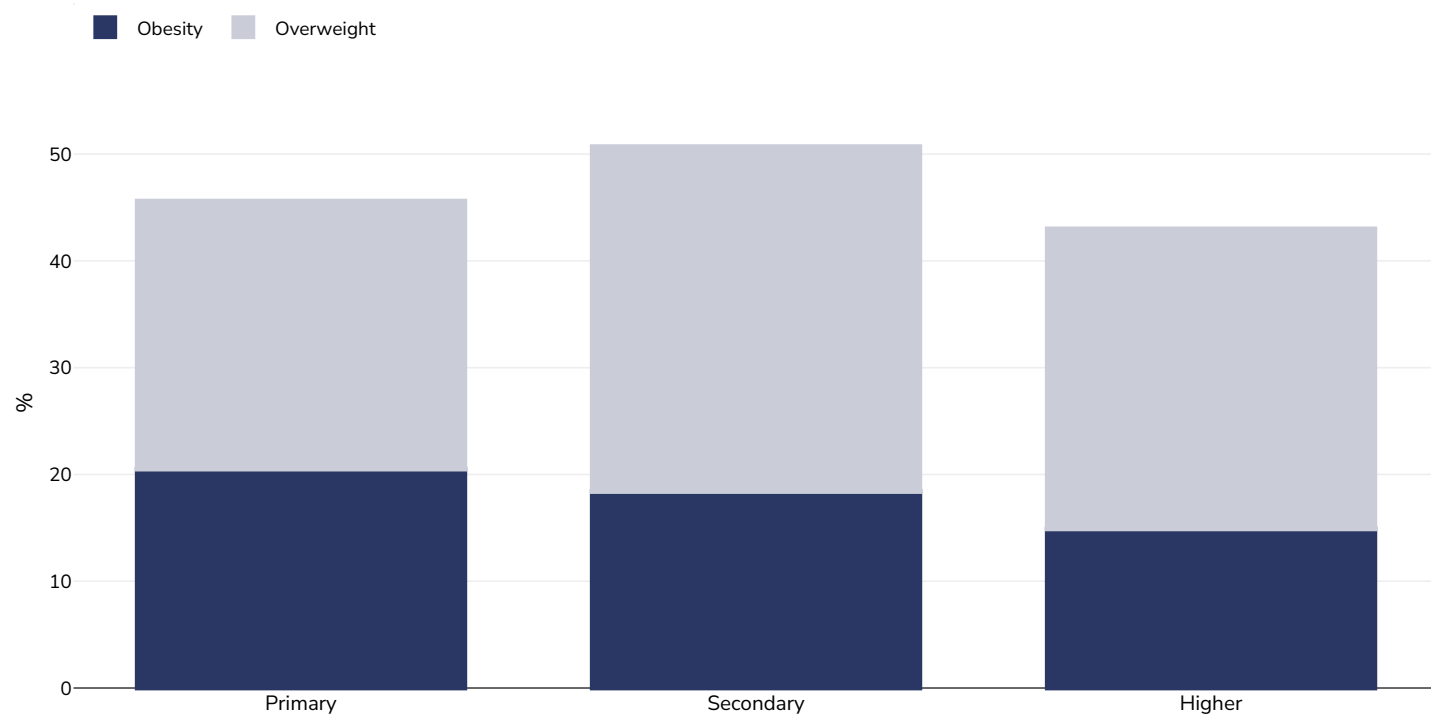


Survey type:	Measured
Age:	15-49
Sample size:	3314
Area covered:	National

References: National Centre for Public Health (2017). Nutrition status of the population of Mongolia. Fifth National Nutrition Survey. Ulaanbaatar, Mongolia. Available at <https://www.unicef.org/mongolia/reports/fifth-national-nutrition-survey-report> (accessed 20.04.2020)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2017

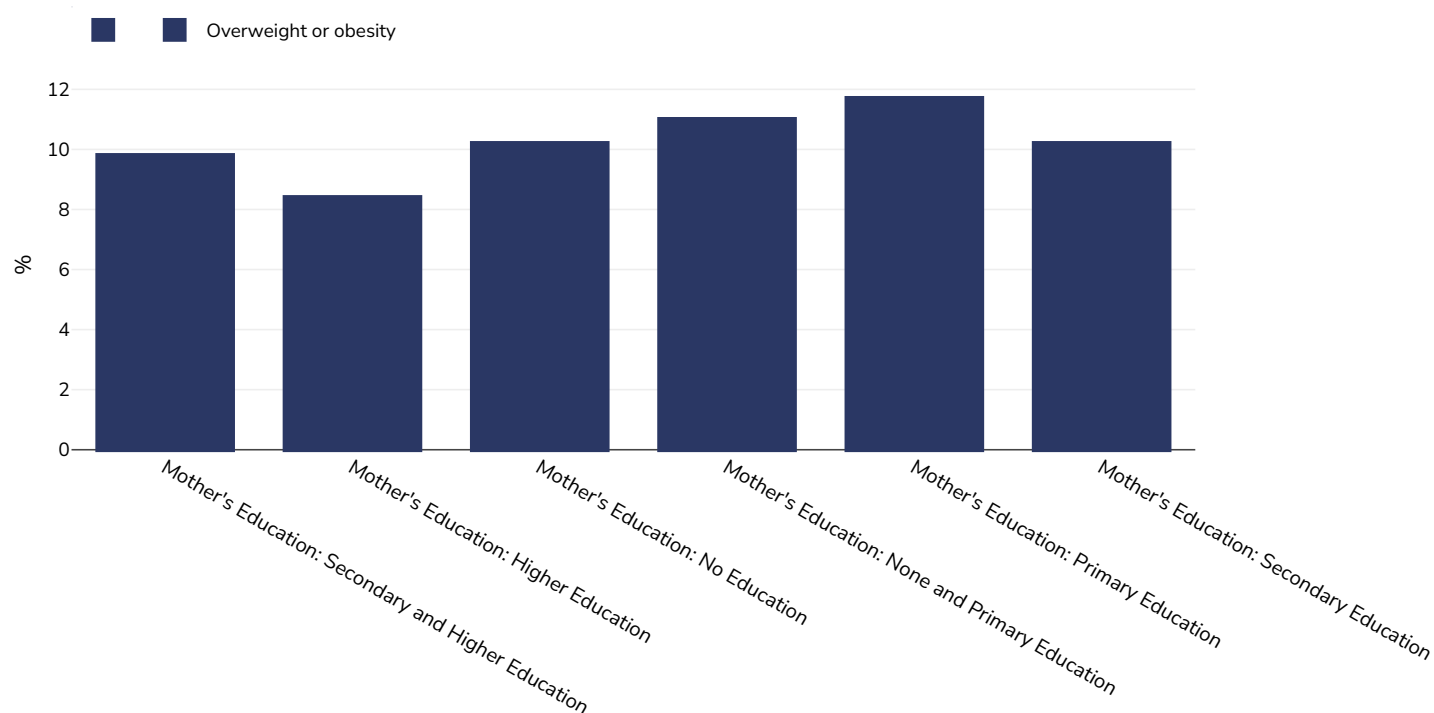


Survey type:	Measured
Age:	15-49
Sample size:	3314
Area covered:	National

References: National Centre for Public Health (2017). Nutrition status of the population of Mongolia. Fifth National Nutrition Survey. Ulaanbaatar, Mongolia. Available at <https://www.unicef.org/mongolia/reports/fifth-national-nutrition-survey-report> (accessed 20.04.2020)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Infants, 2018



Sample size: 5882

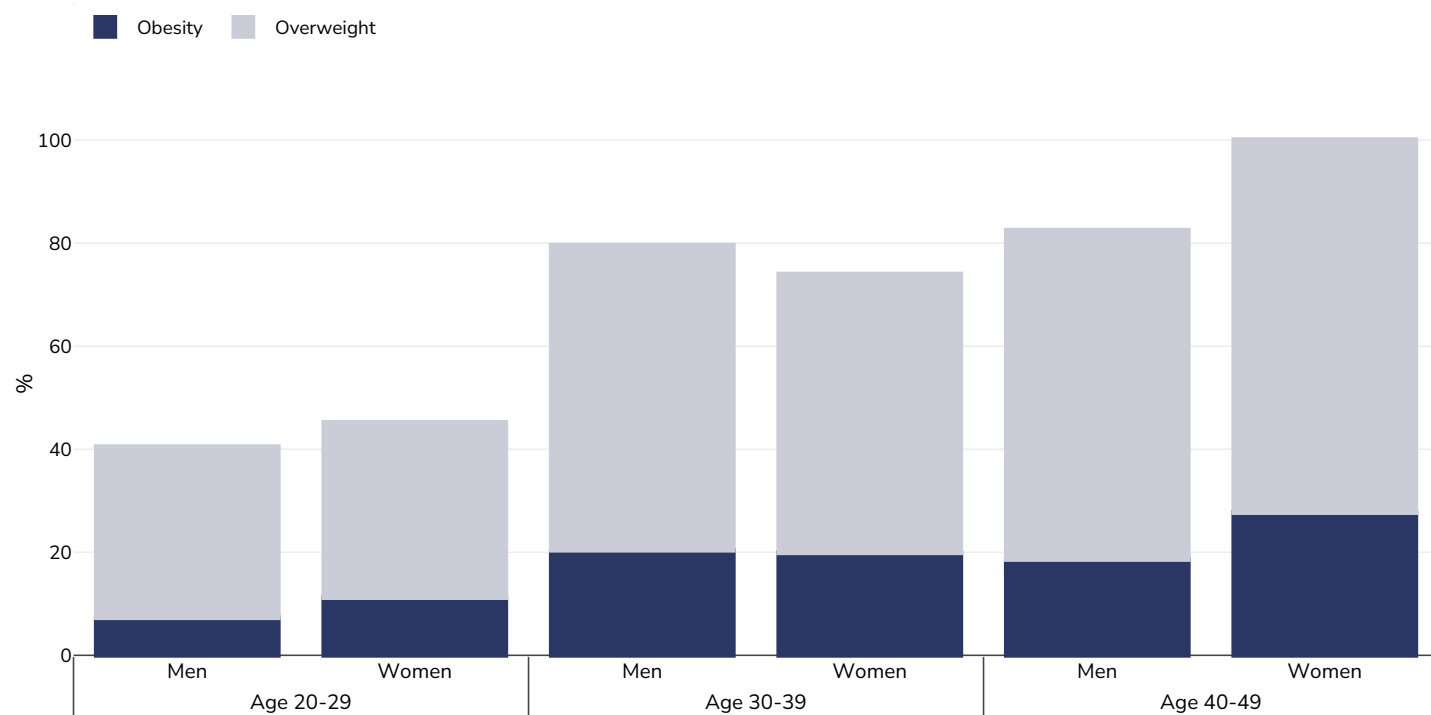
References: MICS: Social Indicator Sample Survey-2018, Survey Findings Report. Ulaanbaatar, Mongolia: National Statistical Office of Mongolia

Notes: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitions: =>+2SD

Overweight/obesity by age

Adults, 2017



Survey type: Measured

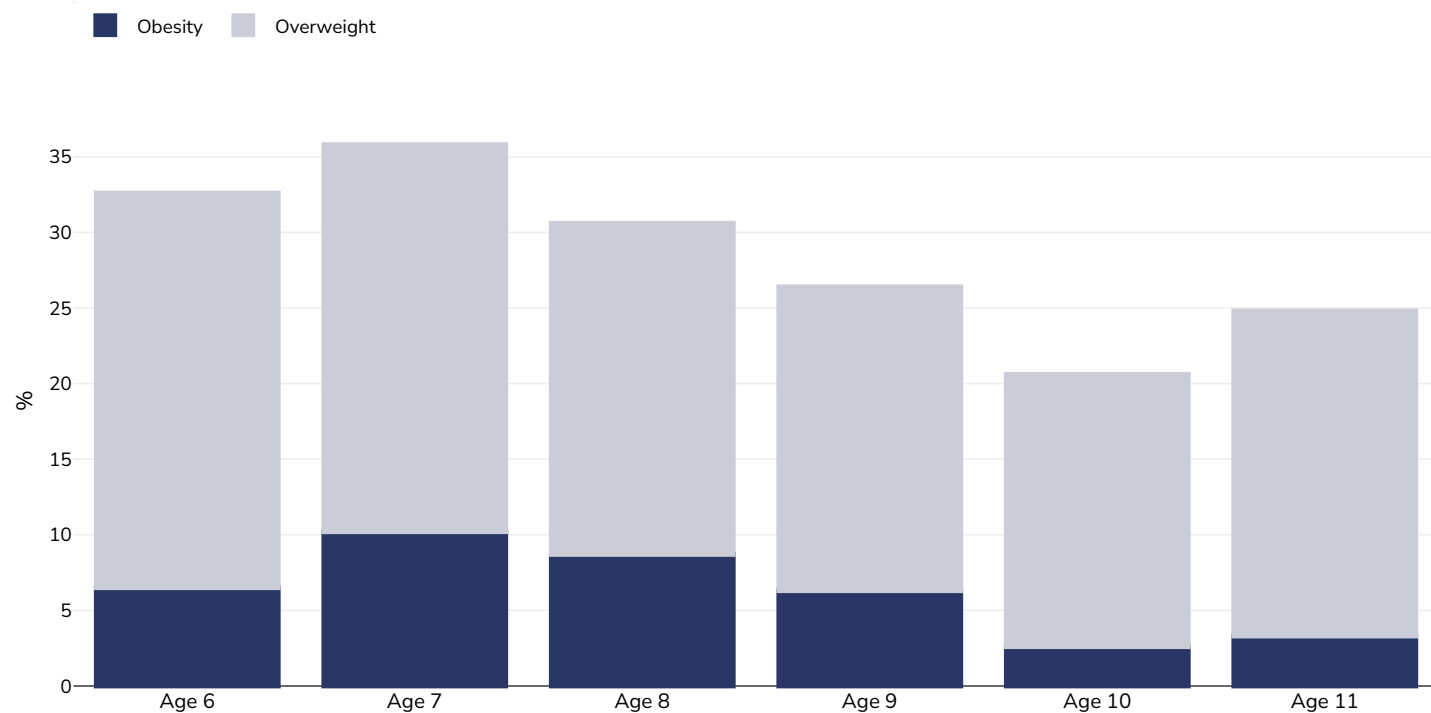
Sample size: 2,578

Area covered: National

References: Nutrition Status of the Population of Mongolia: Fifth National Nutrition Survey Report 2017. Available at: https://www.unicef.org/mongolia/media/1116/file/NNS_V_undsen_tailan_EN.pdf. Accessed 02.11.21.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2017-2018



Survey type: Measured

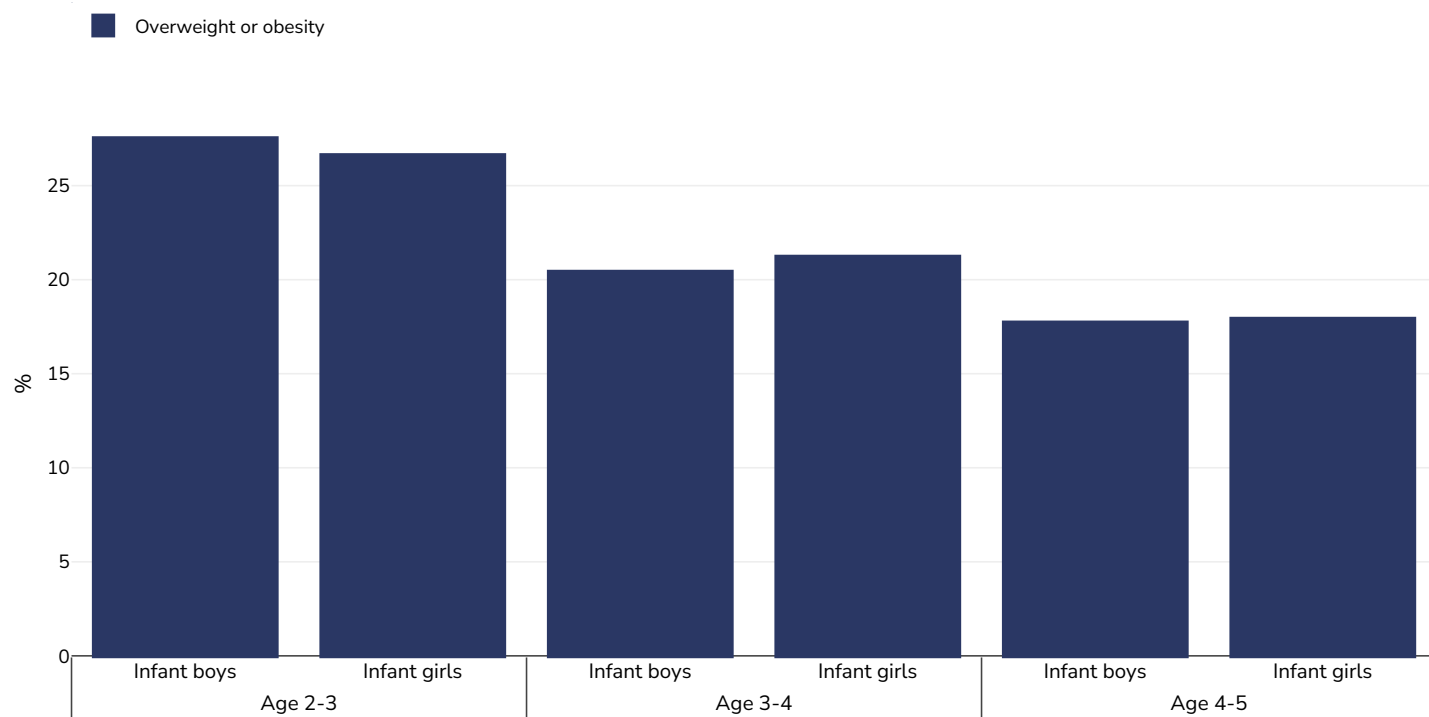
Sample size: 1750

Area covered: National

Definitions: Nutrition Status of the Population of Mongolia: Fifth National Nutrition Survey Report 2017. Available at: https://www.unicef.org/mongolia/media/1116/file/NNS_V_undsen_tailan_EN.pdf. Accessed 02.11.21.

Cutoffs: WHO

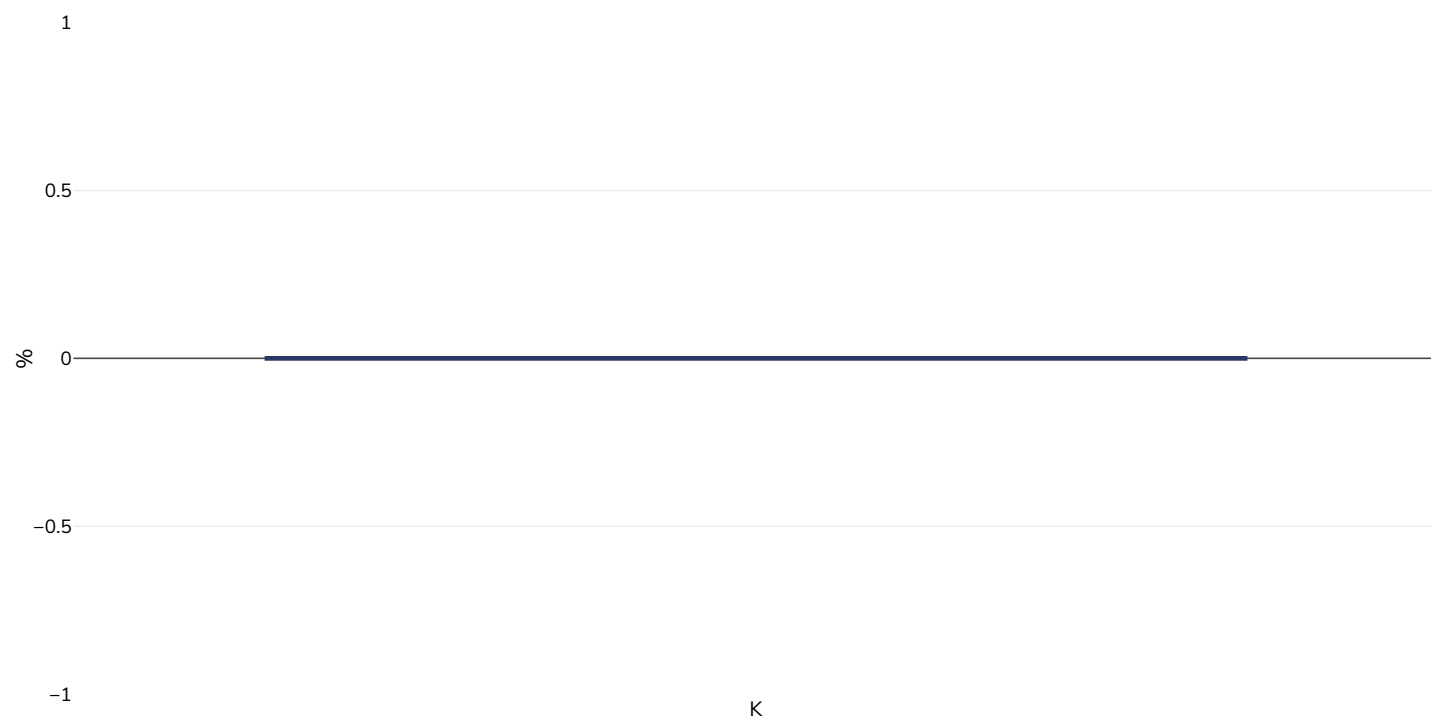
Infants, 2013



Survey type:	Measured
Sample size:	3404
Area covered:	National
References:	Mongolia MICS 2013 Survey - data analysed by R Jackson Leach, F Montague. World Obesity Federation
Notes:	IOTF monthly cut offs
Cutoffs:	IOTF

