

Tegurid Moldova

Upper-middle income



Report cards

Our report cards collate all the most-recent graphics for this country. If you would like to produce a custom report based on selected graphics, just tap the Add to custom PDF button below the graphics you would like to use.

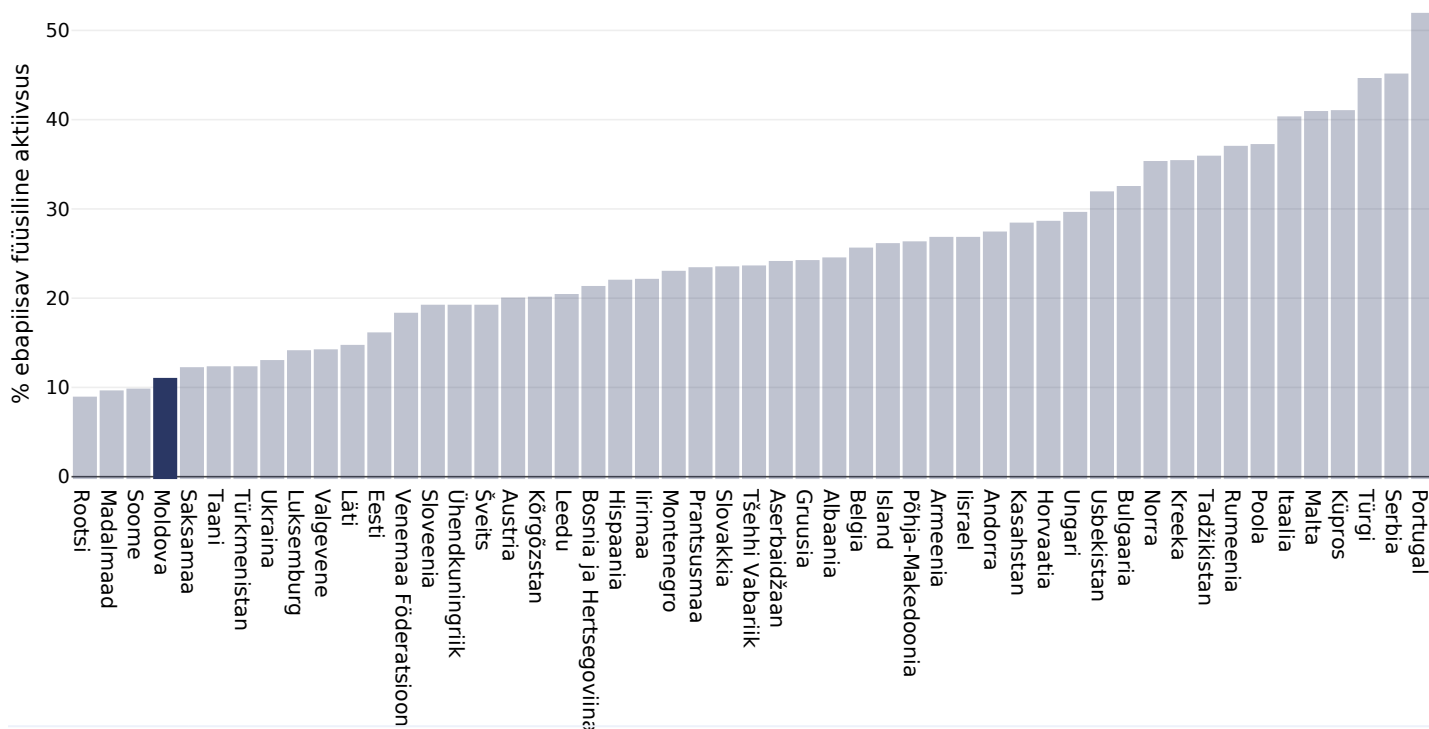
[Report card \(adult data\)](#)

[Report card \(child data\)](#)

[Report card \(under-5s data\)](#)

Ebapiisav füüsiline aktiivsus

Täiskasvanud, 2022



Uuringu tüüp: Ise teatatud

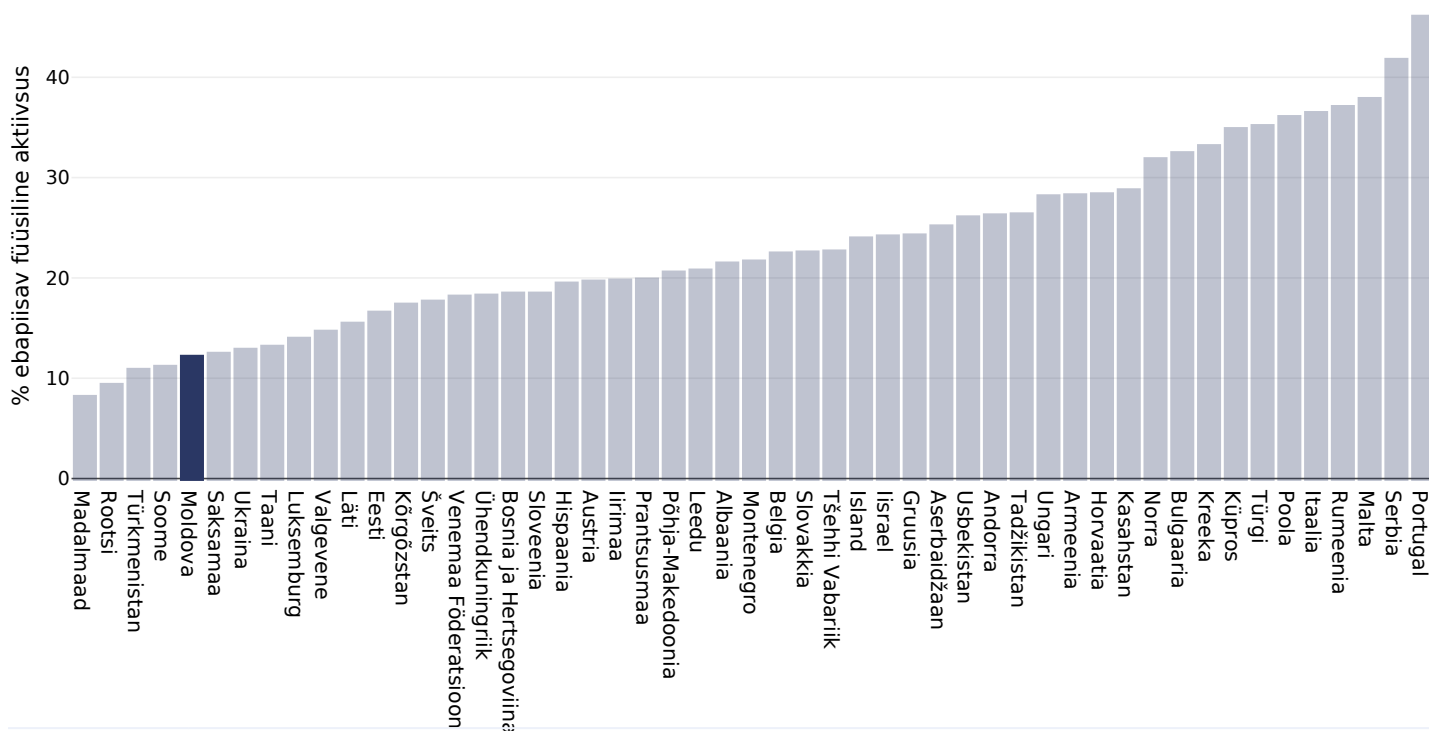
Vanus: 18+

Hõlmatud piirkond: Riiklik

Viited: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

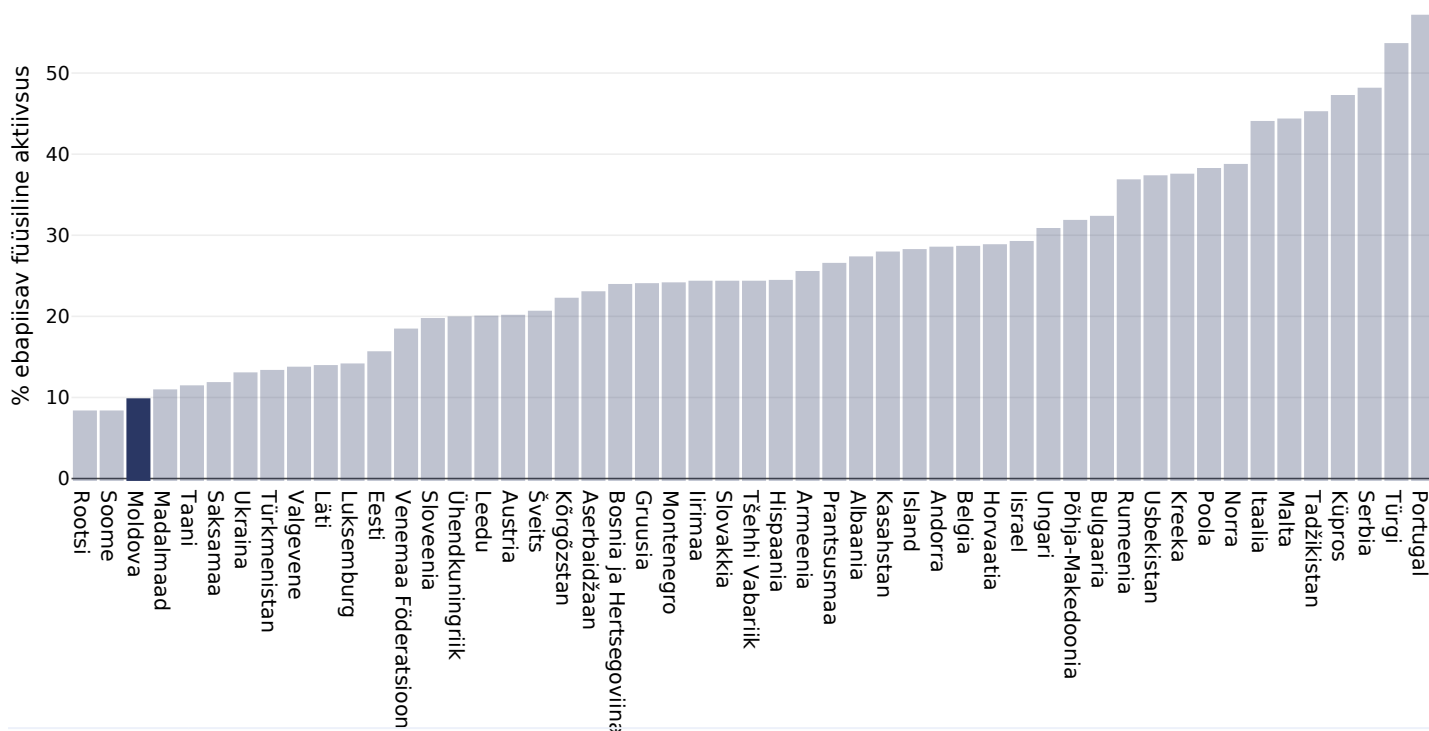
Mõisted: Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Mehed, 2022



Uuringu tüüp:	Ise teatatud
Vanus:	18+
Hõlmatud piirkond:	Riiklik
Viited:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)
Mõisted:	Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Naised, 2022



