

Moldova



Country report card

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity . Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <u>https://data.worldobesity.org/country/moldova-</u>141/.



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Obesity prevalence

Adults, 2021

Obesity Overweight





Children, 2022-2024

Obesity Overweight





0-5 years, 2012





Overweight/obesity by education

0-5 years, 2005





Overweight/obesity by age

Adults, 2021

Obesity Overweight





Children, 2021-2022





Overweight/obesity by region

Adults, 2021

Overweight or obesity





Men, 2021

Overweight or obesity





Women, 2021

Overweight or obesity





0-5 years, 2012





Overweight/obesity by socio-economic group

Boys, 2021-2022





Girls, 2021-2022





0-5 years, 2012





Double burden of underweight & overweight





Children, 2022





0-5 years, 2012-2012





Insufficient physical activity





Men, 2022





Women, 2022





Boys, 2022



Girls, 2022





Prevalence of at least daily carbonated soft drink consumption

Boys, 2021-2022





Girls, 2021-2022





Estimated per capita fruit intake





Prevalence of less than daily fruit consumption

Children, 2010-2014





Prevalence of less than daily vegetable consumption

Children, 2010-2014





Estimated per-capita processed meat intake





Estimated per capita whole grains intake





Mental health - depression disorders





Men, 2021





Women, 2021

7000	
7000	
6000	
5000	
5000	
ion	
1 1 1 1 4000	
of population	
of	
%3000	
2000	
1000	
1000	
0	Moldova
	Μοίαυνα
Age:	20+
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021.
	Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25)
Definitions:	Number living with depression per 100,000 population (adults 20+ years)



Children, 2021





Boys, 2021



Girls, 2021




Mental health - anxiety disorders

Adults, 2021













Children, 2021



Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25)

Boys, 2021



References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25)



Girls, 2021





% Infants exclusively breastfed 0-5 months

0-5 years, 1996-2023





Percent of population who cannot afford a healthy diet

Adults, 2022





Oesophageal cancer











Breast cancer

Women, 2022

Age 20 Age 20+





Colorectal cancer









Pancreatic cancer









Gallbladder cancer









Kidney cancer

Men, 2022 14 12 10 Incidence per 100,000 8 6 4 2 0 Moldova 20+ Age: Area covered: National **References:** Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] Definitions: Incidence per 100,000







Cancer of the uterus





Raised blood pressure

Adults, 2015



Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).









Raised cholesterol

Adults, 2008













Raised fasting blood glucose

Men, 2014



Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).







Diabetes prevalence

Adults, 2024



References:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. http://www.diabetesatlas.org



Ovarian Cancer





Leukemia

Men, 2022											
4											
3											
2											
1											
0											
-1 -1	0	1	2	3	4	5	6				
Age:							20+				
Area covered: References:	National Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <u>https://gco.iarc.who.int/today</u> , accessed [16.07.24]										
Definitions:						Incidence p	er 100,000				
	Unless ot	therwise noted, overw	reight refers to a BMI b	between 25kg and 29.	.9ka/m². obesitv refer	s to a BMI greater tha	n 30kg/m².				



4							
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Age:							20+
Area covered:							National
References:					Znaor A, Soerjomatarar n Cancer. Available fror	m: <u>https://gco.iarc.wh</u> c	
Definitions:						Incidence pe	er 100,000
	Unless othe	rwise noted, overw	eight refers to a BMI	between 25kg and 2	9.9kg/m², obesity refers	s to a BMI greater thai	n 30kg/m².



Leukemia





Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².







Liver and intrahepatic bile duct Cancer









Multiple Myeloma









Non Hodgkin Lymphoma

Men, 2022



Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².







Thyroid Cancer







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