Overweight/obesity by region

Adults, 2019

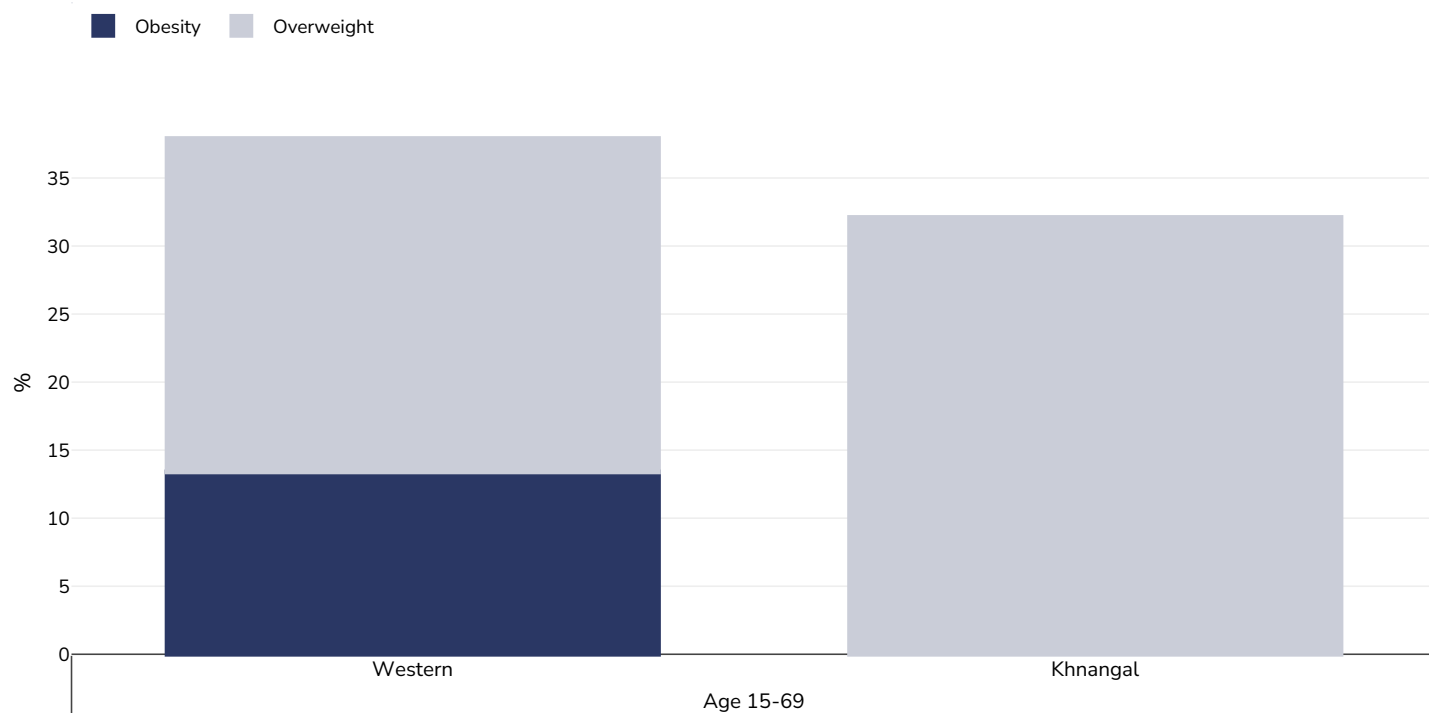


Survey type:	Measured
Sample size:	6654
Area covered:	National

References: Fourth national STEPS Survey on the Prevalence of Noncommunicable Disease and Injury Risk Factors 2019. Brief Summary. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/mongolia/mongolia-steps-survey---2019-brief-summary_english.pdf?sfvrsn=5ba7a1d3_1&download=true (last accessed 16.09.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Adults, 2019



Survey type: Measured

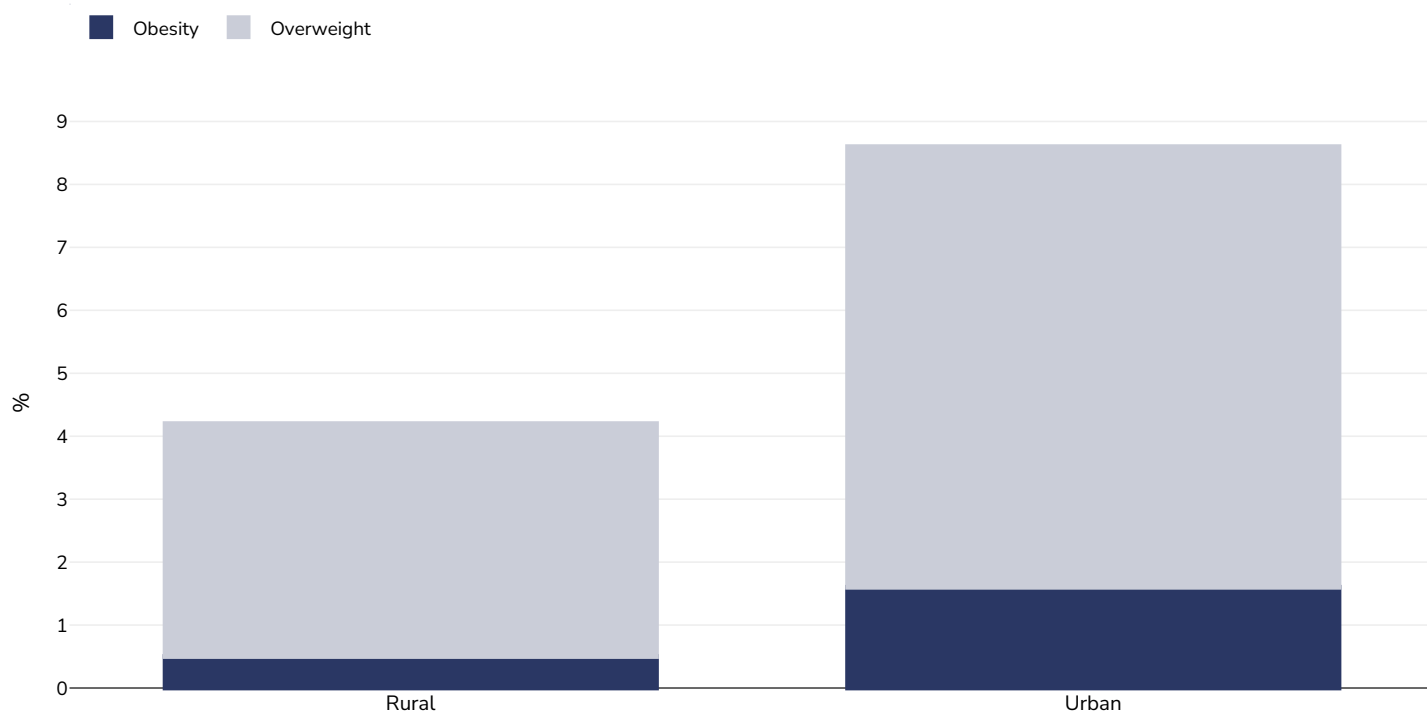
Sample size: 6654

Area covered: National

References: Fourth national STEPS Survey on the Prevalence of Noncommunicable Disease and Injury Risk Factors 2019. Brief Summary. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/mongolia/mongolia-steps-survey---2019_brief-summary_english.pdf?sfvrsn=5ba7a1d3_1&download=true (last accessed 16.09.21)

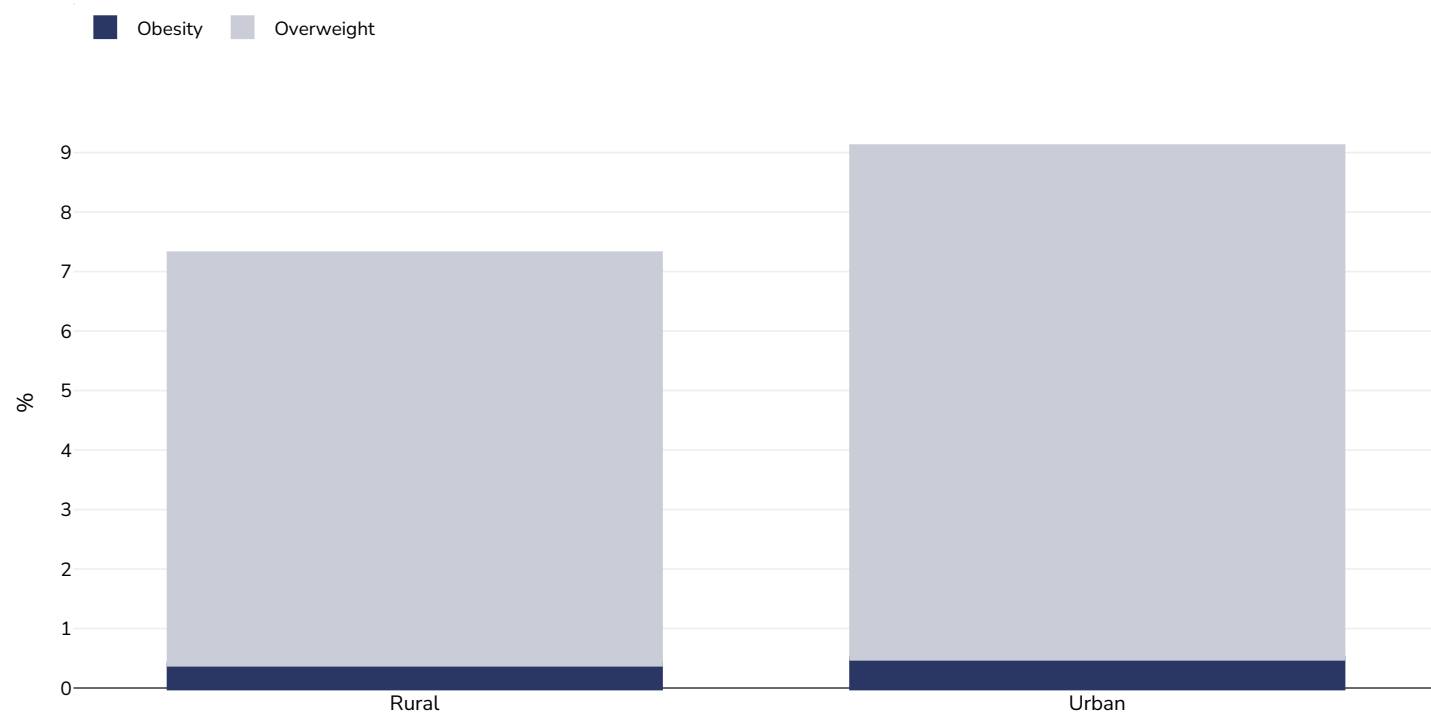
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Boys, 2010



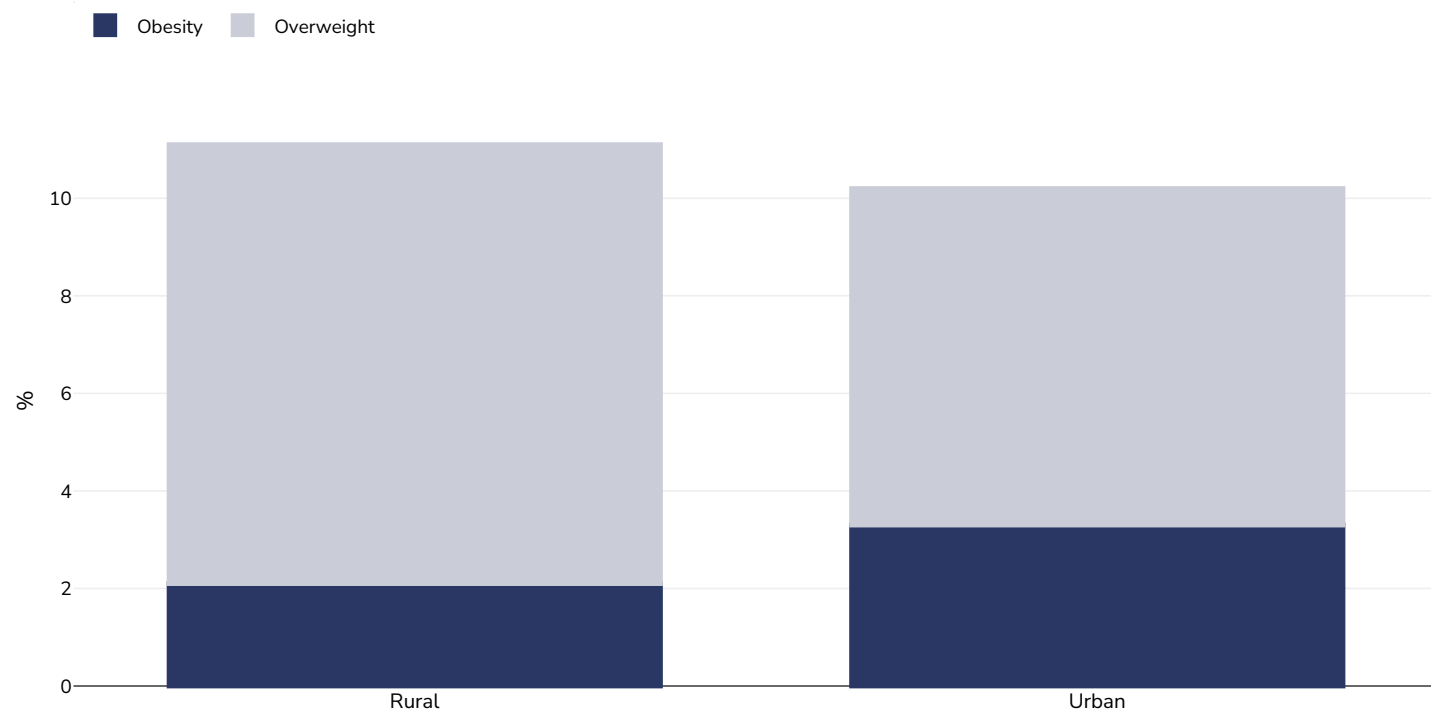
Survey type:	Self-reported
Age:	13-15
Sample size:	5238
Area covered:	National
References:	Global School based Student Health Survey - https://www.who.int/ncds/surveillance/gshs/factsheets/en/
Notes:	Overweight > +1 SD, < +2SD for BMI by age and sex Obesity > + 2SD Obese for BMI by age and sex
Cutoffs:	WHO

Girls, 2010



Survey type:	Self-reported
Age:	13-15
Sample size:	5238
Area covered:	National
References:	Global School based Student Health Survey - https://www.who.int/ncds/surveillance/gshs/factsheets/en/
Notes:	Overweight > +1 SD, < +2SD for BMI by age and sex Obesity > + 2SD Obese for BMI by age and sex
Cutoffs:	WHO

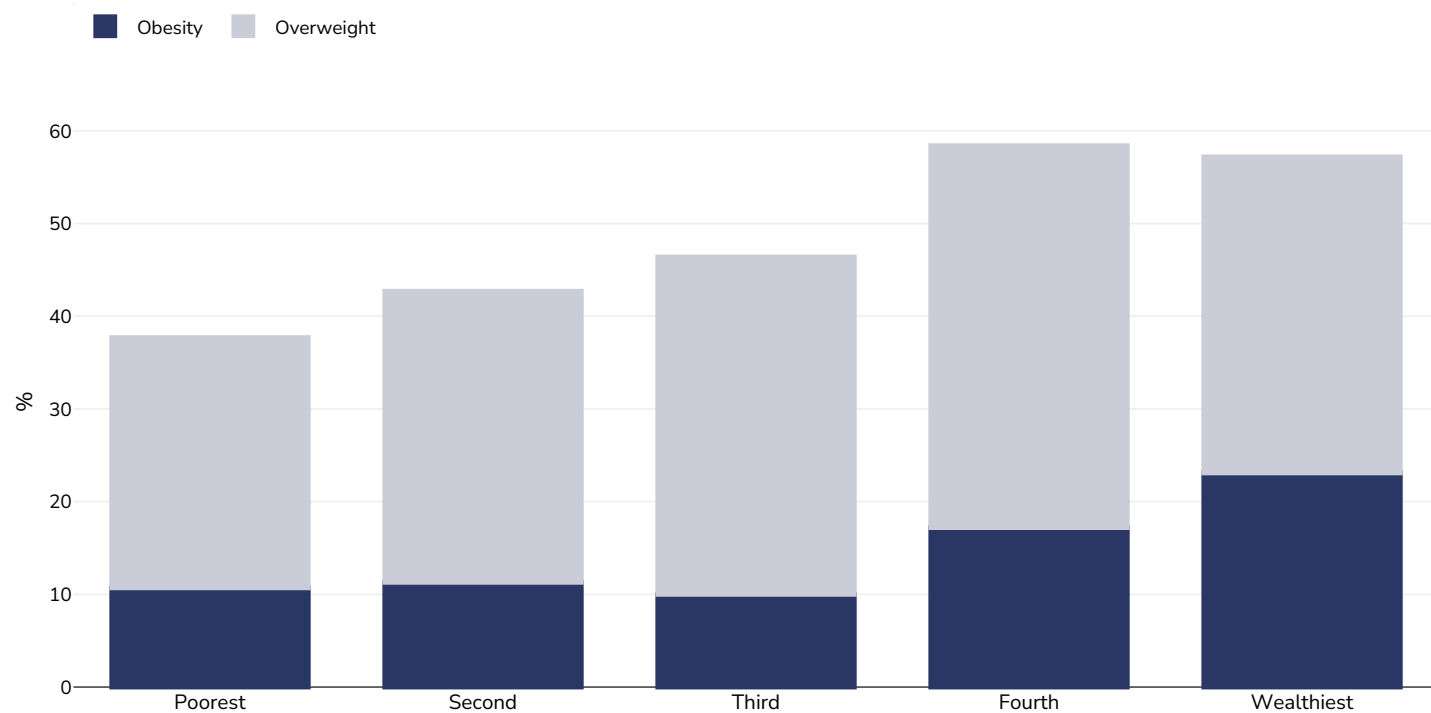
Infants, 2018



Survey type:	Measured
Sample size:	5882
Area covered:	National
References:	NSO. 2019. Social Indicator Sample Survey-2018, Survey Findings Report. Ulaanbaatar, Mongolia: National Statistical Office of Mongolia. https://washdata.org/sites/default/files/documents/reports/2019-10/Mongolia-2018-MICS-report.pdf (Accessed 24.06.21)
Notes:	Infants.
Definitions:	Weight for height. Overweight = Between +2SD and +3SD. Obesity = >+3SD
Cutoffs:	Other

Overweight/obesity by socio-economic group

Men, 2017

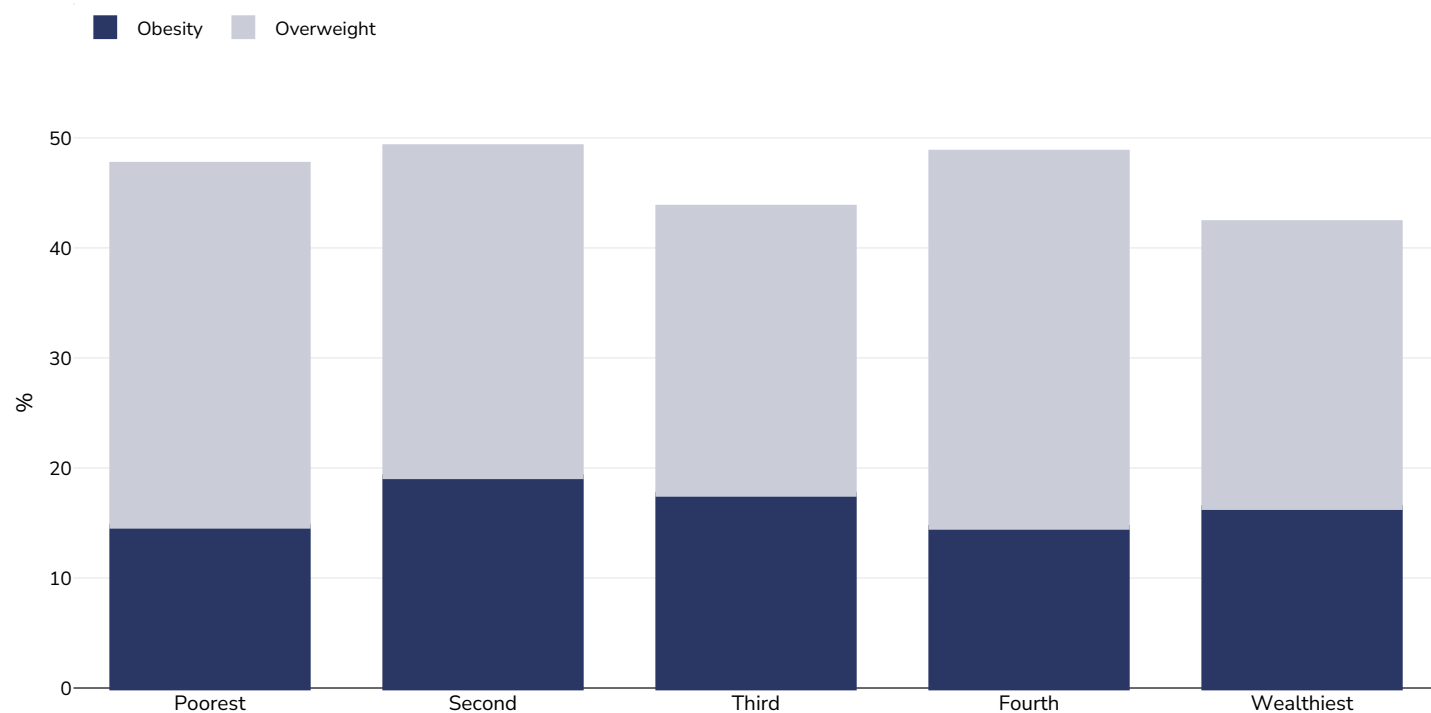


Survey type:	Measured
Age:	15-49
Sample size:	3314
Area covered:	National

References: National Centre for Public Health (2017). Nutrition status of the population of Mongolia. Fifth National Nutrition Survey. Ulaanbaatar, Mongolia. Available at <https://www.unicef.org/mongolia/reports/fifth-national-nutrition-survey-report> (accessed 20.04.2020)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2017

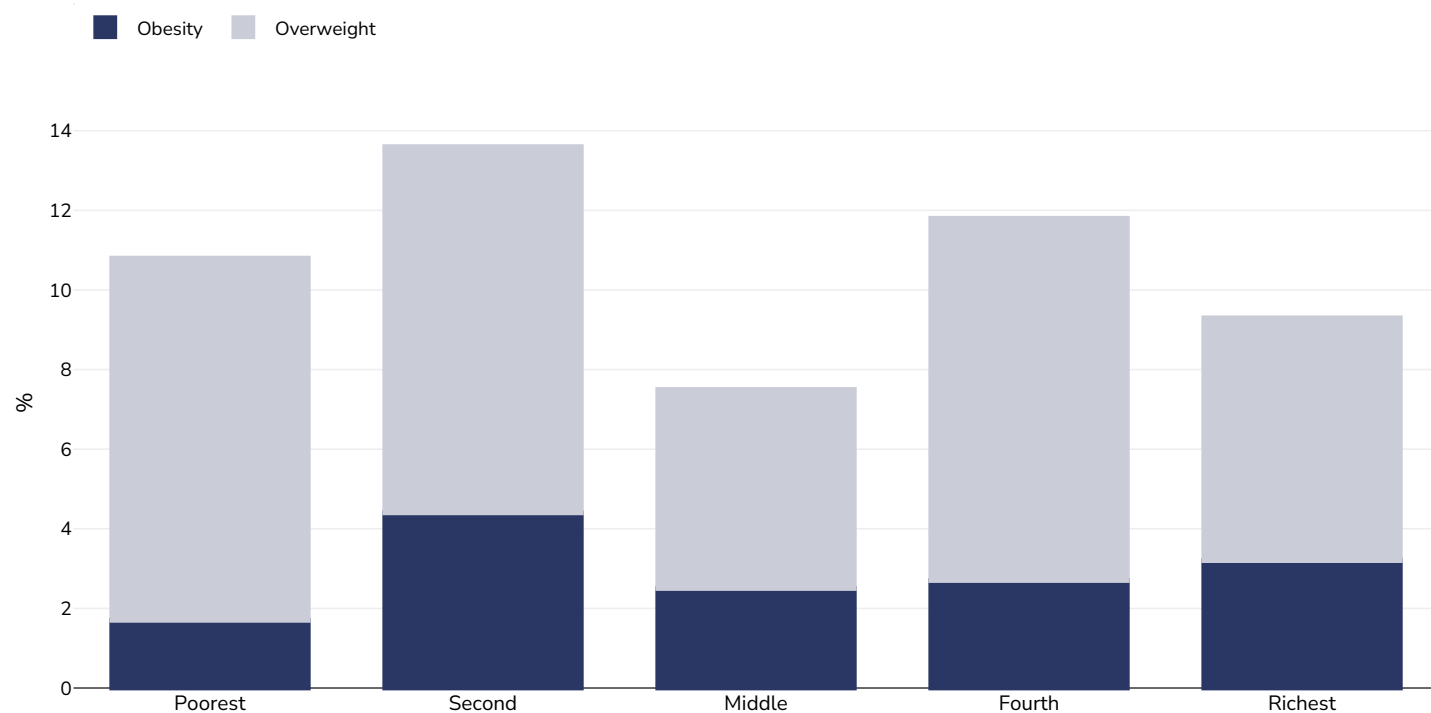


Survey type:	Measured
Age:	15-49
Sample size:	3314
Area covered:	National

References: National Centre for Public Health (2017). Nutrition status of the population of Mongolia. Fifth National Nutrition Survey. Ulaanbaatar, Mongolia. Available at <https://www.unicef.org/mongolia/reports/fifth-national-nutrition-survey-report> (accessed 20.04.2020)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Infants, 2018



Survey type: Measured

Sample size: 5882

Area covered: National

References: NSO. 2019. Social Indicator Sample Survey-2018, Survey Findings Report. Ulaanbaatar, Mongolia: National Statistical Office of Mongolia. <https://washdata.org/sites/default/files/documents/reports/2019-10/Mongolia-2018-MICS-report.pdf> (Accessed 24.06.21)

Notes: Infants.