Uuringu tüüp: Ise teatatud

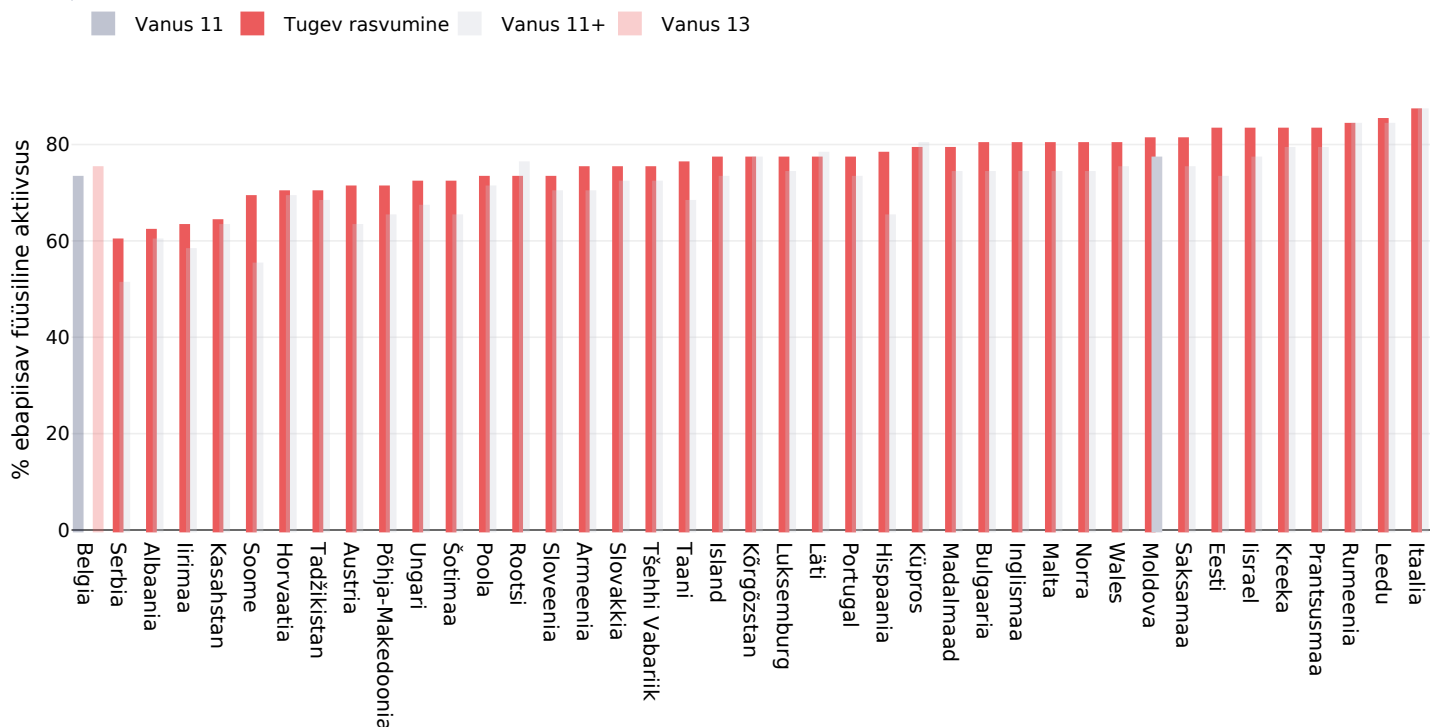
Vanus: 18+

Hõlmatud piirkond: Riiklik

Viited: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Mõisted: Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Poisid, 2022



Hõlmatud piirkond:

Riiklik

Viited:

Rakić JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>.

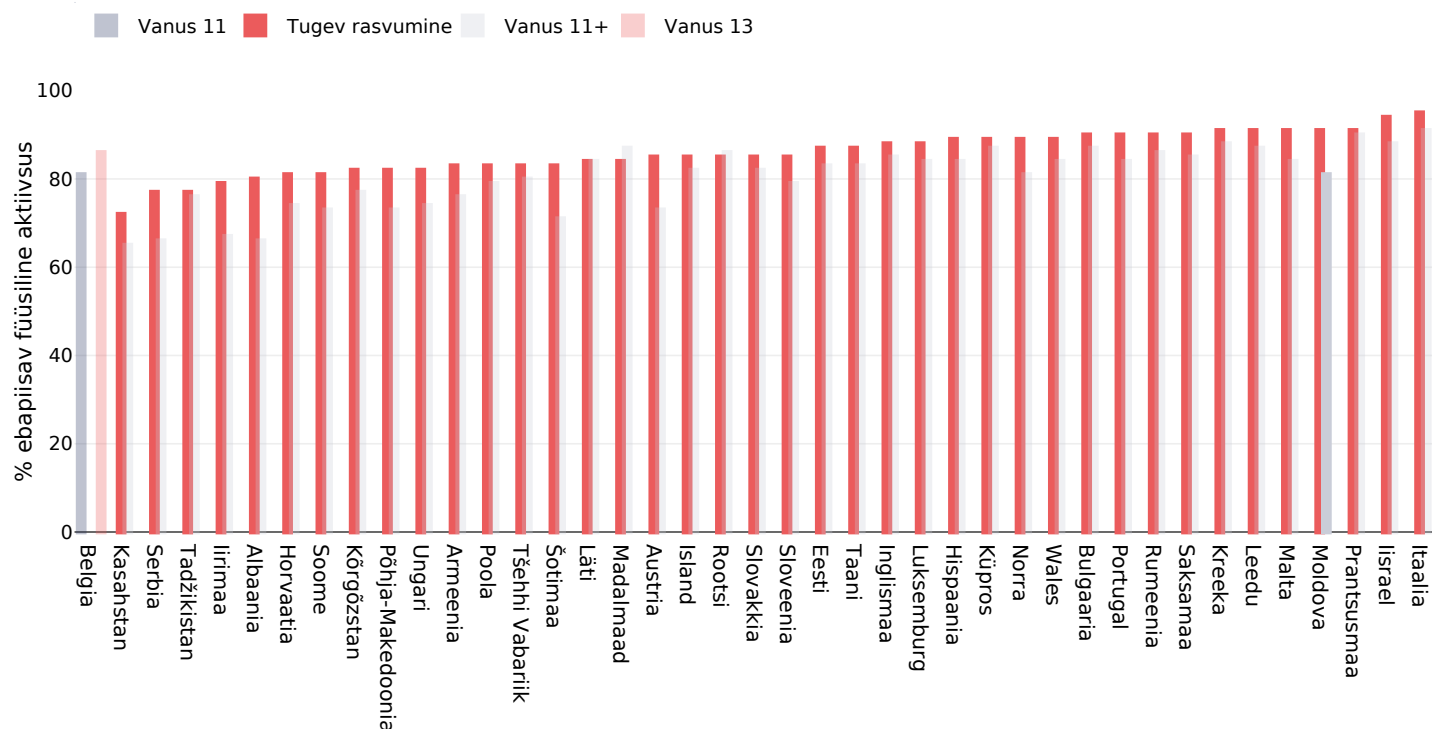
Märkused:

Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily.

Mõisted:

% reporting less than 60 minutes of MVPA daily

Tüdrukud, 2022



Hõlmatud piirkond:

Riiklik

Viited:

Rakić JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>.

Märkused:

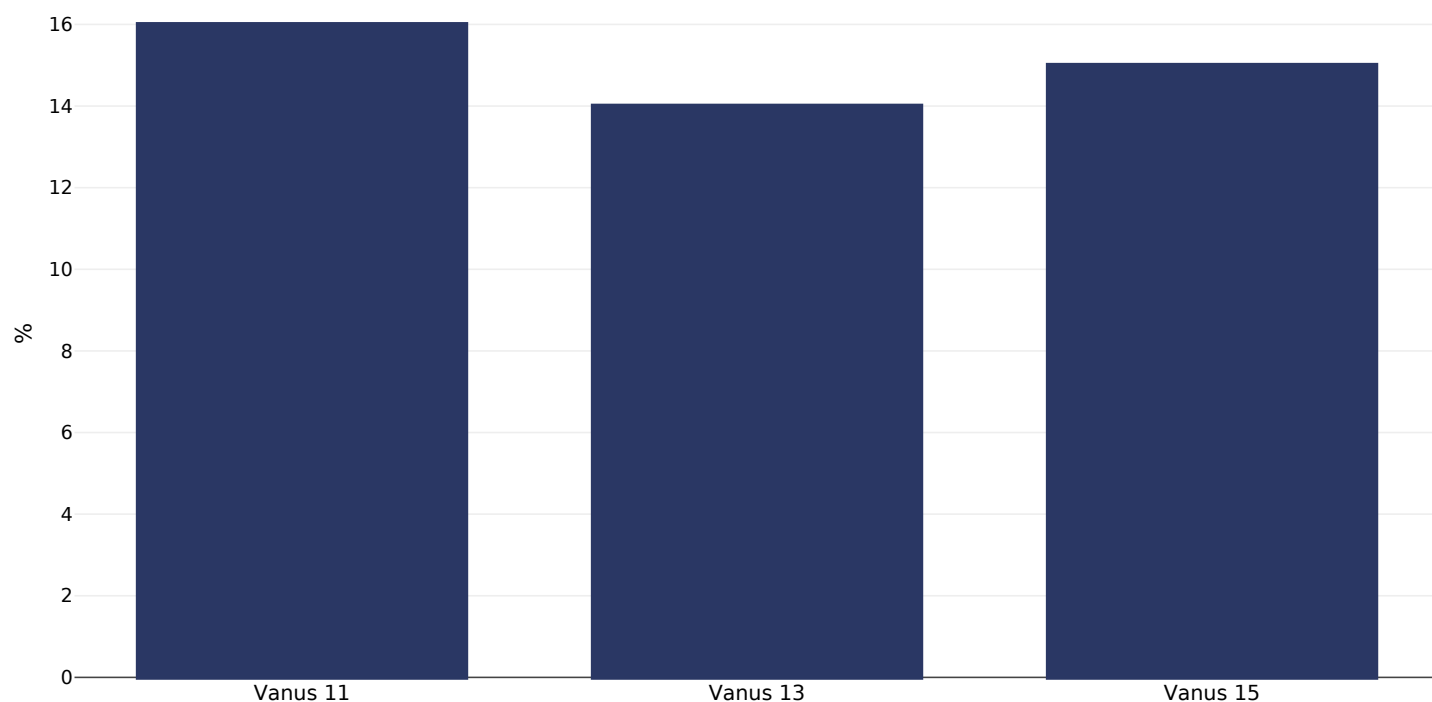
Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily.

Mõisted:

% reporting less than 60 minutes of MVPA daily

Gaseeritud karastusjookide vähemalt igapäevase tarbimise levimus

Poisid, 2021-2022



**Hõlmatud
piirkond:**

Riiklik

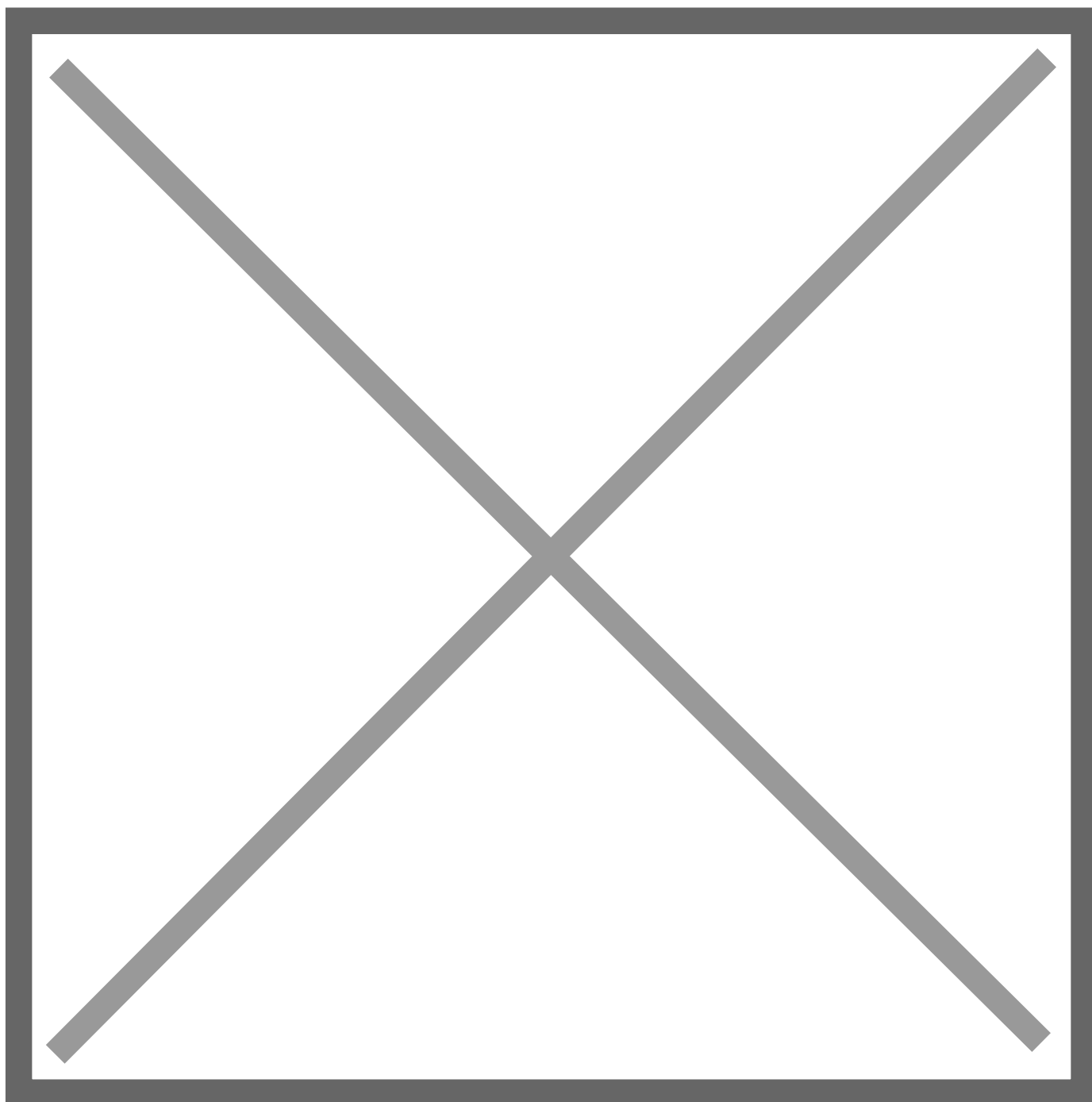
Viited:

Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>

Mõisted:

Proportion who reported drinking sugary soft drinks daily (at least once)

Tüdrukud, 2021-2022



**Hõlmatud
piirkond:**

Riiklik

Viited:

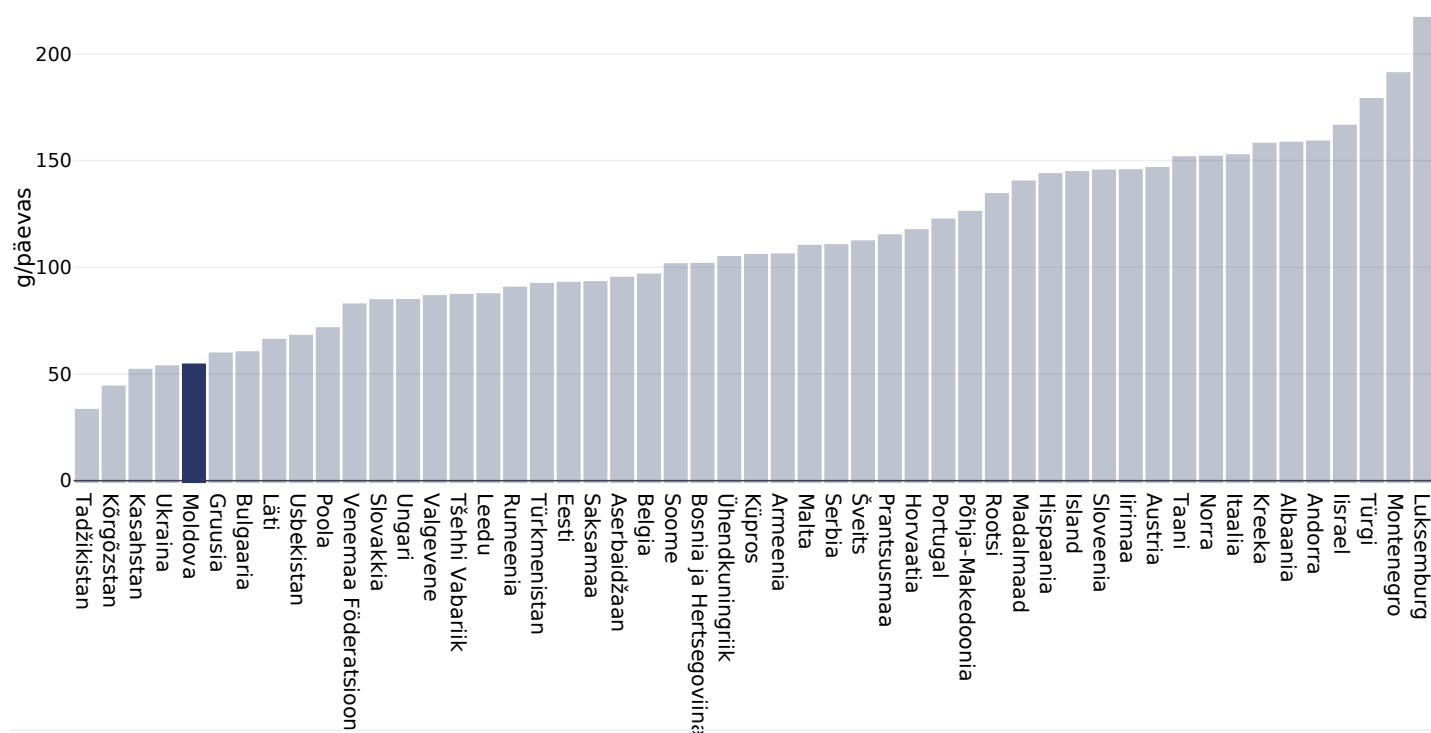
Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>.

Mõisted:

Proportion who reported drinking sugary soft drinks daily (at least once)

Estimated per capita fruit intake

Täiskasvanud, 2017



Uuringu tüüp:

Mõõdetud

Vanus:

25+

Viited:

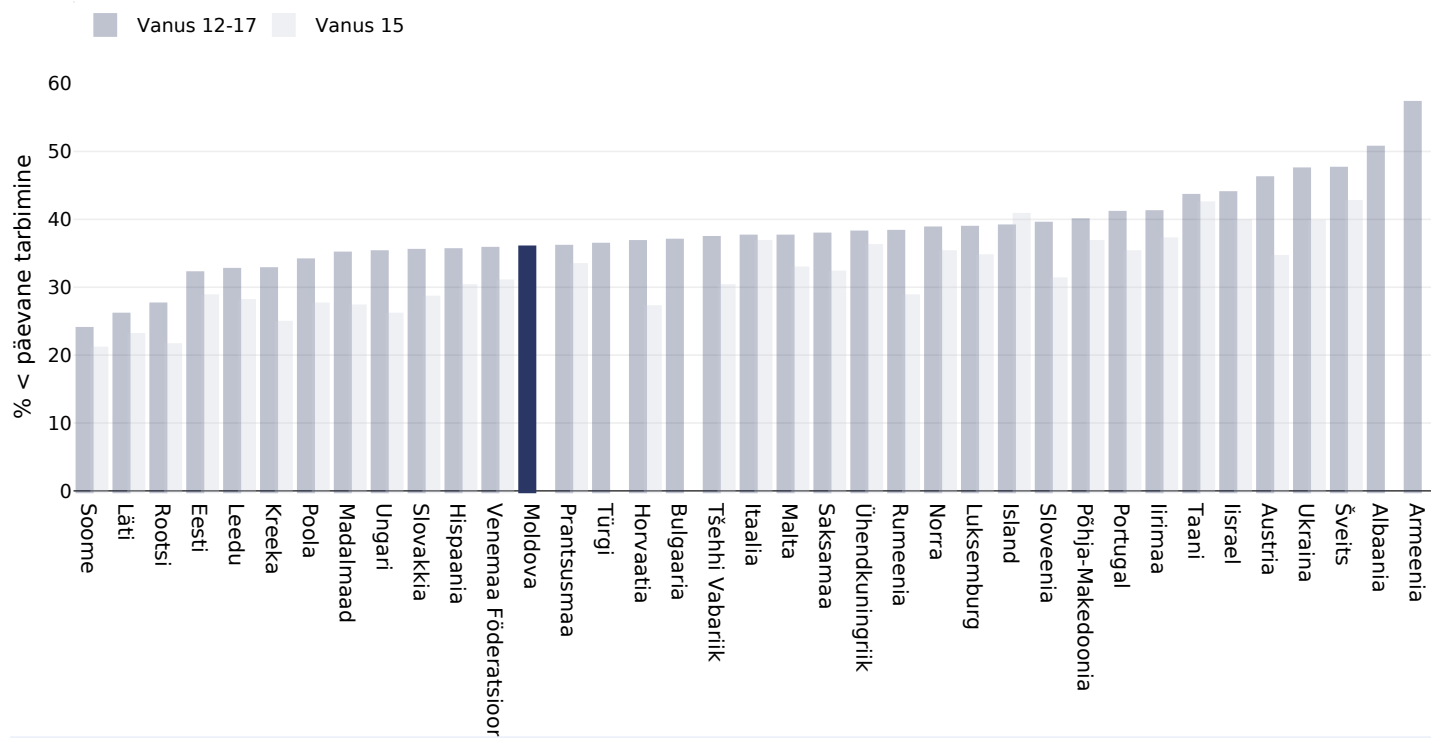
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Mõisted:

Estimated per-capita fruit intake (g/day)

Puuviljade vähem kui igapäevase tarbimise levimus

Lapsed, 2010-2014



Uuringu tüüp:

Mõõdetud

Viited:

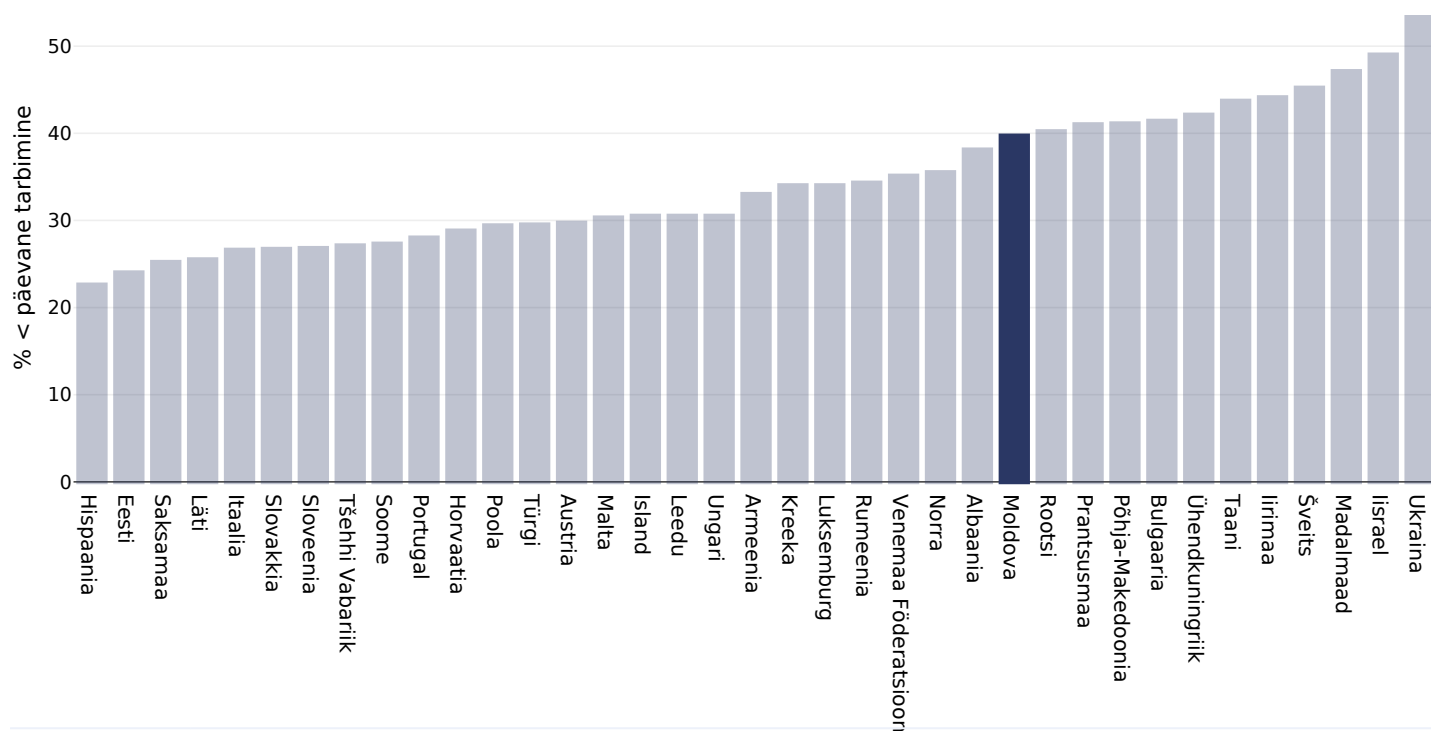
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Mõisted:

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Köögiviljade vähem kui igapäevase tarbimise levimus

Lapsed, 2010-2014



Uuringu tüüp:

Mõõdetud

Vanus:

12-17

Viited:

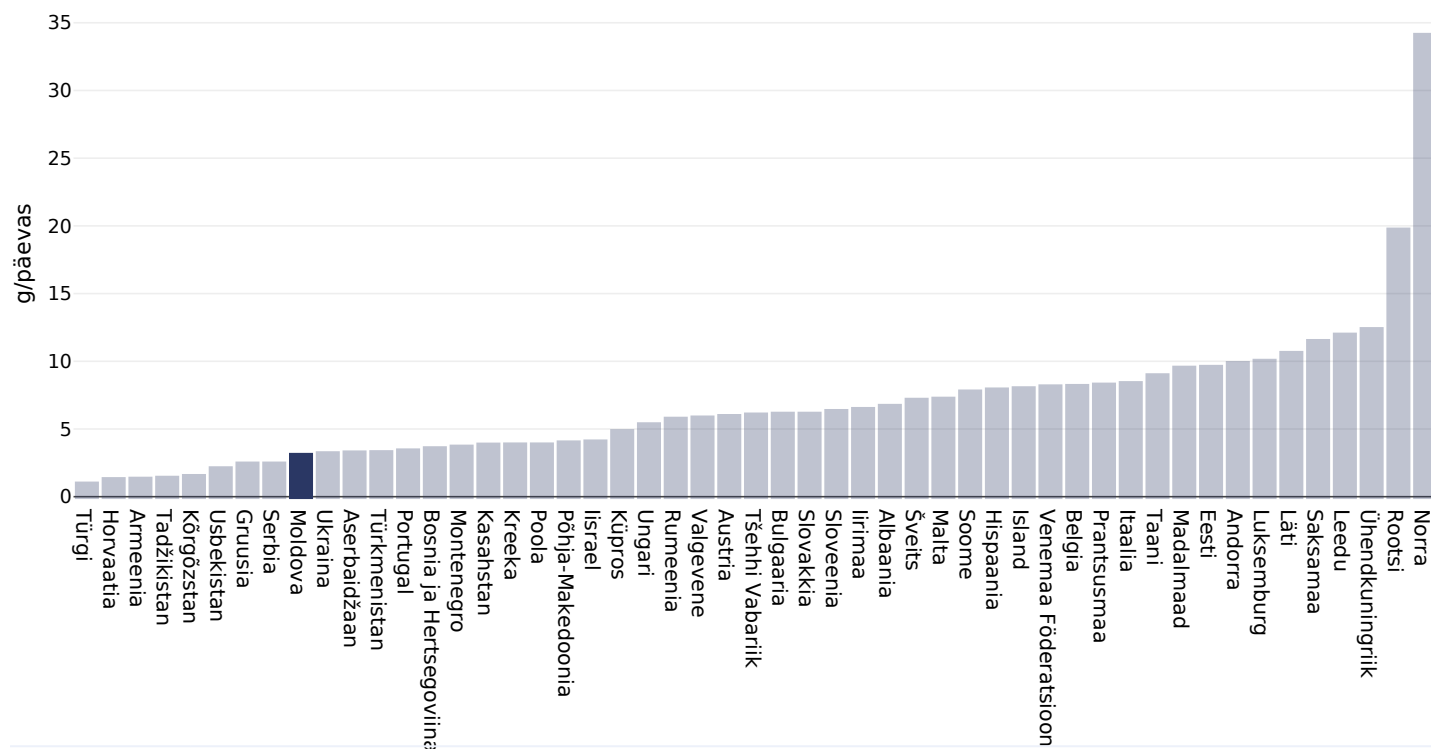
Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Mõisted:

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Hinnanguline töödeldud liha tarbimine inimese kohta

Täiskasvanud, 2017



Uuringu tüüp:

Mõõdetud

Vanus:

25+

Viited:

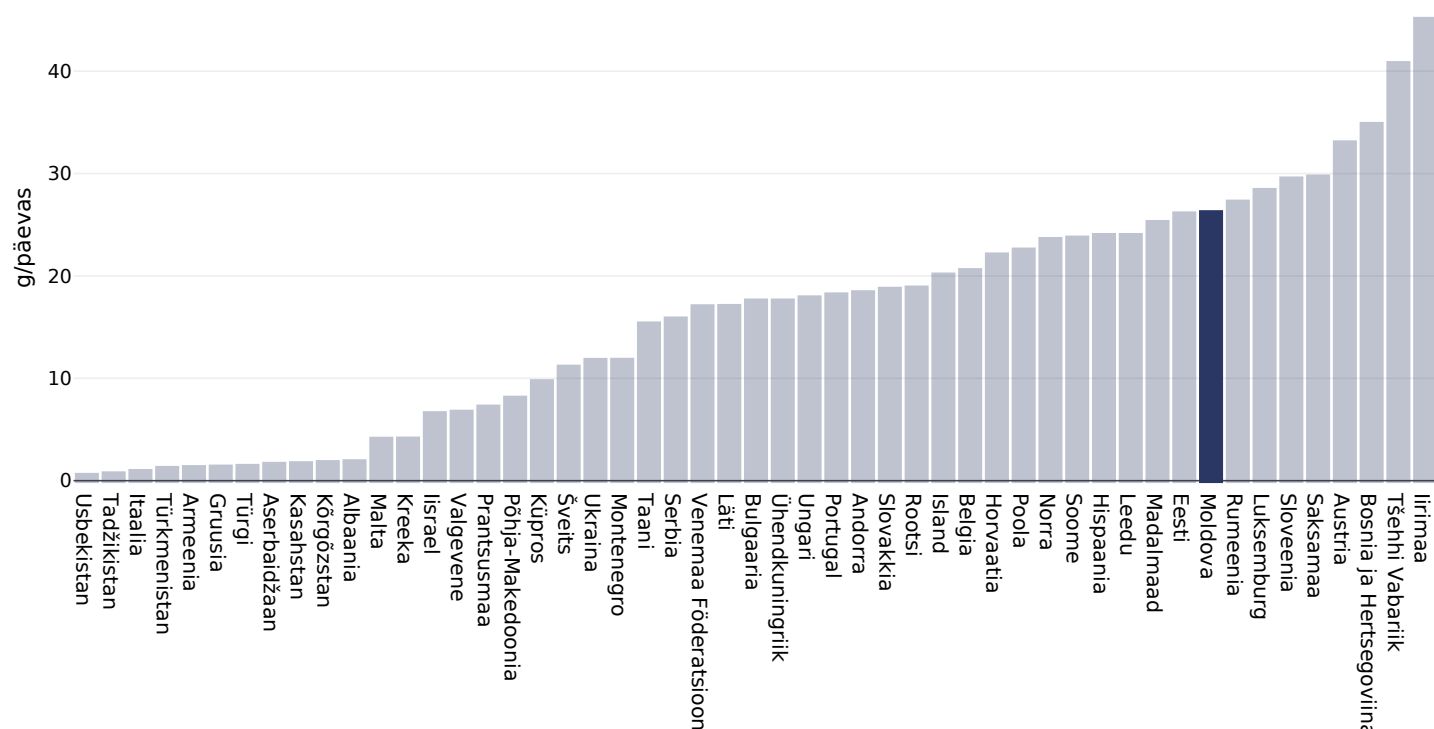
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Mõisted:

Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

Täiskasvanud, 2017



Uuringu tüüp:

Mõõdetud

Vanus:

25+

Viited:

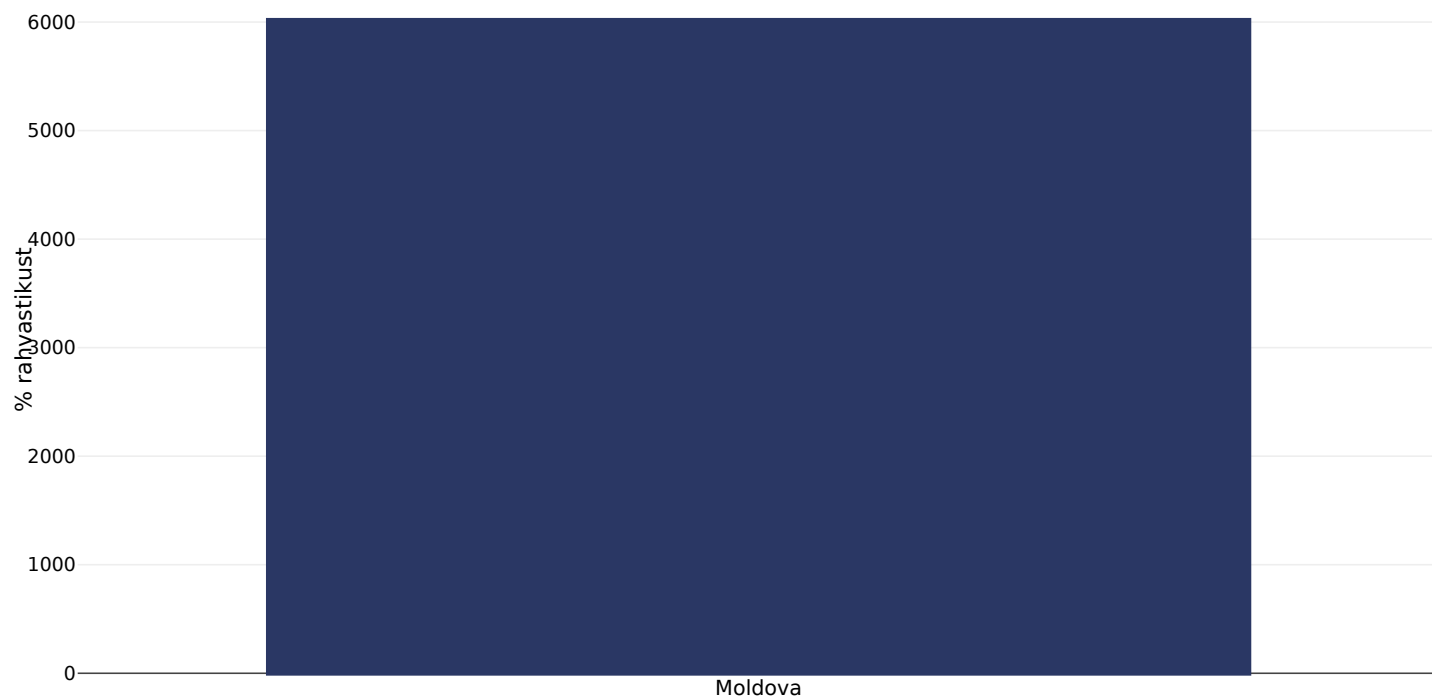
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Mõisted:

Estimated per-capita whole grains intake (g/day)

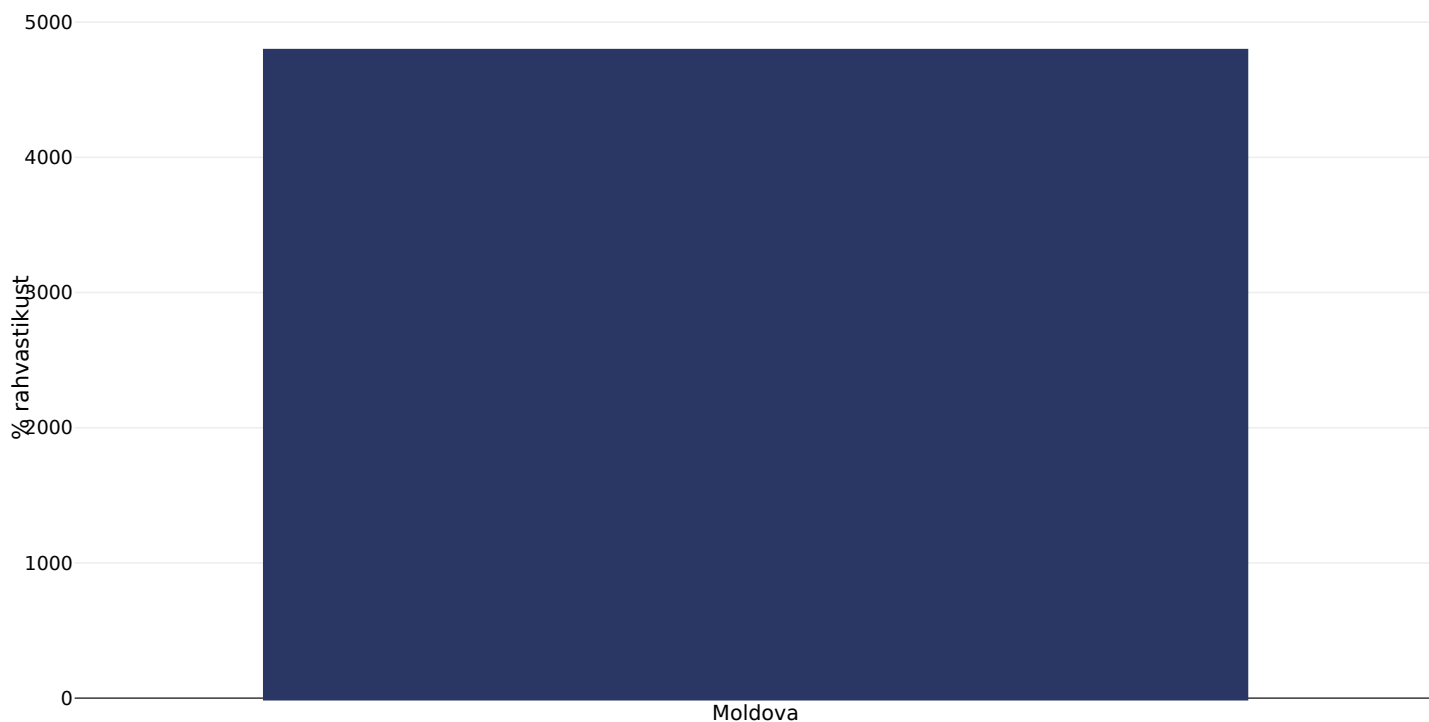
Vaimne tervis - depressiivsed häired

Täiskasvanud, 2021



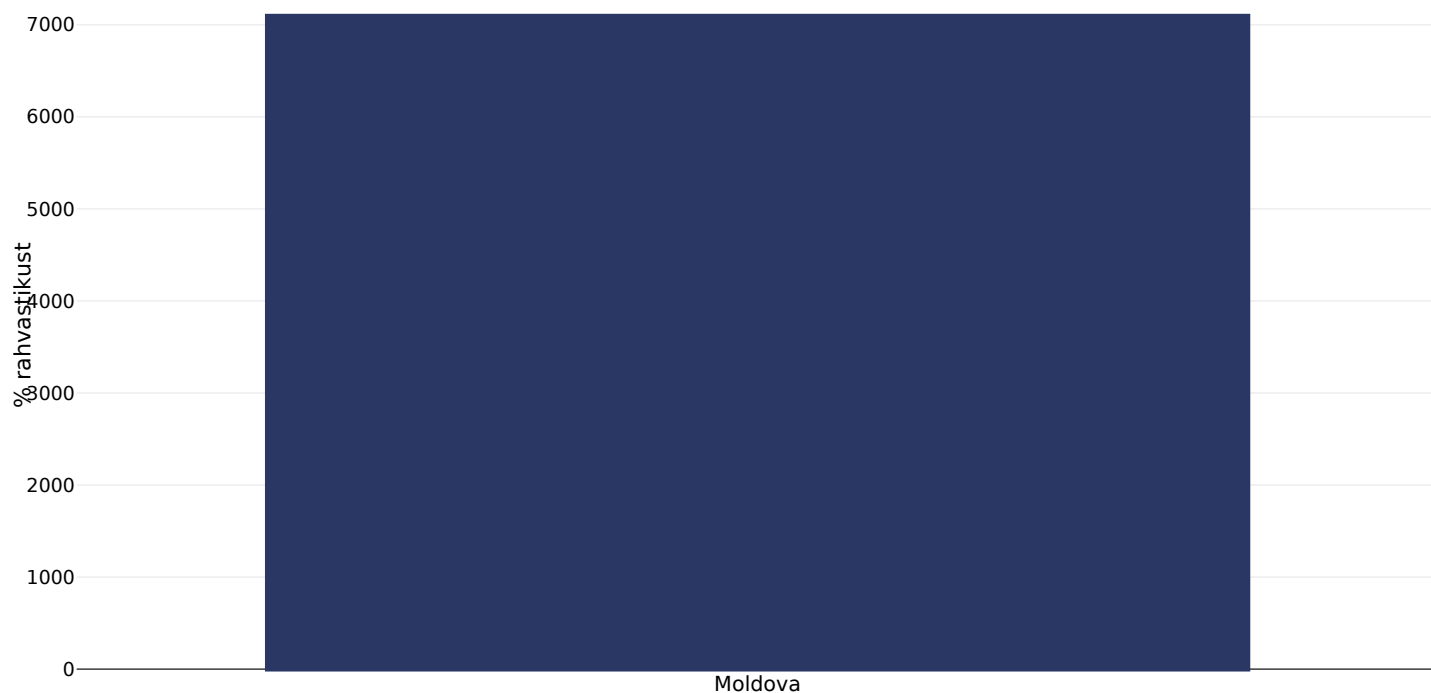
Vanus:	20+
Hõlmatud piirkond:	Riiklik
Viited:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25)
Mõisted:	Number living with depression per 100,000 population (adults 20+ years)

Mehed, 2021



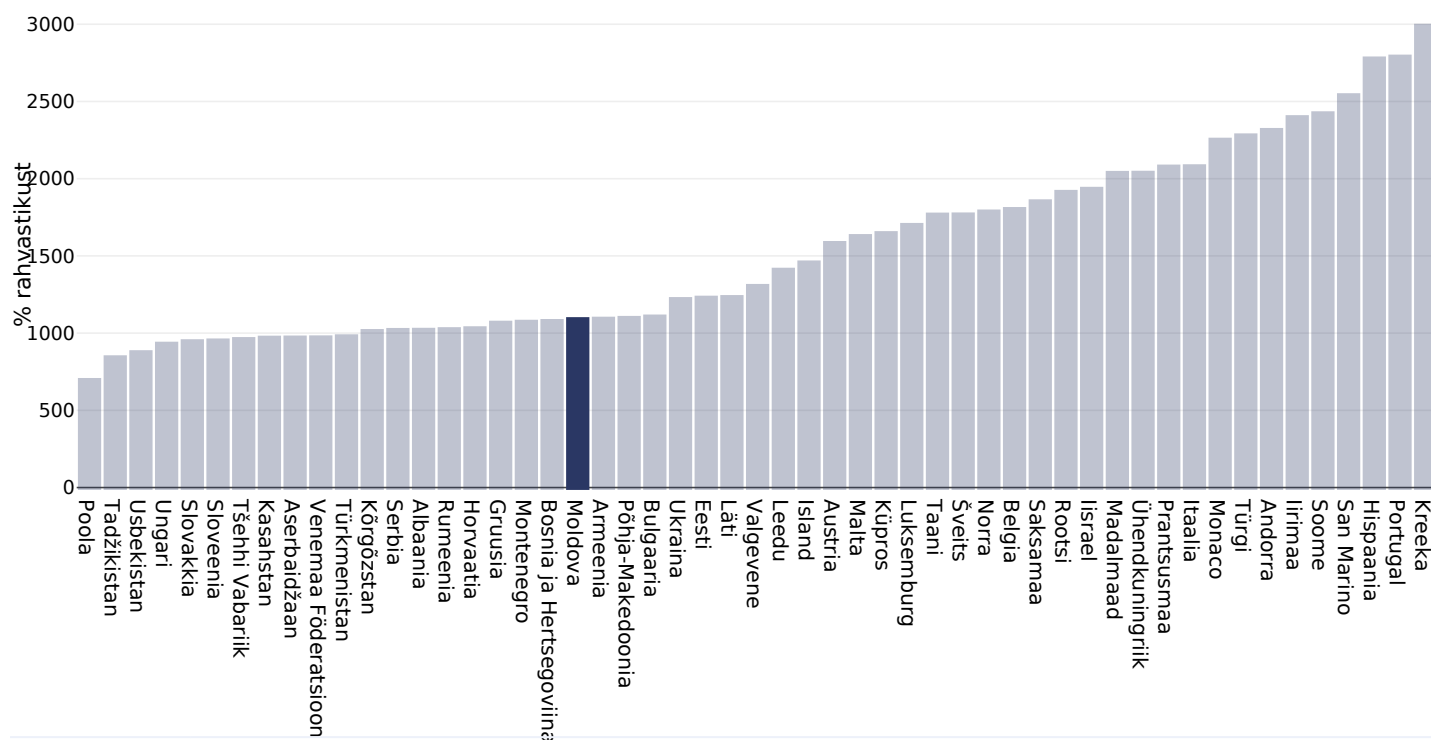
Vanus:	20+
Hõlmatud piirkond:	Riiklik
Viited:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25)
Mõisted:	Number living with depression per 100,000 population (adults 20+ years)

Naised, 2021



Vanus:	20+
Hõlmatud piirkond:	Riiklik
Viited:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25)
Mõisted:	Number living with depression per 100,000 population (adults 20+ years)

Lapsed, 2021



Hõlmatud
piirkond:

