

Mongolia



Policies, Interventions and Actions

NCD Country Profiles 2018 (Obesity Targets)

The profiles also provide data on the key metabolic risk factors, namely raised blood pressure, raised blood glucose and obesity and National Targets on Obesity (as of 2017)

Categories:	Evidence of Obesity Target
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Organisation:	World Health Organisation
References:	Noncommunicable diseases country profiles 2018. Geneva: World Health Organization; 2018. Licence: CC BY-NC-SA 3.0 IGO.

National Programme on Nutrition 2016-2025

The National Programme on Nutrition has been developed aimed at improving nutritional status of population with the involvement of all relevant sectors

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Categories (partial):	Evidence of National Obesity Strategy/Policy or Action plan
Year(s):	2016-2025
Target age group:	Adults and children
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA)

THE SECOND NATIONAL PROGRAM ON PREVENTION AND CONTROL OF DISEASES CAUSED BY UNHEALTHY LIFESTYLES

Goal - To create a supportive environment for the reduction of preventable noncommunicable diseases and to reduce the burden of morbidity, mortality, and disability caused by these diseases through the improvement of non-communicable disease control, surveillance and management to promote healthy behaviours of individuals, family and organizational settings.

Categories:	Evidence of NCD strategy
Year(s):	2015-2021
Target age group:	Adults and children
Organisation:	WHO, Ministry of Health
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA)

Community based health promoting centers for diabetic patients

Community based health promotion for diabetic patients - Supported by MCA- Mongolia Health Project USA Government Grant. Aim: To establish community based health promoting center for diabetic patients: established training center for diabetic patients at the Central Clinical Hospital, established self supporting clubs for diabetic patients, conducted trainings for diabetic patients

Categories:	Evidence of Community Interventions/Campaign
Year(s):	2013 (ongoing)
Target age group:	Adults and children
Organisation:	S. Sonomtseren et al_x000D__x000D_
Find out more:	onlinelibrary.wiley.com
References:	Sonomtseren, S., Sankhuu, Y., Warfel, J. D., Johannsen, D. L., Peterson, C. M., and Vandanmagsar, B. (2016) Lifestyle modification intervention improves glycemic control in Mongolian adults who are overweight or obese with newly diagnosed type 2 diabetes. <i>Obesity Science & Practice</i> , 2: 303-308. doi: 10.1002/osp4.56.

National Strategy on Healthy Diet and Physical Activity 2010–2021

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Physical Activity Guidelines/Policy
Year(s):	2010-2021
Target age group:	Adults and children
Organisation:	Government of Mongolia
Find out more:	www.legalinfo.mn
References:	Government of Mongolia. National Strategy on Healthy Diet and Physical Activity 2010–2021, Government Resolution No. 239. Ulaanbaatar: Ministry of Health Mongolia

Dietary Guidelines for Mongolians

The guidelines and food guide are reviewed every 5 years with the latest version having been published in 2010.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	1990 (ongoing)
Target age group:	Adults and children
Find out more:	www.fao.org
References:	https://www.fao.org/nutrition/education/food-dietary-guidelines/regions/countries/mongolia/en/

GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	extranet.who.int
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en