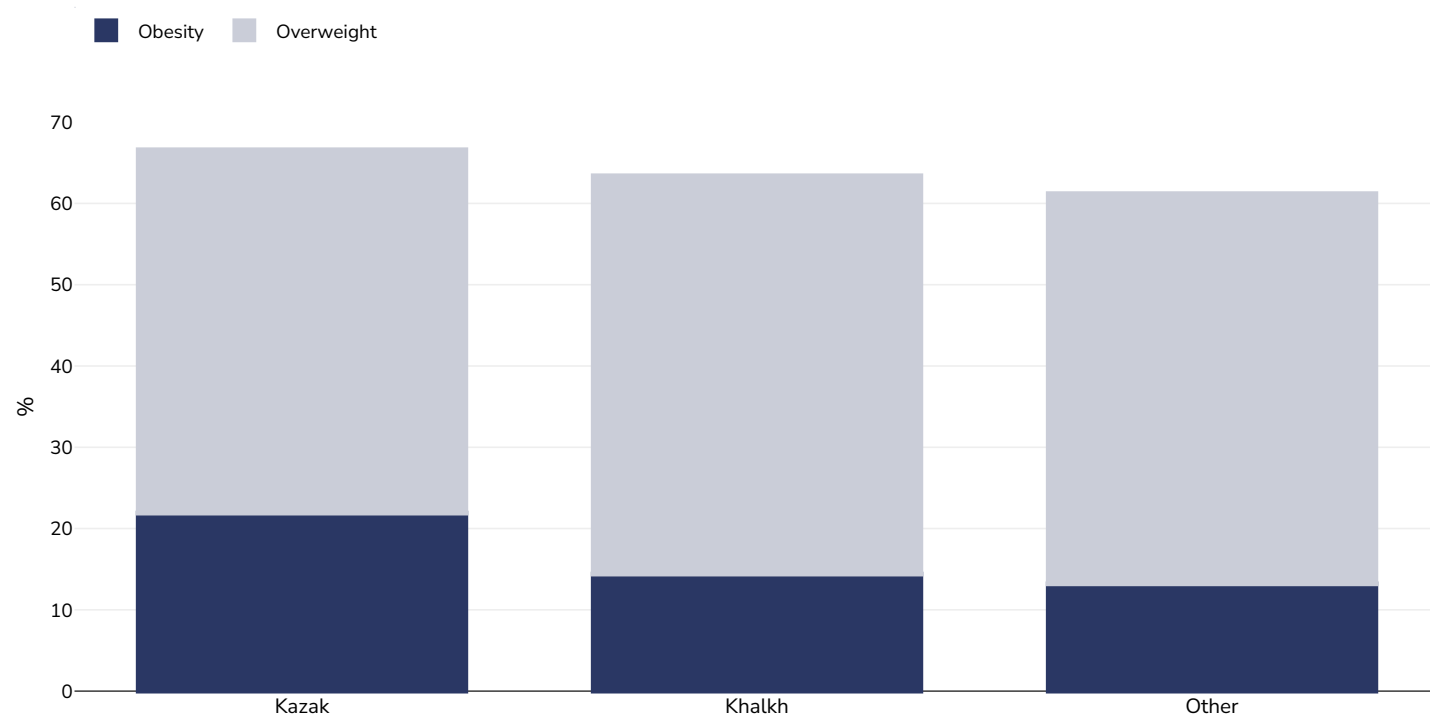
Definitions: Weight for height. Overweight = Between +2SD and +3SD. Obesity = >+3SD

Cutoffs: Other

Overweight/obesity by ethnicity

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Men, 2017



Survey type: Measured

Age: 15-49

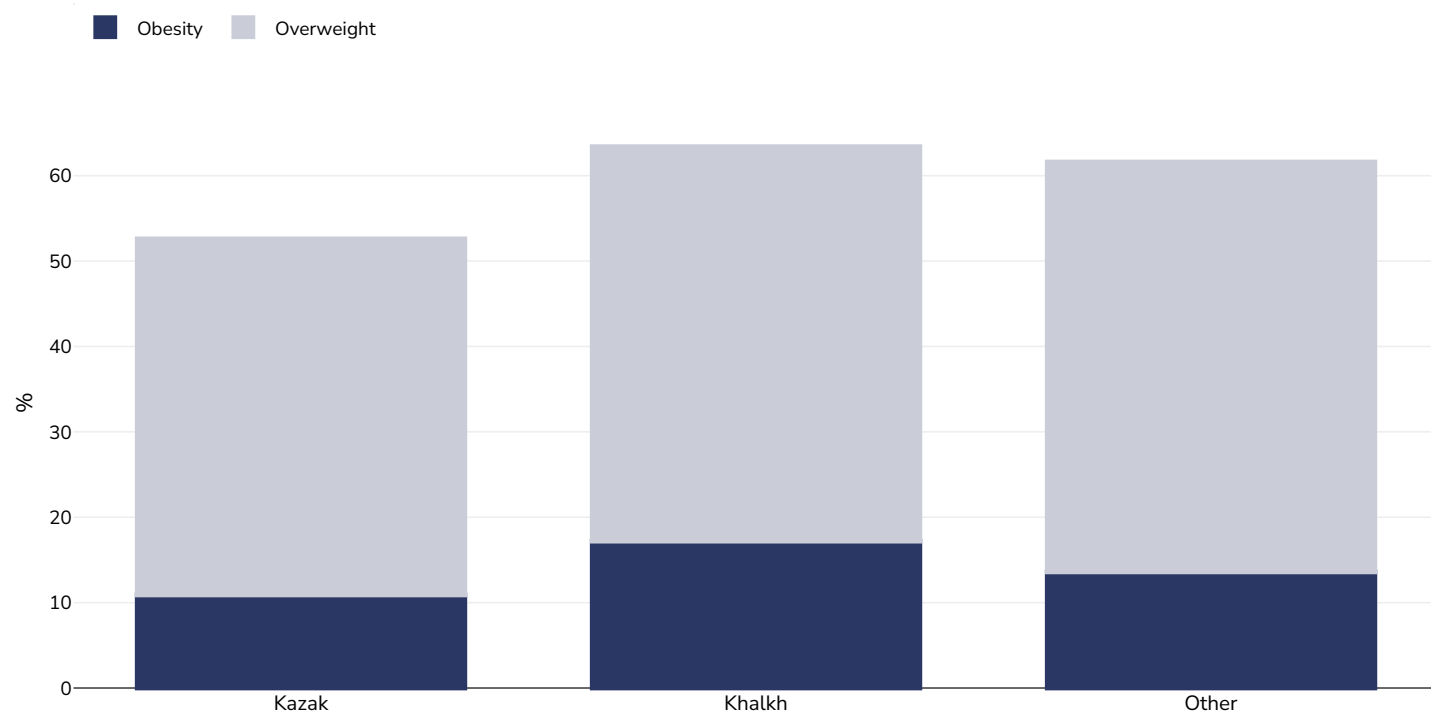
Sample size: 2,578

Area covered: National

References: Nutrition Status of the Population of Mongolia: Fifth National Nutrition Survey Report 2017. Available at: https://www.unicef.org/mongolia/media/1116/file/NNS_V_undsen_tailan_EN.pdf. Accessed 02.11.21.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2017

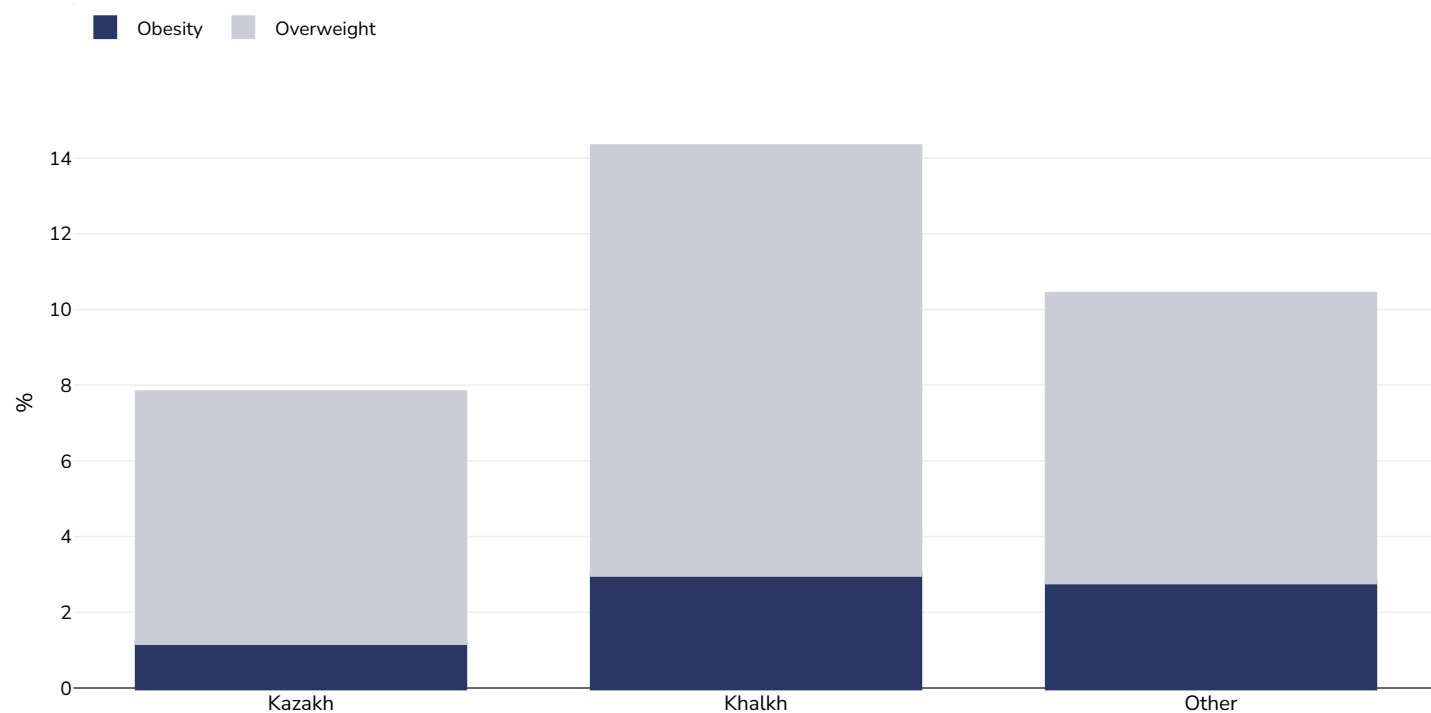


Survey type:	Measured
Age:	15-49
Sample size:	2,578
Area covered:	National

References: Nutrition Status of the Population of Mongolia: Fifth National Nutrition Survey Report 2017. Available at: https://www.unicef.org/mongolia/media/1116/file/NNS_V_undsen_tailan_EN.pdf. Accessed 02.11.21.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Infants, 2018



Survey type: Measured

Sample size: 5,882

Area covered: National

References: NSO. 2019. Social Indicator Sample Survey-2018, Survey Findings Report. Ulaanbaatar, Mongolia: National Statistical Office of Mongolia. <https://washdata.org/sites/default/files/documents/reports/2019-10/Mongolia-2018-MICS-report.pdf>

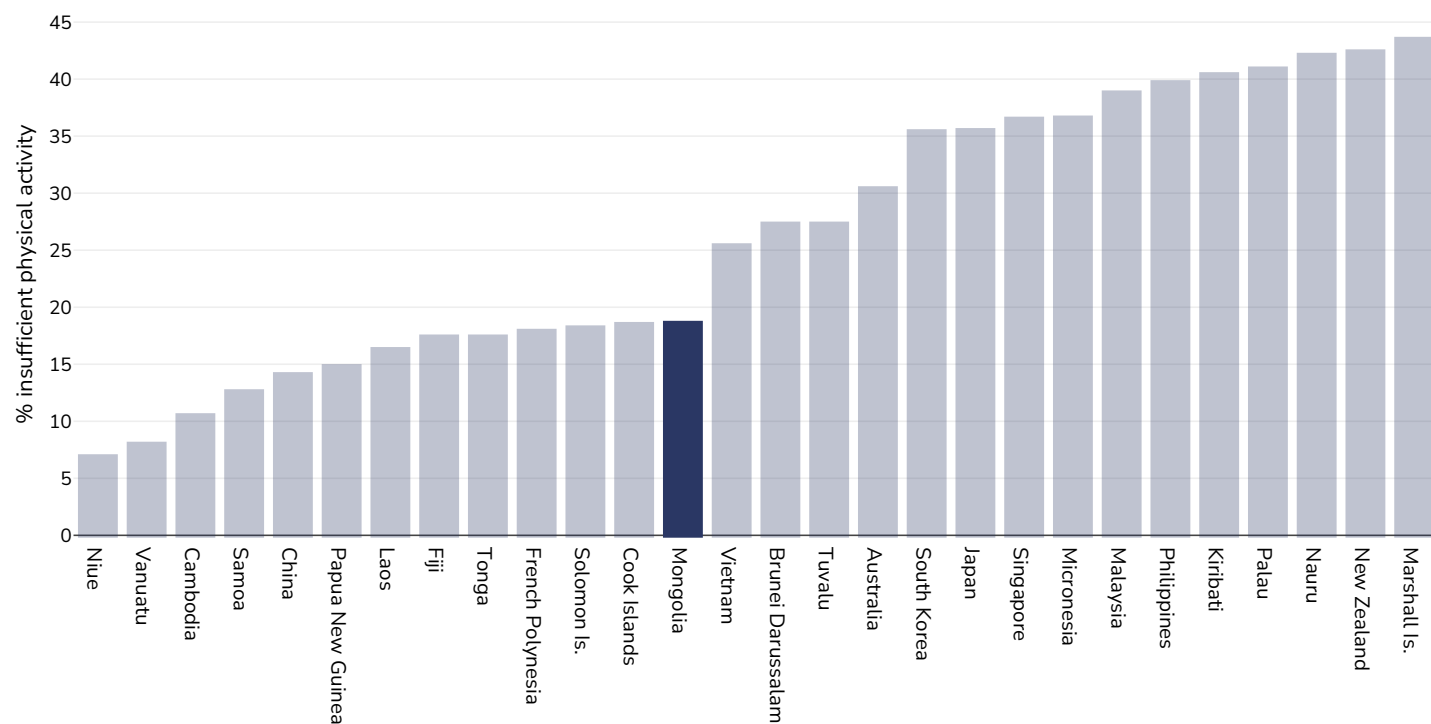
Notes: Ethnicity of household head

Definitions: Weight for height. Overweight = Between +2SD and +3SD. Obesity = >+3SD

Cutoffs: Other

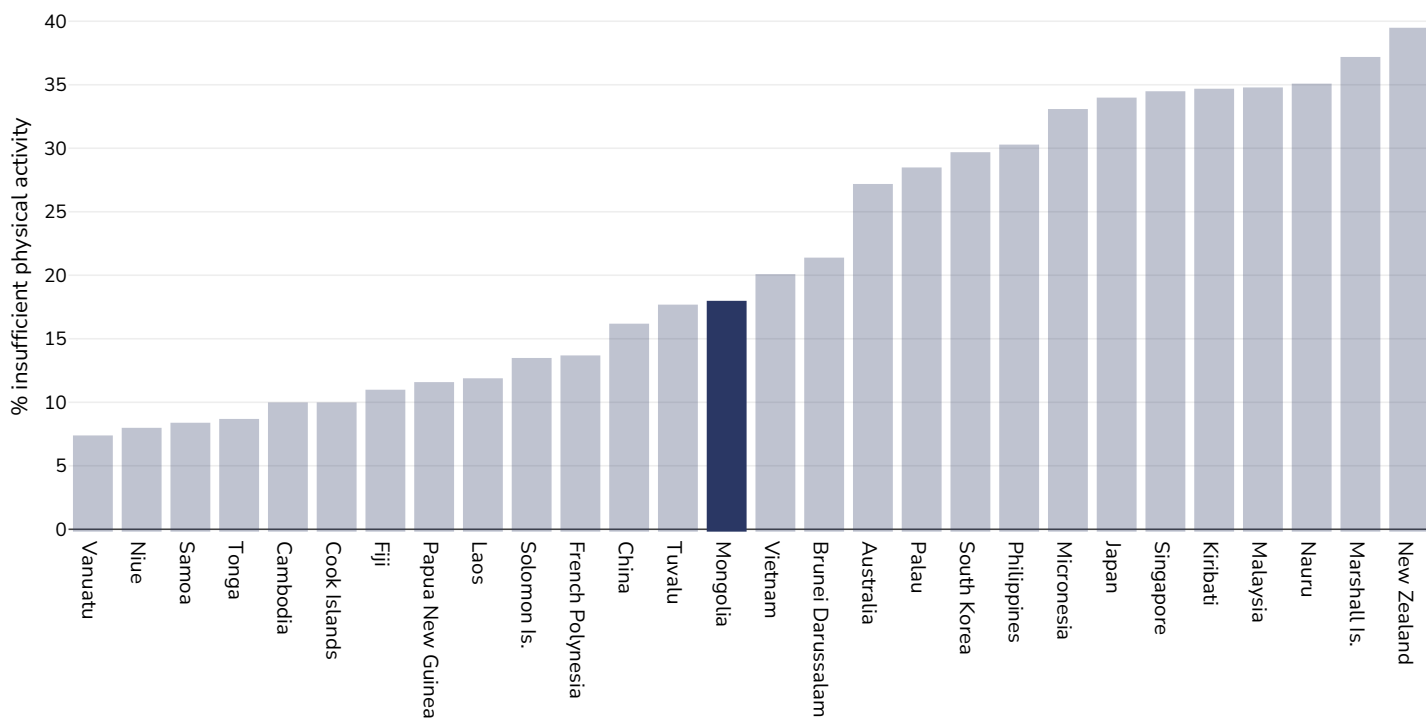
Insufficient physical activity

Adults, 2016



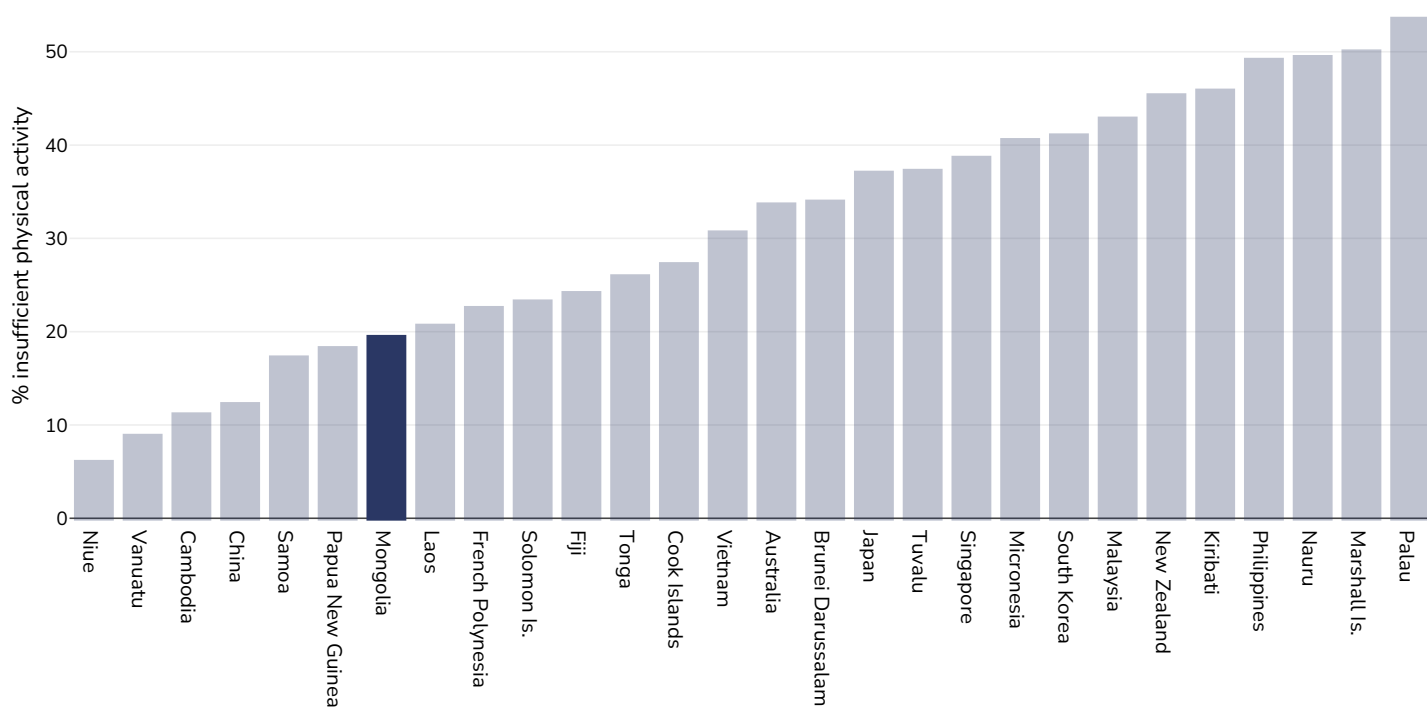
References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. *Lancet* 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Men, 2016