Riiklik

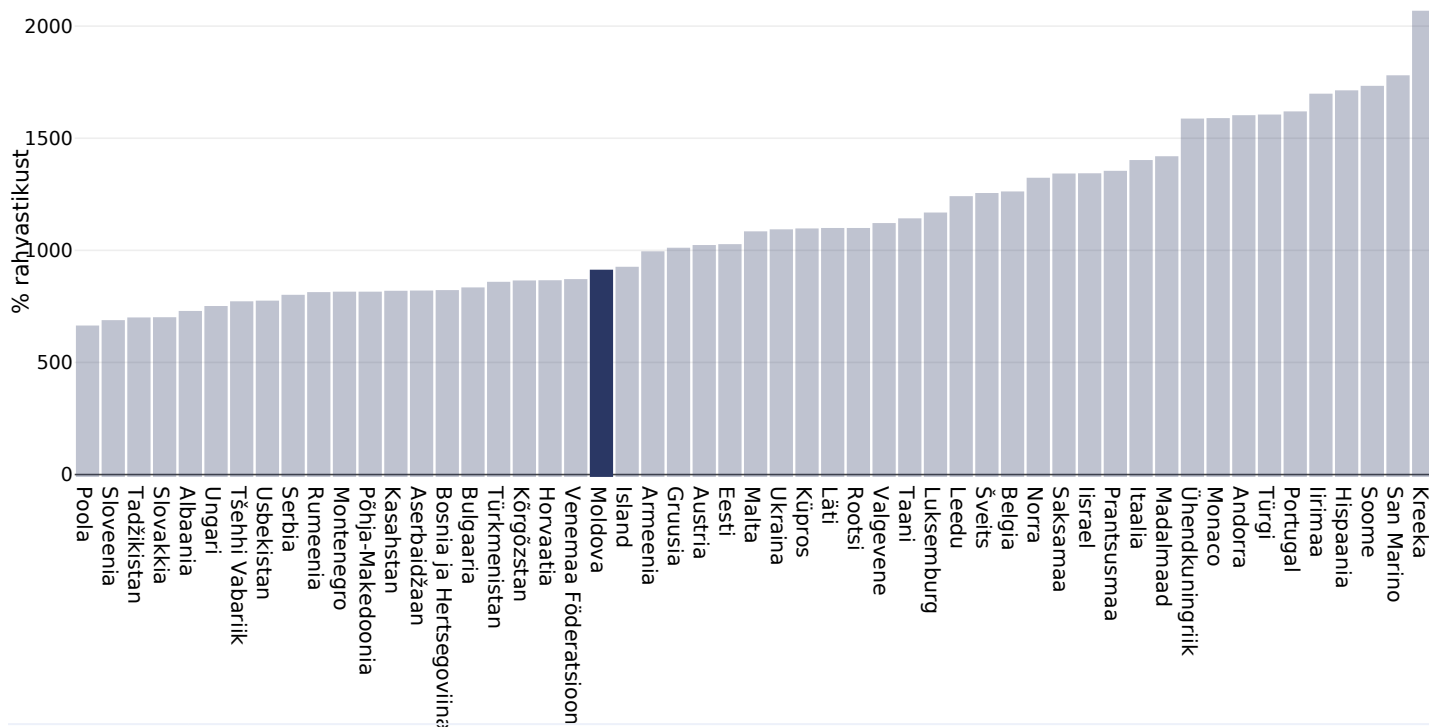
Viited:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Mõisted:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Poisid, 2021



Hõlmatud piirkond:

Riiklik

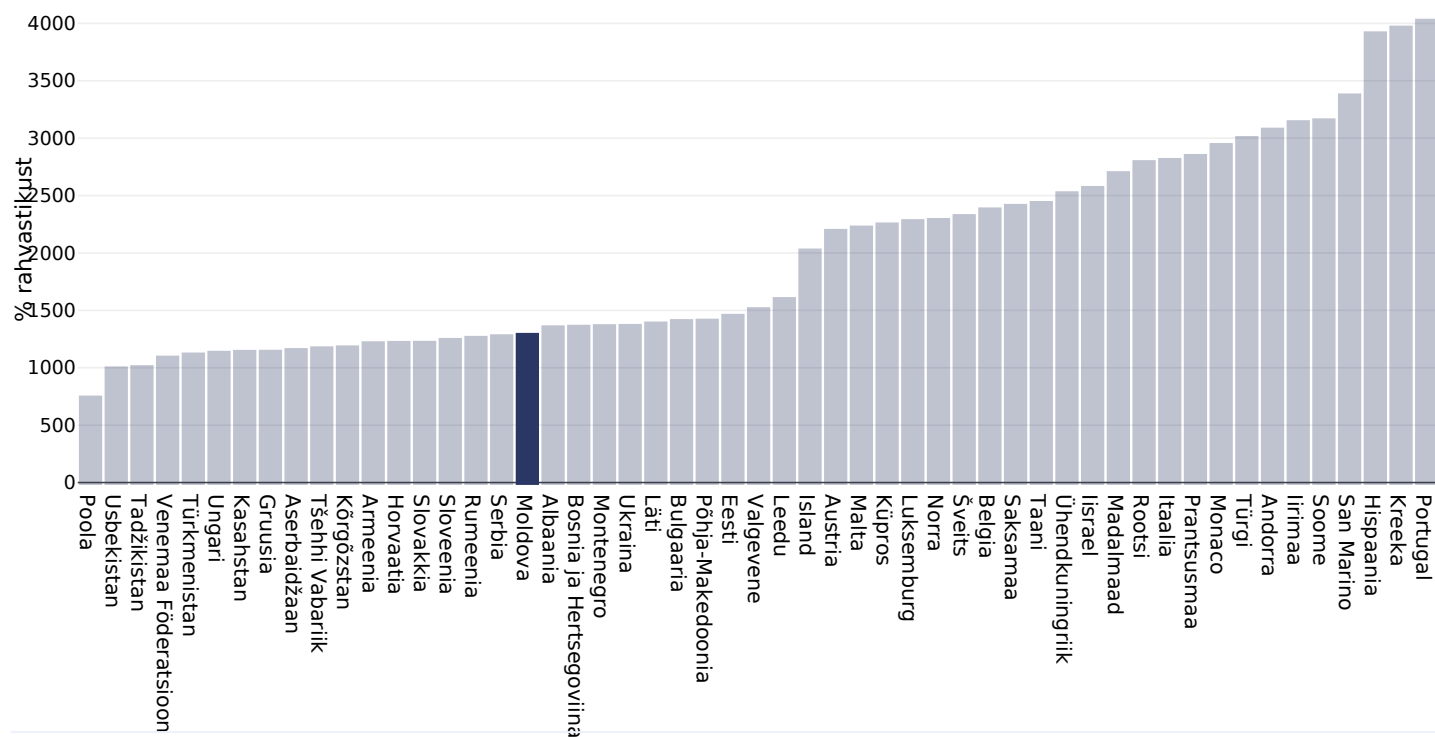
Viited:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Mõisted:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Tüdrukud, 2021



Hõlmatud piirkond:

Riiklik

Viited:

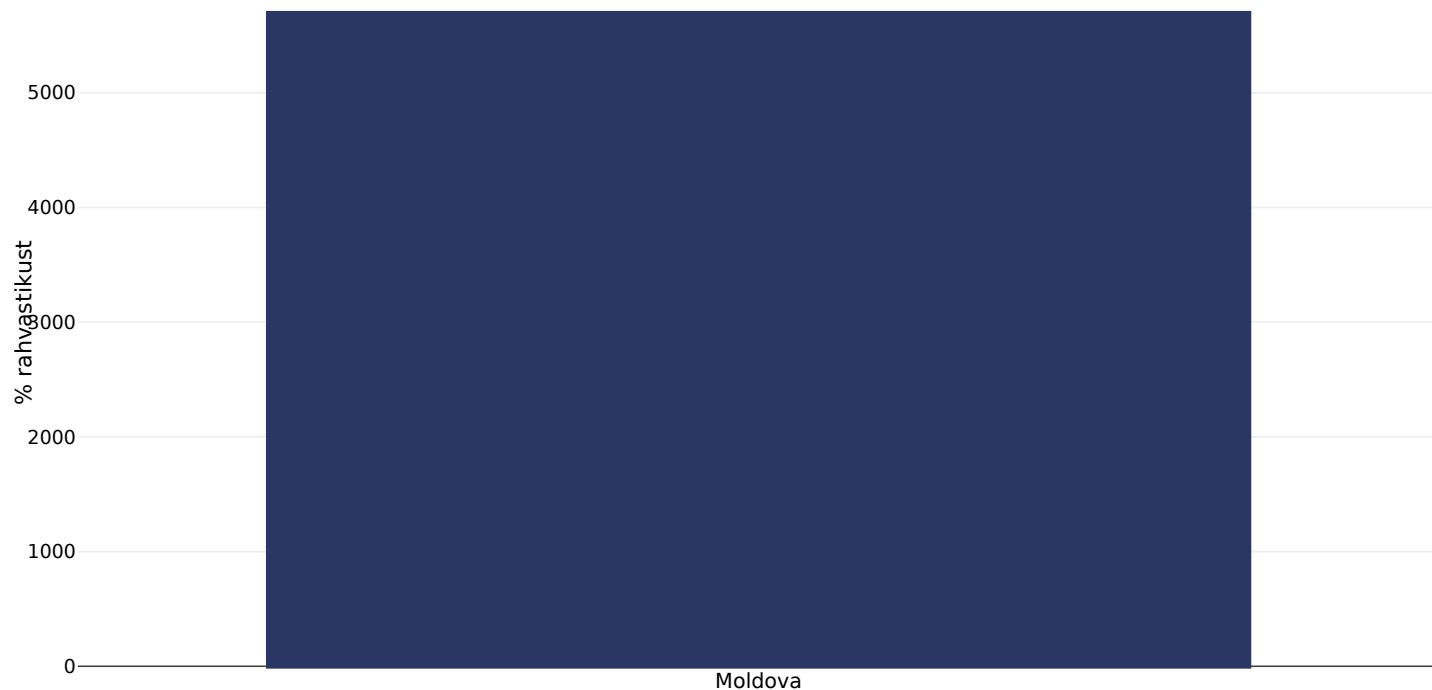
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Mõisted:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Vaimne tervis - ärevushäired

Täiskasvanud, 2021



Vanus:

20+

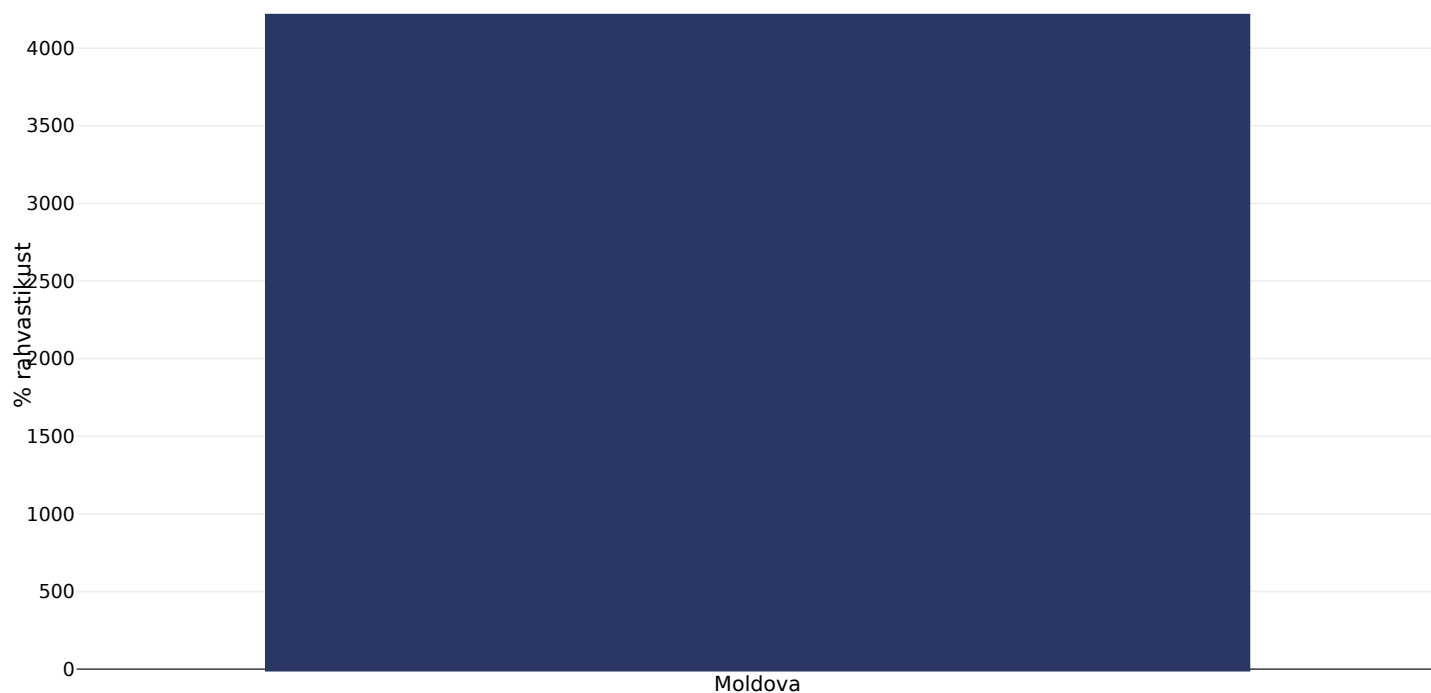
Viited:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Mõisted:

Number living with anxiety per 100,000 population

Mehed, 2021



Vanus:

20+

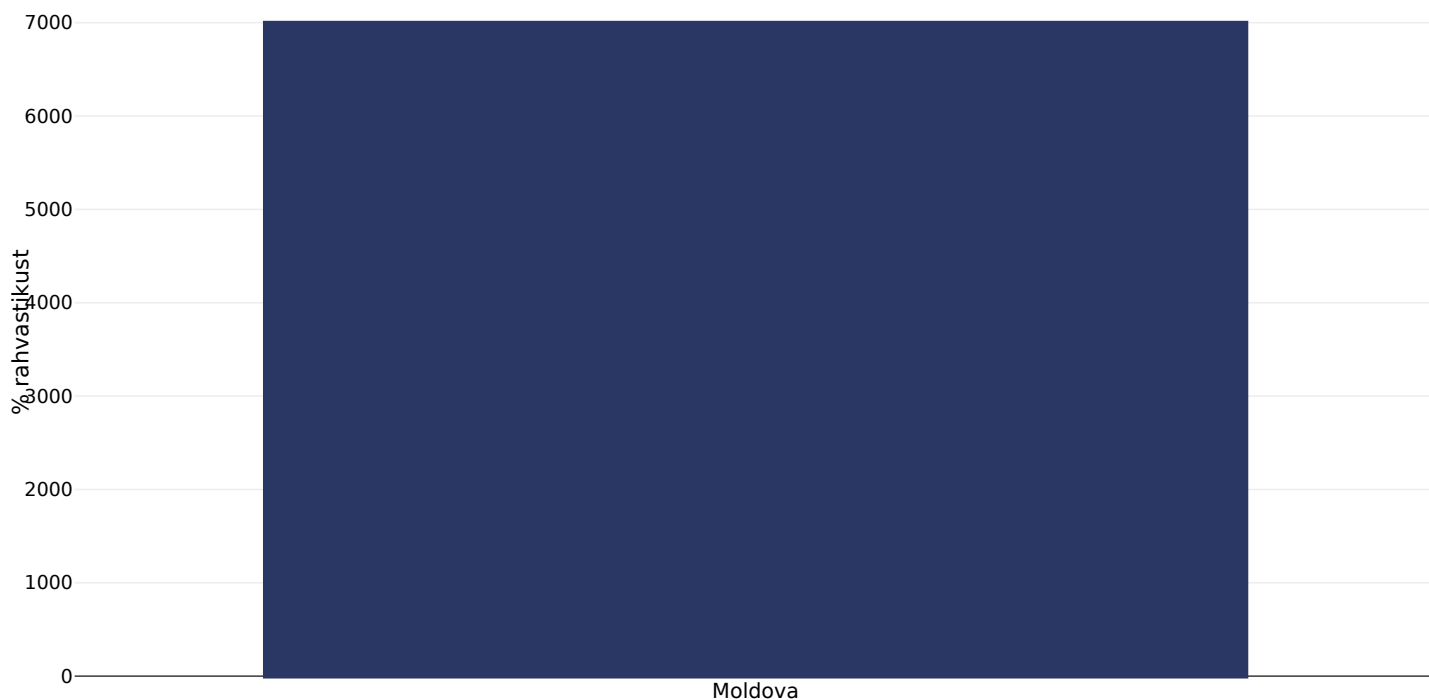
Viited:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Mõisted:

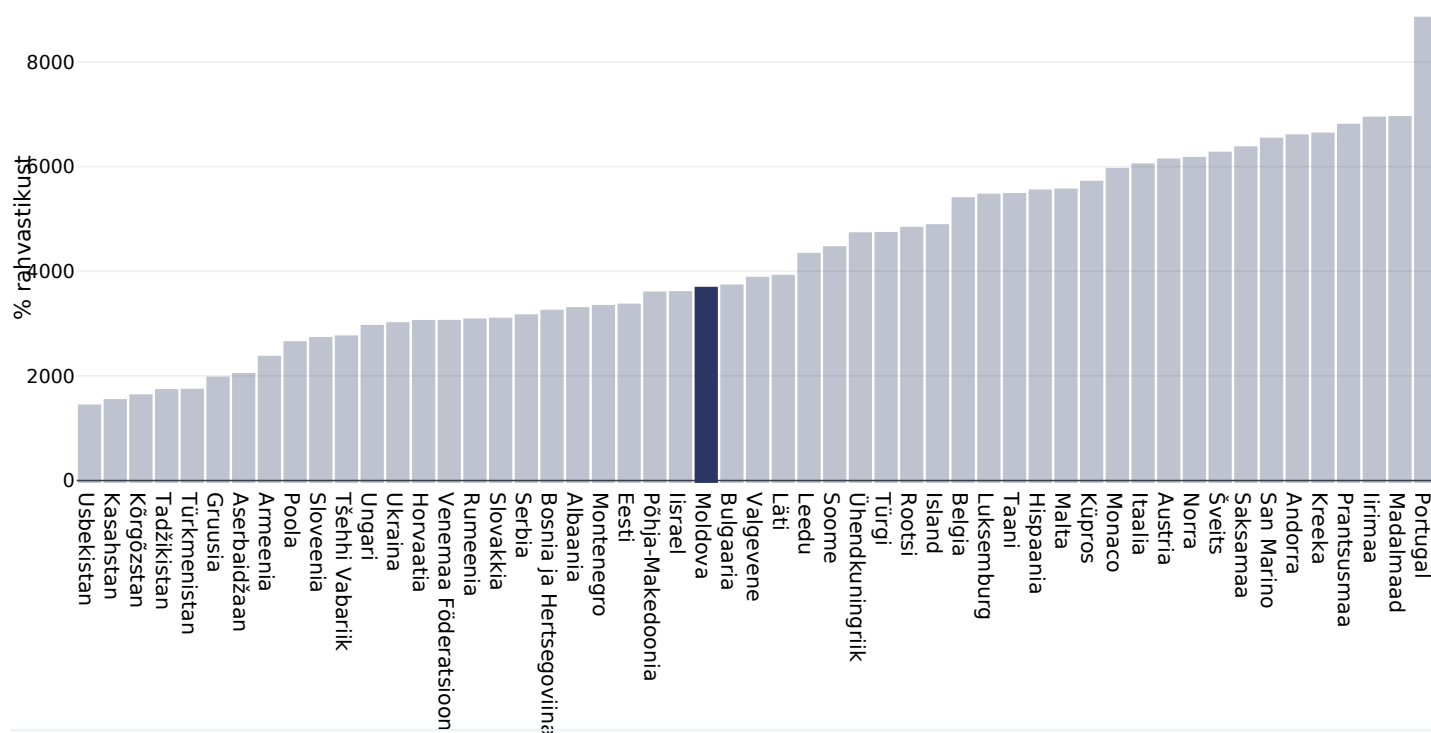
Number living with anxiety per 100,000 population

Naised, 2021



Vanus:	20+
Viited:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25).
Mõisted:	Number living with anxiety per 100,000 population