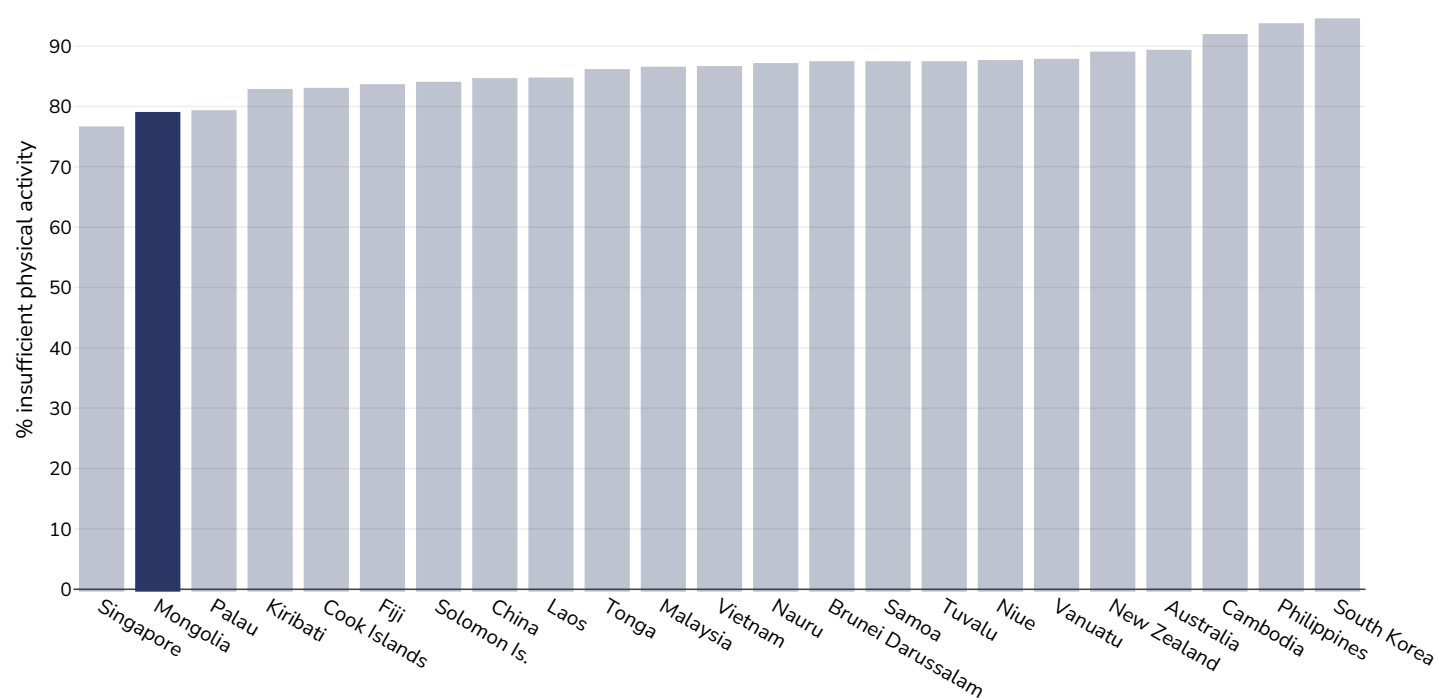
References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Women, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. *Lancet* 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Children, 2016



Survey type: Self-reported

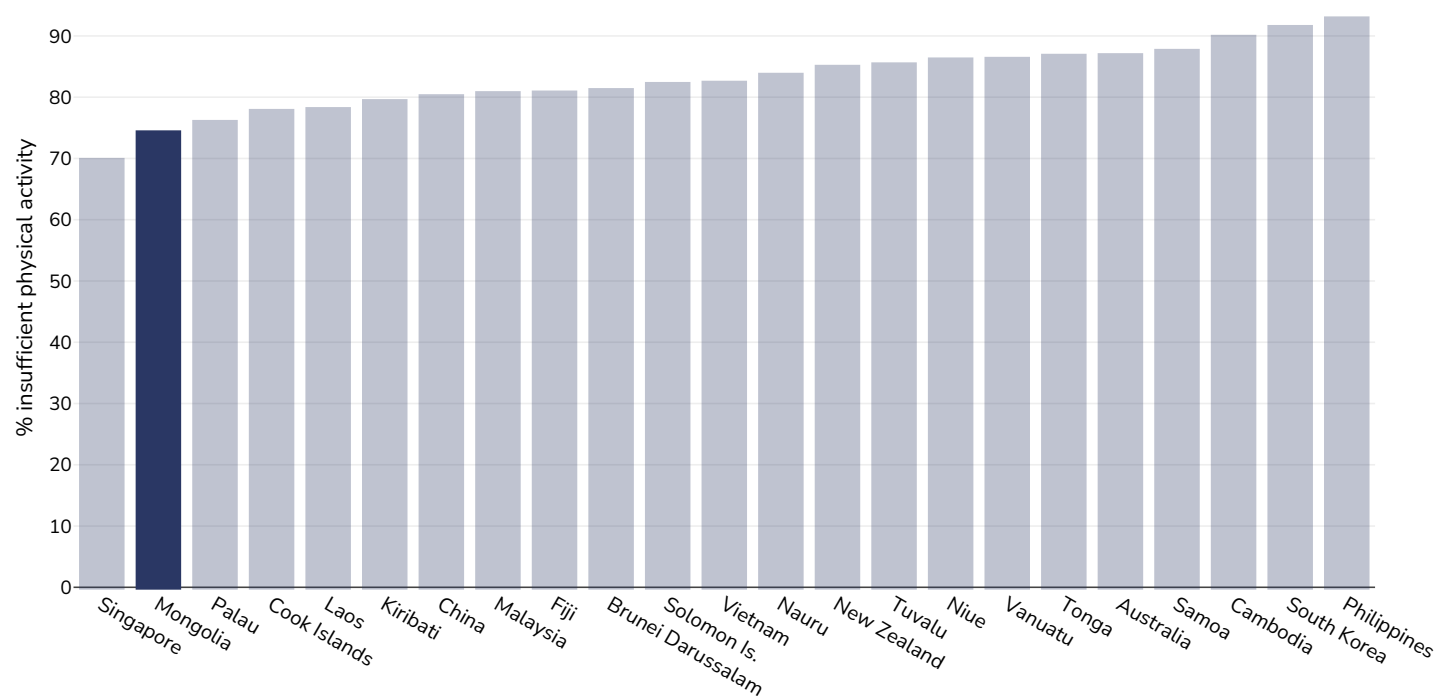
Age: 11-17

References: Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)

Boys, 2016



Survey type: Self-reported

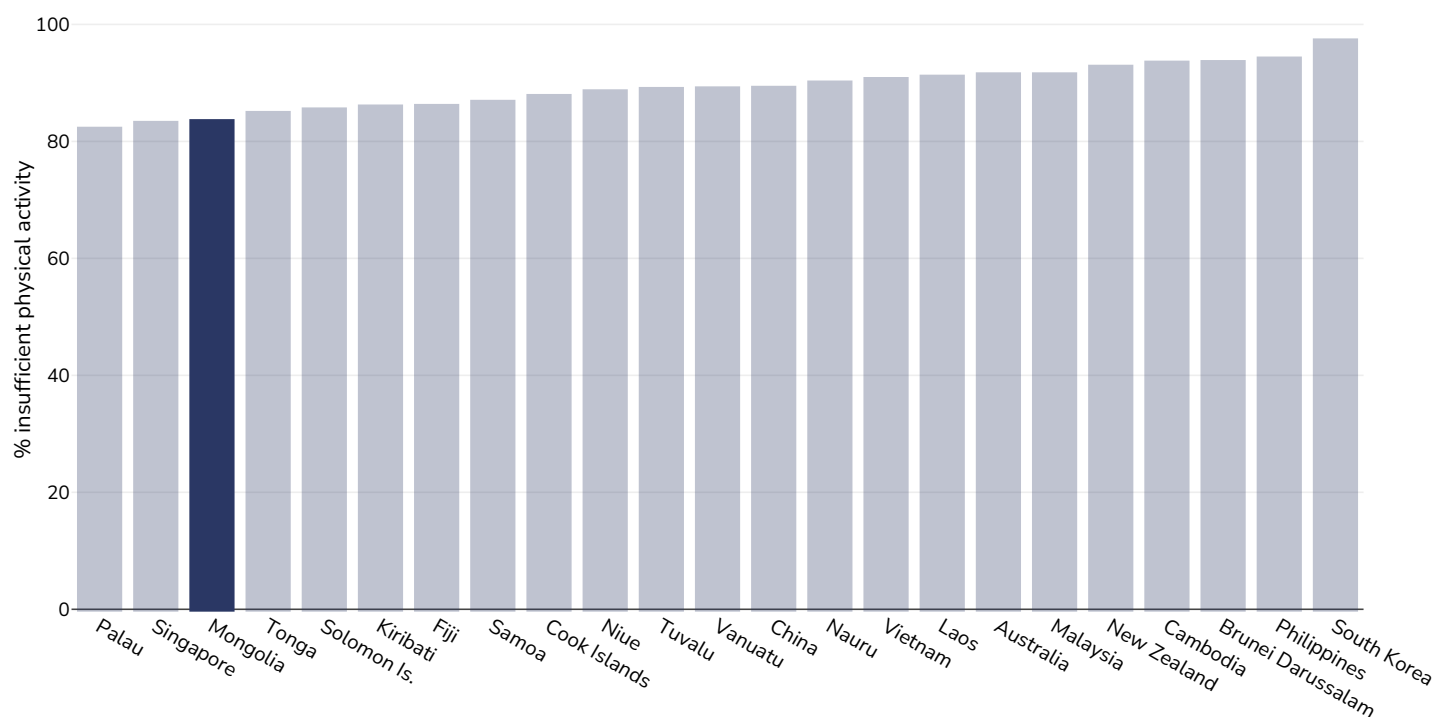
Age: 11-17

References: Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)

Girls, 2016



Survey type: Self-reported

Age: 11-17

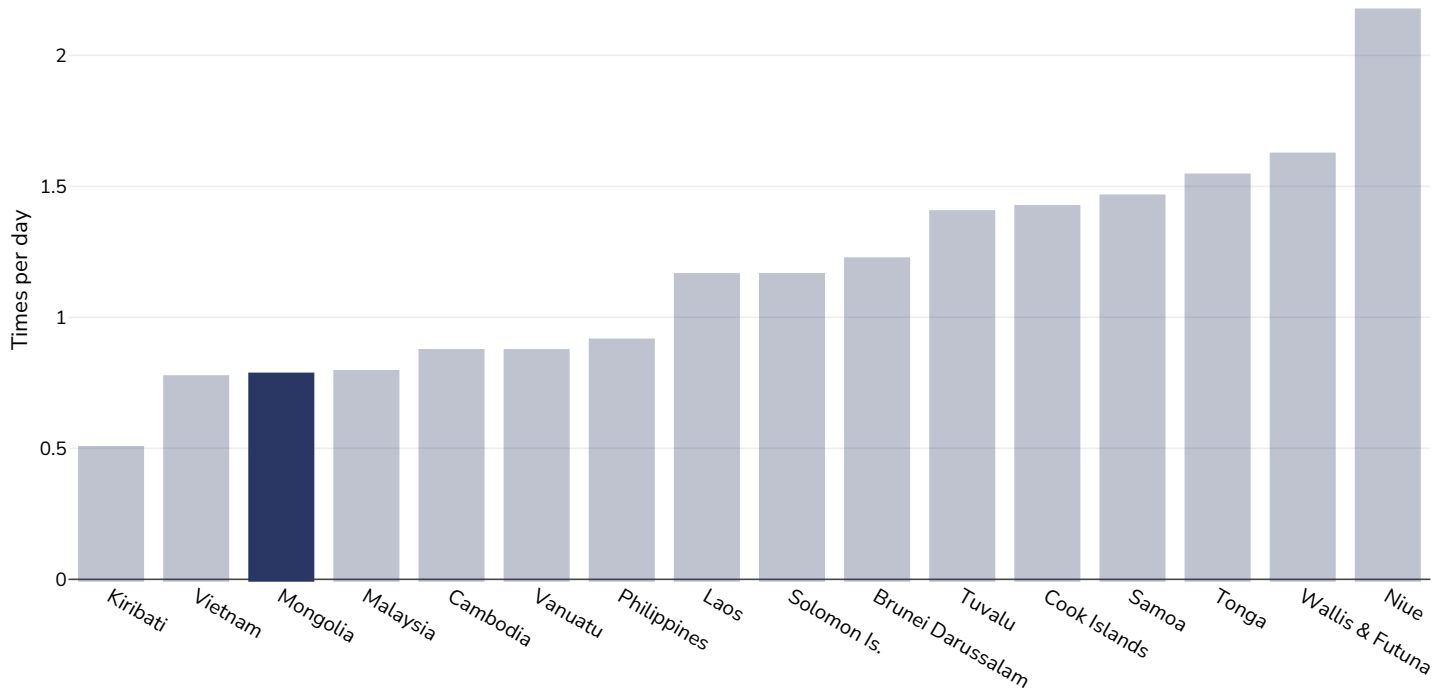
References: Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)

Average daily frequency of carbonated soft drink consumption

Children, 2010-2015



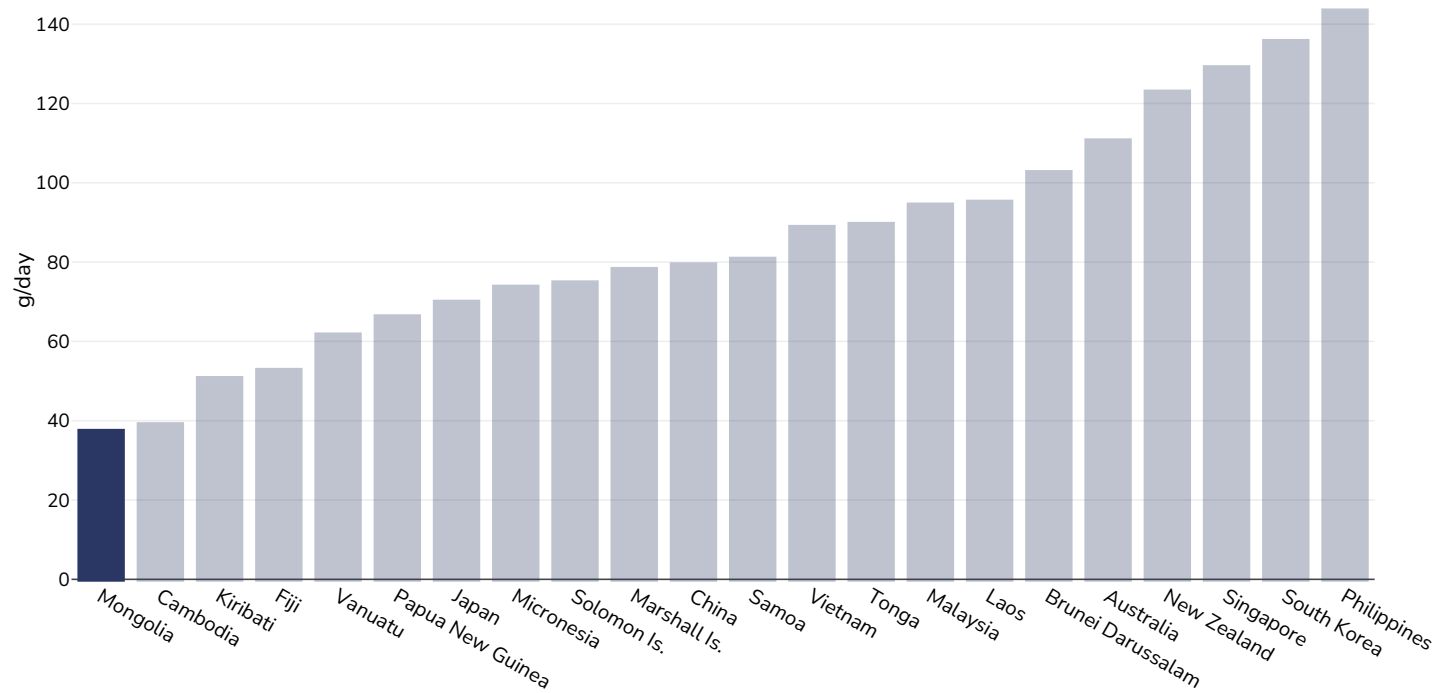
Survey type: Measured

Age: 12-17

References: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Estimated per capita fruit intake

Adults, 2017



Survey type: Measured

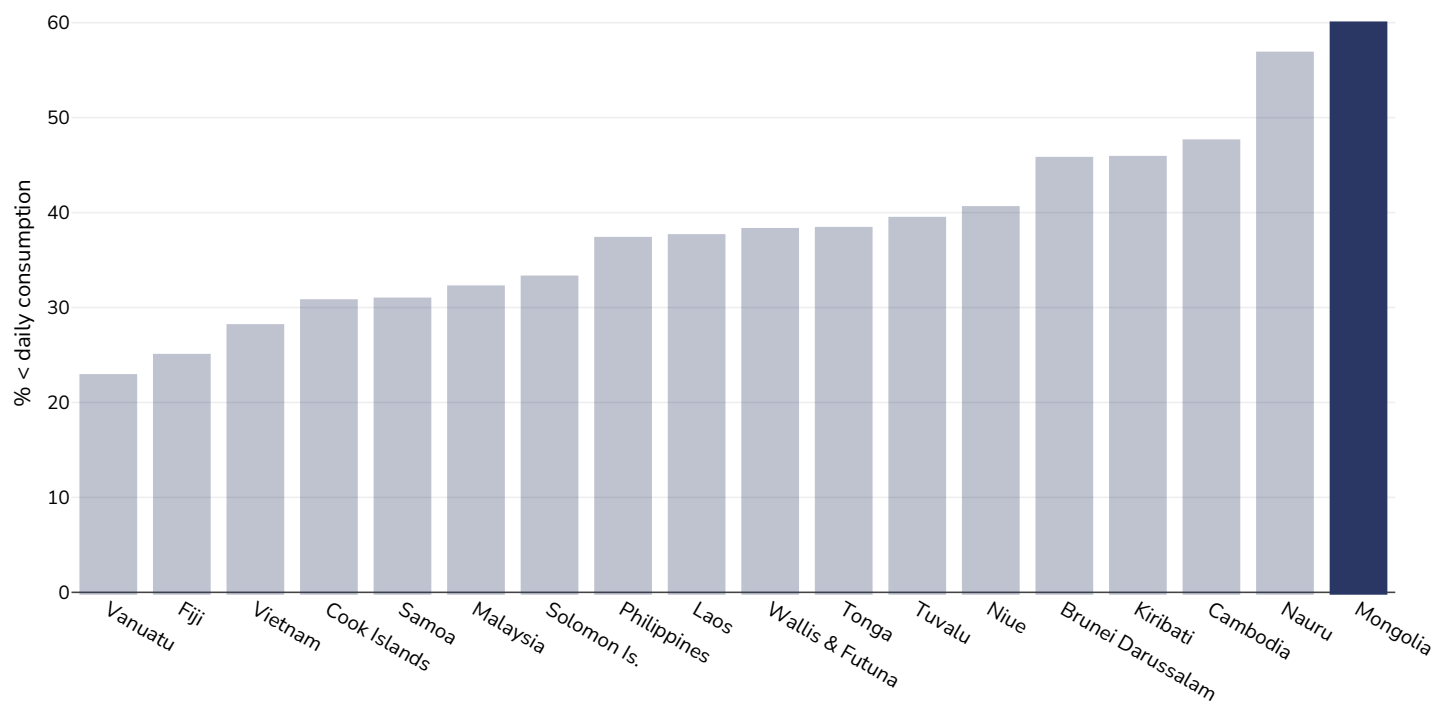
Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions: Estimated per-capita fruit intake (g/day)

Prevalence of less than daily fruit consumption

Children, 2010-2015



Survey type: Measured

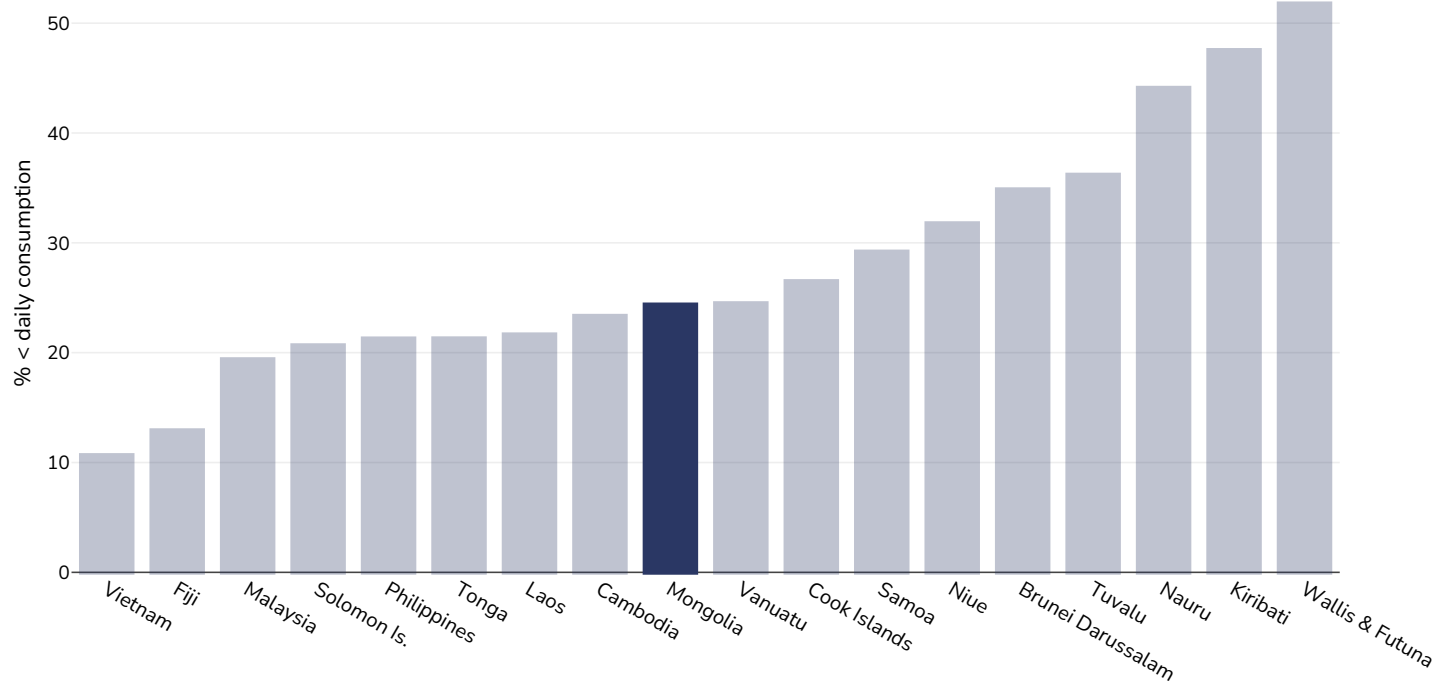
Age: 12-17

References: Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definitions: Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalence of less than daily vegetable consumption

Children, 2010-2015



Survey type: Measured

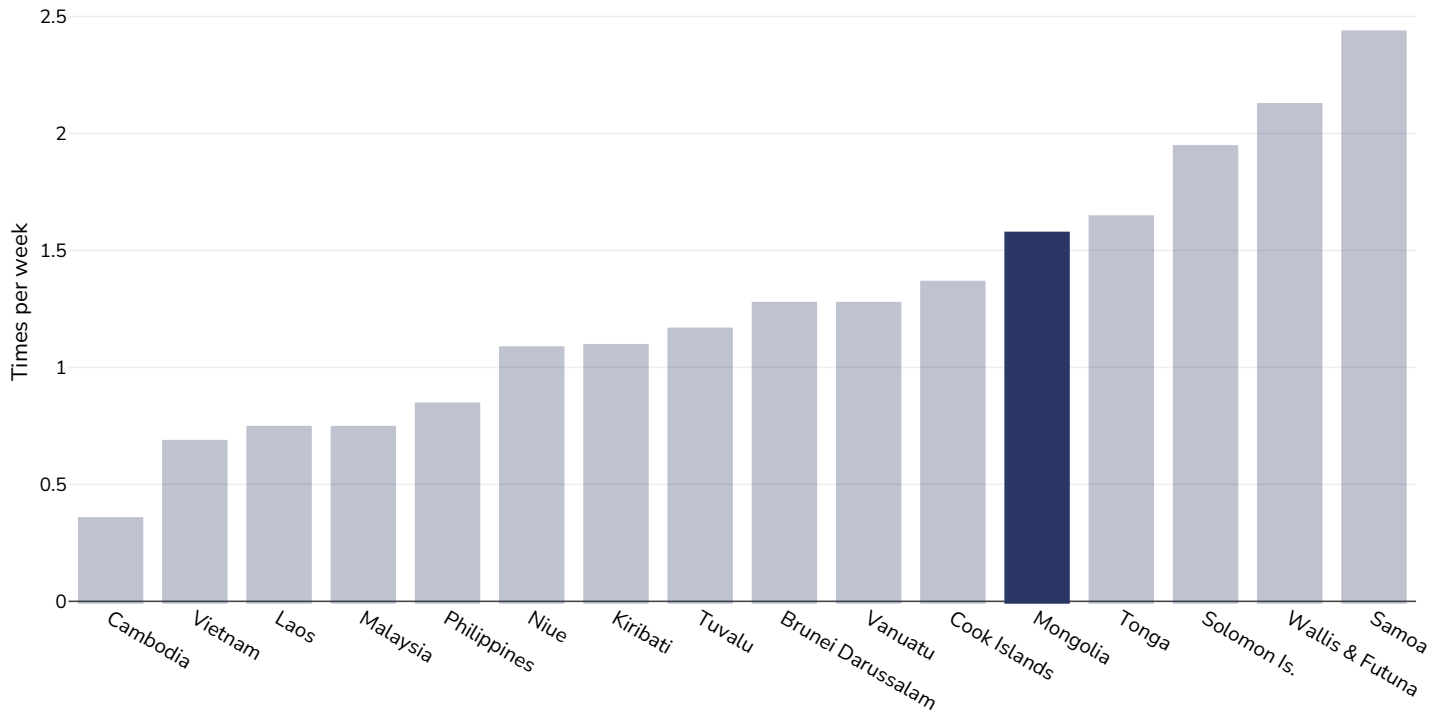
Age: 12-17

References: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definitions: Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Average weekly frequency of fast food consumption

Children, 2010-2015

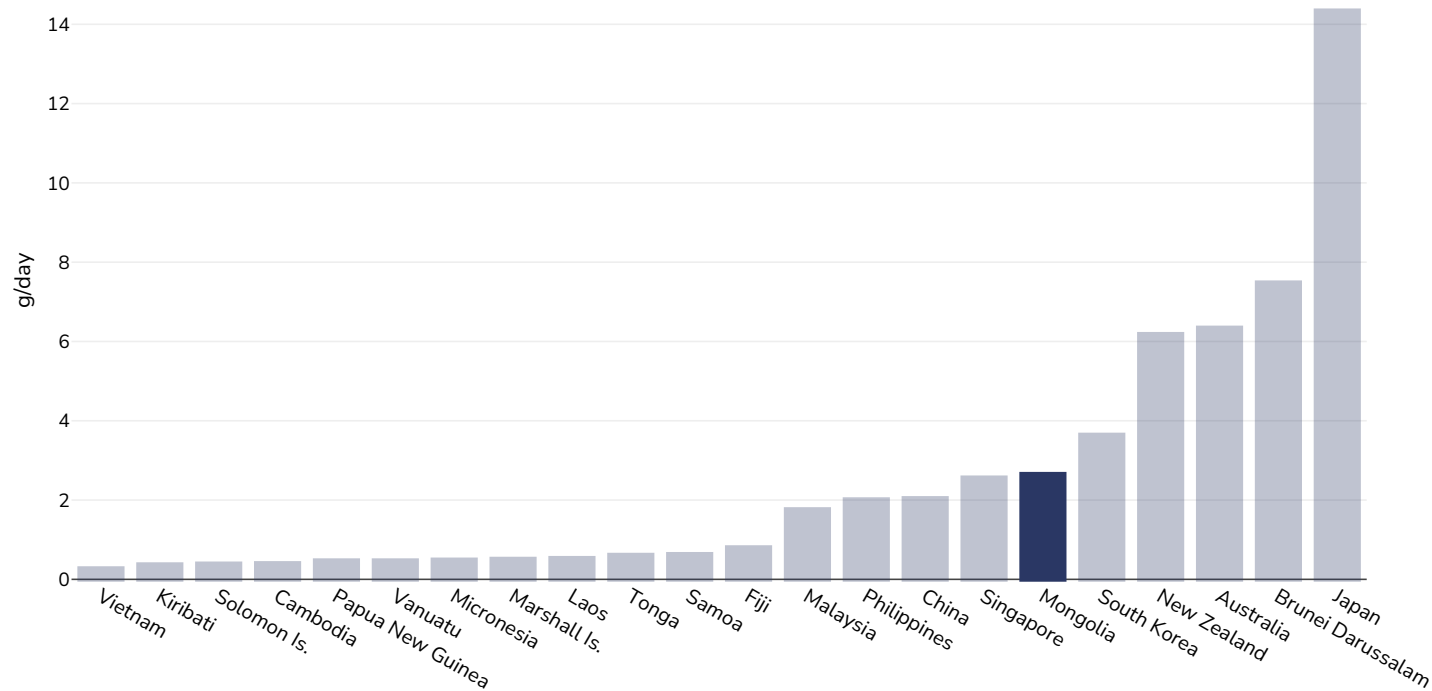


Age: 12-17

References: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Estimated per-capita processed meat intake

Adults, 2017



Survey type: Measured

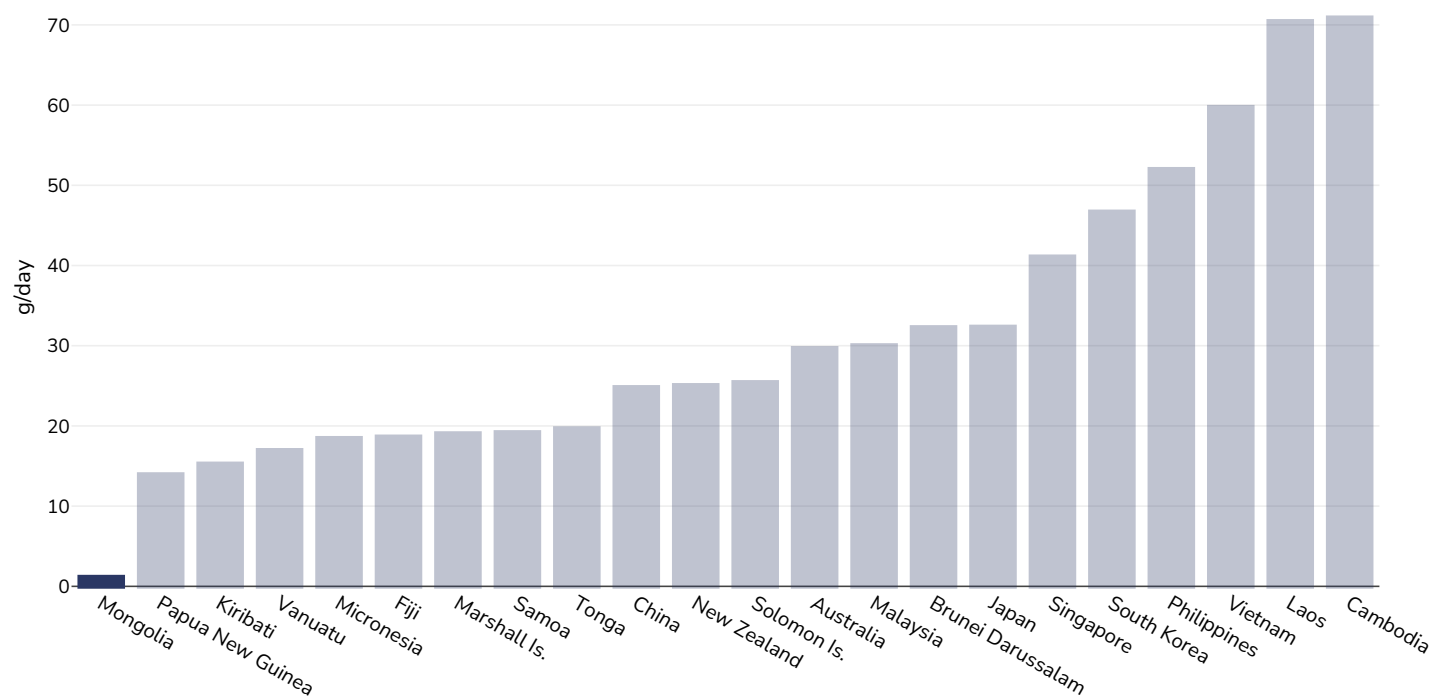
Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions: Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

Adults, 2017



Survey type: Measured

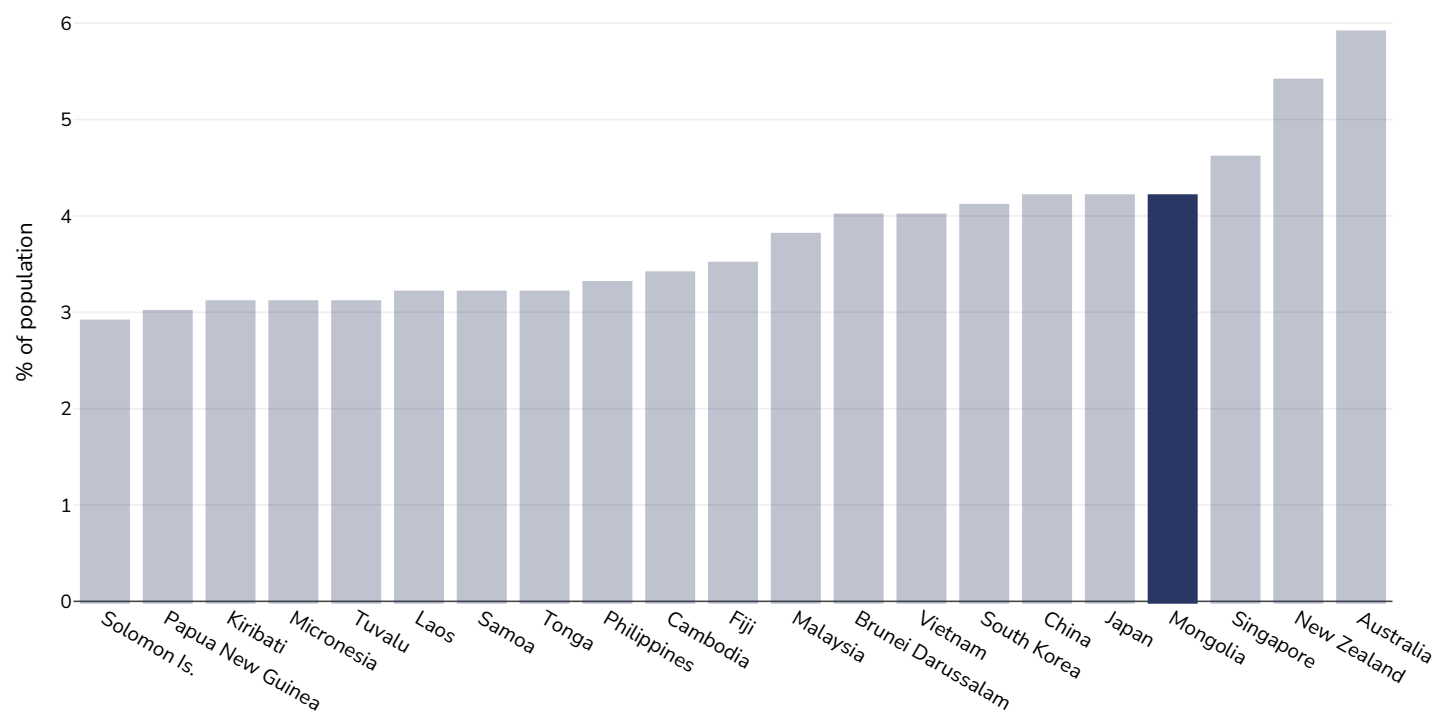
Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions: Estimated per-capita whole grains intake (g/day)

Mental health - depression disorders

Adults, 2015

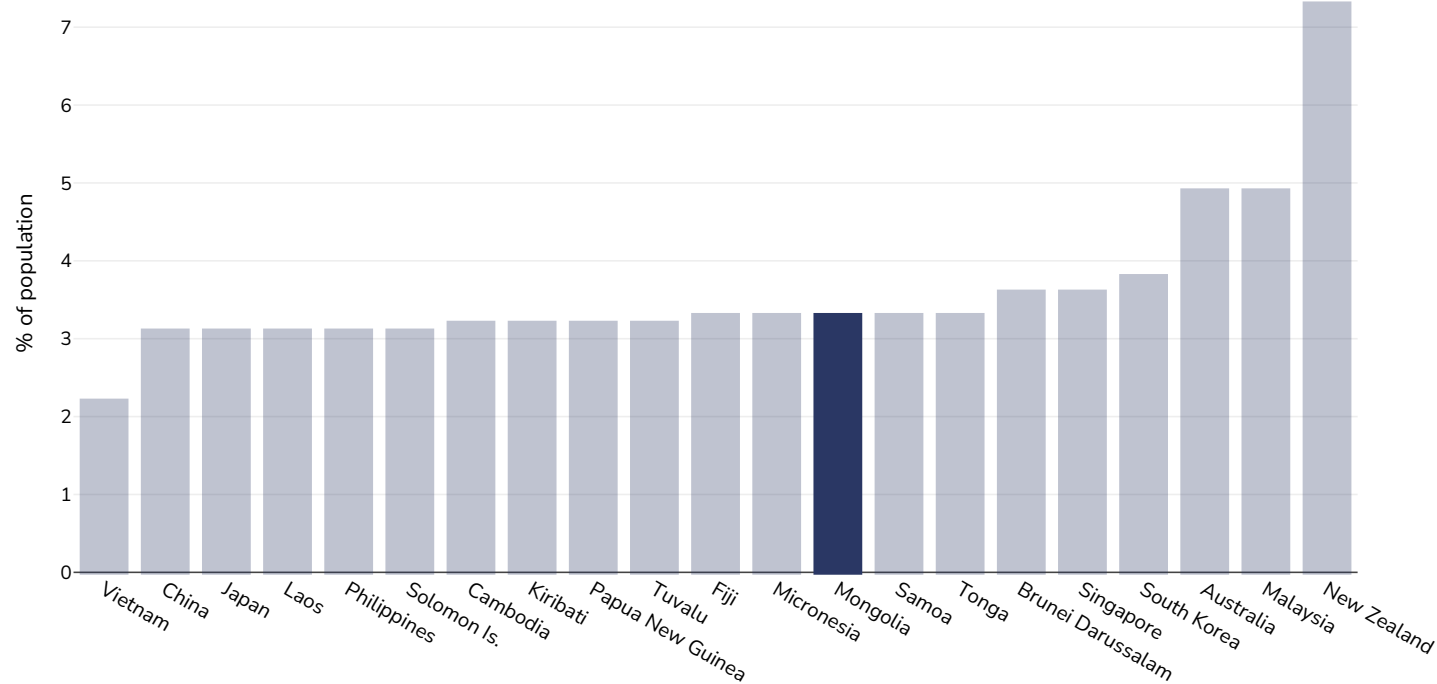


References: Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitions: % of population with depression disorders

Mental health - anxiety disorders

Adults, 2015

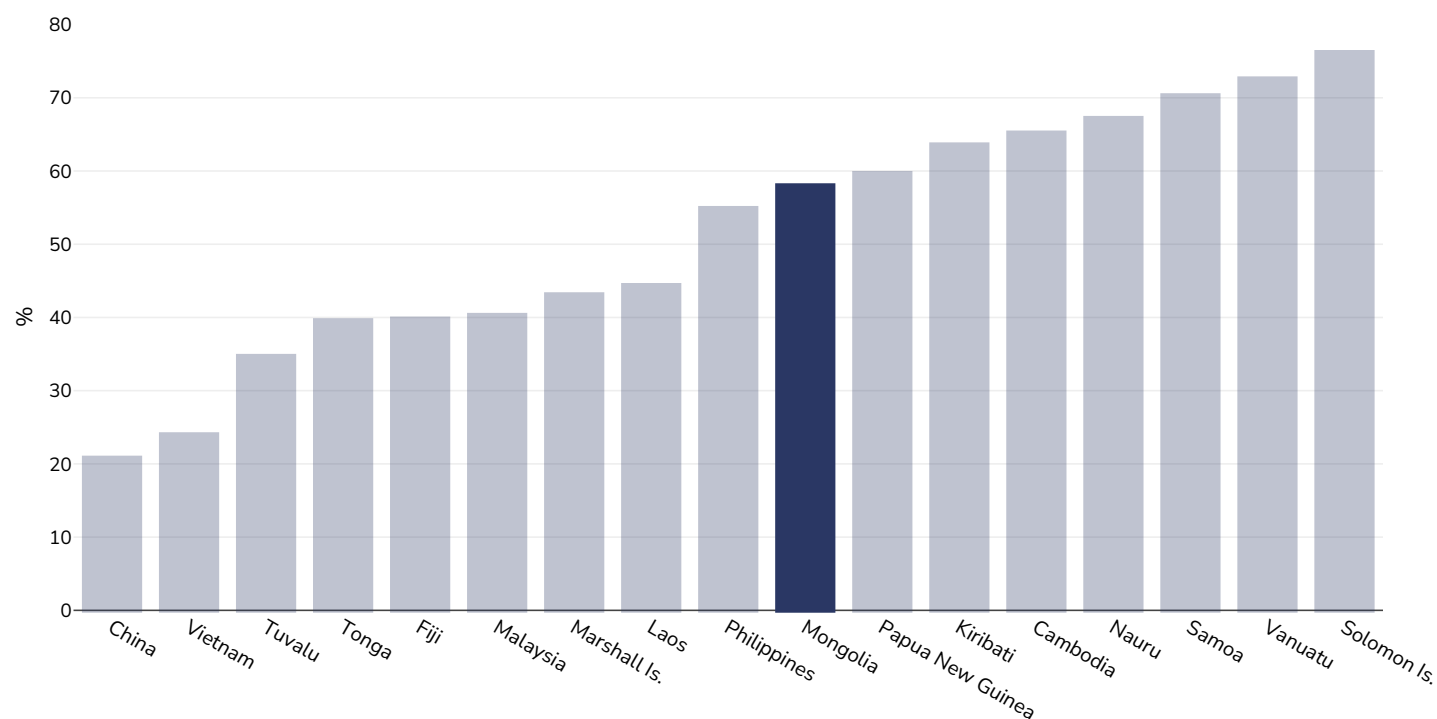


References: Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitions: % of population with anxiety disorders

% Infants exclusively breastfed 0-5 months

Children, 2004-2020



Area covered: National

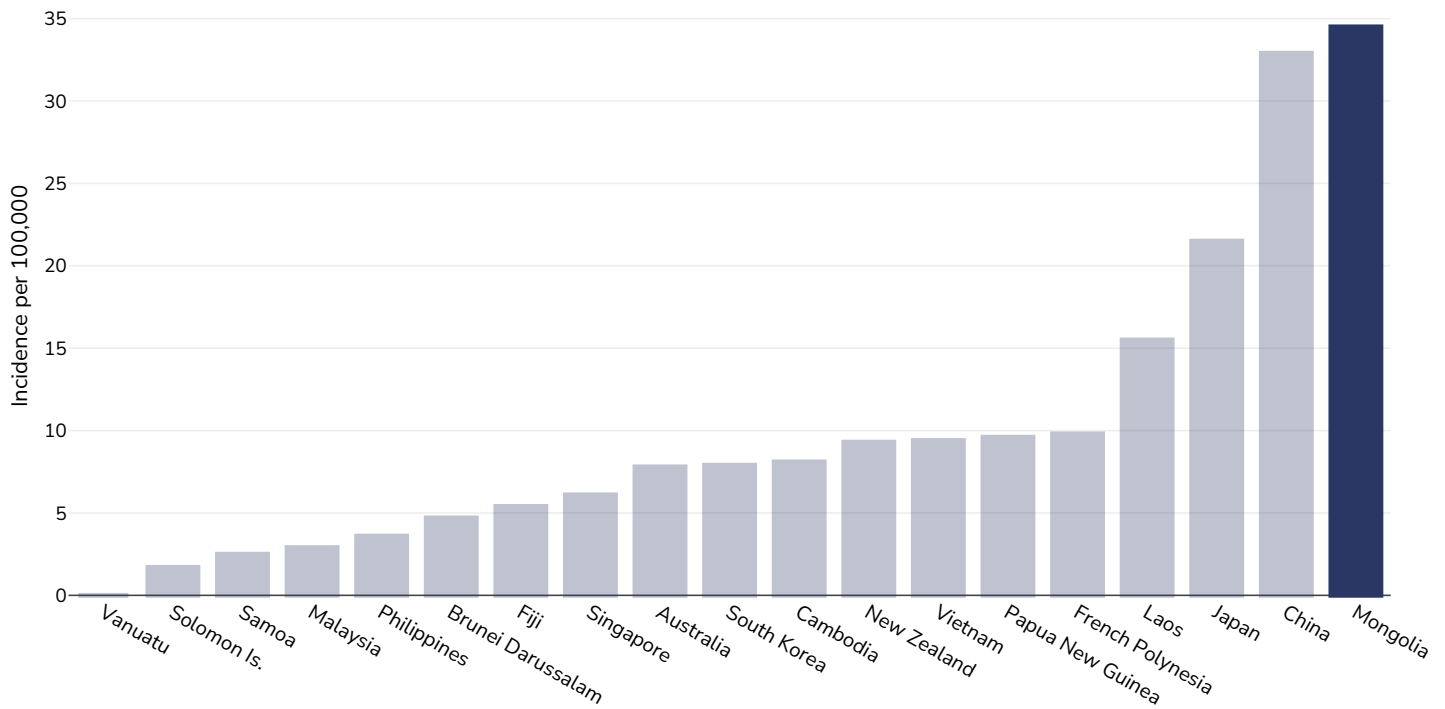
References: Mongolia 2020 MICS Plus, Wave 2