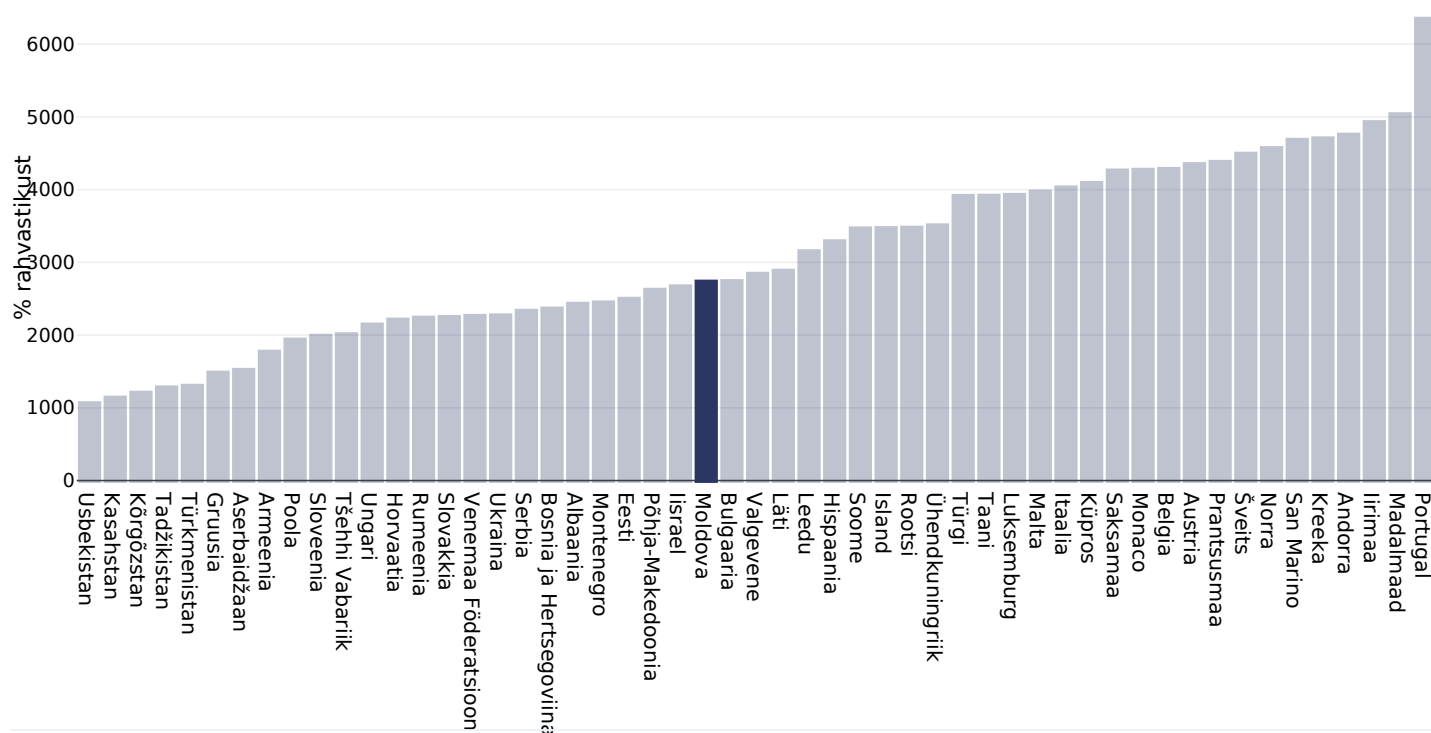
Lapsed, 2021



Viited:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

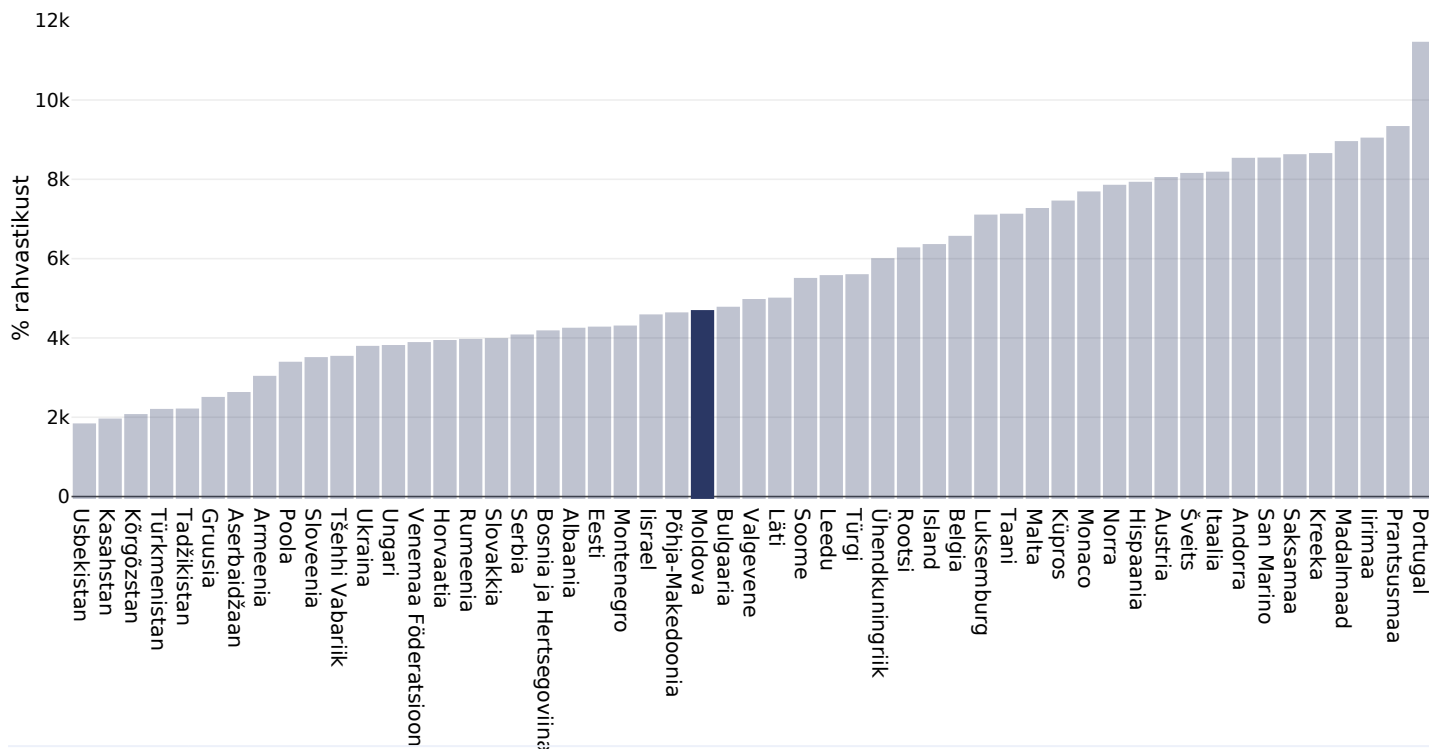
Poisid, 2021



Viited:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Tüdrukud, 2021

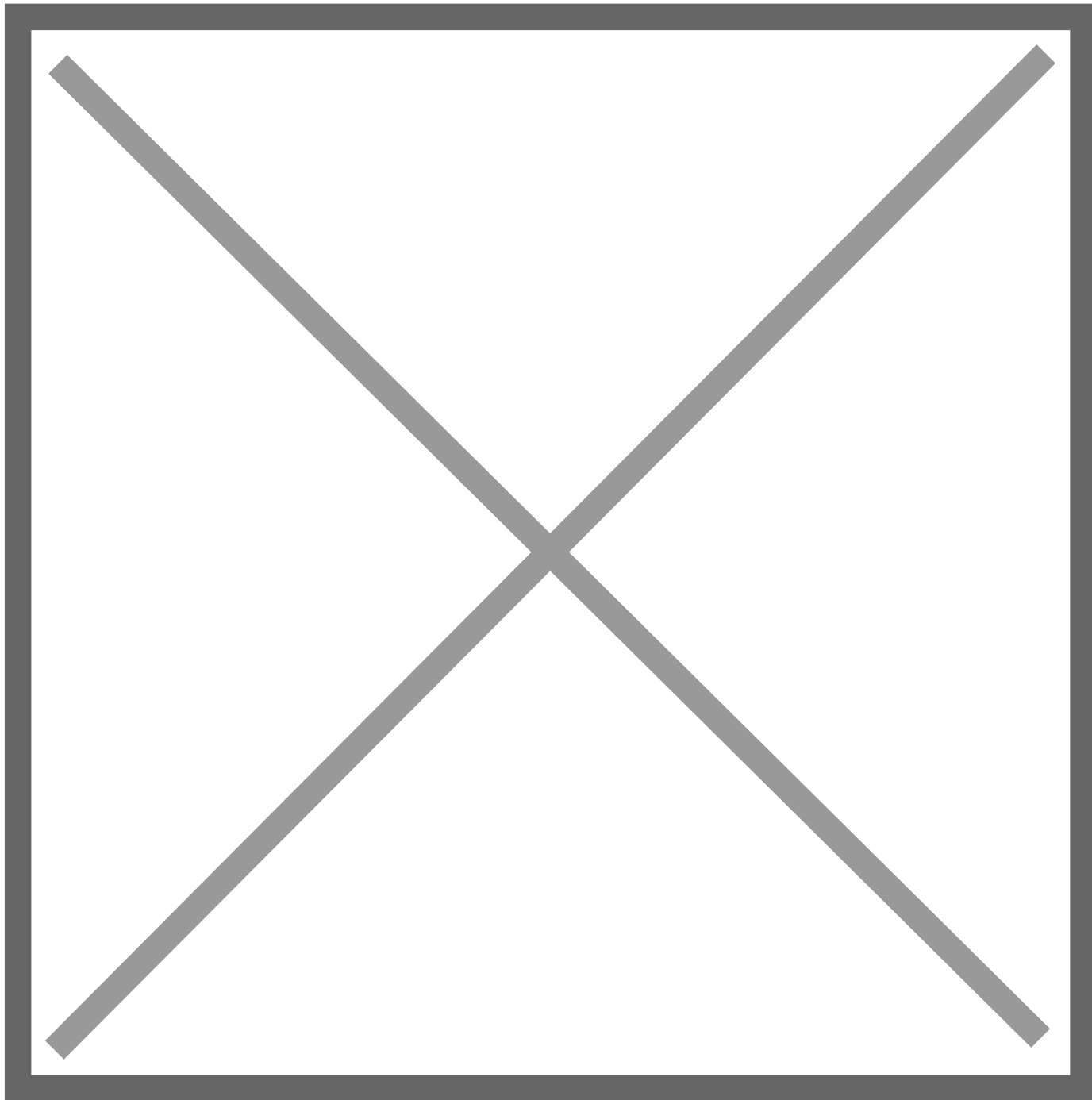


Viited:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

0.-5. elukuuni eranditult rinnapiimal imikute %

0-5 years, 1996-2023

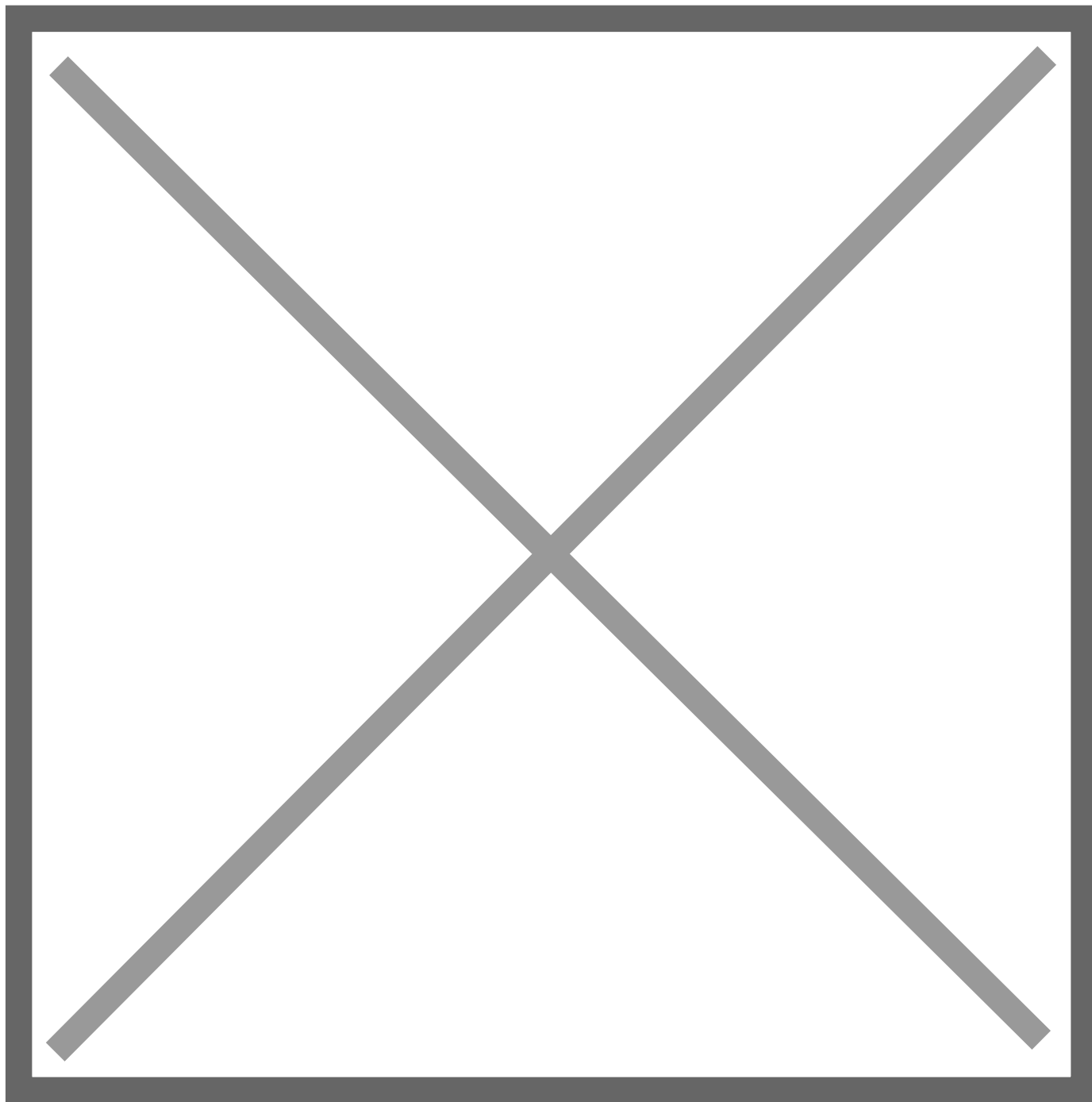


Viited: 2012 Republic of Moldova multiple indicator cluster survey. Final report (MICS4). Chisinau, Republic of Moldova, 2014.

Märkused: Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

Percent of population who cannot afford a healthy diet

Täiskasvanud, 2022



Hõlmatud
piirkond:

Riiklik

Viited:

The Food Systems Dashboard. The Global Alliance for Improved Nutrition (GAIN), The Columbia Climate School, and Cornell University College of Agriculture and Life Sciences. 2024. Geneva, Switzerland.
<https://www.foodsystemsdashboard.org>. DOI: <https://doi.org/10.36072/db>.