Notes: See UNICEF website for further survey information. Available at : <https://data.unicef.org/resources/dataset/infant-young-child-feeding/> (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

Definitions: % exclusively breastfed 0-5 months

Oesophageal cancer

Men, 2020



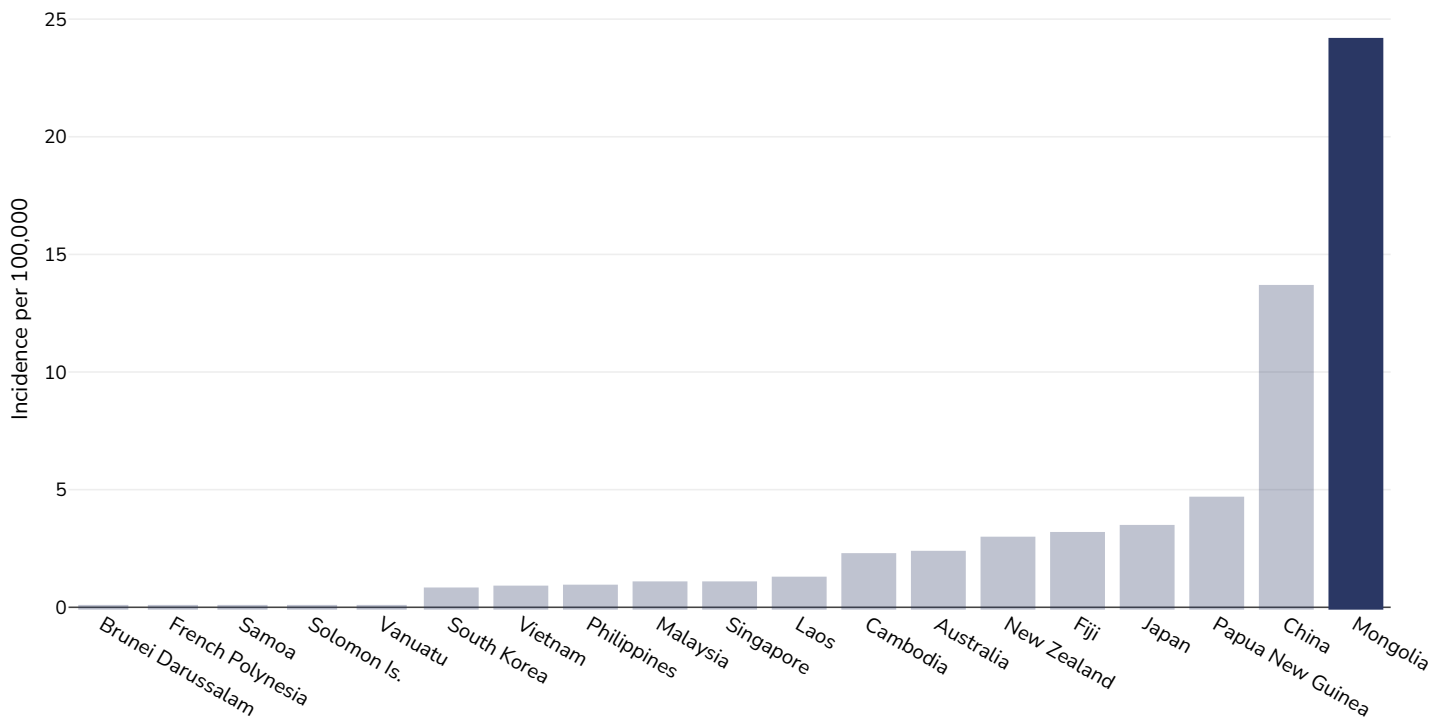
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2245

Definitions: Age-standardized incidence rates per 100 000

Women, 2020



Age: 20+

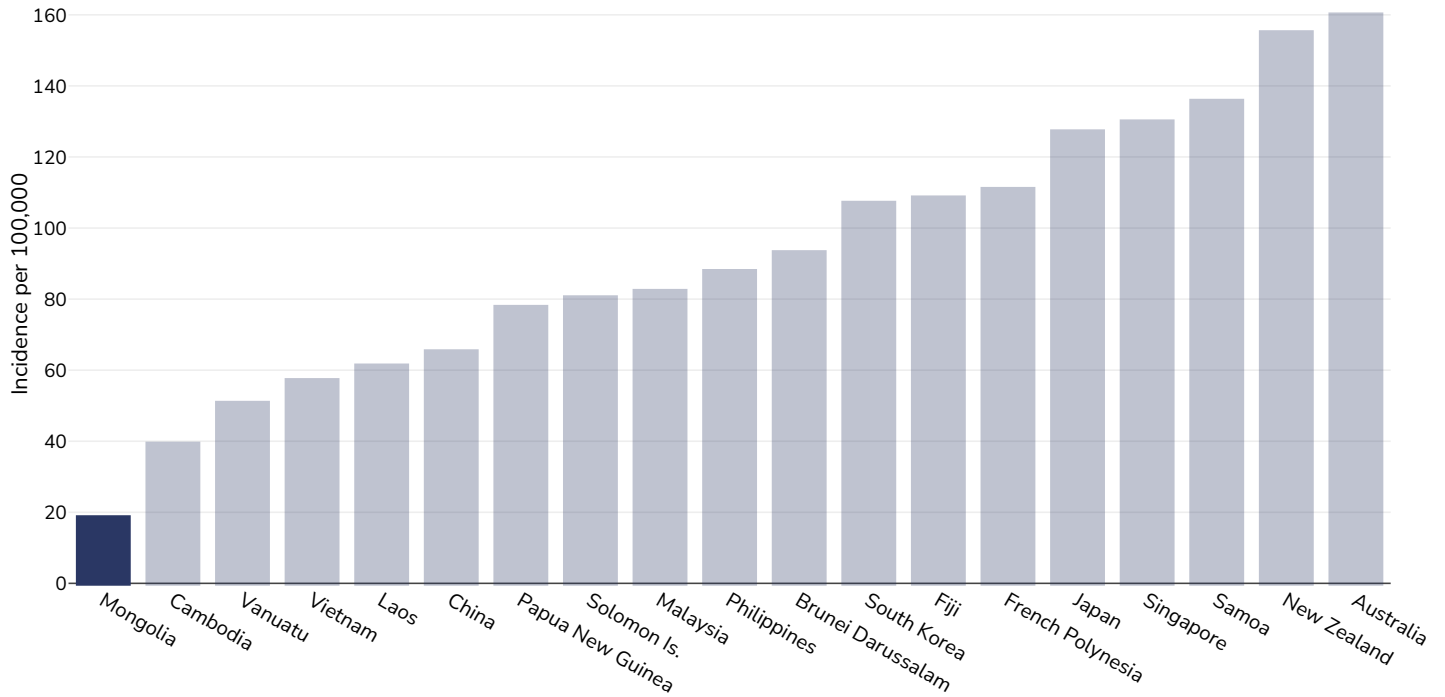
Area covered: National

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2245

Definitions: Age-standardized incidence rates per 100 000

Breast cancer

Women, 2020



Age: 20+

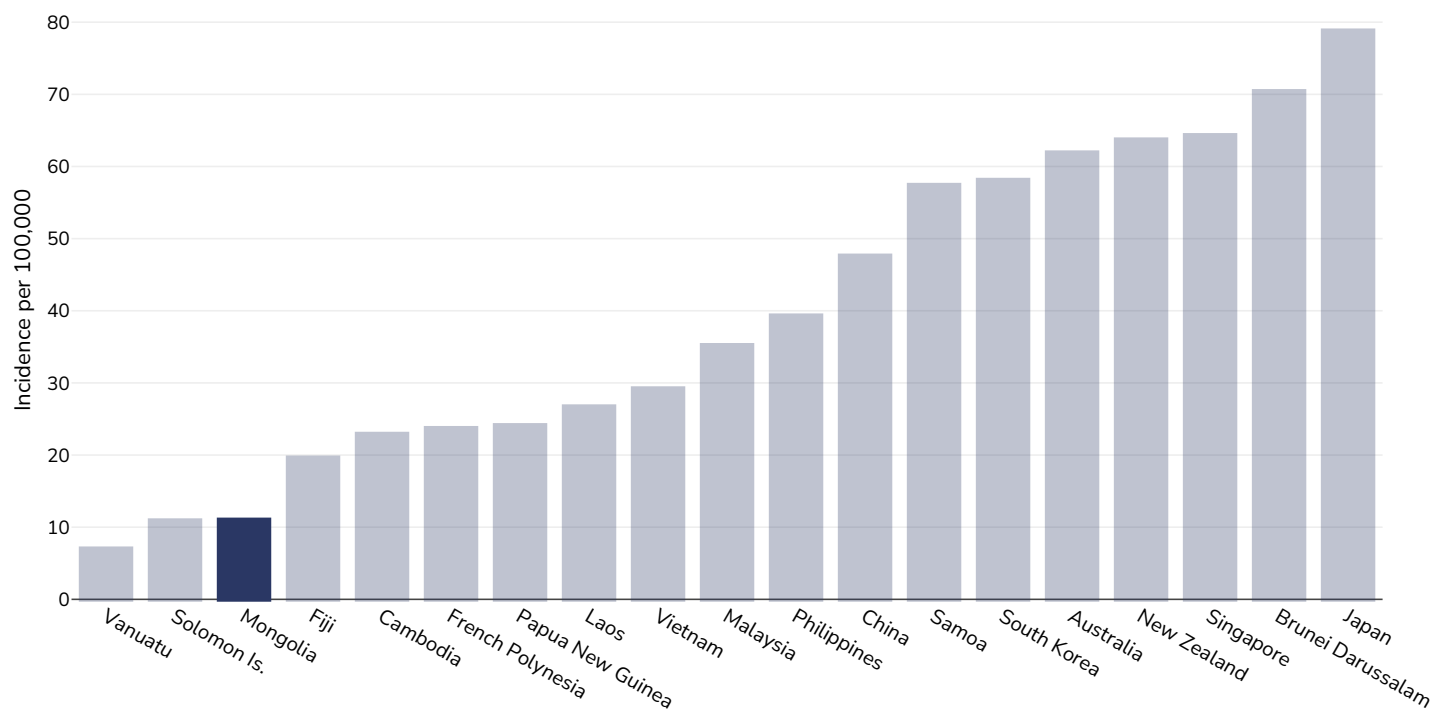
Area covered: National

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2245

Definitions: Age-standardized incidence rates per 100 000

Colorectal cancer

Men, 2020



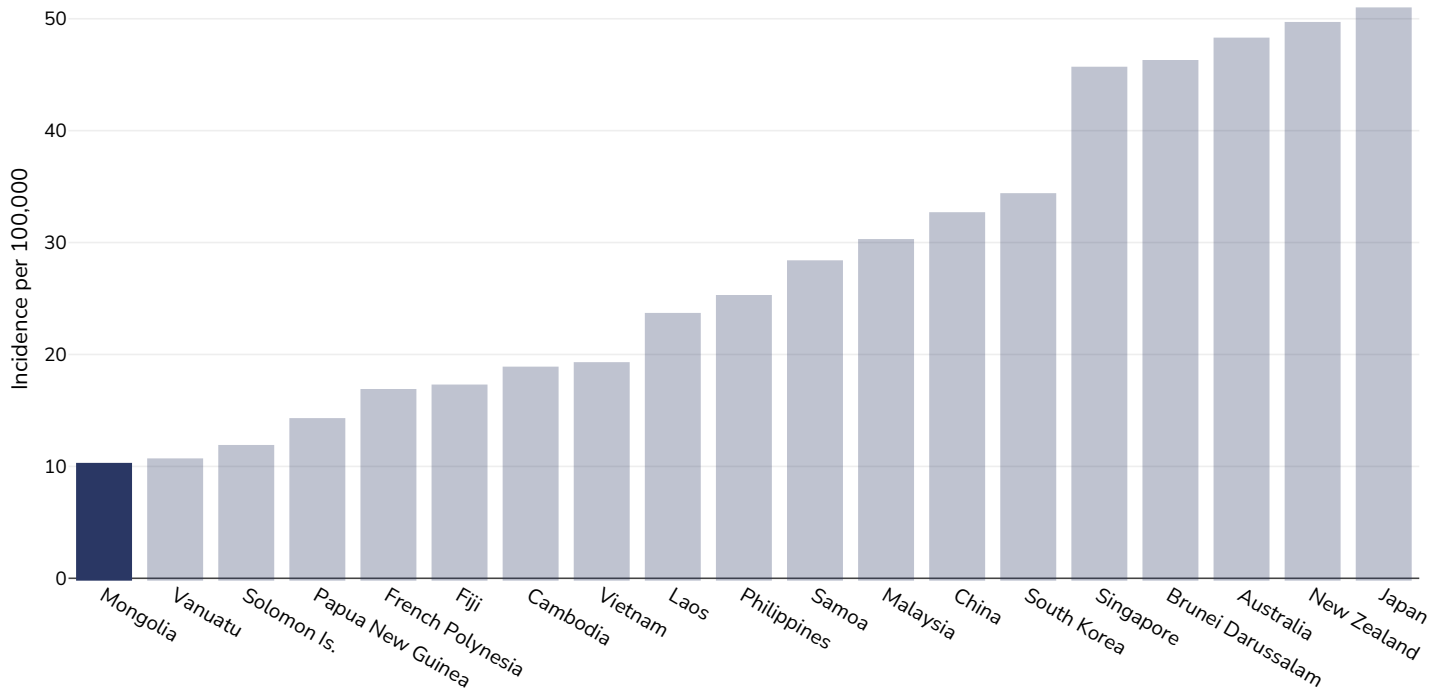
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2245

Definitions: Age-standardized incidence rates per 100 000

Women, 2020



Age: 20+

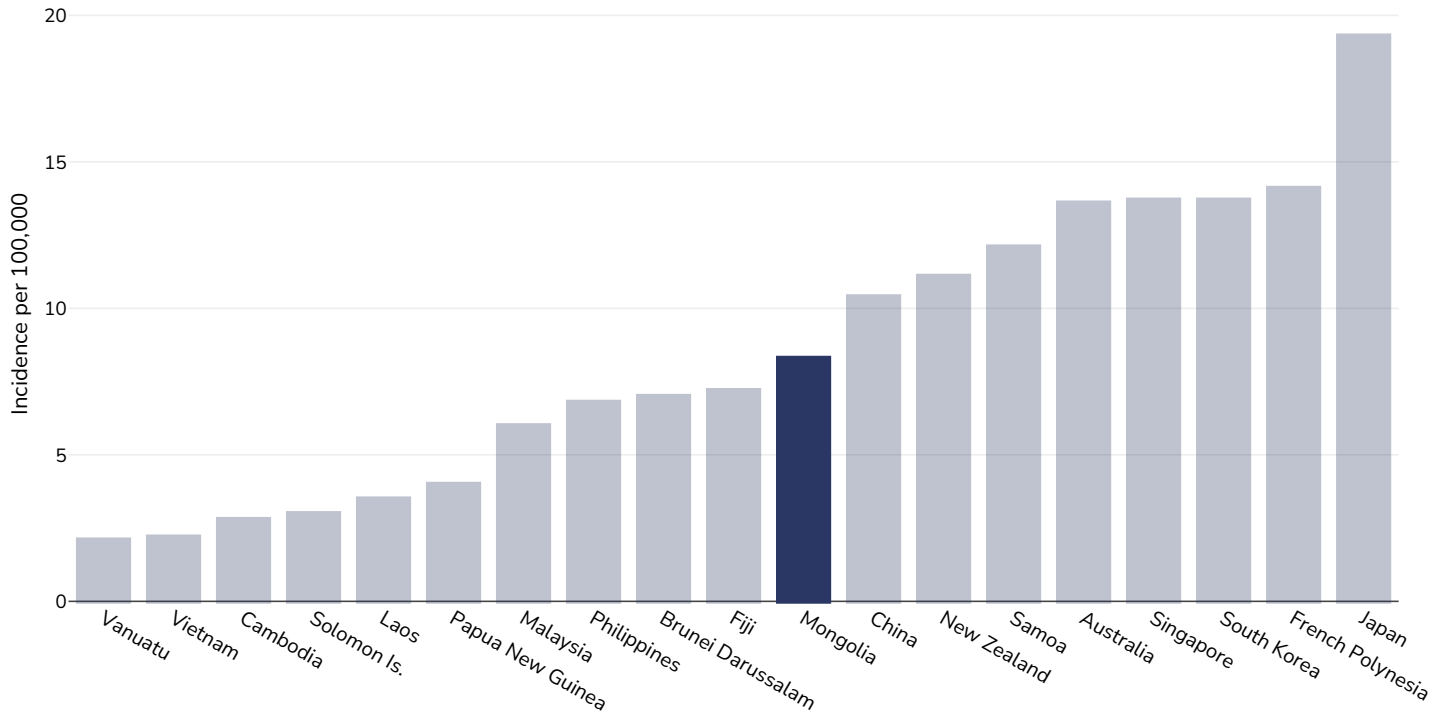
Area covered: National

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2245

Definitions: Age-standardized incidence rates per 100 000

Pancreatic cancer

Men, 2020



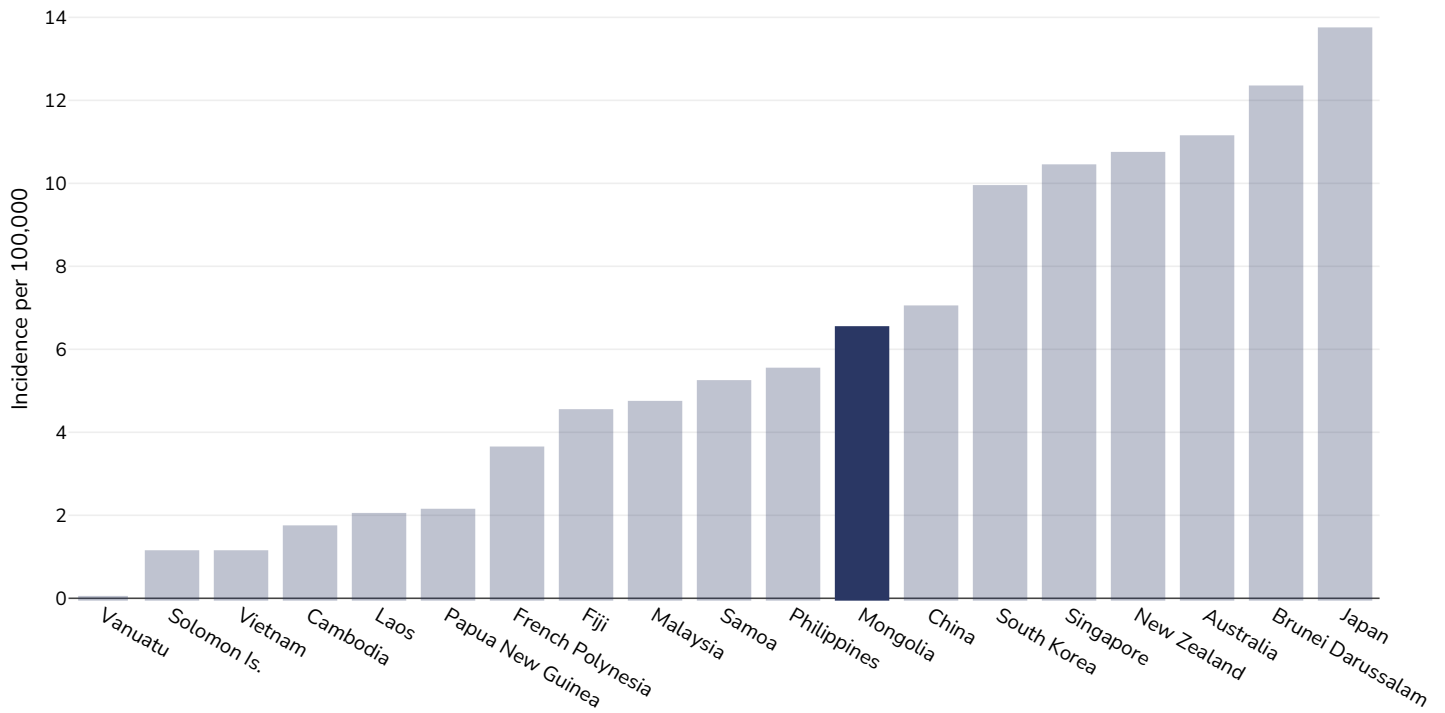
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2245

Definitions: Age-standardized incidence rates per 100 000

Women, 2020



Age: 20+

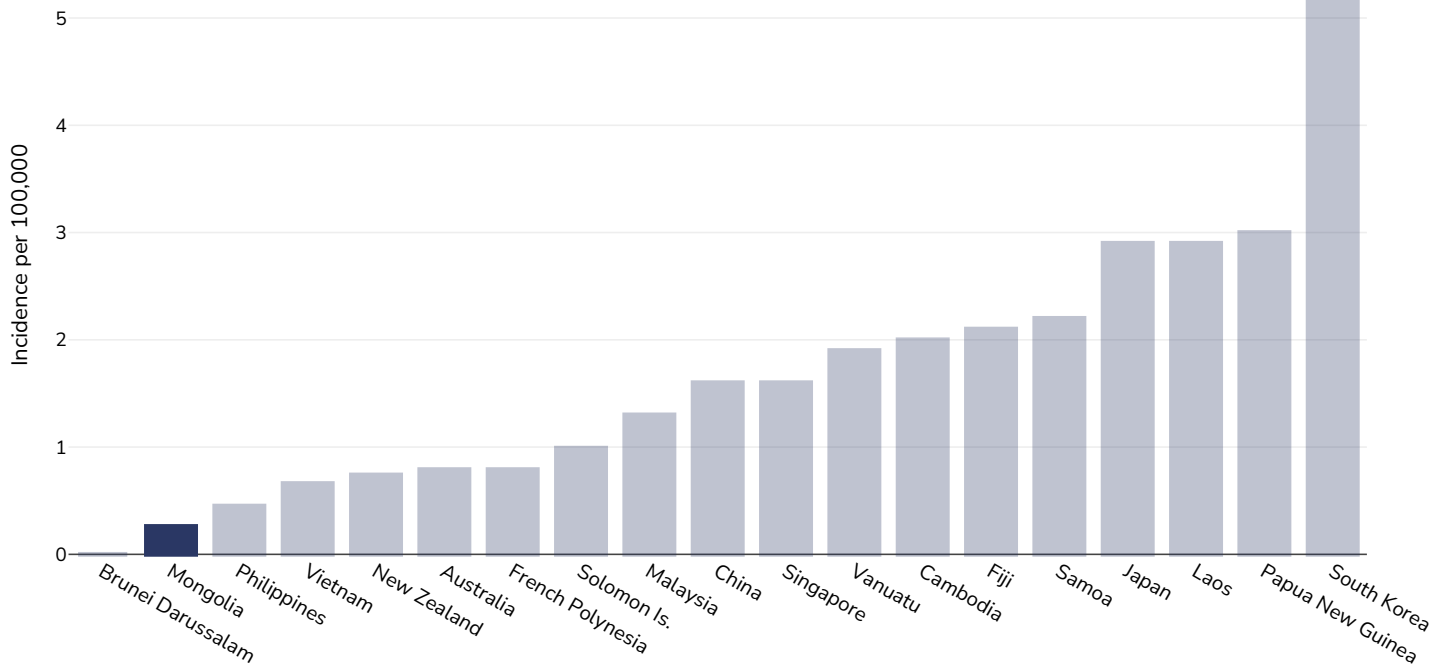
Area covered: National

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2245

Definitions: Age-standardized incidence rates per 100 000

Gallbladder cancer

Men, 2020



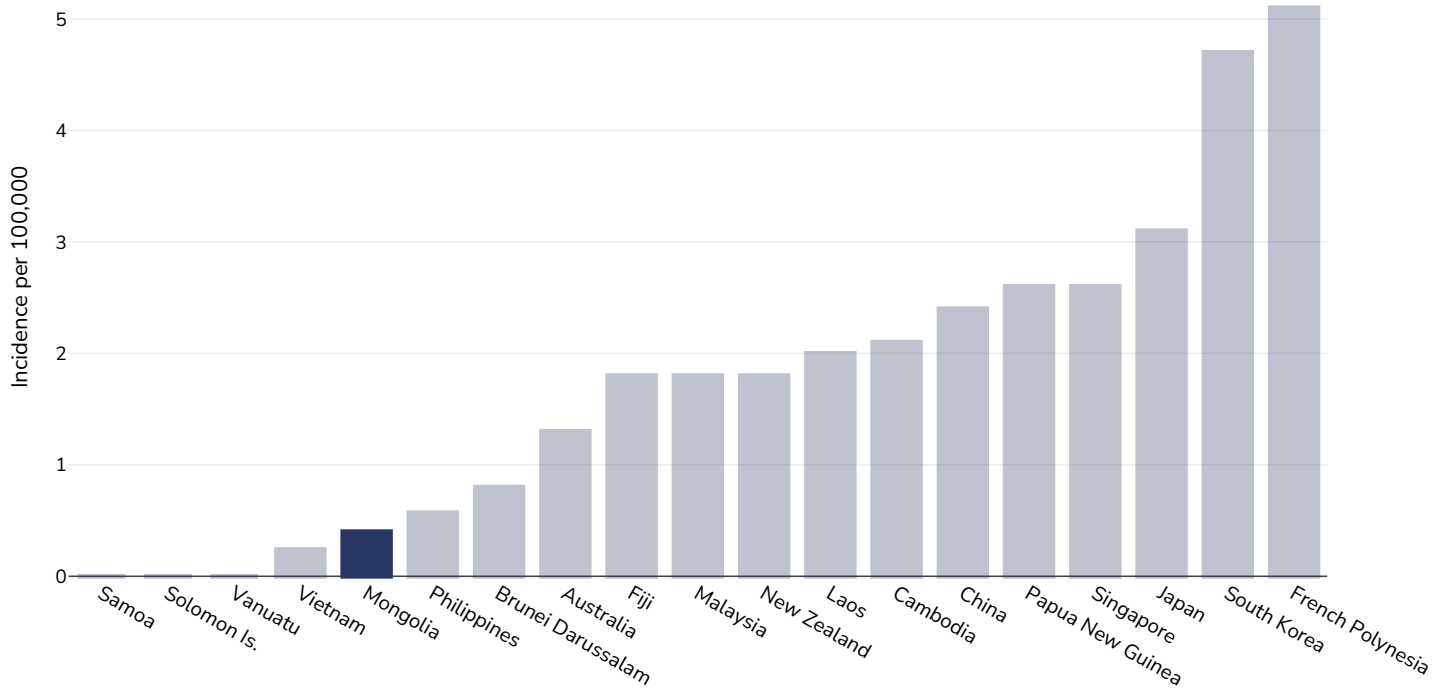
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2245

Definitions: Age-standardized incidence rates per 100 000

Women, 2020



Age: 20+

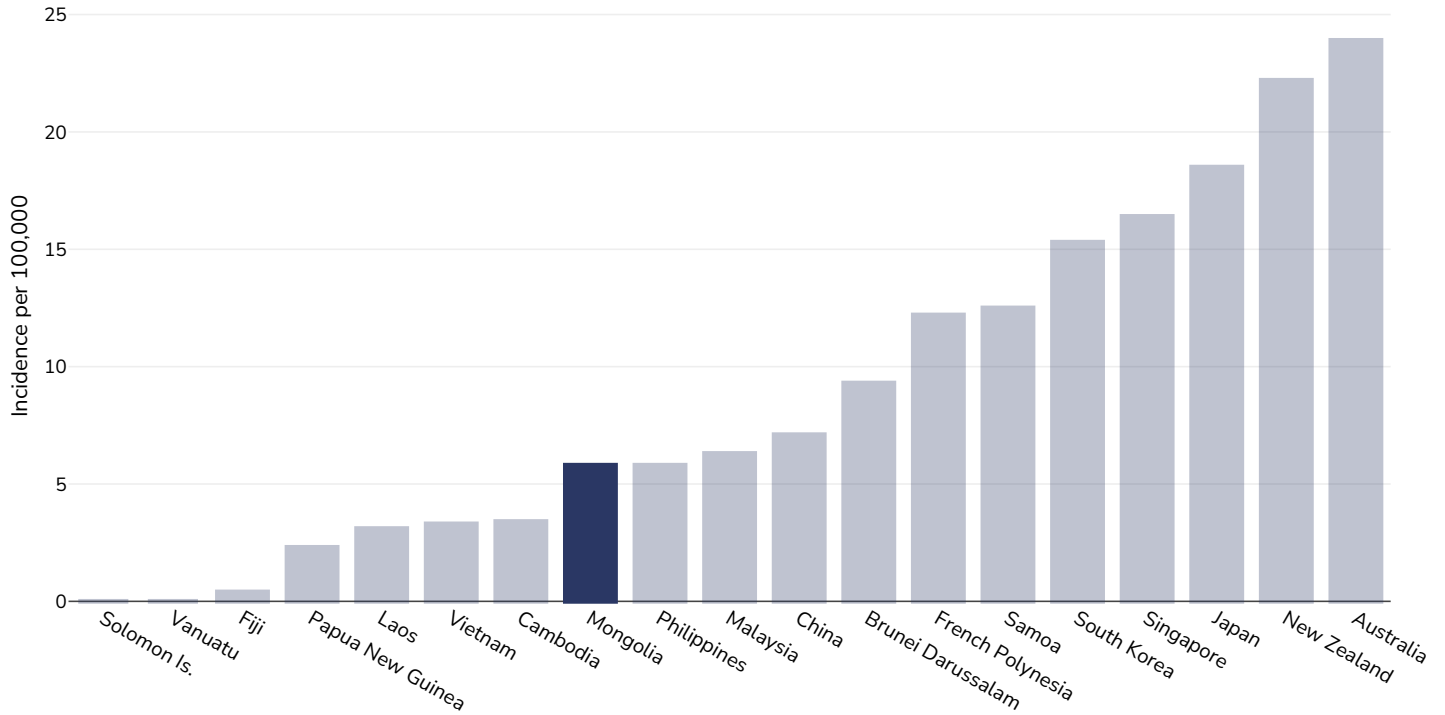
Area covered: National

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2245

Definitions: Age-standardized incidence rates per 100 000

Kidney cancer

Men, 2020



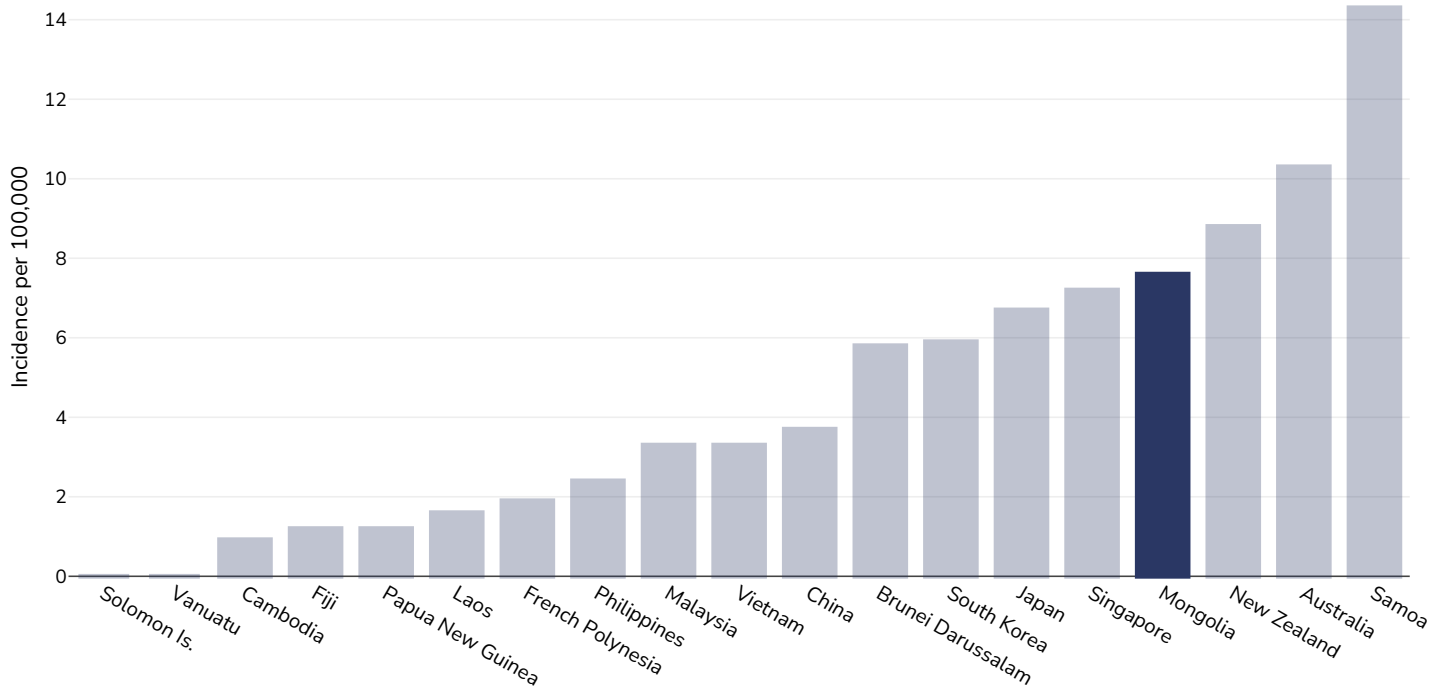
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2245

Definitions: Age-standardized incidence rates per 100 000

Women, 2020



Age: 20+

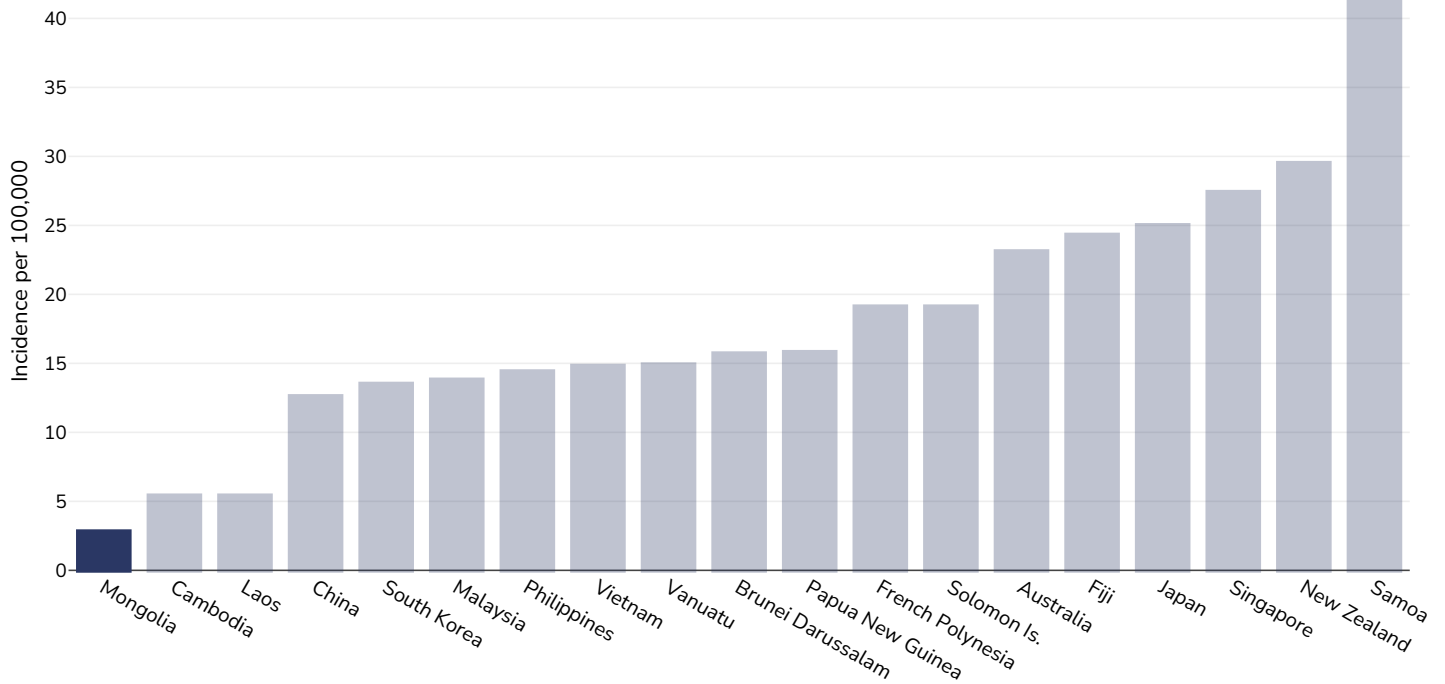
Area covered: National

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2245

Definitions: Age-standardized incidence rates per 100 000

Cancer of the uterus

Women, 2020



Age: 20+

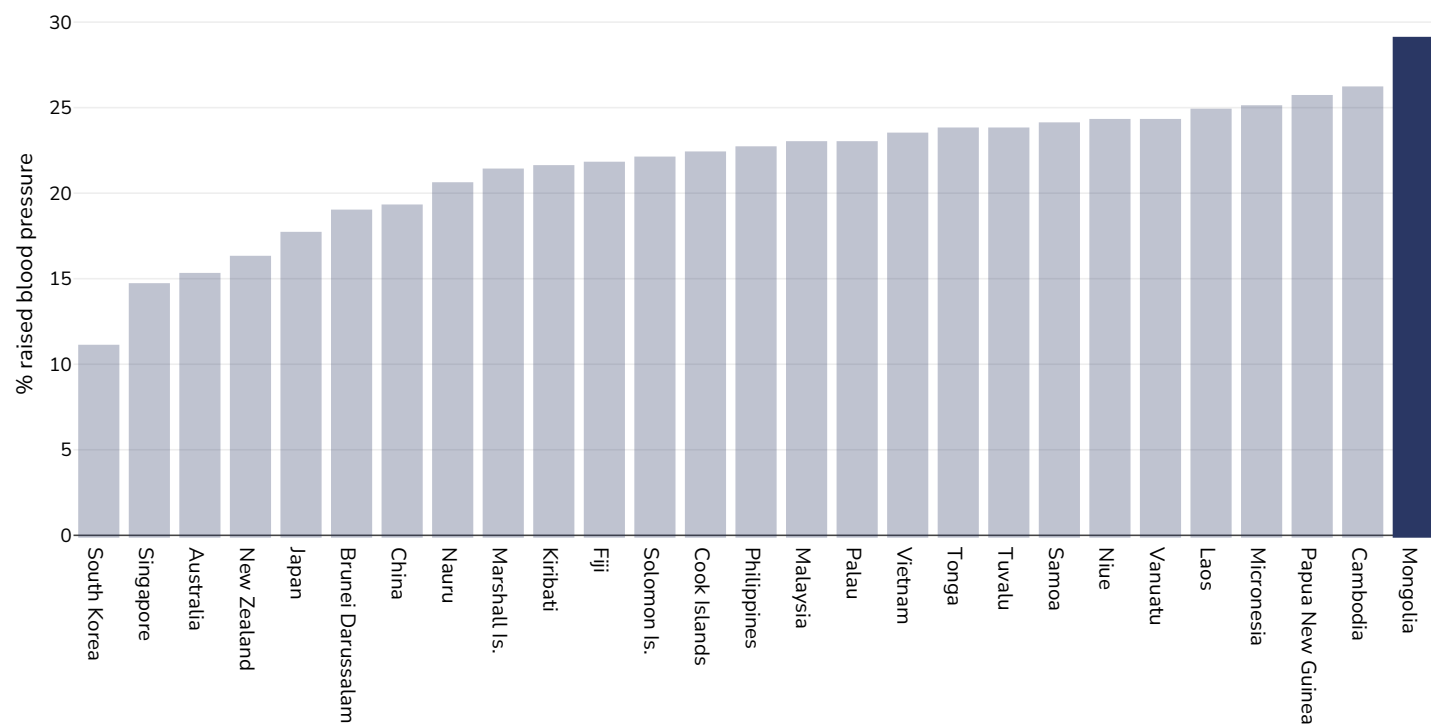
Area covered: National

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2245

Definitions: Age-standardized incidence rates per 100 000

Raised blood pressure

Adults, 2015



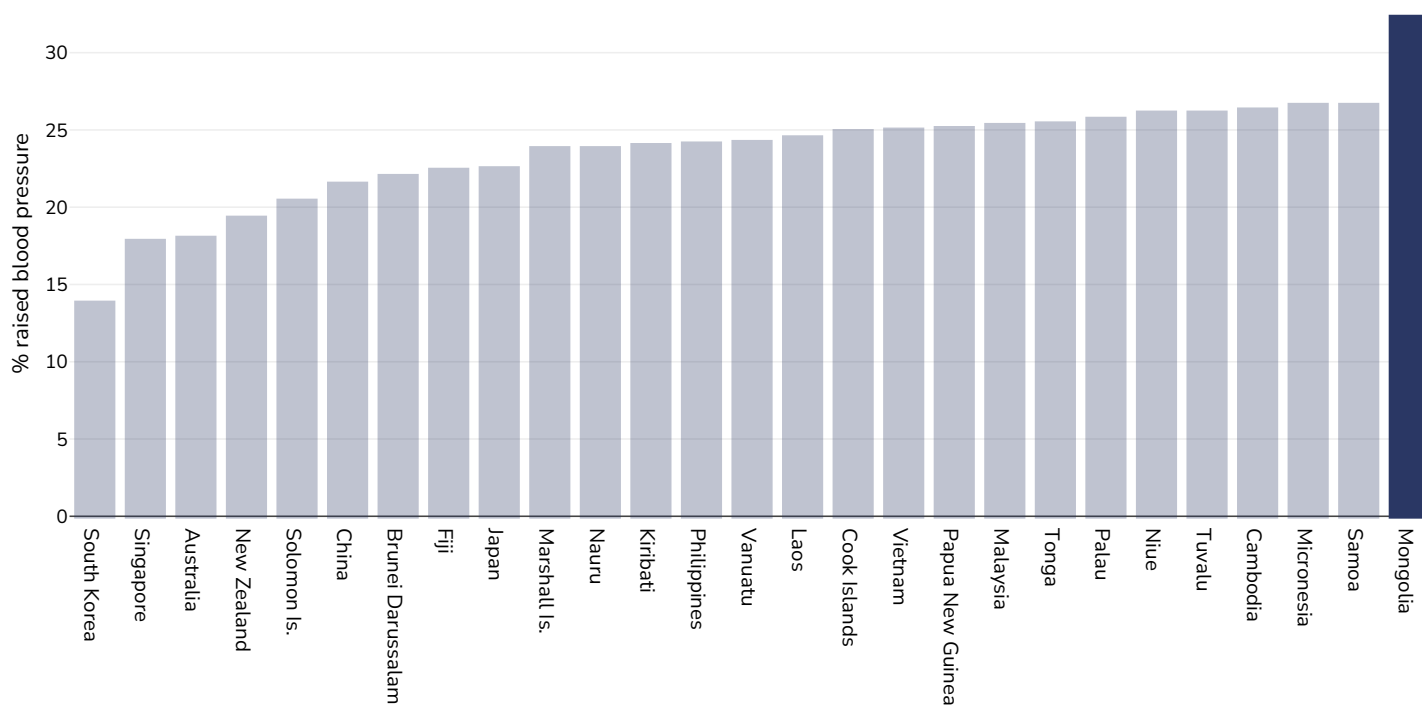
References:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP \geq 140 OR DBP \geq 90).

Men, 2015



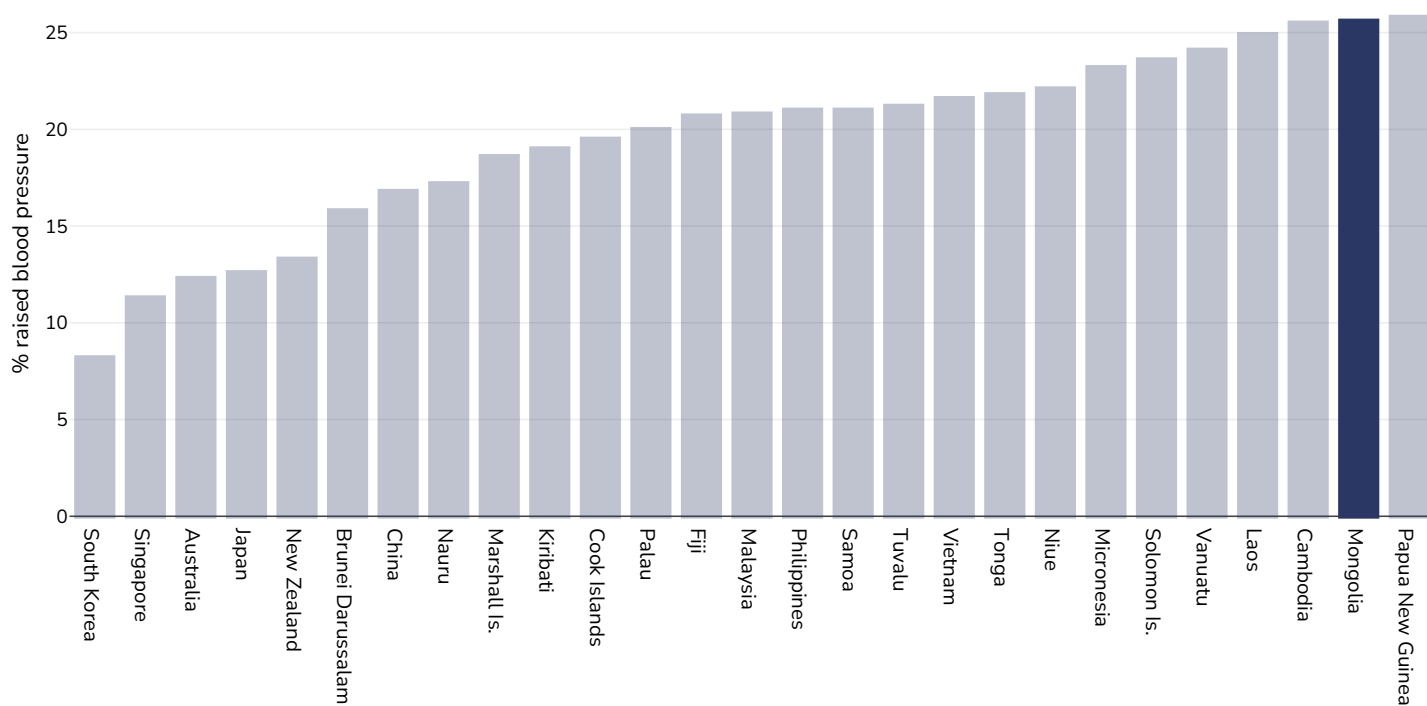
References:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP \geq 140 OR DBP \geq 90).

Women, 2015



References:

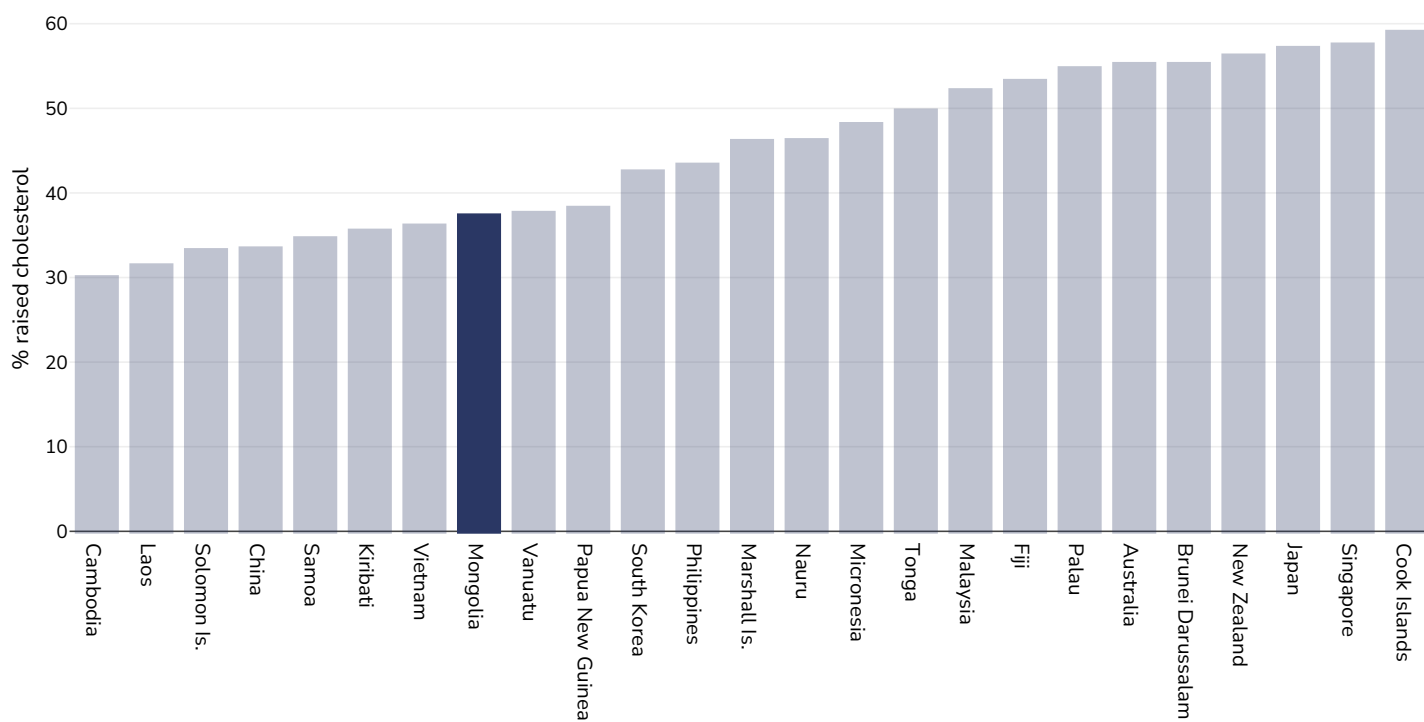
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Raised cholesterol

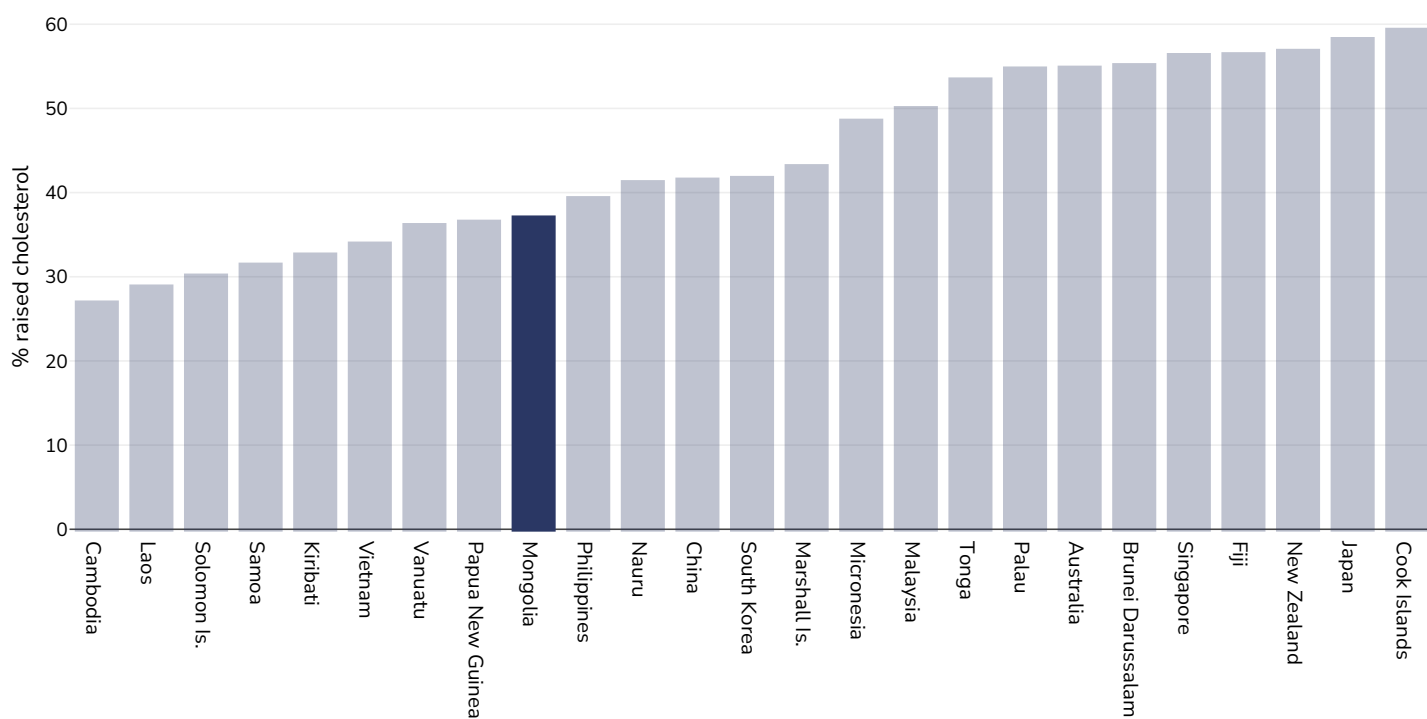
Adults, 2008



References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definitions: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

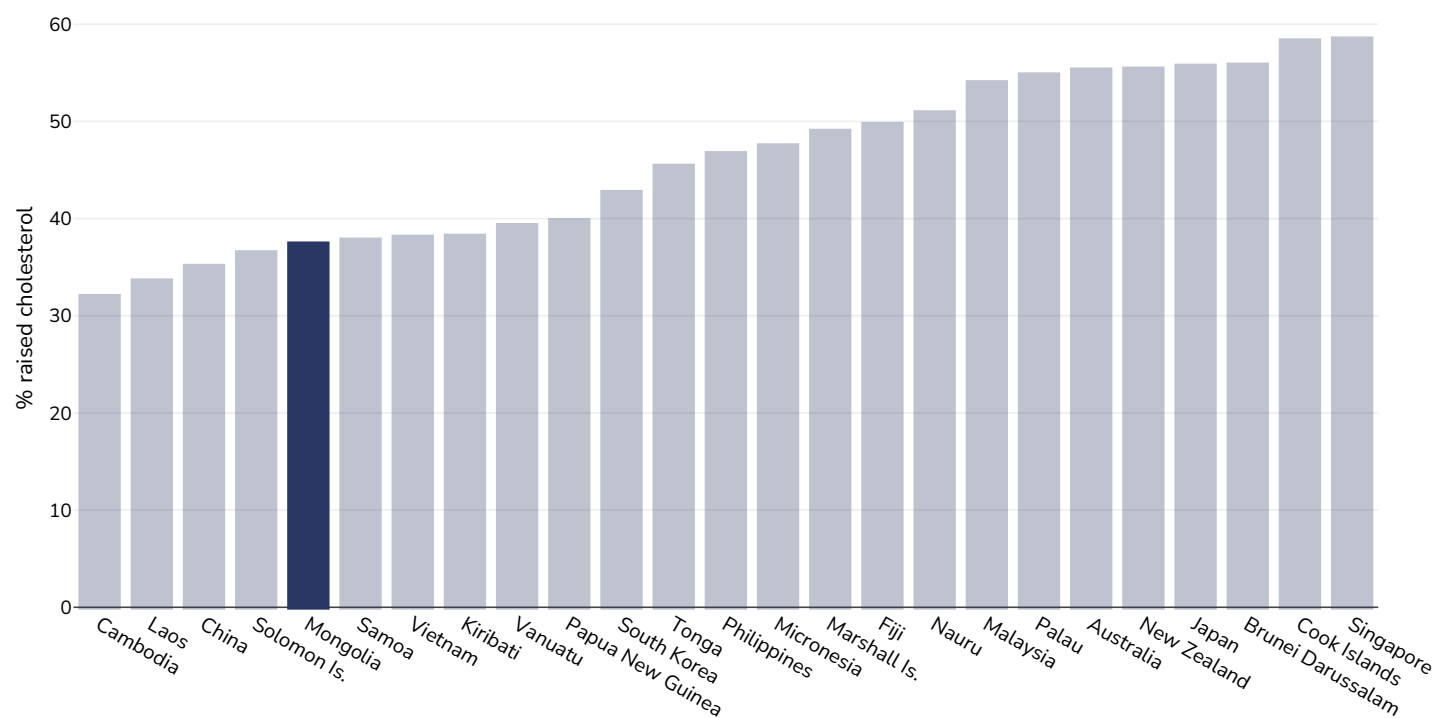
Men, 2008



References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definitions: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Women, 2008

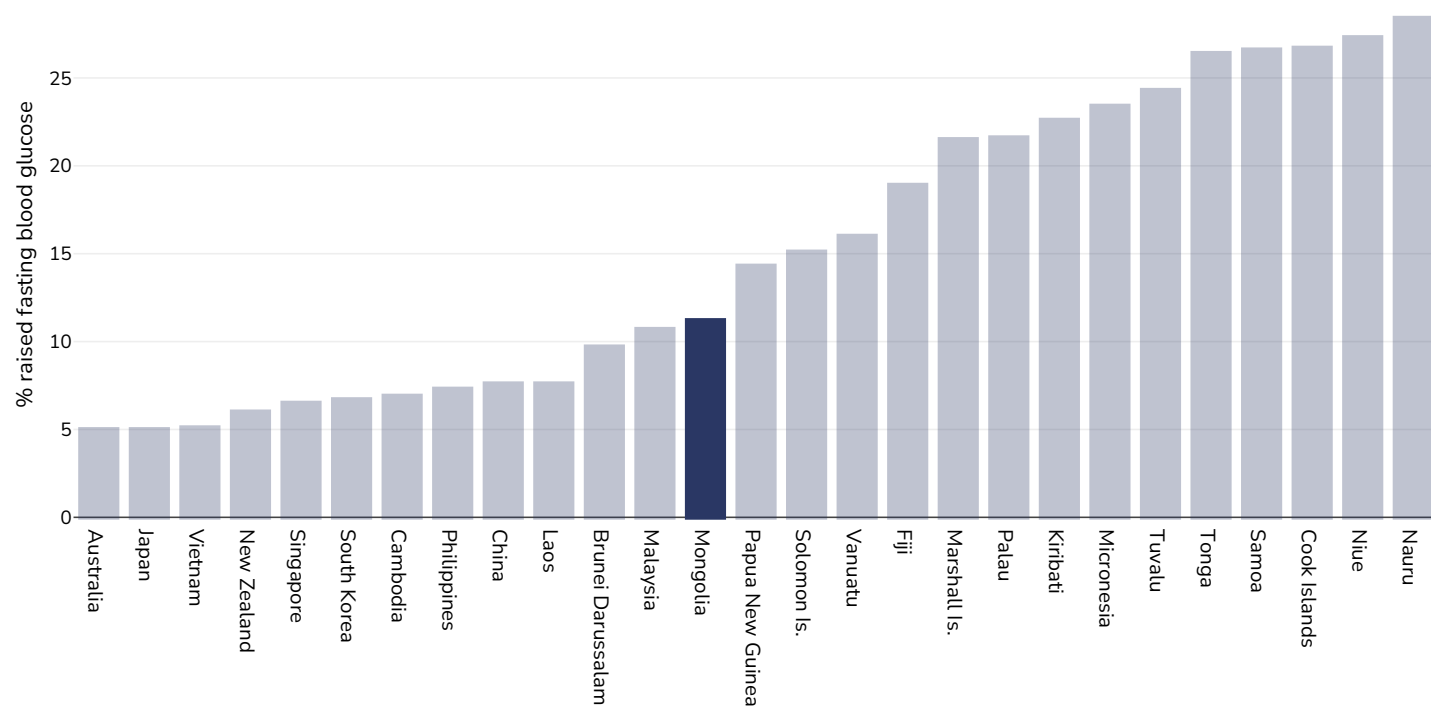


References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definitions: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Raised fasting blood glucose

Men, 2014



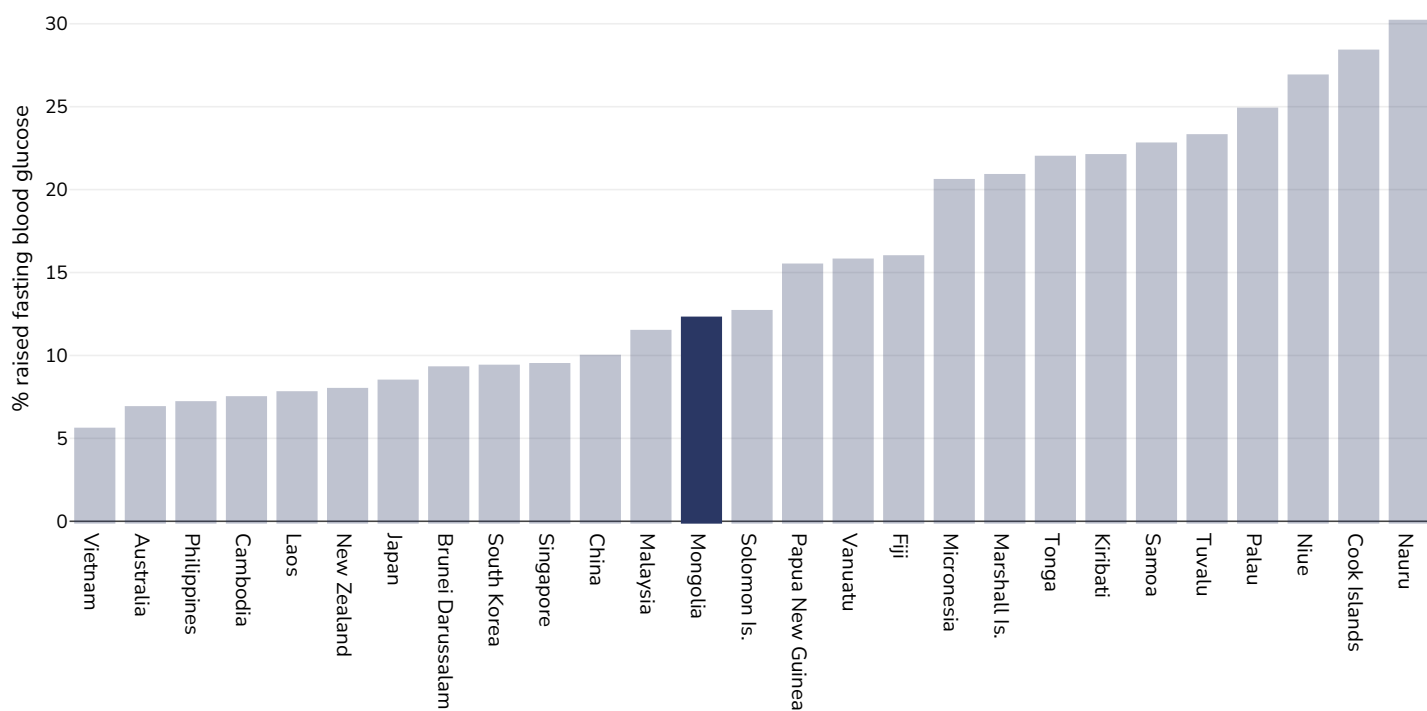
References:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitions:

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Women, 2014



References:

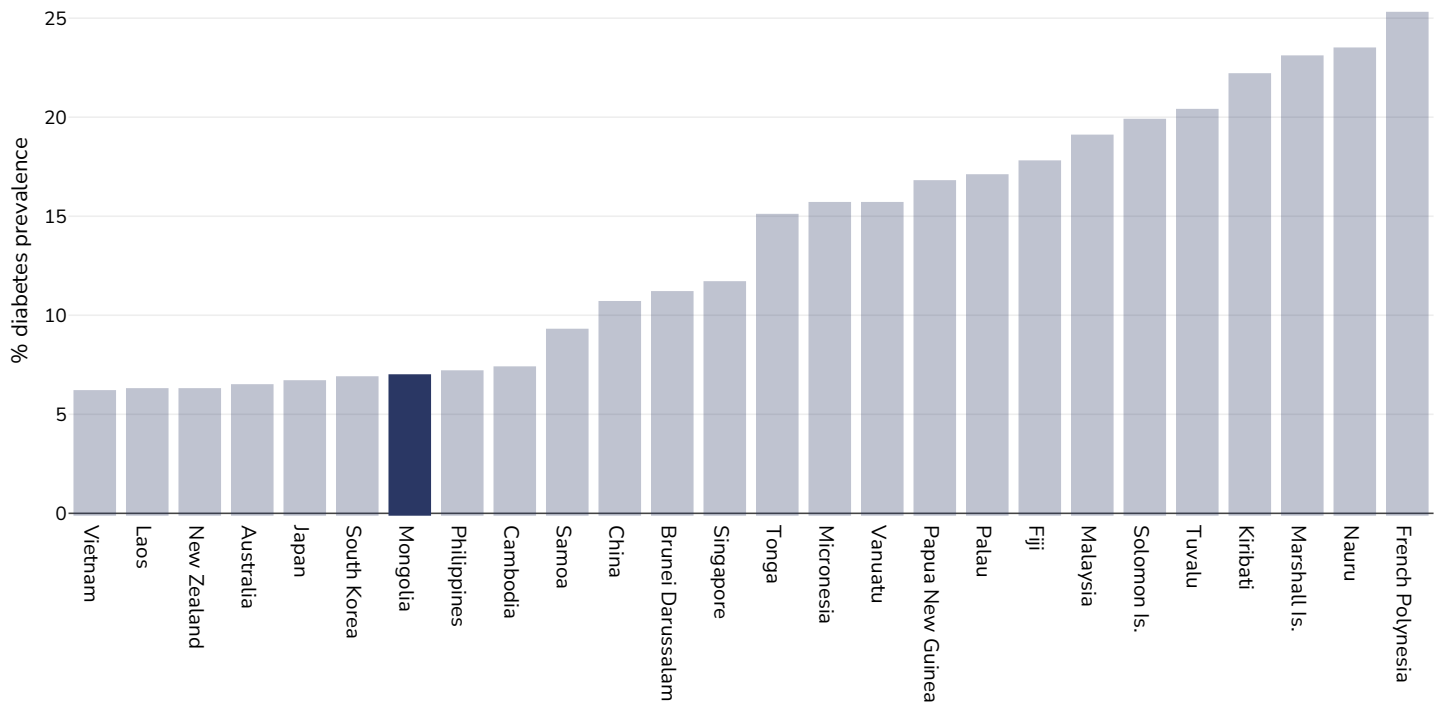
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitions:

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Diabetes prevalence

Adults, 2021



Age: 20-79

Area covered: National

References: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Definitions: Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	✗
Front-of-package labelling?	✗
Back-of-pack nutrition declaration?	✓
Color coding?	✗
Warning label?	✗



Regulation and marketing

Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	X
Tax on unhealthy drinks?	X
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	X
Subsidy on vegetables?	X
Subsidy on other healthy products?	X
Mandatory limit or ban of trans fat (all settings)?	X
Mandatory limit of trans fats in place (all settings)?	X
Ban on trans-fats or phos in place (all settings)?	X
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Mandatory restriction on broadcast media?	X
Mandatory restriction on non-broadcast media?	X
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X



Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✓
National obesity strategy?	✓
National childhood obesity strategy?	✓
Comprehensive nutrition strategy?	✓
Comprehensive physical activity strategy?	✓
Evidence-based dietary guidelines and/or RDAs?	✓
National target(s) on reducing obesity?	✓
Guidelines/policy on obesity treatment?	✗
Promotion of breastfeeding?	✓



Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✓
Within 5 years?	✓



Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	✗
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Key

✓ Present	✓ _v Present (voluntary)	✓ Incoming	✗ Absent	? Unknown
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